



The Link Between Oral Health & Systemic Diseases



The mouth is the gateway to the body.



The mouth can reveal early signs of systemic diseases, making regular dental check-ups important for overall health.

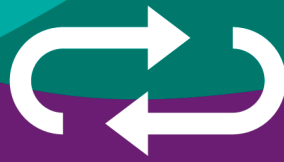


The oral-systemic link focuses on detecting, preventing, and treating conditions and illnesses.

ORAL HEALTH CAN IMPACT YOUR OVERALL HEALTH

- Cancer
- Obesity
- Respiratory Disease
- Stroke
- Heart Disease
- Diabetes
- Arthritis
- Dementia
- Obesity
- Respiratory Disease
- Alzheimers
- Osteoporosis
- Preterm & Low Birth Weight

Your mouth “talks”
to your body



and your body “talks”
to your mouth!

Gum disease increases the risk of **head and neck cancer**.

-American Academy for Oral Systemic Health (AAOSH)

Tooth loss & gum disease increase the risk of **Alzheimer's disease**.

-Mayo Clinic

Cavities are caused by a germ that spreads while kissing and sharing food

-AAOSH

Gum disease increases **pancreatic & kidney cancer risk by 62%**.

-Harvard

Bacteria in your mouth travel to other parts of your body in your bloodstream.

-AAOSH

Bacteria that live in your mouth can cause heart disease, high blood pressure and stroke.

-Harvard

Diabetes and bleeding gums increases your risk of **premature death by 400-700%**

-AAOSH

93% of people with gum disease are at risk for **diabetes**.

-AAOSH

Pregnant women with gum disease have **only a 1 in 7 chance** of giving birth to a healthy child of normal size.

-AAOSH

Research has found an association between gum disease and **rheumatoid arthritis**.

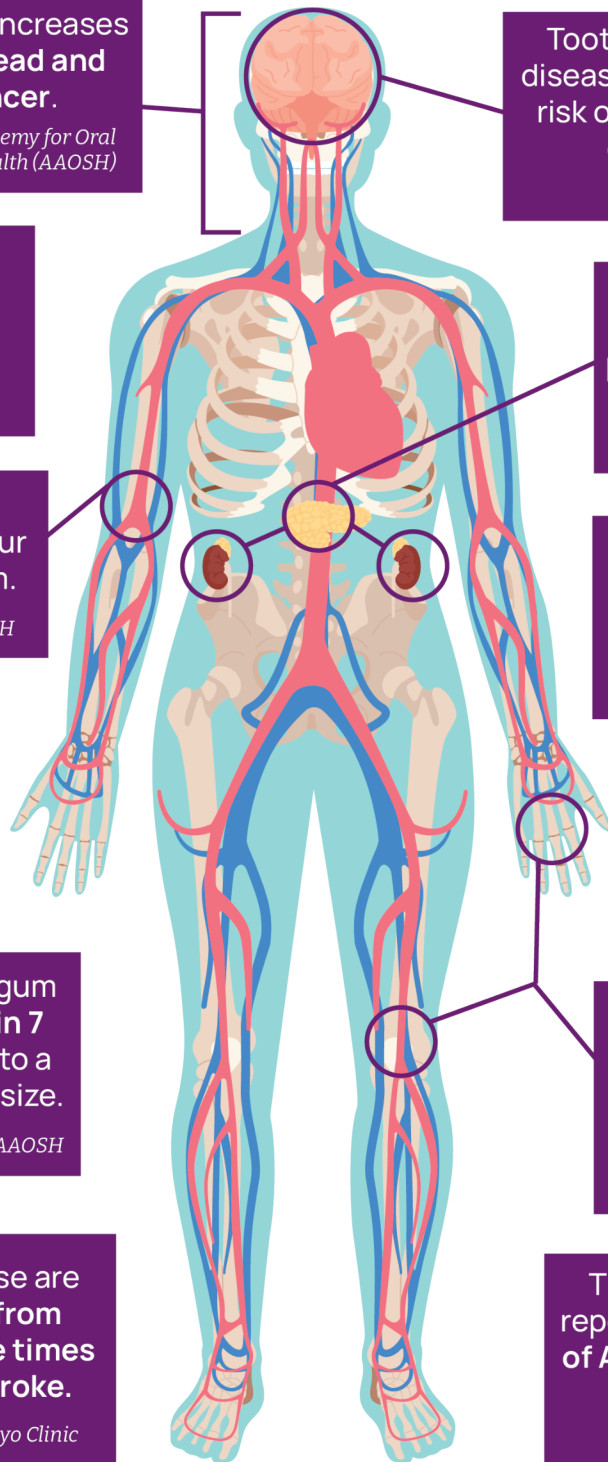
-American Academy of Family Physicians

People with gum disease are **twice as likely to die from heart disease** and **three times as likely to die from stroke**.

-Mayo Clinic

The Surgeon General reports that at least **80% of American adults** have gum disease.

-AAOSH



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