NMHealth Infection Control for Measles

Identify

Prodrome (2-4 days, range 1-7 days): Fever, cough, runny nose, conjunctivitis.

Rash (3-7 days): red, blotchy, macopapular rash develops at hairline or behind ears and spreads to rest of body.

Exposure: someone who has confirmed measles or travel to area with measles outbreak.

Isolate

Clinic: provide procedural mask for symptomatic patients and use single patient room with door closed

Inpatient: Use Airborne & Contact isolation in single patient room

PPE required: N95 respirator, eye protection, gown, gloves

Provide a procedural mask for the patient when outside patient room

Inform

Call NMDOH Nurse Helpline (1-833-796-8773) to get approval for lab confirmation, infection control support, and exposure follow up.

Care

- Collect nasopharyngeal or throat swab for testing at the State Laboratory using gown, gloves,
 N95 respirator, and face shield
- Dedicate patient equipment and limit staff traffic in and out of the room
- Rest non-AIIR room for 2 hours after patient discharge
- Follow organizational procedures for isolation room clean

Interim infection prevention and control recommendations for measles in healthcare settings. Centers for Disease Control and Prevention (CDC)12 April 2024. Retrieved 18 February 2025 from Interim Infection Prevention and Control Recommendations for Measles in Healthcare Settings | Infection Control | CDC.



- · fever. rash
- exposure to someone with measles or travel to area with measles outbreak

Isolate

- provide a procedural mask & use single patient room (AIIR if available)
- N95 respirator, eye protection, gown, gloves

Inform

Call NMDOH at 1-833-796-8773

Care

- Test via NP swab approved by NMDOH
- · Dedicate patient equipment
- Follow organizational cleaning procedures