

TABLE OF CONTENTS

Approval Pages	i
Title X Family Planning Program Priorities.....	ii
Protocol Change Sheet	iii
PHD Staff Roles in Provision of Family Planning Services	iv
Section 1 Family Planning Program: Guidelines for Clinical Services	
1.1 Service Population	3
A. Women and Men of Reproductive Age.....	3
B. Teen Clients.....	4
C. Clients with Limited English Proficiency.....	4
1.2 Methodology.....	5
A. Definition of Title X Family Planning Encounter.....	5
B. Clinic Facilities	5
C. Client Education Materials	6
D. Staff Orientation and Training Requirements	6
E. Confidentiality and Mandatory Reporting Requirements.....	6
F. Scheduling a FP Appointment and Title X Fee Collection Procedure.....	7
G. Consent and Other Required Forms	7
H. Title X Family Planning Services	10
Table 1: Checklist for Providing Family Planning Services: Women	10
Table 2: Checklist for Providing Family Planning Services: Men	11
1.2.H.a. Contraceptive Services.....	11
#1 Standing Order for PHN to Dispense Quickstart	18
#2 Standing Order for PHN to Dispense Emergency Contraceptive Pill	24
1.2.H.b. Pregnancy Testing and Counseling Services: Gateway to Other FP Services	26
#3 PHN Standing Order: Urine hCG Pregnancy Test & Dispense PN Vitamins	27
1.2.H.c. Preconception Health Services for Clinicians.....	34

1.2.H.d. Basic (Level I) Infertility Services for Clinicians	36
1.2.H.e. Sexually Transmitted Disease Services	38
1.2.H.f. Related Preventive Health Services	40
I. FP Services for Clients Presenting for Other PHD Program Services	41
J. The Transfer Client.....	41
K. Referral Services	41
L. Emergency Services	42
Section 2 Contraceptive Methods	
2.0 Contraceptive Methods Service Population and Methodology.....	1
How to Use the U.S. Medical Eligibility Criteria (MEC) for Contraceptive Use, 2016.....	1
Summary of Steps Needed to Safely Dispense Contraceptive to Clients	2
How to be Reasonably Sure a Woman is Not Pregnant	2
Quick Reference for Each Contraceptive Method.....	3
2.1 Contraceptive Implant	4
2.2 Intrauterine Devices-IUDs	12
2.3 Sterilization.....	30
2.4 Injectable or DMPA	35
2.5 Vaginal Contraceptive Ring.....	42
2.6 Combined Oral Contraceptive Pills-COC	47
2.7 Progestin-only Pills-POP	57
2.8 Condoms, Male	63
2.9 Condoms, Female.....	66
2.10 Fertility Awareness-Based Methods-FAB.....	69
2.11 Contraceptive Spermicide (Film or Foam)	72
2.12 Abstinence.....	76

Section 3 Formulary List for Family Planning

Drugs/Methods/Prescriptions 1
OCP Substitute Table..... 2

Section 4 Family Planning Laboratory

4.1 Laboratory Tests 1
4.2 Laboratory Results 2
4.3 Laboratory Methodology/Procedure 3
 A. Standing Order for PHN to Collect Specimens for Chlamydia/Gonorrhea Testing. 3
 B. Cervical Cytology 4
4.4 Procedure for Contacting Family Planning Clients 8
 The Referral Form 9
 Client Acknowledgment of Abnormal Medical Condition..... 10
4.5 Vaginitis: Differential Diagnosis for Clinicians 11

Section 5 Family Planning Needs of Special Populations

5.1 Teen Clients 1
 5.1.1 Confidentiality and the Family Planning Teen Clients..... 1
 5.1.2 Minors and Family Planning 1
 Steps in Counseling Sexually Active Teens 2
 Consent for Family Planning/Family Involvement/Coercion Screening Form 3
 5.1.3 Minors and Coercion..... 4
 5.1.4 Child Abuse Reporting 5
 New Mexico Mandatory Reporting Regarding Child Abuse or Neglect 6
 5.1.5 Human Trafficking 7
5.2 Postpartum Clients and Family Planning 10
5.3 Breastfeeding and Family Planning..... 10
 Lactational Amenorrhea Method (LAM) 11
5.4 Family Planning Services for Women Over Age 35 13
 5.4.1 Perimenopause and Menopause (for Clinician)..... 13

5.4.2	Contraceptive Options in Perimenopausal Women (for Clinician)	13
5.5	Client with Disabilities	14
5.6	Well Women Health Concern	15
5.6.1	Perineal Hygiene - Urinary Tract Infection	15
5.6.2	Weight Management	16
5.6.3	Premenstrual Syndrome	18
5.6.4	Breast Concerns	19

APPENDICES

Appendix A	PHD Emergency Medical Response Protocol	
Appendix B	Fee Collection Protocol	
Appendix C	Education Resources Order Form, Resource Material Check Out Form, Community Education and Outreach	
Appendix D	Staff Orientation & Training	
Appendix E	Language Identification Flashcard	
Appendix F	Referral List for Providers of: Prenatal Care, Adoption, Abortion, Infertility, All Options Clergy Counseling, Tubal Ligation, Vasectomy	
Appendix G	Part 1-U.S. Medical Eligibility Criteria for Contraceptive Use 2016 (US MEC) Summary Chart	
Appendix G	Part 2-MMWR U.S. Medical Eligibility Criteria for Contraceptive Use, 2016 (US MEC)	
Appendix G	Part 3-U.S. MEC Update: Recommendations Among Women at Risk for HIV	
Appendix H	U.S Selected Practice Recommendations for Contraceptive Use 2016 (US SPR)	
Appendix I	MMWR Providing Quality Family Planning Services 2014 (QFP) and Updates 2015 & 2017	