Accessing Community Resources



Community Resources Contact and Referral Information



NM Department of Health Developmental Disabilities Support Division

September 2015

The purpose of this booklet is to provide information on Community Resources and Supports in New Mexico for individuals with Developmental Disabilities

This includes information on how to access these resources in person, via phone, as well as through the internet.

There are several broad categories of resources:

Advocacy and Support Brain Injury Assistive Technology/Medical Equipment Autism Resources Basic Needs Behavioral Health/Mental Health Early Childhood Services Education **Emergency Preparedness Employment and Vocational Training Family and Community Services Financial Assistance Health Care and Therapies** Housing/Shelter and Accessibility **Legal Services Senior Services Transportation Waiver and Medicaid Services**

Many of the agencies listed in this booklet are centralized access points for multiple resources.

We appreciate any updates to the information provided in this booklet, as well as any additional resources you would like to share. You can do so by contacting:

Lisa Storti
Office of Constituent Support
DOH-DDSD Santa Fe
Office: 505-476-8972
Fax: 505-476-8845

E-mail: Lisa.Storti@state.nm.us

DDSD will be updating the material in this booklet periodically. Check the front cover for version date.

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1-575-528-5180

DDSD Regional Offices

CONTACT INFORMATION

1- 505-863-9937

DDSD Central Office	NE Regional Office	Page 4	The University of New Mexico, Center for Developmental Disability, Information Network and New Mexico Brain Injury Resource Center
810 San Mateo Rd Santa Fe, NM 87505	224 Cruz Alta Taos, NM 87571	Page 5	The ARC of New Mexico
1-505-476-8973 1-877-696-1472	1-866-315-7123 or 1-575-758-5934	Page 6	Aging and Long-Term Services Division Aging and Disabilities Resource Center
METRO Regional Office	SE Regional Office	Page 7	The Developmental Disabilities Planning Council—DDPC
5301 Central Ave. NE	726 B South Sunset	Page 8	Adelante Benefits Connection Center
Suite 1700	Roswell, NM 88203	Page 9	Adaptive/ Assistive Equipment
Albuquerque, NM 1-800-283-5548 or	1-866-895-9138 or 1-575-624-6100	Page 10	Assistive Technology Free Public Internet Access
1-505-841-5500	CM Pagianal Office	Page 11-12	Public Libraries with Free Internet Access
NW Regional Office	SW Regional Office 1170 N. Solano Dr.	Page 13	Housing
2910 E. Historic Rte. 66	Las Cruces, NM	Page 14-15	Advocacy and Supports, DDSD Regions
Gallup, NM 87301	88001-2369	Page 16	Page 16 DDSD Regional Office Contact Information
1-866-862-0448 or	1-866-742-5226 or		-0

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The University of New Mexico (UNM), Center for Development and Disability (CDD) includes the following resources:

Library

The library contains a specialized collection of books, videos, DVDs, periodicals and journals available for check-out or on-site use by the public.

<u>Information Network</u>: The Information Network provides information to individuals with disabilities, families, and professionals on local, state, and national resources.

<u>Resource Database</u>: The Disability Resource Directory (DRD) is a database of New Mexico programs, agencies and organizations that provide services to persons with disabilities. You may search the database by category, service name or service type.

<u>Autism Resources</u>: The mission of The Autism Programs is to provide requested support to individuals with autism spectrum disorders and their families.

Early Childhood Home and Family Services Division: The Early Childhood Home and Family Services Division is dedicated to supporting strong communities through the support of children and families, working to promote positive futures and prevent delay, disability, and risk of disability.

Early Childhood Learning Network: Early Childhood Learning Network offers training to Early Intervention Providers, Service Coordinators, Teachers, Home Visitors and Preschool Personnel around New Mexico.

To speak with an Information Specialist at the UNM-CDD Information Network regarding disability related resources:

Call the Information Network: 1-800-552-8195 or 505-272-8549.

To access the online Disability Resource Directory::

http://www.cdd.unm.edu/Infonet/index.html

Advocacy and Support Resources continued.....

NM Autism Society

3701 Carlisle Blvd NE, Unitarian Universalist Church - Workshop Albuquerque, NM 87107, (505) 332-0306

Parents Reaching Out (PRO)

1920 B Columbia Dr. SE Albuquerque, NM 87106 (505) 247-1345 FAX (505) 247-0192 Service/Intake http://www.parentsreachingout.org info@parentsreachingout.org

Many of these organizations have offices in other parts of New Mexico- ask about groups in your area.

Additional advocacy resources can be identified by contacting the DOH-Developmental Disabilities Supports Division office in your region:

Metro Region: Counties of Bernalillo, Sandoval, Torrance and Valencia

NE Region: Counties of Colfax, Harding, Los Alamos, Mora, Rio Arriba, San Miguel, Santa Fe, Taos and Union.

NW Region: Counties of Cibola, McKinley, San Juan

SW Region: Counties of Catron, Dona Ana, Grant, Hidalgo, Luna, Otero, Sierra, and Socorro

SE Region: Counties of Chaves, Curry, De Baca, Eddy, Guadalupe, Lea, Lincoln, Quay, and Roosevelt

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Advocacy and Support

The following is a list of agencies and organizations which provide support for individuals with developmental disabilities and their families:

Americans with Disabilities Act-ADA Info Line

1331 F. St. NW, Washington, DC 20004 (800) USA-ABLE Administrative (800) 514-0383 Toll free voice/TDD (800) 872-2253 Administrative 1-800-USA-ABLE http://www.ada.gov/adahom1.htm

The ARC of New Mexico

3655 Carlisle Blvd NE, Albuquerque, NM 87110 (505) 883-4630

Center for Self-Advocacy

625 Silver Ave SW, Suite 100 Albuquerque, NM 87104 877-725-7770 toll-free 1-(505)242-1222

Disability Rights New Mexico

1720 Louisiana Blvd. NE Suite 204 Albuquerque, NM 87110 (800) 432-4682 Toll Free (505) 256-3100

Governor's Commission on Disability

491 Old Santa Fe Trail, Lamy Building Rm 117 Santa Fe, NM 87505 (877) 696-1470 Toll Free (505) 476-0412, http://www.gcd.state.nm.us

NM Autism Society

3701 Carlisle Blvd NE, Unitarian Universalist Church - Workshop

The ARC of New Mexico is another valuable resource for individuals and families:

The Arc of New Mexico

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Phone: 505-883-4630 1-800-358-6493 3655 Carlisle NE ,Albuquerque, New Mexico 87110 **Fax:** 505-883-5564 or www.arcnm.org

Resources at the ARC include:

Master Trust- special needs trusts

Organizational Payee- service that assists individuals with developmental disabilities who are unable to manage their own benefit checks by maintaining a direct deposit account for the beneficiaries Social Security or Railroad board benefit checks. The Representative Payee program is administered by the Social Security Administra-

The ARC of New Mexico supports Self- Advocacy

By providing learning and mentorship opportunities to individuals with disabilities and their families to help them advocate for themselves and for other individuals.

Additionally, the "Resources" link on the ARC website provides a list of resources, and contact information for various state and federal agencies and other resources.

The Arc of New Mexico

3655 Carlisle NE, Albuquerque, New Mexico 87110 **Phone:** 505-883-4630

Aging & Disability Resource Center

NM Aging and Long Term Services
Department

We're here to assist elders, persons with disabilities and caregivers to find services and resources to help them live well and independently.

How the ADRC Can Help You...

- Information and Assistance
- Health and Independent Living
- Long-Term Options Counseling
- <u>CoLTS-C Medicaid Waiver for Home &</u> <u>Community-Based Services</u>
- Adult Protective Services Intake
- <u>New Mexico Social Services Resource</u>
 Directory
- Community Information and Education
- Health Care Fraud Prevention*
- Prescription Drug Assistance
- Benefits Counseling

Contact: Toll-Free: 800-432-2080, TTY: 505-476-4937, or FAX: 505-476-4710.

U.S. Department of Housing and Urban Development

Information on Low-Income Housing
Assistance, including links and contact information for local Housing Assistance Programs across New Mexico can be found at
the following website:

http://portal.hud.gov/hudportal/HUD?src=/program_offices/public indian housing/pha/contacts

This website includes information and links to information including:

- Purchasing a home
- Low-Income Housing
- Rental Assistance
- Housing vouchers
- Local housing assistance agency information



Taylor Ranch Library

5700 Bogart NW Albuquerque, NM 87120 505-897-8816

Tony Hillerman Library

8205 Apache NE Albuquerque, NM 87110 505-291-6264

Westgate Library

1300 Delgado SW Albuquerque, NM 87121 505-833-6984

MORE LIBRARIES IN NM:

Las Cruces Las Cruces Public Library 200 E. Picacho Ave.

Gallup Octavia Fellin Library

115 W. Hill Ave Gallup, NM 87301 Ph: 505-863-1291

Taos Taos Public Library

402 Camino de la Placita Taos, NM 97571 (575) 758-3063 librarian@taosgov.com

Santa Fe Public Library

<u>Iibrary@santafenm.gov</u> <u>Main:</u> 140 Washington Ave. (505) 955-6781

LaFarge Branch:

1730 Llano St. (505) 982-4862

Southside:

6599 Jaguar Dr. (505) 955-2820

Roswelll:

Roswell Public Library

301 N Pennsylvania (575) 622-7101

You can also check with your local library, as many public libraries have internet access, in addition to the libraries listed here.

The NM Developmental Disability Planning Council (DDPC)

is another resource for the following:

Federal Programs [including Information Network for Individuals with Developmental Disabilities]

Self-Advocacy Program- supports people with developmental disabilities in becoming empowered, making their own decisions, speaking up for themselves and others, taking control of their own lives, creating awareness about disability issues and achieving maximum independence and quality of life.

Guardianship: DDPC contracts for "Corporate Guardians" for individuals without someone to serve as their guardian. DDPC also contracts for legal services for guardianship court proceedings, and provides information, education and training related to guardianship, statewide.

Brain Injury Advisory Council-support and Information.



625 Silver Avenue SW, Suite 100, Albuquerque, New Mexico 87102 (505) 841-4519

Benefits Connection Center at Adelante

3900 Osuna Rd NE, Albuquerque, NM 87109; (505) 341-2000.

.Provides FREE benefits enrollment services, to low income seniors (65+) and any person with a disability (21+) in New Mexico. <u>Se habla Espanol</u>

Assistance provided in accessing government benefits including, but not limited to the following:

- **SNAP** (Supplemental Nutritional Assistance Program)
- LIHEAP (Low income energy assistance)
- Medicaid
- Medicare Savings Programs
- Medicare Part D
- Supplemental Security Income (SSI)

Step 1: Benefits Check up & Screening

Wonder what benefits you might be eligible for? The Benefits Connection Center can help you find out. Once we know the benefits you are eligible to receive, we will do all the work to get you enrolled for you benefits. In other words, you have no application forms or other paperwork to complete!

Call us at 505.273.5222 or toll-free at 1-844-266-2236 outside the Albuquerque metro area between 8:00 am and 5:00 pm, Monday through Friday. When calling us, one of our benefits assistants will gather the necessary information from you such as Social Security number, proof of income, address and any other information needed to complete the screening process. This FREE service is made possible thanks to a grant from the National Council on Aging (NCOA)

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Albuquerque Library Branches:

Alamosa Library

6900 Gonzales SW Albuquerque, NM 87121 505-836-0684

Cherry Hills

6901 Barstow NE Albuquerque, NM 87111 505-857-8321

East Mountain

1 Old Tijeras Rd Tijeras, NM 87059 505-281-8508

Erna Fergusson

3700 San Mateo NE Albuquerque, NM 87110 505-888-8100

Ernie Pvle

900 Girard SE Albuquerque, NM 87106 505-256-2065

Juan Tabo

3407 Juan Tabo Blvd NE Albuquerque, NM 87111 505-291-6260

Lomas & Tramway

908 Eastridge NE Albuquerque, NM 87123 505-291-6295

Los Griegos Library

1000 Griegos NW Albuquerque, NM 87107 505-761-4020 Tue, Fri & Sat: 10 a.m. - 6p Wed & Thu: 11 a.m. - 7 p.m

Main Library

501 Copper NW Albuquerque, NM 87102 505-768-5141 Mon, Thu - Sat:10 am. 6p Tue & Wed: 10 a.m. - 7p.m.

North Valley Library

7704 2nd Street NW Albuquerque, NM 87107 505-897-8823

.San Pedro Library

5600 Trumbull SE Albuquerque, NM 87108 505-256-2067

South Broadway Library

1025 Broadway SE Albuquerque, NM 87102 505-764-1742

South Valley Library

3904 Isleta SW Albuquerque, NM 87105 505-877-5170

Special Collections Library

423 Central NE Albuquerque, NM 87102

Assistive Technology

Persons with Intellectual /Developmental Disabilities' may be eligible for an annual grant of up to \$250.00 from the Developmental Disabilities Supports Division (DDSD) General Assistive Technology (AT) Fund. The General AT Fund is available for Jackson Class Members on the DD Waiver: persons on the waiting list for the DD Waiver and individuals with I/DD residing in the State of New Mexico who are not receiving DD Waiver funding. General AT fund money will be awarded only if there are no other funding sources available for the AT devices. This includes sources such as insurance including Medicaid; the school system or the Division of Vocational Rehabilitation (DVR). Applications may be submitted by families or therapists. Money for the General AT Fund is provided annually by the Department of Health and is available until the Fund is depleted. The application for the General AT fund may be found at: http:// archive.nmhealth.org/ddsd/clinicalsvcsbur/Services/AT01.htm. The DDSD website also offers an array of ideas and resources regarding Assistive Technology for individuals, their families and therapists. Please visit our website at http:// archive.nmhealth.org/ddsd/clinicalsvcsbur/Services/ AT01.htm for ideas and services that may be helpful to you.

Access to the Internet:

In order to access internet resources themselves, individuals and their families/guardians without computers at home may be able to utilize computers/ web access at their local library, or through UNM-CDD, which has several computers for public use.

The following pages contain a listing of libraries across the state with internet access.

Adaptive Equipment

A great source for equipment is the New Mexico Technology Assistance Program, NM TAP. NM TAP is a program of the Governor's Council on Disability. NMTAP offers free services to New Mexicans with disabilities to help them get the assistive technology (AT) services they need. NMTAP is a statewide program designed to increase knowledge of, access to, and acquisition of assistive or adaptive technology for anyone with any disability, anywhere in the state, of any age.

NM TAP also has the **ABLE Device Loan Program** which offers individuals with disabilities, teachers, therapists, case managers, and counselors the opportunity to try out assistive devices/ software prior to purchase. We work closely with schools, agencies, and counselors to both identify and try out the most practical and efficient technology solutions that match user needs.

Additionally, NM TAP has an active **computer and durable medical equipment donation program** that places "gently used" assistive devices in the homes and offices of New Mexicans with disabilities. Equipment donations are also accepted as well. The NM TAP program can be contacted at: (505) 841-4464, fax (505) 841-4467, Toll Free GCD (in state only) 1-877-696-1470

Adelante, Inc. of Albuquerque, operates a program called Back in Use. This program collects and refurbishes donated equipment, and provides it to individuals who need it. Back in Use helps recycle assistive technology in New Mexico by taking in donations of items like wheelchairs, walkers, hospital beds, and communication devices and connecting those items to seniors and people with disabilities who need them. Adelante Back in Use provides equipment for free to people who need them so donations of equipment and funds are crucial for this service to continue. Each piece of equipment donated is inspected, cleaned and posted online.

Visit www.backinuse.com to donate assistive devices or get connected to something you need. Back in Use is a win-win situation for the community, because items that were formerly sitting unused in spare bedrooms and garages can now benefit others in the community. Plus recycling is gaining momentum nationally as a cost-saving way to get people the items they need. For more information contact: 505.341.7171 or www.backinuse.com.