# Crisis Supports

Bureau of Behavioral Support June 2023

### What are Crisis Supports?

- Crisis Supports are designed to provide an intensive level of supports by trained staff to a person experience a behavioral or medical crisis.
- Crisis Supports may be provided within the person's home or in an alternate residential setting.
- Crisis Supports are paid through the DD Waiver to an approved Crisis
  Provider Agency. Request for Crisis Supports usually come from the Case Manager.
- State General Funds (SGF) Crisis are not paid through the DD Waiver and are determined on a case-by-case basis. These supports can not be a duplication of existing DD Waiver services. Request for SGF Crisis usually come from the Provider Agency.

### Crisis Supports Requirements

- IDT minutes from Crisis IDT should include:
  - Specific reason (s) why team deems the individual to be in crisis.
  - IDT attempts to remediate the situation before crisis IDT.
  - Plan(s) to stabilize the situation, including how Crisis Supports will be used for the stabilization.
  - Proposed timeline and plan for fading supports.
  - Inclusion of Regional Crisis Specialist or Statewide Crisis Coordinator/Administrator.
- After hours emergency Crisis Supports request should be directed to the BBS Crisis Line at (505) 250-4292
  - Remember-no retroactive approvals are permitted.
  - An emergency IDT may be required prior to receipt of approval.

### How to request Crisis Support

- Information should be compiled into a Request for Crisis Supports justification letter and submitted to Statewide Crisis Coordinator/Administrator via secure communication.
- Written prior approval for Crisis Supports or SGF Crisis will be provided to the requestor.
- Biweekly meetings with BBS are mandatory.
- Request for continued Crisis Supports or SGF Crisis must be received prior to the expiration of the current request.
- Crisis Supports funding cannot exceed 90 days per ISP year without the approval of the DDSD Director or designee.

## Crisis Provider Agency Requirements

- 26+ hours of training for Crisis Response Staff (CRS)
- Required orientation for senior and middle management
- Training in 1 DDSD approved emergency physical intervention method
  - Mandt system
  - Handle with care
  - Crisis Prevention Institute (CPI)
- 1:1 or higher CRS to consumer ratio
- Develop and maintain an active QA/QI Program

# Crisis Support Providers

- Dungarvin: Albuquerque, NM (505) 998-1060
- Los Lunas Community Programs (LLCP): Los Lunas, NM (505) 238-0296
- Quality Life Services (QLS): Las Cruces, NM (575) 652-4329
- The New Beginnings (TNB): Albuquerque, NM (505) 797-3359
- Contact BBS for specific SGF Safety Net BSC Service Provider needs
  - Susan Seefeldt, Bureau Chief: Susan.Seefeldt@doh.nm.gov
  - Heather Clark, Statewide Clinical Director: Heather.Clark@doh.nm.gov
  - Gabriel Vigil, Statewide Crisis Coordinator/Administrator Supervisor:
    Ggabriel.Vigil@doh.nm.gov