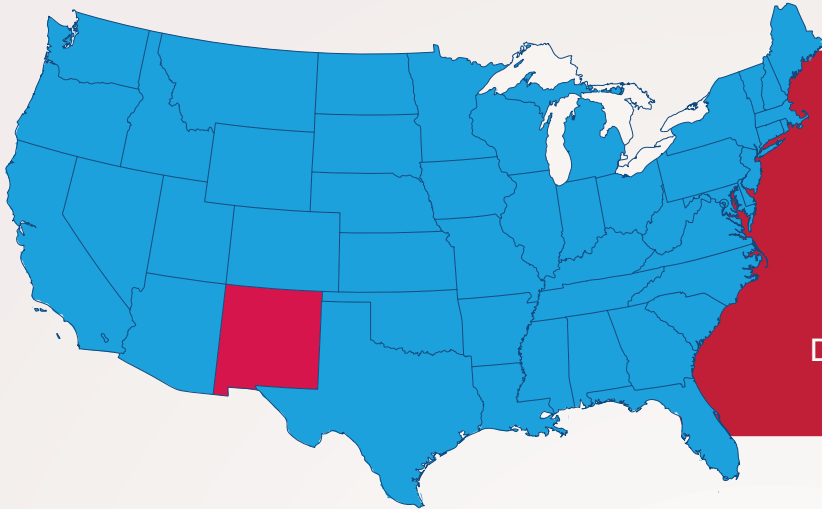


DRUG OVERDOSE IN NEW MEXICO



New Mexico has the **2nd HIGHEST** drug overdose death rate **IN THE US**

New Mexico's drug overdose death rate (26.4 deaths per 100,000 population) in 2014 was **ALMOST TWICE THE NATIONAL RATE** (14.7 deaths per 100,000) in 2014

Drug overdose is the **#1** cause of unintentional injury death in NM and nationally

-NMDOH



3 of **4**

Drug overdose deaths in NM in 2014 involved **prescription opioids** or **heroin**.

- NMDOH



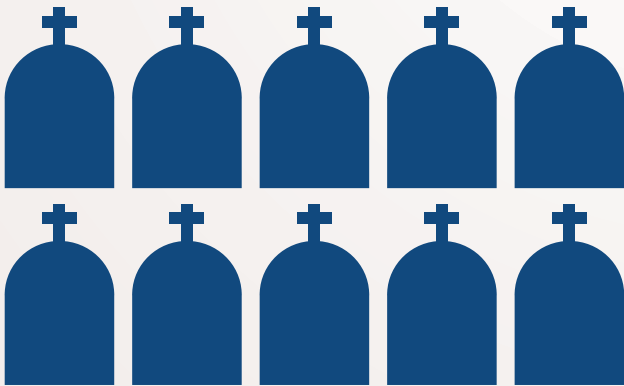
The overdose death rate in New Mexico **increased** by **146%** from 2001 to 2014.

- NMDOH

In 2014, there were

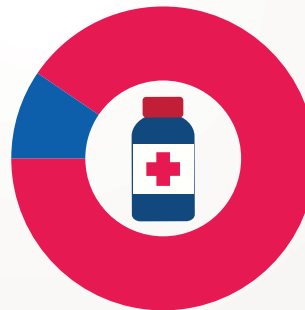
540

deaths to drug overdose in New Mexico.



To put that into context, an average of **TEN** people **DIED EVERY WEEK** of drug overdose

-NMDOH



The United States, with 4.6% of the world population **USES**

80%

of the world production of prescription opioids.

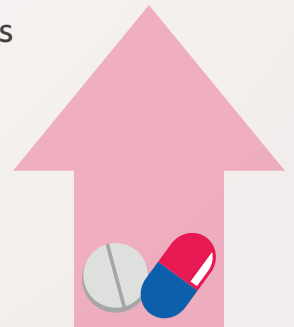
- Manchikanti, et al. 2010

The amount of prescription opioids sold in NM increased by

236%

between 2001 and 2014.

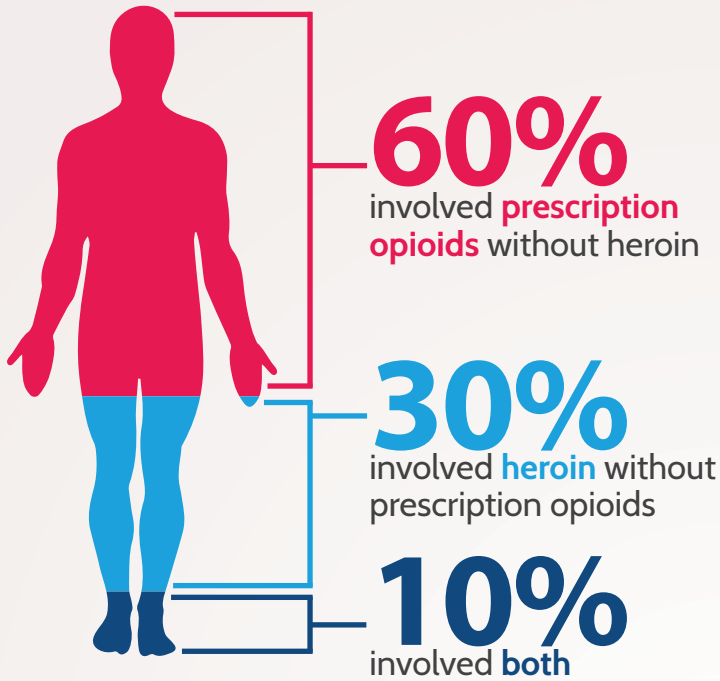
- DEA sales data



PEOPLE WITH PRESCRIPTIONS ARE AT RISK OF OVERDOSE, NOT JUST NONMEDICAL USERS.

- Kolodny et al., 2015

OF OVERDOSE DEATHS INVOLVING HEROIN OR PRESCRIPTION OPIOIDS IN 2014:



MOST NONMEDICAL USERS OF PRESCRIPTION OPIOIDS REPORT OBTAINING DRUGS:

- From a friend or relative for free
- Bought from a friend or relative
- Taken without asking from a friend or relative

TAKEN WITHOUT ASKING IS MORE COMMON AMONG THE YOUNGEST USERS, EMPHASIZING THE NEED FOR APPROPRIATE STORAGE OF THESE DRUGS.

- National Survey on Drug Use and Health



RESPIRATORY DEPRESSION IS ONE EFFECT OF HEROIN OR OPIOIDS

The victim fails to breathe enough to keep the brain and other organs supplied with oxygen

Naloxone reverses the effects of opiates, including respiratory depression and can save lives

PREVENTION STRATEGIES

IMPROVE PRESCRIBING PRACTICES

Increased use of Prescription Monitoring Programs (PMP) has been shown to reduce some dangerous combinations and prescriptions from multiple prescribers.

Prescribing guidelines have reduced excessive prescribing in several states that have implemented them.

INCREASE ACCESS TO NALOXONE

Naloxone can reverse opioid overdose and prevent deaths if administered in time and followed up appropriately.

INCREASE ACCESS TO TREATMENT FOR DRUG DEPENDENCE AND ABUSE

Medication assisted treatment (MAT), such as methadone or suboxone therapy, has been shown to be effective in treating opioid dependence and abuse.

ENCOURAGE SAFE STORAGE AND DISPOSAL OF PRESCRIPTION DRUGS

Safe and secure storage and disposal reduce the amount of prescription drugs available for diversion.