

# PROTECT YOURSELF FROM Hepatitis A

## HOW IS IT SPREAD?



Not washing  
hands



Sex with infected  
partners



Eating/drinking  
foods contaminated  
by Hepatitis A



Syringe use

It can also be spread through close contact with someone infected with Hepatitis A

## WHAT ARE THE SYMPTOMS?



Yellowing of eyes  
and skin (jaundice)



Fever



Nausea or  
throwing up

Other symptoms include: dark pee, pale poop, stomach pain, feeling tired or loss of appetite  
**If you have symptoms, see your doctor.**

## HOW DO I PREVENT THE SPREAD OF HEPATITIS A?



Wash your hands with  
soap and warm water  
after using the bathroom  
or changing diapers  
and before eating  
and preparing food.



**GET VACCINATED  
FOR HEPATITIS A!**

## WHO IS AT HIGH RISK?

- Men who have sex with men (MSM)
- People who inject drugs
- People currently homeless or in transient living
- People recently in jail or prison
- People with underlying liver disease