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# YUCCA LODGE

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## THE LODGE

Yucca Lodge provides intensive residential treatment for persons with chemical dependency; many of whom have secondary mental health disorders. Established in 1977, Yucca Lodge is a facility of the NM Department of Health and is licensed by the State of New Mexico.

The Lodge is a restored adobe building from the mid-19th century on the campus of historic Fort Bayard Medical Center near Silver City. Yucca Lodge is adjacent to the Gila National Forest. The secluded setting encourages our clients to focus on treatment and to reflect on the roles of addiction and recovery in their lives. Treatment stays average 4 to 6 weeks, depending on client treatment needs.

## OUR SERVICES

Yucca Lodge provides an intensive residential treatment program for up to 17 residents. Services include:

- Clinical assessment and therapy
- Nursing assessment and care
- Routine physical screening
- Physician intervention
- Classes on addiction, recovery, health, relationships, and the 12-step model
- Group therapy
- Individual counseling
- Relapse prevention
- Training in anger management, communication, refusal skills, and more
- Participation in 12-Step meetings
- Family education and counseling
- Aftercare planning and referral
- Recreational activities

## YUCCA LODGE'S PHILOSOPHY

At Yucca Lodge, we believe that alcohol and drug dependence—addiction—is a disease. We support and value the 12-Step approach and use a variety of clinical and educational interventions with demonstrated effectiveness in treating chemical dependency. The program is flexible and individualized in order to address each clients' specific substance abuse history and mental health needs.

Successful treatment and recovery require hard work and major changes in behaviors, attitude and lifestyle. Our program is highly structured and requires clients' active and willing participation in all aspects of treatment.

Our goal is to empower clients to reclaim their lives and accept responsibility for their actions: past, pre-

sent, and future.

## OUR STAFF

Yucca Lodge's staff is a team of Licensed Substance Abuse and Mental Health Counselors, Registered Nurses, and Psychiatric Technicians. They reflect the ethnic, cultural backgrounds, and diversity of our residents. Yucca Lodge utilizes the services of Fort Bayard Medical Center physicians, psychiatrists, pharmacy and laboratory.

## FOR ADMISSION SCREENING

Applicants must be 18 years or older. Only voluntary admissions are accepted. No one will be admitted with pending legal obligations, including pending charges, court dates or incarceration. For your safety, all medical, mental health, dental problems and medications must be disclosed and discussed prior to admission.

Call our Admissions Nurse at  
575-537-3465 or 800-454-3465 (in NM)

to determine your eligibility and appropriateness for treatment at Yucca Lodge. A sliding scale fee option is available, if applicable, since we are not contracted to accept insurance.

*“Chemical Dependency is  
a diagnosis, not an accusation”*

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\* For medical detoxification of alcohol, opiate, sedative/hypnotic or benzodiazepine use, call Turquoise Lodge, 505-841-8978, or another hospital.

