



Why Newborn Screening Matters:

Most babies are born healthy and appear healthy at birth, but there are some conditions a baby may have that only newborn screening can detect.

Newborn screening helps find conditions early so that treatment can begin as soon as possible. A positive or abnormal screening does not mean that your baby has a condition, but it will mean that further testing is necessary. It is important to act quickly if it is determined that your baby needs more tests or requires treatment.

Questions?

Ask your baby's healthcare provider or contact New Mexico's Newborn Screening Program at:

505-476-8868

1-877-890-4692

For more information scan below to visit our website:



Newborn Screening in New Mexico

3 simple tests can make a lifetime of difference.



What is Newborn Screening:

Newborn Screening helps protect your baby's health from the very beginning.

All babies born in New Mexico are screened for serious but treatable health conditions that may not be visible at birth. Without early detection, some of these conditions can lead to developmental concerns, serious illness, or a diagnosis that needs immediate follow-up to ensure the best possible outcome for your baby.

Newborn screening includes three quick, safe and important tests, done shortly after your baby is born. Early detection means early treatment and can help prevent complications, result in normal growth and development and possibly even save your baby's life.

Three Parts of the Newborn Screening:

Blood Spot Screen

A few drops of blood are collected from your baby's heel and placed on a special card. This sample is then sent to a laboratory to screen for more than 45 conditions. In New Mexico, it is recommended that full-term babies with a normal first blood spot screen receive a routine, repeat blood spot screen between two and six weeks of age, usually at their first well-baby exam.

Your provider will notify you of any test results that require additional follow-up.

Hearing Screen

This is a quick, painless, noninvasive test that takes only minutes to complete and can indicate hearing loss, if present.

There are two main types of hearing loss and, in addition, varying degrees of hearing loss.

These results will be available to you immediately.



Critical Congenital Heart Defect Screening (CCHD)

This screening uses a small noninvasive, painless sensor, placed on your baby's hand or foot and measures the amount of oxygen present in your baby's blood. Low oxygen levels can be a possible indication of heart problems or defects.

These results will be available to you immediately.