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FORMULARY LIST FOR USE IN FAMILY PLANNING: for Public Health Offices

Please note: this section does not include the all-inclusive NMDOH Public Health Office pharmacy formulary. That document can be found on CHILEnet on the Pharmacy page, at: [Pharmacy \(sharepoint.com\)](#)

Barrier and chemical methods

Contraceptive gel with applicator
Female condom
Male condom lubricated
Vaginal spermicidal film

Emergency contraception

Levonorgestrel 1.5 mg
Ulipristal Acetate/ella 30mg

Fertility awareness

Cycle Beads
Ovulation Thermometer

Injected method

Depo-Provera (Medroxyprogesterone Acetate) Inj
150 mg/ml.
Depo-Provera Sub-Q 104mg/0.65mg

Inserted - Client

Vaginal Contraceptive Ring

Inserted - Clinician

Contraceptive Implant 68mg
Levonorgestrel IUD 52mg
ParaGard T380A IUD

Oral contraceptives

Listed in Table on the following pages

By Prescription

The primary purpose of a family planning clinician is to provide contraceptive services to essentially healthy people, NOT to be the primary care agent.

If a client needs treatment by a non-contraceptive medication not stocked by the PHD Pharmacy, they may purchase it at their own expense through a prescription written by a duly licensed clinician.

Prescriptions for contraceptive methods should only be sent to a pharmacy if this is preferable to the client.

The pharmacy provides single copies of current drug monographs for nurses to copy that contain client information about the drug being dispensed. They are to be given with all prescription drugs dispensed as mandated by the New Mexico Board of Pharmacy.

Title X service sites that are unable to provide clients with access to a broad range of acceptable and effective medically approved family planning methods and services, must be able to provide a prescription to the client for their method of choice or referrals to another provider, as requested. (42 CFR § 59.5(a)(1))

Oral Contraceptive Formulary Table

ESTROGEN CONTENT	ESTRANE	GONANE
POP Progestin Only Pill	NORETHINDRONE 0.35 mg norethindrone Brand Names: <u>Norethindrone</u> , Camila, Errin, Heather, Jolivette, Micronor, Nor-QD, Nora-BE	
20 MCG EE	NORETHINDRONE 1 mg norethindrone / 20 mcg EE Brand Names: <u>Blisovi Fe 1/20</u> , Gildess FE 1/20, Junel Fe 1/20, Loestrin FE 1/20, Microgestin Fe 1/20	LEVONORGESTREL 0.1 mg levonorgestrel/20 mcg EE Brand Names: <u>Vienva</u> , Aviane, Lessina, Lutera, Orsythia, Sronyx
25 MCG EE		TRIPHASIC-NORGESTIMATE 7 D 0.18 mg norgestimate/25 mcg EE 7 D 0.215 mg norgestimate/25 mcg EE 7 D 0.25 mg norgestimate/25 mcg EE 7 D placebo Brand Names: <u>Tri-Lo-Estarylla</u> , Tri-Lo-Marzia, Ortho-Tri-Cyclen Lo
30 MCG EE	NORETHINDRONE 1.5 mg Norethindrone / 30 mcg EE Brand Names: <u>Blisovi FE 1.5/30</u> , Gildess FE 1.5/30, Junel FE 1.5/30, Loestrin FE 1.5/30, Microgestin FE 1.5/30, <u>Aurovela FE 1.5/30</u>	LEVONORGESTREL 0.15 mg levonorgestrel/30 mcg EE Brand Names: <u>Kurvelo</u> , Altavera, Levora, Nordette, Portia, Seasonale, Seasonique
35 MCG EE		NORGESTIMATE 0.25 mg norgestimate / 35 mcg EE Brand Names: <u>Mili</u> , Estarylla, MonoNessa, Ortho-Cyclen, Previfem, Sprintec

Hormone contents in the oral contraceptive pills (OCPs) may include:

1. **Progestin:** two derivatives
 - a. **Estrane** (“Thin/Thyn” in the name) – Norethindrone is the active form.
 - b. **Gonane** (“Gest” in the name) – Levonorgestrel, Norgestimate (which active form is also levonorgestrel but has less androgenic activity)

2. **Estrogen:** ETHINYL ESTRADIOL (EE) – In this table, OCPs are listed in incremental EE dosage from zero to 35 mcg. Higher EE dose helps with **breakthrough bleeding and spotting in early cycle**.

OCPs with underlined names are Title X preferred brands.