

TABLE OF CONTENTS

Protocol Approval Signature Pages i

Title X Expectationsii

Protocol Change Sheet iii

PHD Staff Roles in Provision of Family Planning Services.....iv

Section 1 Family Planning Program Guidelines for Clinical Services

1.0 Introduction 2

 Overview of Quality Family Planning Recommendations, 2024 3

1.1 Family Planning Services..... 4

 A. Assessing Need for Family Planning Services 5

 B. Teen Clients..... 6

 C. Testosterone Use and Pregnancy Risk..... 6

 D. Clients with Limited English Proficiency 6

1.2 Methodology..... 7

 A. Definition of Title X Family Planning Encounter 7

 B. Clinic Facilities 8

 C. Client Education Materials..... 8

 D. Staff Title X Training Requirements 8

 E. Confidentiality and Mandatory Reporting Requirements 8

 F. Scheduling an Appointment..... 9

 G. Consent and Other Required Forms 9

 H. Family Planning Services for Clients Presenting for Other PHD Program Services..... 13

 I. The Transfer Client 13

 J. Referral Services..... 13

 K. Emergency Services..... 14

1.3. Title X Family Planning Clinic Services..... 15

A. Contraceptive Services.....	15
1. Medical History.....	19
2. Sexual Health Assessment.....	20
3. Physical Assessment.....	21
B. Pregnancy Testing and Counseling Services.....	23
C. Preconception Health Services for Clinicians.....	23
D. Basic (Level I) Infertility Services for Clinicians.....	25
E. Sexually Transmitted Infection Services.....	27
F. Related Preventive Health Services.....	29
Standing Order for PHNs to Dispense Quickstart.....	31
Quickstart for Combined Oral Contraceptives (COCs) or Vaginal Contraceptive Rings.....	34
Quickstart for DMPA.....	37
Quickstart for Progestin Only Pills (POPs).....	39
Standing Order for PHNs to Dispense Levonorgestrel Emergency Contraceptive Pill.....	40
Standing Order for PHNs for Urine HCG Pregnancy Testing.....	43

Section 2 Contraceptive Methods

2.0 Contraceptive Methods.....	2
How to Use the U.S. Medical Eligibility Criteria (MEC) for Contraceptive Use, 2017.....	2
Summary of Steps Needed to Safely Dispense Contraceptives to Clients.....	3
2.1 Contraceptive Implant.....	4
2.2 Intrauterine Devices-IUDs.....	13
2.3 Sterilization.....	31
2.4 Injectable DMPA (Intramuscular or Subcutaneous and Client Self-Administration).....	39
2.5 Vaginal Contraceptive Ring.....	47
2.6 Combined Oral Contraceptive Pills.....	52
2.7 Progestin-Only Pills.....	63
2.8 Emergency Contraceptive Pill (ECP) - Ulipristal Acetate (ella) CLINICIAN PRESCRIBED ONLY ...	69

2.9	Emergency Contraceptive Pill (ECP) - Progestin-Only Products (Plan B, My Choice)	74
2.10	Condoms, External	79
2.11	Condoms, Internal	82
2.12	Fertility Awareness-Based Methods	85
2.13	Contraceptive Spermicide	87
2.14	Abstinence	91

Section 3 Formulary List for Family Planning

Provider Agreement Pharmacy Formulary	1
Provider Agreement OCP Substitute Table	3
Public Health Office OCP Substitute Table	2

Section 4 Family Planning Laboratory

4.0	Introduction	2
4.1	Laboratory Tests Overview	2
4.2	Laboratory Results Overview	3
	Table 1: Laboratory Results Requiring Follow-Up by a Clinician	3
4.3	Laboratory Methodology and Procedure	4
	A. Standing Order for PHN to Collect Specimens for Chlamydia/Gonorrhea Testing	4
	B. Cervical Cancer Screening	6
	1. Background	6
	2. Definitions of Types of Testing	6
	3. Definitions of and Program Guidelines for Screening and Surveillance	7
	Table 2: FPP's Cervical Cancer Screening Recommendations	7
	4. Cervical Cancer Screening and Testing	9
	Laboratory Test Amendment Form	10
4.4	Procedure for Contacting Family Planning Clients	12
	Referral Form	13

Client Acknowledgment of Abnormal Medical Conditions Form	14
4.5 Vaginitis: Differential Diagnosis for Clinicians.....	15
Table 3: Vaginitis: Differential Diagnosis for Clinicians	15
Table 4: Organisms Reported on Cytology Testing and Recommended Follow-Up.....	17

Section 5 Family Planning Needs of Special Populations

5.1 Minor-Age Clients.....	1
5.1.1 Confidentiality and Family Planning for Minor-Age Clients	1
5.1.2 Minors and Family Planning.....	1
Steps in Counseling Sexually Active Minors.....	2
Consent for Family Planning/Family Involvement/Coercion Screening Form	3
5.1.3 Minors and Coercion	4
5.1.4 Child Abuse Reporting.....	5
New Mexico Mandatory Reporting Regarding Child Abuse or Neglect	6
5.1.5 Human Trafficking	7
5.2 Postpartum Clients and Family Planning	10
5.3 Breastfeeding and Family Planning	10
Lactational Amenorrhea Method (LAM).....	12
5.4 Family Planning Services for Clients with Uterus Over Age 35.....	14
5.4.1 Perimenopause and Menopause (for Clinician)	14
5.4.2 Contraceptive Options in Perimenopausal Clients (for Clinician).....	14
5.5 Client with Disabilities	15
5.6 Premenstrual Syndrome	16
5.7 Breast Concerns	17

APPENDICES

Appendix A PHD Emergency Medical Response Protocol

Appendix B Title X Service Sites Financial Policies and Procedures

Appendix C Education Resources

Appendix D Staff Orientation & Training

Appendix E Language Identification Flashcard

Appendix F Referral Lists

Appendix G Part 1-U.S. Medical Eligibility Criteria for Contraceptive Use (US MEC) Summary Chart, Updated 2024

Appendix G Part 2-MMWR U.S. Medical Eligibility Criteria for Contraceptive Use, 2024 (US MEC)

Appendix H U.S Selected Practice Recommendations for Contraceptive Use 2024 (US SPR)

Appendix I Providing Quality Family Planning Services 2024 (QFP)