

DATE: July 24, 2018

TO: All holders of Title X Family Planning Protocol

FROM: Maxsimo Torres, MD, MPH, Medical Director Family Planning Program

RE: 2018 Summary of Family Planning Program (FPP) Protocol Revisions

Access at <https://nmhealth.org/about/phd/fhb/fpp/pvdr>. Changes or new material are highlighted in yellow. Please ensure that each clinician and public health nurse reviews the protocol revisions and signs the “Acknowledgment and Receipt of New/Revised Protocol Form” found on page ii of the “Approval Page 2018” file. The Nurse Manager retains a signed copy of this sheet at the clinic and forwards the original(s) to the DNS.

Highlights of changes include:

Section 1: General Protocols

Section 1, page 1 In 2018, Title X restructured the “Core Services”, which still match the QFP in content. These are included for reference.

Section 1, page 5, 1.2 Methodology A. Definition of Title X Family Planning Encounter
Telemedicine added to definition of encounter with overview of how to get more information or start this service.

Section 1, page 7 G. Parental/Family Involvement Form for Services to Minor-Age Clients
(for clients < 18 years old).
New coercion requirement for minors with positive HCG, positive STD, or concerns for coercion (in addition to annual screening)

Section 1, page 15 Clinical breast exam (CBE)
The guidelines from each organization were reviewed and updated in this section.

Section 1, page 18 Standing Order for Public Health Nurses to Dispense Quickstart
POPs and NuvaRing were added to Quick Start this year.

Section 1, page 38 The following guidelines were added to Provider Agreement (non-PHO) clinic sites
CT testing may also be provided for female and male FP clients who are <30 years old and are: symptomatic, or those diagnosed with an STD in the last year, or a known contact to an STD infected partner.

Section 1, page 39 For non-PHOs:

For PA sites, EPT (expedited partner therapy) is NOT allowed through the Title X provider agreements.

Section 2: Contraceptive Methods

Section 2, page 12 2.2 Intrauterine Devices

In preparation of the Liletta pilot, the Mirena section was updated. No Liletta are available for order yet, but clinics will be updated when Liletta is available. This includes an update to the Levonorgestrel consent, client handouts, and clinical guidance in this section.

Section 2, page 19 Management Problems: Actinomyces on Cytology: Clinical considerations were updated.

Section 2, page 32 Contraindications for Sterilizations- Sterilization providers gave feedback on history and physical screening they would like during PHO visit- this will be reviewed during webinar training.

Section 2, page 69 2.10 Fertility Awareness based methods.

TwoDay Method® - smart-phone app or website instructions were added, this will be reviewed during the webinar training.

Section 5: FP Needs of Special Populations –

Section 5 offers additional guidance on the minor coercion screening that is required.

APPENDICES

Appendix A PHD Emergency Medical Response – updated

Appendix B Fee Collection – updated. Clerical staff who register clients should review this section.

Appendix C Educational Resources – updated

Appendix D Staff Orientation – updated

Appendix F Referral List for Services – updated

Appendix G Part 3 US MEC Update: Recommendations for Among Women at Risk for HIV- added

Appendix I Part 3 QFP Update 2017- added

Under “Useful Documents” on the website, you will find the “Educational Material Samples”. This provides pictures of the most current brochures that have been approved for use with Title X clients.

Under “Forms”, the Monthly Report forms (Copies of Deposit Slip Form, Fax Transmittal Sheet, Fee Deposit Register, and Payment Ledger) are now posted for use by PHO staff. If you would like “fillable” forms, please contact the FPP and we will email you copies.

The Annual Income Worksheet has been updated, and the form posted for easier printing.

The Family Planning Consent Form has been updated, and the form is posted for easier printing.