

# **Epidemiology and Response Division**

#### NEW MEXICO INFLUENZA SURVEILLANCE UPDATE

Weekly Report ending December 4, 2004

### Weekly Summary of Influenza Activity in NM:

Eighteen of the eighteen sentinel sites reported a total of 4259 patient visits during the week ending December 4, 2004, of which 0.19 % were for an influenza-like illness. The week ending November 27 reported 0.14 % influenza-like illness. During the week ending December 4, 2004 there have been no laboratory confirmed influenza cases reported to the Epidemiology and Response Division of the New Mexico Department of Health (NMDOH). **NO ACTIVITY** was reported by NMDOH to the Centers for Disease Control and Prevention (CDC) (see table below for definitions).

## **Laboratory Activity in NM:**

To date this season, there have been no influenza virus isolates identified by culture at the Department of Health Scientific Laboratory Division (SLD) or at TriCore laboratory. Though CDC uses culture confirmed influenza to define the level of influenza activity, the New Mexico Department of Health has received reports of 2(0.6%) positive influenza B results out of 301 rapid tests performed at 15 clinical laboratories since October 24, 2004. Viral cultures were not performed on these two patients. For the week ending December 4, 2004, 15 clinical laboratories reported performing 57 rapid tests, none of which were positive. This information is collected by the Infectious Disease Epidemiology Bureau, Epidemiology Response Division, New Mexico Department of Health. For questions, please call 505-827-0006. For more information on influenza go to the NMDOH web page: <a href="http://www.cdc.gov/ncidod/diseases/flu/fluvirus.htm">http://www.cdc.gov/ncidod/diseases/flu/fluvirus.htm</a>

#### **Influenza-related Pediatric Mortality**

As of the week ending November 27, 2004, no cases of influenza-associated pediatric deaths have been reported to NMDOH or the CDC.

## Flu Activity in the Region

For the week ending November 27, 2004 (the most recent data available), influenza activity was reported as sporadic in 6 states (Arizona, Colorado, Montana, Nevada, Texas and Utah) in our area. Three specimens culture tested for influenza virus were positive for Influenza B in the Mountain region (Arizona, Colorado, Idaho, Montana, Nevada, New Mexico, Utah and Wyoming).

#### **National Flu Surveillance and Laboratory Activity:**

For the week ending November 27, 2004, 29 (2.1%) of 1,383 specimens tested for influenza viruses were positive. Of these, 3 were influenza A (H3N2) virus, 15 were influenza A that were not subtyped and 11 were influenza B viruses. Nationwide 1.8% of patient visits to U.S. sentinel providers were due to influenza-like-illness. One state reported regional activity, two states reported local activity and 35 states reported

sporadic flu activity nationally. More information on national surveillance can be found at http://www.cdc.gov/flu/weekly/.

<b>Activity Level</b>	ILI activity*/Outbreaks		Laboratory data
No activity	Low	And	No lab confirmed cases <sup>†</sup>
Sporadic	Not increased	And	Isolated lab-confirmed cases
	OR		
	Not increased	And	Lab confirmed outbreak in one institution <sup>‡</sup>
Local	Increased ILI in 1	And	Recent (within the past 3 weeks) lab
	region**; ILI activity in		evidence of influenza in region with
	other regions is not		increased ILI
	increased		
	OR		
	2 or more institutional		Recent (within the past 3 weeks) lab
	outbreaks (ILI or lab		evidence of influenza in region with the
	confirmed) in 1 region;	And	outbreaks; virus activity is no greater than
	ILI activity in other		sporadic in other regions
	regions is not increased		
Regional	Increased ILI in ≥2 but		Recent (within the past 3 weeks) lab
	less than half of the	And	confirmed influenza in the affected regions
	regions		
(doesn't apply	OR		
to states with ≤4 regions)	Institutional outbreaks		Recent (within the past 3 weeks) lab
	(ILI or lab confirmed) in	And	confirmed influenza in the affected regions
	$\geq$ 2 and less than half of		
	the regions		
Widespread	Increased ILI and/or	And	Recent (within the past 3 weeks) lab
	institutional outbreaks		confirmed influenza in the state.
	(ILI or lab confirmed) in		
	at least half of the regions		

<sup>\*</sup> ILI activity can be assessed using a variety of data sources including sentinel providers, school/workplace absenteeism, and other syndromic surveillance systems that monitor influenza-like illness.

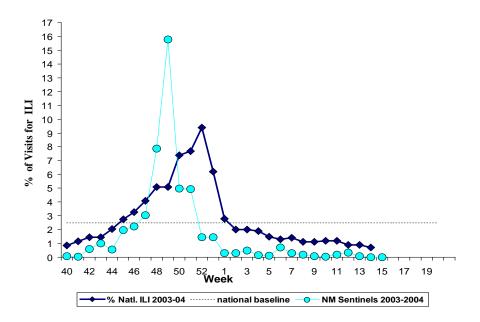
Lab confirmed case = case confirmed by rapid diagnostic test, antigen detection, culture, or PCR. Care should be given when relying on results of point of care rapid diagnostic test kits during times when influenza is not circulating widely. The sensitivity and specificity of these tests vary and the predicative value positive may be low outside the time of peak influenza activity. Therefore, a state may wish to obtain laboratory confirmation of influenza by testing methods other than point of care rapid tests for reporting the first laboratory confirmed case of influenza of the season.

<sup>&</sup>lt;sup>‡</sup> Institution includes nursing home, hospital, prison, school, etc.

<sup>\*\*</sup>Region: population under surveillance in a defined geographical subdivision of a state. A region could be comprised of 1 or more counties and would be based on each state's specific circumstances. Depending on the size of the state, the number of regions could range from 2 to approximately 12. The definition of regions would be left to the state but existing state health districts could be used in many states. Allowing states to define regions would avoid somewhat arbitrary county lines and allow states to make divisions that make sense based on geographic population clusters. Focusing on regions larger than counties would also improve the likelihood that data needed for estimating activity would be available.

\* Influenza-like Activity (ILI) is defined as Fever ( $\geq 100^{\circ}F$  [37.8° C], oral or equivalent) AND cough and/or sore throat in absence of a KNOWN cause other than influenza.

## Percentage of Visits for Influenza-like Illness Reported by Sentinel Providers 2003 – 2004



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