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Co-morbid Substance Use and Mental Health Issues in New Mexico

Injury and Behavioral Epidemiology Bureau
Center For Health Protection
New Mexico Department of Health



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The Statewide Epidemiological and Outcomes Workgroup (SEOW)

The Statewide Epidemiological and Outcomes Workgroup (SEOW) currently functions as a body to review and prioritize issues based on data and provide guidance and approval of evidence-based practices used by OSAP grant recipients. As such, it provides a platform for rich discussion, collaboration, and epidemiological data and information sharing at the state level. Established under the Strategic Prevention Framework State Incentive Grant from SAMHSA two decades ago, the SEOW guided the development of the first New Mexico Substance Use Epidemiology Profile as part of its mission to create a focus on community-based and data-driven planning and accountability. The ongoing focus of the SEOW is the development and informed use of assessment data and indicators for use in community planning, prioritization, and evaluation and the support of evidence-based strategies, policies, and practices in all community prevention activity. Funded by the Behavioral Health Services Division of the New Mexico Human Services Department (HSD), current membership of New Mexico SEOW includes: BHSD Director Nick Boukas; Melissa Heinz, the State Opioid Treatment Authority. Community Members: Valerie Kling, Anna Krutsky, Janie Corinne, Jo Ann Griego, Erin Small, Marina Orozco, Crystal Alfaro, Jesse Solis, Alicia Martinez, Joana Wells, Sharz Weeks, Christina Mendevil, Debbie Ortiz, Judith Lovato, Arthur "Art" Salazar, Davina Nez, Alleyne Toya, Michele Banner, Ali Anderson, Alyssa Franklyn. CYFD Children's Behavioral Health: Hilary Stim. DFA DWI Program: Julie Krupcale. Local community evaluators: Ann Del Vecchio, Natalie Skogerboe, Sindy Sacoman, Noah Salvatore, Shannon Dee, Felix Jaramillo. NMDOH-ERD Injury and Behavioral Epidemiology Bureau: Malinda Gowin, Sangam Shrestha, Hayley Peterson, Kathryn Lowerre, Chris Trujillo, and Dan Green. NMHSD-BHSD Office of Substance Abuse Prevention: Stanford Kemp, OSAP Bureau Chief; Staff Manager Allen Dominguez, Pamela Espinoza, Jennifer Guhl, and Michael Miller. NM Prevention Workforce Training System - Kamama Consulting: Paula Feathers. Pacific Institute for Research Evaluation (PIRE): David Currey, Marissa Elias, Liz Lilliot-Gonzalez, Marie-Elena Reyes, and Lei Zhang; and, is coordinated and staffed by Michael Coop and Jesse Gremore of Coop Consulting, Inc.

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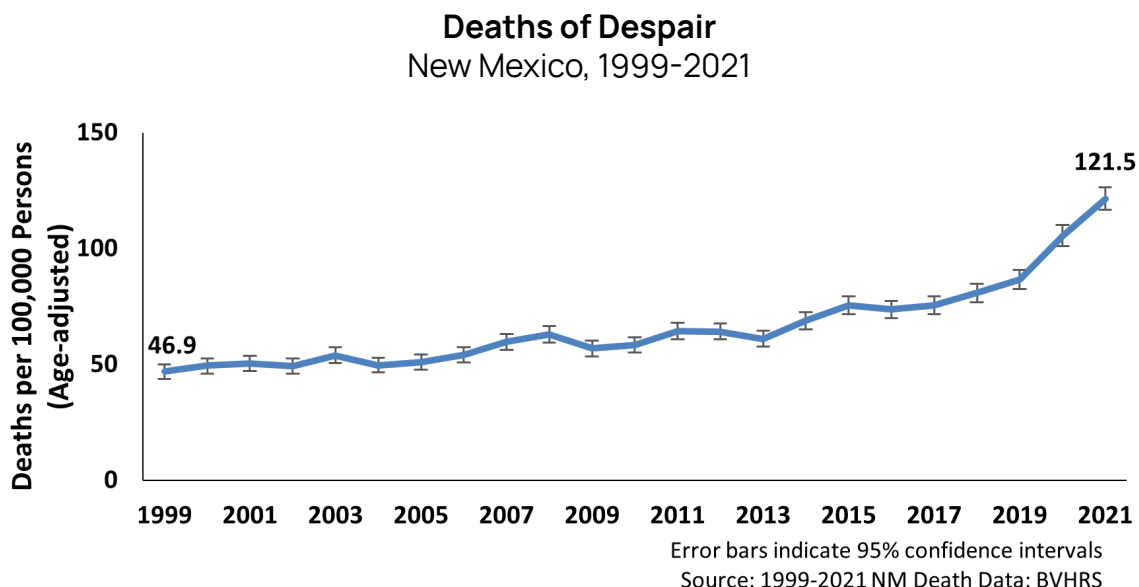
Executive Summary

Substance Use and Mental Health Emergencies Are Preventable

Like most public health problems, mental health and substance use emergencies are preventable [6, 15, 14]. Comprehensive public health approaches to prevention rely on strategies at all levels of society and are driven by timely data and evidence. Recommended prevention strategies for substance use and mental health issues include enhancing economic well-being, building protective environments, improving access and delivery of appropriate healthcare, expansion of harm reduction activities, screening and early intervention. Addressing issues of health equity by reducing discrimination, affirmatively supporting vulnerable communities, and dispelling stigma are essential to successful prevention work.

A Major Public Health Concern

Deaths related to substance use and mental health concerns have increased substantially over the past two decades and have disproportionately impacted New Mexico residents. In 2021, two out of every five deaths (44%) among New Mexico persons ages 12-34 were a suicide, drug overdose, or 100% alcohol attributable death - also referred to as a death of despair [2]. The age-adjusted rate of deaths of despair among all New Mexico persons nearly tripled from 1999 (46.9/100,000 persons) to 2021 (121.5/100,000 persons) [13] (**See Figure Below**). In 2021, New Mexico's age-adjusted rate of suicide death was 77% higher than the United States rate and New Mexico's age-adjusted rate of drug-induced deaths was 59% higher than the United States rate [7]. From 2017 to 2021, suicide was the leading cause of death among youth ages 12-17 in New Mexico [13].



Estimating the Prevention Need for Co-morbid Mental Health and Substance Use Issues

The following estimates should be used to consider the number of individuals who may benefit from the full range of prevention strategies including health education, stigma reduction, screening, early intervention, treatment, and harm reduction.

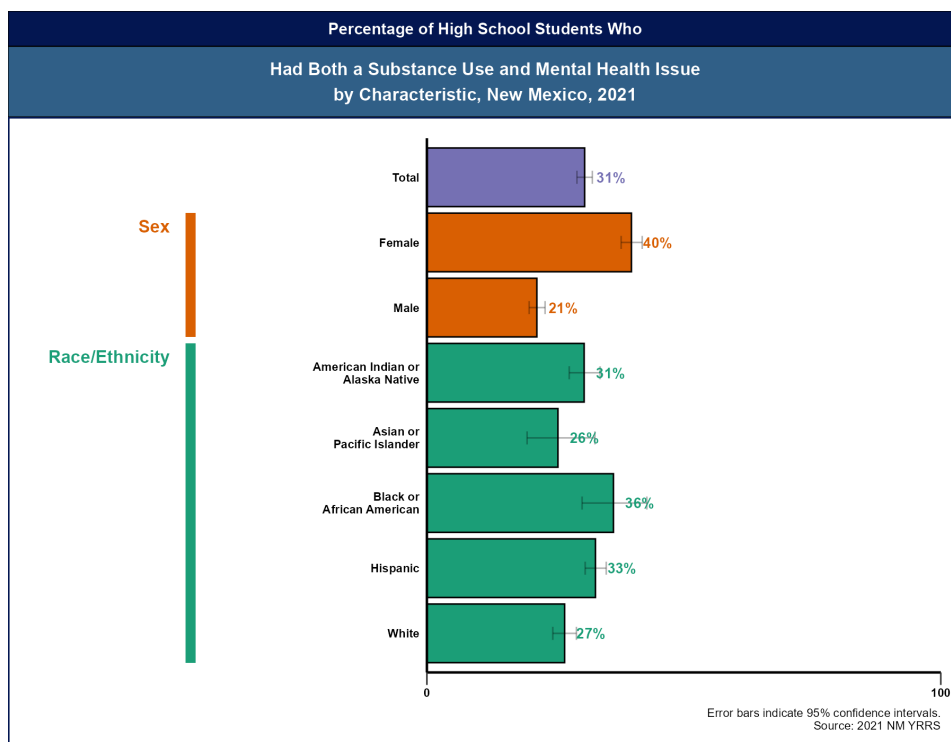
In 2021, it is estimated that among New Mexico public high school students:

- 61% or 62,161 students experienced at least one mental health concern (**Table C.39**).
- 42% or 43,074 students used at least one substance (**Table C.39**).
- 31% or 31,336 students experienced at least one mental health concern and used at least one substance (**See Chart Below**).

In 2021, it is estimated that among New Mexico adults:

- 27% or 448,345 adults experienced at least one mental health concern (**Table C.65**).
- 58% or 960,976 adults used at least one substance (**Table C.65**).
- 17% or 285,161 adults experienced at least one mental health concern and used at least one substance (**Table C.65**).

Co-morbid mental health and substance use issues (**See Co-morbid Definition**) are common among New Mexico residents. This report presents available data across a range of surveillance sources showing the prevalence of these outcomes and relationships of co-morbid mental health and substance use issues with demography, risk factors, and geography. Full details on the methods and data used for this report are available in the **Data Sources Section** and **Methodology Section**.



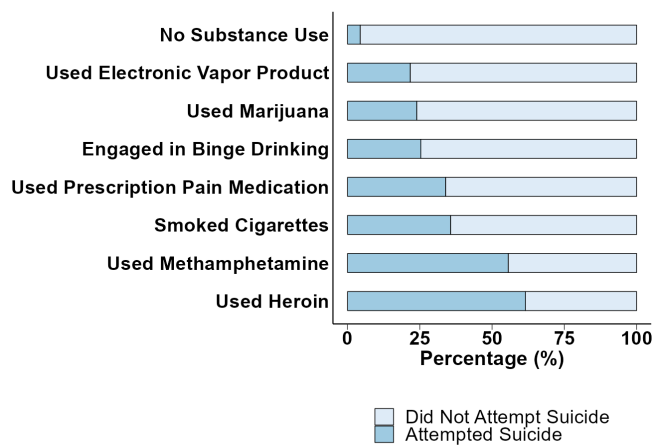
Suicide Attempts and Substance Use Are Connected

Substance use issues are closely associated with suicide attempts. Previous research has linked substance use diagnoses, drinking alcohol at an early age, and heavy drinking to increased suicide risk. Loss of a loved one to an overdose or suicide during childhood can also increase risk for overdose or suicide [6].

Available data on New Mexico high school students demonstrates close relationships between suicide and substance use. 77% of high school students who attempted suicide in the past year also reported using at least one substance in the past 30 days. One in four students (25%) who engaged in binge drinking in the past 30 days also reported a past-year suicide attempt and three out of five students (61%) who used heroin in the past 30 days also reported a past-year suicide attempt (**See Attempted Suicide and Substance Use**). Students who used four or more substances in the past 30 days were twenty-seven times as likely to report being injured in a past year suicide attempt as students who did not use any substance in the past 30 days (**See Injured in a Suicide Attempt and Substance Use**).

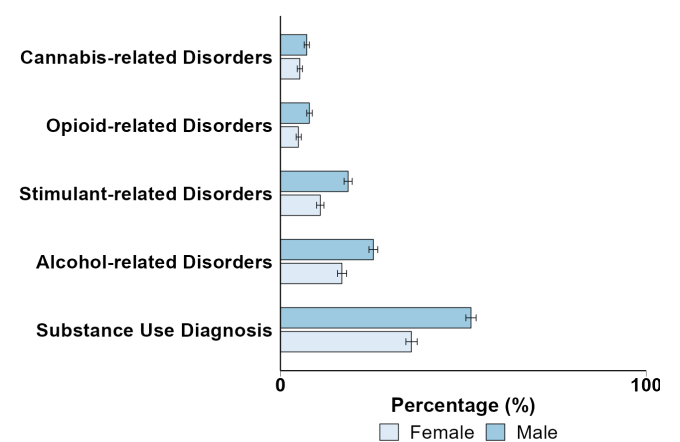
Data from New Mexico emergency departments (ED) also show close associations of substance use in patients presenting with self-harm, suicide ideation, or suicide attempt-related visits. More than half of all suicide-related ED visits among adult male patients also included at least one substance use diagnosis (52%). One in four adult male patients (26%) with a suicide-related diagnosis also had an alcohol-related diagnosis. The higher rates of co-occurring substance use diagnoses in suicide-related visits found among male patients raises a question about whether the compounding risk of substance use and suicide attempts in men may contribute to higher suicide death rates in males¹ (**See Suicide-related Diagnoses and Substance Use**).

Attempted Suicide by Type of Substance Used
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category.
Source: 2021 NM YRRS

Substance Use Diagnosis by Sex Among Persons with a Suicide-related Diagnosis
Emergency Department Visits, Ages 18+, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-17.

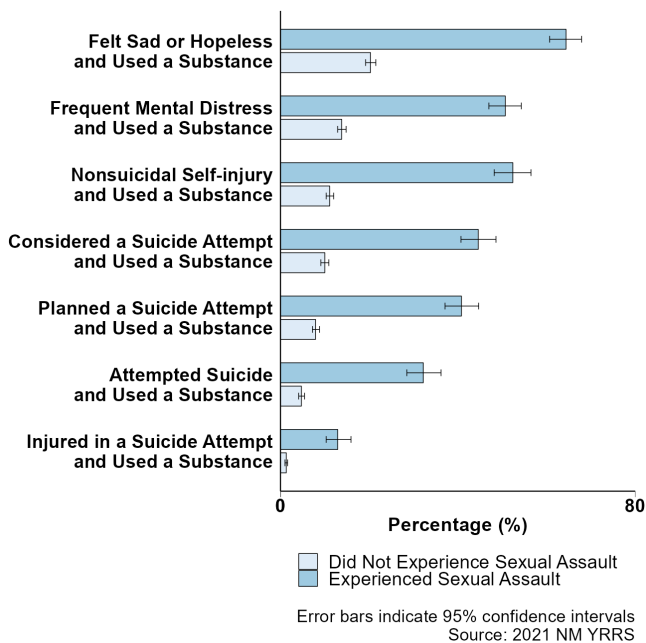
¹Males are three and half times as likely to die from suicide as females in New Mexico [13].

Disparities and the Need for Health Equity

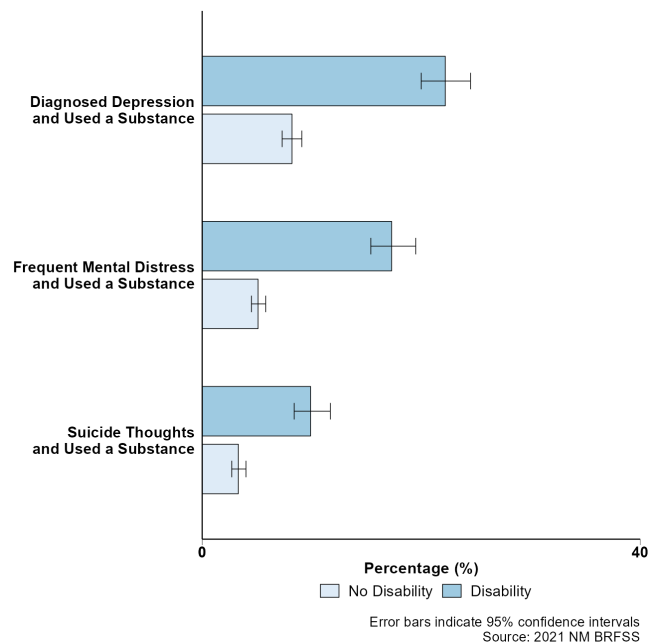
Mental health concerns, suicide, and substance use outcomes are related to biological, psychological, interpersonal, environmental, and social influences. Disparities in poverty, historical trauma, and exposure to Adverse Childhood Experiences (ACEs) are closely associated with adverse substance use and mental health outcomes [6]. Prevention activities which address these underlying factors are essential in reducing incidence of substance use and mental health emergencies. Health equity strategies can include addressing the social determinants of health², addressing racism as a threat to public health, and focused efforts to address historical and contemporary injustices [8].

Several groups of New Mexico residents were at higher risk of co-morbid substance use and mental health issues. Female high school students were twice as likely to both have persistent sadness or hopelessness and use at least one substance as male students (**See Female Students**). High school students who identified as transgender, genderqueer, or genderfluid were three times as likely to both attempt suicide and use a substance as other students (**See Students and Gender Identity**). Students who survived a sexual assault were six and a half times as likely to both attempt suicide and use a substance as students who did not experience a sexual assault (**See Student Survivors of Sexual Assault**). Adults with a disability were three times as likely to both experience suicide thoughts and use a substance as those with no disability (**See Adults with a Disability**). Adults with annual household income below \$15,000 were three times as likely to both experience frequent mental distress and used a substance as those in households with annual income exceeding \$75,000 (**See Household Income**).

Co-morbid Indicators by Exposure to Sexual Assault
Grades 9-12, New Mexico, 2021



Co-morbid Indicators by Disability Status
Ages 18+, New Mexico, 2020-2021



²Social Determinants of Health (SDOH) are the non-medical factors that influence health outcomes. Examples of SDOH include safe housing, racism, education, and access to nutritious food and physical activity[18].

Opportunities for Change

Data on the close relationship of mental health, suicide, and substance use suggests the need for a comprehensive, community-wide approach to respond to these important health outcomes. Key recommendations include:

Improve cross-cutting surveillance of substance use, suicide, and mental health by

- Analysis of data on suicide, substance use, and mental health should be integrated and relationships examined across all three topics when possible. Administrative and funding structures should be examined to remove any "silos" which separate work on these outcomes.
- Improve data collection about substance use in the Behavioral Risk Factor Surveillance System (BRFSS). The BRFSS includes data on sexual orientation, gender identity, mental health, and suicide risk, but does not include any questions about opiates, fentanyl, or methamphetamine. Additional substance use data about adults in the BRFSS would allow for improved examination of co-morbid interactions.
- Use standard language and measurements to describe the public health burden of co-morbid substance use and mental health issues.

Implement comprehensive prevention strategies addressing co-morbid substance use and mental health

- Conduct universal screening and early intervention for anxiety and depression among school-aged youth following the recommendations of the **U.S. Preventative Services Task Force** [11, 12].
- Support occupational health strategies which reduce incidence of mental health emergencies and support persons with mental health issues to be successful in the workplace [17, 20].
- Implement a statewide strategic approach to suicide prevention using evidence-based standards such as those described in the **Zero Suicide Framework** [9].
- Implement a statewide strategic approach to drug overdose prevention using evidence-based standards such as those described by the CDC in **Evidence-based Strategies: for Preventing Opioid Overdose: What's Working in the United States** [1].

Address health inequities associated with co-morbid substance use and mental health outcomes

- Recognize that health disparities in co-morbid substance use and mental health cannot be fully addressed without prioritizing a comprehensive public health response to social determinants of health, discrimination, poverty, and violence.
- Implement a statewide strategic approach to health equity using evidence-based standards such as those shared by the **CDC Office of Health Equity** [5].

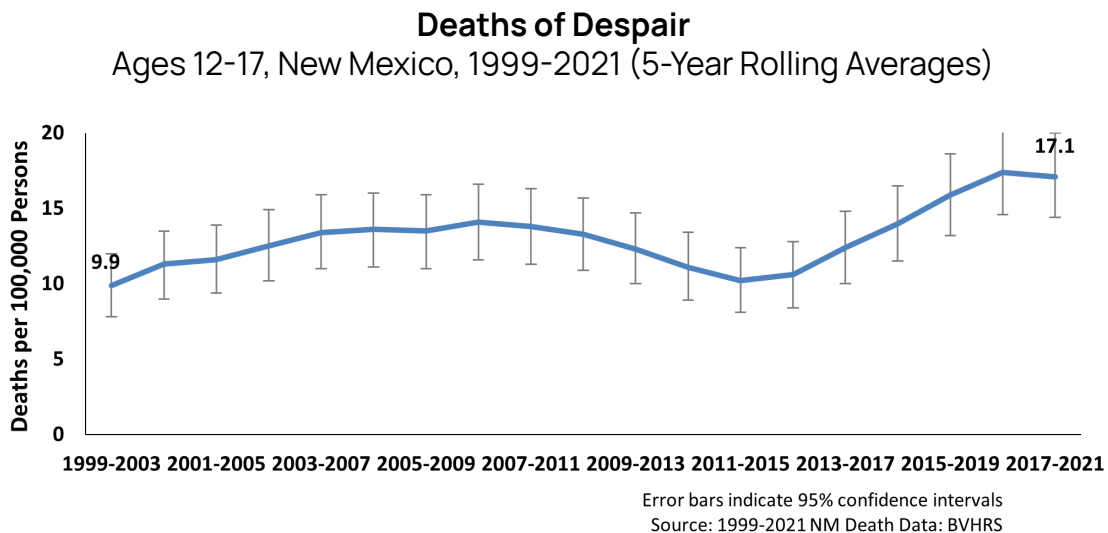
Meeting the needs of the public health burden of mental health, suicide, and substance use is possible. Executing these recommendations can begin at small scale within organizations, schools, or communities and over time can be expanded to meet the needs of all New Mexico residents.

Co-morbid Substance Use and Mental Health Issues Among Youth

Introduction

Background

In the five-year period from 2017 to 2021, 144 New Mexico adolescent youth, ages 12-17, died from suicide (119 deaths) or a drug overdose (27 deaths)³. These deaths, included in deaths of despair, represent a major public health concern in New Mexico⁴. In 2017-2021, suicide was the first leading cause of death and drug overdose was the fourth leading cause of death for adolescent youth. From 1999 to 2021, the five-year rate of deaths of despair among youth, ages 12 to 17, increased 74% (See Figure Below) [13].



³These are not mutually exclusive categories as suicide deaths sometimes include drug overdose as the mechanism of death.

⁴Deaths of despair include all suicide, drug overdose, and 100% alcohol attributable deaths. Economists Anne Case and Nobel Prize awardee Angus Deaton have written extensively about deaths of despair and the relationship of economic hardship and increased mortality in the U.S.[2].

Co-morbid Indicators by Mental Health Topic

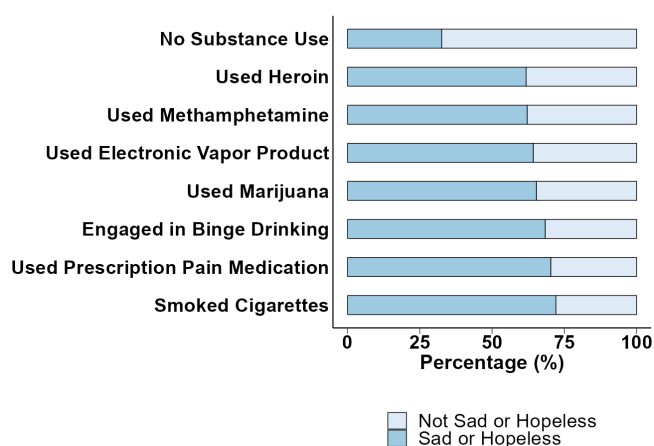
Persistent Sadness or Hopelessness and Substance Use

In 2021, the prevalence of persistent sadness or hopelessness⁵ among New Mexico high school students was 44.2%. The majority (57.8%) of students who felt sad or hopeless also used at least one substance⁶.

Key Facts

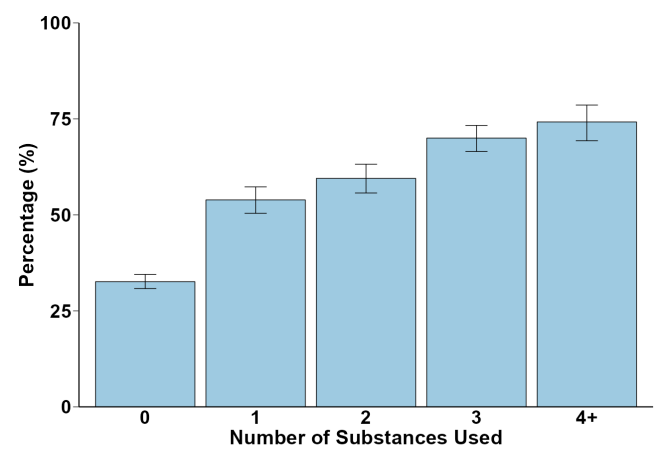
- Students who used one substance (53.9%) were more likely to feel persistent sadness or hopelessness than students who used no substances (33.2%) (**Table C.1**).
- Students who used three substances (70.0%) were twice as likely to feel persistent sadness or hopelessness as students who used no substances (33.2%) (**Table C.1**).
- More than two thirds of students who used the following substances also felt sad or hopeless: Inhalants (74.0%), Synthetic marijuana (70.5%), prescription pain medication without a prescription (70.3%), and those who engaged in binge drinking (68.4%). (**Table C.1**).
- Female students were twice as likely to both use a substance and feel persistent sadness or hopelessness (34.9%) as male students (16.7%) (**Table C.8**).

Persistent Sadness or Hopelessness by Type of Substance Used
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category.
Source: 2021 NM YRRS

Persistent Sadness or Hopelessness by Number of Substances Used
Grades 9-12, New Mexico, 2021



Error bars indicate 95% confidence intervals
Source: 2021 NM YRRS

⁵Persistent Sadness or Hopelessness defined as: felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, in the last 12 months.

⁶Substances include any tobacco product (cigarettes, electronic vapor products, cigars, spit tobacco, or hookah), alcohol, marijuana, synthetic marijuana, inhalants, cocaine, improper use of pain medication, heroin, or methamphetamine used at least once in the last 30 days.

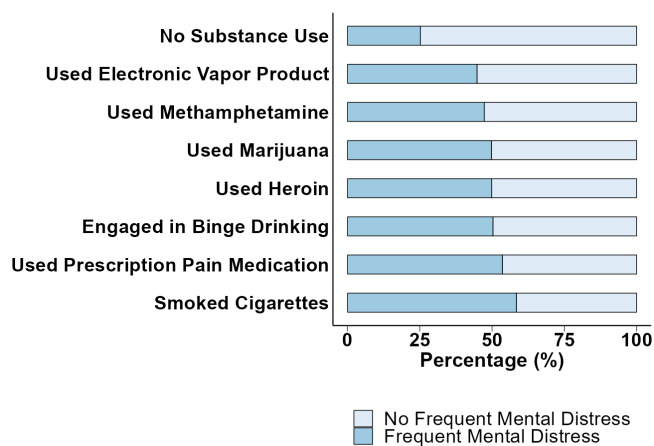
Frequent Mental Distress and Substance Use

In 2021, the prevalence of frequent mental distress⁷ among New Mexico high school students was 32.7%. The majority (55.3%) of students who experienced frequent mental distress also used at least one substance⁸.

Key Facts

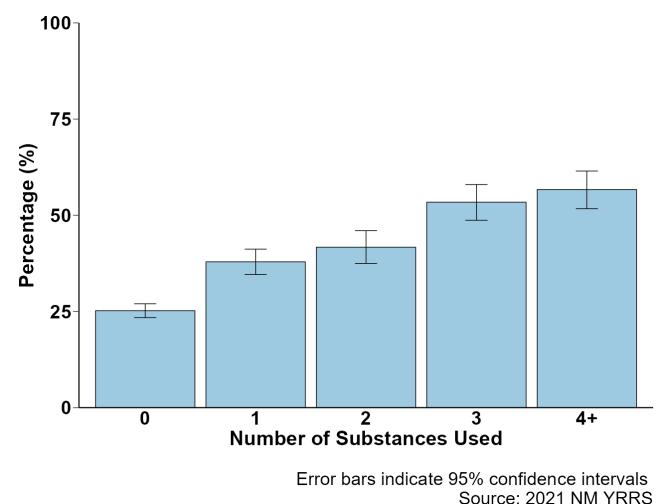
- Students who used one substance (37.9%) were more likely to experience frequent mental distress than students who used no substances (25.2%) (**Table C.2**).
- Students who used four or more substances (56.7%) were more than twice as likely to experience frequent mental distress as students who used no substances (25.3%) (**Table C.2**).
- More than half of students who used the following substances experienced frequent mental distress: Inhalants (63.8%), smoked cigarettes (58.4%), prescription pain medication without a prescription (53.5%), and engaged in binge drinking (50.3%) (**Table C.2**).
- Female students were twice as likely to both use a substance and experience frequent mental distress (26.1%) as male students (10.2%) (**Table C.9**).

Frequent Mental Distress by Type of Substance Used
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category.
Source: 2021 NM YRRS

Frequent Mental Distress by Number of Substances Used
Grades 9-12, New Mexico, 2021



⁷Frequent Mental Distress defined as: experiencing not good mental health most of the time or always (poor mental health includes stress, anxiety, or depression).

⁸Substances include any tobacco product (cigarettes, electronic vapor products, cigars, spit tobacco, or hookah), alcohol, marijuana, synthetic marijuana, inhalants, cocaine, improper use of pain medication, heroin, or methamphetamine used at least once in the last 30 days.

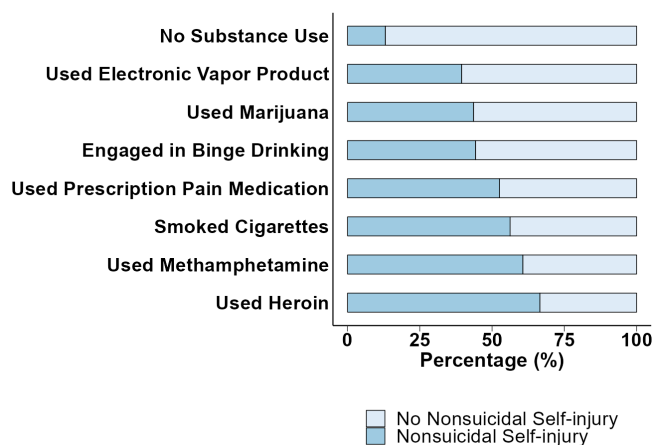
Nonsuicidal Self-injury and Substance Use

In 2021, the prevalence of nonsuicidal self-injury⁹ among New Mexico high school students was 23.2%. Two thirds (68.2%) of students who engaged in nonsuicidal self-injury also used at least one substance¹⁰.

Key Facts

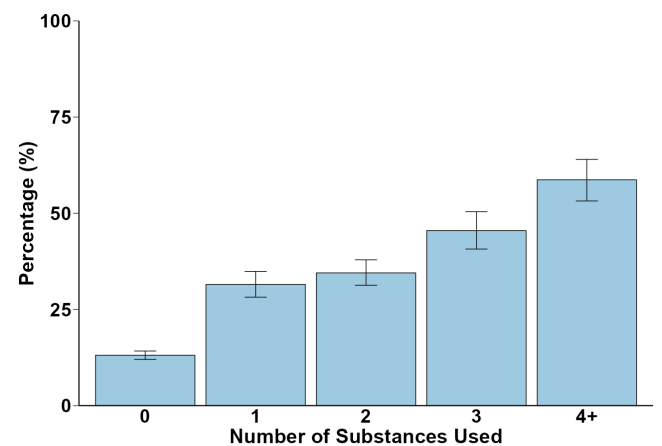
- Students who used one substance (31.5%) were more than twice as likely to engage in nonsuicidal self-injury as students who used no substances (13.4%) (**Table C.3**).
- Students who used four or more substances (58.7%) were more than four times as likely to engage in nonsuicidal self-injury as students who used no substances (13.4%) (**Table C.3**).
- More than half of students who used the following substances engaged in nonsuicidal self-injury: Heroin (66.5%), inhalants (64.7%), methamphetamine (60.6%), smoke cigarettes (56.2%), cocaine (54.4%), and prescription pain medication without a prescription (52.6%) (**Table C.3**).
- Female students were two and a half times as likely to both use a substance and engage in nonsuicidal self-injury (23.1%) as male students (9.2%) (**Table C.10**).

Nonsuicidal Self-injury by Type of Substance Used
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category.
Source: 2021 NM YRRS

Nonsuicidal Self-injury by Number of Substances Used
Grades 9-12, New Mexico, 2021



Error bars indicate 95% confidence intervals
Source: 2021 NM YRRS

⁹Nonsuicidal Self-injury defined as: purposely hurt self without wanting to die in the last 12 months.

¹⁰Substances include any tobacco product (cigarettes, electronic vapor products, cigars, spit tobacco, or hookah), alcohol, marijuana, synthetic marijuana, inhalants, cocaine, improper use of pain medication, heroin, or methamphetamine used at least once in the last 30 days.

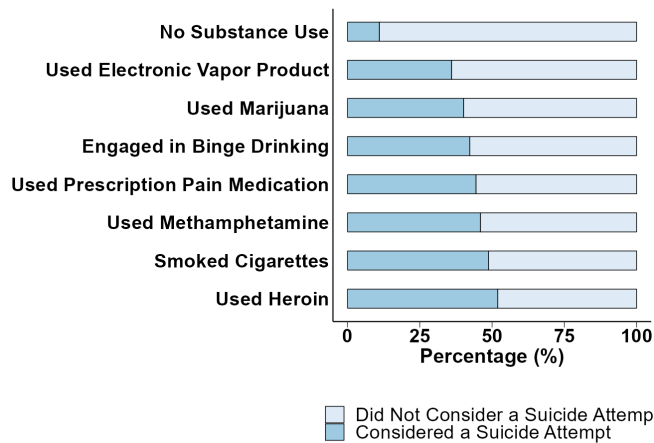
Considered Suicide and Substance Use

In 2021, the prevalence of considering suicide¹¹ among New Mexico high school students was 20.1%. Two thirds (69.2%) of students who considered suicide also used at least one substance¹².

Key Facts

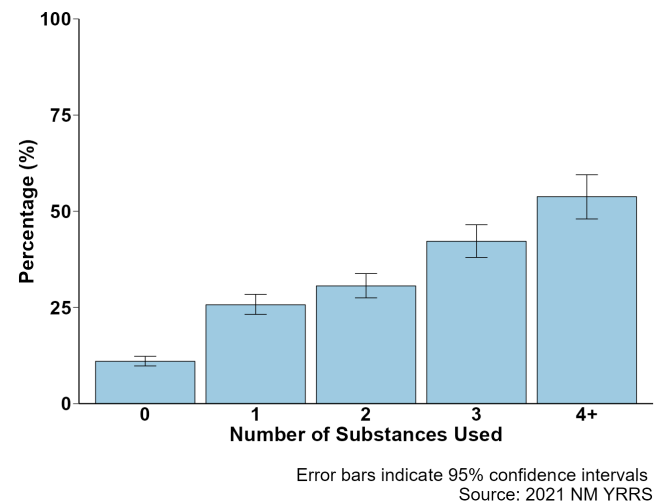
- Students who used one substance (25.7%) were more than twice as likely to have considered suicide as students who used no substances (11.2%) **(Table C.4)**.
- Students who used four or more substances (53.8%) were almost five times as likely to have considered suicide as students who used no substances (11.2%) **(Table C.4)**.
- More than half of students who used the following substances considered suicide: Inhalants (55.5%), and heroin (51.9 %) **(Table C.4)**.
- Female students were twice as likely to both use a substance and consider a suicide attempt (9.1%) as male students (19.2%) **(Table C.11)**.

Considered Suicide by Type of Substance Used
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category.
Source: 2021 NM YRRS

Considered Suicide by Number of Substances Used
Grades 9-12, New Mexico, 2021



¹¹Considering Suicide defined as: seriously considered attempting suicide in the last 12 months.

¹²Substances include any tobacco product (cigarettes, electronic vapor products, cigars, spit tobacco, or hookah), alcohol, marijuana, synthetic marijuana, inhalants, cocaine, improper use of pain medication, heroin, or methamphetamine used at least once in the last 30 days.

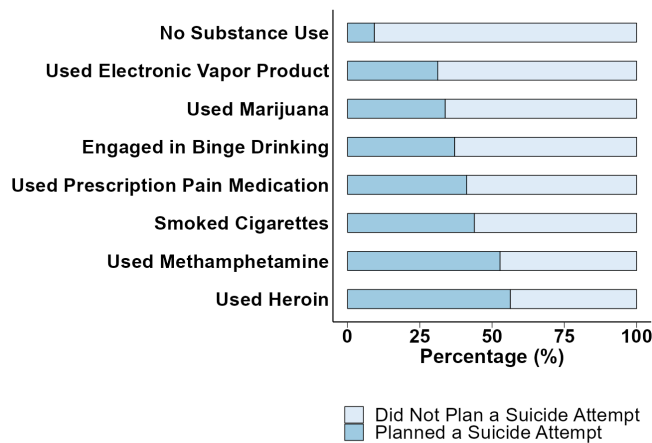
Planned Suicide and Substance Use

In 2021, the prevalence of planning suicide¹³ among New Mexico high school students was 16.9%. Two thirds (69.2%) of students who planned suicide also used at least one substance¹⁴.

Key Facts

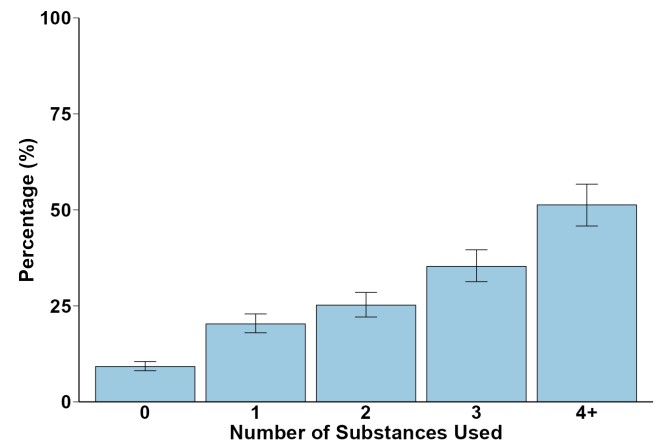
- Students who used one substance (20.3%) were twice as likely to have planned a suicide attempt as students who used no substances (9.3%) **(Table C.5)**.
- Students who used four or more substances (51.3%) were five times as likely to have planned a suicide attempt as students who used no substances (9.3%) **(Table C.5)**.
- More than half of students who used the following substances planned a suicide attempt: Heroin (56.3%), inhalants (53.5%), methamphetamine (52.7%), and cocaine (51.6 %) **(Table C.5)**.
- Female students were more than twice as likely to both use a substance and plan a suicide attempt (16.9%) as male students (7.2%) **(Table C.12)**.

Planned Suicide by Type of Substance Used
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category. Source: 2021 NM YRRS

Planned Suicide by Number of Substances Used
Grades 9-12, New Mexico, 2021



Error bars indicate 95% confidence intervals. Source: 2021 NM YRRS

¹³Planning Suicide defined as: planned a suicide attempt in the last 12 months.

¹⁴Substances include any tobacco product (cigarettes, electronic vapor products, cigars, spit tobacco, or hookah), alcohol, marijuana, synthetic marijuana, inhalants, cocaine, improper use of pain medication, heroin, or methamphetamine used at least once in the last 30 days.

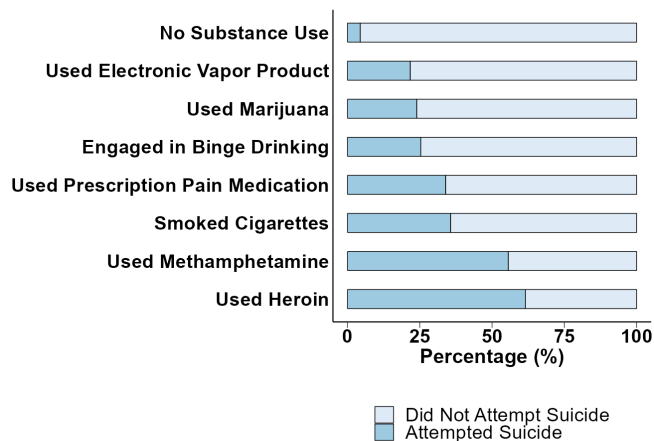
Attempted Suicide and Substance Use

In 2021, the prevalence of attempting suicide¹⁵ among New Mexico high school students was 10.4%. Two thirds (76.5%) of students who attempted suicide also used at least one substance¹⁶.

Key Facts

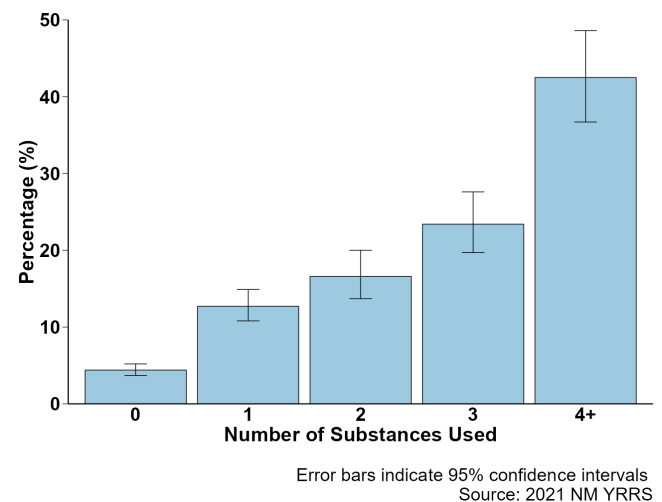
- Students who used one substance (12.3%) were almost three times as likely to have attempted suicide as students who used no substances (4.5%) (**Table C.6**).
- Students who used four or more substances (41.3%) were nine times as likely to have attempted suicide as students who used no substances (4.5%) (**Table C.6**).
- More than half of students who used the following substances attempted suicide: Heroin (61.6%), methamphetamine (55.6%), and cocaine (52.4 %) (**Table C.6**).
- Female students were twice as likely to both use a substance and attempt suicide (11.2%) as male students (4.8%) (**Table C.13**).

Attempted Suicide by Type of Substance Used
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category.
Source: 2021 NM YRRS

Attempted Suicide by Number of Substances Used
Grades 9-12, New Mexico, 2021



¹⁵Attempting Suicide defined as: attempted suicide at least once in the last 12 months.

¹⁶Substances include any tobacco product (cigarettes, electronic vapor products, cigars, spit tobacco, or hookah), alcohol, marijuana, synthetic marijuana, inhalants, cocaine, improper use of pain medication, heroin, or methamphetamine used at least once in the last 30 days.

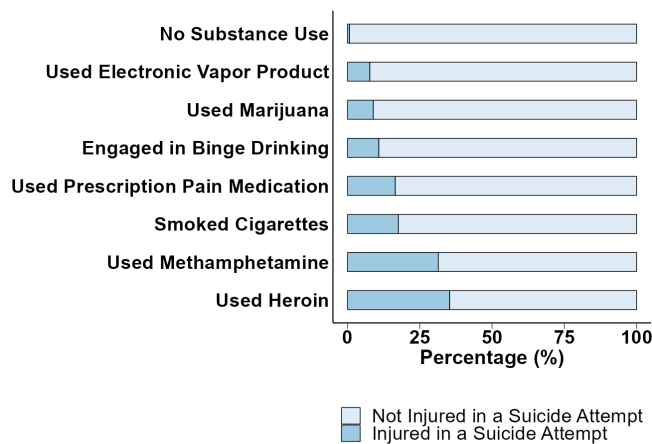
Injured in a Suicide Attempt and Substance Use

In 2021, the prevalence of those injured in a suicide attempt¹⁷ among New Mexico high school students was 3.1%. Nearly nine out of every ten (87.8%) students who were injured in a suicide attempt also used at least one substance¹⁸.

Key Facts

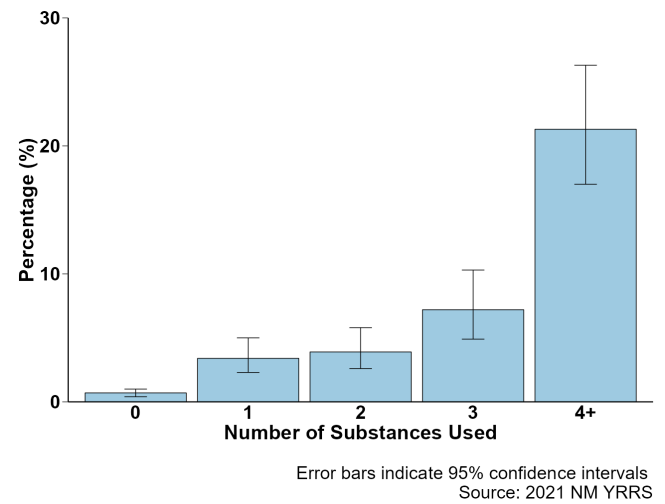
- Students who used one substance (3.4%) were four times as likely to be injured in a suicide attempt as students who used no substances (0.8%) **(Table C.7)**.
- Students who used four or more substances (21.3%) were twenty-seven times as likely to be injured in a attempted suicide as students who used no substances (0.8%) **(Table C.7)**.
- About one third of students who used the following substances were injured in a suicide attempt: Heroin (35.3%), methamphetamine (31.4%), and cocaine (30.2 %) **(Table C.7)**.
- Female students were twice as likely to both use a substance and be injured in a suicide attempt (3.7%) as male students (1.5%) **(Table C.14)**.

Injured in a Suicide Attempt by Type of Substance Used
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category. Source: 2021 NM YRRS

Injured in a Suicide Attempt by Number of Substances Used
Grades 9-12, New Mexico, 2021



Error bars indicate 95% confidence intervals. Source: 2021 NM YRRS

¹⁷Injured in a Suicide Attempt defined as: made a suicide attempt resulting in an injury that had to be treated by a doctor or nurse in the last 12 months.

¹⁸Substances include any tobacco product (cigarettes, electronic vapor products, cigars, spit tobacco, or hookah), alcohol, marijuana, synthetic marijuana, inhalants, cocaine, improper use of pain medication, heroin, or methamphetamine used at least once in the last 30 days.

Health Disparities

Female Students

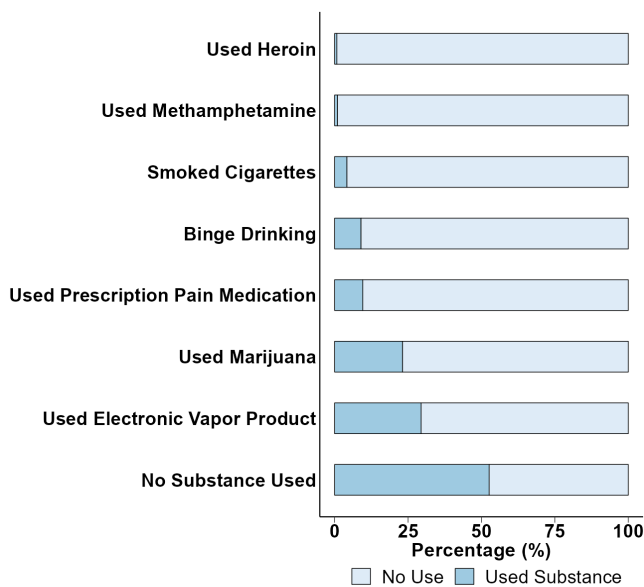
In 2021, female students were more likely to experience all seven co-morbid mental health and substance use indicators than male students¹⁹.

Key Facts

- Female students were twice as likely to both persistently feel sadness or hopelessness and use a substance (34.9%) as male students (16.7%) (**Table C.16**).
- Female students were two and a half times as likely to both engage in nonsuicidal self-injury and use a substance (23.1%) as male students (9.2%) (**Table C.16**).
- Female students were more than twice as likely to both attempt suicide and use a substance (11.2%) as male students (4.8%) (**Table C.16**).

Substance Use Among Female Students

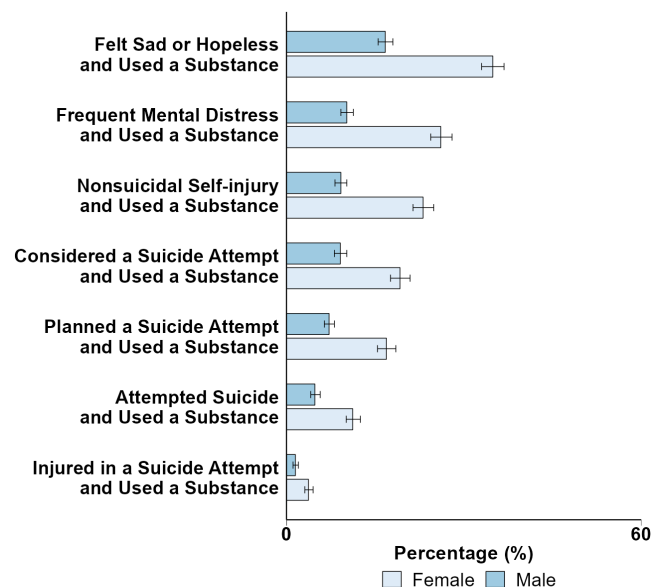
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category. Source: 2021 NM YRRS

Co-morbid Indicators by Sex

Grades 9-12, New Mexico, 2021



Error bars indicate 95% confidence intervals. Source: 2021 NM YRRS

¹⁹Mental health indicators included feelings of sadness or hopelessness, frequent mental distress, nonsuicidal self-injury, considering or planning suicide, suicide attempts, and injuries from a suicide attempt. Substances include any tobacco product (cigarettes, electronic vapor products, cigars, spit tobacco, or hookah), alcohol, marijuana, synthetic marijuana, inhalants, cocaine, improper use of pain medication, heroin, or methamphetamine.

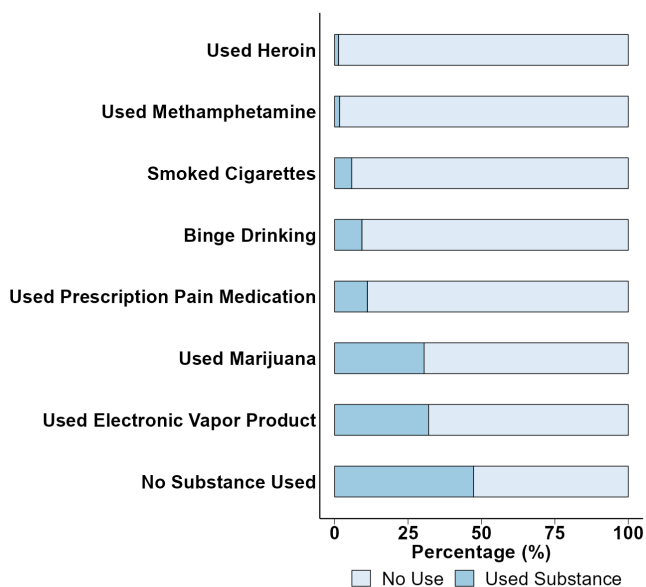
Sexual Orientation

In 2021, one in five (21.1%) New Mexico high school students identified their sexual identity as lesbian, gay, bisexual, or questioning (LGBQ). LGBQ students were more likely to experience all seven co-morbid mental health and substance use indicators than non-LGBQ students²⁰.

Key Facts

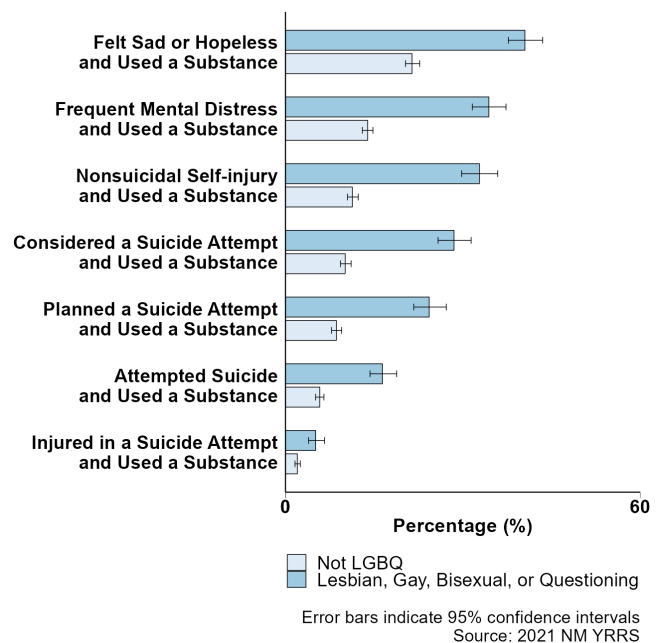
- LGBQ students were about twice as likely to both feel persistent sadness or hopelessness and use a substance (40.5%) as non-LGBQ students (21.4%) (**Table C.17**).
- LGBQ students were three times as likely to both engage in nonsuicidal self-injury and use a substance (32.8%) as non-LGBQ students (11.3%) (**Table C.17**).
- LGBQ students were three times as likely to both attempt suicide and use a substance (16.4%) as non-LGBQ students (5.8%) (**Table C.17**).

Substance Use Among Lesbian, Gay, Bisexual, or Questioning Students
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category. Source: 2021 NM YRRS

Co-morbid Indicators by Sexual Orientation
Grades 9-12, New Mexico, 2021



²⁰Mental health indicators included feelings of sadness or hopelessness, frequent mental distress, nonsuicidal self-injury, considering or planning suicide, suicide attempts, and injuries from a suicide attempt. Substances include any tobacco product (cigarettes, electronic vapor products, cigars, spit tobacco, or hookah), alcohol, marijuana, synthetic marijuana, inhalants, cocaine, improper use of pain medication, heroin, or methamphetamine.

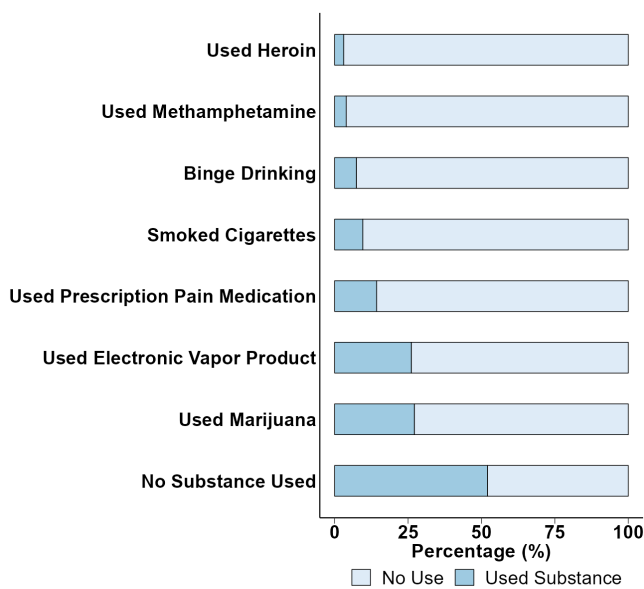
Gender Identity

In 2021, one in seventeen (5.8%) New Mexico high school students considered themselves to be transgender, genderqueer, or genderfluid. Gender nonconforming students were more likely to experience all seven co-morbid mental health and substance use indicators than non-LGBQ students²¹.

Key Facts

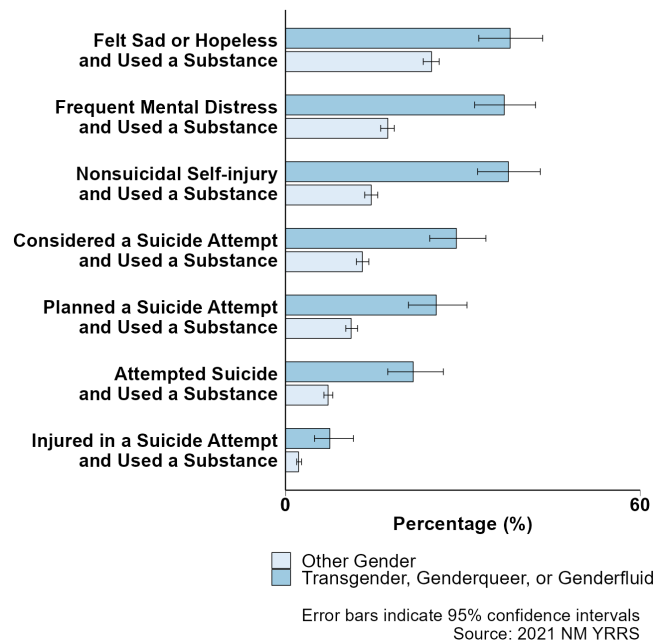
- Gender nonconforming students were twice as likely to both experience frequent mental distress and use a substance (37.0%) as other students (17.3%) **(Table C.18)**.
- Gender nonconforming students were three times as likely to both attempt suicide and use a substance (21.6%) as other students (7.2%) **(Table C.18)**.
- Gender nonconforming students were three and a half times as likely to both be injured in a suicide attempt and use a substance (7.5%) as other students (2.2%) **(Table C.18)**.

Substance Use Among Transgender, Genderqueer or Genderfluid Students
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category. Source: 2021 NM YRRS

Co-morbid Indicators by Gender Identity
Grades 9-12, New Mexico, 2021



Error bars indicate 95% confidence intervals. Source: 2021 NM YRRS

²¹Mental health indicators included feelings of sadness or hopelessness, frequent mental distress, nonsuicidal self-injury, considering or planning suicide, suicide attempts, and injuries from a suicide attempt. Substances include any tobacco product (cigarettes, electronic vapor products, cigars, spit tobacco, or hookah), alcohol, marijuana, synthetic marijuana, inhalants, cocaine, improper use of pain medication, heroin, or methamphetamine.

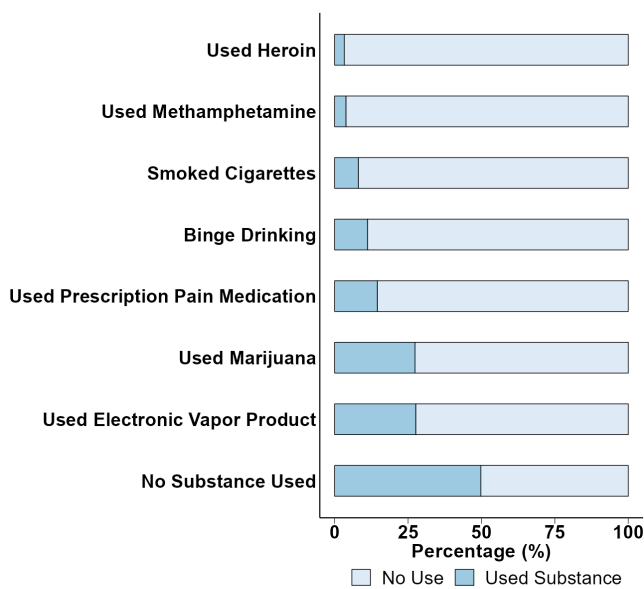
Physical Disability or Long-term Health Problem

In 2021, one in ten (10.2%) New Mexico high school students had a physical disability or long-term health problem. Students with a disability were more likely to experience all seven co-morbid mental health and substance use indicators than students without a disability²².

Key Facts

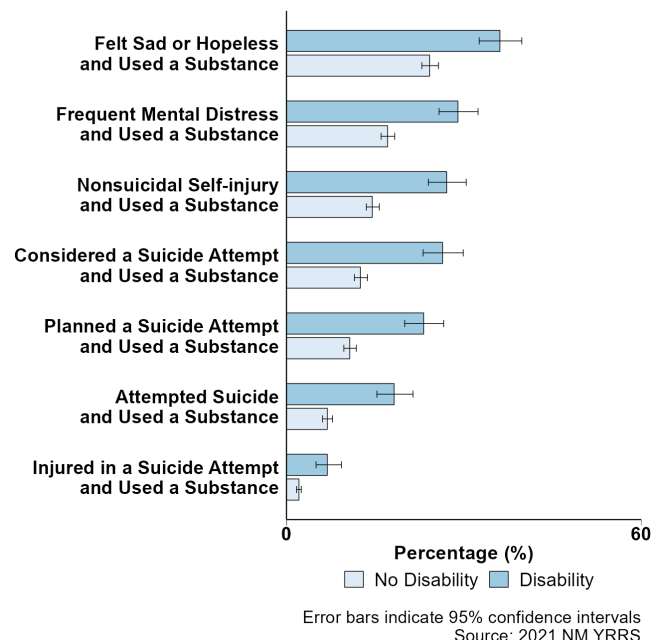
- Students with a disability were about twice as likely to both engage in nonsuicidal self-injury and use a substance (27.1%) as students without a disability (14.5%) **(Table C.15)**.
- Students with a disability were almost three times as likely to both attempt suicide and use a substance (18.2%) as students without a disability (6.9%) **(Table C.15)**.
- Students with a disability were three and a half times as likely to both be injured in a suicide attempt and use a substance (6.9%) as students without a disability (1.9%) **(Table C.15)**.

Substance Use Among Students with a Physical Disability or Long-term Health Problem
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category. Source: 2021 NM YRRS

Co-morbid Indicators by Disability Status
Grades 9-12, New Mexico, 2021



Error bars indicate 95% confidence intervals. Source: 2021 NM YRRS

²²Mental health indicators included feelings of sadness or hopelessness, frequent mental distress, nonsuicidal self-injury, considering or planning suicide, suicide attempts, and injuries from a suicide attempt. Substances include any tobacco product (cigarettes, electronic vapor products, cigars, spit tobacco, or hookah), alcohol, marijuana, synthetic marijuana, inhalants, cocaine, improper use of pain medication, heroin, or methamphetamine.

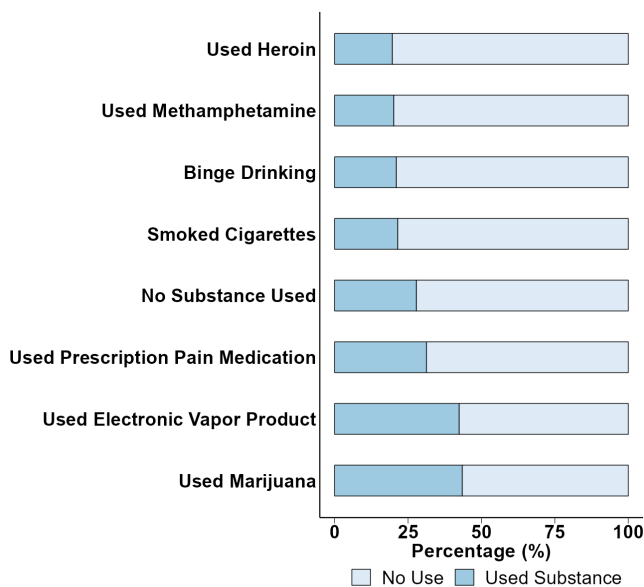
Unstable Housing

In 2021, one in thirty-three (3.0%) New Mexico high school students lived in unstable housing²³. Students living in unstable housing were more likely to experience all seven co-morbid mental health and substance use indicators²⁴.

Key Facts

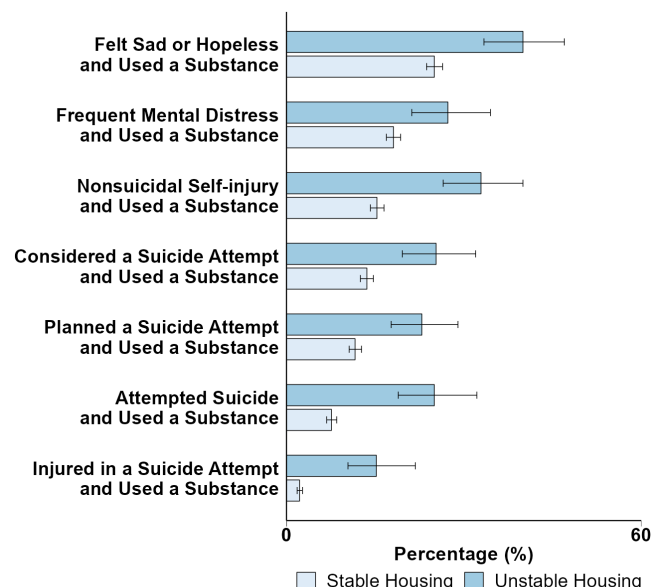
- Students living in unstable housing were more than twice as likely to both engage in non-suicidal self-injury and use a substance (32.9%) as students with stable housing (15.3%) **(Table C.19)**.
- Students living in unstable housing were three and a half times as likely to both attempt suicide and use a substance (25.0%) as students with stable housing (7.6%) **(Table C.19)**.
- Students living in unstable housing were seven times as likely to both be injured in a suicide attempt and use a substance (15.2%) as students with stable housing (2.2%) **(Table C.19)**.

Substance Use Among Students with Unstable Housing
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category. Source: 2021 NM YRRS

Co-morbid Indicators by Housing Status
Grades 9-12, New Mexico, 2021



Error bars indicate 95% confidence intervals. Source: 2021 NM YRRS

²³Unstable Housing defined as: Did not usually sleep in parent's or guardian's home in the last 30 days.

²⁴Mental health indicators included feelings of sadness or hopelessness, frequent mental distress, nonsuicidal self-injury, considering or planning suicide, suicide attempts, and injuries from a suicide attempt. Substances include any tobacco product (cigarettes, electronic vapor products, cigars, spit tobacco, or hookah), alcohol, marijuana, synthetic marijuana, inhalants, cocaine, improper use of pain medication, heroin, or methamphetamine.

Sexual Assault

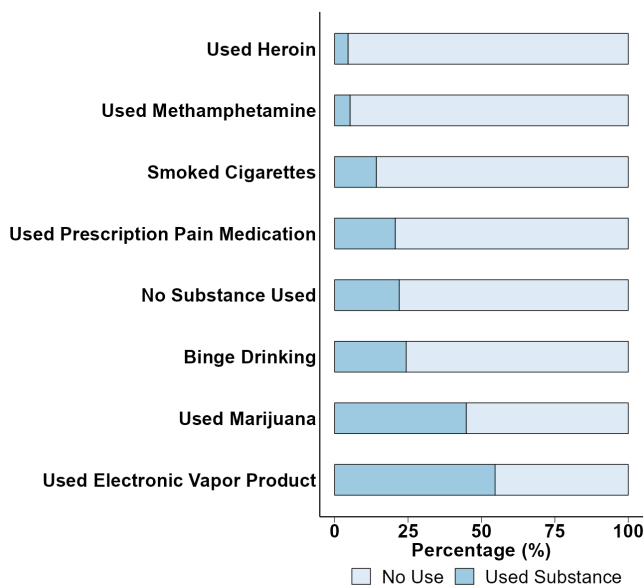
In 2021, one in nine (11.9%) New Mexico high school students experienced sexual assault²⁵. Students who experienced sexual assault were more likely to experience all seven co-morbid mental health and substance use indicators than students who did not experience a sexual assault²⁶.

Key Facts

- Students who experienced sexual assault were more than three times as likely to both persistently feel sadness or hopelessness and use a substance (64.4%) as students who did not experience a sexual assault (20.3%) **(Table C.20)**.
- Students who experienced sexual assault were six and a half times as likely to both attempt suicide and use a substance (32.2%) as students who did not experience a sexual assault (4.7%) **(Table C.20)**.
- Students who experienced sexual assault were almost ten times as likely to both be injured in a suicide attempt and use a substance (12.9%) as students who did not experience a sexual assault (1.3%) **(Table C.20)**.

Substance Use Among Students Who Experienced Sexual Assault

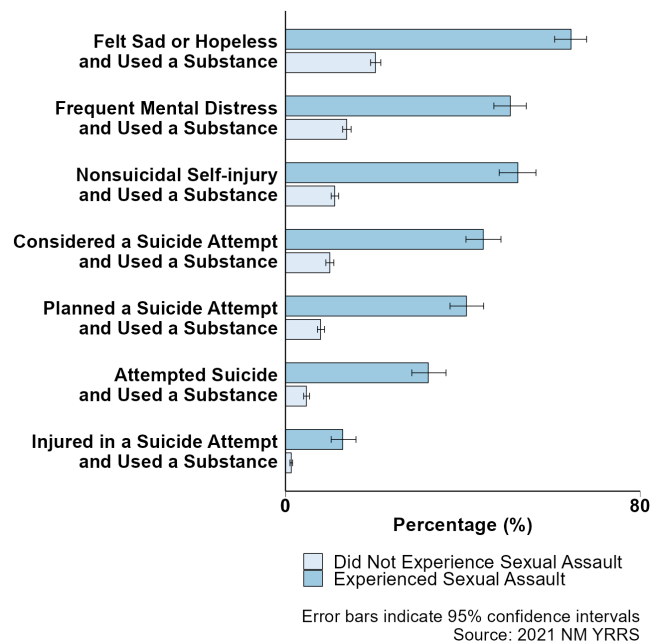
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category. Source: 2021 NM YRRS

Co-morbid Indicators by Exposure to Sexual Assault

Grades 9-12, New Mexico, 2021



Error bars indicate 95% confidence intervals. Source: 2021 NM YRRS

²⁵Sexual Assault defined as: Forced to do sexual things (kissing, touching, forced to have sexual intercourse) they did not want to do by anyone in the last 12 months.

²⁶Mental health indicators included feelings of sadness or hopelessness, frequent mental distress, nonsuicidal self-injury, considering or planning suicide, suicide attempts, and injuries from a suicide attempt. Substances include any tobacco product (cigarettes, electronic vapor products, cigars, spit tobacco, or hookah), alcohol, marijuana, synthetic marijuana, inhalants, cocaine, improper use of pain medication, heroin, or methamphetamine.

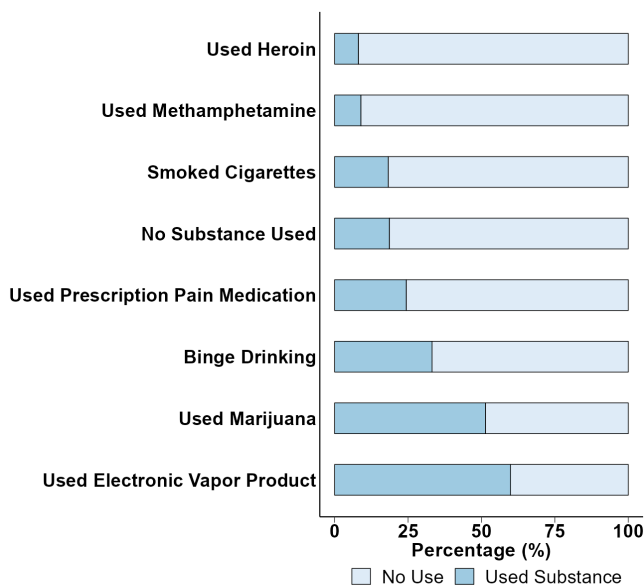
Physical Dating Violence

In 2021, one in nineteen (5.3%) New Mexico high school students were experienced physical dating violence²⁷. Students who experienced physical dating violence were more likely to experience all seven co-morbid mental health and substance use indicators than students who did not experience physical dating violence²⁸.

Key Facts

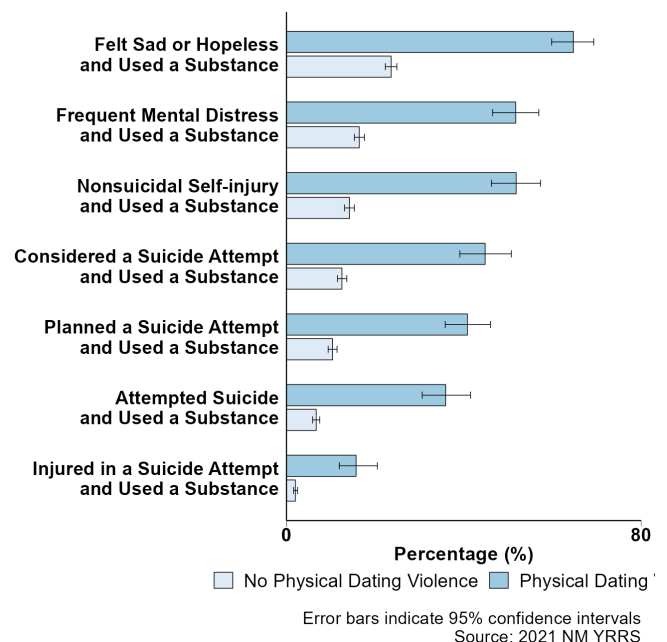
- Students who experienced physical dating violence were about three times as likely to both persistently feel sadness or hopelessness and use a substance (64.7%) as students who did not experience physical dating violence (23.6%) **(Table C.21)**.
- Students who experienced physical dating violence were five times as likely to both attempt suicide and use a substance (35.9%) as students who did not experience physical dating violence (6.7%) **(Table C.21)**.
- Students who experienced physical dating violence were almost eight times as likely to both be injured in a suicide attempt and use a substance (15.7%) as students who did not experience a sexual assault (2.0%) **(Table C.21)**.

Substance Use Among Students Who Experienced Physical Dating Violence
Grades 9-12, New Mexico, 2021



Note: Students who use multiple substances are counted in each category. Source: 2021 NM YRRS

Co-morbid Indicators by Exposure to Physical Dating Violence
Grades 9-12, New Mexico, 2021



Error bars indicate 95% confidence intervals. Source: 2021 NM YRRS

²⁷Among those who dated, physically hurt on purpose by someone they were dating or going out with in the last 12 months.

²⁸Mental health indicators included feelings of sadness or hopelessness, frequent mental distress, nonsuicidal self-injury, considering or planning suicide, suicide attempts, and injuries from a suicide attempt. Substances include any tobacco product (cigarettes, electronic vapor products, cigars, spit tobacco, or hookah), alcohol, marijuana, synthetic marijuana, inhalants, cocaine, improper use of pain medication, heroin, or methamphetamine.

Youth Emergency Department Visits with Co-morbid Diagnoses

Introduction

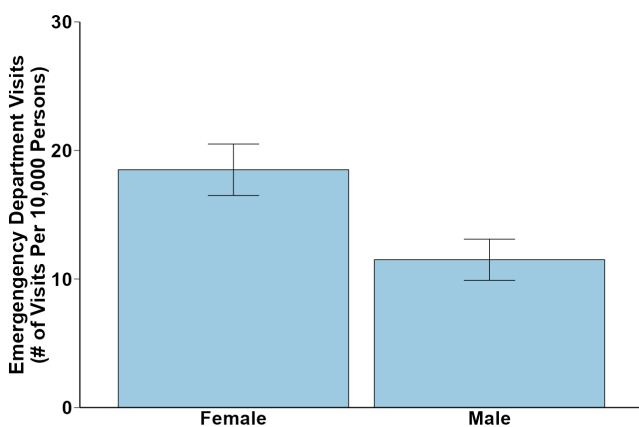
In 2022, there were 4,697 mental health-related emergency department visits and 1,289 substance use-related emergency department visits for New Mexico youth (ages 5-17)²⁹. 9.5% of youth mental health-related emergency department visits also included a substance use diagnosis. 39.5% of youth substance use-related emergency department visits also included a mental health diagnoses.

Key Facts

- Female youth were more than 50% more likely to have an emergency department visit with co-morbid mental health and substance use diagnoses as male youth (**Table C.22**).
- The most common co-occurring mental health diagnosis categories among youth with a substance use diagnosis were depressive disorders (20.6%) and suicide-related disorders (18.8%) (**Table C.23**).
- The most common co-occurring substance use diagnosis categories among youth with a mental health diagnosis were cannabis-related disorders (5.3%) and tobacco-related disorders (2.5%) (**Table C.24**).

Co-morbid Substance Use and Mental Health Diagnoses Emergency Department Visits by Sex

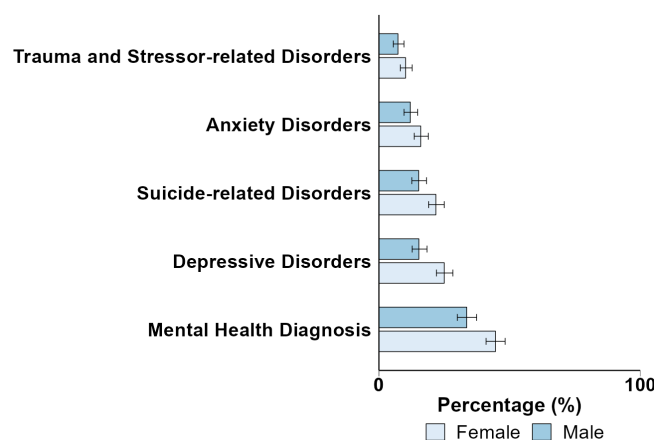
Ages 5-17, New Mexico, 2022



Error bars indicate 95% confidence intervals.
Notes: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

Mental Health Diagnosis by Sex Among Persons with a Substance Use Diagnosis

Emergency Department Visits
Ages 5-17, New Mexico, 2021



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

²⁹Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use. Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

Co-morbid Diagnoses by Substance Used

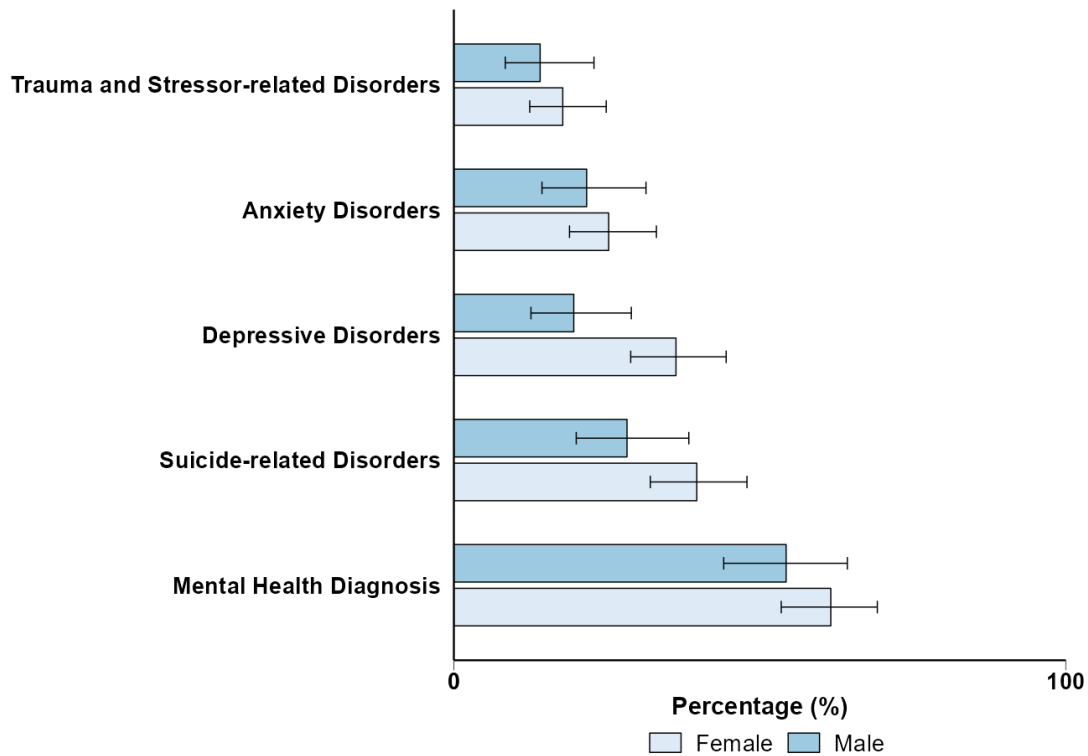
Tobacco

In 2022, there were 233 tobacco-related emergency department visits among New Mexico youth (ages 5-17). 58.8% of youth tobacco-related emergency department visits also included a mental health diagnosis^{30,31,32}.

Key Facts

- Female youth with a tobacco disorder were about twice as likely to have a co-occurring depression diagnosis (36.3%) as male youth (19.6%) (**Table C.25**).
- The most common co-occurring mental health diagnosis categories among youth with a tobacco-related diagnosis were suicide-related diagnoses (35.3%) and depression-related diagnoses (29.8%) (**Table C.25**).

Mental Health Diagnosis by Sex Among Persons with a Tobacco-related Diagnosis
Emergency Department Visits, Ages 5-17, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

³⁰Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

³¹Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

³²Tobacco-related diagnoses include ICD-10 codes for nicotine dependence or smoking complications during pregnancy and childbirth.

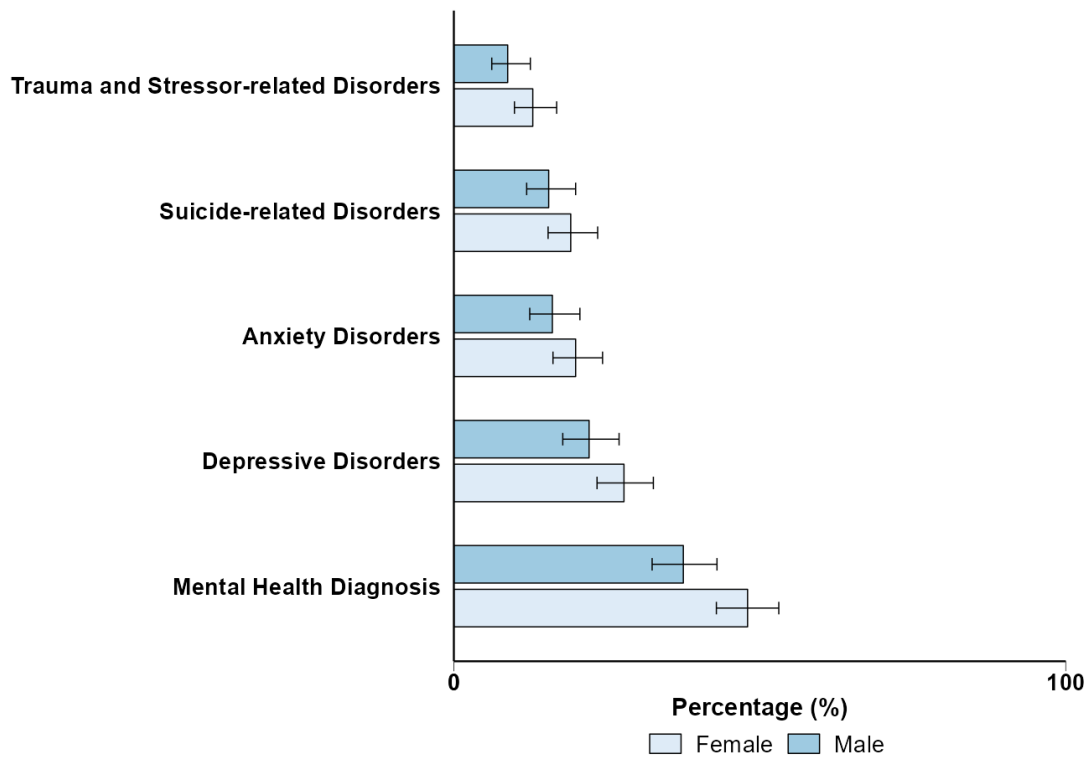
Cannabis

In 2022, there were 656 cannabis-related emergency department visits among New Mexico youth (ages 5-17). 43.2% of youth cannabis-related emergency department visits also included a mental health diagnosis^{33,34}.

Key Facts

- The most common co-occurring mental health diagnosis categories among youth with a cannabis-related diagnosis were depression-related diagnoses (25.1%) and anxiety-related diagnoses (17.4%) (**Table C.27**).

Mental Health Diagnosis by Sex Among Persons with a Cannabis-related Diagnosis
Emergency Department Visits, Ages 5-17, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

³³Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

³⁴Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

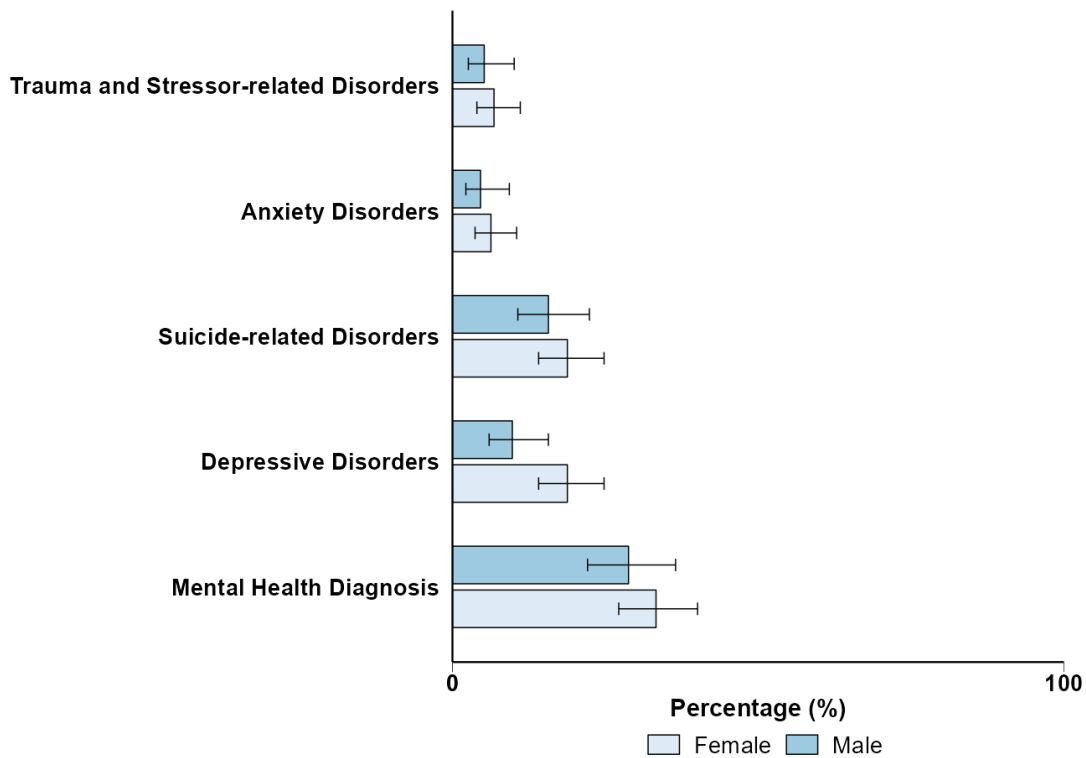
Alcohol

In 2022, there were 359 alcohol-related emergency department visits among New Mexico youth (ages 5-17). 31.4% of youth alcohol-related emergency department visits also included a mental health diagnosis^{35,36}.

Key Facts

- The most common co-occurring mental health diagnosis categories among youth with an alcohol-related diagnosis were suicide-related disorders (17.5%) and depressive disorders (15.0%) (Table C.26).

Mental Health Diagnosis by Sex Among Persons with an Alcohol-related Diagnosis
Emergency Department Visits, Ages 5-17, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

³⁵Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

³⁶Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

Co-morbid Diagnoses by Mental Health Topic

Depression

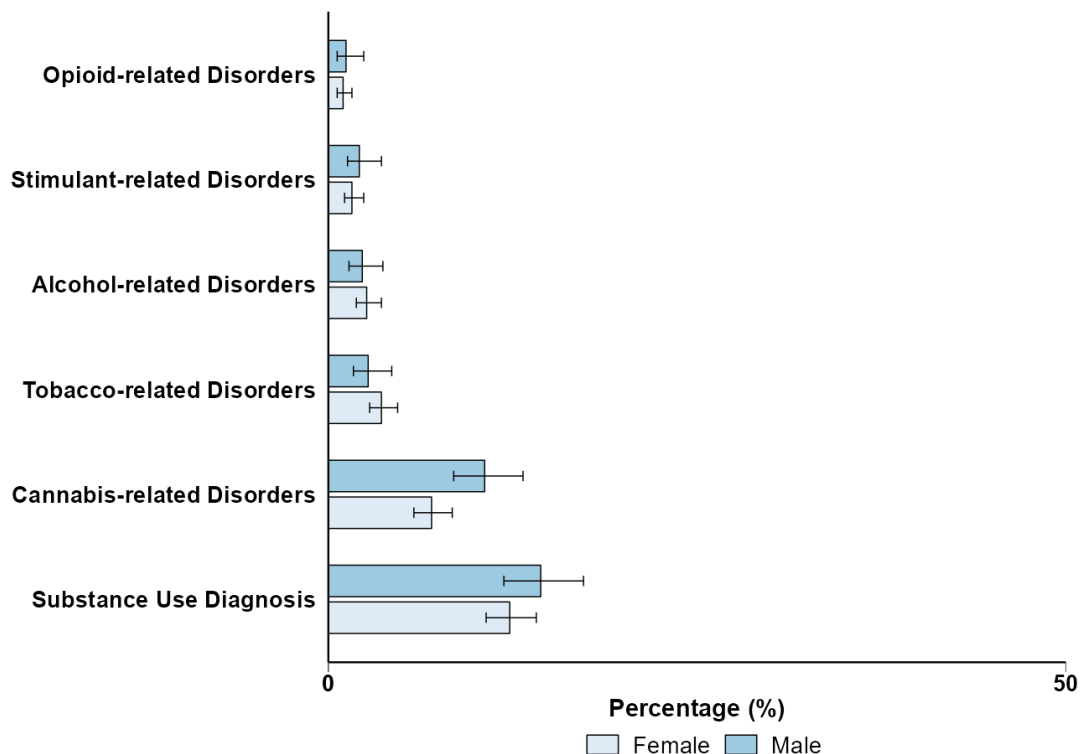
In 2022, there were 1,981 depression-related emergency department visits among New Mexico youth (ages 5-17). 13.0% of youth depression-related emergency department visits also included a substance use diagnosis^{37,38}.

Key Facts

- Male youth with a depression-related diagnosis had a higher percent of co-occurring cannabis-related diagnoses (10.6%) than female youth (7.0%) (**Table C.29**).
- The most common co-occurring substance use diagnosis categories among youth with a depression-related diagnosis were cannabis-related diagnoses (8.1%) and tobacco-related diagnoses (3.3%) (**Table C.29**).

Substance Use Diagnosis by Sex Among Persons with a Depression Diagnosis

Emergency Department Visits, Ages 5-17, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

³⁷Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

³⁸Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

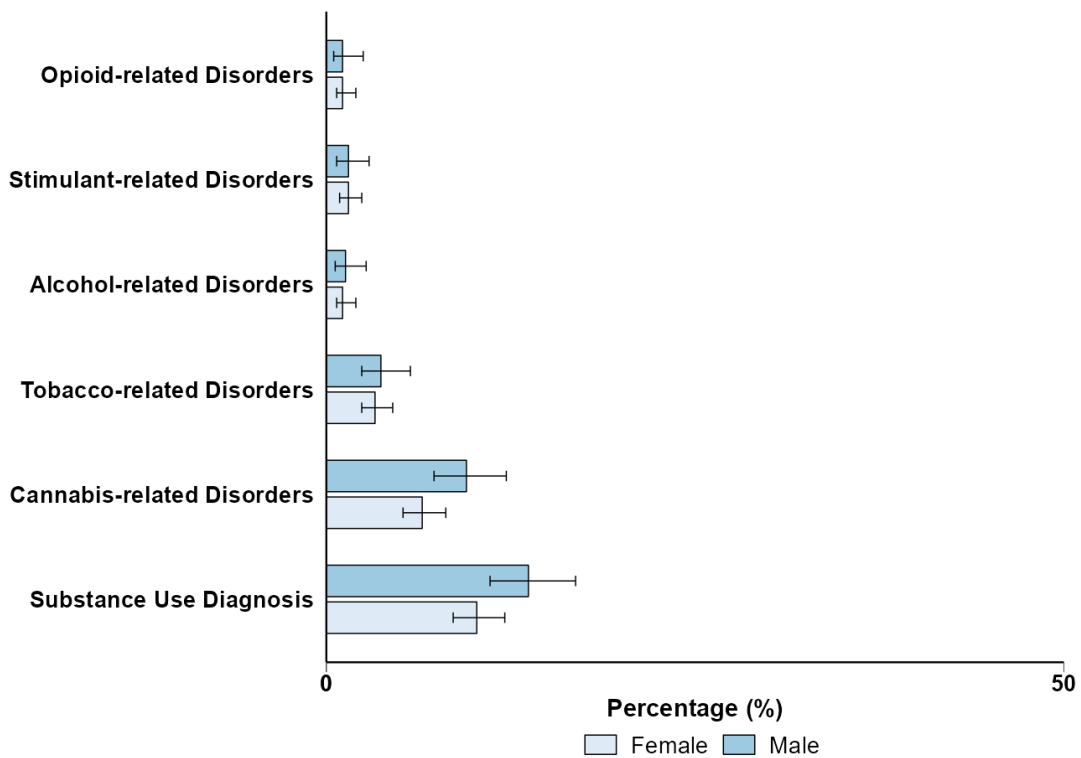
Anxiety

In 2022, there were 1,474 anxiety-related emergency department visits among New Mexico youth (ages 5-17). 11.3% of youth anxiety-related emergency department visits also included a substance use diagnosis^{39,40}.

Key Facts

- The most common co-occurring substance use diagnosis categories among youth with an anxiety-related diagnosis were cannabis-related diagnoses (7.5%) and tobacco-related diagnoses (3.4%) (**Table C.30**).

Substance Use Diagnosis by Sex Among Persons with an Anxiety Diagnosis
Emergency Department Visits, Ages 5-17, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

³⁹Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

⁴⁰Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

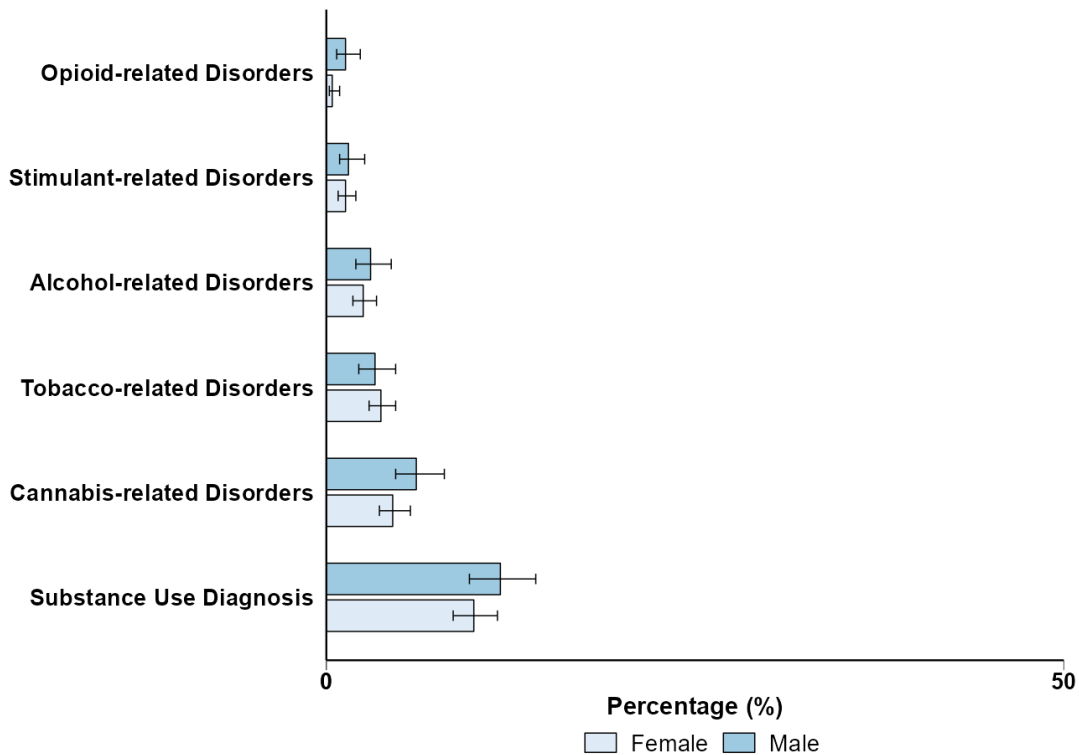
Suicide-related

In 2022, there were 2,085 suicide-related emergency department visits among New Mexico youth (ages 5-17). 10.6% of youth suicide-related emergency department visits also included a substance use diagnosis^{41,42}.

Key Facts

- Male and female youth had similar proportions of co-occurring substance use and suicide-related diagnoses across all categories reviewed (**Table C.31**).
- The most common co-occurring substance use diagnosis categories among youth with a suicide-related diagnosis were cannabis-related diagnoses (5.1%) and tobacco-related diagnoses (3.5%) (**Table C.31**).

Substance Use Diagnosis by Sex Among Persons with a Suicide-related Diagnosis Emergency Department Visits, Ages 5-17, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

⁴¹Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

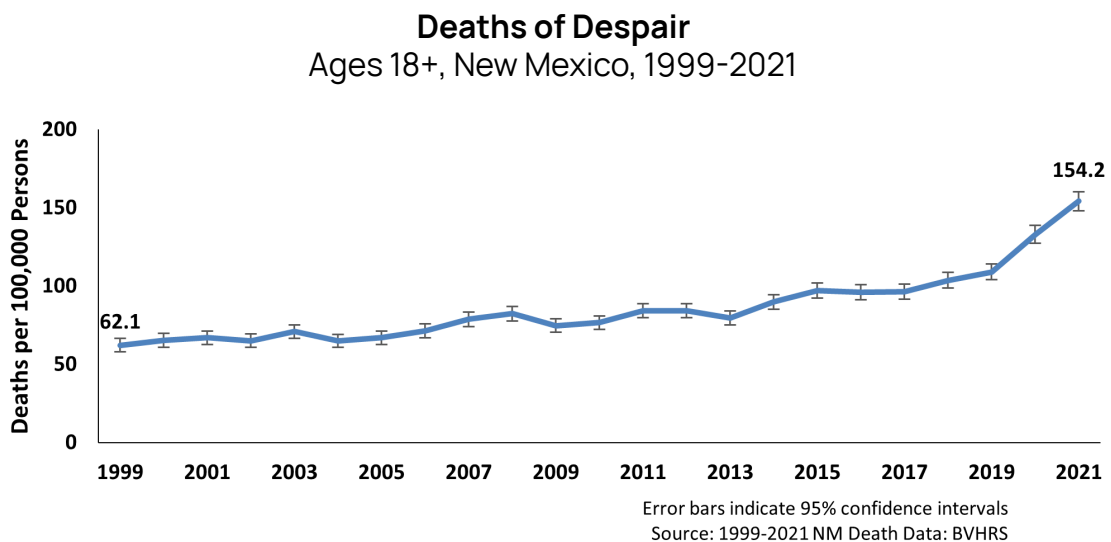
⁴²Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

Co-morbid Substance Use and Mental Health Issues Among Adults

Introduction

Background

In 2021, 2,541 New Mexico adults died from suicide (503 deaths), drug overdose (1,019 deaths), or an alcohol-induced cause of death (1,091 deaths)⁴³. These deaths, otherwise referred to as deaths of despair, represent a major public health concern in New Mexico⁴⁴. Deaths of despair as a combined group were the fourth leading cause of death for New Mexico adults in 2021 surpassing unintentional injuries, chronic lower respiratory diseases, stroke, and diabetes. The 2021 adult rate of deaths of despair was two and half times higher than the 1999 rate (**See Figure Below**). In 2021, nearly half of all deaths among adults ages 18-34 (44.8%) were due to a death of despair. In 2021, for each New Mexico adult death of despair there were 47 emergency department visits with either a substance use or mental health diagnosis, and 412 adults currently used a substance or experienced frequent mental distress [13] [16][4].



⁴³These are not mutually exclusive categories as suicide deaths sometimes include drug overdose as the mechanism of death.

⁴⁴Deaths of despair include all suicide, drug overdose, and 100% alcohol attributable deaths. Economists Anne Case and Nobel Prize awardee Angus Deaton have written extensively about deaths of despair and the relationship of economic hardship and increased mortality in the U.S.[2].

Co-morbid Indicators by Mental Health Topic

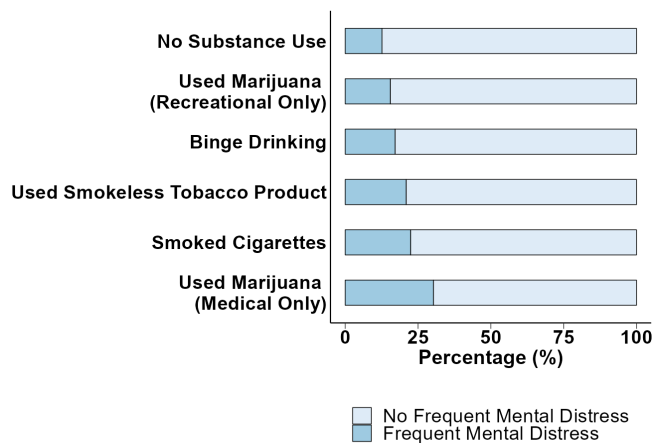
Frequent Mental Distress and Substance Use

In 2020-2021, the prevalence of frequent mental distress⁴⁵ among New Mexico adults was 13.8%. About two thirds (62.8%) of adults with frequent mental distress also used at least one substance⁴⁶.

Key Facts

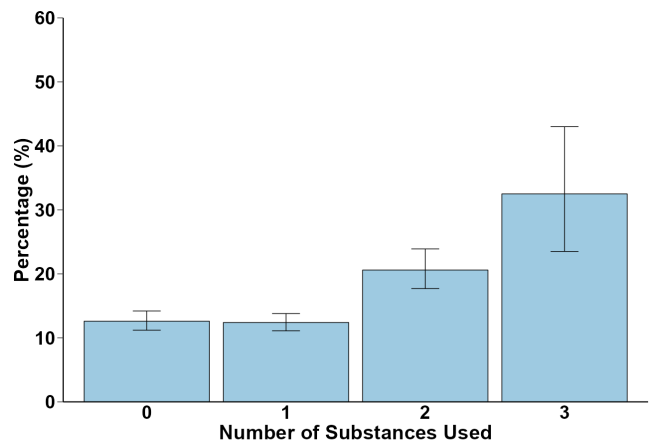
- Adults who used marijuana, tobacco, and drank alcohol (32.5%) were about three times as likely to experience frequent mental distress as adults who used no substances (12.6%) (**Table C.40**).
- 30.3% of adults who used marijuana for a medical reason also experienced frequent mental distress (**Table C.40**).
- Adults who smoked cigarettes every day were twice as likely to experience frequent mental distress (24.8%) as adults who did not smoke cigarettes (12.6%) (**Table C.40**).

Frequent Mental Distress by Type of Substance Used
Ages 18+, New Mexico, 2020-2021



Note: Adults who use multiple substances are counted in each category.
Source: 2020-2021 NM BRFSS

Frequent Mental Distress by Number of Substances Used
Ages 18+, New Mexico, 2020-2021



Error bars indicate 95% confidence intervals
Source: 2021-2021 NM BRFSS

⁴⁵Frequent mental distress is defined as: in the last 30 days, at least 14 days included stress, depression, problems with emotions, or other mental health symptoms.

⁴⁶Substances include alcohol, tobacco (cigarettes or smokeless tobacco products), and marijuana.

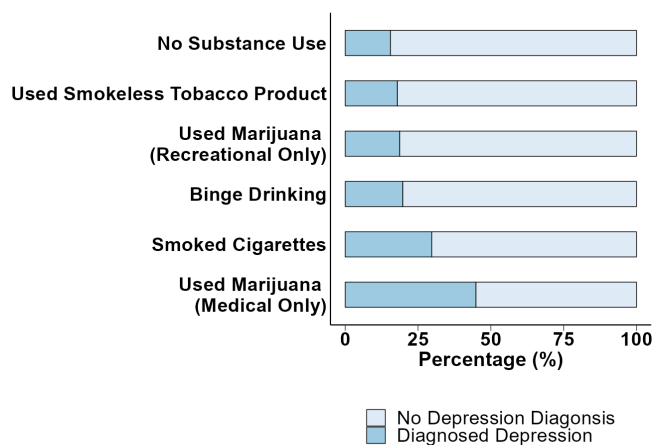
Diagnosed Depression and Substance Use

In 2020 to 2021, about one in five New Mexico adults (18.7%) had a been diagnosed with depression⁴⁷. About two thirds (65.8%) of adults with a depression diagnosis also used at least one substance⁴⁸.

Key Facts

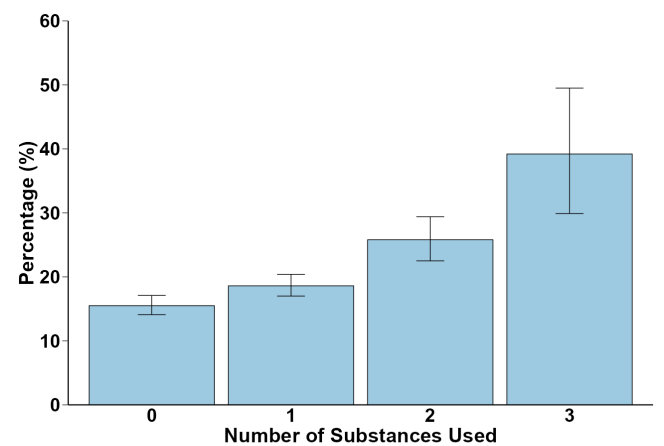
- Adults who used used marijuana, tobacco, and drank alcohol (39.2%) were two and a half times times as likely to have a depression diagnosis as adults who used no substances (15.5%) **(Table C.41)**.
- 44.9% of adults who used marijuana for a medical reason were also diagnosed with depression **(Table C.41)**.
- Adults who smoked cigarettes every day were twice as likely to have a depression diagnosis (33.2%) as adults who did not smoke cigarettes (17.1%) **(Table C.41)**.
- Female adults were about 50% more likely to both have a depression diagnosis and use a substance (15.2%) than male adults (9.6%) **(Table C.44)**.

Diagnosed Depression by Type of Substance Used
Ages 18+, New Mexico, 2020-2021



Note: Adults who use multiple substances are counted in each category.
Source: 2020-2021 NM BRFSS

Diagnosed Depression by Number of Substances Used
Ages 18+, New Mexico, 2020-2021



Error bars indicate 95% confidence intervals
Source: 2021-2021 NM BRFSS

⁴⁷Depression diagnosis is defined as: (ever told) by a doctor, nurse, or other health professional that you had any of the following: a depressive disorder, including depression, major depression, dysthymia, or minor depression.

⁴⁸Substances include alcohol, tobacco (cigarettes or smokeless tobacco products), and marijuana.

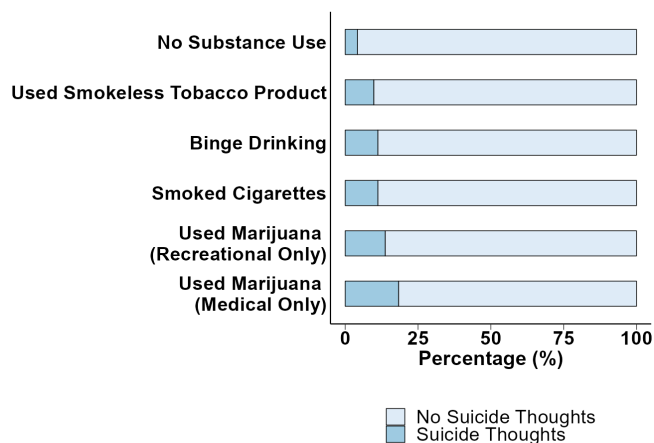
Suicide Thoughts and Substance Use

In 2020 to 2021, about one in fourteen New Mexico adults (7.1%) thought about attempting suicide⁴⁹. Three out of every four (75.1%) adults with thoughts of suicide also used at least one substance⁵⁰.

Key Facts

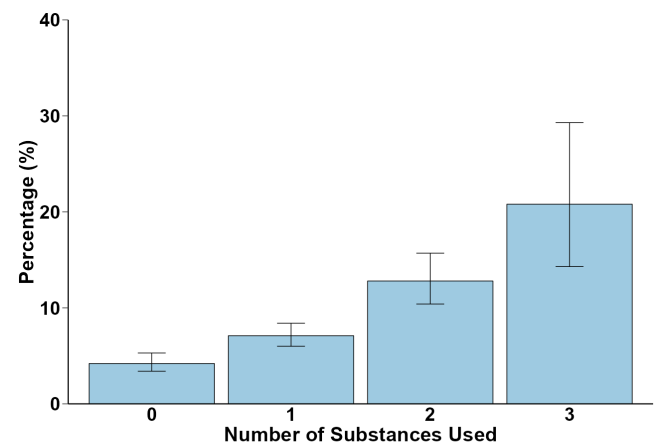
- Adults who used used marijuana, tobacco, and drank alcohol (20.8%) were about five times as likely to consider a suicide attempt as adults who used no substances (4.2%) **(Table C.42)**.
- 18.3% of adults who used marijuana for a medical reason also thought about attempting suicide **(Table C.42)**.
- Adults who engaged in binge drinking were almost twice as likely to think about attempting suicide (11.2%) as adults who did not engage in binge drinking (6.5%) **(Table C.42)**.
- Adults, ages 18-24, were almost seven times as likely to both think about attempting suicide and use a substance (11.3%) as adults, ages 65+ (1.7%) **(Table C.45)**.

Suicide Thoughts by Type of Substance Used
Ages 18+, New Mexico, 2020-2021



Note: Adults who use multiple substances are counted in each category. Source: 2020-2021 NM BRFS

Suicide Thoughts by Number of Substances Used
Ages 18+, New Mexico, 2020-2021



Error bars indicate 95% confidence intervals Source: 2021-2021 NM BRFS

⁴⁹Thought about attempting suicide defined as: in the past year, felt so low at times they thought about committing suicide.

⁵⁰Substances include alcohol, tobacco (cigarettes or smokeless tobacco products), and marijuana.

Health Disparities

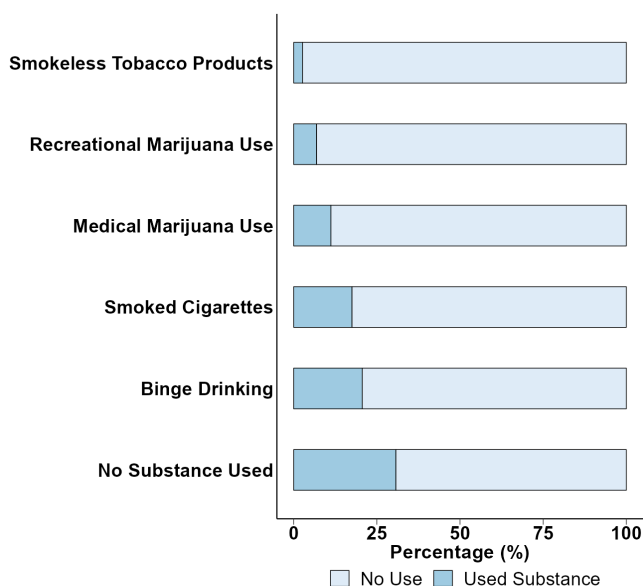
Sexual Orientation

In 2020 to 2021, 6.7% of New Mexico adults identified their sexual orientation as lesbian, gay, bisexual or other. Adults who identified as lesbian, gay, bisexual, or other were more likely to experience co-morbid mental health and substance use issues⁵¹.

Key Facts

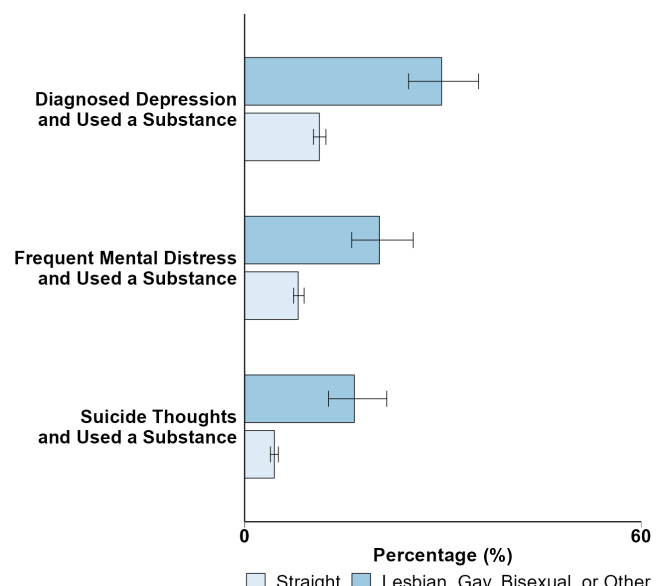
- Adults who identified their sexual orientation as lesbian, gay, bisexual or other were two and a half times as likely to both experience frequent mental distress and use a substance (20.4%) as those who identified as straight (8.1%) **(Table C.47)**.
- Adults who identified their sexual orientation as lesbian, gay, bisexual or other were almost three times as likely to both have a depression diagnoses and use a substance (29.8%) as those who identified as straight (11.3%) **(Table C.47)**.
- Adults who identified their sexual orientation as lesbian, gay, bisexual or other were three and a half times as likely to both consider a suicide attempt and use a substance (16.6%) as those who identified as straight (4.5%) **(Table C.47)**.

Substance Use Among Lesbian, Gay, or Bisexual Adults
Ages 18+, New Mexico, 2020-2021



Note: Adults who use multiple substances are counted in each category. Source: 2021 NM BRFSS

Co-morbid Indicators by Sexual Orientation
Ages 18+, New Mexico, 2020-2021



Error bars indicate 95% confidence intervals. Source: 2021 NM BRFSS

⁵¹Mental health issues included frequent mental distress, depression, and suicide thoughts. The 2020 to 2021 BRFSS included questions about three substances; alcohol, tobacco, and marijuana.

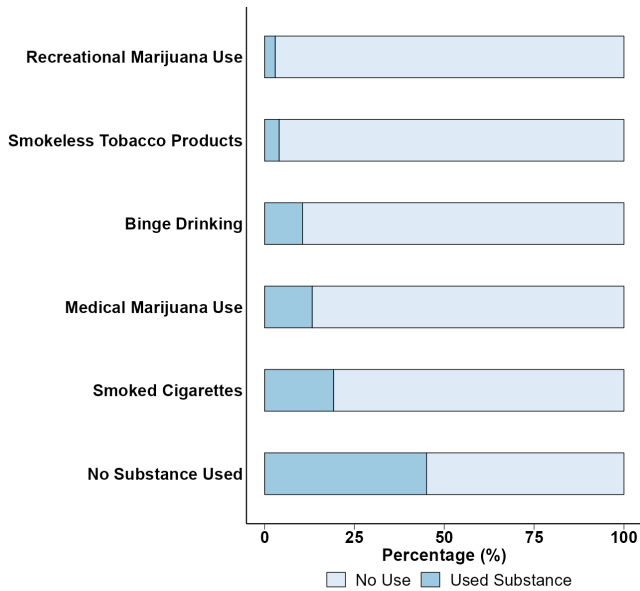
Disability

In 2020 to 2021, 30.0% of New Mexico adults had a disability⁵². Adults with a disability were more likely to experience co-morbid mental health and substance use issues⁵³.

Key Facts

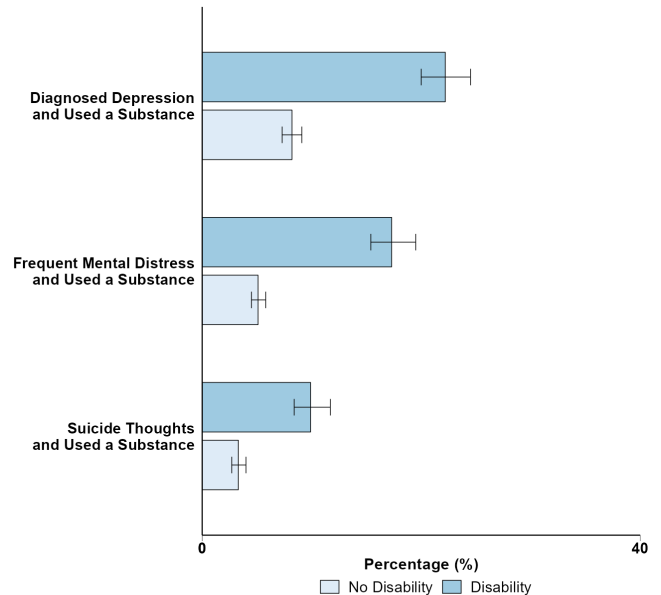
- Adults with a disability were more than three times as likely to both experience frequent mental distress and use a substance (27.3%) as those with no disability (5.1%) **(Table C.46)**.
- Adults with a disability were almost three times as likely to have a depression diagnoses and use a substance (22.2%) as those with no disability (8.2%) **(Table C.46)**.
- Adults with a disability were three times as likely to have suicide thoughts and use a substance (9.9%) as those with no disability (3.3%) **(Table C.46)**.

Substance Use Among Adults with a Disability
Ages 18+, New Mexico, 2020-2021



Note: Adults who use multiple substances are counted in each category. Source: 2021 NM BRFSS

Co-morbid Indicators by Disability status
Ages 18+, New Mexico, 2020-2021



Error bars indicate 95% confidence intervals. Source: 2021 NM BRFSS

⁵²Disability defined as having serious difficulty in one of the following categories: hearing; seeing; doing errands alone; concentrating; remembering or making decisions; walking or climbing stairs; and/or dressing or bathing.

⁵³Mental health issues included frequent mental distress, depression, and suicide thoughts. The 2020 BRFSS included questions about three substances; alcohol, tobacco, and marijuana.

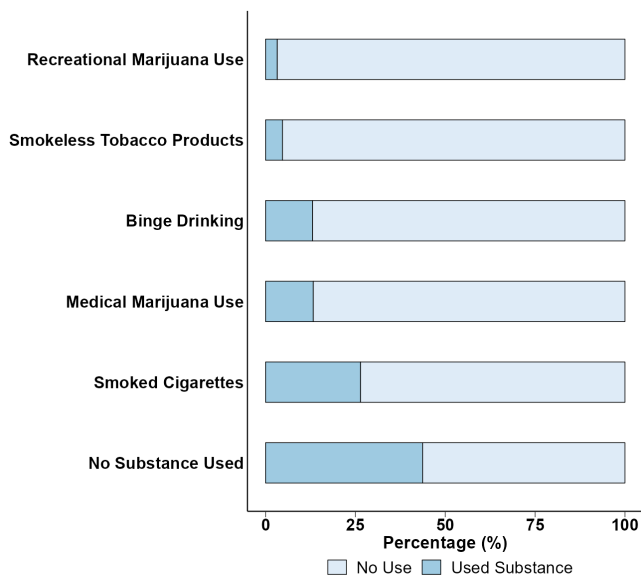
Income

In 2020 to 2021, 10.5% of New Mexico adults had annual household income below \$15,000. Adults with annual household income below \$15,000 were more likely to experience co-morbid mental health and substance use issues⁵⁴.

Key Facts

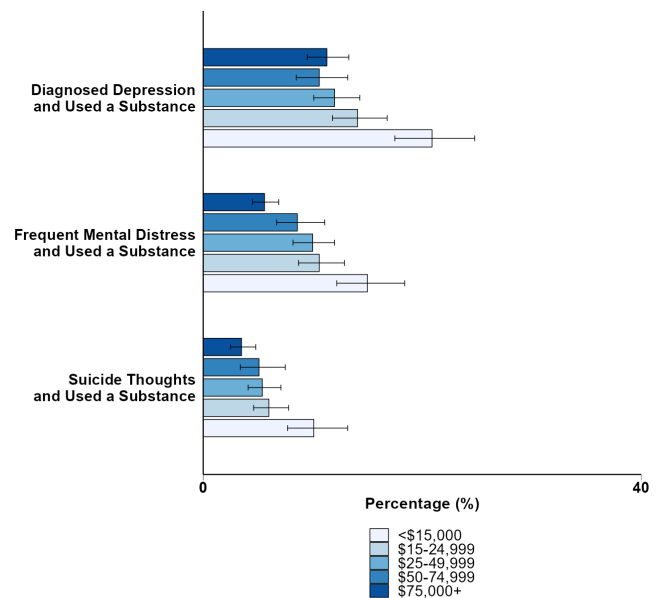
- Adults with household income below \$15,000 a year were almost three times as likely to both experience frequent mental distress and use a substance (15.0%) as those with household income exceeding \$75,000 a year (5.7%) **(Table C.49)**.
- Adults with household income below \$15,000 a year were almost twice as likely to both have a depression diagnosis and use a substance (20.9%) as those with household income exceeding \$75,000 a year (11.3%) **(Table C.49)**.
- Adults with household income below \$15,000 a year were about three times as likely to both consider a suicide attempt and use a substance (10.1%) as those with household income exceeding \$75,000 a year (3.5%) **(Table C.49)**.

Substance Use Among Adults in Low-income Households
Ages 18+, New Mexico, 2020-2021



*Low-income Household - A household earning less than \$15,000 a year.
Note: Adults who use multiple substances are counted in each category.
Source: 2021 NM BRFSS

Co-morbid Indicators by Household Income
Ages 18+, New Mexico, 2020-2021



Error bars indicate 95% confidence intervals
Source: 2021 NM BRFSS

⁵⁴Mental health issues included frequent mental distress, depression, and suicide thoughts. The 2020 BRFSS included questions about three substances; alcohol, tobacco, and marijuana.

Adult Emergency Department Visits with Co-morbid Diagnoses

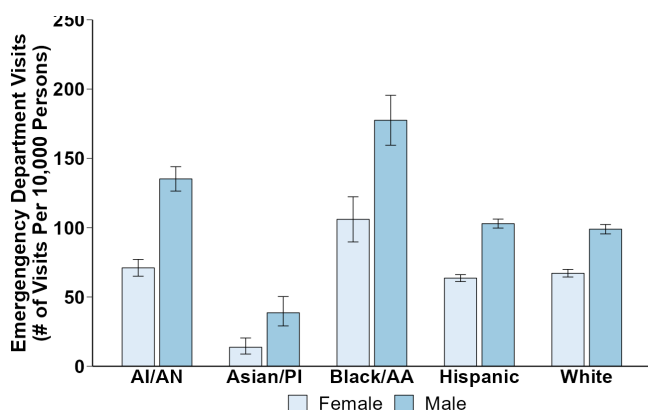
Introduction

In 2022, there were 44,248 mental health-related emergency department visits and 59,255 substance use-related emergency department visits among New Mexico adults (ages 18+)⁵⁵. 33.1% of adult mental health-related emergency department visits also included a substance use diagnosis. 24.7% of adult substance use-related emergency department visits also included a mental health diagnoses.

Key Facts

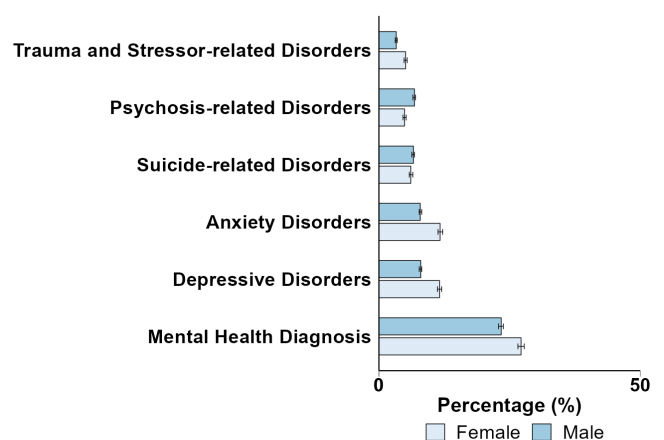
- Male adults were about 50% more likely to have an emergency department visit with co-morbid mental health and substance use diagnoses than female adults (**Table C.50**).
- The most common co-occurring mental health diagnosis categories among adults with a substance use diagnosis were anxiety disorders (9.3%) and depressive disorders (9.3%) (**Table C.51**).
- The most common co-occurring substance use diagnosis categories among adults with a mental health diagnosis were tobacco-related disorders (13.8%) and alcohol-related disorders (12.8%) (**Table C.52**).

Co-morbid Substance Use and Mental Health Diagnoses Emergency Department Visits by Race/Ethnicity and Sex
Ages 18+, New Mexico, 2022



Error bars indicate 95% confidence intervals.
Notes: AI/AN estimates are undercounted as Indian Health Service (IHS) providers are not included. See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-17.

Mental Health Diagnosis by Sex Among Persons with a Substance Use Diagnosis
Emergency Department Visits
Ages 18+, New Mexico, 2021



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

⁵⁵Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use. Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

Co-morbid Diagnoses by Substance Used

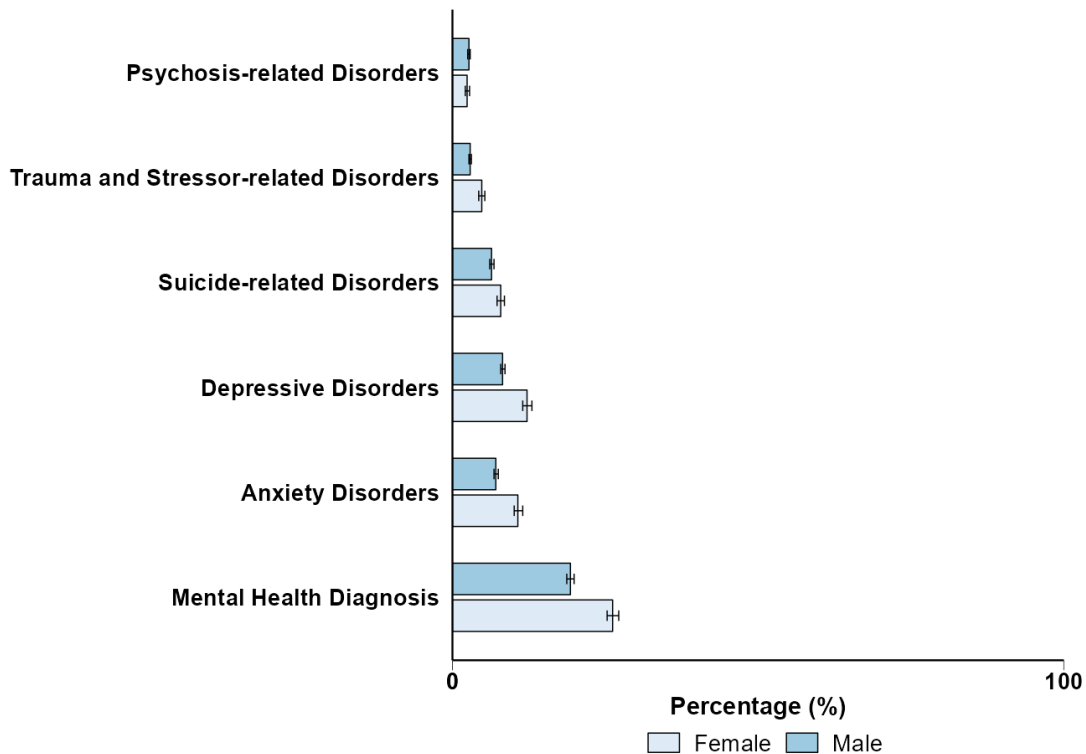
Alcohol

In 2022, there were 26,683 alcohol-related emergency department visits among New Mexico adults (ages 18+). 21.3% of adult alcohol-related emergency department visits also included a mental health diagnosis^{56,57}.

Key Facts

- Female adults with an alcohol-related diagnosis were 36% more likely to have a co-occurring mental health diagnosis (25.1%) than male adults (18.2%) (**Table C.54**).
- The most common co-occurring mental health diagnosis categories among adults with an alcohol-related diagnosis were depression-related diagnoses (9.4%) and anxiety-related diagnoses (8.2%) (**Table C.54**).

Mental Health Diagnosis by Sex Among Persons with an Alcohol-related Diagnosis Emergency Department Visits, Ages 18+, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

⁵⁶Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

⁵⁷Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

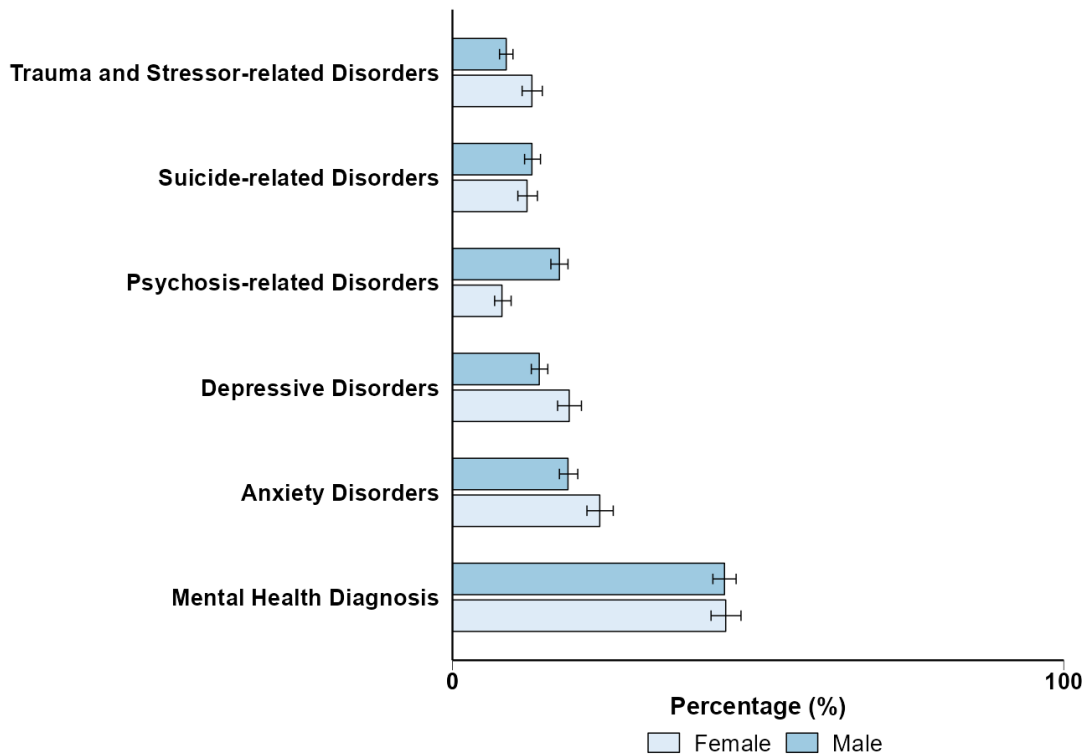
Cannabis

In 2022, there were 4,212 cannabis-related emergency department visits among New Mexico adults (ages 18+). 44.6% of adult cannabis-related emergency department visits also included a mental health diagnosis^{58,59}.

Key Facts

- Male adults with a cannabis-related diagnoses were twice as likely to have a co-occurring psychosis-related diagnosis (17.5%) as female adults (8.1%) **(Table C.53)**.
- The most common co-occurring mental health diagnosis categories among adults with an alcohol-related diagnosis were anxiety-related diagnoses (20.8%) and depression-related diagnoses (16.0%) **(Table C.53)**.

Mental Health Diagnosis by Sex Among Persons with a Cannabis-related Diagnosis Emergency Department Visits, Ages 18+, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

⁵⁸Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

⁵⁹Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

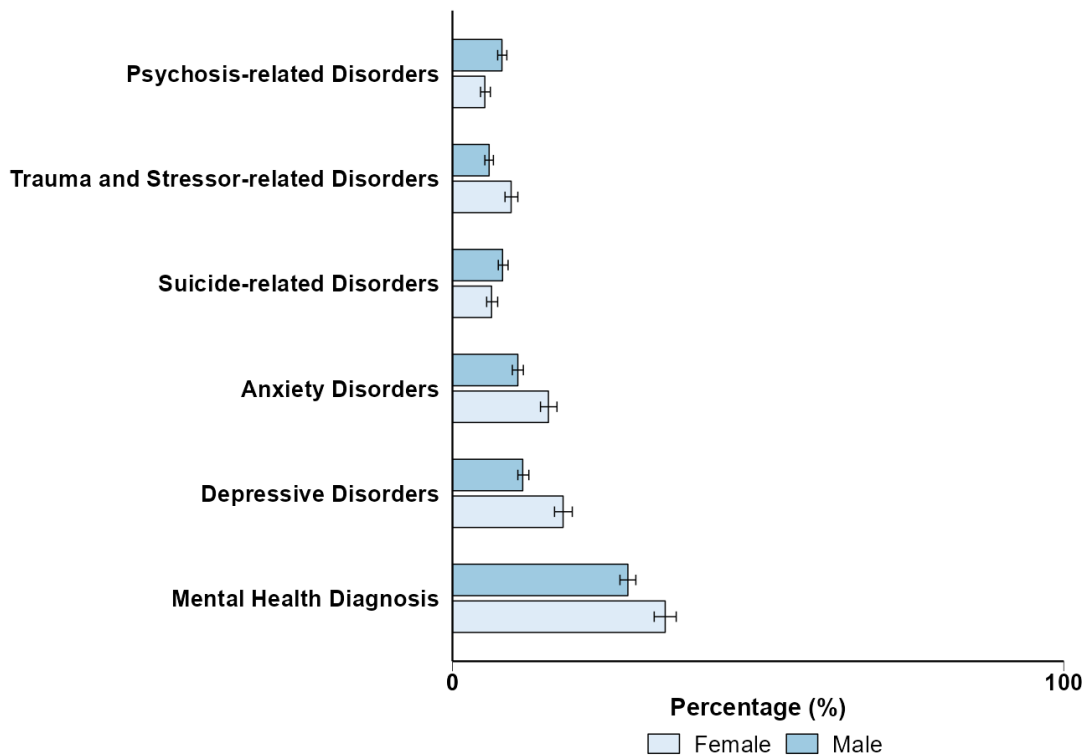
Opioids

In 2022, there were 7,411 opioid-related emergency department visits among New Mexico adults (ages 18+). 31.0% of adult opioid-related emergency department visits also included a mental health diagnosis^{60,61}.

Key Facts

- Trauma and stressor-related disorders, anxiety disorders, and depressive disorders were more likely to be co-occurring with an Opioid-related diagnosis for female adults than male adults (**Table C.55**).
- The most common co-occurring mental health diagnosis categories among adults with an alcohol-related diagnosis were depression-related diagnoses (14.0%) and anxiety-related diagnoses (12.6%) (**Table C.55**).

Mental Health Diagnosis by Sex Among Persons with an Opioid-related Diagnosis Emergency Department Visits, Ages 18+, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

⁶⁰Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

⁶¹Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

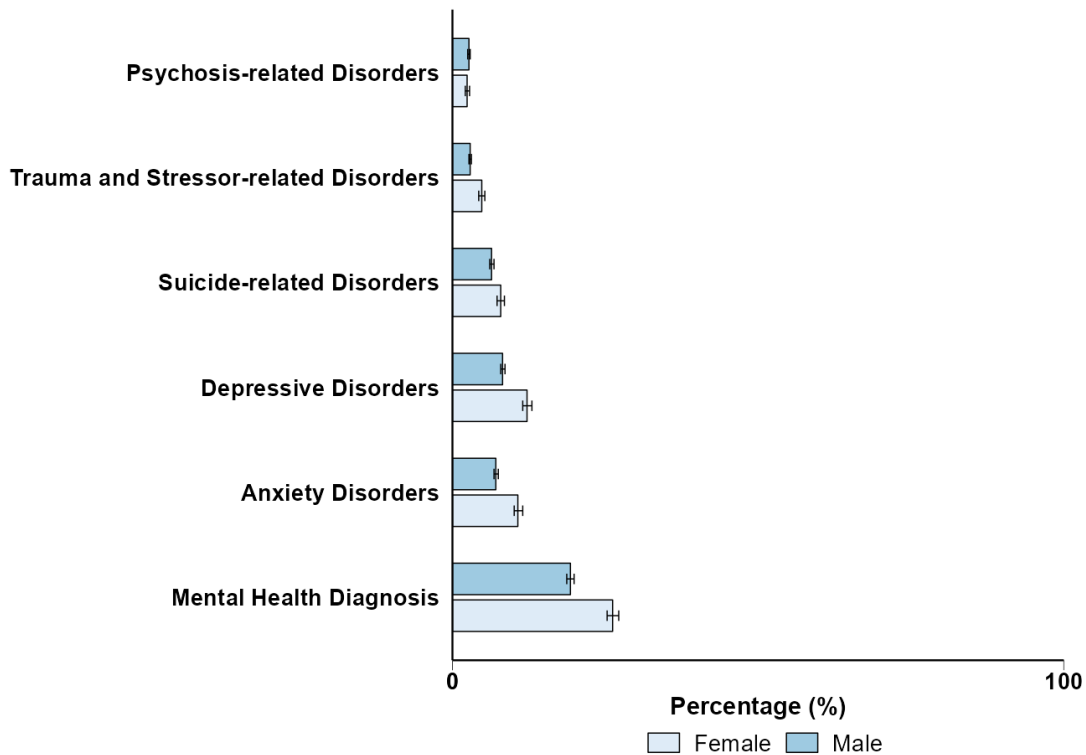
Stimulants

In 2022, there were 9,552 stimulant-related emergency department visits among New Mexico adults (ages 18+). 46.2% of adult stimulant-related emergency department visits also included a mental health diagnosis^{62,63}.

Key Facts

- Male adults had a higher percent of co-occurring psychosis-related disorders with a stimulant-related diagnosis (22.5%) than female adults (19.3%) **(Table C.56)**.
- The most common co-occurring mental health diagnosis categories among adults with a stimulant-related diagnosis were psychosis-related disorders (21.4%), suicide-related disorders (13.4%), depression-related diagnoses (13.3%), and anxiety-related diagnoses (12.6%) **(Table C.56)**.

Mental Health Diagnosis by Sex Among Persons with a Stimulant-related Diagnosis Emergency Department Visits, Ages 18+, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

⁶²Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

⁶³Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

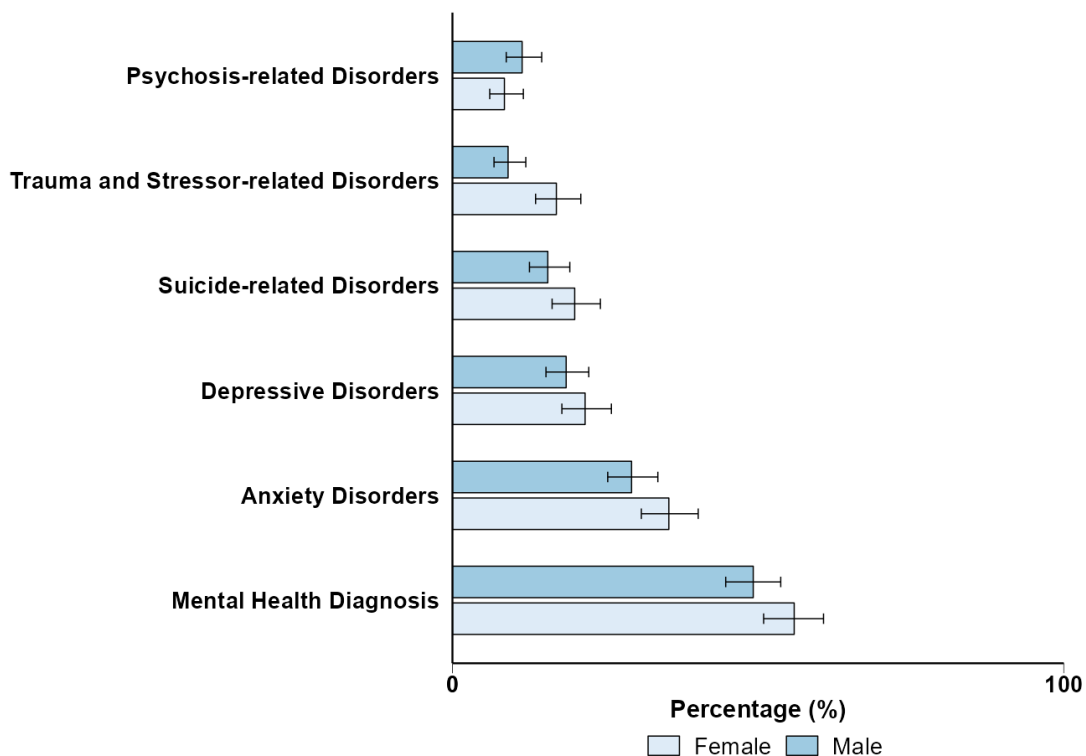
Sedatives

In 2022, there were 875 sedative-related emergency department visits among New Mexico adults (ages 18+). 52.2% of adult sedative-related emergency department visits also included a mental health diagnosis^{64,65}.

Key Facts

- Female adults with a sedative-related diagnoses had a higher percent of co-occurring trauma and stressor-related diagnoses (17.0%) than male adults (9.1%) **(Table C.57)**.
- The most common co-occurring mental health diagnosis categories among adults with a sedative-related diagnosis were anxiety-related diagnoses (32.1%), depression-related diagnoses (20.0%), and suicide-related diagnoses (17.6%) **(Table C.57)**.

Mental Health Diagnosis by Sex Among Persons with a Sedative-related Diagnosis Emergency Department Visits, Ages 18+, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

⁶⁴Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

⁶⁵Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

Co-morbid Diagnoses by Mental Health Topic

Depression

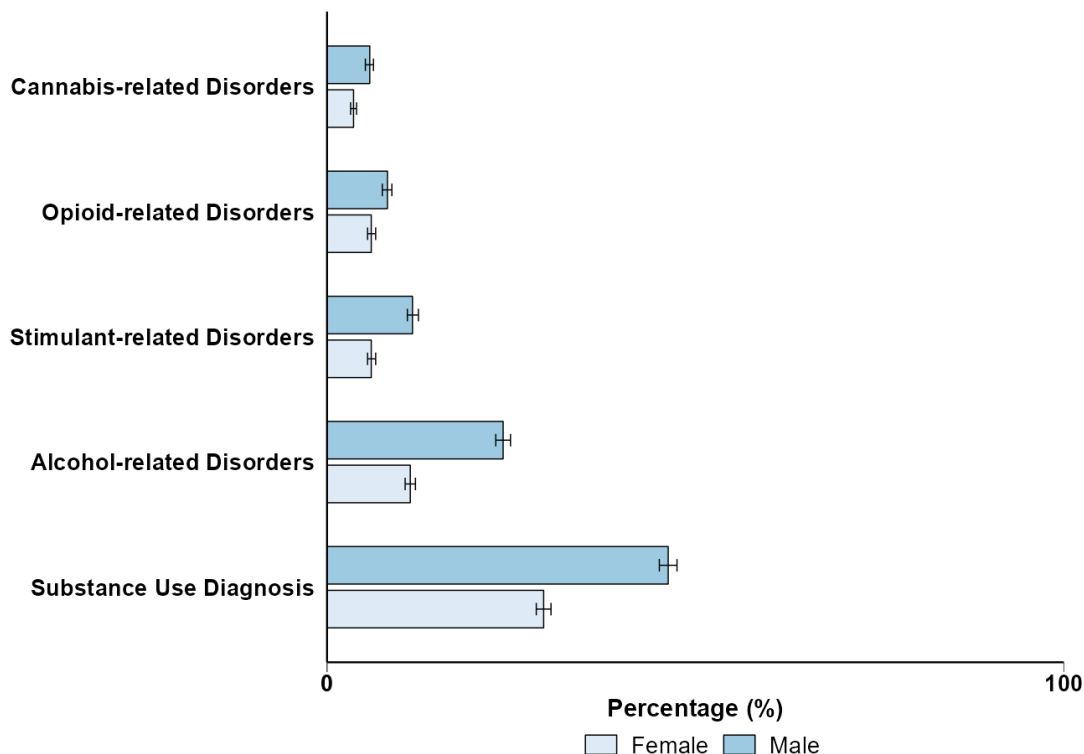
In 2022, there were 14,918 depression-related emergency department visits among New Mexico adults (ages 18+). 36.8% of adult depression-related emergency department visits also included a substance use diagnosis^{66,67}.

Key Facts

- Male adults with a depression-related diagnosis were twice as likely to have a co-occurring alcohol-related diagnosis (23.9%) as female adults (11.3%) (**Table C.58**).
- The most common co-occurring substance use diagnosis categories among adults with a depression-related diagnosis were alcohol-related diagnoses (16.8%) and tobacco-related diagnoses (15.9%) (**Table C.56**).

Substance Use Diagnosis by Sex Among Persons with a Depression Diagnosis

Emergency Department Visits, Ages 18+, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

⁶⁶Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

⁶⁷Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

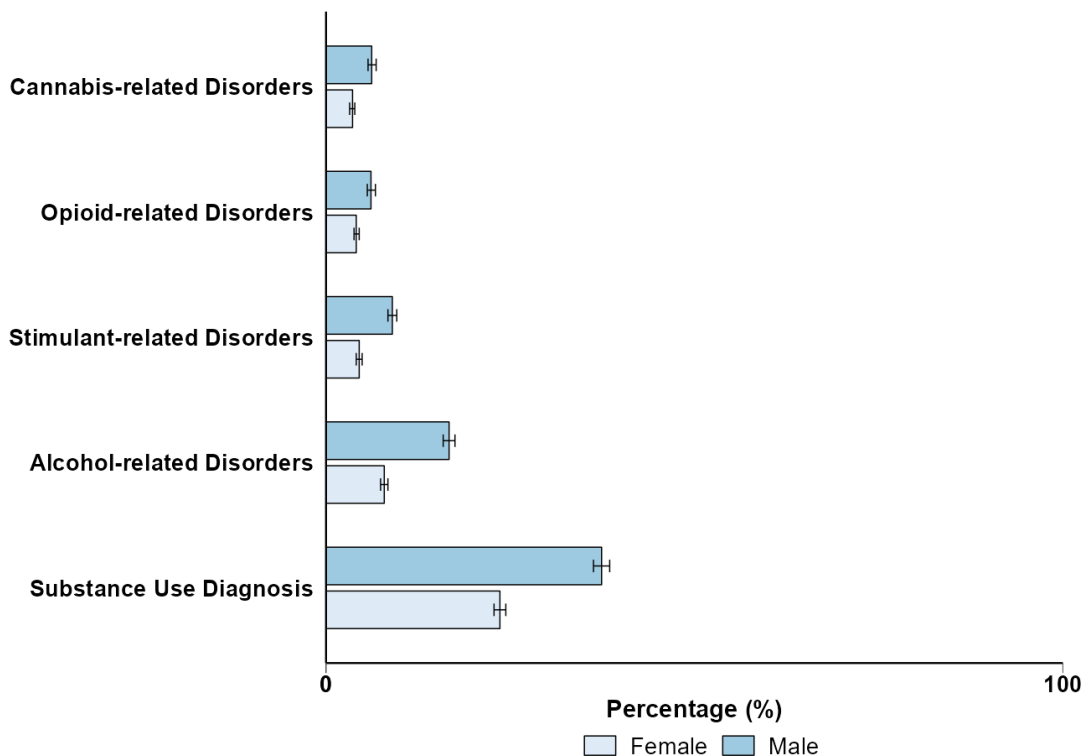
Anxiety

In 2022, there were 18,634 anxiety-related emergency department visits among New Mexico adults (ages 18+). 29.6% of adult anxiety-related emergency department visits also included a substance use diagnosis^{68,69}.

Key Facts

- Male adults with an anxiety-related diagnosis were twice as likely to have a co-occurring alcohol-related diagnosis (16.7%) as female adults (7.9%) (**Table C.59**).
- The most common co-occurring substance use diagnosis categories among adults with an anxiety-related diagnosis were tobacco-related diagnoses (14.1%) and alcohol-related diagnoses (11.7%) (**Table C.59**).

Substance Use Diagnosis by Sex Among Persons with an Anxiety Diagnosis Emergency Department Visits, Ages 18+, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

⁶⁸Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

⁶⁹Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

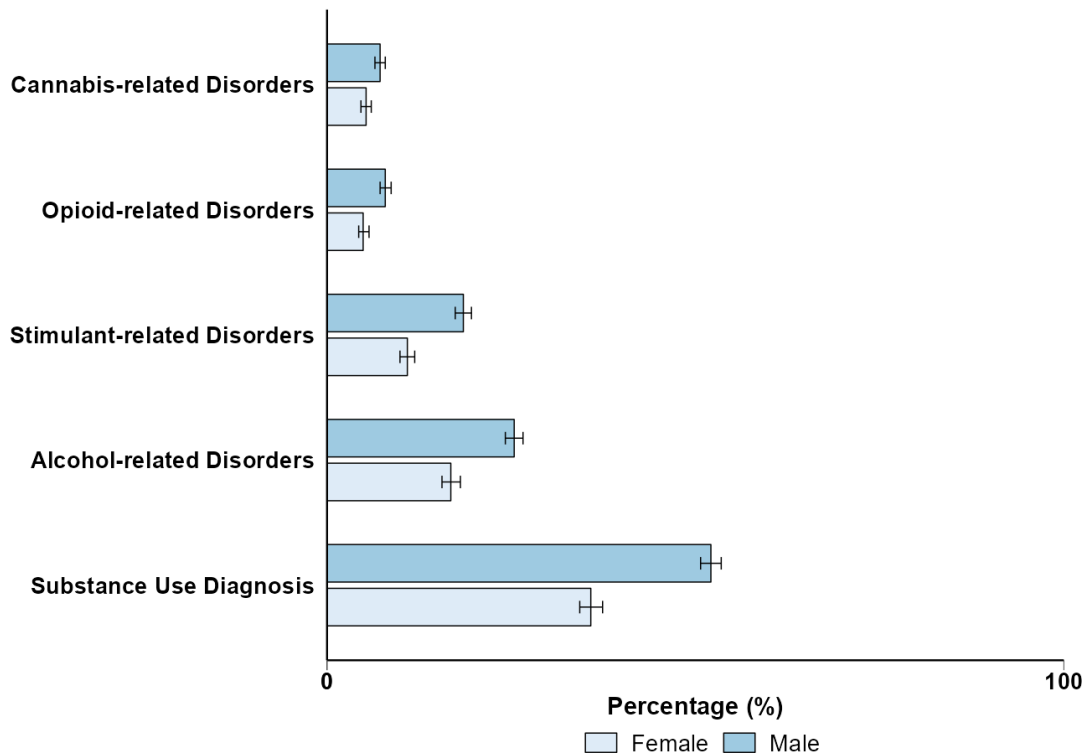
Suicide-related Diagnoses

In 2022, there were 8,435 suicide-related emergency department visits among New Mexico adults (ages 18+). 45.1% of adult suicide-related emergency department visits also included a substance use diagnosis^{70,71}.

Key Facts

- Male adults with a suicide-related diagnosis were about 50% more likely have a co-occurring alcohol-related diagnosis (25.4%) than female adults (16.8%) (**Table C.60**).
- The most common co-occurring substance use diagnosis categories among adults with a suicide-related diagnosis were alcohol-related diagnoses (21.7%), tobacco-related diagnoses (16.2%), and stimulant-related diagnoses (15.2%) (**Table C.60**).

Substance Use Diagnosis by Sex Among Persons with a Suicide-related Diagnosis Emergency Department Visits, Ages 18+, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

⁷⁰Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

⁷¹Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

Psychosis

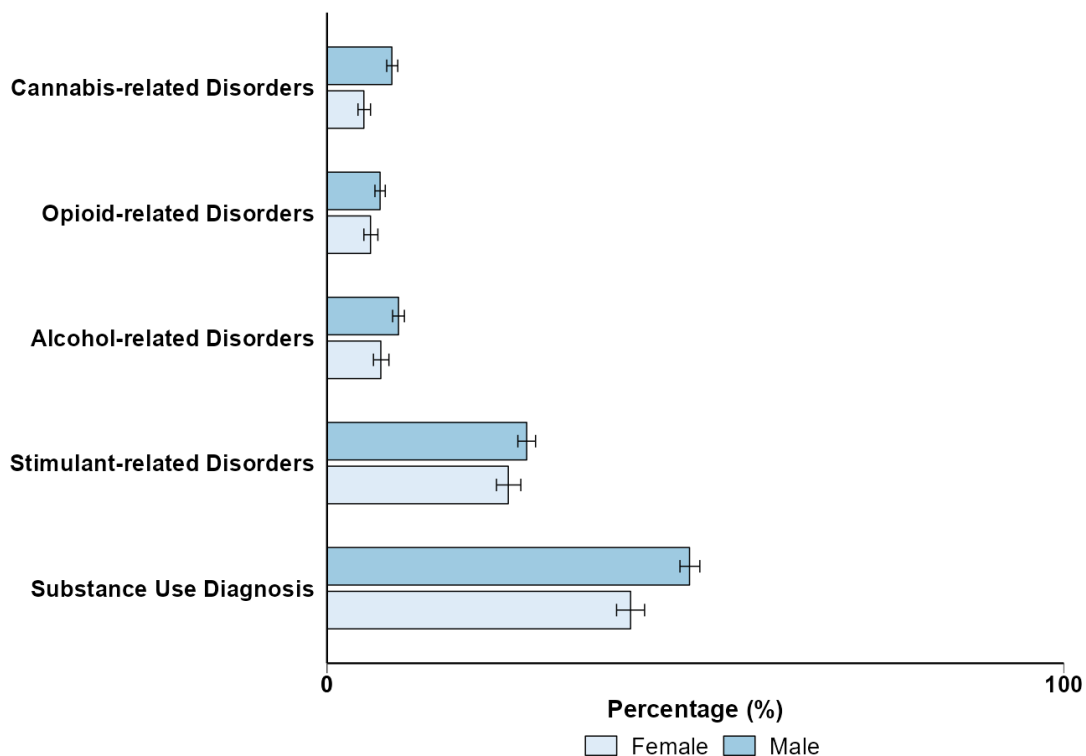
In 2022, there were 7,761 psychosis-related emergency department visits among New Mexico adults (ages 18+). 46.6% of adult psychosis-related emergency department visits also included a substance use diagnosis^{72,73}.

Key Facts

- Male adults with a psychosis-related diagnosis were 76% more likely have a co-occurring cannabis-related diagnosis (8.8%) than female adults (5.0%) (**Table C.61**).
- The most common co-occurring substance use diagnosis categories among adults with a suicide-related diagnosis were stimulant-related diagnoses (26.3%), and tobacco-related diagnoses (22.9%) (**Table C.60**).

Substance Use Diagnosis by Sex Among Persons with a Psychosis Diagnosis

Emergency Department Visits, Ages 18+, New Mexico, 2022



Note: See Methodology Section for more details.
Source: CDC-NSSP - Data retrieved on 2023-08-16.

⁷²Mental health-related events include all mental health and suicide related ICD-10 diagnoses fields except for codes specific to substance use.

⁷³Substance use-related events include all substance use ICD-10 diagnosis fields. See **Data Sources** for more info about NSSP data analysis.

A.1 Co-morbid Substance Use and Mental Health Issues Defined

The term, co-morbidity, has had a variety of meanings. For the purpose of this report, "morbidity" is defined per the CDC epidemiology glossary as "any departure, subjective or objective, from a state of physiological or psychological well-being" [3]. For this reason, in addition to diagnosed mental illness or substance use disorders, symptoms of mental health or substance use captured in survey data or other sources are considered morbidity. Additionally, the chronology of when two conditions occur within a person can be an important matter when discussing co-morbid conditions. Some health conditions are pre-disposed by others and the sequence may be considered particularly important whereas other conditions may have increased complications when co-occurring simultaneously. In many cases, persons with history or presence of multiple chronic-health conditions pose special prevention and intervention challenges regardless of the chronology of each condition [19]. For the purposes of public health surveillance with available data sets, this report considers any instance of both a mental health and substance use morbidity indicator within a single survey observation or medical record as a co-morbid event. Lastly, determining the index condition for co-morbid measures requires decision making and can lead to different conclusions. This report typically uses substance use as the index condition for mental health outcomes, but will in some instances present both mental health and substance use as the index condition.

A.2 Analysis

The following datasets were included in analysis: The Youth Risk and Resiliency Survey (YRRS), the Behavioral Risk Factor Surveillance System (BRFSS), the National Syndromic Surveillance Program (NSSP), and the New Mexico Death Database (see **Data Sources** for detailed information on these datasets). Data in this report were analyzed using statistical software, RStudio (v4.2.2). Literature reviewed for text sections were selected with a preference for published reports from New Mexico Department of Health (NMDOH), Centers for Disease Control and Prevention (CDC), Substance Abuse and Mental Health Service Administration (SAMHSA), or World Health Organization (WHO) when available. Charts were selected for inclusion in chapters to present baseline information on the topic and highlight trends/patterns of concern. Data statements and key facts are only included when data is statistically significant on the basis of 95% confidence intervals. For the BRFSS measures, estimates of the number of adults with both a mental health and substance use issue are produced by multiplying the prevalence of those with the indicated measures by the number of NM adults in the corresponding population, as reported by the University of New Mexico (UNM) [10]. For the YRRS measures, estimates of the number of youth with both a mental health and substance use issue are produced

by multiplying the prevalence by the number of public high school students in the corresponding enrollment data, as reported by the New Mexico Public Education Department (NMPED).

A.3 Data Limitations

This report presents tables showing correlations in survey results or hospital records. These results do not indicate cause and should not be used for causal inferences. This report includes analysis of data sets with sufficient sample size and appropriate measures to estimate prevalence of co-morbid substance use and mental health issues. Survey data from the YRRS does not include measurements of the prevalence of specific mental health disorders or a variety of common mental health symptoms, which limits what mental health outcomes can be considered. Survey questions on the YRRS addressing mental health ask about behaviors and experiences over the past 12 months, while substance use questions ask about the past 30 days. For this reason, we do not know if mental health experiences and substance use from survey respondents occurred simultaneously. Survey data from the BRFSS does not include questions to measure the prevalence of specific mental health disorders or a variety of common mental health symptoms. The BRFSS does not ask questions about several substances of concern such as methamphetamine or heroin. The NSSP is not a deduplicated data set meaning that a single individual may have multiple hospitalizations counted within a single year. NSSP does not include federal hospitals including Veteran's Affairs (VA) or Indian Health Service (IHS) and estimates for New Mexico's American Indian population are not made for this reason. The NSSP does not always have complete records from all 37 participating New Mexico hospitals. This report limits data included to hospitals that consistently report data as measured by a Coefficient of Variation in visit counts value as equal to or less than 45 and requiring that the discharge diagnosis field in records be populated at least 80% of the time. Additional data may be available on this topic, but were not included due to one or more of the following issues: insufficient sample size for state or sub-state analysis, data quality concerns, or because the data set was not available to the authors. Prevalence and count estimates of indicators from the YRRS only represent youth who attended New Mexico public high schools and is not representative of students who dropped out of school or who did not attend public high school for other reasons. Additional data sources on this topic could include National Survey on Drug Use and Health (NSDUH), emergency department (ED) data, hospitalization inpatient discharge data (HIDD) data, social security administration data on disability claims, emergency medical system data EMSTARS) or outpatient insurance claims data.

Data Sources

Behavioral Risk Factor Surveillance System (BRFSS): New Mexico Department of Health, Epidemiology and Response Division, Injury and Behavioral Epidemiology Bureau, Survey Section. New Mexico Behavioral Risk Factor Surveillance System (BRFSS). More reporting available from: <https://nmhealth.org/about/erd/ibeb/brfss/> as of as of March 22, 2022.

National Syndromic Surveillance Program (NSSP): New Mexico Department of Health, Epidemiology and Response Division, Health Systems Epidemiology Bureau. Discharge rates were calculated by the New Mexico Department of Health, Epidemiology and Response Division, Injury and Behavioral Epidemiology Bureau, Survey Section.

Data Note: The NSSP includes data from non-federal hospitals only. It does not include hospital discharges from Veteran's Administration (VA) facilities, nor from Indian Health Service (IHS) facilities. Query results disproportionately under count American Indian or Alaska Native populations. Query results include all emergency department visits. An individual will be counted more than once if he or she had more than one emergency department visit over the time period. The "rates" produced by this query module are "ratios of visits to the population" and not rates. Transfer visits have not been removed from the dataset. Patients who were transferred from one facility to another will have data records for encounters at each facility. The NSSP includes only persons visiting New Mexico emergency departments. In cases of serious injuries near the state borders, oftentimes patients will be transported to a nearby trauma center in the bordering state. Mental health and substance use statistics in this report use Clinical Classifications Software Refined (v2023.1) to group codes into diagnostic categories. See https://www.hcup-us.ahrq.gov/toolssoftware/ccsr/ccs_refined.jsp for more information. More information about NSSP is available from: <https://www.cdc.gov/nssp/php/about/index.html>

New Mexico Death Data (Death Data): New Mexico Department of Health, Epidemiology and Response Division, Bureau of Vital Records and Health Statistics (BVRHS). Death rates were calculated by the New Mexico Department of Health, Epidemiology and Response Division, Injury and Behavioral Epidemiology Bureau, Survey Section.

Youth Risk and Resiliency Survey (YRRS): New Mexico Department of Health, Epidemiology and Response Division, Injury and Behavioral Epidemiology Bureau, Survey Section; and the New Mexico Public Education Department, School and Family Support Bureau. New Mexico Youth Risk and Resiliency Survey (YRRS). More reporting available from: www.youthrisk.org as of as of March 22, 2022.

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C.1 Youth

Mental Health Outcomes by Substances Used

Table C.1: Persistent Sadness or Hopelessness by Substances Used**
 Grades 9-12, New Mexico, 2021

Substances Used	Percent (%)	95% CI	Sample Size
Number of Substances Used			
None	33.2	(31.5-34.9)	9291
One	53.9	(50.4-57.3)	2696
Two	59.5	(55.7-63.2)	1833
Three	70.0	(66.5-73.3)	1313
Four or More	74.2	(69.3-78.6)	906
Used Electronic Vapor Product			
Did Not Use Electronic Vapor Product	37.3	(35.8-38.9)	11399
Used Electronic Vapor Product	64.2	(61.8-66.6)	4387
Smoked Cigarettes			
Did Not Smoke Cigarettes	42.7	(41.2-44.1)	14782
Smoked Cigarettes	72.1	(66.7-76.9)	765
Drank Alcohol			
Did Not Drink Alcohol	38.4	(36.8-40.0)	11430
Drank Alcohol	64.3	(61.4-67.2)	3050
Binge Drinking			
Did Not Binge Drink	41.0	(39.5-42.5)	13421
Engaged in Binge Drinking	68.4	(64.3-72.1)	1341
Used Marijuana			
Did Not Use Marijuana	38.8	(37.2-40.4)	12142
Used Marijuana	65.3	(62.8-67.8)	3491
Used Prescription Pain Medication			
Did Not Use Prescription Pain Medication	42.0	(40.5-43.5)	14307
Used Prescription Pain Medication	70.3	(66.1-74.2)	1269
Used Synthetic Marijuana			
Did Not Use Synthetic Marijuana	42.5	(41.1-44.0)	14646
Used Synthetic Marijuana	70.5	(65.7-74.9)	1003
Used Inhalants			
Did Not Use Inhalants	43.1	(41.7-44.5)	14947
Used Inhalants	74.0	(67.5-79.6)	554
Used Cocaine			
Did Not Use Cocaine	43.9	(42.5-45.4)	15195
Used Cocaine	60.2	(52.9-67.0)	335
Used Methamphetamine			
Did Not Use Methamphetamine	43.9	(42.5-45.3)	15268
Used Methamphetamine	62.1	(53.8-69.8)	222
Used Heroin			
Did Not Use Heroin	44.0	(42.6-45.4)	15336
Used Heroin	61.8	(53.1-69.7)	187
Total			
Total	44.2	(42.8-45.5)	16039

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Persistent Sadness or Hopelessness - In the past 12 months, felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities.

Table C.2: Frequent Mental Distress by Substances Used**

Grades 9-12, New Mexico, 2021

Substances Used	Percent (%)	95% CI	Sample Size
Number of Substances Used			
None	25.2	(23.4-27.0)	8602
One	37.9	(34.6-41.2)	2529
Two	41.7	(37.5-46.0)	1731
Three	53.4	(48.7-58.0)	1253
Four or More	56.7	(51.7-61.5)	862
Used Electronic Vapor Product			
Did Not Use Electronic Vapor Product	28.7	(27.0-30.4)	10713
Used Electronic Vapor Product	44.8	(42.2-47.3)	4139
Smoked Cigarettes			
Did Not Smoke Cigarettes	31.5	(30.0-33.0)	13880
Smoked Cigarettes	58.4	(52.2-64.3)	715
Drank Alcohol			
Did Not Drink Alcohol	28.6	(27.0-30.3)	10817
Drank Alcohol	47.9	(44.6-51.3)	2917
Binge Drinking			
Did Not Binge Drink	30.7	(29.1-32.3)	12709
Engaged in Binge Drinking	50.3	(46.2-54.4)	1291
Used Marijuana			
Did Not Use Marijuana	28.5	(26.9-30.1)	11583
Used Marijuana	49.7	(46.9-52.6)	3321
Used Prescription Pain Medication			
Did Not Use Prescription Pain Medication	31.0	(29.5-32.6)	13709
Used Prescription Pain Medication	53.5	(49.1-57.9)	1208
Used Synthetic Marijuana			
Did Not Use Synthetic Marijuana	31.8	(30.3-33.2)	13994
Used Synthetic Marijuana	48.9	(43.9-54.0)	945
Used Inhalants			
Did Not Use Inhalants	31.7	(30.3-33.1)	14414
Used Inhalants	63.8	(56.6-70.5)	523
Used Cocaine			
Did Not Use Cocaine	32.4	(31.0-33.9)	14595
Used Cocaine	49.4	(41.3-57.5)	314
Used Methamphetamine			
Did Not Use Methamphetamine	32.5	(31.1-34.0)	14705
Used Methamphetamine	47.3	(38.2-56.6)	210
Used Heroin			
Did Not Use Heroin	32.6	(31.1-34.0)	14757
Used Heroin	49.9	(38.8-60.9)	171
Total			
Total	32.7	(31.3-34.2)	14977

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Frequent Mental Distress - Most of the time or always in the past 30 days experienced poor mental health including stress, anxiety, or depression.

Table C.3: Nonsuicidal Self-injury by Substances Used**

Grades 9-12, New Mexico, 2021

Substances Used	Percent (%)	95% CI	Sample Size
Number of Substances Used			
None	13.4	(12.4-14.4)	9330
One	31.5	(28.2-34.9)	2693
Two	34.5	(31.3-37.9)	1832
Three	45.5	(40.7-50.4)	1312
Four or More	58.7	(53.2-64.0)	910
Used Electronic Vapor Product			
Did Not Use Electronic Vapor Product	17.6	(16.4-18.9)	11414
Used Electronic Vapor Product	39.4	(37.0-41.9)	4389
Smoked Cigarettes			
Did Not Smoke Cigarettes	21.4	(20.2-22.7)	14795
Smoked Cigarettes	56.2	(49.9-62.4)	764
Drank Alcohol			
Did Not Drink Alcohol	18.0	(16.9-19.1)	11436
Drank Alcohol	42.1	(38.7-45.7)	3052
Binge Drinking			
Did Not Binge Drink	20.5	(19.3-21.6)	13434
Engaged in Binge Drinking	44.2	(39.6-49.0)	1344
Used Marijuana			
Did Not Use Marijuana	18.1	(16.9-19.4)	12153
Used Marijuana	43.5	(40.5-46.6)	3492
Used Prescription Pain Medication			
Did Not Use Prescription Pain Medication	20.8	(19.6-22.0)	14322
Used Prescription Pain Medication	52.6	(48.3-56.8)	1268
Used Synthetic Marijuana			
Did Not Use Synthetic Marijuana	21.8	(20.6-23.0)	14655
Used Synthetic Marijuana	47.3	(42.4-52.3)	1007
Used Inhalants			
Did Not Use Inhalants	21.7	(20.6-22.8)	14955
Used Inhalants	64.7	(57.2-71.6)	555
Used Cocaine			
Did Not Use Cocaine	22.6	(21.4-23.8)	15203
Used Cocaine	54.4	(45.3-63.2)	338
Used Methamphetamine			
Did Not Use Methamphetamine	22.7	(21.5-23.9)	15274
Used Methamphetamine	60.6	(50.0-70.3)	224
Used Heroin			
Did Not Use Heroin	22.7	(21.5-24.0)	15344
Used Heroin	66.5	(54.7-76.6)	190
Total			
Total	23.2	(22.1-24.5)	16077

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Nonsuicidal Self-injury - Purposely hurt self without wanting to die in the last 12 months.

Table C.4: Considered a Suicide Attempt by Substances Used**

Grades 9-12, New Mexico, 2021

Substances Used	Percent (%)	95% CI	Sample Size
Number of Substances Used			
None	11.2	(10.0-12.4)	9290
One	25.7	(23.2-28.4)	2687
Two	30.6	(27.5-33.8)	1833
Three	42.2	(38.0-46.5)	1313
Four or More	53.8	(48.0-59.5)	905
Used Electronic Vapor Product			
Did Not Use Electronic Vapor Product	14.6	(13.4-15.9)	11397
Used Electronic Vapor Product	35.9	(33.5-38.4)	4382
Smoked Cigarettes			
Did Not Smoke Cigarettes	18.4	(17.2-19.7)	14780
Smoked Cigarettes	48.8	(42.5-55.1)	760
Drank Alcohol			
Did Not Drink Alcohol	15.1	(14.0-16.2)	11424
Drank Alcohol	37.6	(34.3-41.1)	3044
Binge Drinking			
Did Not Binge Drink	17.3	(16.2-18.6)	13415
Engaged in Binge Drinking	42.3	(37.5-47.2)	1340
Used Marijuana			
Did Not Use Marijuana	15.0	(13.9-16.2)	12137
Used Marijuana	40.1	(37.2-43.1)	3489
Used Prescription Pain Medication			
Did Not Use Prescription Pain Medication	18.1	(16.8-19.4)	14300
Used Prescription Pain Medication	44.4	(40.1-48.8)	1270
Used Synthetic Marijuana			
Did Not Use Synthetic Marijuana	18.6	(17.5-19.8)	14637
Used Synthetic Marijuana	44.0	(38.8-49.4)	1004
Used Inhalants			
Did Not Use Inhalants	18.8	(17.7-20.0)	14938
Used Inhalants	55.5	(47.4-63.4)	553
Used Cocaine			
Did Not Use Cocaine	19.5	(18.3-20.8)	15185
Used Cocaine	47.7	(38.4-57.2)	334
Used Methamphetamine			
Did Not Use Methamphetamine	19.8	(18.6-21.0)	15256
Used Methamphetamine	45.9	(34.3-58.0)	221
Used Heroin			
Did Not Use Heroin	19.8	(18.6-21.0)	15326
Used Heroin	51.9	(39.2-64.4)	187
Total			
Total	20.1	(18.9-21.3)	16028

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Considered a Suicide Attempt - Seriously considered attempting suicide in the last 12 months.

Table C.5: Planned a Suicide Attempt by Substances Used**

Grades 9-12, New Mexico, 2021

Substances Used	Percent (%)	95% CI	Sample Size
Number of Substances Used			
None	9.3	(8.3-10.5)	9268
One	20.3	(18.0-22.9)	2690
Two	25.2	(22.1-28.5)	1829
Three	35.3	(31.3-39.6)	1314
Four or More	51.3	(45.8-56.7)	902
Used Electronic Vapor Product			
Did Not Use Electronic Vapor Product	12.0	(10.9-13.2)	11386
Used Electronic Vapor Product	31.2	(28.8-33.7)	4381
Smoked Cigarettes			
Did Not Smoke Cigarettes	15.4	(14.3-16.5)	14766
Smoked Cigarettes	43.8	(38.4-49.5)	759
Drank Alcohol			
Did Not Drink Alcohol	12.4	(11.4-13.5)	11411
Drank Alcohol	32.1	(29.0-35.3)	3044
Binge Drinking			
Did Not Binge Drink	14.3	(13.3-15.4)	13404
Engaged in Binge Drinking	37.0	(32.6-41.6)	1340
Used Marijuana			
Did Not Use Marijuana	12.8	(11.6-14.0)	12130
Used Marijuana	33.8	(31.1-36.5)	3482
Used Prescription Pain Medication			
Did Not Use Prescription Pain Medication	15.0	(13.9-16.2)	14290
Used Prescription Pain Medication	41.2	(37.3-45.2)	1266
Used Synthetic Marijuana			
Did Not Use Synthetic Marijuana	15.5	(14.5-16.6)	14628
Used Synthetic Marijuana	40.4	(35.9-45.0)	999
Used Inhalants			
Did Not Use Inhalants	15.7	(14.8-16.7)	14927
Used Inhalants	53.5	(45.3-61.6)	551
Used Cocaine			
Did Not Use Cocaine	16.4	(15.3-17.5)	15174
Used Cocaine	51.6	(42.7-60.4)	331
Used Methamphetamine			
Did Not Use Methamphetamine	16.5	(15.5-17.7)	15248
Used Methamphetamine	52.7	(41.8-63.4)	217
Used Heroin			
Did Not Use Heroin	16.6	(15.5-17.7)	15316
Used Heroin	56.3	(43.9-67.9)	184
Total			
Total	16.9	(15.8-18.0)	16003

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Planned a Suicide Attempt - Planned a suicide attempt in the last 12 months.

Table C.6: Attempted Suicide by Substances Used**

Grades 9-12, New Mexico, 2021

Substances Used	Percent (%)	95% CI	Sample Size
Number of Substances Used			
None	4.5	(3.8-5.2)	8056
One	12.7	(10.8-14.9)	2365
Two	16.6	(13.7-20.0)	1612
Three	23.4	(19.7-27.6)	1157
Four or More	42.5	(36.7-48.6)	763
Used Electronic Vapor Product			
Did Not Use Electronic Vapor Product	6.5	(5.7-7.3)	9938
Used Electronic Vapor Product	21.7	(19.5-24.0)	3848
Smoked Cigarettes			
Did Not Smoke Cigarettes	8.9	(8.1-9.8)	12950
Smoked Cigarettes	35.6	(29.9-41.8)	662
Drank Alcohol			
Did Not Drink Alcohol	6.6	(5.9-7.4)	9961
Drank Alcohol	21.8	(19.0-24.9)	2756
Binge Drinking			
Did Not Binge Drink	8.2	(7.4-9.0)	11691
Engaged in Binge Drinking	25.4	(21.3-29.9)	1209
Used Marijuana			
Did Not Use Marijuana	6.9	(6.2-7.7)	10634
Used Marijuana	23.9	(21.4-26.7)	3025
Used Prescription Pain Medication			
Did Not Use Prescription Pain Medication	8.4	(7.6-9.3)	12532
Used Prescription Pain Medication	33.9	(29.6-38.4)	1082
Used Synthetic Marijuana			
Did Not Use Synthetic Marijuana	9.0	(8.2-9.8)	12854
Used Synthetic Marijuana	33.9	(28.7-39.5)	819
Used Inhalants			
Did Not Use Inhalants	9.3	(8.5-10.2)	13081
Used Inhalants	43.2	(36.5-50.2)	463
Used Cocaine			
Did Not Use Cocaine	9.6	(8.8-10.5)	13302
Used Cocaine	52.4	(43.1-61.5)	271
Used Methamphetamine			
Did Not Use Methamphetamine	9.9	(9.1-10.8)	13362
Used Methamphetamine	55.6	(44.9-65.8)	173
Used Heroin			
Did Not Use Heroin	10.0	(9.1-10.9)	13422
Used Heroin	61.6	(49.0-72.7)	141
Total			
Total	10.4	(9.6-11.3)	13953

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Attempted Suicide - Attempted suicide at least once in the last 12 months.

Table C.7: Injured in a Suicide Attempt by Substances Used**

Grades 9-12, New Mexico, 2021

Substances Used	Percent (%)	95% CI	Sample Size
Number of Substances Used			
None	0.8	(0.6-1.2)	8035
One	3.4	(2.3-5.0)	2368
Two	3.9	(2.6-5.8)	1611
Three	7.2	(4.9-10.3)	1156
Four or More	21.3	(17.0-26.3)	767
Used Electronic Vapor Product			
Did Not Use Electronic Vapor Product	1.3	(1.0-1.7)	9933
Used Electronic Vapor Product	7.7	(6.3-9.2)	3851
Smoked Cigarettes			
Did Not Smoke Cigarettes	2.1	(1.8-2.6)	12943
Smoked Cigarettes	17.6	(12.5-24.1)	664
Drank Alcohol			
Did Not Drink Alcohol	1.4	(1.1-1.8)	9959
Drank Alcohol	7.2	(5.8-9.0)	2756
Binge Drinking			
Did Not Binge Drink	2.0	(1.6-2.4)	11689
Engaged in Binge Drinking	10.8	(8.1-14.2)	1208
Used Marijuana			
Did Not Use Marijuana	1.5	(1.2-1.9)	10627
Used Marijuana	8.9	(7.3-10.8)	3030
Used Prescription Pain Medication			
Did Not Use Prescription Pain Medication	1.9	(1.5-2.3)	12524
Used Prescription Pain Medication	16.5	(13.1-20.5)	1086
Used Synthetic Marijuana			
Did Not Use Synthetic Marijuana	2.2	(1.8-2.6)	12850
Used Synthetic Marijuana	16.5	(12.9-20.9)	821
Used Inhalants			
Did Not Use Inhalants	2.5	(2.1-2.9)	13081
Used Inhalants	19.5	(14.4-25.8)	463
Used Cocaine			
Did Not Use Cocaine	2.5	(2.1-3.0)	13300
Used Cocaine	30.2	(22.3-39.6)	273
Used Methamphetamine			
Did Not Use Methamphetamine	2.7	(2.3-3.1)	13359
Used Methamphetamine	31.4	(21.7-43.0)	174
Used Heroin			
Did Not Use Heroin	2.7	(2.3-3.2)	13421
Used Heroin	35.3	(23.5-49.2)	142
Total			
Total	3.1	(2.7-3.5)	13937

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Injured in a Suicide Attempt - Made a suicide attempt resulting in an injury that had to be treated by a doctor or nurse in the last 12 months.

Co-morbid Mental Health Substance Use Issues by Demographic

Table C.8: Persistently Felt Sad or Hopeless and Used a Substance by Characteristic**

Grades 9-12, New Mexico, 2021

Demographic	Percent (%)	95% CI	Sample Size
Sex			
Female	34.9	(33.0-36.8)	7415
Male	16.7	(15.5-18.0)	7471
Race/Ethnicity			
American Indian or Alaska Native	25.1	(22.8-27.5)	2785
Asian or Pacific Islander	22.4	(16.6-29.4)	371
Black or African American	30.6	(24.9-37.0)	502
Hispanic	27.8	(26.0-29.7)	7190
White	22.3	(20.3-24.5)	4099
Grade Level			
9th Grade	24.5	(22.1-27.1)	4520
10th Grade	21.9	(19.8-24.1)	3674
11th Grade	28.0	(25.9-30.2)	3574
12th Grade	29.6	(27.0-32.3)	3197
Total			
Total	25.8	(24.5-27.1)	15028

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Felt Sad or Hopeless - In the past 12 months, felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.9: Frequent Mental Distress and Used a Substance by Characteristic**

Grades 9-12, New Mexico, 2021

Demographic	Percent (%)	95% CI	Sample Size
Sex			
Female	26.1	(24.4-28.0)	7131
Male	10.2	(9.2-11.3)	7088
Race/Ethnicity			
American Indian or Alaska Native	16.1	(14.0-18.6)	2688
Asian or Pacific Islander	14.6	(10.0-20.9)	354
Black or African American	22.1	(16.8-28.3)	467
Hispanic	19.3	(17.5-21.2)	6811
White	17.5	(15.6-19.4)	3960
Grade Level			
9th Grade	17.1	(14.9-19.6)	4280
10th Grade	15.8	(13.9-17.8)	3513
11th Grade	19.9	(18.3-21.6)	3436
12th Grade	21.2	(18.9-23.7)	3069
Total			
Total	18.3	(17.2-19.5)	14355

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Frequent Mental Distress - Most of the time or always in the past 30 days experienced poor mental health including stress, anxiety, or depression.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.10: Nonsuicidal Self-injury and Used a Substance by Characteristic**
 Grades 9-12, New Mexico, 2021

Demographic	Percent (%)	95% CI	Sample Size
Sex			
Female	23.1	(21.4-24.9)	7422
Male	9.2	(8.2-10.2)	7476
Race/Ethnicity			
American Indian or Alaska Native	17.2	(15.0-19.6)	2787
Asian or Pacific Islander	15.7	(10.5-22.7)	368
Black or African American	18.4	(13.9-24.0)	505
Hispanic	16.5	(14.8-18.3)	7194
White	15.0	(13.3-16.8)	4105
Grade Level			
9th Grade	17.8	(15.4-20.4)	4524
10th Grade	13.8	(12.0-15.9)	3681
11th Grade	16.8	(15.3-18.4)	3576
12th Grade	16.0	(13.8-18.4)	3195
Total			
Total	16.2	(15.1-17.4)	15039

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Nonsuicidal Self-injury - Purposely hurt self without wanting to die in the last 12 months.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.11: Considered a Suicide Attempt and Used a Substance by Characteristic**

Grades 9-12, New Mexico, 2021

Demographic	Percent (%)	95% CI	Sample Size
Sex			
Female	19.2	(17.6-20.9)	7407
Male	9.1	(8.1-10.2)	7471
Race/Ethnicity			
American Indian or Alaska Native	14.1	(11.9-16.6)	2786
Asian or Pacific Islander	13.1	(8.4-19.8)	369
Black or African American	18.6	(13.9-24.4)	505
Hispanic	14.6	(13.1-16.3)	7178
White	13.2	(11.6-14.9)	4100
Grade Level			
9th Grade	14.3	(12.4-16.4)	4512
10th Grade	12.7	(10.8-14.9)	3679
11th Grade	14.8	(13.0-16.9)	3573
12th Grade	15.1	(12.9-17.6)	3192
Total			
Total	14.2	(13.2-15.4)	15018

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Considered a Suicide Attempt - Seriously considered attempting suicide in the last 12 months.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.12: Planned a Suicide Attempt and Used a Substance by Characteristic**

Grades 9-12, New Mexico, 2021

Demographic	Percent (%)	95% CI	Sample Size
Sex			
Female	16.9	(15.4-18.5)	7400
Male	7.2	(6.4-8.1)	7463
Race/Ethnicity			
American Indian or Alaska Native	12.8	(11.0-14.9)	2780
Asian or Pacific Islander	11.9	(7.8-17.8)	368
Black or African American	13.9	(9.8-19.2)	504
Hispanic	12.1	(10.7-13.7)	7177
White	11.0	(9.6-12.6)	4096
Grade Level			
9th Grade	13.1	(11.2-15.2)	4512
10th Grade	10.8	(9.3-12.4)	3674
11th Grade	11.8	(10.1-13.7)	3568
12th Grade	11.9	(9.8-14.5)	3189
Total			
Total	12.0	(11.0-13.0)	15005

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Planned a Suicide Attempt - Planned a suicide attempt in the last 12 months.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.13: Attempted Suicide and Used a Substance by Characteristic**

Grades 9-12, New Mexico, 2021

Demographic	Percent (%)	95% CI	Sample Size
Sex			
Female	11.2	(10.1-12.5)	6608
Male	4.8	(4.1-5.7)	6431
Race/Ethnicity			
American Indian or Alaska Native	9.5	(7.6-11.9)	2325
Asian or Pacific Islander	6.7	(3.9-11.2)	339
Black or African American	11.1	(7.8-15.6)	420
Hispanic	8.7	(7.5-10.0)	6259
White	6.6	(5.5-7.9)	3757
Grade Level			
9th Grade	9.8	(8.3-11.6)	3935
10th Grade	7.0	(5.8-8.5)	3230
11th Grade	7.9	(6.6-9.4)	3132
12th Grade	7.4	(5.7-9.5)	2815
Total			
Total	8.2	(7.4-9.1)	13162

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Attempted Suicide - Attempted suicide at least once in the last 12 months.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.14: Injured in a Suicide Attempt and Used a Substance by Characteristic**
 Grades 9-12, New Mexico, 2021

Demographic	Percent (%)	95% CI	Sample Size
Sex			
Female	3.7	(3.1-4.5)	6610
Male	1.5	(1.1-2.0)	6429
Race/Ethnicity			
American Indian or Alaska Native	3.3	(2.5-4.5)	2324
Asian or Pacific Islander	2.6	(1.2-5.6)	338
Black or African American	4.7	(2.6-8.2)	419
Hispanic	2.7	(2.1-3.4)	6261
White	2.2	(1.5-3.2)	3759
Grade Level			
9th Grade	3.1	(2.4-4.1)	3936
10th Grade	2.7	(1.9-3.9)	3231
11th Grade	2.6	(1.9-3.5)	3133
12th Grade	2.2	(1.4-3.4)	2812
Total			
Total	2.7	(2.3-3.2)	13162

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Injured in a Suicide Attempt - Made a suicide attempt resulting in an injury that had to be treated by a doctor or nurse in the last 12 months.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Co-morbid Substance Use and Mental Health Issues in High Risk Groups

Table C.15: Combined Substance Use and Mental Health Indicators by Disability Status**

Grades 9-12, New Mexico, 2021

Indicator	Disability Status		Total
	No Disability % (95% CI)	Disability % (95% CI)	% (95% CI)
Felt Sad or Hopeless and Used a Substance	24.2 (22.9-25.7)	36.1 (32.6-39.8)	25.8 (24.5-27.1)
Frequent Mental Distress and Used a Substance	17.1 (16.0-18.3)	29.0 (25.8-32.4)	18.3 (17.2-19.5)
Nonsuicidal Self-injury and Used a Substance	14.5 (13.5-15.7)	27.1 (24.0-30.4)	16.2 (15.1-17.4)
Considered a Suicide Attempt and Used a Substance	12.5 (11.5-13.7)	26.4 (23.1-29.9)	14.2 (13.2-15.4)
Planned a Suicide Attempt and Used a Substance	10.7 (9.7-11.8)	23.2 (20.0-26.6)	12.0 (11.0-13.0)
Attempted Suicide and Used a Substance	6.9 (6.1-7.8)	18.2 (15.3-21.4)	8.2 (7.4-9.1)
Injured in a Suicide Attempt and Used a Substance	2.1 (1.7-2.5)	6.9 (5.0-9.3)	2.7 (2.3-3.2)

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Disability - Has a physical disability or long-term health problem.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.16: Combined Substance Use and Mental Health Indicators by Sex**
 Grades 9-12, New Mexico, 2021

Indicator	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Felt Sad or Hopeless and Used a Substance	34.9 (33.0-36.8)	16.7 (15.5-18.0)	25.8 (24.5-27.1)
Frequent Mental Distress and Used a Substance	26.1 (24.4-28.0)	10.2 (9.2-11.3)	18.3 (17.2-19.5)
Nonsuicidal Self-injury and Used a Substance	23.1 (21.4-24.9)	9.2 (8.2-10.2)	16.2 (15.1-17.4)
Considered a Suicide Attempt and Used a Substance	19.2 (17.6-20.9)	9.1 (8.1-10.2)	14.2 (13.2-15.4)
Planned a Suicide Attempt and Used a Substance	16.9 (15.4-18.5)	7.2 (6.4-8.1)	12.0 (11.0-13.0)
Attempted Suicide and Used a Substance	11.2 (10.1-12.5)	4.8 (4.1-5.7)	8.2 (7.4-9.1)
Injured in a Suicide Attempt and Used a Substance	3.7 (3.1-4.5)	1.5 (1.1-2.0)	2.7 (2.3-3.2)

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.17: Combined Substance Use and Mental Health Indicators by Sexual Orientation**
 Grades 9-12, New Mexico, 2021

Indicator	Sexual Orientation		Total
	Not LGBQ % (95% CI)	Lesbian, Gay, Bisexual, or Questioning % (95% CI)	% (95% CI)
Felt Sad or Hopeless and Used a Substance	21.4 (20.3-22.7)	40.5 (37.7-43.5)	25.8 (24.5-27.1)
Frequent Mental Distress and Used a Substance	13.9 (13.0-14.8)	34.4 (31.6-37.3)	18.3 (17.2-19.5)
Nonsuicidal Self-injury and Used a Substance	11.3 (10.5-12.3)	32.8 (29.8-35.9)	16.2 (15.1-17.4)
Considered a Suicide Attempt and Used a Substance	10.1 (9.3-11.1)	28.5 (25.8-31.4)	14.2 (13.2-15.4)
Planned a Suicide Attempt and Used a Substance	8.6 (7.8-9.5)	24.3 (21.7-27.2)	12.0 (11.0-13.0)
Attempted Suicide and Used a Substance	5.8 (5.1-6.5)	16.4 (14.3-18.8)	8.2 (7.4-9.1)
Injured in a Suicide Attempt and Used a Substance	2.0 (1.6-2.5)	5.1 (3.9-6.6)	2.7 (2.3-3.2)

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.18: Combined Substance Use and Mental Health Indicators by Gender Identity**
 Grades 9-12, New Mexico, 2021

Indicator	Gender Identity		Total
	Other Gender % (95% CI)	Transgender, Genderqueer, or Genderfluid % (95% CI)	% (95% CI)
Felt Sad or Hopeless and Used a Substance	24.7 (23.3-26.0)	38.0 (32.7-43.5)	25.8 (24.5-27.1)
Frequent Mental Distress and Used a Substance	17.3 (16.1-18.4)	37.0 (32.0-42.3)	18.3 (17.2-19.5)
Nonsuicidal Self-injury and Used a Substance	14.5 (13.4-15.6)	37.7 (32.5-43.1)	16.2 (15.1-17.4)
Considered a Suicide Attempt and Used a Substance	13.0 (12.0-14.1)	28.9 (24.4-33.9)	14.2 (13.2-15.4)
Planned a Suicide Attempt and Used a Substance	11.1 (10.2-12.2)	25.5 (20.8-30.7)	12.0 (11.0-13.0)
Attempted Suicide and Used a Substance	7.2 (6.5-8.0)	21.6 (17.3-26.7)	8.2 (7.4-9.1)
Injured in a Suicide Attempt and Used a Substance	2.2 (1.9-2.7)	7.5 (4.9-11.5)	2.7 (2.3-3.2)

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.19: Combined Substance Use and Mental Health Indicators by Housing Status**
 Grades 9-12, New Mexico, 2021

Indicator	Housing Status		Total
	Stable Housing % (95% CI)	Unstable Housing % (95% CI)	% (95% CI)
Felt Sad or Hopeless and Used a Substance	25.0 (23.7-26.4)	40.0 (33.4-47.0)	25.8 (24.5-27.1)
Frequent Mental Distress and Used a Substance	18.1 (16.9-19.3)	27.3 (21.2-34.5)	18.3 (17.2-19.5)
Nonsuicidal Self-injury and Used a Substance	15.3 (14.2-16.5)	32.9 (26.5-40.0)	16.2 (15.1-17.4)
Considered a Suicide Attempt and Used a Substance	13.6 (12.5-14.7)	25.3 (19.6-32.0)	14.2 (13.2-15.4)
Planned a Suicide Attempt and Used a Substance	11.6 (10.6-12.7)	22.9 (17.7-29.0)	12.0 (11.0-13.0)
Attempted Suicide and Used a Substance	7.6 (6.8-8.5)	25.0 (18.9-32.2)	8.2 (7.4-9.1)
Injured in a Suicide Attempt and Used a Substance	2.2 (1.8-2.7)	15.2 (10.4-21.8)	2.7 (2.3-3.2)

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

*Unstable Housing - Did not usually sleep in parent's or guardian's home in the last 30 days.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.20: Combined Substance Use and Mental Health Indicators by Sexual Violence**
 Grades 9-12, New Mexico, 2021

Indicator	Experienced Sexual Assault		Total
	Did Not Experience Sexual Assault % (95% CI)	Experienced Sexual Assault % (95% CI)	
Felt Sad or Hopeless and Used a Substance	20.3 (19.2-21.5)	64.4 (60.7-67.9)	25.8 (24.5-27.1)
Frequent Mental Distress and Used a Substance	13.8 (12.9-14.8)	50.7 (47.0-54.3)	18.3 (17.2-19.5)
Nonsuicidal Self-injury and Used a Substance	11.1 (10.3-12.0)	52.4 (48.2-56.5)	16.2 (15.1-17.4)
Considered a Suicide Attempt and Used a Substance	10.0 (9.1-10.9)	44.6 (40.7-48.6)	14.2 (13.2-15.4)
Planned a Suicide Attempt and Used a Substance	7.9 (7.2-8.8)	40.8 (37.1-44.7)	12.0 (11.0-13.0)
Attempted Suicide and Used a Substance	4.7 (4.1-5.4)	32.2 (28.5-36.2)	8.2 (7.4-9.1)
Injured in a Suicide Attempt and Used a Substance	1.3 (1.0-1.6)	12.9 (10.3-15.9)	2.7 (2.3-3.2)

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

*Experienced Sexual Assault - Forced to do sexual things (kissing, touching, forced to have sexual intercourse) they did not want to do by anyone in the last 12 months.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.21: Combined Substance Use and Mental Health Indicators by Physical Dating Violence**
 Grades 9-12, New Mexico, 2021

Indicator	Physical Dating Violence		Total
	No Physical Dating Violence % (95% CI)	Physical Dating Violence % (95% CI)	% (95% CI)
Felt Sad or Hopeless and Used a Substance	23.6 (22.3-24.9)	64.7 (59.8-69.3)	25.8 (24.5-27.1)
Frequent Mental Distress and Used a Substance	16.4 (15.3-17.6)	51.7 (46.5-56.9)	18.3 (17.2-19.5)
Nonsuicidal Self-injury and Used a Substance	14.2 (13.1-15.3)	51.8 (46.2-57.3)	16.2 (15.1-17.4)
Considered a Suicide Attempt and Used a Substance	12.5 (11.5-13.6)	44.8 (39.1-50.7)	14.2 (13.2-15.4)
Planned a Suicide Attempt and Used a Substance	10.4 (9.4-11.4)	40.8 (35.8-46.0)	12.0 (11.0-13.0)
Attempted Suicide and Used a Substance	6.7 (5.9-7.5)	35.9 (30.6-41.5)	8.2 (7.4-9.1)
Injured in a Suicide Attempt and Used a Substance	2.0 (1.6-2.5)	15.7 (11.9-20.5)	2.7 (2.3-3.2)

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

*Physical Dating Violence - Among those who dated, physically hurt on purpose by someone they were dating or going out with in the last 12 months.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Co-morbid Substance Use and Mental Health Diagnoses - Emergency Department

Table C.22: Co-morbid Substance Use and Mental Health Diagnoses in Emergency Department Visits by Sex
Ages 5-17, New Mexico, 2022

Sex	ED Visits		# of ED Visits	Population Estimate
	Rate Per 10,000 Persons	95% CI		
Male	11.50	(9.9-13.1)	208	180773
Female	18.50	(16.5-20.5)	323	174760

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.23: Mental Health by Sex Among Persons with a Substance Use-related Diagnosis
Ages 5-17, Emergency Department Visits, New Mexico, 2022

Mental Health Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Feeding and Eating Disorders	1.7 (0.9-2.9)	0.5 (0.2-1.5)	1.1 (0.7-1.8)
Psychosis-related Disorders	1.9 (1.1-3.2)	3.1 (2.0-4.8)	2.5 (1.8-3.4)
Bipolar and Related Disorders	2.6 (1.7-4.1)	2.4 (1.5-4.0)	2.5 (1.8-3.5)
Disruptive Disorders	3.3 (2.2-4.9)	5.3 (3.8-7.4)	4.2 (3.3-5.5)
Trauma and Stressor-related Disorders	10.2 (8.2-12.7)	7.3 (5.5-9.6)	8.9 (7.5-10.5)
Anxiety Disorders	16.0 (13.5-18.9)	12.0 (9.6-14.8)	14.1 (12.4-16.1)
Suicide-related Disorders	21.8 (19.0-25.0)	15.2 (12.6-18.2)	18.8 (16.8-20.9)
Depressive Disorders	25.0 (22.0-28.3)	15.3 (12.7-18.4)	20.6 (18.5-22.8)
Mental Health Diagnosis	44.6 (41.0-48.3)	33.6 (30.0-37.4)	39.5 (37.0-42.2)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.24: Substance Use by Sex Among Persons with a Mental Health-related Diagnosis
Ages 5-17, Emergency Department Visits, New Mexico, 2022

Substance Use Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Hallucinogen-related Disorders	0.1 (0.0-0.3)	0.2 (0.1-0.6)	0.1 (0.1-0.3)
Sedative-related Disorders	0.3 (0.2-0.6)	0.3 (0.2-0.7)	0.3 (0.2-0.5)
Opioid-related Disorders	0.6 (0.4-1.0)	1.0 (0.6-1.5)	0.8 (0.6-1.0)
Stimulant-related Disorders	1.3 (1.0-1.8)	1.2 (0.8-1.8)	1.3 (1.0-1.6)
Alcohol-related Disorders	2.0 (1.6-2.5)	2.1 (1.6-2.8)	2.0 (1.7-2.4)
Tobacco-related Disorders	2.6 (2.1-3.2)	2.4 (1.8-3.1)	2.5 (2.1-2.9)
Cannabis-related Disorders	5.1 (4.4-5.9)	5.6 (4.7-6.7)	5.3 (4.7-5.9)
Substance Use Diagnosis	9.3 (8.3-10.3)	9.8 (8.6-11.2)	9.5 (8.7-10.3)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.25: Mental Health by Sex Among Persons with a Tobacco-related Diagnosis
Ages 5-17, Emergency Department Visits, New Mexico, 2022

Mental Health Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Feeding and Eating Disorders	3.4 (1.4-8.0)	2.2 (0.5-8.4)	2.9 (1.4-6.1)
Psychosis-related Disorders	2.1 (0.7-6.2)	4.3 (1.6-11.1)	2.9 (1.4-6.1)
Bipolar and Related Disorders	4.1 (1.8-8.9)	3.3 (1.0-9.7)	3.8 (2.0-7.1)
Disruptive Disorders	4.1 (1.8-8.9)	16.3 (10.0-25.4)	8.8 (5.8-13.2)
Trauma and Stressor-related Disorders	17.8 (12.4-24.9)	14.1 (8.4-22.9)	16.4 (12.2-21.7)
Anxiety Disorders	25.3 (18.9-33.1)	21.7 (14.4-31.4)	23.9 (18.9-29.8)
Suicide-related Disorders	39.7 (32.1-47.9)	28.3 (20.0-38.4)	35.3 (29.4-41.6)
Depressive Disorders	36.3 (28.9-44.5)	19.6 (12.6-29.0)	29.8 (24.3-36.0)
Mental Health Diagnosis	61.6 (53.5-69.2)	54.3 (44.1-64.3)	58.8 (52.4-64.9)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.26: Mental Health by Sex Among Persons with an Alcohol-related Diagnosis
Ages 5-17, Emergency Department Visits, New Mexico, 2022

Mental Health Diagnosis	Sex		Total % (95% CI)
	Female % (95% CI)	Male % (95% CI)	
Feeding and Eating Disorders	1.0 (0.2-3.8)	0.7 (0.1-4.5)	0.8 (0.3-2.6)
Psychosis-related Disorders	0.5 (0.1-3.4)	2.0 (0.6-5.9)	1.1 (0.4-2.9)
Bipolar and Related Disorders	1.4 (0.5-4.4)	1.3 (0.3-5.1)	1.4 (0.6-3.3)
Disruptive Disorders	2.9 (1.3-6.3)	3.3 (1.4-7.6)	3.1 (1.7-5.4)
Trauma and Stressor-related Disorders	6.8 (4.0-11.1)	5.2 (2.6-10.1)	6.1 (4.0-9.1)
Anxiety Disorders	6.3 (3.7-10.5)	4.6 (2.2-9.3)	5.6 (3.6-8.5)
Suicide-related Disorders	18.8 (14.1-24.8)	15.7 (10.7-22.4)	17.5 (13.9-21.8)
Depressive Disorders	18.8 (14.1-24.8)	9.8 (6.0-15.7)	15.0 (11.7-19.1)
Mental Health Diagnosis	33.3 (27.2-40.1)	28.8 (22.1-36.5)	31.4 (26.8-36.4)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.27: Mental Health by Sex Among Persons with a Cannabis-related Diagnosis
Ages 5-17, Emergency Department Visits, New Mexico, 2022

Mental Health Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Feeding and Eating Disorders	1.9 (0.9-3.9)	0.6 (0.2-2.5)	1.3 (0.7-2.5)
Psychosis-related Disorders	2.4 (1.3-4.6)	3.5 (1.9-6.2)	2.9 (1.9-4.5)
Bipolar and Related Disorders	2.7 (1.5-4.9)	3.2 (1.7-5.8)	2.9 (1.9-4.5)
Disruptive Disorders	4.3 (2.7-6.9)	4.4 (2.6-7.3)	4.4 (3.1-6.2)
Trauma and Stressor-related Disorders	12.9 (9.9-16.8)	8.8 (6.2-12.5)	11.0 (8.9-13.6)
Anxiety Disorders	19.9 (16.2-24.3)	16.1 (12.4-20.6)	18.2 (15.5-21.2)
Suicide-related Disorders	19.1 (15.4-23.5)	15.5 (11.9-19.9)	17.4 (14.8-20.5)
Depressive Disorders	27.8 (23.4-32.6)	22.1 (17.8-27.0)	25.1 (22.0-28.5)
Mental Health Diagnosis	48.0 (42.9-53.1)	37.5 (32.4-43.0)	43.2 (39.5-46.9)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.28: Mental Health by Sex Among Persons with an Opioid-related Diagnosis
Ages 5-17, Emergency Department Visits, New Mexico, 2022

Mental Health Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Feeding and Eating Disorders	*	0.0 (0.0-0.0)	1.8 (0.4-6.9)
Psychosis-related Disorders	*	0.0 (0.0-0.0)	0.0 (0.0-0.0)
Bipolar and Related Disorders	*	5.6 (2.1-14.1)	4.4 (1.8-10.3)
Disruptive Disorders	*	11.1 (5.6-20.9)	10.6 (6.1-17.9)
Trauma and Stressor-related Disorders	*	9.7 (4.7-19.2)	9.7 (5.4-16.9)
Anxiety Disorders	*	8.3 (3.7-17.5)	16.8 (10.9-25.0)
Suicide-related Disorders	*	13.9 (7.6-24.1)	15.0 (9.5-23.0)
Depressive Disorders	*	11.1 (5.6-20.9)	19.5 (13.1-27.9)
Mental Health Diagnosis	*	29.2 (19.7-40.8)	38.1 (29.5-47.5)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.29: Substance Use by Sex Among Persons with a Depression-related Diagnosis
Ages 5-17, Emergency Department Visits, New Mexico, 2022

Substance Use Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Hallucinogen-related Disorders	0.1 (0.0-0.5)	0.3 (0.1-1.2)	0.1 (0.0-0.4)
Sedative-related Disorders	0.5 (0.2-1.0)	0.6 (0.2-1.6)	0.5 (0.3-0.9)
Opioid-related Disorders	1.0 (0.6-1.6)	1.2 (0.6-2.4)	1.0 (0.7-1.6)
Stimulant-related Disorders	1.6 (1.1-2.4)	2.1 (1.3-3.6)	1.8 (1.3-2.4)
Alcohol-related Disorders	2.6 (1.9-3.6)	2.3 (1.4-3.7)	2.5 (1.9-3.3)
Tobacco-related Disorders	3.6 (2.8-4.7)	2.7 (1.7-4.3)	3.3 (2.6-4.2)
Cannabis-related Disorders	7.0 (5.8-8.4)	10.6 (8.5-13.2)	8.1 (7.0-9.4)
Substance Use Diagnosis	12.3 (10.7-14.1)	14.4 (11.9-17.3)	13.0 (11.6-14.4)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.30: Substance Use by Sex Among Persons with an Anxiety-related Diagnosis
Ages 5-17, Emergency Department Visits, New Mexico, 2022

Substance Use Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Hallucinogen-related Disorders	0.0 (0.0-0.0)	0.0 (0.0-0.0)	0.0 (0.0-0.0)
Sedative-related Disorders	0.4 (0.2-1.1)	0.7 (0.3-2.0)	0.5 (0.3-1.0)
Opioid-related Disorders	1.1 (0.7-2.0)	1.1 (0.5-2.5)	1.1 (0.7-1.8)
Stimulant-related Disorders	1.5 (0.9-2.4)	1.5 (0.7-2.9)	1.5 (1.0-2.2)
Alcohol-related Disorders	1.1 (0.7-2.0)	1.3 (0.6-2.7)	1.2 (0.8-1.8)
Tobacco-related Disorders	3.3 (2.4-4.5)	3.7 (2.4-5.7)	3.4 (2.6-4.4)
Cannabis-related Disorders	6.5 (5.2-8.1)	9.5 (7.3-12.2)	7.5 (6.3-8.8)
Substance Use Diagnosis	10.2 (8.6-12.1)	13.7 (11.1-16.9)	11.3 (9.9-13.0)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.31: Substance Use by Sex Among Persons with a Suicide-related Diagnosis
Ages 5-17, Emergency Department Visits, New Mexico, 2022

Substance Use Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Hallucinogen-related Disorders	0.1 (0.0-0.5)	0.3 (0.1-1.0)	0.2 (0.1-0.4)
Sedative-related Disorders	0.4 (0.2-0.9)	0.8 (0.3-1.7)	0.5 (0.3-0.9)
Opioid-related Disorders	0.4 (0.2-0.9)	1.3 (0.7-2.3)	0.7 (0.4-1.1)
Stimulant-related Disorders	1.3 (0.8-2.0)	1.5 (0.9-2.6)	1.3 (1.0-1.9)
Alcohol-related Disorders	2.5 (1.8-3.4)	3.0 (2.0-4.4)	2.7 (2.1-3.4)
Tobacco-related Disorders	3.7 (2.9-4.7)	3.3 (2.2-4.7)	3.5 (2.9-4.4)
Cannabis-related Disorders	4.5 (3.6-5.7)	6.1 (4.7-8.0)	5.1 (4.2-6.0)
Substance Use Diagnosis	10.0 (8.6-11.6)	11.8 (9.7-14.2)	10.6 (9.4-11.9)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Co-morbid Substance Use and Mental Health Issues - Region and County

Table C.32: Felt Sad or Hopeless and Used a Substance by Region and County**

Grades 9-12, New Mexico, 2021			
Region/County	Percent (%)	95% CI	Sample Size
Region			
Northwest	22.2	(19.3-25.4)	2089
Northeast	24.9	(22.5-27.5)	3554
Metropolitan	26.7	(24.6-29.0)	4949
Southeast	27.9	(25.0-30.9)	2680
Southwest	26.5	(23.6-29.5)	1756
County			
Bernalillo	27.4	(24.5-30.4)	2972
Catron			*
Chaves	25.3	(18.8-33.0)	303
Cibola	27.8	(23.2-33.0)	652
Colfax	23.8	(17.2-31.9)	236
Curry	21.7	(15.7-29.3)	315
De Baca	18.2	(9.0-33.4)	50
Dona Ana	25.7	(22.0-29.7)	690
Eddy	29.8	(23.8-36.7)	496
Grant	35.7	(26.9-45.7)	128
Guadalupe	30.9	(21.0-43.0)	138
Harding			*
Hidalgo	24.2	(16.1-34.6)	123
Lea	31.6	(26.0-37.7)	725
Lincoln	25.8	(22.4-29.5)	462
Los Alamos	14.5	(10.2-20.2)	373
Luna	35.5	(27.8-44.0)	224
McKinley	25.0	(20.4-30.3)	682
Mora	22.6	(15.7-31.3)	94
Otero	15.6	(11.1-21.5)	405
Quay	27.0	(23.0-31.5)	170
Rio Arriba	23.3	(19.0-28.3)	382
Roosevelt	29.3	(21.6-38.4)	159
Sandoval	25.9	(21.7-30.7)	1069
San Juan	19.7	(15.7-24.3)	755
San Miguel	24.3	(19.2-30.4)	423
Santa Fe	26.0	(21.8-30.7)	1202
Sierra			*
Socorro	34.5	(25.8-44.4)	156
Taos	34.9	(32.2-37.7)	635
Torrance	28.9	(27.4-30.6)	544
Union	15.3	(9.7-23.3)	71
Valencia	23.5	(19.3-28.3)	364
Total			
Total	26.0	(24.8-27.3)	15028

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Felt Sad or Hopeless - In the past 12 months, felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.33: Frequent Mental Distress and Used a Substance by Region and County**

Grades 9-12, New Mexico, 2021

Region/County	Percent (%)	95% CI	Sample Size
Region			
Northwest	14.8	(12.5-17.5)	2002
Northeast	18.9	(16.7-21.3)	3456
Metropolitan	20.1	(18.2-22.3)	4681
Southeast	20.3	(17.7-23.2)	2538
Southwest	15.5	(13.2-18.1)	1678
County			
Bernalillo	20.3	(17.7-23.3)	2751
Catron			*
Chaves	19.3	(14.3-25.6)	289
Cibola	19.2	(16.2-22.6)	629
Colfax	18.8	(13.6-25.6)	234
Curry	15.7	(11.0-22.0)	285
De Baca			*
Dona Ana	14.9	(12.0-18.3)	662
Eddy	23.5	(17.7-30.5)	431
Grant	17.7	(12.1-25.0)	125
Guadalupe	21.2	(13.9-31.1)	136
Harding			*
Hidalgo	12.4	(9.0-16.9)	120
Lea	21.6	(16.5-27.8)	707
Lincoln	18.4	(15.9-21.2)	452
Los Alamos	13.1	(9.4-17.9)	374
Luna	22.6	(15.0-32.7)	211
McKinley	14.5	(10.0-20.7)	639
Mora	17.1	(12.2-23.4)	93
Otero	9.5	(6.3-13.9)	393
Quay	18.2	(14.5-22.6)	168
Rio Arriba	15.8	(12.8-19.3)	326
Roosevelt	20.1	(10.2-35.7)	157
Sandoval	20.6	(17.2-24.4)	1043
San Juan	14.3	(11.6-17.5)	734
San Miguel	19.1	(14.4-25.1)	413
Santa Fe	20.1	(16.1-24.6)	1184
Sierra			*
Socorro	23.8	(20.2-27.9)	137
Taos	23.6	(21.7-25.5)	626
Torrance	24.2	(22.8-25.7)	532
Union	13.1	(9.0-18.6)	70
Valencia	17.3	(14.3-20.8)	355
Total			
Total	18.5	(17.3-19.6)	14355

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Frequent Mental Distress - Most of the time or always in the past 30 days experienced poor mental health including stress, anxiety, or depression.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.34: Nonsuicidal Self-injury and Used a Substance by Region and County**

Grades 9-12, New Mexico, 2021

Region/County	Percent (%)	95% CI	Sample Size
Region			
Northwest	16.1	(13.8-18.7)	2091
Northeast	14.1	(12.2-16.3)	3556
Metropolitan	17.8	(15.6-20.3)	4951
Southeast	17.5	(15.4-19.8)	2685
Southwest	13.5	(11.3-16.1)	1756
County			
Bernalillo	18.4	(15.4-21.9)	2974
Catron			*
Chaves	13.0	(9.1-18.1)	303
Cibola	17.4	(14.6-20.7)	652
Colfax	11.5	(7.9-16.5)	235
Curry	14.5	(9.8-20.9)	317
De Baca	11.3	(6.7-18.4)	50
Dona Ana	12.8	(10.0-16.3)	690
Eddy	18.1	(13.6-23.7)	492
Grant	17.2	(11.5-25.0)	128
Guadalupe	18.2	(11.0-28.8)	138
Harding			*
Hidalgo	13.7	(9.2-19.9)	123
Lea	21.5	(17.3-26.3)	730
Lincoln	18.8	(15.5-22.7)	463
Los Alamos	10.3	(6.2-16.7)	373
Luna	16.9	(11.5-24.0)	224
McKinley	17.0	(12.5-22.7)	682
Mora	16.0	(10.6-23.4)	94
Otero	10.3	(7.1-14.7)	405
Quay	12.5	(9.7-15.9)	169
Rio Arriba	12.0	(8.1-17.4)	382
Roosevelt	19.7	(14.3-26.5)	161
Sandoval	17.7	(14.7-21.3)	1070
San Juan	15.4	(12.6-18.7)	757
San Miguel	14.1	(11.4-17.2)	423
Santa Fe	14.3	(11.1-18.4)	1202
Sierra			*
Socorro	21.0	(14.3-29.6)	156
Taos	20.2	(17.1-23.7)	638
Torrance	23.0	(19.7-26.6)	544
Union	9.7	(6.7-13.8)	71
Valencia	13.0	(10.2-16.5)	363
Total			
Total	16.4	(15.2-17.6)	15039

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Nonsuicidal Self-injury - Purposely hurt self without wanting to die in the last 12 months.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.35: Considered a Suicide Attempt and Used a Substance by Region and County**, Grades 9-12, New Mexico, 2021

Region/County	Percent (%)	95% CI	Sample Size
Region			
Northwest	11.4	(9.3-13.8)	2087
Northeast	12.4	(10.9-14.1)	3545
Metropolitan	15.8	(13.8-18.0)	4950
Southeast	16.2	(13.9-18.7)	2683
Southwest	12.0	(9.9-14.5)	1753
County			
Bernalillo	16.2	(13.6-19.3)	2975
Catron			*
Chaves	15.0	(9.9-22.0)	303
Cibola	15.5	(12.5-19.0)	649
Colfax	12.9	(9.5-17.3)	234
Curry	12.2	(7.7-18.8)	316
De Baca	11.5	(6.7-18.9)	50
Dona Ana	11.6	(9.0-15.0)	688
Eddy	17.9	(13.0-24.1)	494
Grant	16.4	(9.8-26.0)	128
Guadalupe	17.3	(9.3-30.0)	138
Harding			*
Hidalgo	7.7	(4.7-12.4)	123
Lea	18.8	(14.3-24.2)	727
Lincoln	13.2	(10.6-16.4)	463
Los Alamos	10.1	(6.4-15.5)	372
Luna	14.3	(8.9-22.3)	224
McKinley	12.1	(8.5-17.0)	681
Mora	12.2	(9.0-16.3)	94
Otero	7.6	(5.5-10.4)	405
Quay	15.3	(11.0-20.8)	170
Rio Arriba	11.0	(7.9-15.0)	379
Roosevelt	13.8	(10.8-17.4)	160
Sandoval	15.2	(11.9-19.2)	1069
San Juan	10.4	(7.7-13.7)	757
San Miguel	12.1	(10.5-13.9)	422
Santa Fe	12.1	(9.6-15.1)	1199
Sierra			*
Socorro	21.2	(15.2-28.8)	155
Taos	18.3	(15.6-21.4)	636
Torrance	20.8	(18.3-23.6)	544
Union	6.9	(5.3-9.1)	71
Valencia	12.7	(10.0-16.0)	362
Total			
Total	14.2	(13.1-15.3)	15018

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Considered a Suicide Attempt - Seriously considered attempting suicide in the last 12 months.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.36: Planned a Suicide Attempt and Used a Substance by Region and County**

Grades 9-12, New Mexico, 2021

Region/County	Percent (%)	95% CI	Sample Size
Region			
Northwest	10.1	(8.6-11.9)	2080
Northeast	10.0	(8.6-11.5)	3551
Metropolitan	13.0	(11.3-15.1)	4943
Southeast	14.5	(12.2-17.1)	2680
Southwest	10.2	(8.3-12.4)	1751
County			
Bernalillo	13.0	(10.7-15.8)	2967
Catron			*
Chaves	11.0	(6.4-18.3)	303
Cibola	14.0	(11.9-16.3)	647
Colfax	8.8	(5.9-13.1)	235
Curry	13.3	(7.9-21.6)	313
De Baca	11.5	(6.7-18.9)	50
Dona Ana	9.6	(7.3-12.6)	688
Eddy	16.6	(11.7-22.9)	495
Grant	12.6	(8.0-19.4)	128
Guadalupe	14.3	(8.2-23.7)	137
Harding			*
Hidalgo	7.8	(5.0-11.9)	123
Lea	16.5	(12.5-21.3)	728
Lincoln	13.1	(9.6-17.6)	461
Los Alamos	6.8	(4.5-10.2)	374
Luna	13.7	(9.1-20.2)	224
McKinley	12.1	(9.7-15.1)	679
Mora	13.1	(7.6-21.6)	94
Otero	8.5	(5.3-13.5)	403
Quay	9.1	(4.9-16.1)	170
Rio Arriba	8.5	(5.3-13.2)	382
Roosevelt	15.7	(10.7-22.5)	160
Sandoval	12.9	(10.2-16.3)	1068
San Juan	8.3	(6.3-10.9)	754
San Miguel	10.9	(8.3-14.1)	422
Santa Fe	9.7	(7.4-12.5)	1201
Sierra			*
Socorro	13.8	(8.8-20.9)	155
Taos	15.1	(12.7-17.8)	635
Torrance	15.6	(12.7-19.1)	545
Union	6.9	(5.3-9.1)	71
Valencia	12.7	(9.4-17.0)	363
Total			
Total	12.0	(11.1-13.0)	15005

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Planned a Suicide Attempt - Planned a suicide attempt in the last 12 months.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.37: Attempted Suicide and Used a Substance by Region and County**
 Grades 9-12, New Mexico, 2021

Region/County	Percent (%)	95% CI	Sample Size
Region			
Northwest	8.1	(6.4-10.1)	1770
Northeast	7.0	(5.7-8.6)	3141
Metropolitan	8.2	(6.8-9.7)	4422
Southeast	11.3	(9.3-13.7)	2333
Southwest	6.2	(4.6-8.2)	1496
County			
Bernalillo	7.9	(6.3-10.0)	2721
Catron			*
Chaves	8.9	(5.5-14.1)	275
Cibola	12.5	(9.3-16.4)	559
Colfax	5.9	(3.8-9.1)	198
Curry	11.8	(7.2-18.6)	270
De Baca			*
Dona Ana	5.6	(3.7-8.4)	589
Eddy	9.9	(6.1-15.6)	431
Grant	12.6	(6.5-23.1)	106
Guadalupe	12.8	(4.9-29.4)	120
Harding			*
Hidalgo	4.7	(2.5-8.5)	105
Lea	14.2	(9.8-20.0)	638
Lincoln	6.7	(5.3-8.5)	390
Los Alamos	1.4	(0.6-3.0)	369
Luna	8.5	(4.8-14.5)	191
McKinley	7.8	(5.8-10.6)	537
Mora	8.7	(5.0-14.7)	80
Otero	3.5	(1.7-6.8)	349
Quay	9.9	(5.3-18.0)	156
Rio Arriba	7.8	(4.6-12.9)	328
Roosevelt	13.9	(9.1-20.5)	129
Sandoval	8.5	(6.3-11.4)	917
San Juan	7.5	(5.3-10.6)	674
San Miguel	6.9	(4.9-9.6)	378
Santa Fe	7.8	(5.5-10.8)	1048
Sierra			*
Socorro	10.3	(6.5-15.9)	127
Taos	8.6	(6.9-10.8)	560
Torrance	13.9	(12.5-15.4)	472
Union	8.7	(7.4-10.3)	60
Valencia	7.6	(5.0-11.5)	312
Total			
Total	8.2	(7.4-9.0)	13162

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Attempted Suicide - Attempted suicide at least once in the last 12 months.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.38: Injured in a Suicide Attempt and Used a Substance by Region and County**, Grades 9-12, New Mexico, 2021

Region/County	Percent (%)	95% CI	Sample Size
Region			
Northwest	3.3	(2.2-4.9)	1772
Northeast	2.0	(1.5-2.8)	3140
Metropolitan	2.6	(1.9-3.6)	4418
Southeast	3.9	(2.9-5.2)	2332
Southwest	1.3	(0.8-2.0)	1500
County			
Bernalillo	2.7	(1.8-4.0)	2720
Catron			*
Chaves	3.4	(1.8-6.4)	275
Cibola	3.6	(2.3-5.7)	560
Colfax	2.3	(0.9-5.8)	198
Curry	4.7	(2.0-10.6)	270
De Baca			*
Dona Ana	0.8	(0.4-1.7)	591
Eddy	4.9	(2.7-8.7)	432
Grant	5.6	(2.0-14.6)	106
Guadalupe	4.2	(2.5-6.9)	120
Harding			*
Hidalgo	0.7	(0.1-4.0)	105
Lea	3.6	(2.0-6.3)	637
Lincoln	1.7	(1.2-2.4)	389
Los Alamos	0.9	(0.4-2.3)	369
Luna	3.3	(1.7-6.5)	191
McKinley	3.5	(2.5-4.9)	538
Mora	2.1	(0.8-5.3)	80
Otero	1.2	(0.4-3.3)	349
Quay	2.8	(1.2-6.5)	156
Rio Arriba	2.5	(0.9-6.8)	329
Roosevelt	4.7	(2.7-7.9)	129
Sandoval	2.3	(1.3-4.0)	914
San Juan	3.2	(1.6-6.1)	674
San Miguel	0.7	(0.3-1.6)	379
Santa Fe	2.4	(1.4-3.9)	1046
Sierra			*
Socorro	1.3	(0.3-5.8)	129
Taos	2.2	(1.3-3.7)	559
Torrance	6.8	(5.0-9.1)	471
Union	2.3	(0.8-6.8)	60
Valencia	1.6	(0.6-4.1)	313
Total			
Total	2.6	(2.2-3.1)	13162

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Injured in a Suicide Attempt - Made a suicide attempt resulting in an injury that had to be treated by a doctor or nurse in the last 12 months.

Substances used in the past 30 days including: alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Table C.39: Substance Use and/or Mental Health Issue Estimates by County**

Grades 9-12, New Mexico, 2021

County	Mental Health Issue		Substance Use Issue		Both Issues	
	Percent	Count	Percent (%)	Count	Percent (%)	Count
Bernalillo	64.8%	19338	41.3%	12325	31.9%	9520
Catron	*	*	*	*	*	*
Chaves	56.9%	1904	46.3%	1549	30.5%	1021
Cibola	60.9%	666	46.4%	508	34.2%	374
Colfax	54.3%	229	39.8%	168	27.9%	118
Curry	56.6%	1383	40.9%	1000	25.1%	613
De Baca	44.0%	33	43.9%	33	19.5%	15
Dona Ana	56.9%	7104	43.3%	5406	28.6%	3571
Eddy	65.8%	2448	46.2%	1719	34.9%	1298
Grant	60.3%	648	51.5%	553	38.8%	417
Guadalupe	61.0%	127	50.3%	105	33.4%	69
Harding	*	*	*	*	*	*
Hidalgo	56.0%	101	43.1%	78	28.6%	51
Lea	63.1%	2935	47.9%	2228	36.0%	1674
Lincoln	56.0%	438	47.5%	372	31.8%	249
Los Alamos	49.4%	576	26.9%	314	19.3%	225
Luna	66.6%	1116	53.5%	896	38.7%	648
McKinley	64.0%	3084	42.9%	2067	30.5%	1469
Mora	53.4%	80	49.6%	74	33.4%	50
Otero	49.4%	979	28.6%	567	18.9%	375
Quay	60.2%	268	38.3%	171	28.3%	126
Rio Arriba	56.8%	831	42.3%	619	28.4%	415
Roosevelt	59.8%	580	42.9%	416	35.2%	341
Sandoval	60.8%	4296	42.8%	3024	32.4%	2289
San Juan	60.8%	4390	34.8%	2513	25.1%	1812
San Miguel	53.5%	545	43.5%	443	29.7%	302
Santa Fe	57.4%	3601	42.6%	2673	31.9%	2001
Sierra	*	*	*	*	*	*
Socorro	60.2%	324	57.7%	310	39.5%	213
Taos	59.4%	711	60.3%	722	40.6%	486
Torrance	65.6%	719	52.6%	576	37.4%	410
Union	57.1%	93	40.5%	66	19.6%	32
Valencia	62.6%	2506	43.5%	1741	30.9%	1237
New Mexico	60.9%	62161	42.2%	43074	30.7%	31336

Source: 2021 YRRS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Mental Health Issue indicates at least one of the following: Felt sad or hopeless, frequent mental distress, nonsuicidal self-injury, considering or planning a suicide attempt, attempting suicide, or injury from a suicide attempt.

Substance Use Issue indicates at least one of the following substances used: includes alcohol, tobacco, marijuana, prescription pain medication without a prescription, inhalants, cocaine, methamphetamine, and heroin.

Both Issues indicates the presence of at least one mental health issue and at least one substance use issue.

Counts use available population estimates to estimate number of persons with the health issue.

Columns are not mutually exclusive. See **Methodology** for more details about estimation methods.

C.2 Adults

Mental Health Outcomes by Substances Used

Table C.40: Frequent Mental Distress by Substances Used**
Ages 18+, New Mexico, 2020-2021

Substances Used	Percent (%)	95% CI	Sample Size
Number of Substances Used			
None	12.6	(11.2-14.2)	5058
One	12.4	(11.1-13.8)	4689
Two	20.6	(17.7-23.9)	1426
Three	32.5	(23.5-43.0)	246
Smokeless Tobacco Products			
Did Not Use	13.7	(12.8-14.7)	12268
Used Some Days	24.8	(16.1-36.1)	184
Used Every Day	18.0	(11.9-26.2)	255
Cigarettes			
Did Not Smoke Cigarettes	12.6	(11.7-13.6)	10969
Smoked Some Days	18.1	(14.3-22.7)	555
Smoked Every Day	24.8	(21.0-29.1)	1148
Any Alcohol			
No Alcohol	14.6	(13.3-15.9)	7002
Drank Alcohol	13.3	(12.0-14.8)	5576
Binge Drinking			
No Binge Drinking	13.5	(12.6-14.5)	11219
Binge Drinking	17.1	(14.3-20.4)	1255
Marijuana Use			
Did Not Use Marijuana	12.0	(11.1-13.1)	10076
Used Recreationally	15.5	(10.8-21.8)	278
Used for Medical Reason	30.3	(25.8-35.1)	757
Used for Both Medical and Recreation Reasons	28.4	(21.9-35.9)	418
Total			
Total	13.8	(12.9-14.8)	13171

Source: 2020-2021 BRFSS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

***Frequent Mental Distress - Experienced stress, depression, or problems with emotions over 14 or more of the last 30 days.

Table C.41: Depression by Substances Used**
Ages 18+, New Mexico, 2020-2021

Substances Used	Percent (%)	95% CI	Sample Size
Number of Substances Used			
None	15.5	(14.1-17.1)	5100
One	18.6	(17.0-20.4)	4744
Two	25.8	(22.5-29.4)	1434
Three	39.2	(29.9-49.5)	246
Smokeless Tobacco Products			
Did Not Use	19.0	(17.9-20.0)	12402
Used Some Days	21.1	(12.9-32.5)	185
Used Every Day	15.5	(9.6-23.8)	254
Cigarettes			
Did Not Smoke Cigarettes	17.1	(16.0-18.1)	11078
Smoked Some Days	23.4	(18.4-29.2)	564
Smoked Every Day	33.2	(29.0-37.7)	1163
Any Alcohol			
No Alcohol	18.8	(17.5-20.2)	7085
Drank Alcohol	19.0	(17.4-20.6)	5621
Binge Drinking			
No Binge Drinking	18.7	(17.6-19.8)	11334
Binge Drinking	19.7	(16.7-23.2)	1266
Marijuana Use			
Did Not Use Marijuana	16.3	(15.3-17.4)	10168
Used Recreationally	18.7	(12.6-26.7)	285
Used for Medical Reason	44.9	(39.8-50.1)	765
Used for Both Medical and Recreation Reasons	27.2	(20.8-34.6)	422
Total			
Total	18.7	(17.7-19.7)	13318

Source: 2020-2021 BRFSS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

***Depression - Ever told they had a depressive disorder by a doctor, nurse, or other health professional.

Table C.42: Suicide Thoughts by Substances Used**
Ages 18+, New Mexico, 2020-2021

Substances Used	Percent (%)	95% CI	Sample Size
Number of Substances Used			
None	4.2	(3.4-5.3)	5096
One	7.1	(6.0-8.4)	4727
Two	12.8	(10.4-15.7)	1437
Three	20.8	(14.3-29.3)	244
Smokeless Tobacco Products			
Did Not Use	7.0	(6.3-7.8)	11300
Used Some Days	13.2	(6.7-24.5)	159
Used Every Day	7.3	(3.3-15.4)	227
Cigarettes			
Did Not Smoke Cigarettes	6.4	(5.7-7.3)	10099
Smoked Some Days	11.8	(8.3-16.5)	487
Smoked Every Day	10.9	(8.4-14.1)	1058
Any Alcohol			
No Alcohol	6.4	(5.5-7.5)	6509
Drank Alcohol	7.9	(6.8-9.1)	5101
Binge Drinking			
No Binge Drinking	6.5	(5.8-7.3)	10432
Binge Drinking	11.2	(8.8-14.2)	1121
Marijuana Use			
Did Not Use Marijuana	5.0	(4.4-5.7)	10143
Used Recreationally	13.7	(8.4-21.6)	285
Used for Medical Reason	18.3	(14.7-22.6)	772
Used for Both Medical and Recreation Reasons	22.2	(16.5-29.1)	421
Total			
Total	7.1	(6.4-7.9)	11691

Source: 2020-2021 BRFSS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

***Suicide Thoughts - Seriously considered a suicide attempt in the past 12 months.

Co-morbid Mental Health and Substance Use Issues by Demographics

Table C.43: Frequent Mental Distress and Used a Substance by Demographic**

Ages 18+, New Mexico, 2020-2021

Demographic	Percent (%)	95% CI	Sample Size
Sex			
Female	10.0	(8.9-11.2)	6435
Male	7.8	(6.7-9.0)	4984
Race/Ethnicity			
American Indian or Alaska Native	7.4	(5.6-9.7)	1091
Asian or Pacific Islander	1.0	(0.3-3.8)	102
Black or African American	10.1	(5.2-18.7)	126
Hispanic	8.3	(7.2-9.7)	3884
White	10.1	(8.9-11.4)	5937
Age			
18-24	9.7	(7.3-12.7)	680
25-44	10.9	(9.3-12.7)	2603
45-64	10.0	(8.7-11.6)	3676
65+	4.9	(4.0-5.9)	4375
Total			
Total	8.9	(8.2-9.8)	11419

Source: 2020-2021 BRFSS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

***Frequent Mental Distress - Experienced stress, depression, or problems with emotions over 14 or more of the last 30 days.

Substances include alcohol, tobacco, or marijuana used in the past 30 days.

Table C.44: Depression and Used a Substance by Demographic**
Ages 18+, New Mexico, 2020-2021

Demographic	Percent (%)	95% CI	Sample Size
Sex			
Female	15.2	(13.8-16.6)	6500
Male	9.6	(8.4-10.9)	5024
Race/Ethnicity			
American Indian or Alaska Native	7.9	(5.8-10.6)	1110
Asian or Pacific Islander	2.5	(1.1-5.6)	101
Black or African American	11.5	(5.8-21.7)	124
Hispanic	12.2	(10.8-13.8)	3922
White	14.3	(12.9-15.8)	5983
Age			
18-24	12.2	(9.4-15.7)	679
25-44	15.7	(13.7-17.8)	2623
45-64	13.5	(12.0-15.3)	3705
65+	7.5	(6.4-8.7)	4431
Total			
Total	12.5	(11.5-13.5)	11524

Source: 2020-2021 BRFSS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

***Depression - Ever told they had a depressive disorder by a doctor, nurse, or other health professional.

Substances include alcohol, tobacco, or marijuana used in the past 30 days.

Table C.45: Suicide Thoughts and Used a Substance by Demographic**
Ages 18+, New Mexico, 2020-2021

Demographic	Percent (%)	95% CI	Sample Size
Sex			
Female	4.9	(4.1-5.9)	6497
Male	5.8	(4.9-6.9)	5007
Race/Ethnicity			
American Indian or Alaska Native	4.1	(2.6-6.3)	1104
Asian or Pacific Islander	1.1	(0.3-3.9)	102
Black or African American	9.2	(4.1-19.3)	126
Hispanic	5.4	(4.4-6.5)	3916
White	5.5	(4.6-6.5)	5976
Age			
18-24	11.3	(8.6-14.8)	678
25-44	6.9	(5.6-8.4)	2616
45-64	4.4	(3.6-5.5)	3700
65+	1.7	(1.2-2.4)	4425
Total			
Total	5.3	(4.7-6.0)	11504

Source: 2020-2021 BRFSS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

***Suicide Thoughts - Seriously considered a suicide attempt in the past 12 months.

Substances include alcohol, tobacco, or marijuana used in the past 30 days.

Co-morbid Substance Use and Mental Health Issues in High Risk Groups

Table C.46: Combined Substance Use and Mental Health Indicators by Disability status**

Ages 18+, New Mexico, 2020-2021

Indicator	Disability Status		Total
	No Disability % (95% CI)	Disability % (95% CI)	% (95% CI)
Diagnosed Depression and Used a Substance	8.2 (7.3-9.1)	22.2 (20.0-24.5)	12.5 (11.5-13.5)
Frequent Mental Distress and Used a Substance	5.1 (4.5-5.8)	17.3 (15.4-19.5)	8.9 (8.2-9.8)
Suicide Thoughts and Used a Substance	3.3 (2.7-4.0)	9.9 (8.4-11.7)	5.3 (4.7-6.0)

Source: 2020-2021 BRFSS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Disability - Serious difficulty with at least one of the following health issues: hearing, seeing, doing errands alone, concentrating, remembering, making decisions, walking or climbing stairs, or bathing.

Substances include alcohol, tobacco, or marijuana used in the past 30 days.

Table C.47: Combined Substance Use and Mental Health Indicators by Sexual Orientation**

Ages 18+, New Mexico, 2020-2021

Indicator	Sexual Orientation		Total
	Straight % (95% CI)	Lesbian, Gay, Bisexual, or Other % (95% CI)	% (95% CI)
Diagnosed Depression and Used a Substance	11.3 (10.4-12.3)	29.8 (24.8-35.4)	12.5 (11.5-13.5)
Frequent Mental Distress and Used a Substance	8.1 (7.4-9.0)	20.4 (16.2-25.5)	8.9 (8.2-9.8)
Suicide Thoughts and Used a Substance	4.5 (3.9-5.1)	16.6 (12.7-21.5)	5.3 (4.7-6.0)

Source: 2020-2021 BRFSS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Substances include alcohol, tobacco, or marijuana used in the past 30 days.

Table C.48: Combined Substance Use and Mental Health Indicators by Gender Identity**
Ages 18+, New Mexico, 2020-2021

Indicator	Gender Identity		Total % (95% CI)
	Cisgender % (95% CI)	Transgender or Gender Non-conforming % (95% CI)	
Diagnosed Depression and Used a Substance	12.5 (11.6-13.5)	14.7 (5.8-32.6)	12.5 (11.5-13.5)
Frequent Mental Distress and Used a Substance	8.9 (8.1-9.8)	15.7 (6.2-34.3)	8.9 (8.2-9.8)
Suicide Thoughts and Used a Substance	5.3 (4.7-6.0)	7.5 (2.5-20.5)	5.3 (4.7-6.0)

Source: 2020-2021 BRFSS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Substances include alcohol, tobacco, or marijuana used in the past 30 days.

Table C.49: Combined Substance Use and Mental Health Indicators by Household Income**

Ages 18+, New Mexico, 2020-2021

Indicator	Household Income					Total
	<15,000 % (95% CI)	15 – 24,999 % (95% CI)	25 – 49,999 % (95% CI)	50 – 74,999 % (95% CI)	75,000+ % (95% CI)	% (95% CI)
Diagnosed Depression and Used a Substance	20.9 (17.5-24.8)	14.1 (11.8-16.8)	12.0 (10.1-14.3)	10.6 (8.5-13.2)	11.3 (9.5-13.3)	12.5 (11.5-13.5)
Frequent Mental Distress and Used a Substance	15.0 (12.2-18.4)	10.6 (8.7-12.9)	10.0 (8.2-12.0)	8.6 (6.7-11.1)	5.6 (4.5-6.9)	8.9 (8.2-9.8)
Suicide Thoughts and Used a Substance	10.1 (7.7-13.2)	6.0 (4.6-7.8)	5.4 (4.1-7.1)	5.1 (3.4-7.5)	3.5 (2.5-4.8)	5.3 (4.7-6.0)

Source: 2020-2021 BRFSS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Substances include alcohol, tobacco, or marijuana used in the past 30 days.

Co-morbid Substance Use and Mental Health Diagnoses - Emergency Department

Table C.50: Co-morbid Substance Use and Mental Health Diagnoses in Emergency Department Visits by Sex and Race Ages 18+, New Mexico, 2022

Sex	Race	ED Visits		# of ED Visits	Population Estimate
		Rate Per 10,000 Persons	95% CI		
Male	AI/AN	135.20	(126.4-144.0)	901	66635
Male	Asian/PI	38.60	(29.1-50.3)	55	14234
Male	Black/AA	177.50	(159.5-195.5)	373	21013
Male	Hispanic	102.90	(99.7-106.2)	3853	374271
Male	White	98.90	(95.5-102.3)	3280	331747
Female	AI/AN	71.00	(65.0-77.1)	536	75444
Female	Asian/PI	13.70	(8.8-20.4)	24	17528
Female	Black/AA	106.00	(89.7-122.3)	163	15376
Female	Hispanic	63.60	(61.1-66.1)	2468	388160
Female	White	67.10	(64.4-69.9)	2309	343922

Note: See **Data Sources** for more details about methods

Source: CDC-NSSP - Data retrieved on 2023-08-16.

Table C.51: Mental Health by Sex Among Persons with an Substance Use-related Diagnosis
Ages 18+, Emergency Department Visits, New Mexico, 2022

Mental Health Diagnosis	Sex		Total % (95% CI)
	Female % (95% CI)	Male % (95% CI)	
Personality Disorders	1.0 (0.9-1.1)	0.7 (0.6-0.8)	0.8 (0.7-0.9)
Disruptive Disorders	0.3 (0.3-0.4)	0.6 (0.6-0.7)	0.5 (0.5-0.6)
Bipolar and Related Disorders	3.7 (3.4-3.9)	2.4 (2.3-2.6)	2.9 (2.7-3.0)
Trauma and Stressor-related Disorders	5.1 (4.8-5.4)	3.3 (3.1-3.5)	4.0 (3.8-4.1)
Suicide-related Disorders	6.1 (5.8-6.5)	6.6 (6.3-6.8)	6.4 (6.2-6.6)
Psychosis-related Disorders	4.9 (4.6-5.2)	6.8 (6.5-7.0)	6.1 (5.9-6.3)
Anxiety Disorders	11.7 (11.3-12.2)	7.9 (7.7-8.2)	9.3 (9.1-9.5)
Depressive Disorders	11.6 (11.2-12.0)	8.0 (7.7-8.2)	9.3 (9.0-9.5)
Mental Health Diagnosis	27.2 (26.6-27.8)	23.4 (22.9-23.8)	24.7 (24.4-25.1)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.52: Substance Use by Sex Among Persons with a Mental Health-related Diagnosis
Ages 18+, Emergency Department Visits, New Mexico, 2022

Substance Use Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	
Sedative-related Disorders	1.0 (0.9-1.1)	1.1 (0.9-1.2)	1.0 (0.9-1.1)
Cannabis-related Disorders	3.1 (2.9-3.4)	5.4 (5.1-5.7)	4.2 (4.1-4.4)
Opioid-related Disorders	4.3 (4.1-4.6)	6.1 (5.8-6.4)	5.2 (5.0-5.4)
Stimulant-related Disorders	6.9 (6.5-7.2)	13.2 (12.7-13.6)	10.0 (9.7-10.3)
Alcohol-related Disorders	9.1 (8.7-9.4)	16.7 (16.3-17.2)	12.8 (12.5-13.2)
Tobacco-related Disorders	10.7 (10.3-11.1)	17.0 (16.5-17.5)	13.8 (13.5-14.2)
Substance Use Diagnosis	25.8 (25.2-26.3)	40.6 (40.0-41.3)	33.1 (32.7-33.6)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.53: Mental Health by Sex Among Persons with a Cabbabis-related Diagnosis
Ages 18+, Emergency Department Visits, New Mexico, 2022

Mental Health Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	
Personality Disorders	3.8 (2.9-4.8)	3.3 (2.7-4.0)	3.5 (3.0-4.1)
Disruptive Disorders	0.8 (0.4-1.3)	2.2 (1.7-2.9)	1.7 (1.3-2.1)
Bipolar and Related Disorders	9.6 (8.3-11.2)	8.6 (7.6-9.7)	9.0 (8.1-9.9)
Trauma and Stressor-related Disorders	13.0 (11.4-14.7)	8.8 (7.7-9.9)	10.3 (9.4-11.3)
Suicide-related Disorders	12.2 (10.7-13.9)	13.0 (11.8-14.4)	12.7 (11.8-13.8)
Psychosis-related Disorders	8.1 (6.9-9.6)	17.5 (16.1-18.9)	14.0 (13.0-15.1)
Anxiety Disorders	24.1 (22.0-26.3)	18.9 (17.5-20.5)	20.8 (19.6-22.1)
Depressive Disorders	19.1 (17.2-21.1)	14.2 (12.9-15.6)	16.0 (14.9-17.2)
Mental Health Diagnosis	44.7 (42.3-47.2)	44.5 (42.6-46.4)	44.6 (43.1-46.1)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.54: Mental Health by Sex Among Persons with an Alcohol-related Diagnosis
Ages 18+, Emergency Department Visits, New Mexico, 2022

Mental Health Diagnosis	Sex		Total % (95% CI)
	Female % (95% CI)	Male % (95% CI)	
Personality Disorders	0.7 (0.5-0.9)	0.4 (0.3-0.5)	0.5 (0.4-0.6)
Disruptive Disorders	0.2 (0.1-0.4)	0.4 (0.3-0.5)	0.3 (0.3-0.4)
Bipolar and Related Disorders	2.7 (2.4-3.1)	1.7 (1.5-1.9)	2.0 (1.8-2.1)
Trauma and Stressor-related Disorders	4.8 (4.3-5.3)	2.9 (2.7-3.1)	3.4 (3.2-3.7)
Suicide-related Disorders	7.9 (7.3-8.5)	6.4 (6.1-6.8)	6.9 (6.6-7.2)
Psychosis-related Disorders	2.4 (2.1-2.8)	2.7 (2.5-2.9)	2.6 (2.4-2.8)
Anxiety Disorders	10.7 (10.1-11.5)	7.1 (6.8-7.5)	8.2 (7.8-8.5)
Depressive Disorders	12.2 (11.5-13.0)	8.2 (7.9-8.6)	9.4 (9.0-9.7)
Mental Health Diagnosis	26.2 (25.3-27.2)	19.3 (18.7-19.9)	21.3 (20.8-21.8)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.55: Mental Health by Sex Among Persons with a Opioid-related Diagnosis
Ages 18+, Emergency Department Visits, New Mexico, 2022

Mental Health Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Personality Disorders	1.2 (0.8-1.7)	1.0 (0.8-1.4)	1.1 (0.9-1.4)
Disruptive Disorders	0.3 (0.1-0.5)	0.7 (0.5-1.0)	0.6 (0.4-0.8)
Bipolar and Related Disorders	4.5 (3.8-5.3)	3.1 (2.6-3.6)	3.6 (3.2-4.1)
Trauma and Stressor-related Disorders	9.6 (8.6-10.7)	6.0 (5.3-6.7)	7.3 (6.8-8.0)
Suicide-related Disorders	6.4 (5.6-7.4)	8.2 (7.5-9.1)	7.5 (7.0-8.2)
Psychosis-related Disorders	5.3 (4.6-6.2)	8.1 (7.4-8.9)	7.1 (6.5-7.7)
Anxiety Disorders	15.7 (14.4-17.1)	10.7 (9.8-11.6)	12.6 (11.8-13.4)
Depressive Disorders	18.1 (16.7-19.6)	11.5 (10.7-12.5)	14.0 (13.2-14.8)
Mental Health Diagnosis	34.8 (33.0-36.6)	28.7 (27.4-30.0)	31.0 (29.9-32.0)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.56: Mental Health by Sex Among Persons with a Stimulant-related Diagnosis
Ages 18+, Emergency Department Visits, New Mexico, 2022

Mental Health Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Personality Disorders	2.2 (1.7-2.8)	2.4 (2.1-2.8)	2.3 (2.1-2.7)
Disruptive Disorders	0.6 (0.4-1.0)	1.8 (1.5-2.2)	1.4 (1.2-1.7)
Bipolar and Related Disorders	8.0 (7.1-9.0)	5.4 (4.9-6.0)	6.3 (5.8-6.8)
Trauma and Stressor-related Disorders	9.3 (8.4-10.4)	6.6 (6.0-7.2)	7.5 (7.0-8.1)
Suicide-related Disorders	12.2 (11.1-13.4)	14.1 (13.2-15.0)	13.4 (12.8-14.1)
Psychosis-related Disorders	19.3 (17.9-20.6)	22.5 (21.4-23.5)	21.4 (20.6-22.2)
Anxiety Disorders	14.7 (13.5-15.9)	11.5 (10.7-12.3)	12.6 (11.9-13.3)
Depressive Disorders	15.6 (14.4-16.9)	12.0 (11.3-12.9)	13.3 (12.6-13.9)
Mental Health Diagnosis	47.4 (45.7-49.1)	45.6 (44.3-46.8)	46.2 (45.2-47.2)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.57: Mental Health by Sex Among Persons with a Sedative-related Diagnosis
Ages 18+, Emergency Department Visits, New Mexico, 2022

Mental Health Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Personality Disorders	7.2 (5.1-10.2)	3.0 (1.8-4.9)	4.9 (3.7-6.6)
Disruptive Disorders	1.5 (0.7-3.3)	1.7 (0.8-3.3)	1.6 (0.9-2.7)
Bipolar and Related Disorders	11.7 (8.9-15.3)	6.5 (4.6-9.2)	8.9 (7.2-11.0)
Trauma and Stressor-related Disorders	17.0 (13.6-21.0)	9.1 (6.8-12.0)	12.7 (10.6-15.1)
Suicide-related Disorders	20.0 (16.3-24.2)	15.6 (12.6-19.2)	17.6 (15.2-20.3)
Psychosis-related Disorders	8.5 (6.1-11.6)	11.4 (8.8-14.6)	10.1 (8.2-12.2)
Anxiety Disorders	35.4 (30.9-40.2)	29.3 (25.4-33.6)	32.1 (29.1-35.3)
Depressive Disorders	21.7 (17.9-26.0)	18.6 (15.3-22.3)	20.0 (17.5-22.8)
Mental Health Diagnosis	55.9 (50.9-60.7)	49.2 (44.7-53.7)	52.2 (48.9-55.5)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.58: Substance Use by Sex Among Persons with a Depression-related Diagnosis
Ages 18+, Emergency Department Visits, New Mexico, 2022

Substance Use Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Hallucinogen-related Disorders	0.0 (0.0-0.1)	0.1 (0.0-0.2)	0.1 (0.0-0.1)
Sedative-related Disorders	1.0 (0.8-1.3)	1.3 (1.1-1.7)	1.2 (1.0-1.4)
Opioid-related Disorders	6.0 (5.5-6.6)	8.2 (7.5-8.8)	7.0 (6.6-7.4)
Stimulant-related Disorders	6.0 (5.5-6.6)	11.6 (10.9-12.4)	8.5 (8.0-8.9)
Alcohol-related Disorders	11.3 (10.6-12.0)	23.9 (22.9-24.9)	16.8 (16.2-17.4)
Tobacco-related Disorders	13.0 (12.3-13.7)	19.7 (18.8-20.7)	15.9 (15.4-16.5)
Cannabis-related Disorders	3.6 (3.2-4.0)	5.8 (5.2-6.3)	4.5 (4.2-4.9)
Substance Use Diagnosis	29.4 (28.4-30.4)	46.3 (45.1-47.5)	36.8 (36.0-37.6)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.59: Substance Use by Sex Among Persons with a Anxiety-related Diagnosis
Ages 18+, Emergency Department Visits, New Mexico, 2022

Substance Use Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Hallucinogen-related Disorders	0.0 (0.0-0.1)	0.2 (0.1-0.3)	0.1 (0.1-0.1)
Sedative-related Disorders	1.3 (1.1-1.6)	1.7 (1.5-2.0)	1.5 (1.3-1.7)
Opioid-related Disorders	4.1 (3.8-4.5)	6.1 (5.6-6.7)	5.0 (4.7-5.3)
Stimulant-related Disorders	4.5 (4.1-4.9)	9.0 (8.4-9.6)	6.4 (6.1-6.8)
Alcohol-related Disorders	7.9 (7.4-8.4)	16.7 (15.9-17.5)	11.7 (11.2-12.2)
Tobacco-related Disorders	11.3 (10.7-11.9)	17.6 (16.8-18.5)	14.1 (13.6-14.6)
Cannabis-related Disorders	3.6 (3.2-3.9)	6.2 (5.7-6.8)	4.7 (4.4-5.0)
Substance Use Diagnosis	23.6 (22.8-24.4)	37.4 (36.3-38.5)	29.6 (28.9-30.3)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.60: Substance Use by Sex Among Persons with a Suicide-related Diagnosis
Ages 18+, Emergency Department Visits, New Mexico, 2022

Substance Use Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	
Hallucinogen-related Disorders	0.1 (0.0-0.3)	0.2 (0.1-0.4)	0.2 (0.1-0.3)
Sedative-related Disorders	2.2 (1.8-2.7)	1.5 (1.2-1.9)	1.8 (1.6-2.1)
Opioid-related Disorders	4.9 (4.3-5.7)	7.9 (7.2-8.7)	6.6 (6.1-7.2)
Stimulant-related Disorders	10.9 (9.9-11.9)	18.5 (17.4-19.6)	15.2 (14.5-16.0)
Alcohol-related Disorders	16.8 (15.6-18.1)	25.4 (24.2-26.6)	21.7 (20.8-22.6)
Tobacco-related Disorders	12.2 (11.1-13.3)	19.3 (18.2-20.5)	16.2 (15.5-17.0)
Cannabis-related Disorders	5.3 (4.6-6.0)	7.2 (6.5-7.9)	6.4 (5.9-6.9)
Substance Use Diagnosis	35.8 (34.3-37.4)	52.1 (50.7-53.5)	45.1 (44.0-46.2)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Table C.61: Substance Use by Sex Among Persons with a Pyschosis-related Diagnosis
Ages 18+, Emergency Department Visits, New Mexico, 2022

Substance Use Diagnosis	Sex		Total
	Female % (95% CI)	Male % (95% CI)	% (95% CI)
Hallucinogen-related Disorders	0.1 (0.0-0.3)	0.2 (0.1-0.4)	0.2 (0.1-0.3)
Sedative-related Disorders	1.3 (1.0-1.9)	1.0 (0.8-1.3)	1.1 (0.9-1.4)
Opioid-related Disorders	5.9 (5.0-6.9)	7.2 (6.5-7.9)	6.8 (6.2-7.3)
Stimulant-related Disorders	24.6 (23.0-26.3)	27.1 (25.9-28.3)	26.3 (25.3-27.3)
Alcohol-related Disorders	7.3 (6.3-8.4)	9.7 (8.9-10.5)	8.9 (8.3-9.6)
Tobacco-related Disorders	18.6 (17.1-20.1)	25.0 (23.8-26.2)	22.9 (22.0-23.8)
Cannabis-related Disorders	5.0 (4.2-5.9)	8.8 (8.1-9.6)	7.6 (7.0-8.2)
Substance Use Diagnosis	41.2 (39.3-43.1)	49.2 (47.9-50.6)	46.6 (45.5-47.7)

Source: CDC-NSSP - Data retrieved on 2023-08-16

Note: See **Data Sources** for more details about methods.

Co-morbid Substance Use and Mental Health Issues - Region and County

Table C.62: Frequent Mental Distress and Used a Substance by Region/County**

Ages 18+, New Mexico, 2020-2021

Region/County	Percent (%)	95% CI	Sample Size
Region			
Northwest	9.2	(7.7-10.9)	3107
Northeast	8.1	(6.9-9.5)	2411
Metropolitan	9.2	(7.8-10.9)	2501
Southeast	9.2	(7.5-11.3)	1510
Southwest	8.5	(7.1-10.2)	1890
County			
Bernalillo	9.0	(7.5-10.8)	1811
Catron			*
Chaves	11.7	(7.6-17.5)	320
Cibola	7.6	(4.9-11.6)	612
Colfax	7.8	(3.4-16.8)	98
Curry	7.3	(4.2-12.2)	280
De Baca			*
Dona Ana	7.1	(5.5-9.1)	1022
Eddy	9.2	(5.1-16.1)	229
Grant	11.3	(6.7-18.5)	208
Guadalupe			*
Harding			*
Hidalgo			*
Lea	8.8	(5.6-13.4)	297
Lincoln	5.5	(2.4-12.2)	150
Los Alamos	8.0	(4.5-13.9)	189
Luna	8.3	(3.8-17.3)	113
McKinley	6.7	(4.2-10.5)	613
Mora			*
Otero	8.1	(5.2-12.5)	319
Quay	16.6	(7.7-32.4)	68
Rio Arriba	9.0	(6.1-13.1)	349
Roosevelt	6.9	(3.0-15.1)	122
San Juan	11.0	(9.0-13.5)	1838
San Miguel	9.0	(5.5-14.2)	209
Sandoval	7.2	(4.6-11.2)	396
Santa Fe	8.2	(6.5-10.3)	1188
Sierra	19.9	(9.4-37.3)	65
Socorro	14.4	(7.1-26.8)	81
Taos	8.0	(5.1-12.5)	244
Torrance			*
Union			*
Valencia	13.6	(7.5-23.5)	227
Total			
Total	8.9	(8.2-9.8)	11419

Source: 2020-2021 BRFSS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Frequent Mental Distress - Experienced stress, depression, or problems with emotions over 14 or more of the last 30 days.

Substances Include: Alcohol, tobacco, and marijuana used in the past 30 days.

Table C.63: Depression and Used a Substance by Region and County**
Ages 18+, New Mexico, 2020-2021

Region/County	Percent (%)	95% CI	Sample Size
Region			
Northwest	10.0	(8.5-11.7)	3137
Northeast	11.7	(10.3-13.3)	2434
Metropolitan	14.6	(12.8-16.6)	2520
Southeast	10.0	(8.3-12.0)	1526
Southwest	11.0	(9.4-12.9)	1907
County			
Bernalillo	14.6	(12.6-16.8)	1822
Catron			*
Chaves	13.9	(9.7-19.4)	327
Cibola	9.4	(6.6-13.1)	619
Colfax	12.8	(6.7-23.0)	98
Curry	7.2	(4.3-11.6)	283
De Baca			*
Dona Ana	11.0	(8.9-13.6)	1033
Eddy	6.4	(3.4-11.8)	229
Grant	16.8	(10.5-25.9)	209
Guadalupe			*
Harding			*
Hidalgo			*
Lea	8.8	(5.8-13.2)	299
Lincoln	14.1	(8.6-22.4)	151
Los Alamos	11.3	(6.8-18.0)	191
Luna	6.8	(3.4-13.2)	112
McKinley	7.3	(4.9-10.8)	623
Mora			*
Otero	8.4	(5.6-12.4)	323
Quay	11.4	(4.1-27.6)	68
Rio Arriba	12.1	(8.4-17.1)	353
Roosevelt	12.9	(6.7-23.6)	124
San Juan	11.9	(9.8-14.3)	1850
San Miguel	10.0	(6.1-15.9)	210
Sandoval	12.8	(8.9-17.9)	400
Santa Fe	12.7	(10.7-15.0)	1197
Sierra	17.4	(9.2-30.5)	66
Socorro	14.7	(6.8-29.1)	82
Taos	9.0	(6.1-13.1)	251
Torrance			*
Union			*
Valencia	17.8	(11.0-27.3)	229
Total			
Total	12.5	(11.5-13.5)	11524

Source: 2020-2021 BRFSS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

***Depression - Ever told they had a depressive disorder by a doctor, nurse, or other health professional.

Substances Include: Alcohol, tobacco, and marijuana used in the past 30 days.

Table C.64: Suicide Thoughts and Used a Substance by Region and County**
Ages 18+, New Mexico, 2020-2021

Region/County	Percent (%)	95% CI	Sample Size
Region			
Northwest	4.2	(3.2-5.5)	3128
Northeast	4.8	(3.8-6.0)	2434
Metropolitan	6.2	(5.1-7.6)	2514
Southeast	4.4	(3.2-6.1)	1523
Southwest	5.0	(3.8-6.5)	1905
County			
Bernalillo	6.7	(5.3-8.4)	1819
Catron			*
Chaves	4.2	(2.2-7.9)	326
Cibola	2.5	(1.5-4.3)	615
Colfax	4.1	(1.4-11.7)	98
Curry	2.6	(1.1-6.3)	283
De Baca			*
Dona Ana	5.4	(3.8-7.6)	1032
Eddy	1.6	(0.4-6.0)	229
Grant	6.2	(2.9-12.8)	209
Guadalupe			*
Harding			*
Hidalgo			*
Lea	7.9	(4.5-13.3)	297
Lincoln	3.2	(1.1-9.1)	152
Los Alamos	4.8	(2.1-10.6)	191
Luna	1.6	(0.4-6.2)	115
McKinley	2.6	(1.2-5.3)	618
Mora			*
Otero	4.4	(2.3-8.0)	321
Quay	4.7	(0.7-26.5)	68
Rio Arriba	4.5	(2.6-7.7)	351
Roosevelt	4.9	(1.5-14.5)	124
San Juan	5.5	(4.0-7.4)	1851
San Miguel	6.2	(3.4-11.1)	208
Sandoval	4.9	(2.7-8.9)	399
Santa Fe	4.9	(3.5-6.9)	1200
Sierra	10.2	(2.7-32.1)	65
Socorro	4.5	(1.1-16.8)	81
Taos	3.7	(1.7-7.8)	251
Torrance			*
Union			*
Valencia	4.0	(1.7-8.9)	228
Total			
Total	5.3	(4.7-6.0)	11504

Source: 2020-2021 BRFSS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

***Suicide Thoughts - Seriously considered a suicide attempt in the past 12 months.

Substances Include: Alcohol, tobacco, and marijuana used in the past 30 days.

Table C.65: Substance Use and/or Mental Health Issue Estimates by County**

Ages 18+, New Mexico, 2020-2021

County	Mental Health Issue		Substance Use Issue		Both Issues	
	Percent	Count	Percent (%)	Count	Percent (%)	Count
Bernalillo	30.2%	161780	61.2%	327845	19.3%	103389
Catron	14.1%	466	63.8%	2108	10.9%	360
Chaves	30.2%	14483	51.4%	24649	18.2%	8728
Cibola	25.4%	5320	55.6%	11645	13.6%	2848
Colfax	24.8%	2541	52.1%	5339	14.3%	1465
Curry	22.2%	8010	49.4%	17824	12.3%	4438
De Baca	*	*	*	*	*	*
Dona Ana	28.4%	47847	57.3%	96537	15.9%	26788
Eddy	18.2%	8287	58.8%	26773	13.3%	6056
Grant	27.6%	6229	68.0%	15348	20.3%	4582
Guadalupe	*	*	*	*	*	*
Harding	*	*	*	*	*	*
Hidalgo	*	*	*	*	*	*
Lea	26.6%	13528	54.7%	27820	15.2%	7731
Lincoln	21.5%	3626	60.2%	10154	16.0%	2699
Los Alamos	20.9%	3193	65.9%	10069	15.6%	2384
Luna	26.5%	4962	44.1%	8258	10.7%	2004
McKinley	21.4%	11120	44.6%	23175	12.2%	6339
Mora	*	*	*	*	*	*
Otero	21.8%	11569	62.8%	33326	12.7%	6740
Quay	28.0%	1937	60.1%	4157	17.9%	1238
Rio Arriba	24.8%	7717	52.0%	16180	16.1%	5010
Roosevelt	27.6%	4028	53.8%	7852	17.7%	2583
San Juan	26.0%	23590	48.4%	43914	16.4%	14880
San Miguel	31.2%	7025	60.3%	13577	18.2%	4098
Sandoval	24.2%	28501	65.6%	77259	14.9%	17548
Santa Fe	26.7%	34430	62.6%	80725	18.0%	23212
Sierra	35.3%	3433	70.6%	6867	26.9%	2616
Socorro	28.6%	3632	60.2%	7645	21.6%	2743
Taos	21.7%	6264	61.4%	17724	14.6%	4214
Torrance	*	*	*	*	*	*
Union	*	*	*	*	*	*
Valencia	29.9%	17777	57.8%	34365	23.0%	13675
New Mexico	27.2%	448345	58.3%	960976	17.3%	285161

Source: 2020-2021 BRFSS

Notes: * Indicates a suppressed row due to insufficient sample size (less than 50 observations).

**Mental Health Issue indicates at least one of the following: Diagnosed with depression, frequent mental distress, and seriously considered a suicide attempt

Substance Use Issue indicates at least one of the following substances used: Alcohol, tobacco, or marijuana.

Both Issues indicates the presence of at least one mental health issue and at least one substance use issue.

Counts use available population estimates to estimate number of persons with the health issue.

Columns are not mutually exclusive. See **Methodology** for more details about estimation methods.

APPENDIX —D—

ICD-10 Code Reference Table For Emergency Department Analysis

Background - Clinical Classification Software Refined

Mental health and substance use statistics in this report use Clinical Classifications Software Refined (v2023.1) to group codes into diagnostic categories. See https://www.hcup-us.ahrq.gov/toolssoftware/ccsr/ccs_refined.jsp for more information. The Clinical Classifications Software Refined (CCSR) for ICD-10-CM Diagnoses is one in a family of databases and software tools developed as part of the Healthcare Cost and Utilization Project (HCUP), a Federal-State-Industry partnership sponsored by the Agency for Healthcare Research and Quality (AHRQ). HCUP databases, tools, and software inform decision making at the national, State, and community levels. The Clinical Classifications Software Refined (CCSR) for ICD-10-CM diagnoses aggregates more than 70,000 ICD-10-CM diagnosis codes into over 530 clinically meaningful categories. The CCSR is based on the International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM). The categories are organized across 22 body systems, which generally follow the structure of the ICD-10-CM diagnosis chapters. The following pages provide reference to codes under mental health and substance use categories used in this report and their corresponding groupings.

ICD-10-CM Code	ICD-10-CM Code Description	CCSR Category	CCSR Subcategory
F53	Puerperal psychosis	Mental Health (MBD001 - MBD012)	Schizophrenia spectrum and other psychotic disorders
F531	Puerperal psychosis	Mental Health (MBD001 - MBD012)	Schizophrenia spectrum and other psychotic disorders
F0631	Mood disorder due to known physiological condition with depressive features	Mental Health (MBD001 - MBD012)	Depressive disorders
F0632	Mood disorder due to known physiological condition with major depressive-like episode	Mental Health (MBD001 - MBD012)	Depressive disorders
F0634	Mood disorder due to known physiological condition with mixed features	Mental Health (MBD001 - MBD012)	Depressive disorders
F320	Major depressive disorder, single episode, mild	Mental Health (MBD001 - MBD012)	Depressive disorders
F321	Major depressive disorder, single episode, moderate	Mental Health (MBD001 - MBD012)	Depressive disorders
F322	Major depressive disorder, single episode, severe without psychotic features	Mental Health (MBD001 - MBD012)	Depressive disorders
F323	Major depressive disorder, single episode, severe with psychotic features	Mental Health (MBD001 - MBD012)	Depressive disorders
F324	Major depressive disorder, single episode, in partial remission	Mental Health (MBD001 - MBD012)	Depressive disorders
F328	Other depressive episodes	Mental Health (MBD001 - MBD012)	Depressive disorders
F3281	Premenstrual dysphoric disorder	Mental Health (MBD001 - MBD012)	Depressive disorders
F3289	Other specified depressive episodes	Mental Health (MBD001 - MBD012)	Depressive disorders
F329	Major depressive disorder, single episode, unspecified	Mental Health (MBD001 - MBD012)	Depressive disorders
F32A	Depression, unspecified	Mental Health (MBD001 - MBD012)	Depressive disorders
F330	Major depressive disorder, recurrent, mild	Mental Health (MBD001 - MBD012)	Depressive disorders
F331	Major depressive disorder, recurrent, moderate	Mental Health (MBD001 - MBD012)	Depressive disorders
F332	Major depressive disorder, recurrent severe without psychotic features	Mental Health (MBD001 - MBD012)	Depressive disorders
F333	Major depressive disorder, recurrent, severe with psychotic symptoms	Mental Health (MBD001 - MBD012)	Depressive disorders
F3341	Major depressive disorder, recurrent, in partial remission	Mental Health (MBD001 - MBD012)	Depressive disorders
F338	Other recurrent depressive disorders	Mental Health (MBD001 - MBD012)	Depressive disorders
F339	Major depressive disorder, recurrent, unspecified	Mental Health (MBD001 - MBD012)	Depressive disorders
F341	Dysthymic disorder	Mental Health (MBD001 - MBD012)	Depressive disorders
F530	Postpartum depression	Mental Health (MBD001 - MBD012)	Depressive disorders
O906	Postpartum mood disturbance	Mental Health (MBD001 - MBD012)	Depressive disorders
F0633	Mood disorder due to known physiological condition with manic features	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F0634	Mood disorder due to known physiological condition with mixed features	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3010	Manic episode without psychotic symptoms, unspecified	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3011	Manic episode without psychotic symptoms, mild	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3012	Manic episode without psychotic symptoms, moderate	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3013	Manic episode, severe, without psychotic symptoms	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F302	Manic episode, severe with psychotic symptoms	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F303	Manic episode in partial remission	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F308	Other manic episodes	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F309	Manic episode, unspecified	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F310	Bipolar disorder, current episode hypomanic	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3110	Bipolar disorder, current episode manic without psychotic features, unspecified	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3111	Bipolar disorder, current episode manic without psychotic features, mild	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3112	Bipolar disorder, current episode manic without psychotic features, moderate	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3113	Bipolar disorder, current episode manic without psychotic features, severe	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F312	Bipolar disorder, current episode manic severe with psychotic features	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3130	Bipolar disorder, current episode depressed, mild or moderate severity, unspecified	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3131	Bipolar disorder, current episode depressed, mild	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3132	Bipolar disorder, current episode depressed, moderate	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F314	Bipolar disorder, current episode depressed, severe, without psychotic features	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F315	Bipolar disorder, current episode depressed, severe, with psychotic features	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3160	Bipolar disorder, current episode mixed, unspecified	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3161	Bipolar disorder, current episode mixed, mild	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3162	Bipolar disorder, current episode mixed, moderate	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3163	Bipolar disorder, current episode mixed, severe, without psychotic features	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3164	Bipolar disorder, current episode mixed, severe, with psychotic features	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3171	Bipolar disorder, in partial remission, most recent episode hypomanic	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3173	Bipolar disorder, in partial remission, most recent episode manic	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3175	Bipolar disorder, in partial remission, most recent episode depressed	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3177	Bipolar disorder, in partial remission, most recent episode mixed	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3181	Bipolar II disorder	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F3189	Other bipolar disorder	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F319	Bipolar disorder, unspecified	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F340	Cyclothymic disorder	Mental Health (MBD001 - MBD012)	Bipolar and related disorders
F0630	Mood disorder due to known physiological condition, unspecified	Mental Health (MBD001 - MBD012)	Other specified and unspecified mood disorders
F348	Other persistent mood [affective] disorders	Mental Health (MBD001 - MBD012)	Other specified and unspecified mood disorders
F3481	Disruptive mood dysregulation disorder	Mental Health (MBD001 - MBD012)	Other specified and unspecified mood disorders
F3489	Other specified persistent mood disorders	Mental Health (MBD001 - MBD012)	Other specified and unspecified mood disorders
F349	Persistent mood [affective] disorder, unspecified	Mental Health (MBD001 - MBD012)	Other specified and unspecified mood disorders
F39	Unspecified mood [affective] disorder	Mental Health (MBD001 - MBD012)	Other specified and unspecified mood disorders
F064	Anxiety disorder due to known physiological condition	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F10180	Alcohol abuse with alcohol-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F10280	Alcohol dependence with alcohol-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F10980	Alcohol use, unspecified with alcohol-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F12180	Cannabis abuse with cannabis-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F12280	Cannabis dependence with cannabis-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F12980	Cannabis use, unspecified with anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F13180	Sedative, hypnotic or anxiolytic abuse with sedative, hypnotic or anxiolytic-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F13280	Sedative, hypnotic or anxiolytic dependence with sedative, hypnotic or anxiolytic-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F13980	Sedative, hypnotic or anxiolytic use, unspecified with sedative, hypnotic or anxiolytic-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F14180	Cocaine abuse with cocaine-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F14280	Cocaine dependence with cocaine-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F14980	Cocaine use, unspecified with cocaine-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F15180	Other stimulant abuse with stimulant-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F15280	Other stimulant dependence with stimulant-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F15980	Other stimulant use, unspecified with stimulant-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F16180	Hallucinogen abuse with hallucinogen-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F16280	Hallucinogen dependence with hallucinogen-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F16980	Hallucinogen use, unspecified with hallucinogen-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F18180	Inhalant abuse with inhalant-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F18280	Inhalant dependence with inhalant-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F18980	Inhalant use, unspecified with inhalant-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F19180	Other psychoactive substance abuse with psychoactive substance-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F19280	Other psychoactive substance dependence with psychoactive substance-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F19980	Other psychoactive substance use, unspecified with psychoactive substance-induced anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F4000	Agoraphobia, unspecified	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F4001	Agoraphobia with panic disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F4002	Agoraphobia without panic disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F4010	Social phobia, unspecified	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F4011	Social phobia, generalized	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40210	Arachnophobia	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40218	Other animal type phobia	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40220	Fear of thunderstorms	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40228	Other natural environment type phobia	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40230	Fear of blood	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40231	Fear of injections and transfusions	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40232	Fear of other medical care	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders

ICD-10-CM Code	ICD-10-CM Code Description	CCSR Category	CCSR Subcategory
F40233	Fear of injury	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40240	Claustrophobia	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40241	Acrophobia	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40242	Fear of bridges	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40243	Fear of flying	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40248	Other situational type phobia	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40290	Androphobia	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40291	Gynophobia	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F40298	Other specified phobia	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F408	Other phobic anxiety disorders	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F409	Phobic anxiety disorder, unspecified	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F410	Panic disorder [episodic paroxysmal anxiety]	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F411	Generalized anxiety disorder	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F413	Other mixed anxiety disorders	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F418	Other specified anxiety disorders	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F419	Anxiety disorder, unspecified	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F930	Separation anxiety disorder of childhood	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F940	Selective mutism	Mental Health (MBD001 - MBD012)	Anxiety and fear-related disorders
F42	Obsessive-compulsive disorder	Mental Health (MBD001 - MBD012)	Obsessive-compulsive and related disorders
F422	Mixed obsessional thoughts and acts	Mental Health (MBD001 - MBD012)	Obsessive-compulsive and related disorders
F423	Hoarding disorder	Mental Health (MBD001 - MBD012)	Obsessive-compulsive and related disorders
F424	Excoriation (skin-picking) disorder	Mental Health (MBD001 - MBD012)	Obsessive-compulsive and related disorders
F428	Other obsessive-compulsive disorder	Mental Health (MBD001 - MBD012)	Obsessive-compulsive and related disorders
F429	Obsessive-compulsive disorder, unspecified	Mental Health (MBD001 - MBD012)	Obsessive-compulsive and related disorders
F4522	Body dysmorphic disorder	Mental Health (MBD001 - MBD012)	Obsessive-compulsive and related disorders
F633	Trichotillomania	Mental Health (MBD001 - MBD012)	Obsessive-compulsive and related disorders
F430	Acute stress reaction	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F4310	Post-traumatic stress disorder, unspecified	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F4311	Post-traumatic stress disorder, acute	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F4312	Post-traumatic stress disorder, chronic	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F4320	Adjustment disorder, unspecified	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F4321	Adjustment disorder with depressed mood	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F4322	Adjustment disorder with anxiety	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F4323	Adjustment disorder with mixed anxiety and depressed mood	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F4324	Adjustment disorder with disturbance of conduct	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F4325	Adjustment disorder with mixed disturbance of emotions and conduct	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F4329	Adjustment disorder with other symptoms	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F438	Other reactions to severe stress	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F4381	Prolonged grief disorder	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F4389	Other reactions to severe stress	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F439	Reaction to severe stress, unspecified	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F440	Dissociative amnesia	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F441	Dissociative fugue	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F442	Dissociative stupor	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F444	Conversion disorder with motor symptom or deficit	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F445	Conversion disorder with seizures or convulsions	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F446	Conversion disorder with sensory symptom or deficit	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F447	Conversion disorder with mixed symptom presentation	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F4481	Dissociative identity disorder	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F4489	Other dissociative and conversion disorders	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F449	Dissociative and conversion disorder, unspecified	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F481	Depersonalization-derealization syndrome	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F941	Reactive attachment disorder of childhood	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F942	Disinhibited attachment disorder of childhood	Mental Health (MBD001 - MBD012)	Trauma- and stressor-related disorders
F602	Antisocial personality disorder	Mental Health (MBD001 - MBD012)	Disruptive, impulse-control and conduct disorders
F631	Pyromania	Mental Health (MBD001 - MBD012)	Disruptive, impulse-control and conduct disorders
F632	Kleptomania	Mental Health (MBD001 - MBD012)	Disruptive, impulse-control and conduct disorders
F6381	Intermittent explosive disorder	Mental Health (MBD001 - MBD012)	Disruptive, impulse-control and conduct disorders
F6389	Other impulse disorders	Mental Health (MBD001 - MBD012)	Disruptive, impulse-control and conduct disorders
F639	Impulse disorder, unspecified	Mental Health (MBD001 - MBD012)	Disruptive, impulse-control and conduct disorders
F910	Conduct disorder confined to family context	Mental Health (MBD001 - MBD012)	Disruptive, impulse-control and conduct disorders
F911	Conduct disorder, childhood-onset type	Mental Health (MBD001 - MBD012)	Disruptive, impulse-control and conduct disorders
F912	Conduct disorder, adolescent-onset type	Mental Health (MBD001 - MBD012)	Disruptive, impulse-control and conduct disorders
F913	Oppositional defiant disorder	Mental Health (MBD001 - MBD012)	Disruptive, impulse-control and conduct disorders
F918	Other conduct disorders	Mental Health (MBD001 - MBD012)	Disruptive, impulse-control and conduct disorders
F919	Conduct disorder, unspecified	Mental Health (MBD001 - MBD012)	Disruptive, impulse-control and conduct disorders
F070	Personality change due to known physiological condition	Mental Health (MBD001 - MBD012)	Personality disorders
F21	Schizotypal disorder	Mental Health (MBD001 - MBD012)	Personality disorders
F600	Paranoid personality disorder	Mental Health (MBD001 - MBD012)	Personality disorders
F601	Schizoid personality disorder	Mental Health (MBD001 - MBD012)	Personality disorders
F602	Antisocial personality disorder	Mental Health (MBD001 - MBD012)	Personality disorders
F603	Borderline personality disorder	Mental Health (MBD001 - MBD012)	Personality disorders
F604	Histrionic personality disorder	Mental Health (MBD001 - MBD012)	Personality disorders
F605	Obsessive-compulsive personality disorder	Mental Health (MBD001 - MBD012)	Personality disorders
F606	Avoidant personality disorder	Mental Health (MBD001 - MBD012)	Personality disorders
F607	Dependent personality disorder	Mental Health (MBD001 - MBD012)	Personality disorders
F6081	Narcissistic personality disorder	Mental Health (MBD001 - MBD012)	Personality disorders
F6089	Other specific personality disorders	Mental Health (MBD001 - MBD012)	Personality disorders
F609	Personality disorder, unspecified	Mental Health (MBD001 - MBD012)	Personality disorders
F688	Other specified disorders of adult personality and behavior	Mental Health (MBD001 - MBD012)	Personality disorders
F69	Unspecified disorder of adult personality and behavior	Mental Health (MBD001 - MBD012)	Personality disorders
F5000	Anorexia nervosa, unspecified	Mental Health (MBD001 - MBD012)	Feeding and eating disorders
F5001	Anorexia nervosa, restricting type	Mental Health (MBD001 - MBD012)	Feeding and eating disorders
F5002	Anorexia nervosa, binge eating/purging type	Mental Health (MBD001 - MBD012)	Feeding and eating disorders
F502	Bulimia nervosa	Mental Health (MBD001 - MBD012)	Feeding and eating disorders
F508	Other eating disorders	Mental Health (MBD001 - MBD012)	Feeding and eating disorders
F5081	Binge eating disorder	Mental Health (MBD001 - MBD012)	Feeding and eating disorders
F5082	Avoidant/restrictive food intake disorder	Mental Health (MBD001 - MBD012)	Feeding and eating disorders
F5089	Other specified eating disorder	Mental Health (MBD001 - MBD012)	Feeding and eating disorders
F509	Eating disorder, unspecified	Mental Health (MBD001 - MBD012)	Feeding and eating disorders
F9821	Rumination disorder of infancy	Mental Health (MBD001 - MBD012)	Feeding and eating disorders
F9829	Other feeding disorders of infancy and early childhood	Mental Health (MBD001 - MBD012)	Feeding and eating disorders
F983	Pica of infancy and childhood	Mental Health (MBD001 - MBD012)	Feeding and eating disorders
F450	Somatization disorder	Mental Health (MBD001 - MBD012)	Somatic disorders
F451	Undifferentiated somatoform disorder	Mental Health (MBD001 - MBD012)	Somatic disorders
F4520	Hypochondriacal disorder, unspecified	Mental Health (MBD001 - MBD012)	Somatic disorders
F4521	Hypochondriasis	Mental Health (MBD001 - MBD012)	Somatic disorders
F4529	Other hypochondriacal disorders	Mental Health (MBD001 - MBD012)	Somatic disorders
F4541	Pain disorder exclusively related to psychological factors	Mental Health (MBD001 - MBD012)	Somatic disorders
F4542	Pain disorder with related psychological factors	Mental Health (MBD001 - MBD012)	Somatic disorders
F458	Other somatoform disorders	Mental Health (MBD001 - MBD012)	Somatic disorders
F459	Somatoform disorder, unspecified	Mental Health (MBD001 - MBD012)	Somatic disorders

ICD-10-CM Code	ICD-10-CM Code Description	CCSR Category	CCSR Subcategory
T4400X2A	Poisoning by anticholinesterase agents, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T441X2A	Poisoning by other parasympathomimetics [cholinergics], intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T442X2A	Poisoning by ganglionic blocking drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T443X2A	Poisoning by other parasympatholytics [anticholinergics and antimuscarinics] and spasmolytics, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T444X2A	Poisoning by predominantly alpha-adrenoceptor agonists, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T445X2A	Poisoning by predominantly beta-adrenoceptor agonists, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T446X2A	Poisoning by alpha-adrenoceptor antagonists, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T447X2A	Poisoning by beta-adrenoceptor antagonists, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T448X2A	Poisoning by centrally-acting and adrenergic-neuron-blocking agents, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T44902A	Poisoning by unspecified drugs primarily affecting the autonomic nervous system, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T44992A	Poisoning by other drug primarily affecting the autonomic nervous system, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T450X2A	Poisoning by antiemetic and antiemetic drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T451X2A	Poisoning by antineoplastic and immunosuppressive drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T452X2A	Poisoning by vitamins, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T453X2A	Poisoning by enzymes, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T454X2A	Poisoning by iron and its compounds, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T45512A	Poisoning by anticoagulants, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T45522A	Poisoning by antithrombotic drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T45602A	Poisoning by unspecified fibrinolysis-affecting drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T45612A	Poisoning by thrombolytic drug, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T45622A	Poisoning by hemostatic drug, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T45692A	Poisoning by other fibrinolysis-affecting drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T457X2A	Poisoning by antihyperlipidemic and anti-gastric-secretion drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T458X2A	Poisoning by other primarily systemic and hematological agents, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T4592X2A	Poisoning by unspecified primarily systemic and hematological agent, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T460X2A	Poisoning by cardiac-stimulant glycosides and drugs of similar action, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T461X2A	Poisoning by calcium-channel blockers, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T462X2A	Poisoning by other antidysrhythmic drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T463X2A	Poisoning by coronary vasodilators, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T464X2A	Poisoning by angiotensin-converting-enzyme inhibitors, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T465X2A	Poisoning by other antihypertensive drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T466X2A	Poisoning by antihyperlipidemic and antiarteriosclerotic drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T467X2A	Poisoning by peripheral vasodilators, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T468X2A	Poisoning by antivaricose drugs, including sclerosing agents, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T46902A	Poisoning by unspecified agents primarily affecting the cardiovascular system, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T46992A	Poisoning by other agents primarily affecting the cardiovascular system, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T470X2A	Poisoning by histamine H2-receptor blockers, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T471X2A	Poisoning by other antacids and anti-gastric-secretion drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T472X2A	Poisoning by stimulant laxatives, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T473X2A	Poisoning by saline and osmotic laxatives, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T474X2A	Poisoning by other laxatives, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T475X2A	Poisoning by digestants, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T476X2A	Poisoning by antiarrhythmic drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T477X2A	Poisoning by emetics, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T478X2A	Poisoning by other agents primarily affecting gastrointestinal system, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T4792X2A	Poisoning by unspecified agents primarily affecting the gastrointestinal system, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T480X2A	Poisoning by oxytocic drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T481X2A	Poisoning by skeletal muscle relaxants [neuromuscular blocking agents], intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T48202A	Poisoning by unspecified drugs acting on muscles, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T48292A	Poisoning by other drugs acting on muscles, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T483X2A	Poisoning by antitussives, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T484X2A	Poisoning by expectorants, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T485X2A	Poisoning by other anti-common-cold drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T486X2A	Poisoning by antiasthmatics, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T48902A	Poisoning by unspecified agents primarily acting on the respiratory system, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T48992A	Poisoning by other agents primarily acting on the respiratory system, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T490X2A	Poisoning by local antifungal, anti-infective and anti-inflammatory drugs, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T491X2A	Poisoning by antipruritics, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T492X2A	Poisoning by local astringents and local detergents, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T493X2A	Poisoning by emollients, demulcents and protectants, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T494X2A	Poisoning by keratolytics, keratoplastics, and other hair treatment drugs and preparations, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T495X2A	Poisoning by ophthalmological drugs and preparations, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T496X2A	Poisoning by otorhinolaryngological drugs and preparations, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T497X2A	Poisoning by dental drugs, typically applied, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T498X2A	Poisoning by other topical agents, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T4992X2A	Poisoning by unspecified topical agent, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T500X2A	Poisoning by mineralocorticoids and their antagonists, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T501X2A	Poisoning by loop [high-ceiling] diuretics, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T502X2A	Poisoning by carbonic-anhydrase inhibitors, benzothiadiazides and other diuretics, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T503X2A	Poisoning by electrolytic, caloric and water-balance agents, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T504X2A	Poisoning by drugs affecting uric acid metabolism, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T505X2A	Poisoning by appetite depressants, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T506X2A	Poisoning by antidotes and chelating agents, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T507X2A	Poisoning by analeptics and opioid receptor antagonists, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T508X2A	Poisoning by diagnostic agents, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T50902A	Poisoning by unspecified drugs, medicaments and biological substances, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T50912A	Poisoning by multiple unspecified drugs, medicaments and biological substances, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T50992A	Poisoning by other drugs, medicaments and biological substances, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T50A12A	Poisoning by pertussis vaccine, including combinations with a pertussis component, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T50A22A	Poisoning by mixed bacterial vaccines without a pertussis component, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T50A92A	Poisoning by other bacterial vaccines, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T50B12A	Poisoning by smallpox vaccines, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T50B92A	Poisoning by other viral vaccines, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T50Z12A	Poisoning by immunoglobulin, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T50Z92A	Poisoning by other vaccines and biological substances, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T510X2A	Toxic effect of ethanol, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T511X2A	Toxic effect of methanol, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T512X2A	Toxic effect of 2-Propanol, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T513X2A	Toxic effect of fusel oil, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T518X2A	Toxic effect of other alcohols, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T5192X2A	Toxic effect of unspecified alcohol, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T520X2A	Toxic effect of petroleum products, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T521X2A	Toxic effect of benzene, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T522X2A	Toxic effect of homologues of benzene, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T523X2A	Toxic effect of glycols, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T524X2A	Toxic effect of ketones, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T528X2A	Toxic effect of other organic solvents, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T5292X2A	Toxic effect of unspecified organic solvent, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T530X2A	Toxic effect of carbon tetrachloride, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T531X2A	Toxic effect of chloroform, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T532X2A	Toxic effect of trichloroethylene, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T533X2A	Toxic effect of tetrachloroethylene, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm

ICD-10-CM Code	ICD-10-CM Code Description	CCSR Category	CCSR Subcategory
T6402XA	Toxic effect of aflatoxin, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T6482XA	Toxic effect of other mycotoxin food contaminants, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T650X2A	Toxic effect of cyanides, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T651X2A	Toxic effect of strychnine and its salts, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T65212A	Toxic effect of chewing tobacco, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T65222A	Toxic effect of tobacco cigarettes, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T65292A	Toxic effect of other tobacco and nicotine, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T653X2A	Toxic effect of nitroderivatives and aminoderivatives of benzene and its homologues, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T654X2A	Toxic effect of carbon disulfide, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T655X2A	Toxic effect of nitroglycerin and other nitric acids and esters, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T656X2A	Toxic effect of paints and dyes, not elsewhere classified, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T65812A	Toxic effect of latex, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T65822A	Toxic effect of harmful algae and algae toxins, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T65832A	Toxic effect of fiberglass, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T65892A	Toxic effect of other specified substances, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T6592XA	Toxic effect of unspecified substance, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T7112A	Asphyxiation due to smothering under pillow, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T7122A	Asphyxiation due to plastic bag, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T7132A	Asphyxiation due to being trapped in bed linens, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T7152A	Asphyxiation due to smothering in furniture, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T7162A	Asphyxiation due to hanging, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T7192A	Asphyxiation due to mechanical threat to breathing due to other causes, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T7222A	Asphyxiation due to being trapped in a car trunk, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
T7232A	Asphyxiation due to being trapped in a (discarded) refrigerator, intentional self-harm, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X710XXA	Intentional self-harm by drowning and submersion while in bathtub, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X711XXA	Intentional self-harm by drowning and submersion while in swimming pool, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X712XXA	Intentional self-harm by drowning and submersion after jump into swimming pool, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X713XXA	Intentional self-harm by drowning and submersion in natural water, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X718XXA	Other intentional self-harm by drowning and submersion, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X719XXA	Intentional self-harm by drowning and submersion, unspecified, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X720XXA	Intentional self-harm by handgun discharge, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X730XXA	Intentional self-harm by shotgun discharge, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X731XXA	Intentional self-harm by hunting rifle discharge, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X732XXA	Intentional self-harm by machine gun discharge, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X738XXA	Intentional self-harm by other larger firearm discharge, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X739XXA	Intentional self-harm by unspecified larger firearm discharge, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X7401XA	Intentional self-harm by airgun, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X7402XA	Intentional self-harm by paintball gun, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X7409XA	Intentional self-harm by other gas, air or spring-operated gun, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X748XXA	Intentional self-harm by other firearm discharge, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X749XXA	Intentional self-harm by unspecified firearm discharge, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X750XXA	Intentional self-harm by explosive material, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X760XXA	Intentional self-harm by smoke, fire and flames, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X770XXA	Intentional self-harm by steam or hot vapors, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X771XXA	Intentional self-harm by hot tap water, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X772XXA	Intentional self-harm by other hot fluids, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X773XXA	Intentional self-harm by hot household appliances, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X778XXA	Intentional self-harm by other hot objects, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X779XXA	Intentional self-harm by unspecified hot objects, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X780XXA	Intentional self-harm by sharp glass, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X781XXA	Intentional self-harm by knife, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X782XXA	Intentional self-harm by sword or dagger, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X788XXA	Intentional self-harm by other sharp object, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X789XXA	Intentional self-harm by unspecified sharp object, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X790XXA	Intentional self-harm by blunt object, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X800XXA	Intentional self-harm by jumping from a high place, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X810XXA	Intentional self-harm by jumping or lying in front of motor vehicle, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X811XXA	Intentional self-harm by jumping or lying in front of (subway) train, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X818XXA	Intentional self-harm by jumping or lying in front of other moving object, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X820XXA	Intentional collision of motor vehicle with other motor vehicle, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X821XXA	Intentional collision of motor vehicle with train, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X822XXA	Intentional collision of motor vehicle with tree, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X828XXA	Other intentional self-harm by crashing of motor vehicle, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X830XXA	Intentional self-harm by crashing of aircraft, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X831XXA	Intentional self-harm by electrocution, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X832XXA	Intentional self-harm by exposure to extremes of cold, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm
X838XXA	Intentional self-harm by other specified means, initial encounter	Mental Health (MBD001 - MBD012)	Suicidal ideation/attempt/intentional self-harm

ICD-10-CM Code	ICD-10-CM Code Description	CCSR Category	CCSR Subcategory
F1010	Alcohol abuse, uncomplicated	Substance Use (MBD017-024)	Alcohol-related disorders
F10120	Alcohol abuse with intoxication, uncomplicated	Substance Use (MBD017-024)	Alcohol-related disorders
F10121	Alcohol abuse with intoxication delirium	Substance Use (MBD017-024)	Alcohol-related disorders
F10129	Alcohol abuse with intoxication, unspecified	Substance Use (MBD017-024)	Alcohol-related disorders
F10130	Alcohol abuse with withdrawal, uncomplicated	Substance Use (MBD017-024)	Alcohol-related disorders
F10131	Alcohol abuse with withdrawal delirium	Substance Use (MBD017-024)	Alcohol-related disorders
F10132	Alcohol abuse with withdrawal with perceptual disturbance	Substance Use (MBD017-024)	Alcohol-related disorders
F10139	Alcohol abuse with withdrawal, unspecified	Substance Use (MBD017-024)	Alcohol-related disorders
F1014	Alcohol abuse with alcohol-induced mood disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F10150	Alcohol abuse with alcohol-induced psychotic disorder with delusions	Substance Use (MBD017-024)	Alcohol-related disorders
F10151	Alcohol abuse with alcohol-induced psychotic disorder with hallucinations	Substance Use (MBD017-024)	Alcohol-related disorders
F10159	Alcohol abuse with alcohol-induced psychotic disorder, unspecified	Substance Use (MBD017-024)	Alcohol-related disorders
F10180	Alcohol abuse with alcohol-induced anxiety disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F10181	Alcohol abuse with alcohol-induced sexual dysfunction	Substance Use (MBD017-024)	Alcohol-related disorders
F10182	Alcohol abuse with alcohol-induced sleep disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F10188	Alcohol abuse with other alcohol-induced disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F1019	Alcohol abuse with unspecified alcohol-induced disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F1020	Alcohol dependence, uncomplicated	Substance Use (MBD017-024)	Alcohol-related disorders
F10220	Alcohol dependence with intoxication, uncomplicated	Substance Use (MBD017-024)	Alcohol-related disorders
F10221	Alcohol dependence with intoxication delirium	Substance Use (MBD017-024)	Alcohol-related disorders
F10229	Alcohol dependence with intoxication, unspecified	Substance Use (MBD017-024)	Alcohol-related disorders
F10230	Alcohol dependence with withdrawal, uncomplicated	Substance Use (MBD017-024)	Alcohol-related disorders
F10231	Alcohol dependence with withdrawal delirium	Substance Use (MBD017-024)	Alcohol-related disorders
F10232	Alcohol dependence with withdrawal with perceptual disturbance	Substance Use (MBD017-024)	Alcohol-related disorders
F10239	Alcohol dependence with withdrawal, unspecified	Substance Use (MBD017-024)	Alcohol-related disorders
F1024	Alcohol dependence with alcohol-induced mood disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F10250	Alcohol dependence with alcohol-induced psychotic disorder with delusions	Substance Use (MBD017-024)	Alcohol-related disorders
F10251	Alcohol dependence with alcohol-induced psychotic disorder with hallucinations	Substance Use (MBD017-024)	Alcohol-related disorders
F10259	Alcohol dependence with alcohol-induced psychotic disorder, unspecified	Substance Use (MBD017-024)	Alcohol-related disorders
F1026	Alcohol dependence with alcohol-induced persisting amnesic disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F1027	Alcohol dependence with alcohol-induced persisting dementia	Substance Use (MBD017-024)	Alcohol-related disorders
F10280	Alcohol dependence with alcohol-induced anxiety disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F10281	Alcohol dependence with alcohol-induced sexual dysfunction	Substance Use (MBD017-024)	Alcohol-related disorders
F10282	Alcohol dependence with alcohol-induced sleep disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F10288	Alcohol dependence with other alcohol-induced disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F1029	Alcohol dependence with unspecified alcohol-induced disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F1090	Alcohol use, unspecified, uncomplicated	Substance Use (MBD017-024)	Alcohol-related disorders
F1091	Alcohol use, unspecified, in remission	Substance Use (MBD017-024)	Alcohol-related disorders
F10920	Alcohol use, unspecified with intoxication, uncomplicated	Substance Use (MBD017-024)	Alcohol-related disorders
F10921	Alcohol use, unspecified with intoxication delirium	Substance Use (MBD017-024)	Alcohol-related disorders
F10929	Alcohol use, unspecified with intoxication, unspecified	Substance Use (MBD017-024)	Alcohol-related disorders
F10930	Alcohol use, unspecified with withdrawal, uncomplicated	Substance Use (MBD017-024)	Alcohol-related disorders
F10931	Alcohol use, unspecified with withdrawal delirium	Substance Use (MBD017-024)	Alcohol-related disorders
F10932	Alcohol use, unspecified with withdrawal with perceptual disturbance	Substance Use (MBD017-024)	Alcohol-related disorders
F10939	Alcohol use, unspecified with withdrawal, unspecified	Substance Use (MBD017-024)	Alcohol-related disorders
F1094	Alcohol use, unspecified with alcohol-induced mood disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F10950	Alcohol use, unspecified with alcohol-induced psychotic disorder with delusions	Substance Use (MBD017-024)	Alcohol-related disorders
F10951	Alcohol use, unspecified with alcohol-induced psychotic disorder with hallucinations	Substance Use (MBD017-024)	Alcohol-related disorders
F10959	Alcohol use, unspecified with alcohol-induced psychotic disorder, unspecified	Substance Use (MBD017-024)	Alcohol-related disorders
F1096	Alcohol use, unspecified with alcohol-induced persisting amnesic disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F1097	Alcohol use, unspecified with alcohol-induced persisting dementia	Substance Use (MBD017-024)	Alcohol-related disorders
F10980	Alcohol use, unspecified with alcohol-induced anxiety disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F10981	Alcohol use, unspecified with alcohol-induced sexual dysfunction	Substance Use (MBD017-024)	Alcohol-related disorders
F10982	Alcohol use, unspecified with alcohol-induced sleep disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F10988	Alcohol use, unspecified with other alcohol-induced disorder	Substance Use (MBD017-024)	Alcohol-related disorders
F1099	Alcohol use, unspecified with unspecified alcohol-induced disorder	Substance Use (MBD017-024)	Alcohol-related disorders
G312	Degeneration of nervous system due to alcohol	Substance Use (MBD017-024)	Alcohol-related disorders
G621	Alcoholic polyneuropathy	Substance Use (MBD017-024)	Alcohol-related disorders
I426	Alcoholic cardiomyopathy	Substance Use (MBD017-024)	Alcohol-related disorders
K2920	Alcoholic gastritis without bleeding	Substance Use (MBD017-024)	Alcohol-related disorders
K2921	Alcoholic gastritis with bleeding	Substance Use (MBD017-024)	Alcohol-related disorders
K700	Alcoholic fatty liver	Substance Use (MBD017-024)	Alcohol-related disorders
K7010	Alcoholic hepatitis without ascites	Substance Use (MBD017-024)	Alcohol-related disorders
K7011	Alcoholic hepatitis with ascites	Substance Use (MBD017-024)	Alcohol-related disorders
K702	Alcoholic fibrosis and sclerosis of liver	Substance Use (MBD017-024)	Alcohol-related disorders
K7030	Alcoholic cirrhosis of liver without ascites	Substance Use (MBD017-024)	Alcohol-related disorders
K7031	Alcoholic cirrhosis of liver with ascites	Substance Use (MBD017-024)	Alcohol-related disorders
K7040	Alcoholic hepatic failure without coma	Substance Use (MBD017-024)	Alcohol-related disorders
K7041	Alcoholic hepatic failure with coma	Substance Use (MBD017-024)	Alcohol-related disorders
K709	Alcoholic liver disease, unspecified	Substance Use (MBD017-024)	Alcohol-related disorders
O354XX0	Maternal care for (suspected) damage to fetus from alcohol, not applicable or unspecified	Substance Use (MBD017-024)	Alcohol-related disorders
O354XX1	Maternal care for (suspected) damage to fetus from alcohol, fetus 1	Substance Use (MBD017-024)	Alcohol-related disorders
O354XX2	Maternal care for (suspected) damage to fetus from alcohol, fetus 2	Substance Use (MBD017-024)	Alcohol-related disorders
O354XX3	Maternal care for (suspected) damage to fetus from alcohol, fetus 3	Substance Use (MBD017-024)	Alcohol-related disorders
O354XX4	Maternal care for (suspected) damage to fetus from alcohol, fetus 4	Substance Use (MBD017-024)	Alcohol-related disorders
O354XX5	Maternal care for (suspected) damage to fetus from alcohol, fetus 5	Substance Use (MBD017-024)	Alcohol-related disorders
O354XX9	Maternal care for (suspected) damage to fetus from alcohol, other fetus	Substance Use (MBD017-024)	Alcohol-related disorders
O99310	Alcohol use complicating pregnancy, unspecified trimester	Substance Use (MBD017-024)	Alcohol-related disorders
O99311	Alcohol use complicating pregnancy, first trimester	Substance Use (MBD017-024)	Alcohol-related disorders
O99312	Alcohol use complicating pregnancy, second trimester	Substance Use (MBD017-024)	Alcohol-related disorders
O99313	Alcohol use complicating pregnancy, third trimester	Substance Use (MBD017-024)	Alcohol-related disorders
O99314	Alcohol use complicating childbirth	Substance Use (MBD017-024)	Alcohol-related disorders
O99315	Alcohol use complicating the puerperium	Substance Use (MBD017-024)	Alcohol-related disorders
F1110	Opioid abuse, uncomplicated	Substance Use (MBD017-024)	Opioid-related disorders
F11120	Opioid abuse with intoxication, uncomplicated	Substance Use (MBD017-024)	Opioid-related disorders
F11121	Opioid abuse with intoxication delirium	Substance Use (MBD017-024)	Opioid-related disorders
F11122	Opioid abuse with intoxication with perceptual disturbance	Substance Use (MBD017-024)	Opioid-related disorders
F11129	Opioid abuse with intoxication, unspecified	Substance Use (MBD017-024)	Opioid-related disorders
F1113	Opioid abuse with withdrawal	Substance Use (MBD017-024)	Opioid-related disorders
F1114	Opioid abuse with opioid-induced mood disorder	Substance Use (MBD017-024)	Opioid-related disorders

ICD-10-CM Code	ICD-10-CM Code Description	CCSR Category	CCSR Subcategory
O99333	Smoking (tobacco) complicating pregnancy, third trimester	Substance Use (MBD017-024)	Tobacco-related disorders
O99334	Smoking (tobacco) complicating childbirth	Substance Use (MBD017-024)	Tobacco-related disorders
O99335	Smoking (tobacco) complicating the puerperium	Substance Use (MBD017-024)	Tobacco-related disorders

Acronyms

BRFSS Behavioral Risk Factor Surveillance System. 5, 32–34, 45–47

CDC Centers for Disease Control and Prevention. 45

NMDOH New Mexico Department of Health. 45

NSDUH National Survey on Drug Use and Health. 46

NSSP National Syndromic Surveillance Program. 45–47

SAMHSA Substance Abuse and Mental Health Service Administration. 45

WHO World Health Organization. 45

YRRS Youth Risk and Resiliency Survey. 45–47

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