## **Essential Questions to Ask Your Medical Provider**

- 1. Is medical cannabis a good treatment option for my condition?
- 2. Do I have a condition that qualifies me for the state's Medical Cannabis Program?
- 3. What type of cannabis product would be best for me? (*I've heard edibles are better than smoking. Which is right for me?*)
- 4. What dosage should I start with, and how often should I take it?
- 5. When should I take my medical cannabis? Is there a specific time of day?
- 6. How long does it take for the cannabis to take effect?
- 7. Can I drive after using cannabis?
- 8. Are there any side effects I should be aware of?
- 9. Will it affect my daily tasks? (Mobility)
- 10. Will cannabis interact with other medications I take?
- 11. Should I track my cannabis use? (Dosage, method, date, time)
- 12. How do I know if my cannabis is helping?
- 13. When should I schedule a follow-up appointment to discuss my progress?
- 14. What about synthetics and semi-synthetics? (Delta 8, Spice, K2, Mojo) Are they safe?
- 15. Where can I find a list of licensed medical cannabis dispensaries? (Where can I get my weed?)
- 16. How do I read a label? (What is the THC and CBD potency, serving size?)
- 17. If the product I use is no longer available, what should I do?
- 18. If the product I use stops working, what can I do?
- 19. What are terpenes and how may they impact my cannabis use?
- 20. Where can I find reliable information about medical cannabis?



## Center for Medical Cannabis

Medical.Cannabis@doh.nm.gov (505) 827-2321 Center for Medical Cannabis Website: mcp.doh.nm.gov

