# 2009 New Mexico Youth Risk and Resiliency Survey (YRRS) High School (Grades 9 - 12)

# Luna County

New Mexico Department of Health

New Mexico Public Education Department

University of New Mexico Prevention Research Center







PREVENTION RESEARCH CENTER Prevention & Population Sciences





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### **Table of Contents**

Acknowledgements	
Introduction	7
How to Read This Report	7
Understanding the Charts, and a Word about Error Bars	8
Methodology	10
Limitations of the YRRS	11
Participation in Luna County	11
Profile of Students Surveyed in Luna County	11
Risk Behaviors Personal Safety: Injury Personal Safety: Behaviors and Experiences Associated with Violence Personal Safety: Schools and Violence Mental Health Tobacco Alcohol Drugs Sexual Behavior Body Weight, Nutrition, and Physical Activity Other Characteristics (Asthma, English as Non-Dominant Language, US Born)	13 15 25 33 41 53 75 103 131 145 171
Academic Measures	179
Protective (Resiliency) Factors	191
Appendices Appendix A (Questionnaire) Appendix B (Protective/Resiliency Factors) Appendix C (Academic Measures)	213 215 241 243

### 2009 New Mexico High School Youth Risk and Resiliency Survey (YRRS) Luna County

### Introduction

This report contains county level results from the 2009 New Mexico High School Youth Risk and Resiliency Survey (YRRS), a statewide survey of public school students, grades 9-12. Statewide and county level results will be available at www.YouthRisk.org and www.health.state.nm.us/ERD/HealthData/yrrs.shtml. Together, these documents comprise a useful tool for those working on youth-related issues at the state and local level.

The YRRS is organized into two major content areas: risk behaviors and protective (resiliency) factors. Risk behaviors include behaviors associated with unintentional injury, violence, sadness and suicidal ideation, tobacco use, alcohol use, drug use, sexual activity, physical activity, and nutrition. Protective or resiliency factors are measures of the positive and supportive relationships, experiences, activities, resources and values that encourage healthy youth development. Resiliency factors and related traits include caring and supportive relationships in the family, school, community and with peers; boundaries set by the family and school; positive peer support; meaningful participation and constructive use of time in school and outside of school; and others (Appendix B).

Additionally, this report includes a section on academic measures and traits. These academic measures include getting good grades (mostly A's and B's), trying hard to do good work in school, planning to go to college, skipping or ditching school, coming to class with paper and something to write with, and completing homework.

#### How to Read this Report

This report has three main sections, each of which consists of a set of bar and line charts. The first section presents the results of the major risk behaviors examined in the survey. Each category of risk behavior is presented with several data charts. At the beginning of each topic area, a set of line charts gives results for multiple survey years of the YRRS (2003, 2005, 2007, and 2009). A following set of bar charts compares results for the county to results for the entire state, compares the behaviors of boys to those of girls, and makes comparisons between grade levels within the county.

The second section presents results for the academic measures and behaviors. As with the risk behaviors, there are line and bar charts presenting trends, a comparison between the state and the county, a comparison between boys and girls in the county, and a comparison of grade levels within the county. Using the same styles of charts, the third section of the report presents results for the resiliency/protective factors.

In some cases when there were very few students in a particular age or gender group, data have been suppressed to protect the anonymity of the individual respondents.

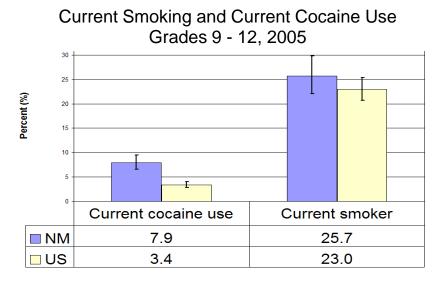
NOTE: County level YRRS reports are freely available. School district reports have been distributed to school district offices. School districts are encouraged to reproduce and share these reports with community groups concerned with prevention and health promotion. However, school district level results will not be released without express permission of the school district superintendent. Forms for requesting school district data are available at www.YouthRisk.org.

#### **Understanding the Charts - and A Word about Error Bars**

The bar charts in this report present the percentage of students who reported engaging in any given risk behavior or who reported having any given protective factor. The height of the bars conveys the percentage of students reporting each trait, and provides a quick visual comparison between different groups of students reporting that trait. A label for each bar presents the actual percentage of students who reported each trait. For instance, the chart on page 14, Personal Safety: Injury, shows that 8.3% of students in New Mexico rarely or never wore seatbelts, while 6.4% of students in Luna County rarely or never wore seatbelts.

Because of the high cost and logistical complications involved in conducting a statewide survey, the YRRS was administered to a sample of students, rather than to every single student in each school district. Because YRRS data are from a *sample* of students, and not the entire student body, the results in this report are *estimates*. As with all estimates, there is some uncertainty associated with each of these estimates. On the charts in this report, this degree of uncertainty is represented by an error bar (or confidence interval). The error bar is the thin '<sub>I</sub>' shaped line that extends above and below the end of each bar in a chart. One of the major influences on the size of the confidence interval or error bar is the number of participants in the survey. In general, this means that with more students participating in the survey, there will be a higher degree of confidence in the results (i.e., error bars will be smaller).

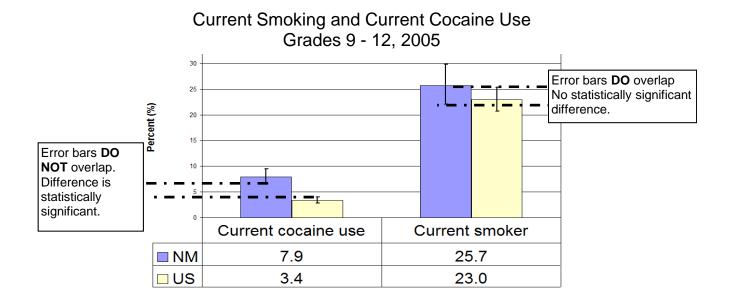
The proper interpretation of an error bar can be illustrated by looking at the chart below. This chart compares the New Mexico prevalence of smoking and cocaine use to the United States prevalence for 2005, a previous survey year. The chart shows that the prevalence of current smoking was 25.7% in New Mexico and 23.0% in the United States. The error bar for the estimate of current smoking among New Mexico students extends approximately 4 percentage points in either direction, from 22.0% to 29.8%. This means that we are confident that the actual percentage of smokers in this group of students was between 22.0% and 29.8%. The error bar for the estimate direction, from 20.7 to 25.3%. We are confident that the actual percentage of smokers among this group was between 20.7% and 25.3%.



How does knowing the upper and lower limits of our error bars help us? While it appears at first glance that New Mexico has a higher prevalence of smoking than the United States (25.7% vs. 23.0%), a closer look at the error bars shows a more complicated picture. The error bars for the New Mexico estimate (22.0% - 29.8%) and the US estimate (20.7% - 25.3%) overlap. Because of this overlap, we do not have a high degree of confidence that the prevalence of smoking in New Mexico is actually different from the prevalence in the United States. In other words, the difference between the prevalence of smoking in New Mexico and the United States is not statistically significant.

For cocaine use it also appears that in 2005, New Mexico had a higher prevalence than the United States (7.9% vs. 3.4%). The error bar for New Mexico extends from 6.6% to 9.5%, and the error bar for the United States extends from 2.8% to 4.4%. Because the higher bound of the US error bar (4.4%) is lower than the lower bound of the NM error bar (6.6%), these error bars do not overlap. For cocaine use, we are confident in saying that the New Mexico prevalence was higher than the US prevalence. In other words, the difference between the 2005 prevalence of cocaine use in New Mexico and the United States was a statistically significant difference.

For some small counties, error bars have been removed from this report. With small populations, the number of students sampled can approach the total student population. In these cases, error bars would have limited meaning because with a high percentage of students surveyed, there is less uncertainty around the estimates than error bars suggest.



#### Methodology

The YRRS was implemented in the fall semester of the 2009-10 school year. All public school districts in New Mexico were invited to participate in the 2009 High School YRRS. Of 89 districts statewide, 76 districts participated. From each participating school district, schools with students from 9th to 12th grades were selected to participate.\* The probability of selection of each school was proportional to the size of its 9th-12th grade population. In large school districts only some of the schools were selected to participate, while in small districts, all schools were selected. Classrooms were systematically selected from each school, and all students in each selected classroom were asked to participate.

In each participating school, a single day was arranged on which to administer the survey. Questionnaire forms and pencils were distributed to each student in participating classes, and students were asked to fill out the questionnaires independently of other students and without teacher assistance.

Questionnaires were electronically scanned, and data were analyzed using STATA 10.1, a statistical software program.

#### Limitations of the YRRS

All information from the YRRS was self-reported by the participating students. While most questions on the YRRS come from nationally validated surveys, and data quality has been demonstrated to be very high in national surveys, there is no way to guarantee the truthfulness of the participants in any survey that relies on self-reporting.

A good response rate is one of the most important goals in conducting a survey. At the school district level, a response rate is the percentage of all students selected for the survey who complete and return a useable questionnaire form. At the state level, the response rate incorporates the participation of school districts and schools as well as the participation of students. An adequate response rate means that survey results are more likely to represent the actual student population. The statewide response rate for the 2009 High School YRRS was 67%, an adequate response rate to represent the population.

In order to achieve a statewide response rate of 60% or greater, we aimed for a 75% response rate from each participating school district. Most participating school districts and counties met this target or were close to it. While the response rate was generally very good in participating schools, the overall response rate was driven down by the school districts that declined to participate.

\* The Middle School YRRS was also conducted at the same time; results from that survey are published separately.

#### **Participation in Luna County**

The response rate for Luna County was 68%.

A high response rate produces survey results that are more representative of the student population. A response rate of at least 60% allows generalization of results to the entire student body. A response rate of 75% is excellent and allows a high degree of confidence in results. Because a high response rate means that more students have been surveyed, a high response rate will also be reflected in the error bars (i.e., with a higher response rate and more students included in the survey, error bars will be smaller and confidence intervals will be narrower). Response rates below 60% are considered low, and caution should be exercised in interpreting results. Low response rates indicate that the data may represent only students who participated in the survey and not necessarily the entire student body.

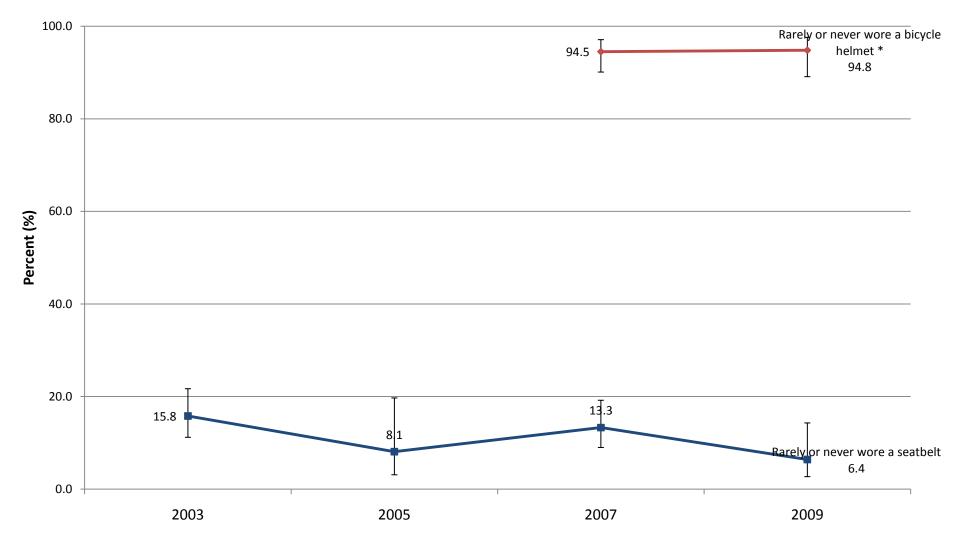
<u>Total</u>	Number of students 129	<u>Percent (%)</u> 100%
<u>Gender</u> Girls	62	(48.1%)
Boys	67	(51.9%)
Race/Ethnicity		
American Indian	6	(4.7%)
Asian or Pacific Islander	5	(3.9%)
Black or African-American	5	(3.9%)
Hispanic	95	(74.2%)
White	17	(13.3%)
Grade Level		
9th	32	(25.0%)
10th	38	(29.7%)
11th	30	(23.4%)
12th	28	(21.9%)
Other:	0	(0.0%)

Profile of students surveyed

**Risk Behaviors** 

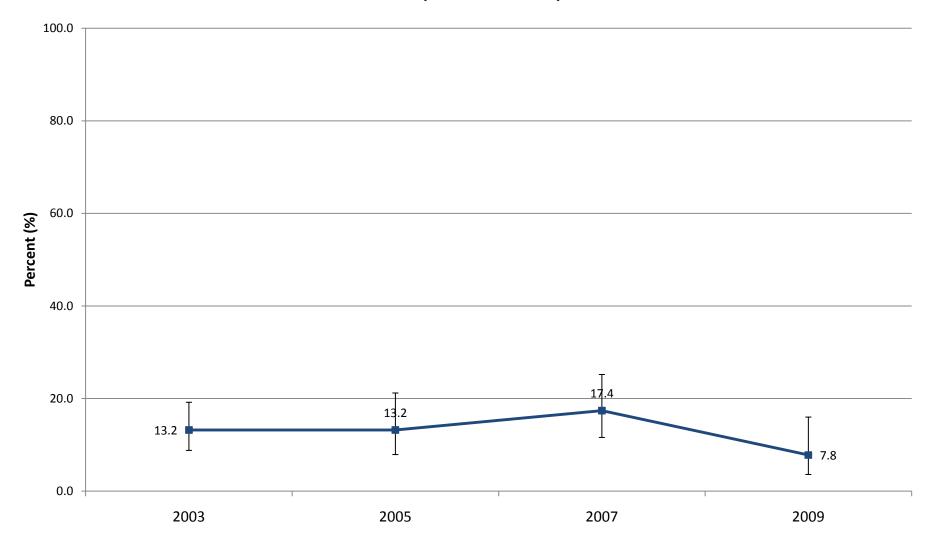
Personal Safety: Injury

# Personal Safety: Injury Bicycle Helmet and Seatbelt Use Luna County Grades 9 - 12, 2003 - 2009, NM YRRS

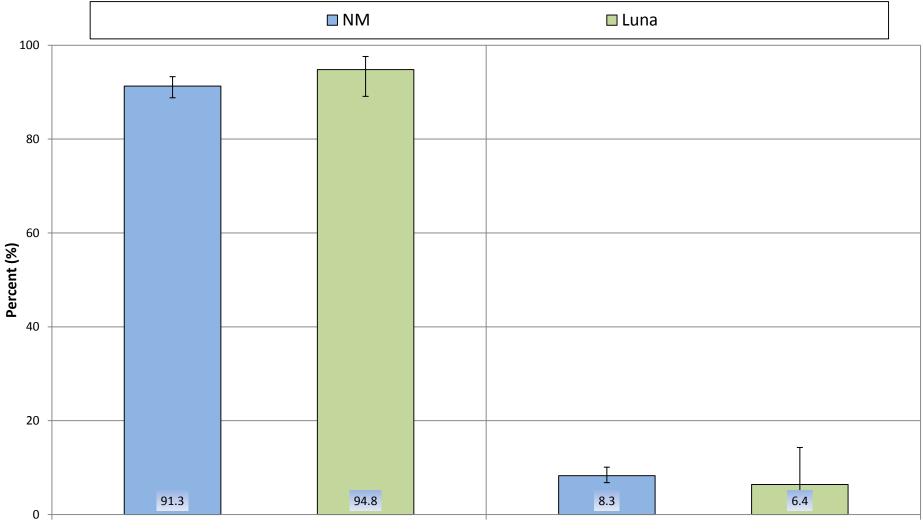


<sup>\*</sup> Of those who rode a bicycle in the past 12 months

# Personal Safety: Injury Carried a Gun in the Past 30 Days Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



# Personal Safety: Injury New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS

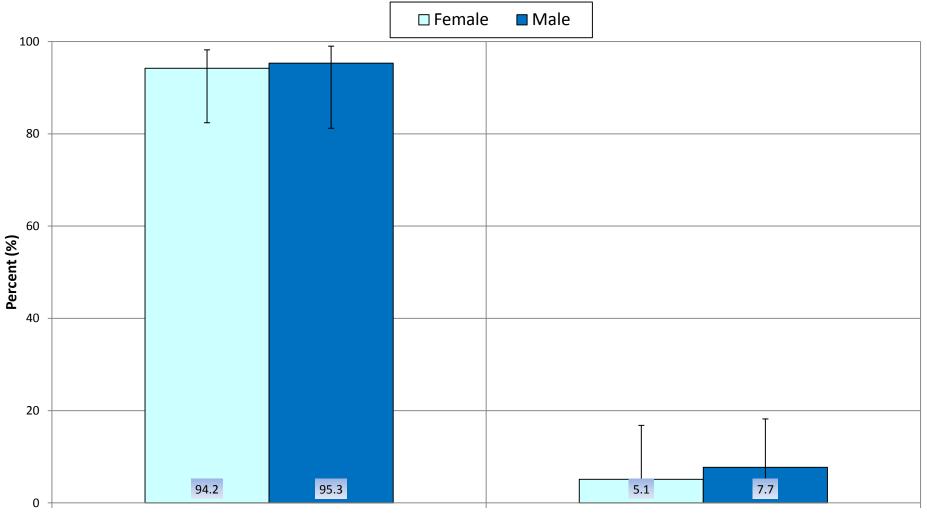


q009. Never/rarely wore bicycle helmet

q010. Never/rarely wore seat belt

<sup>\*</sup> Among those who rode a bicycle in the past 12 months

# Personal Safety: Injury by Gender, Luna County Grades 9 - 12, 2009 NM YRRS

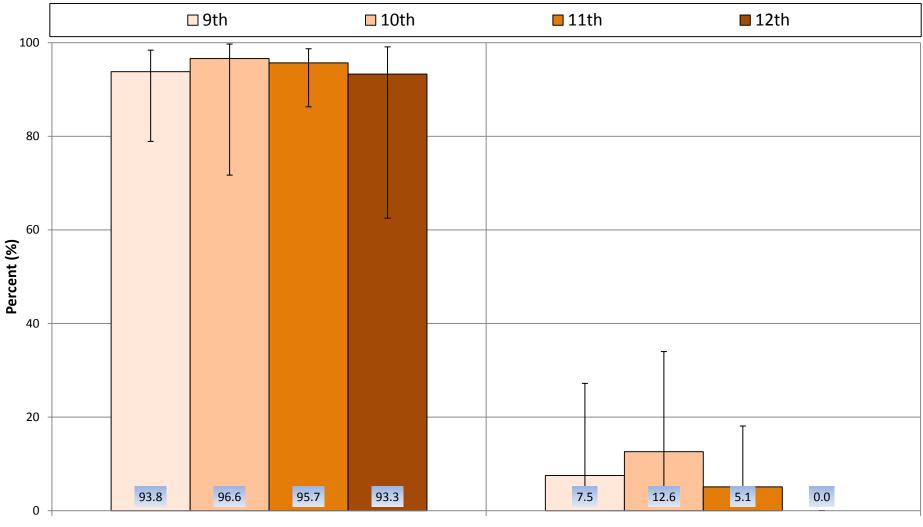


q009. Never/rarely wore bicycle helmet

q010. Never/rarely wore seat belt

<sup>\*</sup> Among those who rode a bicycle in the past 12 months

# Personal Safety: Injury by Grade, Luna County Grades 9 - 12, 2009 NM YRRS

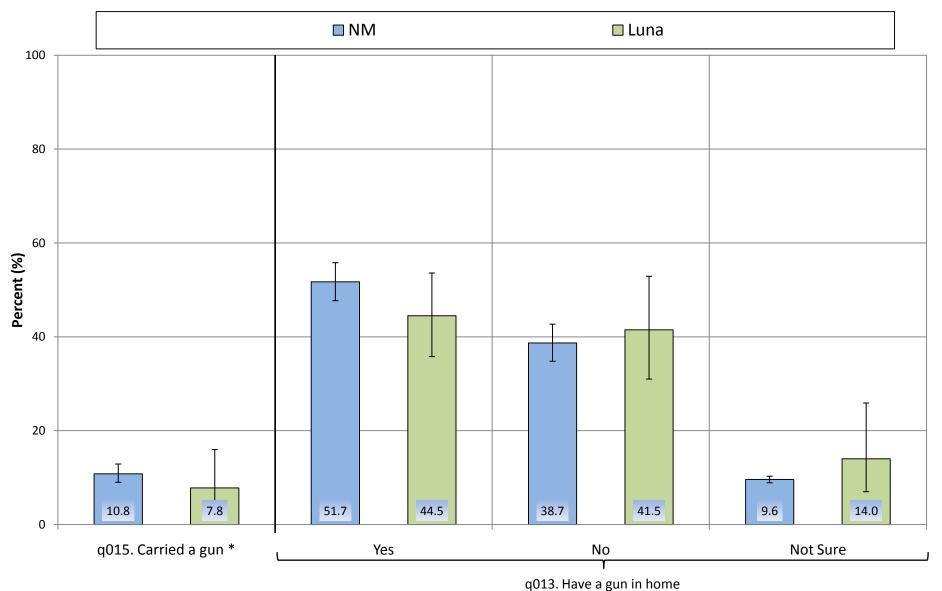


q009. Never/rarely wore bicycle helmet

q010. Never/rarely wore seat belt

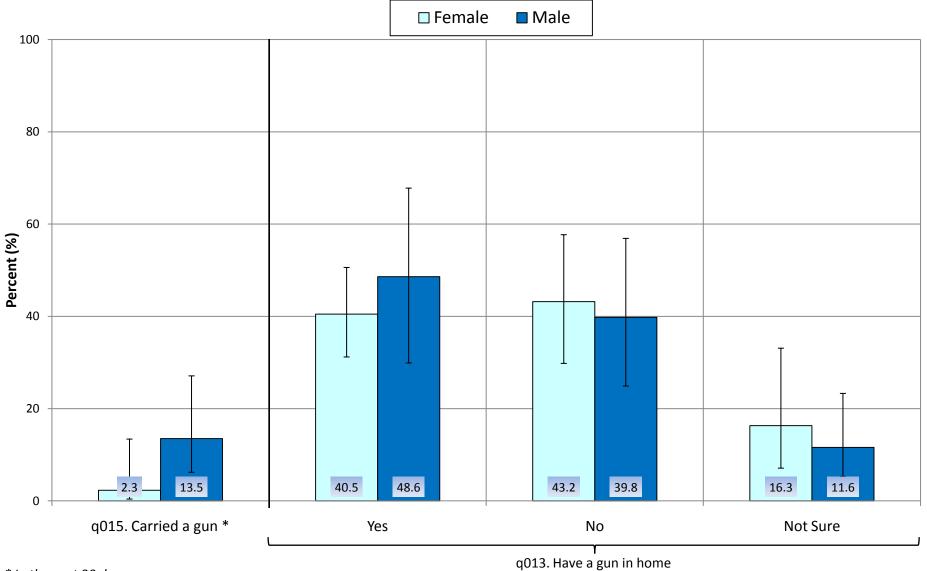
\* Among those who rode a bicycle in the past 12 months

# Personal Safety: Injury New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



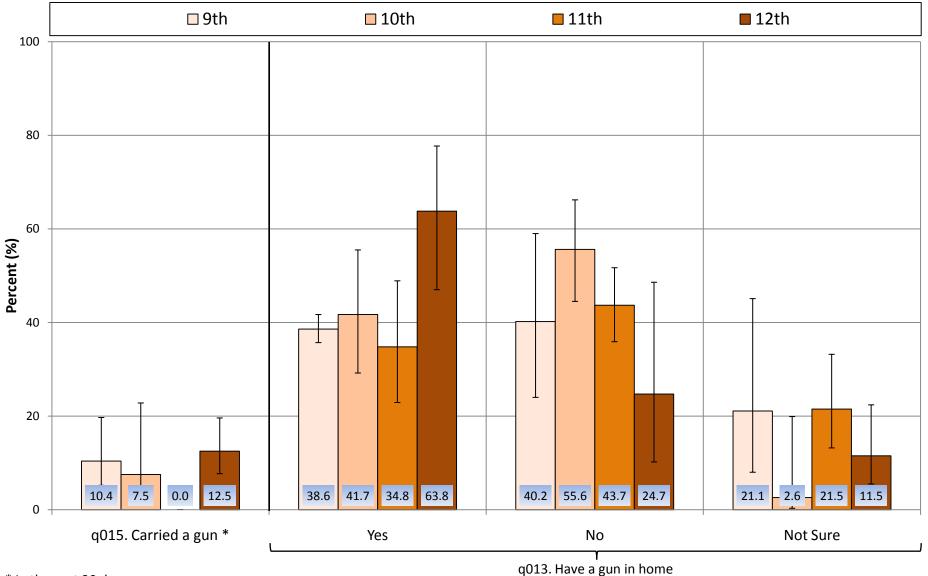
\* In the past 30 days

# Personal Safety: Injury by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



\* In the past 30 days

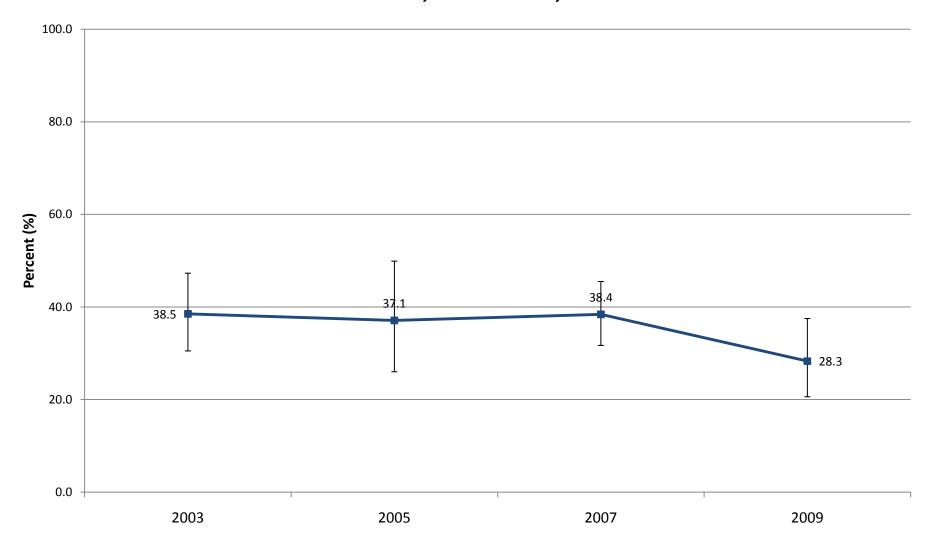
# Personal Safety: Injury by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



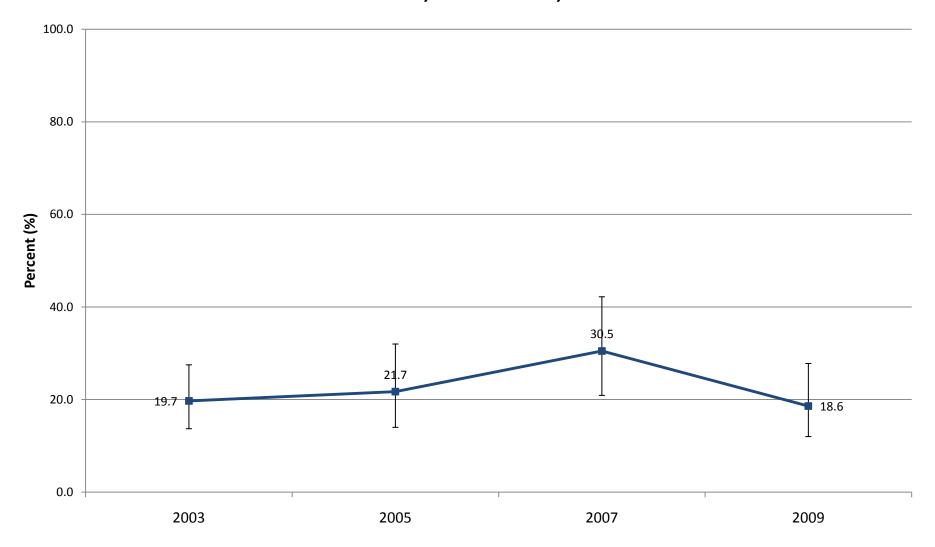
\* In the past 30 days

# Personal Safety: Behaviors and Experiences Associated with Violence

# Personal Safety: Behaviors and Experiences Associated with Violence In Physical Fight in the Past 12 Months Luna County Grades 9 - 12, 2003 - 2009, NM YRRS

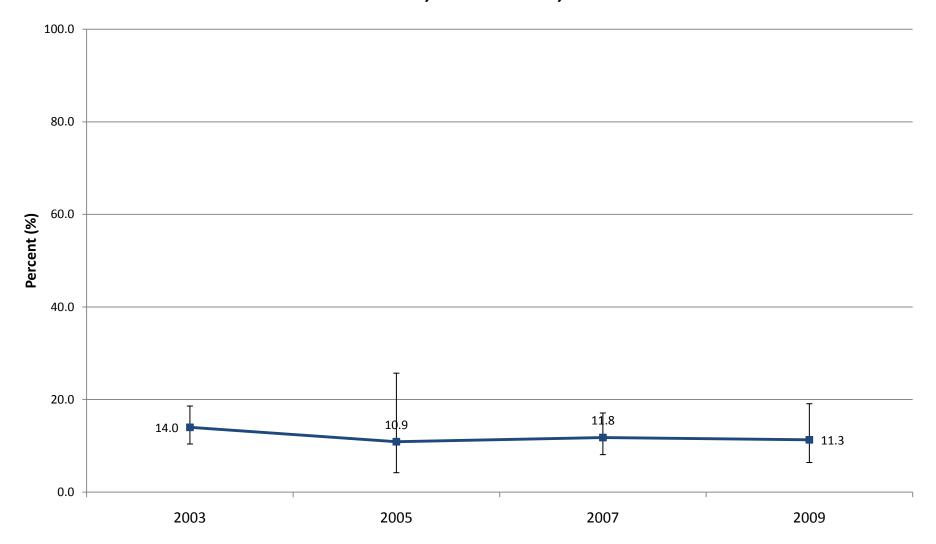


# Personal Safety: Behaviors and Experiences Associated with Violence Carried a Weapon \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



<sup>\*</sup> Such as a gun, knife, or club, in the past 30 days

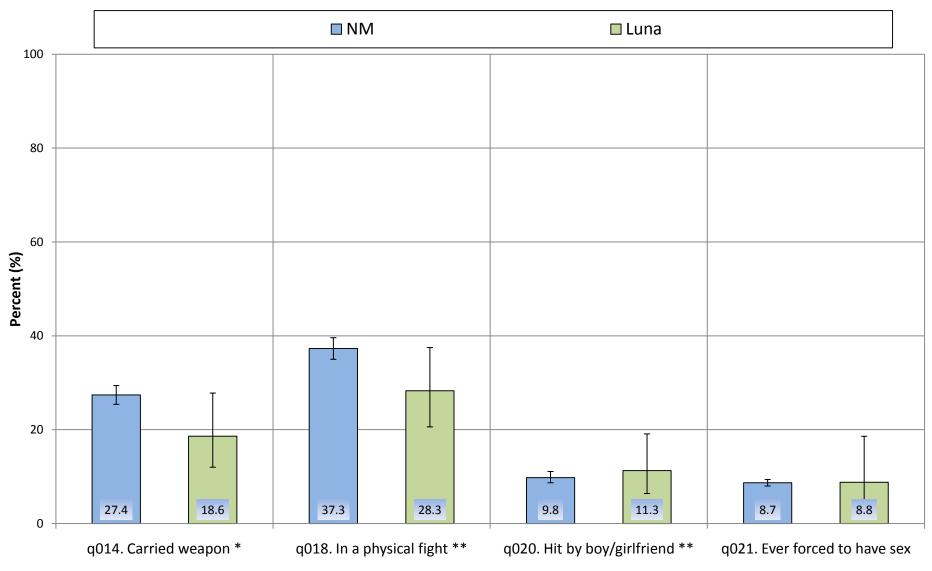
# Personal Safety: Behaviors and Experiences Associated with Violence Hit by Boy/Girlfriend \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



\* Hit, slapped, or physically hurt on purpose by boyfriend or girlfriend in the past 12 months

### Personal Safety: Behaviors and Experiences Associated with Violence

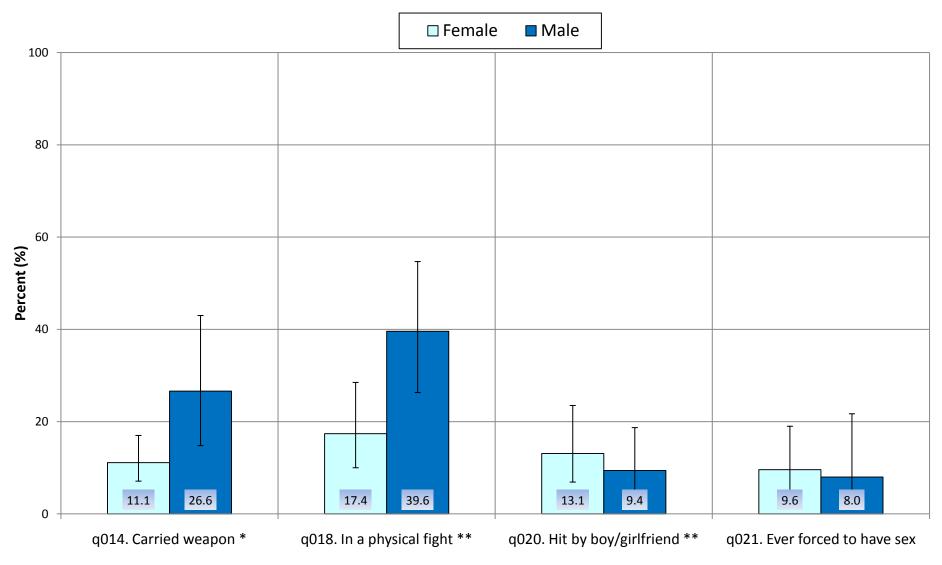
### New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> Such as a gun, knife, or club in the past 30 days \*\* In the past 12 months

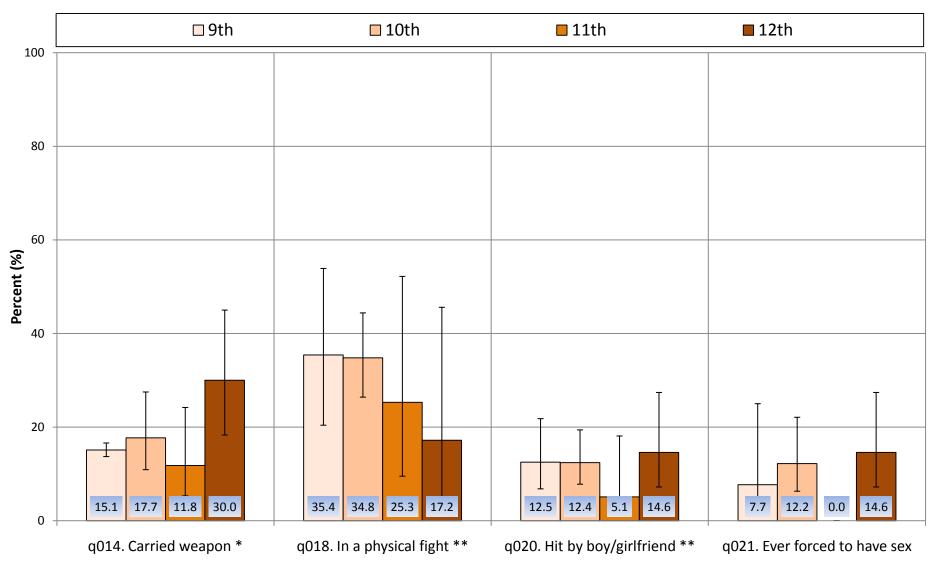
### Personal Safety: Behaviors and Experiences Associated with Violence

## by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



\* Such as a gun, knife, or club in the past 30 days \*\* In the past 12 months

# Personal Safety: Behaviors and Experiences Associated with Violence by Grade, Luna County Grades 9 - 12, 2009 NM YRRS

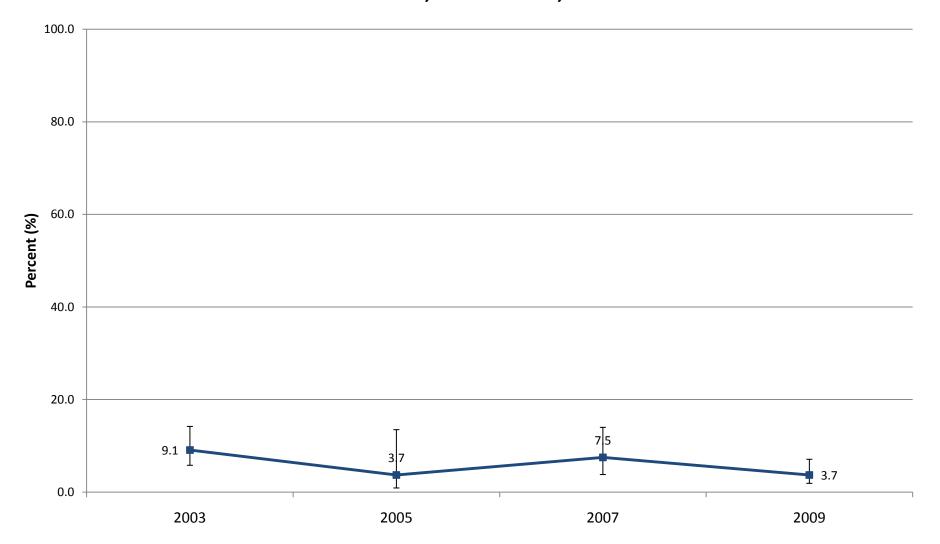


<sup>\*</sup> Such as a gun, knife, or club in the past 30 days

\*\* In the past 12 months

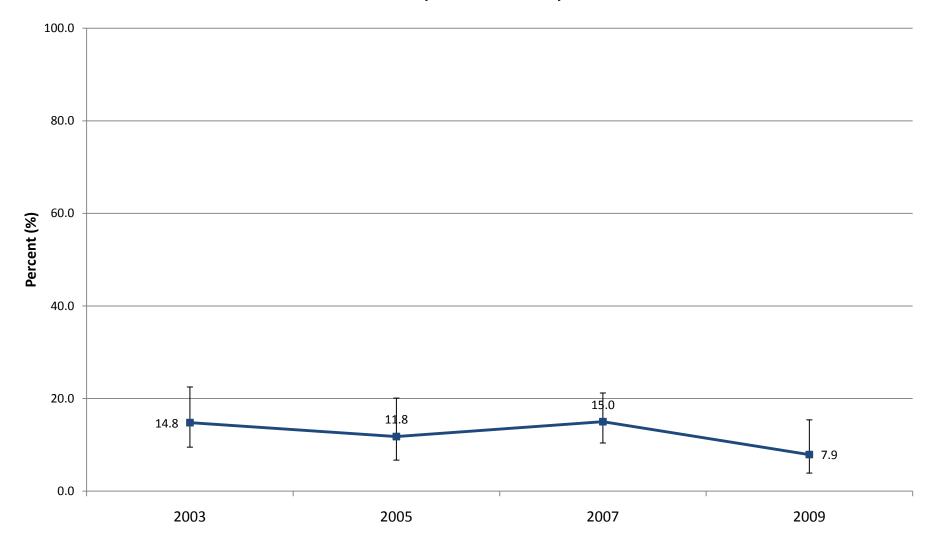
Personal Safety: Schools and Violence

# Personal Safety: Schools and Violence Carried a Weapon on School Property \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



<sup>\*</sup> Such as a gun, knife, or club, in the past 30 days

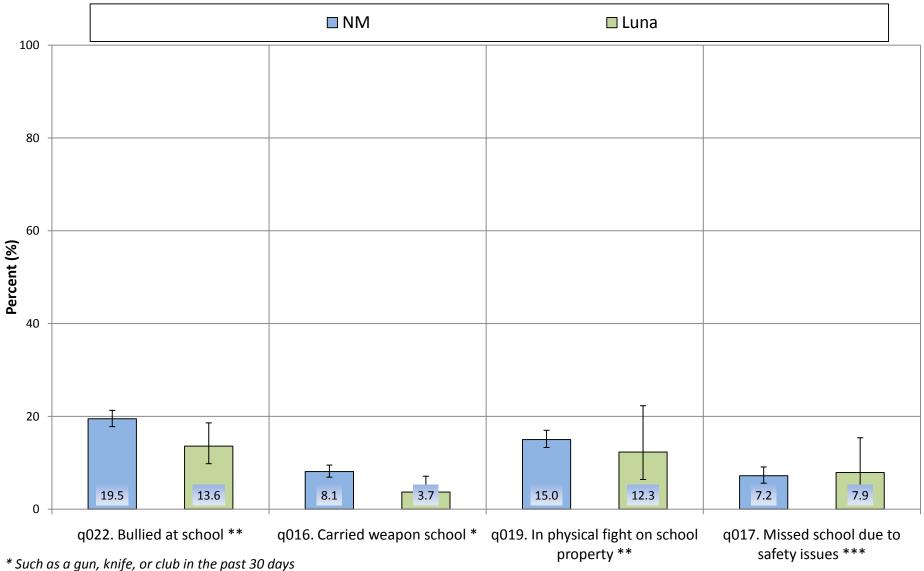
# Personal Safety: Schools and Violence Skipped School Due to Safety Issues \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



\* Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 30 days

#### **Personal Safety: Schools and Violence**

### New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS

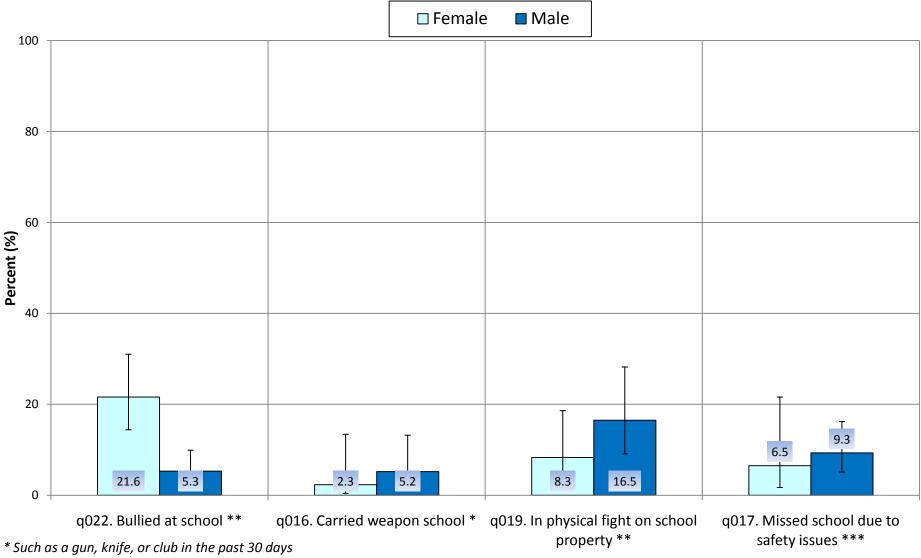


\*\* In the past 12 months

\*\*\* Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months

### **Personal Safety: Schools and Violence**

# by Gender, Luna County Grades 9 - 12, 2009 NM YRRS

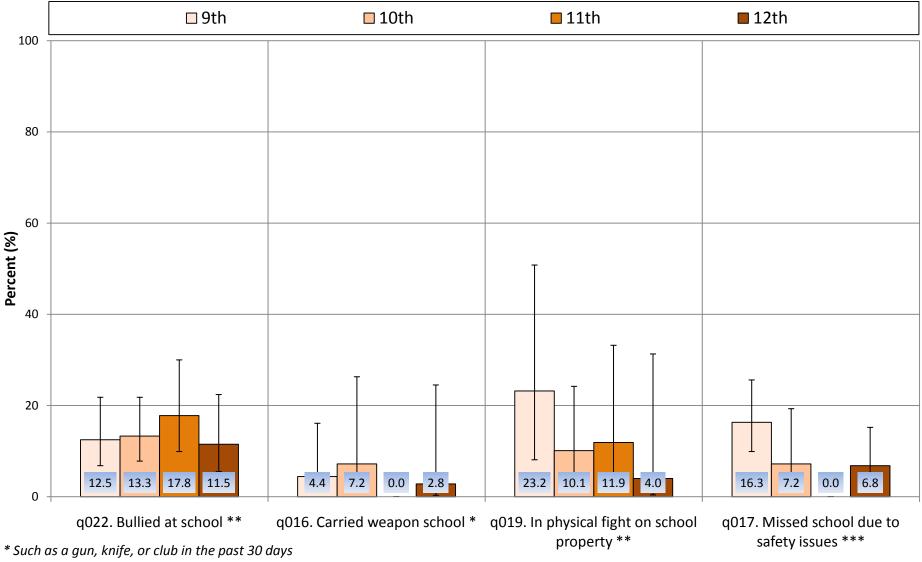


\*\* In the past 12 months

\*\*\* Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months

#### **Personal Safety: Schools and Violence**

# by Grade, Luna County Grades 9 - 12, 2009 NM YRRS

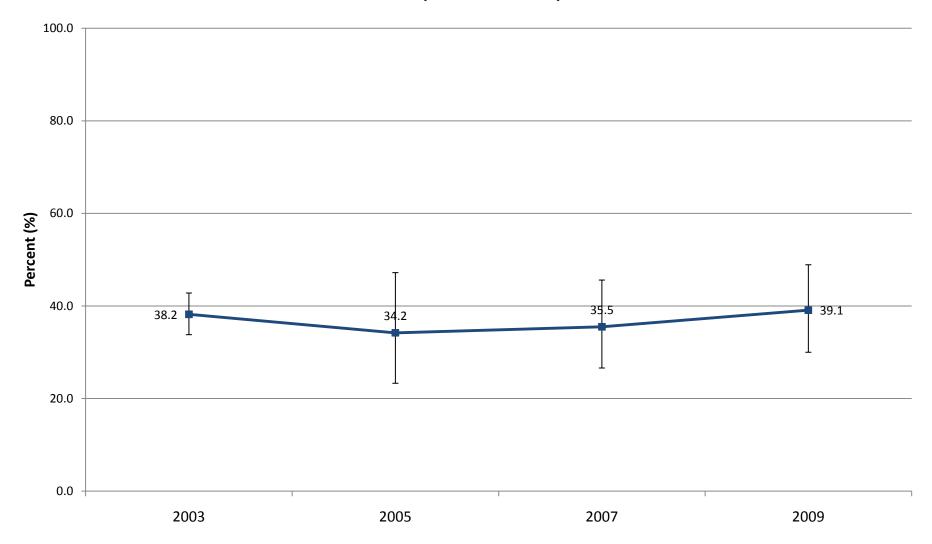


\*\* In the past 12 months

\*\*\* Did not go to school because felt unsafe at school or on the way to or from school, at least once in the past 12 months

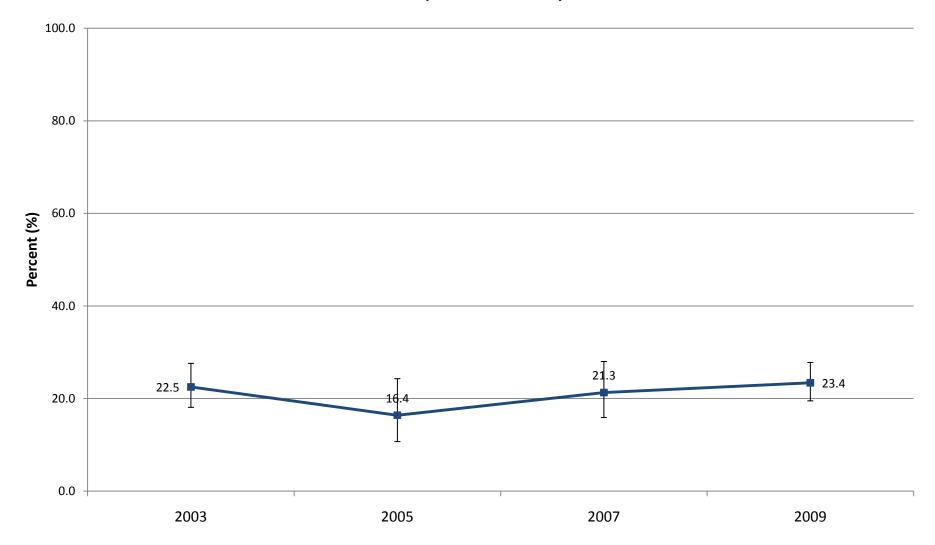
Mental Health

# Mental Health: Suicide Attempts and Ideation Persistent Feelings of Sadness or Hopelessness \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS

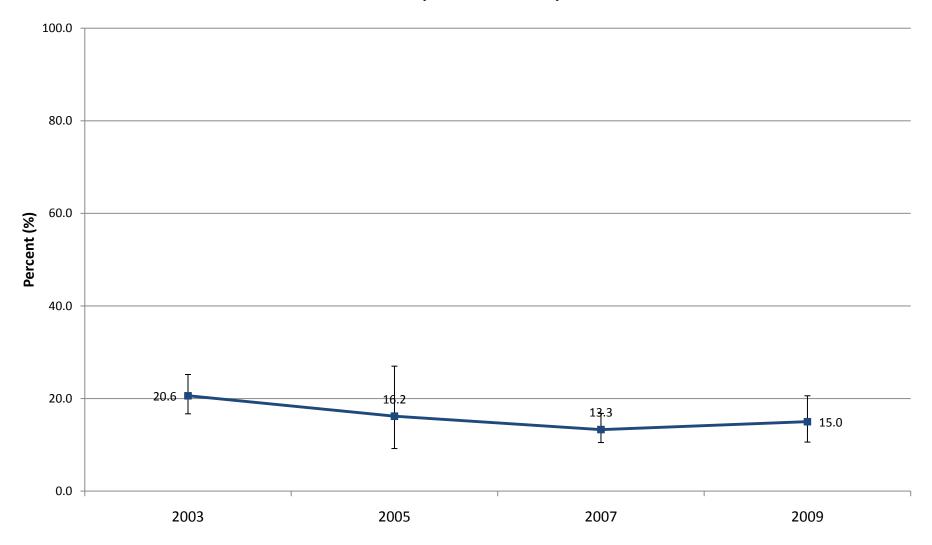


\* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities, in the past 12 months

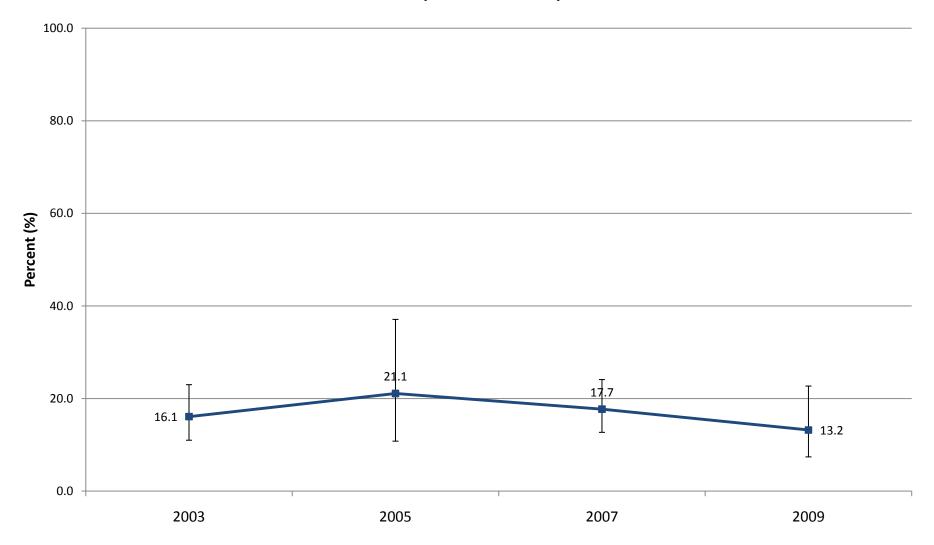
# Mental Health: Suicide Attempts and Ideation Seriously Considered Suicide in the Past 12 Months Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



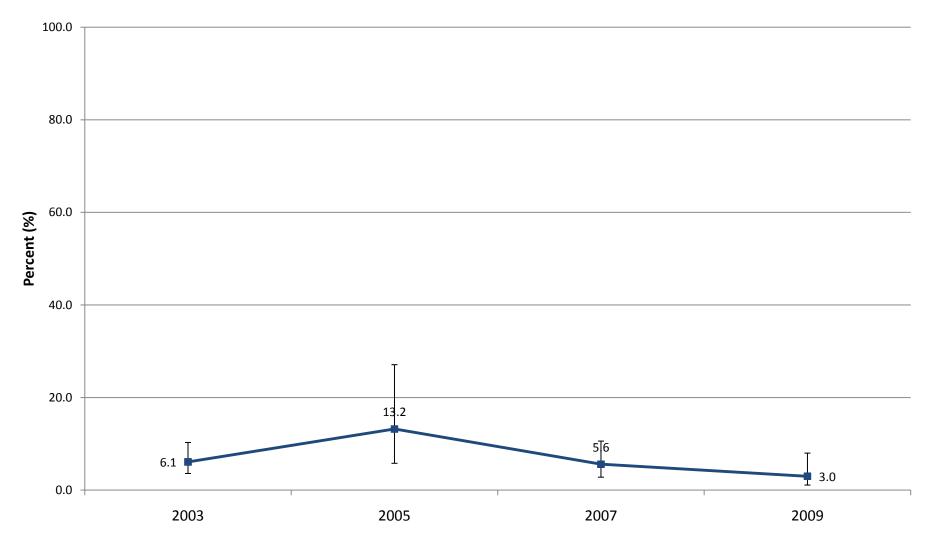
# Mental Health: Suicide Attempts and Ideation Made a Plan to Attempt Suicide in the Past 12 Months Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



# Mental Health: Suicide Attempts and Ideation Attempted Suicide in the Past 12 Months Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



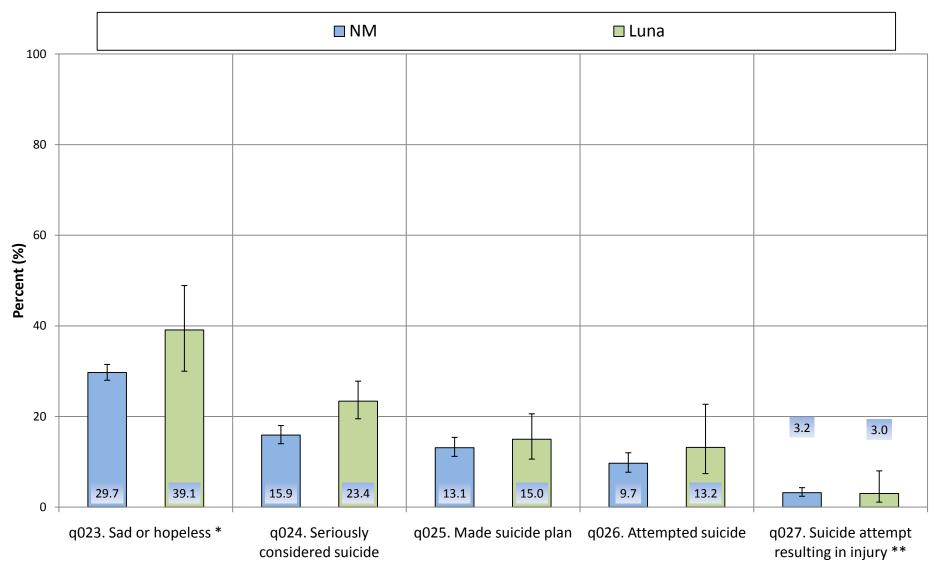
# Mental Health: Suicide Attempts and Ideation Injured in Suicide Attempt \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



\* Made a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse, in the past 12 months

#### Mental Health: Suicide Attempts and Ideation in the Past 12 Months

### New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



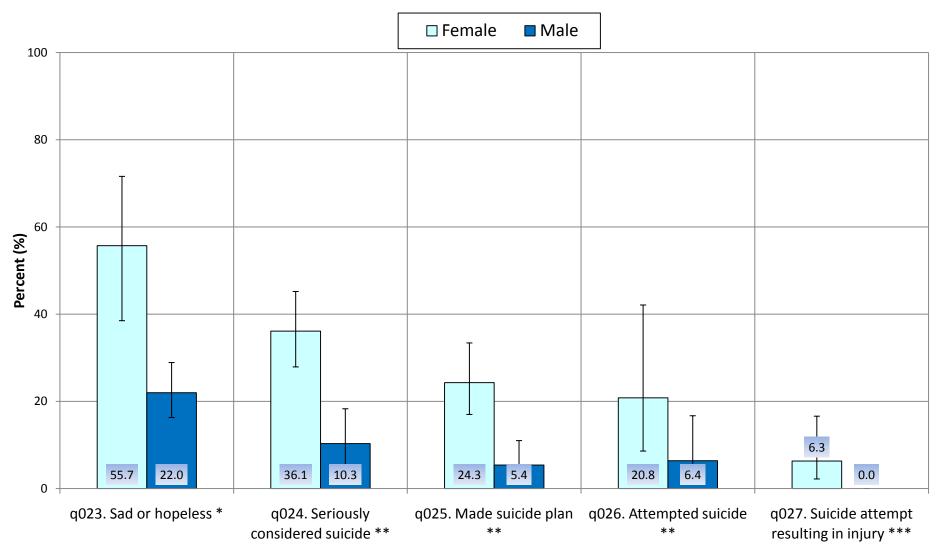
\* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities

\*\* Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated b a doctor or nurse

#### Mental Health: Suicide Attempts and Ideation in the Past 12 Months

# by Gender, Luna County

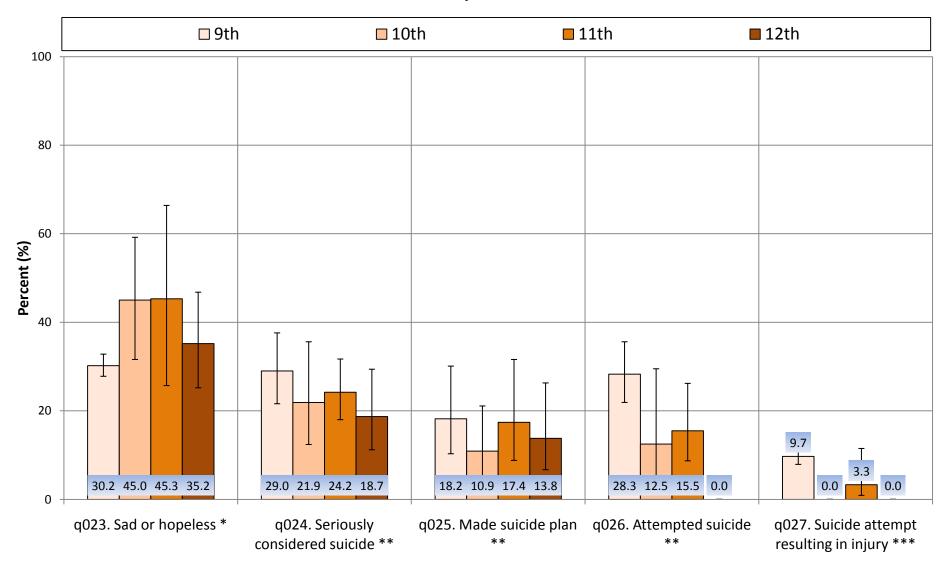
## Grades 9 - 12, 2009 NM YRRS



\* Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities

\*\* Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated b a doctor or nurse

# Mental Health: Suicide Attempts and Ideation in the Past 12 Months by Grade, Luna County Grades 9 - 12, 2009 NM YRRS

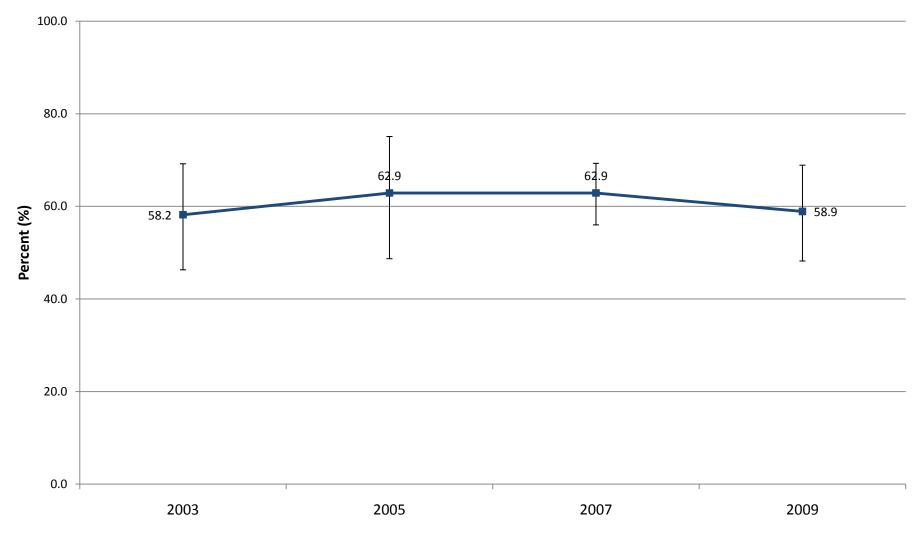


<sup>\*</sup> Felt so sad or hopeless almost every day for at least two weeks in a row that stopped some usual activities

\*\* Made a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated b a doctor or nurse

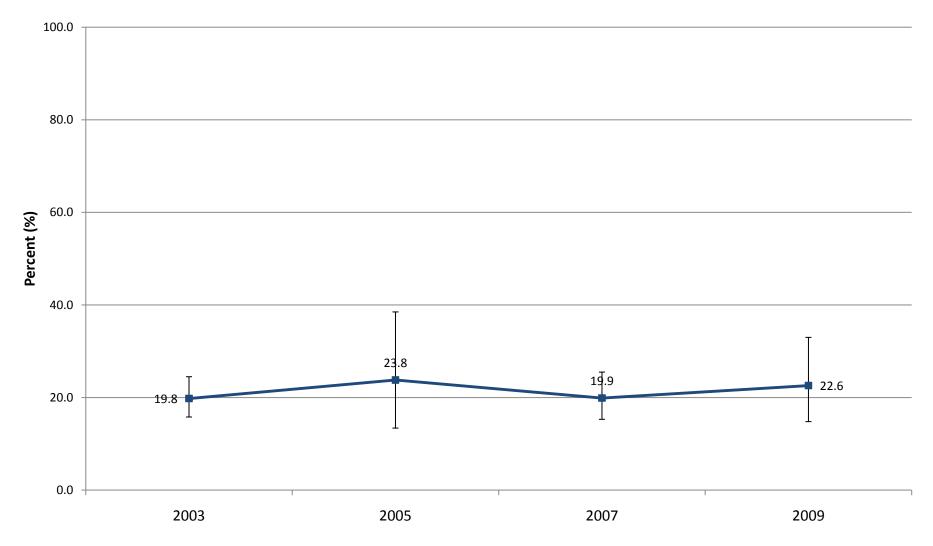
Tobacco





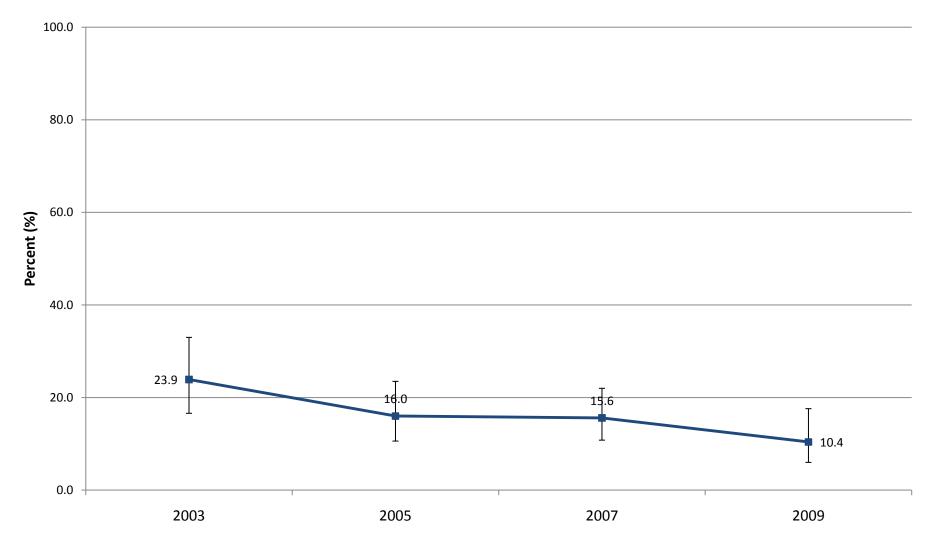
\* Even one or two puffs

# Tobacco: Cigarette Smoking Current Cigarette Smoker \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



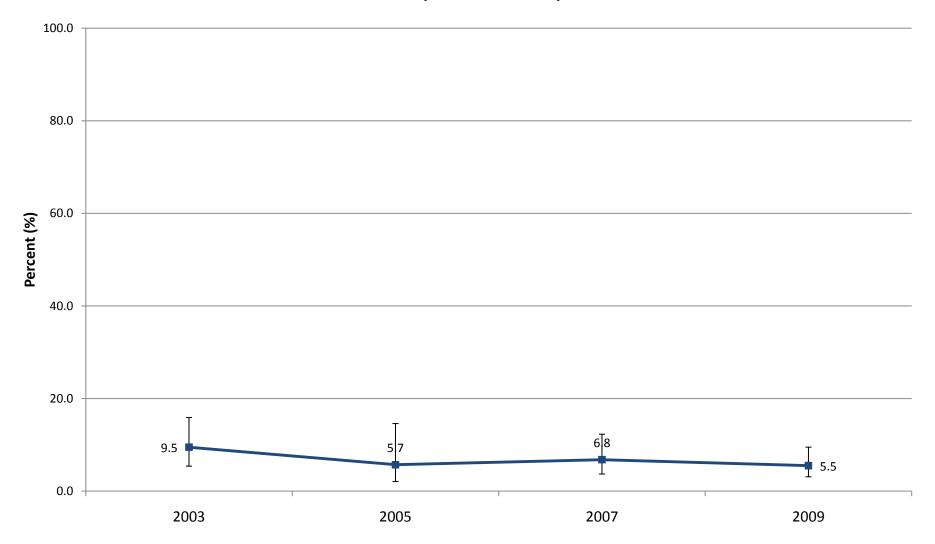
<sup>\*</sup> Smoked cigarettes on at least one of the past 30 days

# Tobacco: Cigarette Smoking Smoked Cigarettes Before Age 13 Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



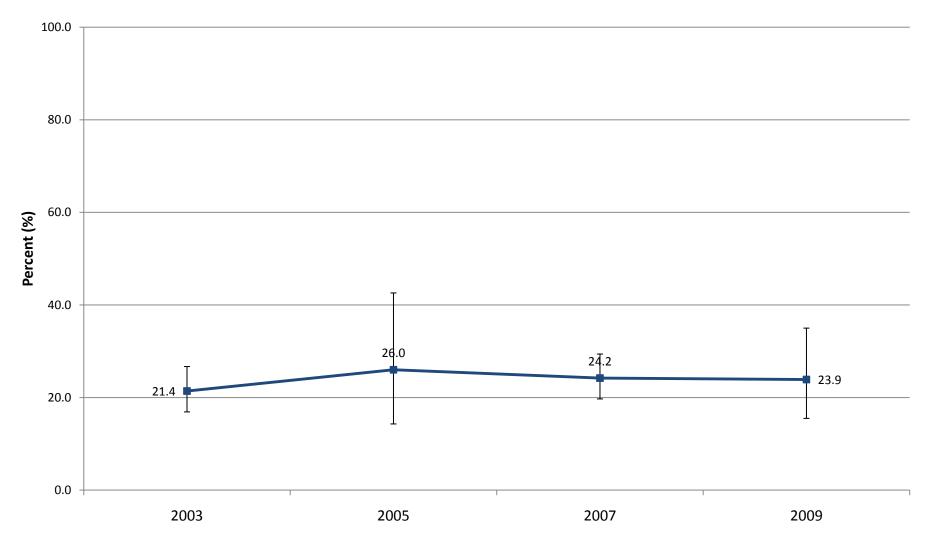
<sup>\*</sup> First smoked a whole cigarette before age 13

# Tobacco: Cigarette Smoking Smoked Cigarettes on School Property \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



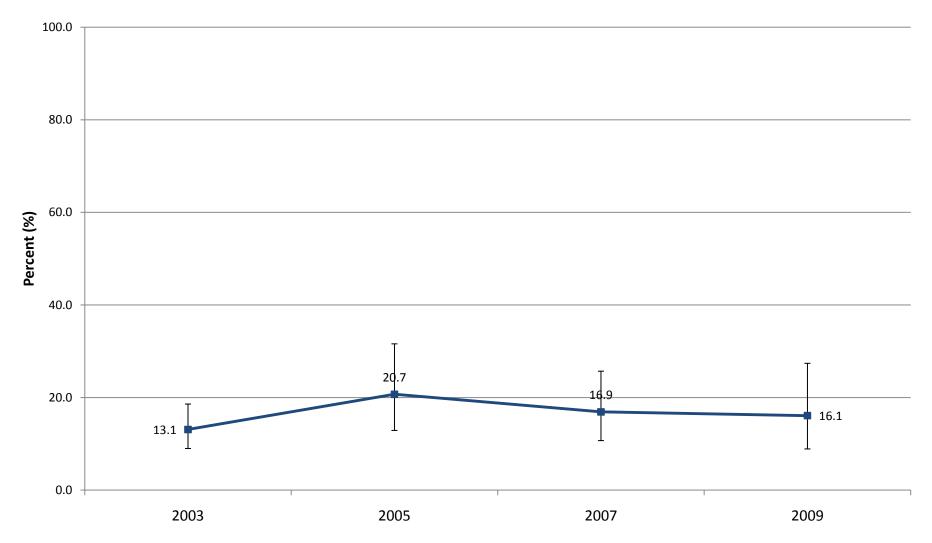
<sup>\*</sup> On at least one of the past 30 days

# Tobacco: Other Use and Exposure Used Any Form of Tobacco \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



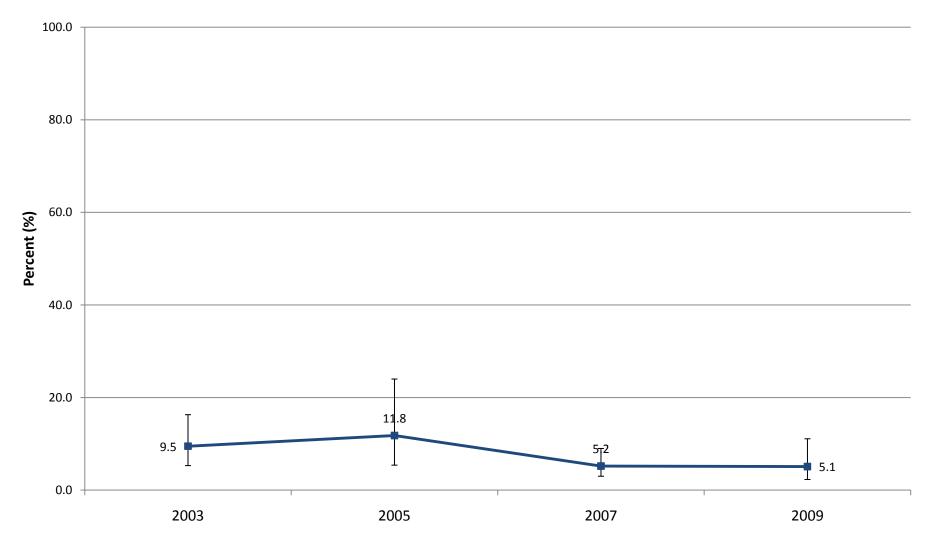
\* Smoked cigarettes, cigars, cigarillos, or little cigars, or used chewing tobacco, snuff, or dip in the past 30 days

# Tobacco: Other Use and Exposure Current Cigar Smoker \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



<sup>\*</sup> Smoked cigars, cigarillos, or little cigars on at least one of the past 30 days

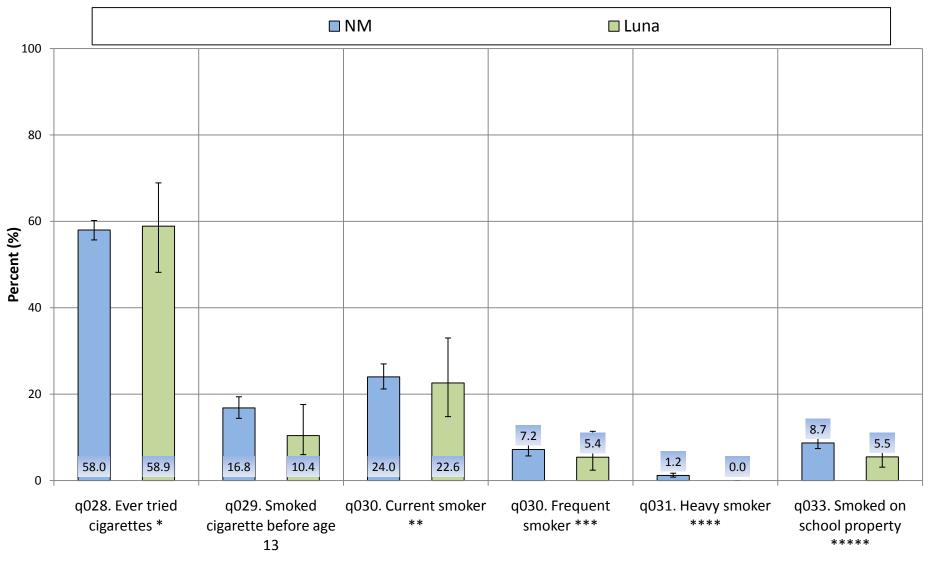
# Tobacco: Other Use and Exposure Current Spit Tobacco Use \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



<sup>\*</sup> Used chewing tobacco, snuff, or dip on at least one of the past 30 days

#### **Tobacco: Cigarette Smoking**

#### New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



\* Ever tried cigarettes, even one or two puffs

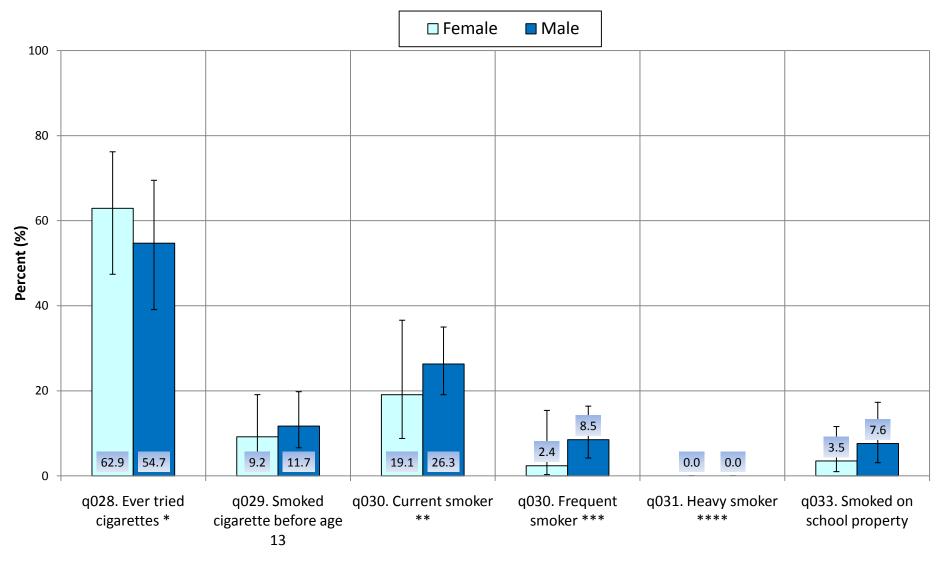
\*\* Smoked cigarettes on at least one of the past 30 days

\*\*\* Smoked cigarettes on at least 20 of the past 30 days

\*\*\*\* Smoked at least 10 cigarettes per day on days that they smoked \*\*\*\*\* In the past 30 days

# Tobacco: Cigarette Smoking by Gender, Luna County

# Grades 9 - 12, 2009 NM YRRS



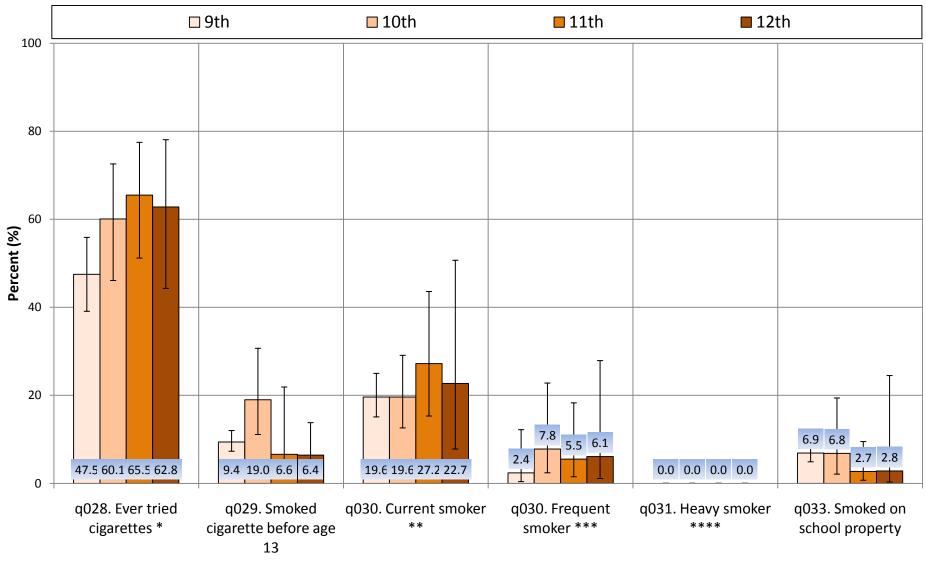
\* Ever tried cigarettes, even one or two puffs

\*\* Smoked cigarettes on at least one of the past 30 days

\*\*\* Smoked cigarettes on at least 20 of the past 30 days \*\*\*\* Smoked at least 10 cigarettes per day on days that they smoked \*\*\*\*\* In the past 30 days

#### **Tobacco: Cigarette Smoking**

#### by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



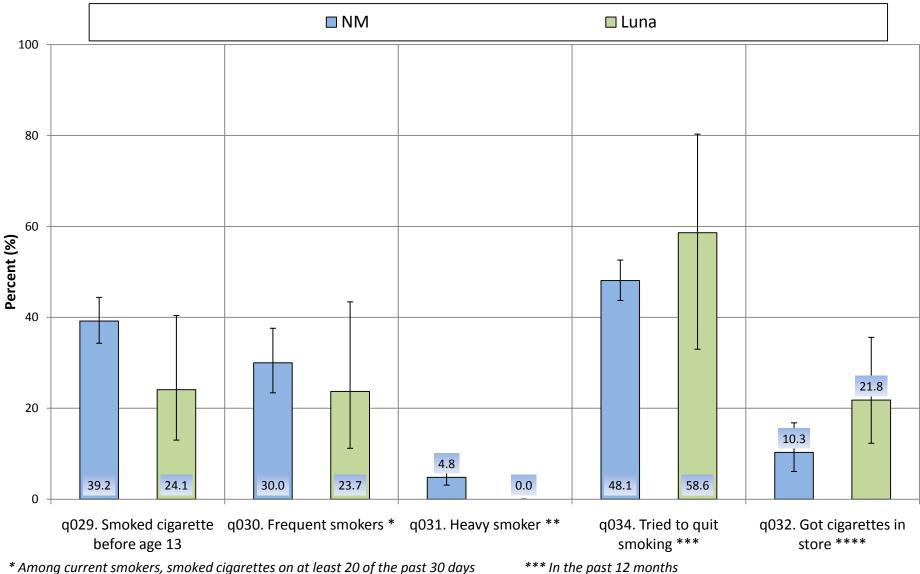
\* Ever tried cigarettes, even one or two puffs

\*\* Smoked cigarettes on at least one of the past 30 days

\*\*\* Smoked cigarettes on at least 20 of the past 30 days \*\*\*\* Smoked at least 10 cigarettes per day on days that they smoked \*\*\*\*\* In the past 30 days

## **Tobacco: Behaviors of Current Cigarette Smokers**

#### New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS

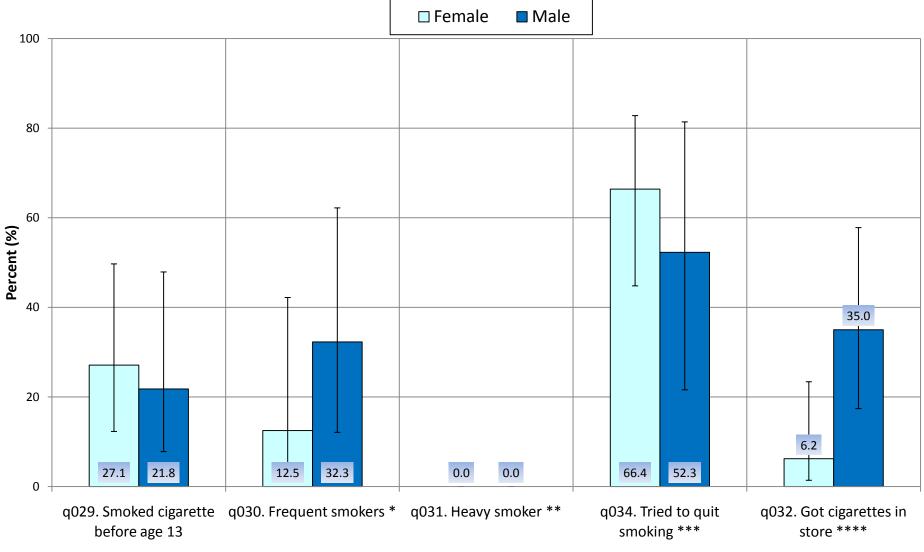


<sup>\*</sup> Among current smokers, smoked cigarettes on at least 20 of the past 30 days \*\* Among curreng smokers, smoked at least 10 cigarettes per days on days they smoked

\*\*\*\* In the past 30 days, among current smokers <18 yrs old

### **Tobacco: Behaviors of Current Cigarette Smokers**

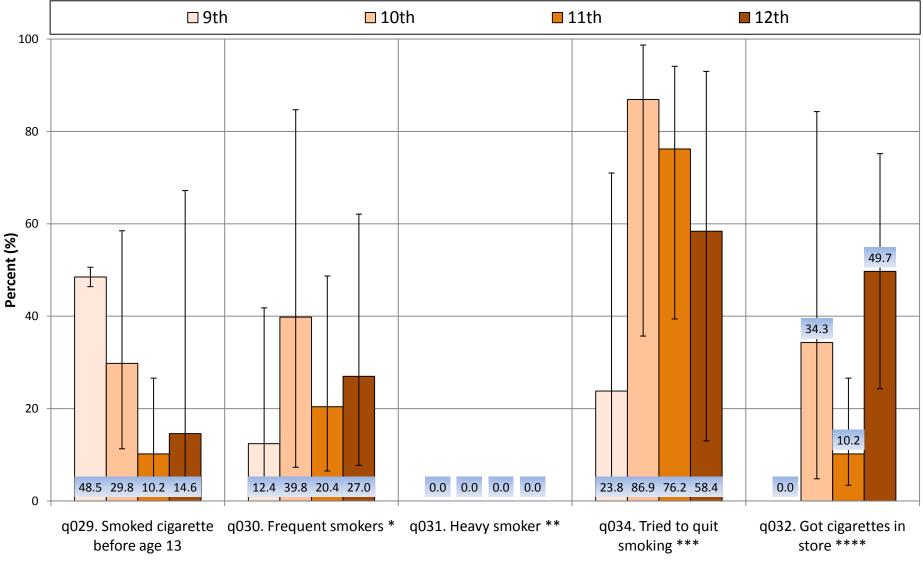
# by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



\* Among current smokers, smoked cigarettes on at least 20 of the past 30 days \*\* Among curreng smokers, smoked at least 10 cigarettes per days on days they smoked \*\*\* In the past 12 months

\*\*\*\* In the past 30 days, among current smokers <18 yrs old

# Tobacco: Behaviors of Current Cigarette Smokers by Grade, Luna County Grades 9 - 12, 2009 NM YRRS

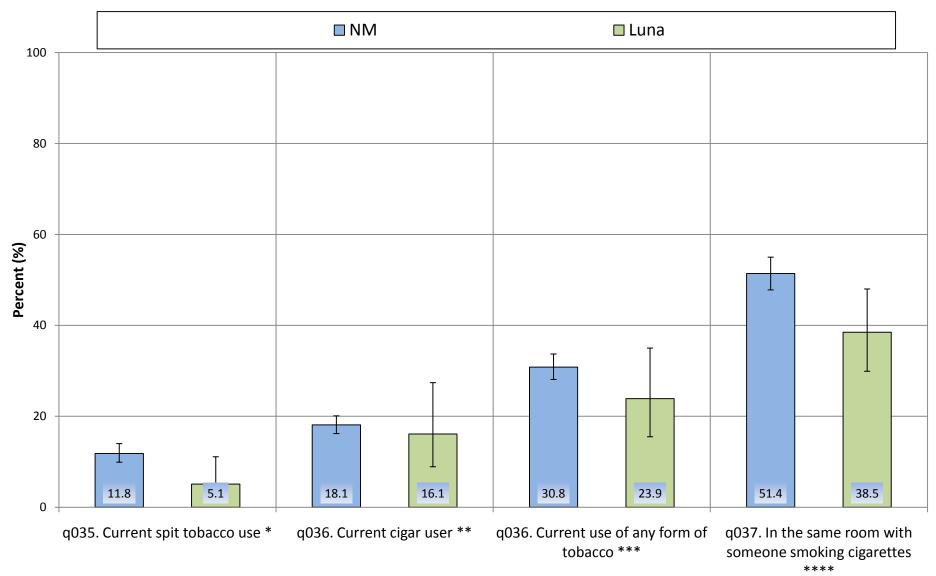


\* Among current smokers, smoked cigarettes on at least 20 of the past 30 days \*\* Among curreng smokers, smoked at least 10 cigarettes per days on days they \*\*\* In the past 12 months

\*\*\*\* In the past 30 days, among current smokers < 18 yrs old

smoked

# Tobacco: Other Use and Exposure New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



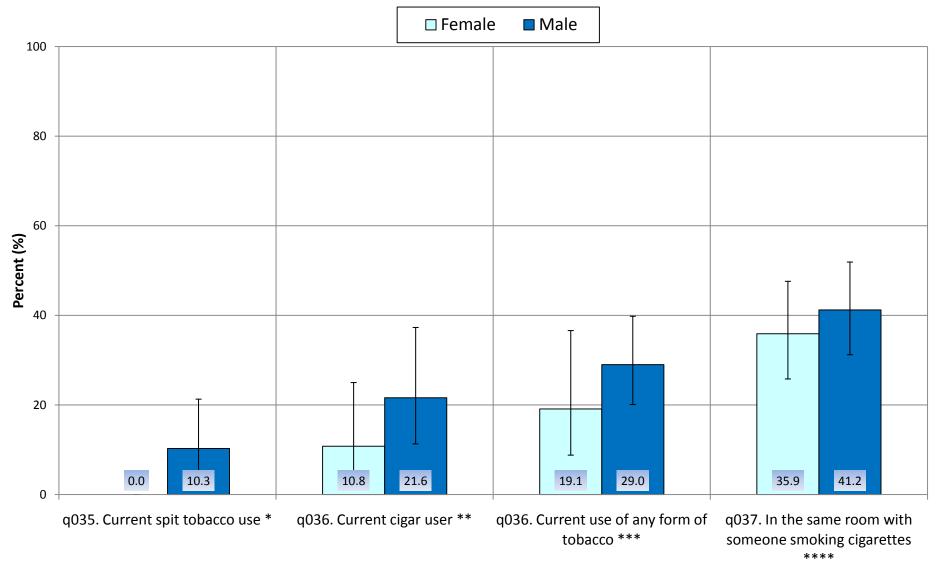
\* Chewing tobacco, snuff, or dip, in the past 30 days

\*\* Cigars, cigarillos, or little cigars, in the past 30 days

\*\*\* Cigarettes, spit tobacco, or cigars, in the past 12 months \*\*\*\* In the past 7 days

# Tobacco: Other Use and Exposure by Gender, Luna County

# Grades 9 - 12, 2009 NM YRRS

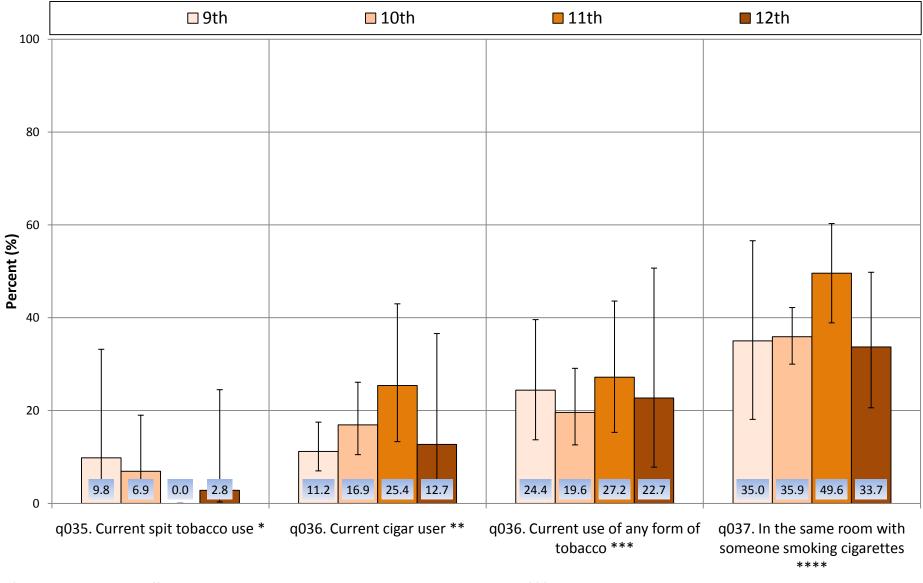


\* Chewing tobacco, snuff, or dip, in the past 30 days

\*\* Cigars, cigarillos, or little cigars, in the past 30 days

\*\*\* Cigarettes, spit tobacco, or cigars, in the past 12 months \*\*\*\* In the past 7 days

# Tobacco: Other Use and Exposure by Grade, Luna County Grades 9 - 12, 2009 NM YRRS

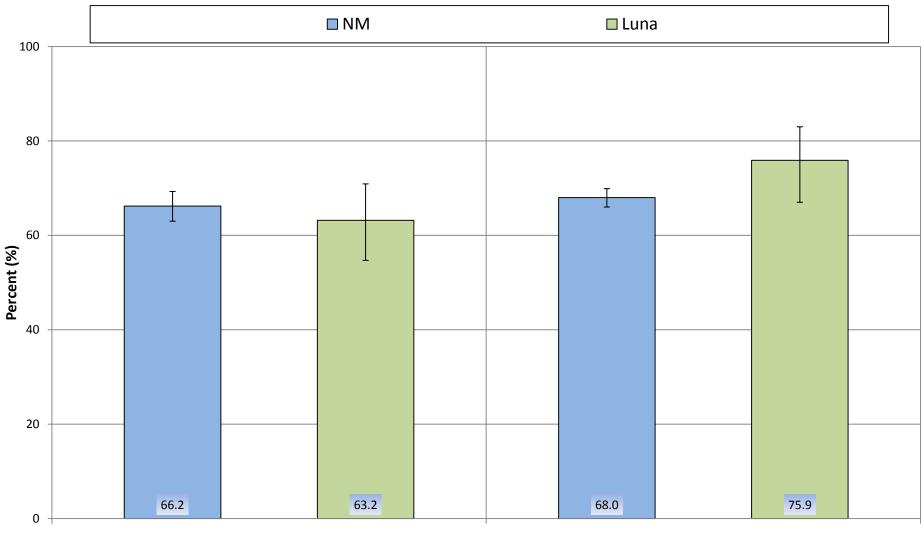


\* Chewing tobacco, snuff, or dip, in the past 30 days

\*\* Cigars, cigarillos, or little cigars, in the past 30 days

\*\*\* Cigarettes, spit tobacco, or cigars, in the past 12 months \*\*\*\* In the past 7 days

# Tobacco: Parental and Student Attitudes New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



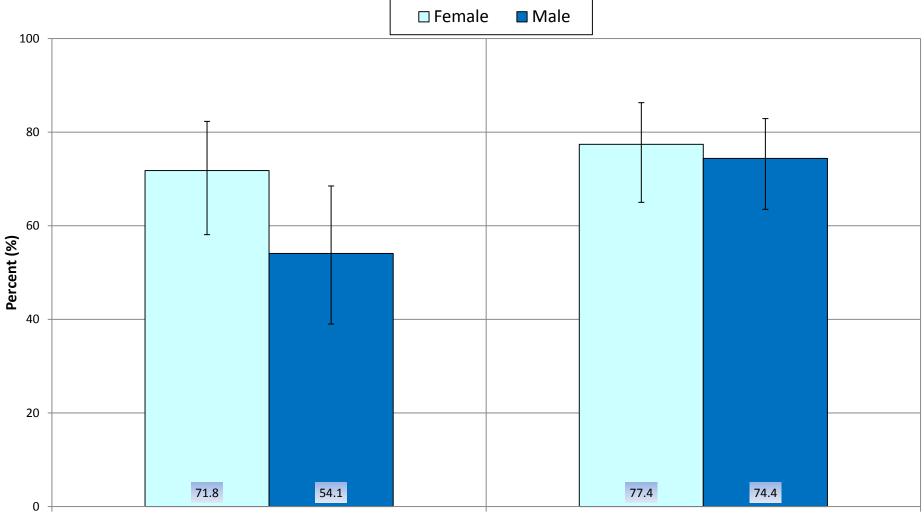
q039. Great risk from smoking one+ packs/day \*

q038. Parents feel cigarette smoking is "Very wrong" \*\*

\* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day? \*\* How wrong do your parents feel it would be for you to smoke cigarettes

#### **Tobacco: Parental and Student Attitudes**

# by Gender, Luna County Grades 9 - 12, 2009 NM YRRS

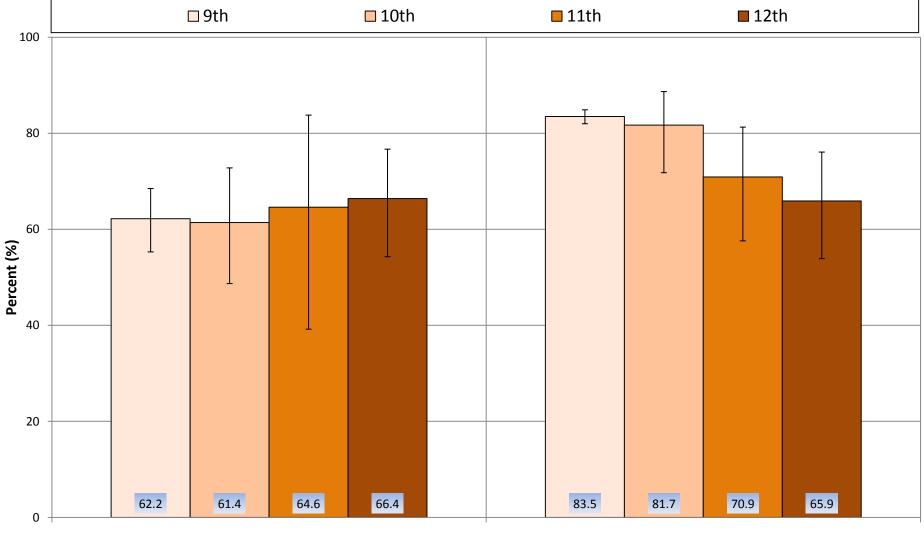


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# Tobacco: Parental and Student Attitudes by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



q039. Great risk from smoking one+ packs/day \*

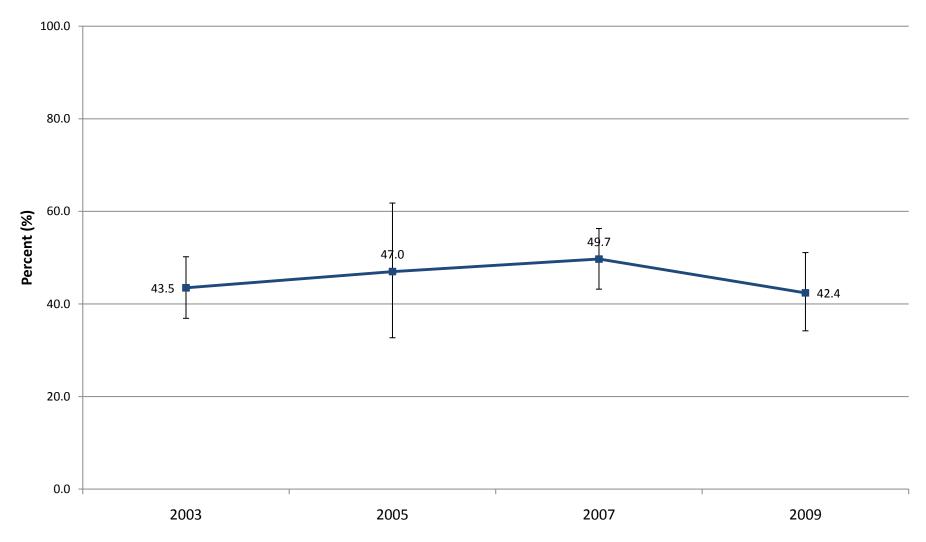
q038. Parents feel cigarette smoking is "Very wrong" \*\*

\* How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

**\*\*** How wrong do your parents feel it would be for you to smoke cigarettes

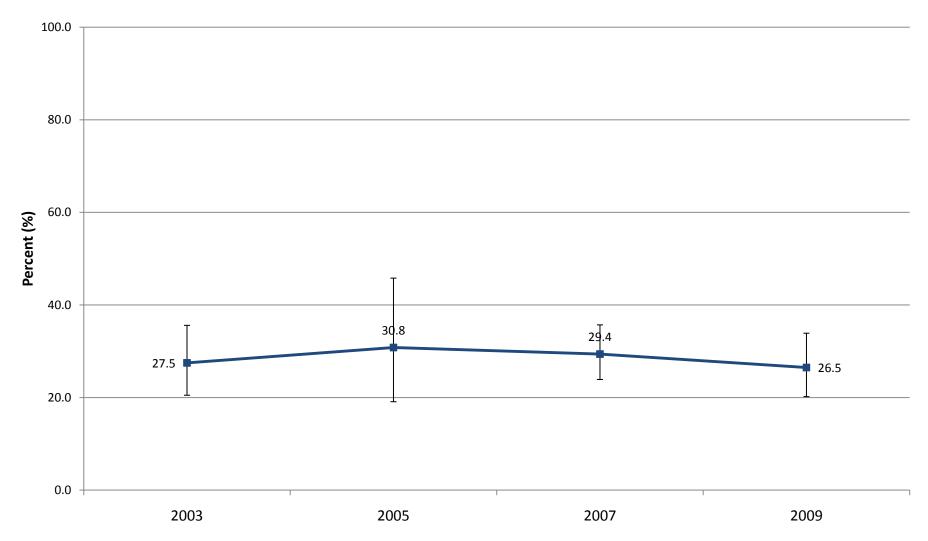
Alcohol

## Alcohol Use Current Drinker \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



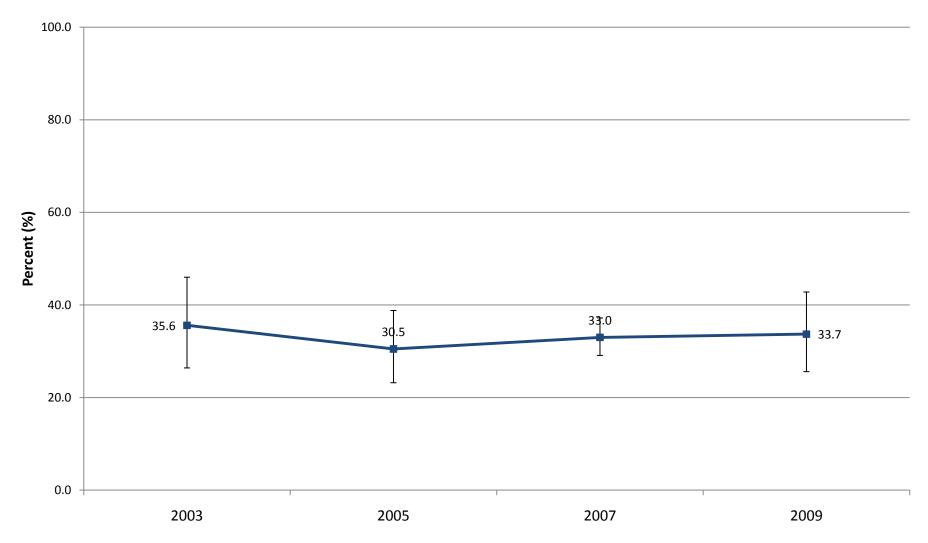
<sup>\*</sup> Had at least one drink of alcohol in the past 30 days

## Alcohol Use Binge Drinker \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



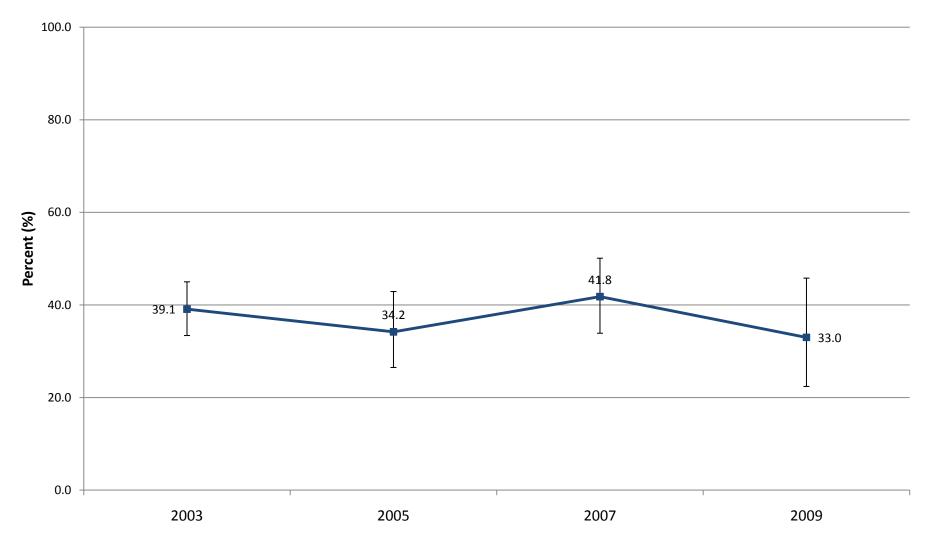
\* Had at least five or more drinks of alcohol in a row or within a couple of hours, at least once in the past 30 days

## Alcohol Use Drank Alcohol Before Age 13 Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



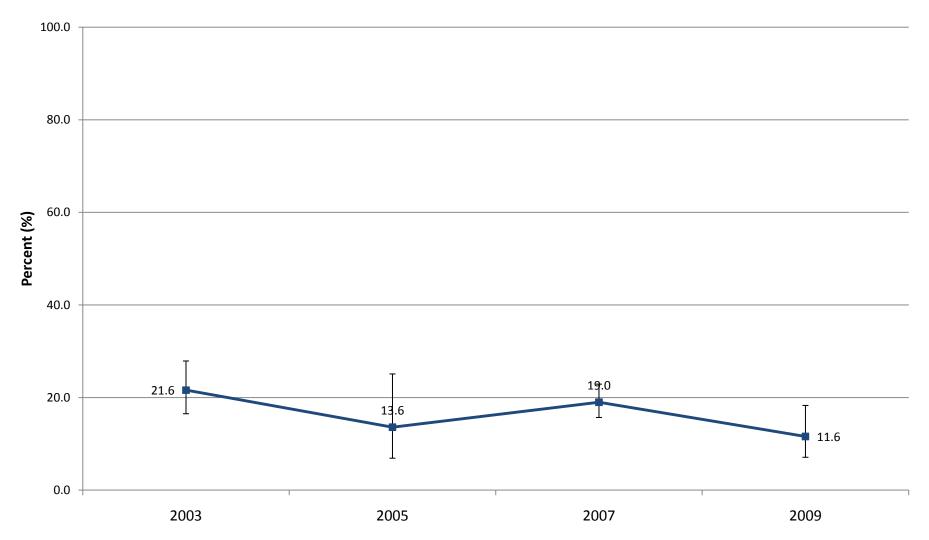
\* Had first drink of alcohol, other than a few sips, before age 13

## Alcohol Use Rode With a Drinking Driver \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



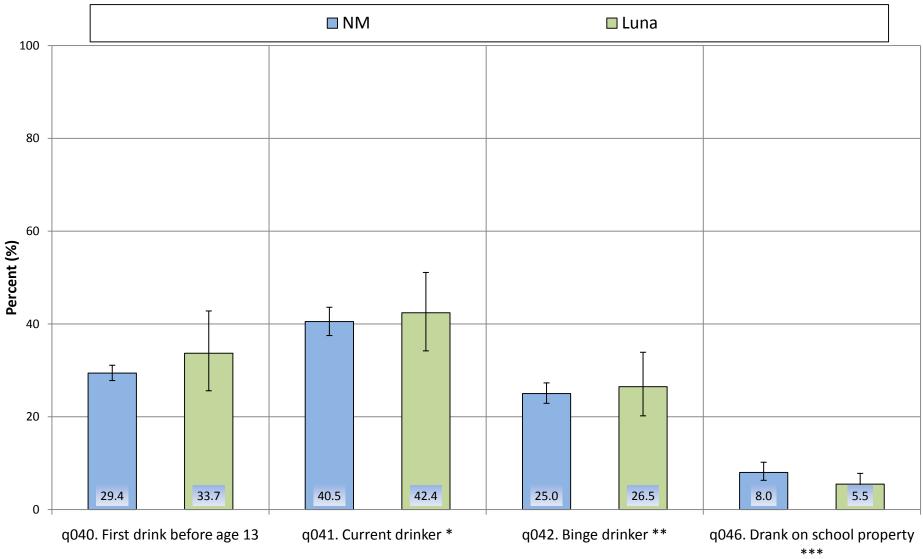
\* In the past 30 days

## Alcohol Use Drinking and Driving \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



\* Drove a car or other vehicle "when you had been drinking alcohol," in the past 30 days

# Alcohol Use New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS

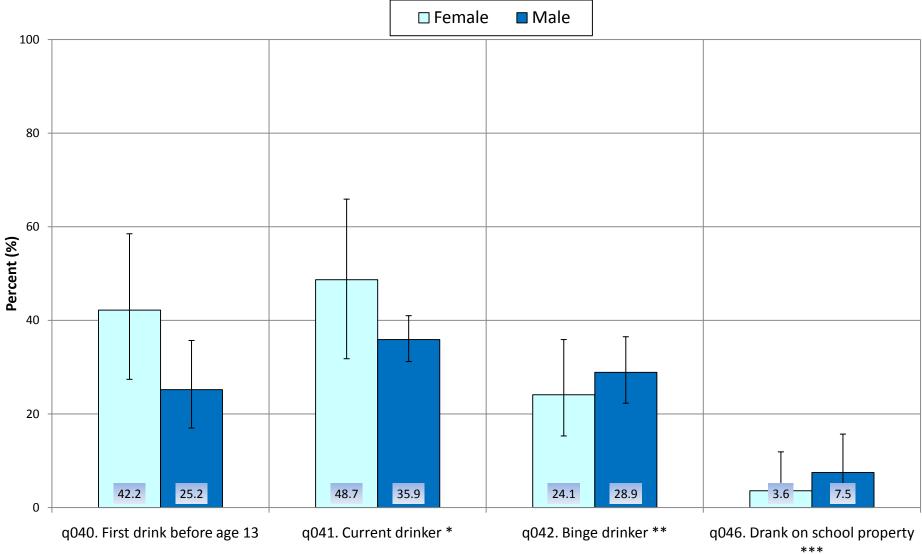


\* Had a drink of alcohol on at least one of the past 30 days

\*\* Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days

\*\*\* Had at least one drink of alcohol on school property, on at least one of the past 30 days

## Alcohol Use by Gender, Luna County Grades 9 - 12, 2009 NM YRRS

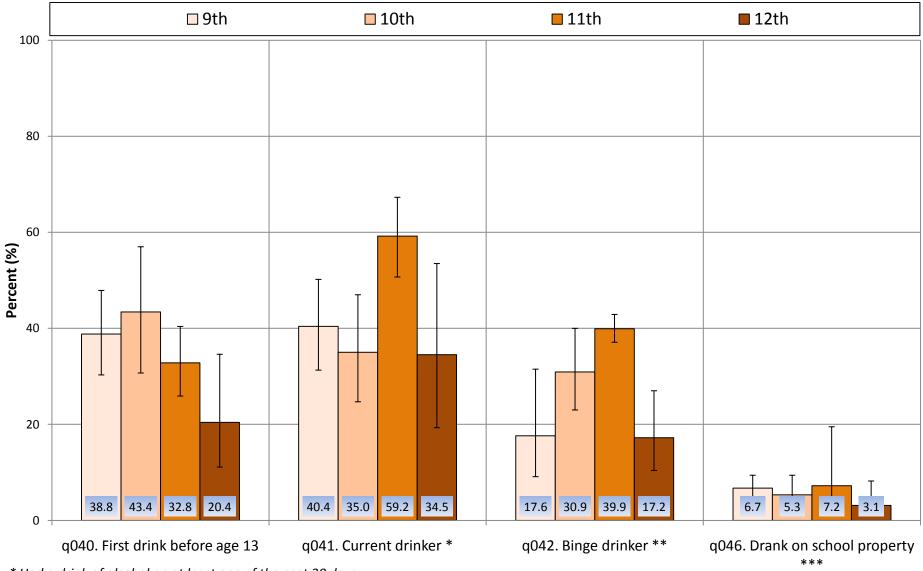


\* Had a drink of alcohol on at least one of the past 30 days

\*\* Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days

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## Alcohol Use by Grade, Luna County Grades 9 - 12, 2009 NM YRRS

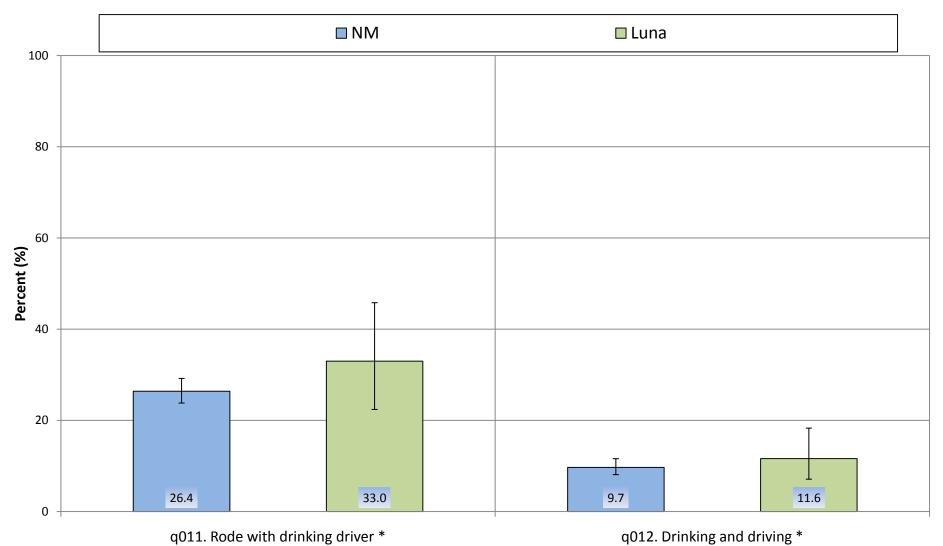


\* Had a drink of alcohol on at least one of the past 30 days

\*\* Had 5 or more drinks in a row, or within a couple of hours, on at least one of the past 30 days

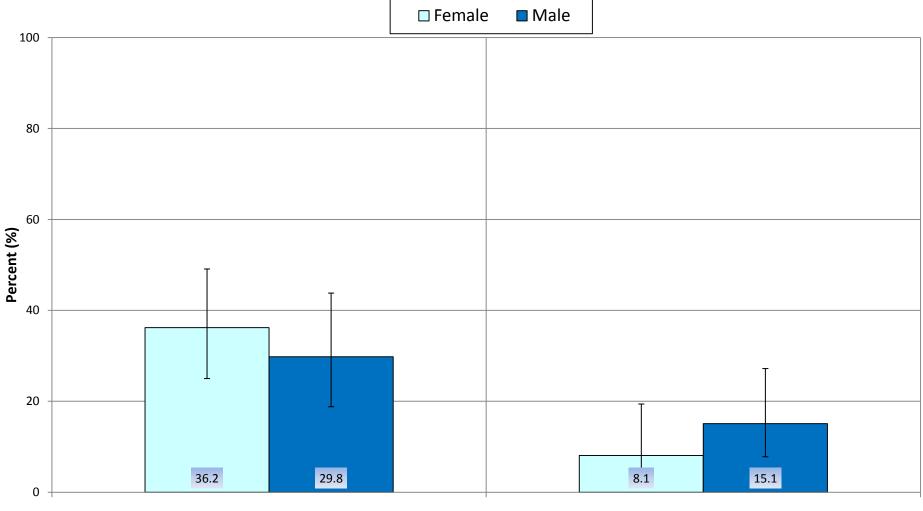
\*\*\* Had at least one drink of alcohol on school property, on at least one of the past 30 days

### Alcohol Use Associated with Injury New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



#### Alcohol Use Associated with Injury

## by Gender, Luna County Grades 9 - 12, 2009 NM YRRS

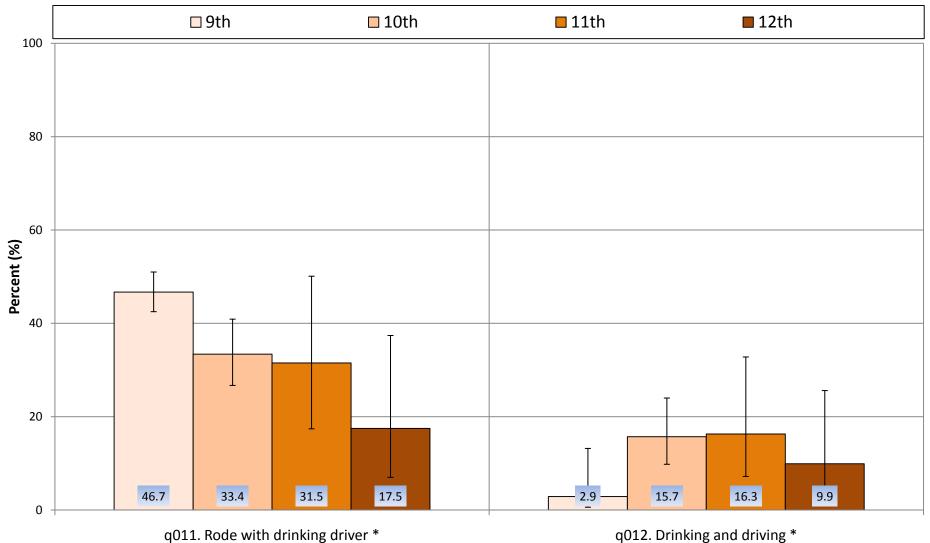


q011. Rode with drinking driver \*

q012. Drinking and driving  $^{\ast}$ 

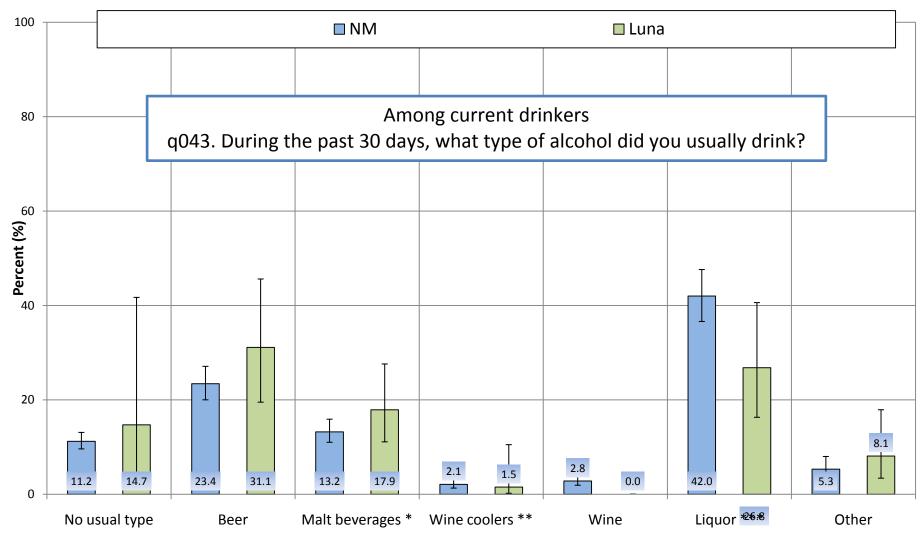
\* In the past 30 days

## Alcohol Use Associated with Injury by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



\* In the past 30 days

# Alcohol Use: Behaviors of Current Drinkers New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS

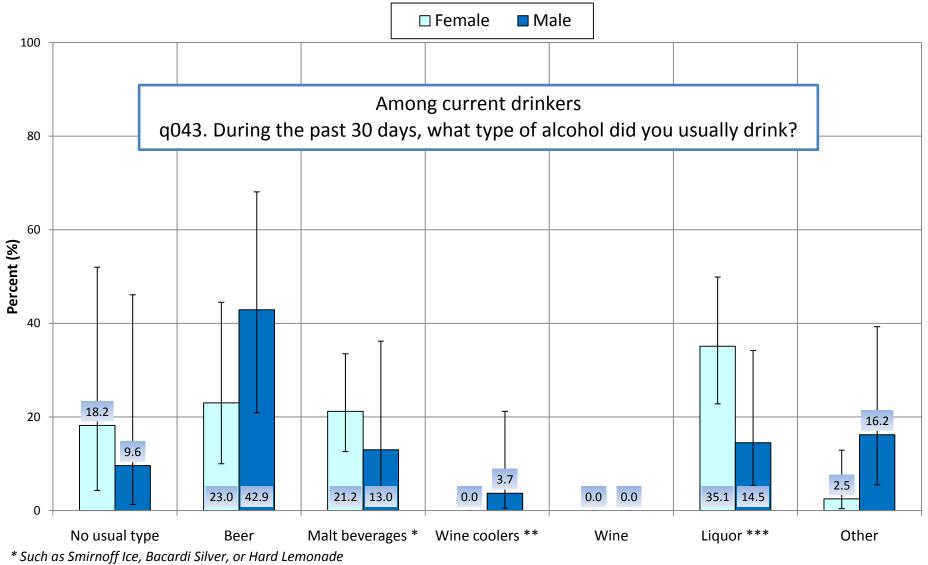


\* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade

\*\* Such as Bartles & James or Seagrams

\*\*\* Such as vodka, rum, scotch, bourbon, or whiskey

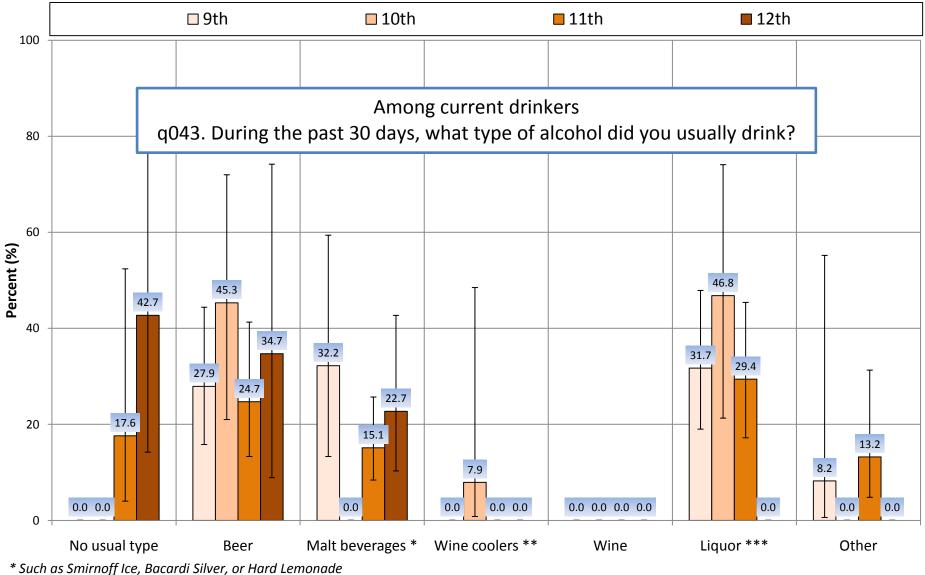
### by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



\*\* Such as Bartles & James or Seagrams

\*\*\* Such as vodka, rum, scotch, bourbon, or whiskey

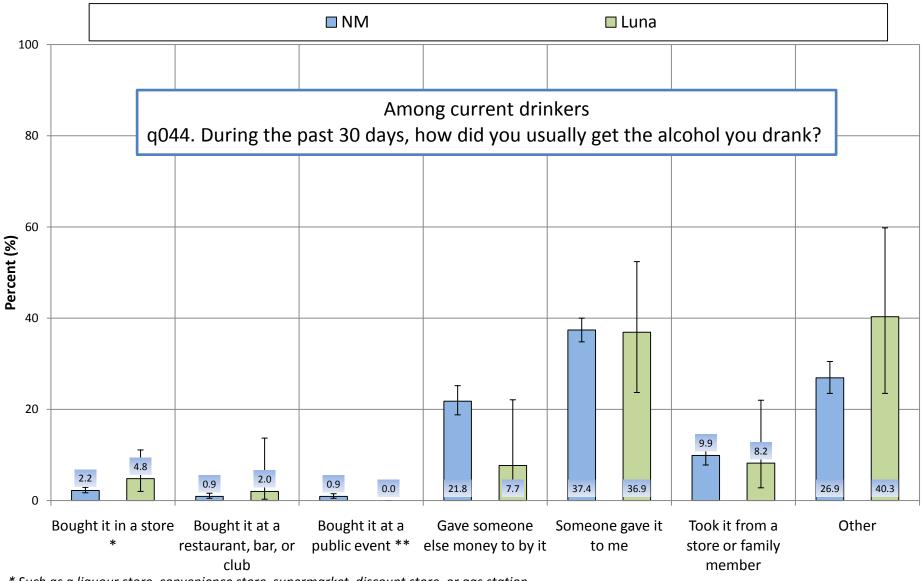
# Alcohol Use: Behaviors of Current Drinkers by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



\*\* Such as Bartles & James or Seagrams

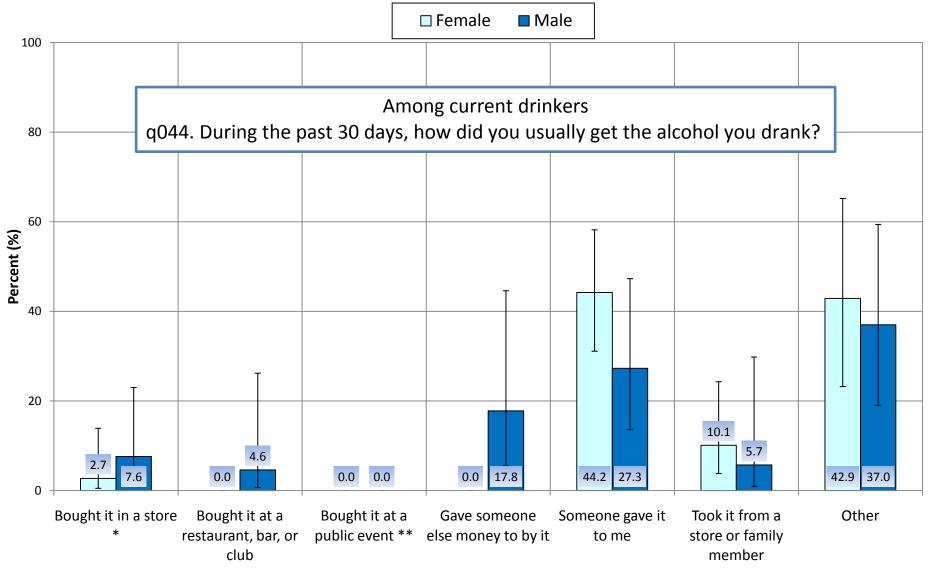
\*\*\* Such as vodka, rum, scotch, bourbon, or whiskey

## Alcohol Use: Behaviors of Current Drinkers New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



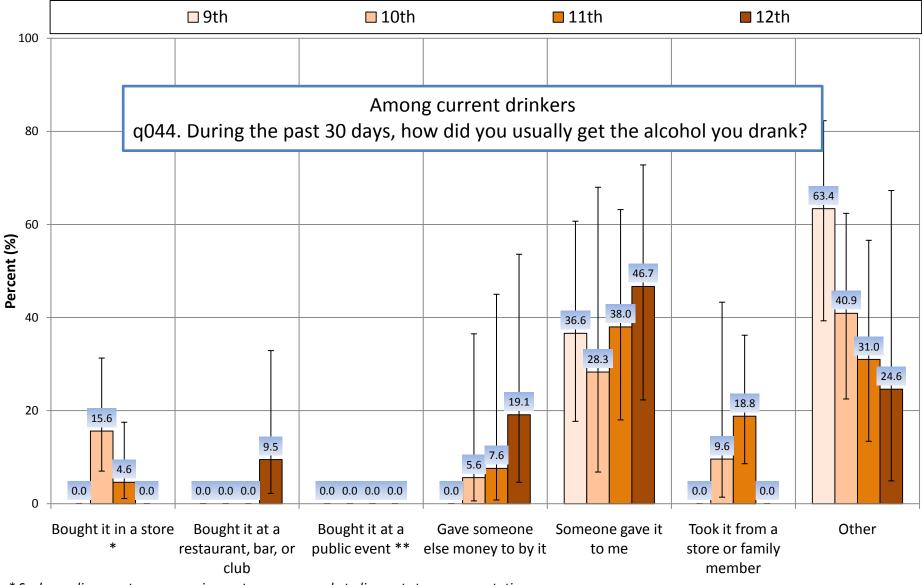
\* Such as a liquour store, convenience store, supermarket, discount store, or gas station

### by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



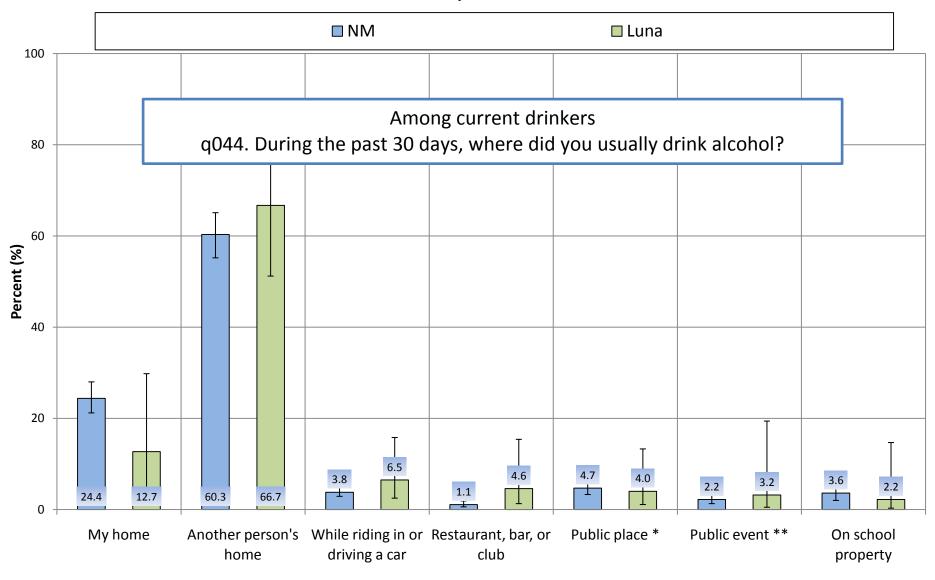
\* Such as a liquour store, convenience store, supermarket, discount store, or gas station

# Alcohol Use: Behaviors of Current Drinkers by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



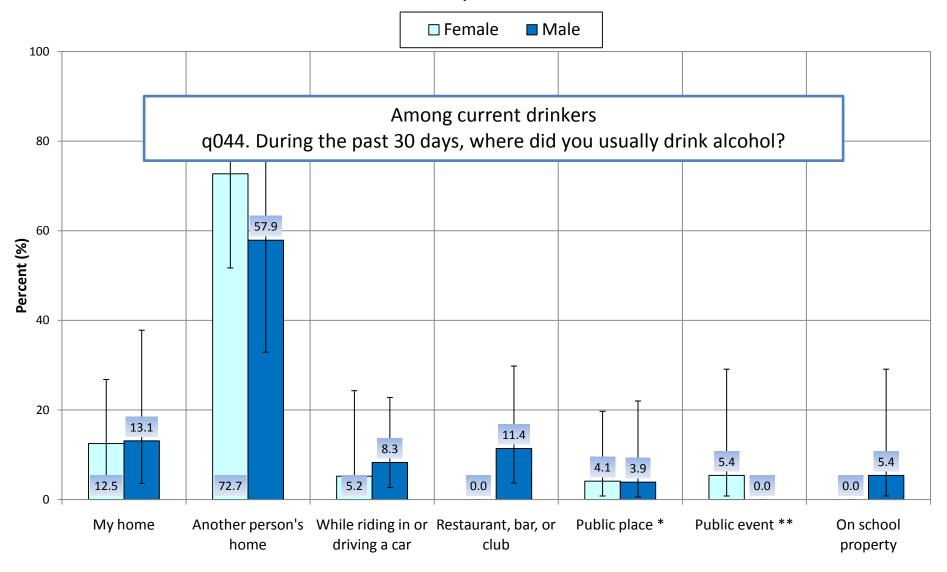
\* Such as a liquour store, convenience store, supermarket, discount store, or gas station

#### New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



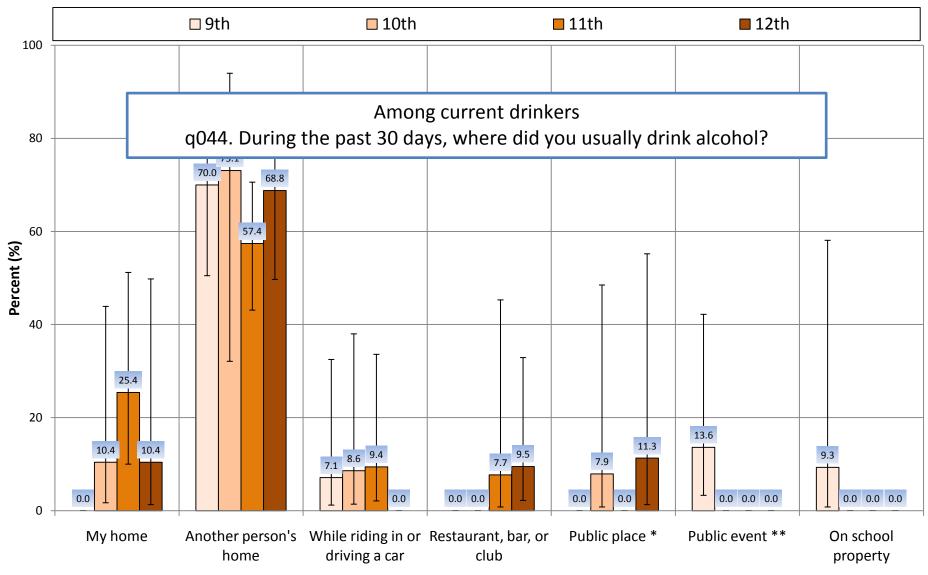
\* Such as a park, beach, or parking lot

### by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> Such as a park, beach, or parking lot

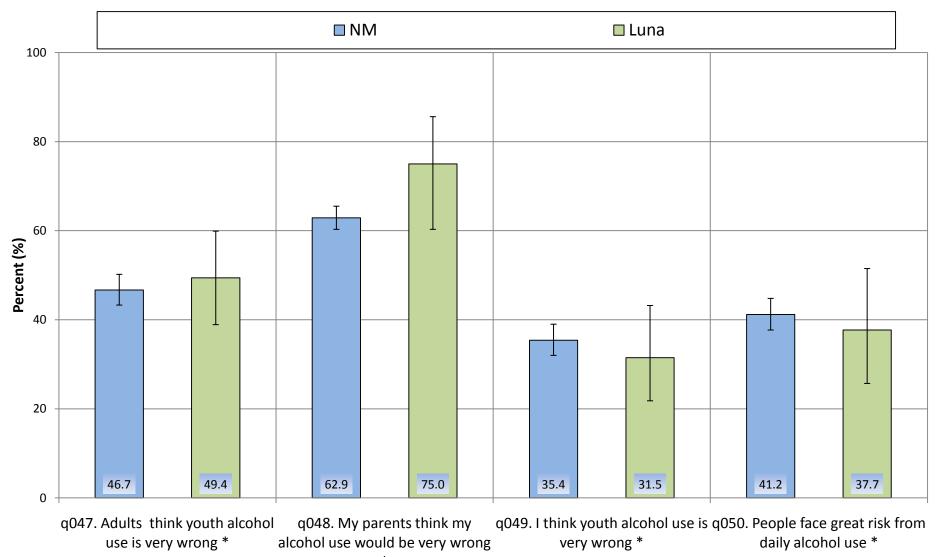
#### by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



\* Such as a park, beach, or parking lot

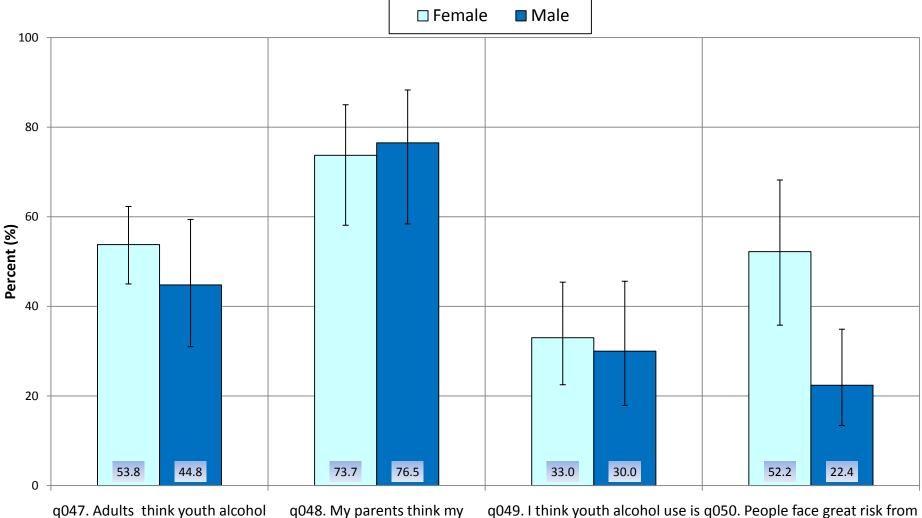
#### **Alcohol: Attitudes**

#### New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



\* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?" \*\* How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?"

## Alcohol: Attitudes by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



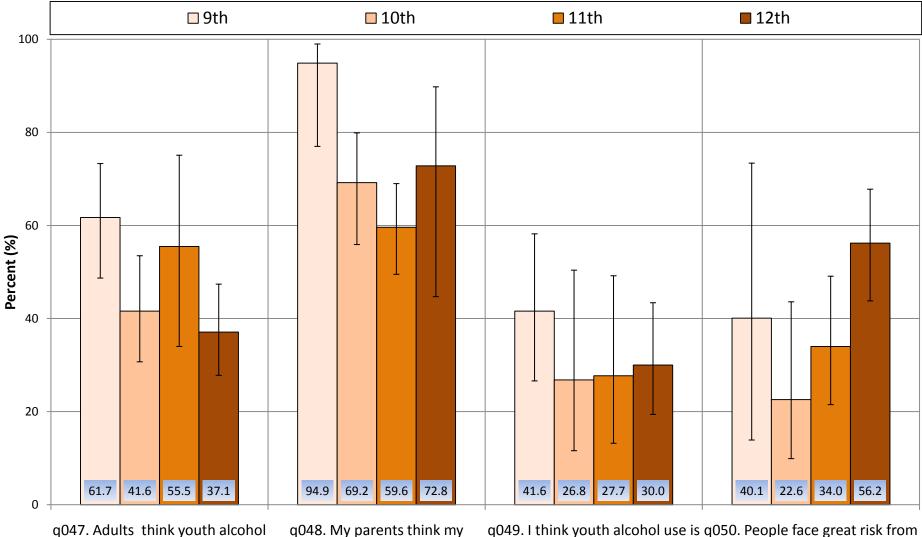
use is very wrong \*

alcohol use would be very wrong

q049. I think youth alcohol use is q050. People face great risk fro very wrong \* daily alcohol use \*

\* How wrong do "adults in your community", "your parents", or "you" feel it would be for you or someone your age to drink alcohol regularly?" \*\* How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?"

## Alcohol: Attitudes by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



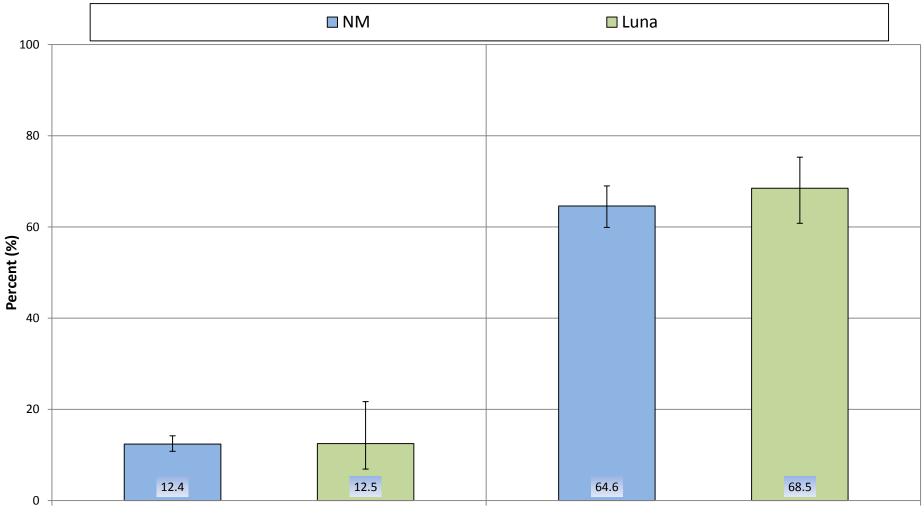
use is very wrong \*

alcohol use would be very wrong

049. I think youth alcohol use is q050. People face great ris very wrong \* daily alcohol use \*

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# Alcohol: Access and Use by Friends New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS

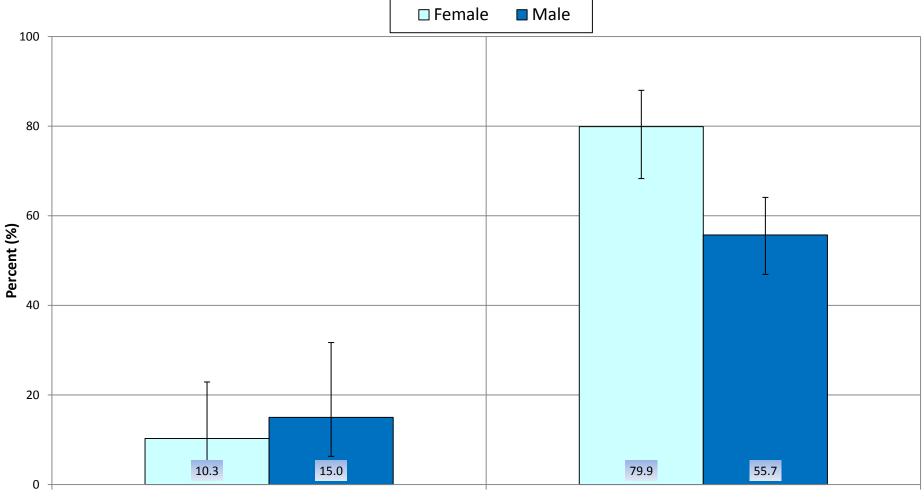


q109. Most or all close friends drink at least once/week

q068. "Sort of easy" or "Very easy" to get alcohol

#### Alcohol: Access and Use by Friends

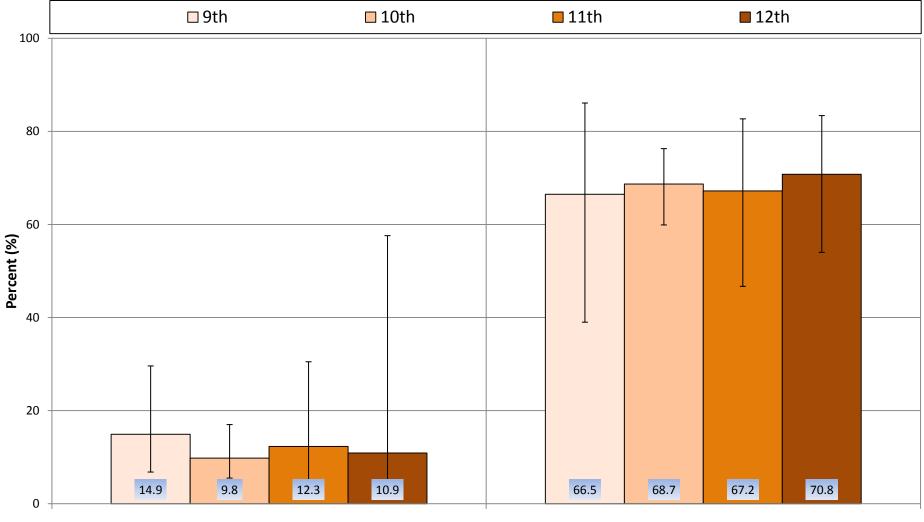
## by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



q109. Most or all close friends drink at least once/week

q068. "Sort of easy" or "Very easy" to get alcohol

## Alcohol: Access and Use by Friends by Grade, Luna County Grades 9 - 12, 2009 NM YRRS

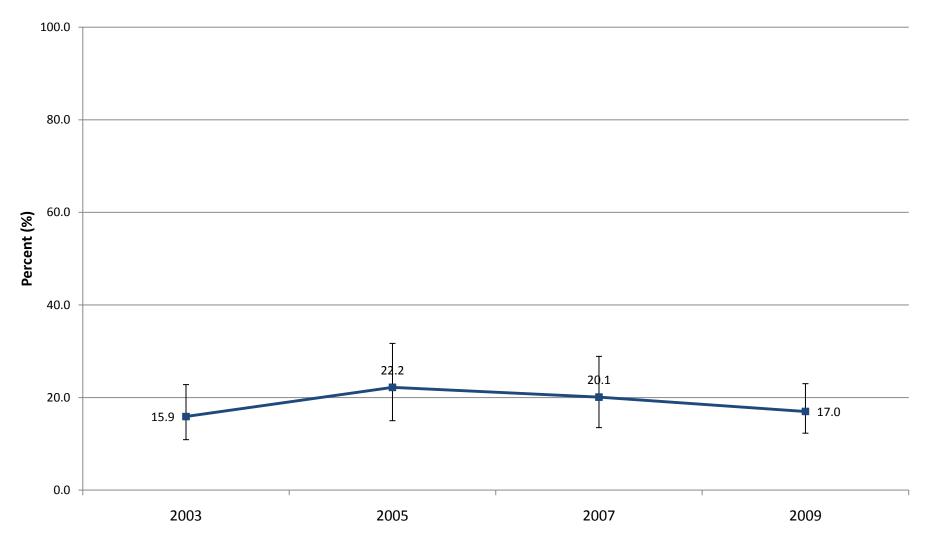


q109. Most or all close friends drink at least once/week

q068. "Sort of easy" or "Very easy" to get alcohol

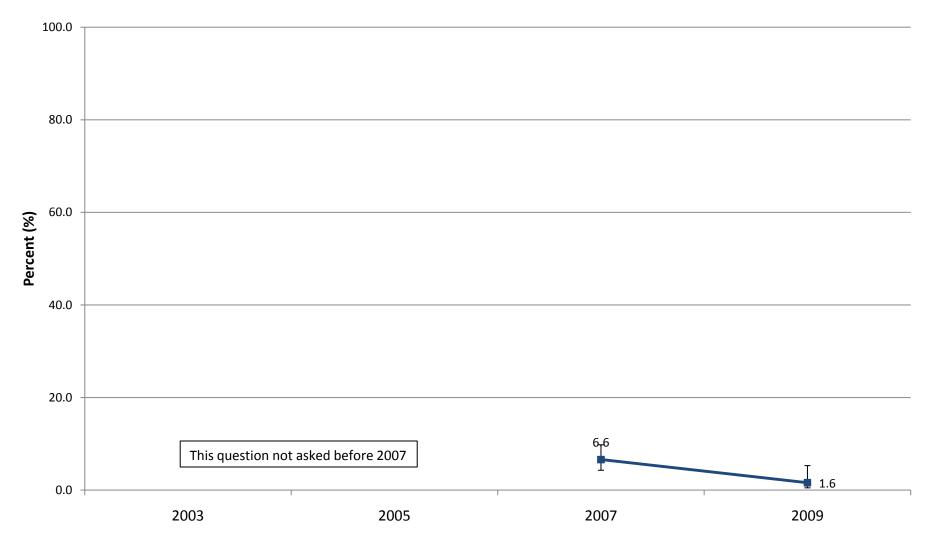
Drugs

## Drug Use Current Marijuana Use \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



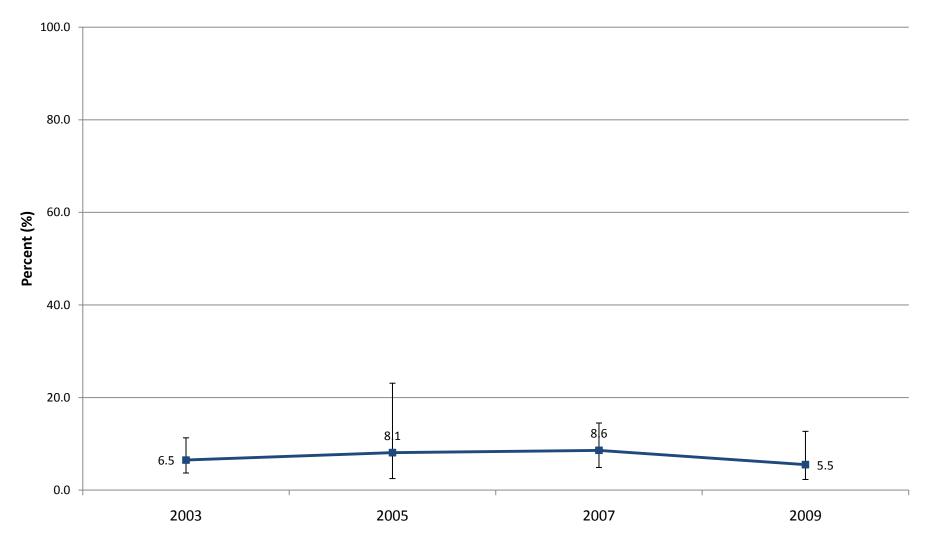
<sup>\*</sup> Used marijuana at least once in the past 30 days

## Drug Use Used Painkiller to Get High \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



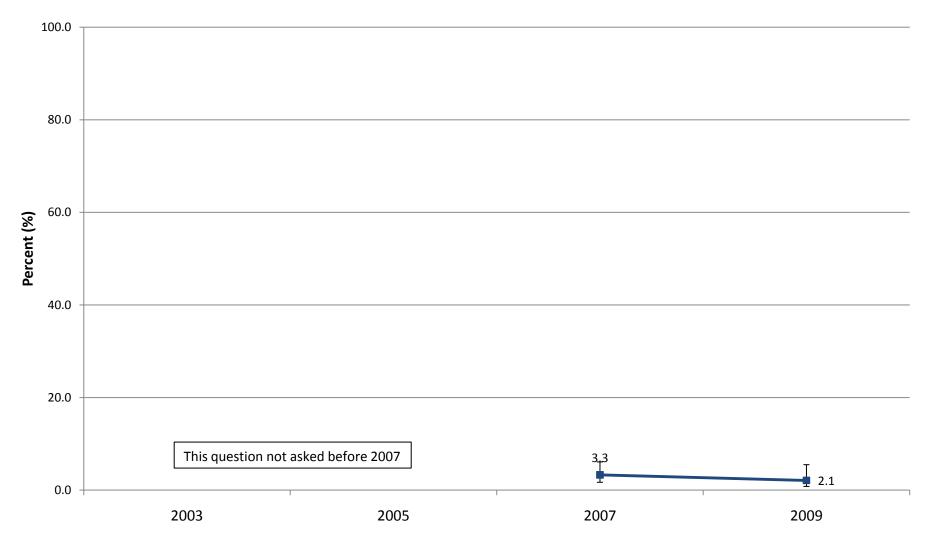
<sup>\*</sup> Used a pain killer to get high, like Vicodin, OxyContin, or Percocet, in the past 30 days

## Drug Use Inhalant Use \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS

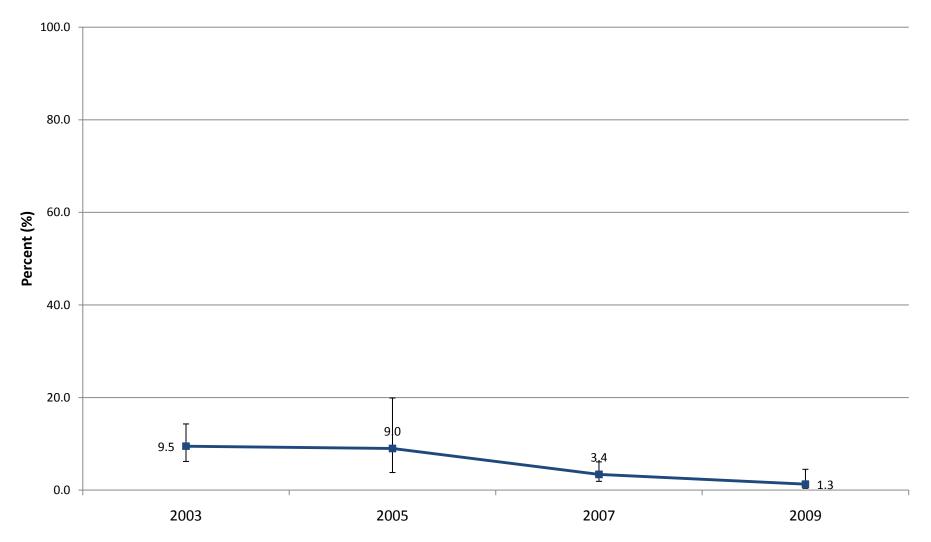


\* Sniffed glue, breathed the contents of aerosol spray cays, or inhaled any paints or sprays to get high, in the past 30 days

## Drug Use Ecstasy Use \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS

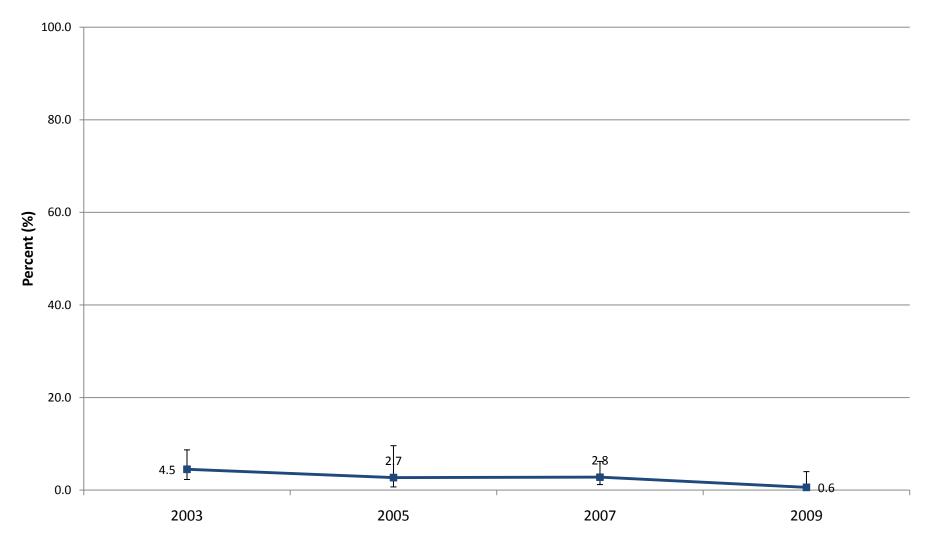


# Drug Use Cocaine Use \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



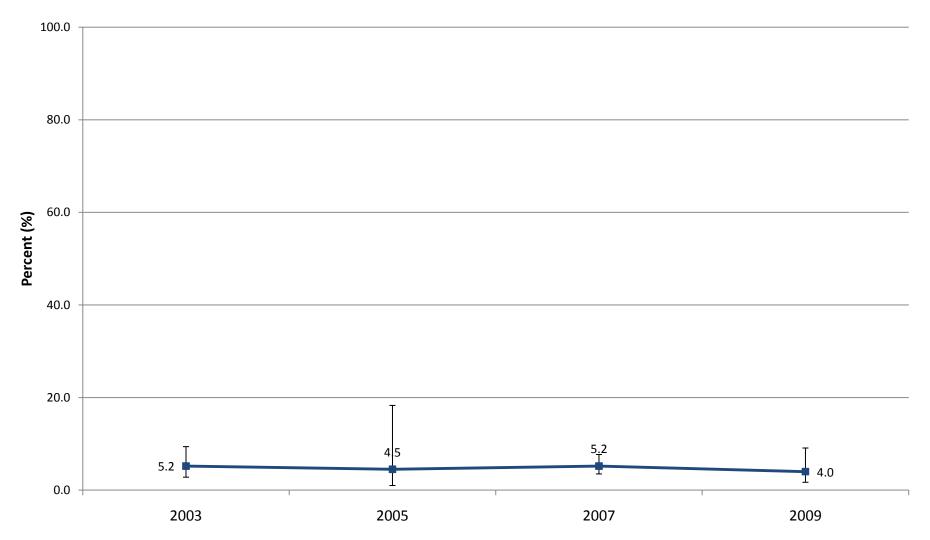
<sup>\*</sup> In the past 30 days

# Drug Use Heroin Use \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



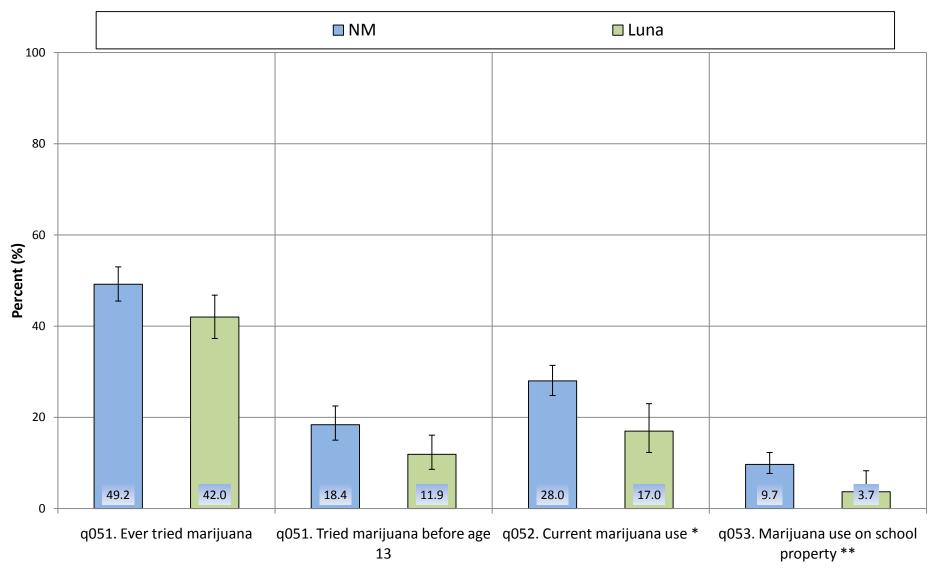
\* In the past 30 days

# Drug Use Injection Drug Use \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



#### \* Ever in lifetime

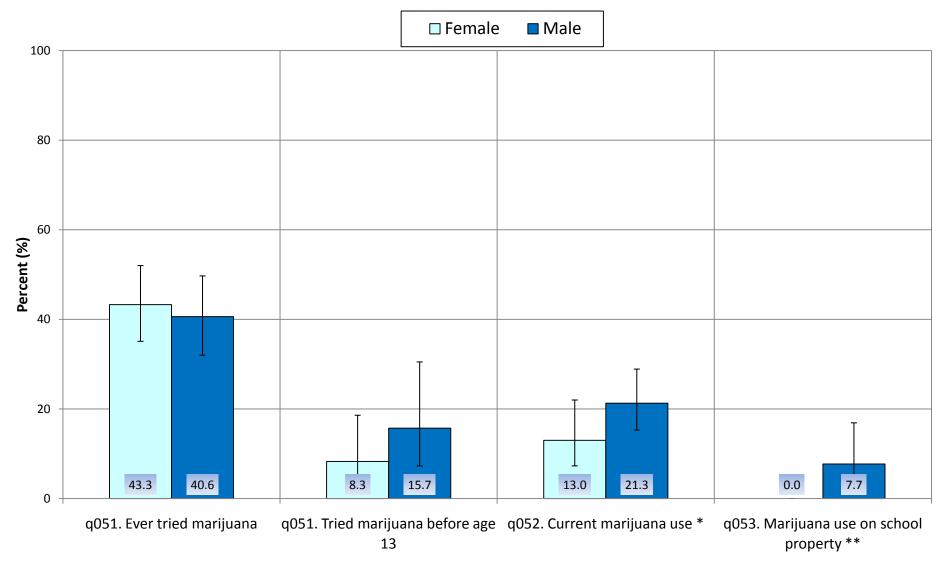
# Marijuana Use New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



\* Used marijuana at least once in the past 30 days

\*\* Used marijuana on school property at least once in the past 30 days

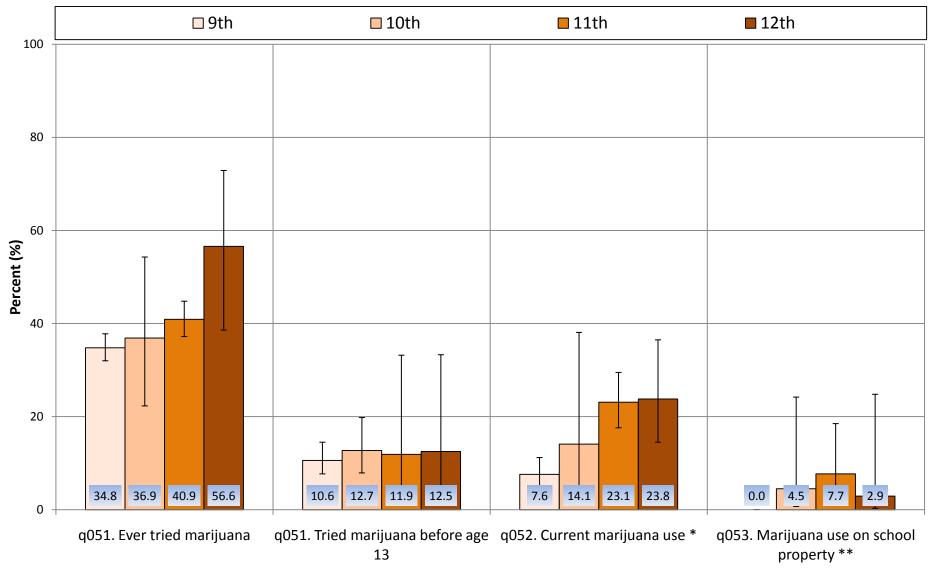
# Marijuana Use by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



\* Used marijuana at least once in the past 30 days

\*\* Used marijuana on school property at least once in the past 30 days

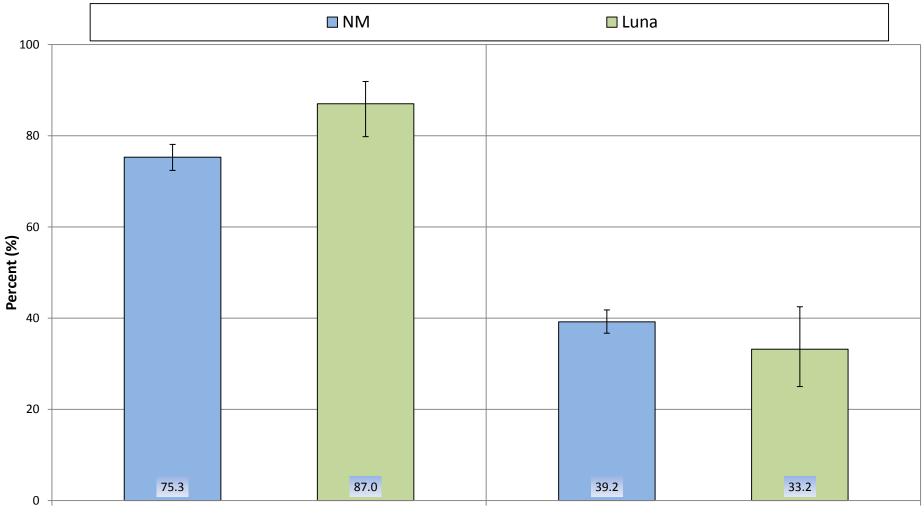
### Marijuana Use by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



\* Used marijuana at least once in the past 30 days

\*\* Used marijuana on school property at least once in the past 30 days

# Marijuana: Attitudes New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



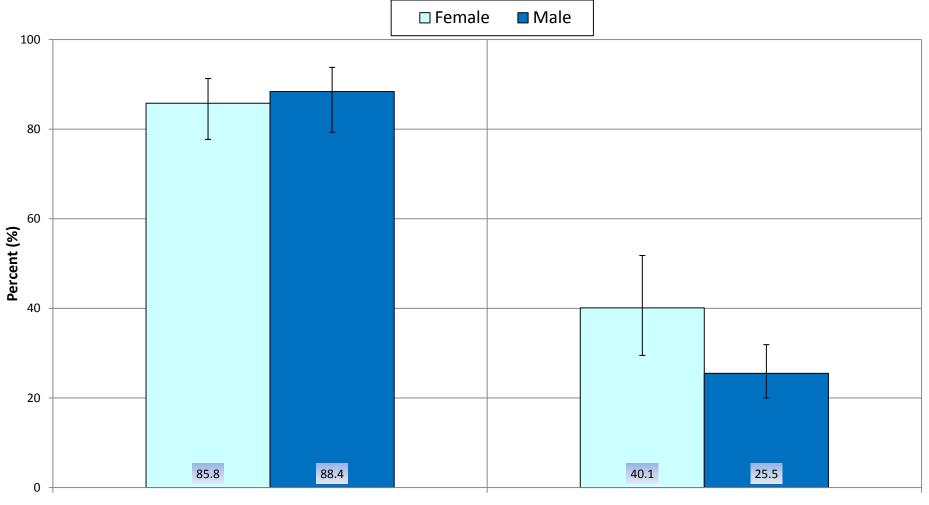
q054. My parents think my marijuana use would be very wrong

q055. People face great risk from regular marijuana use

\* How much do you think people risk harming themselves (physically or in other ways) if they marijuana regularly?

\*\* How wrong do your parents feel it would be for you to use marijuana?

# Marijuana: Attitudes by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



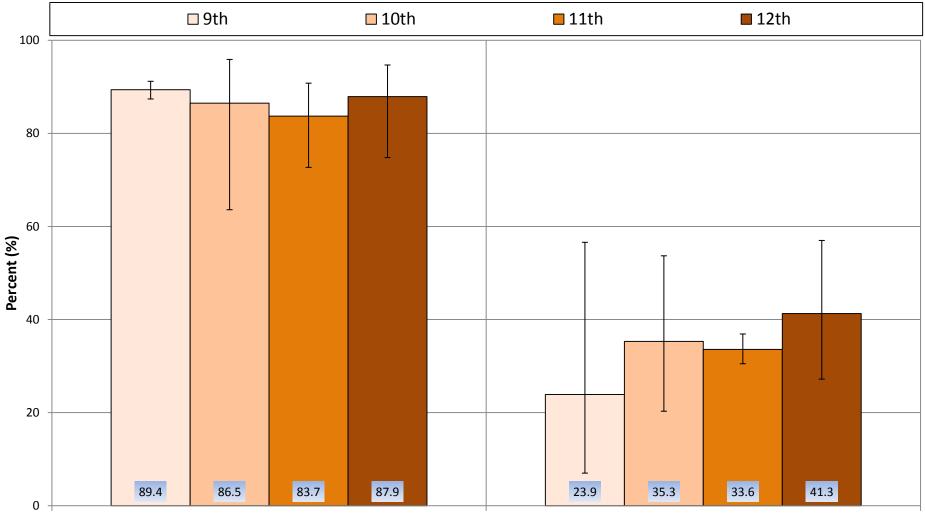
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\*\* How wrong do your parents feel it would be for you to use marijuana?

# Marijuana: Attitudes by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



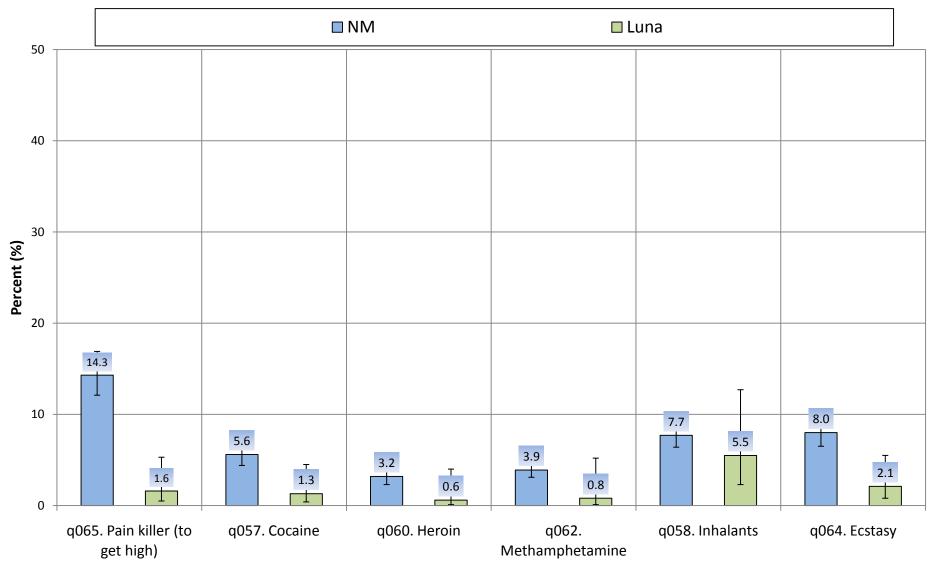
q054. My parents think my marijuana use would be very wrong

q055. People face great risk from regular marijuana use

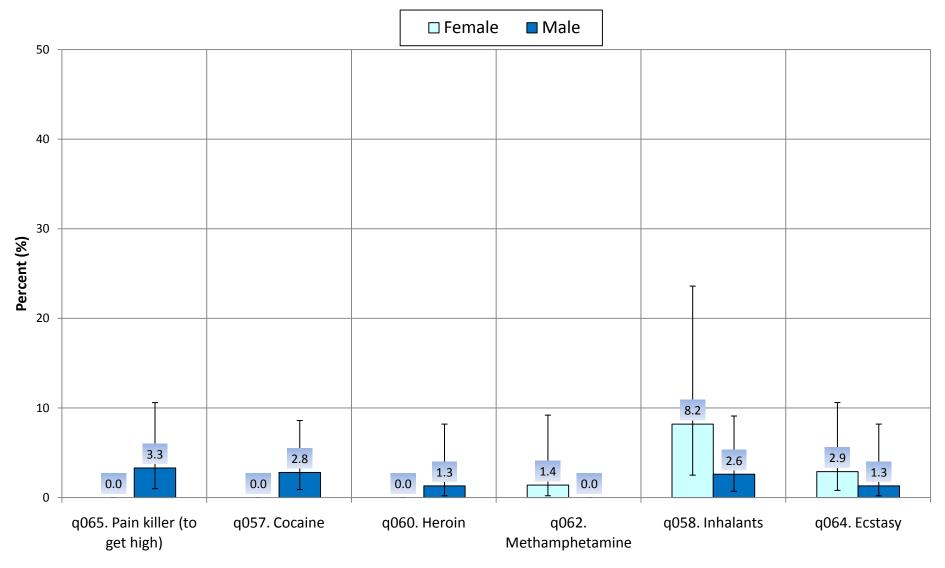
\* How much do you think people risk harming themselves (physically or in other ways) if they marijuana regularly?

\*\* How wrong do your parents feel it would be for you to use marijuana?

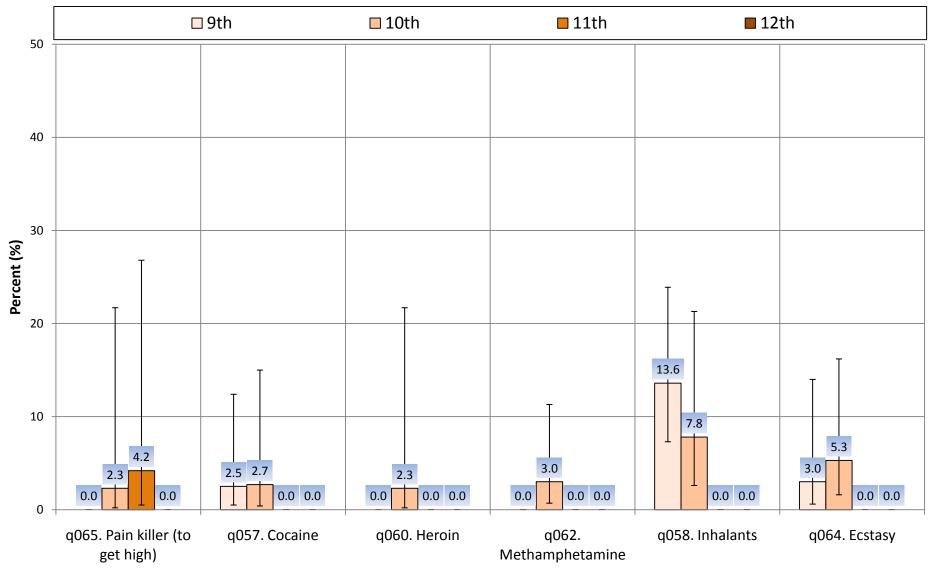
# Current Drug Use \* New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



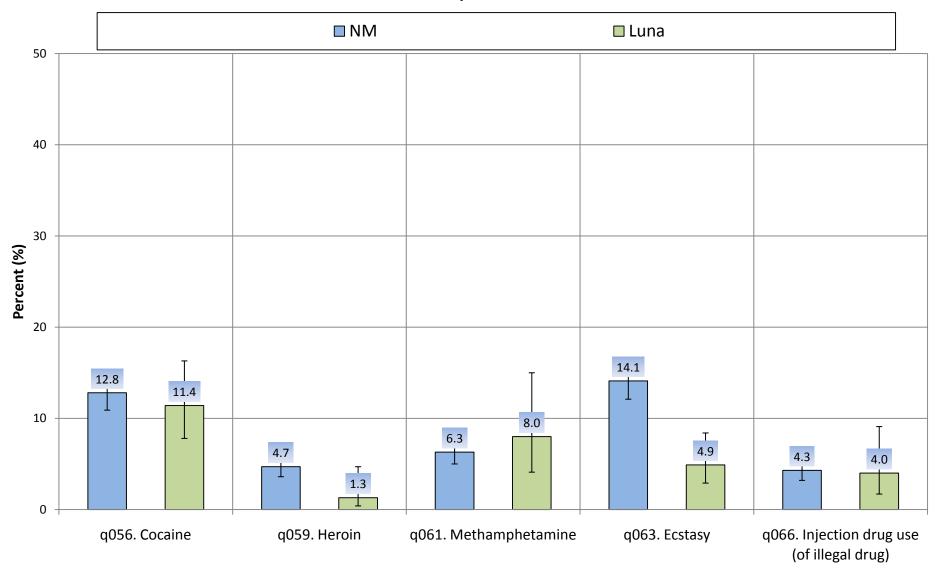
# Current Drug Use \* by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



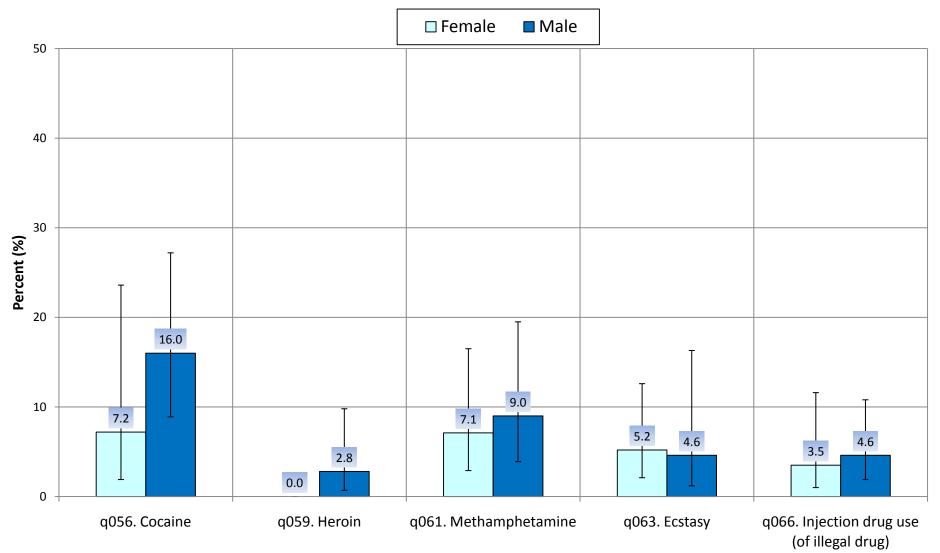
# Current Drug Use \* by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



# Lifetime Drug Use \* New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS

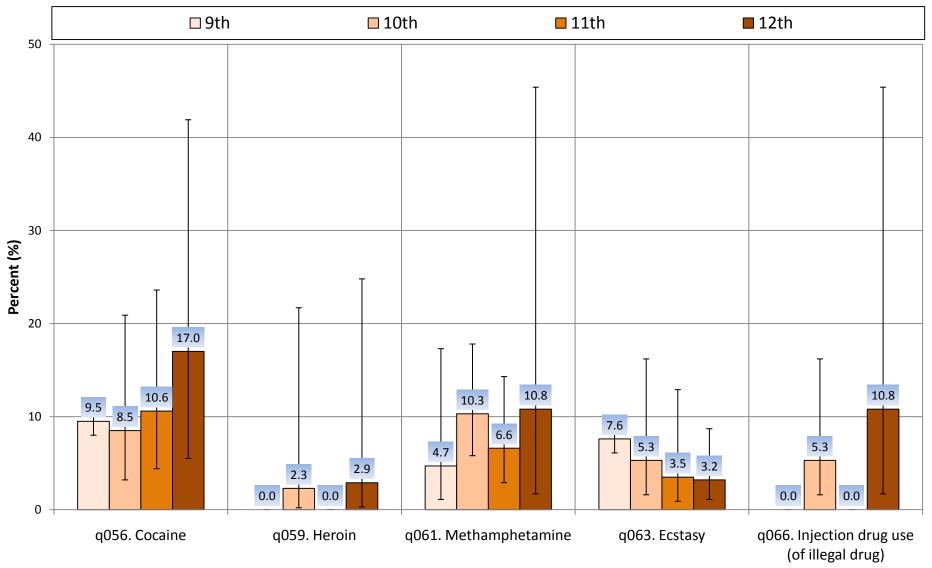


# Lifetime Drug Use \* by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



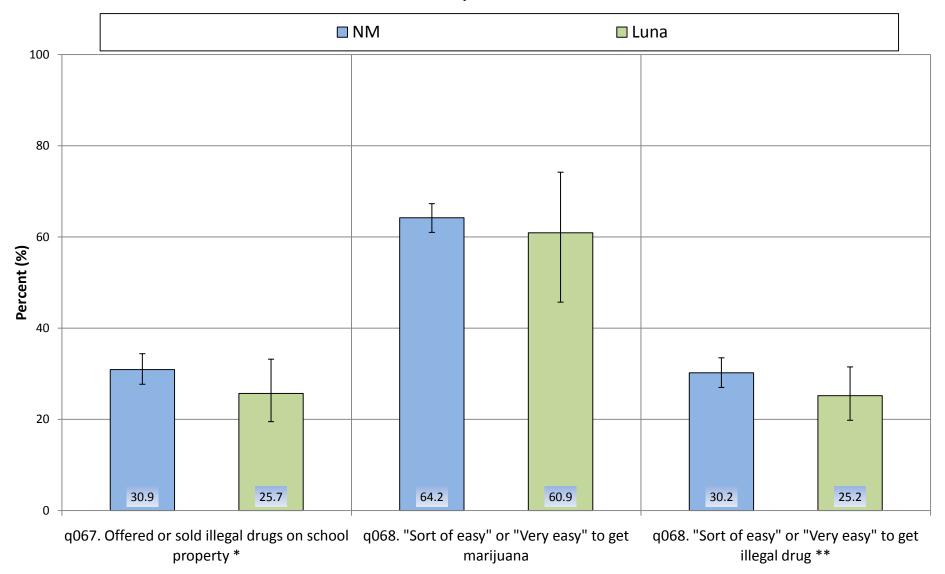
"LIfetime" use refers to at least one use of a substance in during a lifetime Note that vertical axis extends to 50% rather than 100% as in most other charts

## Lifetime Drug Use \* by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



"LIfetime" use refers to at least one use of a substance in during a lifetime Note that vertical axis extends to 50% rather than 100% as in most other charts

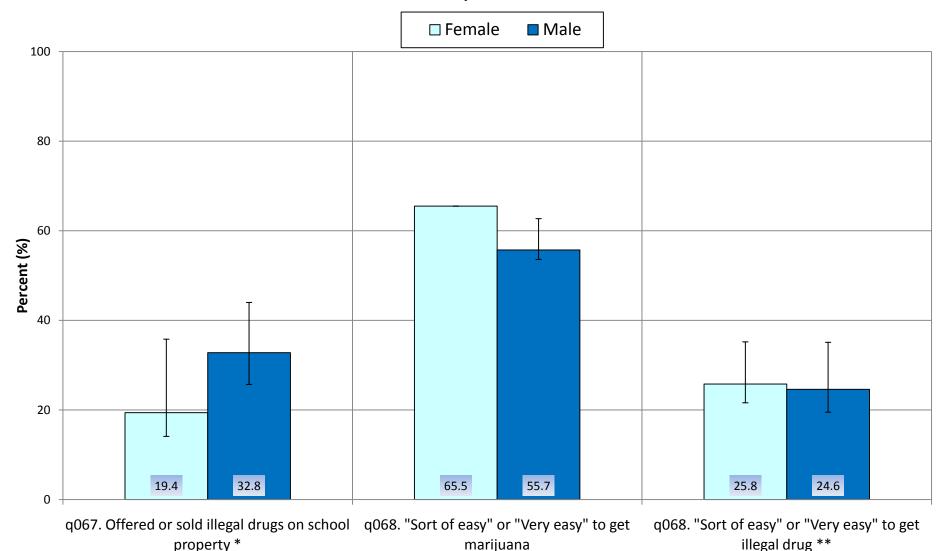
# Access to Drugs New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



\* During the past 12 months

\*\* Such as cocaine, LSD, methamphetamine, or other illegal drugs

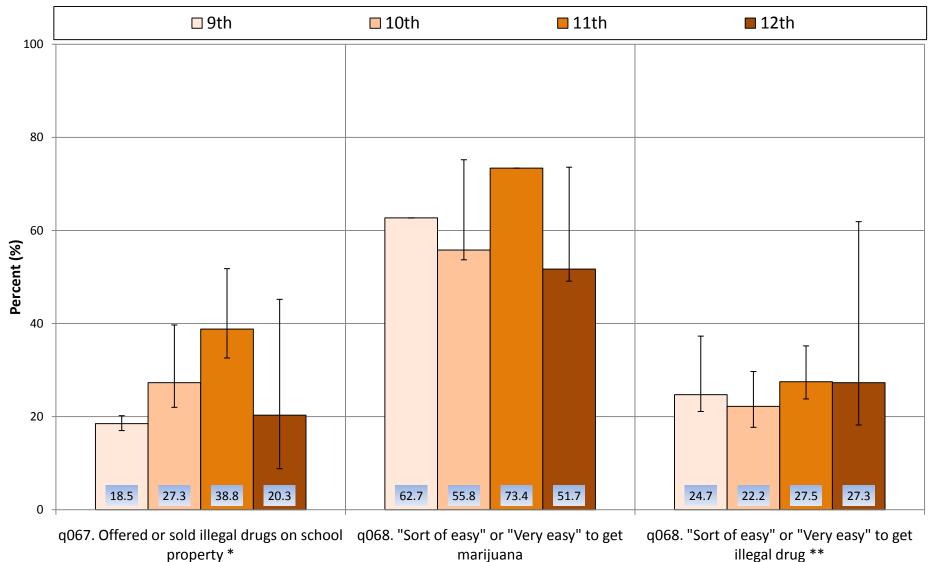
# Access to Drugs by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



\* During the past 12 months

\*\* Such as cocaine, LSD, methamphetamine, or other illegal drugs

#### Access to Drugs by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



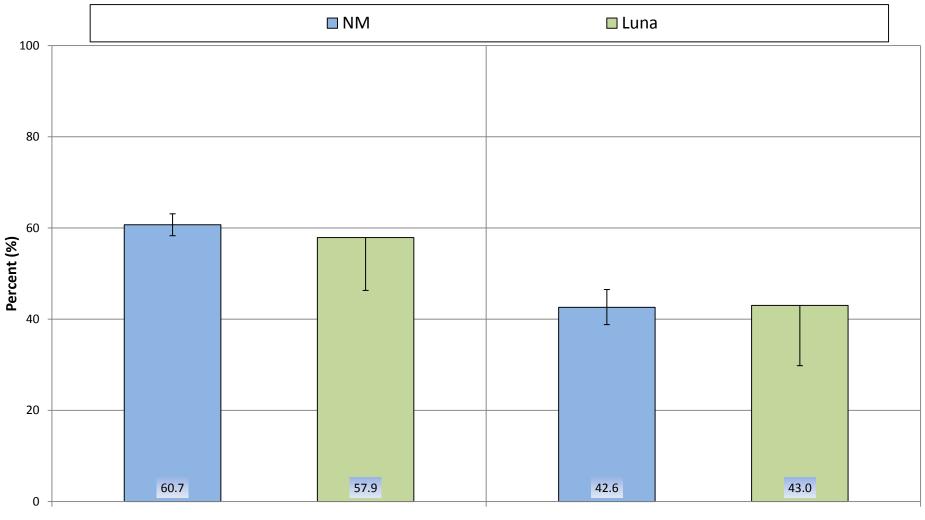
marijuana

\* During the past 12 months

\*\* Such as cocaine, LSD, methamphetamine, or other illegal drugs

property \*

# Drugs: Use or Dealing by Adults New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS

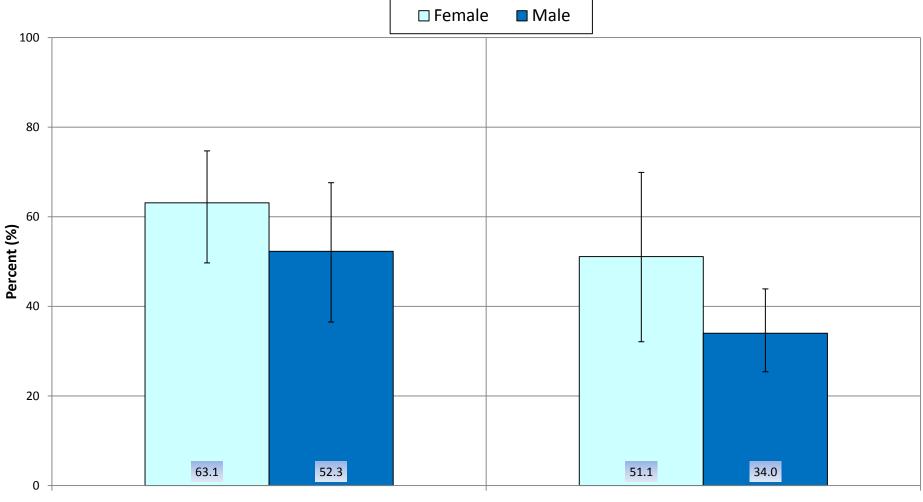


q071. Know 1+ adults who use drugs

q072. Know 1+ adults who sell drugs

# Drugs: Use or Dealing by Adults by Gender, Luna County

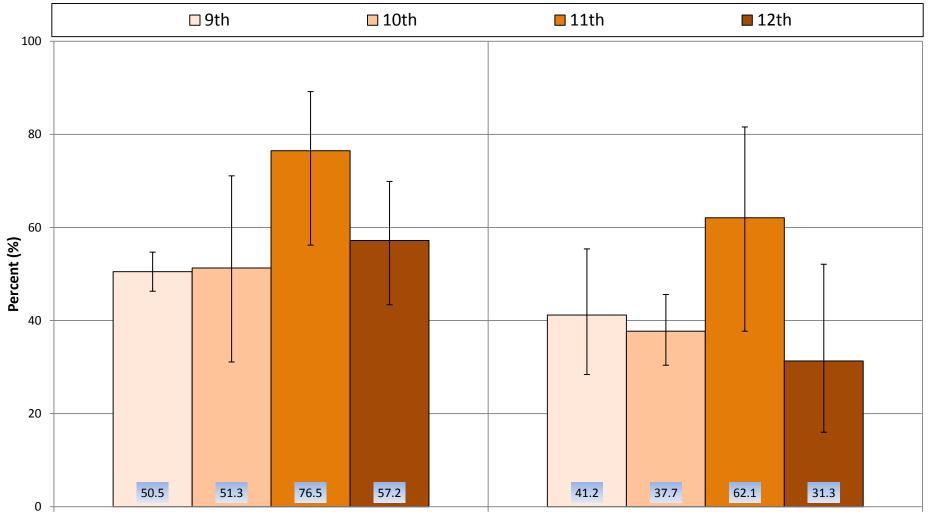
### Grades 9 - 12, 2009 NM YRRS



q071. Know 1+ adults who use drugs

q072. Know 1+ adults who sell drugs

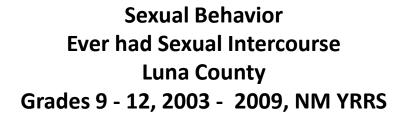
# Drugs: Use or Dealing by Adults by Grade, Luna County Grades 9 - 12, 2009 NM YRRS

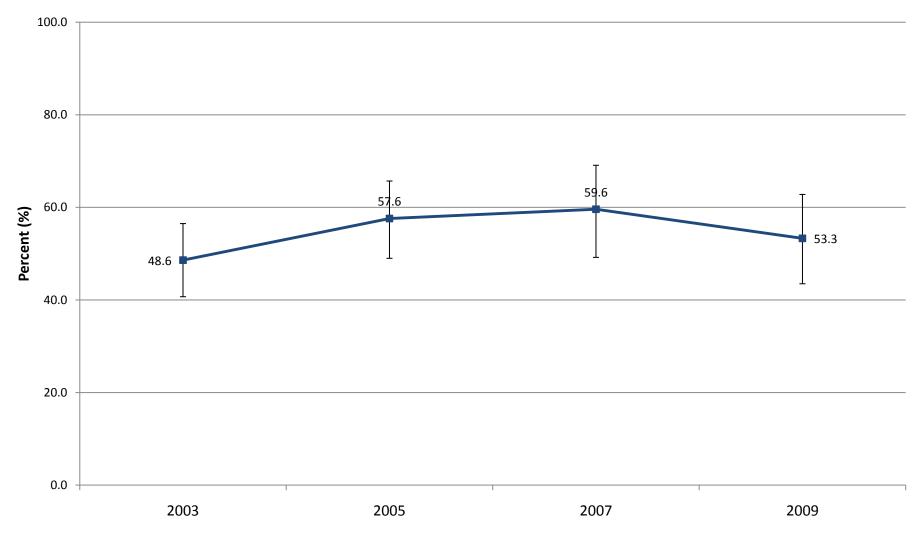




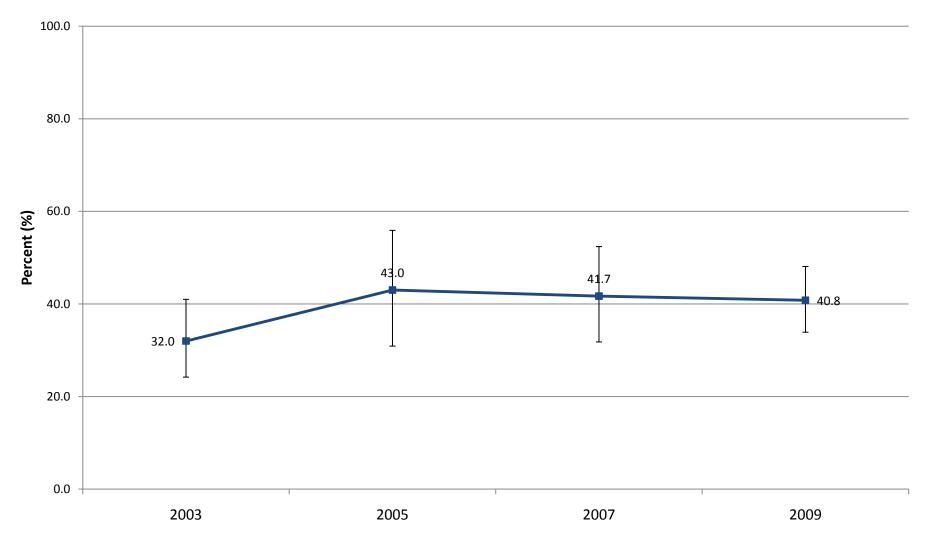
q072. Know 1+ adults who sell drugs

**Sexual Behavior** 



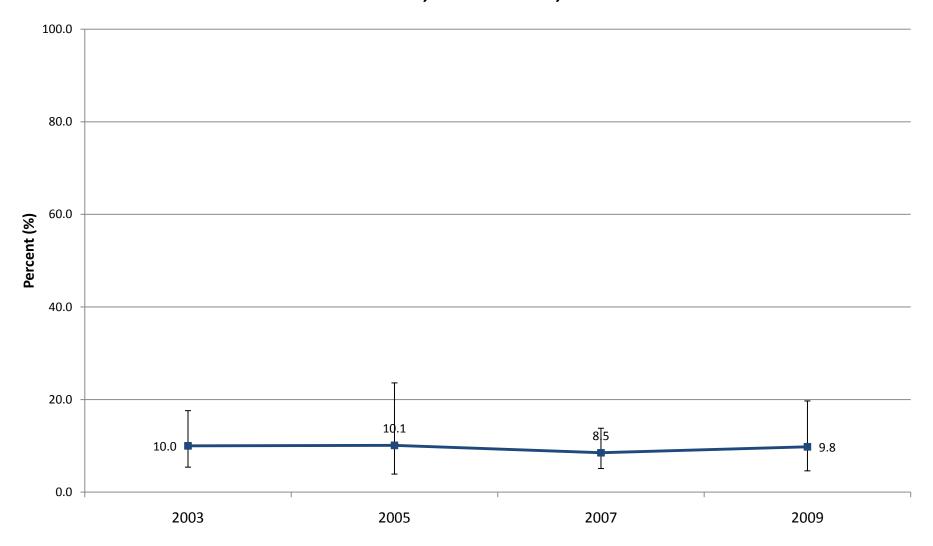


#### Sexual Behavior Sexually Active \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS

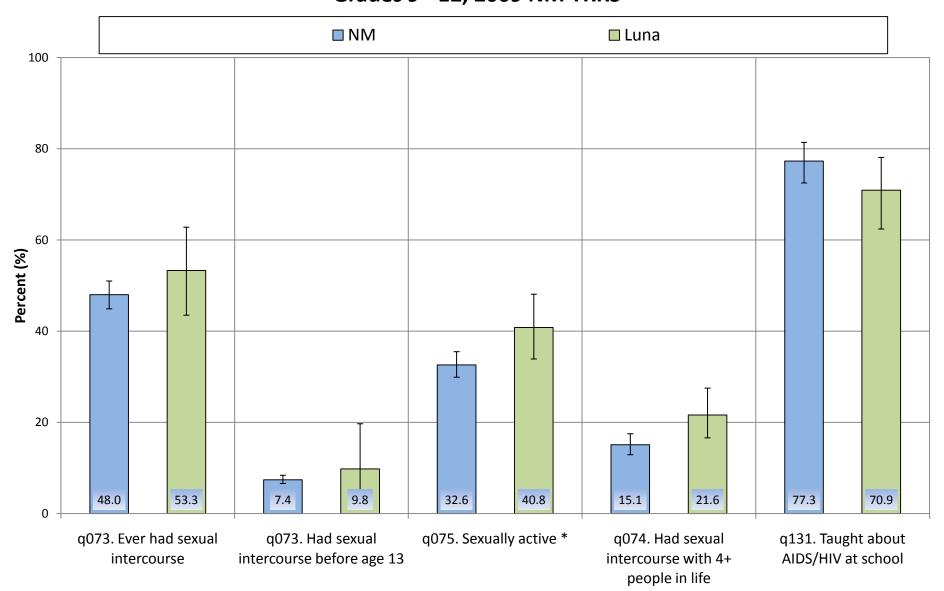


<sup>\*</sup> Had sexual intercourse at least once in the past 3 months

## Sexual Behavior Had Sexual Intercourse Before Age 13 Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



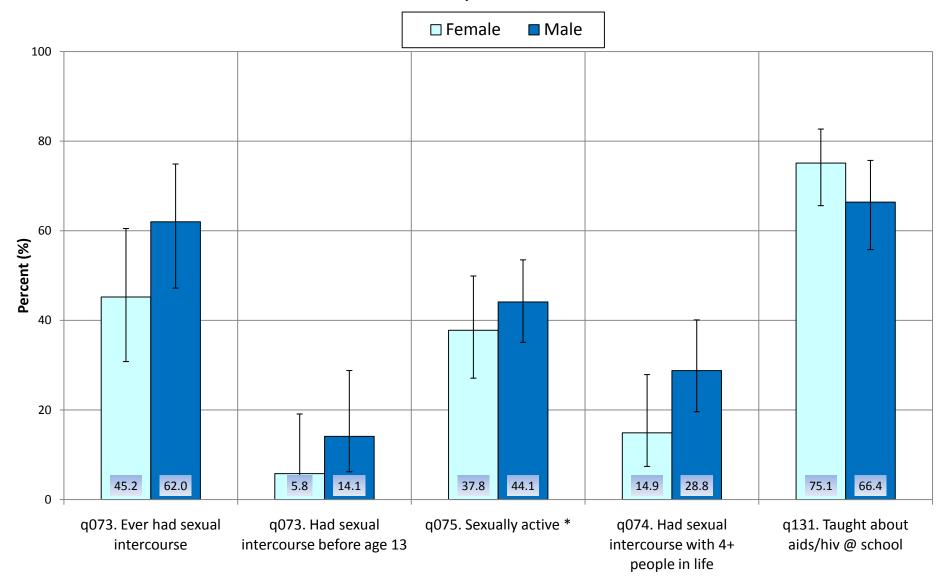
# Sexual Behavior New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> Had sexual intercourse at least once in the past 3 months

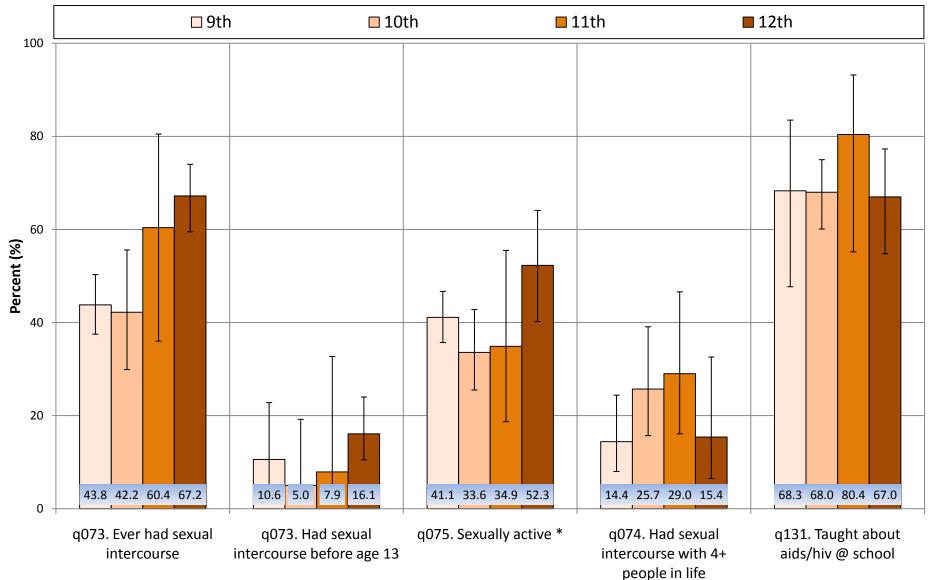
#### **Sexual Behavior**

# by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



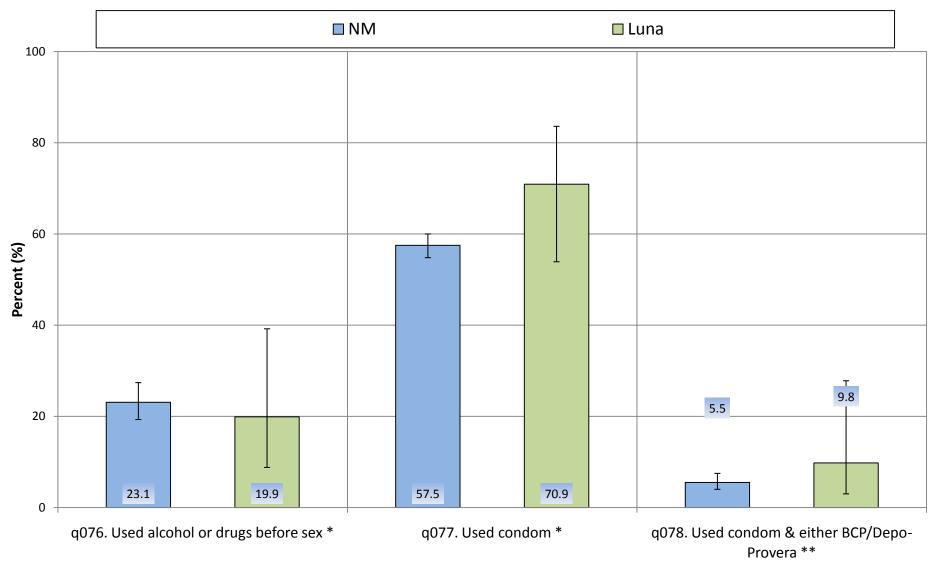
<sup>\*</sup> Had sexual intercourse at least once in the past 3 months

### Sexual Behavior by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> Had sexual intercourse at least once in the past 3 months

# Sexual Behaviors of Sexually Active Students New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS

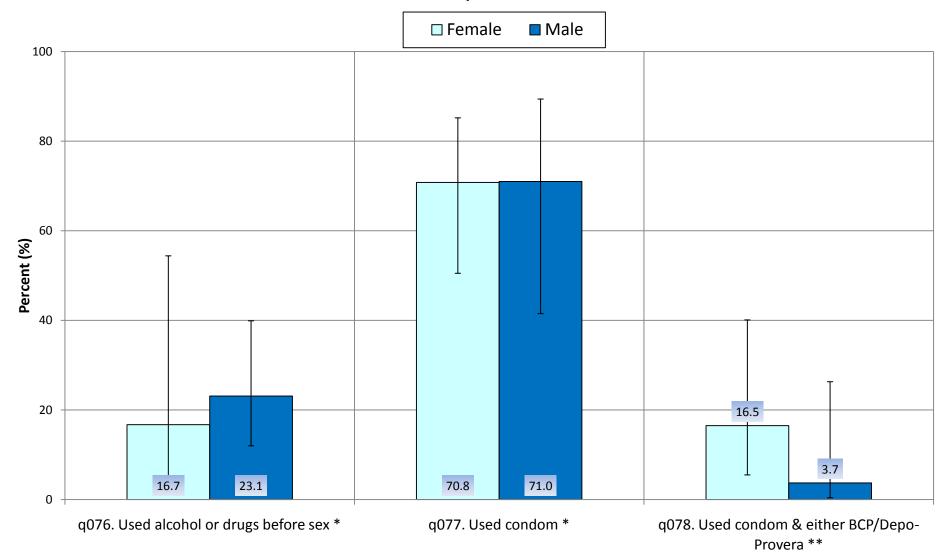


\* Refers to the last time student had sexual intercourse

\*\* The last time student had sexual intercourse, used both a condom AND birth control pills or Depo-Provera (injectable birth control)

#### **Sexual Behaviors of Sexually Active Students**

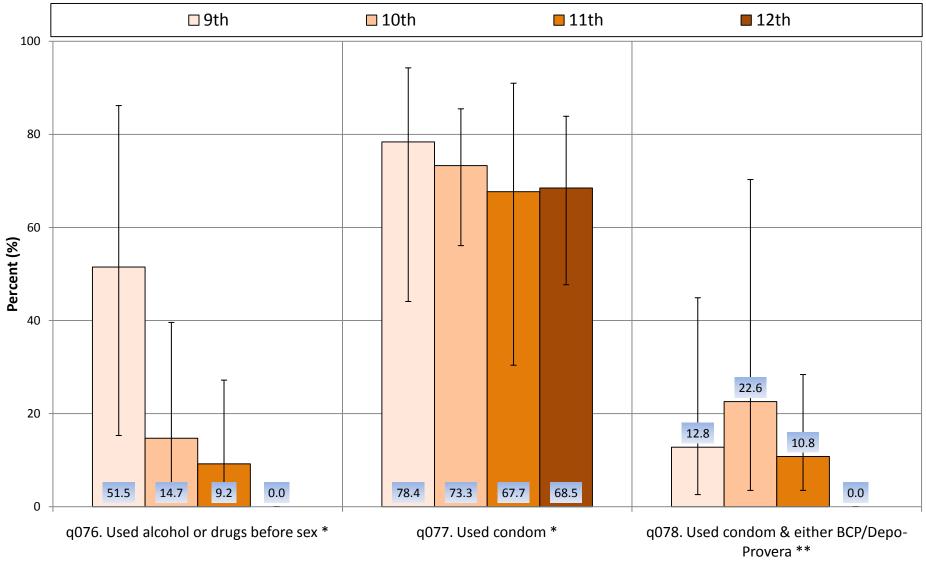
#### by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



\* Refers to the last time student had sexual intercourse

\*\* The last time student had sexual intercourse, used both a condom AND birth control pills or Depo-Provera (injectable birth control)

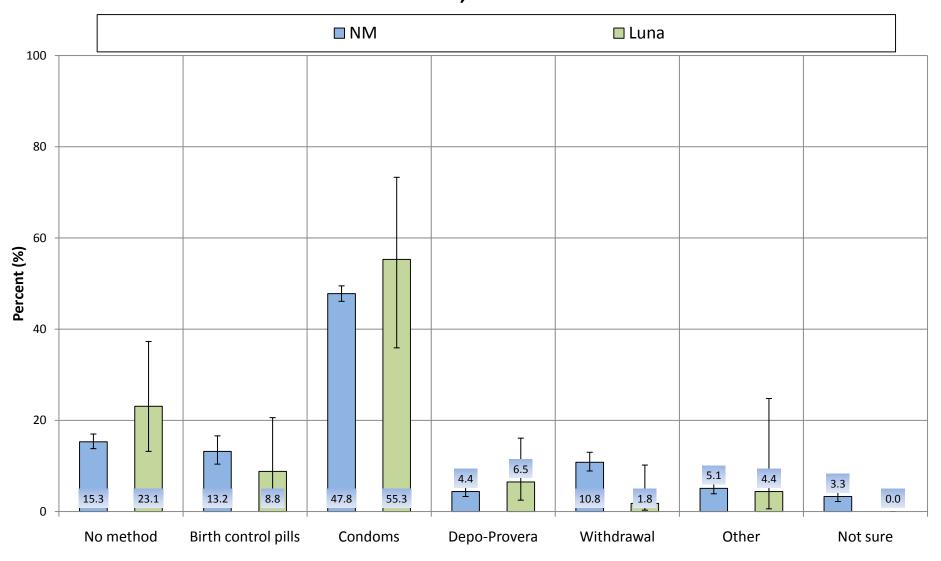
# Sexual Behaviors of Sexually Active Students by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



\* Refers to the last time student had sexual intercourse

\*\* The last time student had sexual intercourse, used both a condom AND birth control pills or Depo-Provera (injectable birth control)

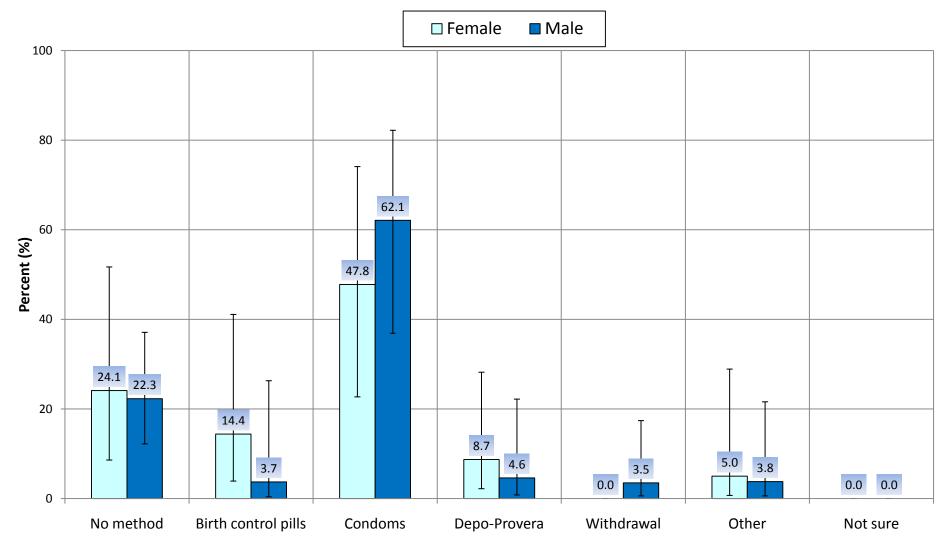
# Sexual Behaviors of Sexually Active Students: Primary Birth Control Method New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> Refers to the last time student had sexual intercourse

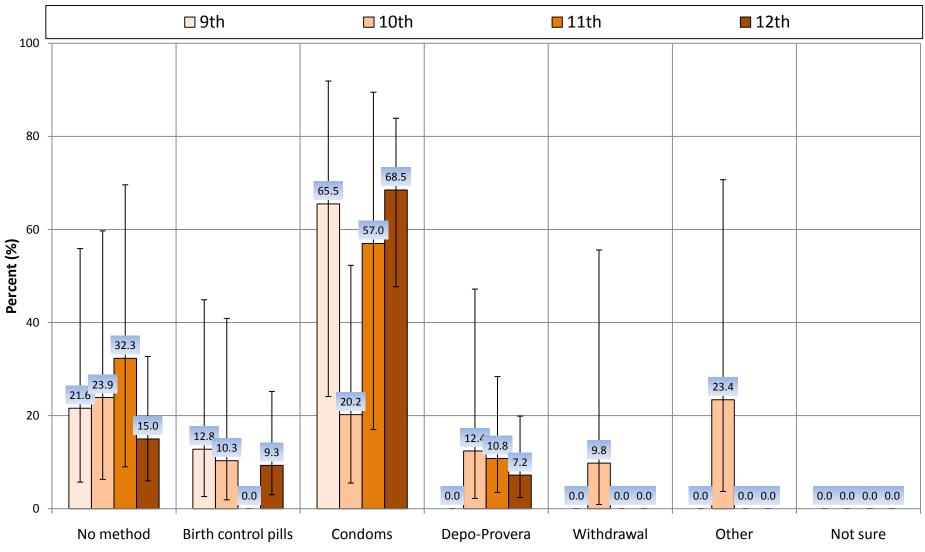
#### Sexual Behaviors of Sexually Active Students: Primary Birth Control Method

#### by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> Refers to the last time student had sexual intercourse

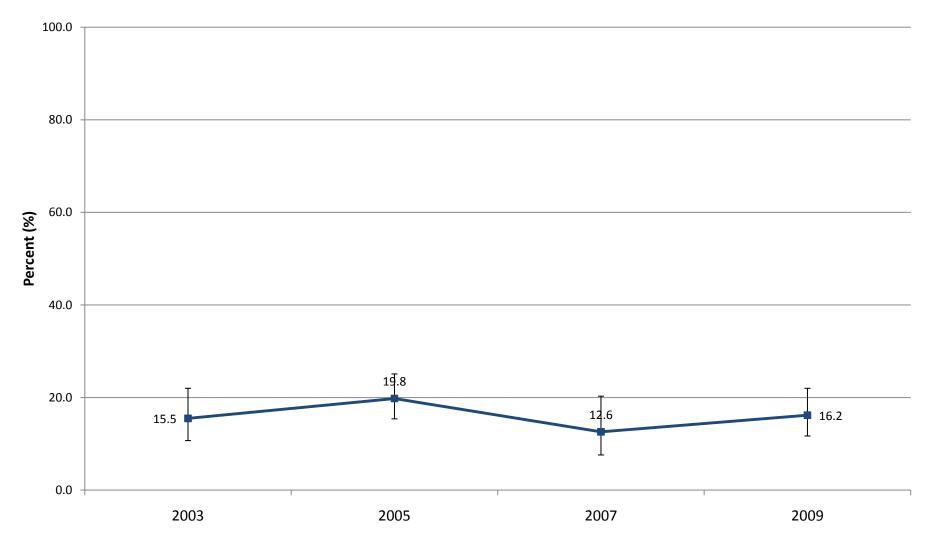
## Sexual Behaviors of Sexually Active Students: Primary Birth Control Method by Grade, Luna County Grades 9 - 12, 2009 NM YRRS

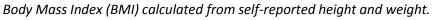


<sup>\*</sup> Refers to the last time student had sexual intercourse

Body Weight, Nutrition, and Physical Activity

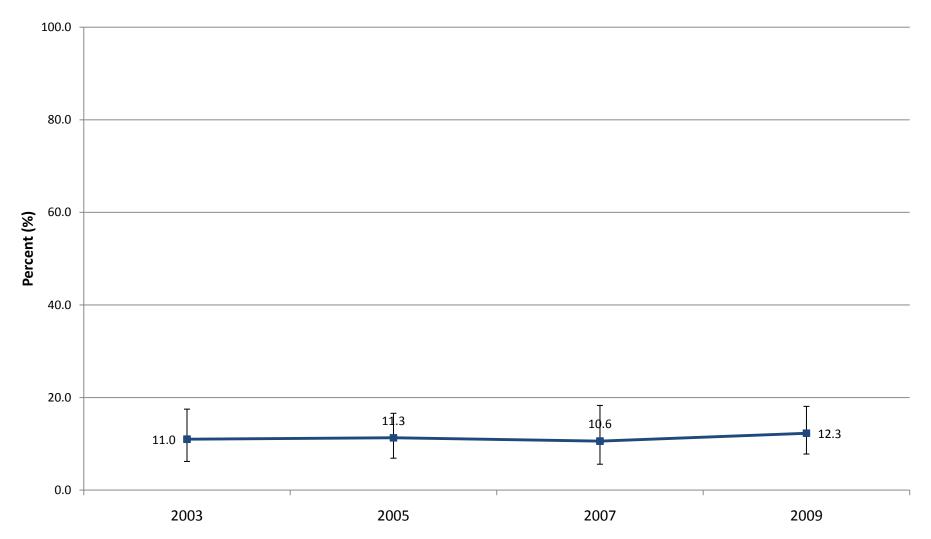
### Body Weight Overweight \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS





- Overweight: BMI >= 85th percentile and < 95th percentile for age and sex

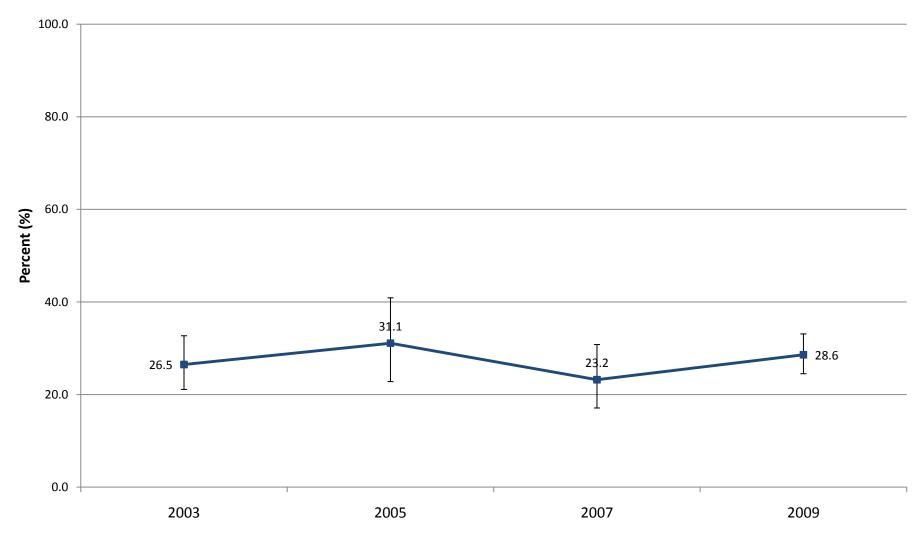
### Body Weight Obese \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



Body Mass Index (BMI) calculated from self-reported height and weight.

- Obese : BMI >= 95th percentile for age and sex, based on historical reference data

#### Body Weight Overweight or Obese \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS

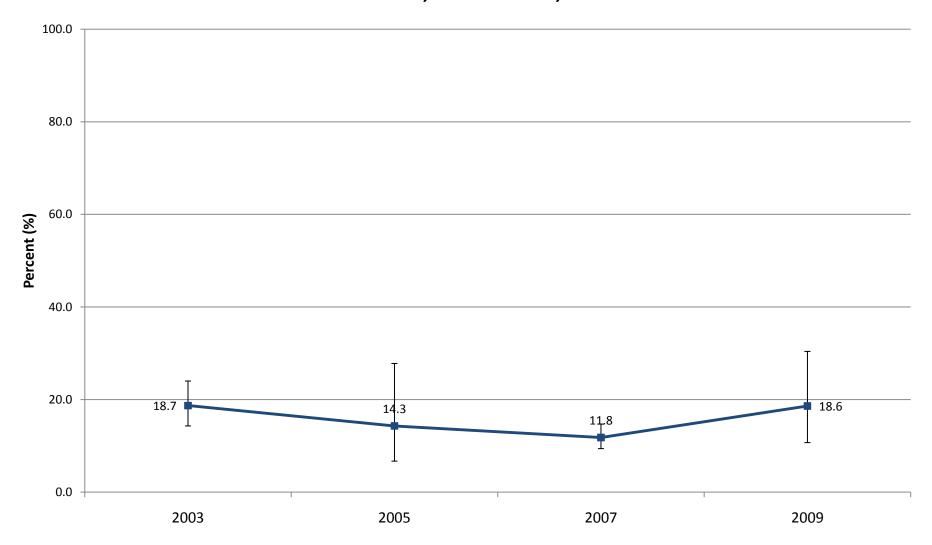


Body Mass Index (BMI) calculated from self-reported height and weight.

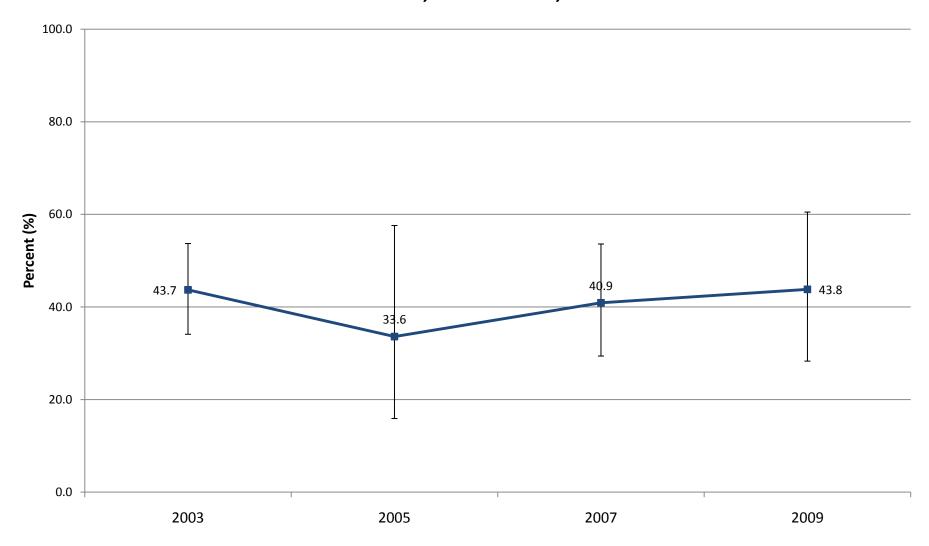
- Obese : BMI >= 95th percentile for age and sex, based on historical reference data

- Overweight: BMI >= 85th percentile and < 95th percentile for age and sex

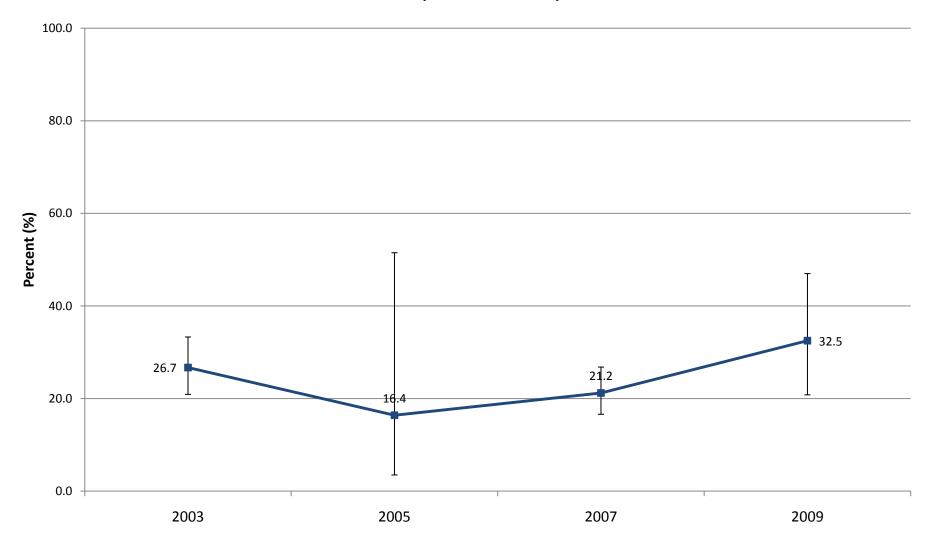
### Nutrition Five Servings of Fruit or Vegetables per Day Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



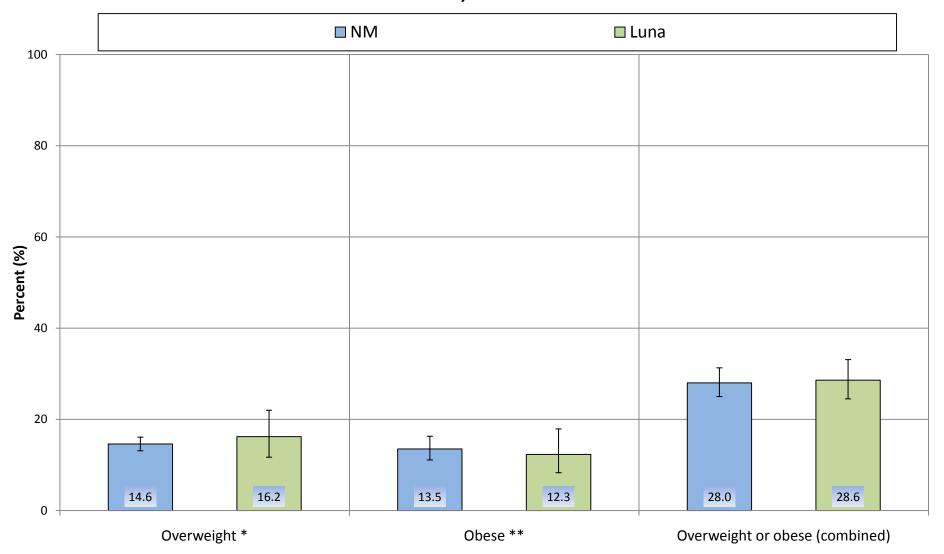
### Physical Activity Physical Education in School at Least Once per Week Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



### Physical Activity Daily Physical Education in School Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



### Body Weight New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS

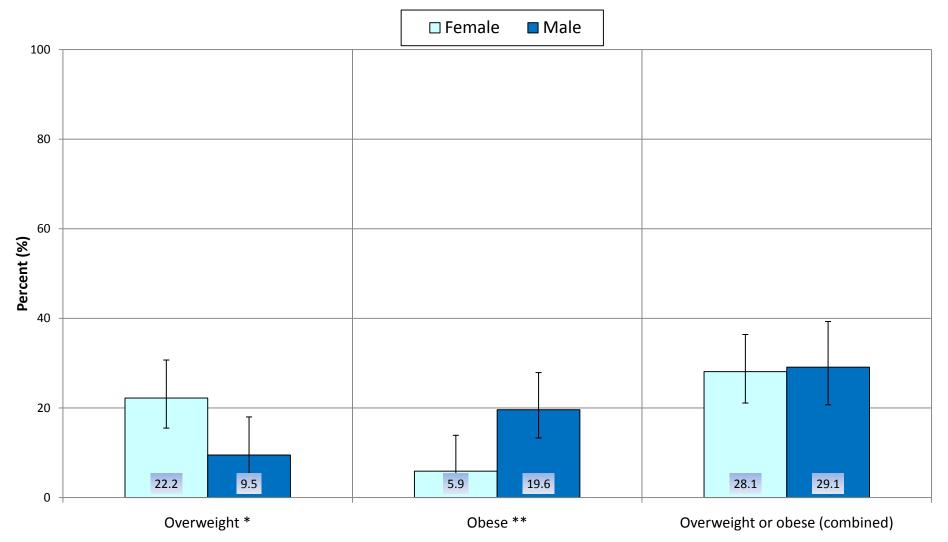


Body Mass Index (BMI) calculated from self-reported height and weight.

- Obese : BMI >= 95th percentile for age and sex, based on historical reference data

- Overweight: BMI >= 85th percentile and < 95th percentile for age and sex, based on historical reference data

### Body Weight by Gender, Luna County Grades 9 - 12, 2009 NM YRRS

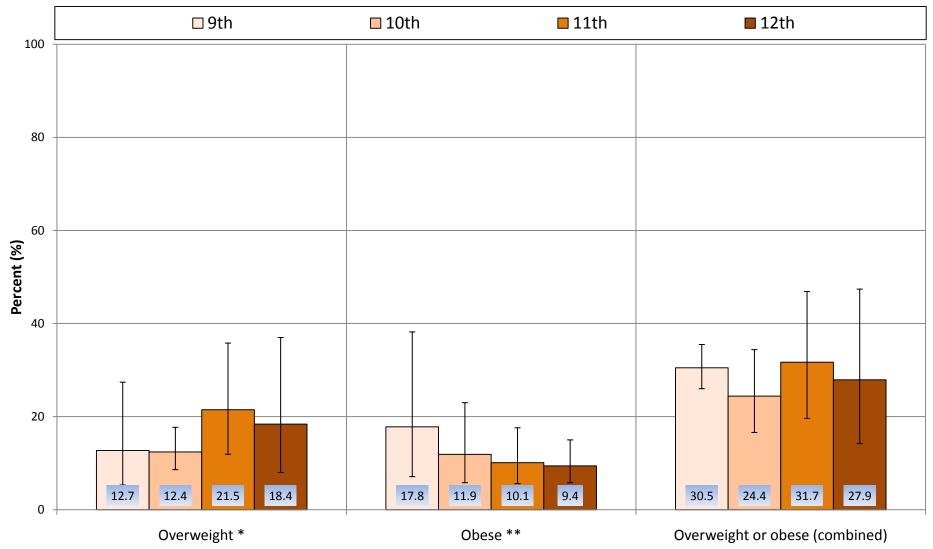


Body Mass Index (BMI) calculated from self-reported height and weight.

- Obese : BMI >= 95th percentile for age and sex, based on historical reference data

- Overweight: BMI >= 85th percentile and < 95th percentile for age and sex, based on historical reference data

### Body Weight by Grade, Luna County Grades 9 - 12, 2009 NM YRRS

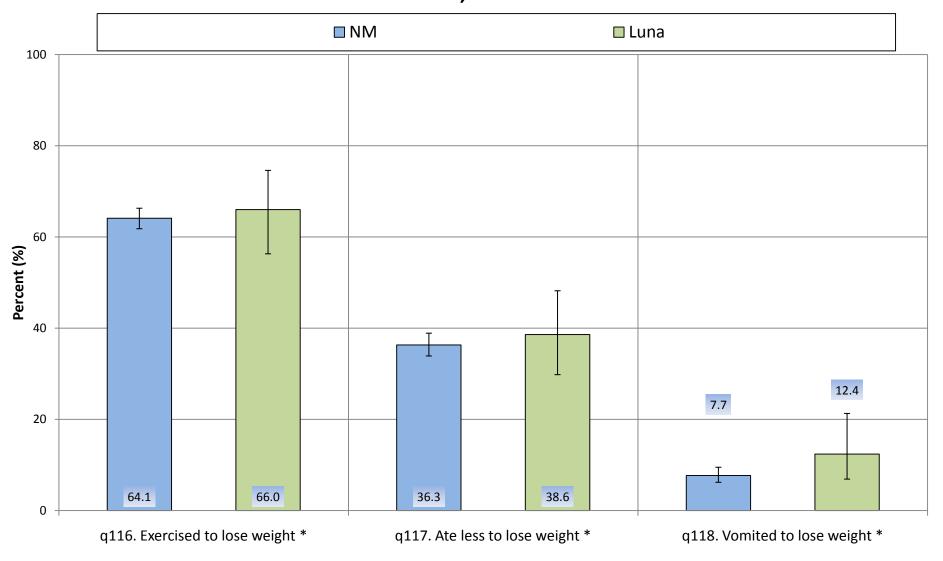


Body Mass Index (BMI) calculated from self-reported height and weight.

- Obese : BMI >= 95th percentile for age and sex, based on historical reference data

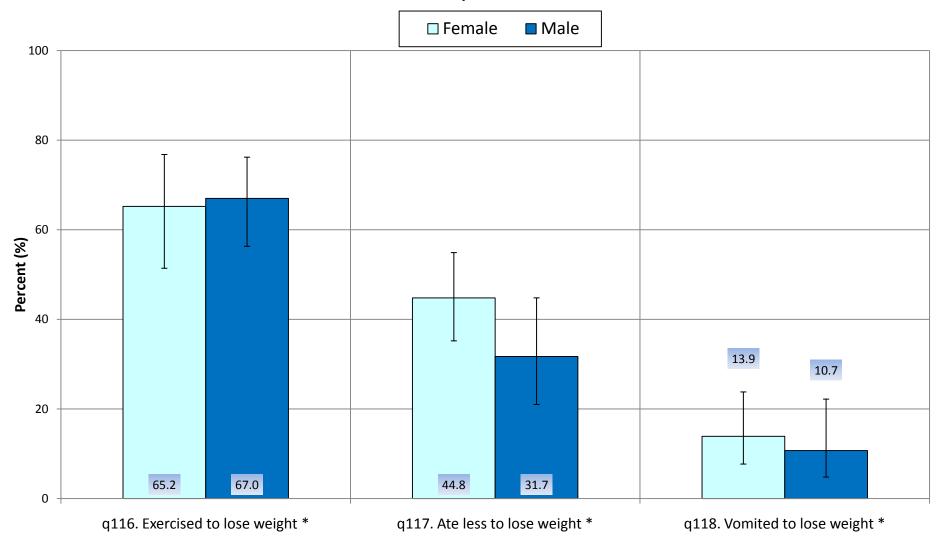
- Overweight: BMI >= 85th percentile and < 95th percentile for age and sex, based on historical reference data

### Weight Control New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



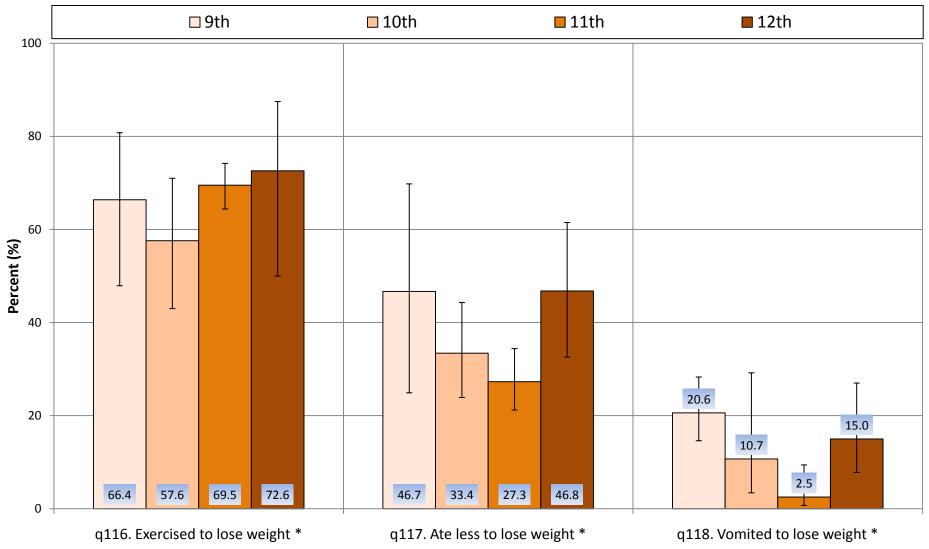
<sup>\*</sup> Or keep from gaining weight, in the past 30 days

### Weight Control by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> Or keep from gaining weight, in the past 30 days

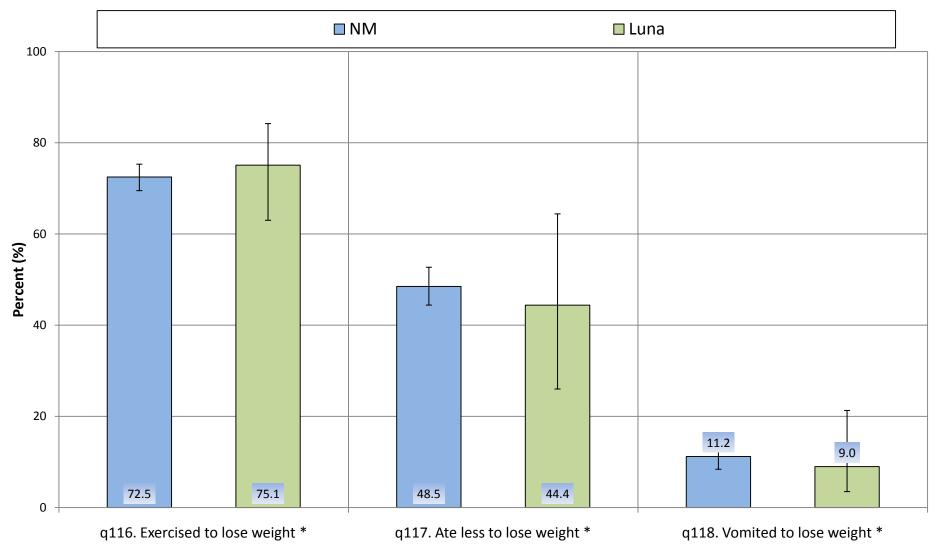
### Weight Control by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> Or keep from gaining weight, in the past 30 days

# Weight Control among Obese and Overweight Students New Mexico and Luna County

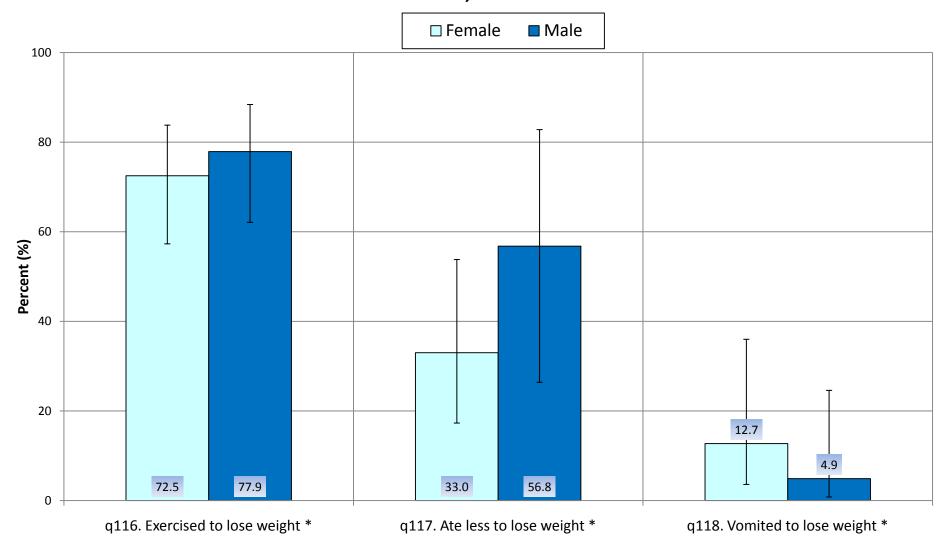
#### Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> Or keep from gaining weight, in the past 30 days

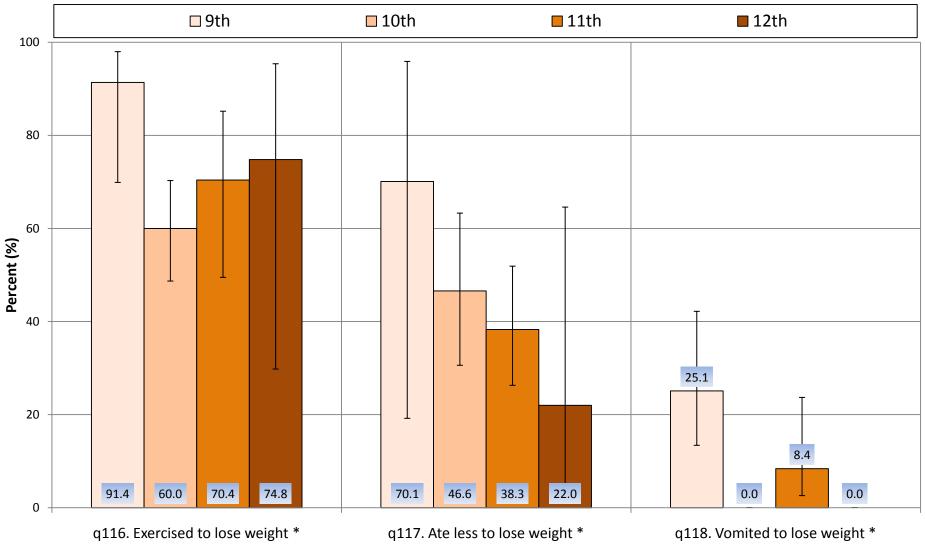
#### Weight Control among Obese and Overweight Students

### by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



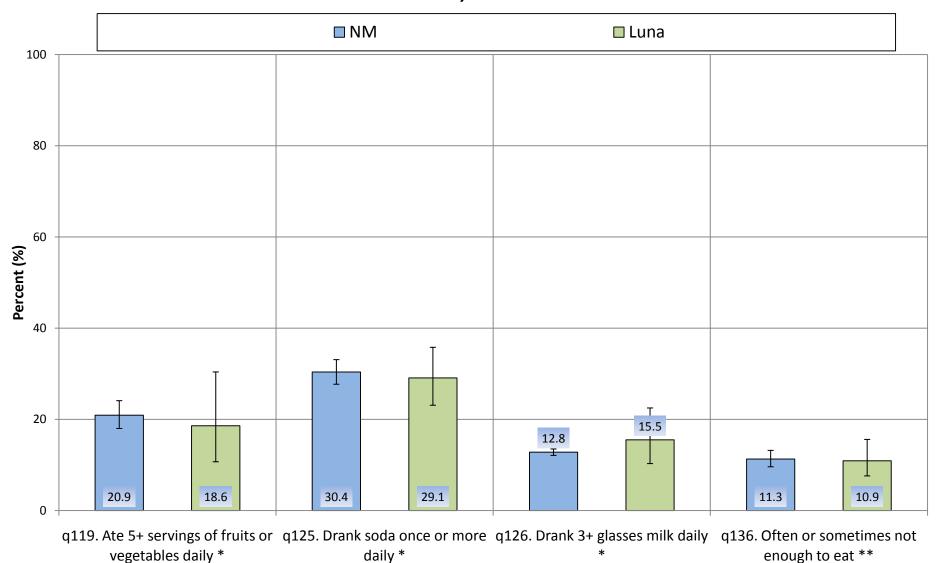
<sup>\*</sup> Or keep from gaining weight, in the past 30 days

### Weight Control among Obese and Overweight Students by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> Or keep from gaining weight, in the past 30 days

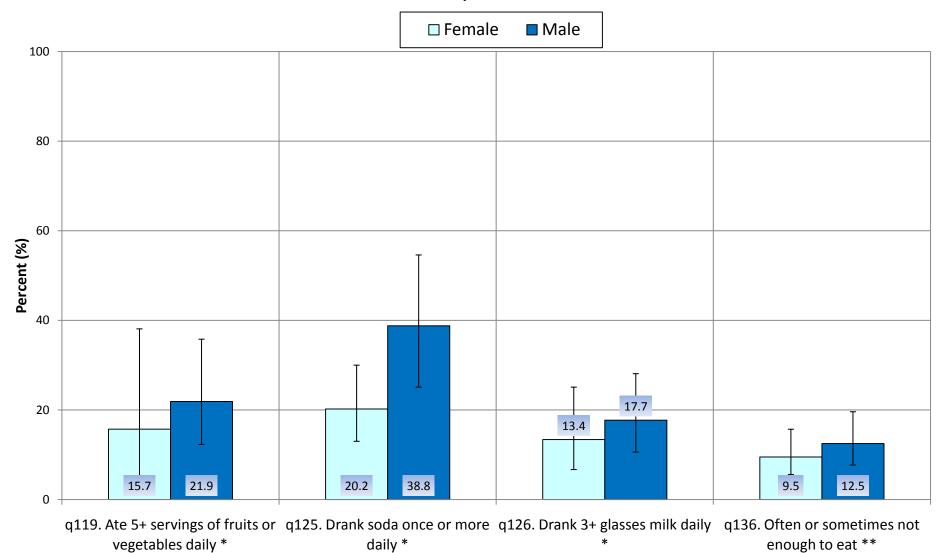
### Nutrition New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



\* In the past 7 days

\*\* "By you and your family" in the past 12 months

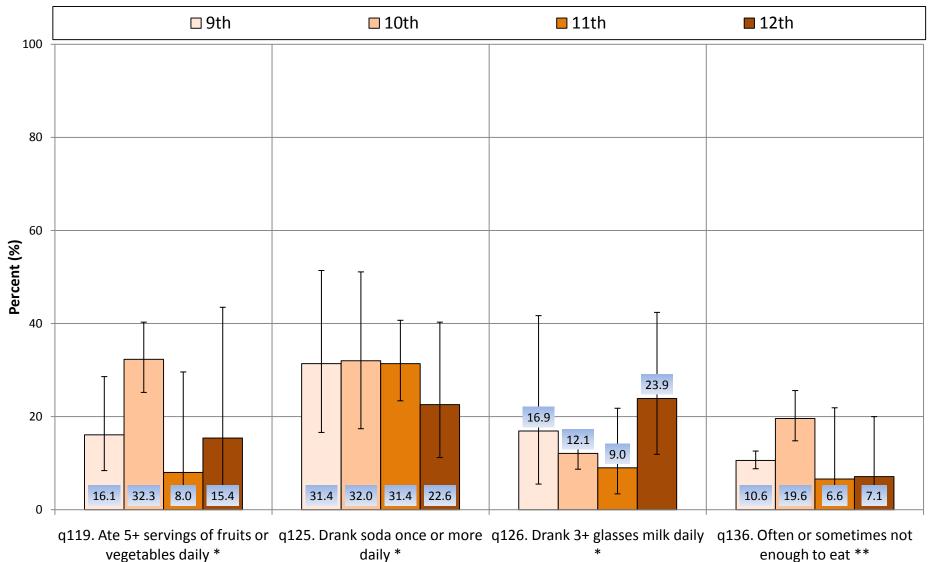
### Nutrition by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



\* In the past 7 days

\*\* "By you and your family" in the past 12 months

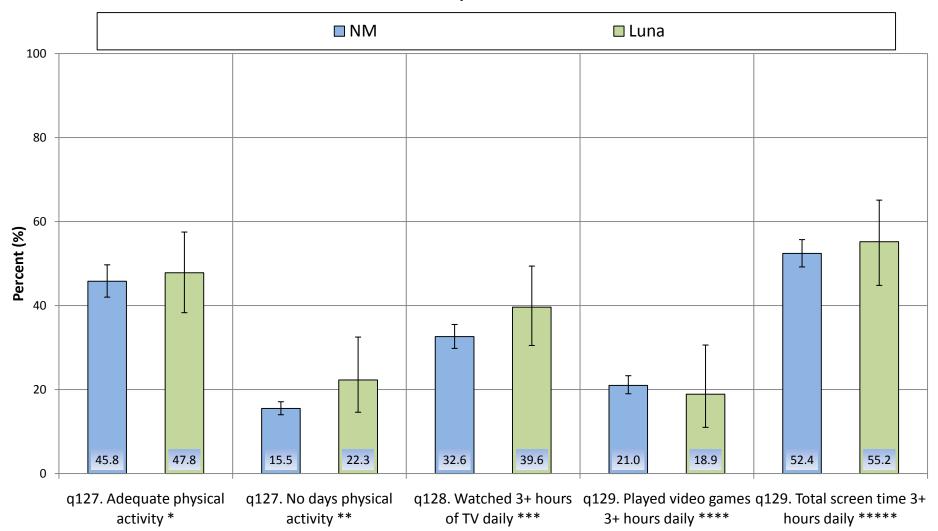
#### Nutrition by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



\* In the past 7 days

\*\* "By you and your family" in the past 12 months

### Physical Activity New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



\* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"

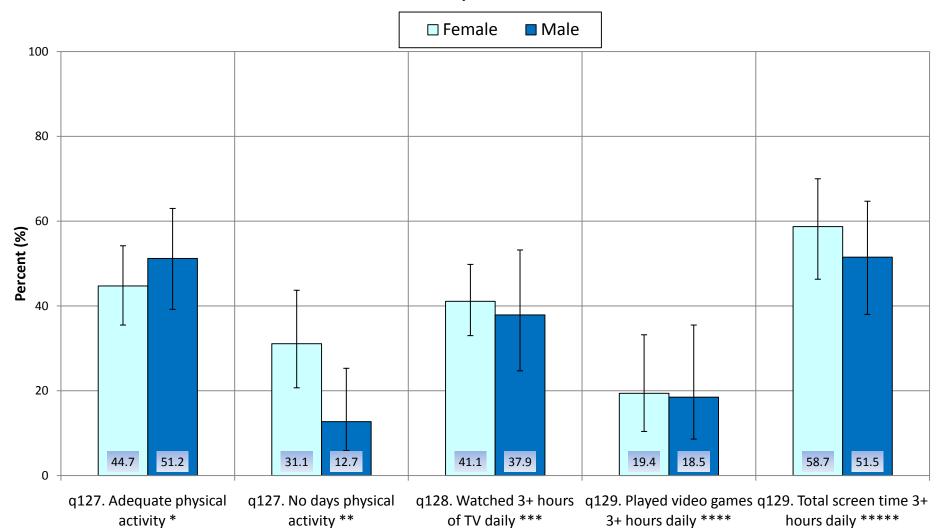
\*\* No days of at least 60 minutes of physical activity in the past 7 days

\*\*\* On an average school day

\*\*\*\* On an average school day, played video or computer games or used a computer for something that was not school work

\*\*\*\*\* Either TV viewing or computer/video use unrelated to school, on an average school day

### Physical Activity by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



\* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"

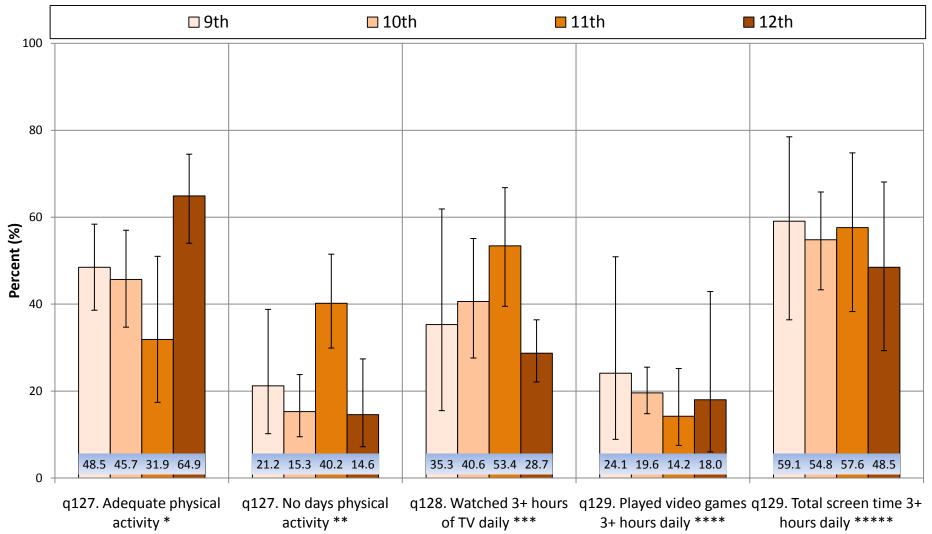
\*\* No days of at least 60 minutes of physical activity in the past 7 days

\*\*\* On an average school day

\*\*\*\* On an average school day, played video or computer games or used a computer for something that was not school work

\*\*\*\*\* Either TV viewing or computer/video use unrelated to school, on an average school day

### Physical Activity by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



\* On at least 5 of the past 7 days, at least 60 minutes of physical activity per day that made "you sweat or breathe hard"

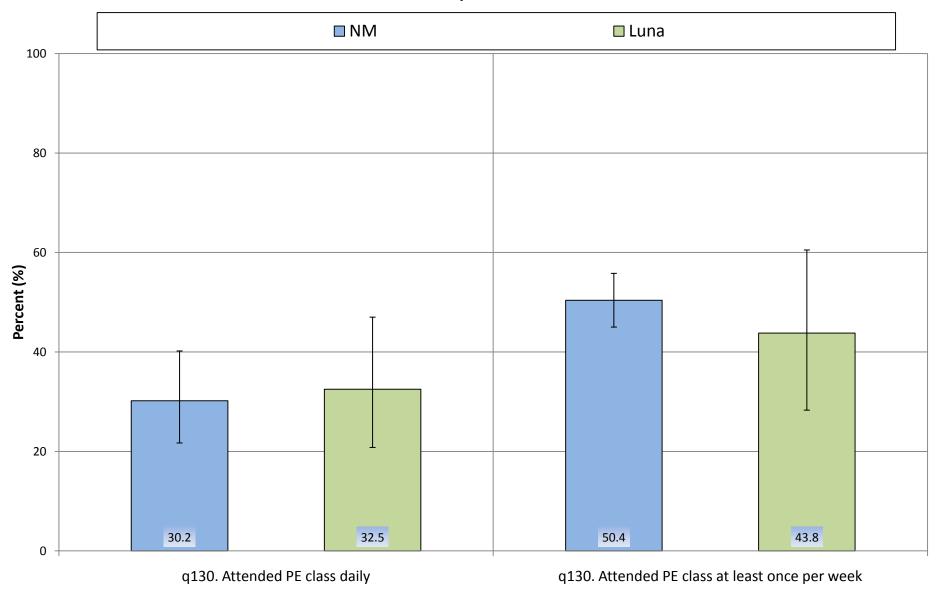
\*\* No days of at least 60 minutes of physical activity in the past 7 days

\*\*\* On an average school day

\*\*\*\* On an average school day, played video or computer games or used a computer for something that was not school work

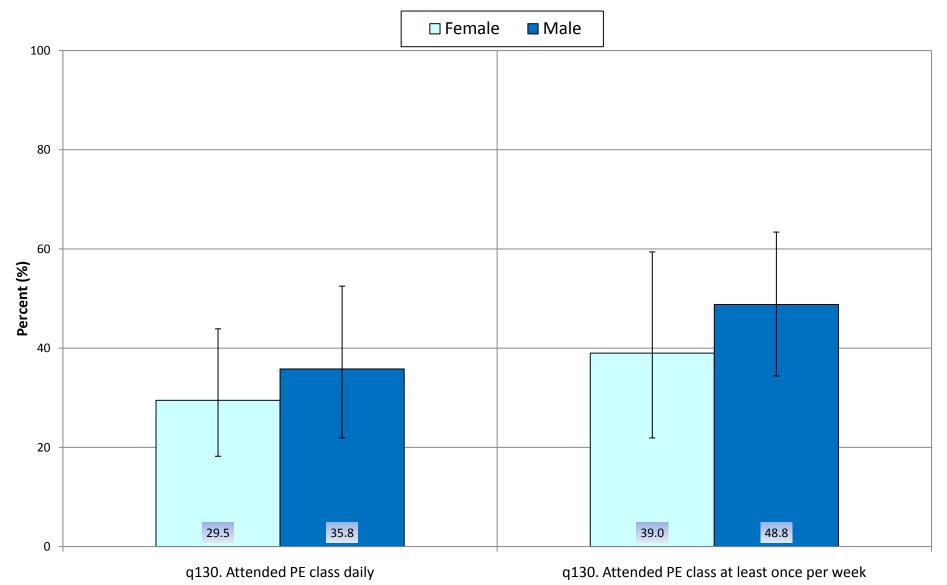
\*\*\*\*\* Either TV viewing or computer/video use unrelated to school, on an average school day

### Physical Activity: PE Class New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



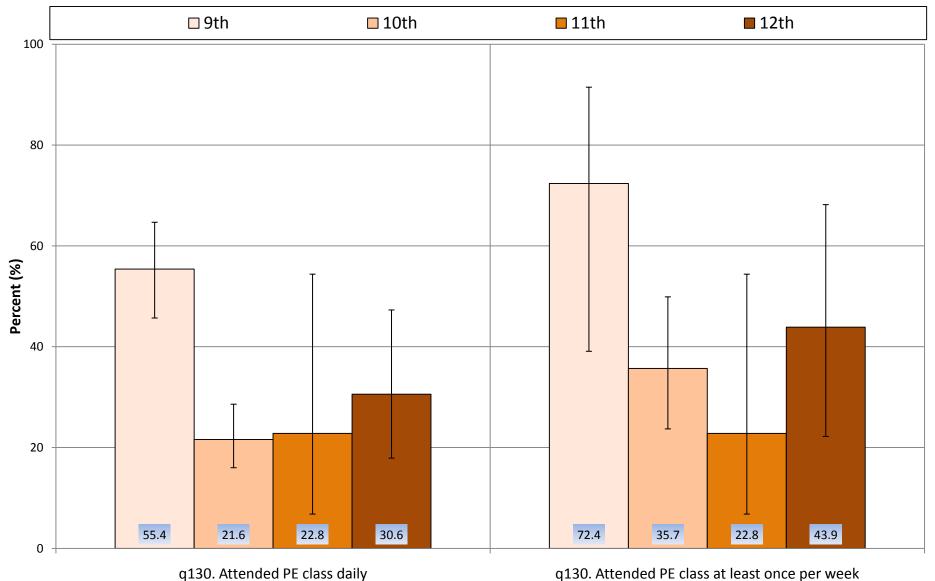
\* During an average school week

## Physical Activity: PE Class by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



\* During an average school week

#### Physical Activity: PE Class by Grade, Luna County Grades 9 - 12, 2009 NM YRRS

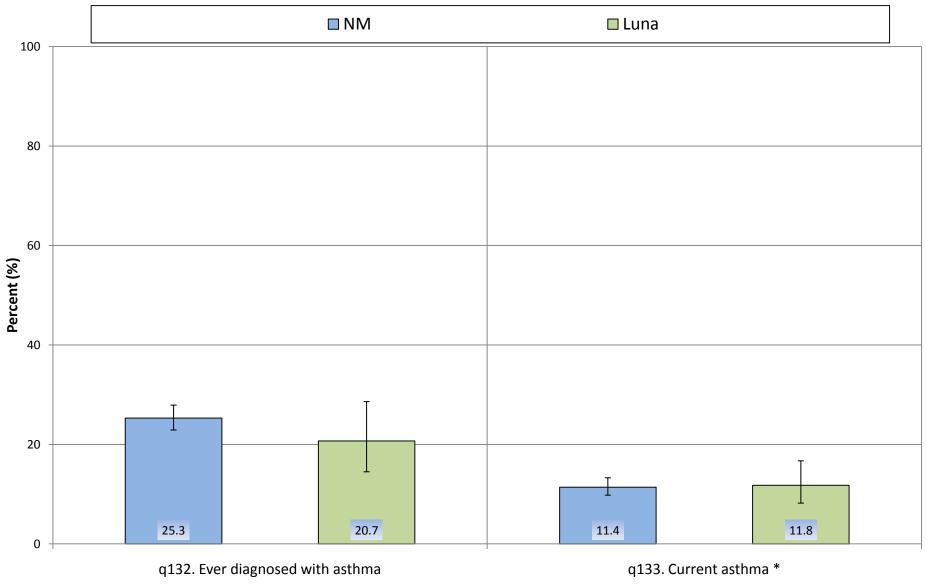


\* During an average school week

### **Other Characteristics**

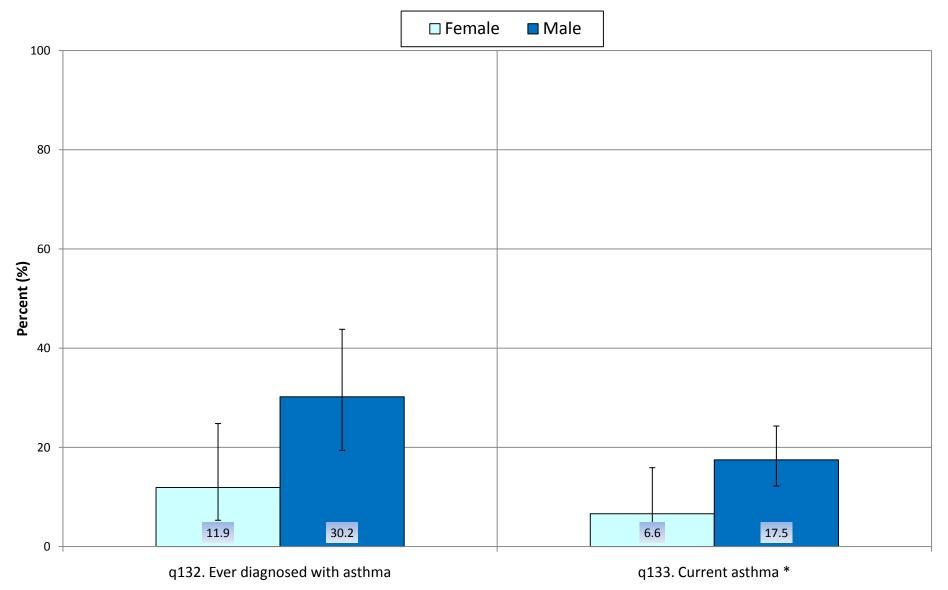
Asthma English as Non-Dominant Language US Born

### Asthma New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



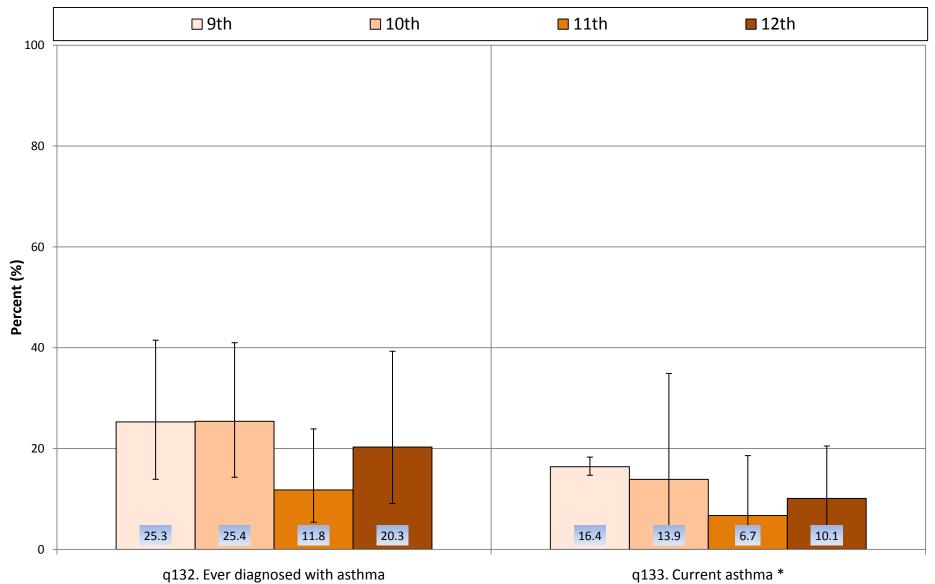
\* Ever diagnosed with asthma **AND** still has asthma

### Asthma by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



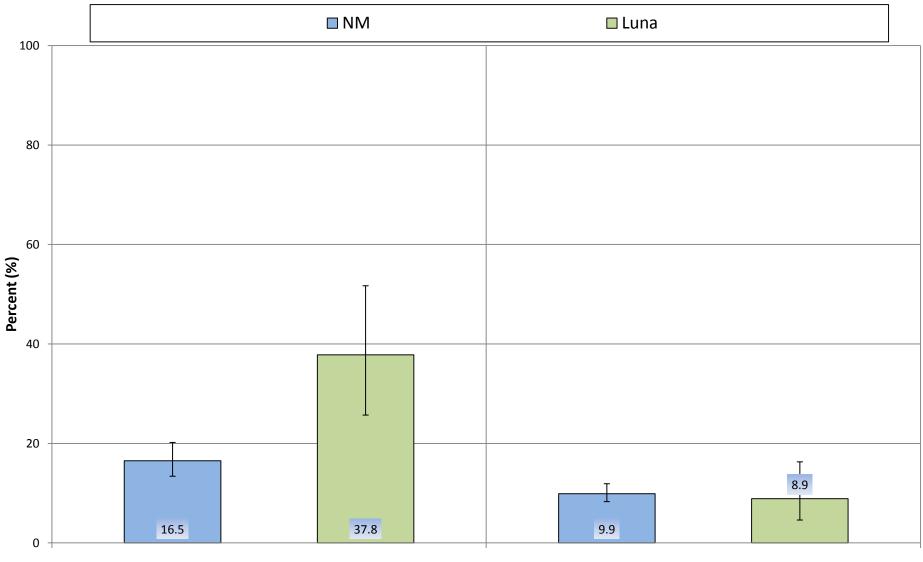
<sup>\*</sup> Ever diagnosed with asthma **AND** still has asthma

#### Asthma by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> Ever diagnosed with asthma **AND** still has asthma

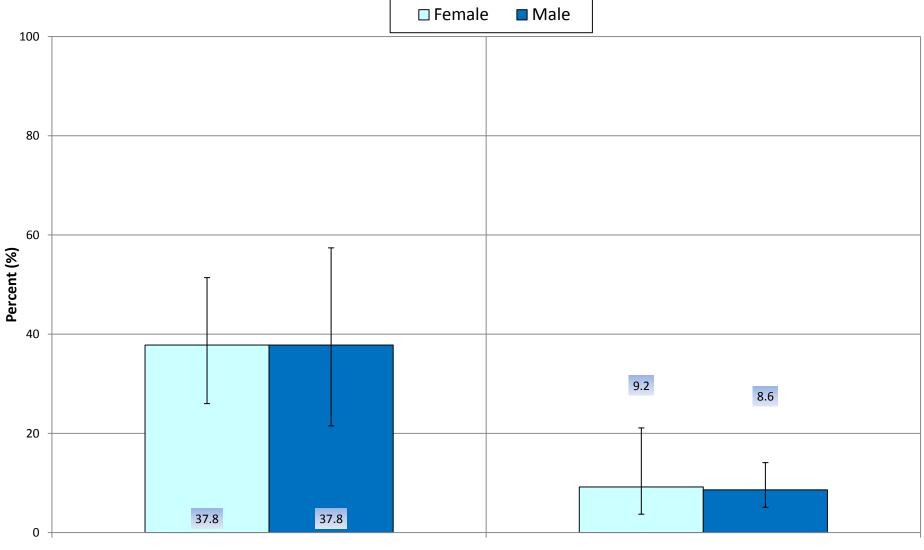
### Other Charactersistics New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



q134. Speaks language other than English at home > half time

q135. Foreign born

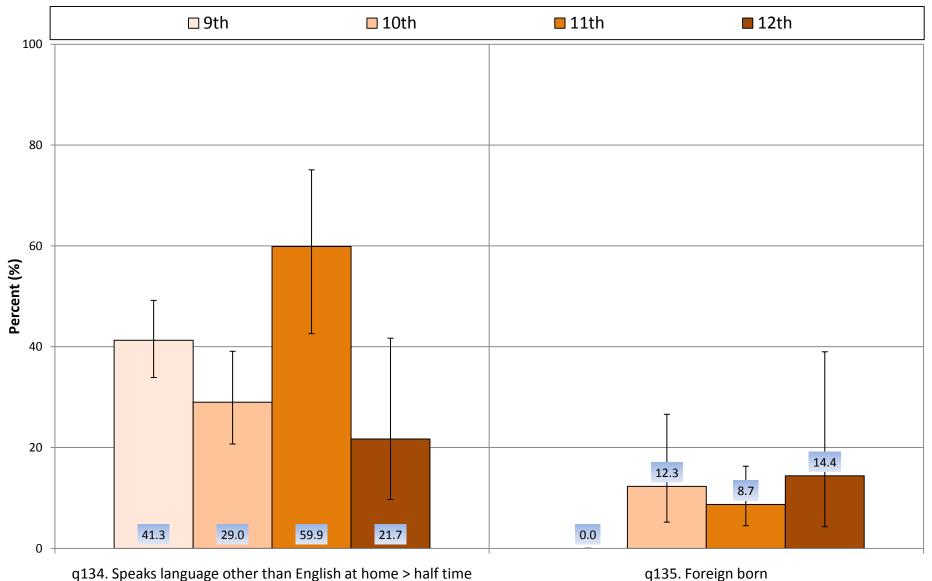
### Other Charactersistics by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



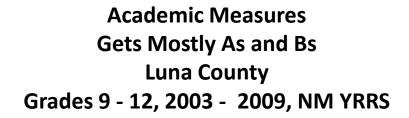
q134. Speaks language other than English at home > half time

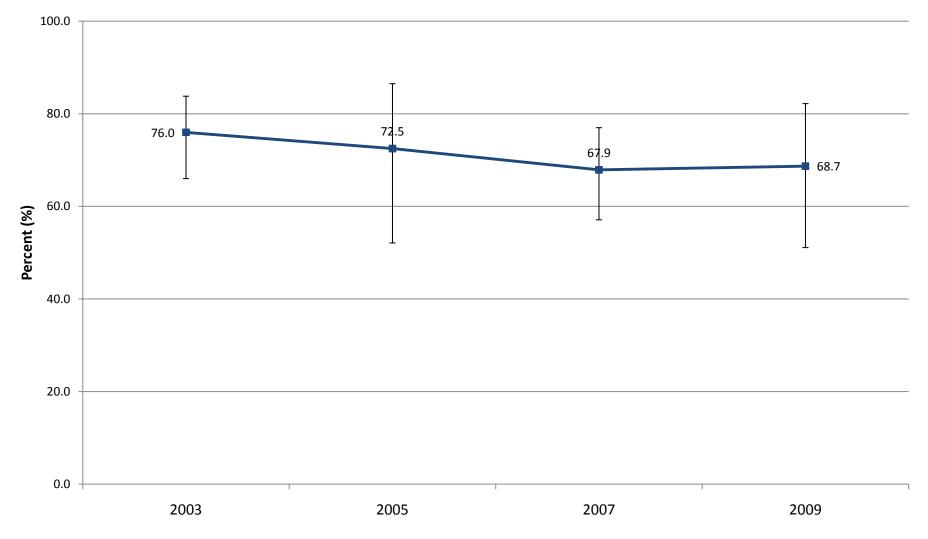
q135. Foreign born

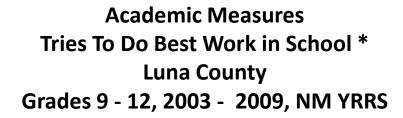
#### Other Charactersistics by Grade, Luna County Grades 9 - 12, 2009 NM YRRS

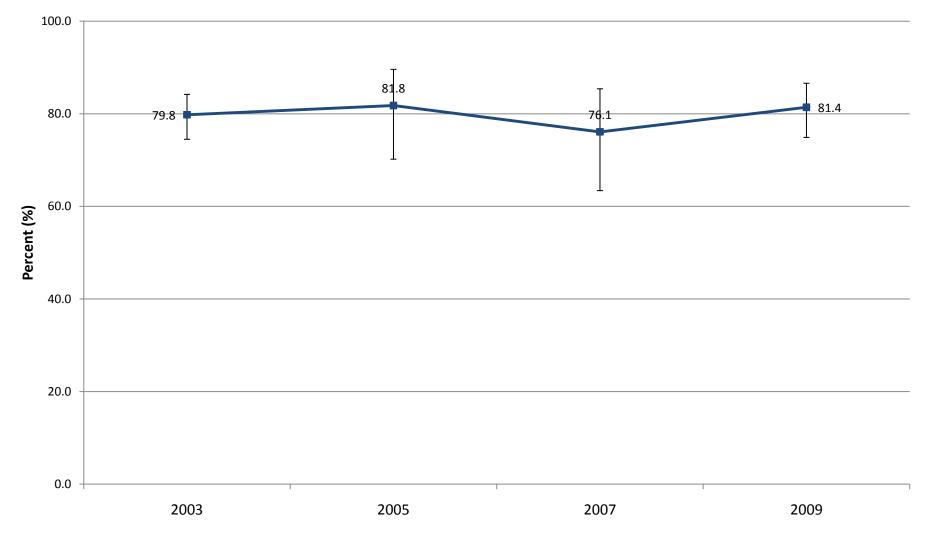


Academic Measures



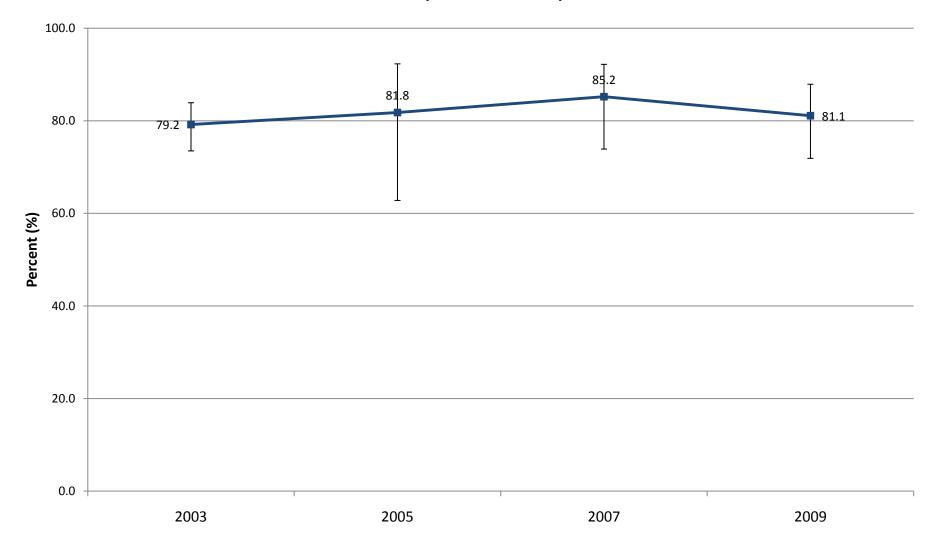






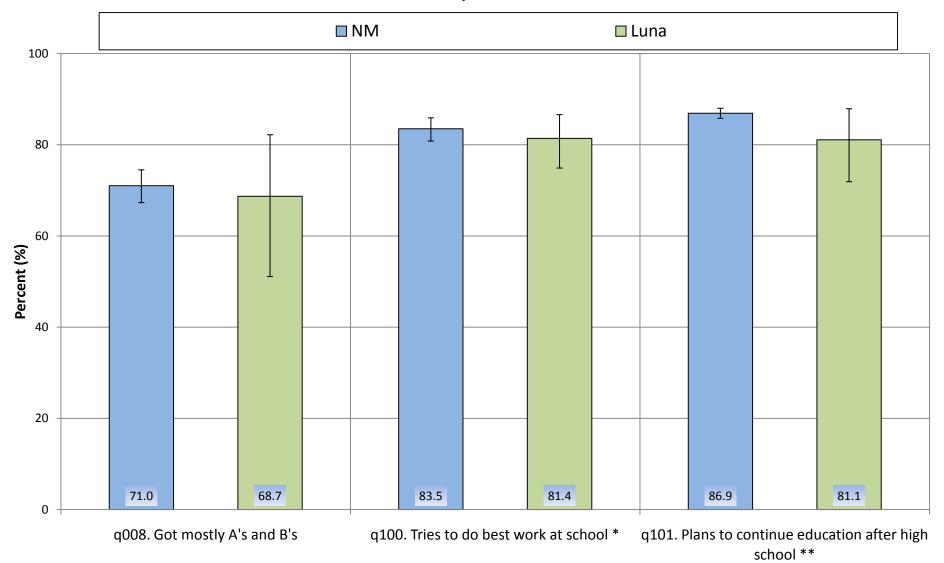
<sup>\*</sup> At school, I try hard to do my best work - "Very much true" or "Pretty much true"

### Academic Measures Plans to Continue Education After High School \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



\* I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"

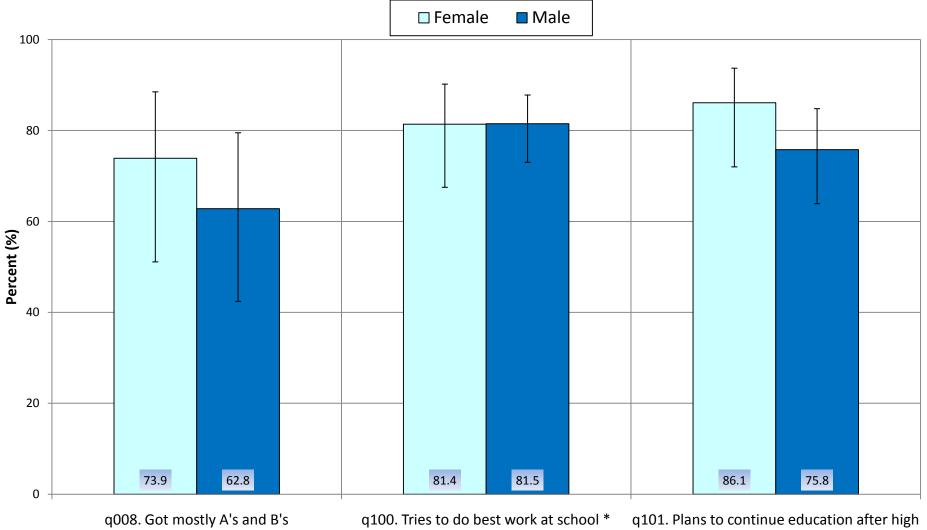
# Academic Measures New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



\* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

\*\* I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"

# Academic Measures by Gender, Luna County Grades 9 - 12, 2009 NM YRRS

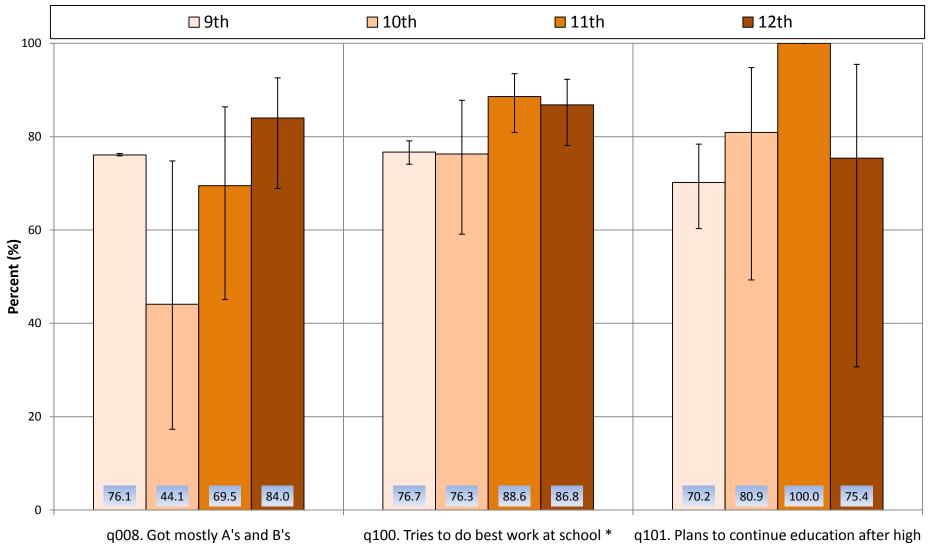


school \*\*

\* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

\*\* I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"

## Academic Measures by Grade, Luna County Grades 9 - 12, 2009 NM YRRS

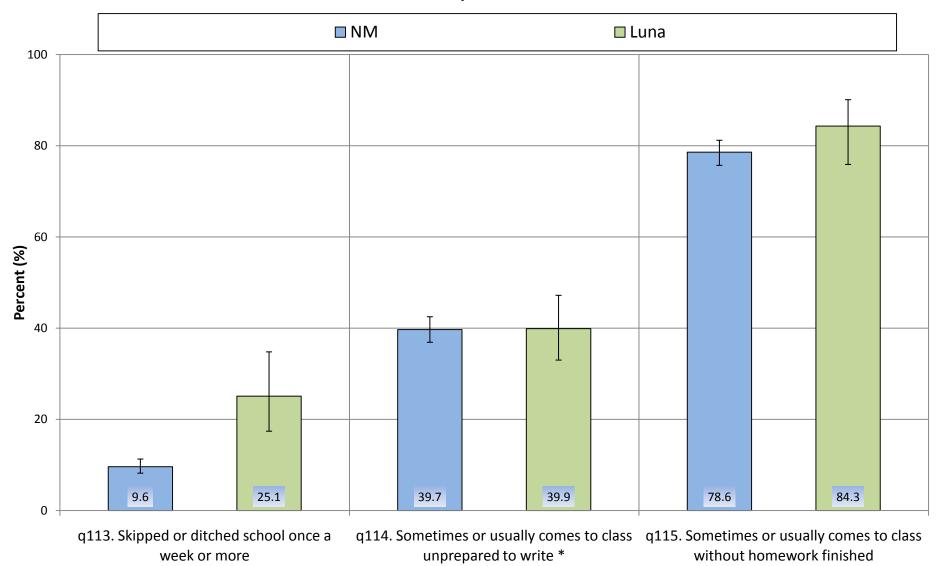


school \*\*

\* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

\*\* I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"

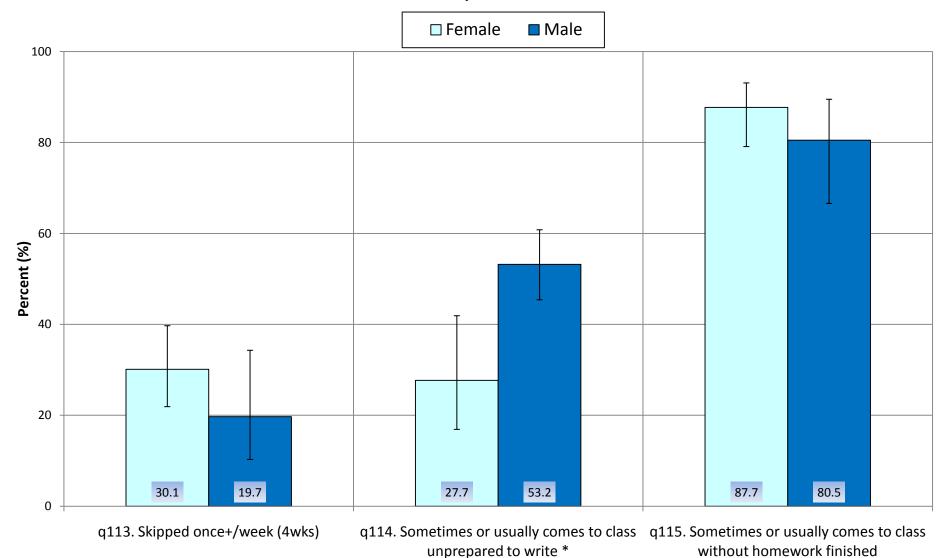
# Academic Measures New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> Without paper or something to write with

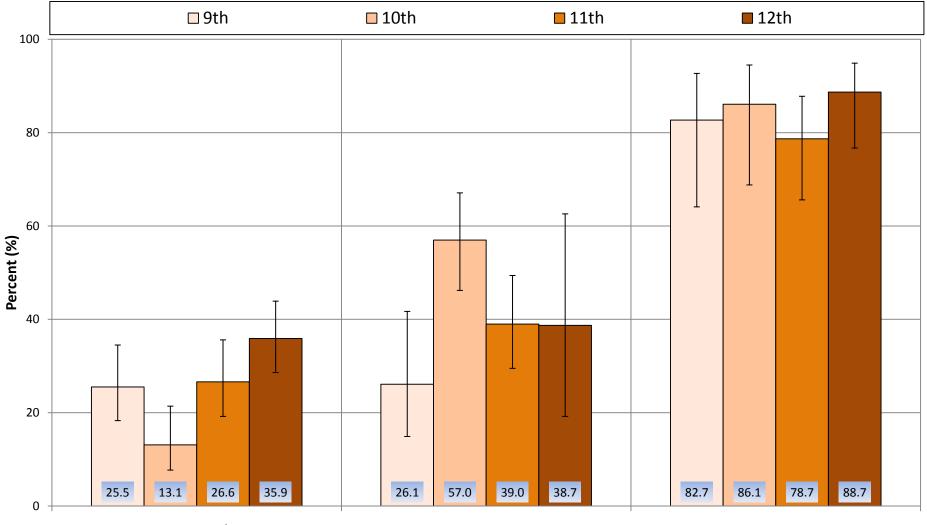
#### Academic Measures

# by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



\* Without paper or something to write with

#### Academic Measures by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



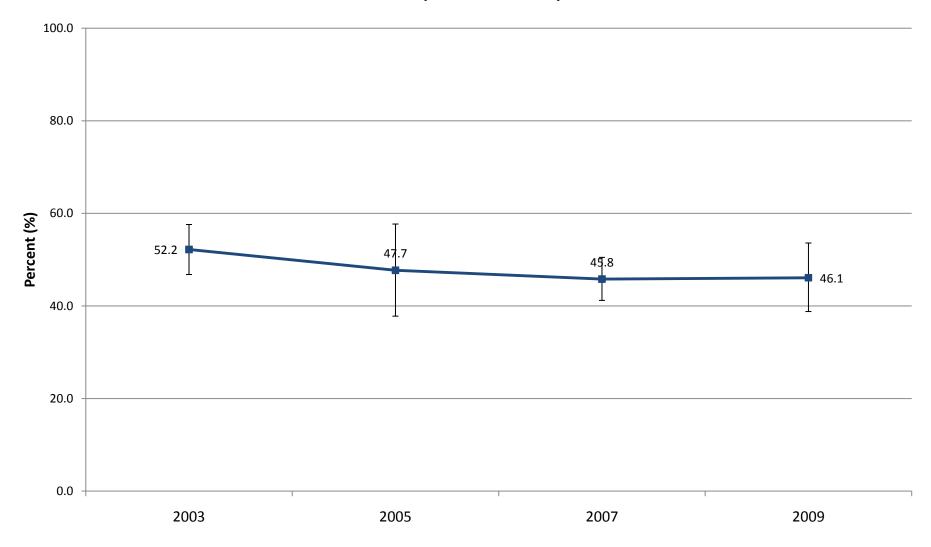
q113. Skipped once+/week (4wks)

q114. Sometimes or usually comes to class q115. Sometimes or usually comes to class unprepared to write \* without homework finished

\* Without paper or something to write with

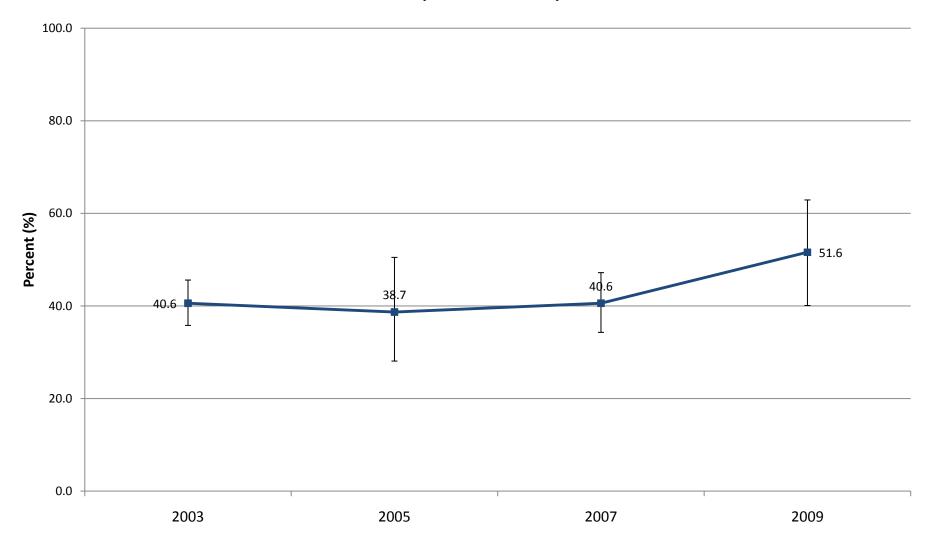
Protective (Resiliency) Factors

## Caring and Supportive Relationships With a Parent or Other Adult in the Home \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



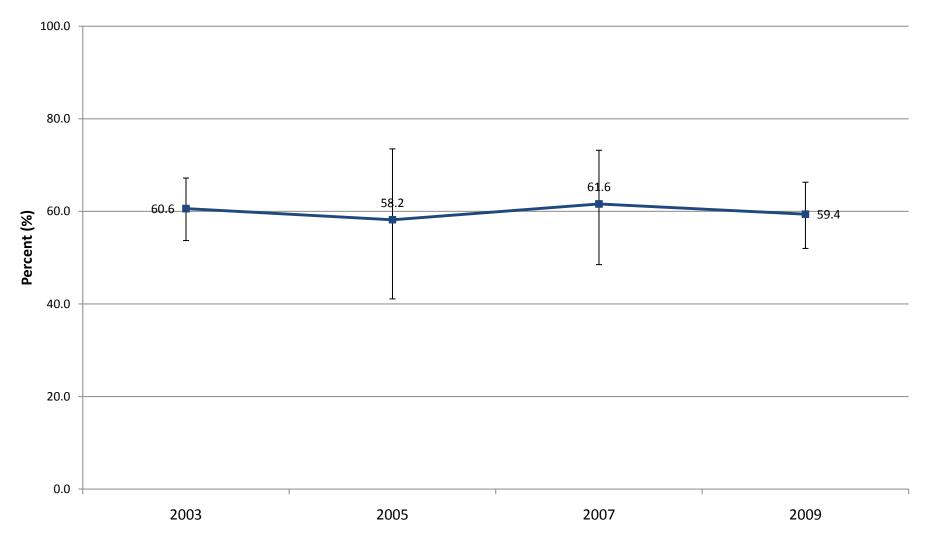
\* See Appendix B for descriptions of Protective/Resiliency Factors

## Caring and Supportive Relationships With a Teacher or Other Adult in the School \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



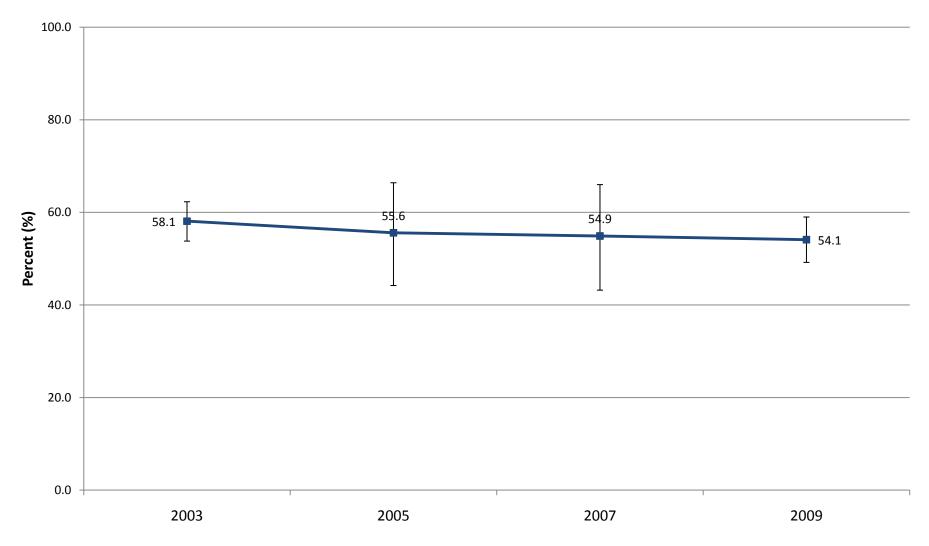
\* See Appendix B for descriptions of Protective/Resiliency Factors

# Caring and Supportive Relationships With a Peer \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



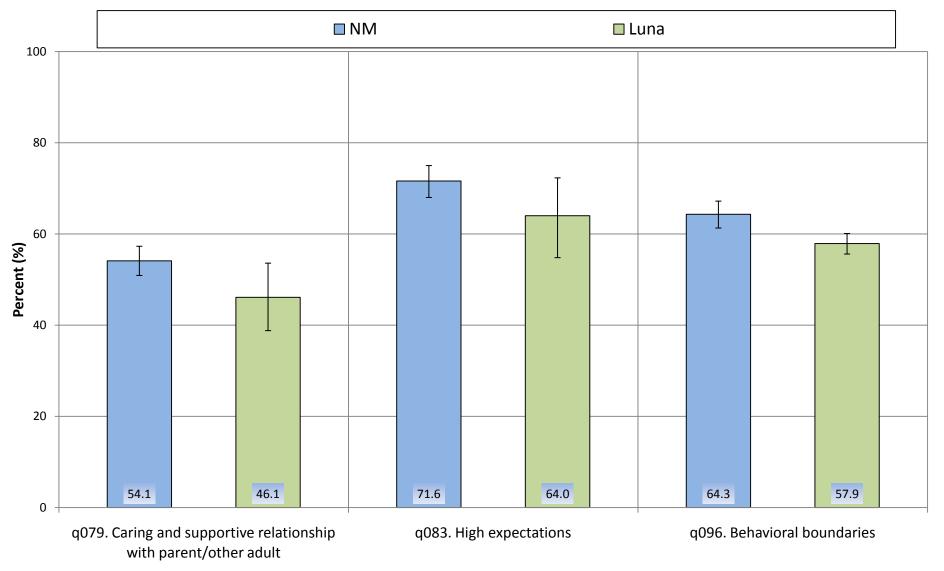
\* See Appendix B for descriptions of Protective/Resiliency Factors

## Caring and Supportive Relationships With an Adult in the Community \* Luna County Grades 9 - 12, 2003 - 2009, NM YRRS



\* See Appendix B for descriptions of Protective/Resiliency Factors

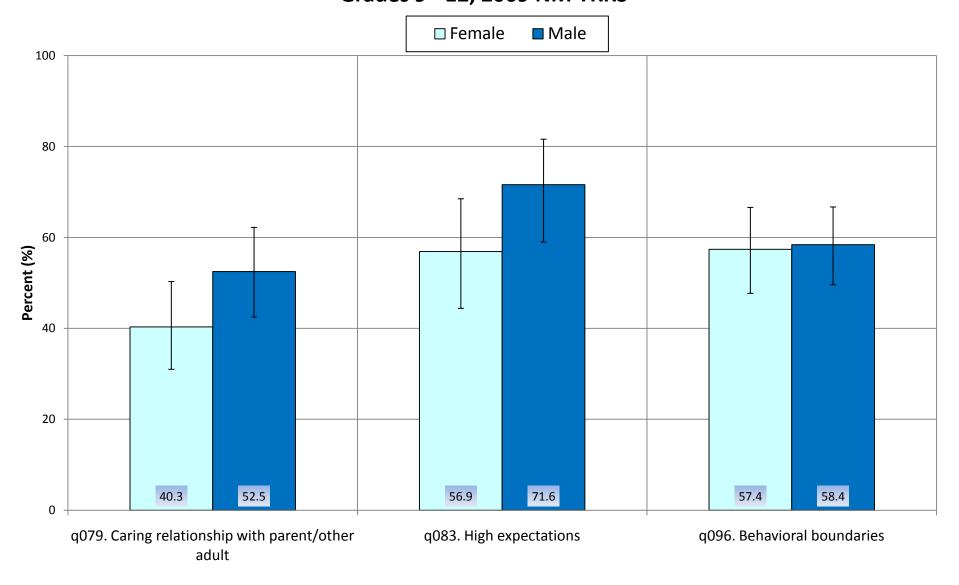
# Protective Factors in the Home New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> See Appendix B for descriptions of Protective/Resiliency Factors

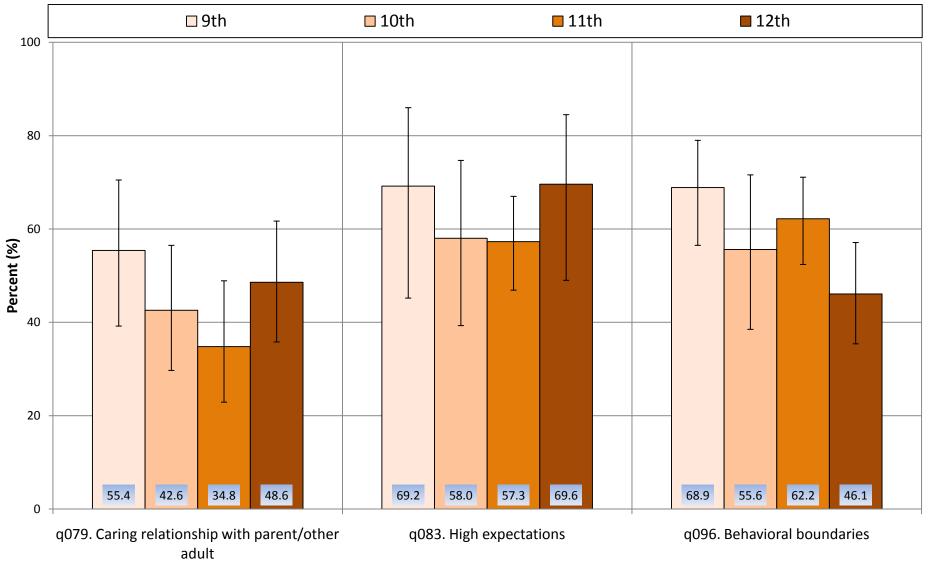
#### **Protective Factors in the Home**

# by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



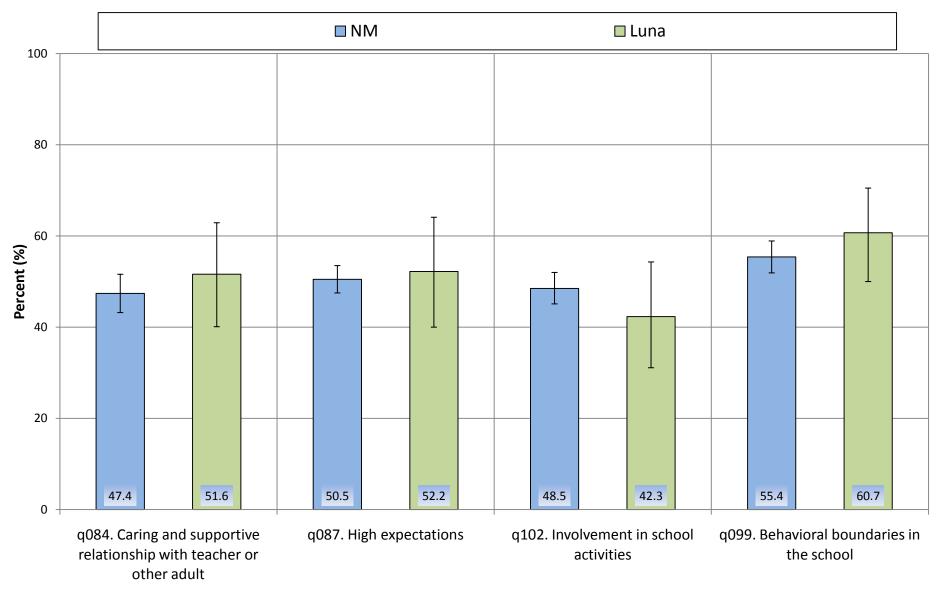
<sup>\*</sup> See Appendix B for descriptions of Protective/Resiliency Factors

# Protective Factors in the Home by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



\* See Appendix B for descriptions of Protective/Resiliency Factors

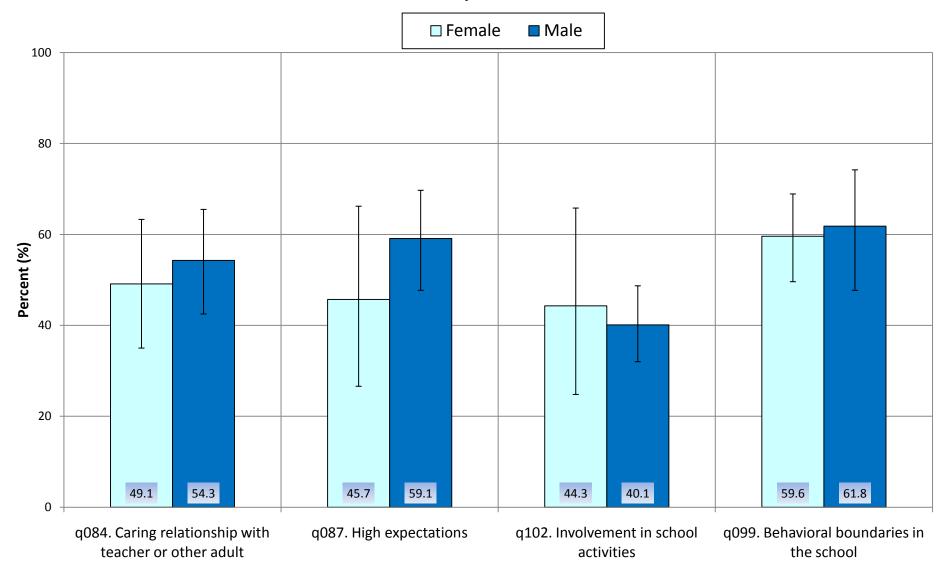
# Protective Factors in the School New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



\* See Appendix B for descriptions of Protective/Resiliency Factors

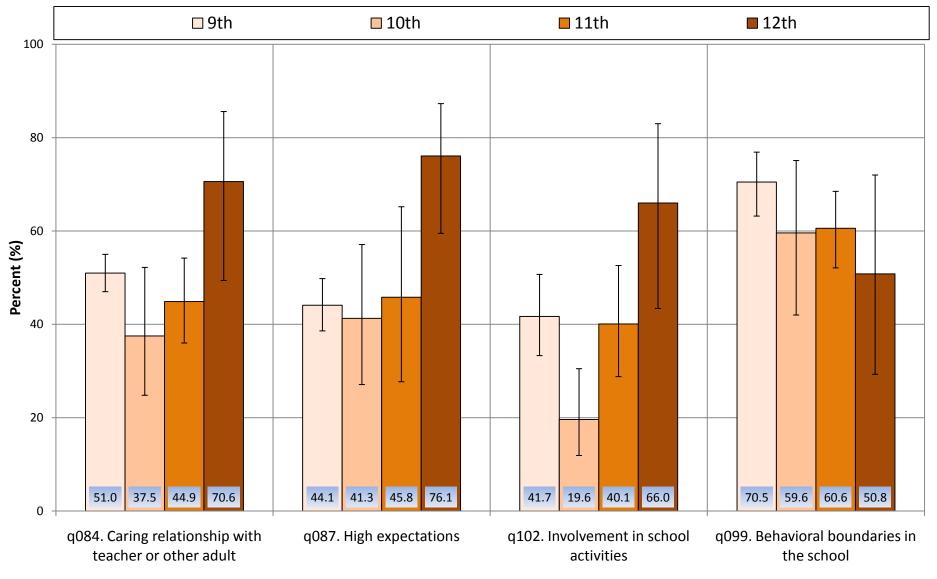
#### **Protective Factors in the School**

#### by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



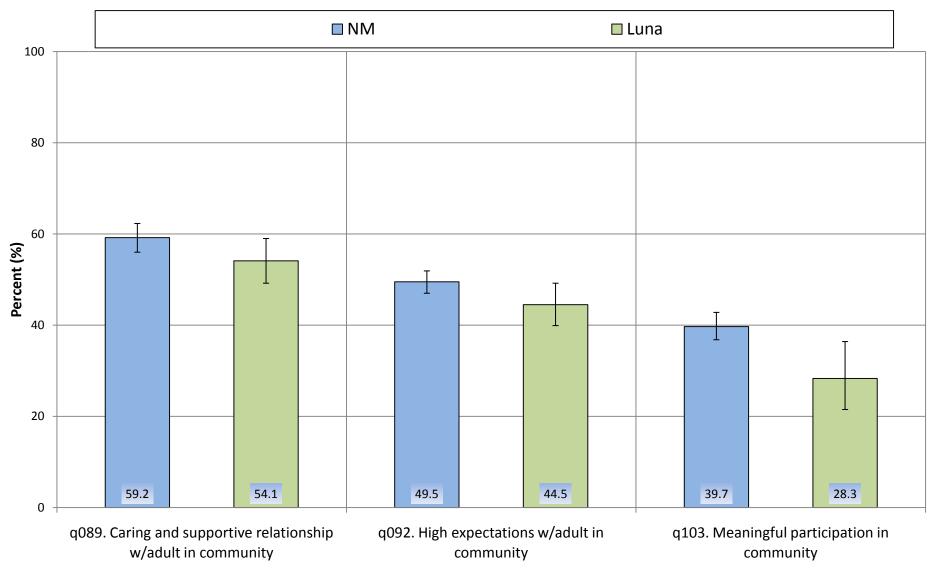
<sup>\*</sup> See Appendix B for descriptions of Protective/Resiliency Factors

#### Protective Factors in the School by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> See Appendix B for descriptions of Protective/Resiliency Factors

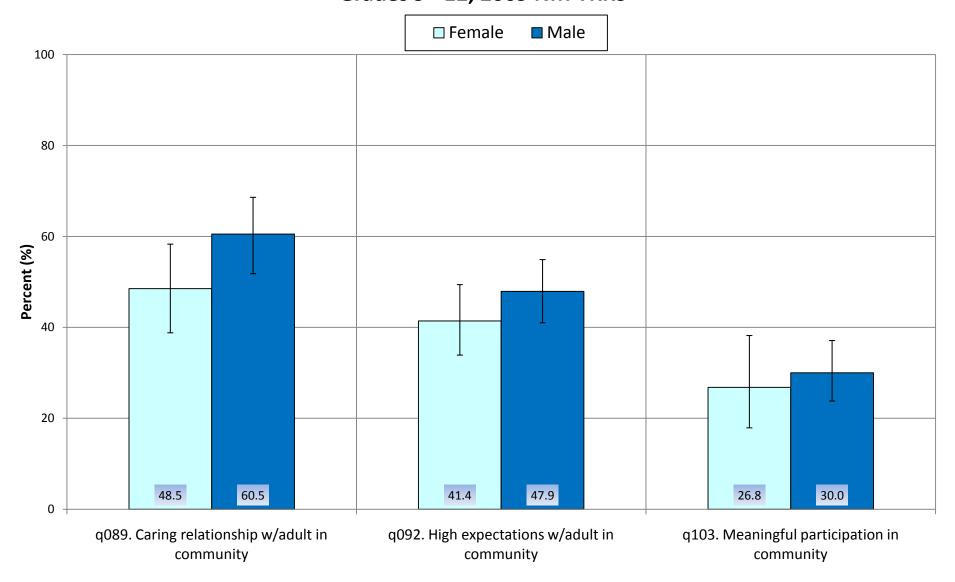
# Protective Factors in the Community New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> See Appendix B for descriptions of Protective/Resiliency Factors

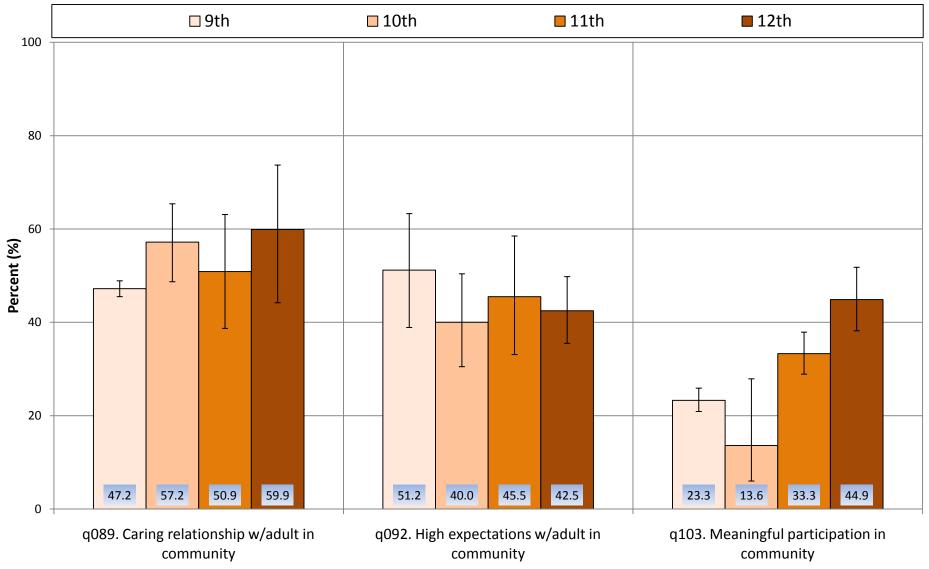
#### **Protective Factors in the Community**

# by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



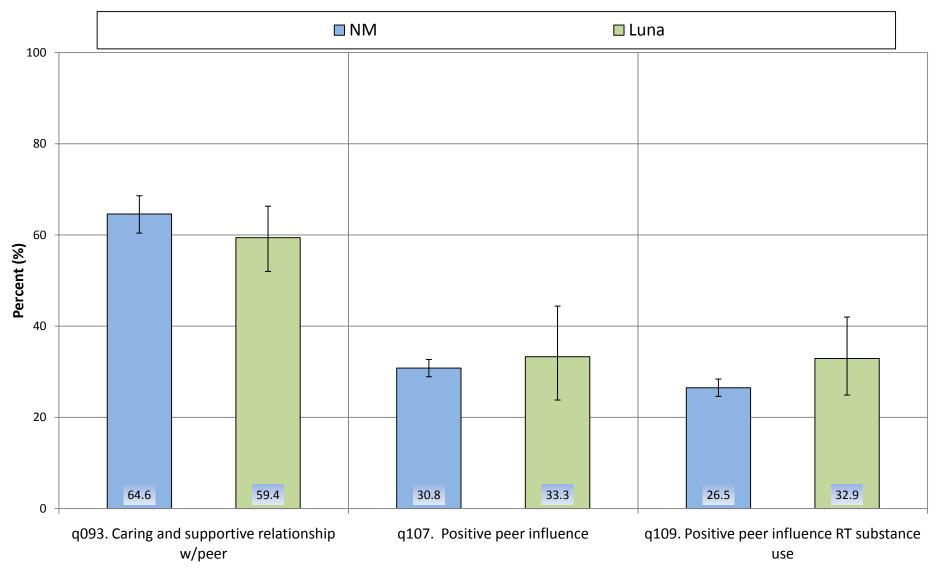
\* See Appendix B for descriptions of Protective/Resiliency Factors

# Protective Factors in the Community by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



\* See Appendix B for descriptions of Protective/Resiliency Factors

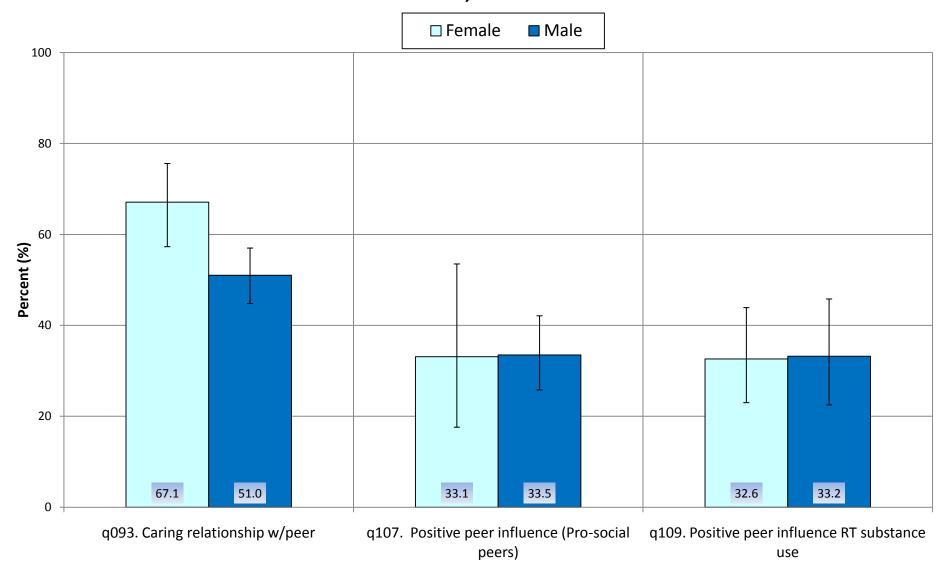
# Protective Factors: Peer Relationships New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



\* See Appendix B for descriptions of Protective/Resiliency Factors

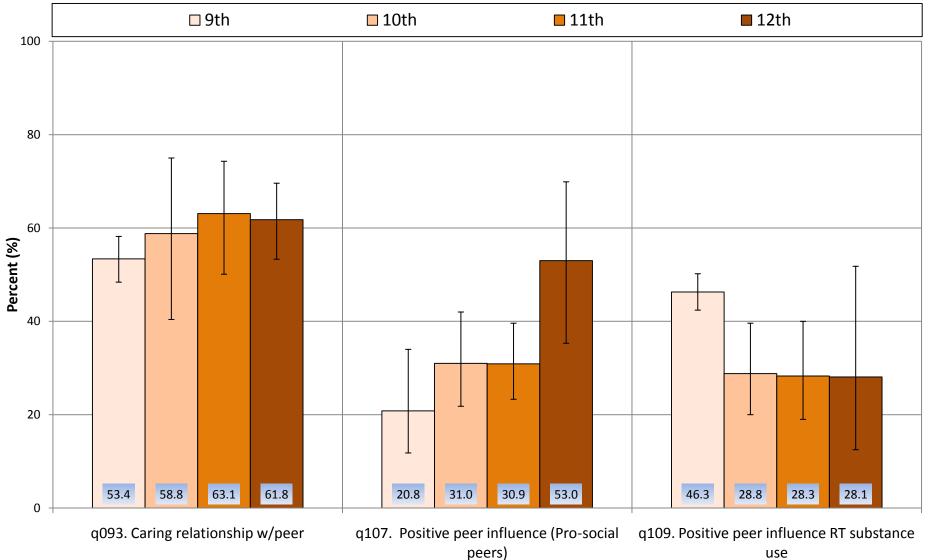
#### **Protective Factors: Peer Relationships**

# by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



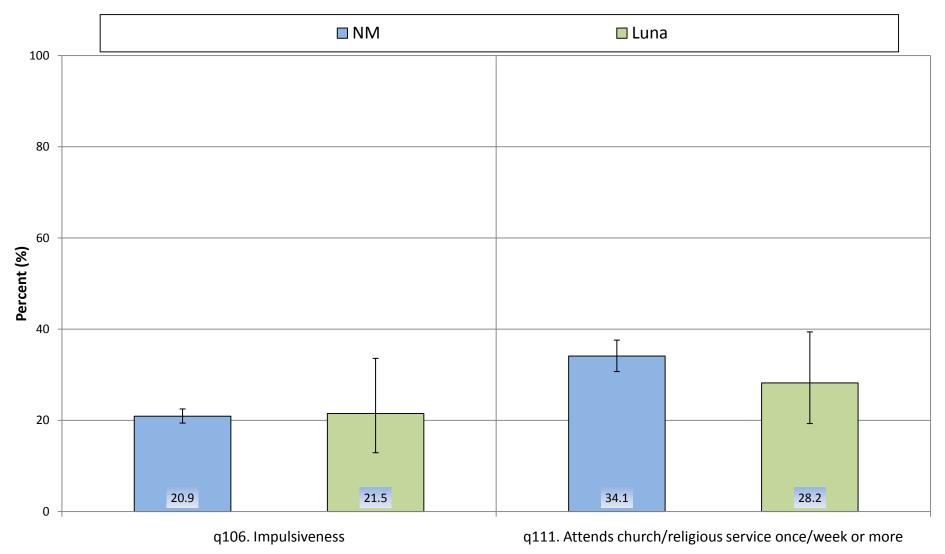
\* See Appendix B for descriptions of Protective/Resiliency Factors

# Protective Factors: Peer Relationships by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



\* See Appendix B for descriptions of Protective/Resiliency Factors

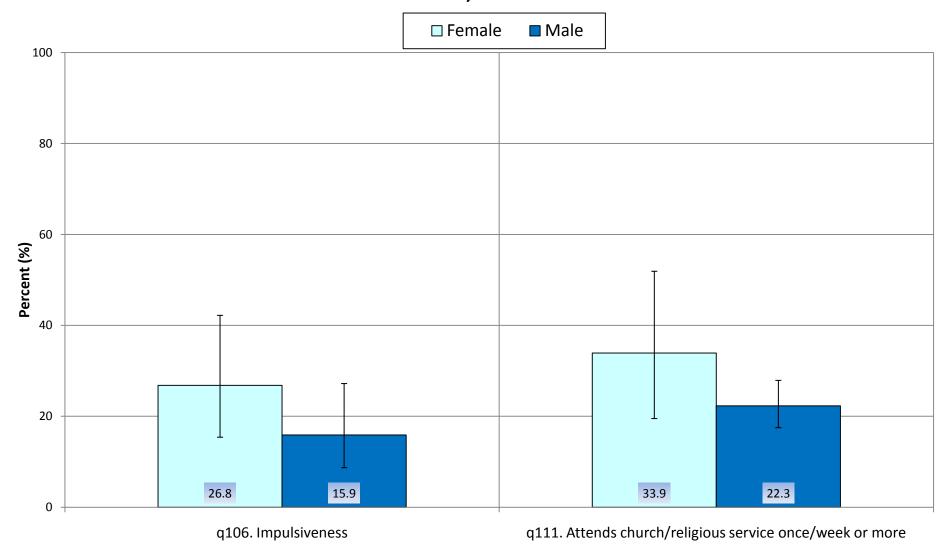
## Other Protective Factors and Related Traits New Mexico and Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> See Appendix B for descriptions of Protective/Resiliency Factors

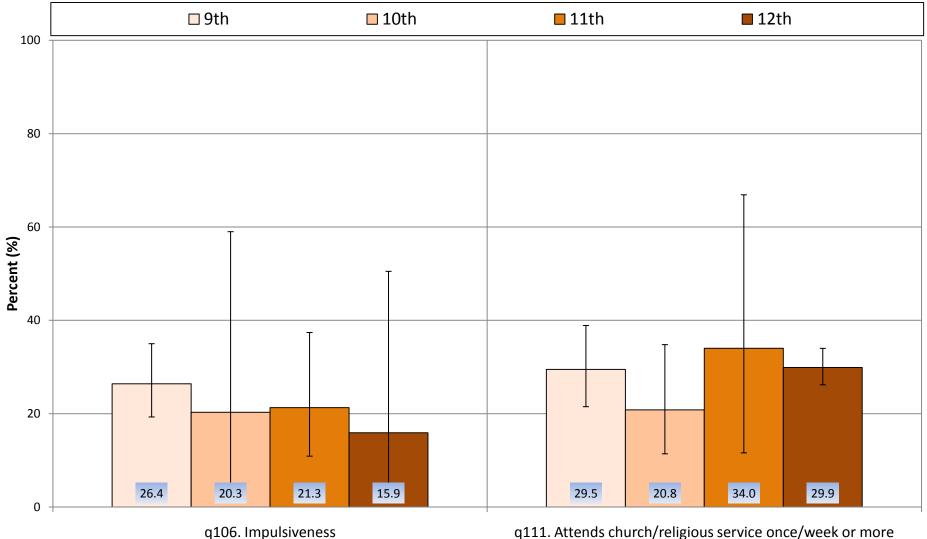
#### **Other Protective Factors and Related Traits**

# by Gender, Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> See Appendix B for descriptions of Protective/Resiliency Factors

# Other Protective Factors and Related Traits by Grade, Luna County Grades 9 - 12, 2009 NM YRRS



<sup>\*</sup> See Appendix B for descriptions of Protective/Resiliency Factors

Appendices

Appendix A 2009 NM Youth Risk and Resiliency Survey High School Questionnaire Luna County

**Personal Information** 

Note: Percents may not add up to 100% because of missing responses.

	<u>Number</u>	<u>(%)</u>
1. How old are you?		
A. 12 years old or younger	0	(0.0%)
B. 13 years old	0	(0.0%)
C. 14 years old	27	(20.9%)
D. 15 years old	26	(20.2%)
E. 16 years old	34	(26.4%)
F. 17 years old	34	(26.4%)
G. 18 years old or older	7	(5.4%)
2. What is your sex?		
A. Female	62	(48.1%)
B. Male	67	(51.9%)
3. In what grade are you?		
A. 9th grade	32	(24.8%)
B. 10th grade	38	(29.5%)
C. 11th grade	30	(23.3%)
D. 12th grade	28	(21.7%)
E. Ungraded or other grade	0	(0.0%)
4. Are you Hispanic or Latino?		
A. Yes	106	(82.2%)
B. No	22	(82.2%) (17.1%)
D. NO	22	(17.1%)

5. What is your race? (Select one or more responses.)

**NOTE:** Total may add up to more or less than 100% because respondents were allowed to choose multiple responses, and many students who identified Hispanic ethnicity on question 4 did not choose a response for race.

A. American Indian or Alaska Native	7	(5.4%)
B. Asian	4	(3.1%)
C. Black or African American	7	(5.4%)
D. Native Hawaiian or Other Pacific Islander	2	(1.6%)
E. White	67	(51.9%)

#### Appendix A: Questionnaire

6.	How	tall	are	you	without	your	shoes	on?
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	Mean height in feet and inches	5' 6''	
	Mean height in meters	1.69	
7. How much do you weigh without your shoes o	n?		
	Mean weight in pounds	144	
	Mean weight in kilograms	65.1	
8. During the past 12 months, how would you de	scribe your grades in school?	<u>%</u>	<u>(95% CI)</u>

A. Mostly A's	20.1	(9.8 - 36.8)
B. Mostly B's	37.6	(31.0 - 44.7)
C. Mostly C's	21.2	(11.3 - 36.2)
D. Mostly D's	3.5	(1.1 - 10.4)
E. Mostly F's	1.6	(0.2 - 11.1)
F. None of these grades	1.6	(0.2 - 10.0)
G. Not sure	14.4	(7.2 - 26.7)

#### **Personal Safety**

The next 4 questions ask about personal safety.

9. When you rode a bicycle during the past 12 months, how often did you wear a
helmet?

A. I did not ride a bicycle during the past 12 months	36.6	(25.2 - 49.8)
B. Never wore a helmet	54.6	(41.6 - 67.1)
C. Rarely wore a helmet	5.5	(3.3 - 8.9)
D. Sometimes wore a helmet	2.7	(1.0 - 7.4)
E. Most of the time wore a helmet	0.6	(0.1 - 3.9)
F. Always wore a helmet	0.0	

10. How often do you wear a seat belt when riding in a car driven by someone

else?		
A. Never	3.2	(1.2 - 8.4)
B. Rarely	3.2	(1.1 - 9.0)
C. Sometimes	12.9	(6.6 - 23.7)
D. Most of the time	24.7	(20.7 - 29.2)
E. Always	56.0	(48.7 - 63.1)

11. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

67.0	(54.2 - 77.6)
10.2	(6.1 - 16.6)
15.9	(11.2 - 22.2)
2.0	(0.5 - 7.9)
4.9	(2.1 - 10.8)
	10.2 15.9 2.0

12. During the past 30 days, how many times did you drive a car or other vehicle		
when you had been drinking alcohol?	<u>%</u>	<u>(95% CI)</u>
A. 0 times	88.4	(81.7 - 92.9)
B. 1 time	4.8	(2.5 - 8.8)
C. 2 or 3 times	5.0	(2.3 - 10.4)
D. 4 or 5 times	0.6	(0.1 - 4.3)
E. 6 or more times	1.2	(0.3 - 4.1)
Violence-Related Behaviors		
The next 9 questions ask about violence-related behaviors.		
13. Is there a gun in your home?		
A. Yes	44.5	(35.8 - 53.6)
B. No	41.5	(31.0 - 52.9)
C. Not sure	14.0	(7.0 - 25.9)
14. During the past 30 days, on how many days did you carry a weapon such as a		
gun, knife, or club?		
A. 0 days	81.4	(72.2 - 88.0)
B. 1 day	5.6	(3.9 - 8.1)
C. 2 or 3 days	5.9	(3.1 - 10.7)
D. 4 or 5 days	1.6	(0.2 - 10.1)
E. 6 or more days	5.6	(2.3 - 13.0)
15. During the past 30 days, on how many days did you carry a gun?		
A. 0 days	92.2	(84.0 - 96.4)
B. 1 day	2.6	(0.7 - 9.5)
C. 2 or 3 days	3.9	(2.0 - 7.7)
D. 4 or 5 days	0.6	(0.1 - 3.9)
E. 6 or more days	0.6	(0.1 - 4.1)
16. During the past 30 days, on how many days did you carry a weapon such as a		
gun, knife, or club on school property?		
A. O days	96.3	(92.9 - 98.1)
B. 1 day	2.4	(1.0 - 5.7)
C. 2 or 3 days	0.0	
D. 4 or 5 days	0.0	
E. 6 or more days	1.3	(0.4 - 4.6)
17 During the next 20 days, on how many days d'during the table of the		
17. During the past 30 days, on how many days did you not go to school because		

you felt you would be unsafe at school or on your way to or from school?

A. 0 days	92.1	(84.6 - 96.1)
B. 1 day	3.4	(1.7 - 6.7)
C. 2 or 3 days	1.8	(0.5 - 6.4)
D. 4 or 5 days	1.4	(0.4 - 5.0)
E. 6 or more days	1.3	(0.4 - 4.1)

<ul> <li>18. During the past 12 months, how many times were you in a physical fight?</li> <li>A. 0 times</li> <li>B. 1 time</li> <li>C. 2 or 3 times</li> <li>D. 4 or 5 times</li> <li>E. 6 or 7 times</li> <li>F. 8 or 9 times</li> <li>G. 10 or 11 times</li> <li>H. 12 or more times</li> </ul>	<u>%</u> 71.7 10.4 10.5 1.6 0.6 1.5 1.0 2.8	(95% CI) (62.5 - 79.4) (7.1 - 14.9) (5.0 - 20.7) (0.4 - 5.5) (0.1 - 3.9) (0.2 - 10.2) (0.1 - 7.4) (0.7 - 10.7)
19. During the past 12 months, how many times were you in a physical fight on		
school property?	077	
A. 0 times B. 1 time	87.7 9.0	(77.7 - 93.6) (4.2 - 18.1)
C. 2 or 3 times	9.0 2.5	(4.2 - 18.1) (0.9 - 7.2)
D. 4 or 5 times	0.0	(0.5 7.2)
E. 6 or 7 times	0.0	
F. 8 or 9 times	0.0	
G. 10 or 11 times	0.0	
H. 12 or more times	0.8	(0.1 - 5.4)
<ul> <li>20. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?</li> <li>A. Yes</li> <li>B. No</li> </ul>	11.3 88.7	(6.4 - 19.1) (80.9 - 93.6)
21. Have you ever been physically forced to have sexual intercourse when you did not want to?		, , ,
A. Yes	8.8	(3.9 - 18.6)
B. No	91.2	(81.4 - 96.1)
The next question asks about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.		
<ul><li>22. During the past 12 months, have you ever been bullied on school property?</li><li>A. Yes</li><li>B. No</li></ul>	13.6 86.4	(9.8 - 18.6) (81.4 - 90.2)

# Sadness and Attempted Suicide

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide; that is, taking some action to end their own lives.	<u>%</u>	<u>(95% CI)</u>
<ul><li>23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?</li><li>A. Yes</li><li>B. No</li></ul>	39.1 60.9	(30.0 - 48.9) (51.1 - 70.0)
24. During the past 12 months, did you ever seriously consider attempting		
suicide? A. Yes B. No	23.4 76.6	(19.5 - 27.8) (72.2 - 80.5)
25. During the past 12 months, did you make a plan about how you would		
attempt suicide? A. Yes B. No	15.0 85.0	(10.6 - 20.6) (79.4 - 89.4)
26. During the past 12 months, how many times did you actually attempt suicide?		
A. 0 times	86.8	(77.3 - 92.6)
B. 1 time C. 2 or 3 times	6.3 6.1	(3.6 - 10.8) (2.8 - 12.7)
D. 4 or 5 times	0.0	
E. 6 or more times	0.9	(0.1 - 6.4)
27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		
A. I did not attempt suicide during the past 12 month s B. Yes	86.8 3.0	(77.3 - 92.6) (1.1 - 8.0)
C. No		(5.9 - 17.1)
Tobacco Use The next 12 questions ask about tobacco use. 28. Have you ever tried cigarette smoking, even one or two puffs?		
A. Yes	58.9	(48.2 - 68.9)
B. No	41.1	(31.1 - 51.8)

<ul> <li>29. How old were you when you smoked a whole cigarette for the first time?</li> <li>A. I have never smoked a whole cigarette</li> <li>B. 8 years old or younger</li> <li>C. 9 or 10 years old</li> <li>D. 11 or 12 years old</li> <li>E. 13 or 14 years old</li> <li>F. 15 or 16 years old</li> <li>G. 17 years old or older</li> </ul>	<u>%</u> 56.7 3.0 2.7 4.8 14.2 17.1 1.6	(95% CI) (44.6 - 68.0) (1.1 - 7.4) (1.3 - 5.6) (2.1 - 10.5) (8.1 - 23.9) (9.5 - 28.7) (0.2 - 10.2)
30. During the past 30 days, on how many days did you smoke cigarettes?		
A. 0 days	77.4	(67.0 - 85.2)
B. 1 or 2 days	6.2	(3.1 - 12.1)
C. 3 to 5 days	6.9	(2.4 - 18.4)
D. 6 to 9 days	1.4	(0.2 - 9.2)
E. 10 to 19 days	2.7	(0.7 - 10.0)
F. 20 to 29 days	2.0	(0.3 - 13.2)
G. All 30 days	3.4	(1.3 - 8.6)
31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
A. I did not smoke cigarettes during the past 30 days	76.5	(66.0 - 84.5)
B. Less than 1 cigarette per day	5.5	(1.6 - 16.6)
C. 1 cigarette per day	8.4	(5.4 - 12.6)
D. 2 to 5 cigarettes per day	8.8	(4.7 - 16.0)
E. 6 to 10 cigarettes per day	0.9	(0.1 - 5.9)
F. 11 to 20 cigarettes per day	0.0	
G. More than 20 cigarettes per day	0.0	
32. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)		
A. I did not smoke cigarettes during the past 30 days	76.5	(66.0 - 84.5)
B. I bought them in a store such as a convenience store, supermarket,		
discount store, or gas station	5.4	(2.6 - 10.6)
C. I bought them from a vending machine	0.9	(0.1 - 5.9)
D. I gave someone else money to buy them for me	5.7	(1.8 - 16.3)
E. I borrowed (or bummed) them from someone else	2.2	(0.8 - 6.3)
F. A person 18 years old or older gave them to me	1.7	(0.5 - 5.7)
G. I took them from a store or family member	1.3	(0.2 - 7.7)
H. I got them some other way	6.4	(3.3 - 12.1)

33. During the past 30 days, on how many days did you smoke cigarettes on		
school property?	<u>%</u>	<u>(95% CI)</u>
A. 0 days	94.5	(90.5 - 96.9)
B. 1 or 2 days	3.7	(1.7 - 7.7)
C. 3 to 5 days	0.6	(0.1 - 4.5)
D. 6 to 9 days	1.2	(0.3 - 4.5)
E. 10 to 19 days	0.0	
F. 20 to 29 days	0.0	
G. All 30 days	0.0	
34. During the past 12 months, did you ever try to quit smoking cigarettes?		
A. I did not smoke during the past 12 months	72.5	(61.1 - 81.6)
B. Yes	15.8	(7.9 - 29.0)
C. No	11.7	(6.8 - 19.4)
		(0.0 10.1)
35. During the past 30 days, on how many days did you use chewing tobacco,		
snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or		
Copenhagen?		
A. 0 days	94.9	(88.9 - 97.7)
B. 1 or 2 days	0.6	(0.1 - 4.4)
C. 3 to 5 days	1.9	
D. 6 to 9 days	0.6	(0.1 - 4.2)
E. 10 to 19 days	1.2	(0.2 - 8.6)
F. 20 to 29 days	0.8	(0.1 - 5.3)
G. All 30 days	0.0	, , , , , , , , , , , , , , , , , , ,
36. During the past 30 days, on how many days did you smoke cigars, cigarillos, or		
little cigars?		
A. 0 days	83.9	(72.6 - 91.1)
B. 1 or 2 days	11.4	. ,
C. 3 to 5 days		(0.7 - 11.3)
D. 6 to 9 days	0.6	(0.1 - 4.4)
E. 10 to 19 days	0.7	(0.1 - 5.0)
F. 20 to 29 days	0.6	(0.1 - 4.1)
G. All 30 days	0.0	
37. During the past 7 days, on how many days were you in the same room with		
someone who was smoking cigarettes?		
A. 0 days	61.5	(52.0 - 70.1)
B. 1 or 2 days	14.8	(9.8 - 21.7)
C. 3 or 4 days	8.5	(3.5 - 19.2)
D. 5 or 6 days	2.6	(0.9 - 7.3)
E. 7 days	12.6	(8.0 - 19.3)
,		(

<ul><li>38. How wrong do your parents feel it would be for you to smoke cigarettes?</li><li>A. Very wrong</li><li>B. Wrong</li><li>C. A little bit wrong</li><li>D. Not wrong at all</li></ul>	<u>%</u> 75.9 15.2 4.1 4.7	(95% CI) (67.0 - 83.0) (10.7 - 21.2) (1.8 - 9.3) (1.6 - 12.8)
<ul> <li>39. How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?</li> <li>A. No risk</li> <li>B. Slight risk</li> <li>C. Moderate risk</li> <li>D. Great risk</li> </ul>	6.3 7.9 22.6 63.2	(2.8 - 13.6) (4.9 - 12.5) (17.0 - 29.5) (54.7 - 70.9)
Alcohol The next 11 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes. 40. How old were you when you had your first drink of alcohol other than a few sips?		
<ul> <li>A. I have never had a drink of alcohol other than a few sips</li> <li>B. 8 years old or younger</li> <li>C. 9 or 10 years old</li> <li>D. 11 or 12 years old</li> <li>E. 13 or 14 years old</li> <li>F. 15 or 16 years old</li> <li>G. 17 years old or older</li> </ul>	27.0 9.5 8.7 15.5 19.2 16.6 3.6	(19.9 - 35.4) (5.9 - 14.9) (5.2 - 14.2) (9.5 - 24.2) (14.3 - 25.2) (9.1 - 28.2) (0.9 - 14.0)
<ul> <li>41. During the past 30 days, on how many days did you have at least one drink of alcohol?</li> <li>A. 0 days</li> <li>B. 1 or 2 days</li> <li>C. 3 to 5 days</li> <li>D. 6 to 9 days</li> <li>E. 10 to 19 days</li> <li>F. 20 to 29 days</li> <li>G. All 30 days</li> </ul>	57.6 20.0 11.8 5.0 3.2 2.5 0.0	(48.9 - 65.8) (13.8 - 28.1) (6.7 - 20.0) (2.7 - 9.0) (1.6 - 6.2) (0.9 - 6.6)

42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

42. During the past 30 days, on now many days did you have 5 or more drinks of		
alcohol in a row, that is, within a couple of hours?	<u>%</u>	<u>(95% CI)</u>
A. 0 days	73.5	(66.1 - 79.8)
B. 1 day	11.3	(7.8 - 16.1)
C. 2 days	7.0	(5.1 - 9.4)
D. 3 to 5 days	5.4	(1.9 - 14.2)
E. 6 to 9 days	1.3	(0.4 - 4.8)
F. 10 to 19 days	0.6	(0.1 - 4.2)
G. 20 or more days	0.9	(0.1 - 6.1)
43. During the past 30 days, what type of alcohol did you usually drink? (Select		
only one response.)		
A. I did not drink alcohol during the past 30 days	55.7	(46.9 - 64.2)
B. I do not have a usual type	5.7	(1.5 - 19.3)
C. Beer	14.2	(9.4 - 21.1)
D. Malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade	8.0	(4.8 - 12.9)
E. Wine coolers, such as Bartles & James or Seagrams	0.6	(0.1 - 3.9)
F. Wine	0.0	
G. Liquor, such as vodka, rum, scotch, bourbon, or whiskey	12.6	(7.2 - 20.9)
H. Some other type	3.2	(1.3 - 7.3)
44. During the past 30 days, how did you usually get the alcohol you drank?		
A. I did not drink alcohol during the past 30 days	57.5	(49.1 - 65.4)
B. I bought it in a store such as a liquor store, convenience store,		
supermarket, discount store, or gas station	2.0	(0.8 - 4.8)
C. I bought it at a restaurant, bar, or club	0.8	(0.1 - 5.3)
D. I bought it at a public event such as a concert or sporting event	0.0	
E. I gave someone else money to buy it for me	3.2	(1.0 - 9.5)
F. Someone gave it to me	15.1	(8.3 - 25.9)
G. I took it from a store or family member	3.4	(1.1 - 9.6)
H. I got it some other way	18.1	(10.9 - 28.5)
45. During the past 30 days, where did you usually drink alcohol? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	57.6	(49.1 - 65.7)
B. At my home	5.6	(2.0 - 14.5)
C. At another person's home	28.2	(21.2 - 36.5)
D. While riding in or driving a car	2.5	(0.9 - 6.8)
E. At a restaurant, bar, or club	1.8	(0.5 - 5.6)
F. At a public place such as a park, beach, or parking lot	2.2	(0.3 - 5.9)
G. At a public event such as a concert or sporting event	1.2	(0.8 - 3.9) (0.2 - 7.9)
H. On school property	0.8	(0.2 - 7.9) (0.1 - 5.5)
n. on school property	0.0	(0.1 - 3.3)

46. During the past 30 days, on how many days did you have at least one drink of

alcohol on school property? A. 0 days B. 1 or 2 days C. 3 to 5 days D. 6 to 9 days E. 10 to 19 days F. 20 to 29 days G. All 30 days	<u>%</u> 94.5 3.9 1.0 0.7 0.0 0.0 0.0	(95% CI) (92.2 - 96.2) (2.2 - 6.6) (0.1 - 6.2) (0.1 - 4.2)
47. How wrong would most adults in your community think it was for kids your		
age to drink alcohol (beer, wine, or hard liquor) regularly?	40.4	
A. Very wrong	49.4 38.2	(38.9 - 59.9)
B. Wrong C. A little bit wrong	38.2 10.1	(29.3 - 47.9) (6.2 - 16.1)
D. Not wrong at all	2.4	(0.2 - 10.1) (0.9 - 6.3)
	2.4	(0.9 - 0.3)
48. How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	75.0	(60.3 - 85.6)
B. Wrong	15.9	(8.7 - 27.4)
C. A little bit wrong	7.0	(2.0 - 21.4)
D. Not wrong at all	2.0	(0.7 - 5.2)
49. How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	31.5	(21.8 - 43.2)
B. Wrong	28.6	(23.6 - 34.2)
C. A little bit wrong	25.9	(20.0 - 32.8)
D. Not wrong at all	14.0	(9.0 - 21.1)
50. How much do you think people risk harming themselves (physically or in other ways) if they have one or two drinks of beer, wine, or hard liquor nearly every day?		
A. No risk	8.8	(5.3 - 14.3)
B. Slight risk	21.5	(13.8 - 32.1)
C. Moderate risk	31.9	(13.8 32.1)
D. Great risk	37.7	(25.7 - 51.5)
-		,,

Marijuana Use

The next 5 questions ask about marijuana use. Marijuana also is called grass or		
pot.	<u>%</u>	<u>(95% CI)</u>
51. How old were you when you tried marijuana for the first time?		<i></i>
A. I have never tried marijuana	58.0	(53.2 - 62.7)
B. 8 years old or younger	3.0	(1.2 - 7.7)
C. 9 or 10 years old	3.8	(1.2 - 11.6)
D. 11 or 12 years old	5.0	(2.1 - 11.7)
E. 13 or 14 years old	12.4	(6.4 - 22.7)
F. 15 or 16 years old	15.2	(9.9 - 22.6)
G. 17 years old or older	2.5	(0.4 - 15.7)
52. During the past 30 days, how many times did you use marijuana?		
A. 0 times	83.0	(77.0 - 87.7)
B. 1 or 2 times	4.9	(1.7 - 13.3)
C. 3 to 9 times	3.4	(1.4 - 7.8)
D. 10 to 19 times	1.6	(0.4 - 6.2)
E. 20 to 39 times	3.0	(1.5 - 6.0)
F. 40 or more times	4.1	(1.6 - 10.3)
53. During the past 30 days, how many times did you use marijuana on school		
property?		
A. 0 times	96.3	(91.7 - 98.4)
B. 1 or 2 times	2.1	(0.4 - 9.3)
C. 3 to 9 times	0.6	(0.1 - 4.1)
D. 10 to 19 times	0.0	
E. 20 to 39 times	0.0	
F. 40 or more times	1.0	(0.2 - 6.3)
54. How wrong do your parents feel it would be for you to use marijuana?		
A. Very wrong	87.0	(79.8 - 91.9)
B. Wrong	6.9	(3.2 - 14.2)
C. A little bit wrong	4.2	(1.9 - 8.9)
D. Not wrong at all	1.9	(0.5 - 7.0)
55. How much do you think people risk harming themselves (physically or in		
other ways) if they smoke marijuana regularly?		
A. No risk	20.7	(16.2 - 26.0)
B. Slight risk	17.7	(11.2 - 26.9)
C. Moderate risk	28.4	(23.4 - 33.9)
D. Great risk	33.2	(25.0 - 42.5)

Other	Drugs
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The next 12 questions ask about other drugs.

56. During your life, how many times have you used any form of cocaine,

including powder, crack, or freebase?	<u>%</u>	<u>(95% CI)</u>
A. 0 times	88.6	(83.7 - 92.2)
B. 1 or 2 times	6.6	(3.2 - 13.2)
C. 3 to 9 times	3.5	(1.7 - 7.3)
D. 10 to 19 times	0.0	
E. 20 to 39 times	0.0	
F. 40 or more times	1.3	(0.4 - 4.3)

57. During the past 30 days, how many times did you use any form of cocaine,

98.7	(95.5 - 99.6)
1.3	(0.4 - 4.5)
0.0	
0.0	
0.0	
0.0	
	1.3 0.0 0.0 0.0

58. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A. 0 times	94.5	(87.3 - 97.7)
B. 1 or 2 times	3.7	(0.9 - 13.8)
C. 3 to 9 times	0.0	
D. 10 to 19 times	1.2	(0.2 - 7.9)
E. 20 to 39 times	0.0	
F. 40 or more times	0.6	(0.1 - 4.0)

59. During your life, how many times have you used heroin (also called smack,

junk, or China White)?		
A. 0 times	98.7	(95.3 - 99.6)
B. 1 or 2 times	0.7	(0.1 - 5.1)
C. 3 to 9 times	0.0	
D. 10 to 19 times	0.0	
E. 20 to 39 times	0.6	(0.1 - 4.0)
F. 40 or more times	0.0	
60. During the past 30 days, how many times have you used heroin (also called		
smack, junk, or China White)?		
A. 0 times	99.4	(96.0 - 99.9)
B. 1 or 2 times	0.0	(-)
C. 3 to 9 times	0.6	(0.1 - 4.0)

B. 1012 times	0.0	(-)
C. 3 to 9 times	0.6	(0.1 - 4
D. 10 to 19 times	0.0	
E. 20 to 39 times	0.0	
F. 40 or more times	0.0	

C4. Device set of the second set of the set		
61. During your life, how many times have you used methamphetamines (also	0/	
called speed, crystal, crank, or ice)?	<u>%</u>	<u>(95% CI)</u>
A. 0 times B. 1 or 2 times	92.0	(85.0 - 95.9) (1.5 - 12.5)
C. 3 to 9 times	4.5 0.8	(1.5 - 12.5) (0.1 - 5.2)
D. 10 to 19 times	0.8	(0.1 - 5.2) (0.1 - 5.1)
E. 20 to 39 times	1.2	(0.1 - 3.1) (0.4 - 4.0)
F. 40 or more times	0.8	(0.4 - 4.0) (0.1 - 5.8)
1.40 of more times	0.0	(0.1 - 5.8)
62. During the past 30 days, how many times have you used methamphetamines		
(also called speed, crystal, crank, or ice)?		
A. 0 times	99.2	(94.8 - 99.9)
B. 1 or 2 times	0.0	(-)
C. 3 to 9 times	0.0	
D. 10 to 19 times	0.8	(0.1 - 5.2)
E. 20 to 39 times	0.0	
F. 40 or more times	0.0	
63. During your life, how many times have you used ecstasy (also called MDMA)?	05.4	
A. 0 times	95.1	(91.6 - 97.1)
B. 1 or 2 times	3.5	(1.7 - 7.0)
C. 3 to 9 times	0.0	
D. 10 to 19 times	0.8	(0.1 - 5.8)
E. 20 to 39 times	0.0	(0.4.4.0)
F. 40 or more times	0.6	(0.1 - 4.0)
64. During the past 30 days, how many times have you used ecstasy (also called		
MDMA)?		
A. 0 times	97.9	(94.5 - 99.2)
B. 1 or 2 times	0.8	(0.1 - 5.6)
C. 3 to 9 times	0.0	
D. 10 to 19 times	1.4	(0.4 - 4.7)
E. 20 to 39 times	0.0	
F. 40 or more times	0.0	
65. During the past 30 days, how many times did you use a pain killer to get high,		
like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?		
A. 0 times	98.4	(94.7 - 99.5)
B. 1 or 2 times	0.6	(0.1 - 4.0)
C. 3 to 9 times	1.0	(0.1 - 6.2)
D. 10 to 19 times	0.0	,,
E. 20 to 39 times	0.0	
	0.0	

F. 40 or more times

0.0

<ul> <li>66. During your life, how many times have you used a needle to inject any illegal drug into your body?</li> <li>A. 0 times</li> <li>B. 1 time</li> <li>C. 2 or more times</li> </ul>	<u>%</u> 96.0 0.8 3.2	(95% Cl) (90.9 - 98.3) (0.1 - 5.5) (1.6 - 6.2)
67. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?		
A. Yes B. No	25.7 74.3	(19.5 - 33.2) (66.8 - 80.5)
Obtaining Drugs and Alcohol		
If you wanted to, how hard or easy would each of the following be to get? 68. Beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?		
A. Very hard	18.8	(12.1 - 28.1)
B. Sort of hard	12.7	(9.5 - 16.7)
C. Sort of easy	31.6	(22.1 - 43.0)
D. Very easy	36.9	(24.8 - 50.9)
69. Marijuana?		
A. Very hard	25.3	(17.1 - 35.8)
B. Sort of hard	13.8	(7.7 - 23.6)
C. Sort of easy	23.1	(15.3 - 33.5)
D. Very easy	37.7	(30.2 - 46.0)
70. Cocaine, LSD, methamphetamines, or other illegal drug?		
A. Very hard	53.6	(42.8 - 64.0)
B. Sort of hard	21.2	(12.0 - 34.5)
C. Sort of easy	16.1	(8.9 - 27.3)
D. Very easy	9.1	(5.1 - 15.9)
71. How many adults have you known personally who, in the past year, have used marijuana, cocaine, or other drugs?		
A. 0 adults	42.1	(31.3 - 53.7)
B. 1 adult	15.2	(10.0 - 22.4)
C. 2 adults	8.0	(4.4 - 14.0)
D. 3 or 4 adults	11.2	(6.6 - 18.3)
E. 5 or more adults	23.5	(16.7 - 32.1)
72. How many adults have you known personally who, in the past year, have sold or dealt drugs?		
A. 0 adults	57.0	(42.8 - 70.2)
B. 1 adult	13.3	(8.2 - 20.8)
C. 2 adults	6.4	(3.0 - 12.9)
D. 3 or 4 adults	8.8	(4.6 - 16.0)
E. 5 or more adults	14.5	(7.5 - 26.3)

The next 6 questions ask about sexual behavior.

73. How old were you when you had sexual intercourse for the first time?	<u>%</u>	<u>(95% CI)</u>
A. I have never had sexual intercourse	46.7	(37.2 - 56.5)
B. 11 years old or younger	7.6	(3.3 - 16.6)
C. 12 years old	2.2	· · ·
D. 13 years old	8.6	(4.9 - 14.7)
E. 14 years old	15.7	(8.9 - 26.2)
F. 15 years old	9.2	,
G. 16 years old	9.2	(4.5 - 17.9)
H. 17 years old or older	0.8	(0.1 - 5.5)
74. During your life, with how many people have you had sexual intercourse?		
A. I have never had sexual intercourse	46.7	(37.2 - 56.5)
B. 1 person	14.6	(10.8 - 19.4)
C. 2 people	10.1	(6.3 - 16.0)
D. 3 people	6.9	(3.6 - 13.1)
E. 4 people		(2.4 - 12.2)
F. 5 people	3.2	(1.5 - 6.7)
G. 6 or more people	12.8	(7.5 - 21.2)
75. During the past 3 months, with how many people did you have sexual		
intercourse?		
A. I have never had sexual intercourse	46.7	(37.2 - 56.5)
B. I have had sexual intercourse, but not during the past 3 months	12.4	(6.4 - 22.9)
C. 1 person	27.7	(23.2 - 32.6)
D. 2 people	8.4	(4.9 - 14.1)
E. 3 people	2.5	(1.0 - 6.2)
F. 4 people	0.0	
G. 5 people	0.0	
H. 6 or more people	2.2	(0.6 - 8.6)
76. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
A. I have never had sexual intercourse	47.2	(38.0 - 56.5)
B. Yes	10.0	(5.8 - 16.9)
C. No		(32.5 - 53.8)
77. The last time you had sexual intercourse, did you or your partner use a condom?		
A. I have never had sexual intercourse	48.7	(39.1 - 58.3)
B. Yes	37.0	
C. No		(6.7 - 27.8)
		. ,

78. The last time you had sexual intercourse, what one method did you or your		
partner use to prevent pregnancy? (Select only one response.)	<u>%</u>	<u>(95% CI)</u>
A. I have never had sexual intercourse	49.4	(38.8 - 60.1)
B. No method was used to prevent pregnancy	11.9	(5.9 - 22.5)
C. Birth control pills	4.0	(2.0 - 7.9)
D. Condoms	29.9	(20.7 - 41.1)
E. Depo-Provera (injectable birth control)	2.4	(0.9 - 6.4)
F. Withdrawal	0.7	(0.1 - 4.6)
G. Some other method	1.6	(0.3 - 9.7)
H. Not sure	0.0	(0.0 0.1)
Resiliency Factors		
The next questions ask about your family, your school, other adults, your friends,		
and yourself.		
In my home, there is a parent or some other adult		
79who is interested in my school work.		
A. Not true at all	8.8	(6.1 - 12.7)
B. A little true	16.4	(10.3 - 25.0)
C. Pretty much true	18.8	(14.1 - 24.6)
D. Very much true	56.0	(49.7 - 62.1)
80who talks with me about my problems.		
A. Not true at all	19.9	(14.1 - 27.4)
B. A little true	20.7	
C. Pretty much true	23.5	(18.7 - 29.2)
D. Very much true	35.8	(28.1 - 44.4)
, ,		ι ,
81who listens to me when I have something to say.		
A. Not true at all	16.5	(11.5 - 23.0)
B. A little true	17.7	(10.4 - 28.5)
C. Pretty much true	26.7	(22.0 - 31.9)
D. Very much true	39.2	(31.8 - 47.1)
82who expects me to follow the rules.		
A. Not true at all	E 1	
	5.1	(2.4 - 10.5)
B. A little true	7.2	(3.1 - 15.9)
C. Pretty much true	24.4	(19.3 - 30.3)
D. Very much true	63.3	(53.7 - 72.0)
83who believes that I will be a success.		
A. Not true at all	9.4	(5.3 - 16.2)
B. A little true	14.1	(8.5 - 22.4)
C. Pretty much true	18.2	(12.6 - 25.4)
D. Very much true	58.3	(47.9 - 68.1)

At my school, there is a teacher or some other adult	<u>%</u>	<u>(95% CI)</u>
84who really cares about me.	10.0	
A. Not true at all	12.2	(7.7 - 18.8)
B. A little true	11.8	(6.9 - 19.3)
C. Pretty much true	24.4	(17.1 - 33.7)
D. Very much true	51.6	(39.3 - 63.6)
85who notices when I'm not there.		
A. Not true at all	12.0	(7.1 - 19.8)
B. A little true	16.2	(12.9 - 20.0)
C. Pretty much true	28.3	(21.6 - 36.1)
D. Very much true	43.5	(34.9 - 52.4)
86who listens to me when I have something to say.		
A. Not true at all	14.1	(9.0 - 21.4)
B. A little true	21.0	(13.8 - 30.4)
C. Pretty much true	22.9	(19.4 - 26.7)
D. Very much true	42.1	(30.0 - 55.3)
87who tells me when I do a good job.		
A. Not true at all	12.5	(10.2 - 15.3)
B. A little true	17.1	(12.6 - 22.9)
C. Pretty much true	27.6	(24.5 - 31.0)
D. Very much true	42.7	(34.7 - 51.1)
88who believes that I will be a success.		
A. Not true at all	11.2	(8.4 - 14.8)
B. A little true	10.2	(5.3 - 18.8)
C. Pretty much true	24.9	(15.9 - 36.8)
D. Very much true	53.6	(40.0 - 66.8)
Outside of my home and school, there is an adult		
89who really cares about me.		
A. Not true at all	9.3	(6.6 - 12.9)
B. A little true	12.4	(8.1 - 18.6)
C. Pretty much true	20.3	(12.2 - 31.8)
D. Very much true	58.1	(51.8 - 64.1)
90who notices when I am upset about something.		
A. Not true at all	11.9	(10.2 - 13.7)
B. A little true	21.0	(16.3 - 26.7)
C. Pretty much true	21.4	(14.5 - 30.3)
D. Very much true	45.8	(39.9 - 51.8)
91whom I trust.		
A. Not true at all	9.4	(6.3 - 13.9)
B. A little true	14.4	(8.7 - 23.0)
C. Pretty much true	28.7	(24.4 - 33.4)
D. Very much true	47.5	(43.9 - 51.2)

92who tells me when I do a good job.	<u>%</u>	<u>(95% CI)</u>
A. Not true at all	11.3	(8.1 - 15.5)
B. A little true	18.0	(12.4 - 25.5)
C. Pretty much true	26.1	(21.3 - 31.6)
D. Very much true	44.5	(39.9 - 49.2)
I have a friend about my own age		
93who really cares about me.		
A. Not true at all	7.8	(4.7 - 12.5)
B. A little true	5.8	(3.0 - 10.9)
C. Pretty much true	26.2	(18.9 - 35.1)
D. Very much true	60.3	(50.1 - 69.7)
94who talks with me about my problems.		
A. Not true at all	13.8	(5.9 - 29.1)
B. A little true	11.5	(6.1 - 20.7)
C. Pretty much true	17.8	(0.1 - 20.7) (11.7 - 26.3)
D. Very much true	56.9	(50.7 - 62.8)
D. Very maen trac	00.0	(30.7 02.0)
95who helps me when I'm having a hard time.		
A. Not true at all	6.8	(3.4 - 13.3)
B. A little true	11.1	(7.6 - 15.9)
C. Pretty much true	25.4	(21.0 - 30.4)
D. Very much true	56.7	(48.4 - 64.6)
How true do you feel these statements are for you?		
96. When I am not at home, one of my parents/guardians knows where I am and who I am with.		
A. Not true at all	10.7	(6.0. 16.2)
B. A little true	10.7 10.9	(6.9 - 16.3) (5.4 - 21.0)
C. Pretty much true	35.9	(26.3 - 46.8)
D. Very much true		(20.3 - 40.8) (32.6 - 52.9)
D. very much true	42.4	(32.0 - 32.3)
97. My family has clear rules about drug and alcohol use.		
A. Not true at all	6.3	(3.1 - 12.6)
B. A little true	17.0	(12.3 - 23.0)
C. Pretty much true	16.4	(10.3 - 25.0)
D. Very much true	60.3	(55.2 - 65.2)
98. My family has clear rules and standards for my behavior.		
A. Not true at all	7.0	(3.4 - 14.0)
B. A little true	11.0	(6.2 - 18.6)
C. Pretty much true	28.1	(22.2 - 34.9)
D. Very much true	53.9	(45.5 - 62.1)

99. In my school, there are clear rules about what students can and cannot do.	<u>%</u>	<u>(95% CI)</u>
A. Not true at all	5.1	(2.2 - 11.4)
B. A little true	7.1	(5.0 - 9.9)
C. Pretty much true	27.1	(18.1 - 38.5)
D. Very much true	60.7	(50.0 - 70.5)
100. At school, I try hard to do my best work.		
A. Not true at all	4.9	(2.8 - 8.4)
B. A little true	13.6	(10.5 - 17.5)
C. Pretty much true	40.2	(30.7 - 50.4)
D. Very much true	41.3	(34.5 - 48.4)
101. I plan to go to college or some other school after high school.		
A. Not true at all	6.5	(3.2 - 12.6)
B. A little true	12.4	-
C. Pretty much true	11.8	
D. Very much true	69.3	(57.9 - 78.8)
102. At school I am involved in sports, clubs, or other extra-curricular activities		
(such as band, cheerleading, or student council).		
A. Not true at all	34.3	(21.9 - 49.3)
B. A little true	9.3	(4.3 - 19.0)
C. Pretty much true	14.1	(8.8 - 22.0)
D. Very much true	42.3	(31.1 - 54.3)
103. Outside of my home and school, I am a part of clubs, sports teams, church/		
temple, or other group activities.		
A. Not true at all	43.8	(30.2 - 58.4)
B. A little true	16.6	(11.2 - 24.0)
C. Pretty much true	11.8	(5.7 - 22.6)
D. Very much true	27.9	(21.3 - 35.5)
104. Outside of my home and school, I am involved in music, art, literature,		
sports, or a hobby.		
A. Not true at all	40.8	(28.9 - 53.9)
B. A little true	14.2	(9.0 - 21.9)
C. Pretty much true	10.7	(4.7 - 22.4)
D. Very much true	34.3	(25.5 - 44.2)
105. Outside of my home and school, I help other people.		
A. Not true at all	12.3	(6.3 - 22.4)
B. A little true	22.8	(17.1 - 29.8)
C. Pretty much true	34.4	(26.4 - 43.4)
D. Very much true	30.5	(22.9 - 39.4)
	00.0	(

<ul> <li>106. I often do things without thinking about what will happen.</li> <li>A. Not true at all</li> <li>B. A little true</li> <li>C. Pretty much true</li> <li>D. Very much true</li> </ul>	<u>%</u> 15.7 45.9 16.9 21.5	(95% CI) (11.4 - 21.2) (33.1 - 59.3) (9.6 - 27.9) (12.9 - 33.6)
<ul><li>107. My friends get into a lot of trouble.</li><li>A. Not true at all</li><li>B. A little true</li><li>C. Pretty much true</li><li>D. Very much true</li></ul>	37.3 37.1 16.2 9.5	(28.1 - 47.5) (30.2 - 44.5) (9.2 - 26.8) (4.5 - 18.9)
<ul> <li>108. My friends do well in school.</li> <li>A. Not true at all</li> <li>B. A little true</li> <li>C. Pretty much true</li> <li>D. Very much true</li> </ul>	7.9 25.8 39.0 27.3	(3.2 - 17.9) (13.5 - 43.5) (27.2 - 52.3) (16.9 - 41.0)
Among the people you consider to be your closest friends, how many would you say do the following? 109. Drink alcohol once a week or more? A. None B. A few C. Some D. Most E. All	42.1 28.0 17.4 8.7 3.9	(33.4 - 51.3) (18.0 - 40.8) (10.0 - 28.5) (3.7 - 19.1) (1.9 - 7.6)
<ul><li>110. Have used drugs such as marijuana or cocaine?</li><li>A. None</li><li>B. A few</li><li>C. Some</li><li>D. Most</li><li>E. All</li></ul>	29.4 15.4 8.2	(35.7 - 53.4) (22.3 - 37.6) (11.7 - 19.9) (5.6 - 11.7) (1.0 - 7.3)
Activities The next 5 questions ask about how many times you have done the following things. 111. How often do you attend religious or spiritual services? A. Every day B. 1 to 6 times a week C. 1 to 3 times a week C. 1 to 3 times a month D. 3 to 11 times a year E. Only once or twice a year F. Never	3.6 24.7 13.7 9.9 12.9 35.2	(9.3 - 19.7) (5.9 - 16.2) (7.4 - 21.8)

<ul> <li>112. During the school year, how many hours a week do you work at a job?</li> <li>A. I do not work</li> <li>B. 1 to 4 hours per week</li> <li>C. 5 to 9 hours per week</li> <li>D. 10 to 20 hours per week</li> <li>E. Over 20 hours per week</li> </ul>	<u>%</u> 76.1 4.7 3.3 8.6 7.4	(95% Cl) (64.8 - 84.6) (2.0 - 10.4) (0.9 - 11.0) (3.8 - 18.3) (4.6 - 11.8)
113. During the last four weeks, how many days of school have you missed		
because you skipped or ditched?		
A. None	42.2	(33.7 - 51.3)
B. 1 day	16.5	(12.0 - 22.4)
C. 2 days	9.5	(4.6 - 18.4)
D. 3 days	6.7	(3.3 - 12.9)
E. 4 to 5 days	6.6	(2.5 - 16.3)
F. 6 to 10 days	7.9	(6.0 - 10.4)
G. 11 or more days	10.6	(6.7 - 16.5)
114. How often do you come to classes without bringing paper or something to write with?		
A. Never	60.1	(52.8 - 67.0)
B. Sometimes	31.1	(25.8 - 36.9)
C. Usually	8.8	(5.2 - 14.5)
115. How often do you come to classes without your homework finished? A. Never	45 7	(0.0. 24.1)
A. Never B. Sometimes	15.7 73.4	(9.9 - 24.1) (64.2 - 80.9)
C. Usually	73.4 10.9	(64.2 - 80.9) (6.7 - 17.2)
C. Osuany	10.9	(0.7 - 17.2)
Body Weight		
The next 3 questions ask about body weight.		
116. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
A. Yes	66.0	(56.3 - 74.6)
B. No	34.0	(25.4 - 43.7)
5.10	01.0	(23.1 13.7)
117. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
A. Yes	38.6	(29.8 - 48.2)
B. No		
	61.4	(51.8 - 70.2)
	61.4	(51.8 - 70.2)
118. During the past 30 days, did you vomit or take laxatives to lose weight or to	61.4	(51.8 - 70.2)
keep from gaining weight?		
	61.4 12.4 87.6	(51.8 - 70.2) (6.9 - 21.3) (78.7 - 93.1)

<u>% (95% CI)</u>

# Food

The next 8 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

119. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

A. I did not drink 100% fruit juice during the past 7 days	19.3	(14.2 - 25.5)
B. 1 to 3 times during the past 7 days	35.3	(26.7 - 44.9)
C. 4 to 6 times during the past 7 days	20.1	(12.9 - 30.1)
D. 1 time per day	5.8	(3.2 - 10.3)
E. 2 times per day	6.3	(3.1 - 12.2)
F. 3 times per day	7.9	(4.5 - 13.5)
G. 4 or more times per day	5.3	(2.3 - 12.0)

120. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

A. I did not eat fruit during the past 7 days	14.1	(8.0 - 23.8)
B. 1 to 3 times during the past 7 days	31.9	(26.3 - 38.0)
C. 4 to 6 times during the past 7 days	28.2	(21.7 - 35.8)
D. 1 time per day	10.2	(7.8 - 13.1)
E. 2 times per day	7.3	(4.2 - 12.3)
F. 3 times per day	5.0	(2.8 - 8.7)
G. 4 or more times per day	3.3	(1.5 - 7.4)

A. I did not eat green salad during the past 7 days	42.6	(31.4 - 54.5)
B. 1 to 3 times during the past 7 days	30.6	(21.3 - 41.8)
C. 4 to 6 times during the past 7 days	10.6	(6.8 - 16.0)
D. 1 time per day	10.3	(7.8 - 13.5)
E. 2 times per day	3.5	(1.0 - 11.5)
F. 3 times per day	0.8	(0.1 - 5.5)
G. 4 or more times per day	1.7	(0.5 - 6.0)

122. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)

A. I did not eat potatoes during the past 7 days	32.4	(25.5 - 40.3)
B. 1 to 3 times during the past 7 days	46.5	(39.8 - 53.4)
C. 4 to 6 times during the past 7 days	14.4	(9.5 - 21.2)
D. 1 time per day	3.9	(1.8 - 8.5)
E. 2 times per day	0.0	
F. 3 times per day	1.0	(0.1 - 7.7)
G. 4 or more times per day	1.7	(0.5 - 6.0)

123. During the past 7 days, how many times did you eat carrots?	<u>%</u>	<u>(95% CI)</u>
A. I did not eat carrots during the past 7 days	60.3	(53.2 - 66.9)
B. 1 to 3 times during the past 7 days	30.8	(23.0 - 39.9)
C. 4 to 6 times during the past 7 days	1.9	(0.5 - 7.4)
D. 1 time per day	2.7	(1.1 - 6.7)
E. 2 times per day	1.2	(0.2 - 8.7)
F. 3 times per day	0.7	(0.1 - 4.2)
G. 4 or more times per day	2.4	(0.7 - 8.6)
d. 4 of more times per day	2.7	(0.7 0.0)
124. During the past 7 days, how many times did you eat other vegetables? (Do		
not count green salad, potatoes, or carrots.)		
A. I did not eat other vegetables during the past 7 days	27.5	(17.8 - 40.0)
B. 1 to 3 times during the past 7 days	42.4	(32.4 - 53.0)
C. 4 to 6 times during the past 7 days	13.3	(8.4 - 20.3)
D. 1 time per day	8.5	(4.3 - 16.4)
E. 2 times per day	4.7	(2.7 - 8.1)
F. 3 times per day	1.5	(0.4 - 4.8)
G. 4 or more times per day	2.1	(0.6 - 6.9)
		(0.0 0.0)
125. During the past 7 days, how many times did you drink a can, bottle, or glass		
of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet		
pop.)		
A. I did not drink soda or pop during the past 7 days	19.7	(13.7 - 27.4)
B. 1 to 3 times during the past 7 days	37.4	(30.0 - 45.6)
C. 4 to 6 times during the past 7 days	13.8	(9.7 - 19.4)
D. 1 time per day	8.1	(6.3 - 10.2)
E. 2 times per day	5.1	(3.7 - 7.2)
F. 3 times per day	6.9	(5.4 - 8.9)
G. 4 or more times per day	8.9	(5.6 - 14.0)
		. ,

126. During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A. I did not drink milk during the past 7 days	11.9	(7.1 - 19.2)
B. 1 to 3 glasses during the past 7 days	21.7	(14.5 - 31.1)
C. 4 to 6 glasses during the past 7 days	18.3	(11.1 - 28.7)
D. 1 glass per day	17.3	(12.0 - 24.3)
E. 2 glasses per day	15.4	(8.5 - 26.0)
F. 3 glasses per day	8.1	(4.9 - 13.0)
G. 4 or more glasses per day	7.4	(4.1 - 13.1)

<u>% (95% CI)</u>

22.3 (14.6 - 32.5)

Physical Activity	
The next 4 questions ask about physical activity.	
127. During the past 7 days, on how many days were you physically active for	а
total of at least 60 minutes per day? (Add up all the time you spent in any kind	of
physical activity that increased your heart rate and makes you breathe hard sc	me
of the tim	
A. 0 days	

B. 1 day	11.9	(7.9 - 17.5)
C. 2 days	9.1	(5.7 - 14.2)
D. 3 days	5.5	(2.9 - 10.1)
E. 4 days	3.5	(1.0 - 11.5)
F. 5 days	14.8	(10.4 - 20.8)
G. 6 days	9.1	(3.4 - 21.9)
H. 7 days	23.9	(17.2 - 32.1)
128. On an average school day, how many hours do you watch TV?		
A. I do not watch TV on an average school day	11.2	(6.8 - 17.7)
B. Less than 1 hour per day	16.9	(9.7 - 27.9)
C. 1 hour per day	15.4	(11.5 - 20.5)
D. 2 hours per day	16.9	(10.0 - 27.1)
E. 3 hours per day	24.0	(18.2 - 31.0)
F. 4 hours per day	5.8	(3.6 - 9.4)
G. 5 or more hours per day	9.7	(4.6 - 19.6)

129. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)

A. I do not play video or computer games or use a computer for something that is not school work

hat is not school work	31.8	(23.3 - 41.8)
B. Less than 1 hour per day	26.9	(21.6 - 33.0)
C. 1 hour per day	12.3	(7.5 - 19.4)
D. 2 hours per day	10.0	(5.1 - 18.8)
E. 3 hours per day	8.9	(5.5 - 14.2)
F. 4 hours per day	2.3	(1.0 - 5.3)
G. 5 or more hours per day	7.7	(3.4 - 16.6)

130. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

A. 0 days	56.2	(39.5 - 71.7)
B. 1 day	3.2	(0.8 - 12.2)
C. 2 days	3.1	(1.1 - 8.4)
D. 3 days	3.0	(1.1 - 8.0)
E. 4 days	1.9	(0.5 - 7.1)
F. 5 days	32.5	(20.8 - 47.0)

Health-Related Topics		
The next 3 questions ask about other health-related topics.	0/	
131. Have you ever been taught about AIDS or HIV infection in school? A. Yes	<u>%</u> 70.9	<u>(95% CI)</u> (62.4 - 78.1)
A. res B. No	18.6	
C. Not sure	10.5	(11.6 - 28.4)
C. Not sure	10.5	(7.1 - 15.3)
132. Has a doctor or nurse ever told you that you have asthma?		
A. Yes	20.7	(14.5 - 28.6)
B. No	76.0	(69.8 - 81.2)
C. Not sure	3.3	(1.6 - 6.8)
133. Do you still have asthma?		
A. I have never had asthma	64.1	(56.1 - 71.4)
B. Yes	19.3	(13.3 - 27.2)
C. No	13.7	(8.4 - 21.5)
D. Not sure	2.9	(1.6 - 5.2)
You and Your Family		
These last 3 questions ask for some information about you and your family.		
134. How often do you speak a language other than English at home?		
A. Never	28.6	(18.6 - 41.3)
B. Less than half the time	15.3	(9.5 - 23.7)
C. About half the time	18.3	(13.1 - 24.9)
D. More than half the time but not all of the time	13.3	(7.2 - 23.2)
E. All of the time	24.6	(15.3 - 37.0)
135. Were you born in the USA?		
A. Yes	91.1	(83.7 - 95.4)
B. No	8.9	(4.6 - 16.3)
136. During the past 12 months, which of the following statements best describes		
the food eaten by you and your family?		
A. Enough food to eat	89.1	(84.4 - 92.4)
B. Sometimes not enough food to eat	9.4	(6.5 - 13.4)
C. Often not enough food to eat	1.6	(0.5 - 5.2)

This is the end of the survey. Thank you very much for your help.

# Appendix B: Definitions of Protective Behaviors

Each protective factor is briefly described below. The measure is constructed from the responses to the survey questions listed below its description.

#### Caring and Supportive Relationships

Caring and supportive relationships refer to the interactions between youth and parents, peers, and adults in the school and community that convey love, acceptance, and affirmation. These resiliency factors are constructed from responses to the following survey questions.

Parent or other adult in the family

How true do you feel these statements are for you?

In my home, there is a parent or some other adult...

...who is interested in my school work.

...who talks with me about my problems.

...who listens to me when I have something to say.

Teacher or other adult in the school

How true do you feel these statements are for you?

At my school, there is a teacher or some other adult...

...who really cares about me.

...who notices when I'm not there.

...who listens to me when I have something to say.

Adult in the community

How true do you feel these statements are for you?

Outside of my home and school, there is an adult...

...who really cares about me.

...who notices when I am upset about something.

...whom I trust.

Peers

How true do you feel these statements are for you?

I have a friend about my own age...

...who really cares about me.

...who talks with me about my problems.

...who helps me when I'm having a hard time.

#### **Behavioral Boundaries**

Behavioral Boundaries refer to interactions with parents and the school that convey standards for acceptable and appropriate behavior.

Family

How true do you feel these statements are for you?

When I am not at home, one of my parents/guardians knows where I am and who I am with.

My family has clear rules about drug and alcohol use.

My family has clear rules and standards for my behavior.

## School

How true do you feel these statements are for you?

In my school, there are clear rules about what students can and cannot do.

#### High Expectations

#### Home

In my home, there is a parent or some other adult ...

...who expects me to follow the rules.

...who believes that I will be a success.

## School

At my school, there is a teacher or some other adult...

...who tells me when I do a good job.

 $\ldots who \ believes \ that \ I \ will \ be a \ success.$ 

## Adult in the community

Outside of my home and school, there is an adult... who tells me when I do a good job.

## <u>Other</u>

Positive peer influence

Youth standards for acceptable behavior are influenced by their peers and close friends.

How true do you feel these statements are for you?

My friends get into a lot of trouble.

My friends do well in school.

## Positive peer influence related to substance use

Among the people you consider to be your closest friends, how many would you say do the following?

Drink alcohol once a week or more?

Have used drugs such as marijuana or cocaine?

## Involvement in school activities

At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).

## Impulsiveness

I often do things without thinking about what will happen.

## Religiosity: goes to church/religious service

How often do you attend religious or spiritual services?

# Appendix C: Academic Performance and Related Behaviors

Academic performance and motivation measures included the following:

Gets mostly A's and B's (good grades) Answered "Mostly A's" or "Mostly B's" to the question, During the past 12 months, how would you describe your grades in school?

Do my best work at school Answered "Very much true" or "Pretty much true" to the statement, At school, I try hard to do my best work

Plans to continue education after high school Answered "Very much true" or "Pretty much true" to the statement, I plan to go to college or some other school after high school.

Skipped school once a week or more on average Answered 4 or more days to the question, During the last four weeks, how many days of school have you missed because you skipped or ditched?

Sometimes or usually comes to class w/out paper/pencil Answered "Sometimes" or "Usually" to the question, How often do you come to classes without bringing paper or something to write with?

Sometimes or usually comes to class w/out homework finished Answered "Sometimes" or "Usually" to the question, How often do you come to classes without your homework finished?

# NM YRRS reports can be found at: www.YouthRisk.org and http://www.health.state.nm.us/epi/yrrs.html

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