

SUSANA MARTINEZ, GOVERNOR

CATHERINE D. TORRES, M.D., CABINET SECRETARY

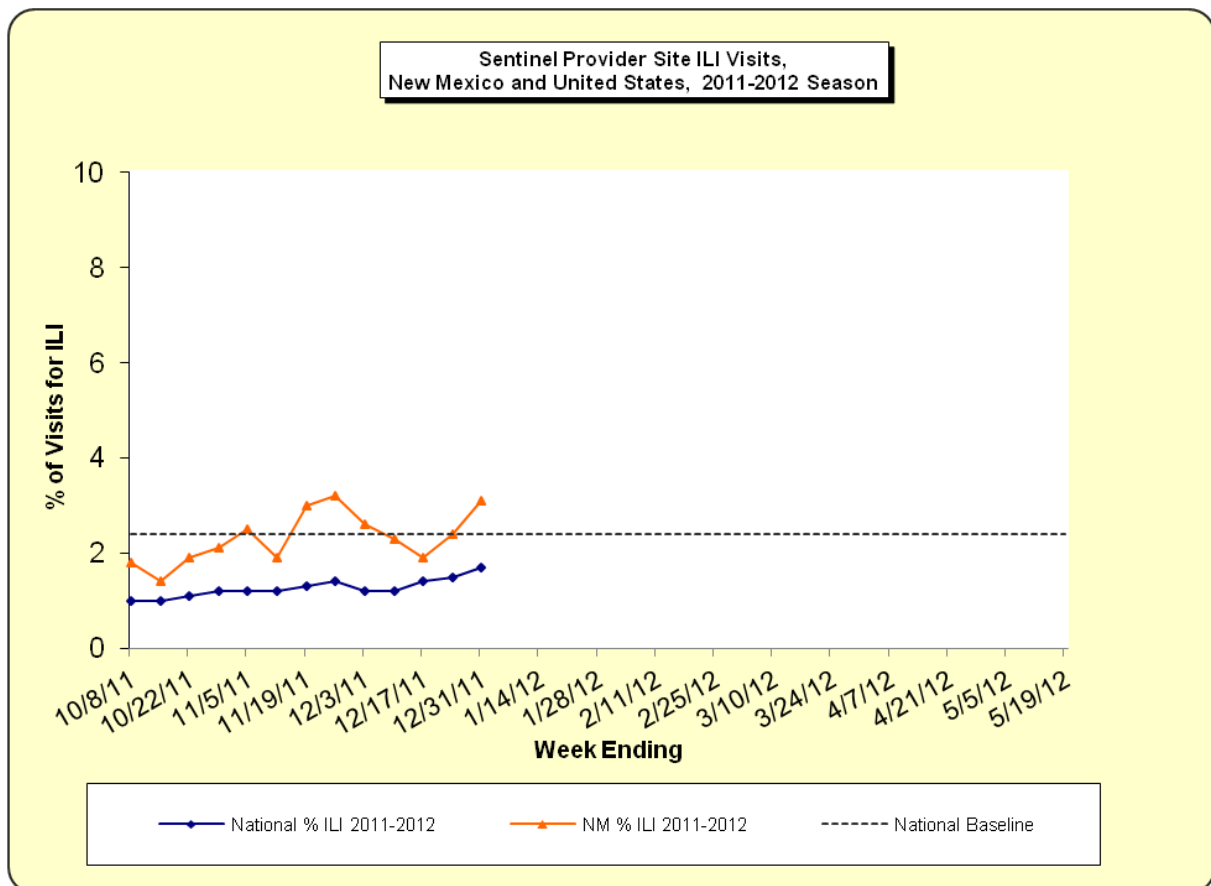
NEW MEXICO INFLUENZA SURVEILLANCE UPDATE 2011 - 2012 Influenza Season

Epidemiology and Response Division, New Mexico Department of Health (NMDOH)

Influenza Activity in New Mexico for **Week Ending December 31, 2011 (MMWR Week 52)**

Influenza in the State was **no activity to low activity** by several indicators¹:

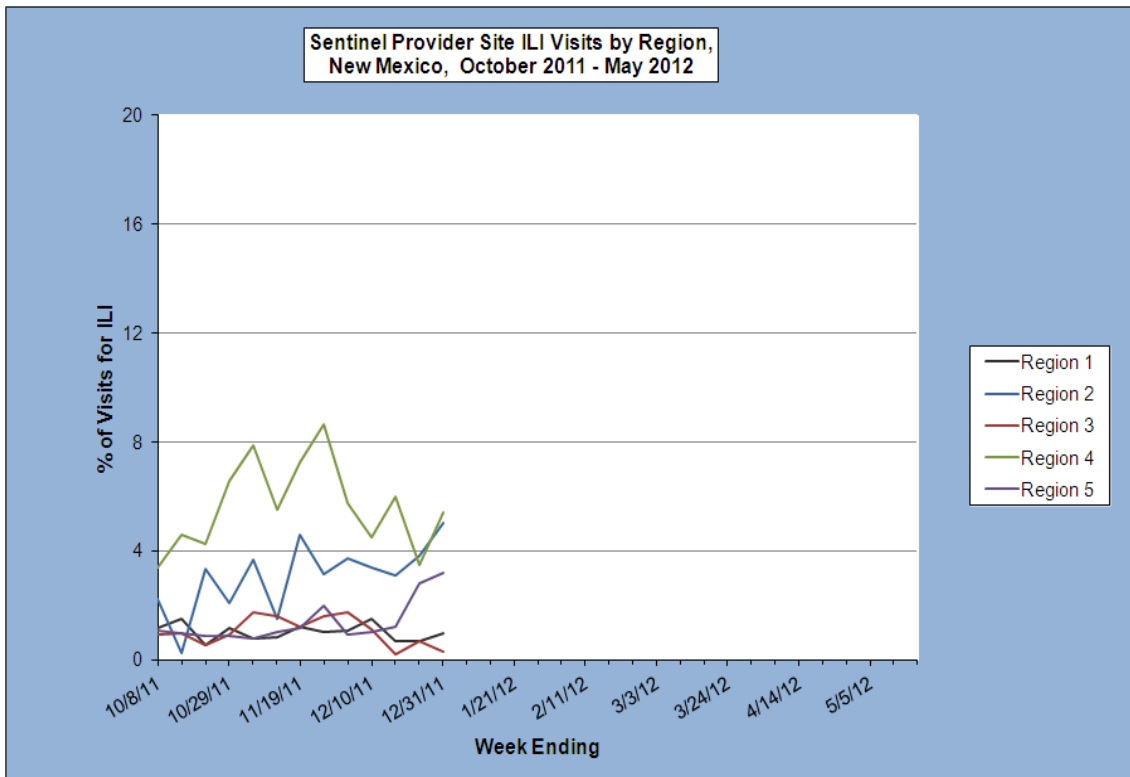
- **Outpatient Visits for Influenza-like illness (ILI):** a total of 22 out of 26 sentinel outpatient provider sites reported 6,593 patient visits, of which 195 (3.0%) were identified as visits for ILI². The previous week ending December 24th reported 2.6% influenza-like illness. See graph below displaying the comparison of statewide ILI activity to national ILI activity percentage.



EPIDEMIOLOGY AND RESPONSE

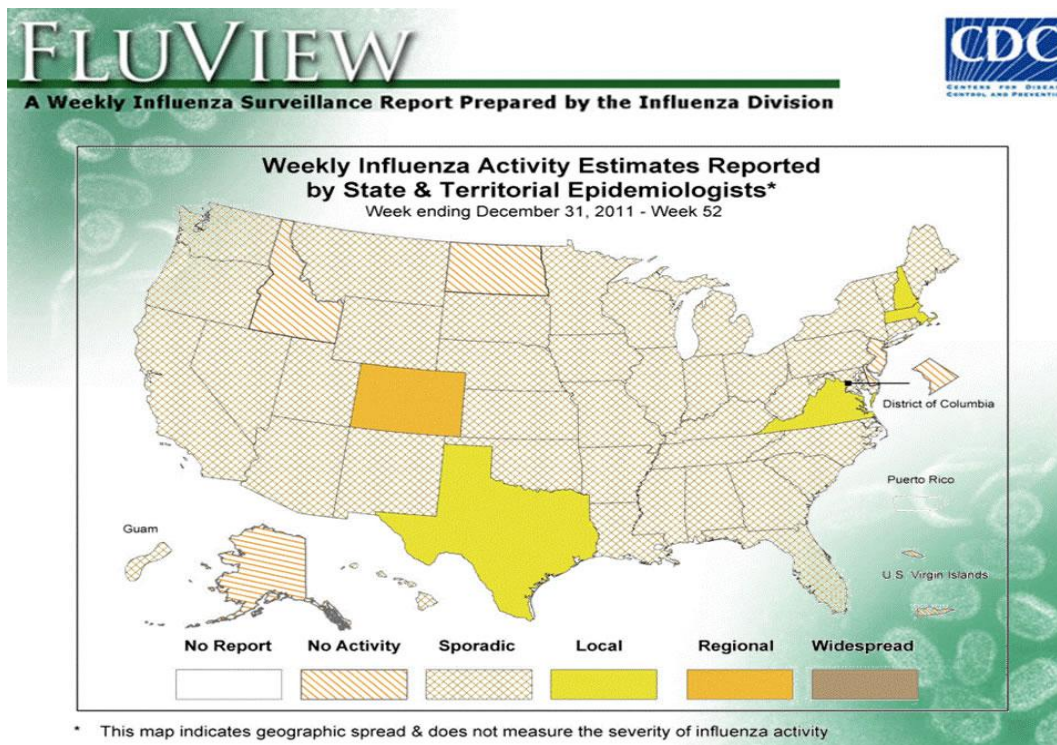
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- By Health Regions within the state (refer to page 4 table footnote defining the regions by county), activity was at low to slightly increased levels with a range of 0.3% ILI (Region 3) to 5.4% ILI (Region 4). See graph below for the current season's ILI by region.



- Laboratory tests for influenza:** since early October, the Scientific Lab Division (SLD) has reported two positive samples for influenza by PCR: one influenza type B collected in the last week of October, and one influenza A/H3 collected on 12/31/11. The Influenza Surveillance Program also received report from a commercial lab based in the state of 6 additional positive influenza samples, all influenza type B, detected on culture. That brings the total positive influenza samples to eight and all of them originating from McKinley, Bernalillo and Sandoval counties.
- Influenza-related deaths:** there have been no reports of deaths, adult or pediatric, caused by lab-confirmed influenza in New Mexico since the beginning of the season in early October.

- NMDOH reported the state influenza activity as “**Sporadic**” to the Centers for Disease Control and Prevention (CDC). See the table on page 3 for full definitions of activity levels. Below is a map of the U.S displaying New Mexico activity in comparison to influenza activity in bordering states, regions and nationally.



¹ Weekly ILI and lab data may change as additional reports are compiled.

² Influenza-like Activity (ILI) is defined as Fever ($\geq 100^{\circ}\text{F}$ [37.8°C]), oral or equivalent) AND cough and/or sore throat in absence of a KNOWN cause other than influenza.

This information is collected by the Infectious Disease Epidemiology Bureau, Epidemiology Response Division of NMDOH.

For questions, please call 505-827-0006. For more information on influenza go to the NMDOH web page: <http://www.health.state.nm.us/flu/> or the CDC web page: <http://www.cdc.gov/ncidod/diseases/flu/fluivirus.htm>

Activity Level	ILI activity*/Outbreaks		Laboratory data
No activity	Low	And	No lab confirmed cases [†]
Sporadic	Not increased	And	Isolated lab-confirmed cases
	OR		
Local	Increased ILI in 1 region**; ILI activity in other regions is not increased	And	Recent (within the past 3 weeks) lab evidence of influenza in region with increased ILI
	OR		
Regional	2 or more institutional outbreaks (ILI or lab confirmed) in 1 region; ILI activity in other regions is not increased	And	Recent (within the past 3 weeks) lab evidence of influenza in region with the outbreaks; virus activity is no greater than sporadic in other regions
	OR		
Regional	Increased ILI in less than half of the regions (2 or less)	And	Recent (within the past 3 weeks) lab confirmed influenza in the affected regions
	OR		
Regional	Institutional outbreaks (ILI or lab confirmed) in less than half of the regions (2 or less)	And	Recent (within the past 3 weeks) lab confirmed influenza in the affected regions
	OR		
Widespread	Increased ILI and/or institutional outbreaks (ILI or lab confirmed) in at least 3 of the 5 regions	And	Recent (within the past 3 weeks) lab confirmed influenza in the state.

*Influenza-like illness: Fever ($\geq 100^{\circ}\text{F}$ [37.8°C], oral or equivalent) and cough and/or sore throat (in the absence of a known cause other than influenza)

[†] Lab confirmed case = case confirmed by rapid diagnostic test, antigen detection, culture, or PCR. Care should be given when relying on results of point of care rapid diagnostic test kits during times when influenza is not circulating widely. The sensitivity and specificity of these tests vary and the predicative value positive may be low outside the time of peak influenza activity. Therefore, at the start of the season, NMDOH uses lab confirmation by PCR or culture to declare the presence of lab-confirmed influenza in the state. Positivity by other lab methods is recognized and tracked as another influenza activity indicator as the season progresses.

[‡] Institution includes nursing home, hospital, prison, school, etc.

**Region: population under surveillance in a defined geographical subdivision of a state. A region could be comprised of 1 or more counties and would be based on each state's specific circumstances. In New Mexico, the NMDOH regions are: Region 1—San Juan, McKinley, Sandoval, Cibola and Valencia counties; Region 2—Rio Arriba, Taos, Colfax, Union, Mora, Santa Fe, San Miguel and Guadalupe counties; Region 3 — Bernalillo county; Region 4 — Harding, Quay, Curry, DeBaca, Roosevelt, Chaves, Eddy and Lea counties, and Region 5 — Torrance, Lincoln, Socorro, Catron, Grant, Sierra, Otero, Dona Ana, Luna and Hidalgo counties.