



WHAT'S HAPPENING

Healthy Kids Las Cruces Monthly Newsletter

October 2015

Fall Semi-Annual Stakeholders Meeting is Coming Up.....

Mark your calendar and make plans to attend!

SAVE THE DATE

Healthy Kids Las Cruces
Fall Semi Annual Stakeholders Meeting

NOVEMBER 4, 2015
1:30 - 3:30pm

Community Action Agency
3880 Foothills Rd, Las Cruces, NM 88011

Agenda to follow.



Education Setting

Lead: Barbara Berger

bberger@lcps.k12.nm.us

LCPS Health & Nutrition Specialist



NEW Tasting Lesson The newest tasting lesson is called Measuring Good Nutrition. It deals with teaching elementary students how many cups of fruits and vegetables they need and how much water they need to drink to stay healthy. Each student will receive a water bottle with measurements on it to keep as a reminder.

Launching Staff Wellness Program

Las Cruces Public School is launching a staff survey to determine staff interests for a staff wellness program that will be developed this year. Funding from a HEAL grant from Paso del Norte Health Foundation will make staff wellness programs a reality in the district.

Upcoming Events

Oct. 1,2,6,&7
International Walk and Roll
to School Day

Oct. 17– Food Day
8:30-1:00pm In conjunction
with Las Cruces Farmers
Market and Craft Fair at
La Placita

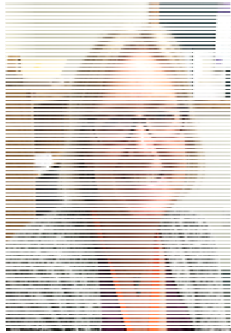
Oct. 24–
Pumpkin Splash Patch
12-3:30 pm
Las Cruces Regional
Aquatics Center
1401 E. Hadley Ave
See Page 2 for more info

Oct. 31– Boo to Flu
Flu Immunization Clinic at
Memorial Medical Center
8 am-2 pm

Go to <https://www.facebook.com/HKLasCruces>



**Dawn Sanchez is the "NEW"
New Mexico Department Of Health
SW Regional Director**



We are happy to announce that Dawn Sanchez is the new Director NMDOH, Public Health Division, Southwest Region. For those of you who are unfamiliar with the structure of DOH. The SW Region includes; Catron, Grant, Socorro, Sierra, Otero, Dona Ana, Luna, and Hidalgo counties. Dawn is now overseeing a vast amount of programs and staff; Women, Income, & Children (WIC), Children's Medical Services, Clinical Services, Disease Prevention, Emergency Preparedness, Health Promotion, Community Wellness, School and Adolescent Health. She is well qualified with 20 years of experience working for the Department. Her leadership, management and openness to change have been instrumental in the foundation of Healthy Kids Las Cruces. Congratulations to a well deserved women.

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MUNSON GARDENERS

**WE WERE BIG WINNERS AT THE
SO. NM STATE FAIR!**

- * 7 BLUE RIBBONS
- * 1 RED RIBBON
- * 1 WHITE RIBBON
- * 1 BEST IN CATEGORY
(BUTTERNUT SQUASH)

**A BIG THANK YOU TO DIXIE WHO
WASHED THE VEGGIES
AND TOOK THEM TO THE FAIR!!**

Communities and Families Setting

Lead: Mark Johnston mjohnston@las-cruces.org
City of Las Cruces Parks and Recreation Director

Community & Regional Planning Setting

Lead: Andy Hume ahume@las-cruces.org

Senior Planner-City of Las Cruces Community Development



International Walk to School Day Continues to GROW in Las Cruces

Last month 15 schools had signed up to participate in the international event. Today we are proud to report that for the first time ever all Las Cruces Elementary Schools & Holy Cross Elementary will participate in International Walk and Roll to School Day!!! Ashley Curry and the Safe Routes to School Team have really hit this one out of the park. This is no easy task and it takes all hands on deck to make sure every detail is planned out accordingly. It really does take a village to make sure that kids arrive to school safely. International Walk and Roll to School Day occurs the first weeks of October traditionally, however its really a kickoff day meant to inspire young walkers and bikers to utilize this mode of travel year round. Most of Las Cruces Elementary schools have at least one day set a side a week for walking and biking to school. From the graph you can see that having all 25 elementary schools participate this year has really been a nine year process!!!! Wow!! If you 've played even the smallest part in this success you deserve a pat on the back!! Go Las Cruces!!





What is SKIIP?

Healthcare Setting

Lead: Dr. Danielle Nixon
drnixon@fullbloompediatrics.com
 Pediatrician at Full Bloom Pediatrics

SKIIP is a school located influenza immunization clinic that provides a public service to children to protect them and their communities from influenza. It was developed as a partnership with NMDoH and the NM Immunization Coalition. It is offered at a no cost to the parent and convenience of happening at the child's school, during school hours, without the need for the parent to take time off from work.

Elementary and Middle schools in the Las Cruces Public School district will be participating in the SKIIP (School Kids Influenza Immunization Program) in the months of November and December.

Food System Setting

Lead: Aaron Sharratt aaron@lasemillafoodcenter.org
 Director of Development & Administration

Volunteers Needed for "FOOD DAY" Celebration

We're looking for volunteers to help out at the Las Cruces Food Day Celebration. The event will be held on **Saturday, October 17**, held concurrently with the Farmers' Market. It will be in La Placita, the little plaza next to Main Street Bistro.

We'll need people to help with set up (7:30-9:00), tear down (1:00-2:00) and a few people to help out during the event (8:30-1:00). If you can help volunteer, please email me at krysten@lasemillafoodcenter.org! If you know of anyone who would be interested, please spread the word.