

# Questions about vaccines for respiratory virus season?

You can get more than one vaccine at the same visit!



## Influenza (the flu)

- Influenza, also known as the flu, is a serious disease.
- Getting the flu vaccine every year is the best way to protect yourself.
- It is recommended for those 65+ to get the high-dose flu vaccine, if available.

## COVID-19

- Updated COVID-19 vaccines are available to protect against new variants.
- Get vaccinated to protect yourself from serious complications from COVID including hospitalization and death.

## Pneumococcal disease

- Pneumococcal vaccine can prevent pneumonia, which can be a complication of flu.
- Pneumococcal disease refers to a wide range of infections, including pneumonia, meningitis, sinus infections, sepsis, and ear infections.
- The best way to prevent pneumococcal disease is through vaccination. Ask your doctor if this vaccine is indicated for you.

## RSV

- The vaccine for RSV (Respiratory Syncytial Virus) is recommended for everyone 75 and older, or those 60-74 at high risk of complications from RSV.
- RSV vaccine should be given during pregnancy between weeks 32-36 to protect the infant after it is born.
- A monoclonal antibody treatment is available for newborns and infants less than 8 months whose mother was not vaccinated during pregnancy.

Use this QR code to find a location to get vaccinated.



Talk to your provider or pharmacist to see if they recommend these or any other vaccines for you.

**Say NO to disease.**  
**Say YES to vaccines!**

