

Childhood Obesity Prevalence Trends, 2010-2018

Table 1: Percent of Students Overweight and Obese by Grade, 2010-2018

	Kindergarten									Third Grade								
	2010	2011	2012	2013	2014	2015	2016	2017	2018	2010	2011	2012	2013	2014	2015	2016	2017	2018
Obese	13.2	15.0	14.6	13.7	11.6	11.8	14.9	13.9	13.3	22.6	21.9	21.4	19.9	18.1	18.9	19.4	19.9	20.8
Combined Overweight/Obese	30.3	30.5	28.1	27.7	24.7	25.6	28.6	27.9	26.2	38.7	38.6	36.8	34.7	34.2	34.4	34.0	34.2	35.3
Number in Sample	1,800	1,885	2,116	3,928	3,192	3,863	3,579	3,892	3,098	1,642	1,768	1,833	3,803	3,395	4,304	3,978	4,173	3,506

Table 2: Percent of Students Overweight and Obese by Gender, 2010-2018

	Females									Males								
	2010	2011	2012	2013	2014	2015	2016	2017	2018	2010	2011	2012	2013	2014	2015	2016	2017	2018
Obese	16.8	17	15.4	15.6	13.1	13.7	14.0	15.3	15.8	19	19.5	20.3	17.7	16.5	17.2	20.4	18.6	18.3
Combined Overweight/Obese	33.6	32.9	29.9	30.1	28.4	29.1	29.7	29.6	29.7	35.4	35.8	34.6	31.9	30.5	31.2	33.0	32.6	31.9
Number in Sample	1,757	1,776	1,977	3,730	3,246	3,948	3,708	3,929	3,180	1,685	1,877	1,972	4,001	3,341	4,219	3,849	4,136	3,424

Table 3: Percent of Kindergarten Students Overweight and Obese by Race/Ethnicity, 2010-2018

	American Indian									Hispanic									White								
	2010	2011	2012	2013	2014	2015	2016	2017	2018	2010	2011	2012	2013	2014	2015	2016	2017	2018	2010	2011	2012	2013	2014	2015	2016	2017	2018
Obese	25.5	20.6	23.8	21.6	23.5	16.4	23.3	22.8	22.5	12.9	17.7	14.2	14.6	11.8	13.0	16.8	14.8	14.0	8.8	8.7	11.8	9.3	6.7	7.8	8.4	8.4	7.0
Combined Overweight/Obese	41	42.7	36.8	39.6	37.4	32.4	43.9	42.7	34.9	31.8	31.5	29.2	28.6	26.2	27.4	31.3	29.3	28.1	24.8	21.9	22.1	22.2	18.7	20.6	18.3	20.2	19.5
Number in Sample	232	369	222	339	392	475	391	545	265	927	842	1,279	2,417	1,738	2,178	2,093	2,085	1,776	466	532	505	1,018	881	1,052	909	1,034	812

Table 4: Percent of Third Grade Students Overweight and Obese by Race/Ethnicity, 2010-2018

	American Indian									Hispanic									White								
	2010	2011	2012	2013	2014	2015	2016	2017	2018	2010	2011	2012	2013	2014	2015	2016	2017	2018	2010	2011	2012	2013	2014	2015	2016	2017	2018
Obese	36.6	35.6	30	29.5	32.6	31.0	27.1	37.8	28.2	22.6	20	22.7	22.7	20.2	20.4	22.8	22.1	22.3	17.8	13.7	15.2	12.8	10	9.8	9.2	10.4	14.9
Combined Overweight/Obese	55.4	49.7	50	47.3	52.8	50.4	48.7	55.6	42.3	39.4	39.7	39.3	38.8	36	36.4	36.0	36.6	37.7	31.7	26.5	26.5	25.1	24.9	22.4	25.9	22.6	27.3
Number in Sample	194	342	201	291	379	580	413	569	289	983	802	1,038	2,262	1,915	2,452	2,399	2,316	2,016	369	460	495	1,086	947	1,059	966	1,047	920