



STATE OF NEW MEXICO EXECUTIVE OFFICE SANTA FE, NEW MEXICO

# Proclamation

*WHEREAS, Diabetes Awareness Month was established by the American Diabetes Association to be observed every November for raising awareness about the impact of diabetes on individuals, families, and communities; and*

*WHEREAS, the American Diabetes Association data from 2020-2022 showed that an estimated 254,781 people in New Mexico had diabetes, an estimated 587,000 people in New Mexico had prediabetes, and every year an estimated 12,469 people in New Mexico are diagnosed with diabetes; and*

*WHEREAS, Native Americans, Hispanic Americans, and African Americans are more likely to develop diabetes and are disproportionately affected by this serious condition; and*

*WHEREAS, adults who have diabetes are at a higher risk of serious health complications, such as heart disease, stroke, blindness, kidney failure, loss of toes, feet or legs, and death; and*

*WHEREAS, type 2 diabetes accounts for approximately 90-95 percent of all diagnosed cases of diabetes in adults and, in many cases, can be prevented or delayed; and*

*WHEREAS, 34.6 percent of New Mexicans are experiencing obesity, a risk factor for prediabetes and diabetes, and obesity among New Mexico youth is disproportionately higher in Native American, Hispanic American populations; and*

*WHEREAS, the Centers for Disease Control and Prevention states that without weight loss and physical activity, 15 to 30 percent of people with prediabetes will develop diabetes within five years; and*

*WHEREAS, the New Mexico Department of Health, Presbyterian Healthcare Services and the University of New Mexico’s Project Echo are uniting to ensure all New Mexicans have a fair and equal opportunity to prevent and manage diabetes.*

*NOW THEREFORE, I, Michelle Lujan Grisham, Governor of the State of New Mexico, do hereby proclaim November 2023, as:*

## “Diabetes Awareness Month”

*throughout the state of New Mexico.*

Attest:

Maggie Toulouse Oliver  
Secretary of State



Done at the Executive Office this  
3<sup>rd</sup> day of November 2023.

Witness my hand and the Great Seal  
of the State of New Mexico.

  
Michelle Lujan Grisham  
Governor