Making an Overdose Response Plan

These questions can help make an overdose plan. Having a plan in advance with other people will help everyone be prepared and know how to act in the case of an overdose.					
Questions to ask:					
1. What substances were used? Did you do anything different?					
2. When is it an overdose? Is the person responsive? How slow is their breathing? Are they turning blue?					
3. When to take action? When to call 911 and say someone is unresponsive? Try Rescue Breathing, naloxone, or other things first?					
For contact information and a list of programs and service times, (Continued on other side of Card) please visits <u>www.nmhivguide.org</u> Rec: 10-23-16					
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