

2009 New Mexico Youth Risk and  
Resiliency Survey (YRRS)  
High School (Grades 9 - 12)

Rio Arriba County

New Mexico Department of Health

New Mexico Public Education Department

University of New Mexico Prevention Research Center





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### **New Mexico Public Education Department**

Susanna M. Murphy, Ph.D., Secretary of Education  
Sheila Hyde, Ph.D., Deputy Secretary, Learning and Accountability  
Kristine M. Meurer, Ph.D., Acting Assistant Secretary, Student Success Division \*  
William O. Blair, Ph.D., Assistant Director, School and Family Support Bureau \*  
Dean Hopper, M.A.Ed., Assistant Director, School and Family Support Bureau  
Lonnie Barraza, M.S.Ed, HIV Program Administrator \*

### **New Mexico Department of Health**

Alfredo Vigil, MD, Secretary  
C. Mack Sewell, DrPH, MS, State Epidemiologist  
Michael Landen, MD, MPH, Deputy State Epidemiologist \*  
Dan Green, MPH, Social Indicator Epidemiologist \*  
James Padilla, MS, Epidemiologist \*  
James Farmer, MPH, Health Services Manager, Office of School and Adolescent Health \*  
Mary M. Ramos, MD, School Health Officer \*

### **University of New Mexico Prevention Research Center**

Linda J. Peñaloza, PhD, Principal Investigator \*  
Tamar Ginossar, PhD \*  
Crystal Romney, CPS  
Jacque M. Garcia, BA  
Laura Gutman, PhD  
Tom R. Noland, BS

*(Individuals who served on the NM-YRRS 2009 Steering Committee are identified by an \*.)*



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# 2009 New Mexico High School Youth Risk and Resiliency Survey (YRRS) Rio Arriba County

## Introduction

This report contains county level results from the 2009 New Mexico High School Youth Risk and Resiliency Survey (YRRS), a statewide survey of public school students, grades 9-12. Statewide and county level results will be available at [www.YouthRisk.org](http://www.YouthRisk.org) and [www.health.state.nm.us/ERD/HealthData/yrrs.shtml](http://www.health.state.nm.us/ERD/HealthData/yrrs.shtml). Together, these documents comprise a useful tool for those working on youth-related issues at the state and local level.

The YRRS is organized into two major content areas: risk behaviors and protective (resiliency) factors. Risk behaviors include behaviors associated with unintentional injury, violence, sadness and suicidal ideation, tobacco use, alcohol use, drug use, sexual activity, physical activity, and nutrition. Protective or resiliency factors are measures of the positive and supportive relationships, experiences, activities, resources and values that encourage healthy youth development. Resiliency factors and related traits include caring and supportive relationships in the family, school, community and with peers; boundaries set by the family and school; positive peer support; meaningful participation and constructive use of time in school and outside of school; and others (Appendix B).

Additionally, this report includes a section on academic measures and traits. These academic measures include getting good grades (mostly A's and B's), trying hard to do good work in school, planning to go to college, skipping or ditching school, coming to class with paper and something to write with, and completing homework.

## How to Read this Report

This report has three main sections, each of which consists of a set of bar and line charts. The first section presents the results of the major risk behaviors examined in the survey. Each category of risk behavior is presented with several data charts. At the beginning of each topic area, a set of line charts gives results for multiple survey years of the YRRS (2003, 2005, 2007, and 2009). A following set of bar charts compares results for the county to results for the entire state, compares the behaviors of boys to those of girls, and makes comparisons between grade levels within the county.

The second section presents results for the academic measures and behaviors. As with the risk behaviors, there are line and bar charts presenting trends, a comparison between the state and the county, a comparison between boys and girls in the county, and a comparison of grade levels within the county. Using the same styles of charts, the third section of the report presents results for the resiliency/protective factors.

In some cases when there were very few students in a particular age or gender group, data have been suppressed to protect the anonymity of the individual respondents.

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NOTE: County level YRRS reports are freely available. School district reports have been distributed to school district offices. School districts are encouraged to reproduce and share these reports with community groups concerned with prevention and health promotion. However, school district level results will not be released without express permission of the school district superintendent. Forms for requesting school district data are available at [www.YouthRisk.org](http://www.YouthRisk.org).

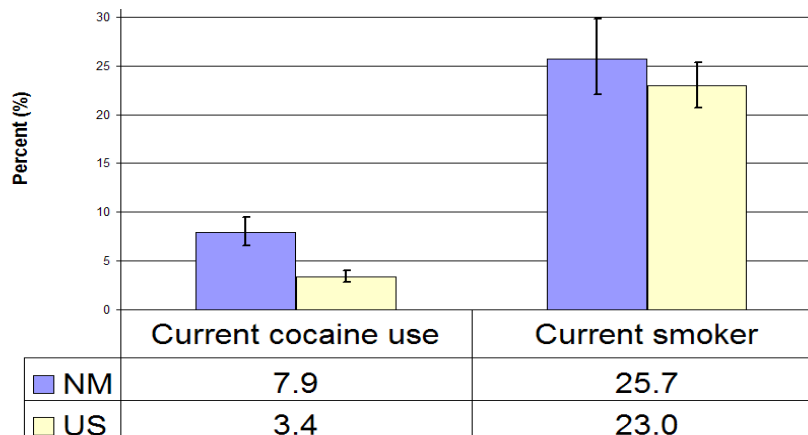
## Understanding the Charts - and A Word about Error Bars

The bar charts in this report present the percentage of students who reported engaging in any given risk behavior or who reported having any given protective factor. The height of the bars conveys the percentage of students reporting each trait, and provides a quick visual comparison between different groups of students reporting that trait. A label for each bar presents the actual percentage of students who reported each trait. For instance, the chart on page 14, Personal Safety: Injury, shows that 8.3% of students in New Mexico rarely or never wore seatbelts, while 19.5% of students in Rio Arriba County rarely or never wore seatbelts.

Because of the high cost and logistical complications involved in conducting a statewide survey, the YRRS was administered to a sample of students, rather than to every single student in each school district. Because YRRS data are from a **sample** of students, and not the entire student body, the results in this report are **estimates**. As with all estimates, there is some uncertainty associated with each of these estimates. On the charts in this report, this degree of uncertainty is represented by an error bar (or confidence interval). The error bar is the thin 'I' shaped line that extends above and below the end of each bar in a chart. One of the major influences on the size of the confidence interval or error bar is the number of participants in the survey. In general, this means that with more students participating in the survey, there will be a higher degree of confidence in the results (i.e., error bars will be smaller).

The proper interpretation of an error bar can be illustrated by looking at the chart below. This chart compares the New Mexico prevalence of smoking and cocaine use to the United States prevalence for 2005, a previous survey year. The chart shows that the prevalence of current smoking was 25.7% in New Mexico and 23.0% in the United States. The error bar for the estimate of current smoking among New Mexico students extends approximately 4 percentage points in either direction, from 22.0% to 29.8%. This means that we are confident that the actual percentage of smokers in this group of students was between 22.0% and 29.8%. The error bar for the estimate current smoking in the US extends approximately 2.5 percentage points in either direction, from 20.7 to 25.3%. We are confident that the actual percentage of smokers among this group was between 20.7% and 25.3%.

Current Smoking and Current Cocaine Use  
Grades 9 - 12, 2005



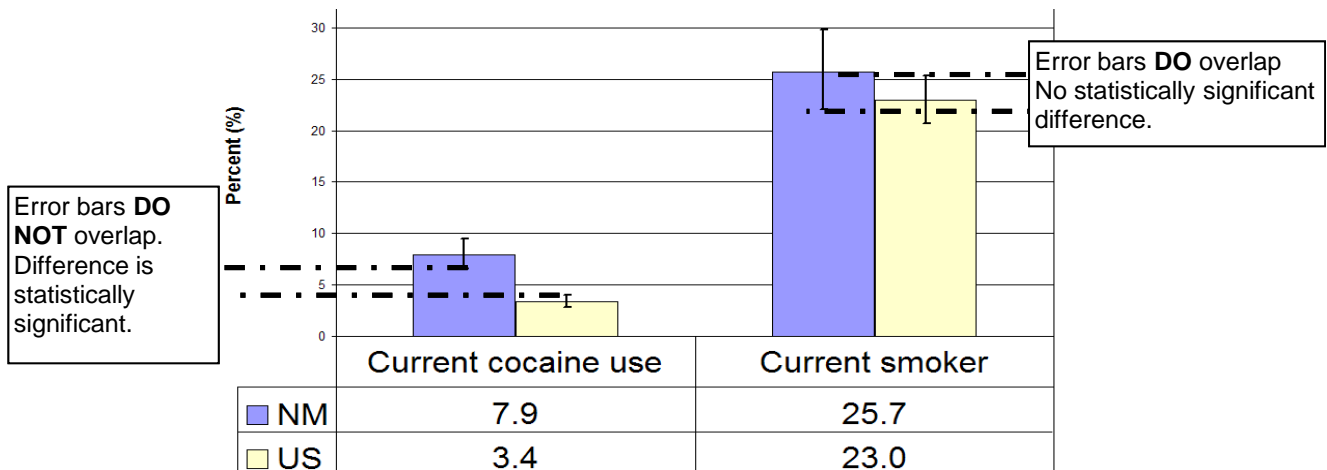


How does knowing the upper and lower limits of our error bars help us? While it appears at first glance that New Mexico has a higher prevalence of smoking than the United States (25.7% vs. 23.0%), a closer look at the error bars shows a more complicated picture. The error bars for the New Mexico estimate (22.0% - 29.8%) and the US estimate (20.7% - 25.3%) overlap. Because of this overlap, we do not have a high degree of confidence that the prevalence of smoking in New Mexico is actually different from the prevalence in the United States. In other words, the difference between the prevalence of smoking in New Mexico and the United States is not statistically significant.

For cocaine use it also appears that in 2005, New Mexico had a higher prevalence than the United States (7.9% vs. 3.4%). The error bar for New Mexico extends from 6.6% to 9.5%, and the error bar for the United States extends from 2.8% to 4.4%. Because the higher bound of the US error bar (4.4%) is lower than the lower bound of the NM error bar (6.6%), these error bars do not overlap. For cocaine use, we are confident in saying that the New Mexico prevalence was higher than the US prevalence. In other words, the difference between the 2005 prevalence of cocaine use in New Mexico and the United States was a statistically significant difference.

For some small counties, error bars have been removed from this report. With small populations, the number of students sampled can approach the total student population. In these cases, error bars would have limited meaning because with a high percentage of students surveyed, there is less uncertainty around the estimates than error bars suggest.

Current Smoking and Current Cocaine Use  
Grades 9 - 12, 2005



## **Methodology**

The YRRS was implemented in the fall semester of the 2009-10 school year. All public school districts in New Mexico were invited to participate in the 2009 High School YRRS. Of 89 districts statewide, 76 districts participated. From each participating school district, schools with students from 9th to 12th grades were selected to participate.\* The probability of selection of each school was proportional to the size of its 9th-12th grade population. In large school districts only some of the schools were selected to participate, while in small districts, all schools were selected. Classrooms were systematically selected from each school, and all students in each selected classroom were asked to participate.

In each participating school, a single day was arranged on which to administer the survey. Questionnaire forms and pencils were distributed to each student in participating classes, and students were asked to fill out the questionnaires independently of other students and without teacher assistance.

Questionnaires were electronically scanned, and data were analyzed using STATA 10.1, a statistical software program.

## **Limitations of the YRRS**

All information from the YRRS was self-reported by the participating students. While most questions on the YRRS come from nationally validated surveys, and data quality has been demonstrated to be very high in national surveys, there is no way to guarantee the truthfulness of the participants in any survey that relies on self-reporting.

A good response rate is one of the most important goals in conducting a survey. At the school district level, a response rate is the percentage of all students selected for the survey who complete and return a useable questionnaire form. At the state level, the response rate incorporates the participation of school districts and schools as well as the participation of students. An adequate response rate means that survey results are more likely to represent the actual student population. The statewide response rate for the 2009 High School YRRS was 67%, an adequate response rate to represent the population.

In order to achieve a statewide response rate of 60% or greater, we aimed for a 75% response rate from each participating school district. Most participating school districts and counties met this target or were close to it. While the response rate was generally very good in participating schools, the overall response rate was driven down by the school districts that declined to participate.

\* The Middle School YRRS was also conducted at the same time; results from that survey are published separately.

## Participation in Rio Arriba County

The response rate for Rio Arriba County was 50%.

A high response rate produces survey results that are more representative of the student population. A response rate of at least 60% allows generalization of results to the entire student body. A response rate of 75% is excellent and allows a high degree of confidence in results. Because a high response rate means that more students have been surveyed, a high response rate will also be reflected in the error bars (i.e., with a higher response rate and more students included in the survey, error bars will be smaller and confidence intervals will be narrower). Response rates below 60% are considered low, and caution should be exercised in interpreting results. Low response rates indicate that the data may represent only students who participated in the survey and not necessarily the entire student body.

### Profile of students surveyed

	<u>Number of students</u>	<u>Percent (%)</u>
<u>Total</u>	488	100%
<u>Gender</u>		
Girls	262	(53.7%)
Boys	226	(46.3%)
<u>Race/Ethnicity</u>		
American Indian	121	(25.4%)
Asian or Pacific Islander	5	(1.0%)
Black or African-American	21	(4.4%)
Hispanic	307	(64.4%)
White	23	(4.8%)
<u>Grade Level</u>		
9th	141	(29.0%)
10th	122	(25.1%)
11th	120	(24.7%)
12th	100	(20.6%)
Other:	3	(0.6%)



# Risk Behaviors

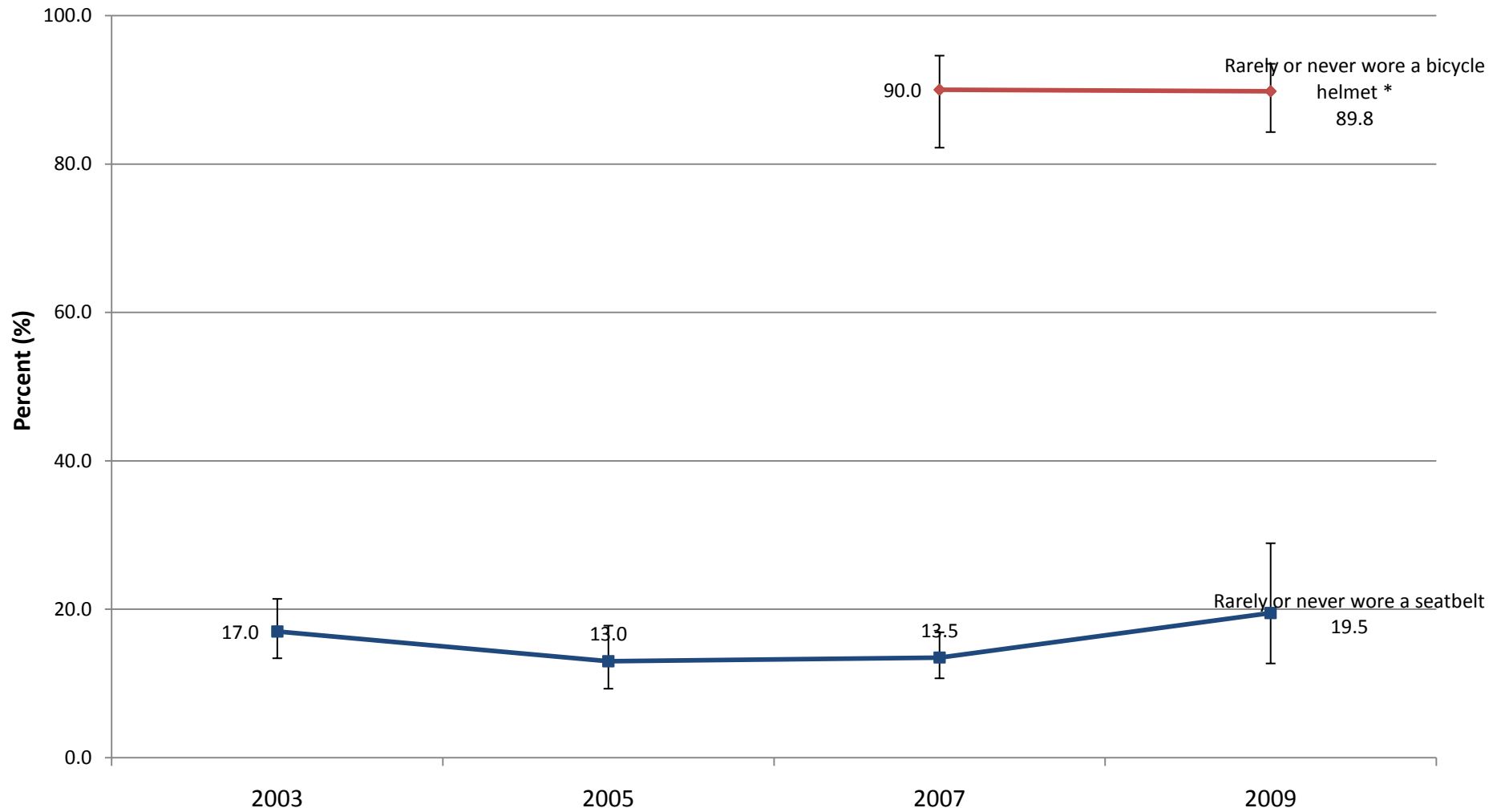


## Personal Safety: Injury



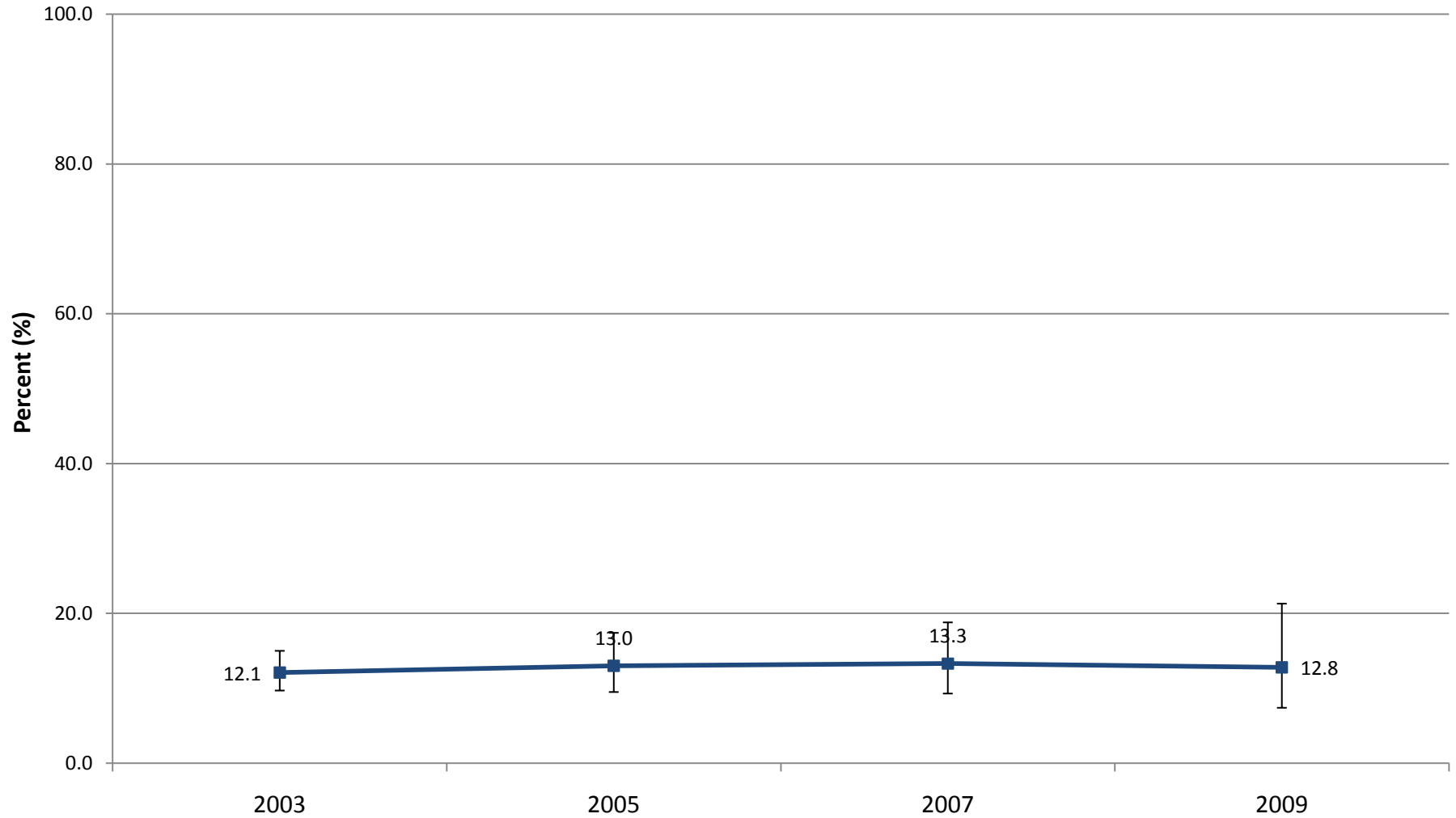


**Personal Safety: Injury  
Bicycle Helmet and Seatbelt Use  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



\* Of those who rode a bicycle in the past 12 months

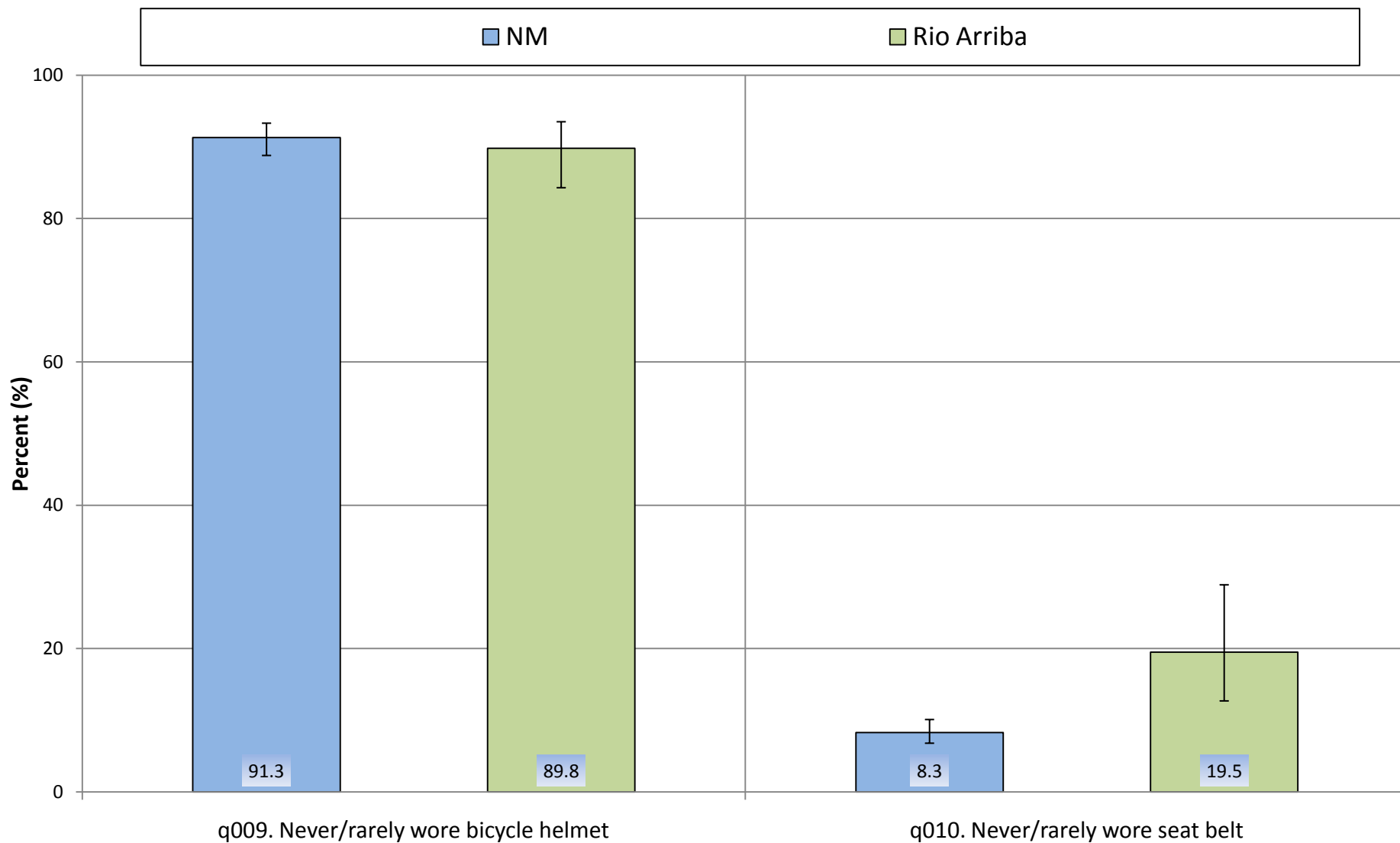
**Personal Safety: Injury  
Carried a Gun in the Past 30 Days  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



# Personal Safety: Injury

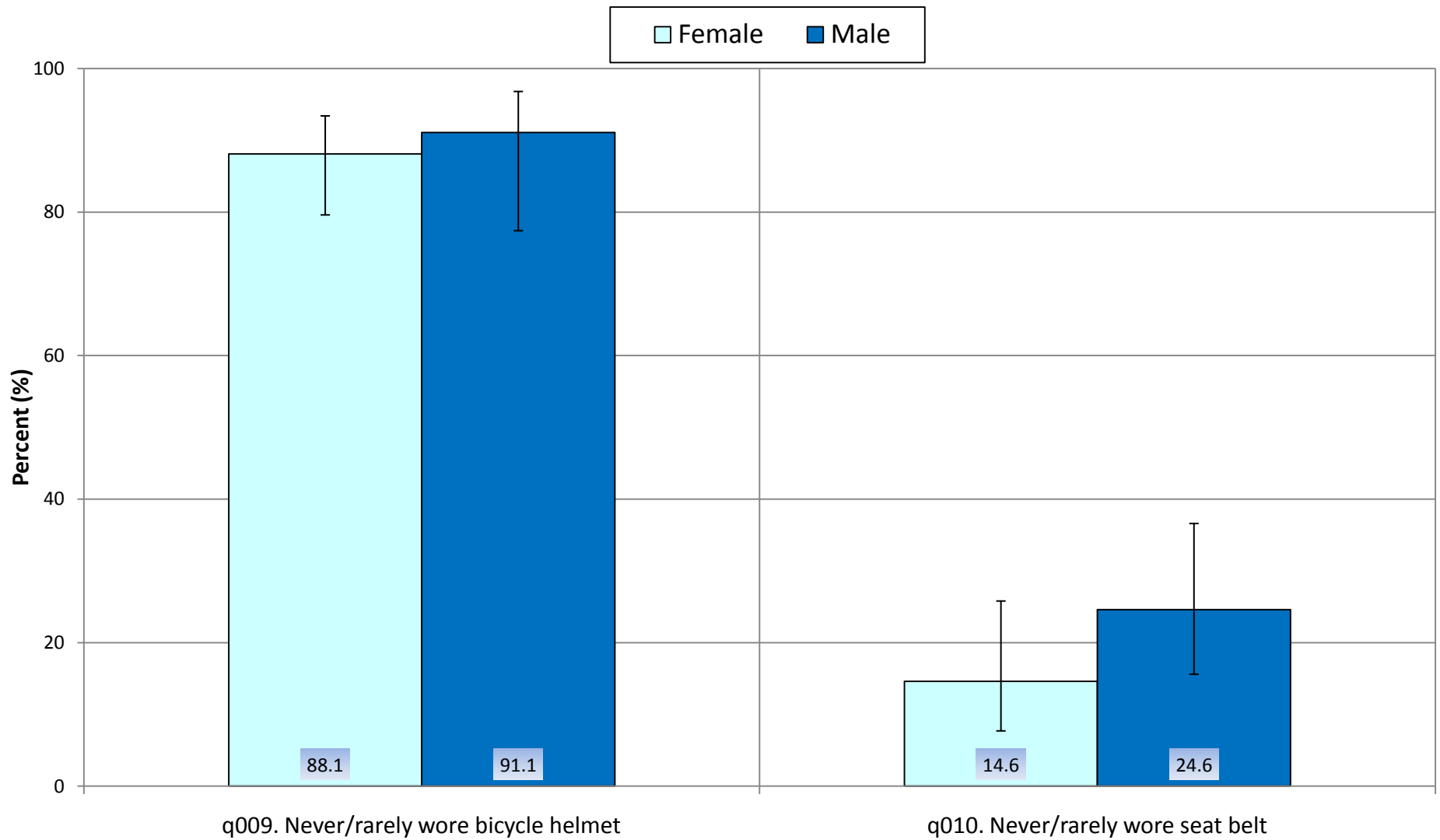
## New Mexico and Rio Arriba County

### Grades 9 - 12, 2009 NM YRRS



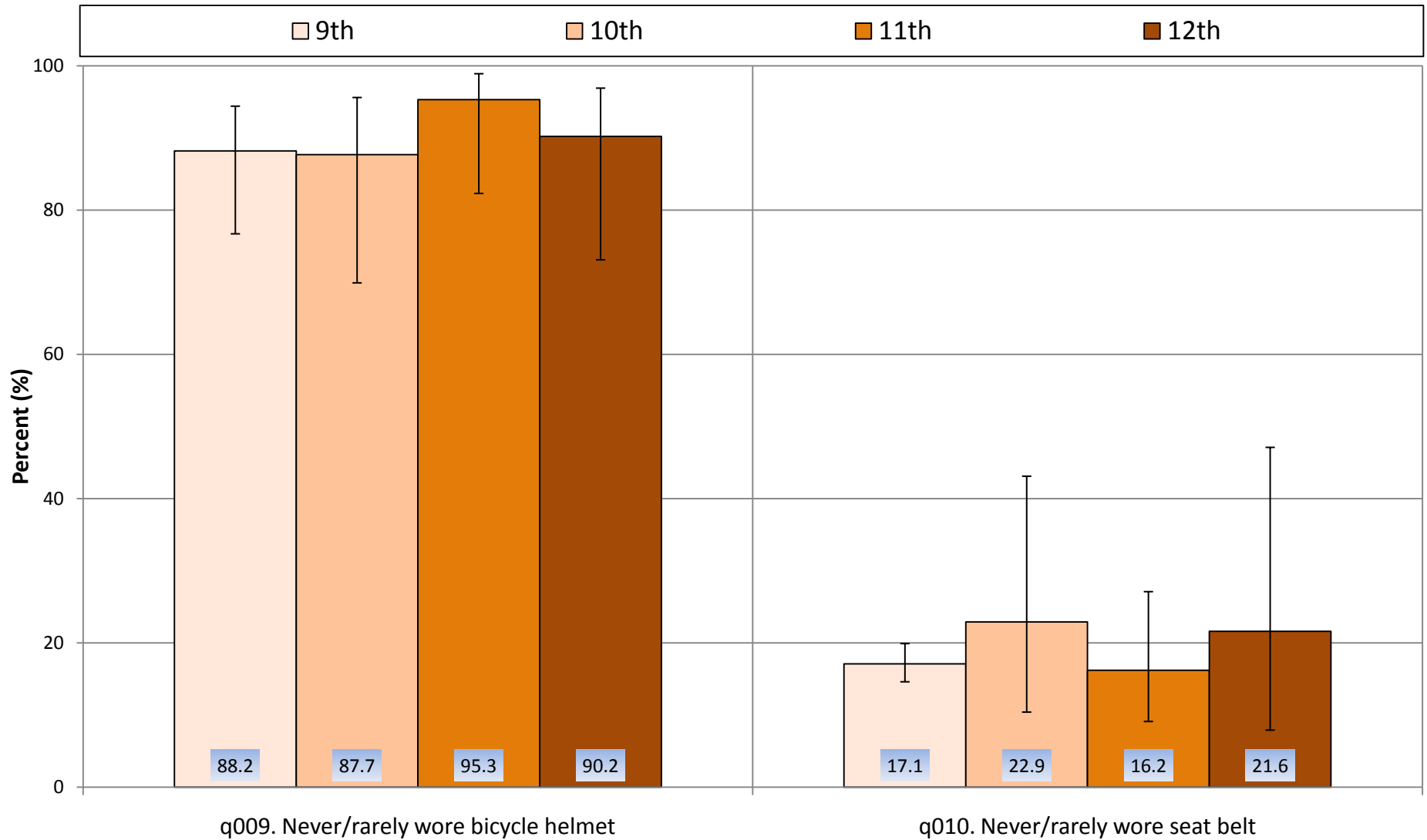
\* Among those who rode a bicycle in the past 12 months

# Personal Safety: Injury by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Among those who rode a bicycle in the past 12 months

## Personal Safety: Injury by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS

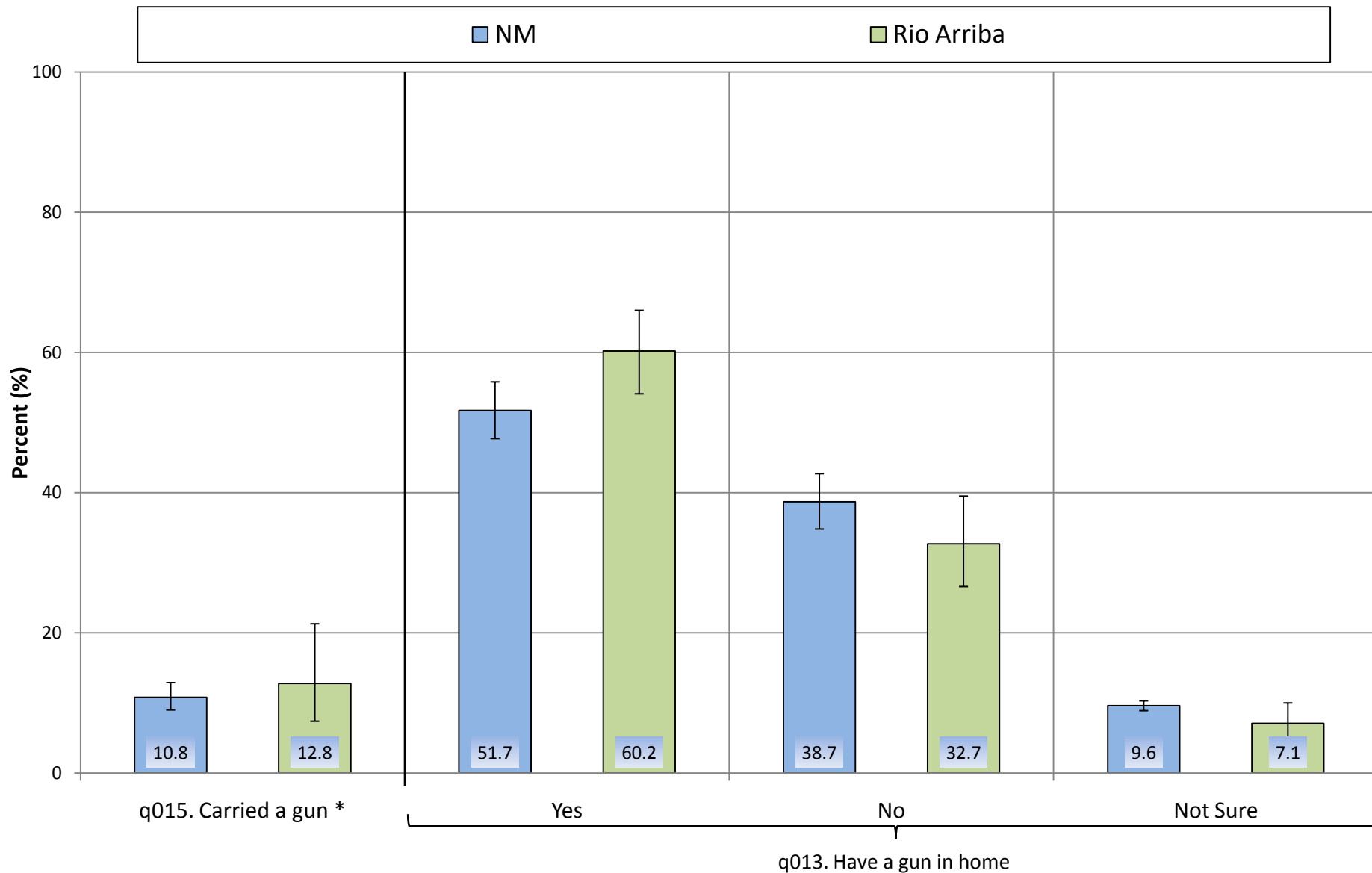


\* Among those who rode a bicycle in the past 12 months

# Personal Safety: Injury

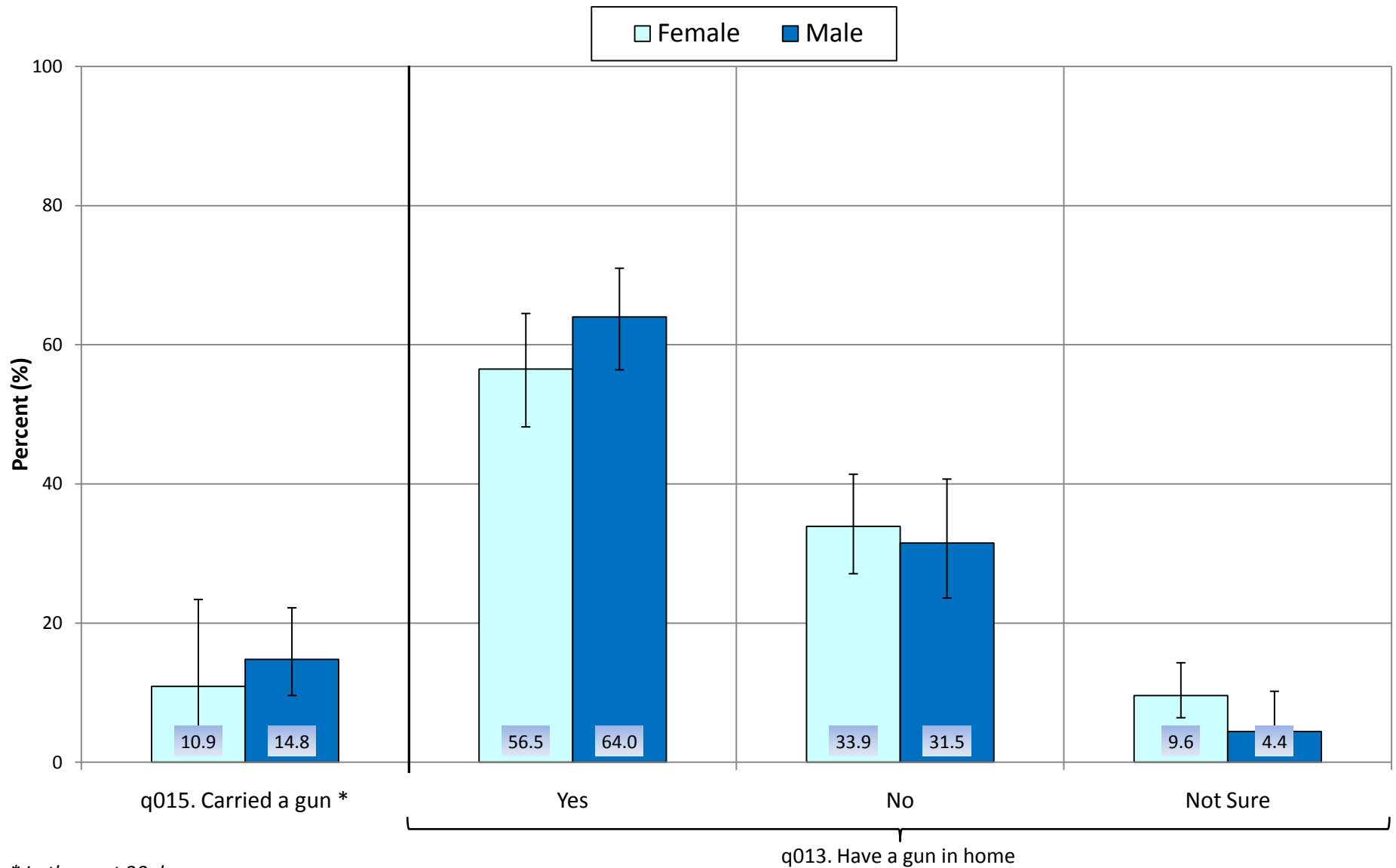
## New Mexico and Rio Arriba County

### Grades 9 - 12, 2009 NM YRRS



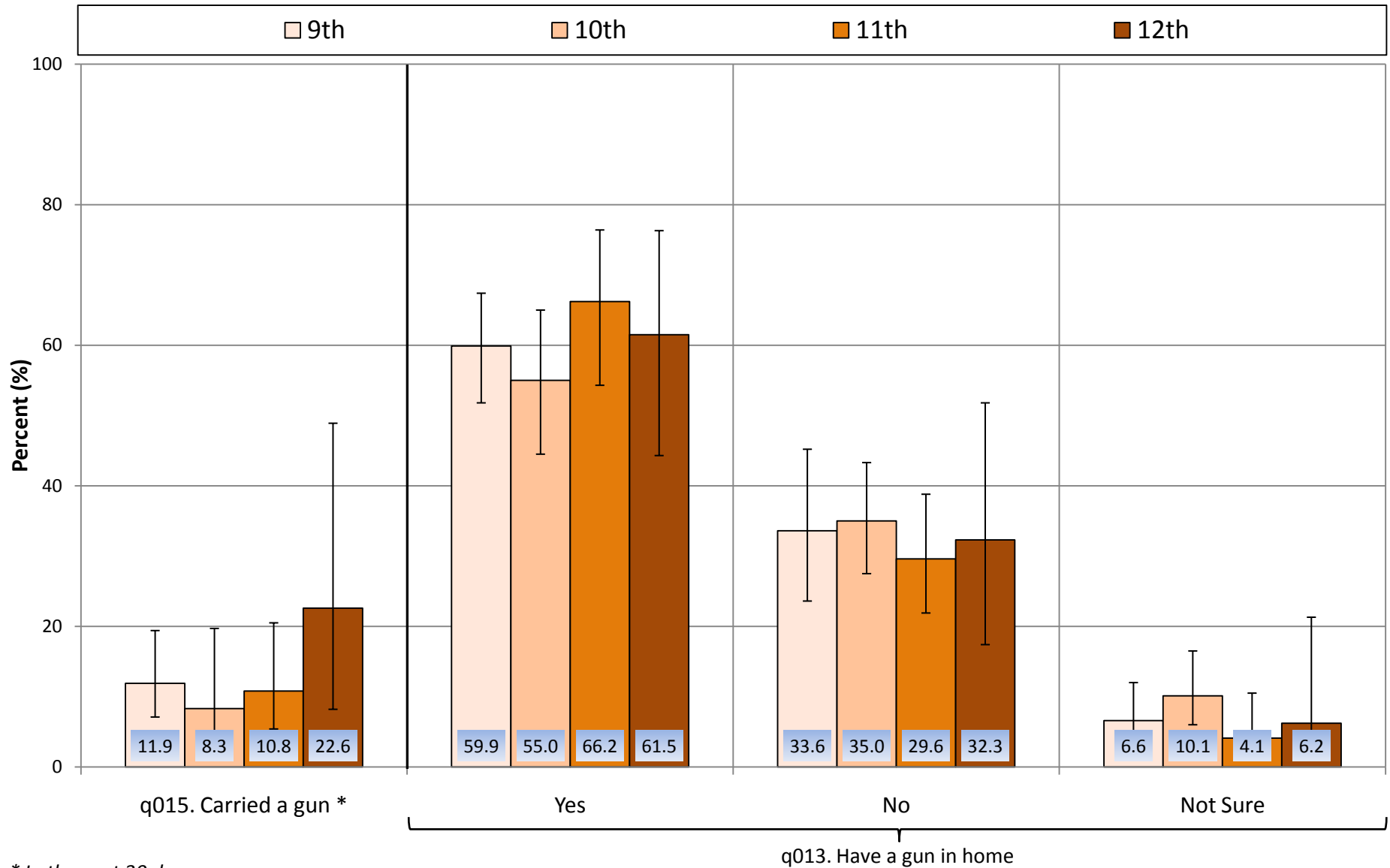
\* In the past 30 days

## Personal Safety: Injury by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* In the past 30 days

## Personal Safety: Injury by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



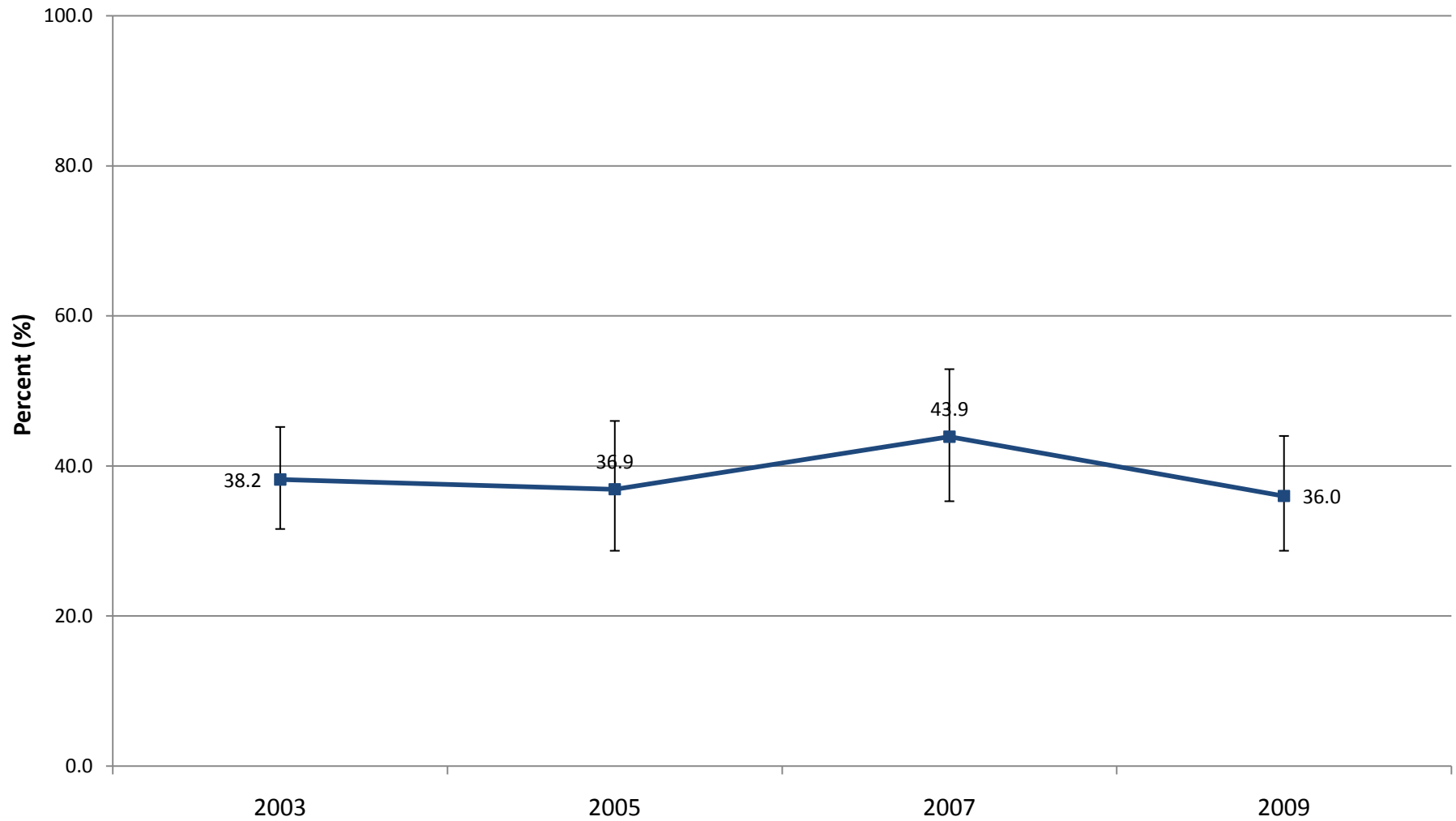
\* In the past 30 days



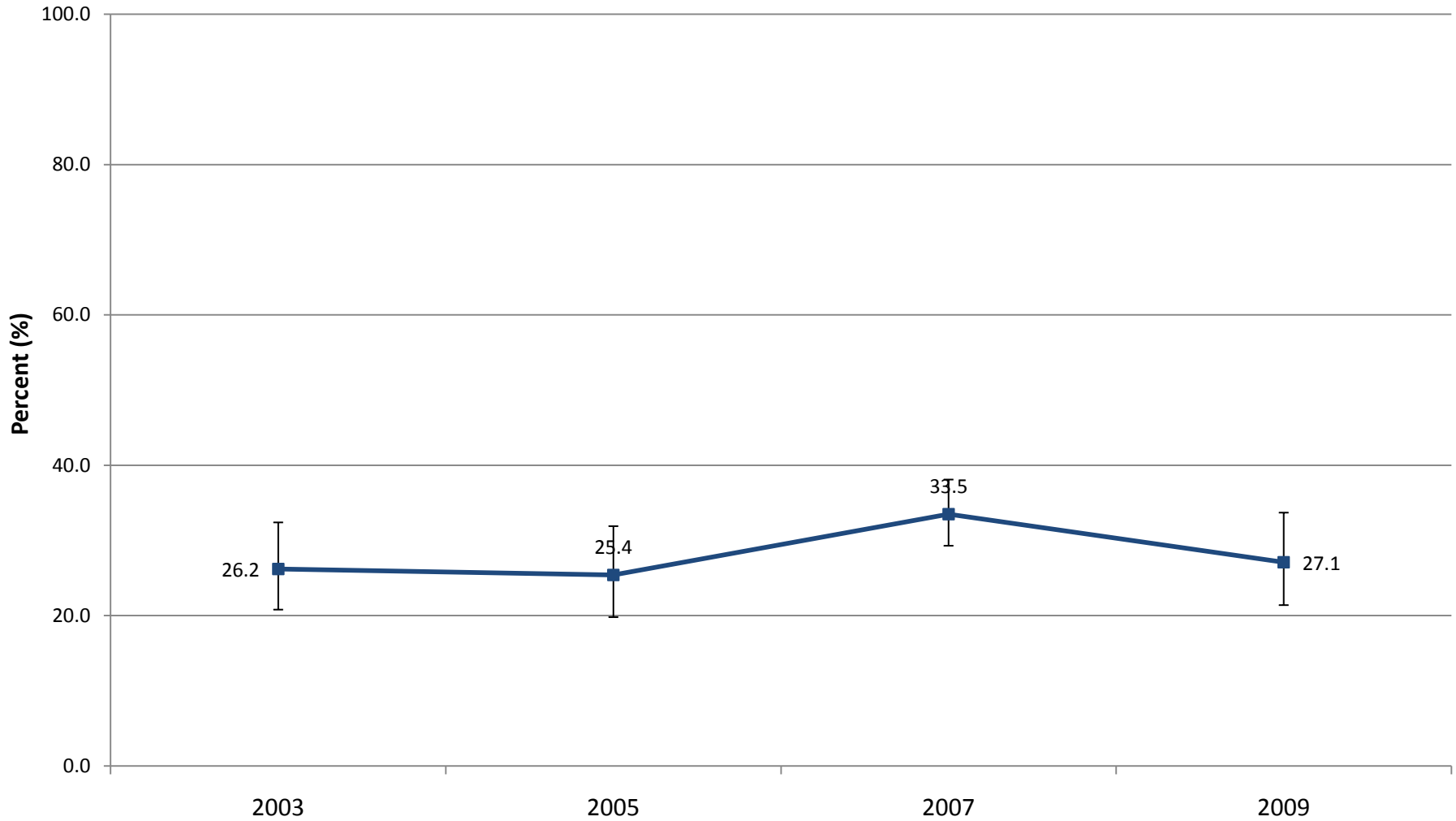
## Personal Safety: Behaviors and Experiences Associated with Violence



**Personal Safety: Behaviors and Experiences Associated with Violence  
In Physical Fight in the Past 12 Months  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**

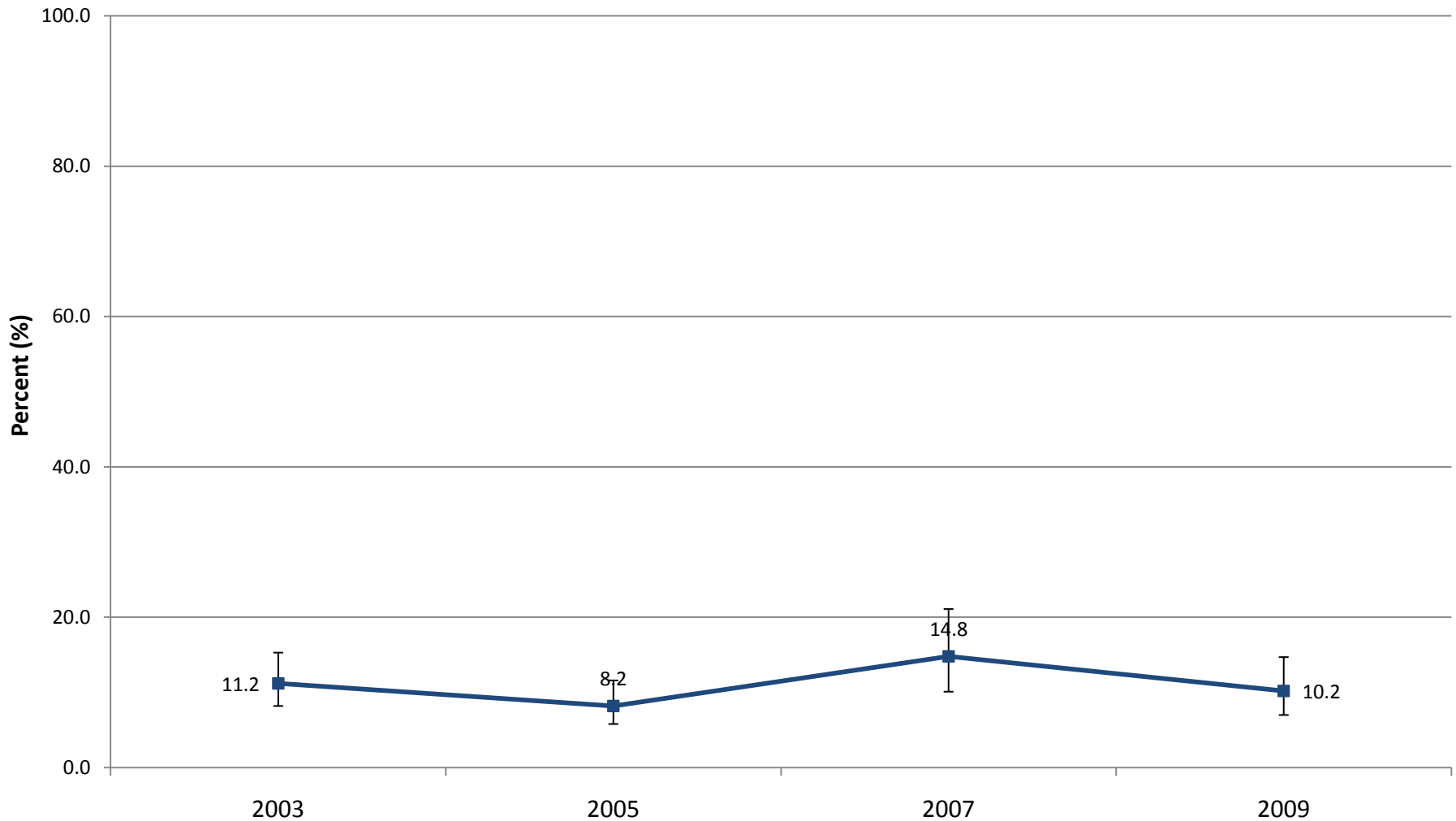


**Personal Safety: Behaviors and Experiences Associated with Violence  
Carried a Weapon \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



*\* Such as a gun, knife, or club, in the past 30 days*

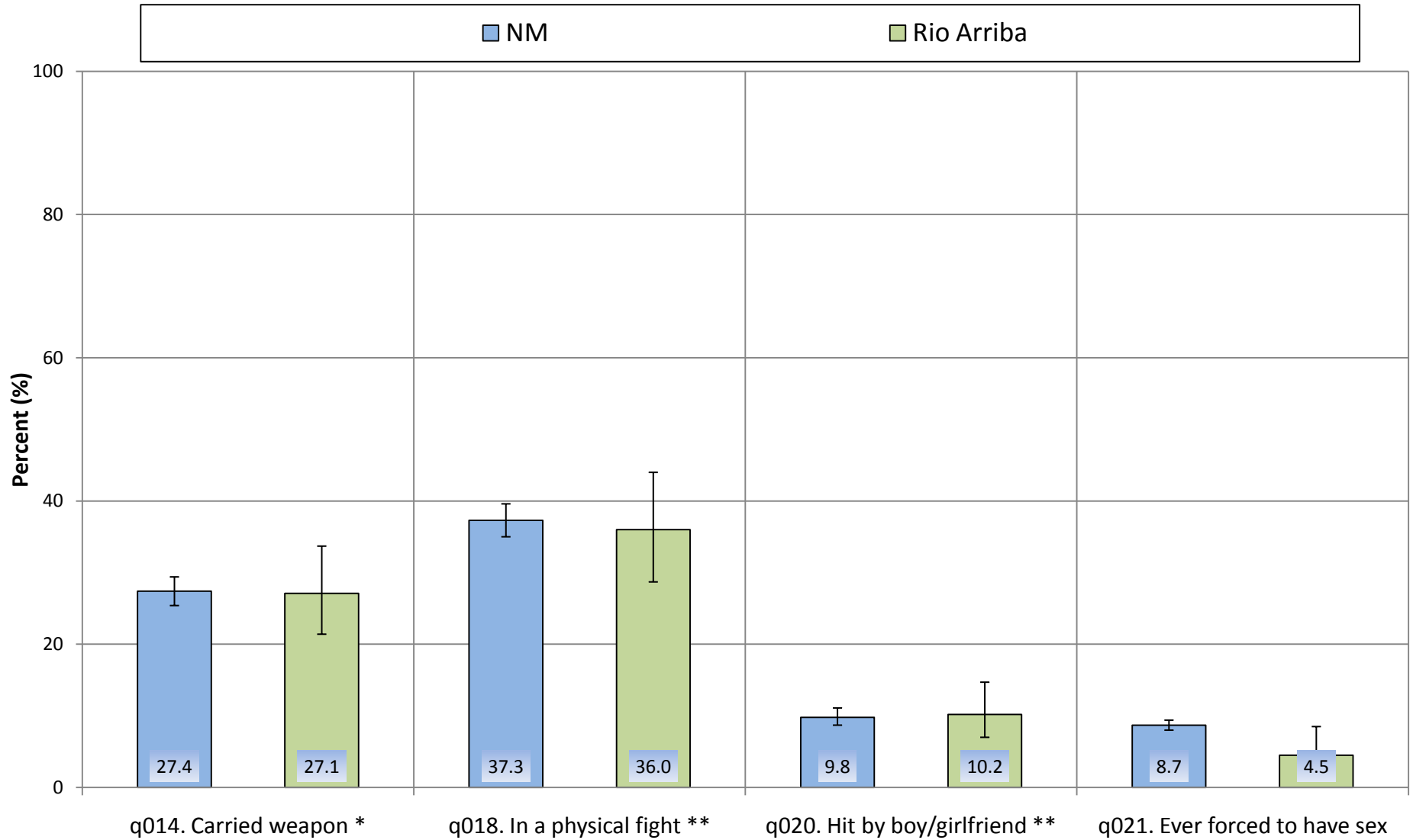
**Personal Safety: Behaviors and Experiences Associated with Violence  
Hit by Boy/Girlfriend \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



*\* Hit, slapped, or physically hurt on purpose by boyfriend or girlfriend in the past 12 months*

# Personal Safety: Behaviors and Experiences Associated with Violence

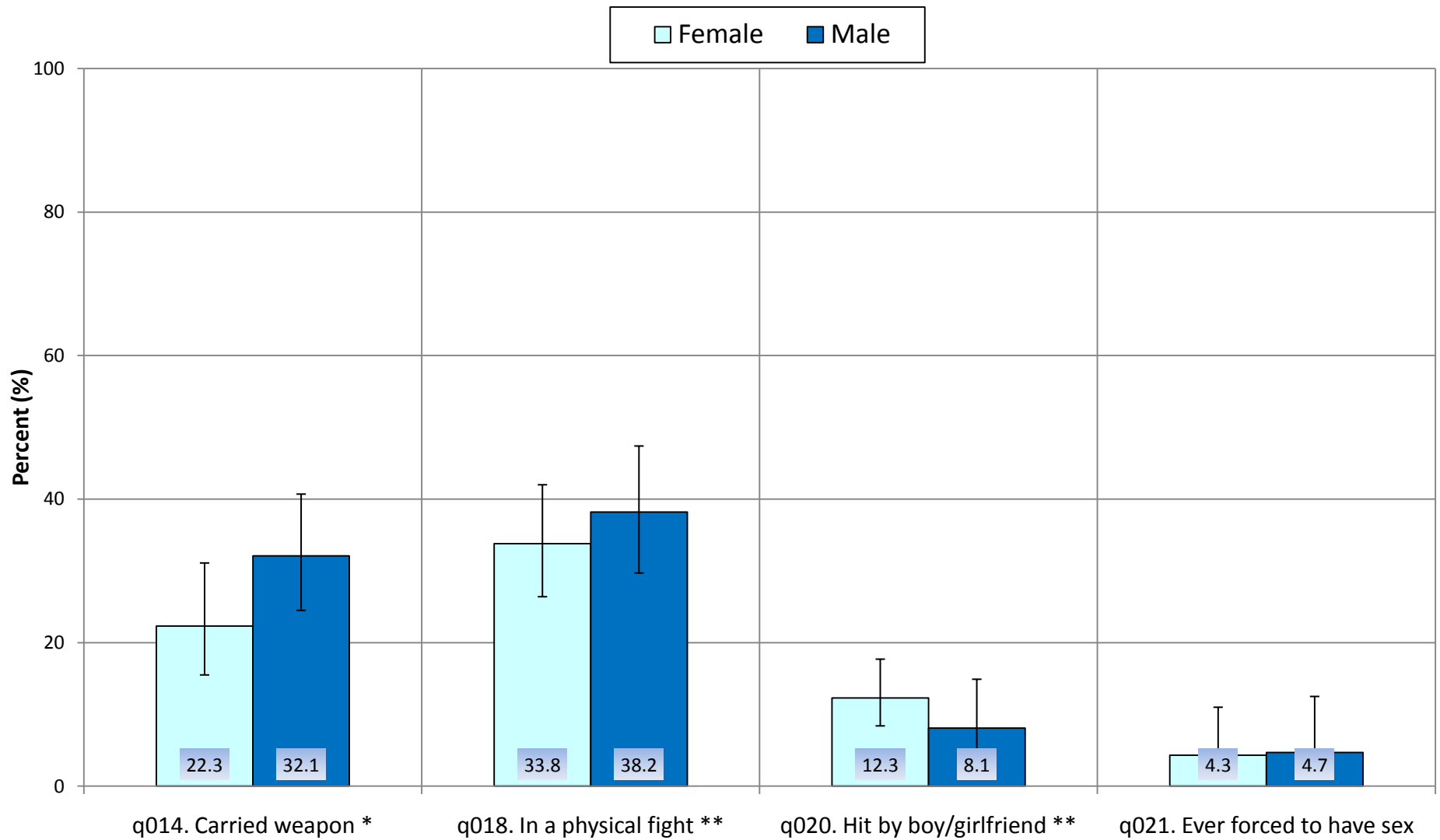
## New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Such as a gun, knife, or club in the past 30 days

\*\* In the past 12 months

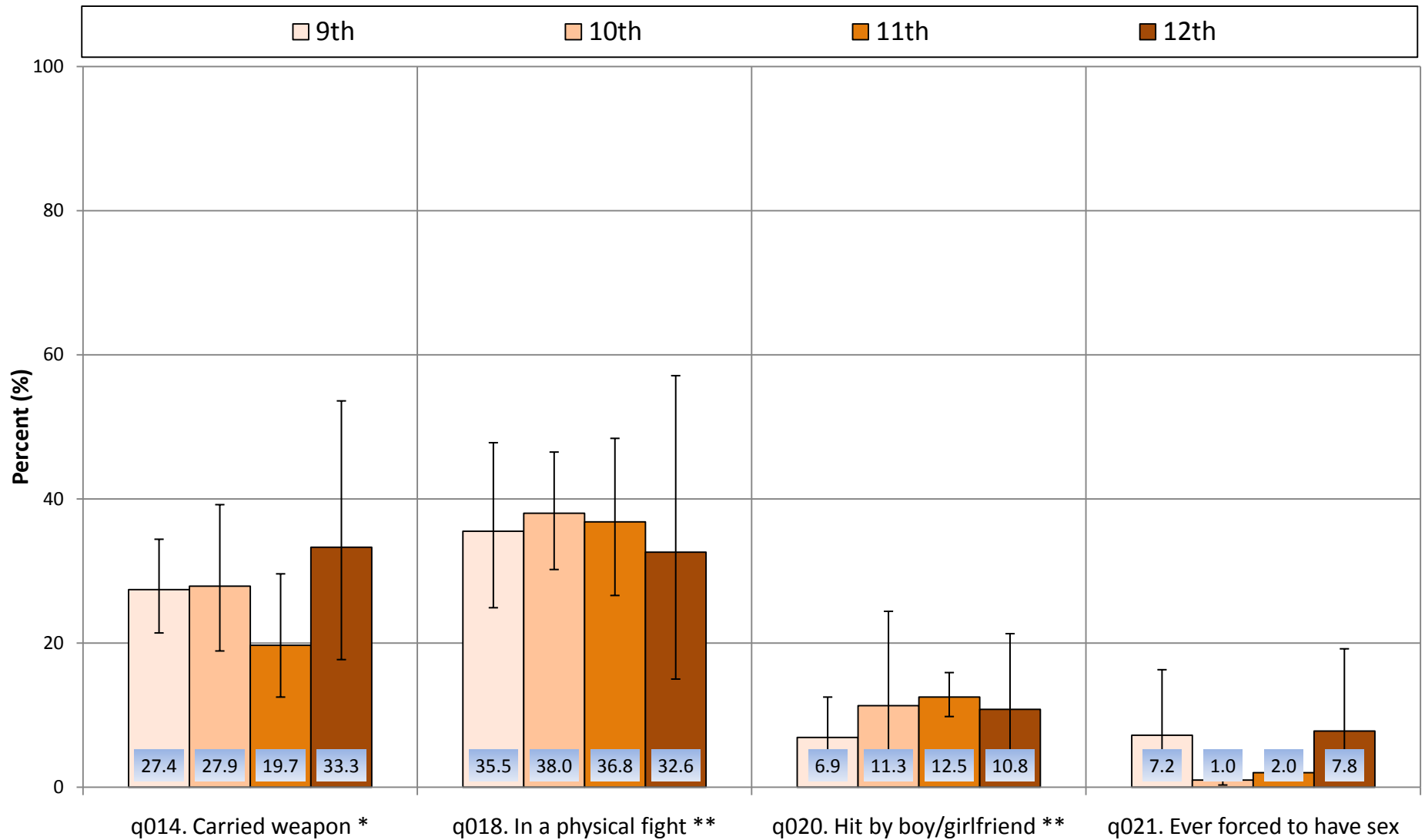
## Personal Safety: Behaviors and Experiences Associated with Violence by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Such as a gun, knife, or club in the past 30 days

\*\* In the past 12 months

## Personal Safety: Behaviors and Experiences Associated with Violence by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Such as a gun, knife, or club in the past 30 days

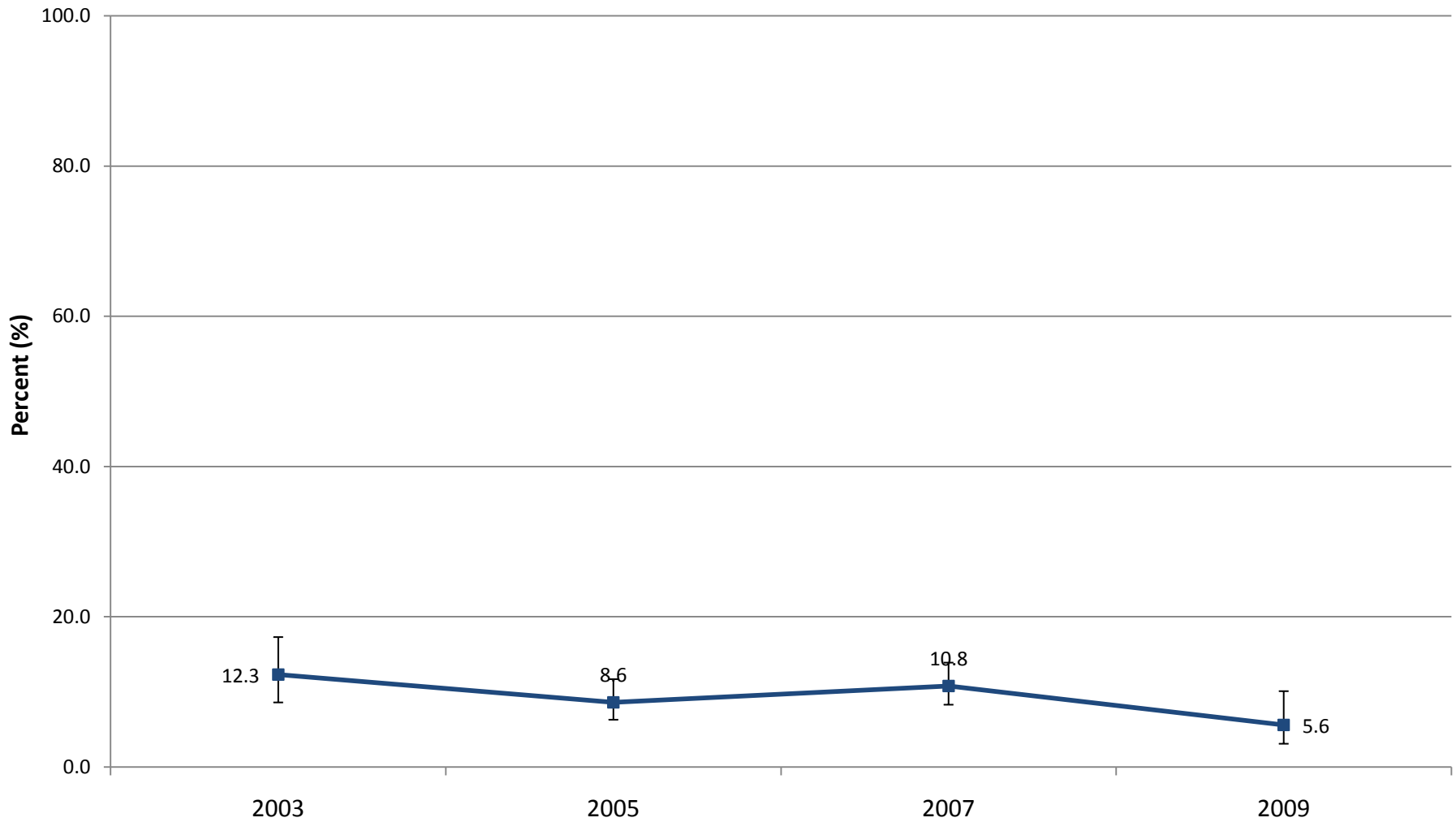
\*\* In the past 12 months



## Personal Safety: Schools and Violence

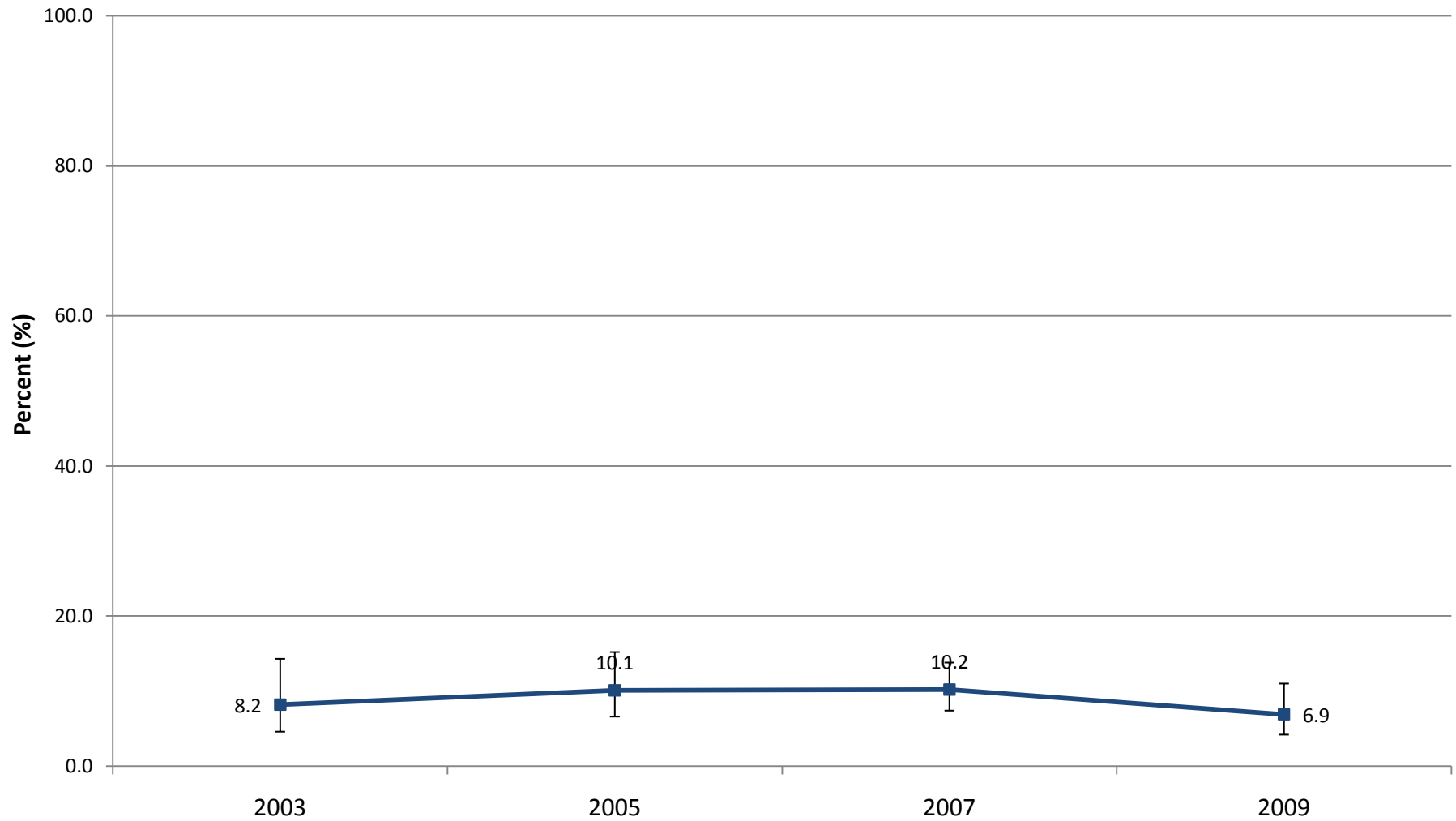


**Personal Safety: Schools and Violence  
Carried a Weapon on School Property \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



*\* Such as a gun, knife, or club, in the past 30 days*

**Personal Safety: Schools and Violence  
Skipped School Due to Safety Issues \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**

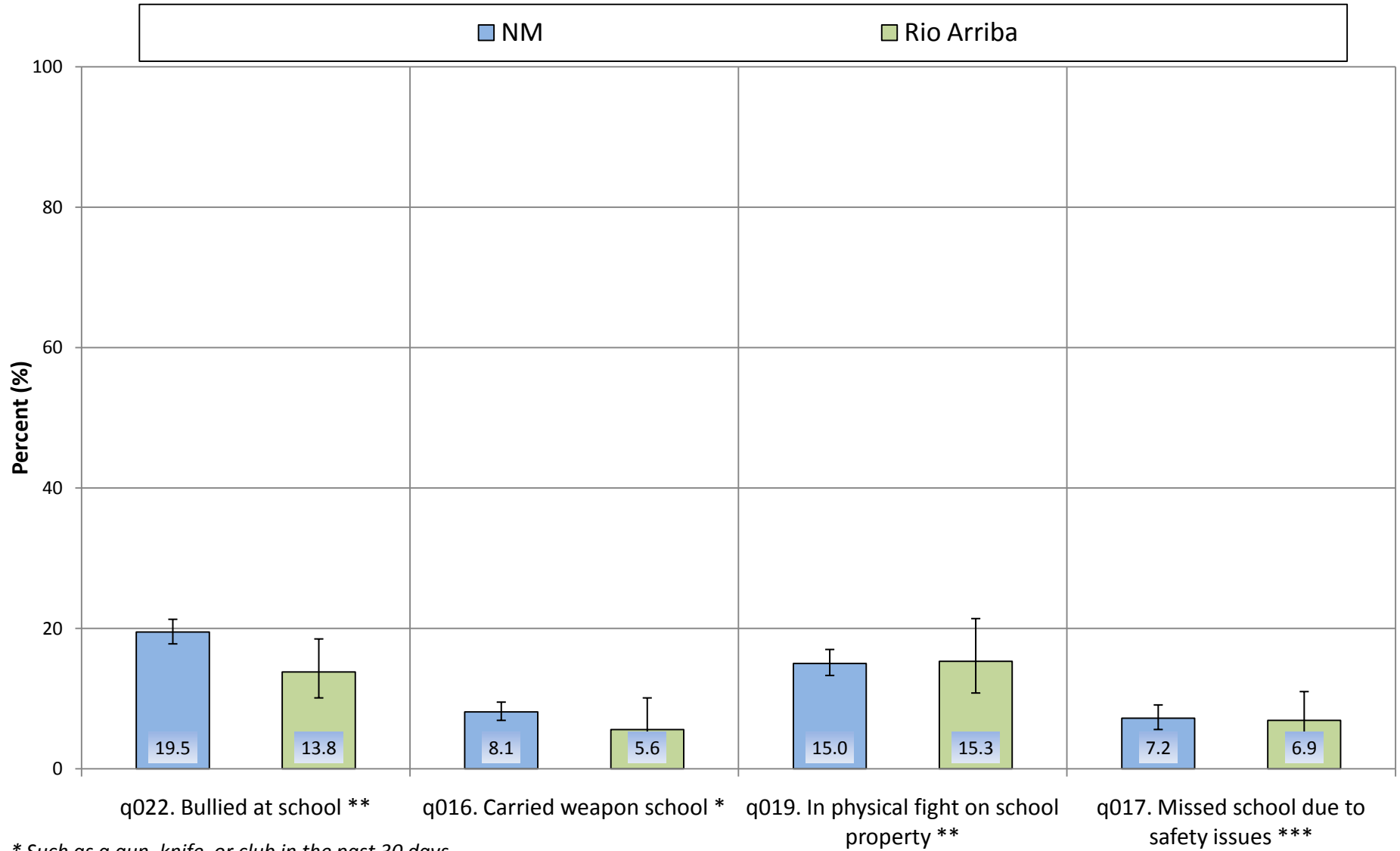


*\* Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 30 days*

# Personal Safety: Schools and Violence

## New Mexico and Rio Arriba County

### Grades 9 - 12, 2009 NM YRRS

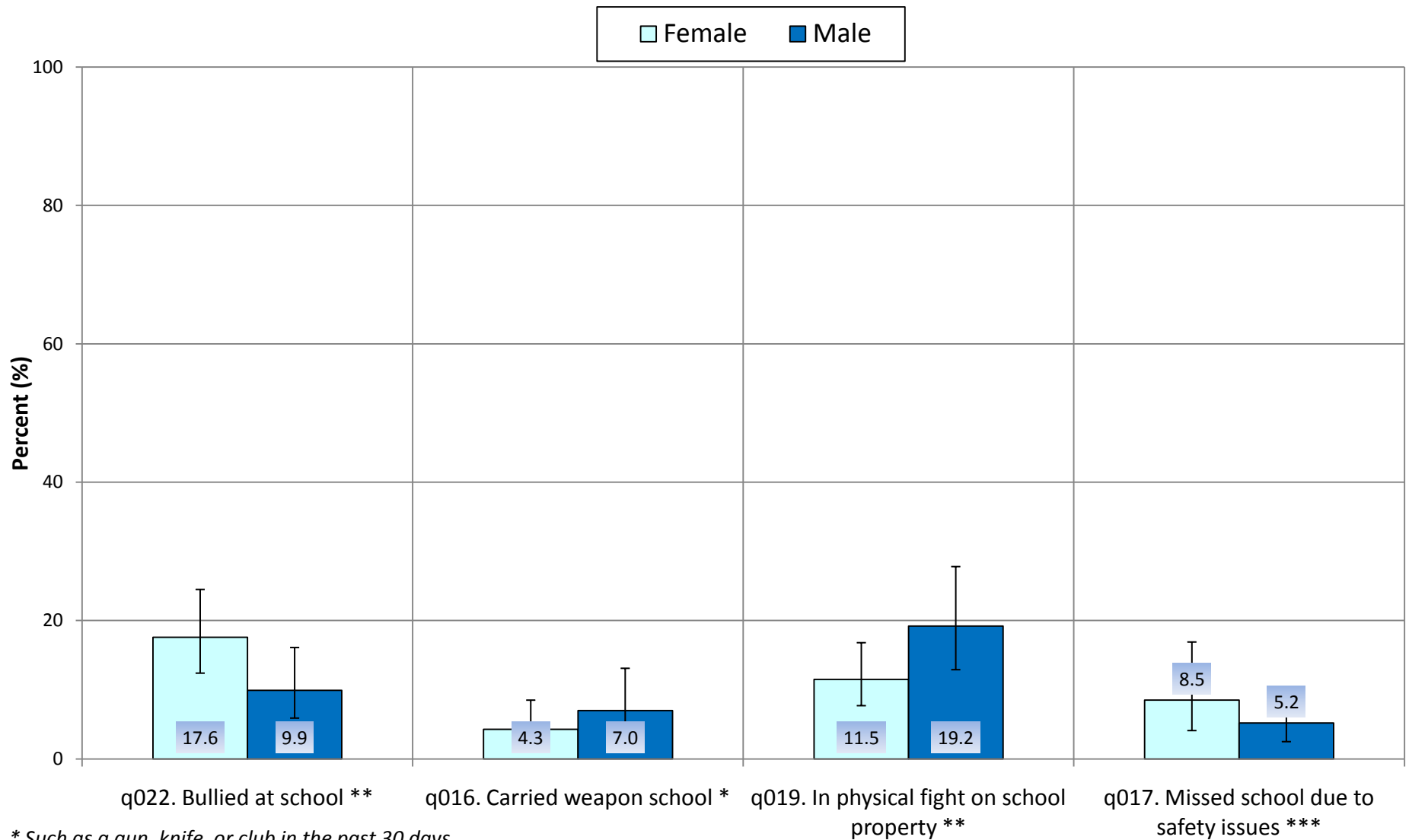


\* Such as a gun, knife, or club in the past 30 days

\*\* In the past 12 months

\*\*\* Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months

## Personal Safety: Schools and Violence by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS

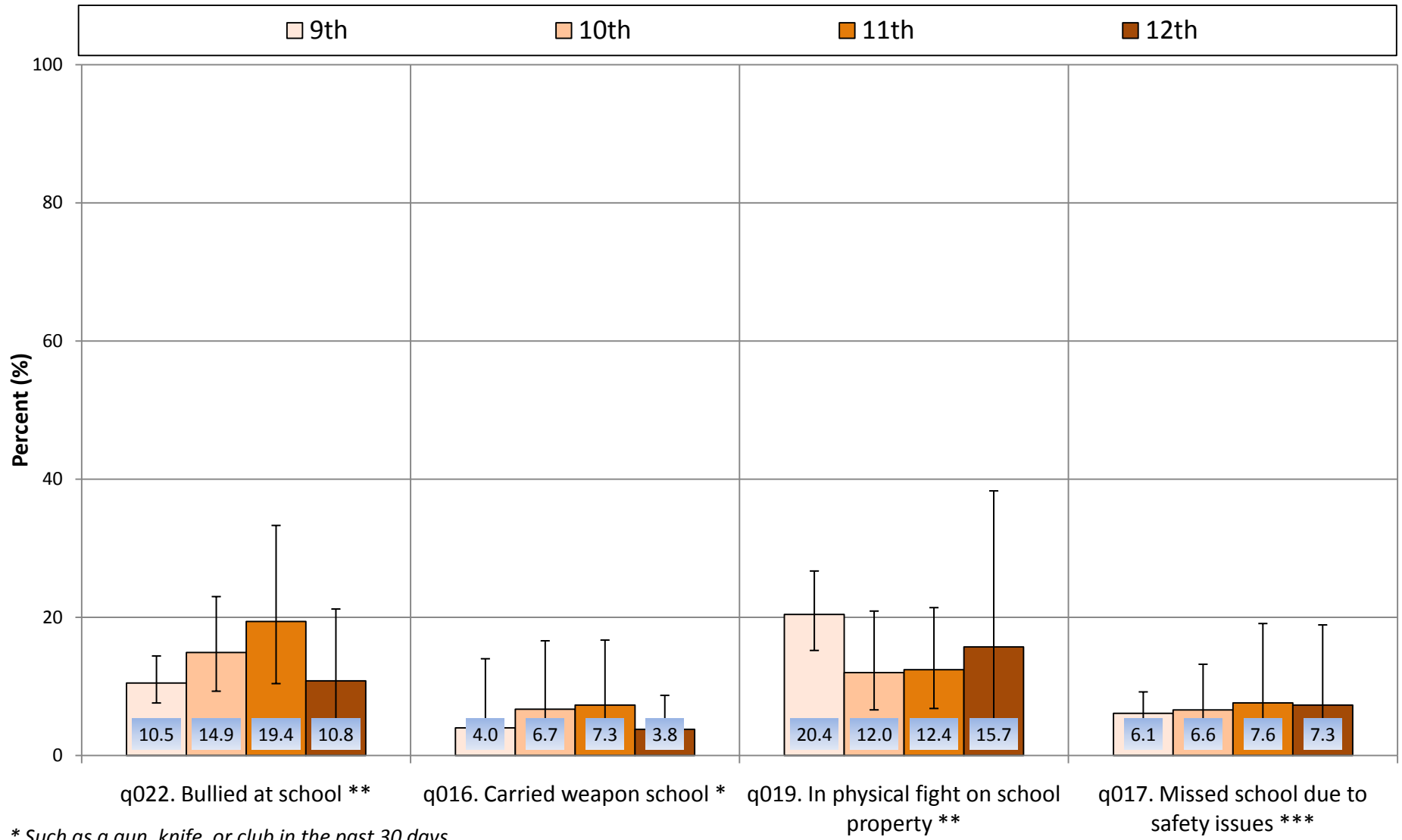


\* Such as a gun, knife, or club in the past 30 days

\*\* In the past 12 months

\*\*\* Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months

## Personal Safety: Schools and Violence by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Such as a gun, knife, or club in the past 30 days

\*\* In the past 12 months

\*\*\* Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months

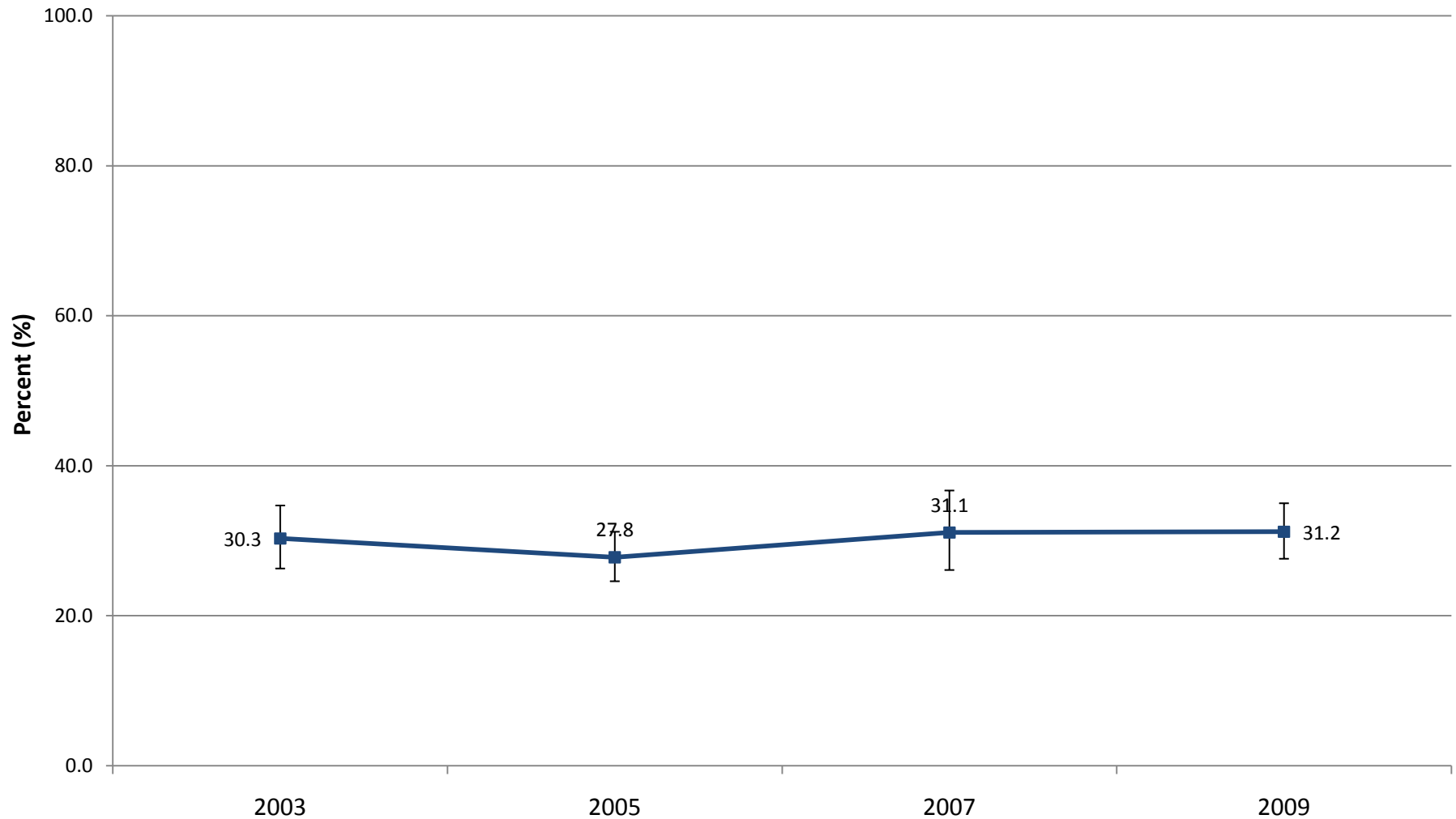




# Mental Health

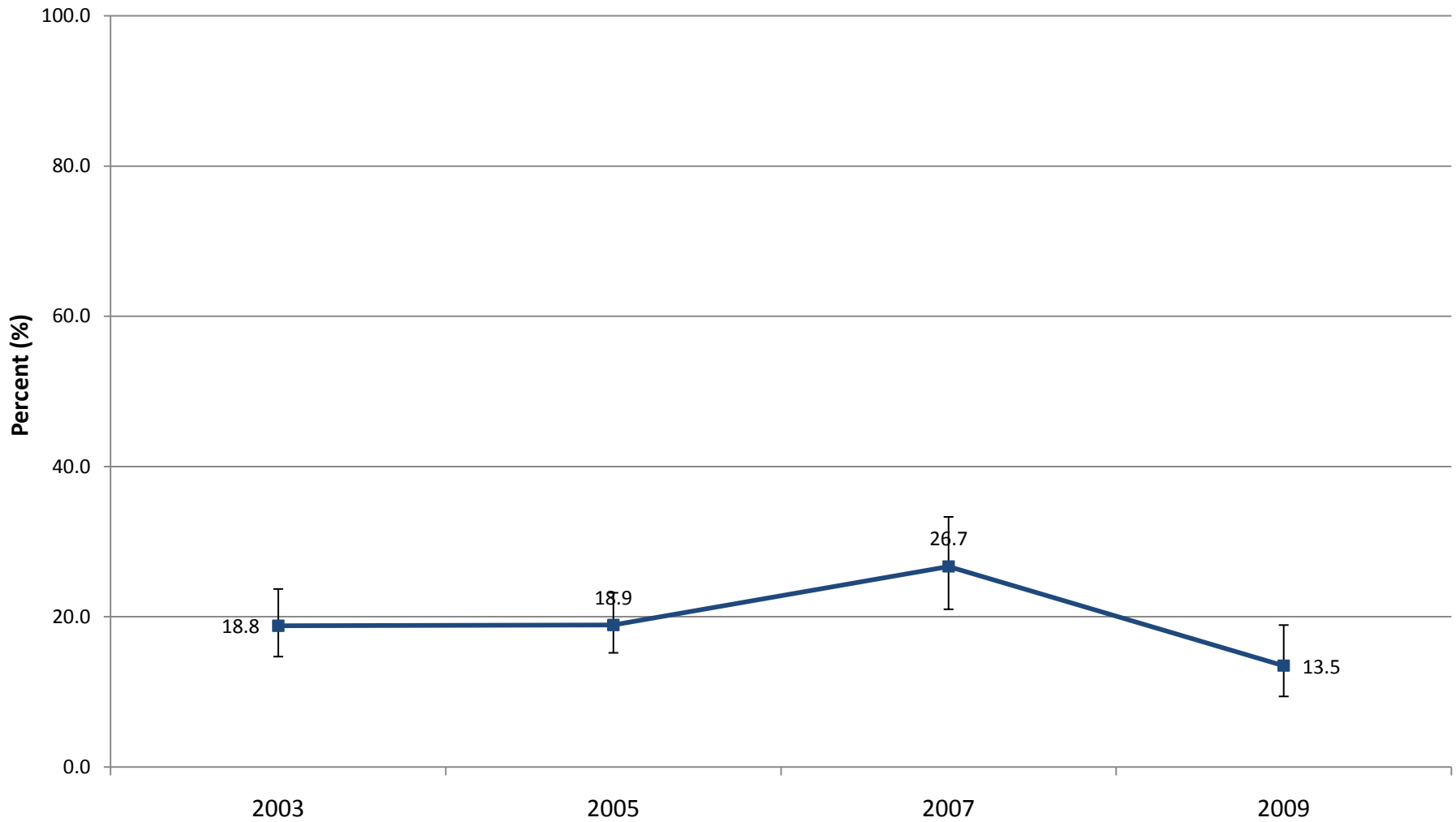


**Mental Health: Suicide Attempts and Ideation  
Persistent Feelings of Sadness or Hopelessness \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**

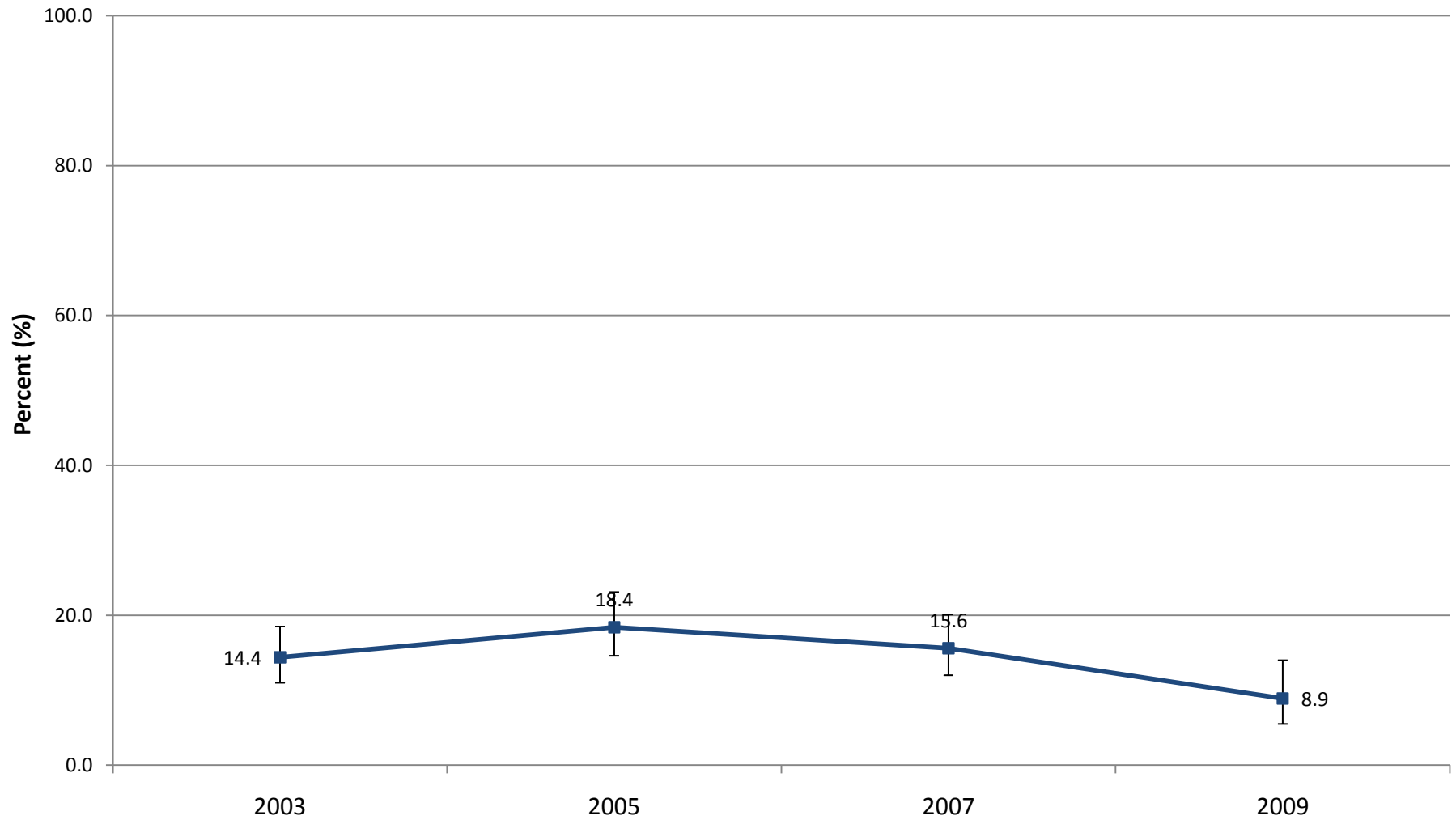


*\* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities, in the past 12 months*

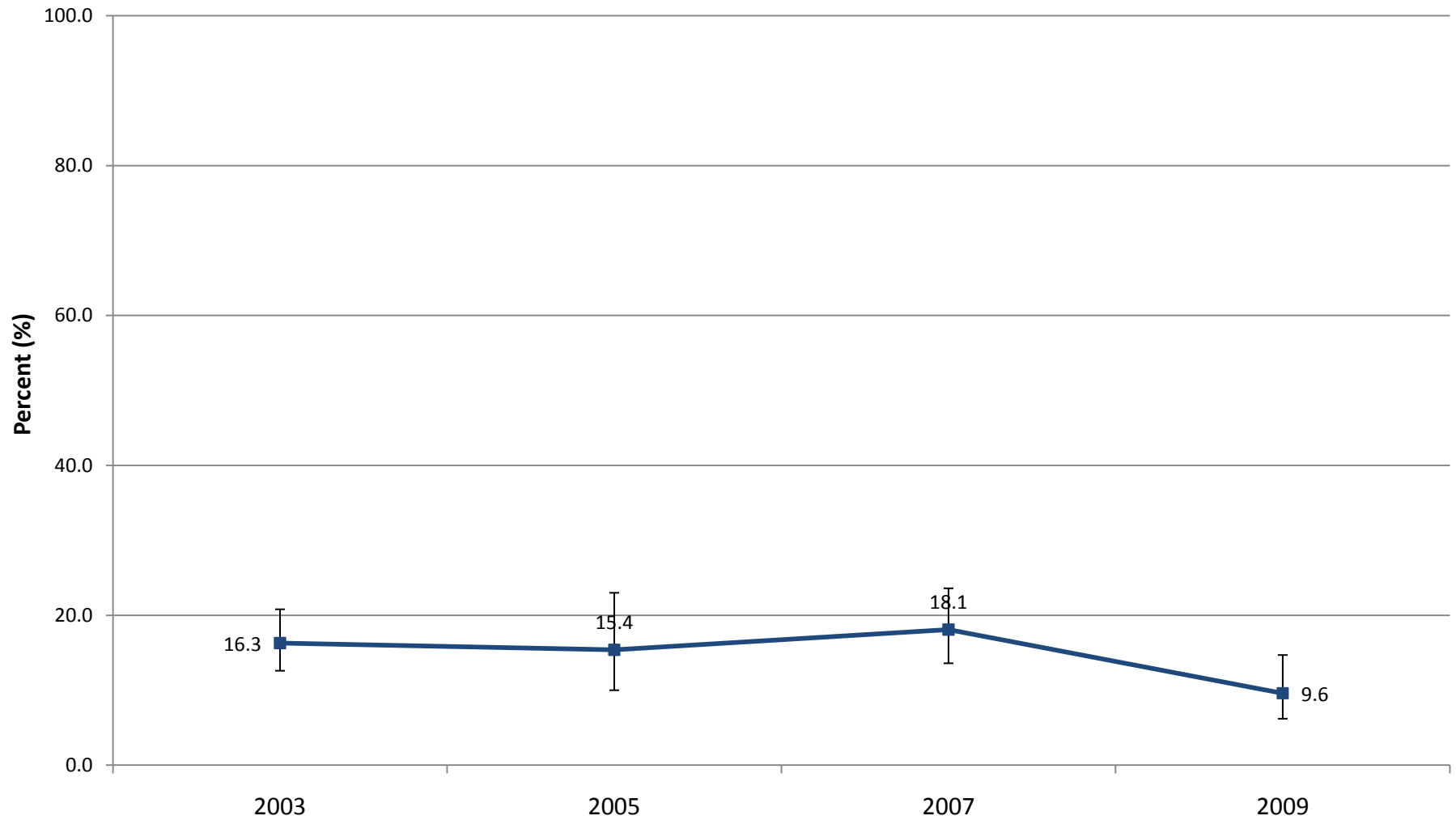
**Mental Health: Suicide Attempts and Ideation  
Seriously Considered Suicide in the Past 12 Months  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



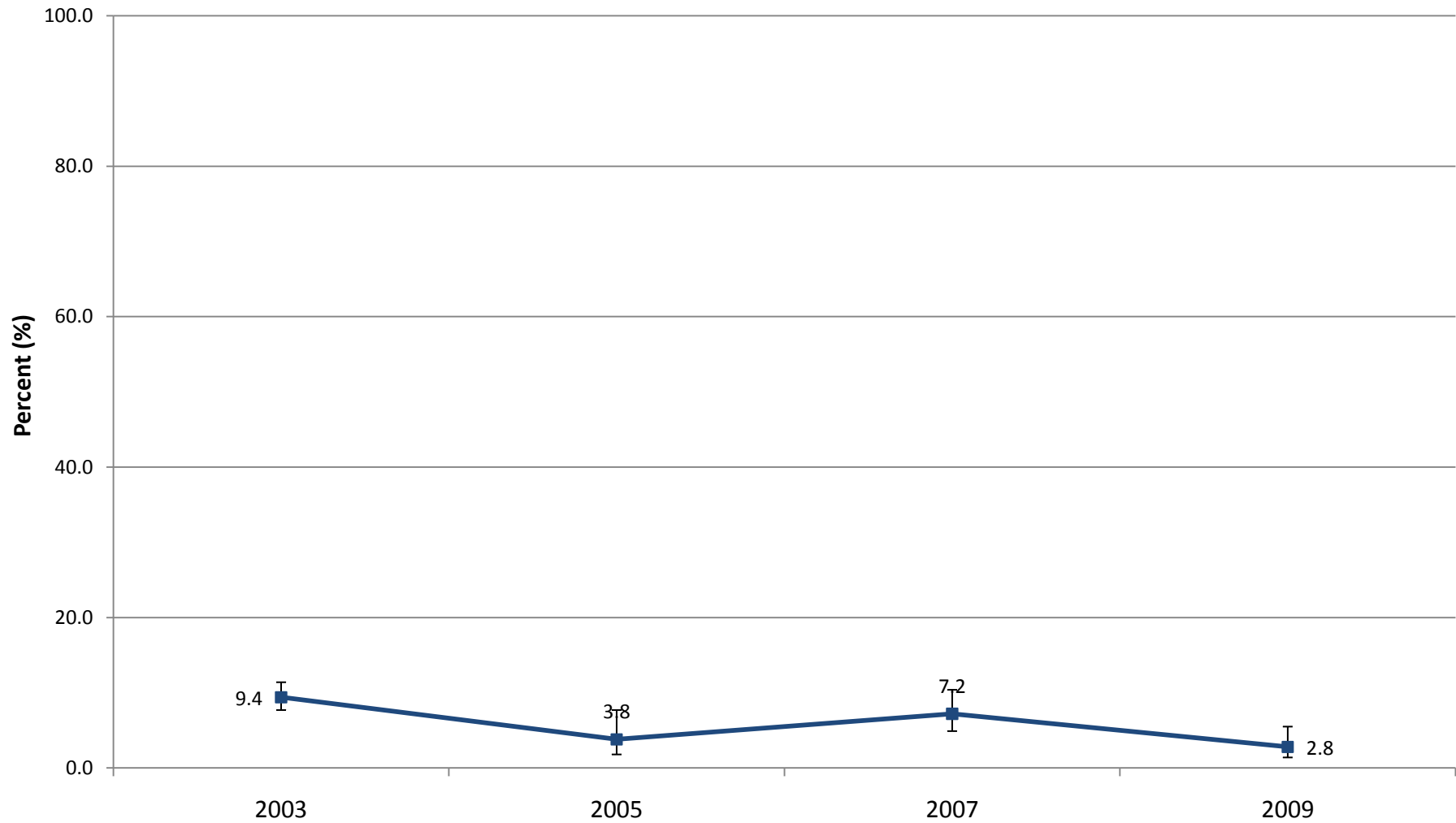
**Mental Health: Suicide Attempts and Ideation  
Made a Plan to Attempt Suicide in the Past 12 Months  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



**Mental Health: Suicide Attempts and Ideation**  
**Attempted Suicide in the Past 12 Months**  
**Rio Arriba County**  
**Grades 9 - 12, 2003 - 2009, NM YRRS**



**Mental Health: Suicide Attempts and Ideation  
Injured in Suicide Attempt \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**

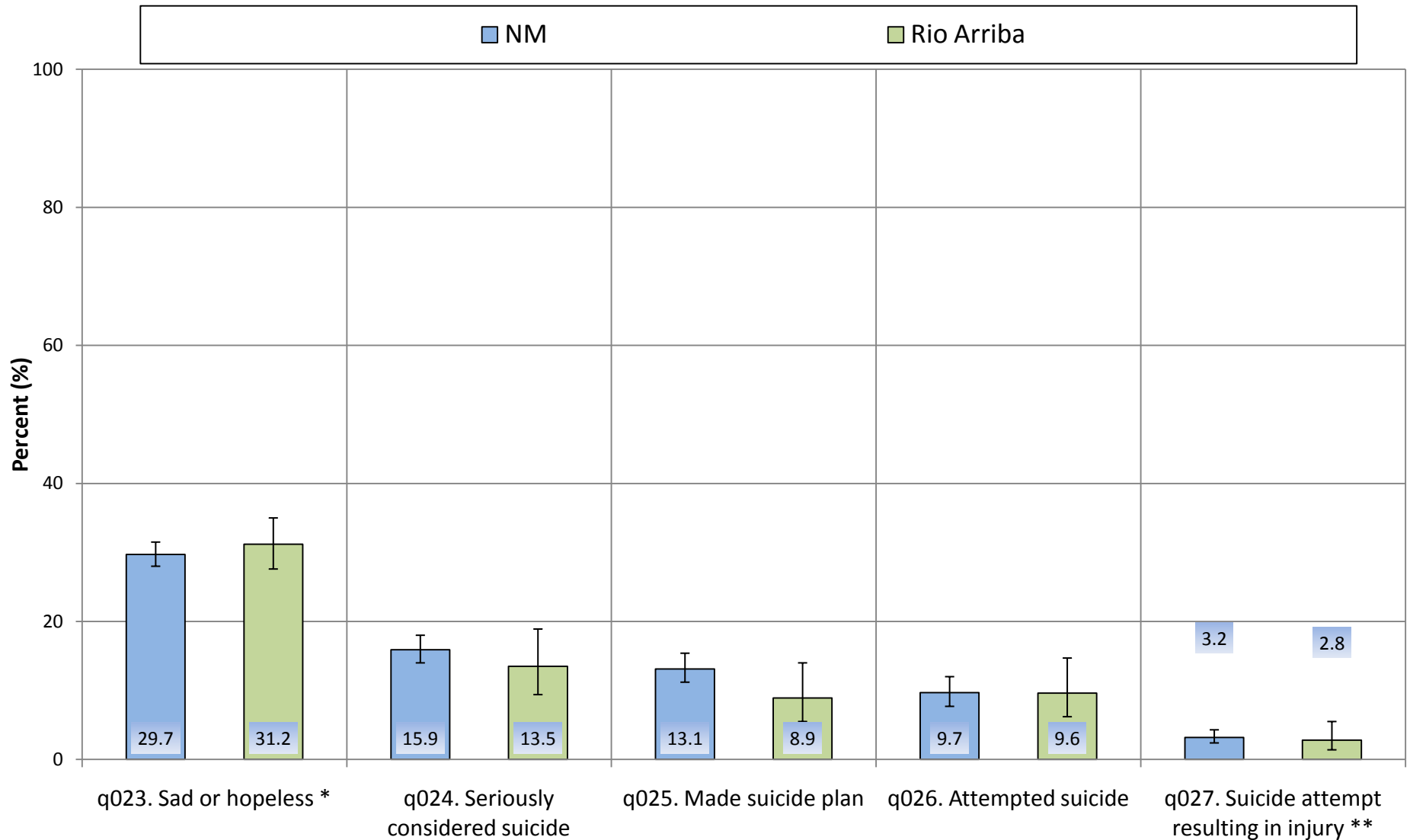


*\* Made a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse, in the past 12 months*

# Mental Health: Suicide Attempts and Ideation in the Past 12 Months

## New Mexico and Rio Arriba County

### Grades 9 - 12, 2009 NM YRRS

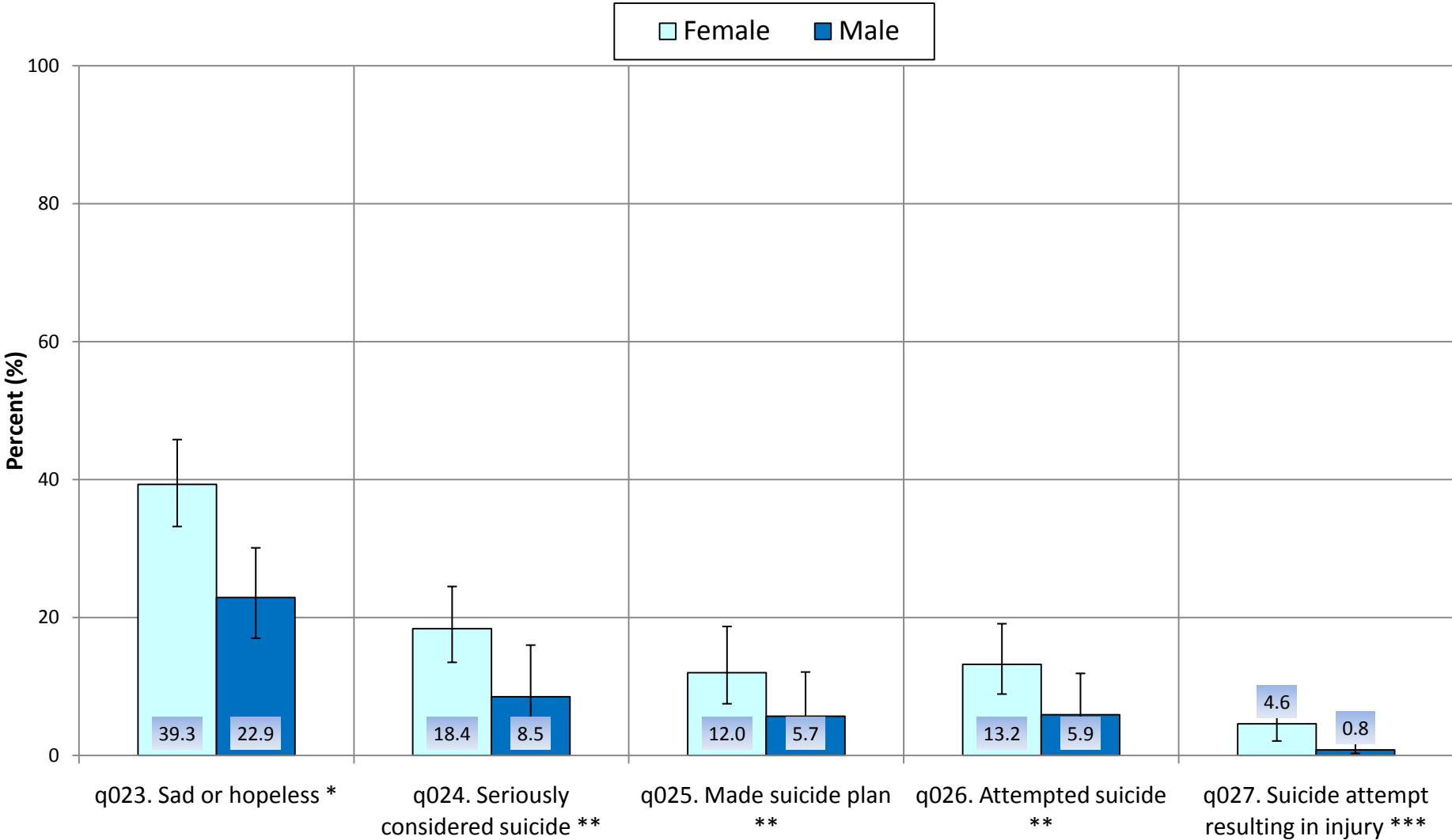


\* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities

\*\* Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse



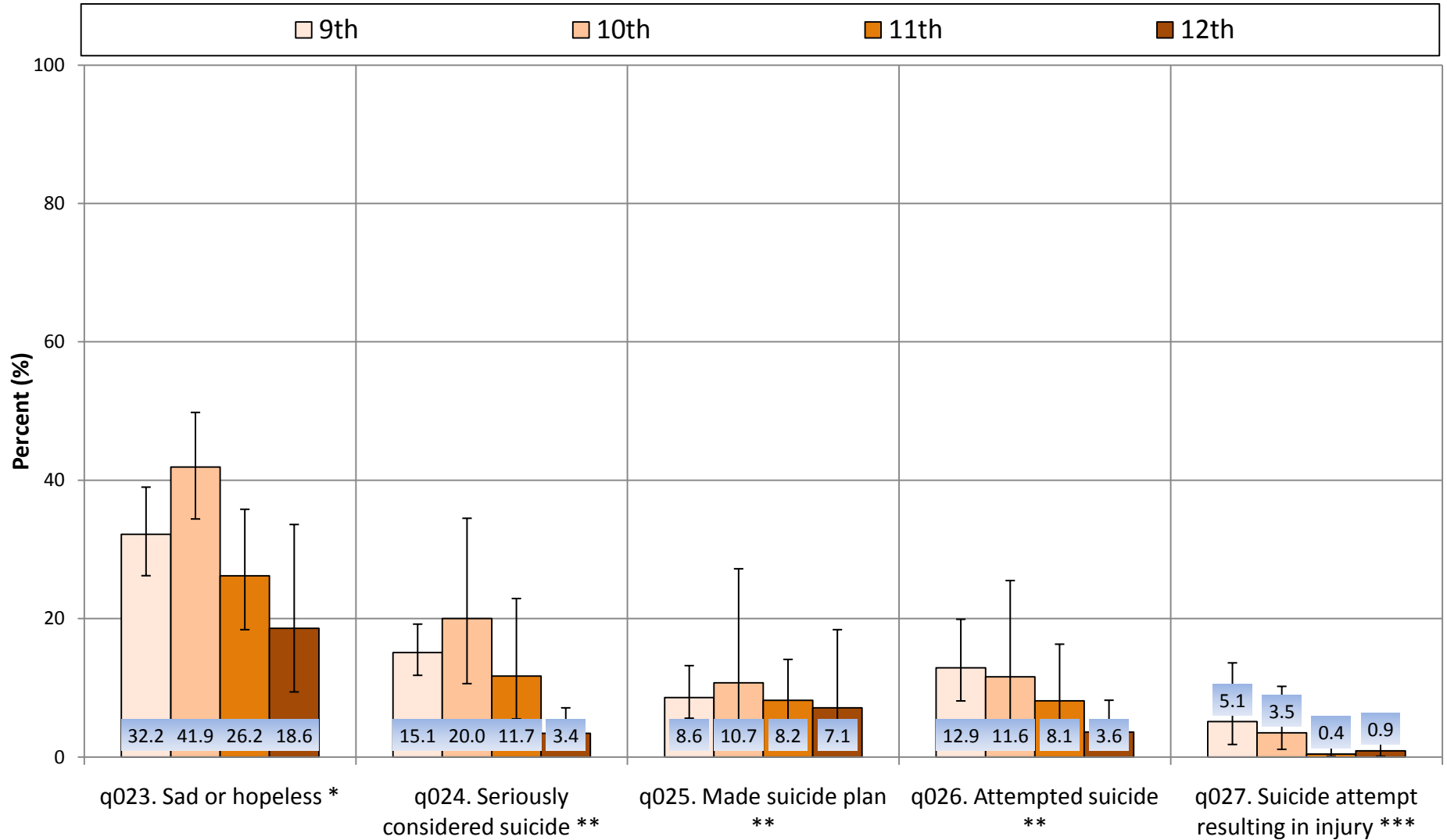
# Mental Health: Suicide Attempts and Ideation in the Past 12 Months by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities

\*\* Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse

## Mental Health: Suicide Attempts and Ideation in the Past 12 Months by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities

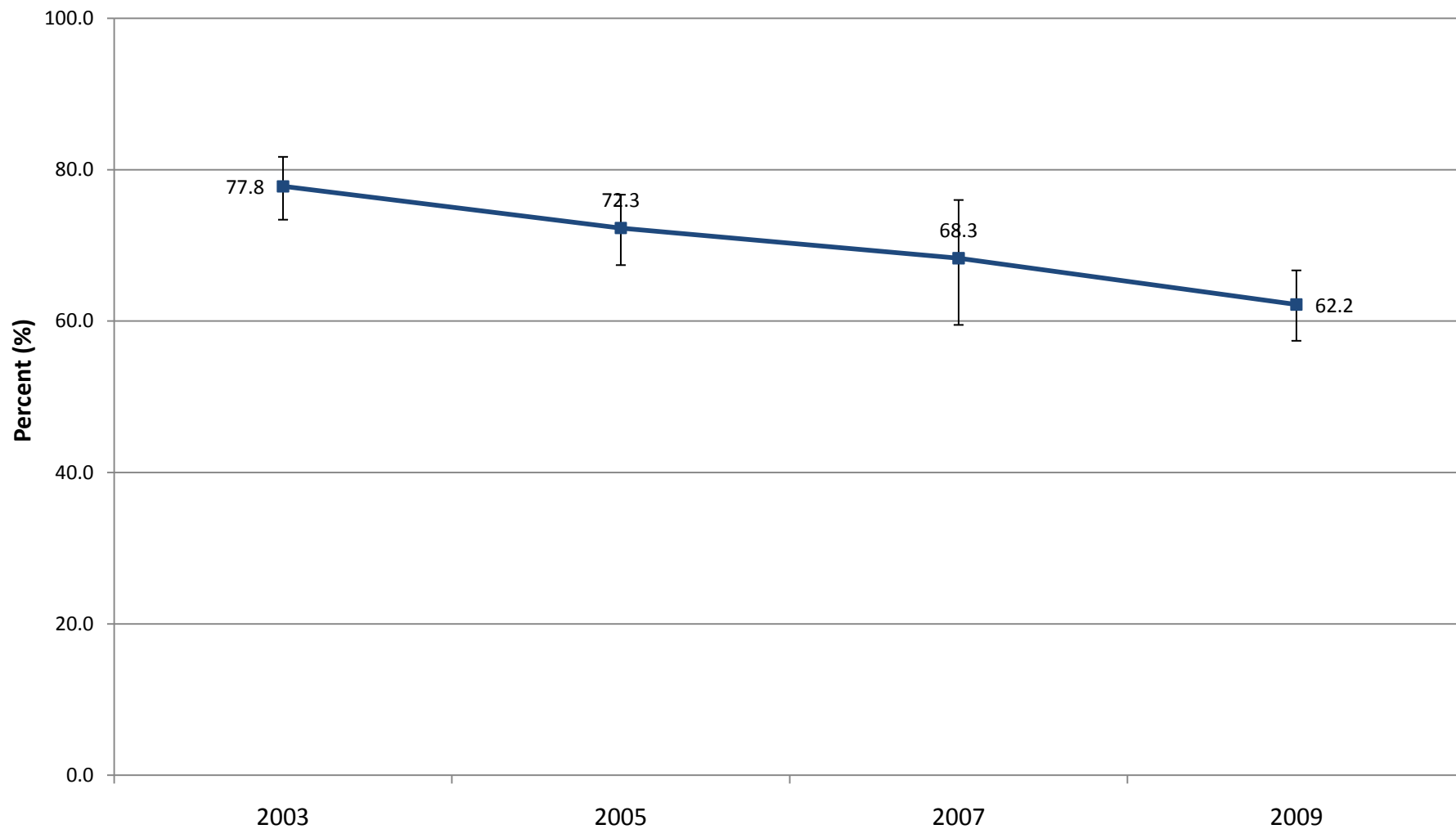
\*\* Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse





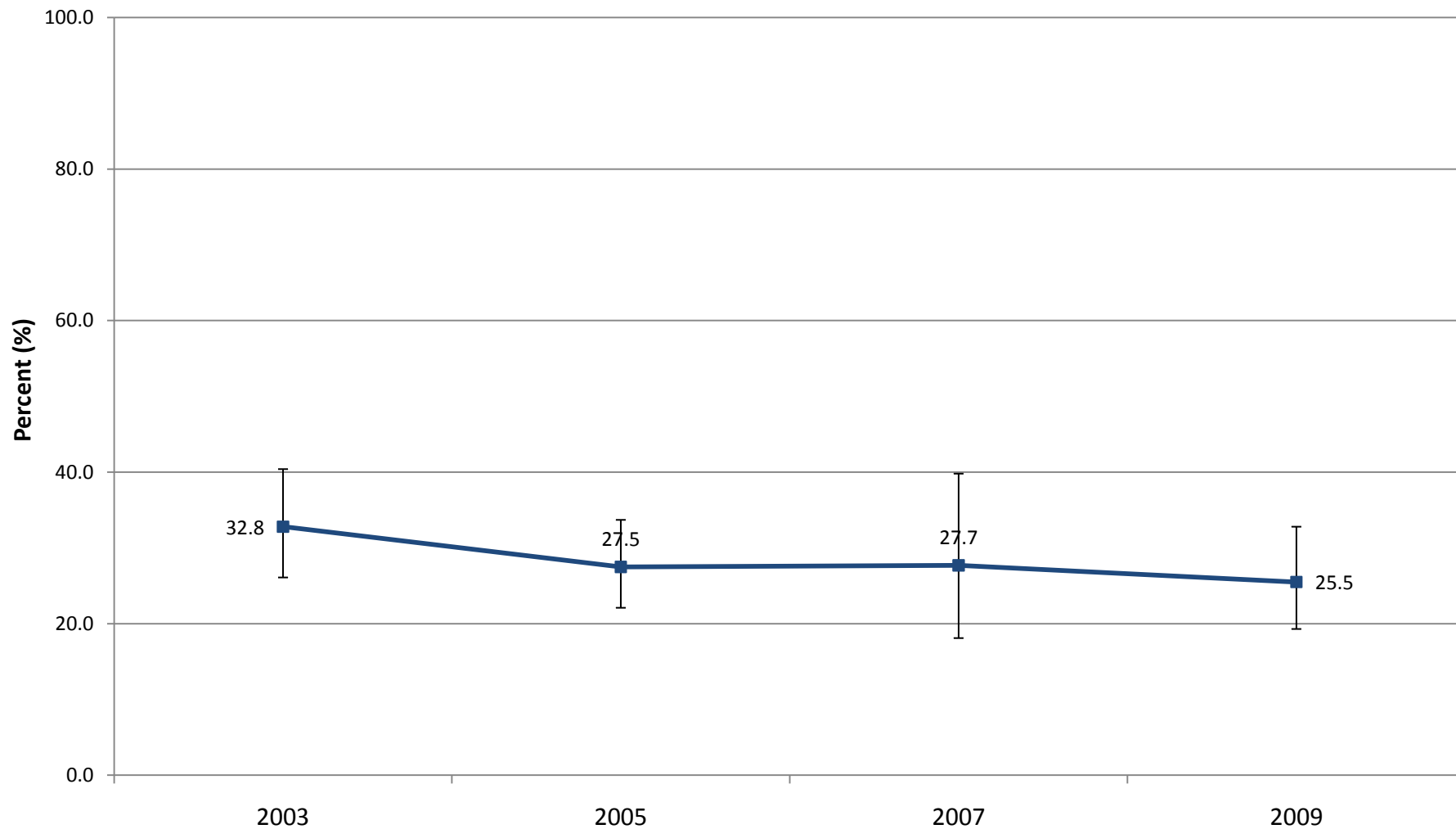
# Tobacco

**Tobacco: Cigarette Smoking  
Ever Tried Cigarette Smoking \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



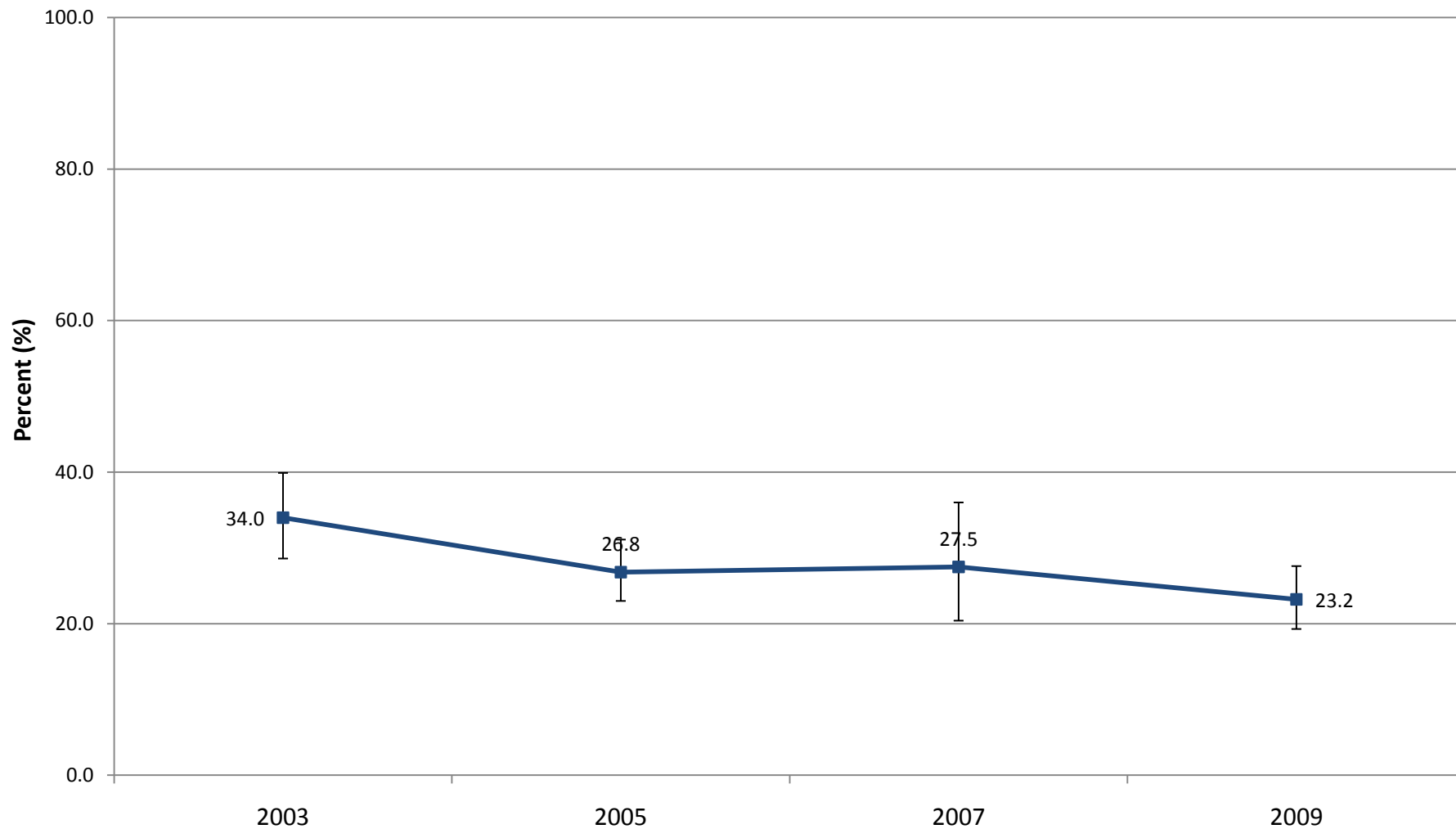
*\* Even one or two puffs*

**Tobacco: Cigarette Smoking  
Current Cigarette Smoker \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



*\* Smoked cigarettes on at least one of the past 30 days*

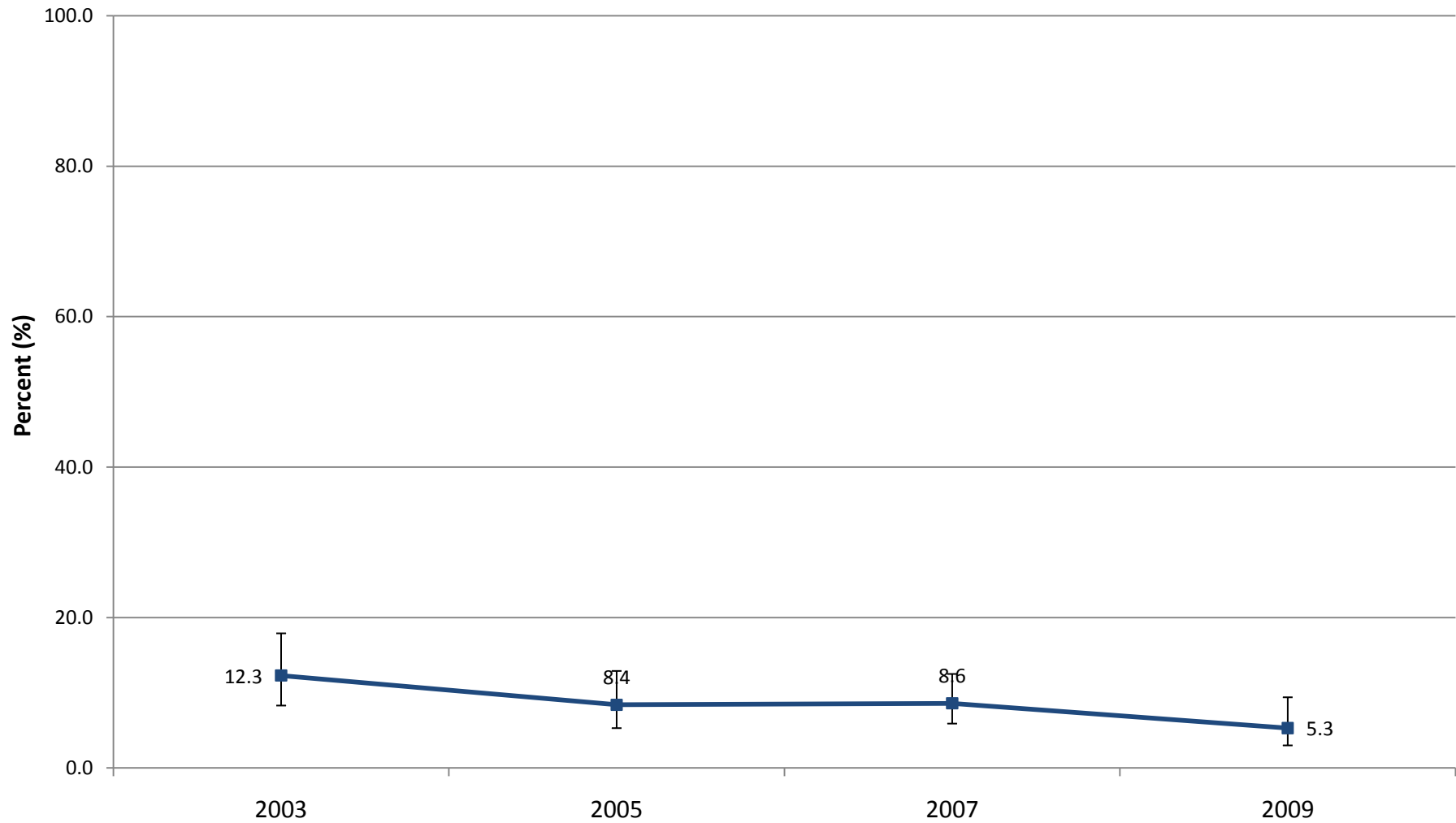
**Tobacco: Cigarette Smoking  
Smoked Cigarettes Before Age 13  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



*\* First smoked a whole cigarette before age 13*

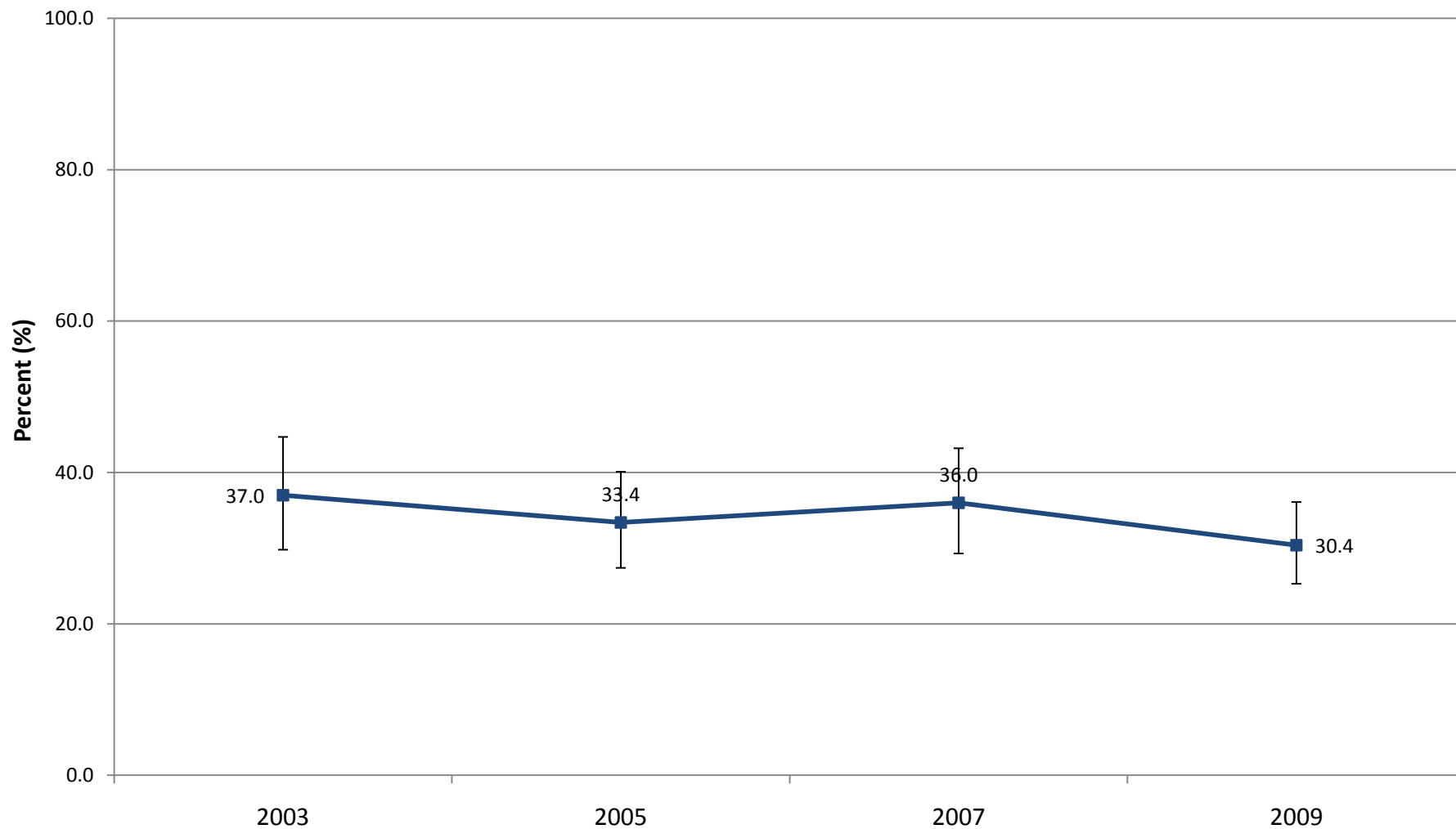


**Tobacco: Cigarette Smoking  
Smoked Cigarettes on School Property \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



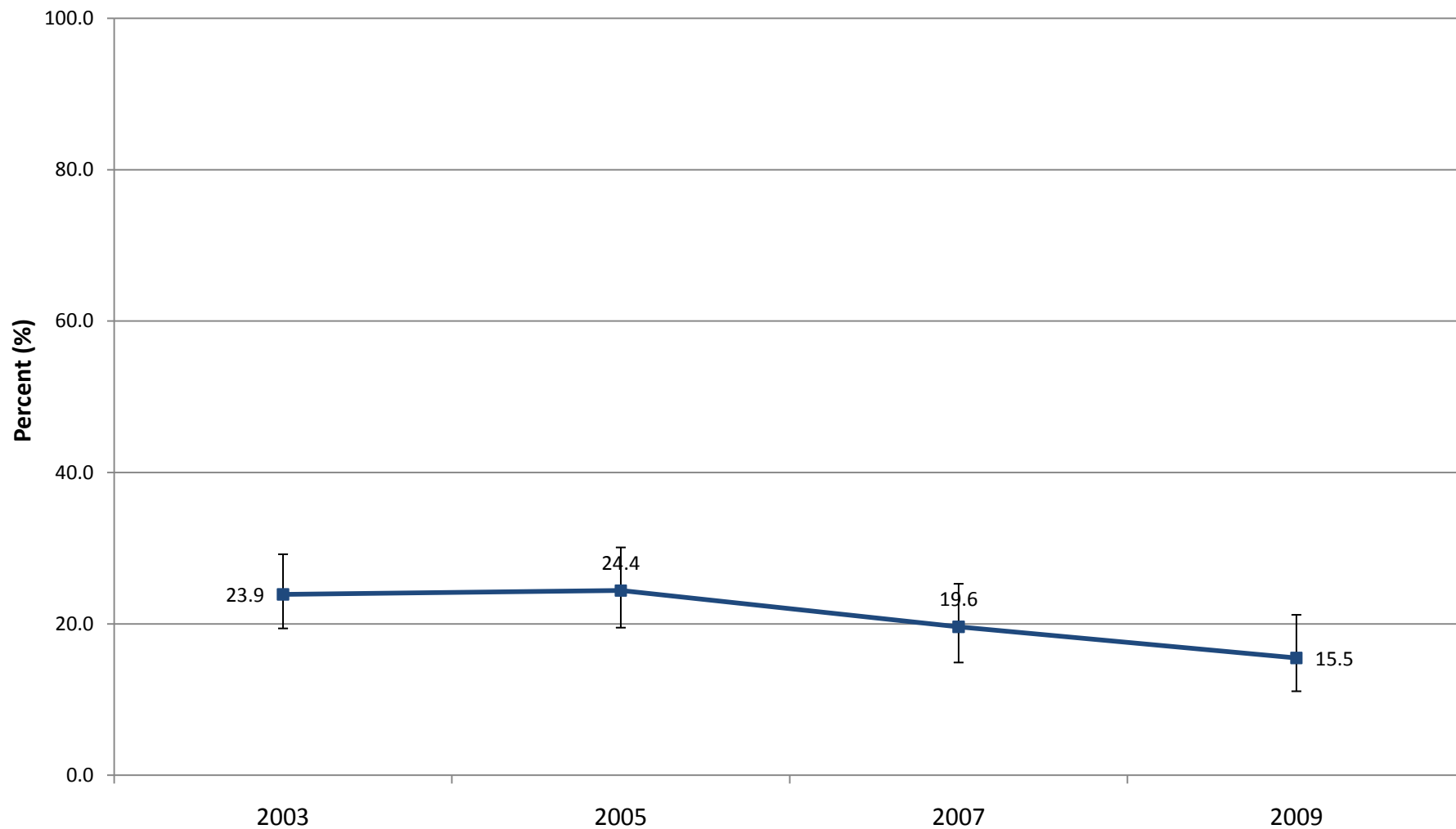
\* On at least one of the past 30 days

**Tobacco: Other Use and Exposure  
Used Any Form of Tobacco \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



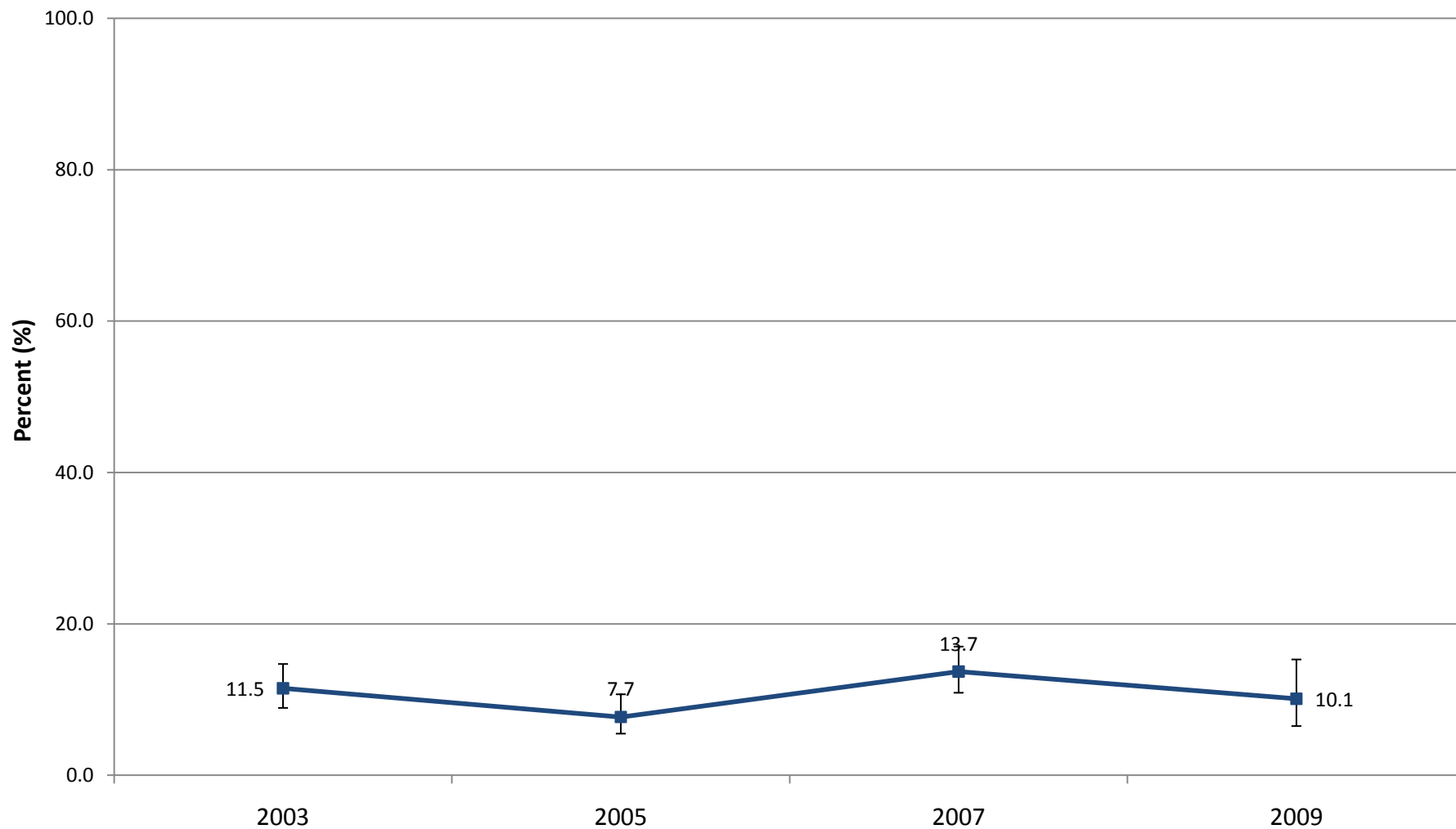
\* Smoked cigarettes, cigars, cigarillos, or little cigars, or used chewing tobacco, snuff, or dip in the past 30 days

**Tobacco: Other Use and Exposure  
Current Cigar Smoker \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



*\* Smoked cigars, cigarillos, or little cigars on at least one of the past 30 days*

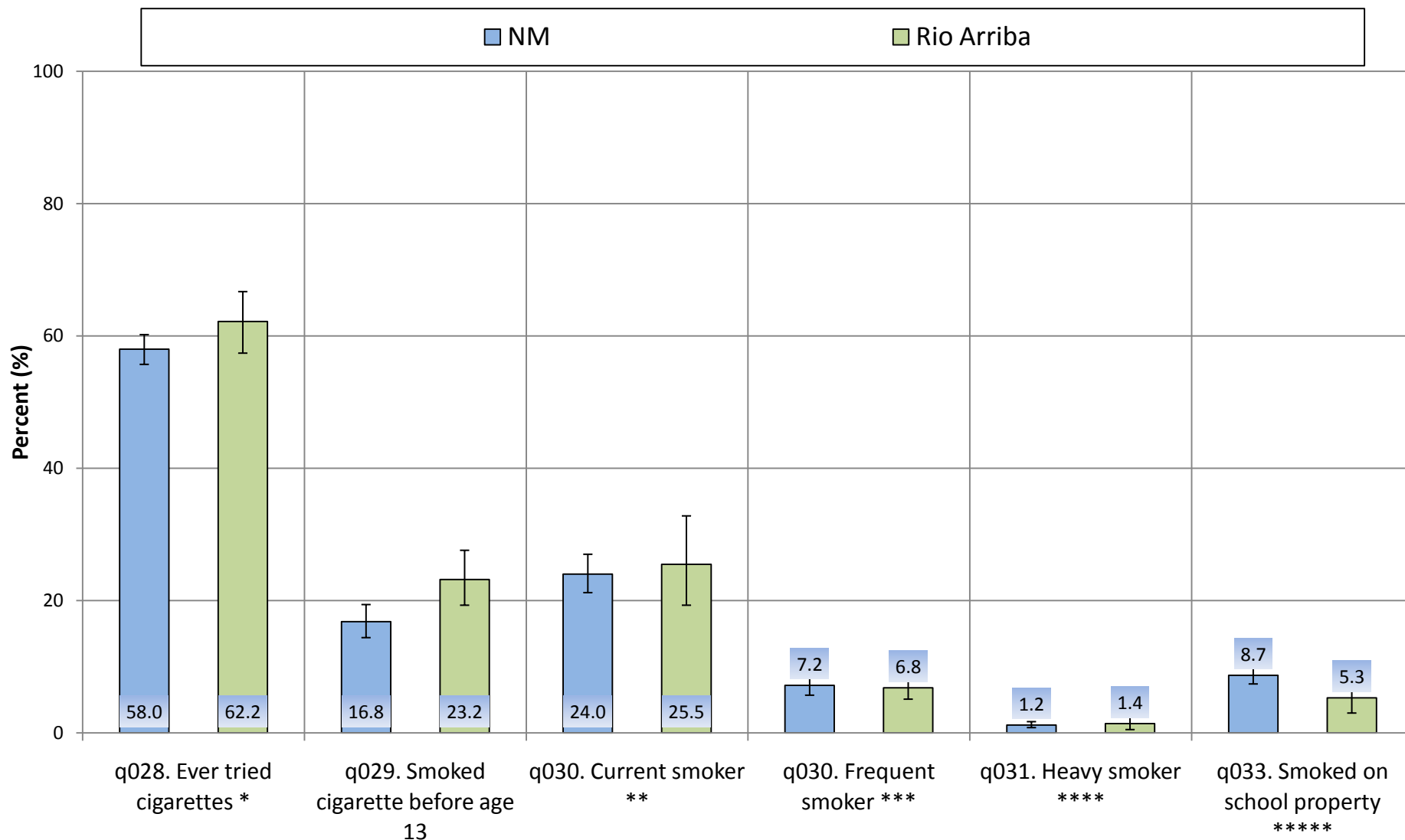
**Tobacco: Other Use and Exposure**  
**Current Spit Tobacco Use \***  
**Rio Arriba County**  
**Grades 9 - 12, 2003 - 2009, NM YRRS**



*\* Used chewing tobacco, snuff, or dip on at least one of the past 30 days*

## Tobacco: Cigarette Smoking

### New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Ever tried cigarettes, even one or two puffs

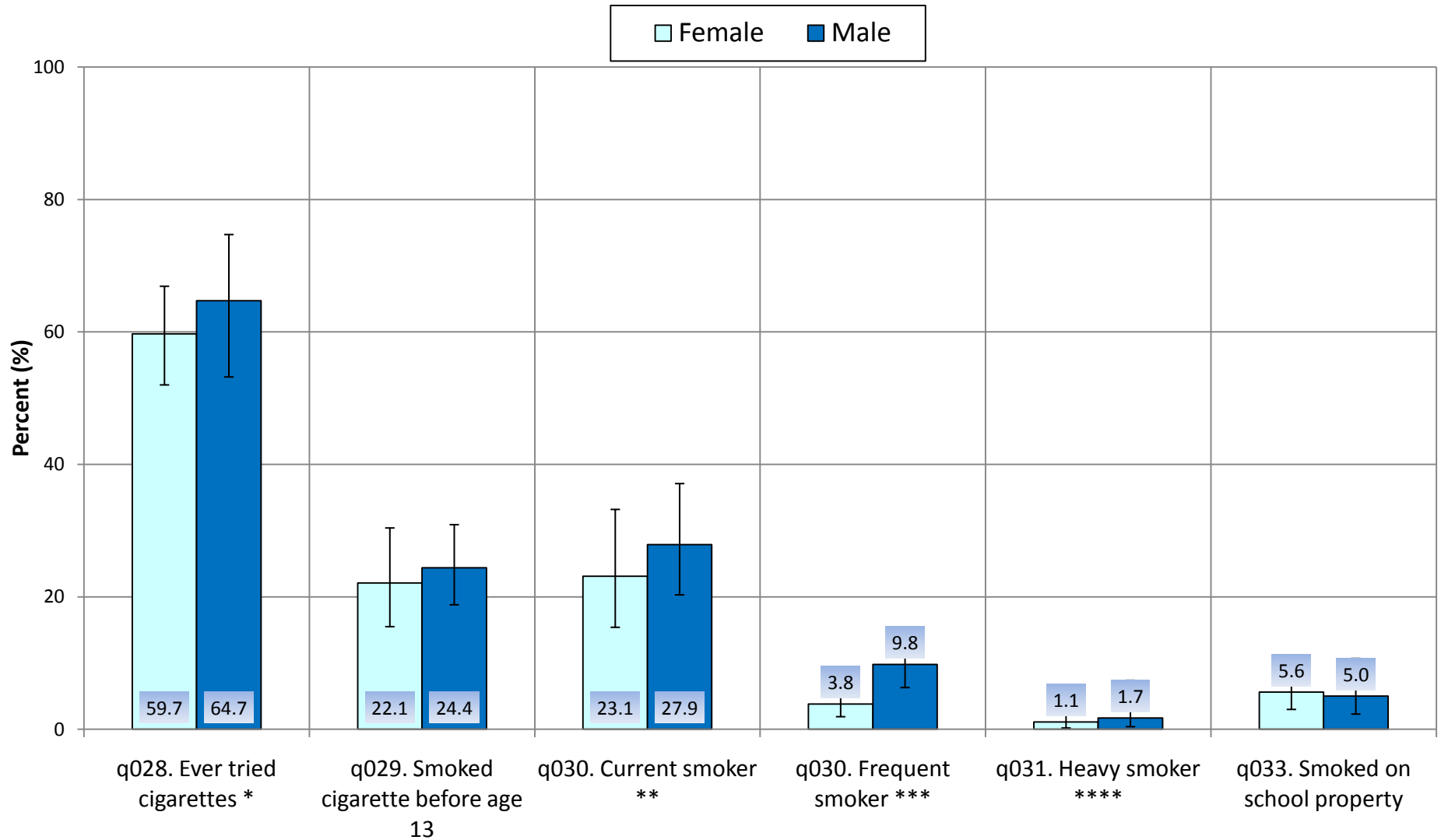
\*\* Smoked cigarettes on at least one of the past 30 days

\*\*\* Smoked cigarettes on at least 20 of the past 30 days

\*\*\*\* Smoked at least 10 cigarettes per day on days that they smoked

\*\*\*\*\* In the past 30 days

## Tobacco: Cigarette Smoking by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



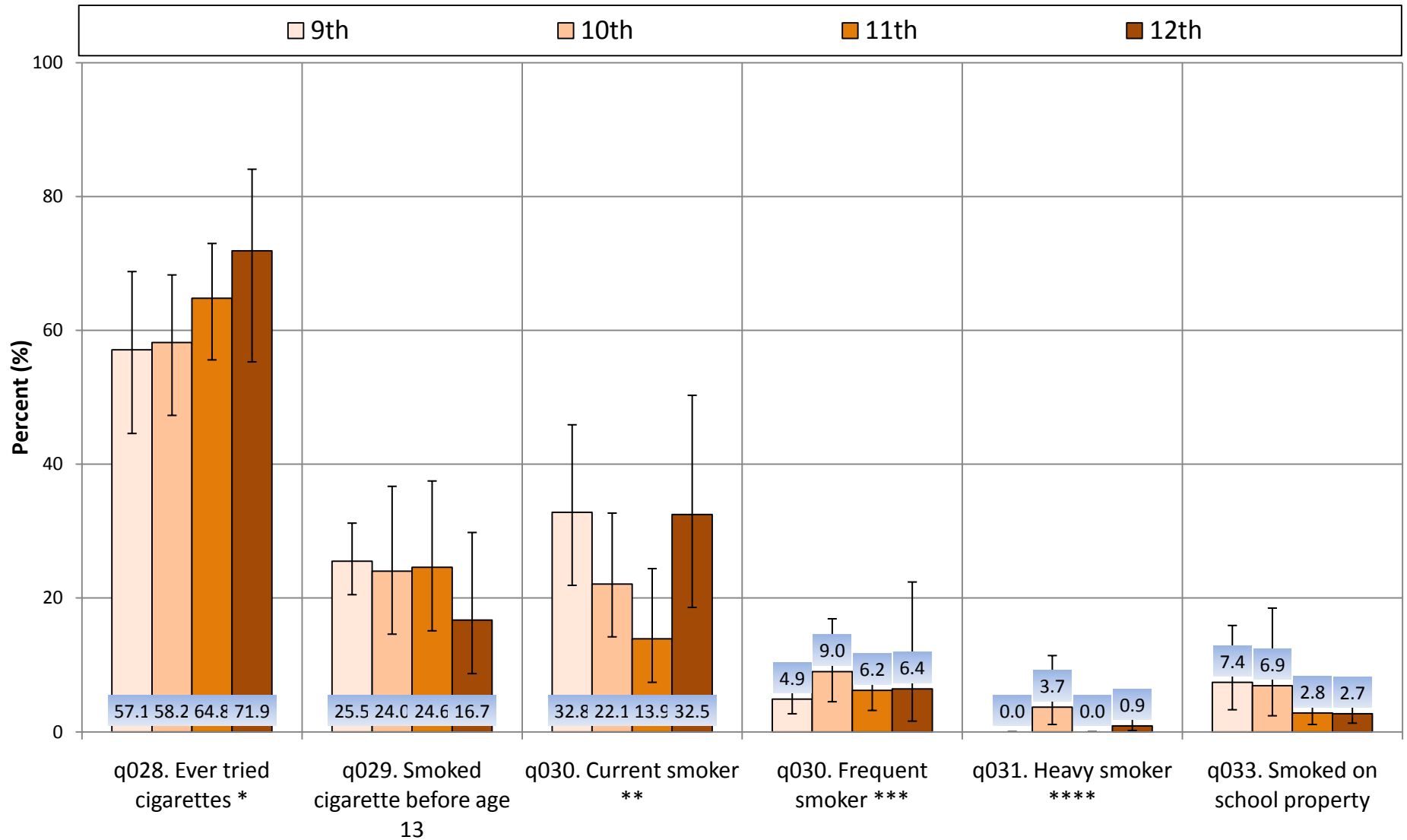
\* Ever tried cigarettes, even one or two puffs

\*\* Smoked cigarettes on at least one of the past 30 days

\*\*\* Smoked cigarettes on at least 20 of the past 30 days

\*\*\*\* Smoked at least 10 cigarettes per day on days that they smoked  
\*\*\*\*\* In the past 30 days

## Tobacco: Cigarette Smoking by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Ever tried cigarettes, even one or two puffs

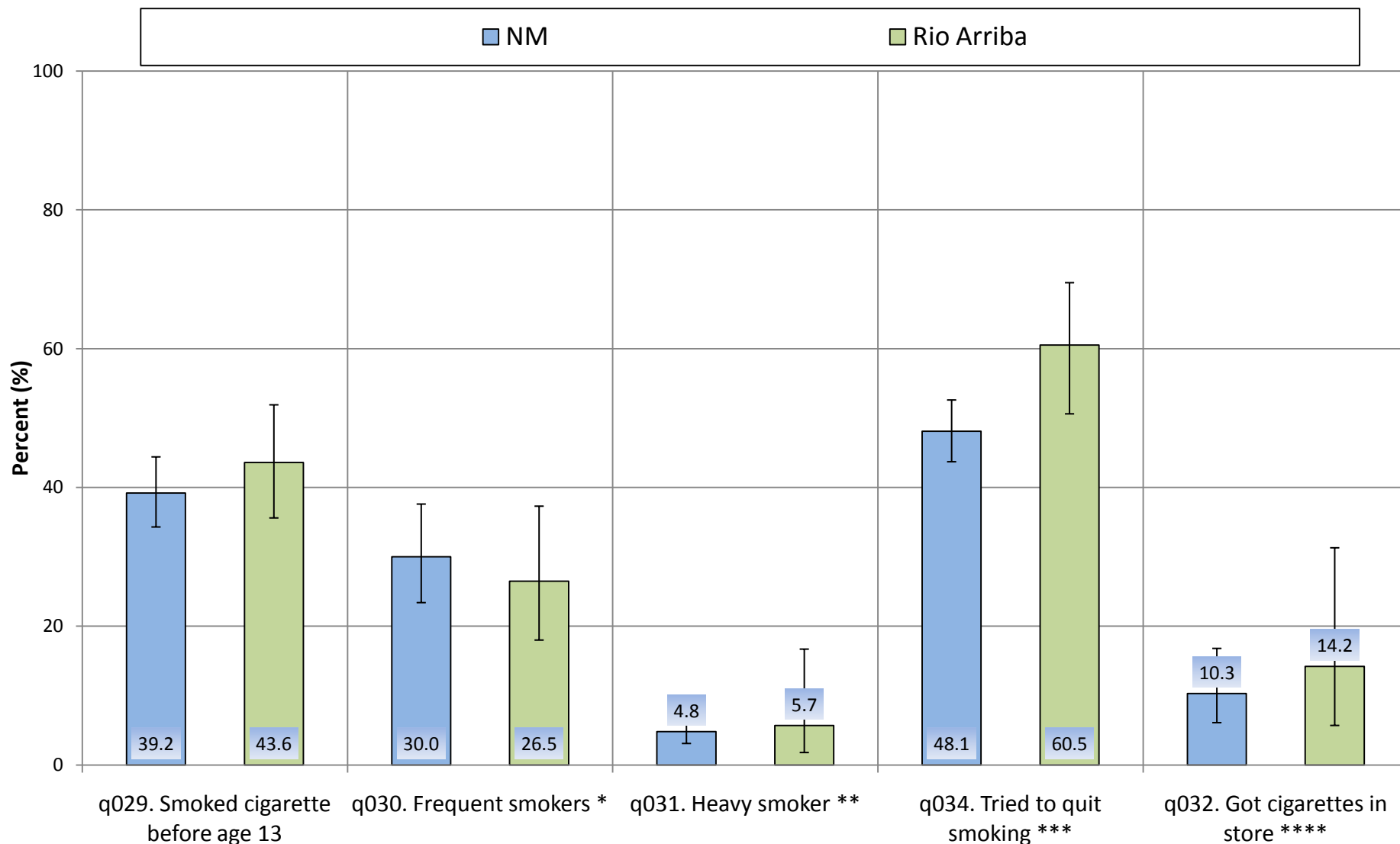
\*\* Smoked cigarettes on at least one of the past 30 days

\*\*\* Smoked cigarettes on at least 20 of the past 30 days

\*\*\*\* Smoked at least 10 cigarettes per day on days that they smoked

\*\*\*\*\* In the past 30 days

## Tobacco: Behaviors of Current Cigarette Smokers New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Among current smokers, smoked cigarettes on at least 20 of the past 30 days

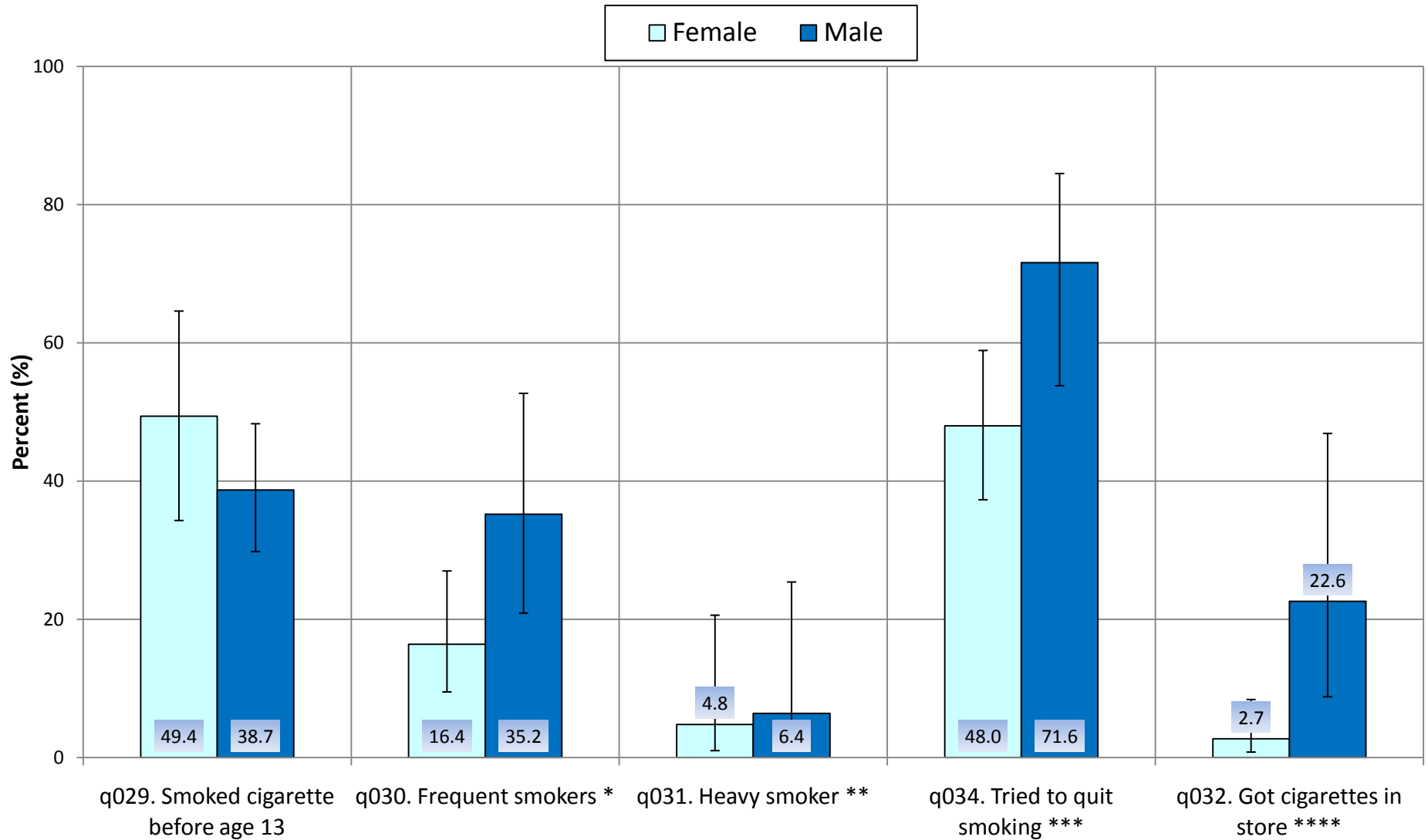
\*\* Among current smokers, smoked at least 10 cigarettes per day on days they smoked

\*\*\* In the past 12 months

\*\*\*\* In the past 30 days, among current smokers <18 yrs old



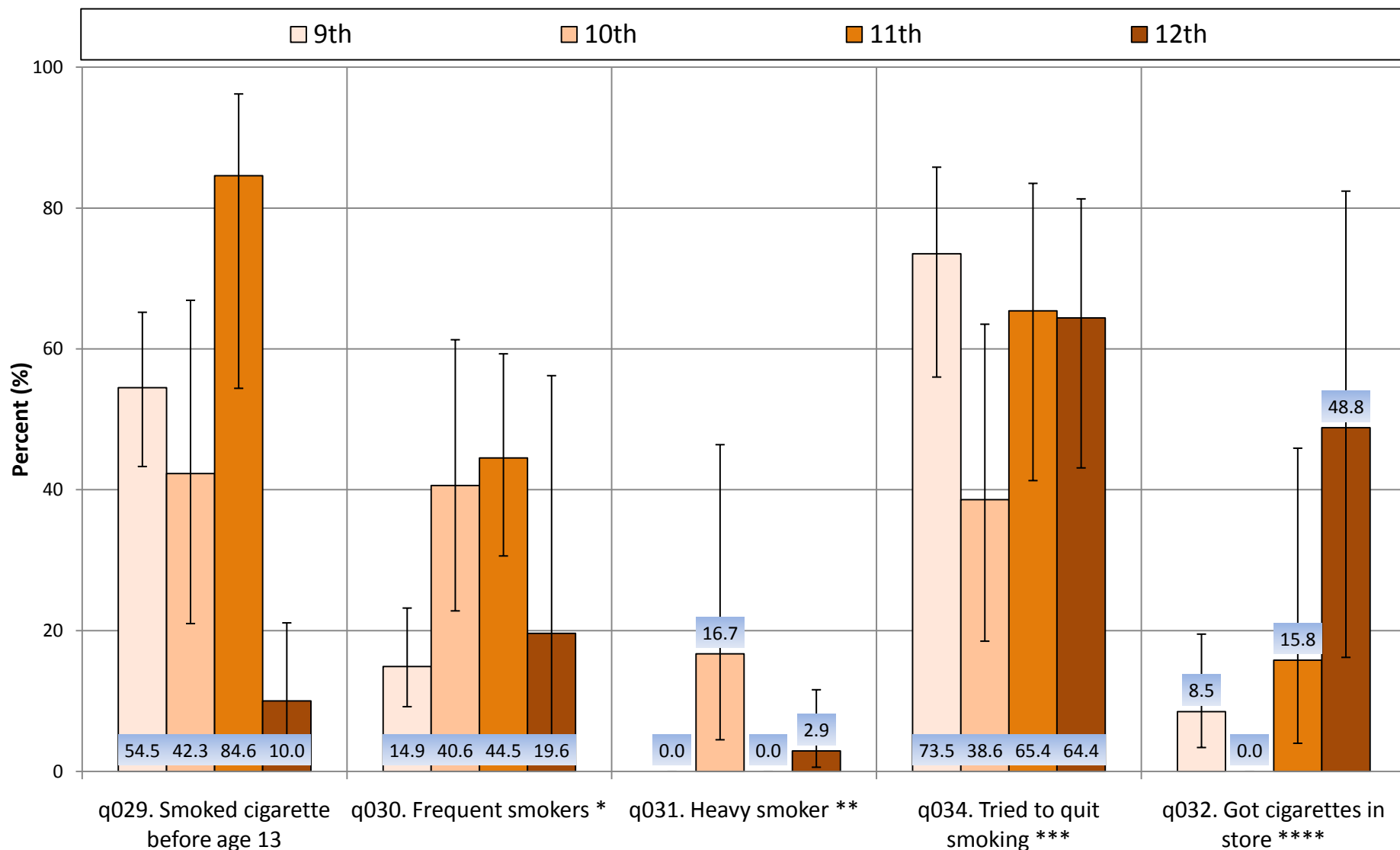
## Tobacco: Behaviors of Current Cigarette Smokers by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Among current smokers, smoked cigarettes on at least 20 of the past 30 days  
 \*\* Among current smokers, smoked at least 10 cigarettes per days on days they smoked

\*\*\* In the past 12 months  
 \*\*\*\* In the past 30 days, among current smokers <18 yrs old

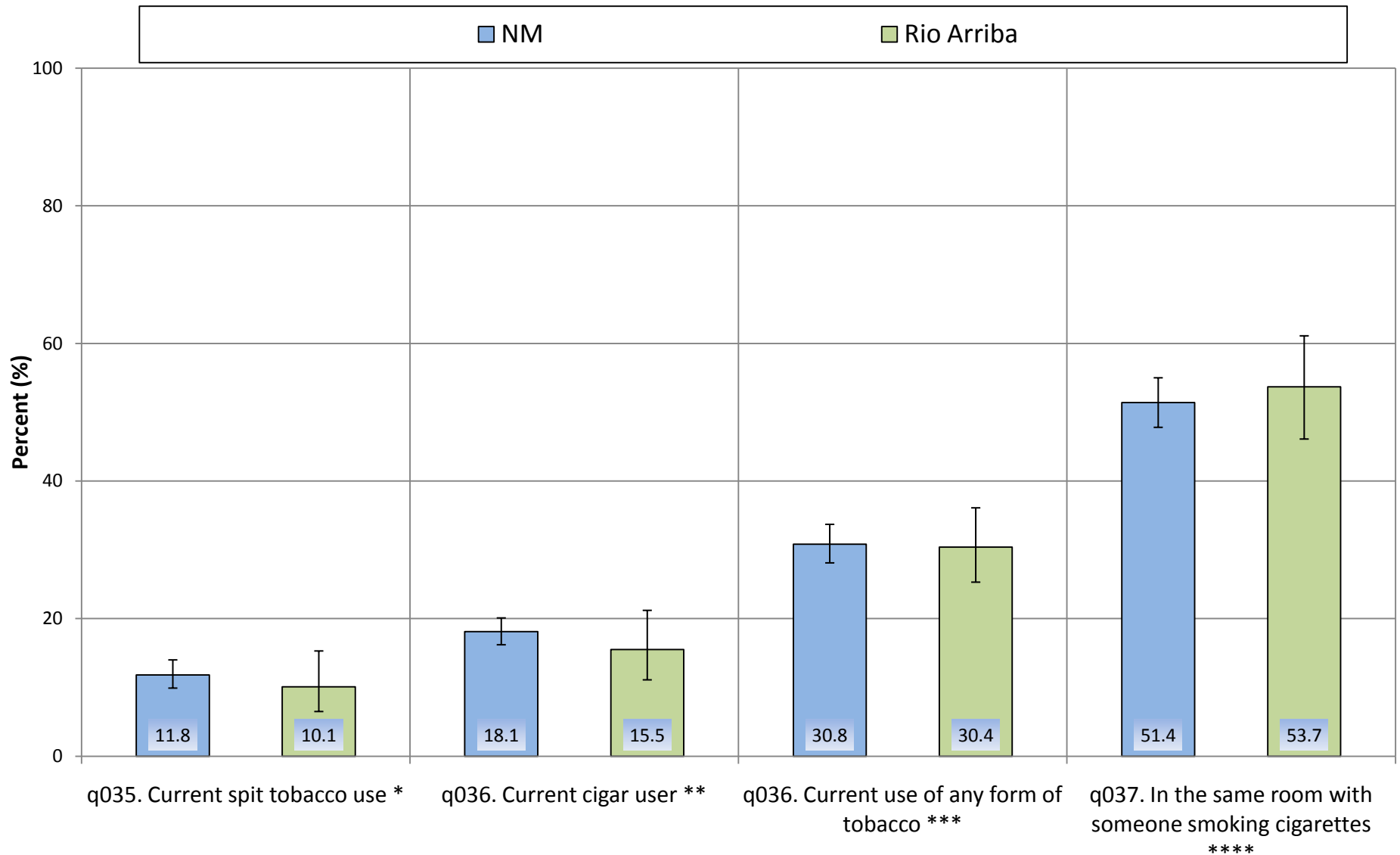
## Tobacco: Behaviors of Current Cigarette Smokers by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Among current smokers, smoked cigarettes on at least 20 of the past 30 days  
 \*\* Among curreng smokers, smoked at least 10 cigarettes per days on days they smoked

\*\*\* In the past 12 months  
 \*\*\*\* In the past 30 days, among current smokers < 18 yrs old

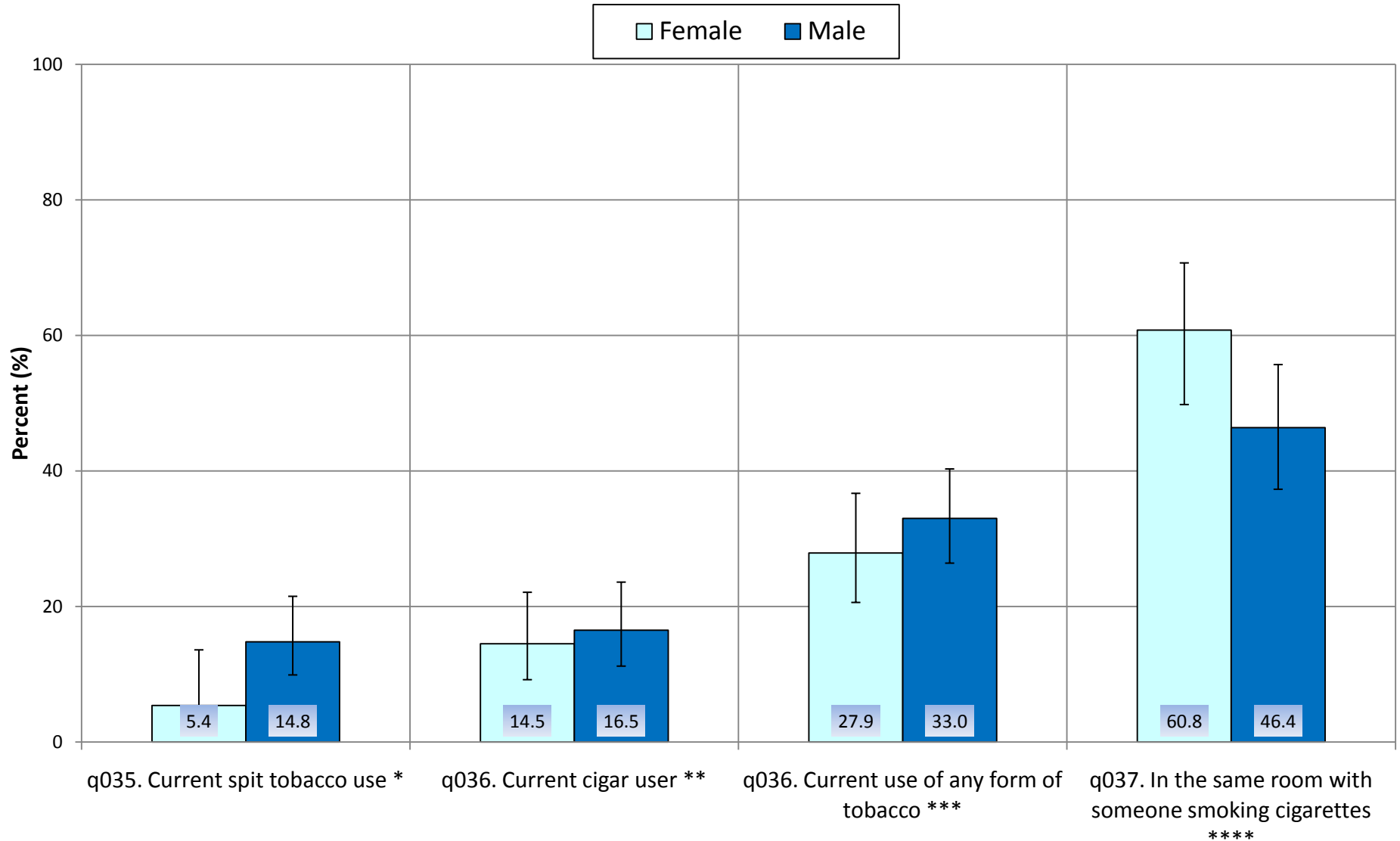
## Tobacco: Other Use and Exposure New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Chewing tobacco, snuff, or dip, in the past 30 days  
 \*\* Cigars, cigarillos, or little cigars, in the past 30 days

\*\*\* Cigarettes, spit tobacco, or cigars, in the past 12 months  
 \*\*\*\* In the past 7 days

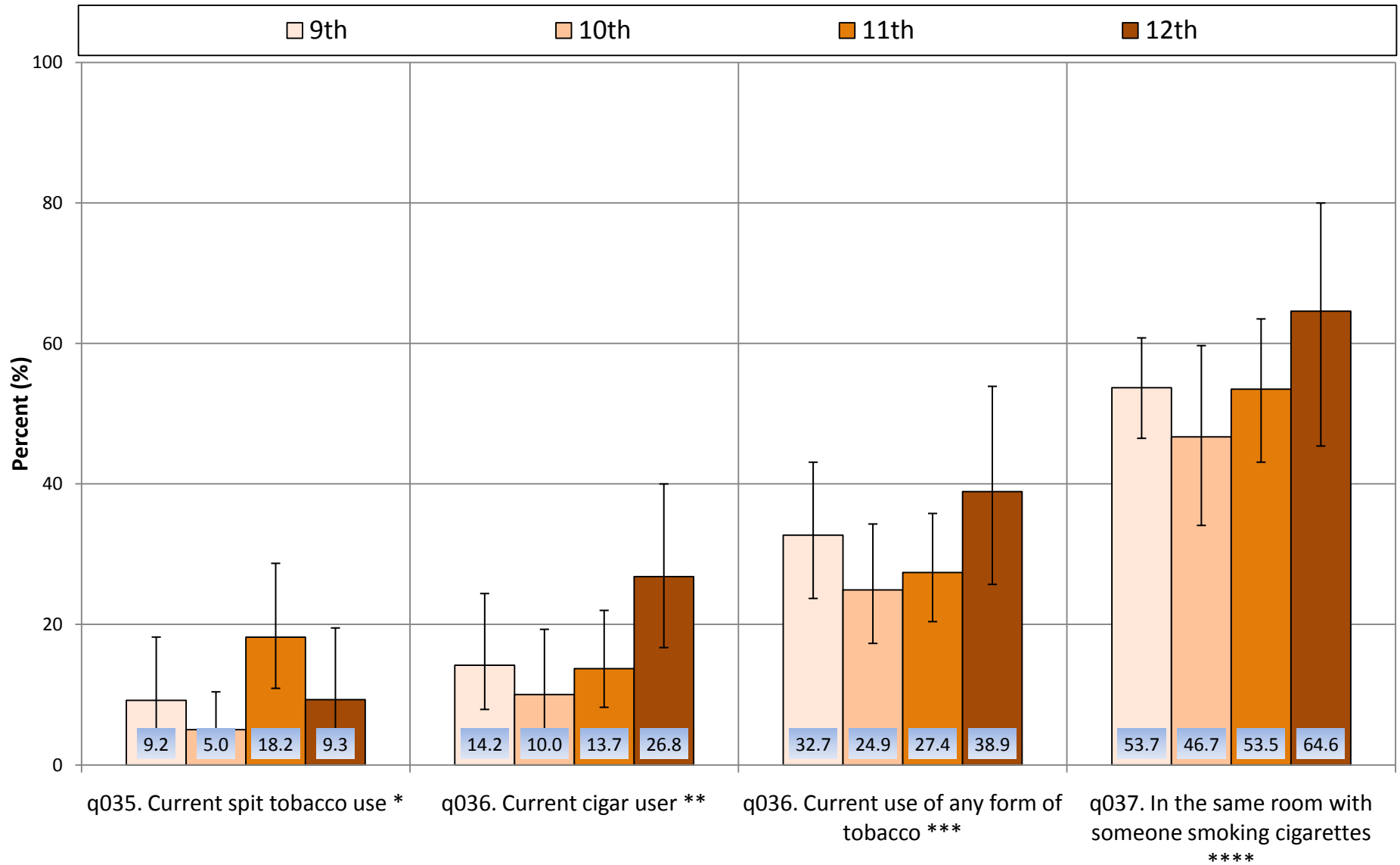
## Tobacco: Other Use and Exposure by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Chewing tobacco, snuff, or dip, in the past 30 days  
 \*\* Cigars, cigarillos, or little cigars, in the past 30 days

\*\*\* Cigarettes, spit tobacco, or cigars, in the past 12 months  
 \*\*\*\* In the past 7 days

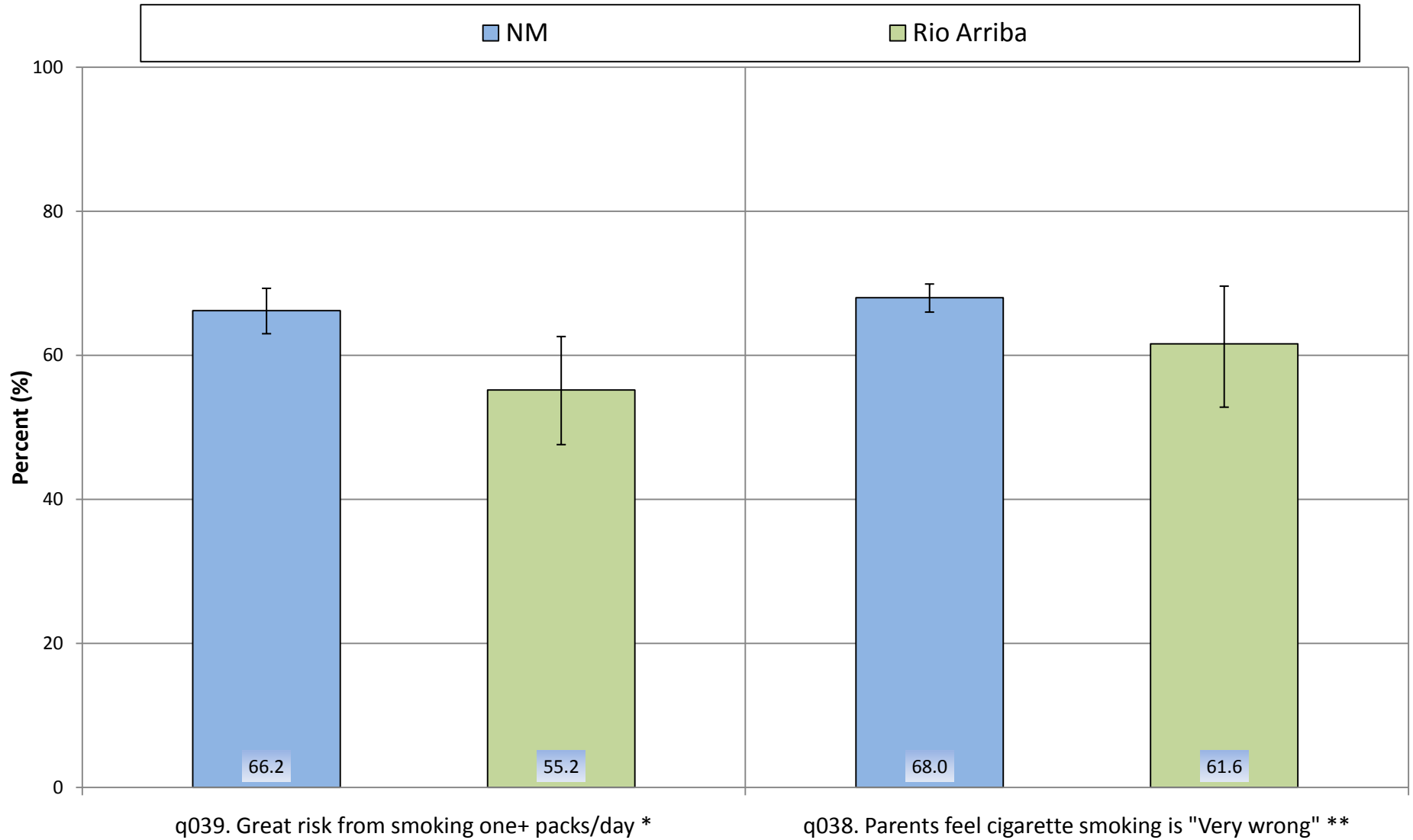
## Tobacco: Other Use and Exposure by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Chewing tobacco, snuff, or dip, in the past 30 days  
 \*\* Cigars, cigarillos, or little cigars, in the past 30 days

\*\*\* Cigarettes, spit tobacco, or cigars, in the past 12 months  
 \*\*\*\* In the past 7 days

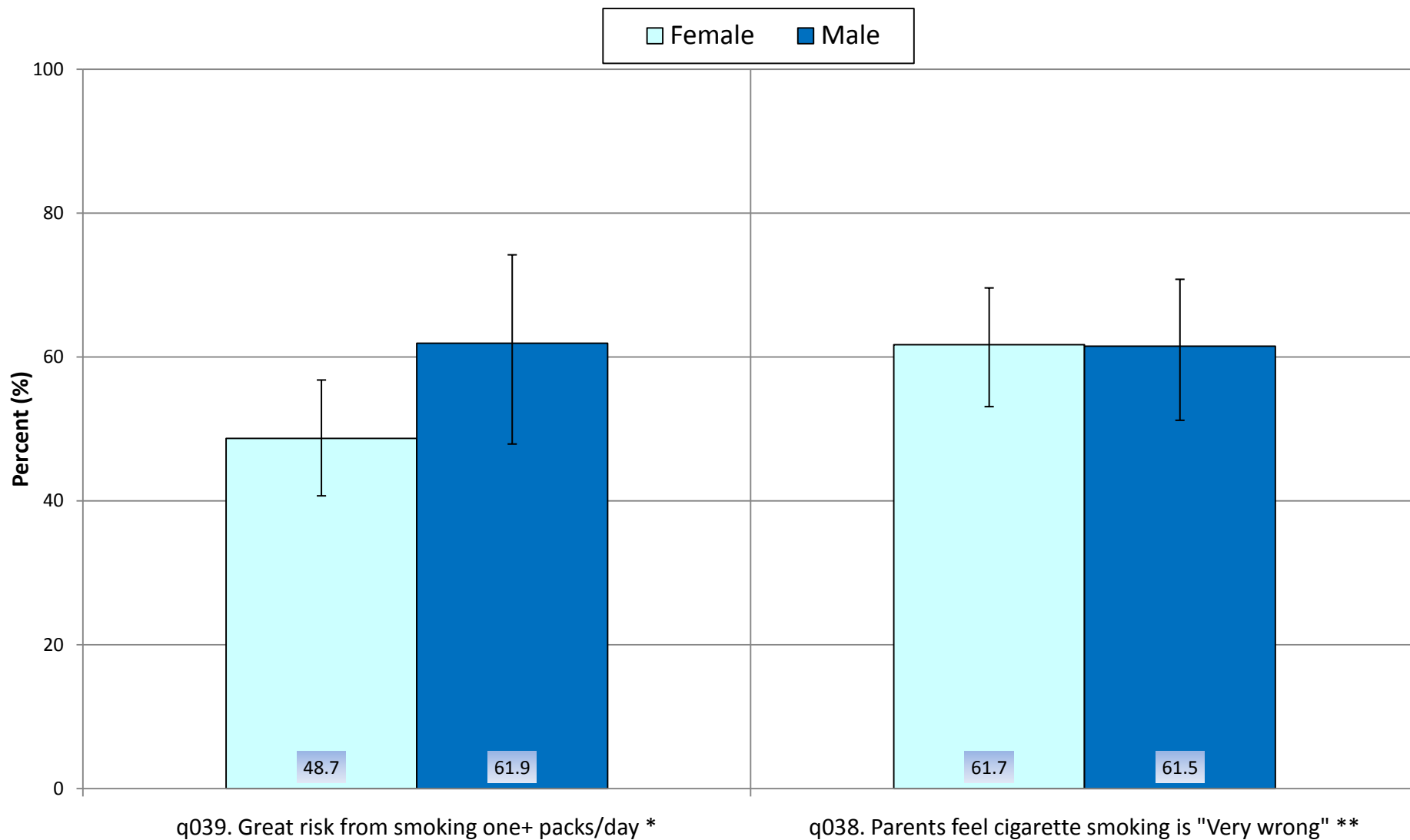
## Tobacco: Parental and Student Attitudes New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

\*\* How wrong do your parents feel it would be for you to smoke cigarettes

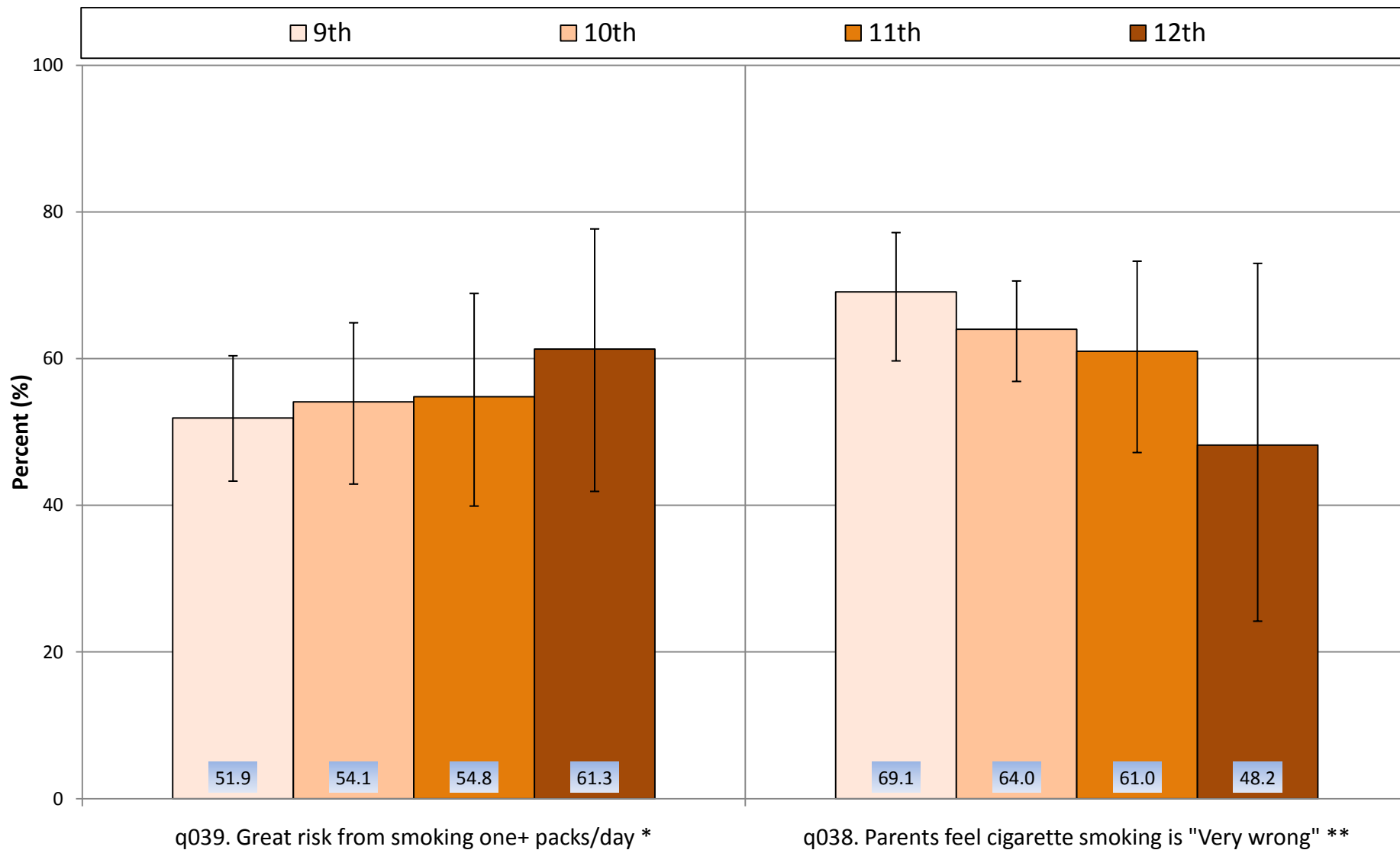
## Tobacco: Parental and Student Attitudes by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

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## Tobacco: Parental and Student Attitudes by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



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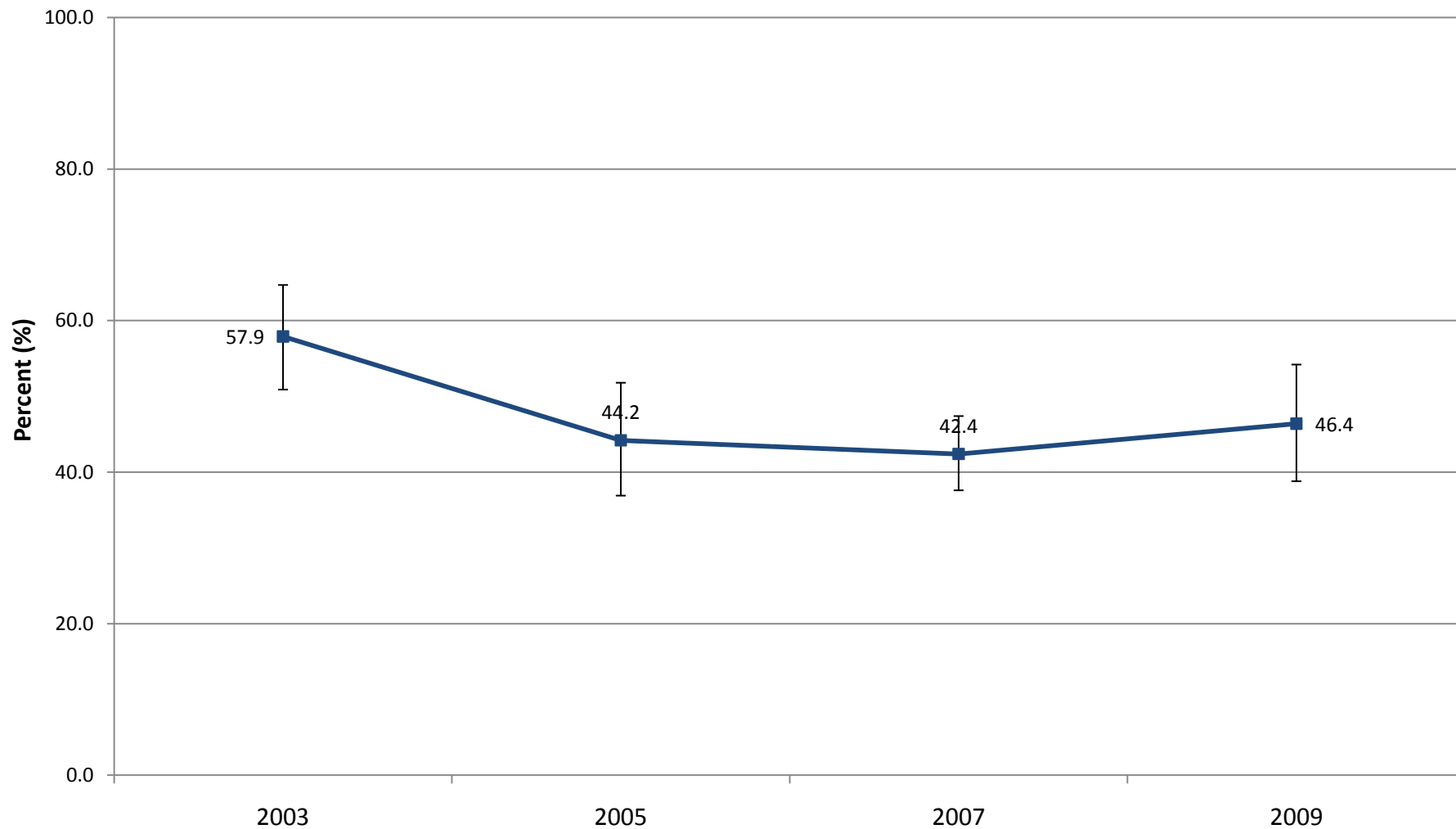






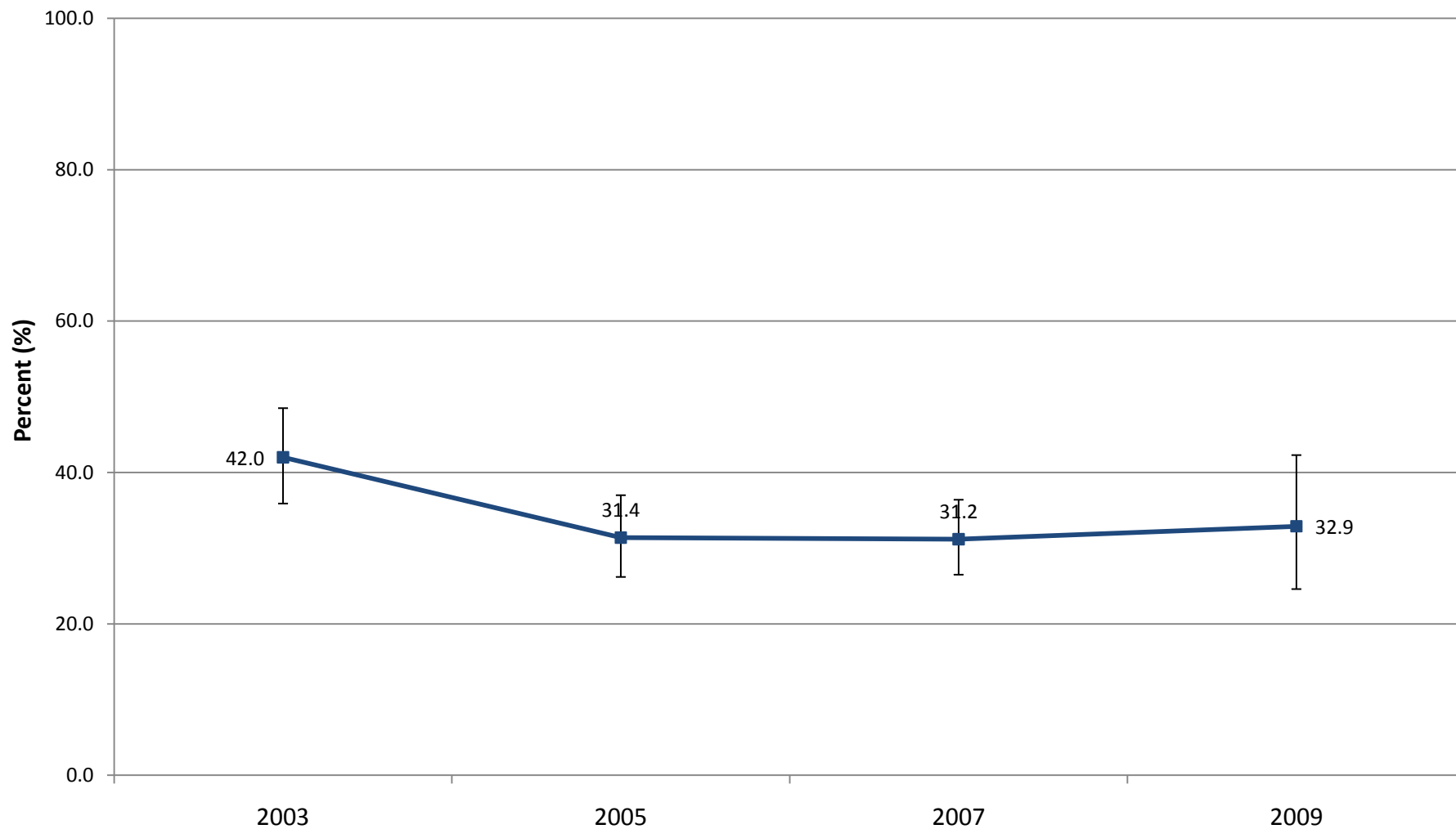
# Alcohol

**Alcohol Use  
Current Drinker \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



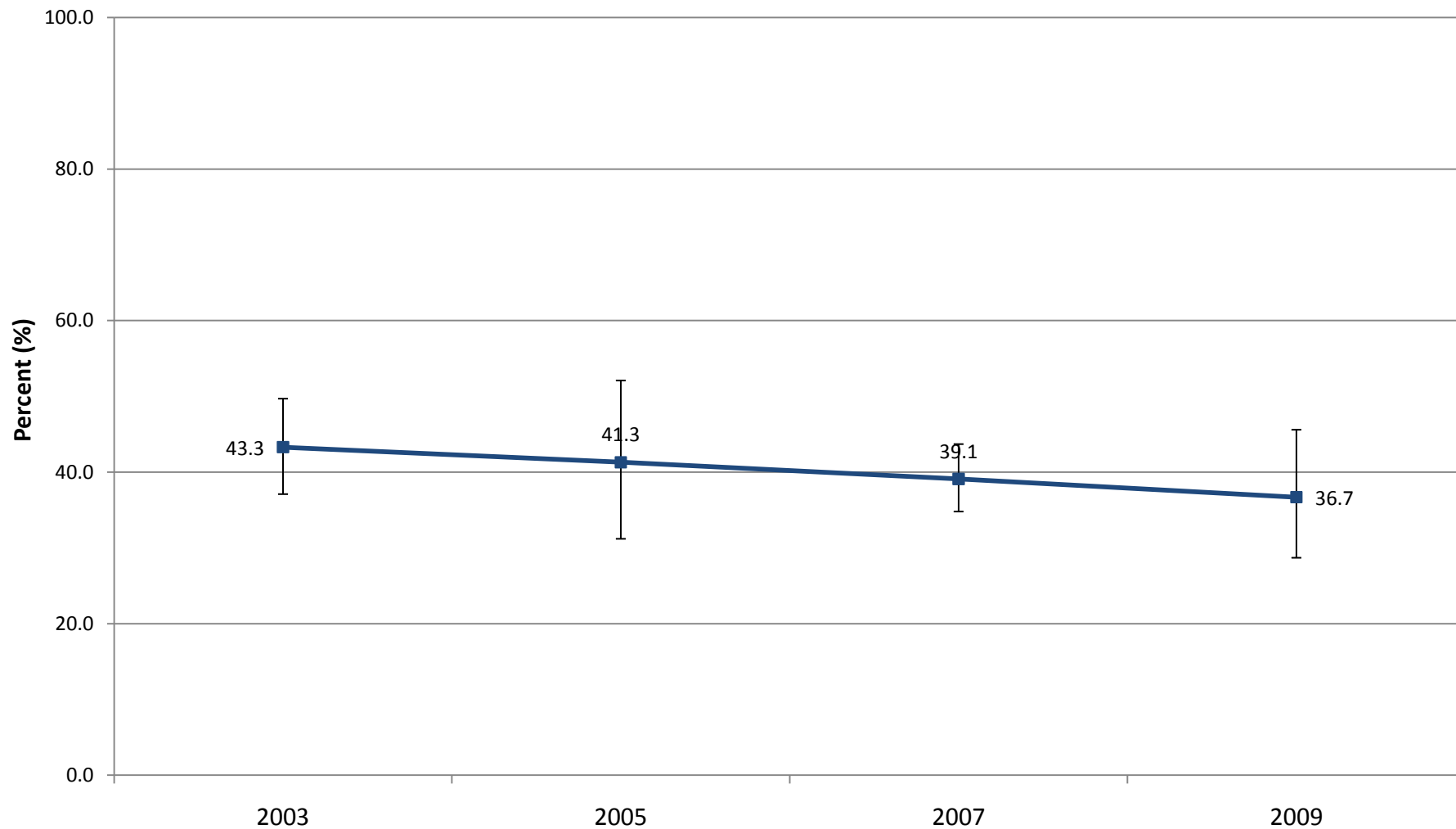
*\* Had at least one drink of alcohol in the past 30 days*

**Alcohol Use  
Binge Drinker \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



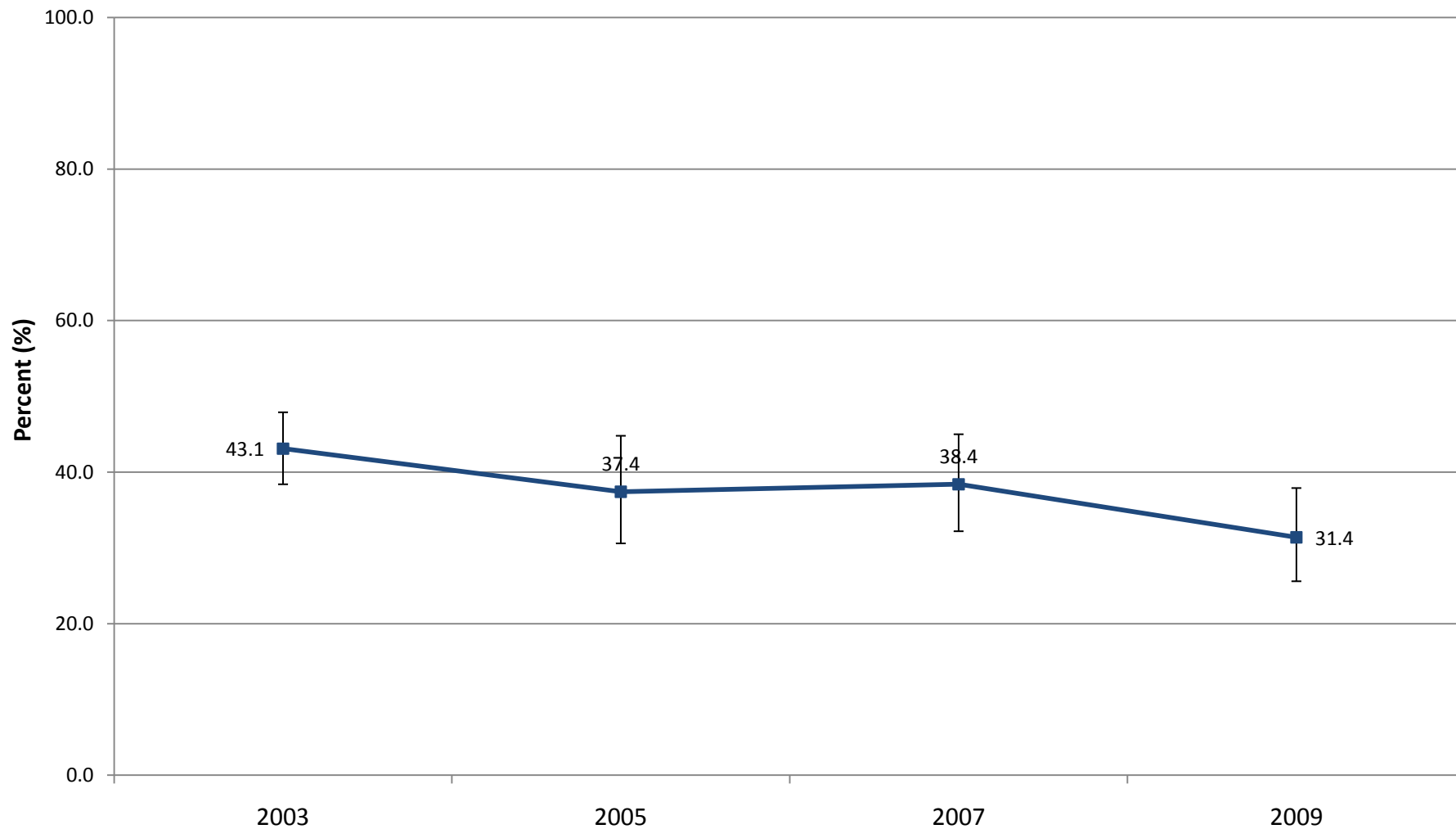
*\* Had at least five or more drinks of alcohol in a row or within a couple of hours, at least once in the past 30 days*

**Alcohol Use  
Drank Alcohol Before Age 13  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



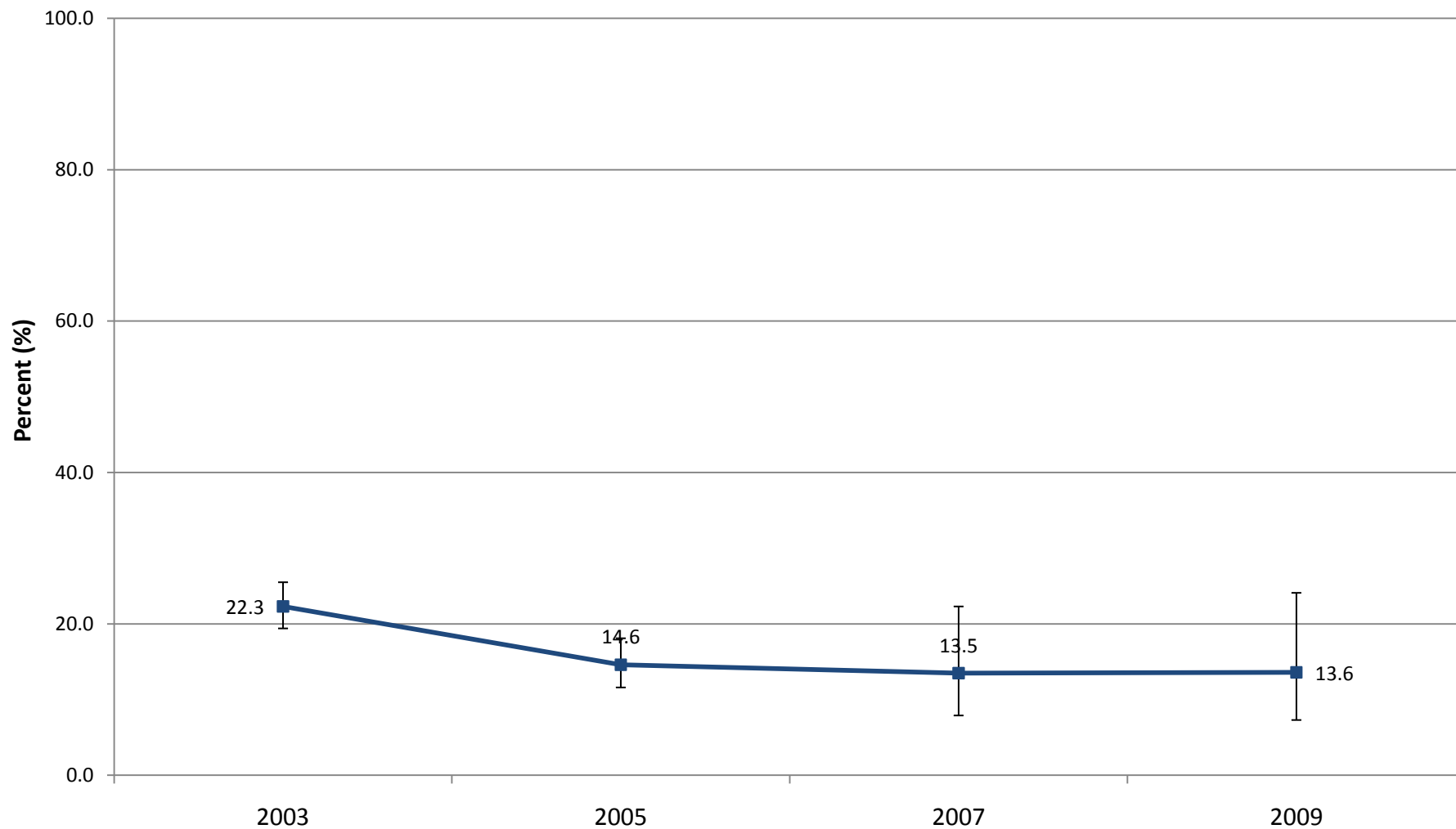
*\* Had first drink of alcohol, other than a few sips, before age 13*

**Alcohol Use  
Rode With a Drinking Driver \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



*\* In the past 30 days*

**Alcohol Use  
Drinking and Driving \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



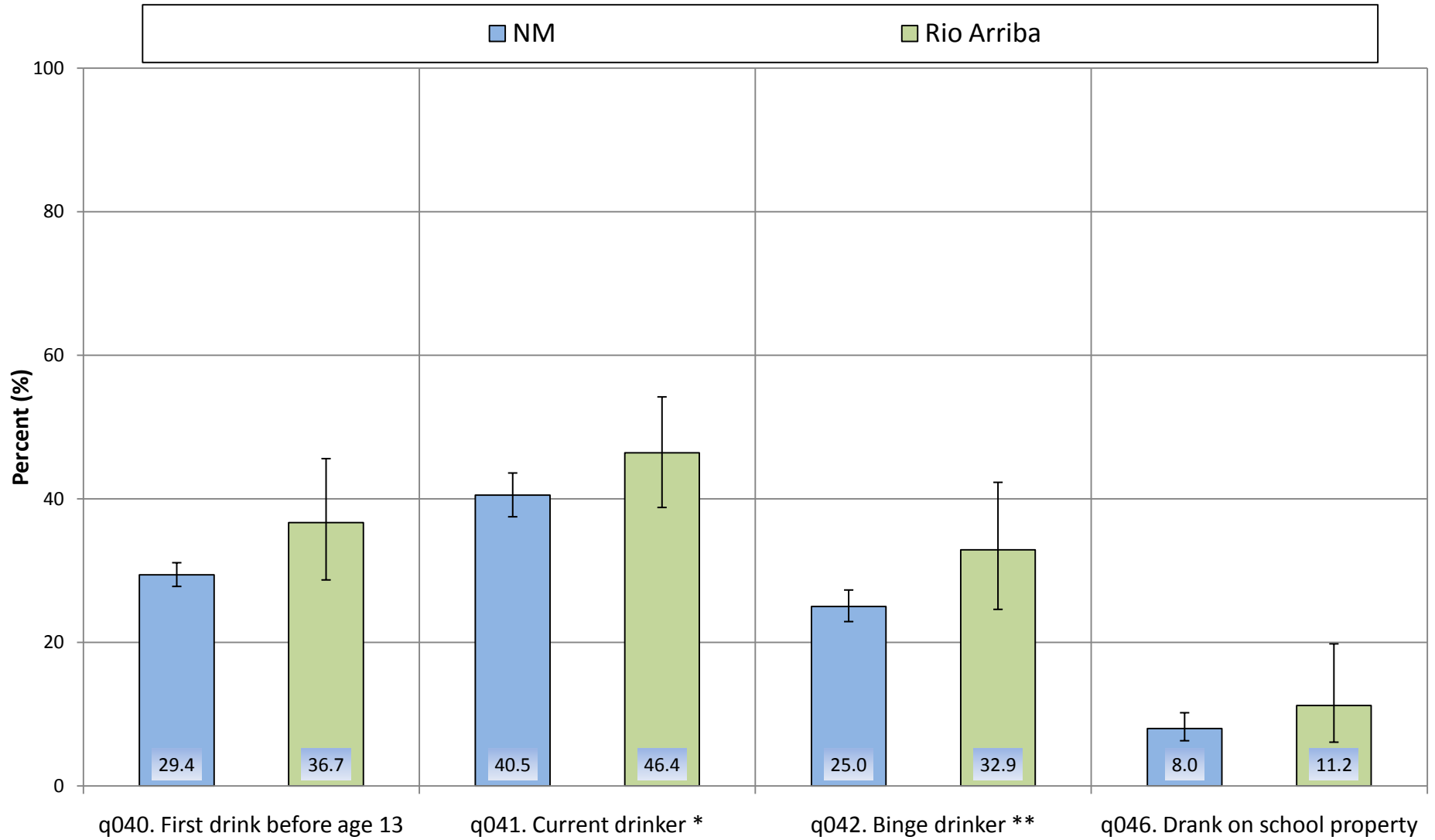
*\* Drove a car or other vehicle "when you had been drinking alcohol," in the past 30 days*



# Alcohol Use

## New Mexico and Rio Arriba County

### Grades 9 - 12, 2009 NM YRRS

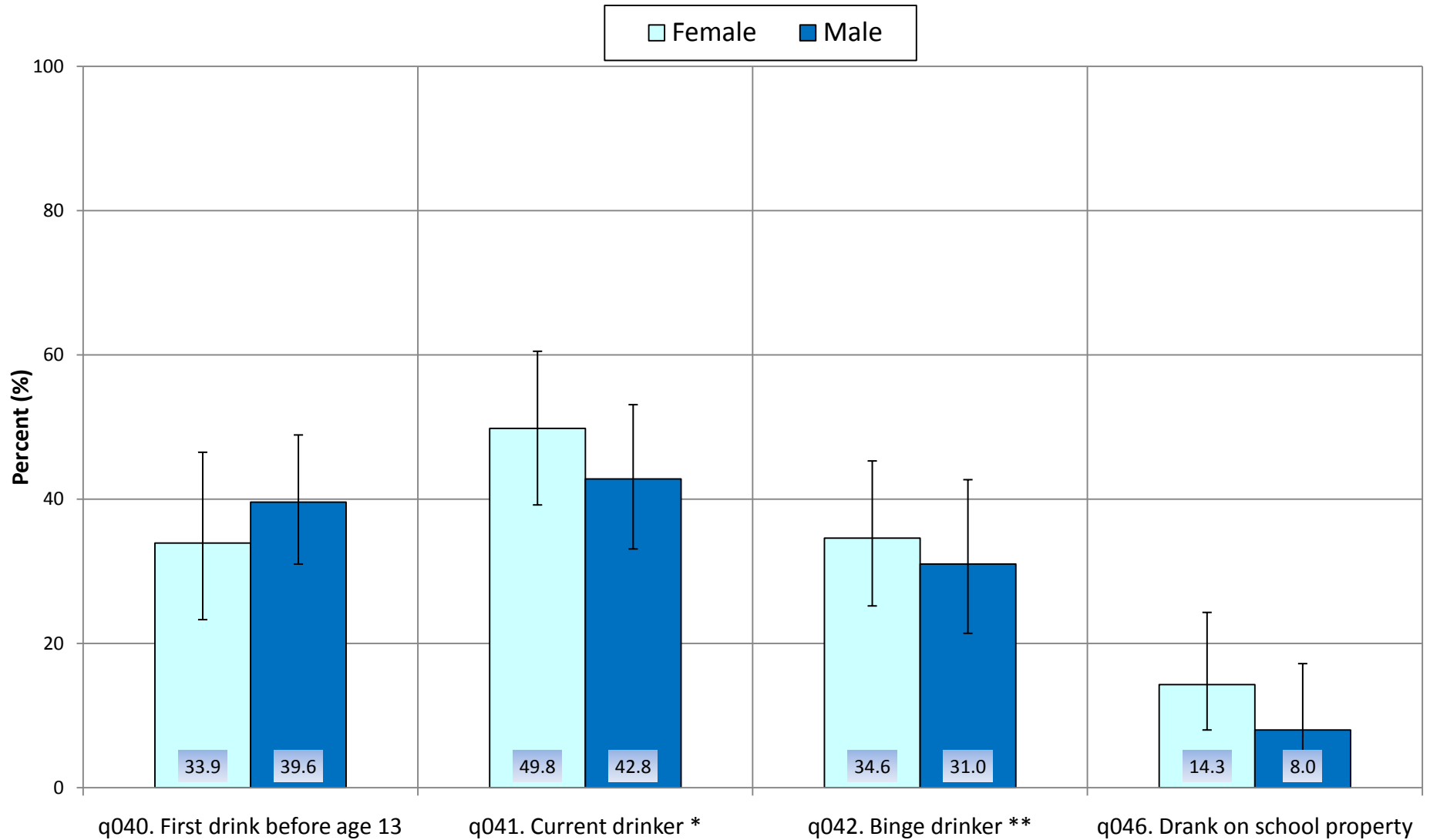


\* Had a drink of alcohol on at least one of the past 30 days

\*\* Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days

\*\*\* Had at least one drink of alcohol on school property, on at least one of the past 30 days

## Alcohol Use by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS

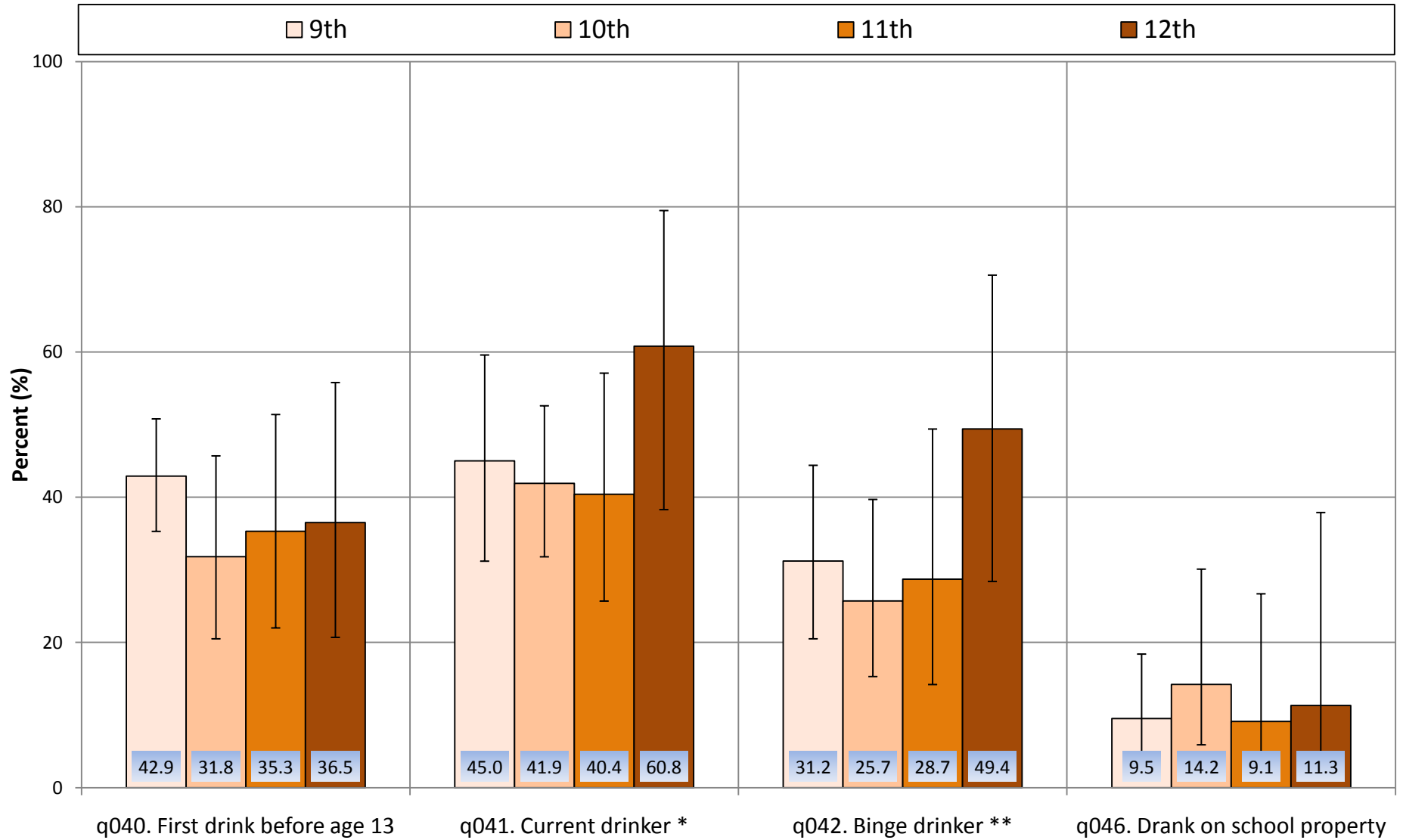


\* Had a drink of alcohol on at least one of the past 30 days

\*\* Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days

\*\*\* Had at least one drink of alcohol on school property, on at least one of the past 30 days

## Alcohol Use by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS

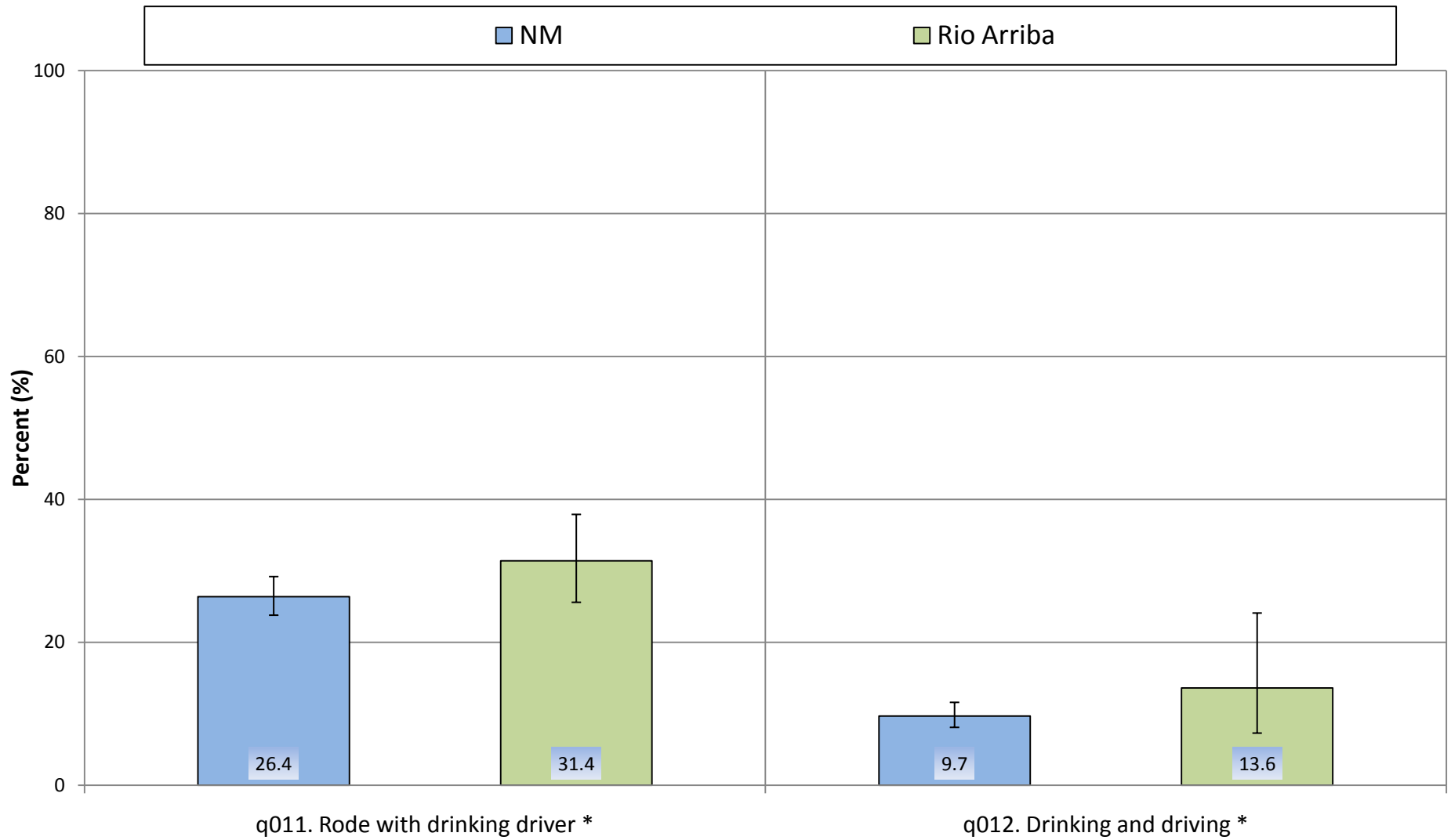


\* Had a drink of alcohol on at least one of the past 30 days

\*\* Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days

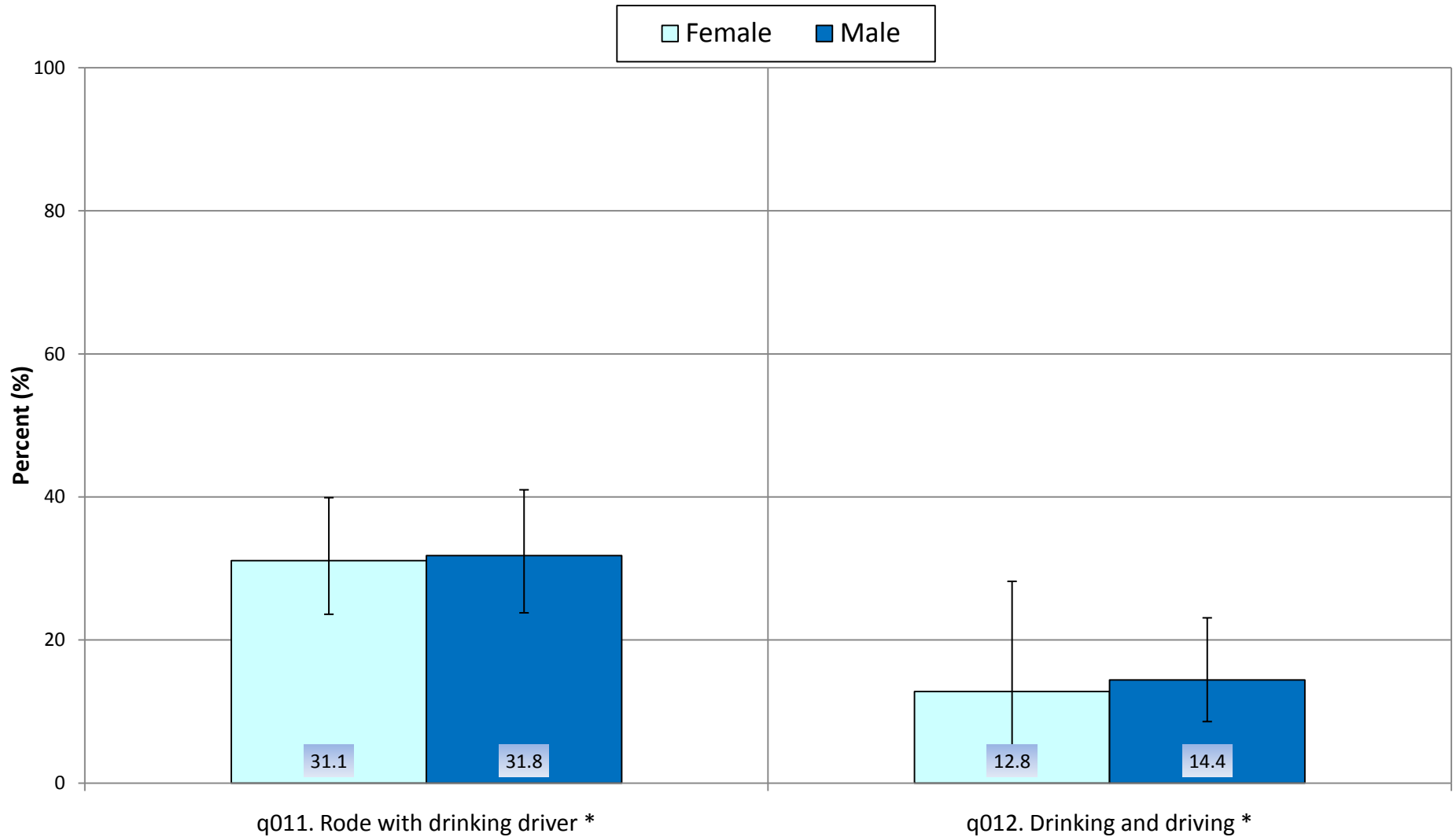
\*\*\* Had at least one drink of alcohol on school property, on at least one of the past 30 days

# Alcohol Use Associated with Injury New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS



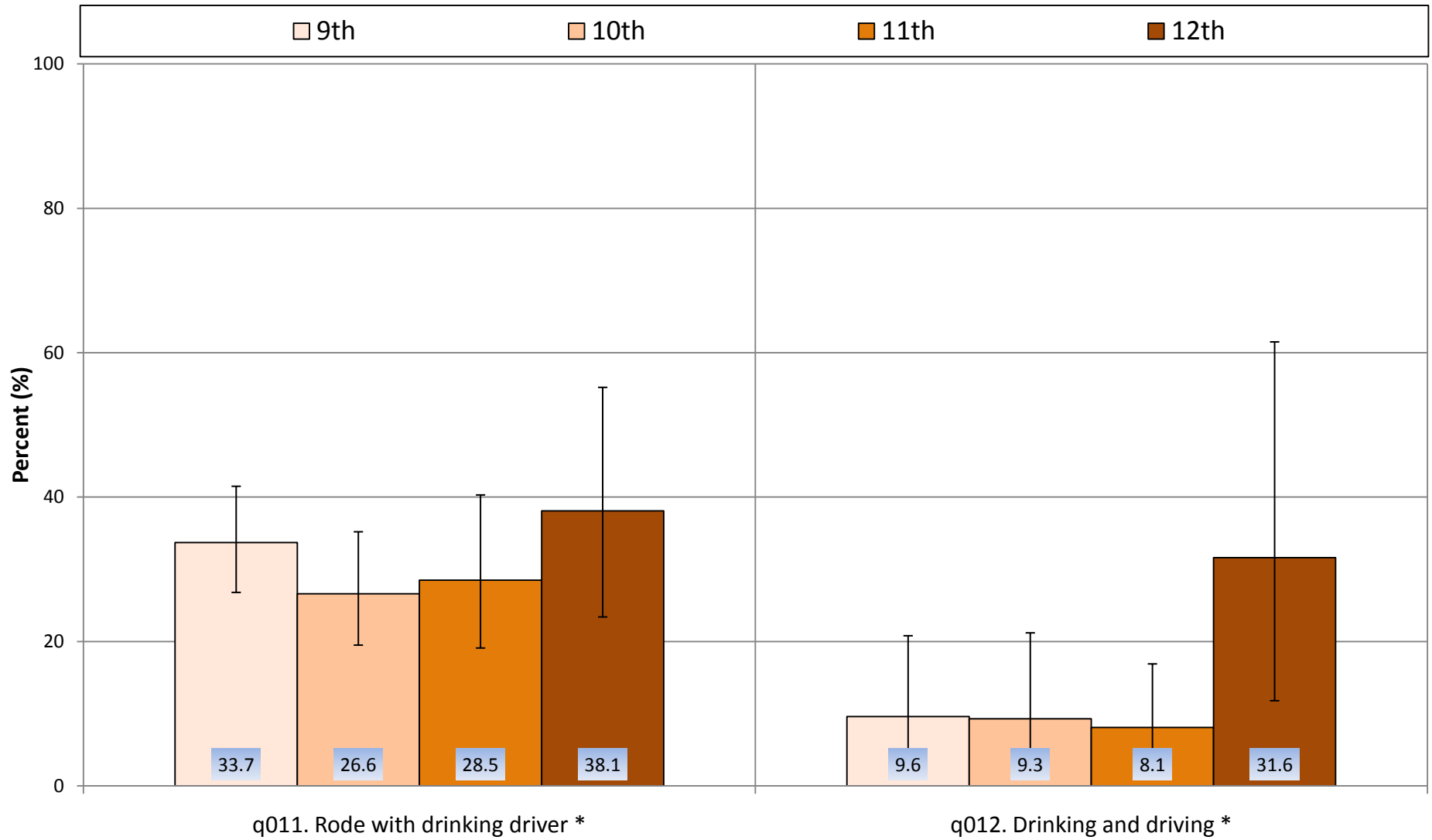
\* In the past 30 days

# Alcohol Use Associated with Injury by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



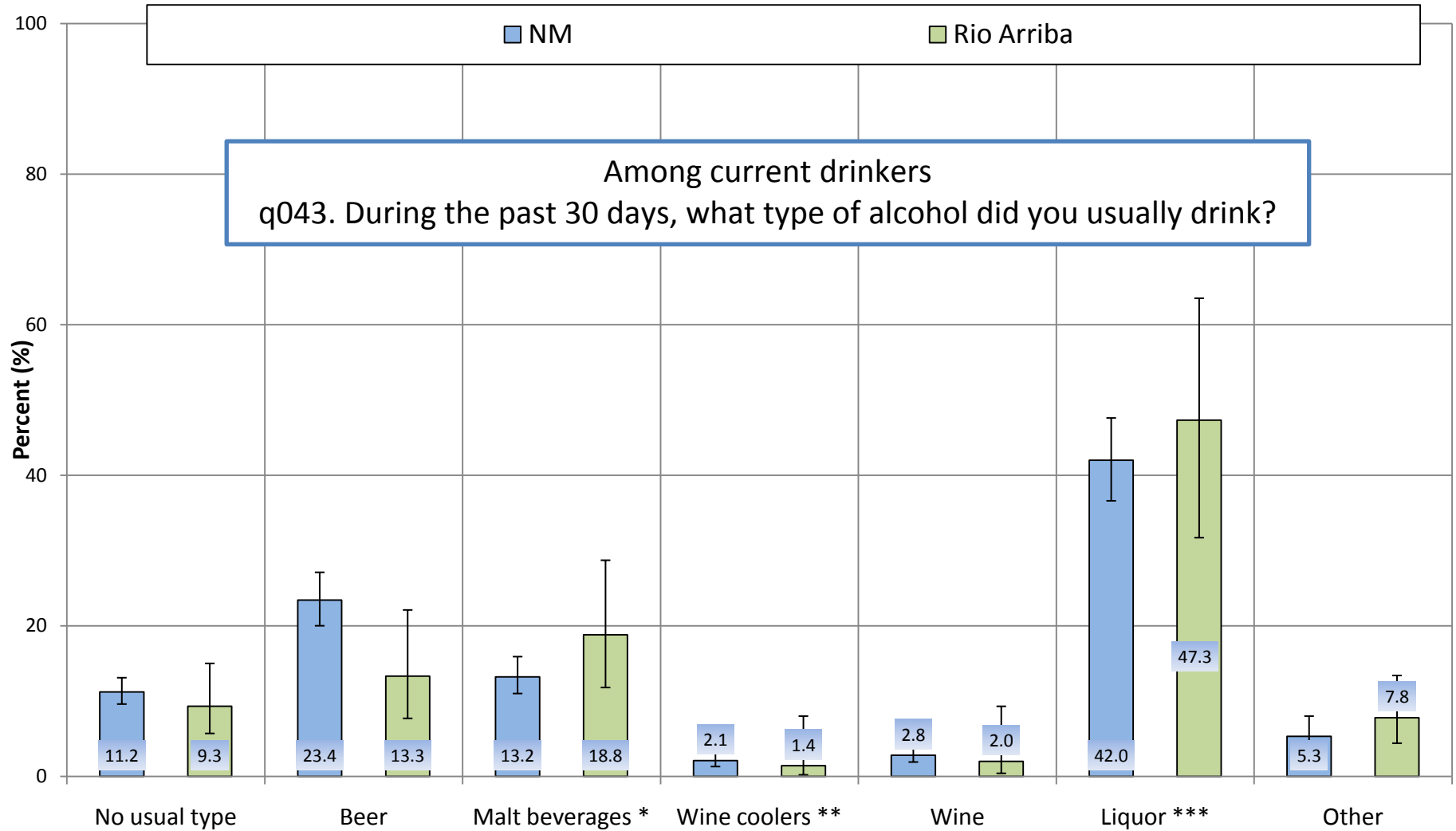
\* In the past 30 days

## Alcohol Use Associated with Injury by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* In the past 30 days

## Alcohol Use: Behaviors of Current Drinkers New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS

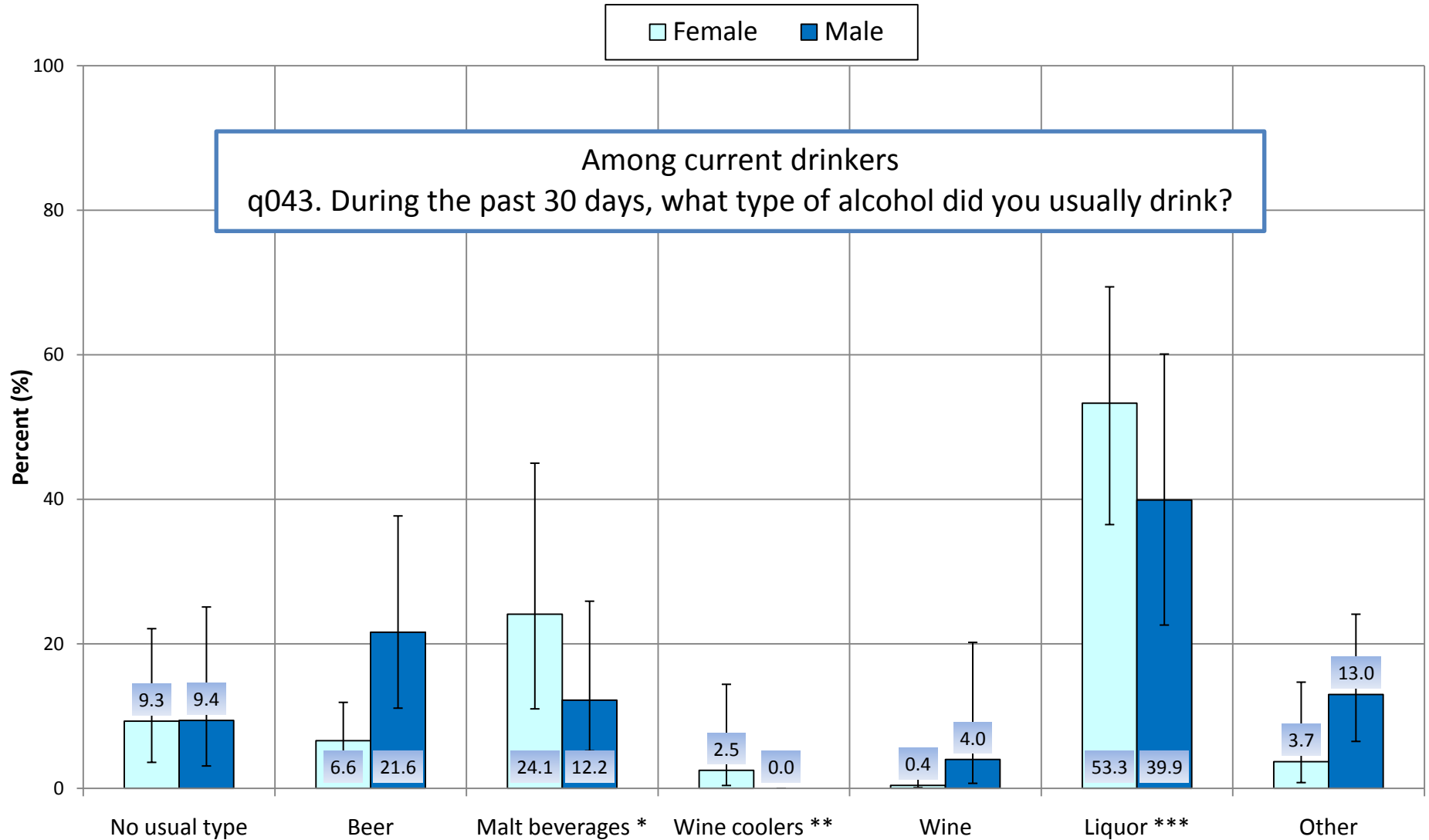


\* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade

\*\* Such as Bartles & James or Seagrams

\*\*\* Such as vodka, rum, scotch, bourbon, or whiskey

# Alcohol Use: Behaviors of Current Drinkers by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



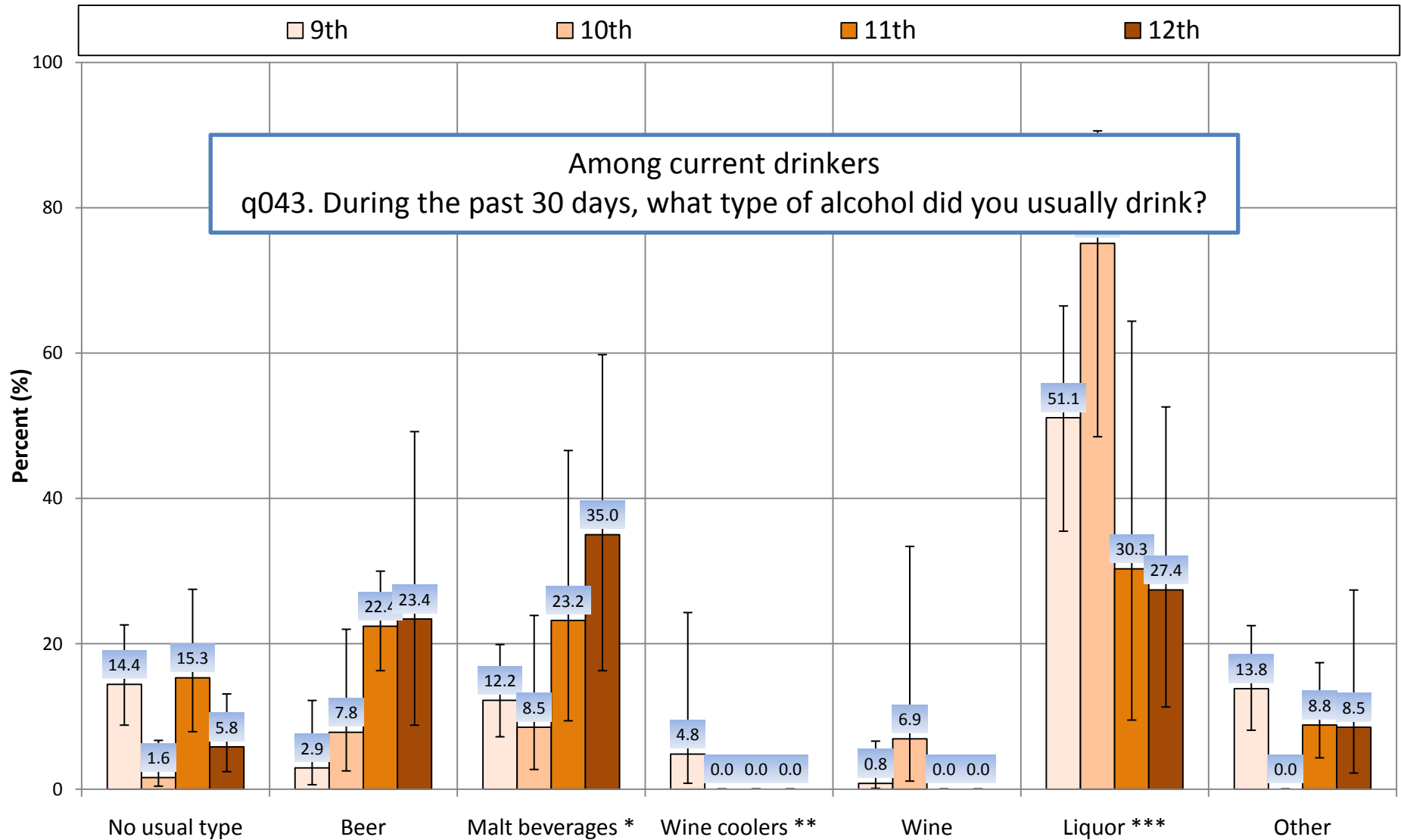
\* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade

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## Alcohol Use: Behaviors of Current Drinkers by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



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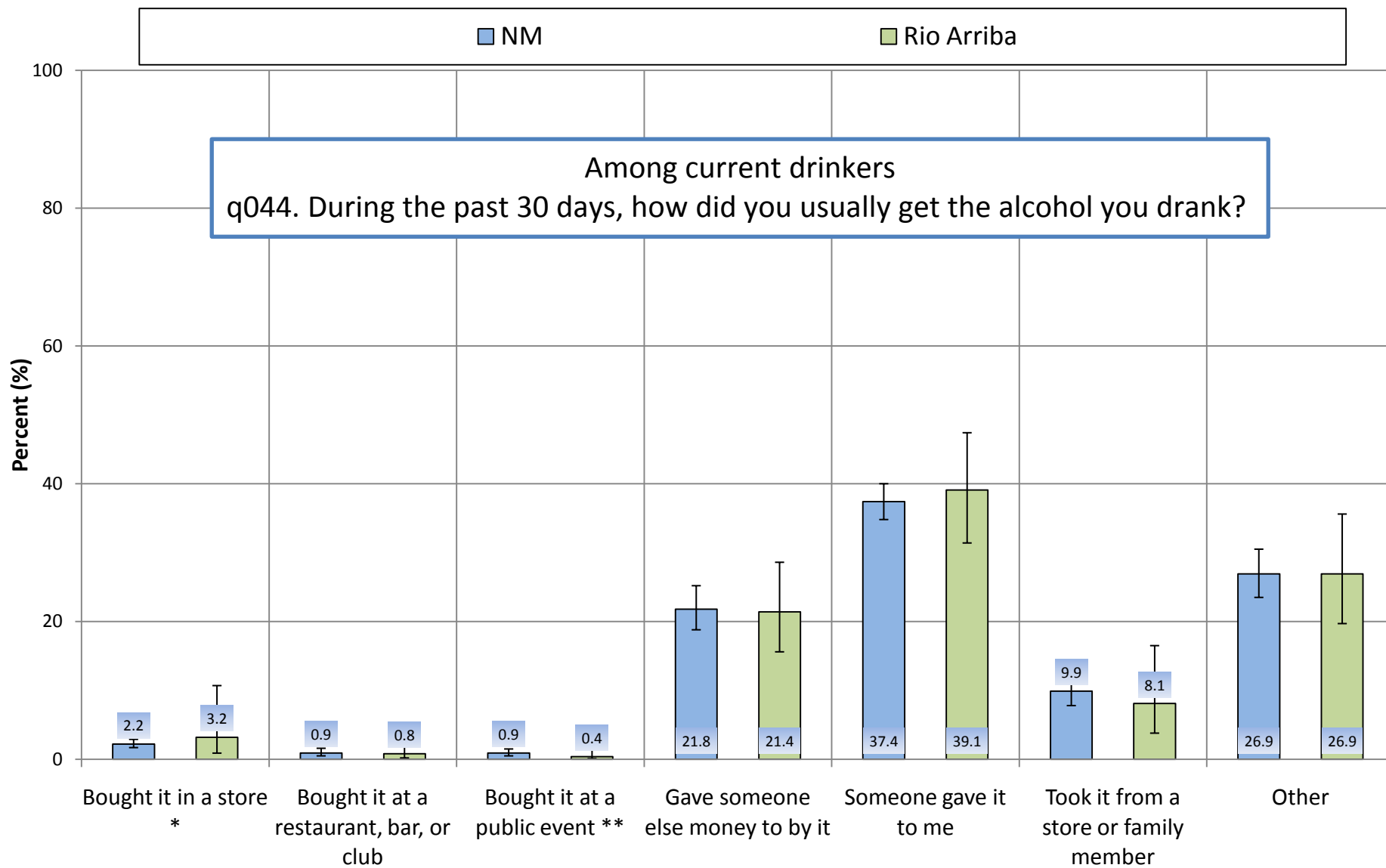
\*\* Such as Bartles & James or Seagrams

\*\*\* Such as vodka, rum, scotch, bourbon, or whiskey

# Alcohol Use: Behaviors of Current Drinkers

## New Mexico and Rio Arriba County

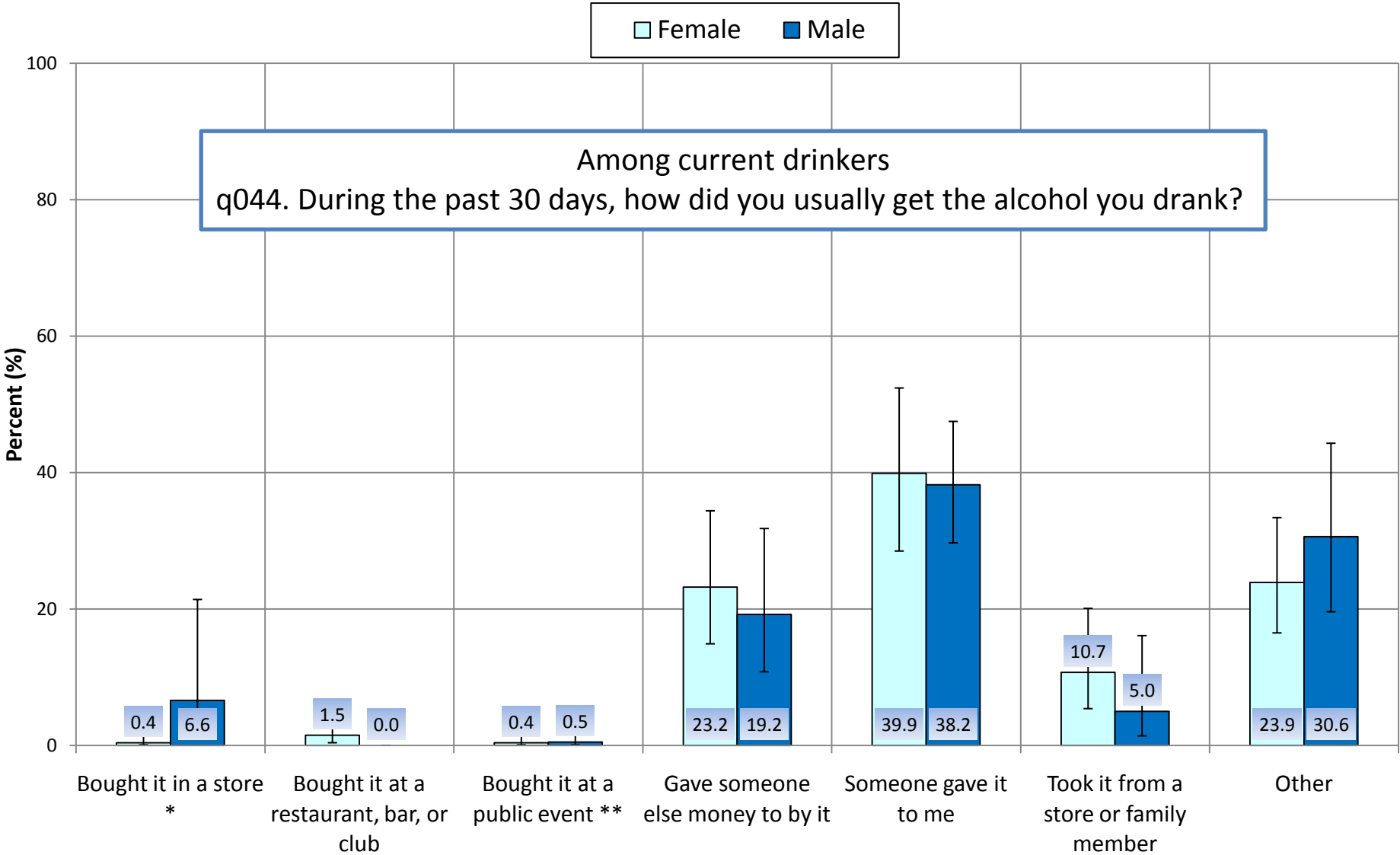
### Grades 9 - 12, 2009 NM YRRS



\* Such as a liquor store, convenience store, supermarket, discount store, or gas station

\*\* Such as a concert or sporting event

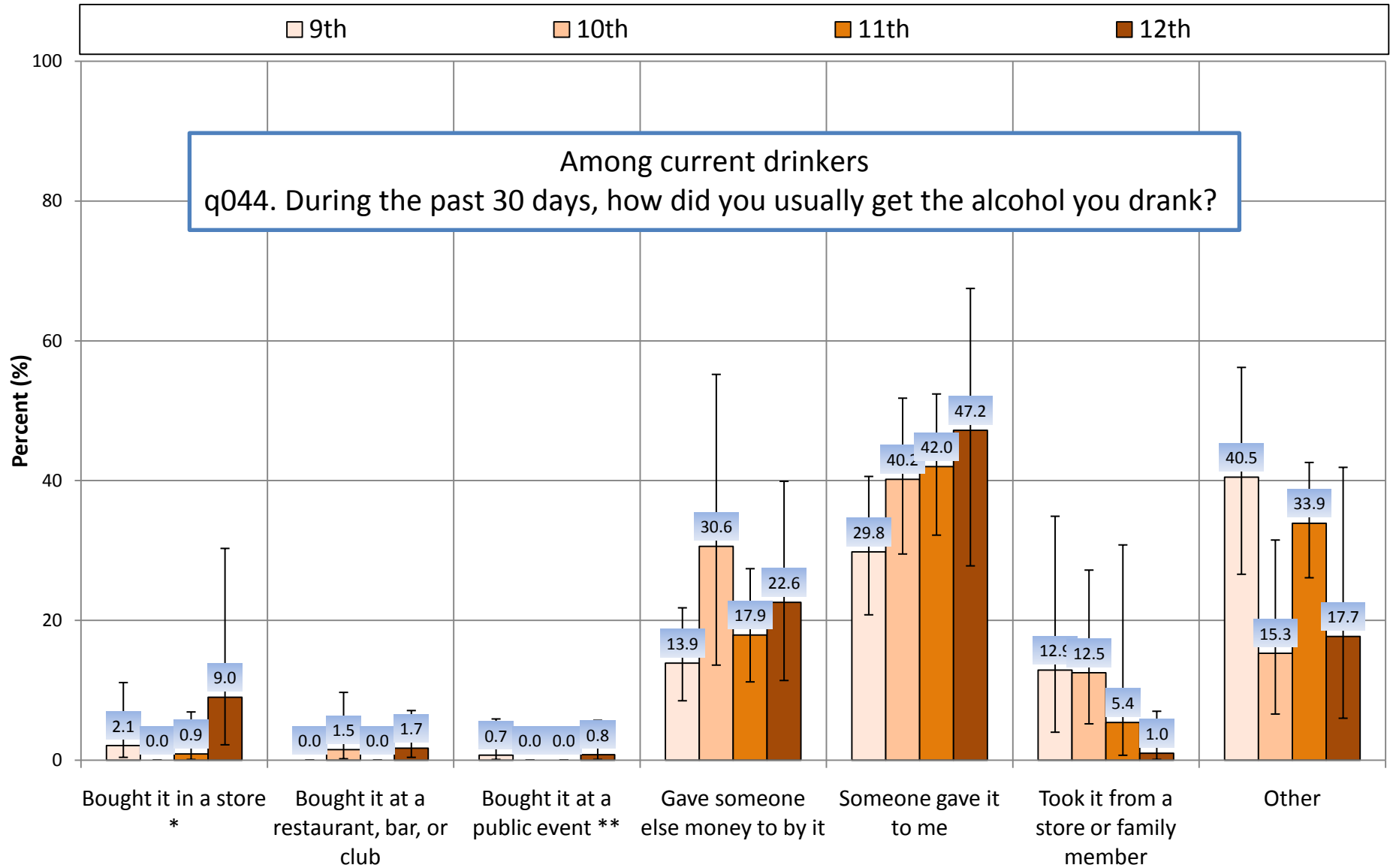
# Alcohol Use: Behaviors of Current Drinkers by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Such as a liquor store, convenience store, supermarket, discount store, or gas station

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# Alcohol Use: Behaviors of Current Drinkers by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



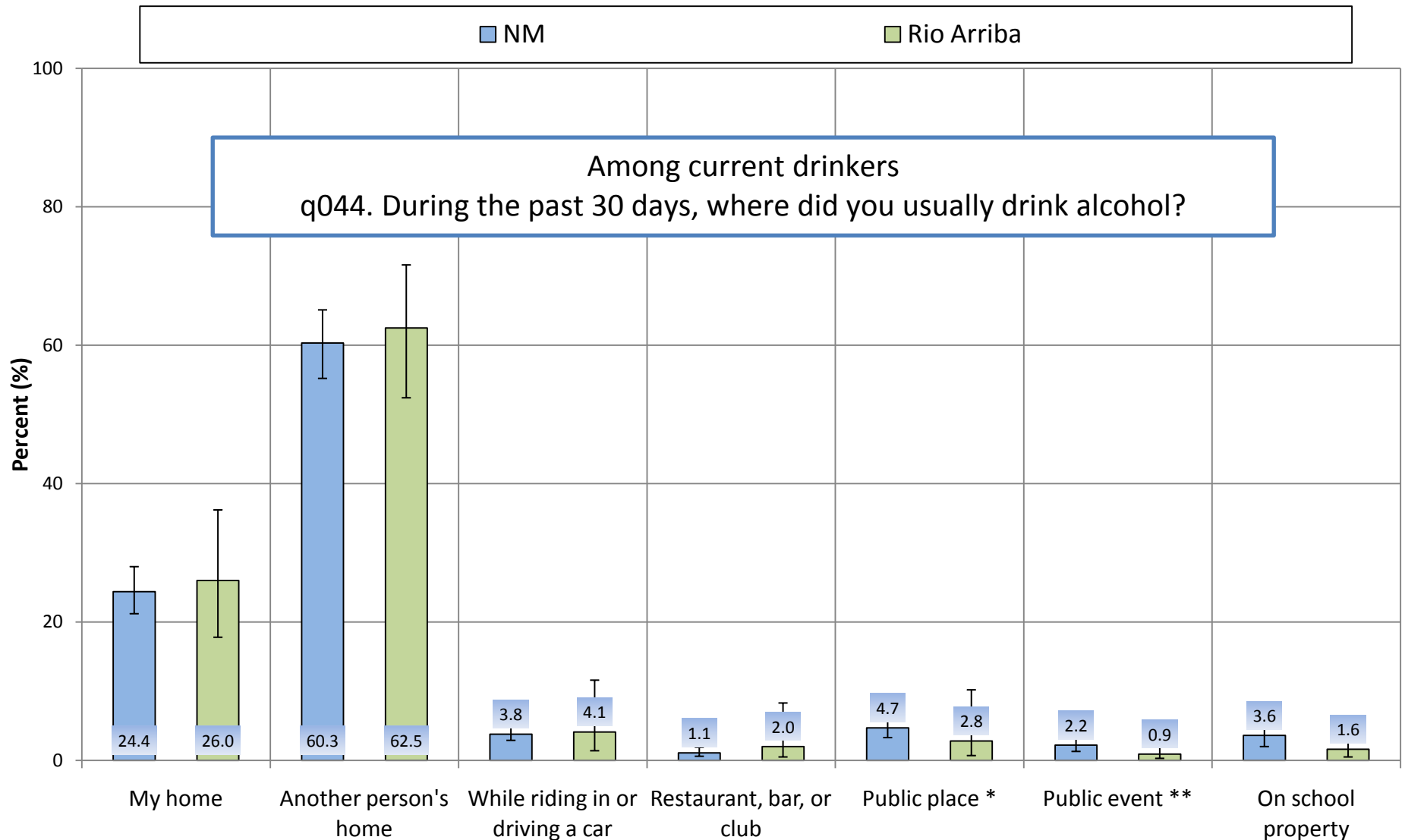
\* Such as a liquor store, convenience store, supermarket, discount store, or gas station

\*\* Such as a concert or sporting event

# Alcohol Use: Behaviors of Current Drinkers

## New Mexico and Rio Arriba County

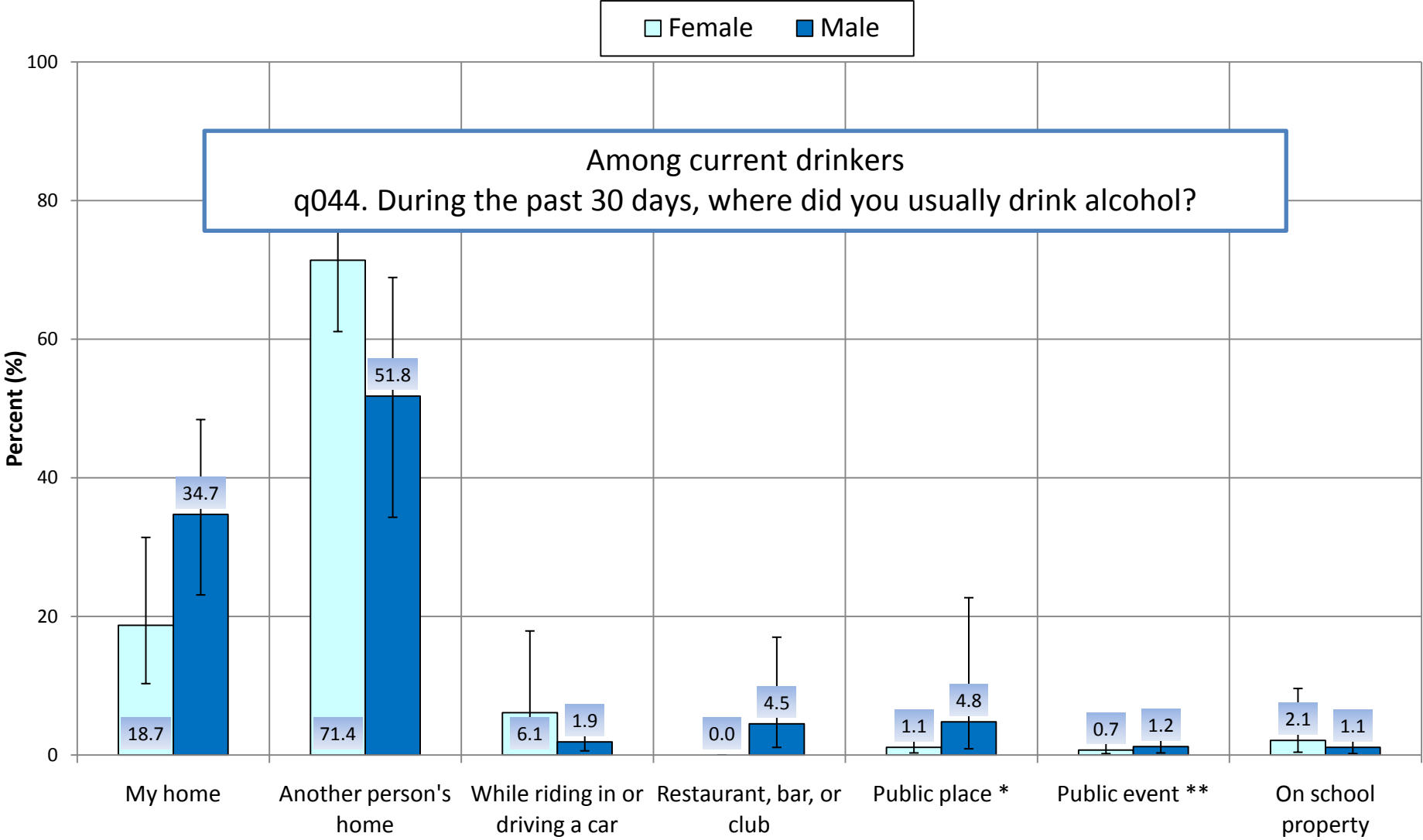
### Grades 9 - 12, 2009 NM YRRS



\* Such as a park, beach, or parking lot

\*\* Such as a concert or sporting event

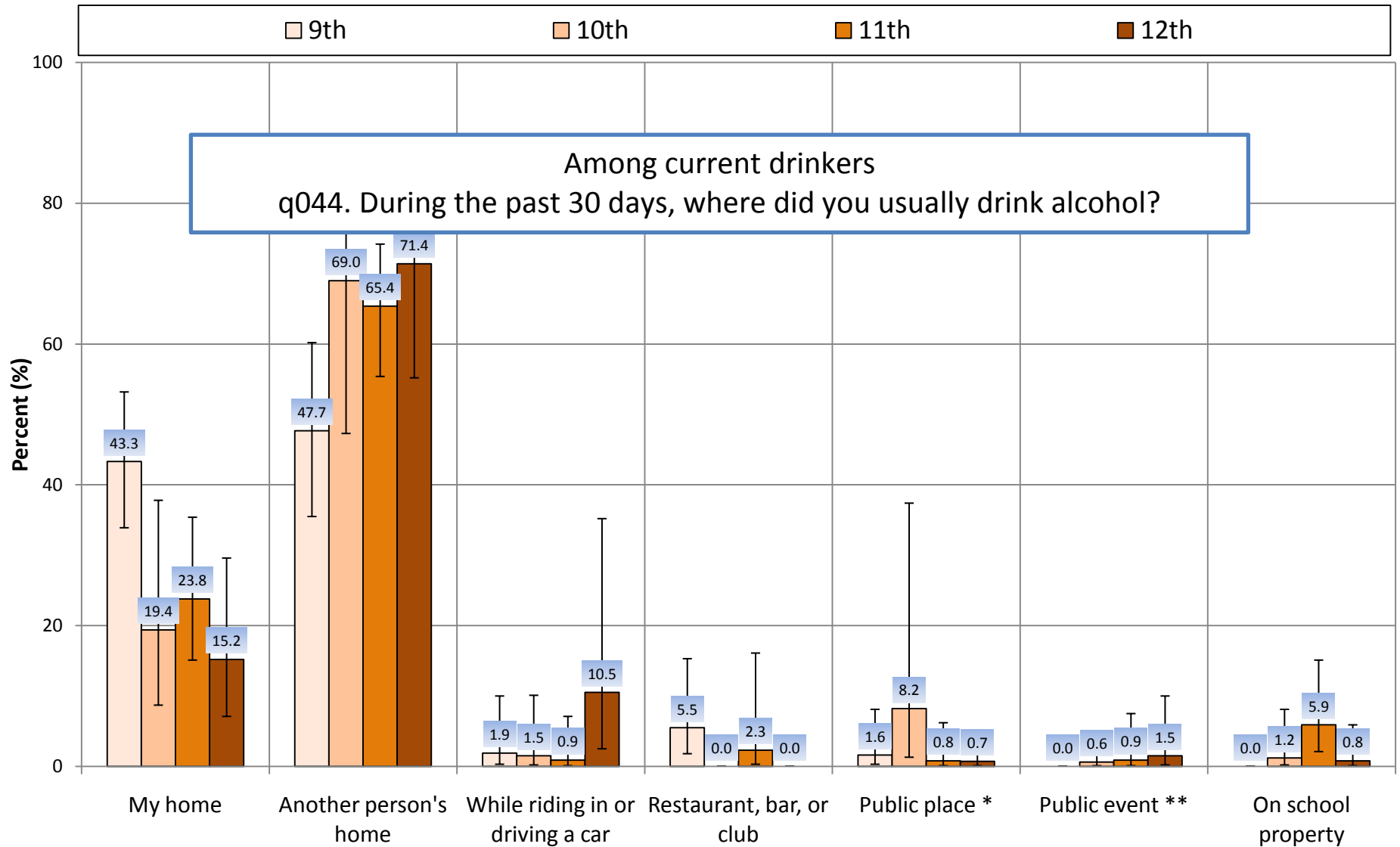
# Alcohol Use: Behaviors of Current Drinkers by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Such as a park, beach, or parking lot

\*\* Such as a concert or sporting event

## Alcohol Use: Behaviors of Current Drinkers by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS

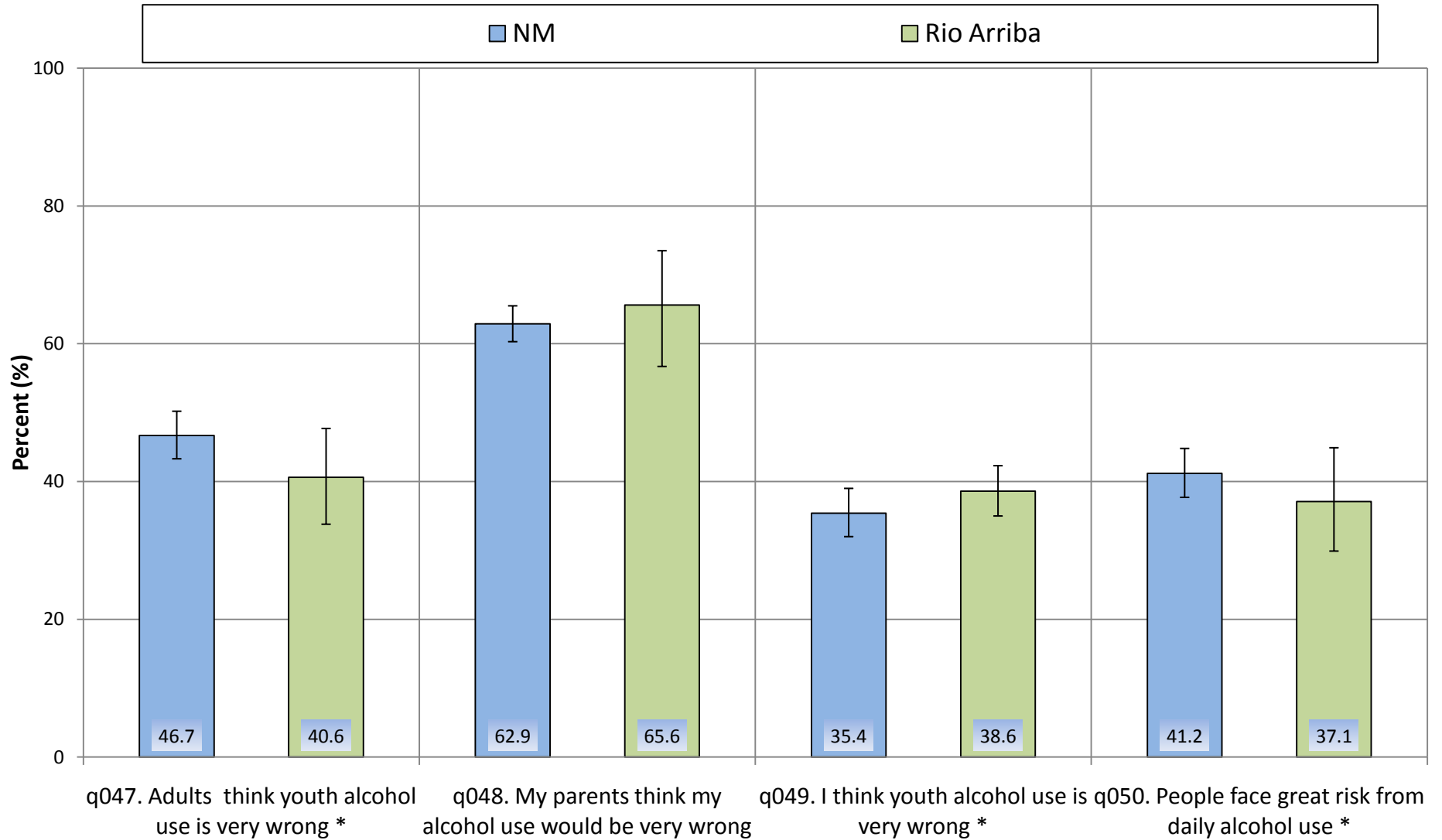


\* Such as a park, beach, or parking lot

\*\* Such as a concert or sporting even

# Alcohol: Attitudes

## New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS

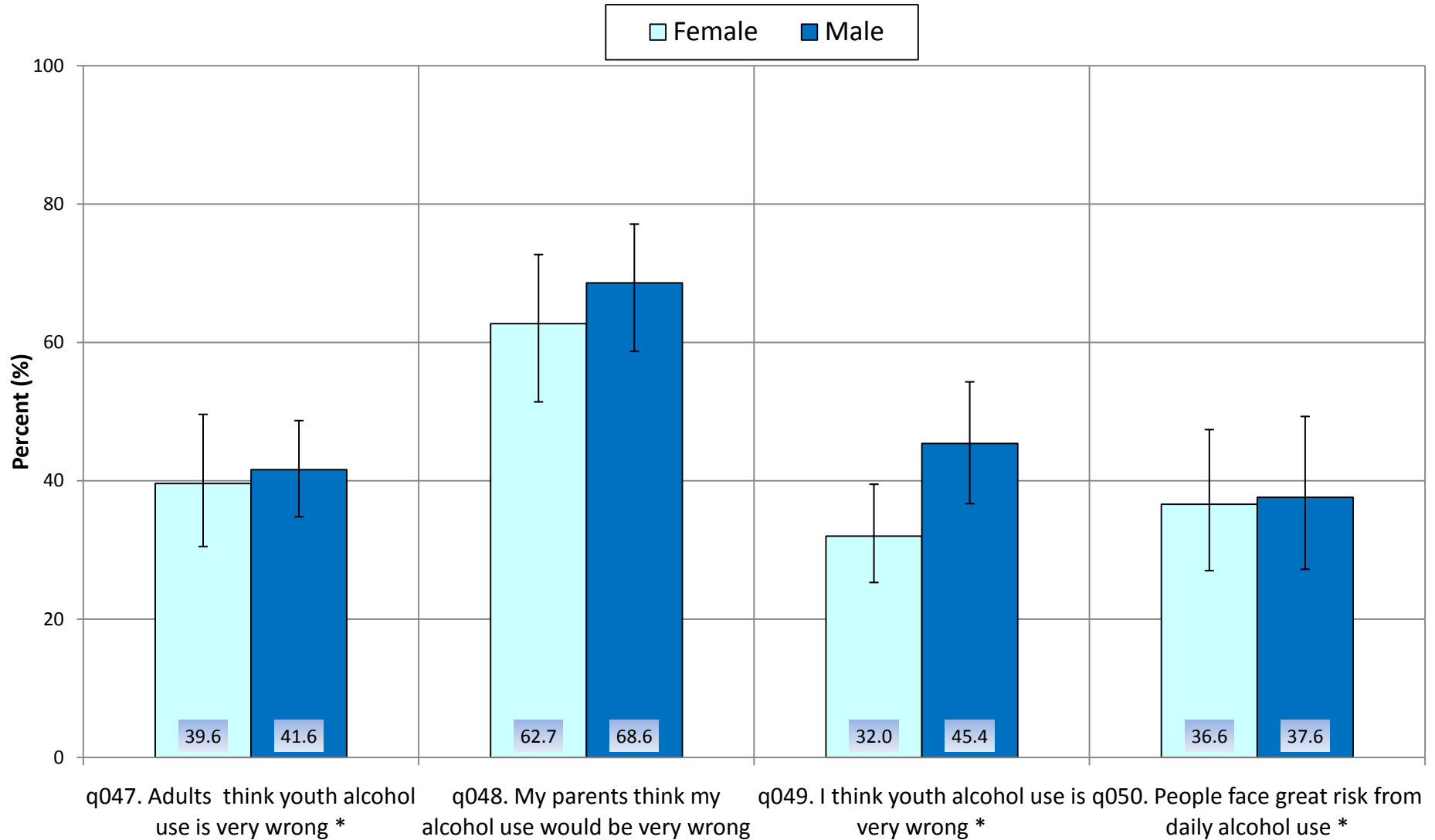


\* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?"

\*\* How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?"



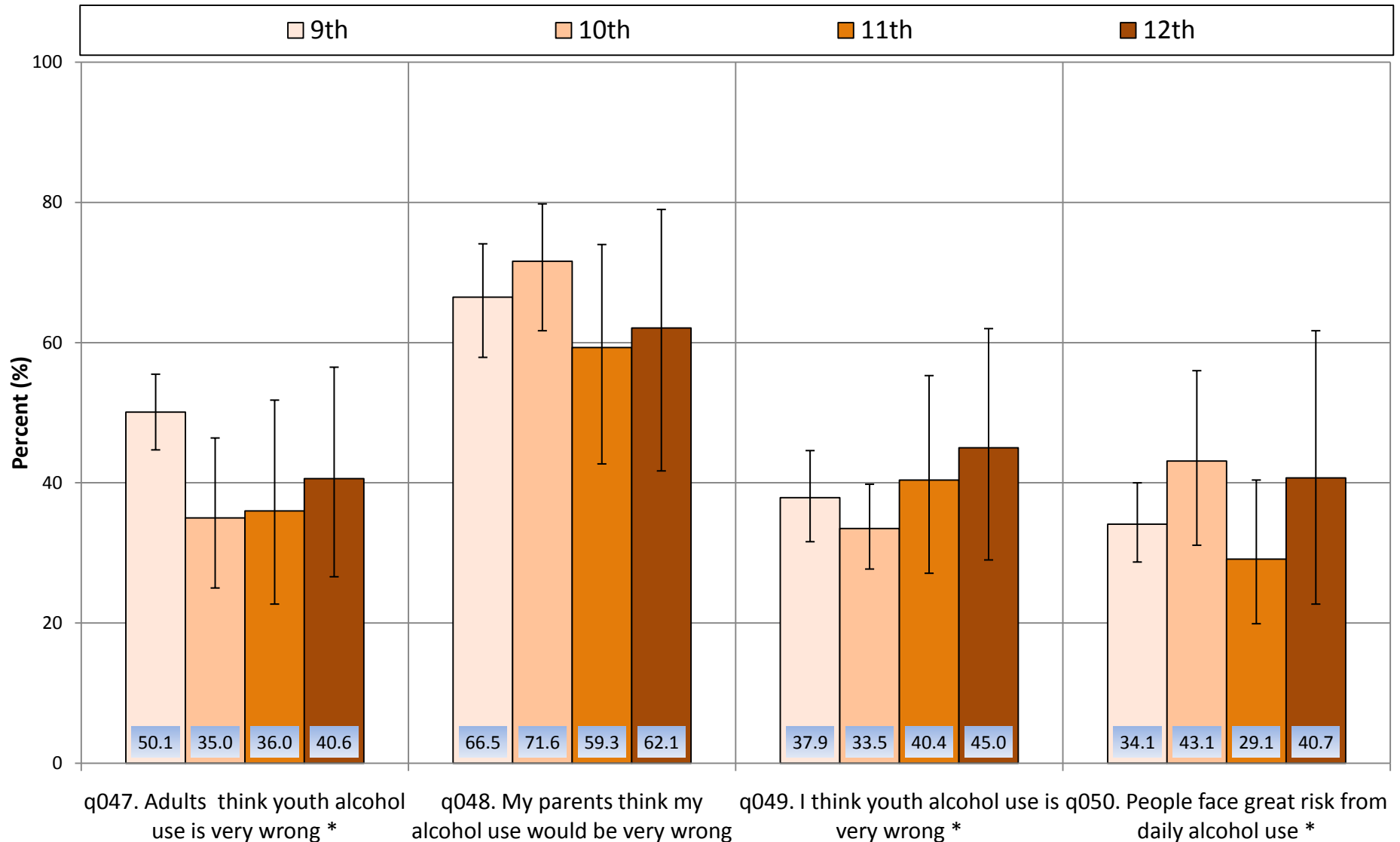
## Alcohol: Attitudes by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?"

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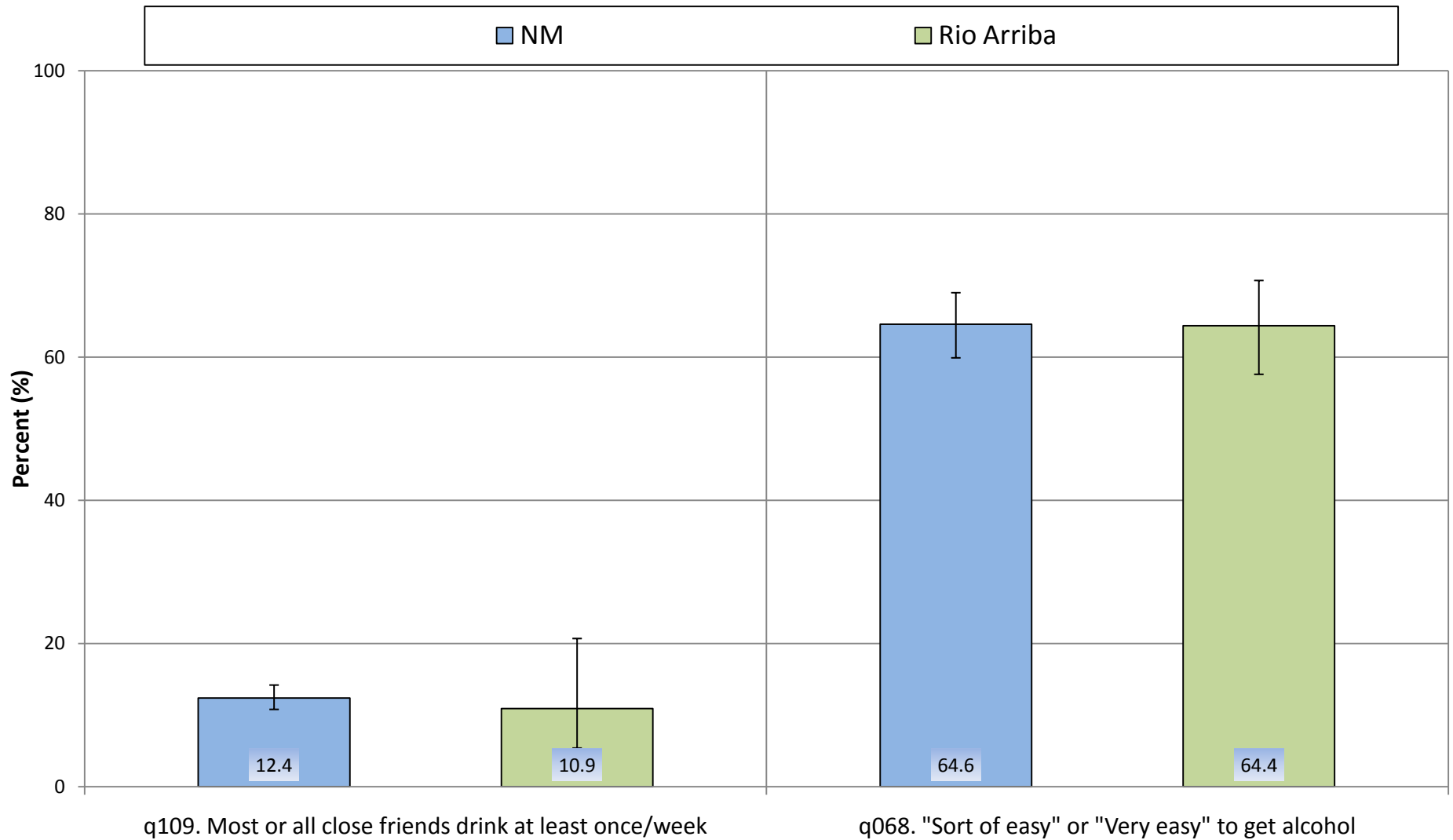
## Alcohol: Attitudes by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



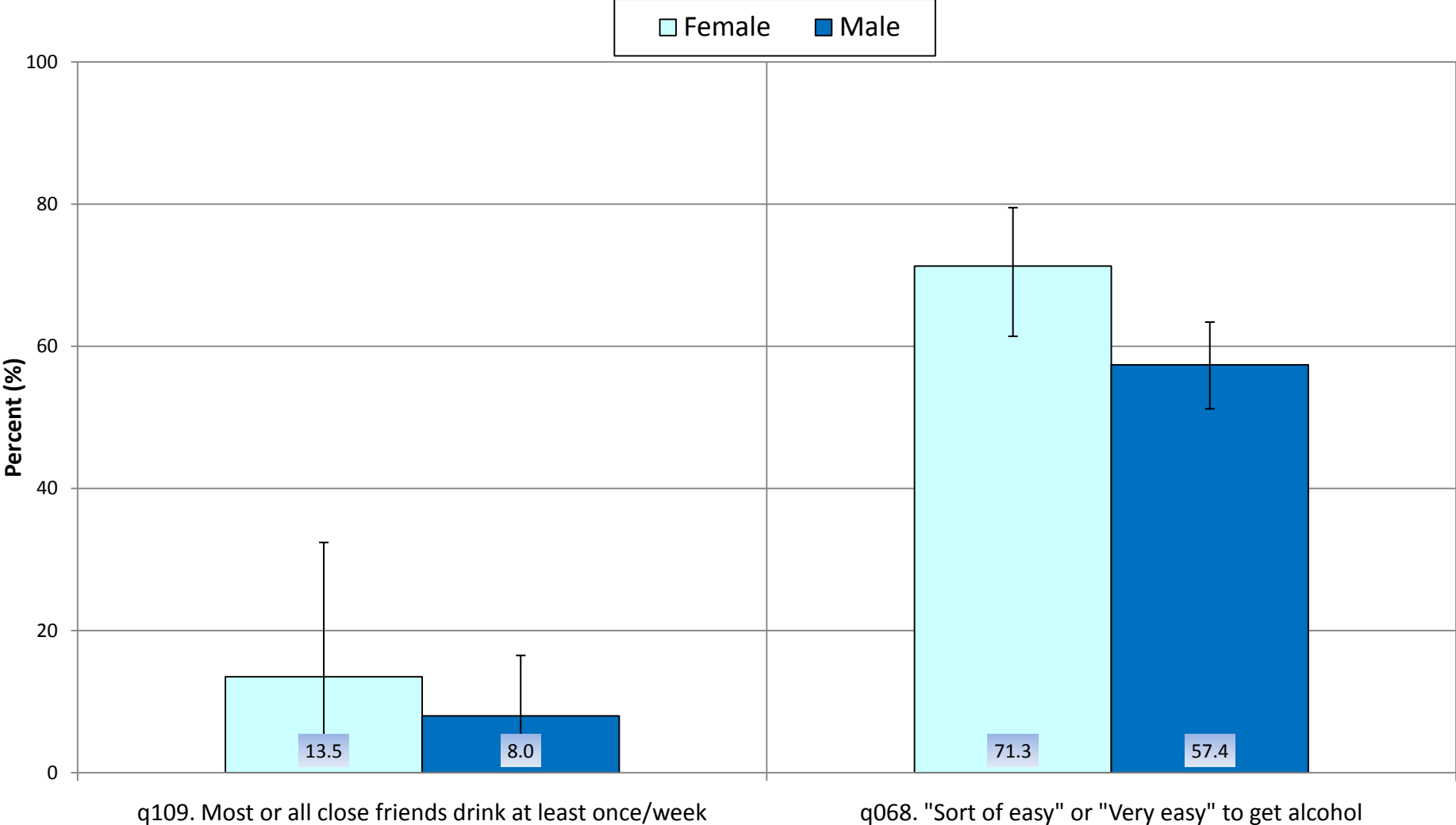
\* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?"

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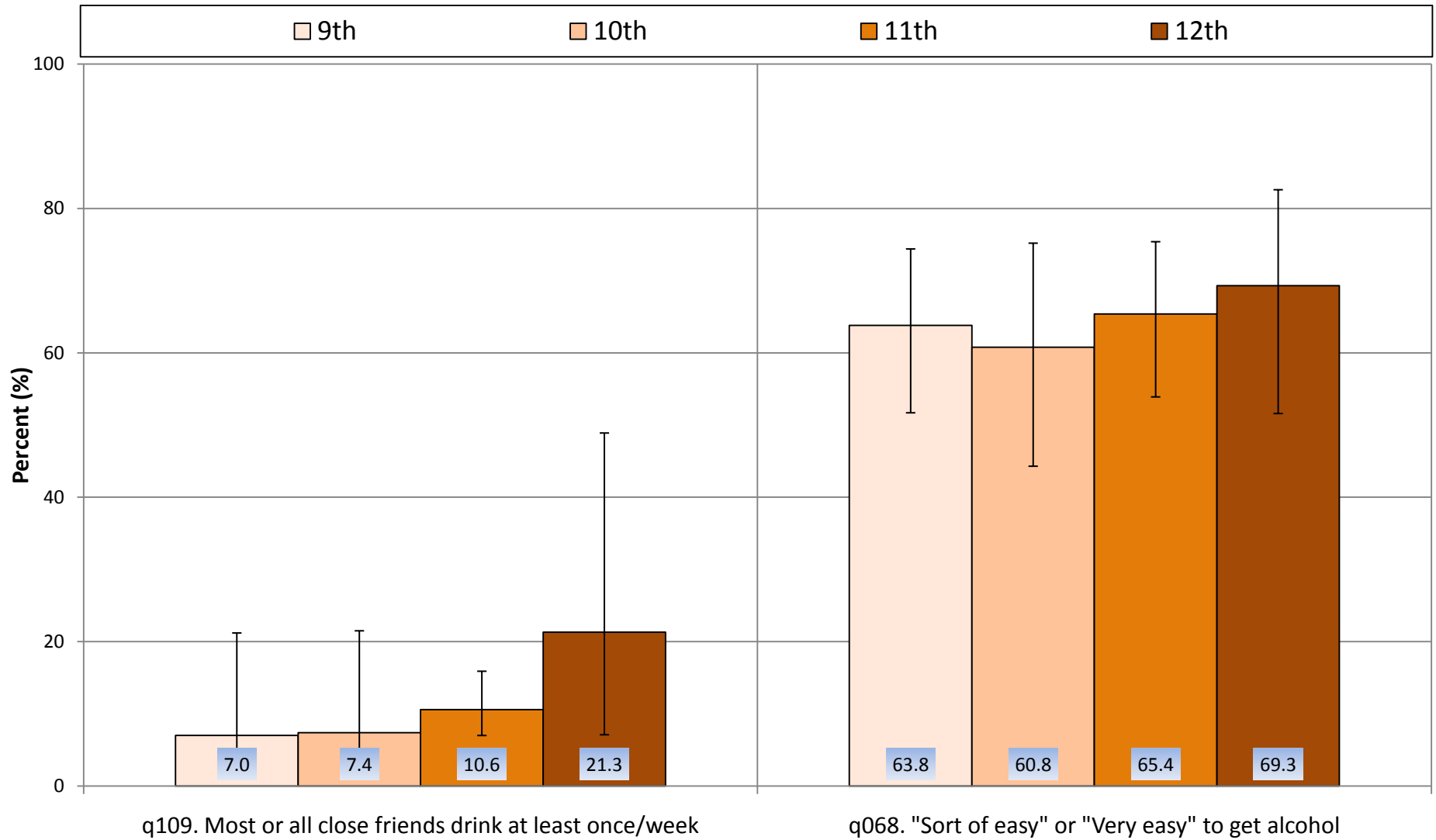
# Alcohol: Access and Use by Friends New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS



**Alcohol: Access and Use by Friends  
by Gender, Rio Arriba County  
Grades 9 - 12, 2009 NM YRRS**



## Alcohol: Access and Use by Friends by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



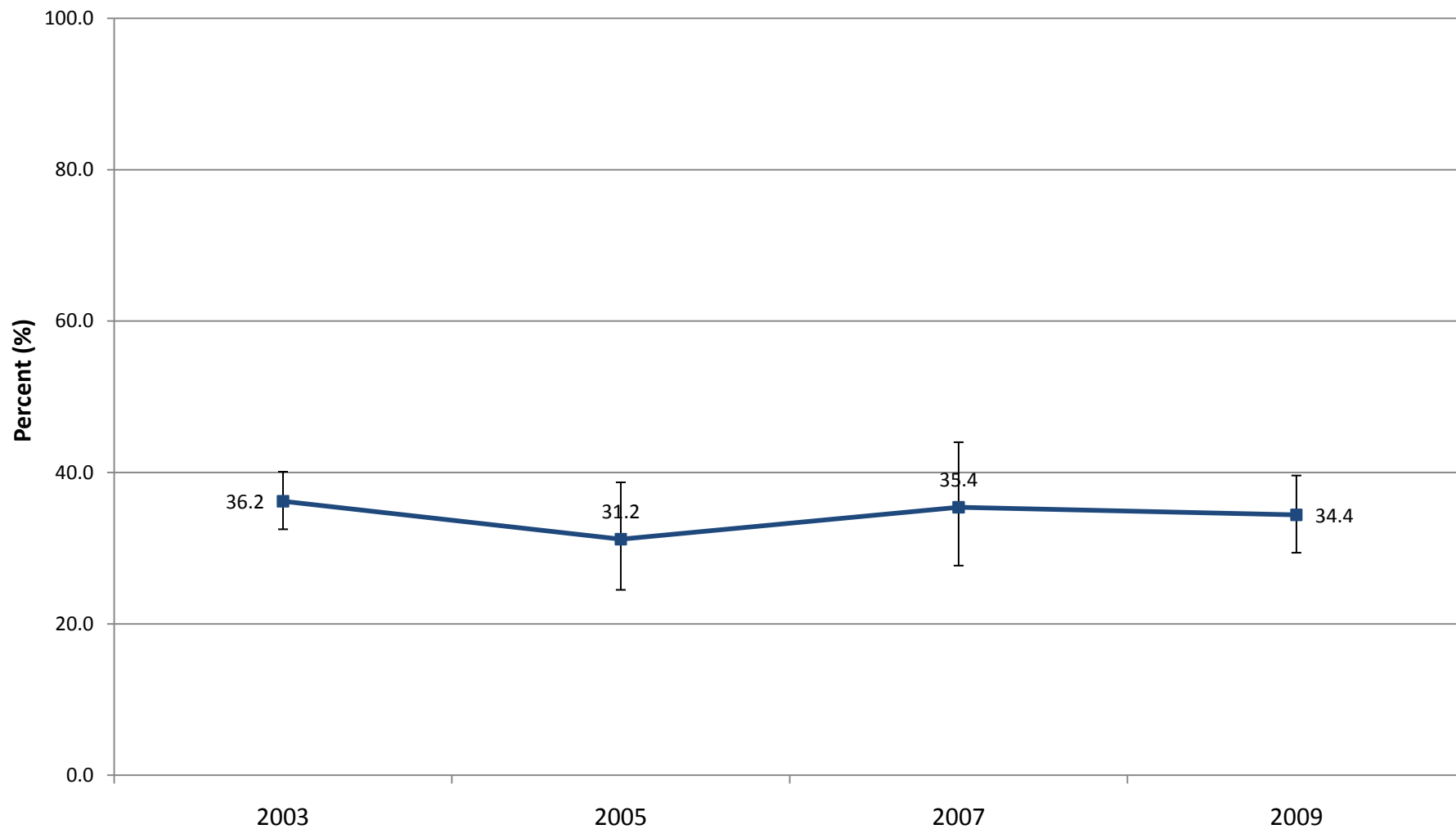


# Drugs



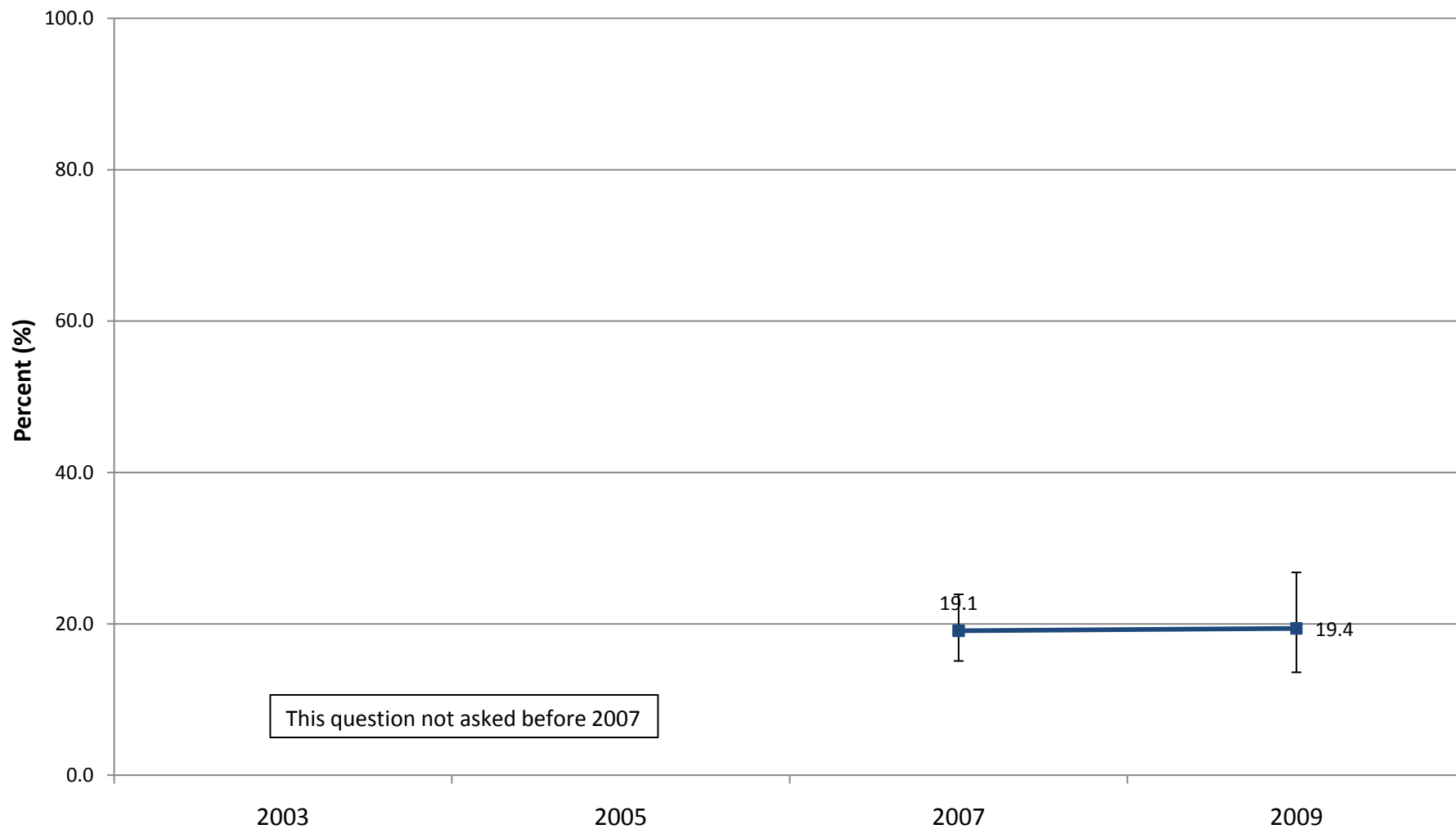


**Drug Use**  
**Current Marijuana Use \***  
**Rio Arriba County**  
**Grades 9 - 12, 2003 - 2009, NM YRRS**



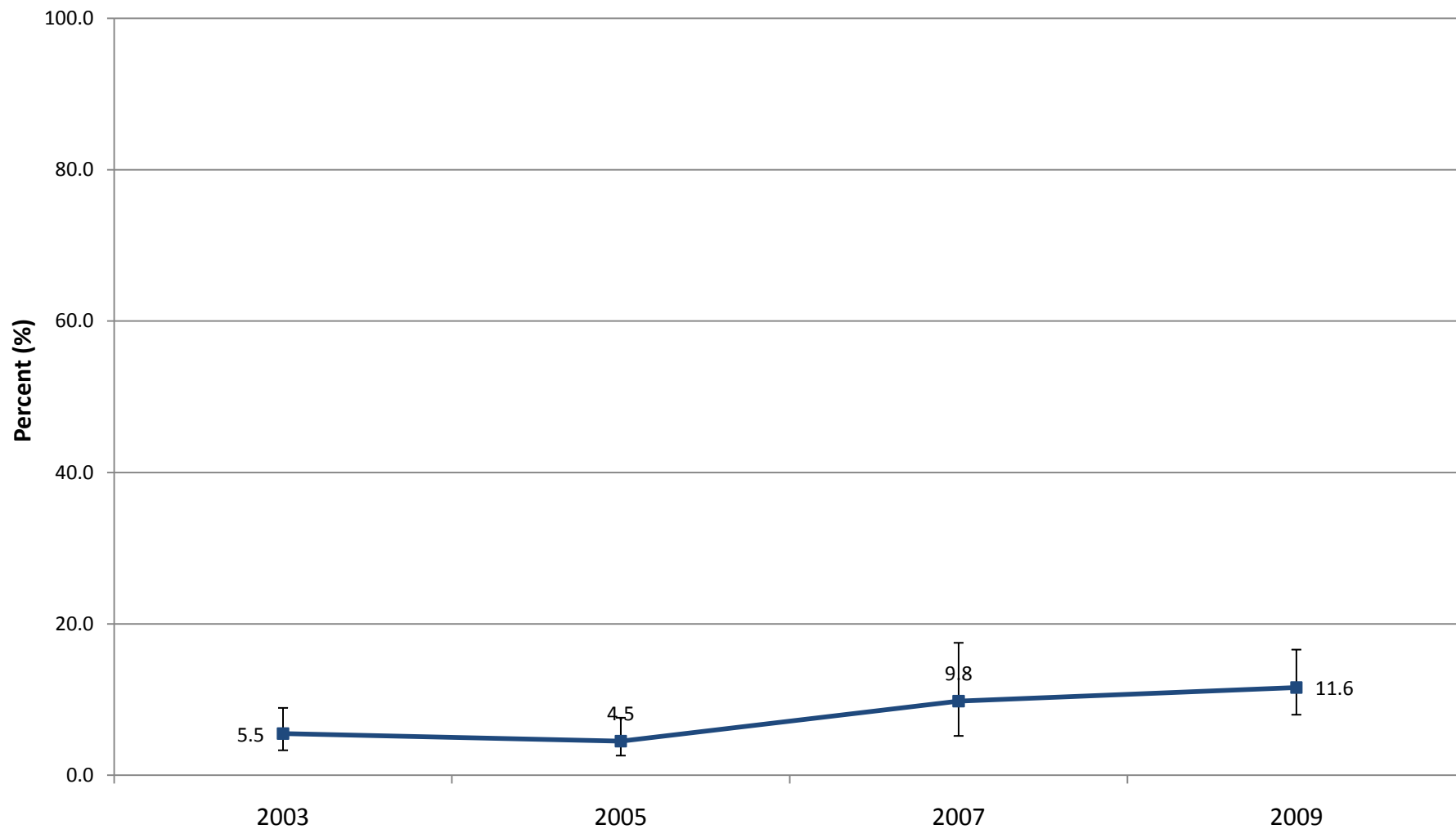
*\* Used marijuana at least once in the past 30 days*

**Drug Use  
Used Painkiller to Get High \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



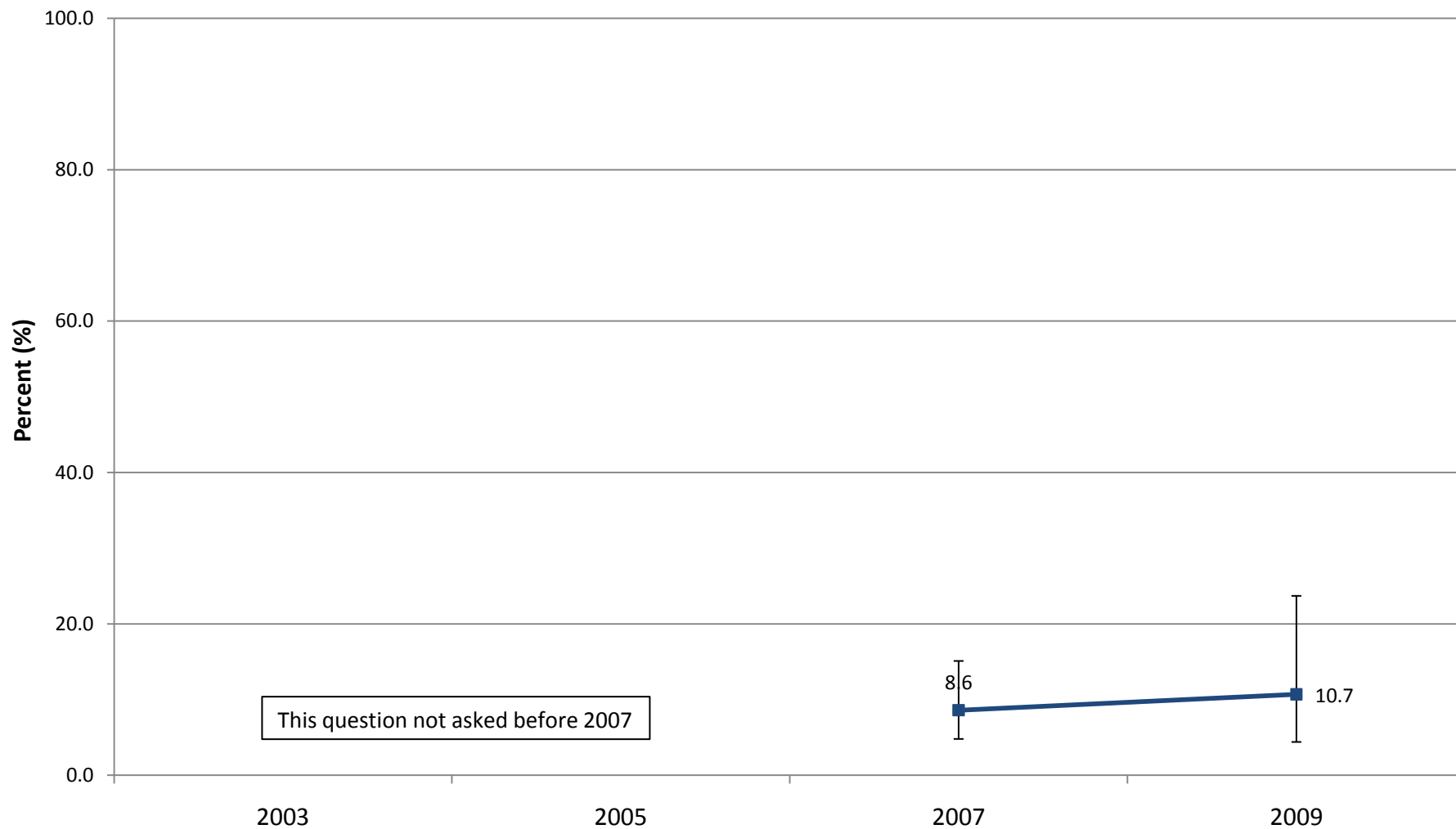
\* Used a pain killer to get high, like Vicodin, OxyContin, or Percocet, in the past 30 days

**Drug Use  
Inhalant Use \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



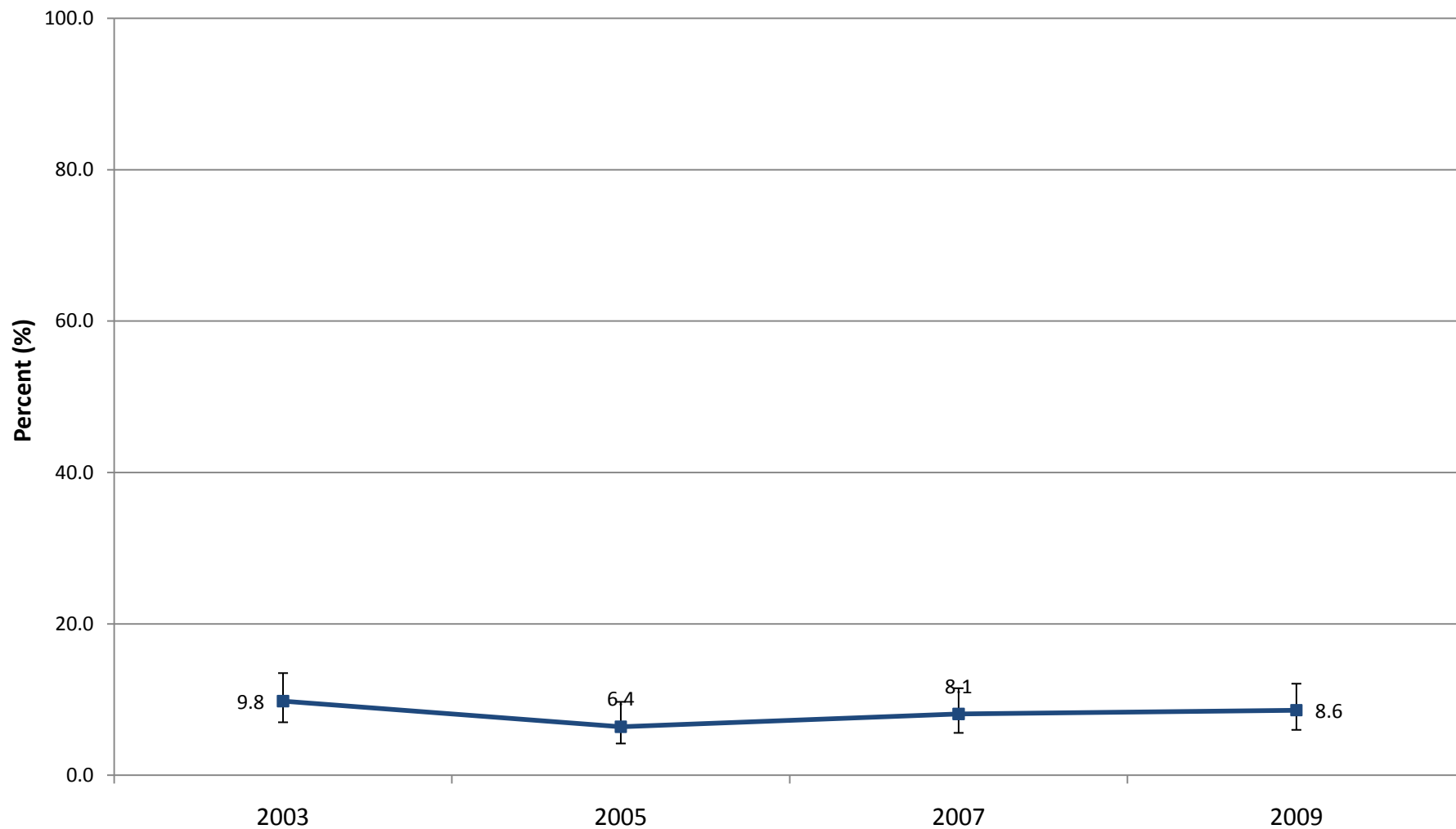
*\* Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, in the past 30 days*

**Drug Use  
Ecstasy Use \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



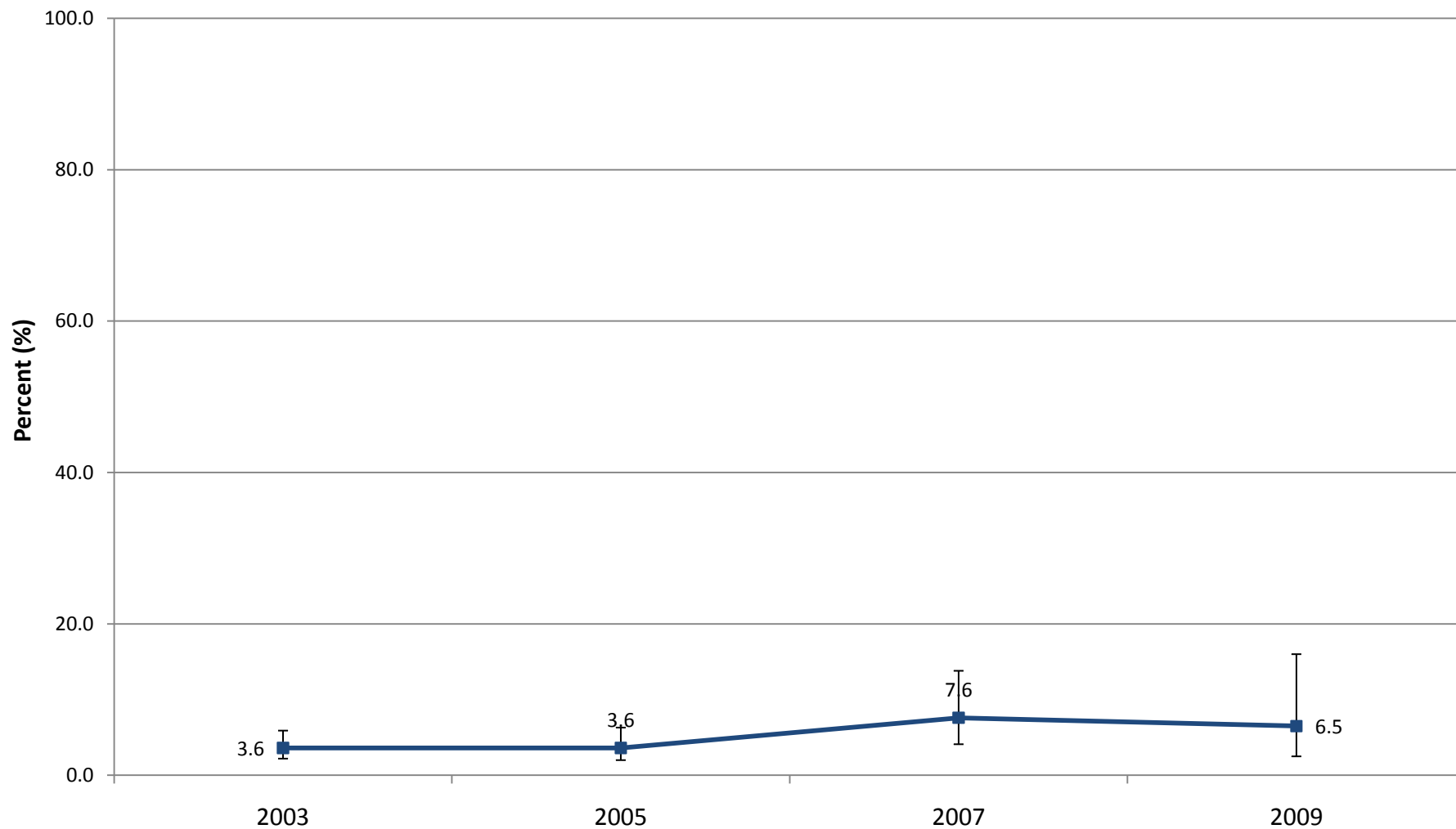
*\* In the past 30 days*

**Drug Use  
Cocaine Use \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



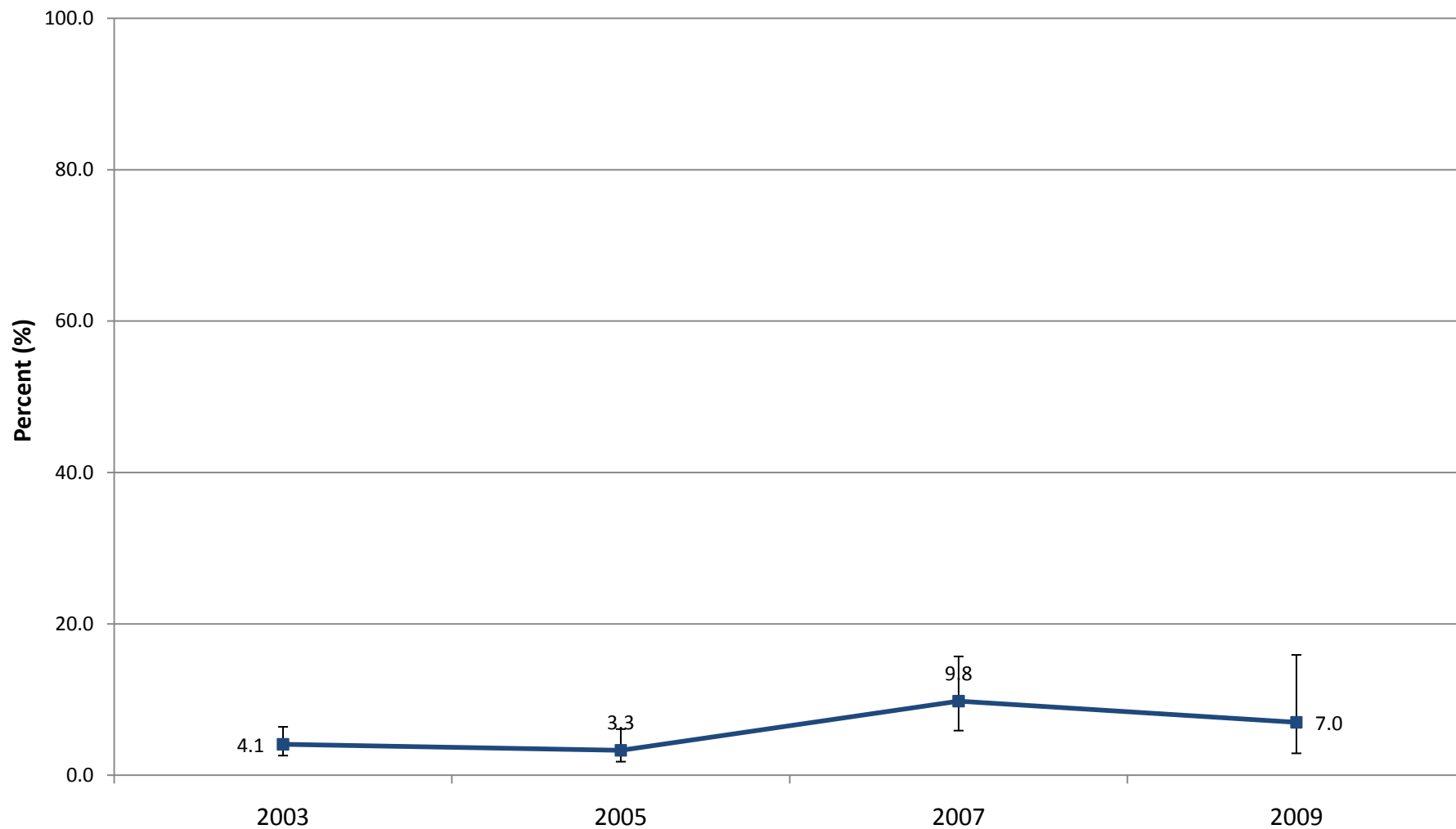
*\* In the past 30 days*

**Drug Use  
Heroin Use \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



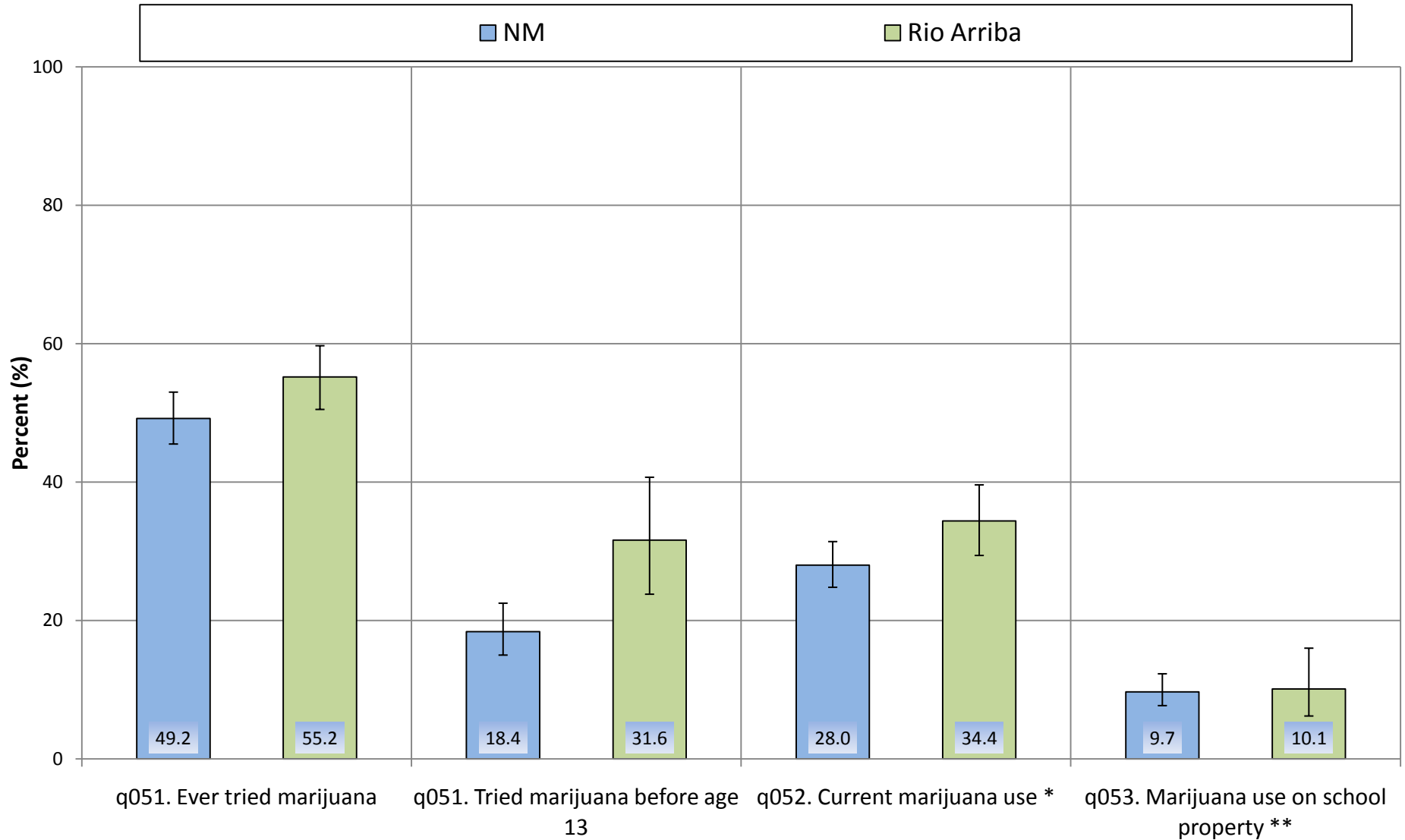
*\* In the past 30 days*

**Drug Use  
Injection Drug Use \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



*\* Ever in lifetime*

# Marijuana Use New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS

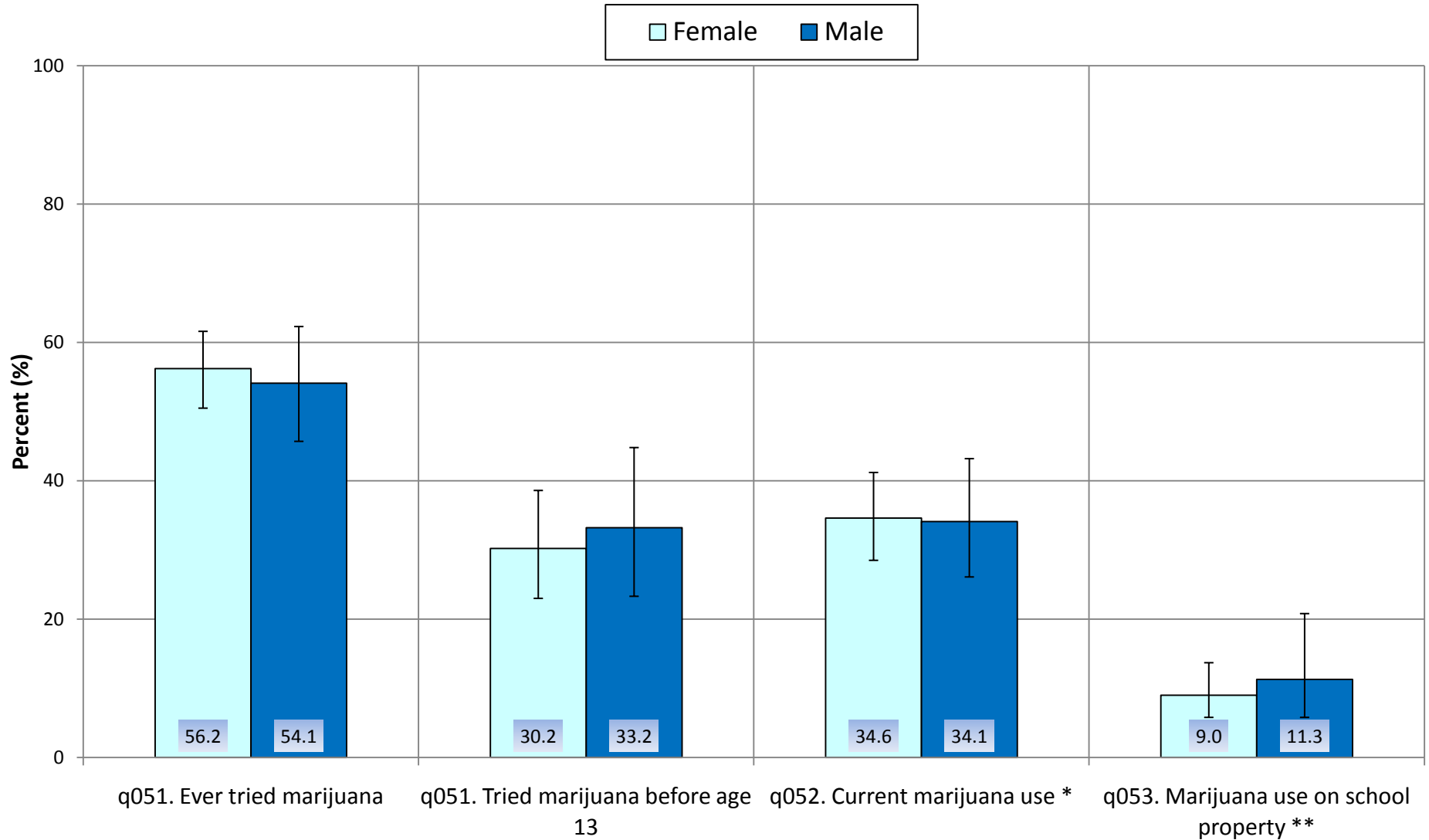


\* Used marijuana at least once in the past 30 days

\*\* Used marijuana on school property at least once in the past 30 days



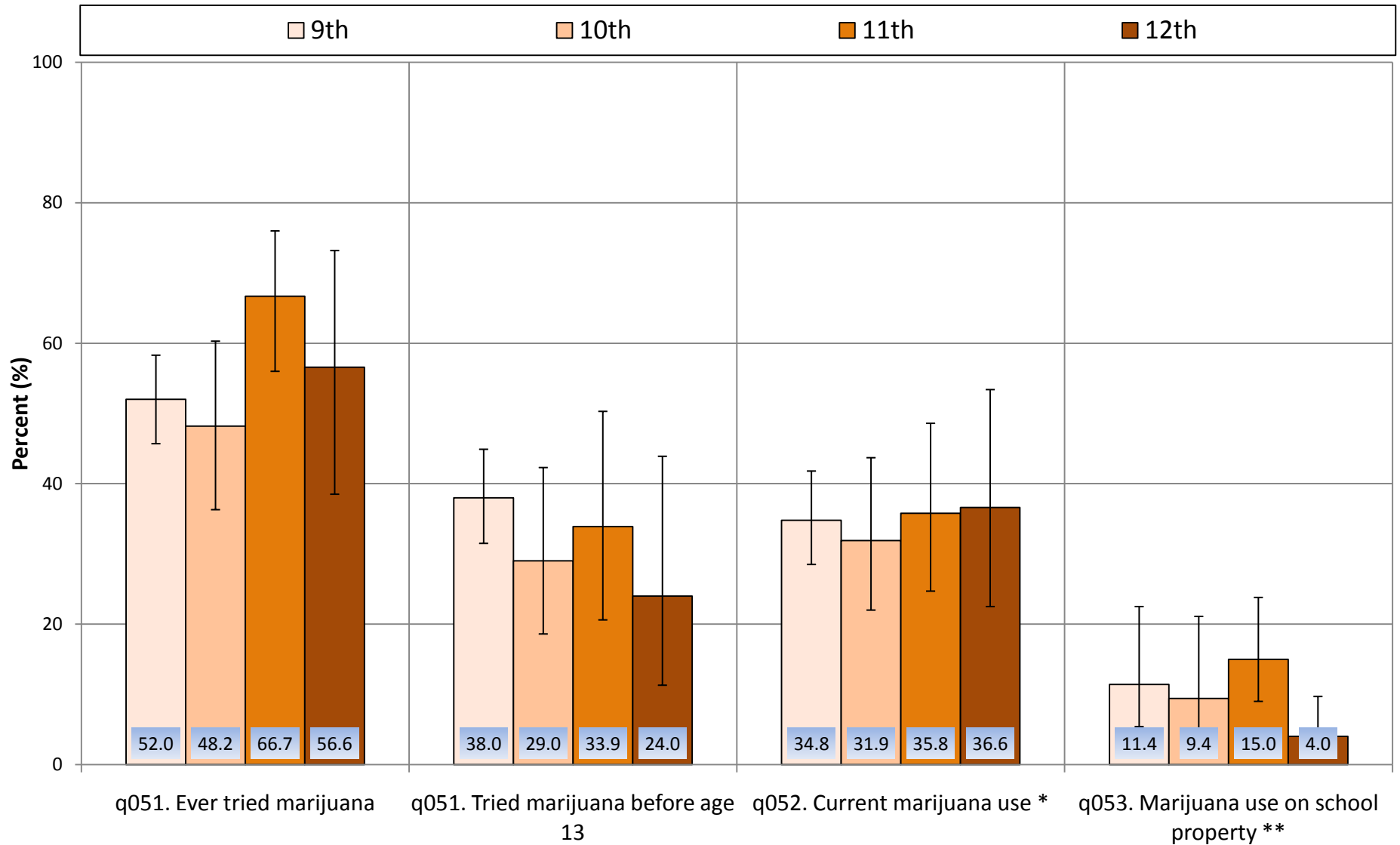
## Marijuana Use by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Used marijuana at least once in the past 30 days

\*\* Used marijuana on school property at least once in the past 30 days

## Marijuana Use by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



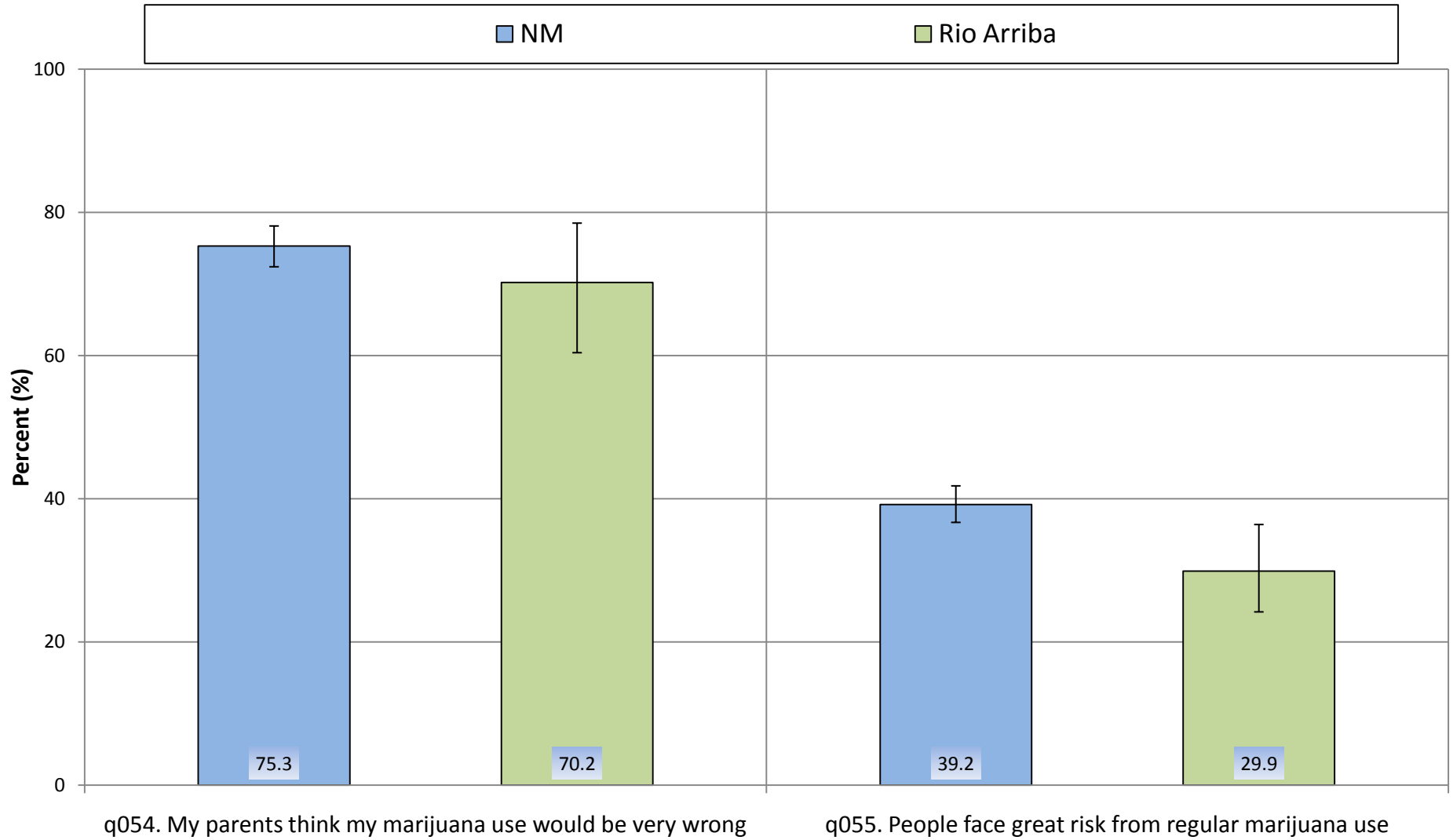
\* Used marijuana at least once in the past 30 days

\*\* Used marijuana on school property at least once in the past 30 days

# Marijuana: Attitudes

## New Mexico and Rio Arriba County

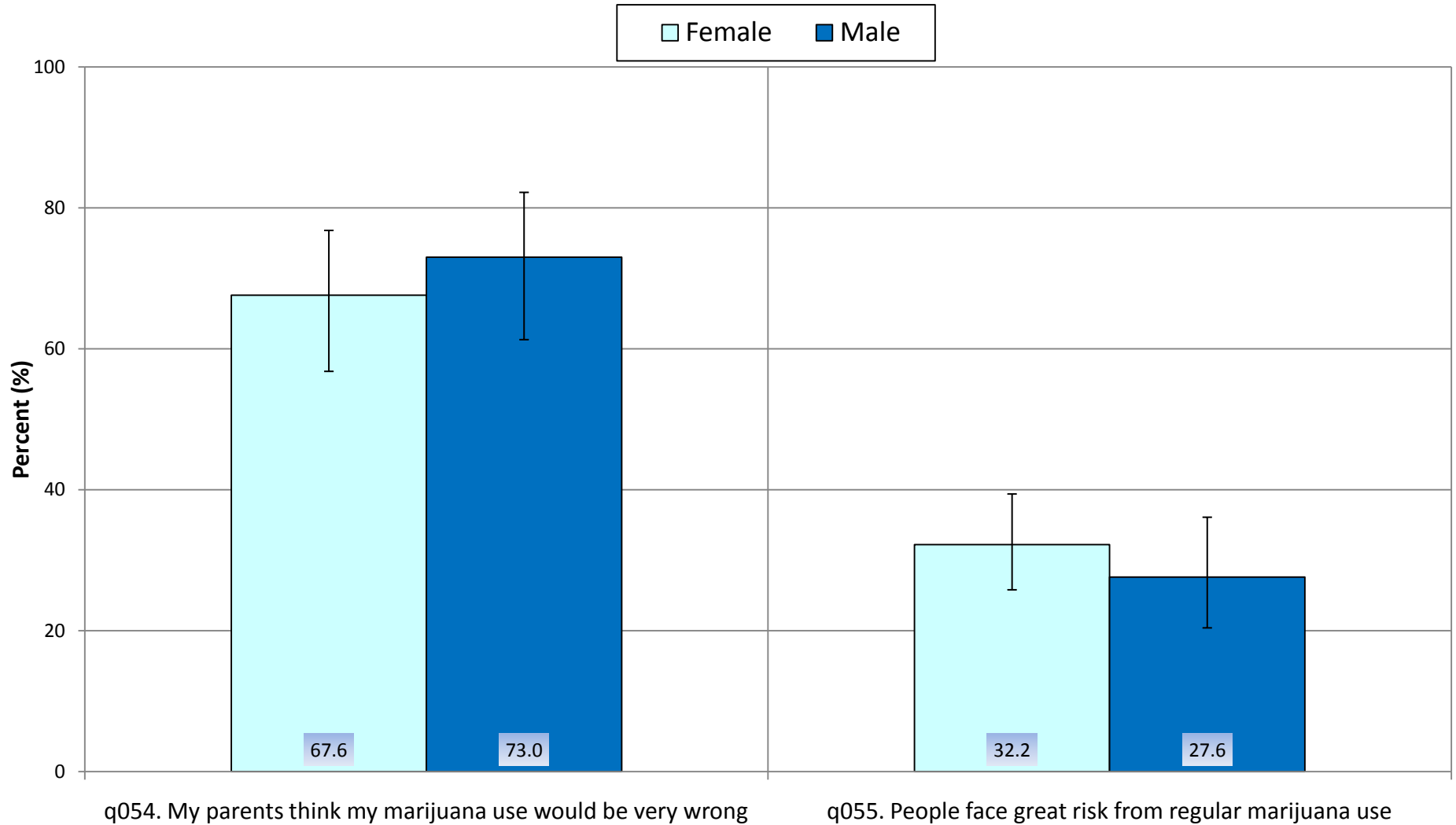
### Grades 9 - 12, 2009 NM YRRS



\* How much do you think people risk harming themselves (physically or in other ways) if they marijuana regularly?

\*\* How wrong do your parents feel it would be for you to use marijuana?

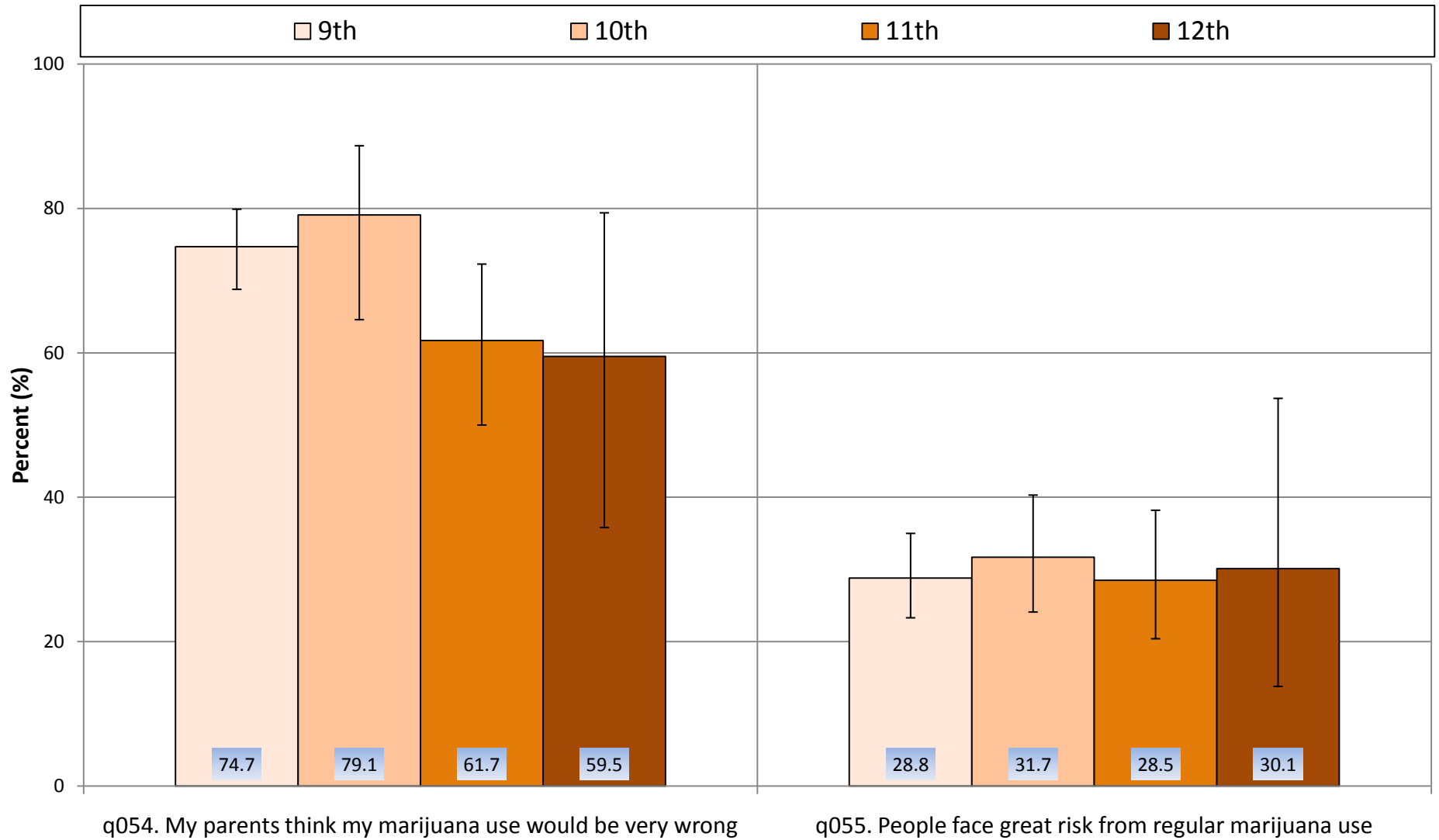
# Marijuana: Attitudes by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* How much do you think people risk harming themselves (physically or in other ways) if they marijuana regularly?

\*\* How wrong do your parents feel it would be for you to use marijuana?

## Marijuana: Attitudes by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS

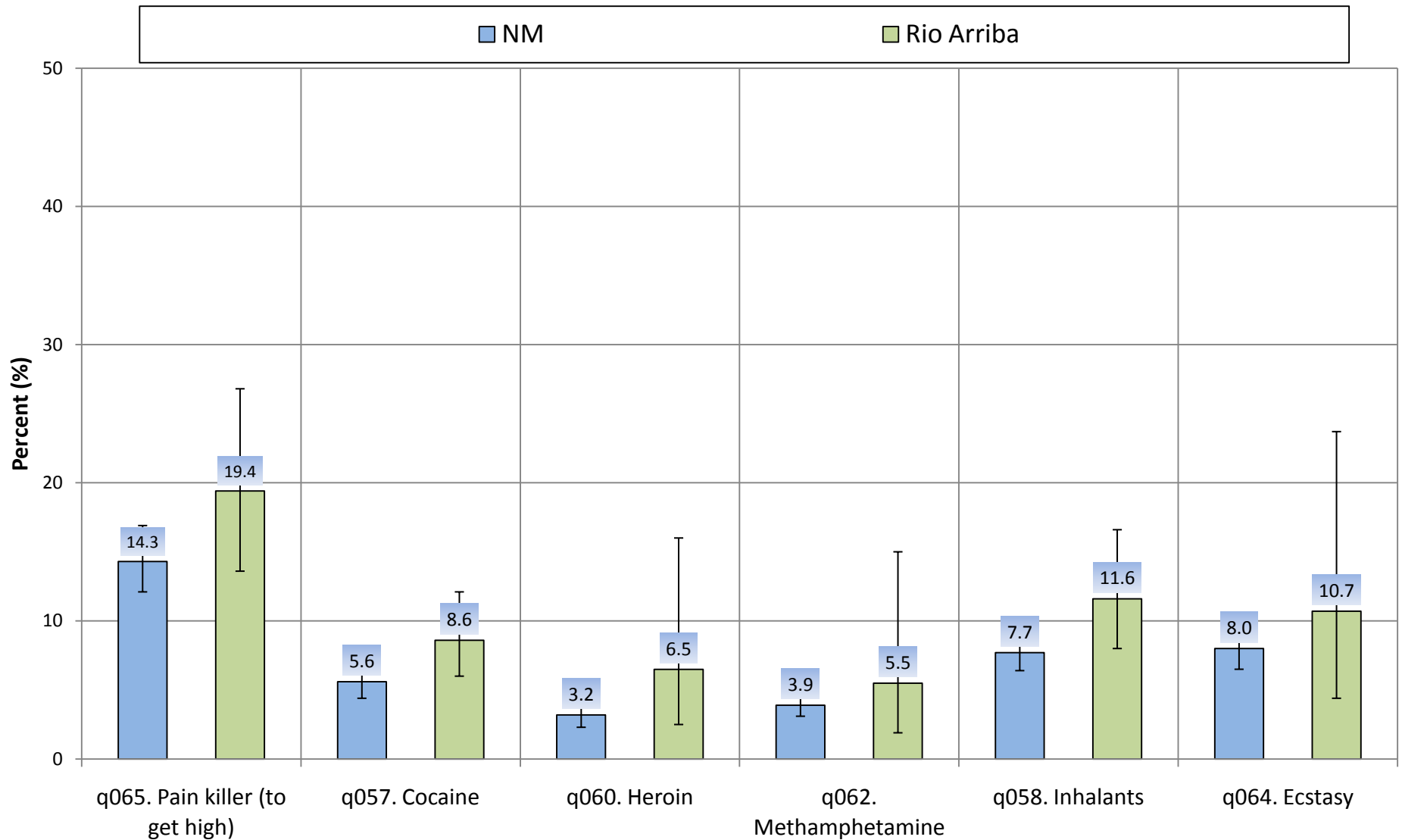


\* How much do you think people risk harming themselves (physically or in other ways) if they marijuana regularly?

\*\* How wrong do your parents feel it would be for you to use marijuana?

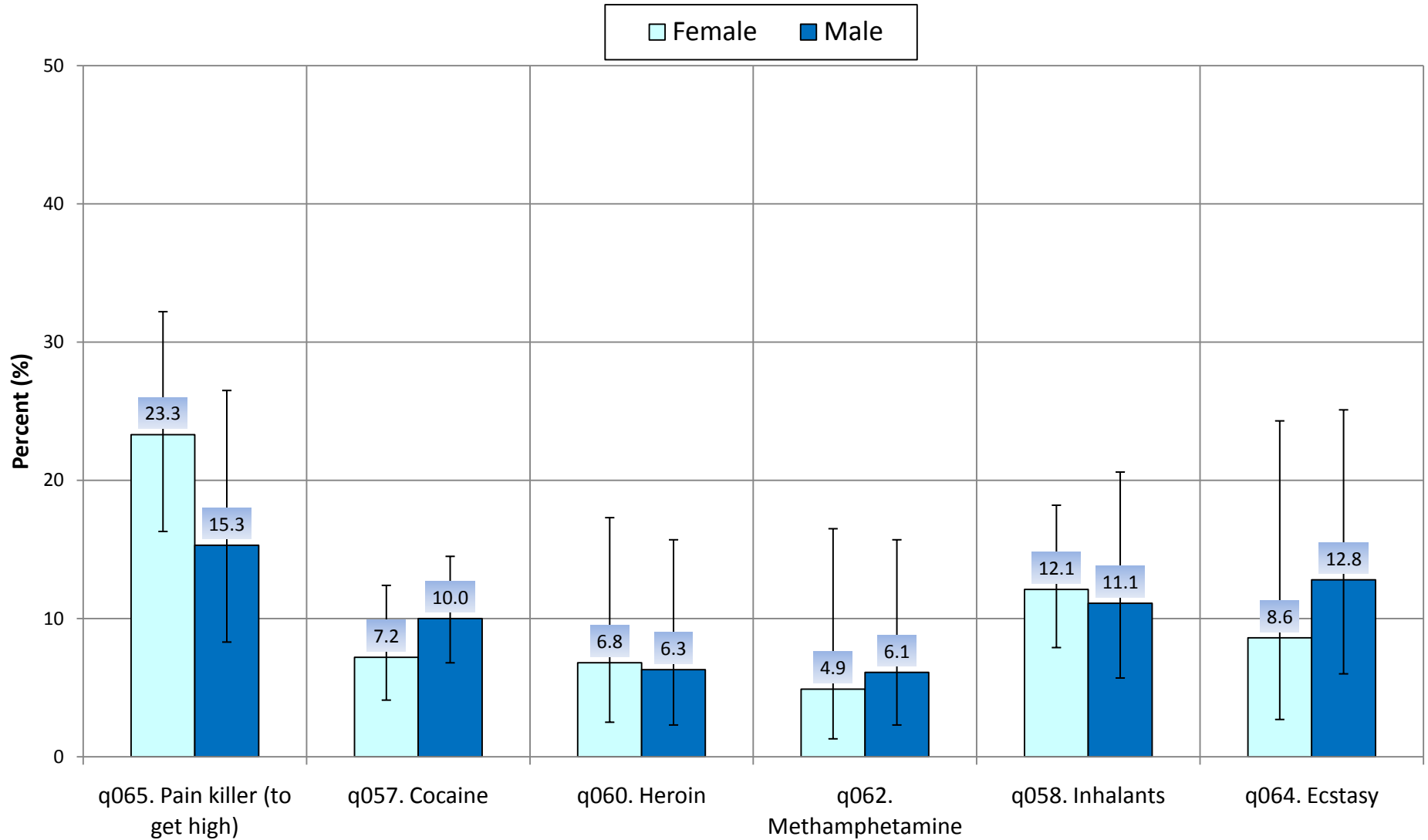
## Current Drug Use \*

### New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS



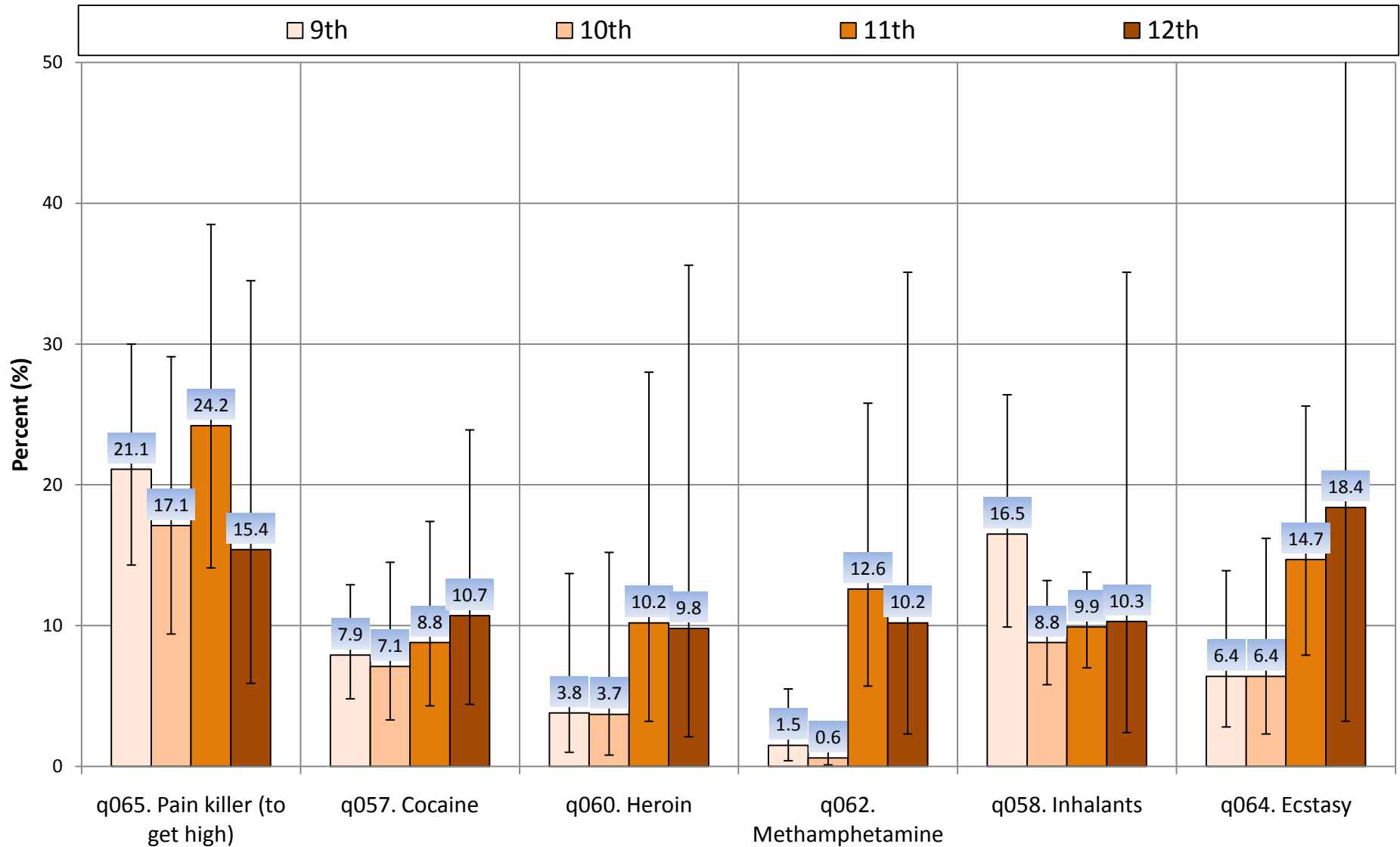
*"Current" use refers to at least one use of a substance in the past 30 days  
 Note that vertical axis extends to 50% rather than 100% as in most other charts*

## Current Drug Use \* by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



*"Current" use refers to at least one use of a substance in the past 30 days  
Note that vertical axis extends to 50% rather than 100% as in most other charts*

## Current Drug Use \* by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



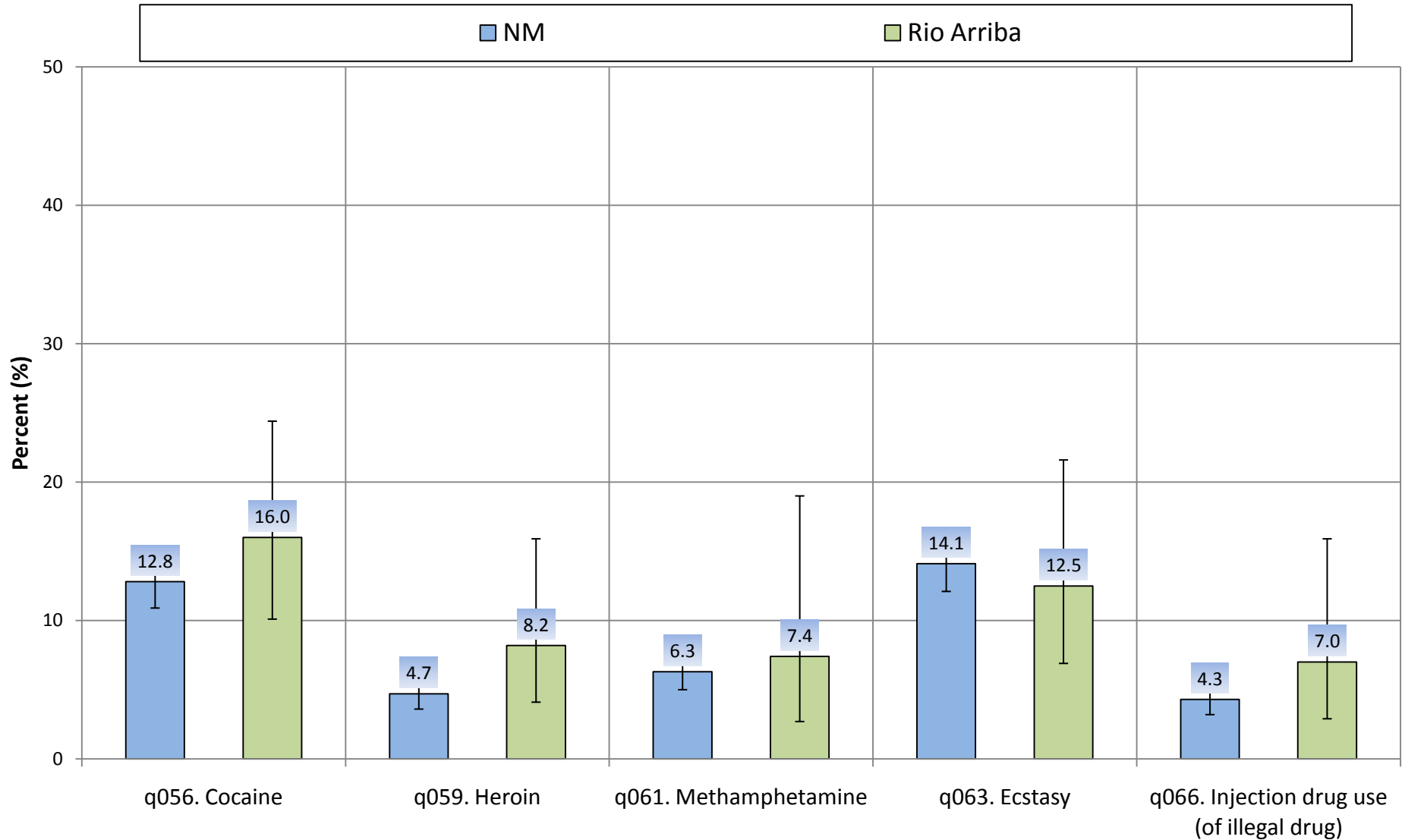
*"Current" use refers to at least one use of a substance in the past 30 days  
Note that vertical axis extends to 50% rather than 100% as in most other charts*



## Lifetime Drug Use \*

### New Mexico and Rio Arriba County

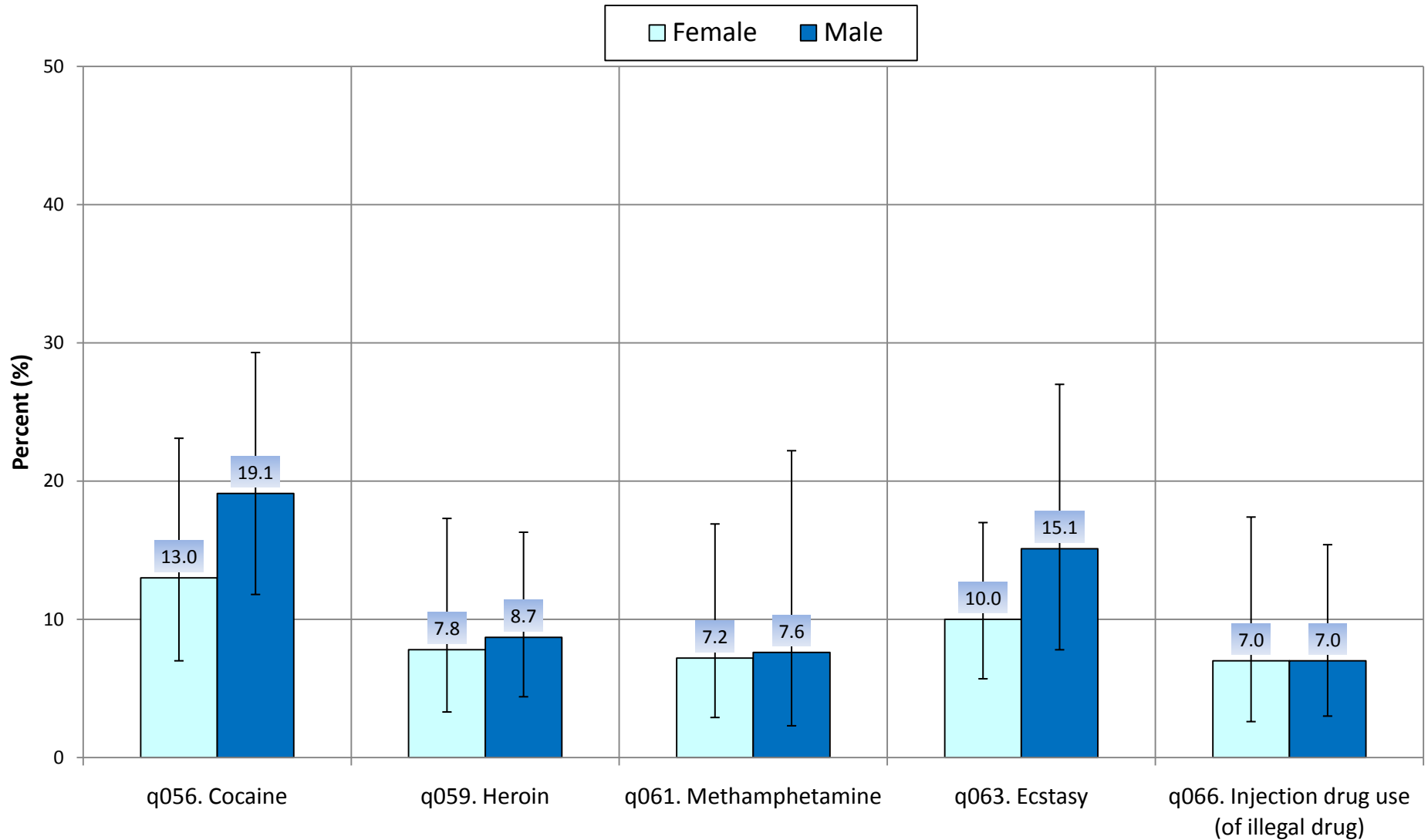
#### Grades 9 - 12, 2009 NM YRRS



*"Current" use refers to at least one use of a substance in the past 30 days*  
*Note that vertical axis extends to 50% rather than 100% as in most other charts*

## Lifetime Drug Use \*

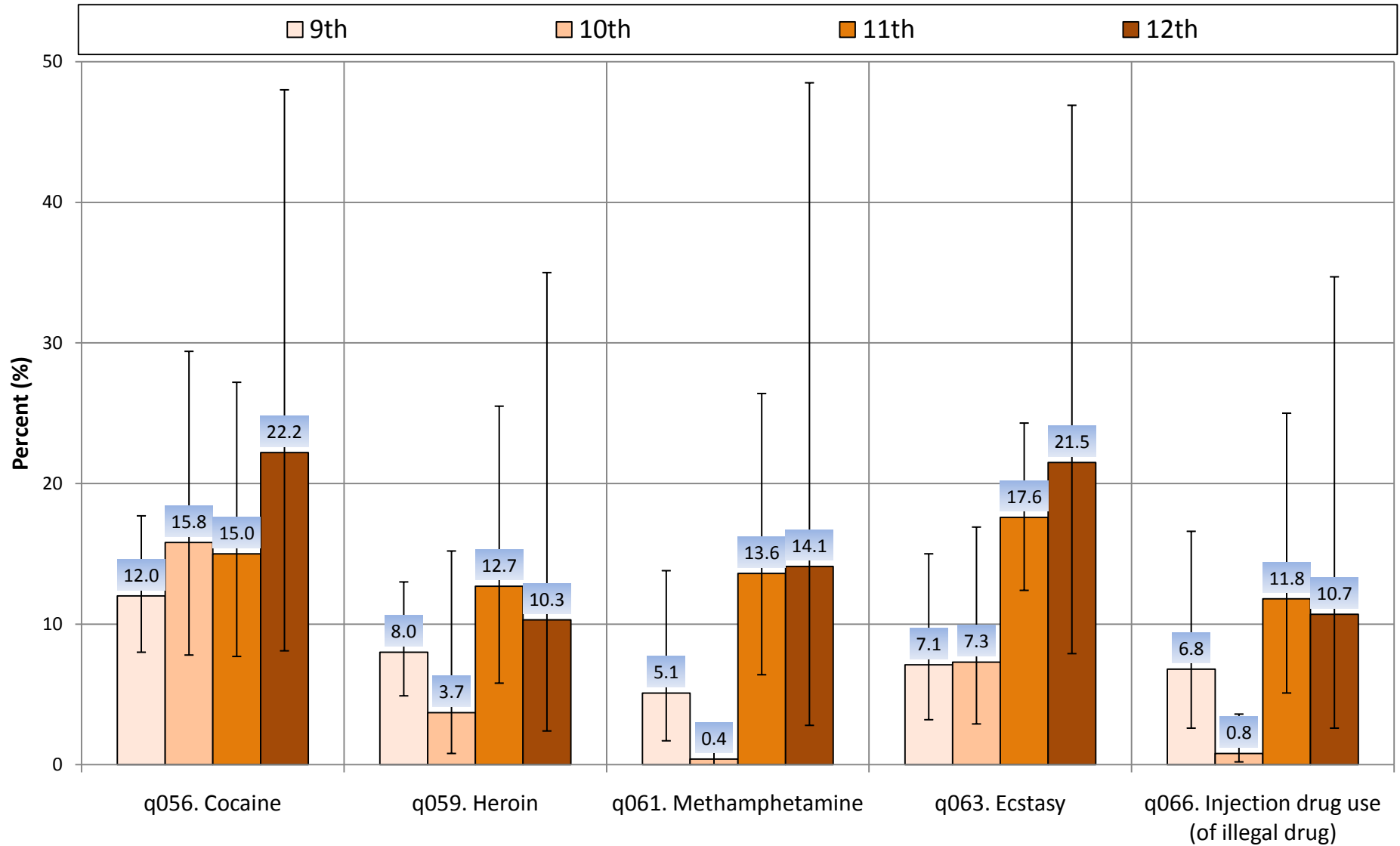
### by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



*"Lifetime" use refers to at least one use of a substance in during a lifetime  
Note that vertical axis extends to 50% rather than 100% as in most other charts*

## Lifetime Drug Use \*

### by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS

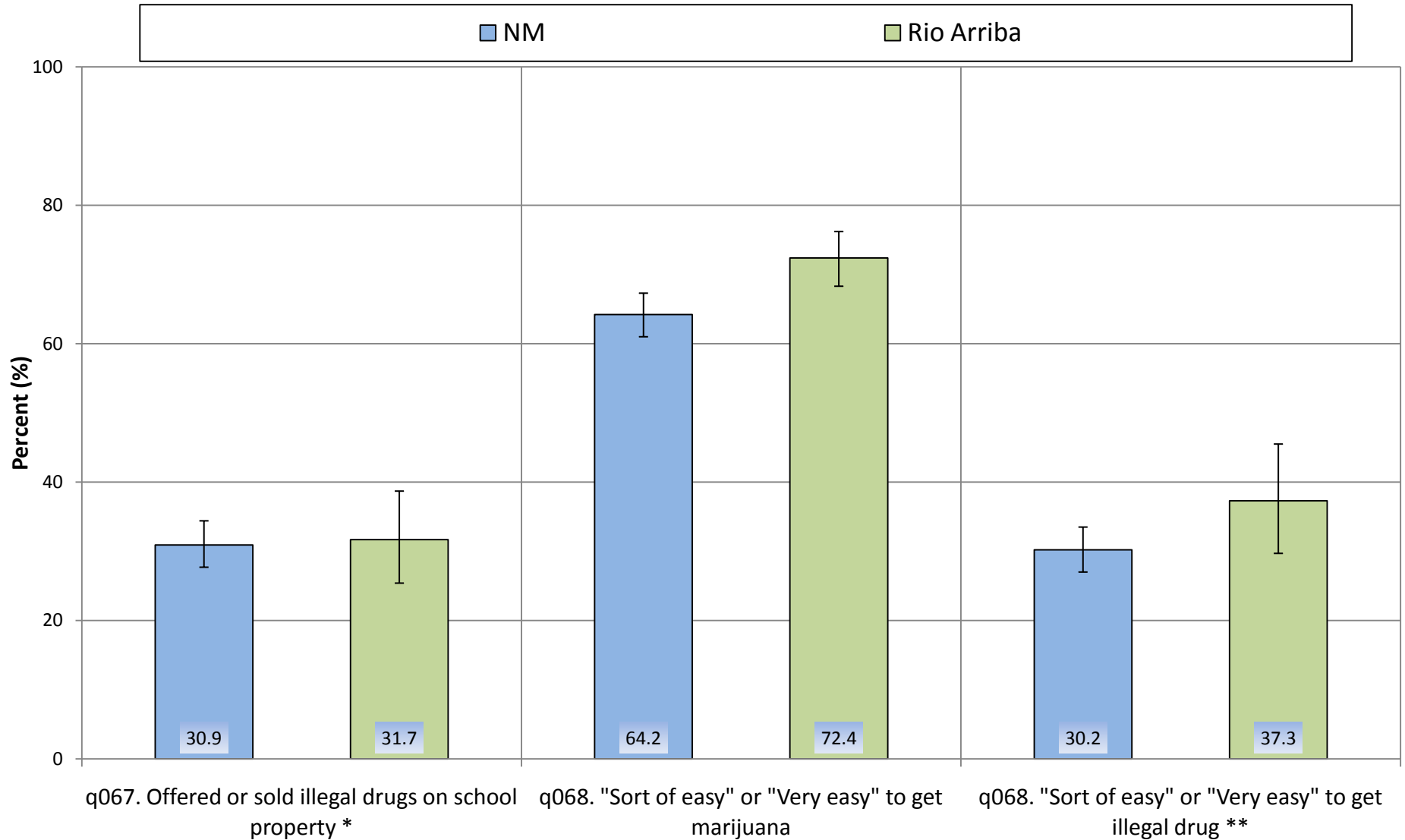


*"Lifetime" use refers to at least one use of a substance in during a lifetime  
Note that vertical axis extends to 50% rather than 100% as in most other charts*

# Access to Drugs

## New Mexico and Rio Arriba County

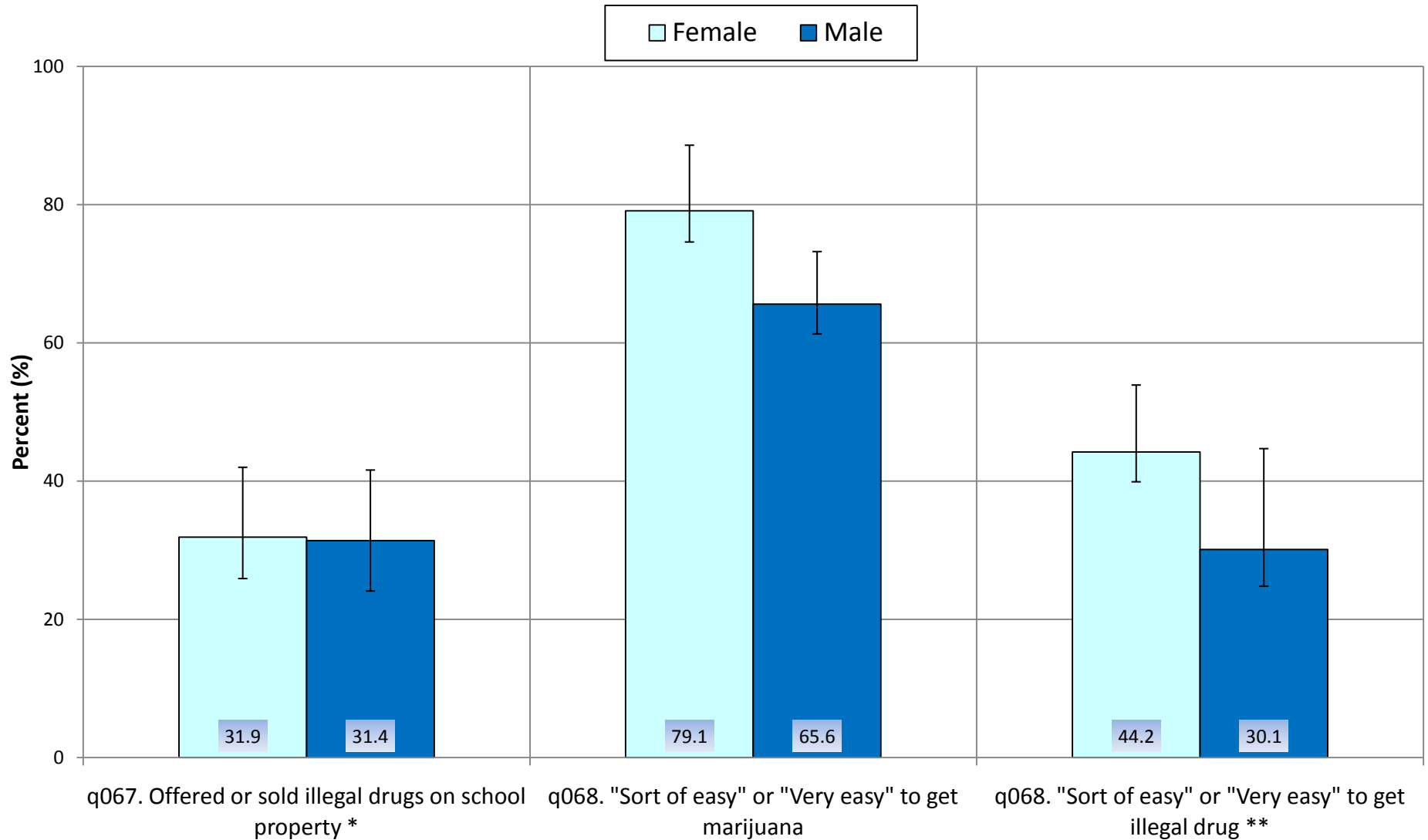
### Grades 9 - 12, 2009 NM YRRS



\* During the past 12 months

\*\* Such as cocaine, LSD, methamphetamine, or other illegal drugs

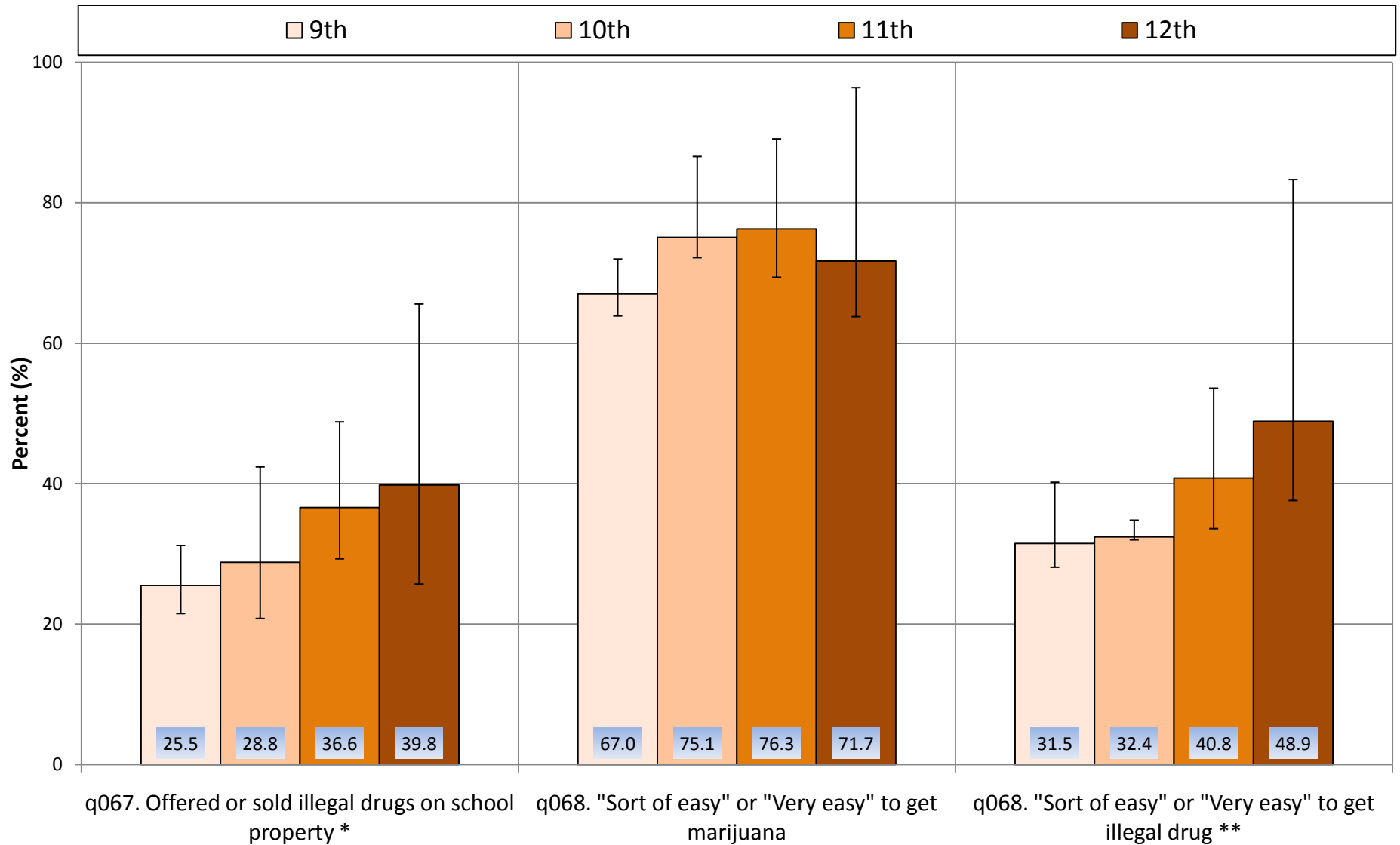
## Access to Drugs by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* During the past 12 months

\*\* Such as cocaine, LSD, methamphetamine, or other illegal drugs

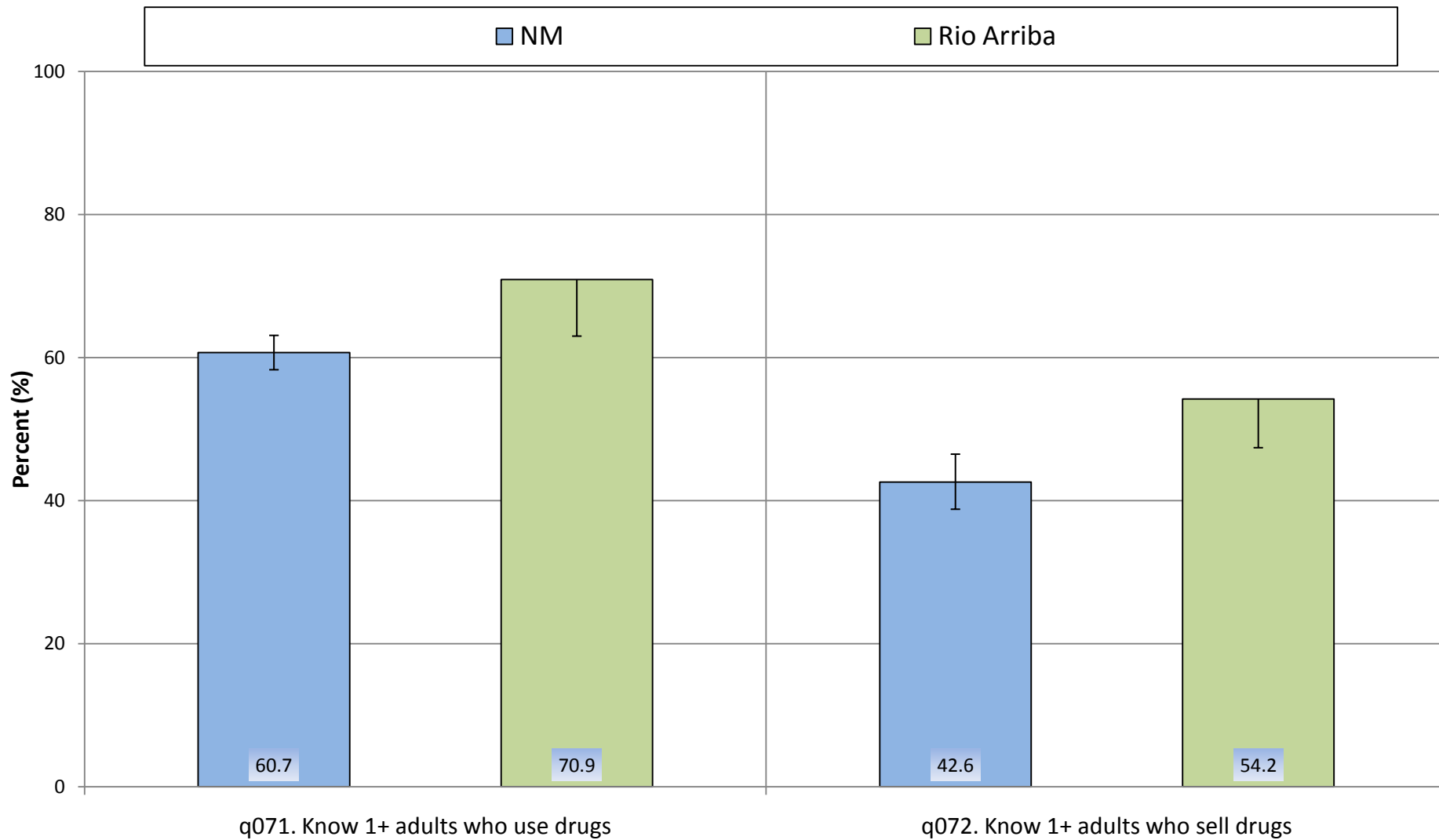
## Access to Drugs by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



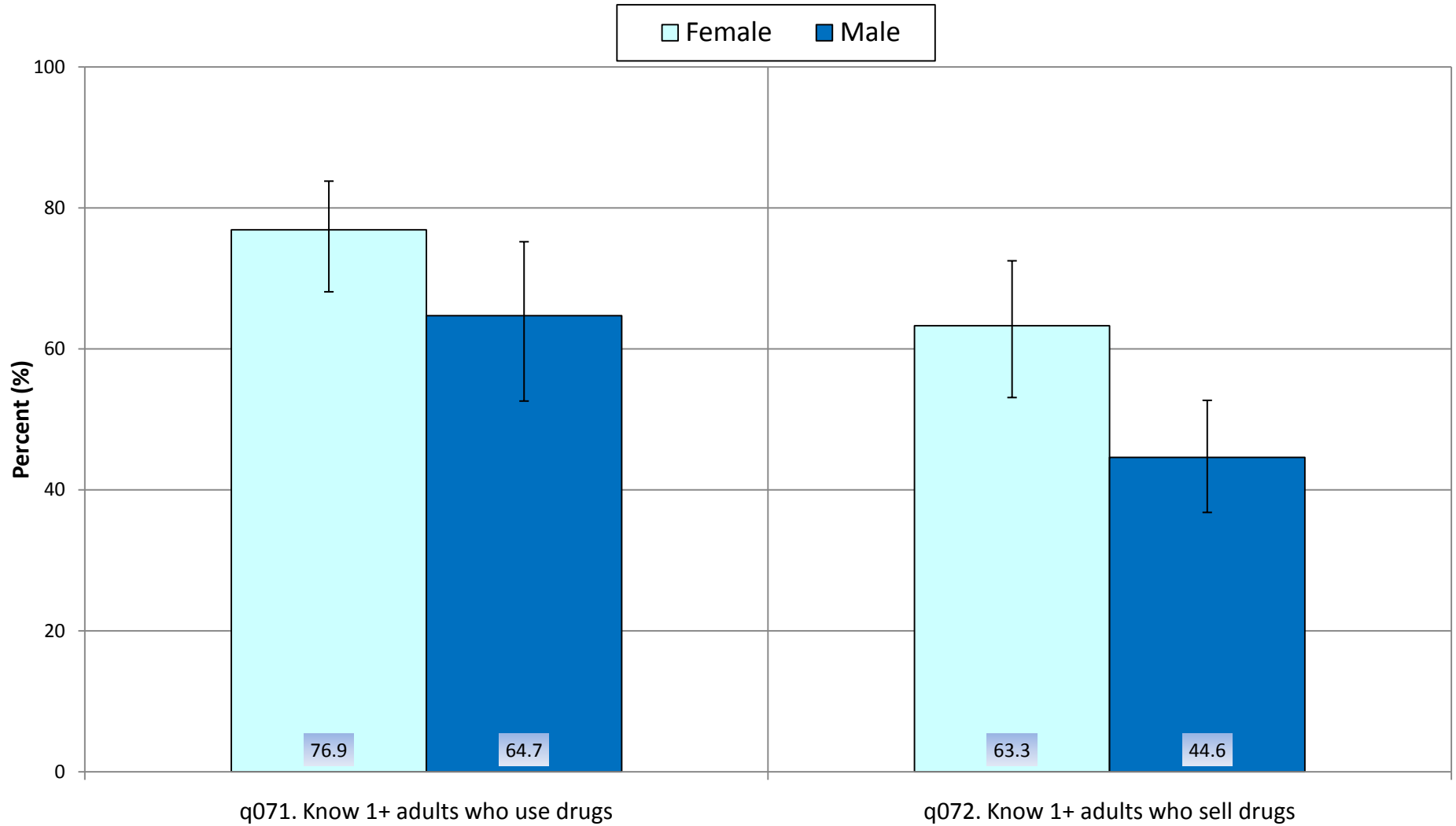
\* During the past 12 months

\*\* Such as cocaine, LSD, methamphetamine, or other illegal drugs

# Drugs: Use or Dealing by Adults New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS

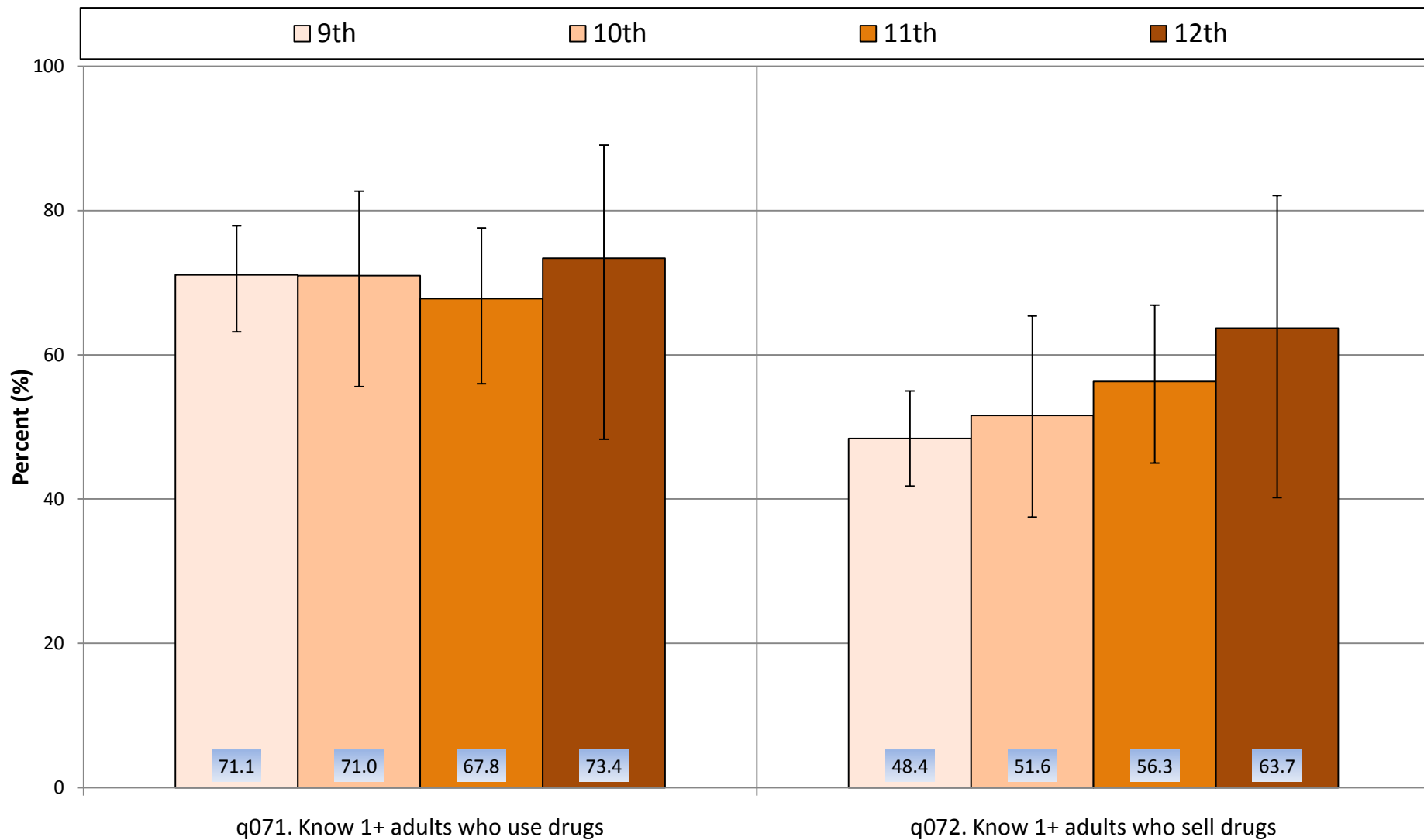


# Drugs: Use or Dealing by Adults by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS





### Drugs: Use or Dealing by Adults by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS

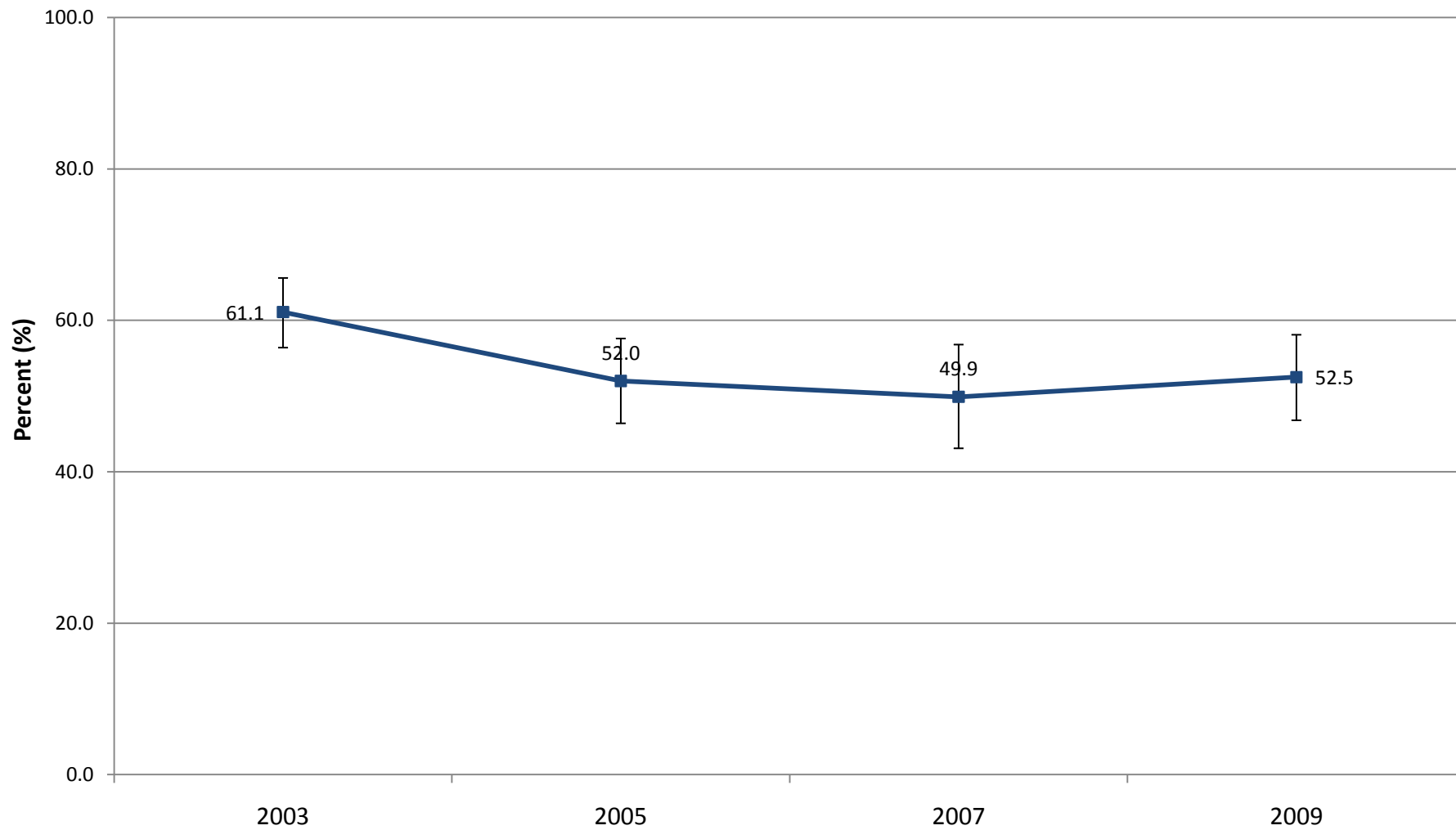




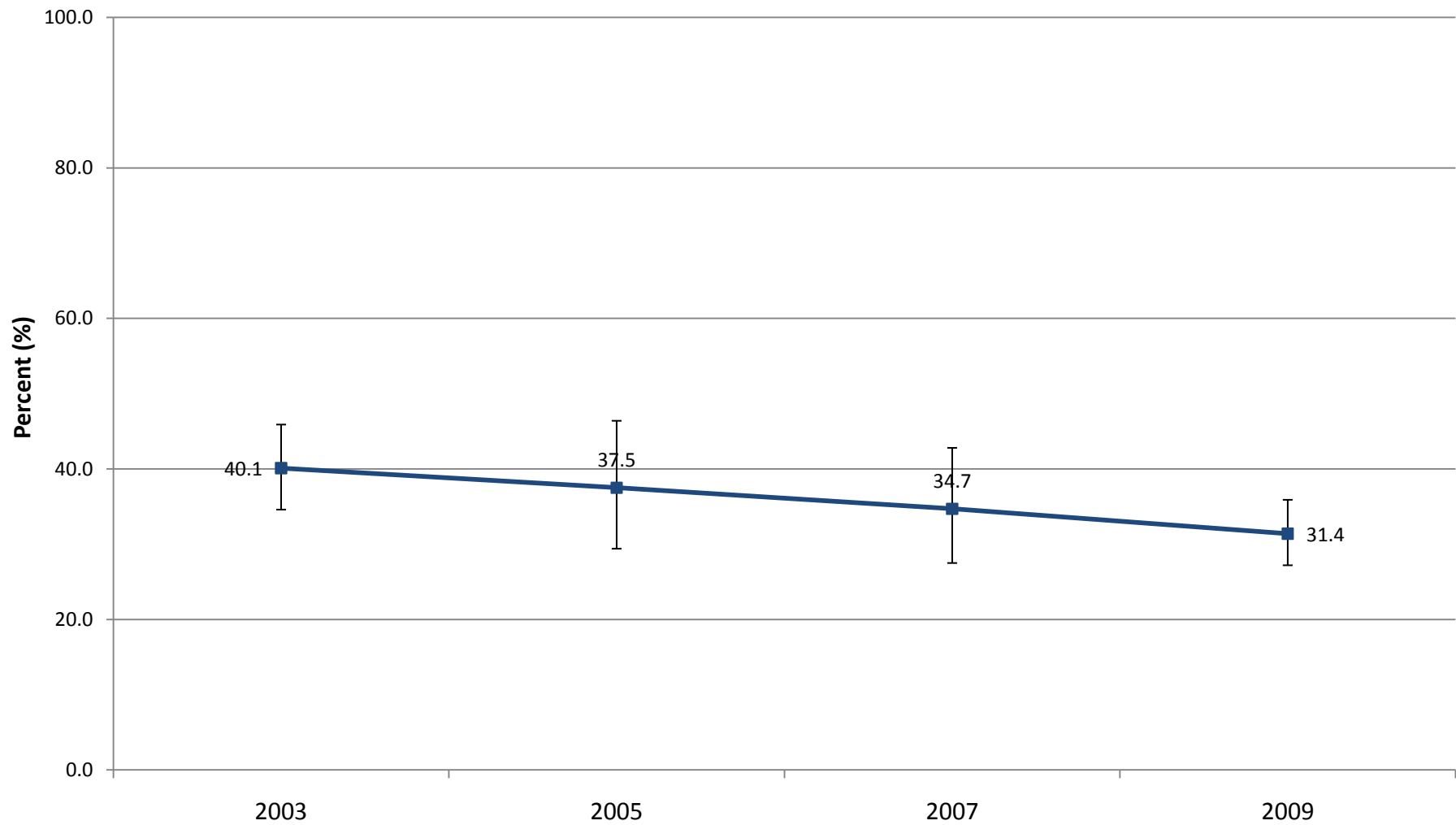
# Sexual Behavior



**Sexual Behavior  
Ever had Sexual Intercourse  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**

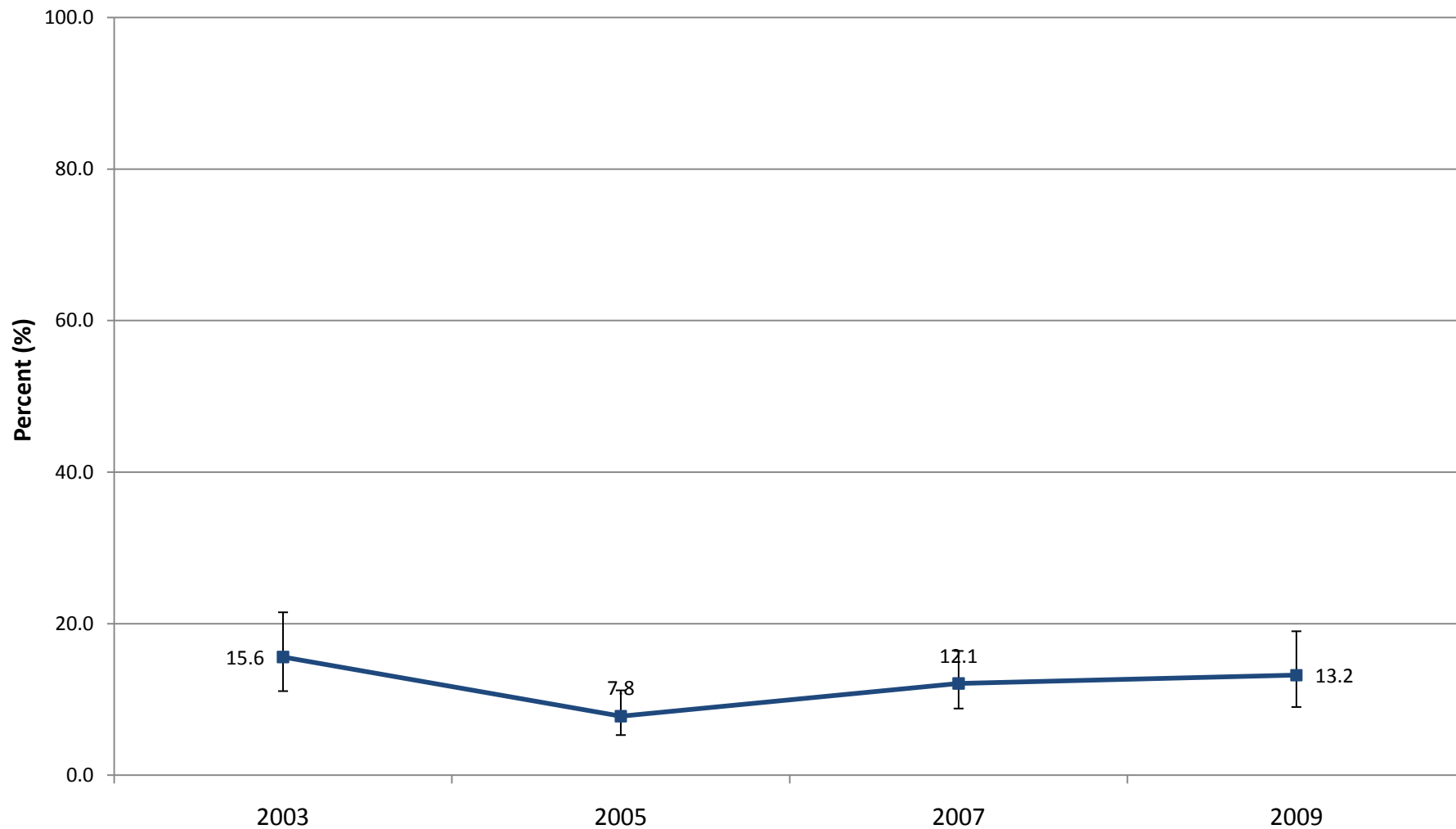


**Sexual Behavior  
Sexually Active \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**

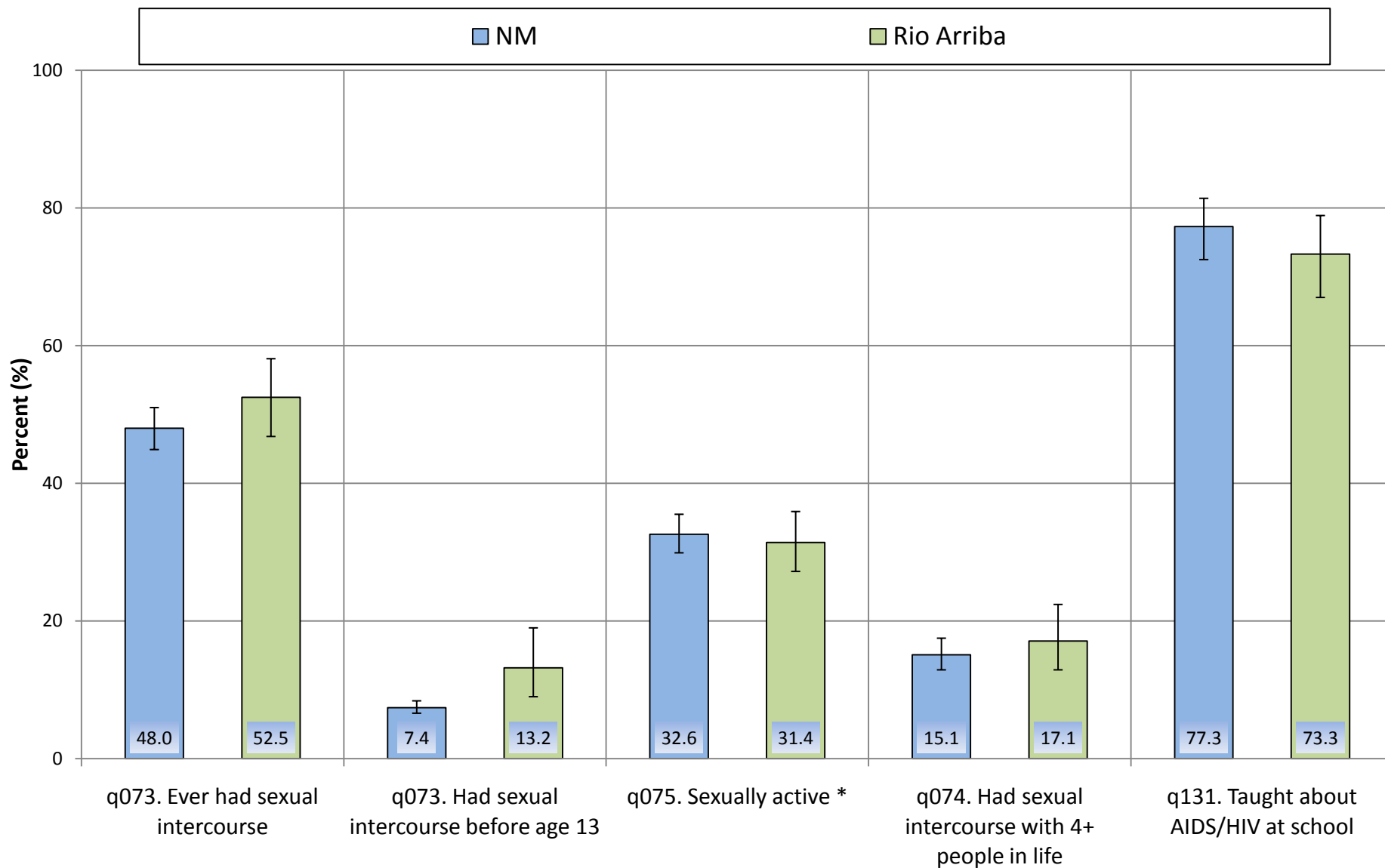


*\* Had sexual intercourse at least once in the past 3 months*

**Sexual Behavior**  
**Had Sexual Intercourse Before Age 13**  
**Rio Arriba County**  
**Grades 9 - 12, 2003 - 2009, NM YRRS**



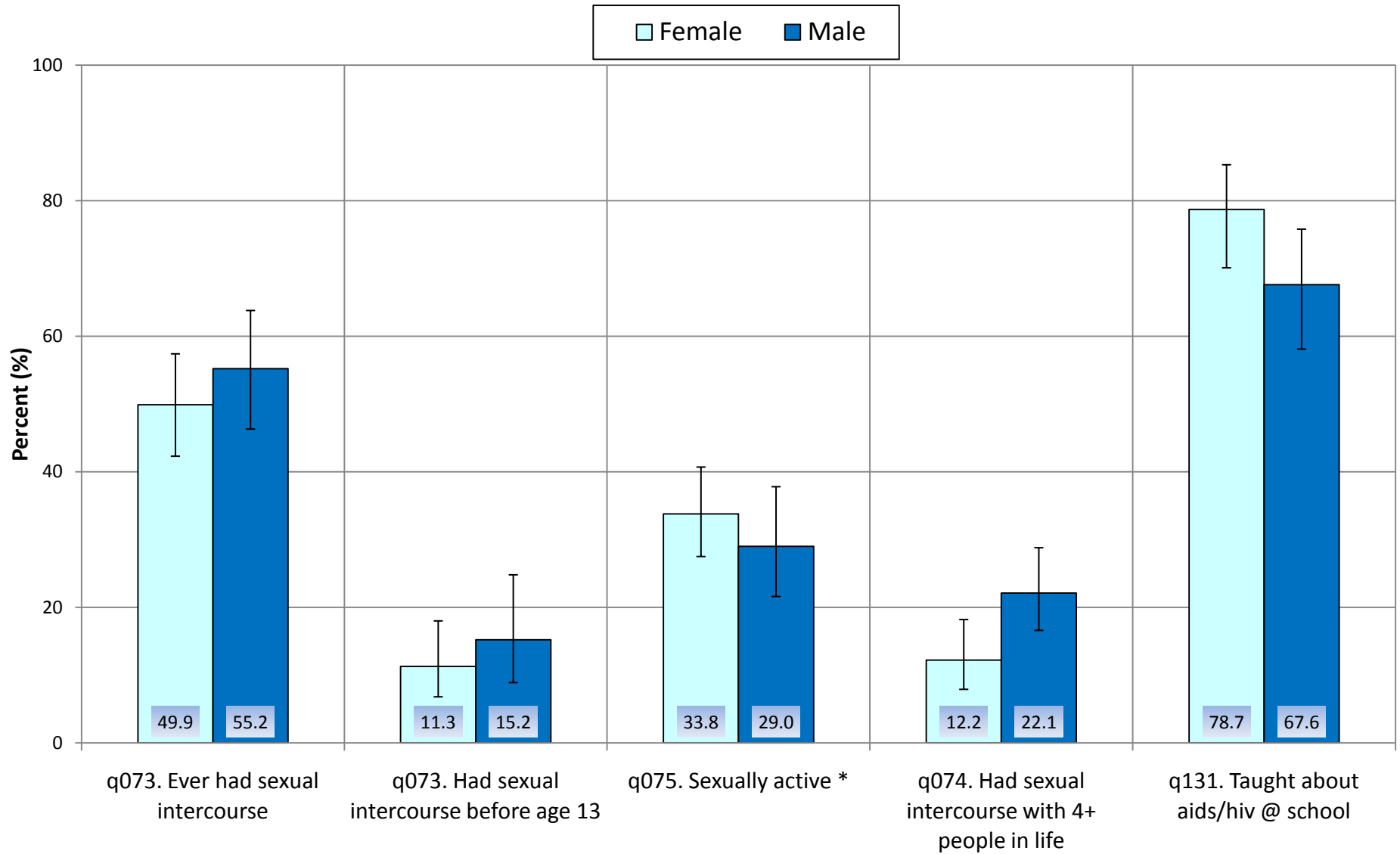
## Sexual Behavior New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Had sexual intercourse at least once in the past 3 months

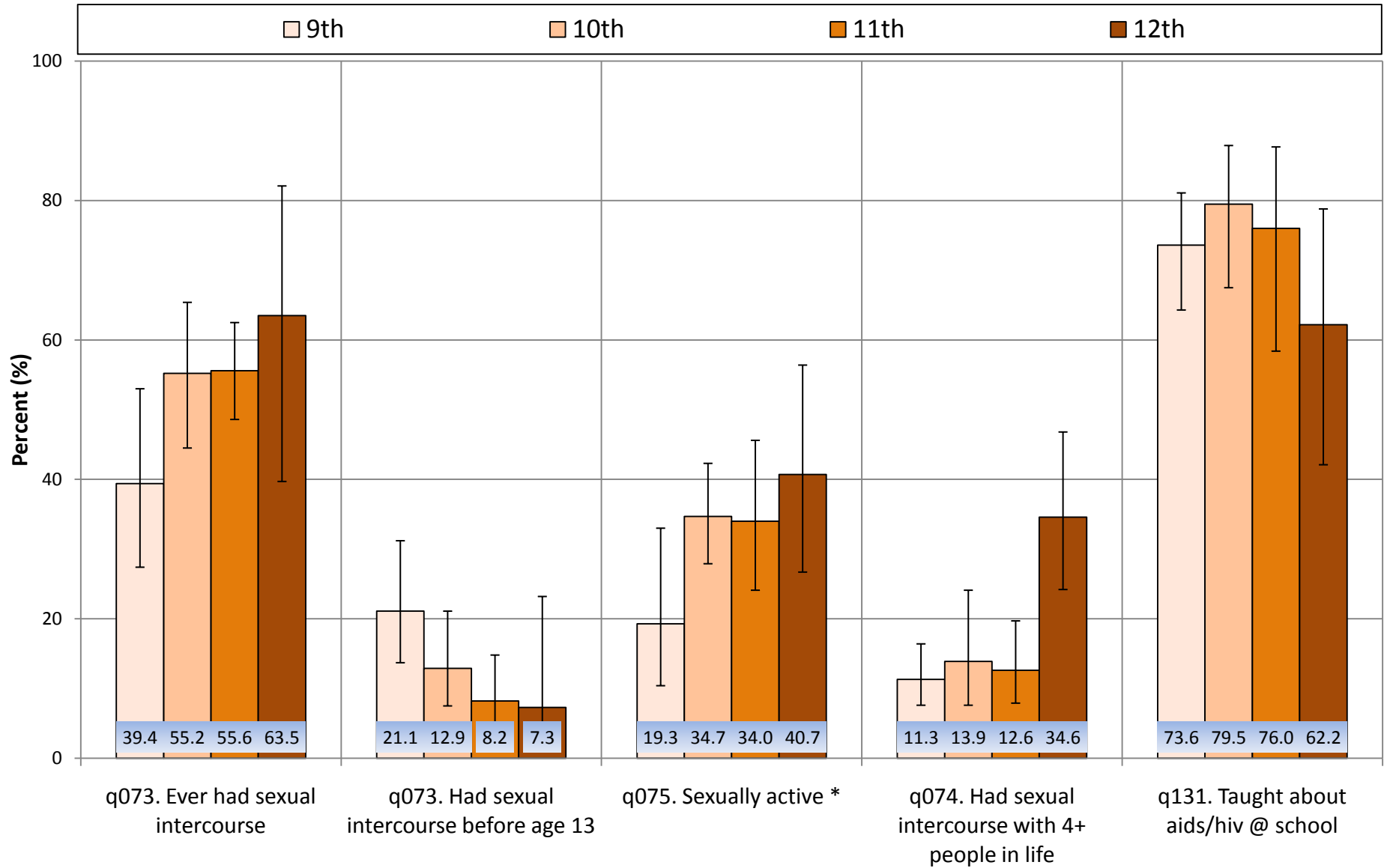


## Sexual Behavior by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Had sexual intercourse at least once in the past 3 months

## Sexual Behavior by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS

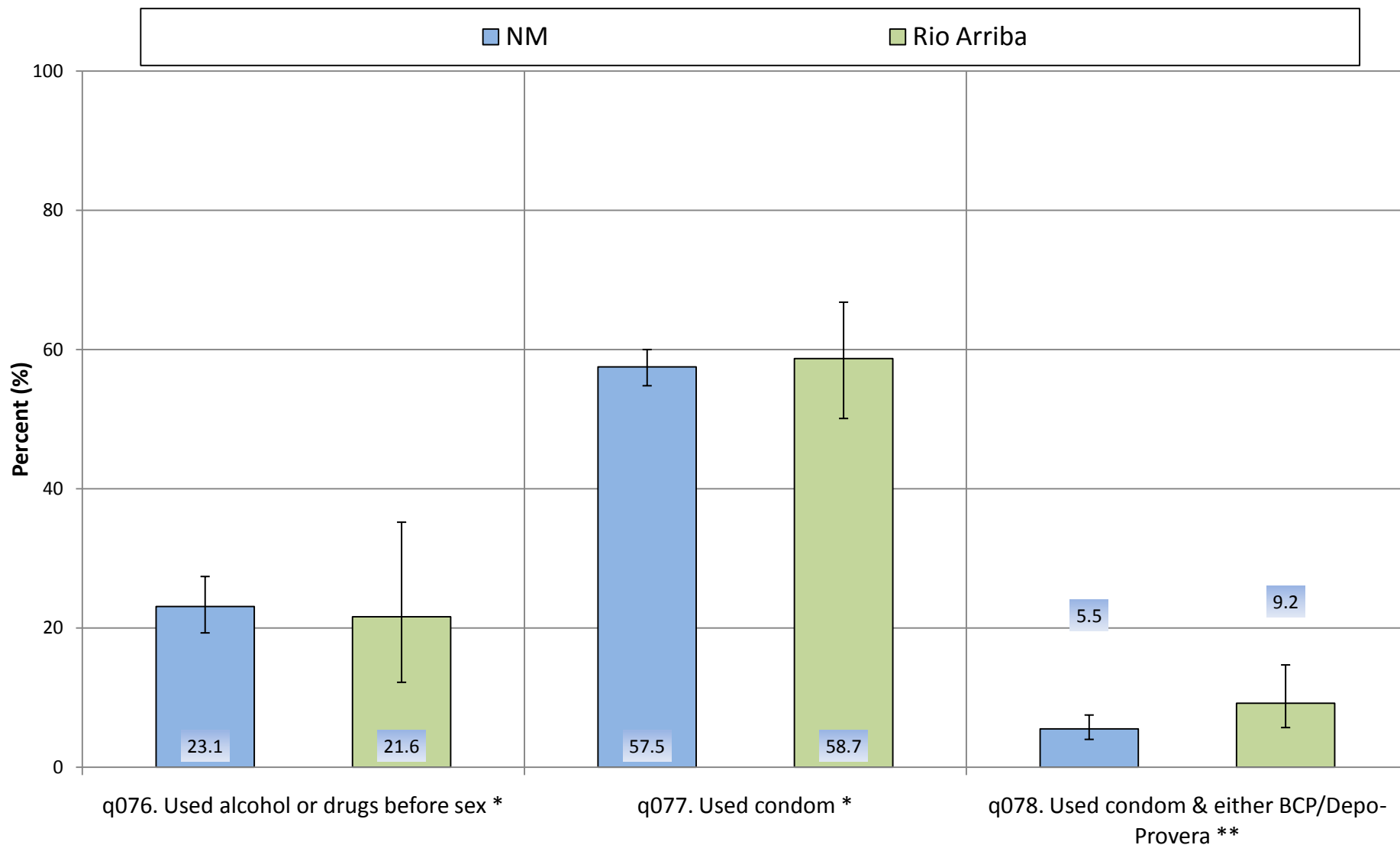


\* Had sexual intercourse at least once in the past 3 months

# Sexual Behaviors of Sexually Active Students

## New Mexico and Rio Arriba County

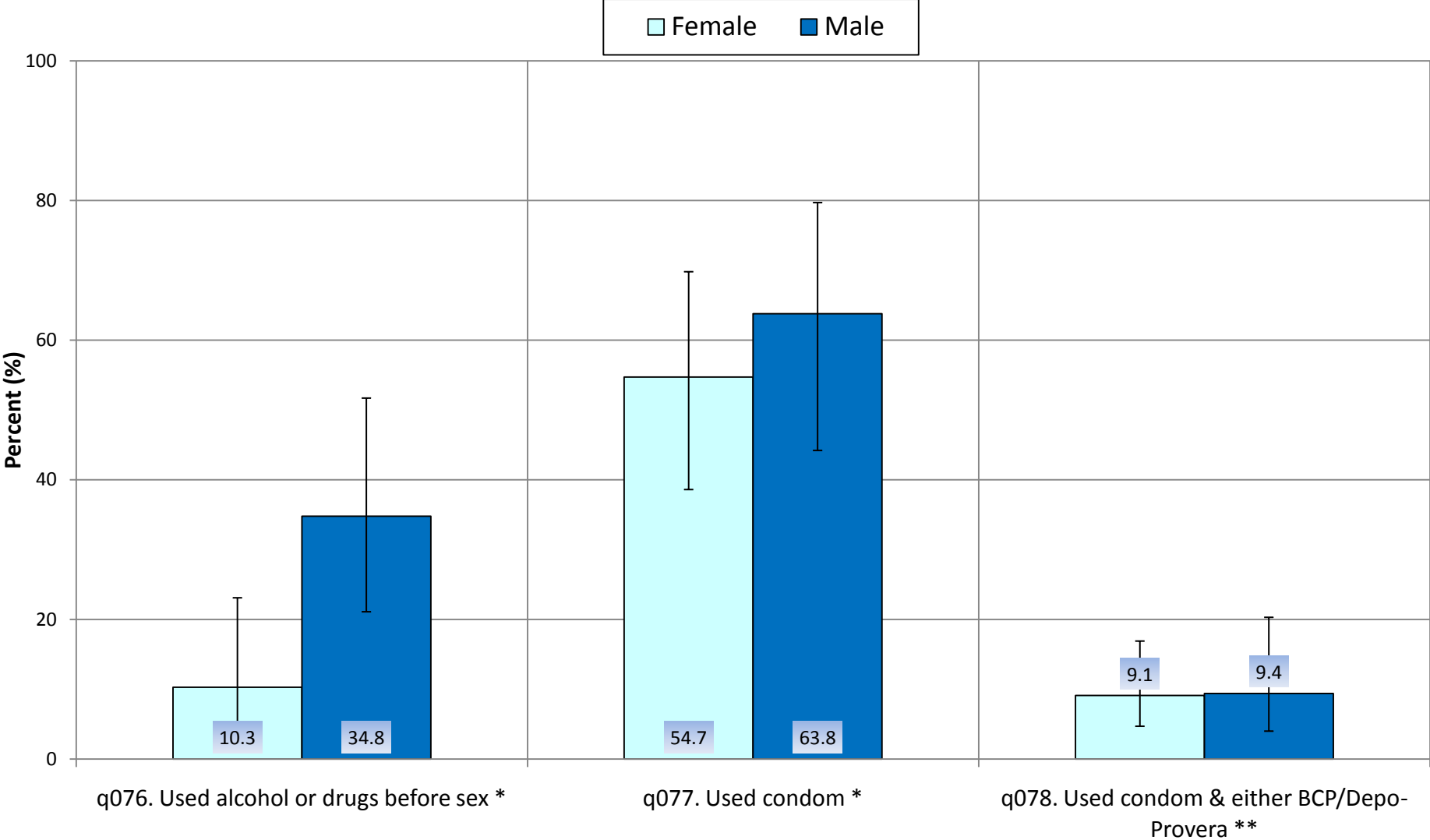
### Grades 9 - 12, 2009 NM YRRS



\* Refers to the **last time** student had sexual intercourse

\*\* The **last time** student had sexual intercourse, used both a condom **AND** birth control pills or Depo-Provera (injectable birth control)

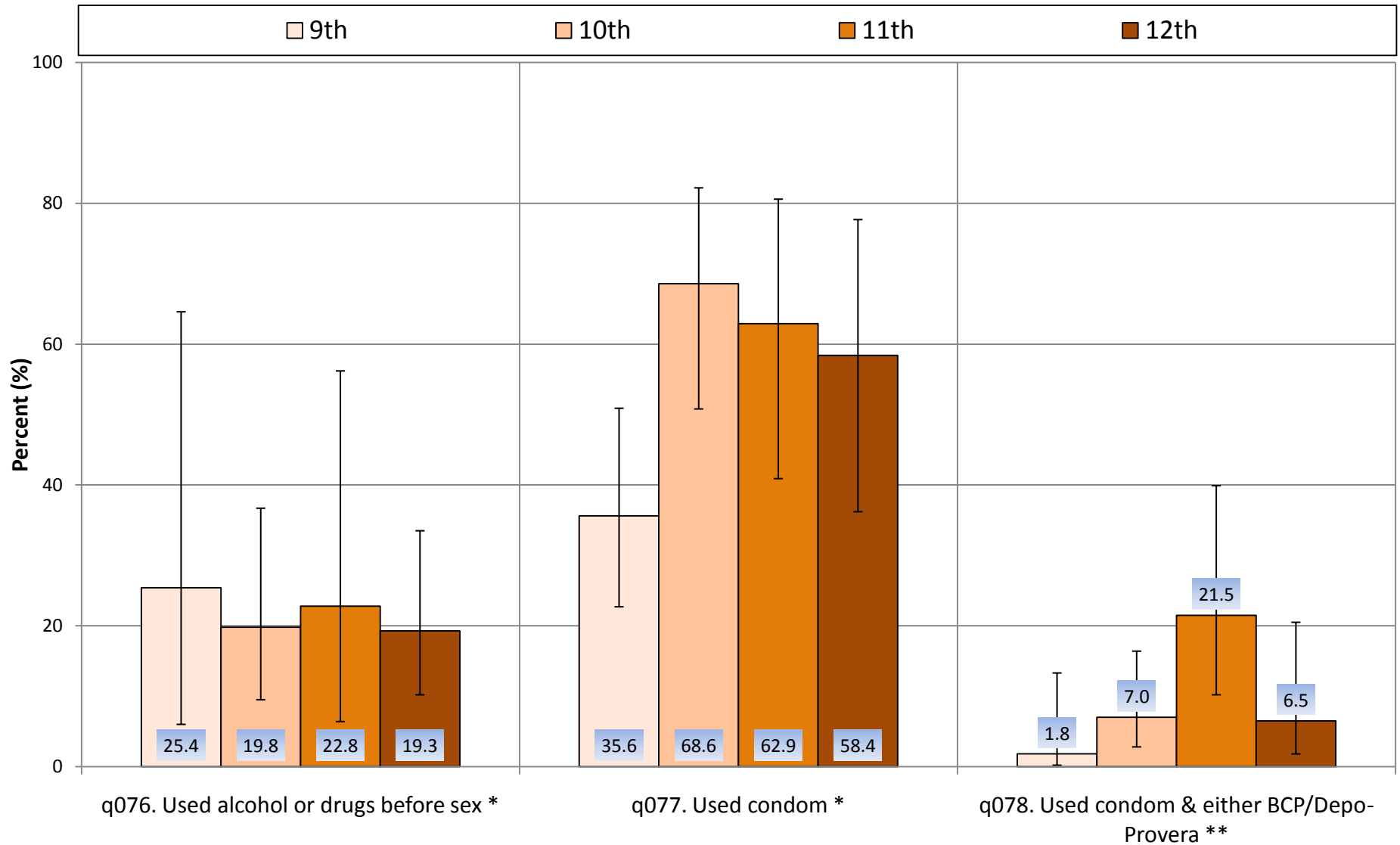
# Sexual Behaviors of Sexually Active Students by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Refers to the **last time** student had sexual intercourse

\*\* The **last time** student had sexual intercourse, used both a condom **AND** birth control pills or Depo-Provera (injectable birth control)

## Sexual Behaviors of Sexually Active Students by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



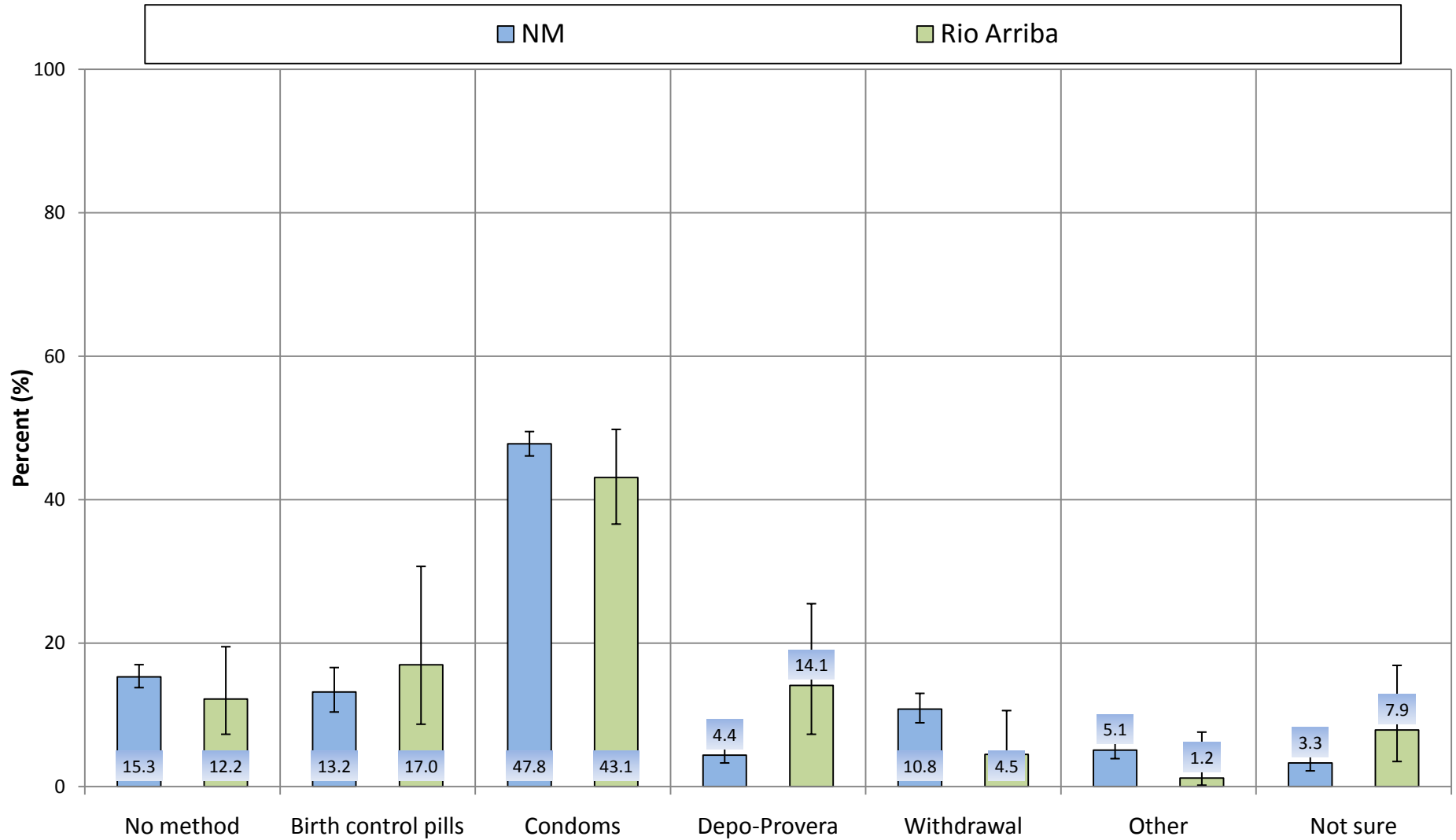
\* Refers to the **last time** student had sexual intercourse

\*\* The **last time** student had sexual intercourse, used both a condom **AND** birth control pills or Depo-Provera (injectable birth control)

# Sexual Behaviors of Sexually Active Students: Primary Birth Control Method

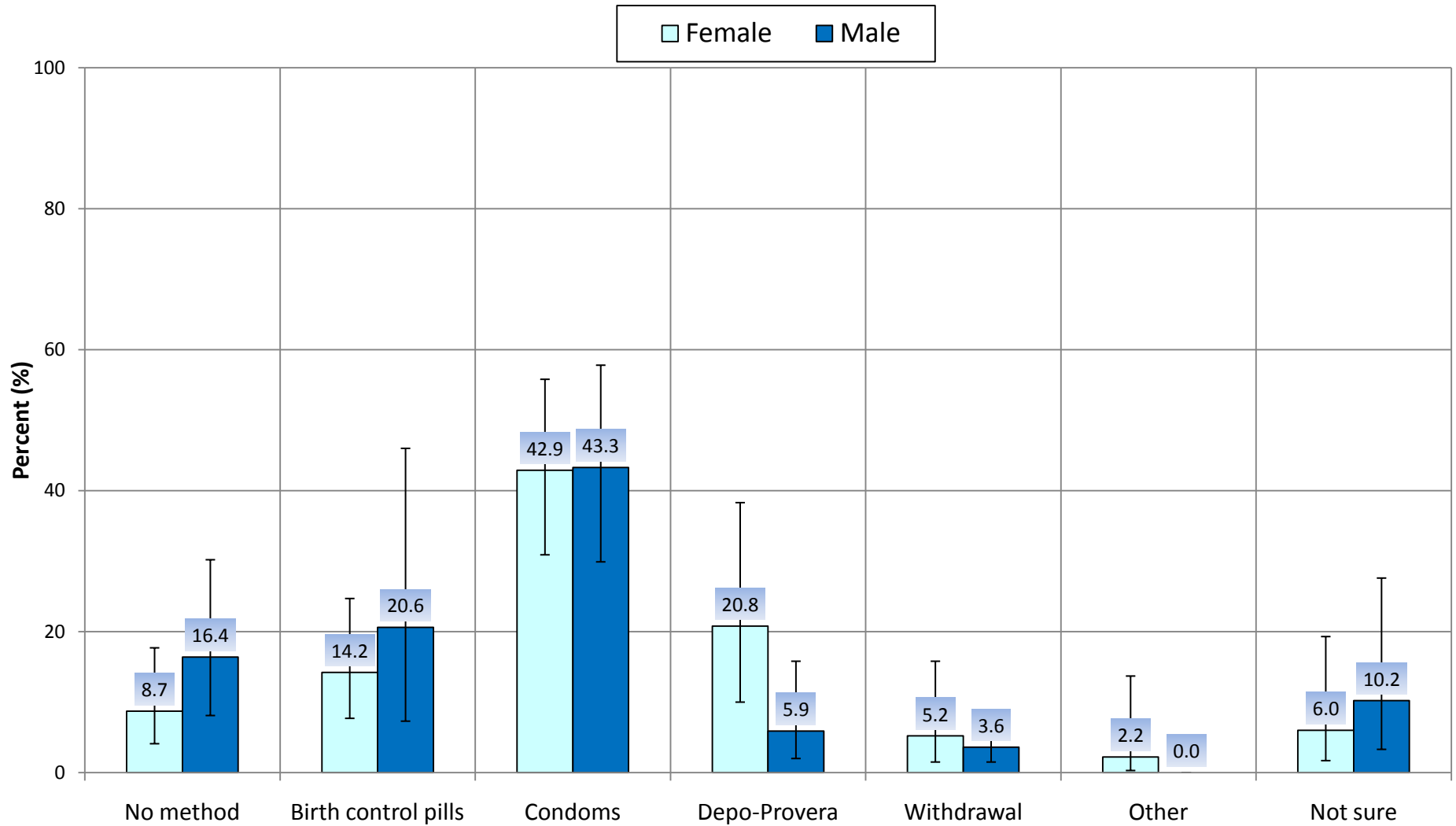
## New Mexico and Rio Arriba County

### Grades 9 - 12, 2009 NM YRRS



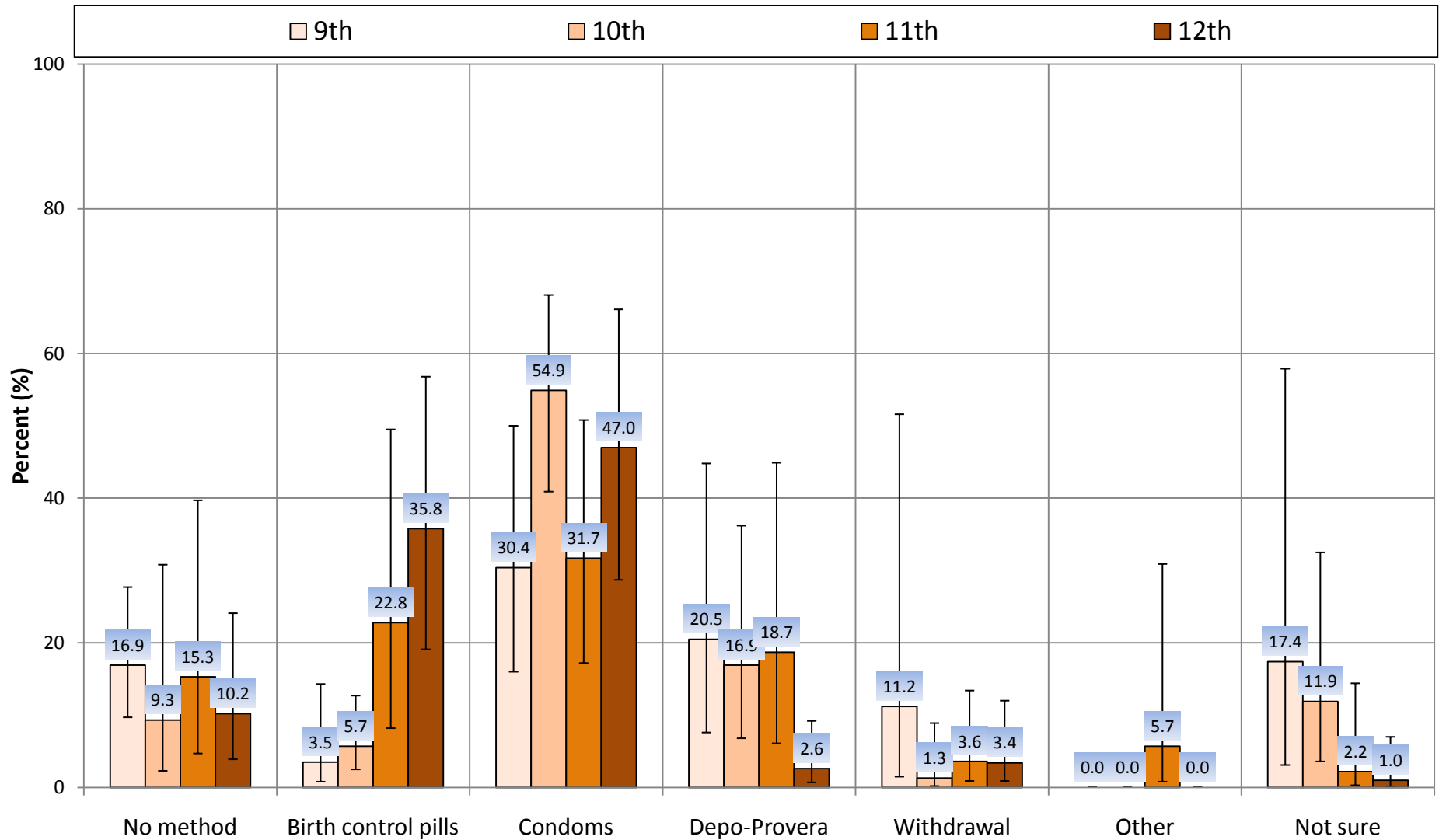
\* Refers to the **last time** student had sexual intercourse

## Sexual Behaviors of Sexually Active Students: Primary Birth Control Method by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Refers to the **last time** student had sexual intercourse

## Sexual Behaviors of Sexually Active Students: Primary Birth Control Method by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



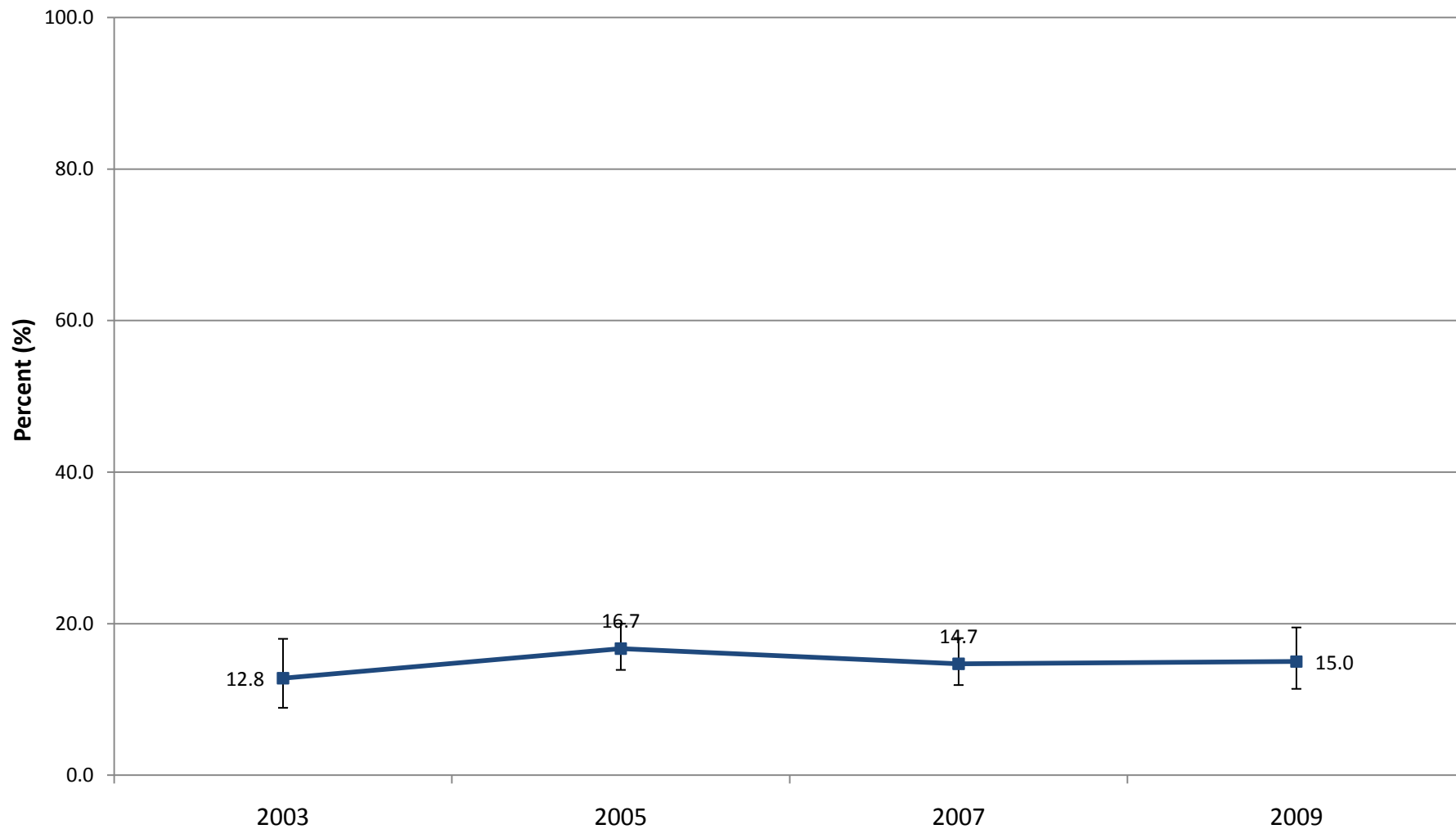
\* Refers to the **last time** student had sexual intercourse



## Body Weight, Nutrition, and Physical Activity



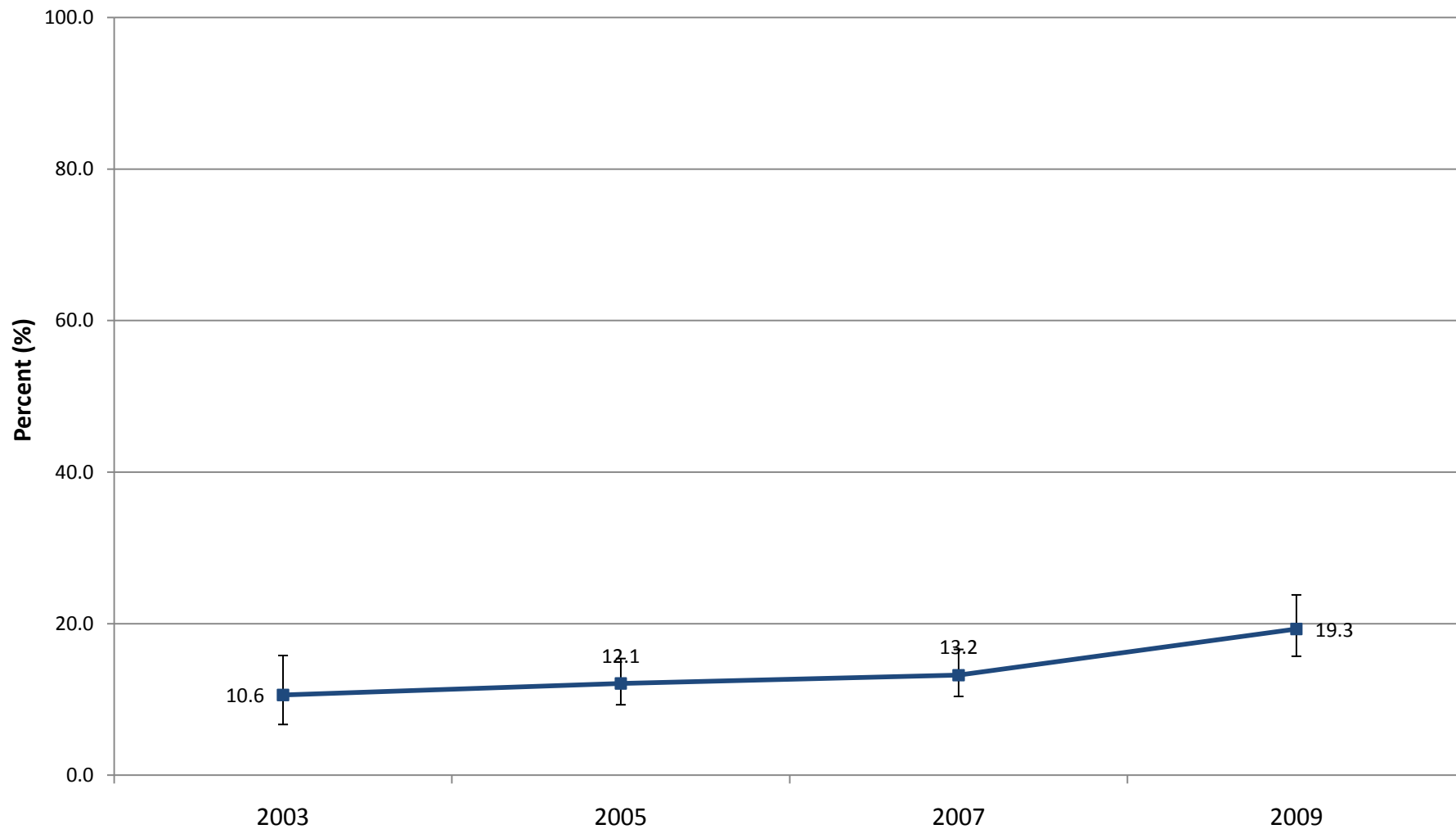
**Body Weight  
Overweight \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



*Body Mass Index (BMI) calculated from self-reported height and weight.*

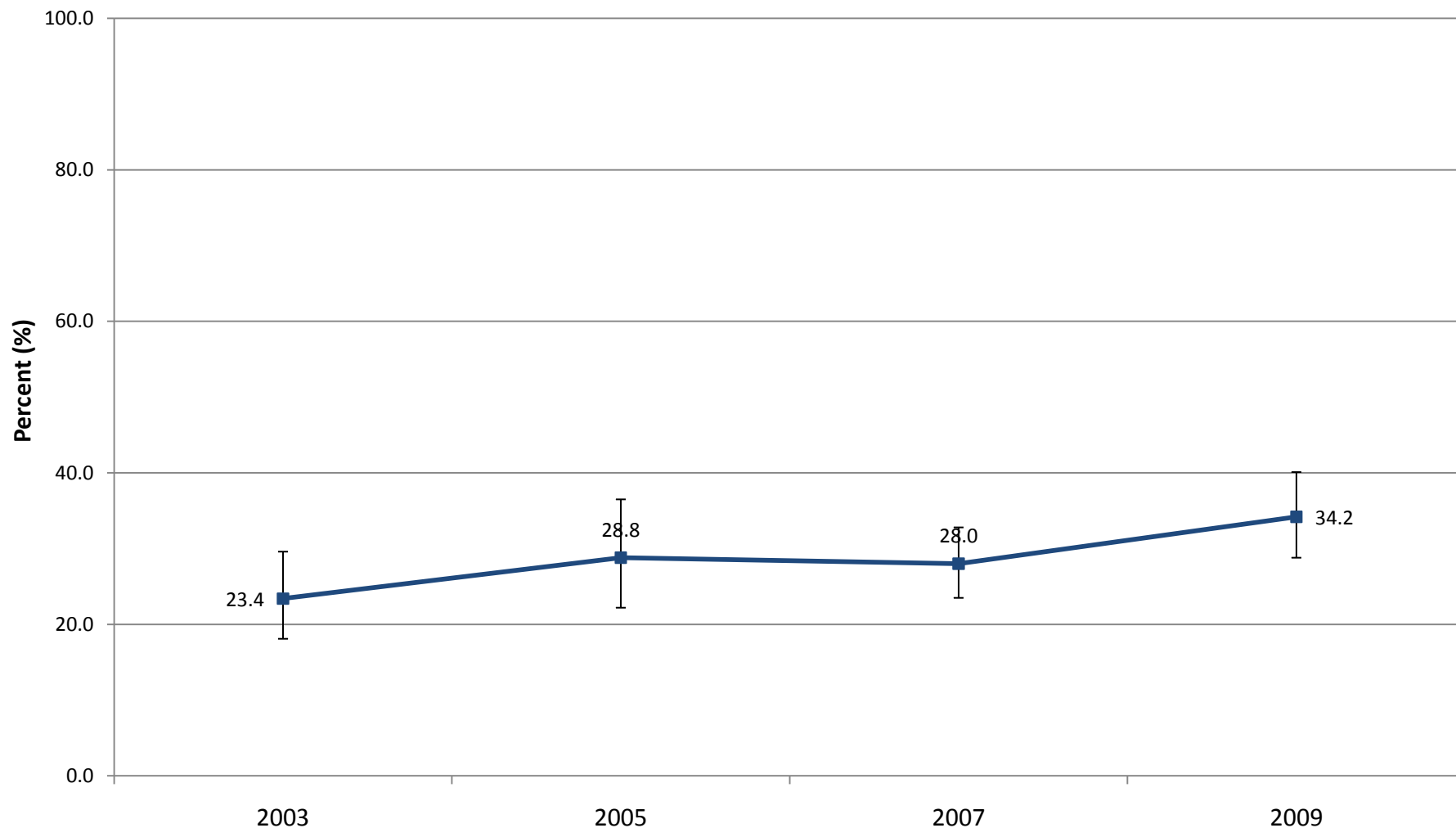
*- Overweight: BMI  $\geq$  85th percentile and  $<$  95th percentile for age and sex*

**Body Weight  
Obese \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



*Body Mass Index (BMI) calculated from self-reported height and weight.  
- Obese : BMI  $\geq$  95th percentile for age and sex, based on historical reference data*

**Body Weight  
Overweight or Obese \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**

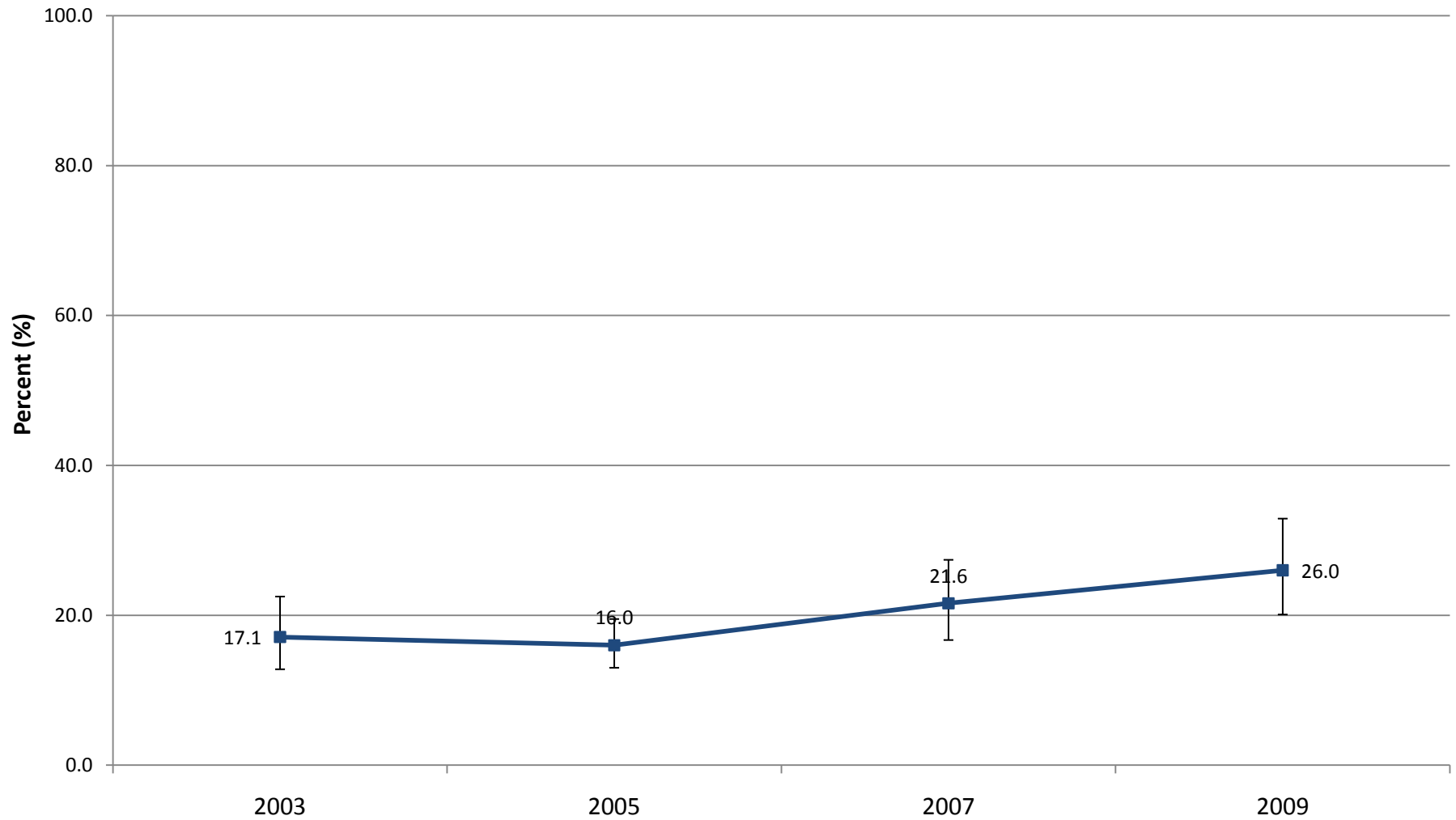


*Body Mass Index (BMI) calculated from self-reported height and weight.*

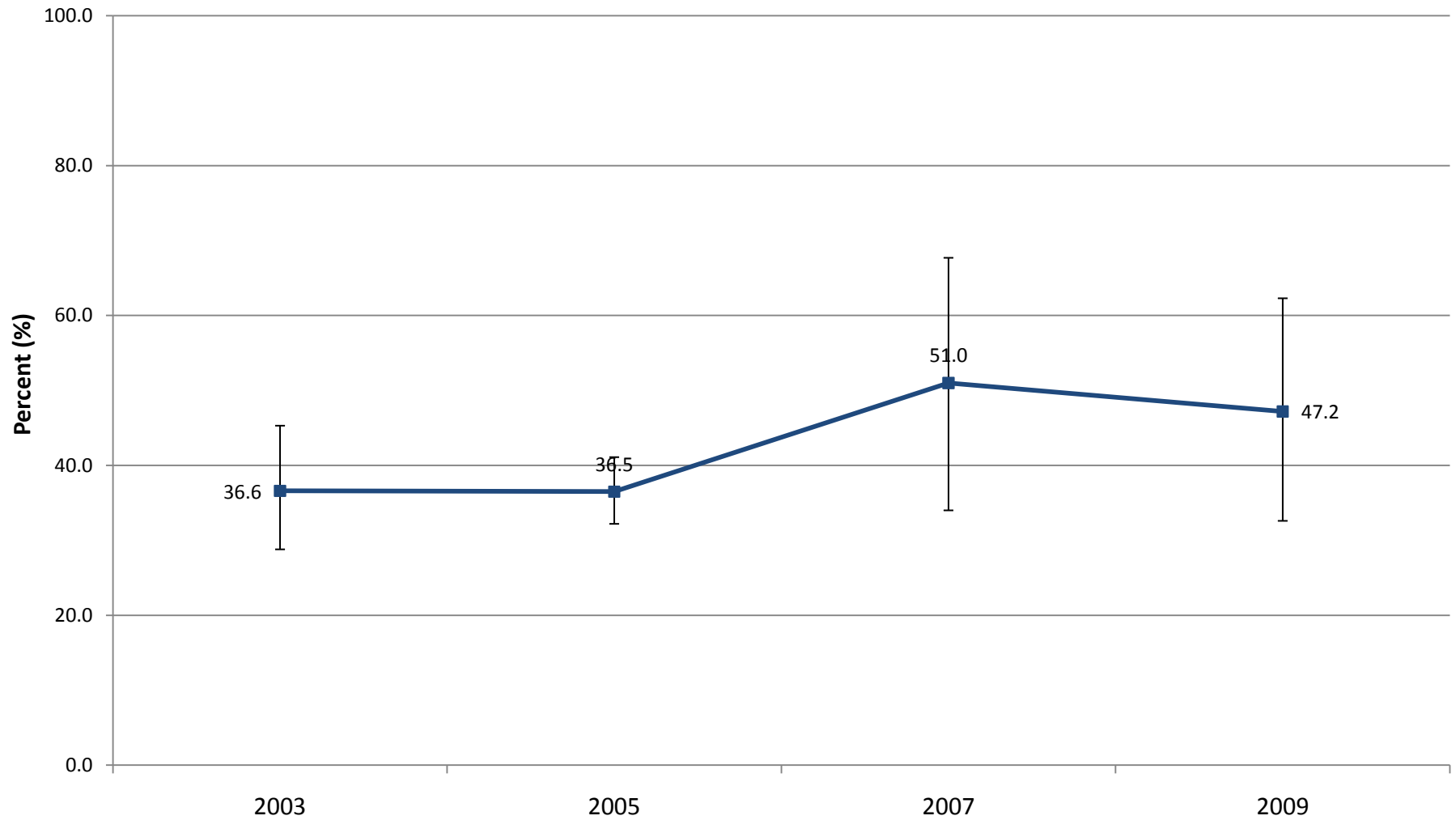
*- Obese : BMI  $\geq$  95th percentile for age and sex, based on historical reference data*

*- Overweight: BMI  $\geq$  85th percentile and  $<$  95th percentile for age and sex*

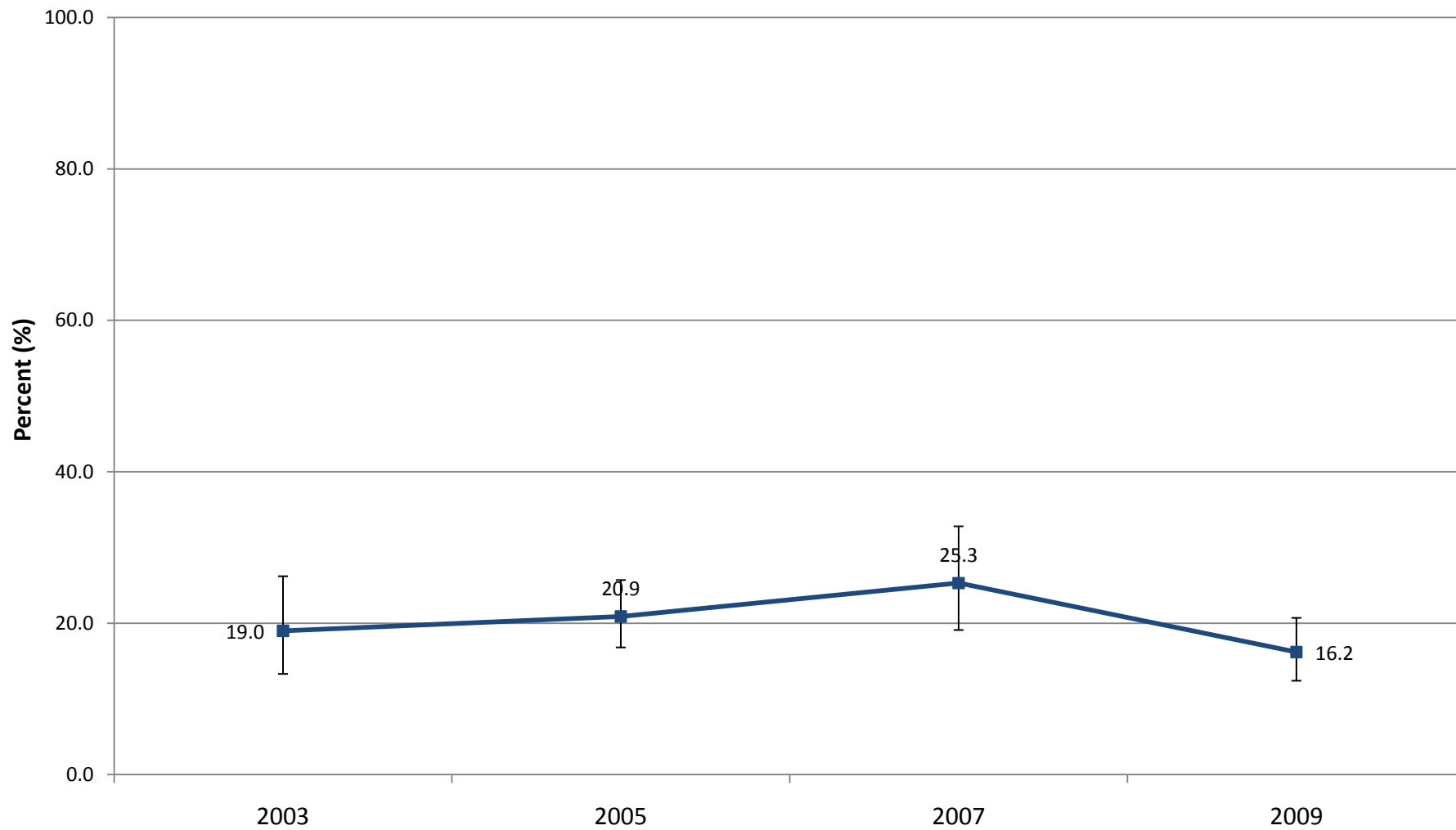
**Nutrition**  
**Five Servings of Fruit or Vegetables per Day**  
**Rio Arriba County**  
**Grades 9 - 12, 2003 - 2009, NM YRRS**



**Physical Activity  
Physical Education in School at Least Once per Week  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



**Physical Activity  
Daily Physical Education in School  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**

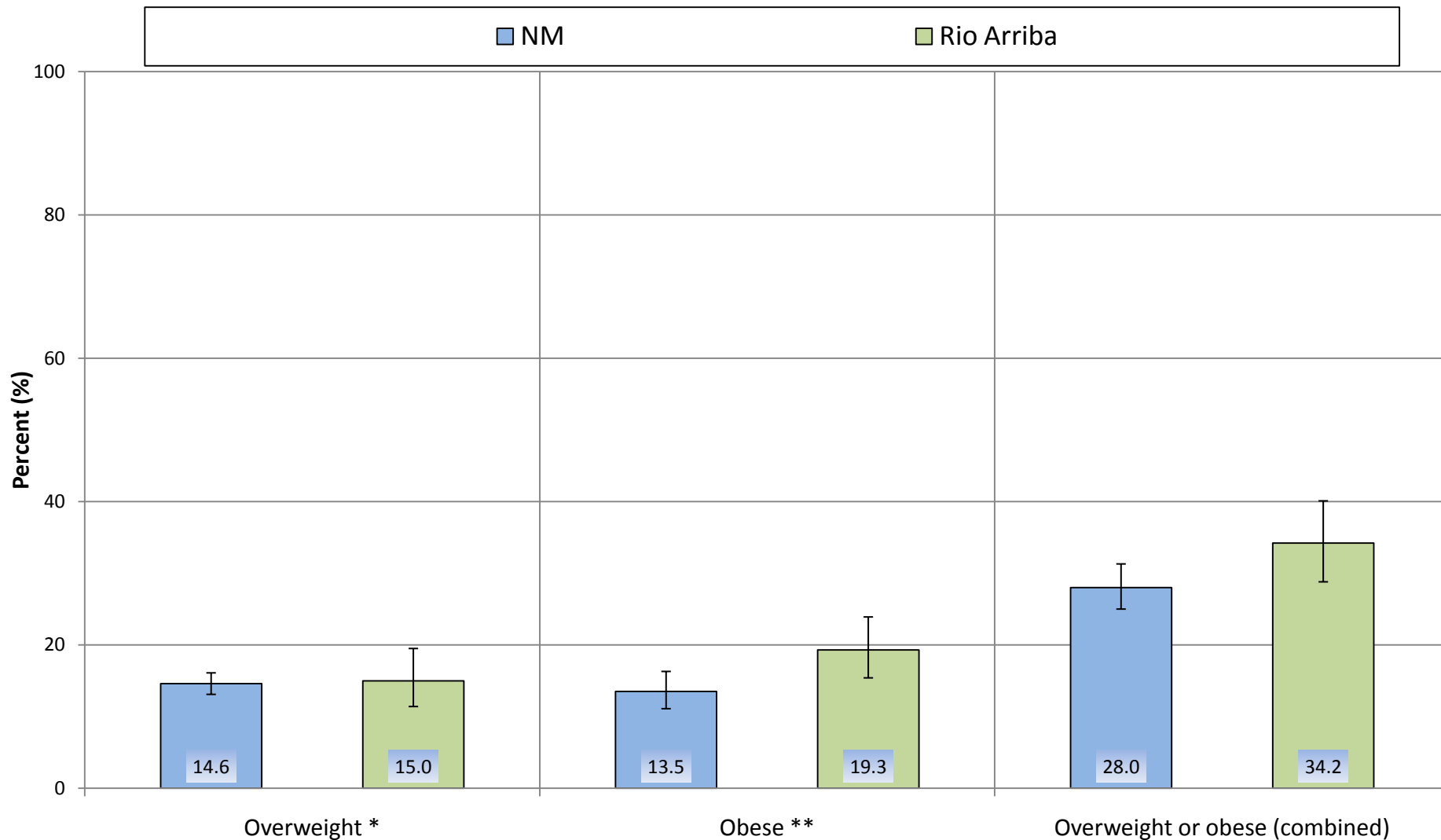




# Body Weight

## New Mexico and Rio Arriba County

### Grades 9 - 12, 2009 NM YRRS

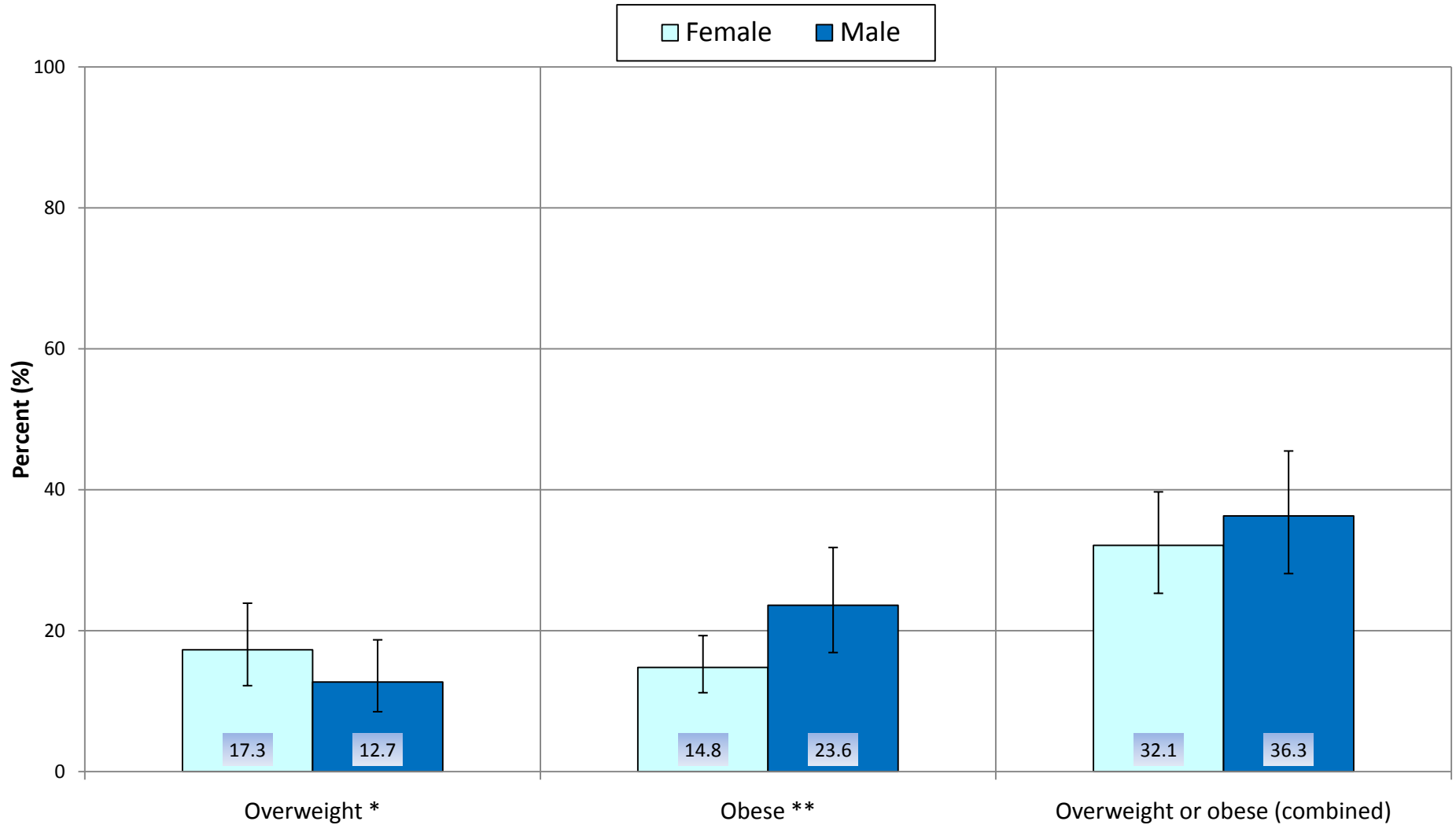


Body Mass Index (BMI) calculated from self-reported height and weight.

- Obese : BMI  $\geq$  95th percentile for age and sex, based on historical reference data

- Overweight: BMI  $\geq$  85th percentile and  $<$  95th percentile for age and sex, based on historical reference data

## Body Weight by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS

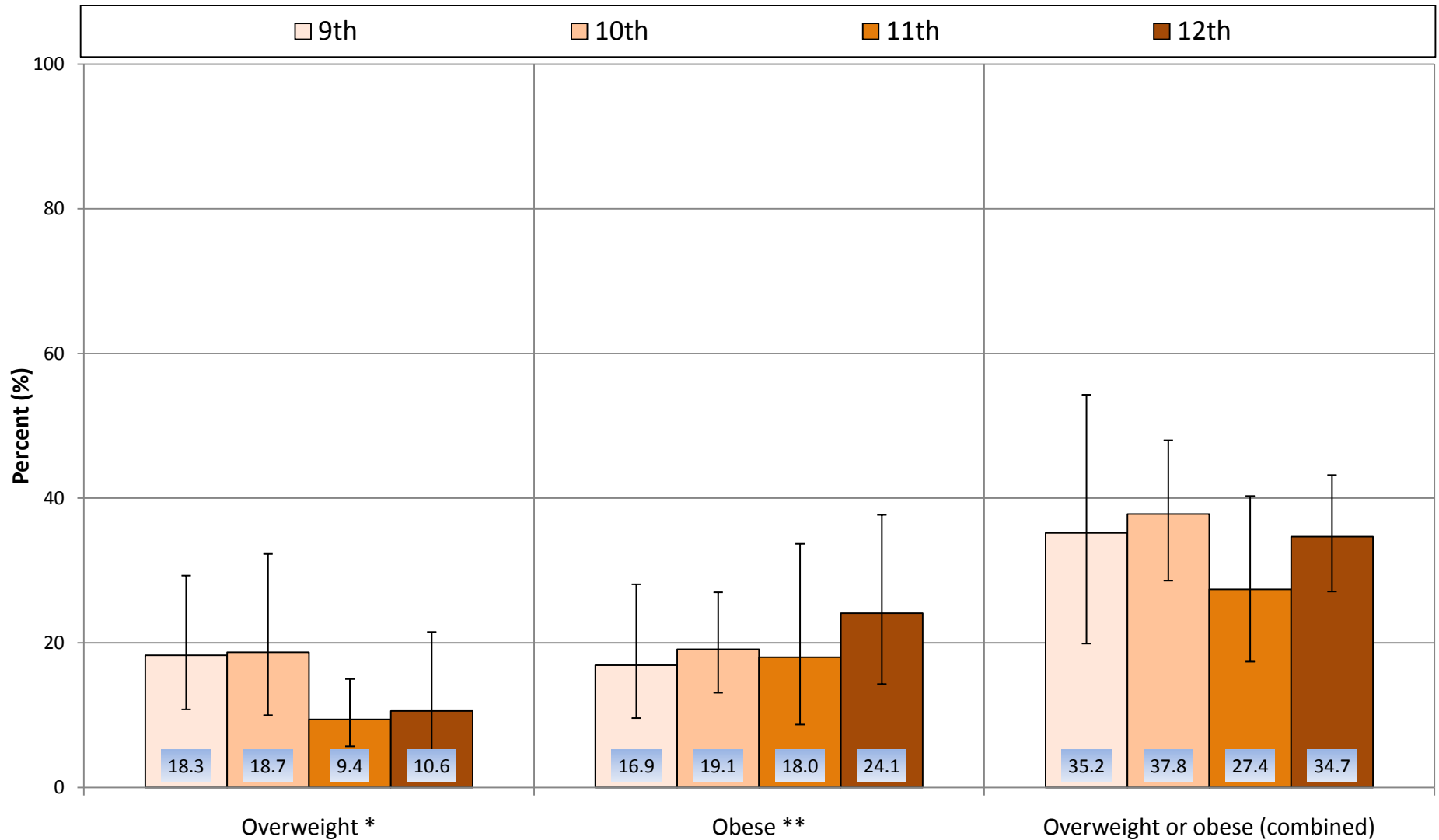


Body Mass Index (BMI) calculated from self-reported height and weight.

- Obese : BMI  $\geq$  95th percentile for age and sex, based on historical reference data

- Overweight: BMI  $\geq$  85th percentile and  $<$  95th percentile for age and sex, based on historical reference data

## Body Weight by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



Body Mass Index (BMI) calculated from self-reported height and weight.

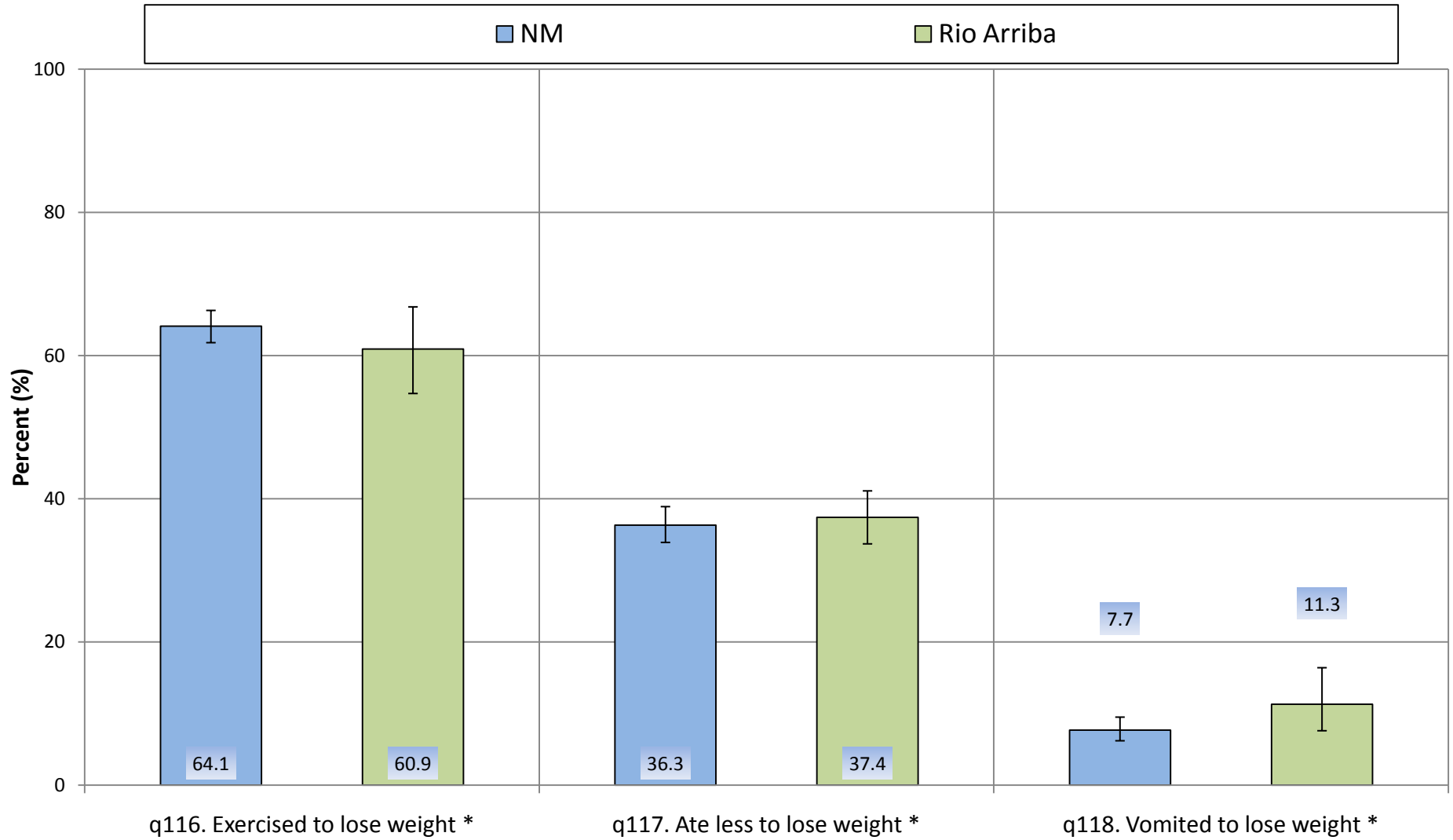
- Obese : BMI  $\geq$  95th percentile for age and sex, based on historical reference data

- Overweight: BMI  $\geq$  85th percentile and  $<$  95th percentile for age and sex, based on historical reference data

# Weight Control

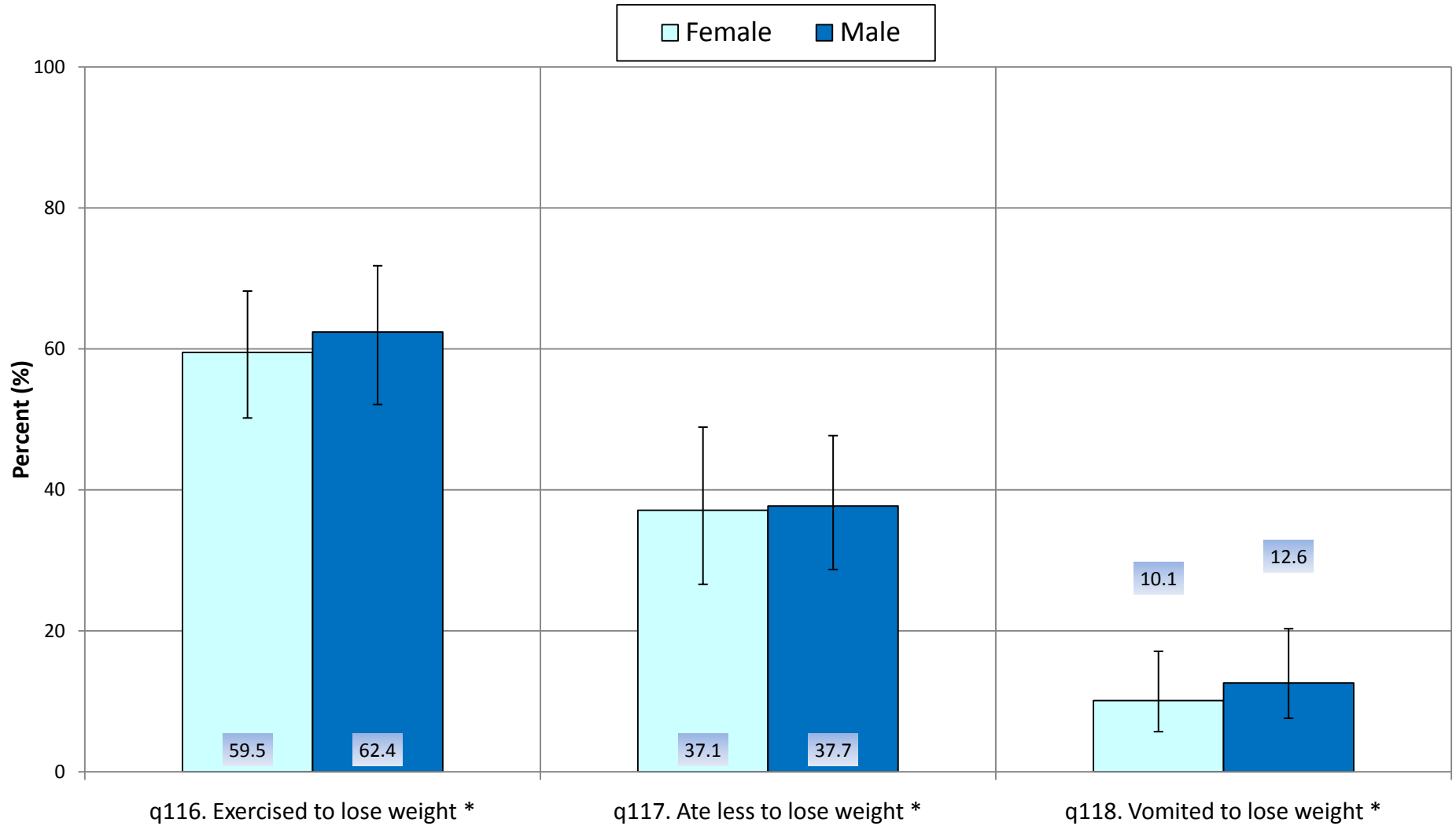
## New Mexico and Rio Arriba County

### Grades 9 - 12, 2009 NM YRRS



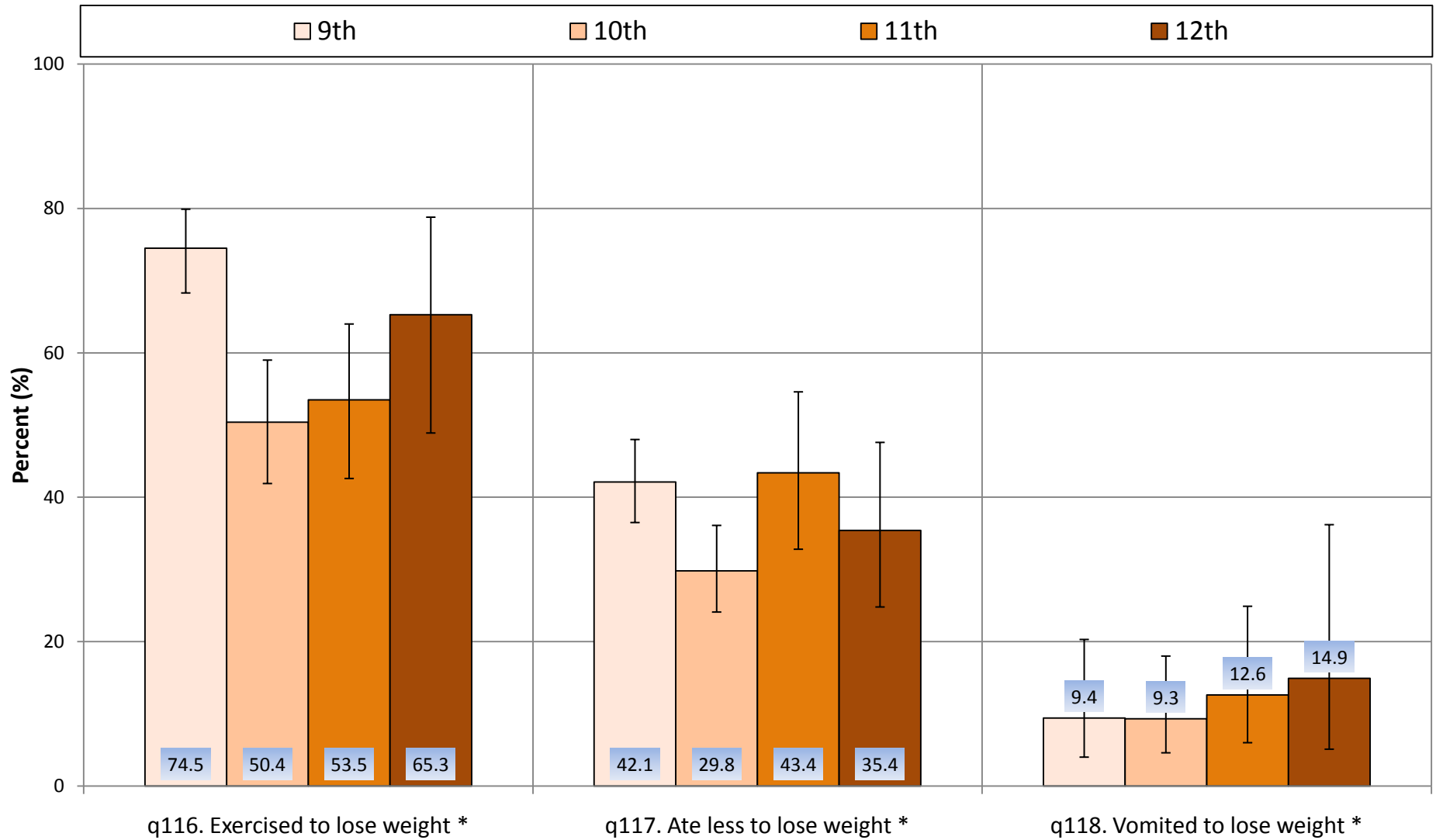
\* Or keep from gaining weight, in the past 30 days

# Weight Control by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Or keep from gaining weight, in the past 30 days

## Weight Control by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS

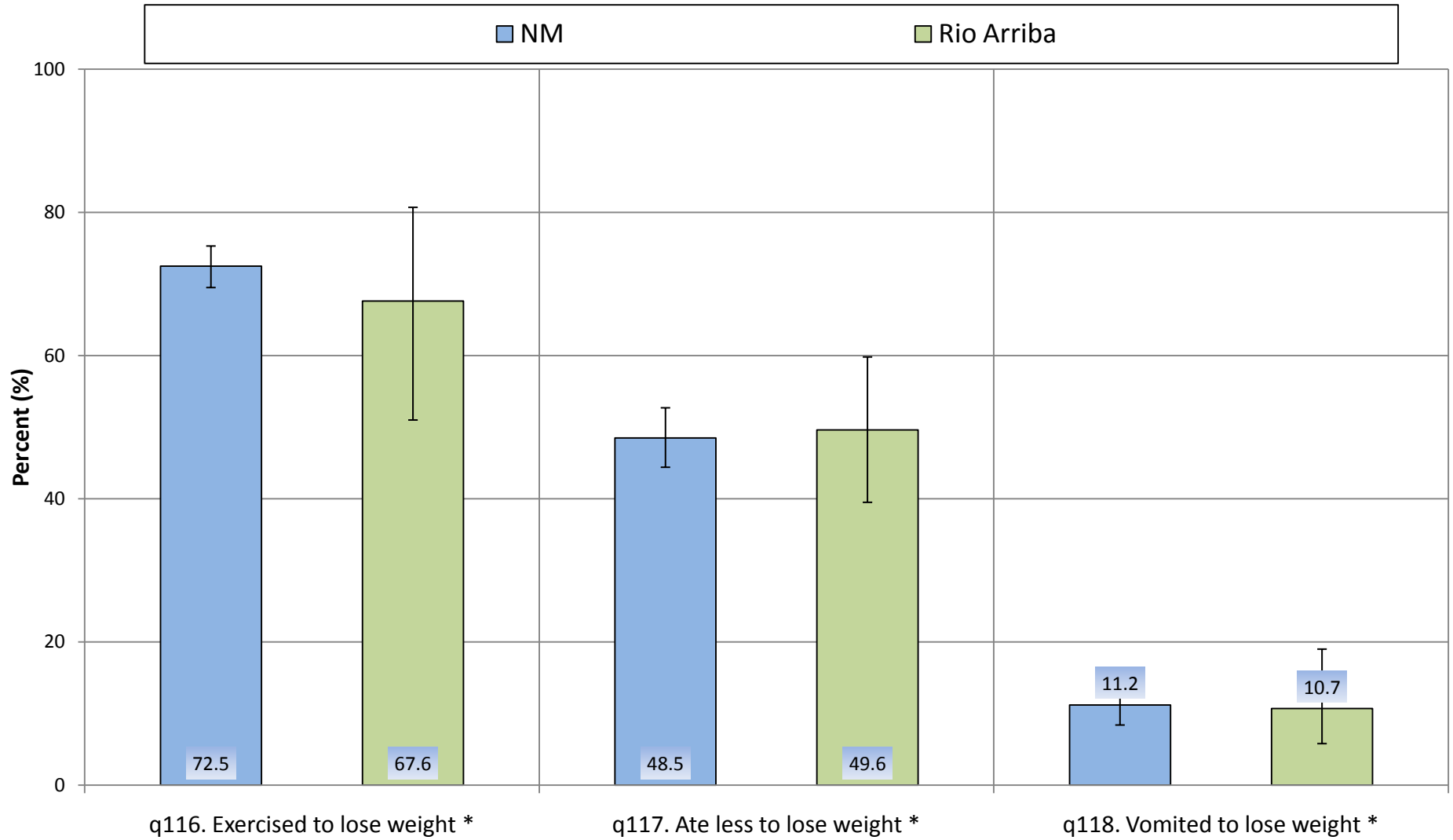


\* Or keep from gaining weight, in the past 30 days

# Weight Control among Obese and Overweight Students

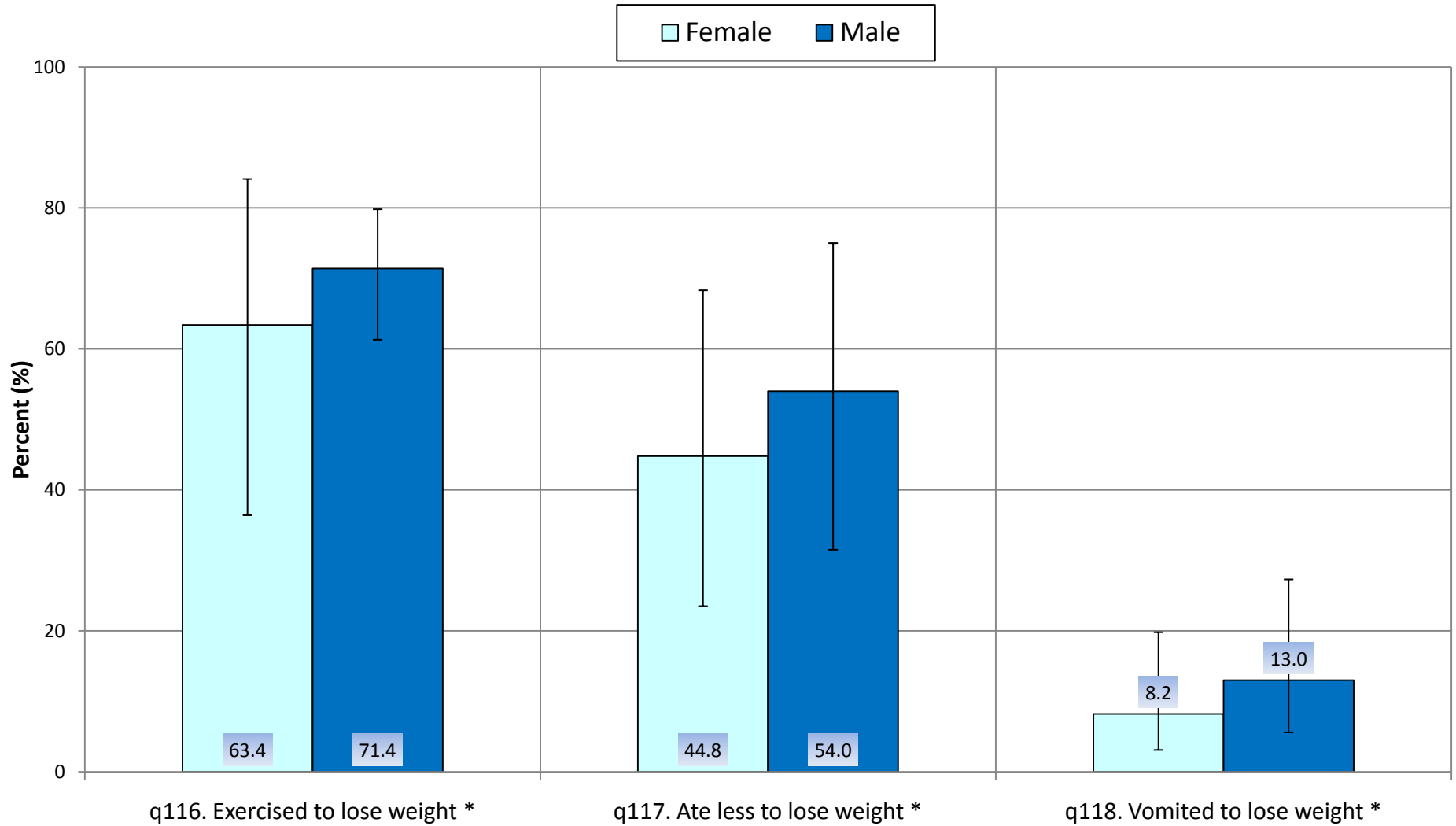
## New Mexico and Rio Arriba County

### Grades 9 - 12, 2009 NM YRRS



\* Or keep from gaining weight, in the past 30 days

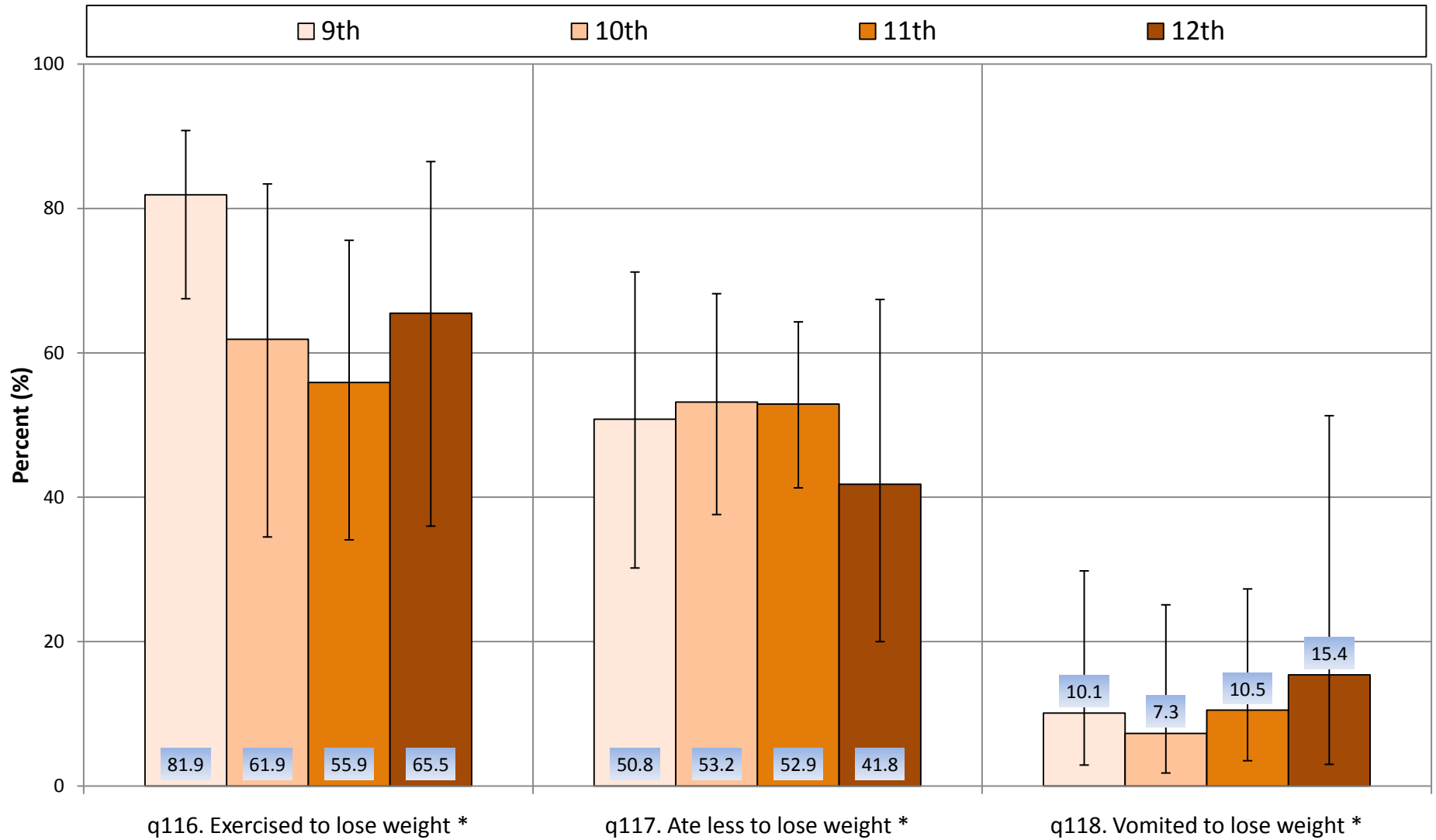
# Weight Control among Obese and Overweight Students by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Or keep from gaining weight, in the past 30 days



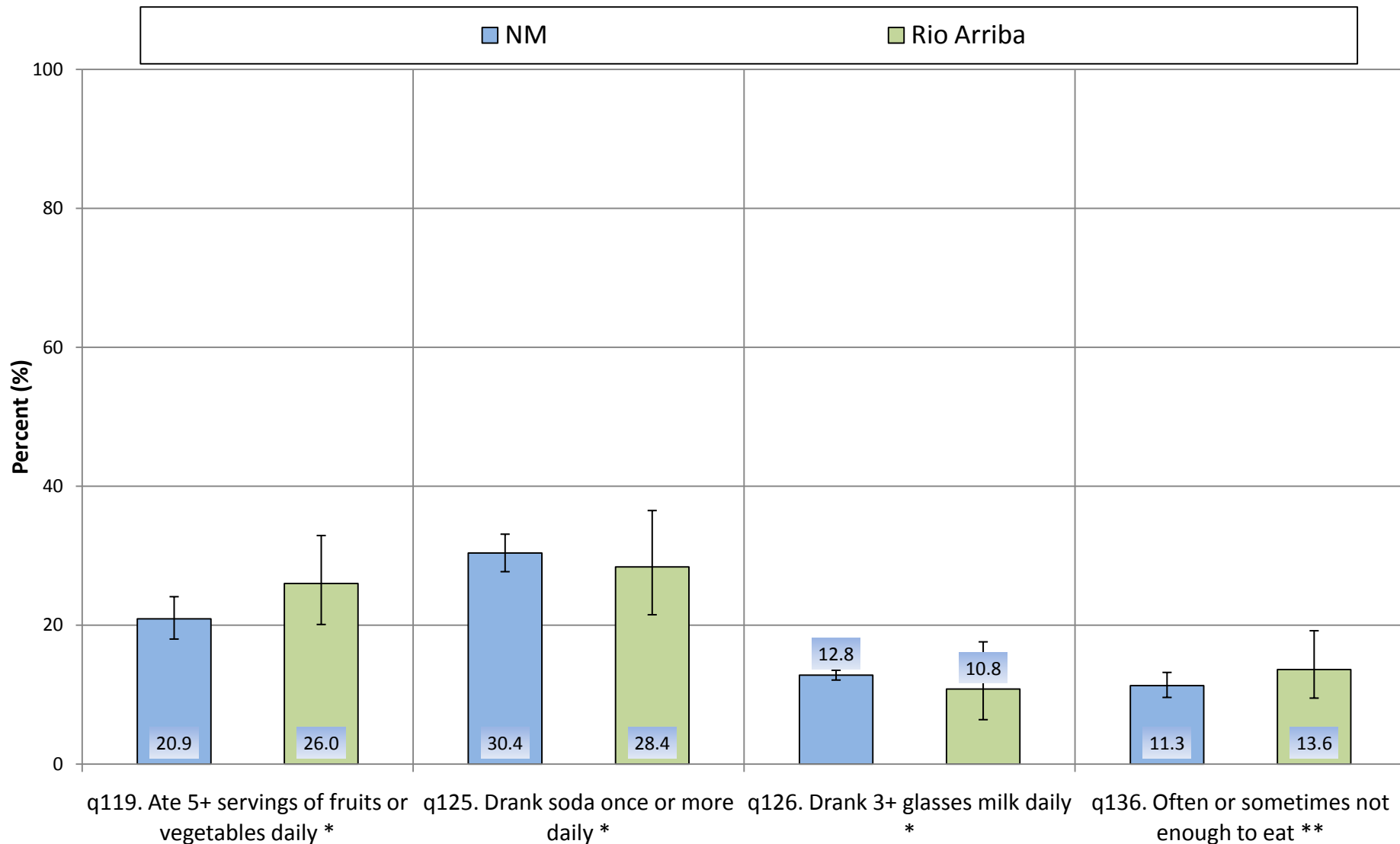
## Weight Control among Obese and Overweight Students by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Or keep from gaining weight, in the past 30 days

# Nutrition

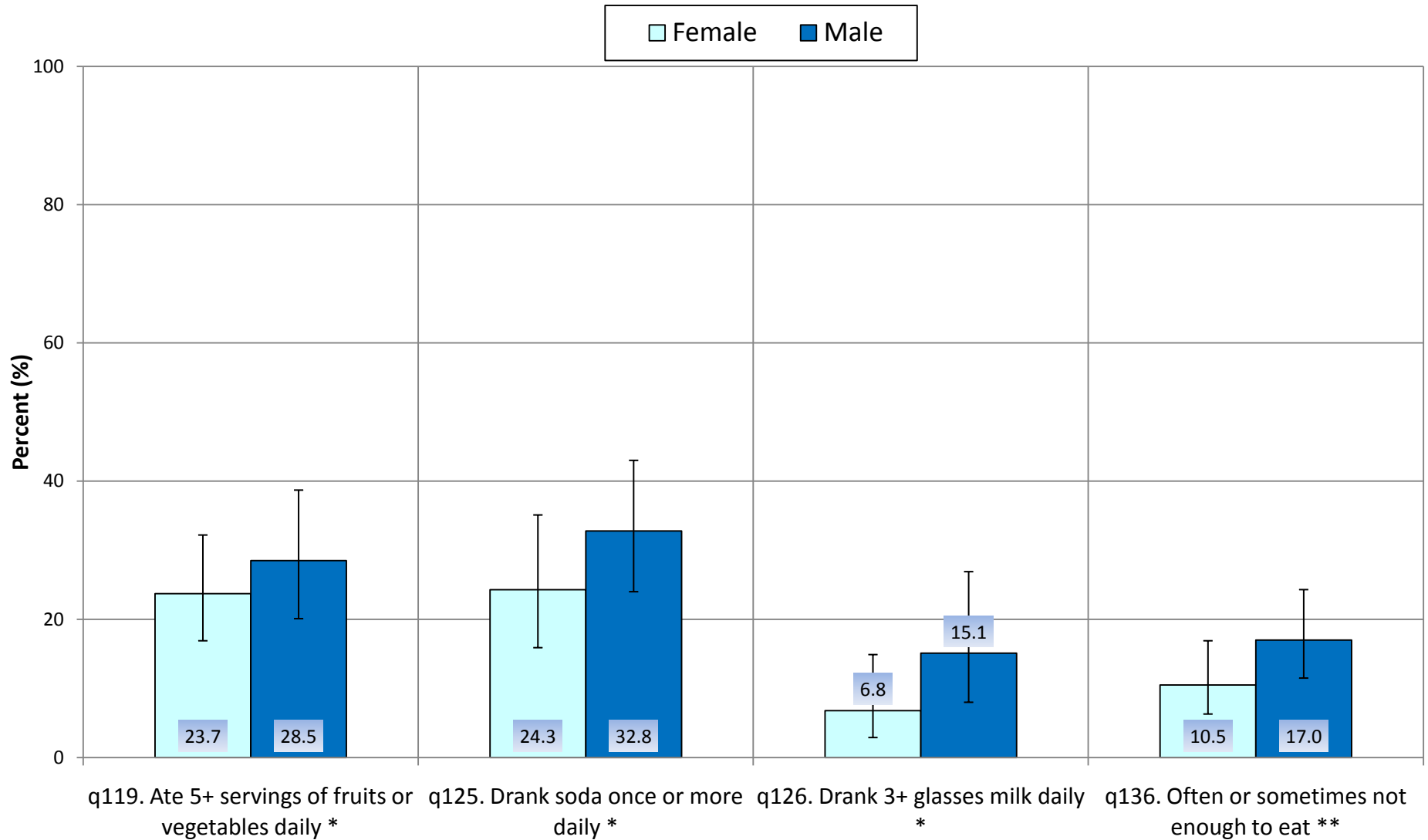
## New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* In the past 7 days

\*\* "By you and your family" in the past 12 months

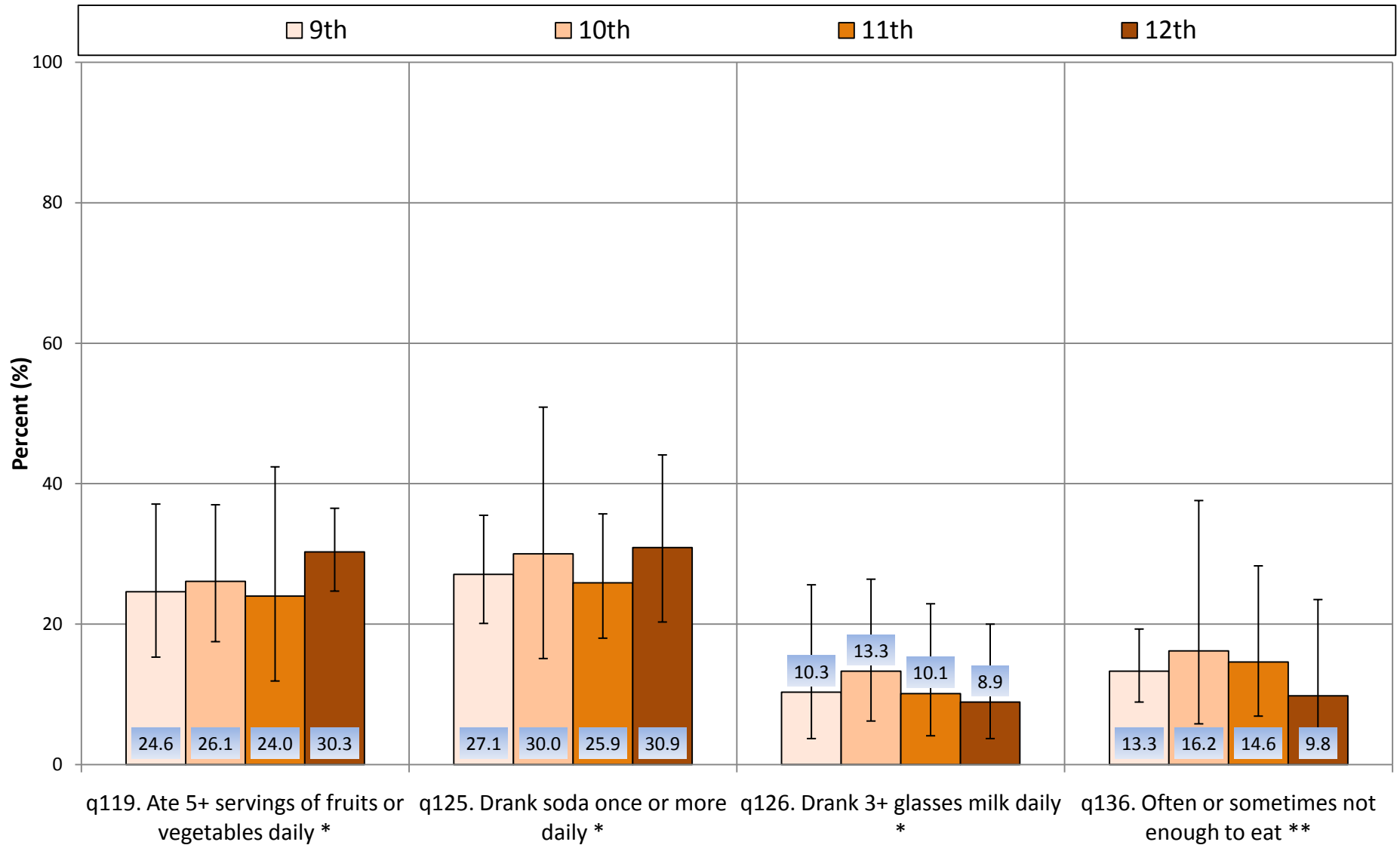
## Nutrition by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* In the past 7 days

\*\* "By you and your family" in the past 12 months

## Nutrition by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



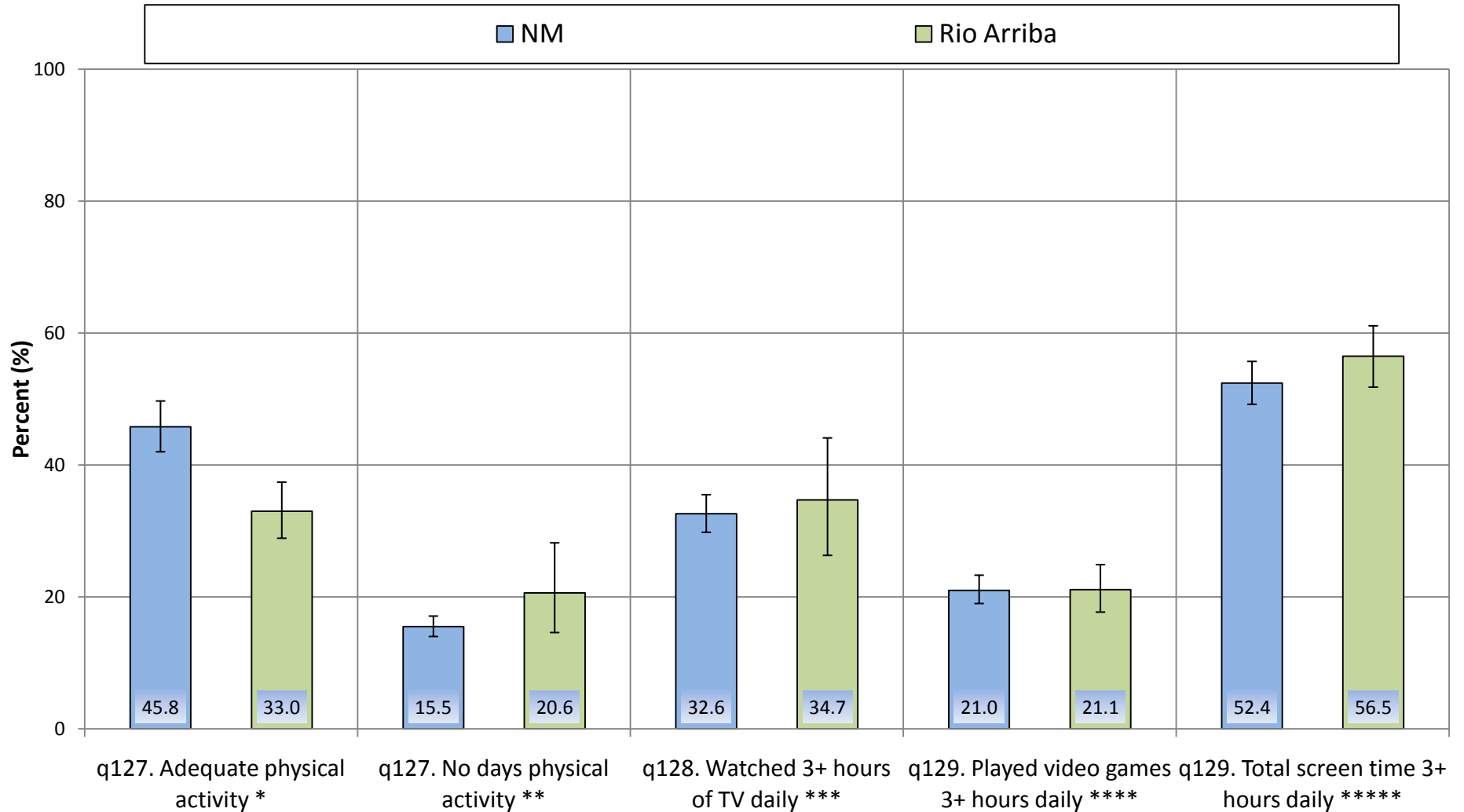
\* In the past 7 days

\*\* "By you and your family" in the past 12 months

# Physical Activity

## New Mexico and Rio Arriba County

### Grades 9 - 12, 2009 NM YRRS



\* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"

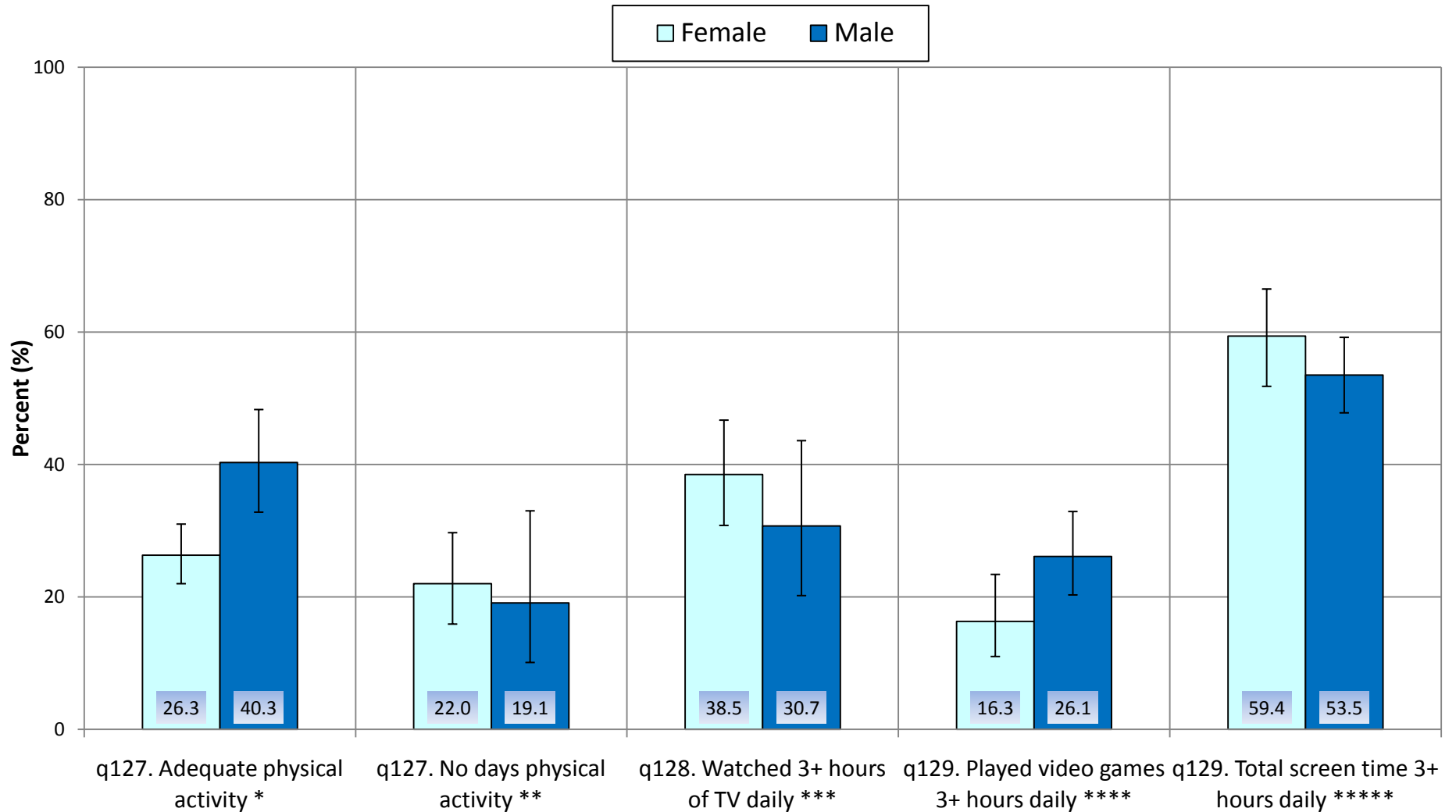
\*\* No days of at least 60 minutes of physical activity in the past 7 days

\*\*\* On an average school day

\*\*\*\* On an average school day, played video or computer games or used a computer for something that was not school work

\*\*\*\*\* Either TV viewing or computer/video use unrelated to school, on an average school day

## Physical Activity by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"

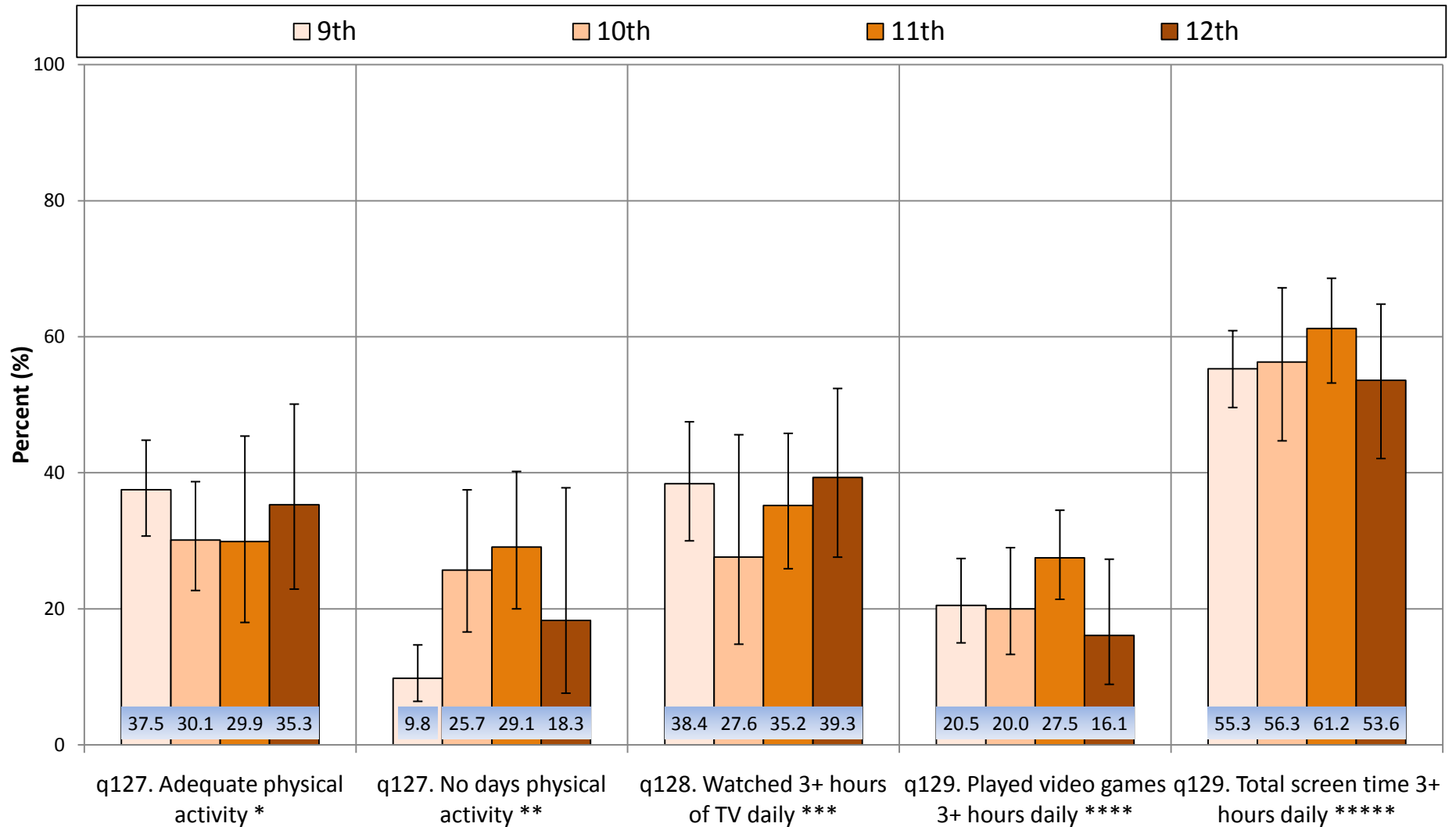
\*\* No days of at least 60 minutes of physical activity in the past 7 days

\*\*\* On an average school day

\*\*\*\* On an average school day, played video or computer games or used a computer for something that was not school work

\*\*\*\*\* Either TV viewing or computer/video use unrelated to school, on an average school day

## Physical Activity by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"

\*\* No days of at least 60 minutes of physical activity in the past 7 days

\*\*\* On an average school day

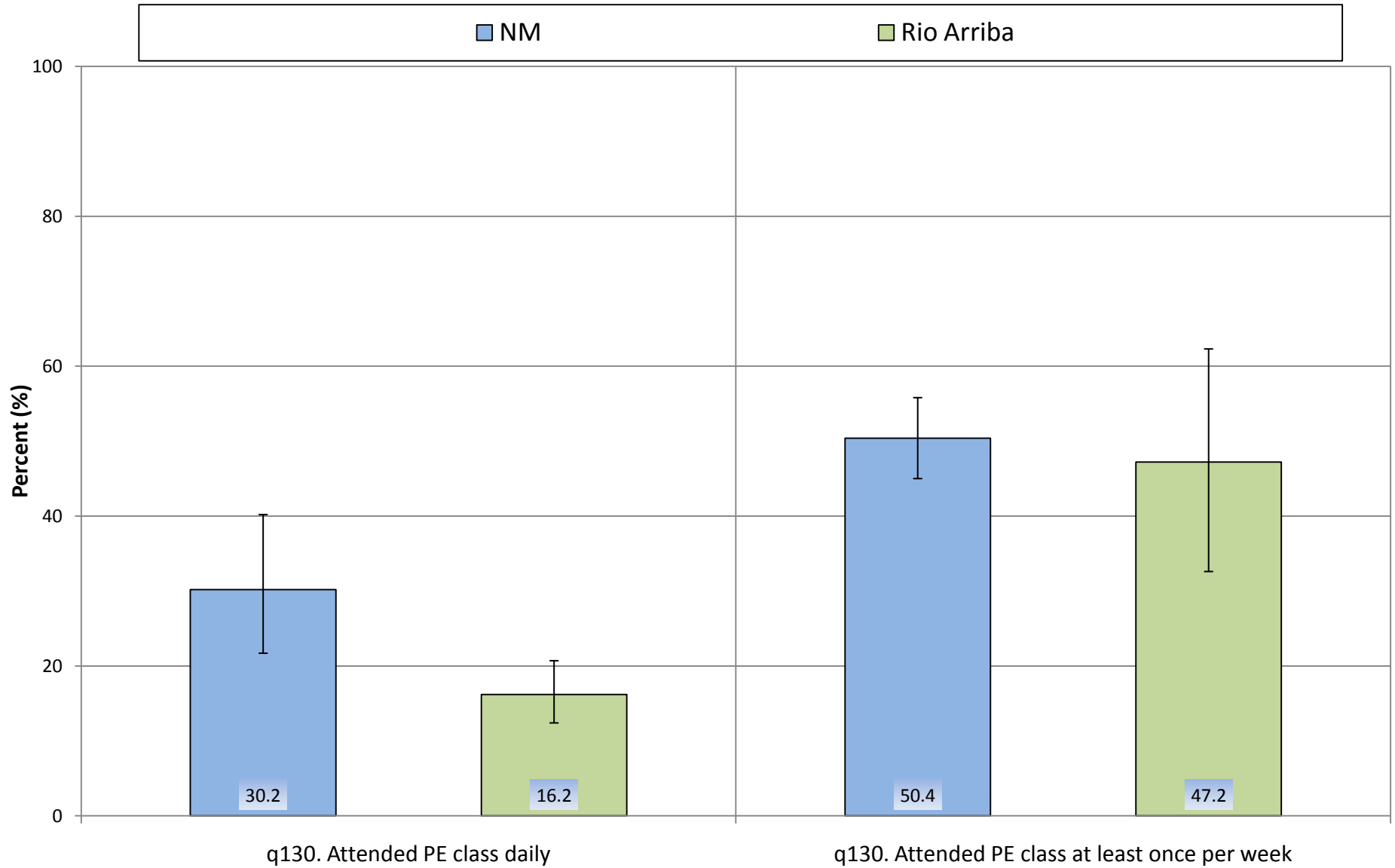
\*\*\*\* On an average school day, played video or computer games or used a computer for something that was not school work

\*\*\*\*\* Either TV viewing or computer/video use unrelated to school, on an average school day

# Physical Activity: PE Class

## New Mexico and Rio Arriba County

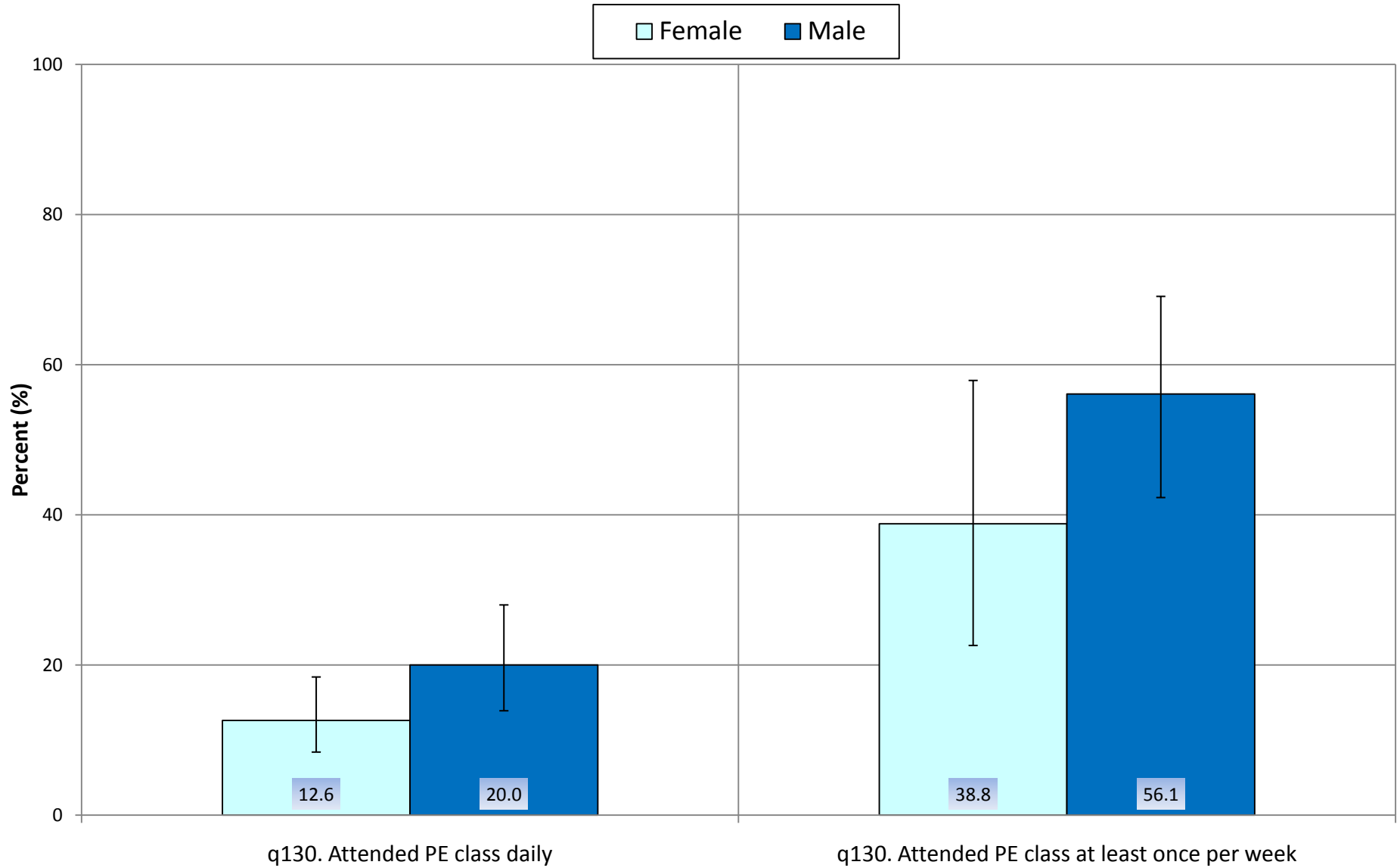
### Grades 9 - 12, 2009 NM YRRS



\* During an average school week

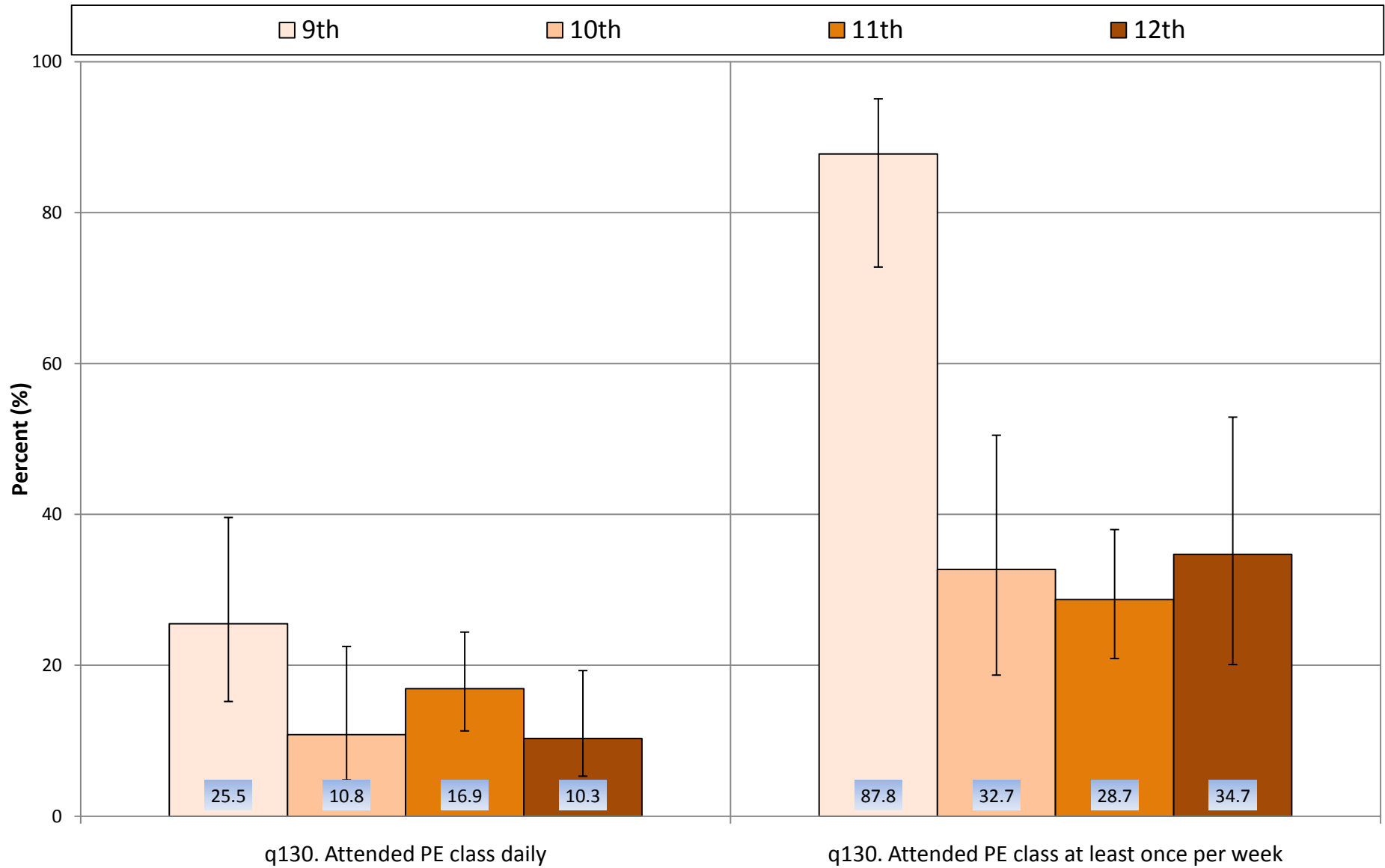


# Physical Activity: PE Class by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* During an average school week

## Physical Activity: PE Class by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* During an average school week

## Other Characteristics

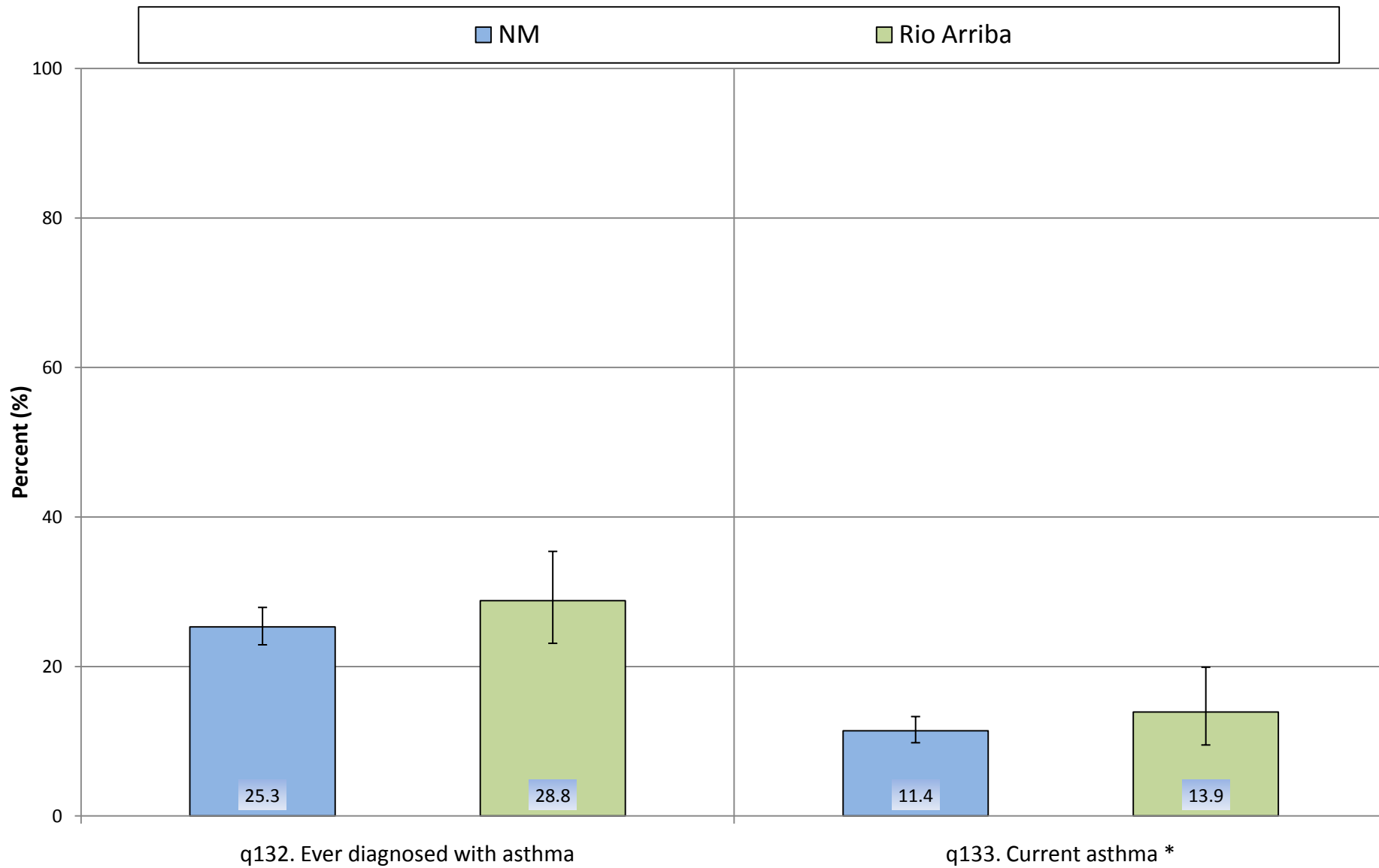
Asthma  
English as Non-Dominant Language  
US Born



# Asthma

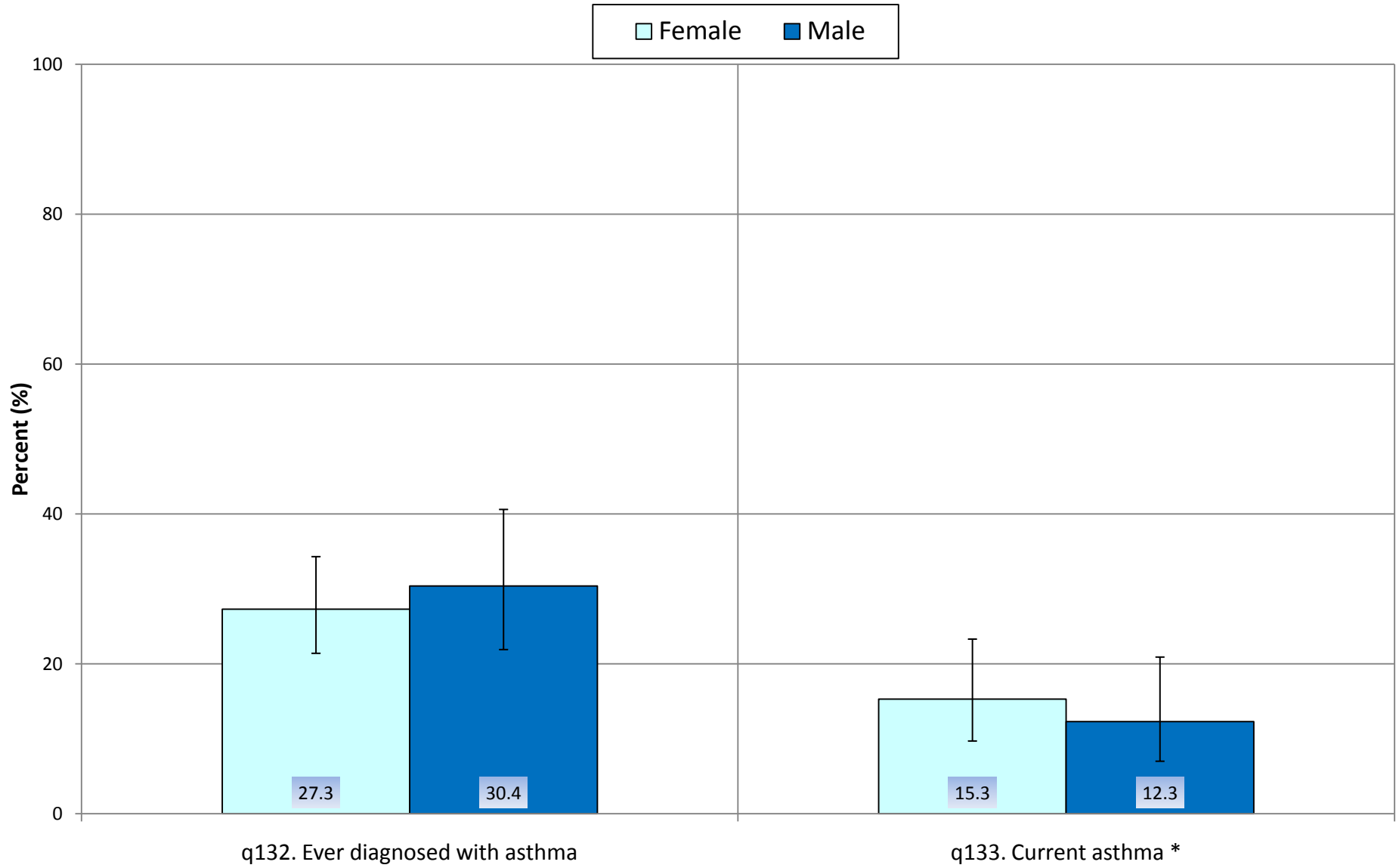
## New Mexico and Rio Arriba County

### Grades 9 - 12, 2009 NM YRRS



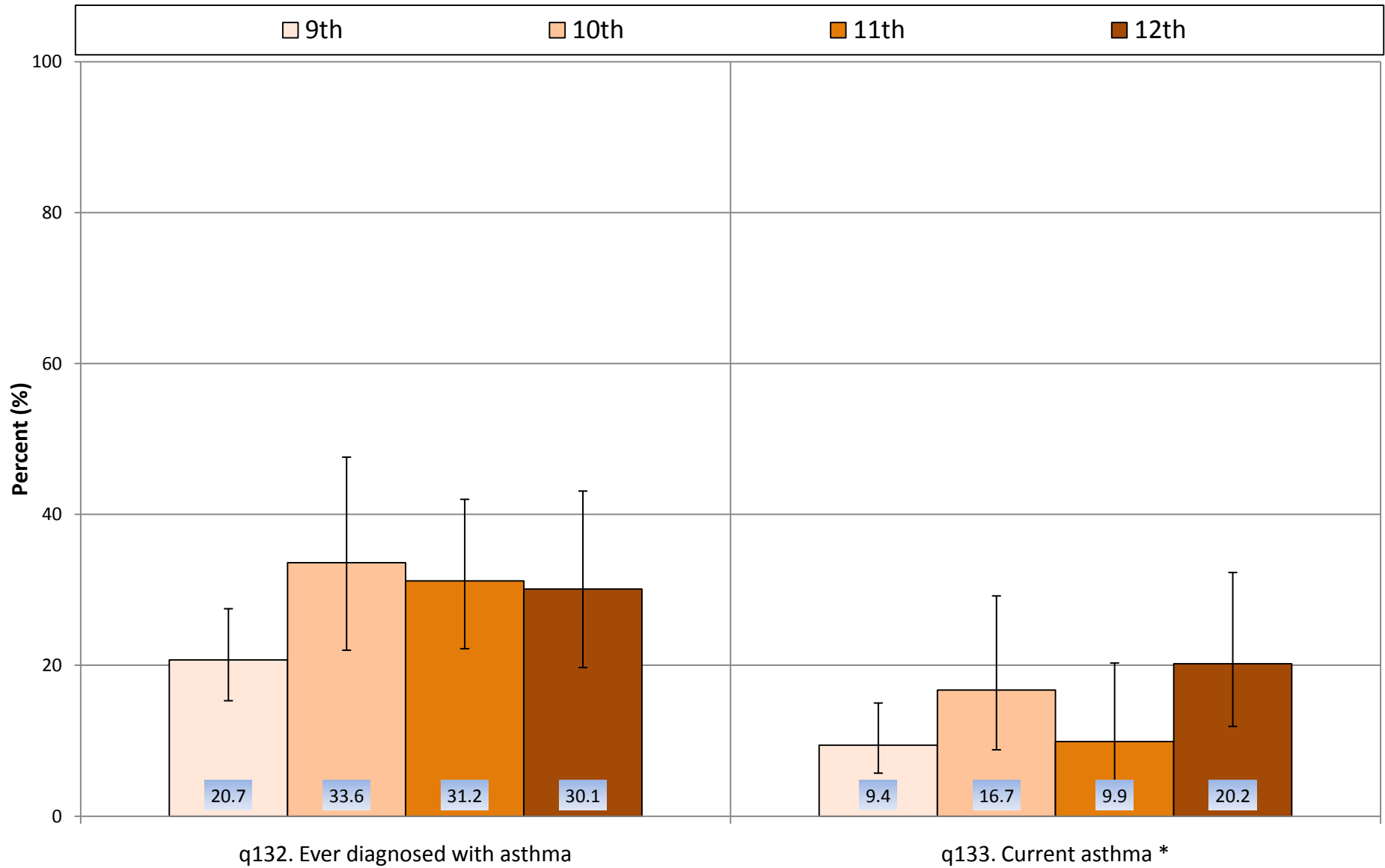
\* Ever diagnosed with asthma **AND** still has asthma

# Asthma by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



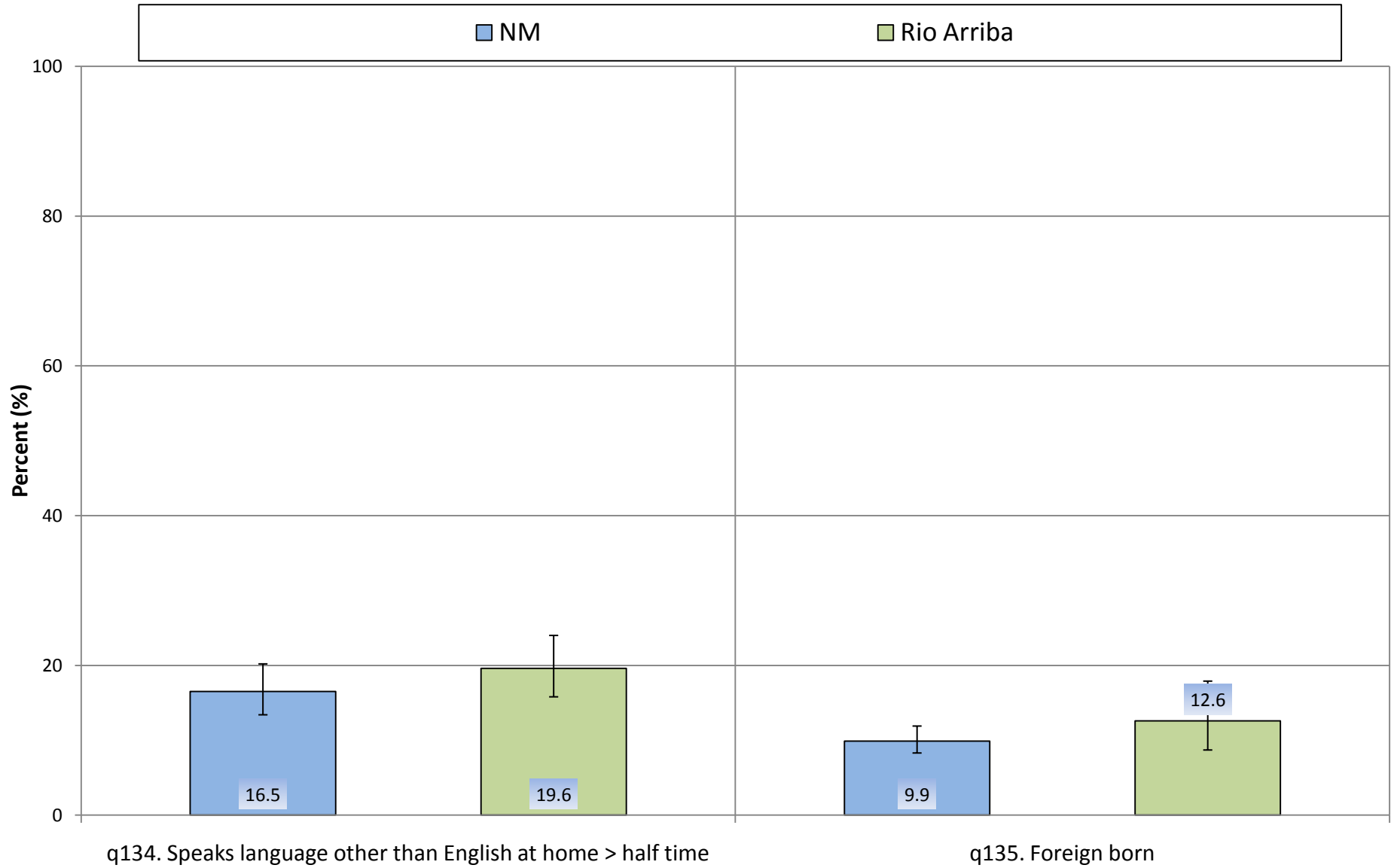
\* Ever diagnosed with asthma **AND** still has asthma

## Asthma by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



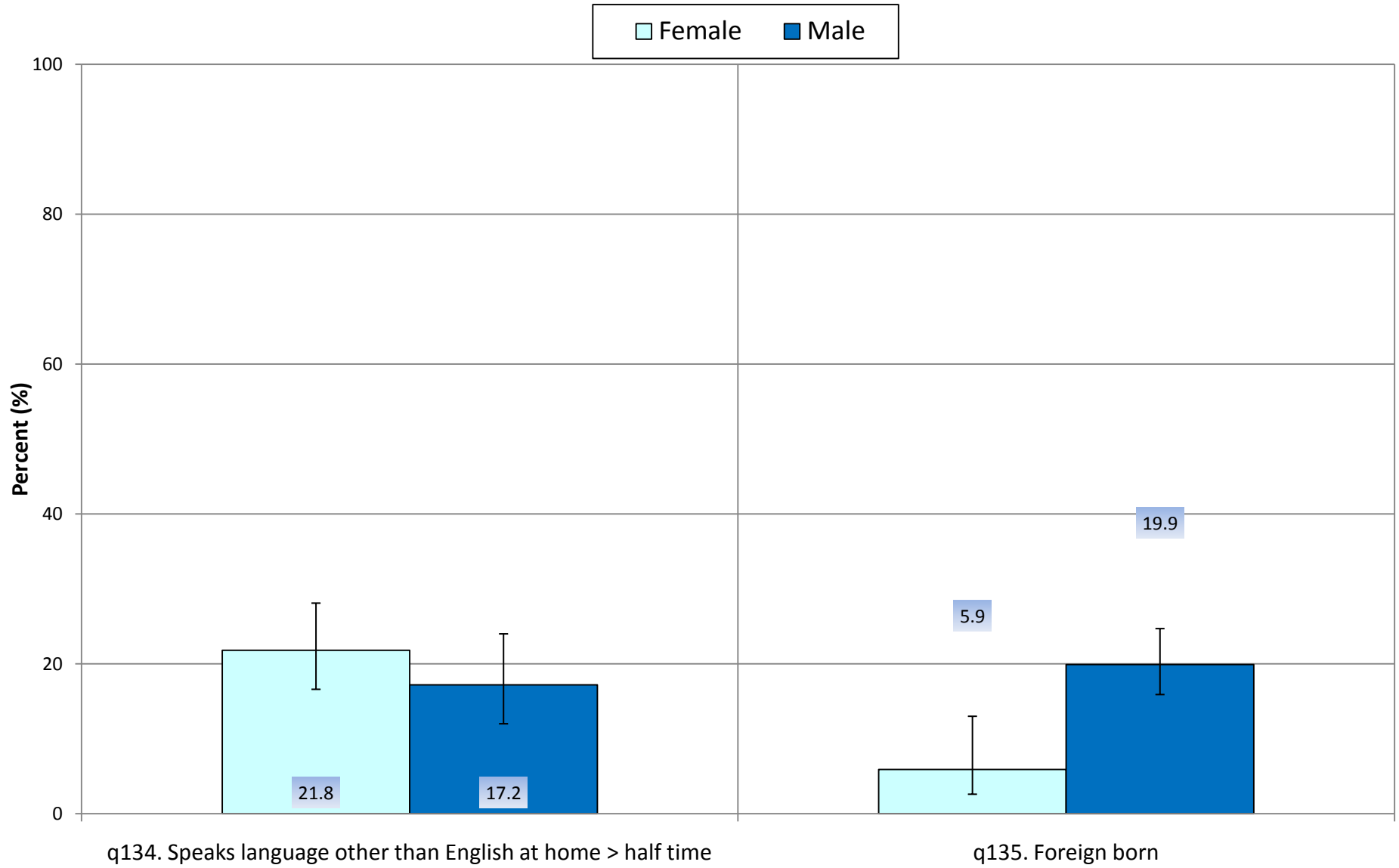
\* Ever diagnosed with asthma **AND** still has asthma

# Other Characteristics New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS

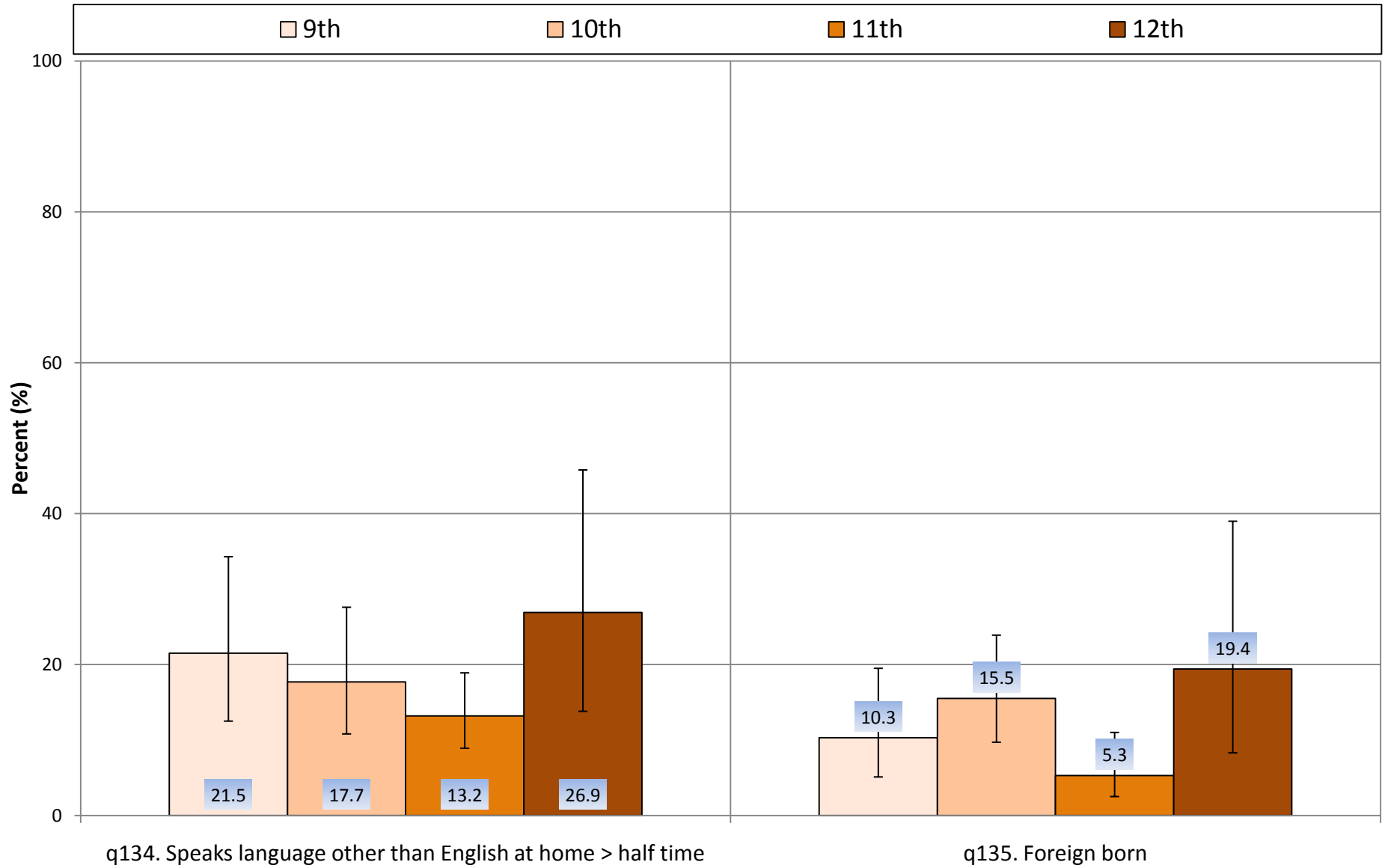




# Other Characteristics by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



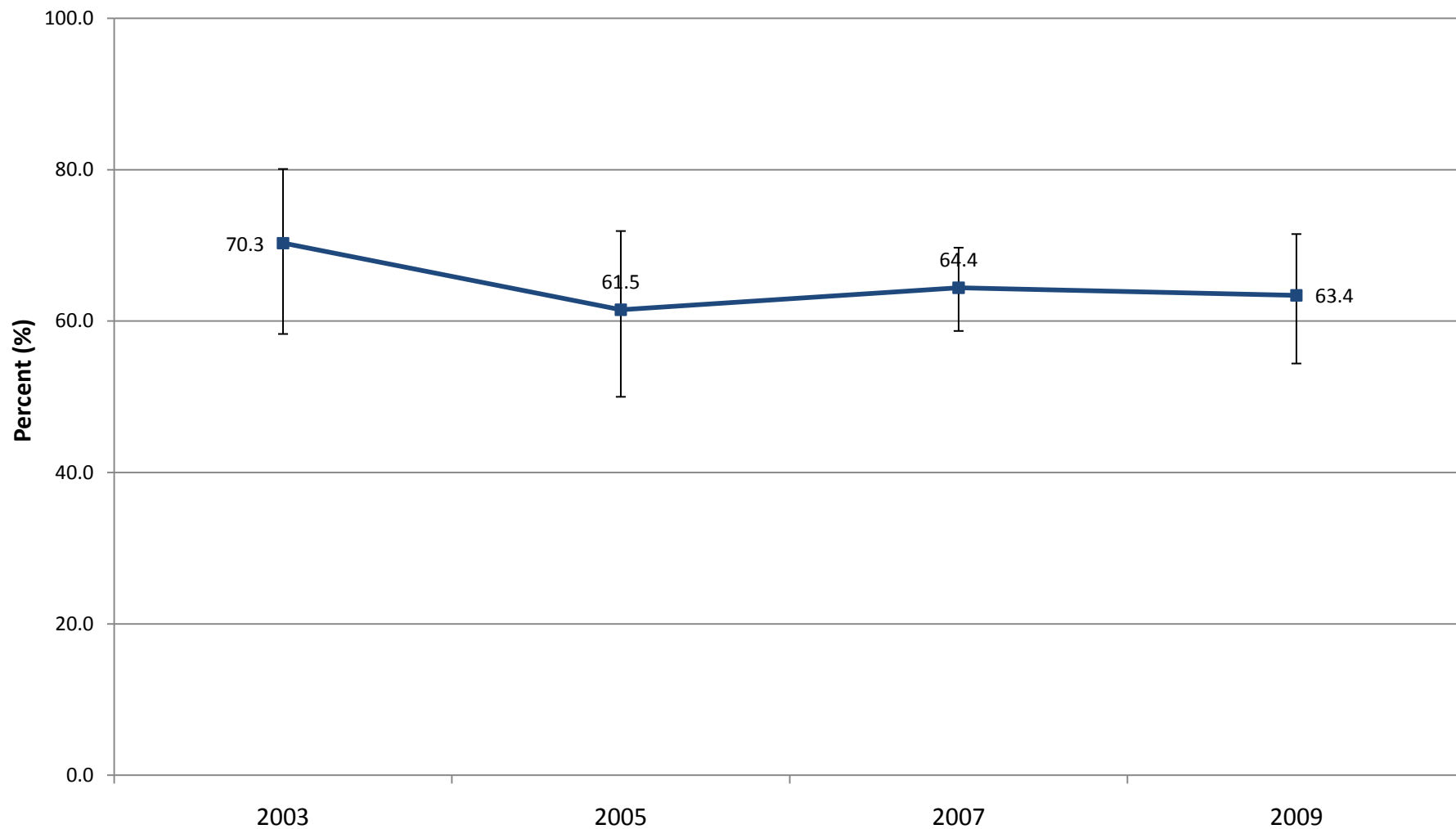
## Other Characteristics by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



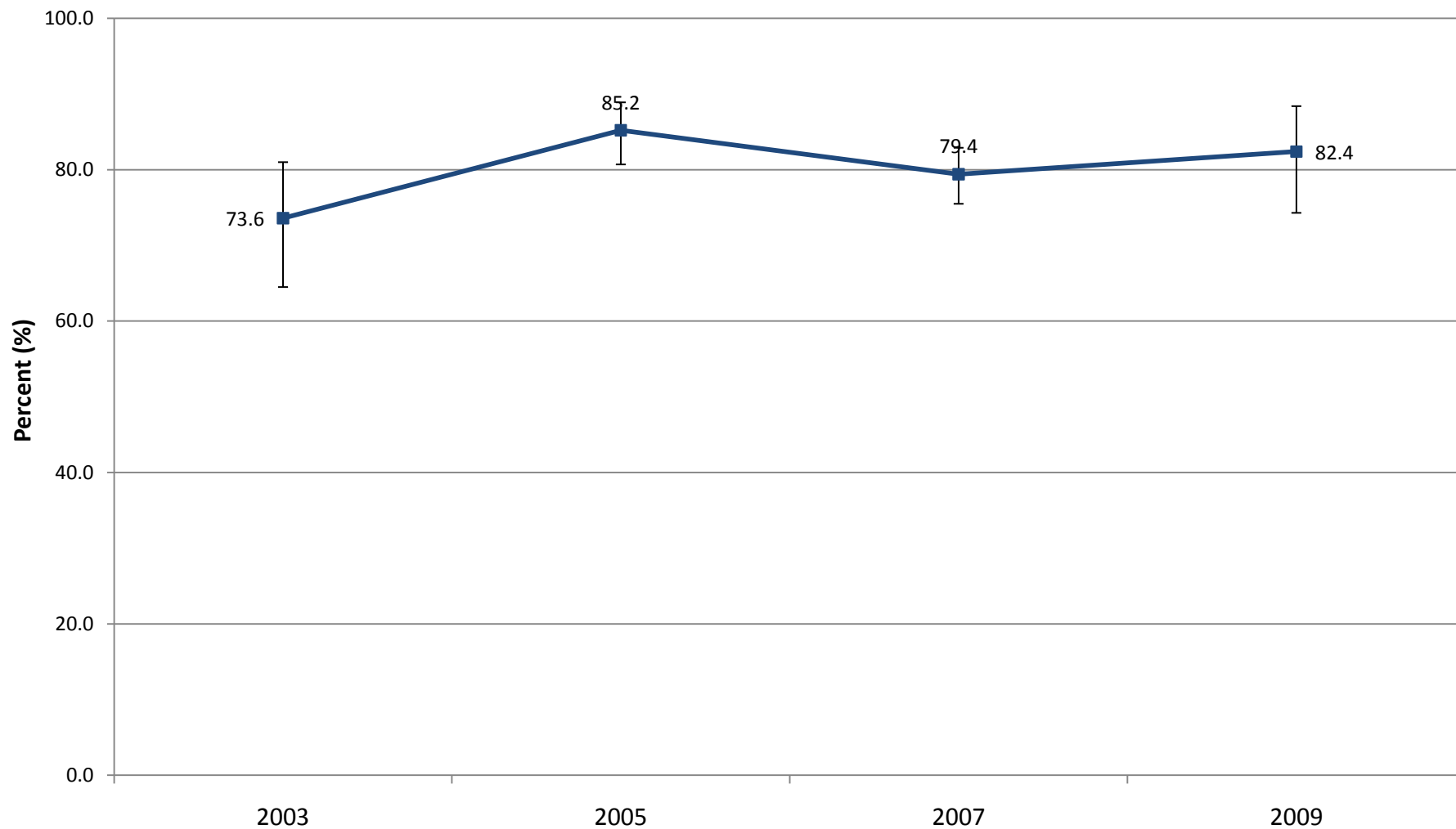
## Academic Measures



**Academic Measures  
Gets Mostly As and Bs  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**

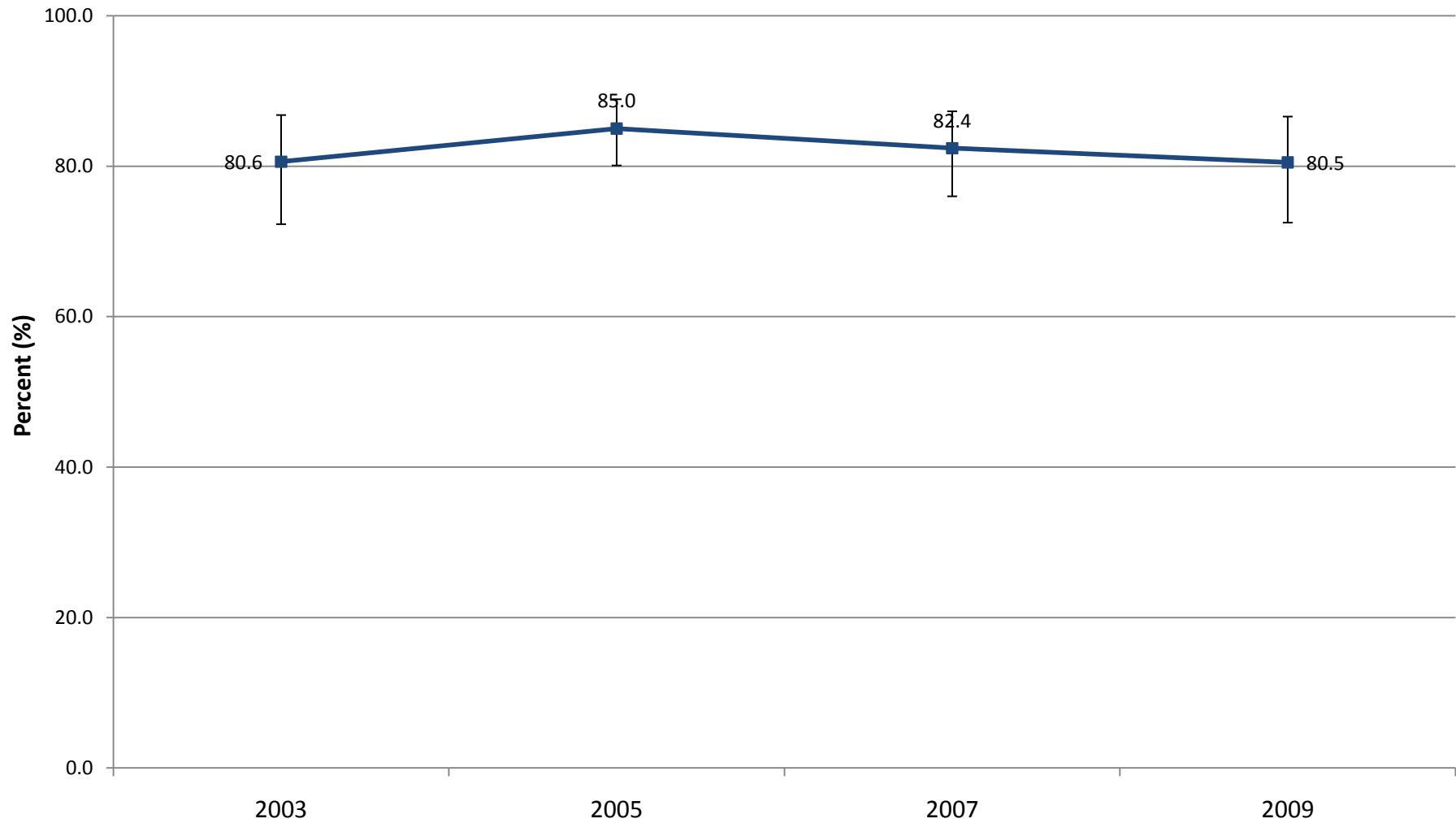


**Academic Measures  
Tries To Do Best Work in School \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



*\* At school, I try hard to do my best work - "Very much true" or "Pretty much true"*

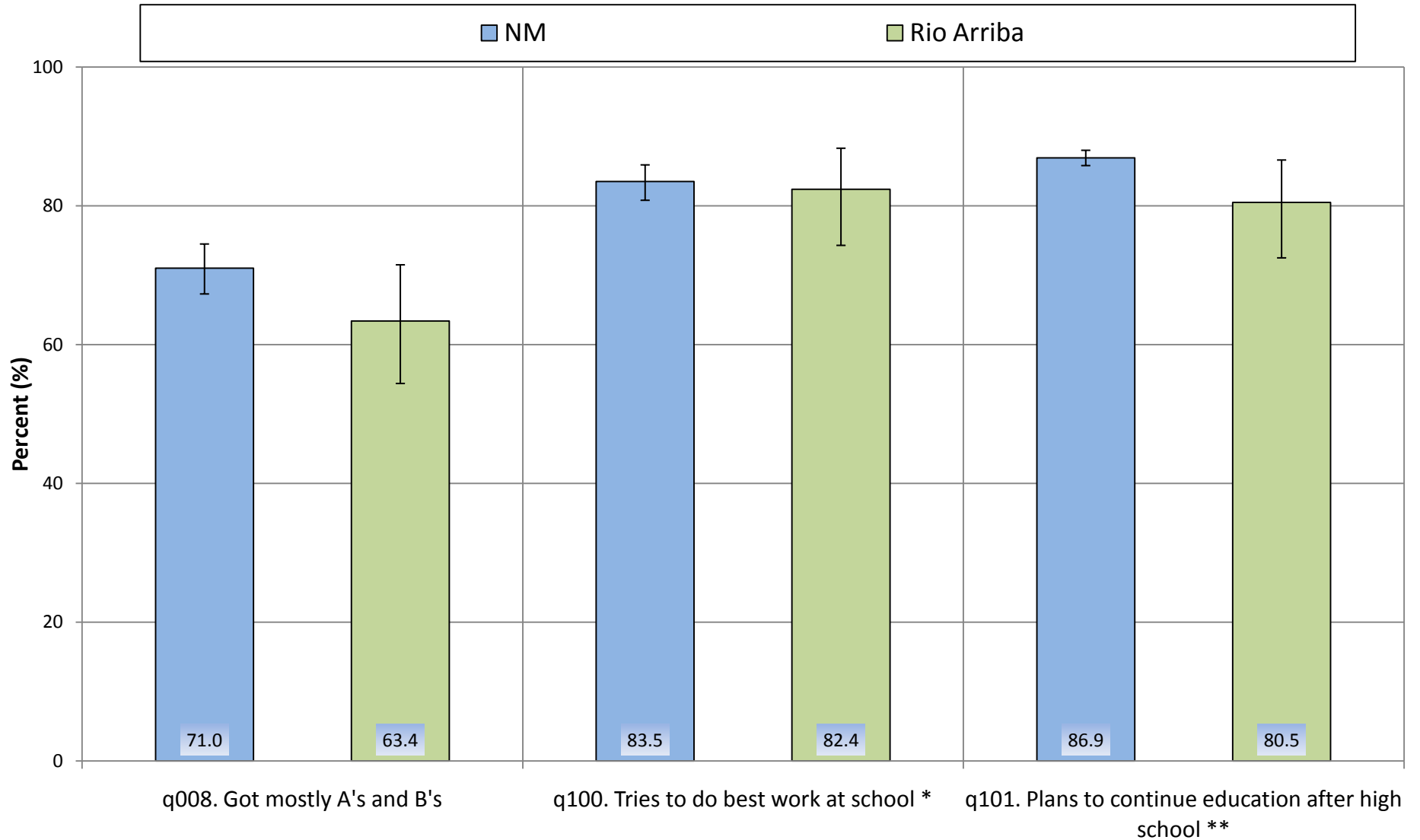
**Academic Measures**  
**Plans to Continue Education After High School \***  
**Rio Arriba County**  
**Grades 9 - 12, 2003 - 2009, NM YRRS**



*\* I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"*

# Academic Measures

## New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS

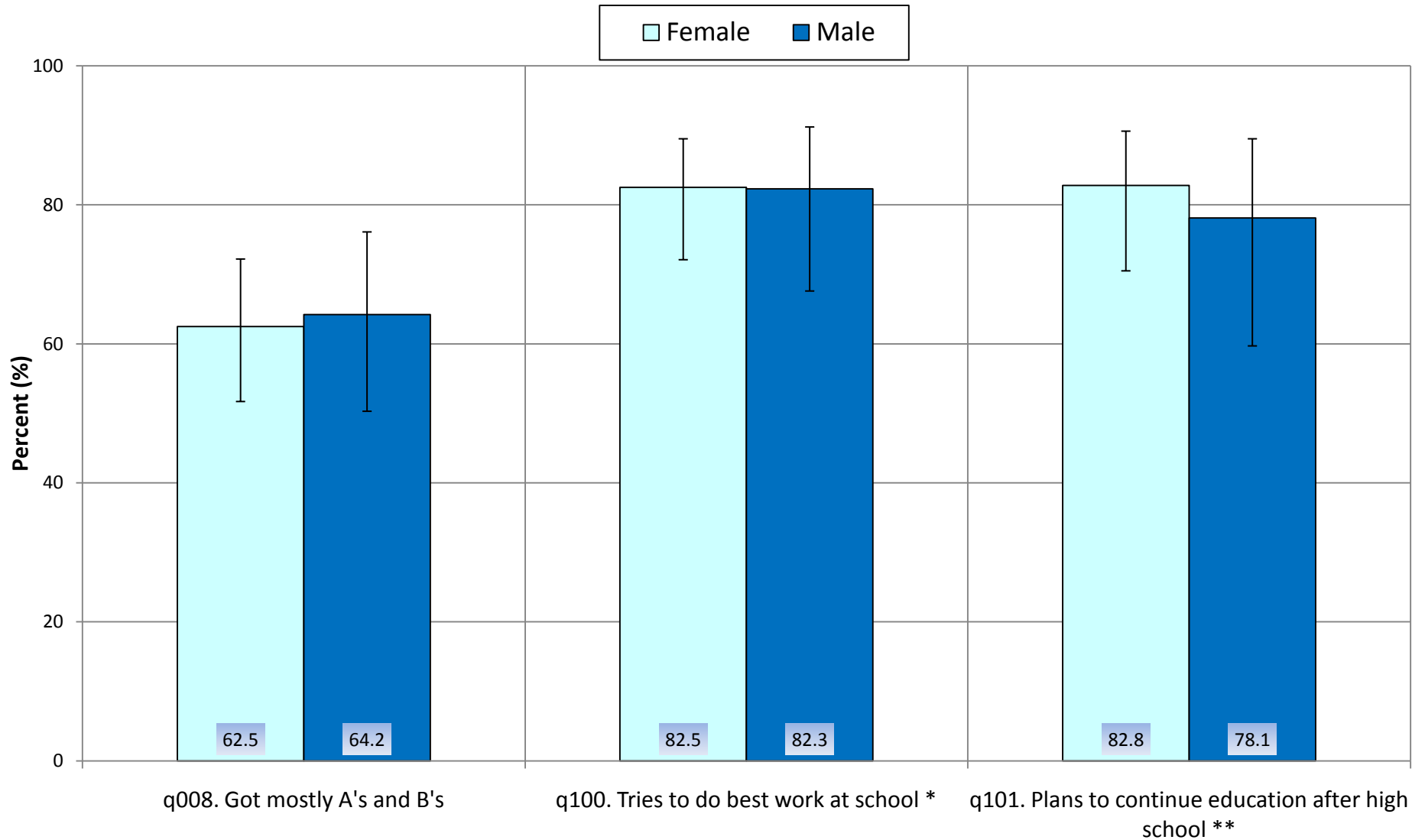


\* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

\*\* I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"



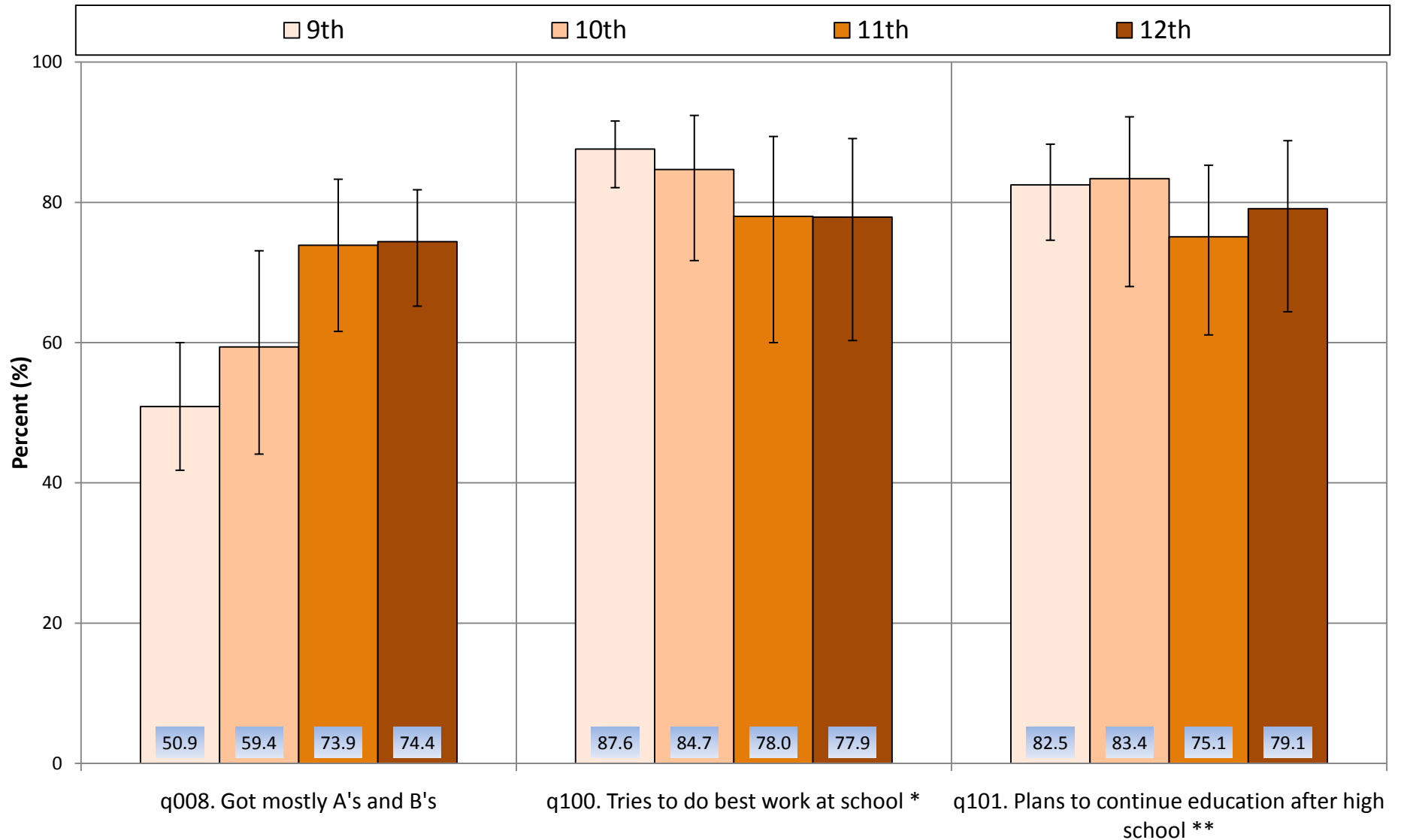
## Academic Measures by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

\*\* I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"

## Academic Measures by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



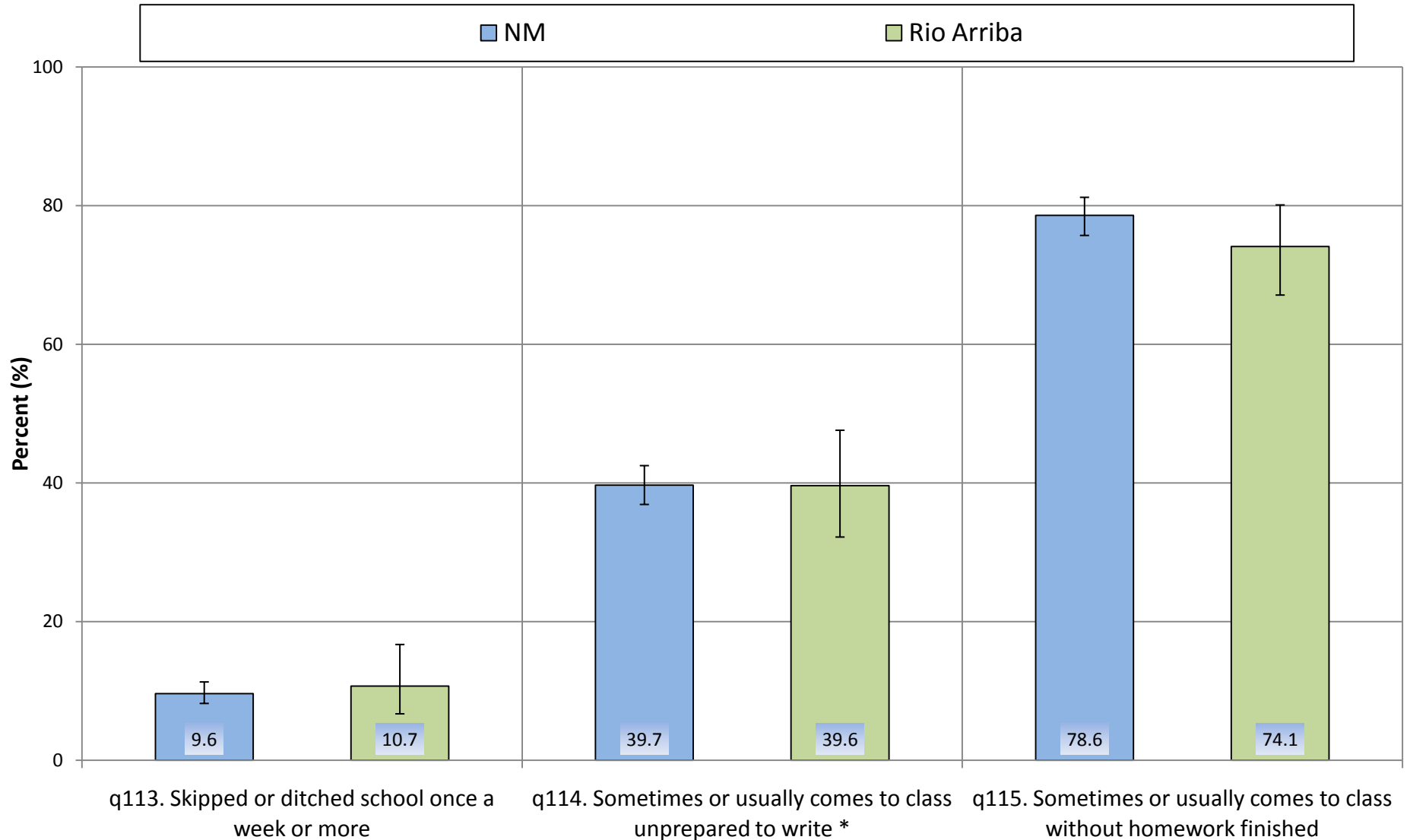
\* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

\*\* I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"

# Academic Measures

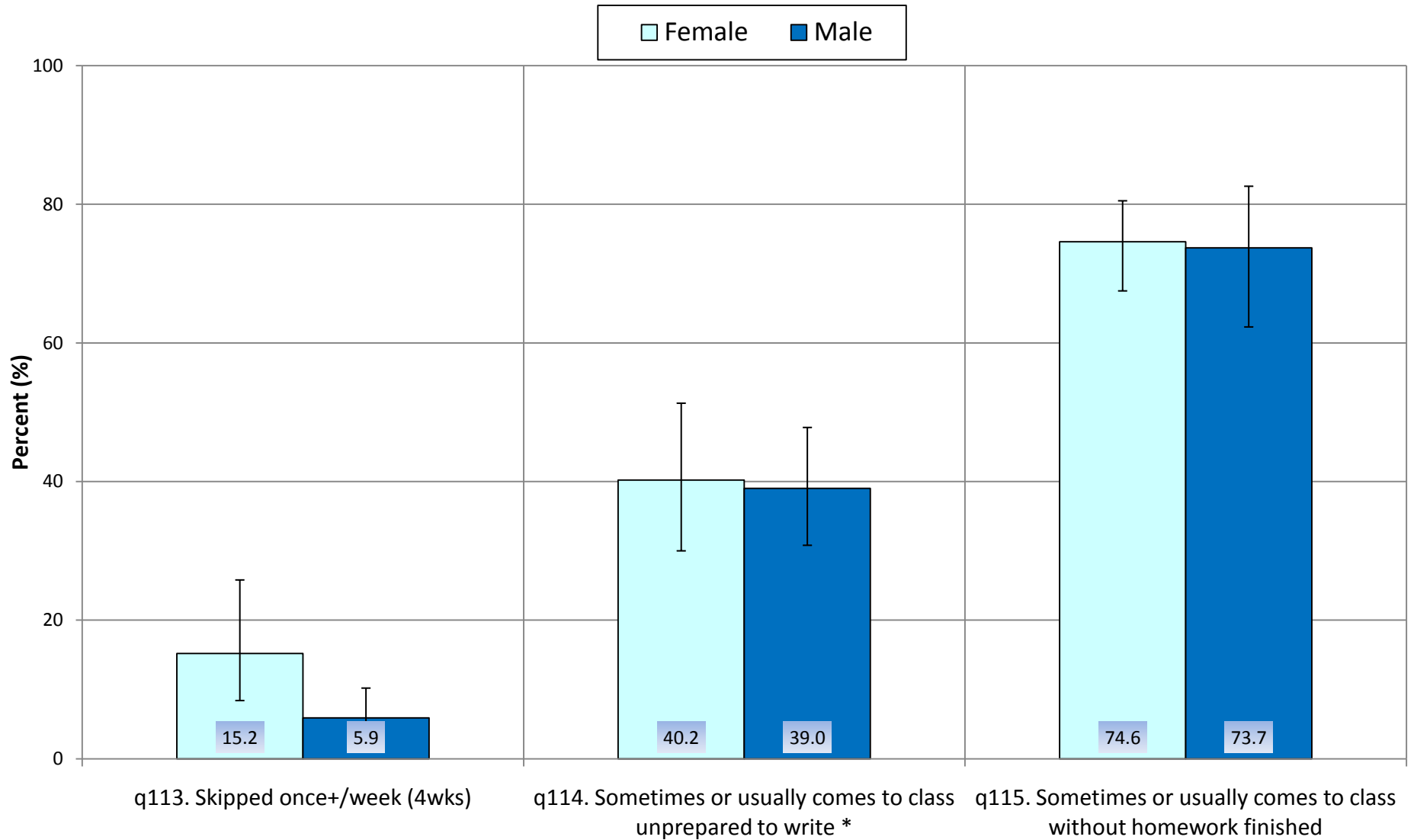
## New Mexico and Rio Arriba County

### Grades 9 - 12, 2009 NM YRRS



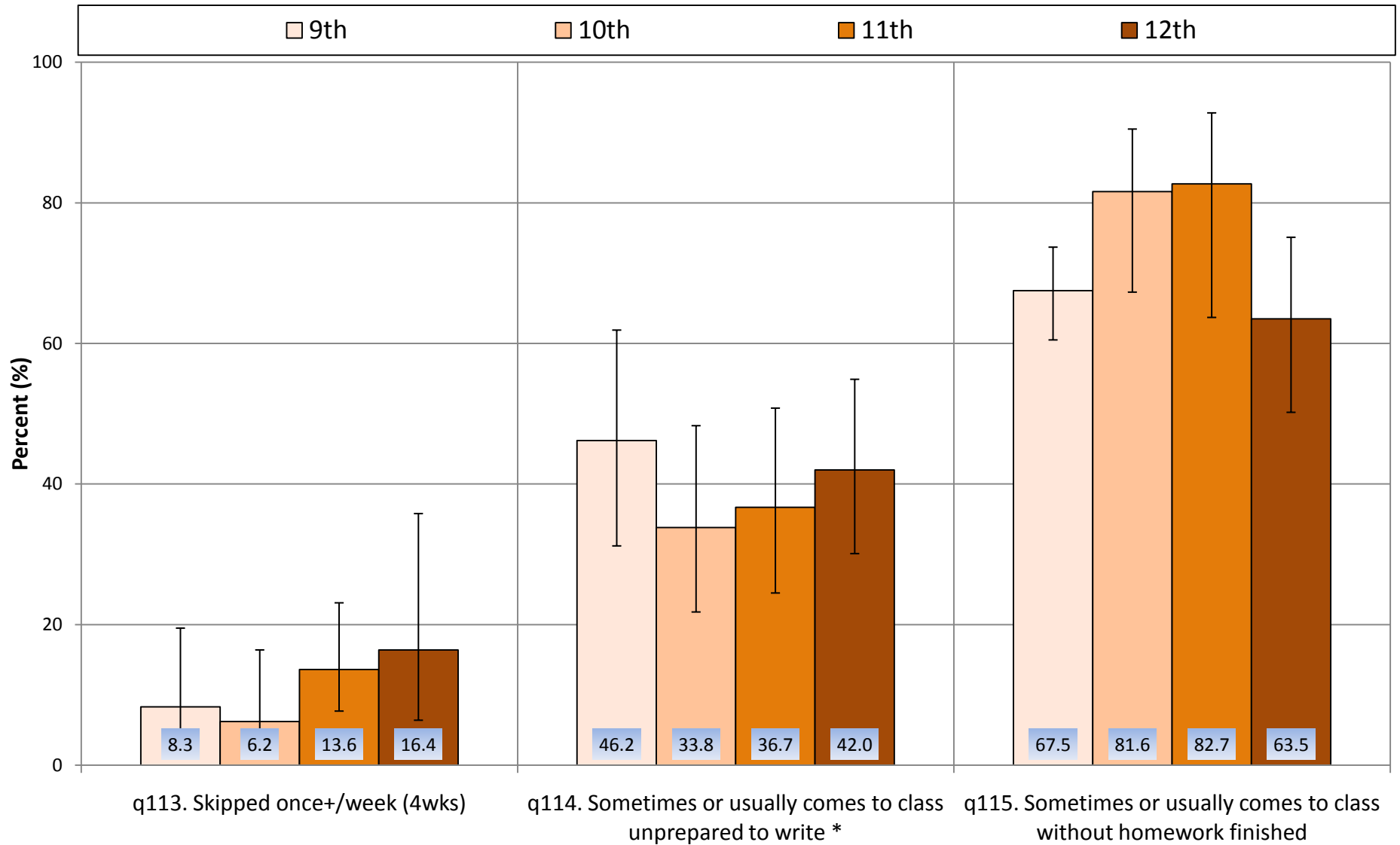
\* Without paper or something to write with

## Academic Measures by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Without paper or something to write with

## Academic Measures by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* Without paper or something to write with

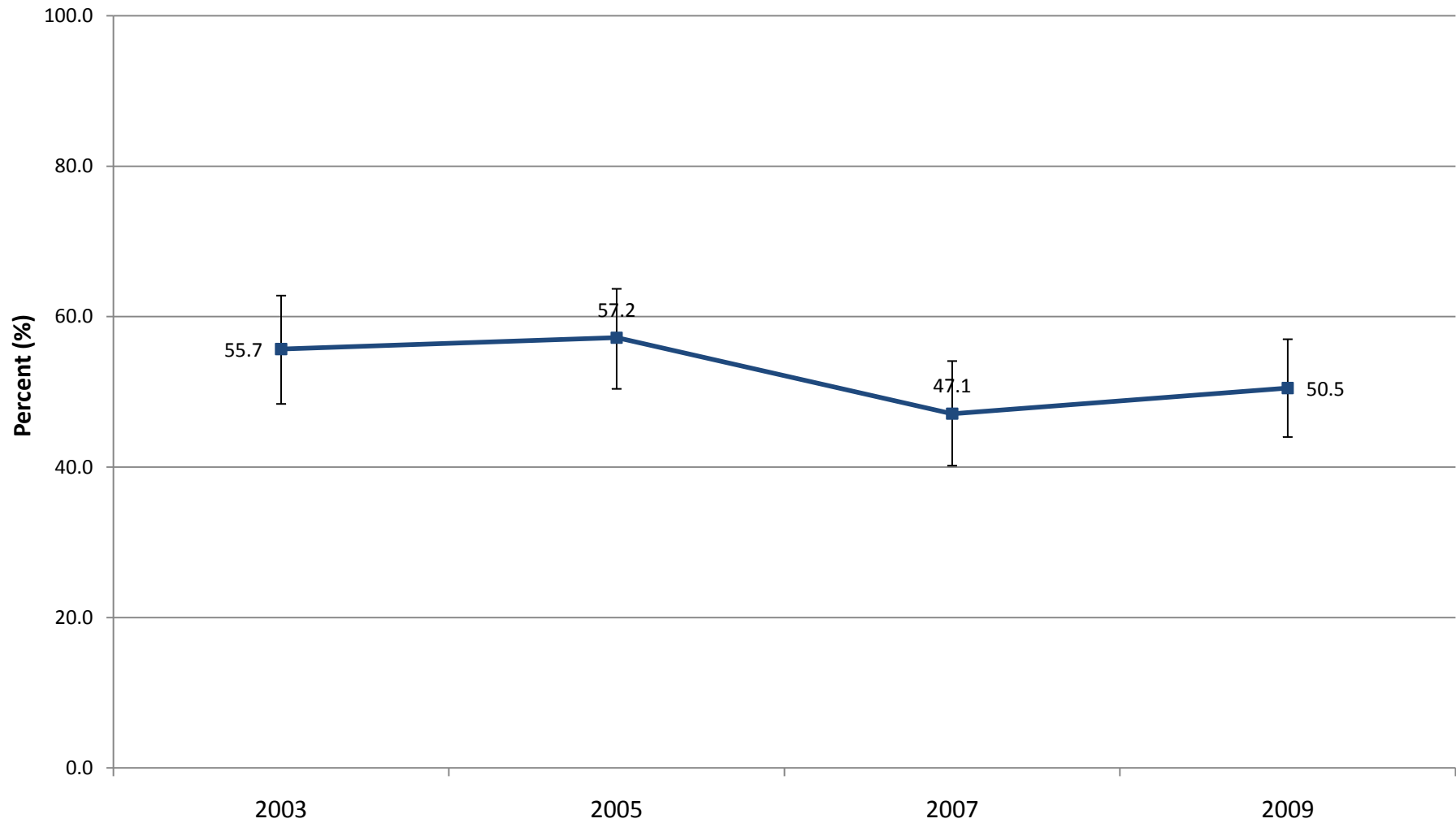


## Protective (Resiliency) Factors



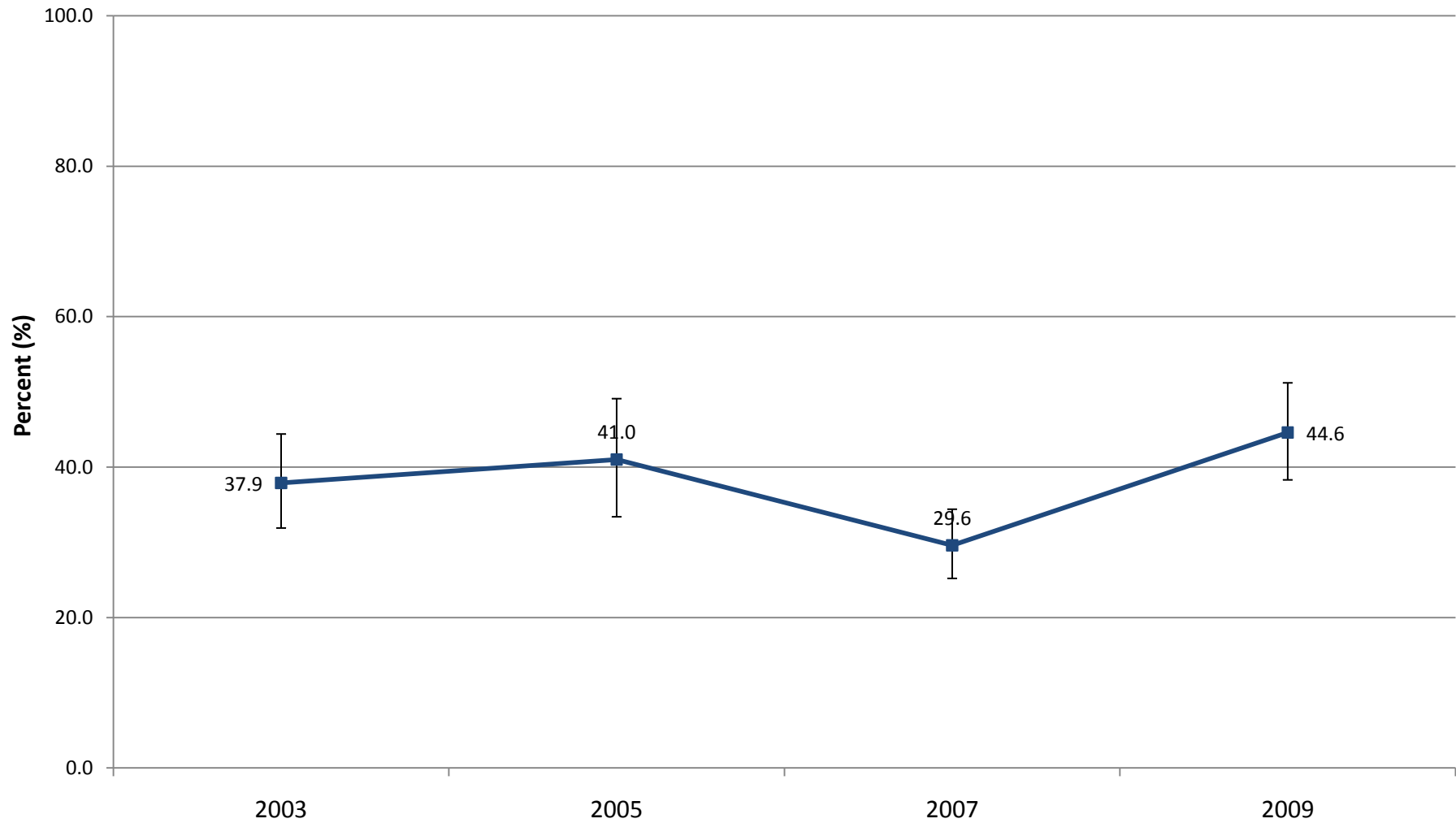


**Caring and Supportive Relationships  
With a Parent or Other Adult in the Home \***  
**Rio Arriba County**  
**Grades 9 - 12, 2003 - 2009, NM YRRS**



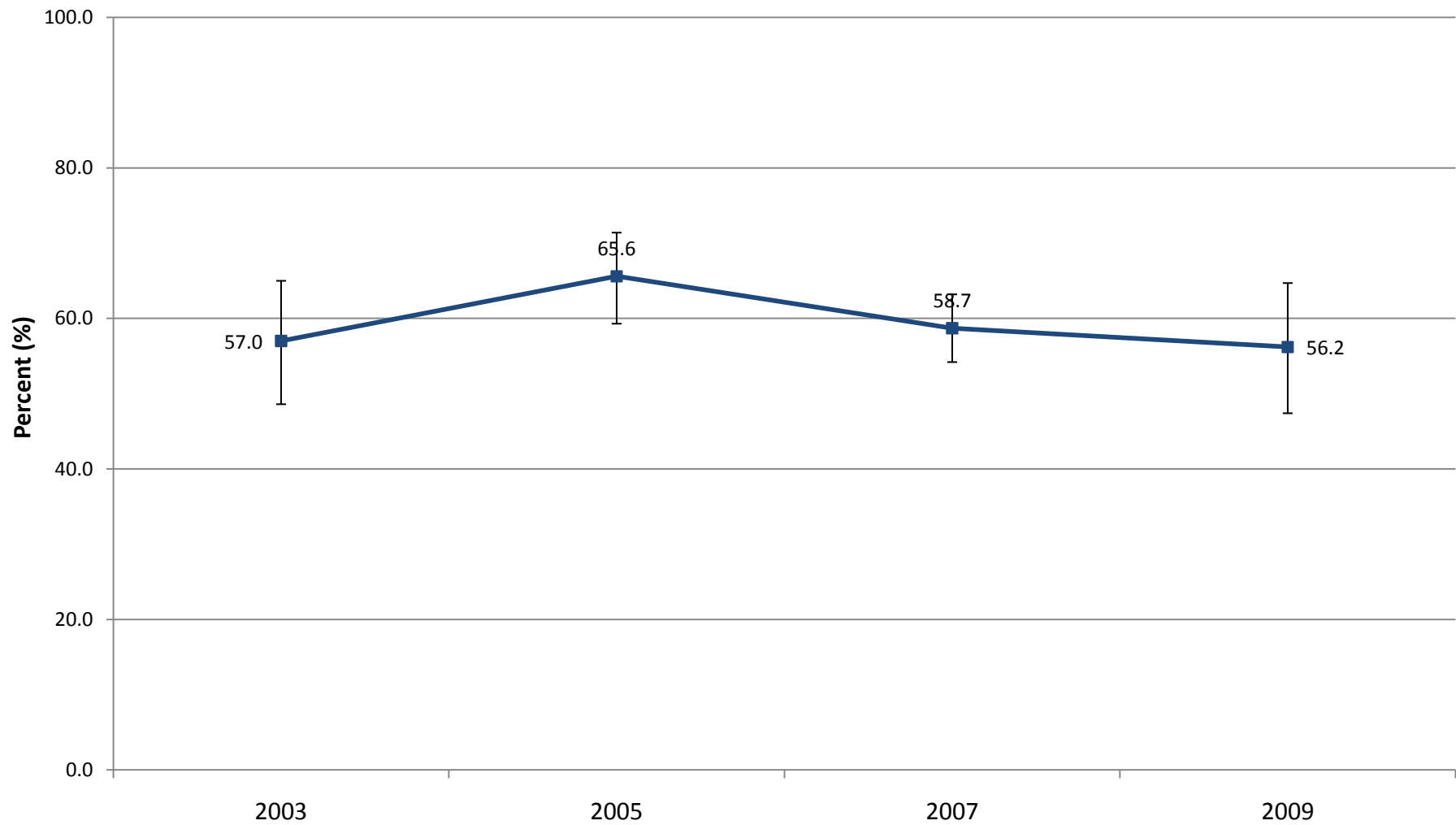
\* See Appendix B for descriptions of Protective/Resiliency Factors

**Caring and Supportive Relationships  
With a Teacher or Other Adult in the School \***  
**Rio Arriba County**  
**Grades 9 - 12, 2003 - 2009, NM YRRS**



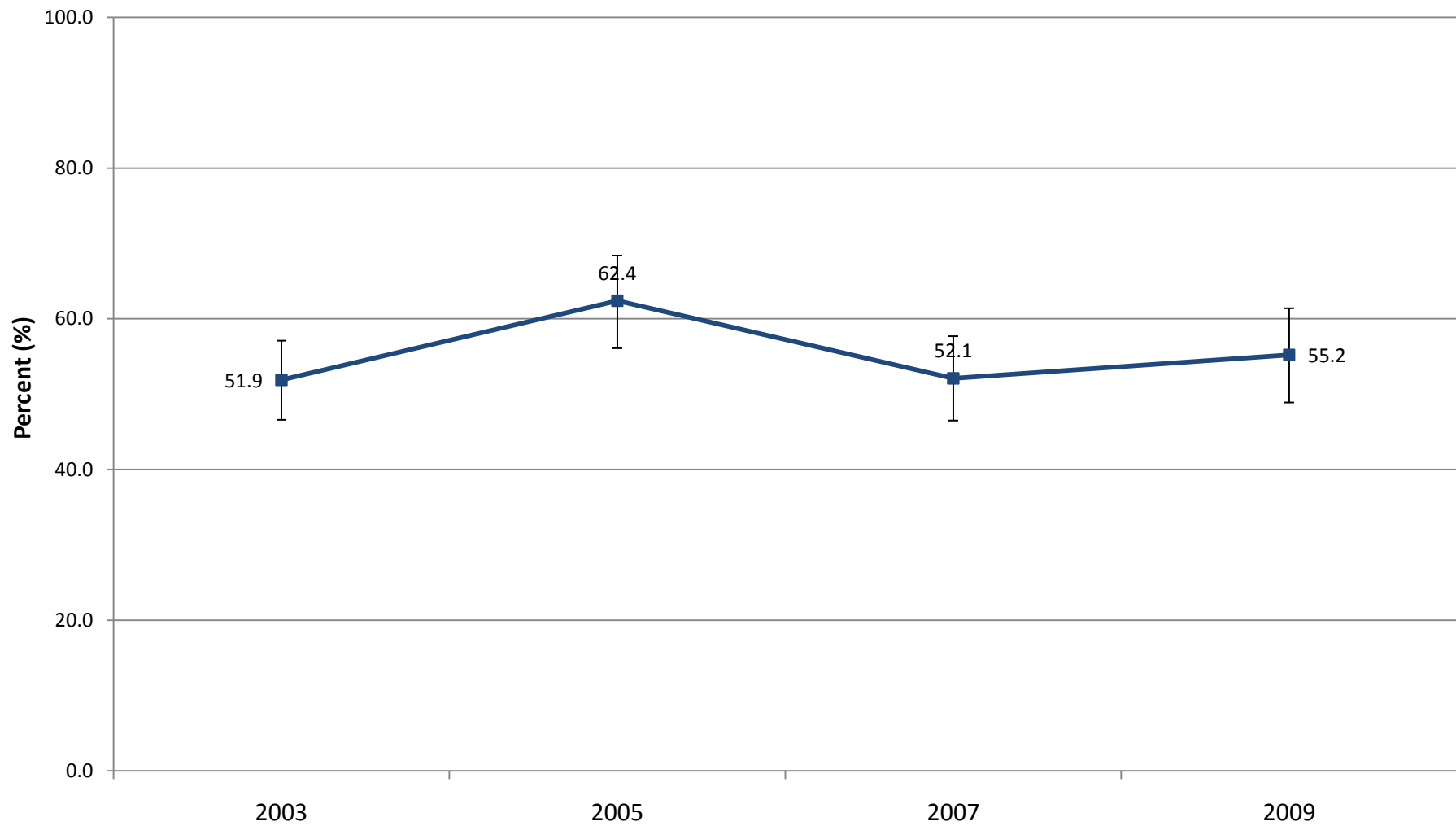
\* See Appendix B for descriptions of Protective/Resiliency Factors

**Caring and Supportive Relationships  
With a Peer \***  
**Rio Arriba County**  
**Grades 9 - 12, 2003 - 2009, NM YRRS**



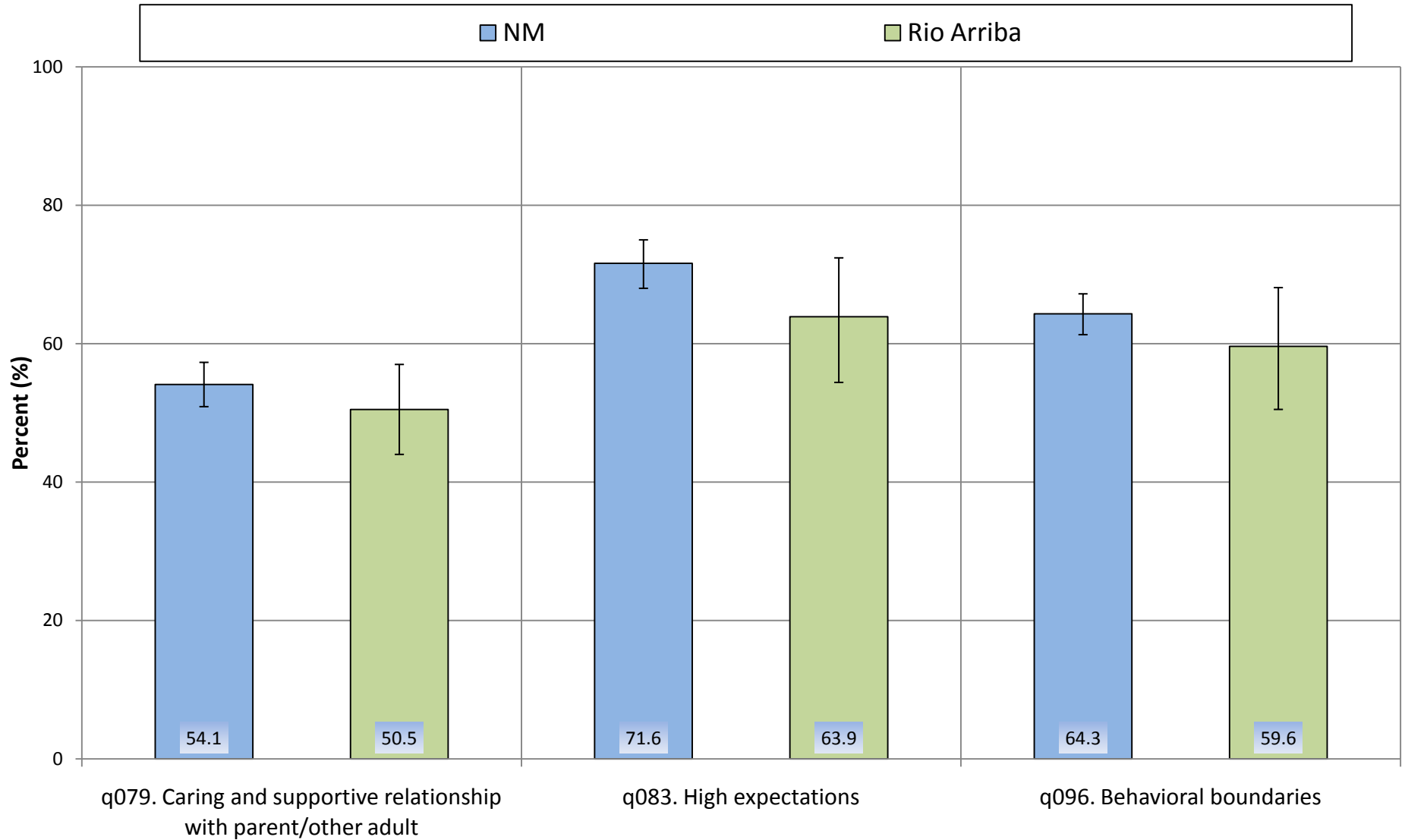
\* See Appendix B for descriptions of Protective/Resiliency Factors

**Caring and Supportive Relationships  
With an Adult in the Community \*  
Rio Arriba County  
Grades 9 - 12, 2003 - 2009, NM YRRS**



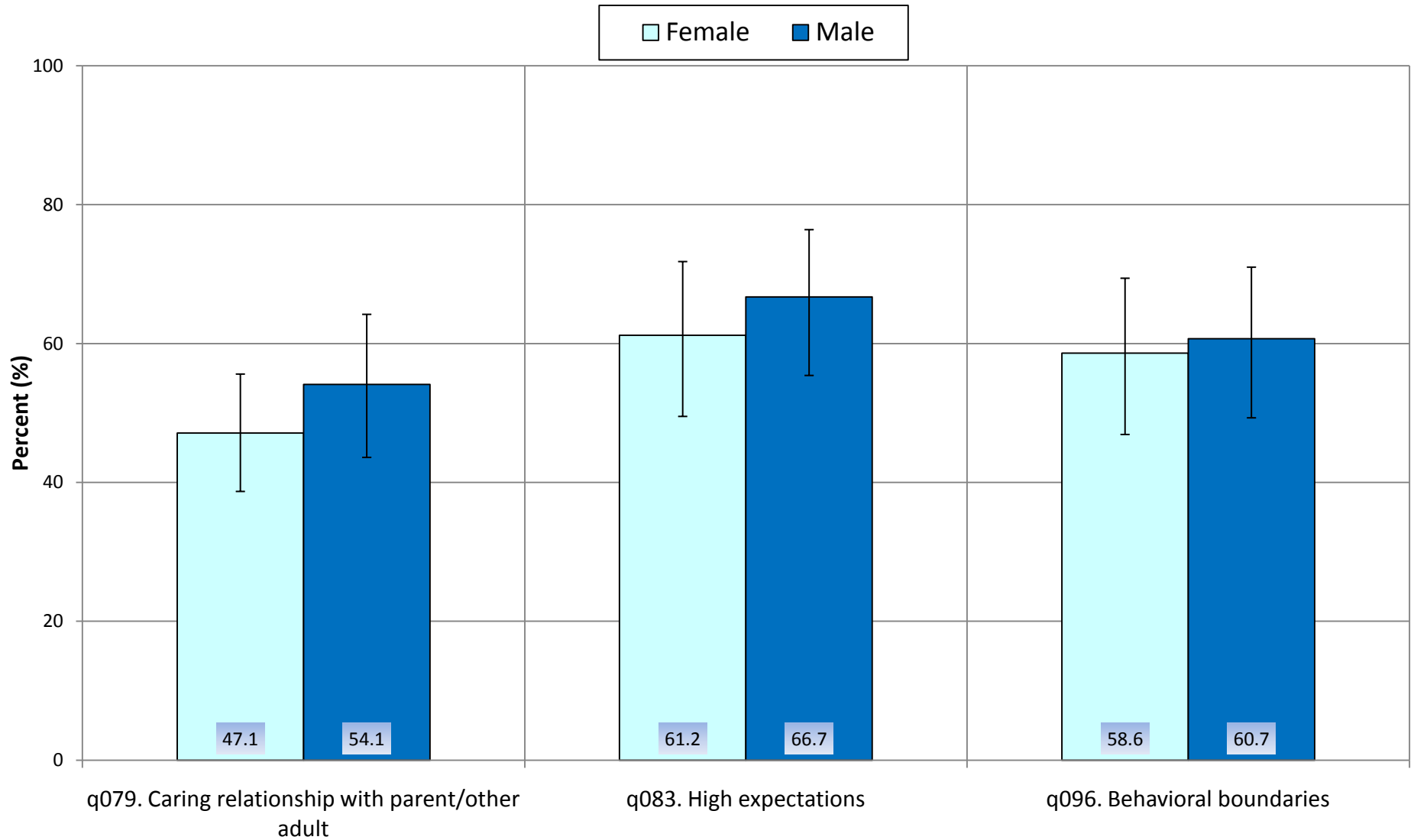
\* See Appendix B for descriptions of Protective/Resiliency Factors

# Protective Factors in the Home New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS



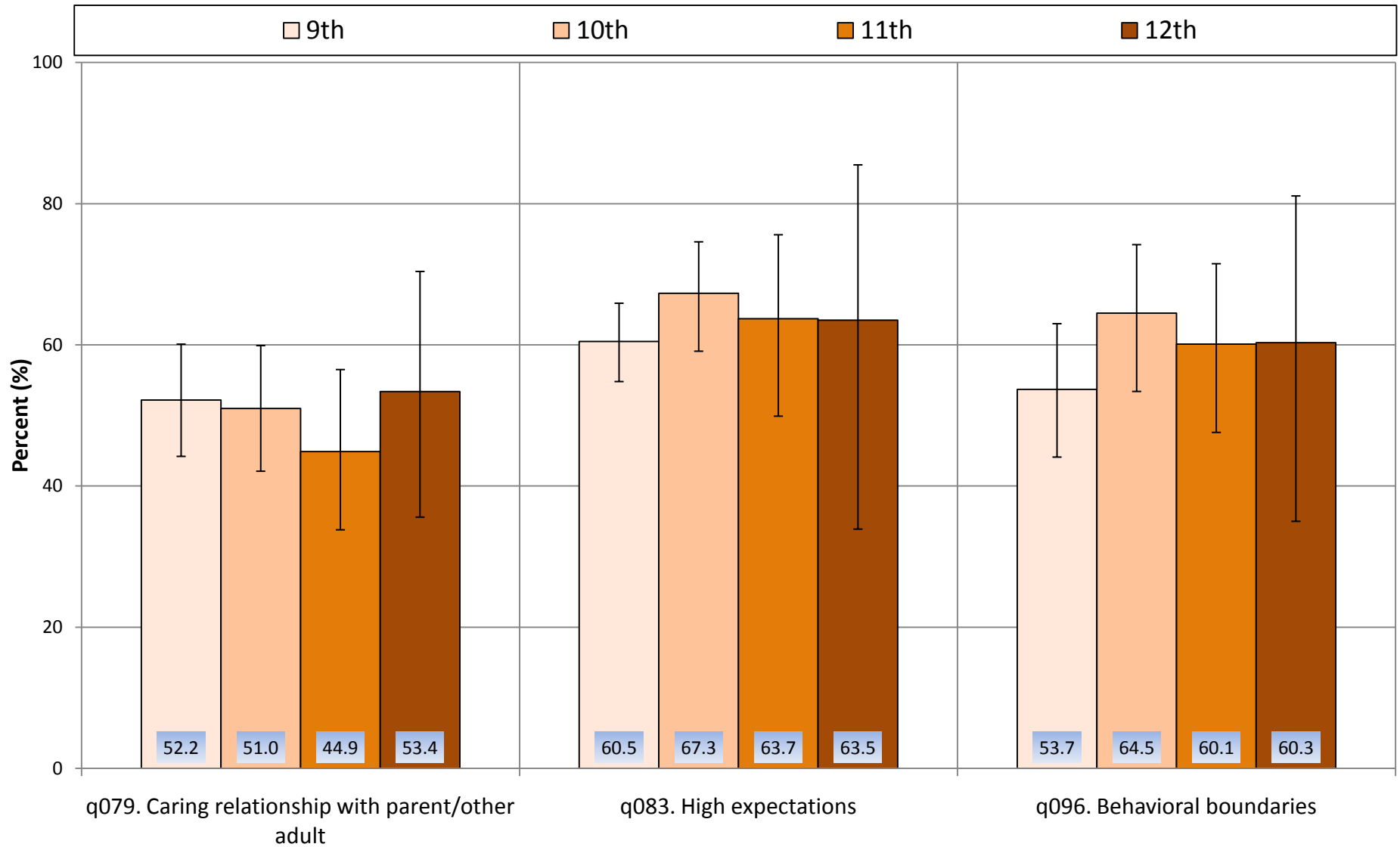
\* See Appendix B for descriptions of Protective/Resiliency Factors

# Protective Factors in the Home by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



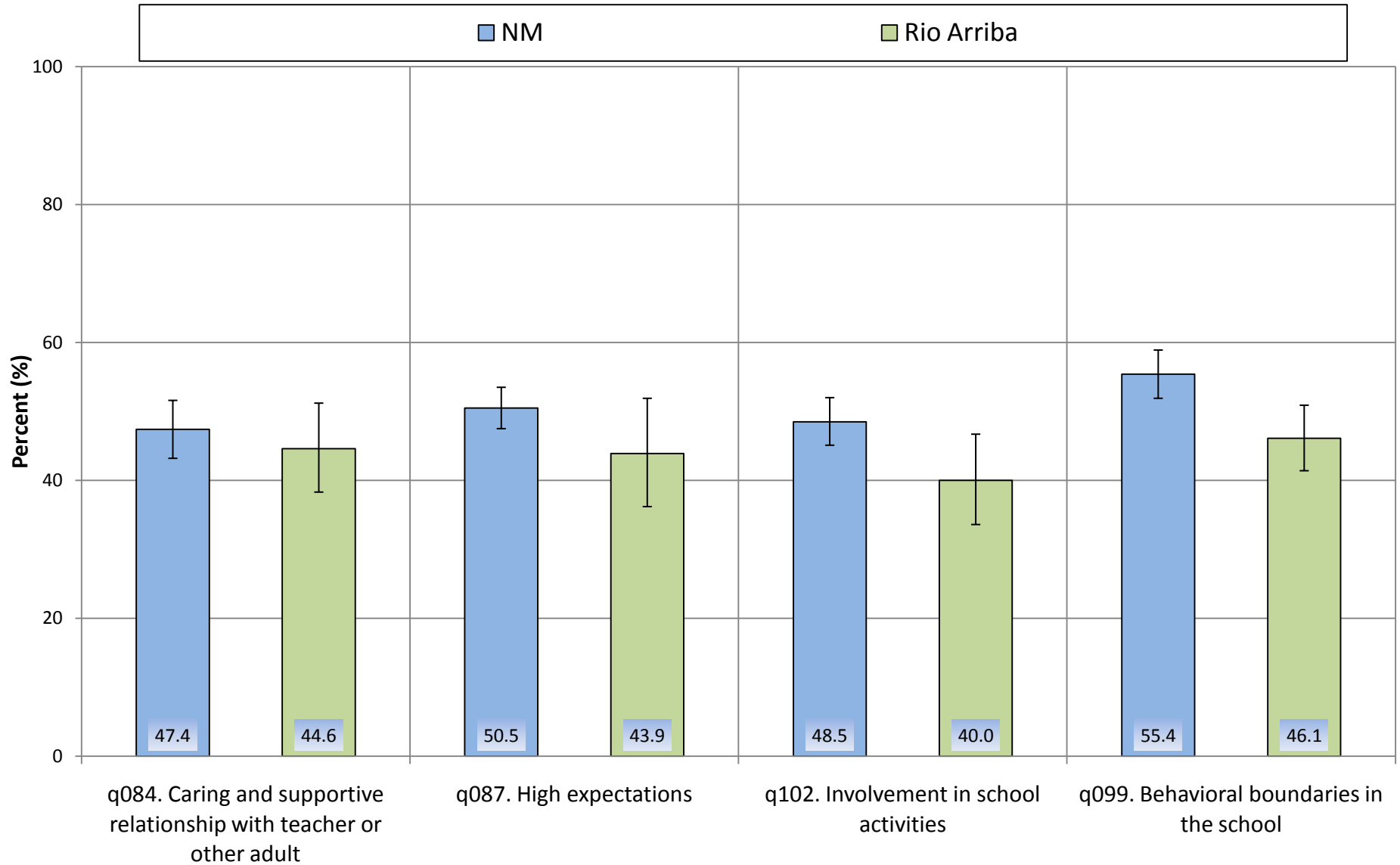
\* See Appendix B for descriptions of Protective/Resiliency Factors

## Protective Factors in the Home by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* See Appendix B for descriptions of Protective/Resiliency Factors

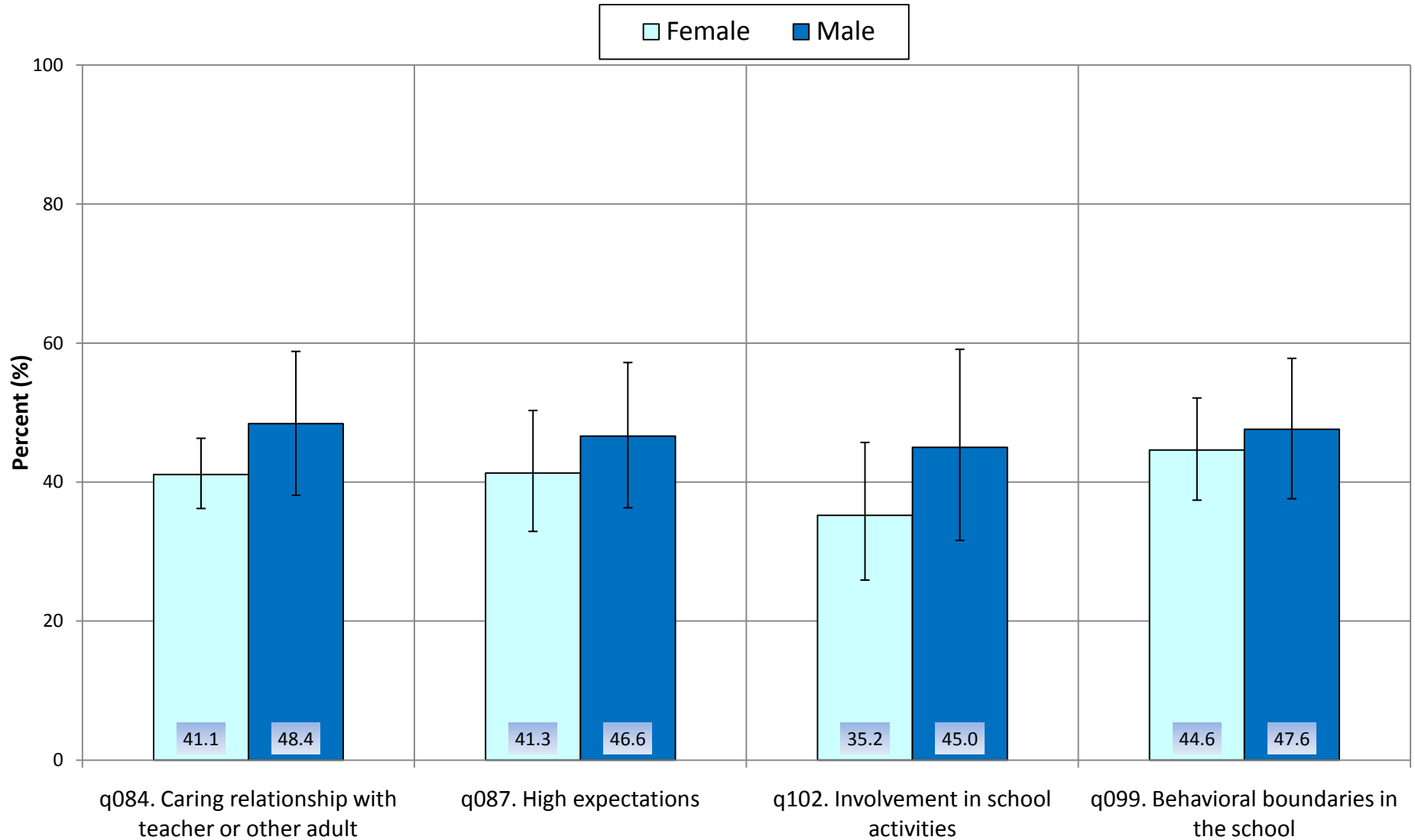
## Protective Factors in the School New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* See Appendix B for descriptions of Protective/Resiliency Factors

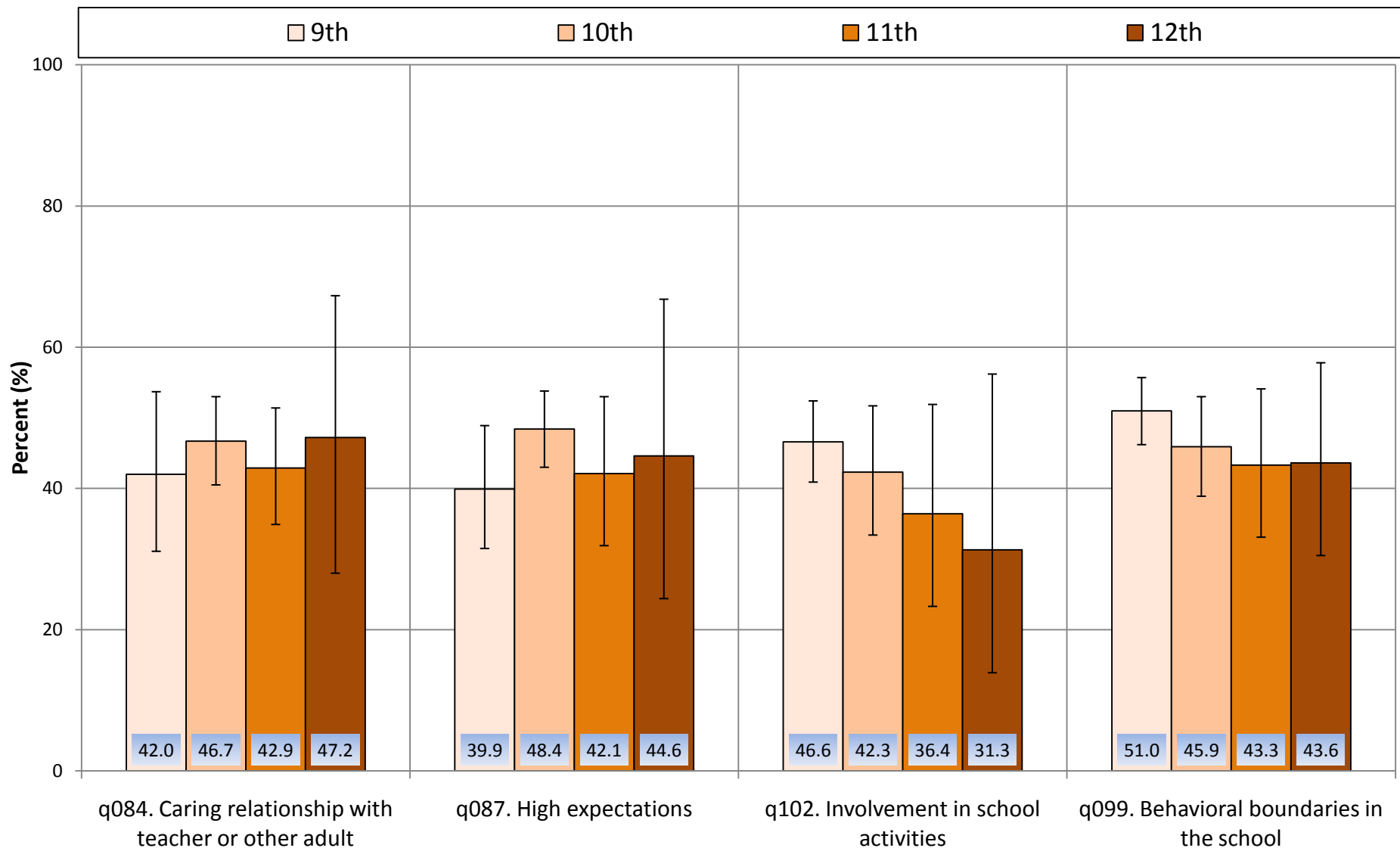


## Protective Factors in the School by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



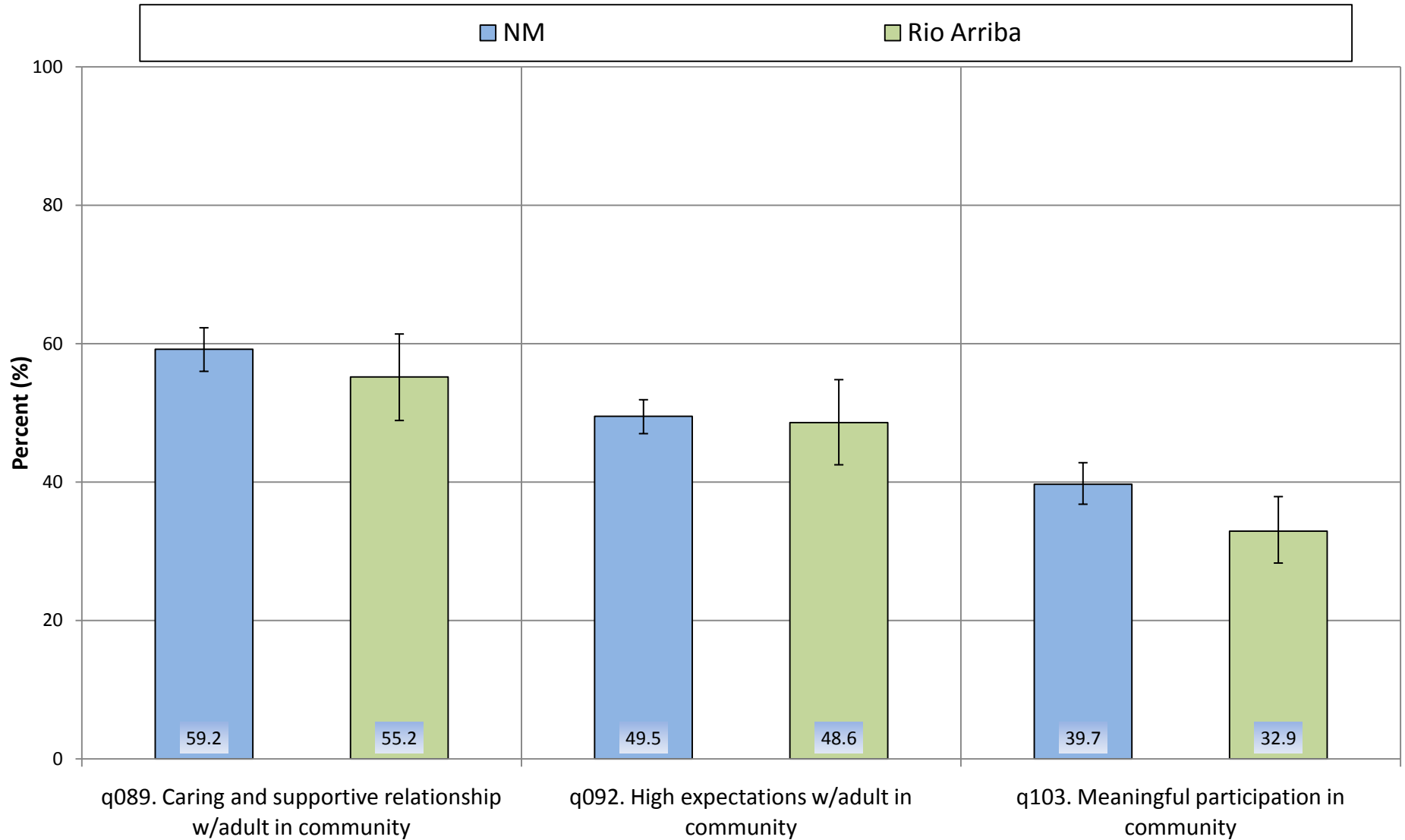
\* See Appendix B for descriptions of Protective/Resiliency Factors

## Protective Factors in the School by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



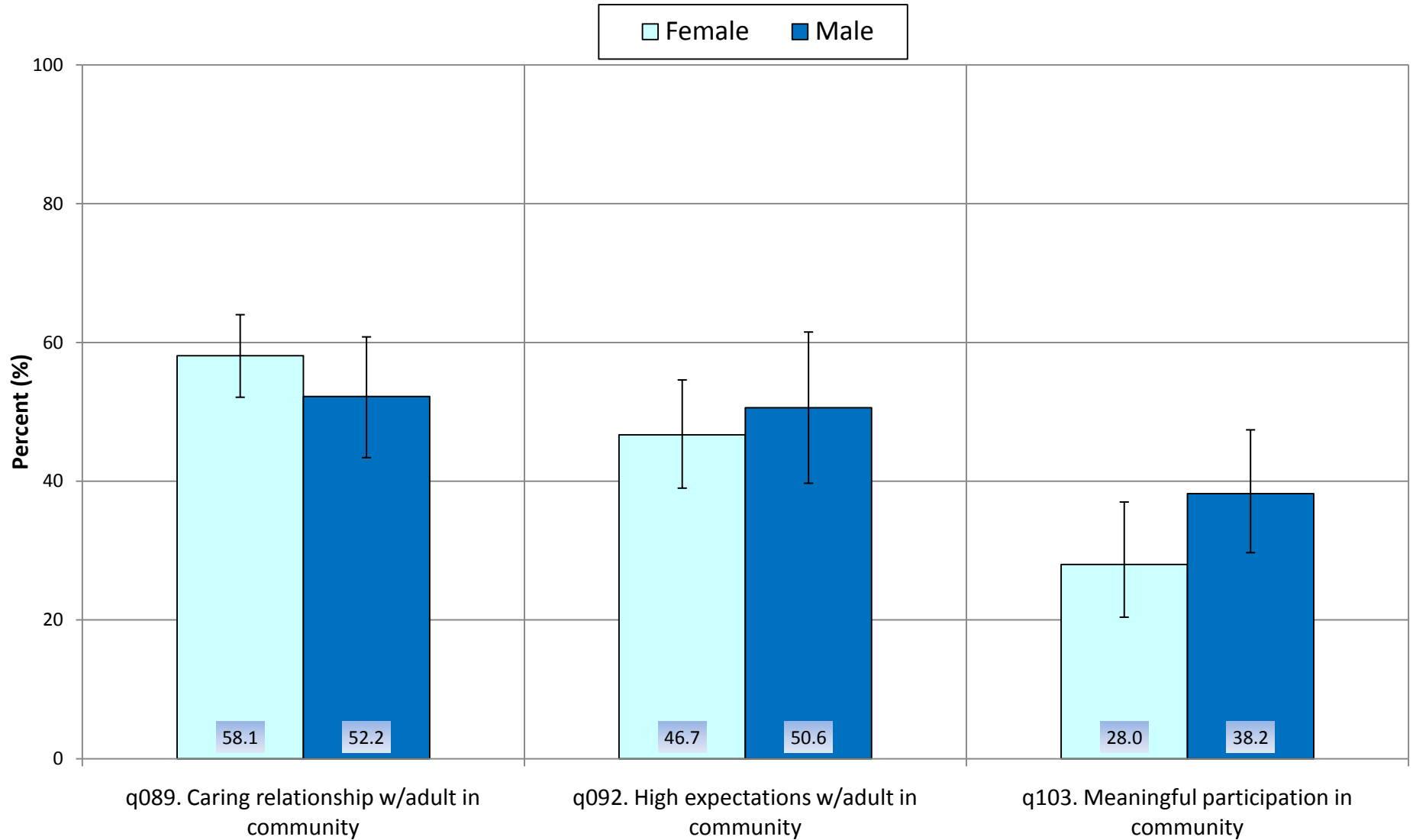
\* See Appendix B for descriptions of Protective/Resiliency Factors

## Protective Factors in the Community New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS



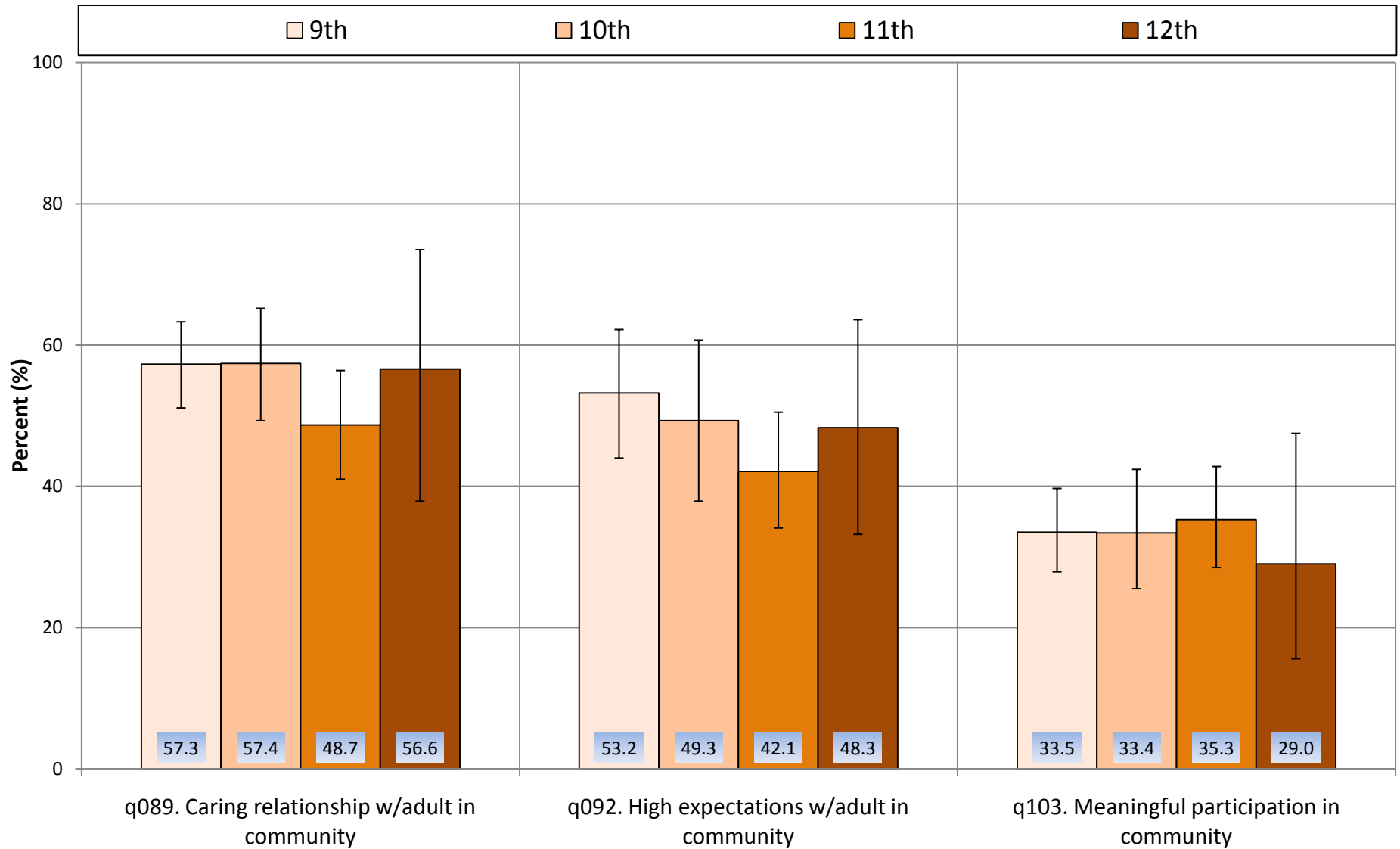
\* See Appendix B for descriptions of Protective/Resiliency Factors

# Protective Factors in the Community by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



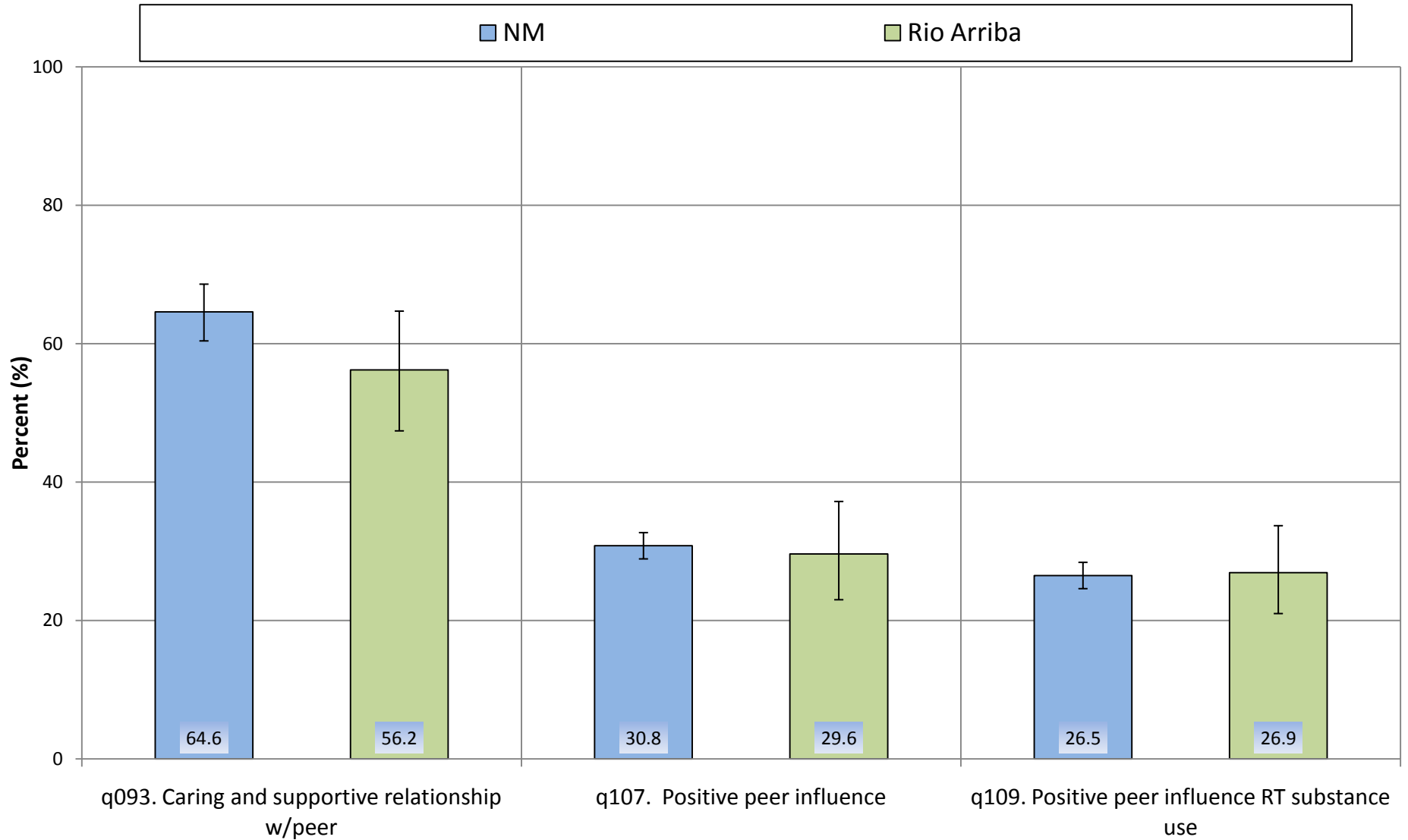
\* See Appendix B for descriptions of Protective/Resiliency Factors

## Protective Factors in the Community by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



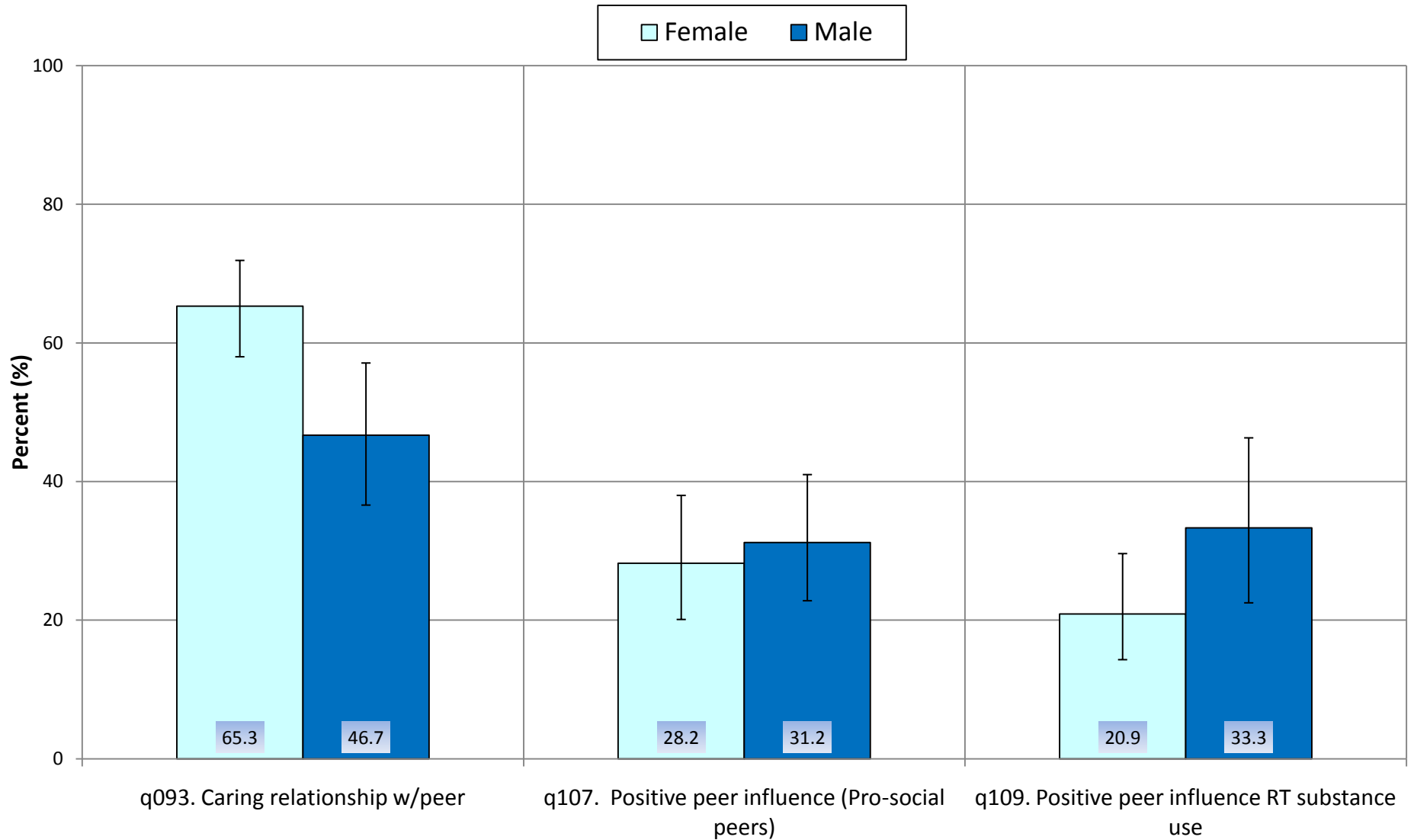
\* See Appendix B for descriptions of Protective/Resiliency Factors

## Protective Factors: Peer Relationships New Mexico and Rio Arriba County Grades 9 - 12, 2009 NM YRRS



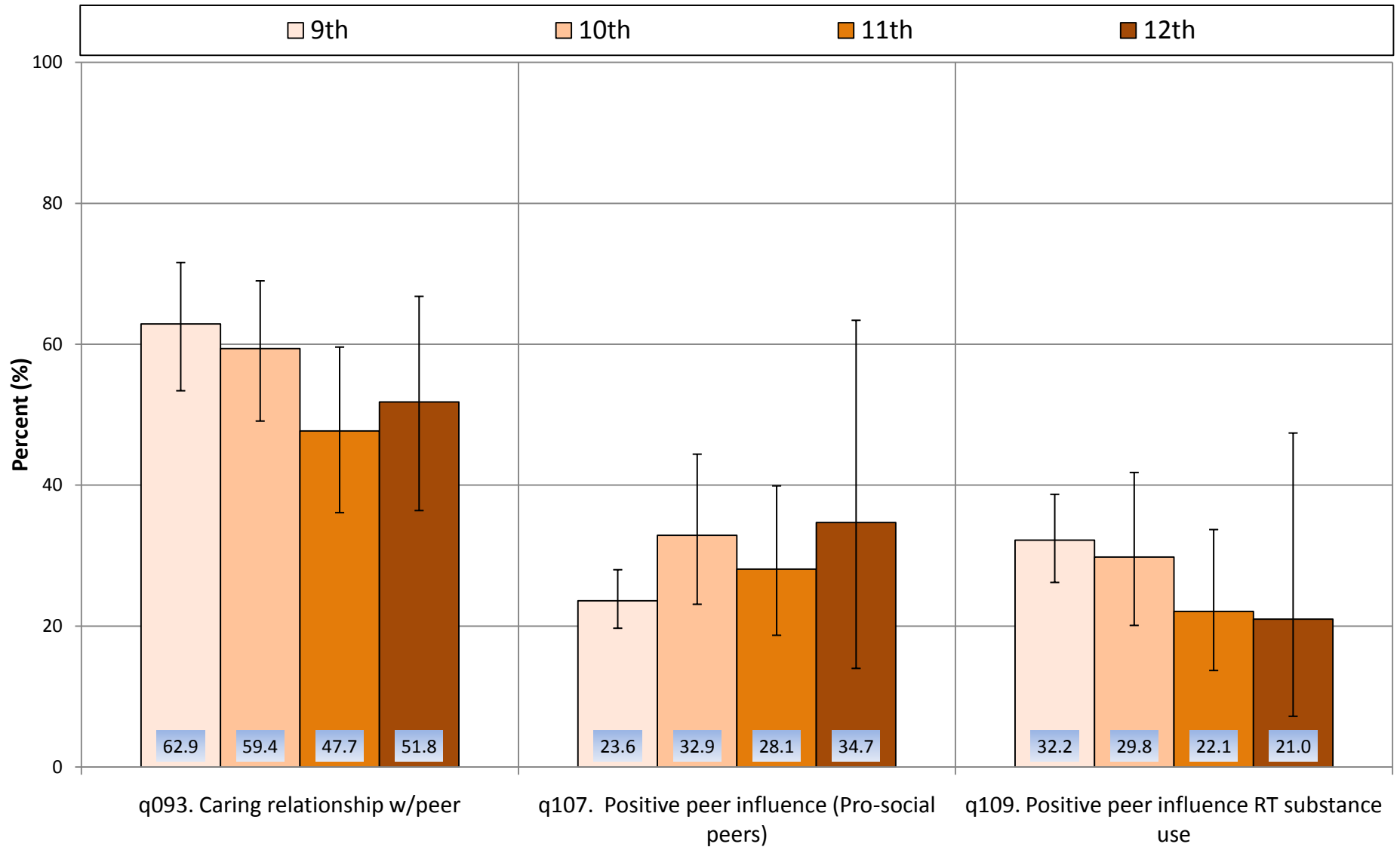
\* See Appendix B for descriptions of Protective/Resiliency Factors

## Protective Factors: Peer Relationships by Gender, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* See Appendix B for descriptions of Protective/Resiliency Factors

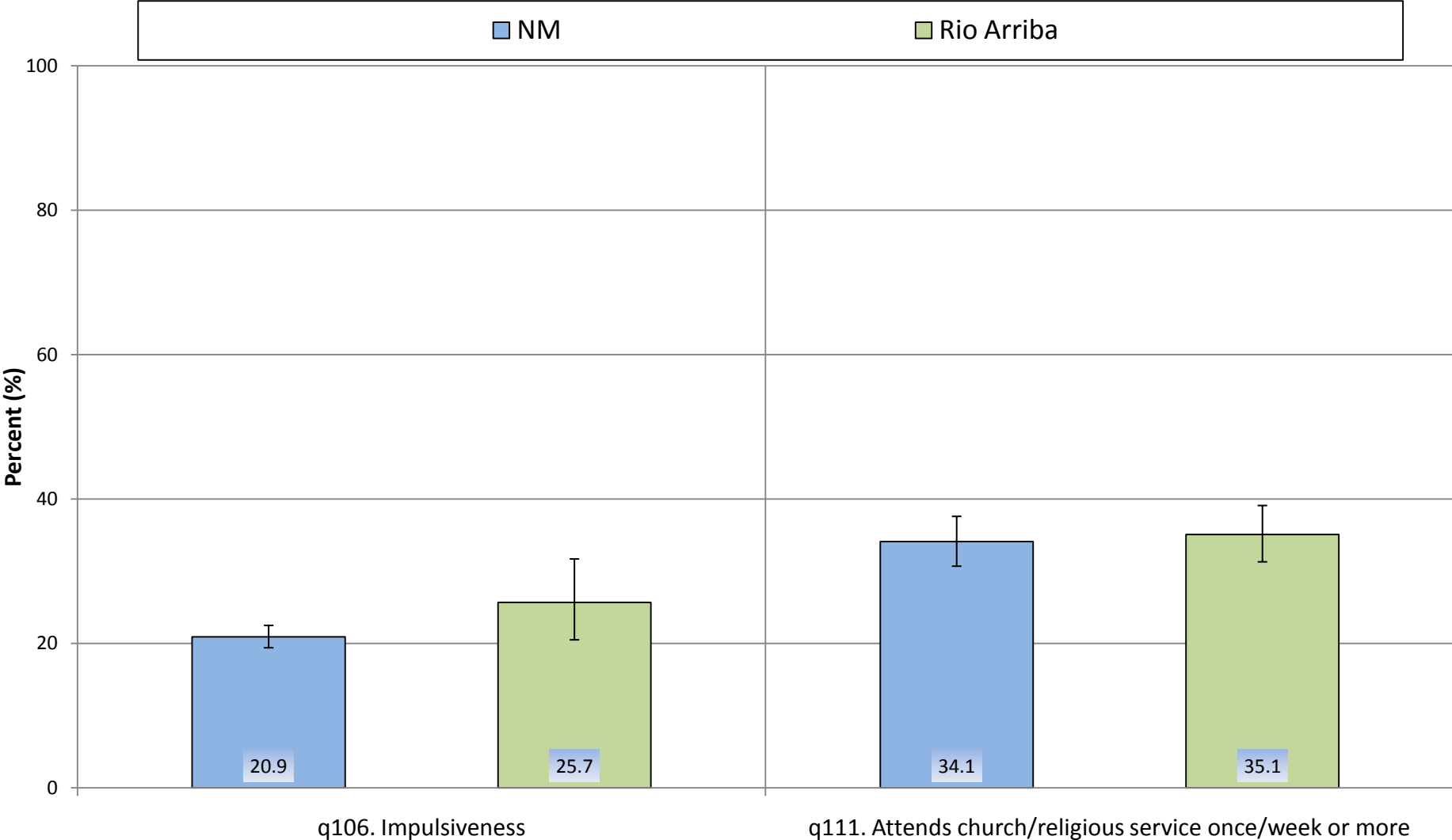
## Protective Factors: Peer Relationships by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* See Appendix B for descriptions of Protective/Resiliency Factors

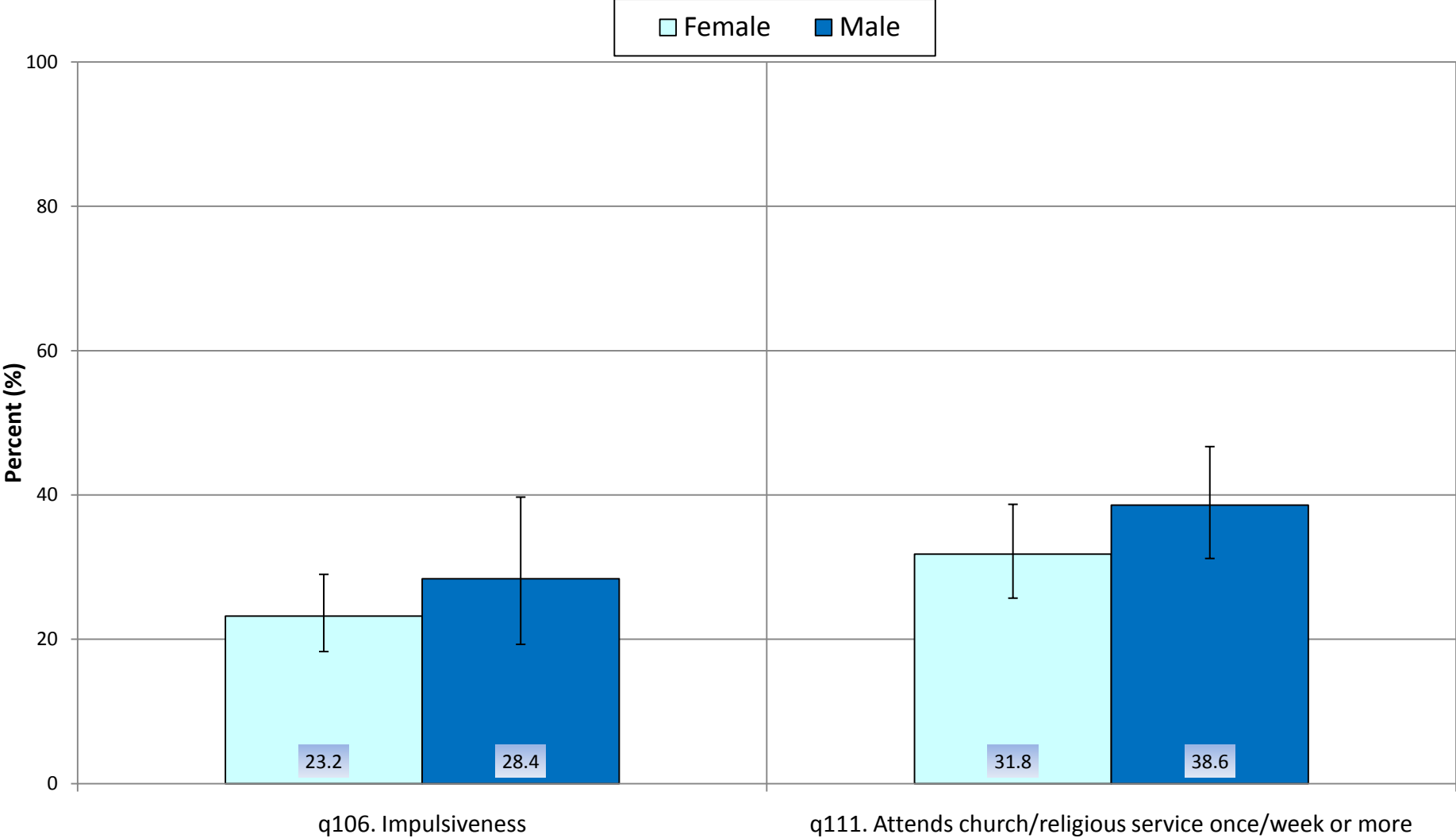


**Other Protective Factors and Related Traits  
New Mexico and Rio Arriba County  
Grades 9 - 12, 2009 NM YRRS**



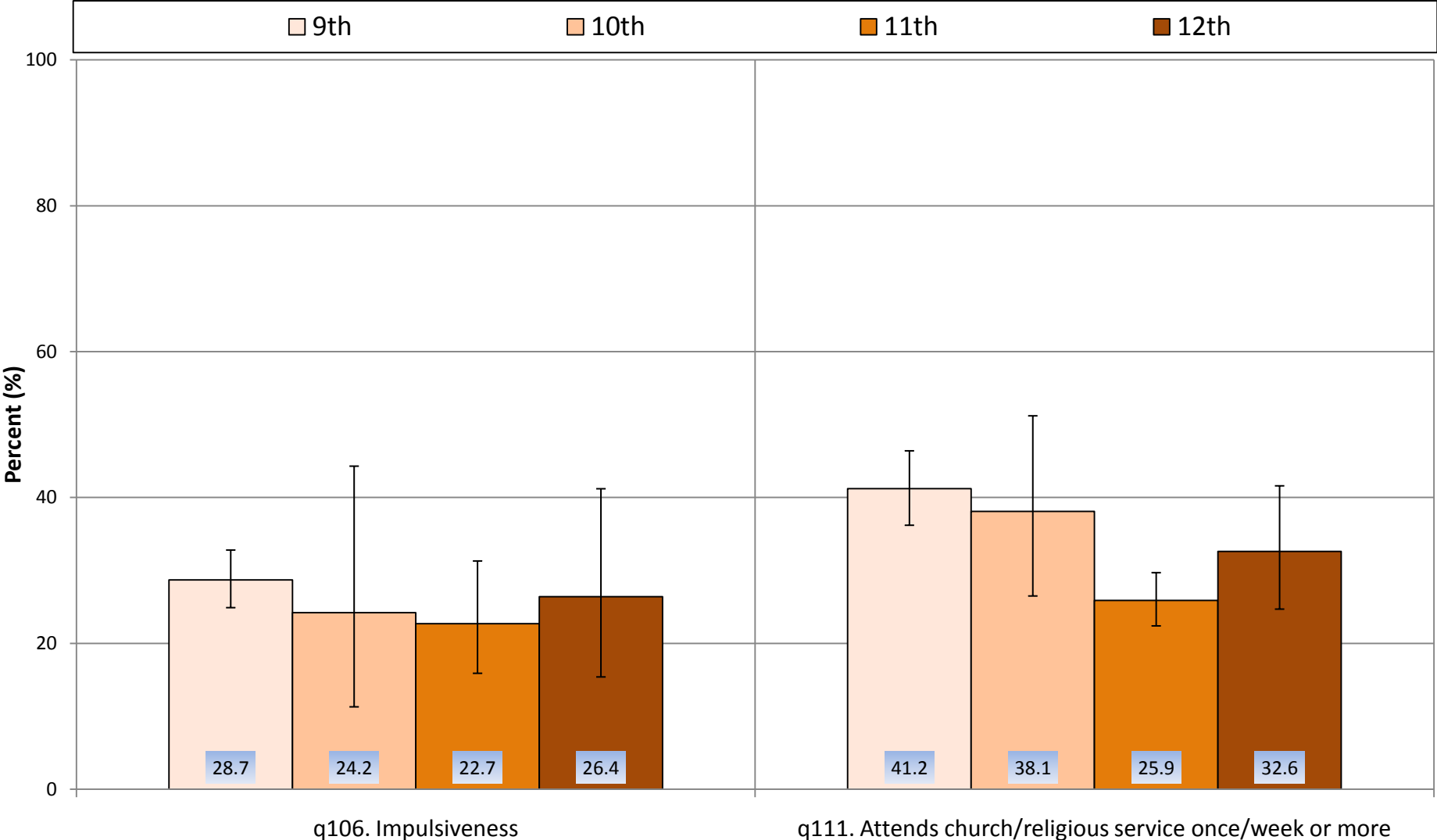
\* See Appendix B for descriptions of Protective/Resiliency Factors

**Other Protective Factors and Related Traits  
by Gender, Rio Arriba County  
Grades 9 - 12, 2009 NM YRRS**



\* See Appendix B for descriptions of Protective/Resiliency Factors

# Other Protective Factors and Related Traits by Grade, Rio Arriba County Grades 9 - 12, 2009 NM YRRS



\* See Appendix B for descriptions of Protective/Resiliency Factors



# Appendices



Appendix A  
 2009 NM Youth Risk and Resiliency Survey  
 High School Questionnaire  
 Rio Arriba County

Personal Information

**Note:** Percents may not add up to 100% because of missing responses.

	<b><u>Number</u></b>	<b><u>(%)</u></b>
1. How old are you?		
A. 12 years old or younger	0	(0.0%)
B. 13 years old	2	(0.4%)
C. 14 years old	76	(15.6%)
D. 15 years old	123	(25.2%)
E. 16 years old	126	(25.8%)
F. 17 years old	117	(24.0%)
G. 18 years old or older	42	(8.6%)
2. What is your sex?		
A. Female	262	(53.7%)
B. Male	226	(46.3%)
3. In what grade are you?		
A. 9th grade	141	(28.9%)
B. 10th grade	122	(25.0%)
C. 11th grade	120	(24.6%)
D. 12th grade	100	(20.5%)
E. Ungraded or other grade	3	(0.6%)
4. Are you Hispanic or Latino?		
A. Yes	371	(76.0%)
B. No	111	(22.7%)
5. What is your race? (Select one or more responses.)		
<b>NOTE:</b> Total may add up to more or less than 100% because respondents were allowed to choose multiple responses, and many students who identified Hispanic ethnicity on question 4 did not choose a response for race.		
A. American Indian or Alaska Native	125	(25.6%)
B. Asian	1	(0.2%)
C. Black or African American	21	(4.3%)
D. Native Hawaiian or Other Pacific Islander	5	(1.0%)
E. White	184	(37.7%)

Appendix A: Questionnaire

6. How tall are you without your shoes on?

Mean height in feet and inches	5' 5"
Mean height in meters	1.67

7. How much do you weigh without your shoes on?

Mean weight in pounds	146
Mean weight in kilograms	66.3

8. During the past 12 months, how would you describe your grades in school?

	<b>%</b>	<b>(95% CI)</b>
A. Mostly A's	23.6	(17.8 - 30.6)
B. Mostly B's	31.7	(25.0 - 39.2)
C. Mostly C's	25.9	(20.7 - 31.9)
D. Mostly D's	2.6	(1.3 - 5.2)
E. Mostly F's	3.4	(1.3 - 8.9)
F. None of these grades	1.0	(0.4 - 2.8)
G. Not sure	11.7	(8.0 - 16.7)

**Personal Safety**

The next 4 questions ask about personal safety.

9. When you rode a bicycle during the past 12 months, how often did you wear a helmet?

A. I did not ride a bicycle during the past 12 months	43.1	(35.6 - 50.9)
B. Never wore a helmet	49.4	(42.7 - 56.1)
C. Rarely wore a helmet	1.7	(0.8 - 3.6)
D. Sometimes wore a helmet	2.4	(1.0 - 5.5)
E. Most of the time wore a helmet	2.0	(0.6 - 6.5)
F. Always wore a helmet	1.5	(0.6 - 3.6)

10. How often do you wear a seat belt when riding in a car driven by someone else?

A. Never	7.6	(3.8 - 14.5)
B. Rarely	12.0	(7.9 - 17.7)
C. Sometimes	15.1	(10.0 - 22.3)
D. Most of the time	28.1	(22.5 - 34.4)
E. Always	37.3	(30.1 - 45.0)

11. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A. 0 times	68.6	(62.1 - 74.4)
B. 1 time	14.0	(10.5 - 18.5)
C. 2 or 3 times	12.1	(8.5 - 16.8)
D. 4 or 5 times	1.8	(0.8 - 3.8)
E. 6 or more times	3.5	(2.1 - 5.8)



Appendix A: Questionnaire

12. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?	<b>%</b>	<b>(95% CI)</b>
A. 0 times	86.4	(75.9 - 92.7)
B. 1 time	6.1	(2.9 - 12.3)
C. 2 or 3 times	4.9	(2.3 - 10.1)
D. 4 or 5 times	1.1	(0.2 - 5.6)
E. 6 or more times	1.6	(0.7 - 3.5)

Violence-Related Behaviors

The next 9 questions ask about violence-related behaviors.

13. Is there a gun in your home?		
A. Yes	60.2	(54.1 - 66.0)
B. No	32.7	(26.6 - 39.5)
C. Not sure	7.1	(4.9 - 10.0)

14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
A. 0 days	72.9	(66.3 - 78.6)
B. 1 day	5.4	(3.5 - 8.3)
C. 2 or 3 days	5.8	(3.3 - 10.0)
D. 4 or 5 days	2.9	(1.2 - 7.1)
E. 6 or more days	13.0	(9.5 - 17.5)

15. During the past 30 days, on how many days did you carry a gun?		
A. 0 days	87.2	(78.7 - 92.6)
B. 1 day	3.7	(1.8 - 7.6)
C. 2 or 3 days	4.4	(2.1 - 9.0)
D. 4 or 5 days	1.3	(0.6 - 2.6)
E. 6 or more days	3.4	(1.8 - 6.6)

16. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
A. 0 days	94.4	(89.9 - 96.9)
B. 1 day	2.7	(1.3 - 5.3)
C. 2 or 3 days	0.6	(0.2 - 1.5)
D. 4 or 5 days	0.4	(0.1 - 1.2)
E. 6 or more days	2.0	(1.0 - 4.0)

17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?		
A. 0 days	93.1	(89.0 - 95.8)
B. 1 day	3.9	(2.1 - 7.0)
C. 2 or 3 days	1.3	(0.5 - 3.1)
D. 4 or 5 days	1.1	(0.2 - 5.2)
E. 6 or more days	0.6	(0.2 - 1.4)

Appendix A: Questionnaire

18. During the past 12 months, how many times were you in a physical fight?	<b>%</b>	<b>(95% CI)</b>
A. 0 times	64.0	(56.0 - 71.3)
B. 1 time	12.8	(10.0 - 16.2)
C. 2 or 3 times	11.2	(7.6 - 16.4)
D. 4 or 5 times	6.3	(3.7 - 10.6)
E. 6 or 7 times	1.8	(0.5 - 6.0)
F. 8 or 9 times	0.4	(0.1 - 1.2)
G. 10 or 11 times	0.0	
H. 12 or more times	3.5	(1.6 - 7.5)
19. During the past 12 months, how many times were you in a physical fight on school property?		
A. 0 times	84.7	(78.6 - 89.2)
B. 1 time	6.4	(3.5 - 11.6)
C. 2 or 3 times	6.6	(3.4 - 12.3)
D. 4 or 5 times	0.5	(0.2 - 1.3)
E. 6 or 7 times	0.1	(0.0 - 0.6)
F. 8 or 9 times	0.8	(0.1 - 6.0)
G. 10 or 11 times	0.1	(0.0 - 0.6)
H. 12 or more times	0.8	(0.2 - 3.1)
20. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
A. Yes	10.2	(7.0 - 14.7)
B. No	89.8	(85.3 - 93.0)
21. Have you ever been physically forced to have sexual intercourse when you did not want to?		
A. Yes	4.5	(2.4 - 8.5)
B. No	95.5	(91.5 - 97.6)

The next question asks about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

22. During the past 12 months, have you ever been bullied on school property?		
A. Yes	13.8	(10.1 - 18.5)
B. No	86.2	(81.5 - 89.9)

## Sadness and Attempted Suicide

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide; that is, taking some action to end their own lives.

	<b>%</b>	<b>(95% CI)</b>
23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A. Yes	31.2	(27.6 - 35.0)
B. No	68.8	(65.0 - 72.4)
24. During the past 12 months, did you ever seriously consider attempting suicide?		
A. Yes	13.5	(9.4 - 18.9)
B. No	86.5	(81.1 - 90.6)
25. During the past 12 months, did you make a plan about how you would attempt suicide?		
A. Yes	8.9	(5.5 - 14.0)
B. No	91.1	(86.0 - 94.5)
26. During the past 12 months, how many times did you actually attempt suicide?		
A. 0 times	90.4	(85.3 - 93.8)
B. 1 time	6.4	(3.3 - 12.2)
C. 2 or 3 times	2.5	(1.3 - 4.5)
D. 4 or 5 times	0.4	(0.1 - 1.1)
E. 6 or more times	0.4	(0.1 - 1.6)
27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
A. I did not attempt suicide during the past 12 months	90.8	(86.1 - 94.0)
B. Yes	2.8	(1.4 - 5.5)
C. No	6.4	(4.1 - 9.9)

## Tobacco Use

The next 12 questions ask about tobacco use.

28. Have you ever tried cigarette smoking, even one or two puffs?		
A. Yes	62.2	(57.4 - 66.7)
B. No	37.8	(33.3 - 42.6)

Appendix A: Questionnaire

	<b>%</b>	<b>(95% CI)</b>
29. How old were you when you smoked a whole cigarette for the first time?		
A. I have never smoked a whole cigarette	50.6	(44.0 - 57.2)
B. 8 years old or younger	5.7	(2.7 - 11.6)
C. 9 or 10 years old	7.2	(5.5 - 9.4)
D. 11 or 12 years old	10.3	(7.0 - 14.8)
E. 13 or 14 years old	15.1	(10.9 - 20.6)
F. 15 or 16 years old	9.8	(7.4 - 12.7)
G. 17 years old or older	1.3	(0.4 - 4.7)
30. During the past 30 days, on how many days did you smoke cigarettes?		
A. 0 days	74.5	(67.2 - 80.7)
B. 1 or 2 days	6.8	(4.3 - 10.5)
C. 3 to 5 days	5.9	(3.2 - 10.7)
D. 6 to 9 days	3.5	(1.7 - 6.9)
E. 10 to 19 days	2.5	(1.1 - 5.6)
F. 20 to 29 days	2.4	(1.0 - 5.5)
G. All 30 days	4.4	(3.2 - 5.9)
31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
A. I did not smoke cigarettes during the past 30 days	74.7	(67.8 - 80.5)
B. Less than 1 cigarette per day	4.8	(2.9 - 7.7)
C. 1 cigarette per day	10.4	(6.9 - 15.3)
D. 2 to 5 cigarettes per day	7.4	(4.4 - 12.1)
E. 6 to 10 cigarettes per day	1.4	(0.5 - 3.6)
F. 11 to 20 cigarettes per day	1.2	(0.4 - 4.0)
G. More than 20 cigarettes per day	0.2	(0.0 - 0.8)
32. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)		
A. I did not smoke cigarettes during the past 30 days	75.9	(68.3 - 82.2)
B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	4.1	(2.1 - 7.9)
C. I bought them from a vending machine	0.1	(0.0 - 0.7)
D. I gave someone else money to buy them for me	4.1	(2.4 - 7.0)
E. I borrowed (or bummed) them from someone else	4.4	(2.3 - 8.3)
F. A person 18 years old or older gave them to me	1.3	(0.6 - 2.8)
G. I took them from a store or family member	2.1	(0.7 - 6.1)
H. I got them some other way	7.9	(4.4 - 13.8)

Appendix A: Questionnaire

33. During the past 30 days, on how many days did you smoke cigarettes on school property?	<b>%</b>	<b>(95% CI)</b>
A. 0 days	94.7	(90.6 - 97.0)
B. 1 or 2 days	1.4	(0.5 - 4.3)
C. 3 to 5 days	2.7	(1.2 - 5.8)
D. 6 to 9 days	0.9	(0.2 - 3.0)
E. 10 to 19 days	0.2	(0.0 - 1.2)
F. 20 to 29 days	0.1	(0.0 - 0.7)
G. All 30 days	0.1	(0.0 - 0.6)
34. During the past 12 months, did you ever try to quit smoking cigarettes?		
A. I did not smoke during the past 12 months	64.9	(55.8 - 73.1)
B. Yes	18.4	(13.9 - 24.0)
C. No	16.7	(11.1 - 24.3)
35. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?		
A. 0 days	89.9	(84.7 - 93.5)
B. 1 or 2 days	3.5	(1.6 - 7.8)
C. 3 to 5 days	0.9	(0.3 - 2.7)
D. 6 to 9 days	2.6	(1.2 - 5.8)
E. 10 to 19 days	0.9	(0.4 - 2.2)
F. 20 to 29 days	0.1	(0.0 - 0.5)
G. All 30 days	2.0	(1.1 - 3.7)
36. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A. 0 days	84.5	(78.8 - 88.9)
B. 1 or 2 days	5.2	(3.2 - 8.4)
C. 3 to 5 days	4.9	(3.2 - 7.5)
D. 6 to 9 days	3.2	(1.4 - 6.9)
E. 10 to 19 days	0.9	(0.3 - 2.7)
F. 20 to 29 days	0.2	(0.0 - 0.8)
G. All 30 days	1.1	(0.7 - 1.9)
37. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?		
A. 0 days	46.3	(38.9 - 53.9)
B. 1 or 2 days	21.3	(17.3 - 25.9)
C. 3 or 4 days	9.1	(6.9 - 12.0)
D. 5 or 6 days	6.8	(2.7 - 16.1)
E. 7 days	16.5	(12.5 - 21.4)

## Appendix A: Questionnaire

38. How wrong do your parents feel it would be for you to smoke cigarettes?	<b>% (95% CI)</b>
A. Very wrong	61.6 (52.8 - 69.6)
B. Wrong	26.9 (20.9 - 33.9)
C. A little bit wrong	9.4 (6.6 - 13.2)
D. Not wrong at all	2.1 (1.0 - 4.3)

39. How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?	
A. No risk	8.0 (4.6 - 13.5)
B. Slight risk	7.4 (4.7 - 11.6)
C. Moderate risk	29.4 (24.4 - 34.9)
D. Great risk	55.2 (47.6 - 62.6)

### Alcohol

The next 11 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

40. How old were you when you had your first drink of alcohol other than a few sips?	
A. I have never had a drink of alcohol other than a few sips	29.0 (24.8 - 33.5)
B. 8 years old or younger	11.8 (6.7 - 20.0)
C. 9 or 10 years old	8.4 (5.4 - 12.9)
D. 11 or 12 years old	16.5 (12.0 - 22.4)
E. 13 or 14 years old	20.4 (14.9 - 27.1)
F. 15 or 16 years old	10.8 (8.1 - 14.2)
G. 17 years old or older	3.2 (1.0 - 9.7)

41. During the past 30 days, on how many days did you have at least one drink of alcohol?	
A. 0 days	53.6 (45.8 - 61.2)
B. 1 or 2 days	22.6 (18.6 - 27.2)
C. 3 to 5 days	12.0 (8.2 - 17.3)
D. 6 to 9 days	5.9 (3.3 - 10.5)
E. 10 to 19 days	5.0 (2.5 - 9.7)
F. 20 to 29 days	0.2 (0.1 - 0.9)
G. All 30 days	0.6 (0.3 - 1.3)

Appendix A: Questionnaire

42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?	<b>%</b>	<b>(95% CI)</b>
A. 0 days	67.1	(57.7 - 75.4)
B. 1 day	15.0	(12.2 - 18.2)
C. 2 days	7.7	(4.3 - 13.4)
D. 3 to 5 days	5.9	(3.7 - 9.3)
E. 6 to 9 days	2.7	(1.1 - 6.0)
F. 10 to 19 days	0.9	(0.3 - 3.1)
G. 20 or more days	0.7	(0.3 - 1.5)
43. During the past 30 days, what type of alcohol did you usually drink? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	54.3	(47.4 - 61.0)
B. I do not have a usual type	4.3	(2.7 - 6.8)
C. Beer	6.4	(3.2 - 12.5)
D. Malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade	9.9	(6.5 - 14.7)
E. Wine coolers, such as Bartles & James or Seagrams	0.5	(0.1 - 2.9)
F. Wine	1.3	(0.4 - 3.9)
G. Liquor, such as vodka, rum, scotch, bourbon, or whiskey	20.2	(14.3 - 27.8)
H. Some other type	3.1	(1.8 - 5.5)
44. During the past 30 days, how did you usually get the alcohol you drank?		
A. I did not drink alcohol during the past 30 days	52.7	(44.0 - 61.3)
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	1.6	(0.5 - 5.2)
C. I bought it at a restaurant, bar, or club	0.4	(0.2 - 1.2)
D. I bought it at a public event such as a concert or sporting event	1.2	(0.2 - 6.0)
E. I gave someone else money to buy it for me	10.2	(6.8 - 15.0)
F. Someone gave it to me	17.7	(14.3 - 21.8)
G. I took it from a store or family member	3.7	(1.6 - 8.2)
H. I got it some other way	12.6	(9.4 - 16.7)
45. During the past 30 days, where did you usually drink alcohol? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	53.0	(45.3 - 60.5)
B. At my home	12.1	(8.1 - 17.8)
C. At another person's home	28.9	(23.8 - 34.7)
D. While riding in or driving a car	1.7	(0.6 - 4.7)
E. At a restaurant, bar, or club	1.2	(0.4 - 3.7)
F. At a public place such as a park, beach, or parking lot	1.6	(0.5 - 4.5)
G. At a public event such as a concert or sporting event	0.8	(0.3 - 2.4)
H. On school property	0.8	(0.3 - 2.1)

Appendix A: Questionnaire

46. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?	<b>%</b>	<b>(95% CI)</b>
A. 0 days	88.8	(80.2 - 93.9)
B. 1 or 2 days	7.9	(4.4 - 13.8)
C. 3 to 5 days	1.7	(0.7 - 4.2)
D. 6 to 9 days	0.1	(0.0 - 0.6)
E. 10 to 19 days	1.0	(0.2 - 5.4)
F. 20 to 29 days	0.1	(0.0 - 0.8)
G. All 30 days	0.3	(0.1 - 0.9)
47. How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	40.6	(33.8 - 47.7)
B. Wrong	34.3	(26.4 - 43.0)
C. A little bit wrong	20.7	(15.2 - 27.6)
D. Not wrong at all	4.4	(2.3 - 8.4)
48. How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	65.6	(56.7 - 73.5)
B. Wrong	21.8	(17.6 - 26.7)
C. A little bit wrong	9.5	(5.3 - 16.3)
D. Not wrong at all	3.1	(1.1 - 8.4)
49. How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	38.6	(35.0 - 42.3)
B. Wrong	24.2	(19.4 - 29.8)
C. A little bit wrong	21.5	(16.2 - 27.8)
D. Not wrong at all	15.7	(11.5 - 21.2)
50. How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?		
A. No risk	10.2	(6.7 - 15.3)
B. Slight risk	22.5	(16.9 - 29.3)
C. Moderate risk	30.2	(26.2 - 34.5)
D. Great risk	37.1	(29.9 - 44.9)



## Marijuana Use

The next 5 questions ask about marijuana use. Marijuana also is called grass or pot.

	<b>%</b>	<b>(95% CI)</b>
51. How old were you when you tried marijuana for the first time?		
A. I have never tried marijuana	44.8	(40.3 - 49.5)
B. 8 years old or younger	8.4	(5.4 - 12.9)
C. 9 or 10 years old	7.2	(4.2 - 12.2)
D. 11 or 12 years old	16.0	(11.1 - 22.6)
E. 13 or 14 years old	13.8	(9.8 - 19.2)
F. 15 or 16 years old	9.1	(6.0 - 13.7)
G. 17 years old or older	0.6	(0.2 - 1.4)
52. During the past 30 days, how many times did you use marijuana?		
A. 0 times	65.6	(60.4 - 70.6)
B. 1 or 2 times	8.5	(5.4 - 13.2)
C. 3 to 9 times	7.0	(4.9 - 9.8)
D. 10 to 19 times	5.0	(3.0 - 8.4)
E. 20 to 39 times	4.6	(2.3 - 9.0)
F. 40 or more times	9.3	(6.8 - 12.5)
53. During the past 30 days, how many times did you use marijuana on school property?		
A. 0 times	89.9	(84.0 - 93.8)
B. 1 or 2 times	4.8	(2.7 - 8.5)
C. 3 to 9 times	2.8	(1.1 - 6.7)
D. 10 to 19 times	0.8	(0.2 - 2.9)
E. 20 to 39 times	0.5	(0.1 - 2.4)
F. 40 or more times	1.2	(0.4 - 3.2)
54. How wrong do your parents feel it would be for you to use marijuana?		
A. Very wrong	70.2	(60.4 - 78.5)
B. Wrong	14.2	(11.2 - 17.9)
C. A little bit wrong	9.5	(5.6 - 15.8)
D. Not wrong at all	6.0	(3.0 - 11.6)
55. How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana regularly?		
A. No risk	24.4	(18.0 - 32.0)
B. Slight risk	28.3	(24.0 - 32.9)
C. Moderate risk	17.5	(13.4 - 22.4)
D. Great risk	29.9	(24.2 - 36.4)

## Other Drugs

The next 12 questions ask about other drugs.

56. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?	<b>%</b>	<b>(95% CI)</b>
A. 0 times	84.0	(75.6 - 89.9)
B. 1 or 2 times	8.2	(3.4 - 18.3)
C. 3 to 9 times	3.4	(1.7 - 6.6)
D. 10 to 19 times	1.1	(0.4 - 2.7)
E. 20 to 39 times	1.0	(0.2 - 4.1)
F. 40 or more times	2.4	(1.1 - 5.1)
57. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?		
A. 0 times	91.4	(87.9 - 94.0)
B. 1 or 2 times	4.1	(1.8 - 8.9)
C. 3 to 9 times	2.8	(1.5 - 5.3)
D. 10 to 19 times	0.3	(0.1 - 1.1)
E. 20 to 39 times	0.6	(0.1 - 3.2)
F. 40 or more times	0.9	(0.3 - 2.7)
58. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?		
A. 0 times	88.4	(83.4 - 92.0)
B. 1 or 2 times	5.0	(2.6 - 9.5)
C. 3 to 9 times	1.9	(0.9 - 3.7)
D. 10 to 19 times	2.8	(1.2 - 6.4)
E. 20 to 39 times	0.5	(0.1 - 3.3)
F. 40 or more times	1.5	(0.4 - 5.2)
59. During your life, how many times have you used heroin (also called smack, junk, or China White)?		
A. 0 times	91.8	(84.1 - 95.9)
B. 1 or 2 times	3.0	(1.1 - 8.1)
C. 3 to 9 times	2.5	(1.4 - 4.5)
D. 10 to 19 times	0.7	(0.2 - 2.5)
E. 20 to 39 times	0.9	(0.1 - 6.1)
F. 40 or more times	1.2	(0.2 - 5.6)
60. During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?		
A. 0 times	93.5	(84.0 - 97.5)
B. 1 or 2 times	2.0	(0.6 - 6.0)
C. 3 to 9 times	1.6	(0.5 - 5.4)
D. 10 to 19 times	2.2	(0.5 - 9.4)
E. 20 to 39 times	0.1	(0.0 - 0.6)
F. 40 or more times	0.7	(0.2 - 2.5)

Appendix A: Questionnaire

61. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?		<b>%</b>	<b>(95% CI)</b>
A. 0 times		92.6	(81.0 - 97.3)
B. 1 or 2 times		2.9	(0.9 - 8.7)
C. 3 to 9 times		2.2	(0.7 - 7.0)
D. 10 to 19 times		0.7	(0.2 - 2.2)
E. 20 to 39 times		0.1	(0.0 - 0.6)
F. 40 or more times		1.5	(0.6 - 3.5)
62. During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?			
A. 0 times		94.5	(85.0 - 98.1)
B. 1 or 2 times		3.7	(1.2 - 11.0)
C. 3 to 9 times		0.4	(0.1 - 2.3)
D. 10 to 19 times		0.0	
E. 20 to 39 times		0.5	(0.1 - 2.2)
F. 40 or more times		0.8	(0.2 - 2.9)
63. During your life, how many times have you used ecstasy (also called MDMA)?			
A. 0 times		87.5	(78.4 - 93.1)
B. 1 or 2 times		6.8	(3.4 - 13.2)
C. 3 to 9 times		2.0	(0.9 - 4.5)
D. 10 to 19 times		0.9	(0.2 - 3.4)
E. 20 to 39 times		0.1	(0.0 - 0.4)
F. 40 or more times		2.8	(0.9 - 7.9)
64. During the past 30 days, how many times have you used ecstasy (also called MDMA)?			
A. 0 times		89.3	(76.3 - 95.6)
B. 1 or 2 times		5.9	(2.2 - 15.0)
C. 3 to 9 times		1.6	(0.5 - 4.9)
D. 10 to 19 times		0.9	(0.2 - 3.4)
E. 20 to 39 times		1.3	(0.4 - 4.6)
F. 40 or more times		1.0	(0.3 - 3.0)
65. During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?			
A. 0 times		80.6	(73.2 - 86.4)
B. 1 or 2 times		6.2	(3.7 - 10.3)
C. 3 to 9 times		6.5	(4.1 - 10.0)
D. 10 to 19 times		3.9	(2.2 - 6.7)
E. 20 to 39 times		1.2	(0.5 - 3.0)
F. 40 or more times		1.6	(0.7 - 3.6)

## Appendix A: Questionnaire

66. During your life, how many times have you used a needle to inject any illegal drug into your body?		<b>%</b>	<b>(95% CI)</b>
A. 0 times		93.0	(84.1 - 97.1)
B. 1 time		4.2	(1.3 - 12.6)
C. 2 or more times		2.8	(1.0 - 7.7)

67. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A. Yes		31.7	(25.4 - 38.7)
B. No		68.3	(61.3 - 74.6)

### Obtaining Drugs and Alcohol

If you wanted to, how hard or easy would each of the following be to get?

68. Beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?			
A. Very hard		16.7	(13.2 - 20.9)
B. Sort of hard		18.9	(13.5 - 25.8)
C. Sort of easy		29.2	(22.6 - 37.0)
D. Very easy		35.2	(27.7 - 43.4)

69. Marijuana?			
A. Very hard		17.5	(13.9 - 21.9)
B. Sort of hard		10.0	(7.7 - 13.0)
C. Sort of easy		28.1	(21.8 - 35.4)
D. Very easy		44.3	(37.8 - 51.0)

70. Cocaine, LSD, methamphetamines, or other illegal drug?			
A. Very hard		43.6	(36.5 - 51.1)
B. Sort of hard		19.1	(15.4 - 23.5)
C. Sort of easy		18.9	(13.7 - 25.5)
D. Very easy		18.3	(13.5 - 24.3)

71. How many adults have you known personally who, in the past year, have used marijuana, cocaine, or other drugs?			
A. 0 adults		29.1	(22.3 - 37.0)
B. 1 adult		17.9	(12.8 - 24.3)
C. 2 adults		13.8	(8.9 - 21.0)
D. 3 or 4 adults		13.7	(10.5 - 17.7)
E. 5 or more adults		25.5	(20.6 - 31.0)

72. How many adults have you known personally who, in the past year, have sold or dealt drugs?			
A. 0 adults		45.8	(39.2 - 52.6)
B. 1 adult		20.1	(14.3 - 27.5)
C. 2 adults		11.5	(8.2 - 15.8)
D. 3 or 4 adults		8.5	(5.6 - 12.6)
E. 5 or more adults		14.1	(10.0 - 19.5)

## Sexual Behavior

The next 6 questions ask about sexual behavior.

	<b>%</b>	<b>(95% CI)</b>
73. How old were you when you had sexual intercourse for the first time?		
A. I have never had sexual intercourse	47.5	(41.9 - 53.2)
B. 11 years old or younger	7.7	(3.4 - 16.8)
C. 12 years old	5.5	(2.8 - 10.5)
D. 13 years old	9.5	(7.3 - 12.1)
E. 14 years old	8.2	(5.8 - 11.6)
F. 15 years old	16.0	(10.4 - 23.8)
G. 16 years old	4.5	(2.2 - 8.9)
H. 17 years old or older	1.1	(0.5 - 2.2)
74. During your life, with how many people have you had sexual intercourse?		
A. I have never had sexual intercourse	48.1	(42.2 - 54.1)
B. 1 person	15.6	(11.6 - 20.7)
C. 2 people	10.4	(6.7 - 15.9)
D. 3 people	8.7	(5.9 - 12.8)
E. 4 people	6.6	(3.6 - 11.8)
F. 5 people	2.9	(1.4 - 6.2)
G. 6 or more people	7.6	(4.6 - 12.3)
75. During the past 3 months, with how many people did you have sexual intercourse?		
A. I have never had sexual intercourse	47.8	(42.2 - 53.5)
B. I have had sexual intercourse, but not during the past 3 months	20.8	(17.0 - 25.1)
C. 1 person	21.5	(17.6 - 26.1)
D. 2 people	4.8	(2.6 - 8.8)
E. 3 people	2.0	(1.0 - 3.8)
F. 4 people	0.9	(0.2 - 2.9)
G. 5 people	0.6	(0.1 - 3.1)
H. 6 or more people	1.7	(0.7 - 4.0)
76. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
A. I have never had sexual intercourse	47.5	(41.8 - 53.2)
B. Yes	12.7	(7.1 - 21.8)
C. No	39.8	(33.5 - 46.5)
77. The last time you had sexual intercourse, did you or your partner use a condom?		
A. I have never had sexual intercourse	48.2	(42.8 - 53.7)
B. Yes	35.3	(29.0 - 42.1)
C. No	16.5	(13.4 - 20.1)

Appendix A: Questionnaire

	<b>%</b>	<b>(95% CI)</b>
78. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)		
A. I have never had sexual intercourse	48.7	(43.3 - 54.1)
B. No method was used to prevent pregnancy	7.1	(4.6 - 10.8)
C. Birth control pills	8.1	(4.5 - 14.2)
D. Condoms	24.7	(20.8 - 29.2)
E. Depo-Provera (injectable birth control)	5.3	(3.4 - 8.4)
F. Withdrawal	1.7	(0.9 - 3.5)
G. Some other method	1.3	(0.4 - 4.0)
H. Not sure	3.0	(1.2 - 7.1)

**Resiliency Factors**

The next questions ask about your family, your school, other adults, your friends, and yourself.

In my home, there is a parent or some other adult...

79. ...who is interested in my school work.		
A. Not true at all	8.4	(5.5 - 12.6)
B. A little true	13.1	(8.7 - 19.3)
C. Pretty much true	24.4	(21.4 - 27.7)
D. Very much true	54.1	(48.3 - 59.8)
80. ...who talks with me about my problems.		
A. Not true at all	16.8	(13.4 - 20.9)
B. A little true	23.0	(18.2 - 28.5)
C. Pretty much true	22.6	(18.8 - 26.9)
D. Very much true	37.6	(32.4 - 43.1)
81. ...who listens to me when I have something to say.		
A. Not true at all	12.1	(7.3 - 19.4)
B. A little true	20.2	(14.2 - 27.8)
C. Pretty much true	23.8	(17.7 - 31.1)
D. Very much true	44.0	(36.9 - 51.4)
82. ...who expects me to follow the rules.		
A. Not true at all	6.6	(4.1 - 10.4)
B. A little true	13.5	(8.4 - 21.0)
C. Pretty much true	22.8	(18.2 - 28.1)
D. Very much true	57.1	(48.7 - 65.2)
83. ...who believes that I will be a success.		
A. Not true at all	7.6	(4.0 - 14.0)
B. A little true	10.3	(7.0 - 15.1)
C. Pretty much true	20.7	(15.7 - 26.7)
D. Very much true	61.4	(51.8 - 70.1)

Appendix A: Questionnaire

At my school, there is a teacher or some other adult...	<b>%</b>	<b>(95% CI)</b>
84. ...who really cares about me.		
A. Not true at all	14.1	(10.0 - 19.7)
B. A little true	20.9	(14.5 - 29.1)
C. Pretty much true	20.4	(16.7 - 24.6)
D. Very much true	44.7	(35.9 - 53.7)
85. ...who notices when I'm not there.		
A. Not true at all	11.9	(9.2 - 15.2)
B. A little true	21.2	(18.0 - 24.7)
C. Pretty much true	24.7	(18.4 - 32.2)
D. Very much true	42.3	(35.1 - 49.8)
86. ...who listens to me when I have something to say.		
A. Not true at all	15.7	(10.9 - 22.2)
B. A little true	22.4	(16.8 - 29.2)
C. Pretty much true	28.8	(22.5 - 36.0)
D. Very much true	33.1	(25.8 - 41.4)
87. ...who tells me when I do a good job.		
A. Not true at all	11.2	(7.7 - 16.0)
B. A little true	19.8	(15.1 - 25.5)
C. Pretty much true	32.5	(24.5 - 41.6)
D. Very much true	36.6	(27.8 - 46.3)
88. ...who believes that I will be a success.		
A. Not true at all	12.1	(8.3 - 17.3)
B. A little true	20.4	(15.2 - 26.8)
C. Pretty much true	24.5	(18.8 - 31.2)
D. Very much true	43.0	(36.8 - 49.5)
Outside of my home and school, there is an adult...		
89. ...who really cares about me.		
A. Not true at all	10.3	(6.2 - 16.7)
B. A little true	12.9	(10.6 - 15.6)
C. Pretty much true	27.4	(21.2 - 34.7)
D. Very much true	49.4	(42.7 - 56.0)
90. ...who notices when I am upset about something.		
A. Not true at all	9.5	(5.9 - 15.0)
B. A little true	16.0	(11.0 - 22.6)
C. Pretty much true	26.6	(20.7 - 33.5)
D. Very much true	47.9	(40.3 - 55.6)
91. ...whom I trust.		
A. Not true at all	10.5	(7.9 - 13.9)
B. A little true	13.8	(9.8 - 19.0)
C. Pretty much true	21.7	(16.5 - 28.0)
D. Very much true	54.0	(47.2 - 60.7)

Appendix A: Questionnaire

	<b>%</b>	<b>(95% CI)</b>
92. ...who tells me when I do a good job.		
A. Not true at all	11.5	(8.2 - 15.8)
B. A little true	12.5	(8.5 - 18.0)
C. Pretty much true	27.4	(20.9 - 34.9)
D. Very much true	48.6	(42.5 - 54.8)
I have a friend about my own age...		
93. ...who really cares about me.		
A. Not true at all	8.8	(5.5 - 13.7)
B. A little true	10.7	(6.5 - 17.0)
C. Pretty much true	23.6	(18.1 - 30.2)
D. Very much true	57.0	(49.9 - 63.8)
94. ...who talks with me about my problems.		
A. Not true at all	10.3	(7.9 - 13.4)
B. A little true	15.5	(10.4 - 22.4)
C. Pretty much true	26.8	(19.7 - 35.5)
D. Very much true	47.4	(38.6 - 56.3)
95. ...who helps me when I'm having a hard time.		
A. Not true at all	10.3	(7.2 - 14.7)
B. A little true	14.9	(9.0 - 23.6)
C. Pretty much true	25.8	(22.1 - 29.9)
D. Very much true	49.0	(42.2 - 55.8)
How true do you feel these statements are for you?		
96. When I am not at home, one of my parents/guardians knows where I am and who I am with.		
A. Not true at all	7.2	(3.5 - 14.3)
B. A little true	14.1	(11.4 - 17.3)
C. Pretty much true	25.5	(21.8 - 29.5)
D. Very much true	53.3	(48.5 - 58.0)
97. My family has clear rules about drug and alcohol use.		
A. Not true at all	9.2	(6.1 - 13.5)
B. A little true	14.4	(9.6 - 21.1)
C. Pretty much true	21.7	(18.7 - 25.1)
D. Very much true	54.7	(46.9 - 62.2)
98. My family has clear rules and standards for my behavior.		
A. Not true at all	9.5	(4.9 - 17.8)
B. A little true	15.4	(10.9 - 21.4)
C. Pretty much true	25.4	(20.5 - 31.1)
D. Very much true	49.6	(43.5 - 55.7)



Appendix A: Questionnaire

	<b>%</b>	<b>(95% CI)</b>
99. In my school, there are clear rules about what students can and cannot do.		
A. Not true at all	6.3	(3.9 - 9.9)
B. A little true	17.1	(11.8 - 24.1)
C. Pretty much true	30.5	(25.6 - 36.0)
D. Very much true	46.1	(41.4 - 50.9)
100. At school, I try hard to do my best work.		
A. Not true at all	6.2	(3.1 - 12.0)
B. A little true	11.4	(7.0 - 18.0)
C. Pretty much true	37.0	(30.3 - 44.3)
D. Very much true	45.3	(39.9 - 50.9)
101. I plan to go to college or some other school after high school.		
A. Not true at all	7.9	(3.6 - 16.3)
B. A little true	11.6	(7.2 - 18.2)
C. Pretty much true	19.9	(15.3 - 25.5)
D. Very much true	60.6	(53.8 - 66.9)
102. At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).		
A. Not true at all	36.9	(28.6 - 46.0)
B. A little true	12.1	(7.7 - 18.6)
C. Pretty much true	11.0	(7.3 - 16.3)
D. Very much true	40.0	(33.6 - 46.7)
103. Outside of my home and school, I am a part of clubs, sports teams, church/temple, or other group activities.		
A. Not true at all	42.6	(38.3 - 46.9)
B. A little true	14.7	(10.8 - 19.6)
C. Pretty much true	10.9	(7.7 - 15.3)
D. Very much true	31.8	(26.8 - 37.3)
104. Outside of my home and school, I am involved in music, art, literature, sports, or a hobby.		
A. Not true at all	30.9	(23.6 - 39.1)
B. A little true	12.6	(9.0 - 17.4)
C. Pretty much true	19.8	(14.3 - 26.6)
D. Very much true	36.8	(30.7 - 43.3)
105. Outside of my home and school, I help other people.		
A. Not true at all	11.9	(8.4 - 16.5)
B. A little true	25.2	(19.9 - 31.5)
C. Pretty much true	25.8	(21.3 - 30.9)
D. Very much true	37.1	(28.9 - 46.0)

Appendix A: Questionnaire

106. I often do things without thinking about what will happen.	<b>%</b>	<b>(95% CI)</b>
A. Not true at all	19.4	(15.6 - 23.9)
B. A little true	33.8	(29.2 - 38.7)
C. Pretty much true	21.1	(16.3 - 26.9)
D. Very much true	25.7	(20.5 - 31.7)

107. My friends get into a lot of trouble.		
A. Not true at all	34.9	(27.4 - 43.2)
B. A little true	41.5	(35.1 - 48.3)
C. Pretty much true	14.4	(10.8 - 19.0)
D. Very much true	9.2	(6.6 - 12.6)

108. My friends do well in school.		
A. Not true at all	9.2	(7.1 - 11.9)
B. A little true	26.4	(21.5 - 32.0)
C. Pretty much true	38.6	(33.8 - 43.7)
D. Very much true	25.7	(19.8 - 32.8)

Among the people you consider to be your closest friends, how many would you say do the following?

109. Drink alcohol once a week or more?		
A. None	40.5	(33.6 - 47.8)
B. A few	34.8	(27.1 - 43.5)
C. Some	13.8	(9.7 - 19.3)
D. Most	7.2	(4.0 - 12.8)
E. All	3.6	(1.4 - 9.2)

110. Have used drugs such as marijuana or cocaine?		
A. None	34.9	(27.8 - 42.8)
B. A few	31.5	(23.4 - 40.7)
C. Some	15.3	(11.6 - 20.0)
D. Most	12.4	(9.5 - 16.0)
E. All	5.9	(3.4 - 10.1)

**Activities**

The next 5 questions ask about how many times you have done the following things.

111. How often do you attend religious or spiritual services?		
A. Every day	11.1	(8.8 - 13.8)
B. 1 to 6 times a week	24.0	(20.6 - 27.7)
C. 1 to 3 times a month	15.3	(11.0 - 20.9)
D. 3 to 11 times a year	12.9	(9.8 - 16.8)
E. Only once or twice a year	16.2	(12.7 - 20.4)
F. Never	20.5	(16.8 - 24.9)

## Appendix A: Questionnaire

112. During the school year, how many hours a week do you work at a job?	<b>%</b>	<b>(95% CI)</b>
A. I do not work	67.0	(57.9 - 75.0)
B. 1 to 4 hours per week	9.3	(5.6 - 15.1)
C. 5 to 9 hours per week	7.9	(5.5 - 11.2)
D. 10 to 20 hours per week	8.8	(5.8 - 13.1)
E. Over 20 hours per week	6.9	(4.1 - 11.4)
113. During the last four weeks, how many days of school have you missed because you skipped or ditched?		
A. None	53.9	(45.0 - 62.6)
B. 1 day	16.0	(12.2 - 20.8)
C. 2 days	9.5	(6.5 - 13.8)
D. 3 days	9.8	(7.8 - 12.4)
E. 4 to 5 days	5.8	(2.9 - 11.2)
F. 6 to 10 days	2.8	(1.4 - 5.7)
G. 11 or more days	2.1	(1.0 - 4.5)
114. How often do you come to classes without bringing paper or something to write with?		
A. Never	60.4	(52.4 - 67.8)
B. Sometimes	27.0	(21.8 - 33.0)
C. Usually	12.6	(8.8 - 17.6)
115. How often do you come to classes without your homework finished?		
A. Never	25.9	(19.9 - 32.9)
B. Sometimes	58.5	(50.7 - 65.9)
C. Usually	15.6	(11.4 - 21.0)
<b>Body Weight</b>		
The next 3 questions ask about body weight.		
116. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
A. Yes	60.9	(54.7 - 66.8)
B. No	39.1	(33.2 - 45.3)
117. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
A. Yes	37.4	(33.7 - 41.1)
B. No	62.6	(58.9 - 66.3)
118. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?		
A. Yes	11.3	(7.6 - 16.4)
B. No	88.7	(83.6 - 92.4)

Appendix A: Questionnaire

Food

The next 8 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

	<b>%</b>	<b>(95% CI)</b>
119. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)		
A. I did not drink 100% fruit juice during the past 7 days	20.7	(15.1 - 27.7)
B. 1 to 3 times during the past 7 days	38.5	(33.3 - 44.0)
C. 4 to 6 times during the past 7 days	18.0	(11.7 - 26.5)
D. 1 time per day	6.3	(4.5 - 8.8)
E. 2 times per day	5.3	(3.3 - 8.3)
F. 3 times per day	1.9	(0.9 - 3.9)
G. 4 or more times per day	9.3	(4.9 - 16.8)
120. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)		
A. I did not eat fruit during the past 7 days	11.8	(7.3 - 18.4)
B. 1 to 3 times during the past 7 days	37.1	(32.4 - 42.0)
C. 4 to 6 times during the past 7 days	21.9	(16.6 - 28.3)
D. 1 time per day	12.5	(8.4 - 18.3)
E. 2 times per day	6.9	(4.6 - 10.3)
F. 3 times per day	3.7	(1.9 - 7.0)
G. 4 or more times per day	6.2	(4.0 - 9.3)
121. During the past 7 days, how many times did you eat green salad?		
A. I did not eat green salad during the past 7 days	26.6	(20.8 - 33.4)
B. 1 to 3 times during the past 7 days	39.7	(32.0 - 48.1)
C. 4 to 6 times during the past 7 days	12.0	(8.9 - 15.9)
D. 1 time per day	10.8	(6.8 - 16.8)
E. 2 times per day	5.3	(3.2 - 8.7)
F. 3 times per day	2.2	(1.0 - 4.9)
G. 4 or more times per day	3.4	(1.8 - 6.3)
122. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)		
A. I did not eat potatoes during the past 7 days	19.4	(14.4 - 25.5)
B. 1 to 3 times during the past 7 days	45.8	(36.3 - 55.7)
C. 4 to 6 times during the past 7 days	16.4	(10.6 - 24.6)
D. 1 time per day	5.6	(3.8 - 8.2)
E. 2 times per day	7.0	(4.1 - 11.9)
F. 3 times per day	1.1	(0.4 - 3.1)
G. 4 or more times per day	4.6	(2.1 - 9.8)

Appendix A: Questionnaire

	<b>%</b>	<b>(95% CI)</b>
123. During the past 7 days, how many times did you eat carrots?		
A. I did not eat carrots during the past 7 days	50.3	(45.1 - 55.4)
B. 1 to 3 times during the past 7 days	27.2	(23.1 - 31.6)
C. 4 to 6 times during the past 7 days	7.9	(5.5 - 11.3)
D. 1 time per day	5.5	(4.1 - 7.3)
E. 2 times per day	1.6	(0.7 - 3.7)
F. 3 times per day	4.5	(2.2 - 9.1)
G. 4 or more times per day	3.0	(1.3 - 6.9)
124. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)		
A. I did not eat other vegetables during the past 7 days	27.2	(22.2 - 32.8)
B. 1 to 3 times during the past 7 days	38.2	(33.1 - 43.6)
C. 4 to 6 times during the past 7 days	15.6	(10.8 - 22.1)
D. 1 time per day	6.0	(4.1 - 8.5)
E. 2 times per day	4.7	(2.9 - 7.7)
F. 3 times per day	2.1	(0.9 - 4.9)
G. 4 or more times per day	6.2	(3.1 - 11.8)
125. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)		
A. I did not drink soda or pop during the past 7 days	20.3	(15.1 - 26.6)
B. 1 to 3 times during the past 7 days	30.9	(24.5 - 38.1)
C. 4 to 6 times during the past 7 days	20.4	(16.3 - 25.3)
D. 1 time per day	7.9	(5.0 - 12.4)
E. 2 times per day	6.8	(4.6 - 10.0)
F. 3 times per day	4.1	(1.8 - 9.1)
G. 4 or more times per day	9.5	(5.9 - 15.0)
126. During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)		
A. I did not drink milk during the past 7 days	25.8	(21.9 - 30.1)
B. 1 to 3 glasses during the past 7 days	27.7	(23.9 - 31.9)
C. 4 to 6 glasses during the past 7 days	12.1	(8.7 - 16.6)
D. 1 glass per day	12.3	(8.2 - 18.1)
E. 2 glasses per day	11.2	(7.8 - 15.8)
F. 3 glasses per day	4.3	(2.0 - 8.8)
G. 4 or more glasses per day	6.5	(3.2 - 12.9)

## Appendix A: Questionnaire

### Physical Activity

The next 4 questions ask about physical activity.

**% (95% CI)**

127. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and makes you breathe hard some of the time)

A. 0 days	20.6	(14.6 - 28.2)
B. 1 day	10.6	(6.6 - 16.7)
C. 2 days	15.1	(12.0 - 18.8)
D. 3 days	11.5	(8.7 - 14.9)
E. 4 days	9.2	(7.3 - 11.5)
F. 5 days	9.0	(6.6 - 12.1)
G. 6 days	2.5	(1.3 - 4.7)
H. 7 days	21.5	(17.2 - 26.6)

128. On an average school day, how many hours do you watch TV?

A. I do not watch TV on an average school day	13.4	(9.6 - 18.5)
B. Less than 1 hour per day	15.6	(12.1 - 19.8)
C. 1 hour per day	17.0	(12.3 - 23.1)
D. 2 hours per day	19.3	(15.9 - 23.3)
E. 3 hours per day	15.4	(11.7 - 20.0)
F. 4 hours per day	7.9	(5.2 - 11.8)
G. 5 or more hours per day	11.4	(6.6 - 18.9)

129. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)

A. I do not play video or computer games or use a computer for something that is not school work	24.3	(19.2 - 30.2)
B. Less than 1 hour per day	15.5	(11.5 - 20.5)
C. 1 hour per day	21.6	(16.1 - 28.2)
D. 2 hours per day	17.6	(14.2 - 21.7)
E. 3 hours per day	9.3	(6.8 - 12.5)
F. 4 hours per day	4.7	(2.9 - 7.5)
G. 5 or more hours per day	7.1	(4.7 - 10.5)

130. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A. 0 days	52.8	(37.7 - 67.4)
B. 1 day	7.9	(5.2 - 11.7)
C. 2 days	5.5	(2.4 - 12.1)
D. 3 days	12.0	(5.4 - 24.6)
E. 4 days	5.6	(3.3 - 9.4)
F. 5 days	16.2	(12.4 - 20.7)

### Health-Related Topics

The next 3 questions ask about other health-related topics.

	<b>%</b>	<b>(95% CI)</b>
131. Have you ever been taught about AIDS or HIV infection in school?		
A. Yes	73.3	(67.0 - 78.9)
B. No	17.5	(13.3 - 22.7)
C. Not sure	9.1	(6.1 - 13.5)
132. Has a doctor or nurse ever told you that you have asthma?		
A. Yes	28.8	(23.1 - 35.4)
B. No	65.6	(56.7 - 73.5)
C. Not sure	5.6	(3.2 - 9.7)
133. Do you still have asthma?		
A. I have never had asthma	57.3	(51.2 - 63.2)
B. Yes	20.2	(14.2 - 28.0)
C. No	14.3	(10.7 - 19.0)
D. Not sure	8.1	(6.0 - 10.9)

### You and Your Family

These last 3 questions ask for some information about you and your family.

134. How often do you speak a language other than English at home?		
A. Never	33.2	(27.4 - 39.6)
B. Less than half the time	33.3	(29.2 - 37.7)
C. About half the time	13.9	(10.3 - 18.5)
D. More than half the time but not all of the time	8.3	(5.7 - 11.9)
E. All of the time	11.3	(8.0 - 15.8)
135. Were you born in the USA?		
A. Yes	87.4	(82.1 - 91.3)
B. No	12.6	(8.7 - 17.9)
136. During the past 12 months, which of the following statements best describes the food eaten by you and your family?		
A. Enough food to eat	86.4	(80.8 - 90.5)
B. Sometimes not enough food to eat	9.7	(6.2 - 15.0)
C. Often not enough food to eat	3.9	(1.6 - 9.2)

This is the end of the survey.

Thank you very much for your help.





## Appendix B: Definitions of Protective Behaviors

Each protective factor is briefly described below. The measure is constructed from the responses to the survey questions listed below its description.

### Caring and Supportive Relationships

Caring and supportive relationships refer to the interactions between youth and parents, peers, and adults in the school and community that convey love, acceptance, and affirmation. These resiliency factors are constructed from responses to the following survey questions.

#### Parent or other adult in the family

How true do you feel these statements are for you?

In my home, there is a parent or some other adult...

...who is interested in my school work.

...who talks with me about my problems.

...who listens to me when I have something to say.

#### Teacher or other adult in the school

How true do you feel these statements are for you?

At my school, there is a teacher or some other adult...

...who really cares about me.

...who notices when I'm not there.

...who listens to me when I have something to say.

#### Adult in the community

How true do you feel these statements are for you?

Outside of my home and school, there is an adult...

...who really cares about me.

...who notices when I am upset about something.

...whom I trust.

#### Peers

How true do you feel these statements are for you?

I have a friend about my own age...

...who really cares about me.

...who talks with me about my problems.

...who helps me when I'm having a hard time.

### Behavioral Boundaries

Behavioral Boundaries refer to interactions with parents and the school that convey standards for acceptable and appropriate behavior.

#### Family

How true do you feel these statements are for you?

When I am not at home, one of my parents/guardians knows where I am and who I am with.

My family has clear rules about drug and alcohol use.

My family has clear rules and standards for my behavior.

#### School

How true do you feel these statements are for you?

In my school, there are clear rules about what students can and cannot do.

## High Expectations

### Home

In my home, there is a parent or some other adult ...  
...who expects me to follow the rules.  
...who believes that I will be a success.

### School

At my school, there is a teacher or some other adult...  
...who tells me when I do a good job.  
...who believes that I will be a success.

### Adult in the community

Outside of my home and school, there is an adult...  
who tells me when I do a good job.

## Other

### Positive peer influence

Youth standards for acceptable behavior are influenced by their peers and close friends.  
How true do you feel these statements are for you?  
My friends get into a lot of trouble.  
My friends do well in school.

### Positive peer influence related to substance use

Among the people you consider to be your closest friends, how many would you say do the following?  
Drink alcohol once a week or more?  
Have used drugs such as marijuana or cocaine?

### Involvement in school activities

At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).

### Impulsiveness

I often do things without thinking about what will happen.

### Religiosity: goes to church/religious service

How often do you attend religious or spiritual services?

## Appendix C: Academic Performance and Related Behaviors

Academic performance and motivation measures included the following:

Gets mostly A's and B's (good grades)

Answered "Mostly A's" or "Mostly B's" to the question,  
During the past 12 months, how would you describe your grades in school?

Do my best work at school

Answered "Very much true" or "Pretty much true" to the statement,  
At school, I try hard to do my best work

Plans to continue education after high school

Answered "Very much true" or "Pretty much true" to the statement,  
I plan to go to college or some other school after high school.

Skipped school once a week or more on average

Answered 4 or more days to the question,  
During the last four weeks, how many days of school have you missed because you skipped or ditched?

Sometimes or usually comes to class w/out paper/pencil

Answered "Sometimes" or "Usually" to the question,  
How often do you come to classes without bringing paper or something to write with?

Sometimes or usually comes to class w/out homework finished

Answered "Sometimes" or "Usually" to the question,  
How often do you come to classes without your homework finished?



NM YRRS reports can be found at:  
[www.YouthRisk.org](http://www.YouthRisk.org) and  
<http://www.health.state.nm.us/epi/yrrs.html>

For questions about this report or about the YRRS, contact:

Dan Green, M.P.H.  
Epidemiology and Response Division, NM DOH  
[Dan.Green@state.nm.us](mailto:Dan.Green@state.nm.us)  
(505)476-1779

William O. Blair, Ph.D.  
Assistant Director, School and Family Support Bureau  
School and Family Support Bureau, NM PED  
[williamowen.blair@state.nm.us](mailto:williamowen.blair@state.nm.us)  
(505) 222-4749

Linda J. Peñaloza, Ph.D.  
University of New Mexico Prevention Research Center  
[LPenaloza@salud.unm.edu](mailto:LPenaloza@salud.unm.edu)  
505-272-4462

