

2007 New Mexico Youth Risk and  
Resiliency Survey (YRRS)  
High School (Grades 9 - 12)

Harding County

New Mexico Department of Health

New Mexico Public Education Department

University of New Mexico Prevention Research Center





## **ACKNOWLEDGEMENTS**

The production of this report was made possible by collaboration between the New Mexico Department of Health (NMDOH), the New Mexico Public Education Department (NMPED), and the University of New Mexico Center for Health Promotion and Disease Prevention (UNM CHPDP), with funding from NMDOH and the CDC-DASH, through the New Mexico Public Education Department (PED). Gratitude is extended to the individuals listed below for their contribution toward developing and producing this report.

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# 2007 New Mexico High School Youth Risk and Resiliency Survey (YRRS)

## Harding County

### Introduction

This report contains school district level results from the 2007 New Mexico High School Youth Risk and Resiliency Survey (YRRS), a statewide survey of public school students, grades 9-12. Statewide results are available in a series of modular reports entitled *Healthy Choices, Healthy Students: 2007 New Mexico High School Results*. County level reports are available on the NMDOH web site (<http://www.health.state.nm.us/epi/yrrs.html>). Together, these documents comprise a useful tool for those working on youth-related issues at the state and local level.

The YRRS is organized into two major content areas: risk behaviors and protective (resiliency) factors. Risk behaviors include behaviors associated with unintentional injury, violence, sadness and suicidal ideation, tobacco use, alcohol use, drug use, sexual activity, physical activity, and nutrition (Appendix B). Protective factors are measures of the positive and supportive relationships, experiences, activities, resources and values that encourage healthy youth development. Resiliency factors and related traits include caring and supportive relationships in the family, school, community and with peers; boundaries set by the family and school; positive peer support; meaningful participation and constructive use of time in school and outside of school; and impulsive and sensation seeking behavior (Appendix C).

Additionally, this report includes a section on academic measures and traits. These academic measures include getting good grades (mostly A's and B's), trying hard to do good work in school, planning to go to college, skipping or ditching school, coming to class with paper and something to write with, and completing homework.

### How to Read this Report

This report has three main sections, each of which consists of a set of bar charts. The first section presents the results of the major risk behaviors examined in the survey. Each category of risk behavior is presented with two or three kinds of bar charts. The first chart gives results for each year the YRRS had been administered (2001, 2003, 2005, and 2007). Another chart compares results for the school district to results for the entire state, and another compares the risk behaviors of boys to those of girls within the school district. Risk behaviors are defined in Appendix B.

The second section presents results for the academic measures and behaviors. As with the risk behaviors, there are three types of charts presenting results: one presenting trends, one presenting a comparison of the school district to the state, and another comparing boys to girls within the school district. Using the same three chart types, the third section of the report presents results for the resiliency/protective factors.

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NOTE: County level YRRS reports are freely available. School district reports have been distributed to school district offices. School districts are encouraged to reproduce and share these reports with community groups concerned with prevention and health promotion. However, school district level results will not be released without express permission of the school district superintendent.

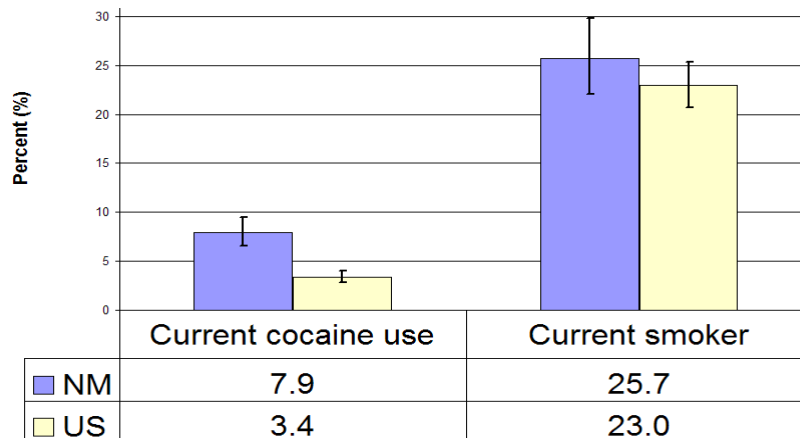
## Understanding the Charts - and A Word about Error Bars

The bar charts in this report present the percentage of students who reported engaging in any given risk behavior or who reported having any given protective factor. The height of the bars conveys the percentage of students reporting each trait, and provides a quick visual comparison between different groups of students reporting that trait. Underneath each set of bars is a table that presents the percentage of students who reported each trait. For instance, the chart on page 14, Behaviors Causing Unintentional Injury, shows that 8.9% of students in New Mexico rarely or never wore seatbelts, while 3.3% of students in Harding rarely or never wore seatbelts.

Because of the high cost and logistical complications involved in conducting a statewide survey, the YRRS was administered to a sample of students, rather than to every single student in each school district. Because YRRS data are about a *sample* of students, and not the entire student body, the results in this report are *estimates*. As with all estimates, there is some uncertainty associated with each of these estimates. On the charts in this report, this degree of uncertainty is represented by an error bar (or confidence interval). The error bar is the thin 'I' shaped line that extends above and below the end of each bar in a chart. One of the major influences on the size of the confidence interval or error bar is the number of participants in the survey. In general, this means that with more students participating in the survey, there will be a higher degree of confidence in the results (i.e., error bars will be smaller).

The proper interpretation of an error bar can be illustrated by looking at the chart below. This chart compares the New Mexico prevalence of smoking and of cocaine use to the United States prevalence for 2005, a previous survey year. The chart shows that the prevalence of current smoking was 25.7% in New Mexico and 23.0% in the United States. The error bar for the estimate of current smoking among New Mexico students extends approximately 4 percentage points in either direction, from 22.0% to 29.8%. This means that we are confident that the actual percentage of smokers in this group of students was between 22.0% and 29.8%. The error bar for the estimate current smoking in the US extends approximately 2.5 percentage points in either direction, from 20.7 to 25.3%. We are confident that the actual percentage of smokers among this group was between 20.7% and 25.3%.

Current Smoking and Current Cocaine Use  
Grades 9 - 12, 2005



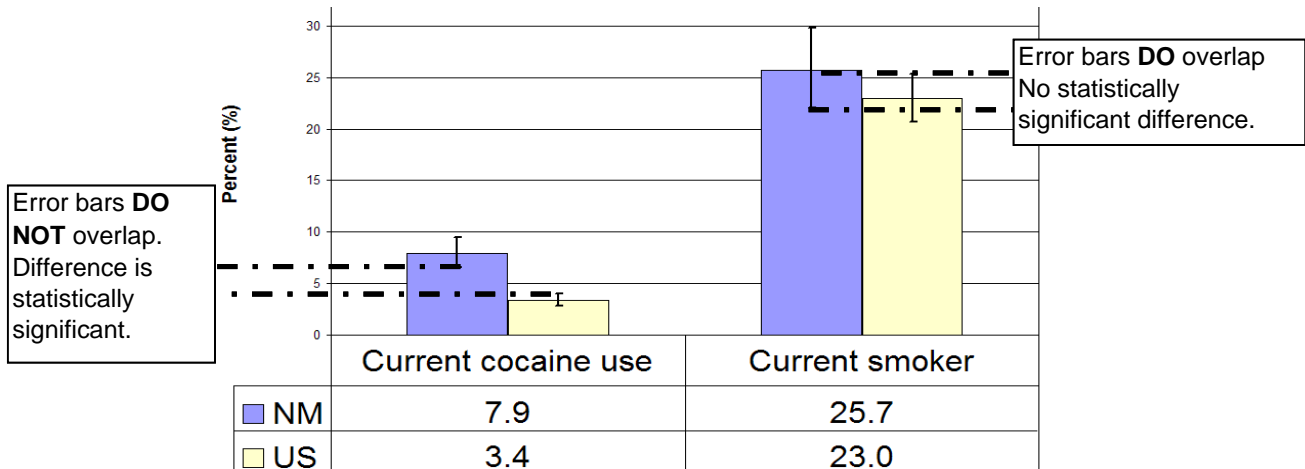


How does knowing the upper and lower limits of our error bars help us? While it appears at first glance that New Mexico has a higher prevalence of smoking than the United States (25.7% vs. 23.0%), a closer look at the error bars shows a more complicated picture. The error bars for the New Mexico estimate (22.0% - 29.8%) and the US estimate (20.7% - 25.3%) overlap. Because of this overlap, we do not have a high degree of confidence that the prevalence of smoking in New Mexico is actually different from the prevalence in the United States. In other words, the difference between the prevalence of smoking in New Mexico and the United States is not statistically significant.

For cocaine use it also appears that in 2005, New Mexico had a higher prevalence than the United States (7.9% vs. 3.4%). The error bar for New Mexico extends from 6.6% to 9.5%, and the error bar for the United States extends from 2.8% to 4.4%. Because the higher extent of the US error bar (4.4%) is lower than the lower extent of the NM error bar (6.6%), these error bars do not overlap. For cocaine use, we are confident in saying that the New Mexico prevalence was higher than the US prevalence. In other words, the difference between the 2005 prevalence of smoking in New Mexico and the United States was a statistically significant difference.

For some small school districts, error bars have been removed from this report. With small populations, the number of students sampled can approach the total student population. In these cases, error bars would have limited meaning because with a high percentage of students surveyed, there is less uncertainty around the estimates than error bars suggest.

Current Smoking and Current Cocaine Use  
Grades 9 - 12, 2005



## **Methodology**

The YRRS was implemented in the fall semester of the 2007-08 school year. All public school districts in New Mexico were invited to participate in the 2007 YRRS. Of 89 districts statewide, 76 districts participated. From each participating school district, schools with students from 9th to 12th grades were selected to participate. The probability of selection of each school was proportional to the size of its 9th-12th grade population. In large school districts only some of the schools were selected to participate, while in small districts, all schools were selected. Classrooms were systematically selected from each school, and all students in each selected classroom were asked to participate.

In each participating school, a single day was arranged on which to administer the survey. Questionnaire forms and pencils were distributed to each student in participating classes, and students were asked to fill out the questionnaires independently of other students and without teacher assistance.

Questionnaires were electronically scanned, and data were analyzed using STATA 9.2, a statistical software program.

## **Limitations of the YRRS**

All information from the YRRS was self-reported by the participating students. While most questions on the YRRS come from nationally validated surveys, and data quality has been demonstrated to be very high in national surveys, there is no way to guarantee the truthfulness of the participants in any survey that relies on self-reporting.

A good response rate is one of the most important goals in conducting a survey. At the school district level, a response rate is the percentage of all students selected for the survey who complete and return a useable questionnaire form. At the state level, the response rate incorporates the participation of school districts and schools as well as the participation of students. An adequate response rate means that survey results are more likely to represent the actual student population. The statewide response rate for the 2007 YRRS was 60%, an adequate response rate to represent the population.

In order to achieve a 60% statewide response rate, we aimed for a 75% response rate from each participating school district. Most participating school districts met this target or were close to it. While the response rate was generally very good in participating schools, the overall response rate was driven down by the school districts that declined to participate.

## Participation in Harding County

The response rate for Harding County was 57%.

A high response rate produces survey results that are more representative of the student population. A response rate of at least 60% allows generalization of results to the entire student body. A response rate of 75% is excellent and allows a high degree of confidence in results. Because a high response rate means that more students have been surveyed, a high response rate will also be reflected in the error bars (i.e., with a higher response rate and more students included in the survey, error bars will be smaller and confidence intervals will be narrower). Response rates below 60% are considered low, and caution should be exercised in interpreting results. Low response rates indicate that the data may represent only students who participated in the survey and not necessarily the entire student body.

<u>Profile of students surveyed</u>	<u>Number of students</u>	<u>Percent (%)</u>
<u>Total</u>	30	100%
<u>Gender</u>		
Girls	16	(53.3)
Boys	14	(46.7)
<u>Race/Ethnicity</u>		
Hispanic	12	(40.0)
White	15	(50.0)
American Indian	1	(3.3)
Black or African-American	1	(3.3)
Asian or Pacific Islander	1	(3.3)
<u>Grade Level</u>		
9th	2	(6.7)
10th	13	(43.3)
11th	3	(10.0)
12th	12	(40.0)
Other:	0	(0.0)



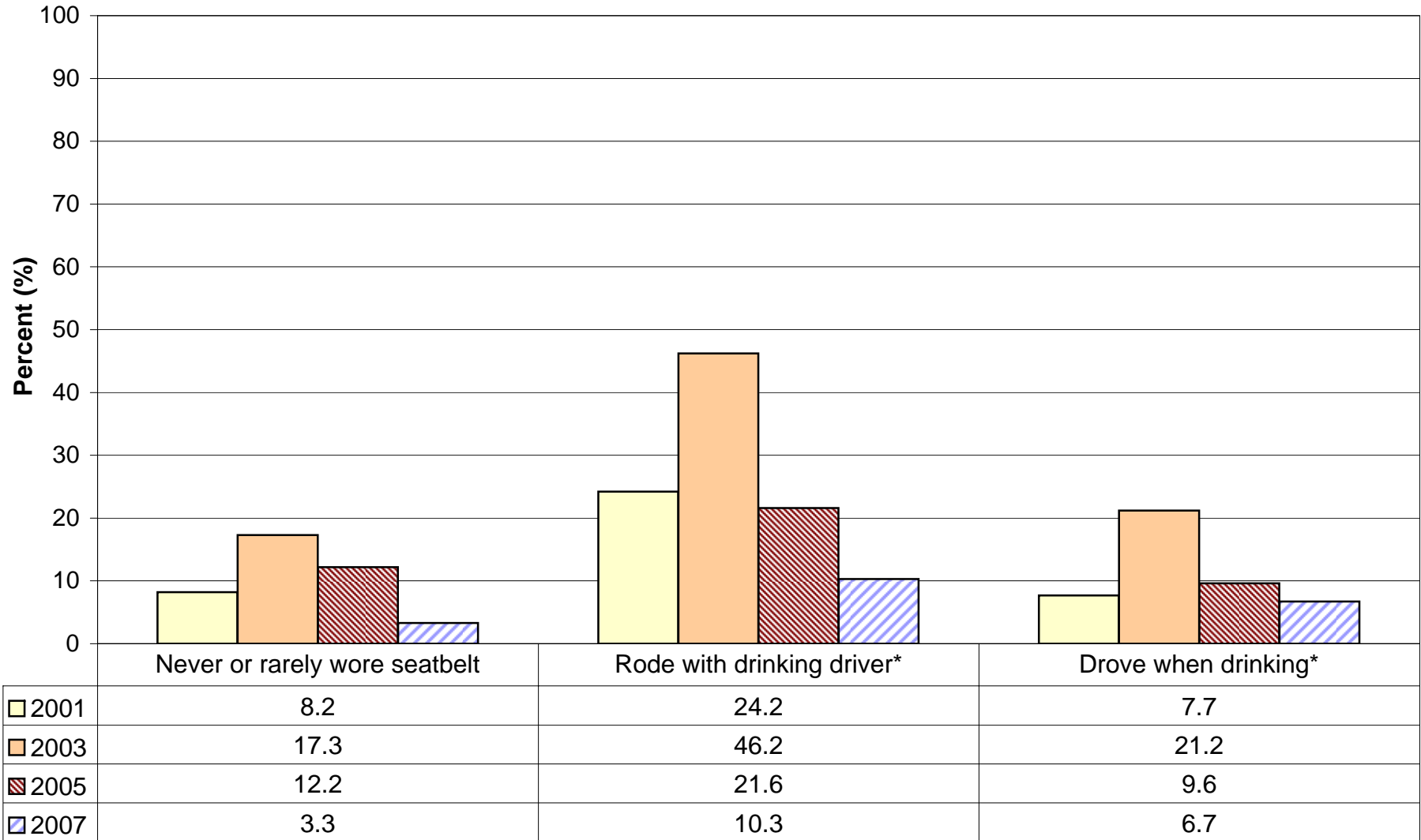
## Risk Behaviors



# Behaviors that Contribute to Unintentional Injury

## Harding County: 2001, 2003, 2005, 2007

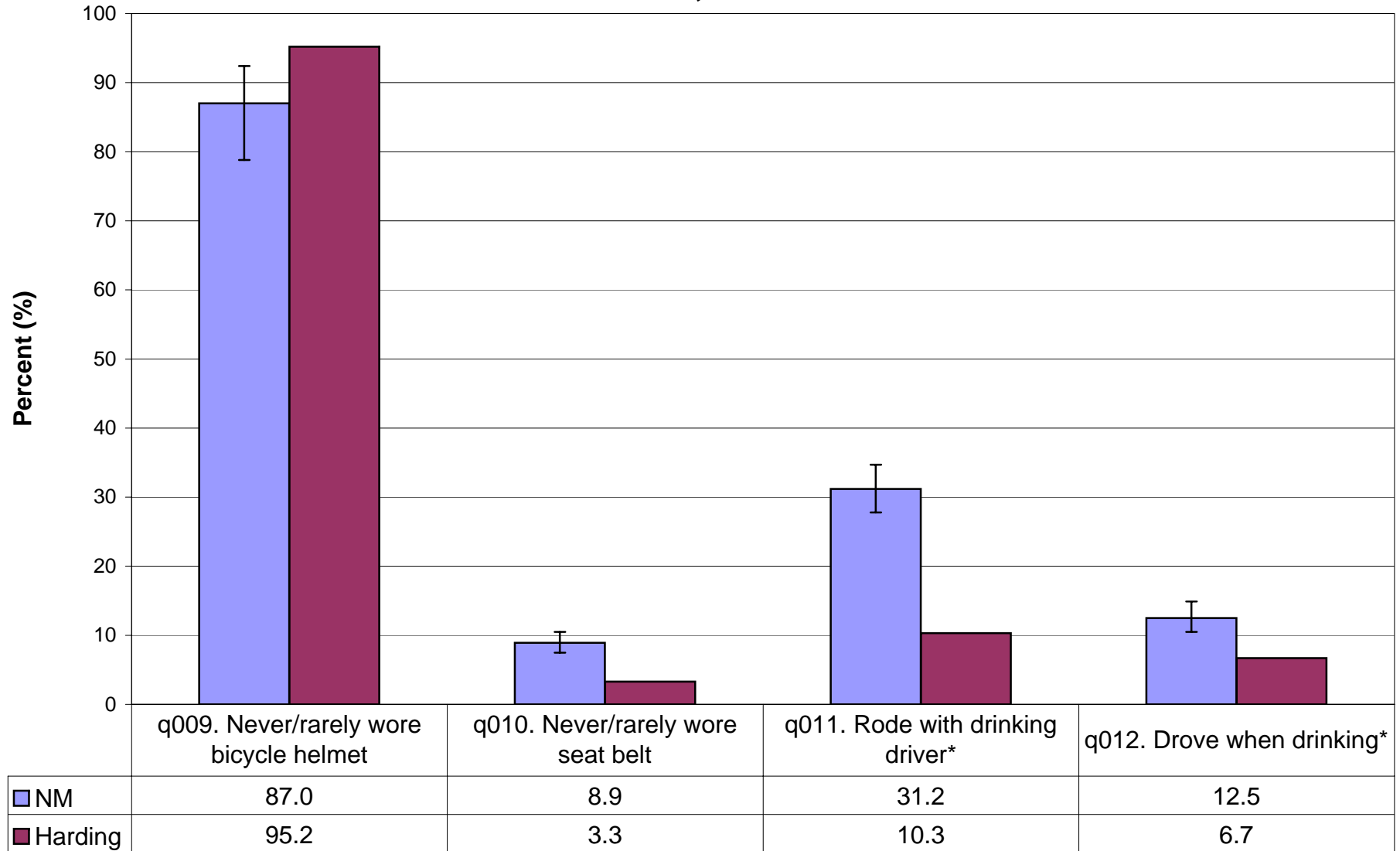
### Grades 9 - 12, NM YRRS



\* In past 30 days

## Behaviors that Contribute to Unintentional Injury

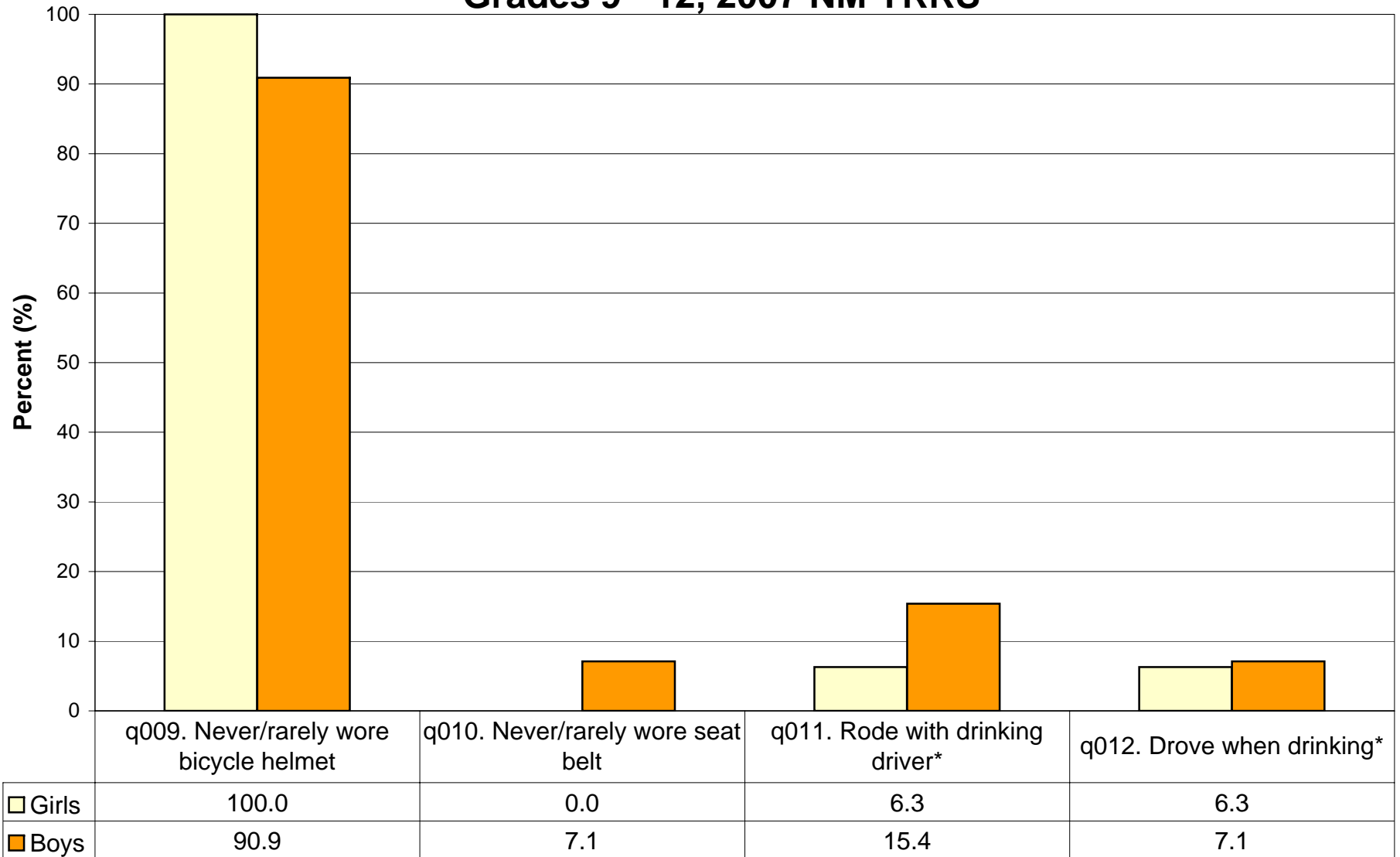
### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



\* In past 30 days



## Behaviors that Contribute to Unintentional Injury by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

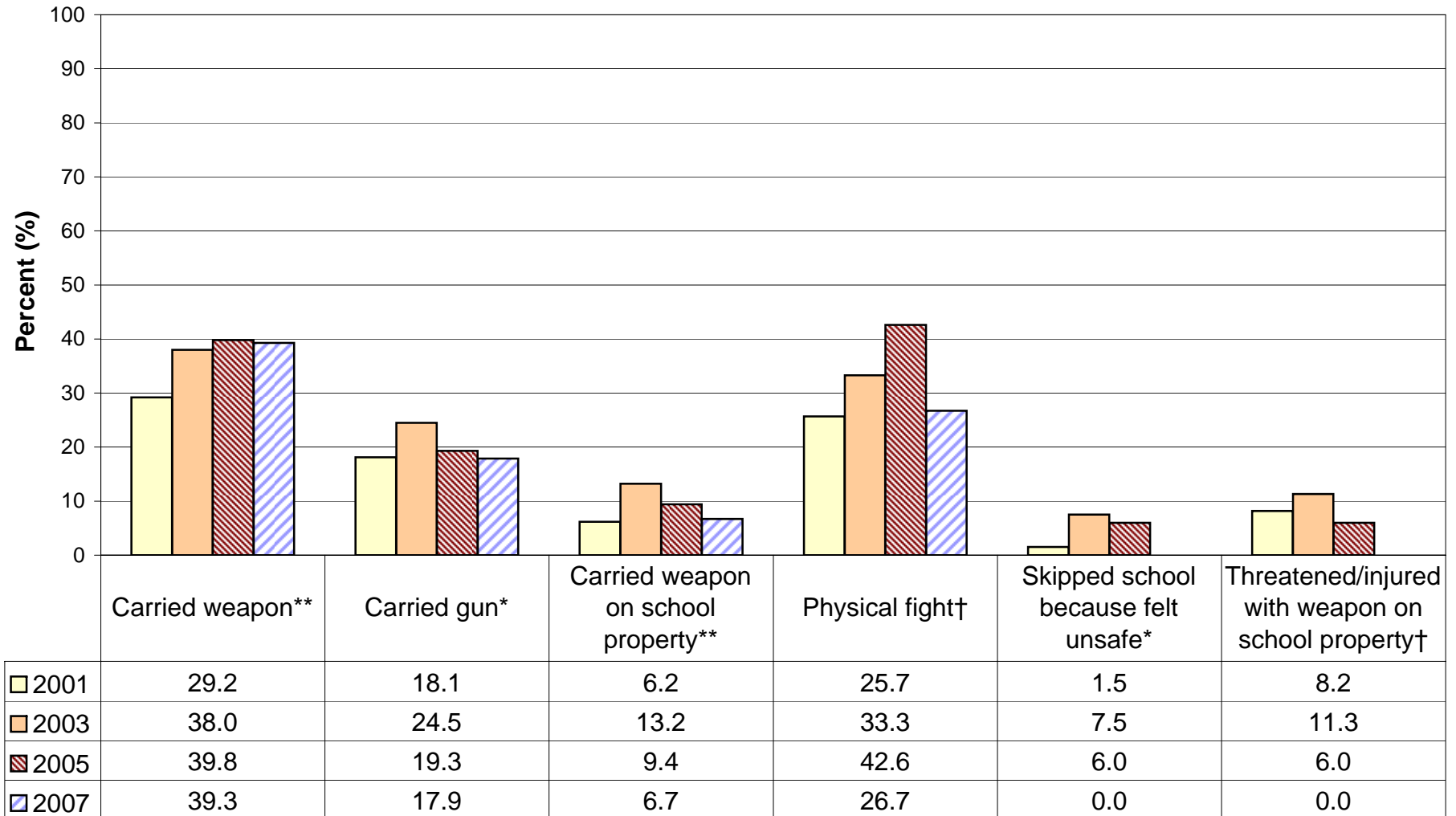


\* In past 30 days

## Behaviors Associated with Violence

### Harding County: 2001, 2003, 2005, 2007

#### Grades 9 - 12, NM YRRS

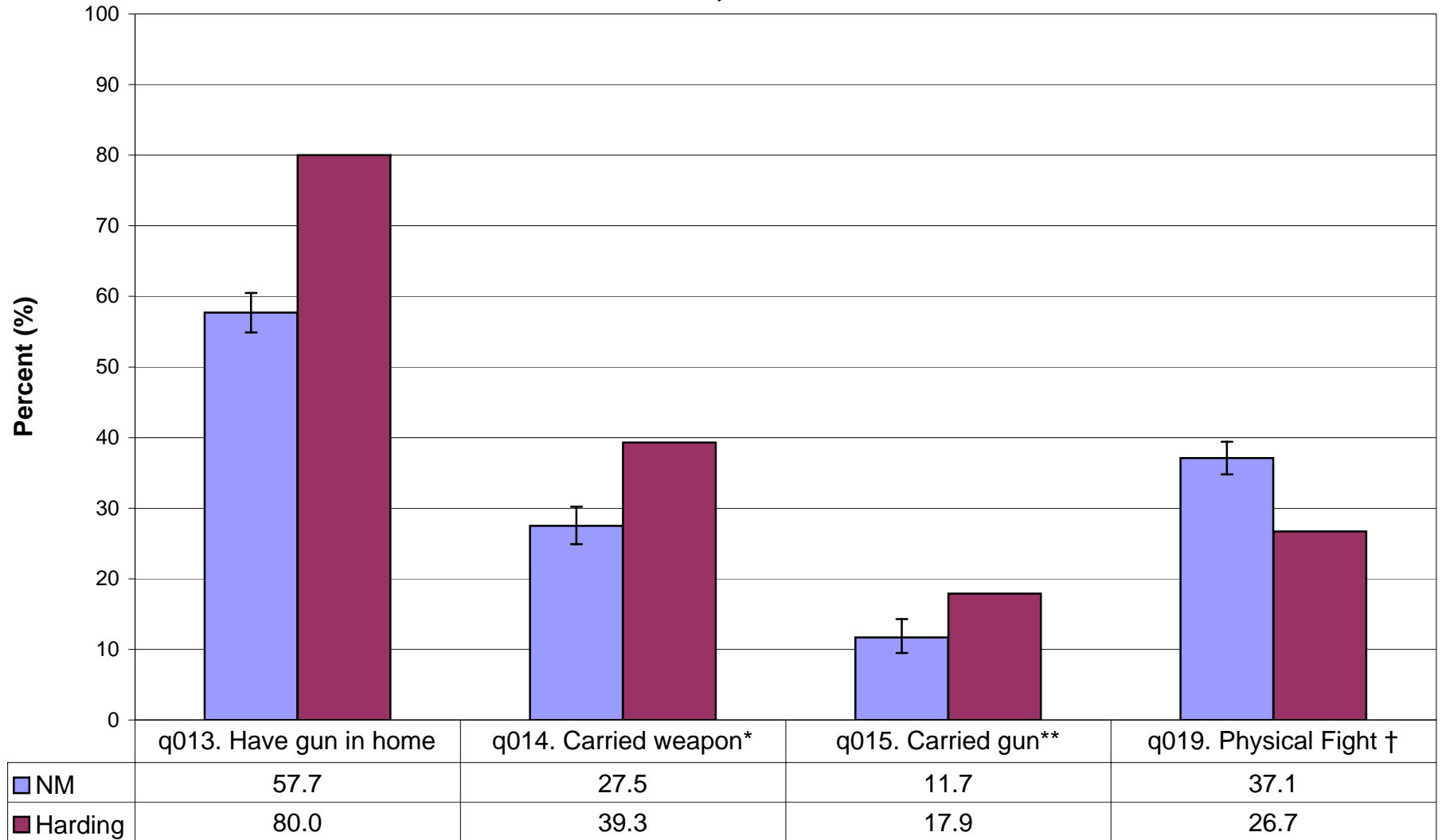


\* In past 30 days

\*\* Such as a gun, knife, or club in the past 30 days

† In the past 12 months

## Behaviors Associated with Violence New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS

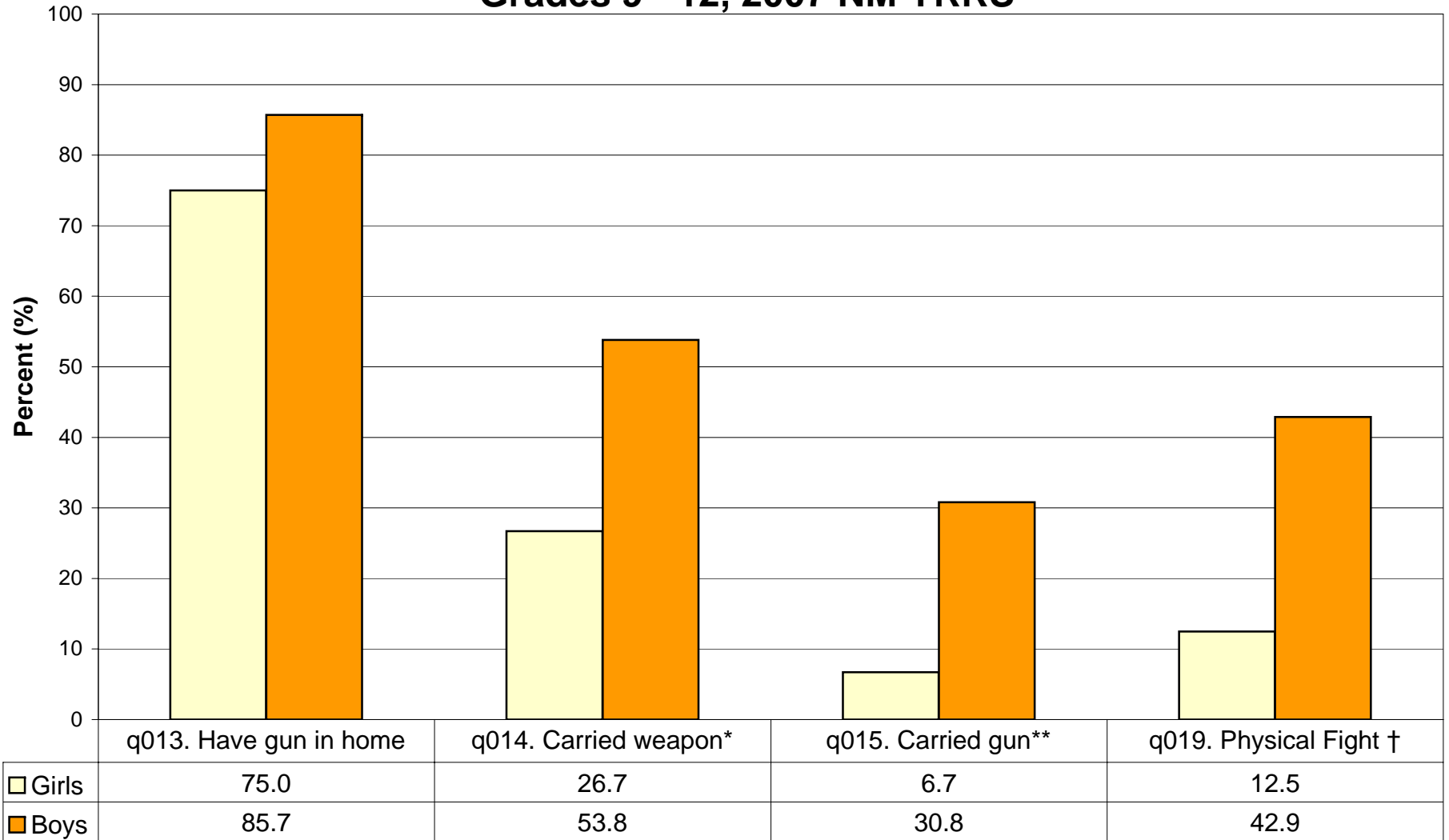


\* Such as a gun, knife, or club in the past 30 days

\*\* In past 30 days

† In past 12 months

## Behaviors Associated with Violence by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

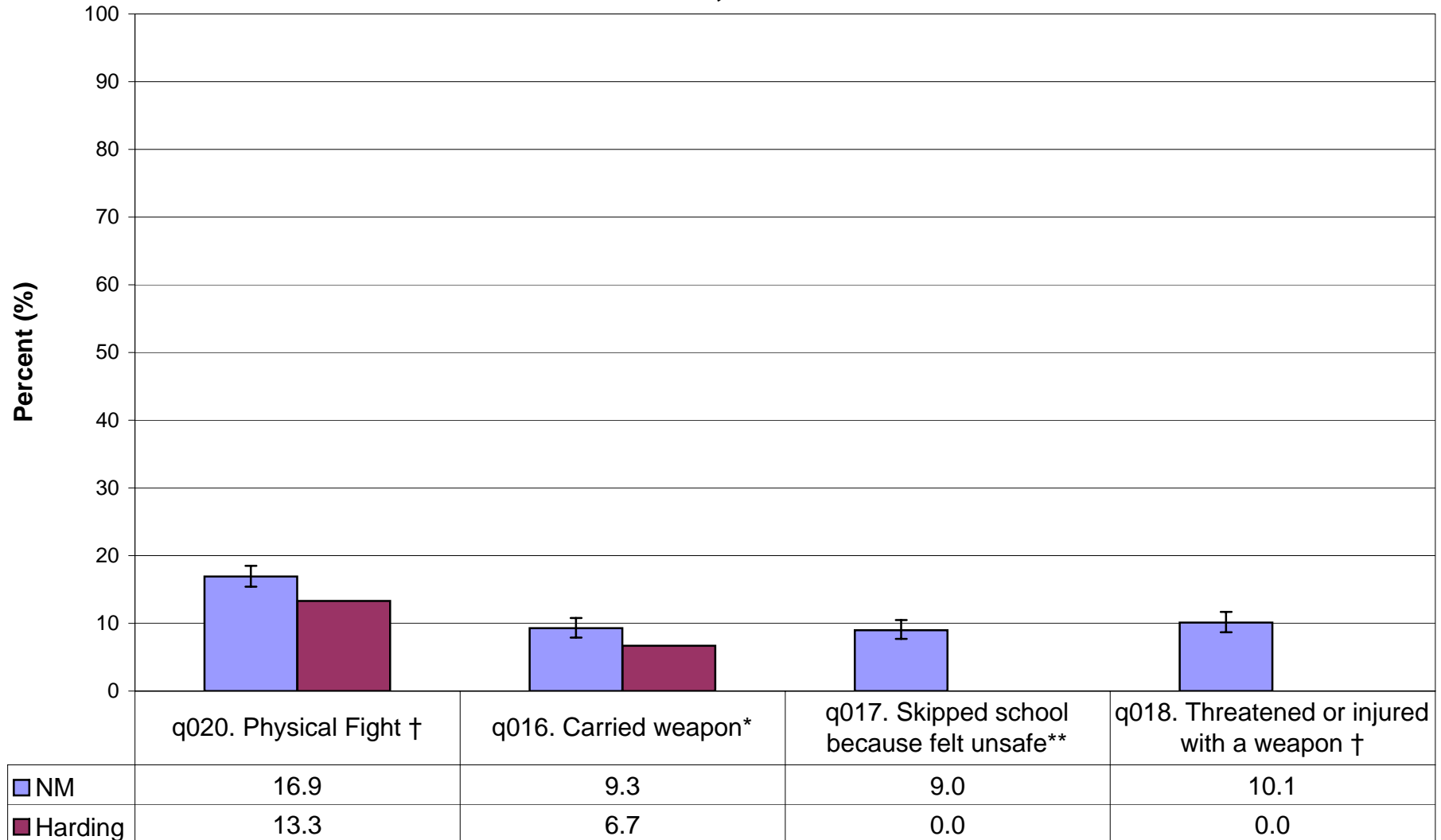


\* Such as a gun, knife, or club in the past 30 days

\*\* In past 30 days

† In past 12 months

## Behaviors Associated with Violence: On School Property New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS

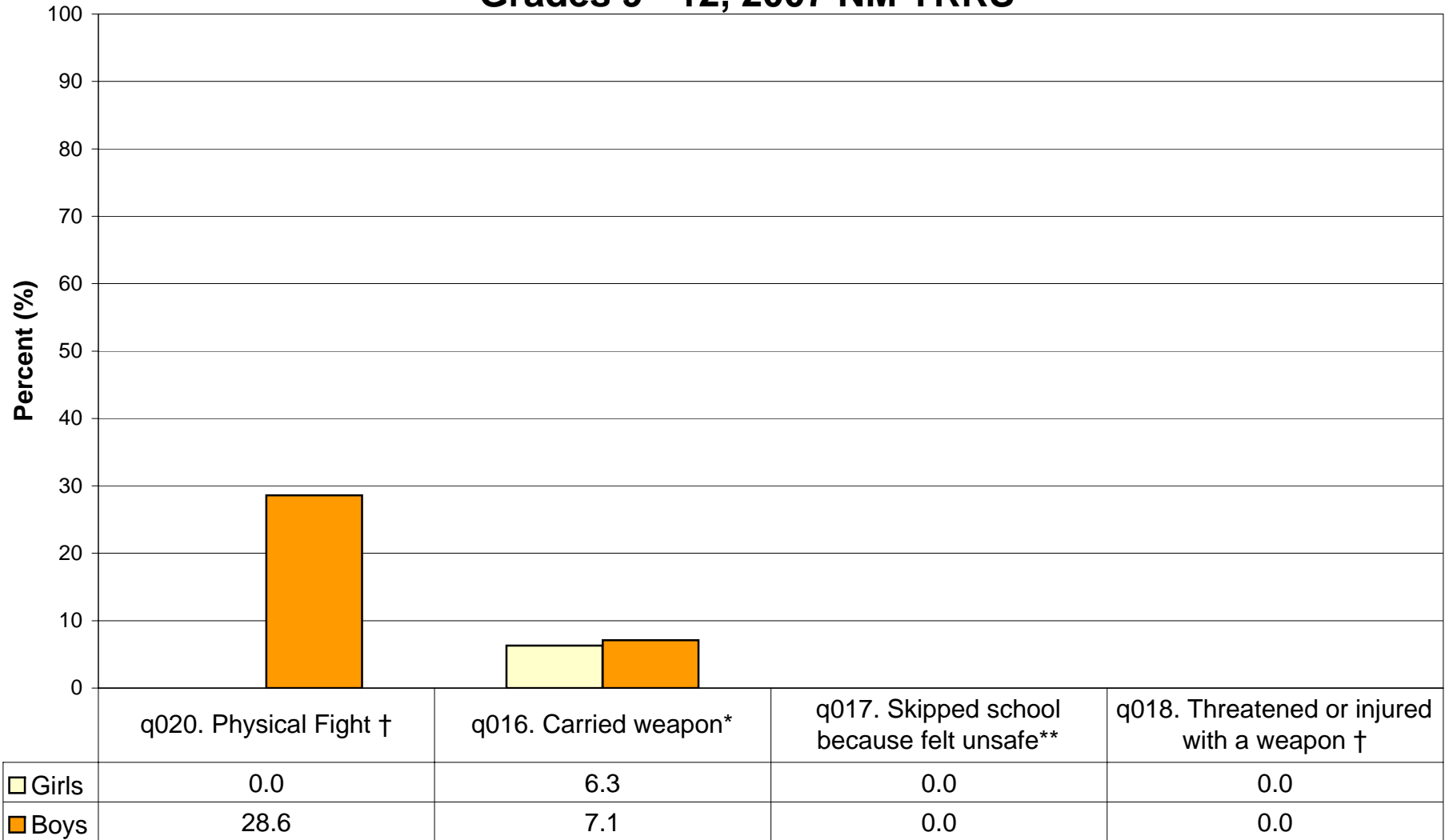


\* Such as a gun, knife, or club in the past 30 days

\*\* At school or on the way to or from school in past 30 days

† In past 12 months

## Behaviors Associated with Violence: On School Property by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

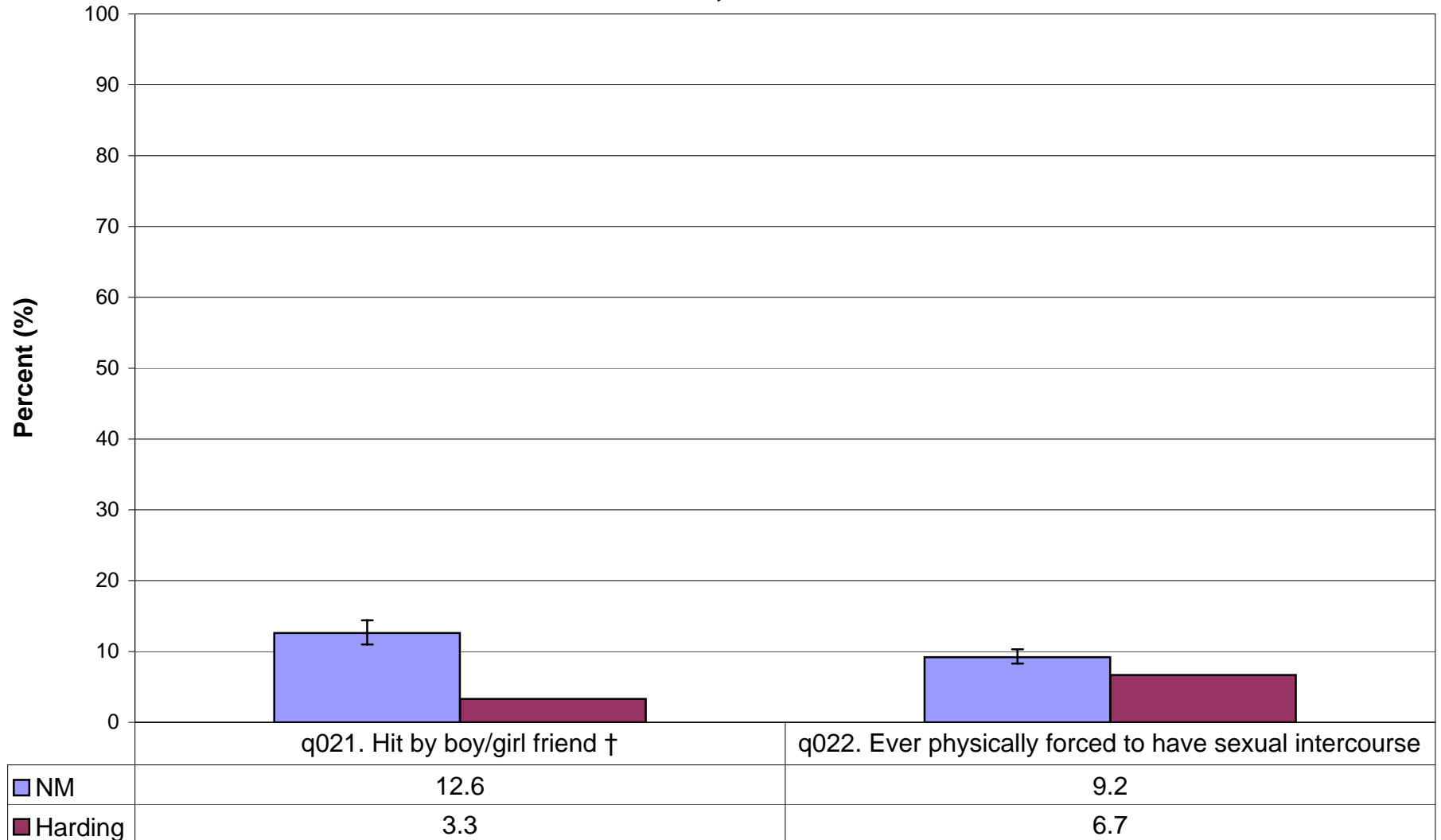


\* Such as a gun, knife, or club in the past 30 days

\*\* At school or on the way to or from school in past 30 days

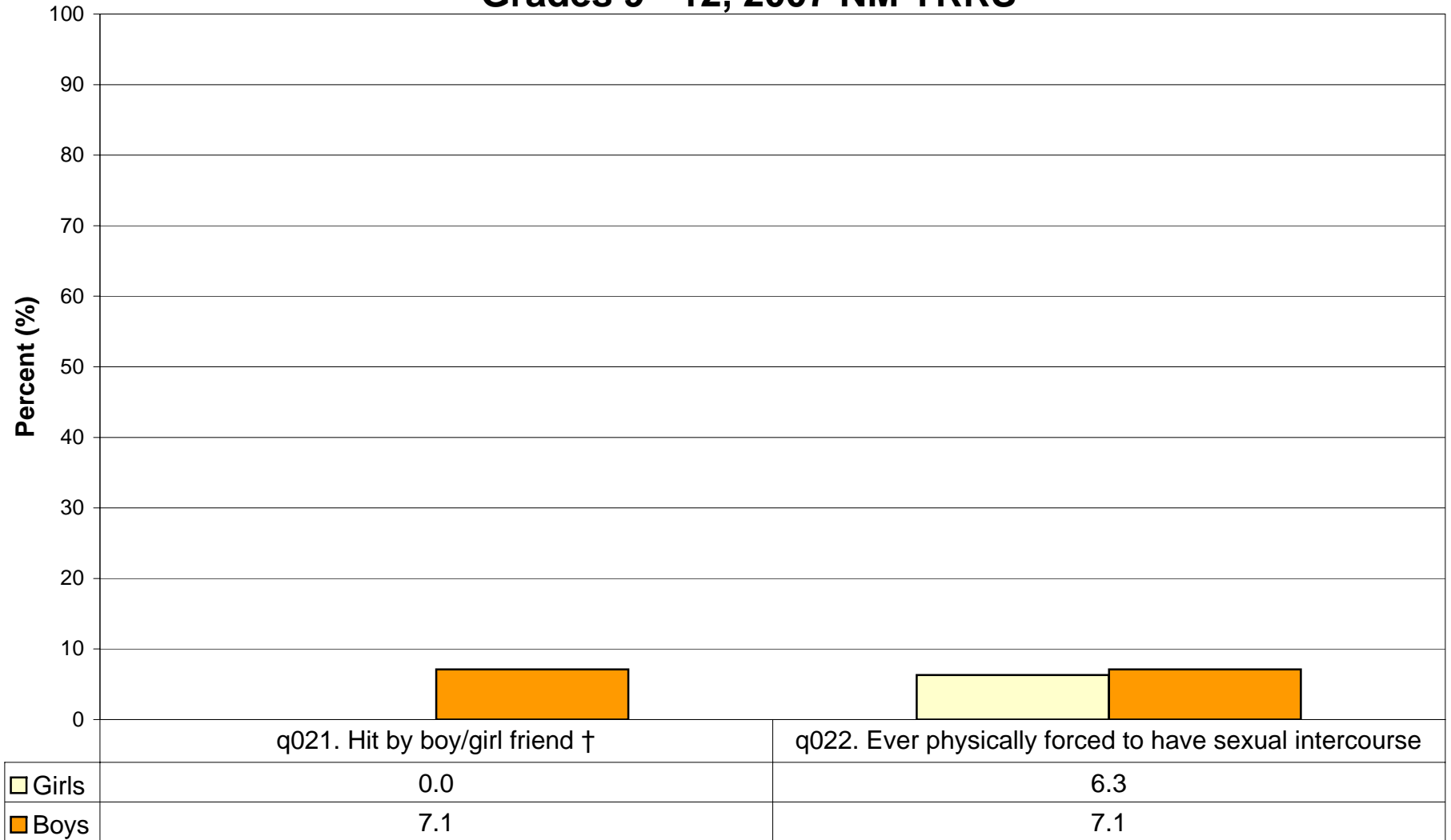
† In past 12 months

## Dating Violence and Sexual Violence New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



† In past 12 months

## Dating Violence and Sexual Violence by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



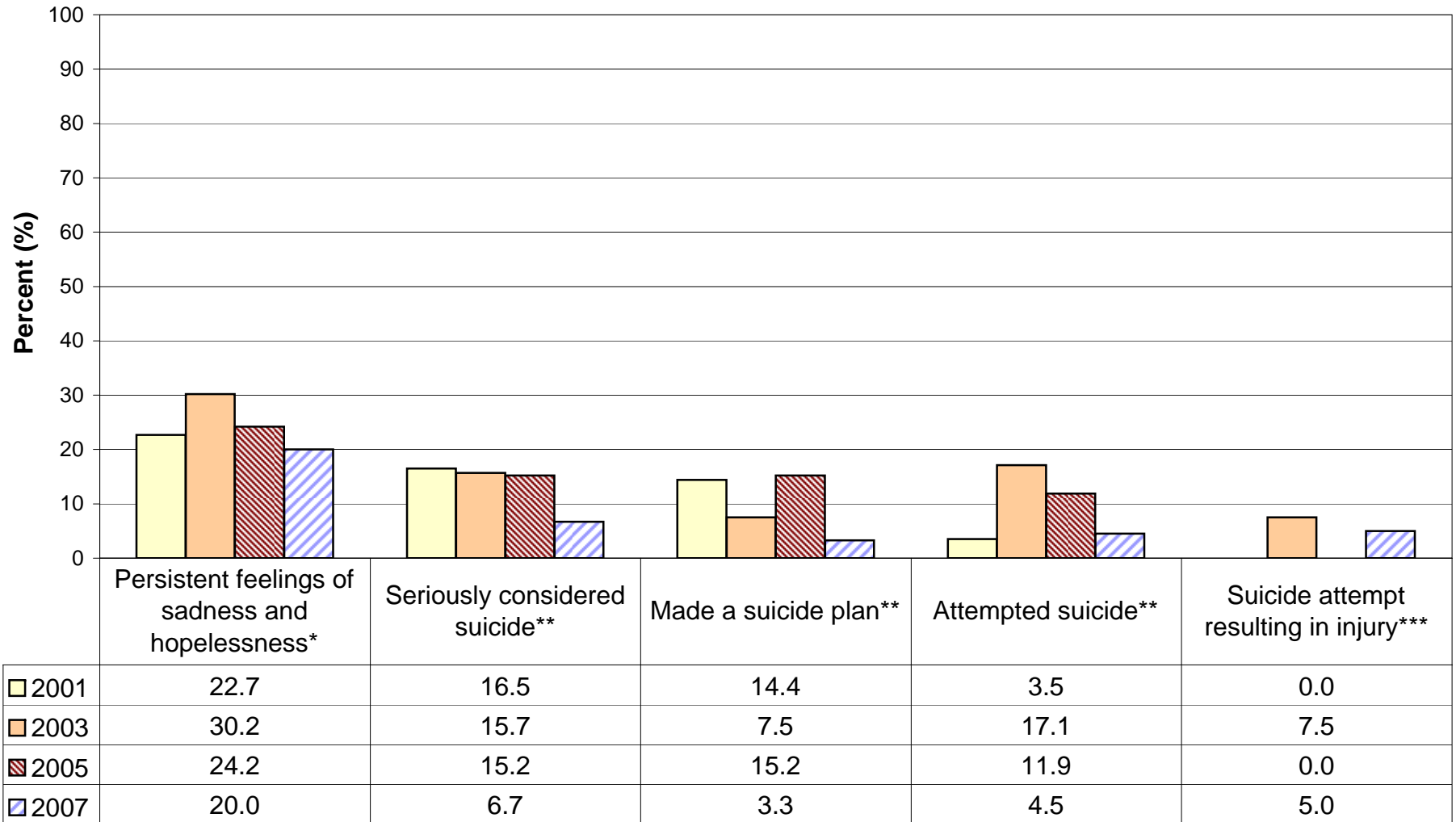
† In past 12 months



# Mental Health, Suicidal Ideation, and Suicide Attempts

## Harding County: 2001, 2003, 2005, 2007

### Grades 9 - 12, NM YRRS

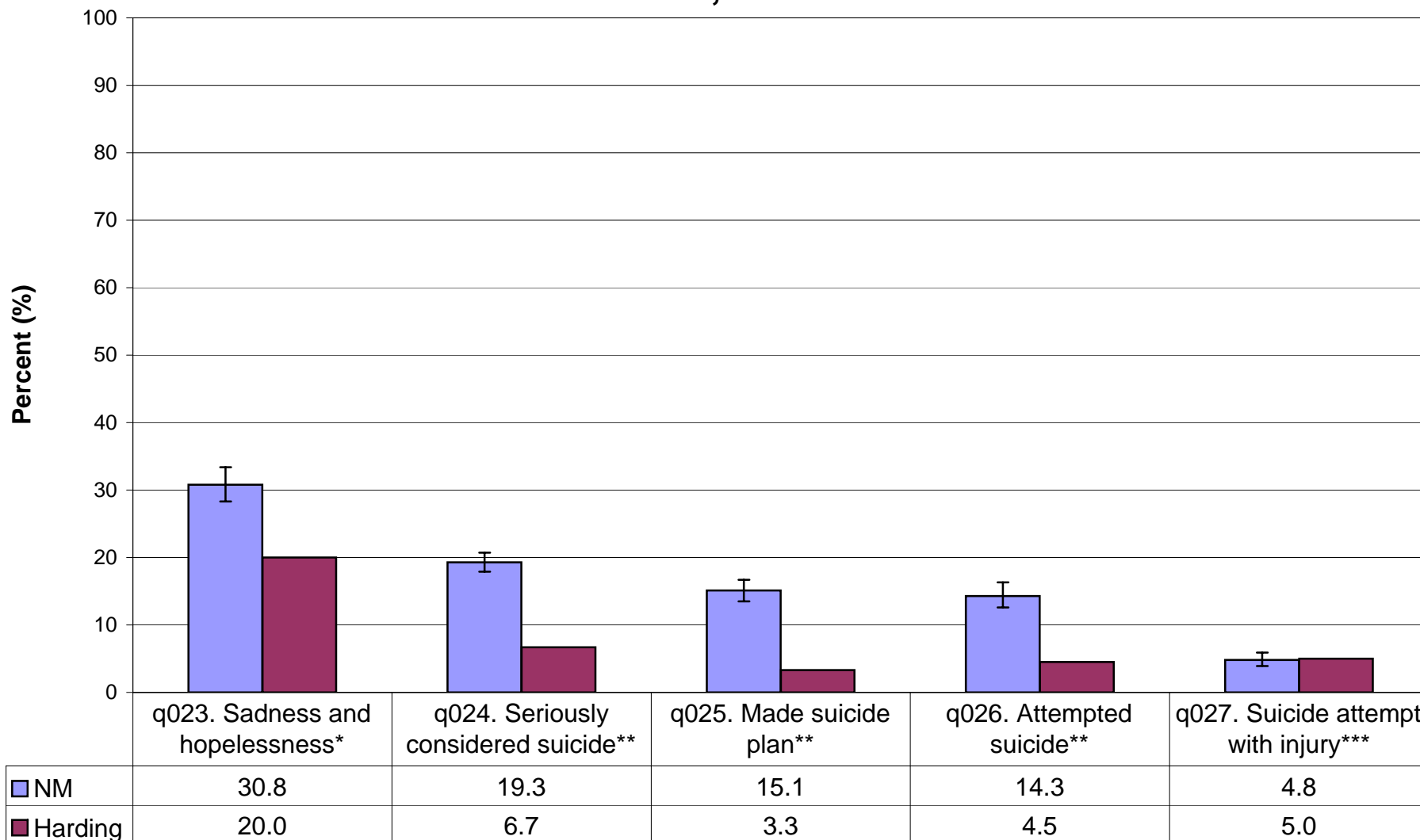


\* Almost every day for 2 or more weeks in a row so stopped doing some usual activities, in the past 12 months

\*\* In the past 12 months

\*\*\* Suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse

## Mental Health, Suicidal Ideation and Suicide Attempts New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS

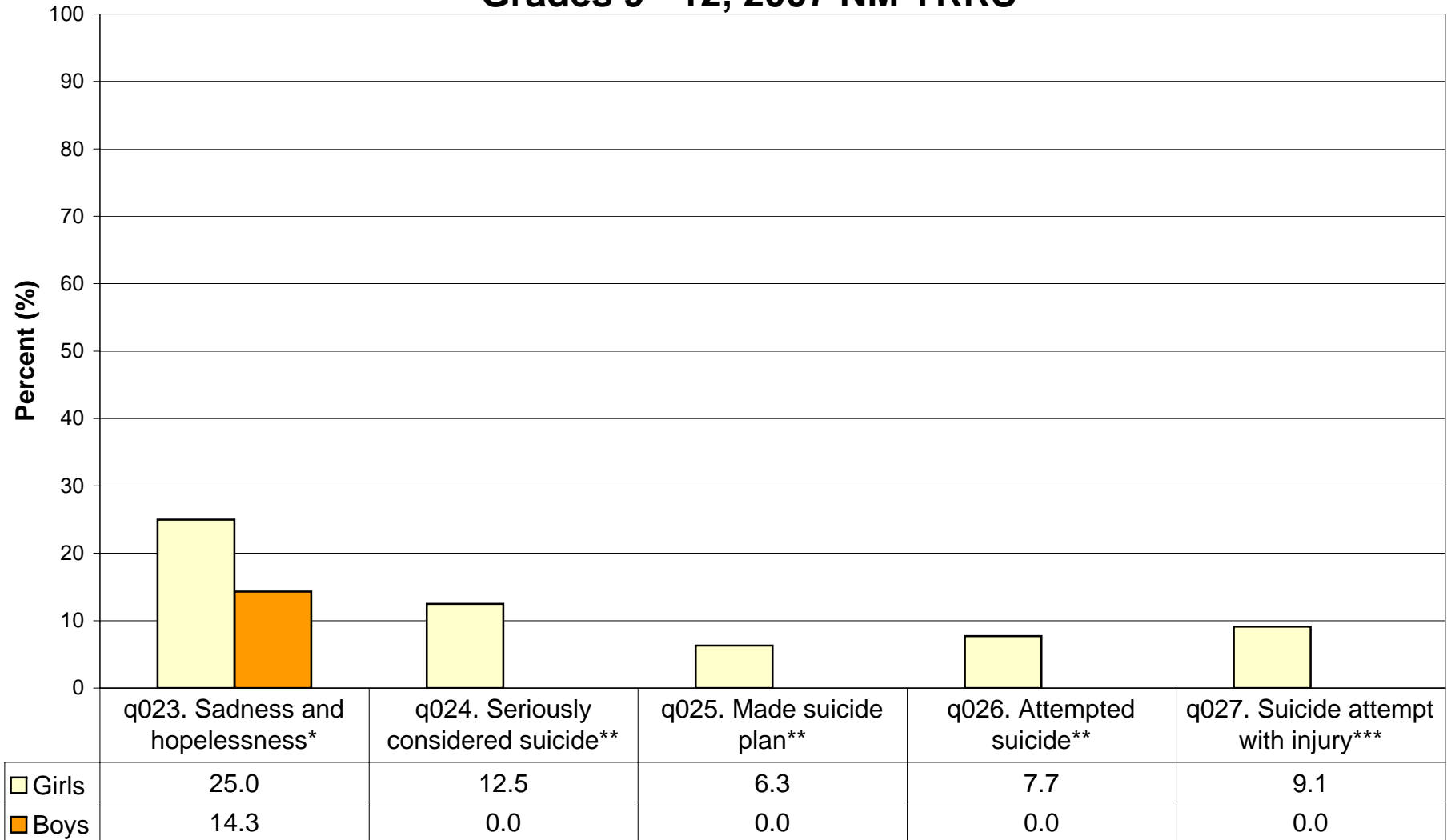


\* Almost every day for 2 or more weeks in a row so stopped doing some usual activities, in the past 12 months

\*\* In the past 12 months

\*\*\* Suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse

## Mental Health, Suicidal Ideation and Suicide Attempts by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



\* Almost every day for 2 or more weeks in a row so stopped doing some usual activities, in the past 12 months

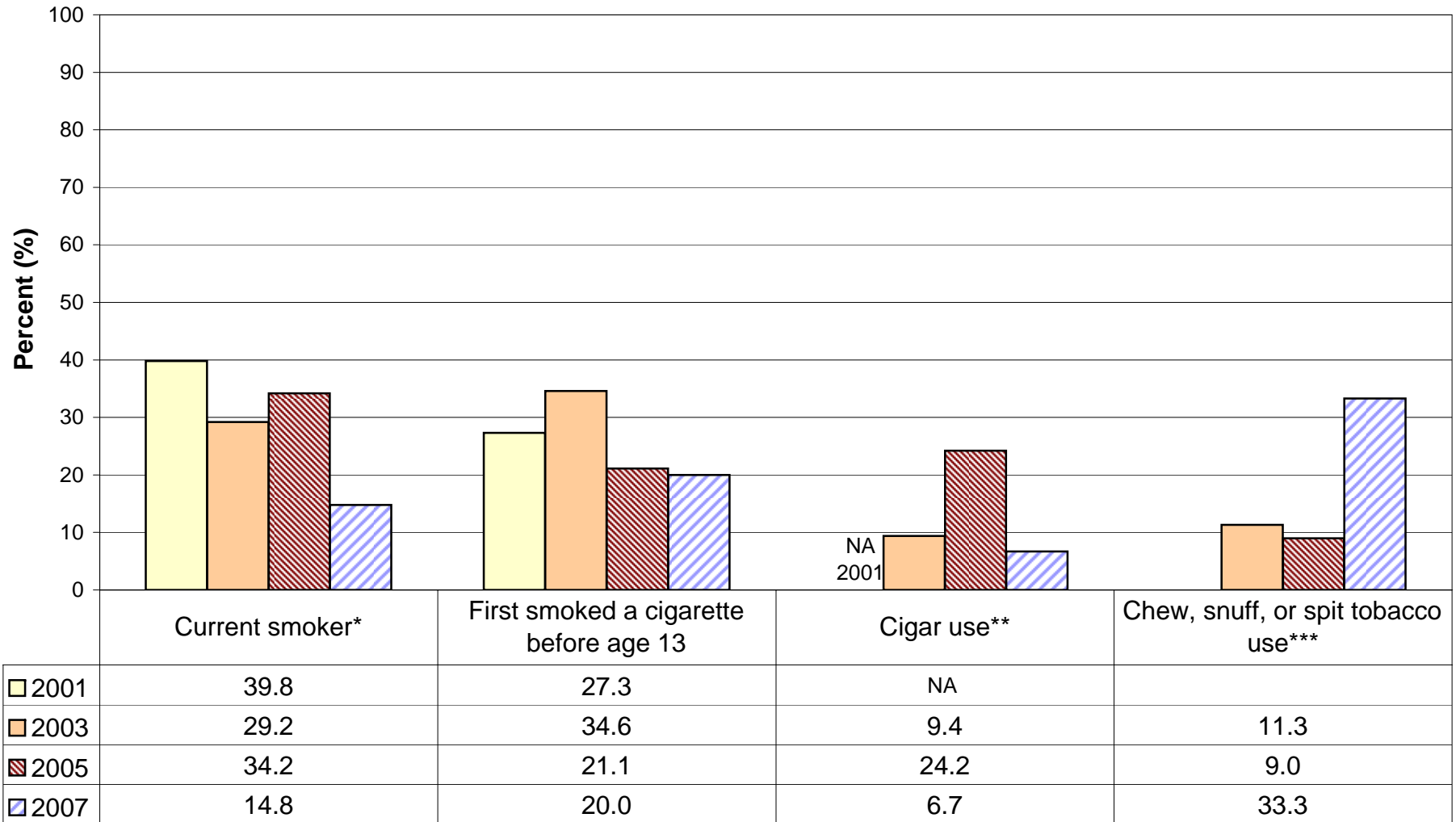
\*\* In the past 12 months

\*\*\* Suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse

## Tobacco Use

### Harding County: 2001, 2003, 2005, 2007

#### Grades 9 - 12, NM YRRS



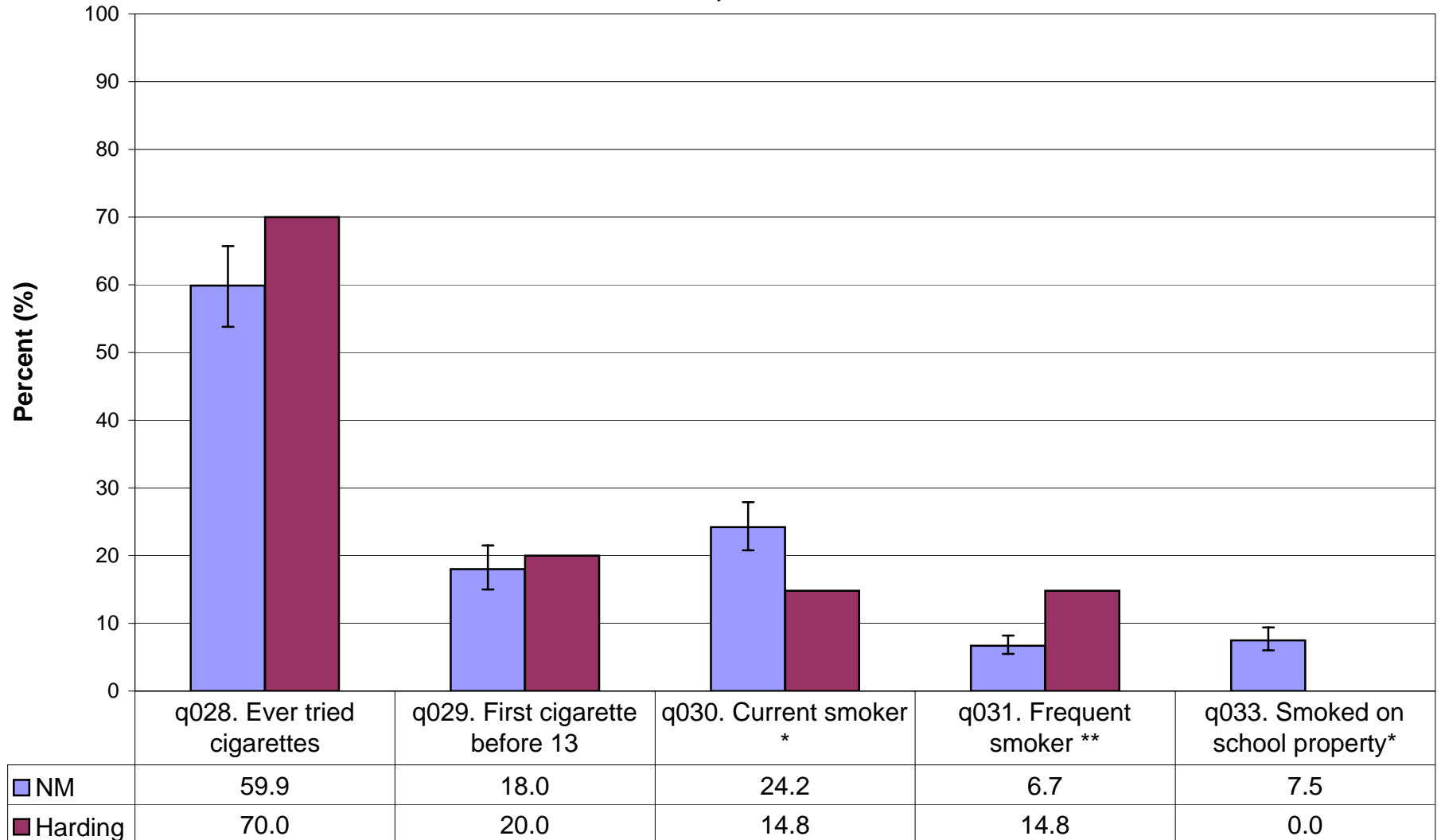
\* Smoked cigarettes in the past 30 days

\*\* Smoked cigars, cigarettes, or cigarillos in the past 30 days

\*\*\* In the past 30 days

## Tobacco Use: Cigarettes

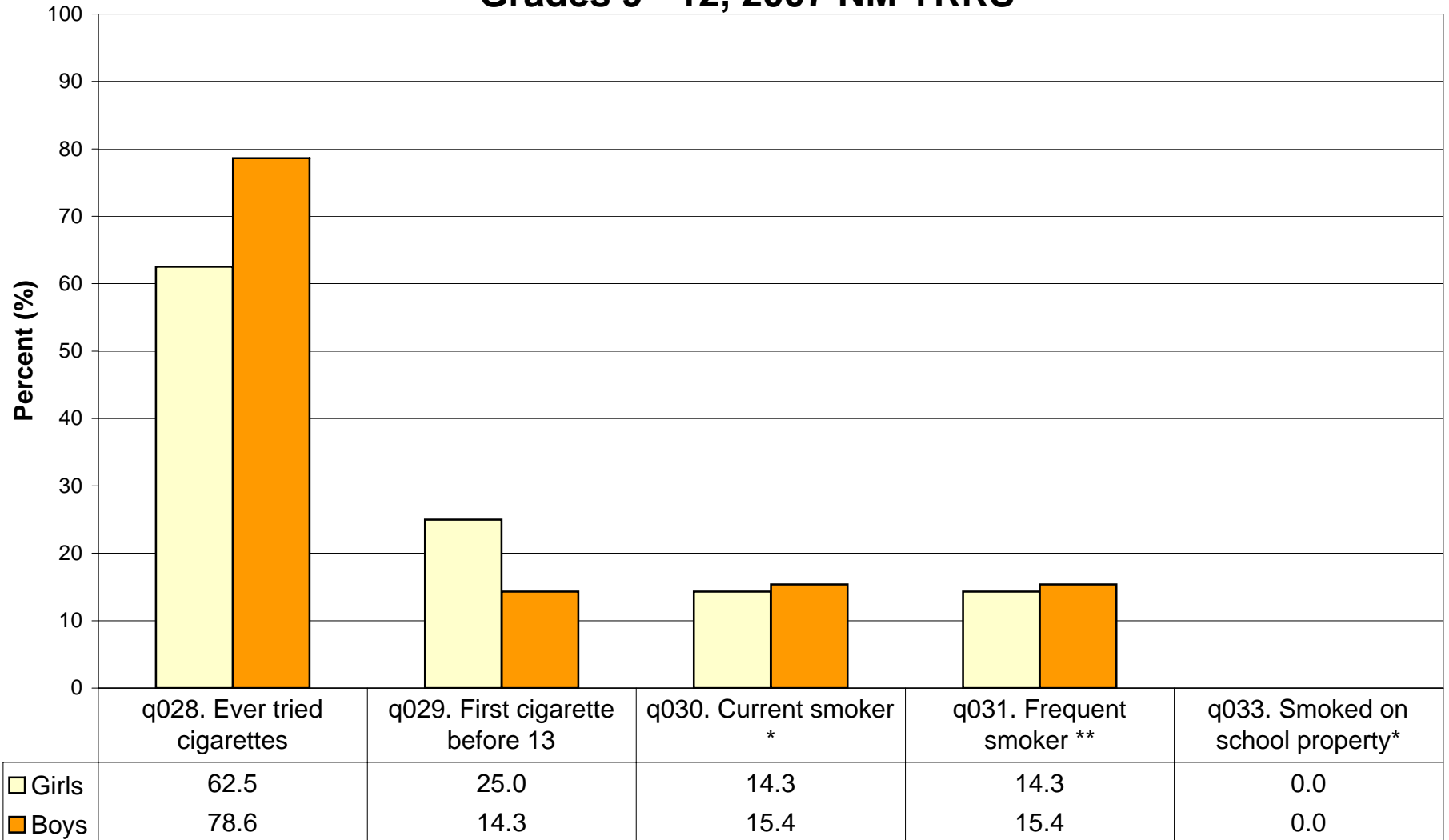
### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



\* Smoked cigarettes in the past 30 days

\*\* Smoked cigarettes on at least 20 of the past 30 days

## Tobacco Use: Cigarettes by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

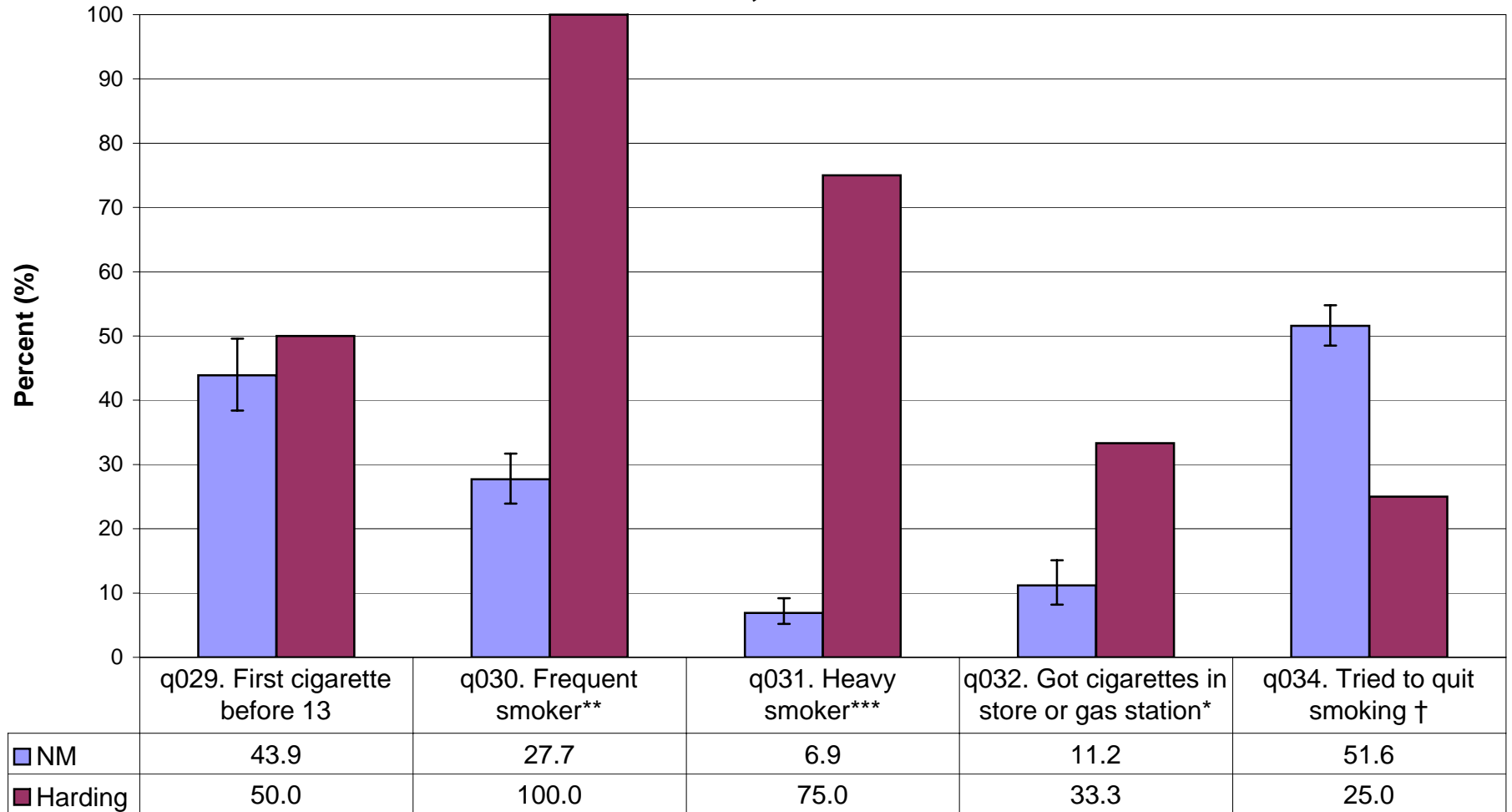


\* Smoked cigarettes in the past 30 days

\*\* Smoked cigarettes on at least 20 of the past 30 days

## Tobacco Use: Behaviors of Current Smokers

### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



**Among current smokers (smoked a cigarette within the past 30 days):**

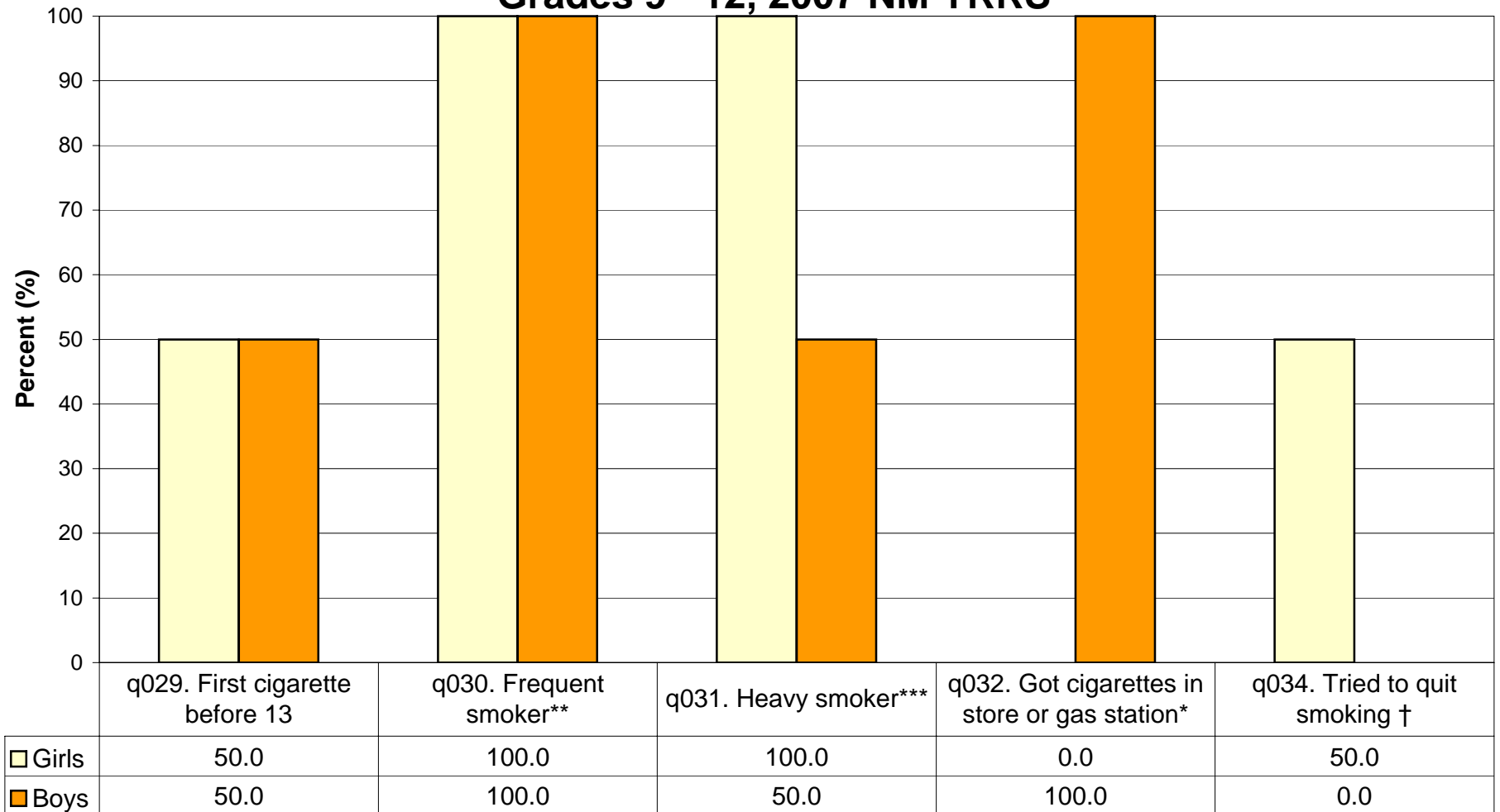
\* In the past 30 days

\*\* Smoked cigarettes on at least 20 of the past 30 days

\*\*\* Smoked 10+ cigarettes per day on days when smoked cigarettes

† In the past 12 months

## Tobacco Use: Behaviors of Current Smokers by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



**Among current smokers (smoked a cigarette within the past 30 days):**

\* In the past 30 days

\*\* Smoked cigarettes on at least 20 of the past 30 days

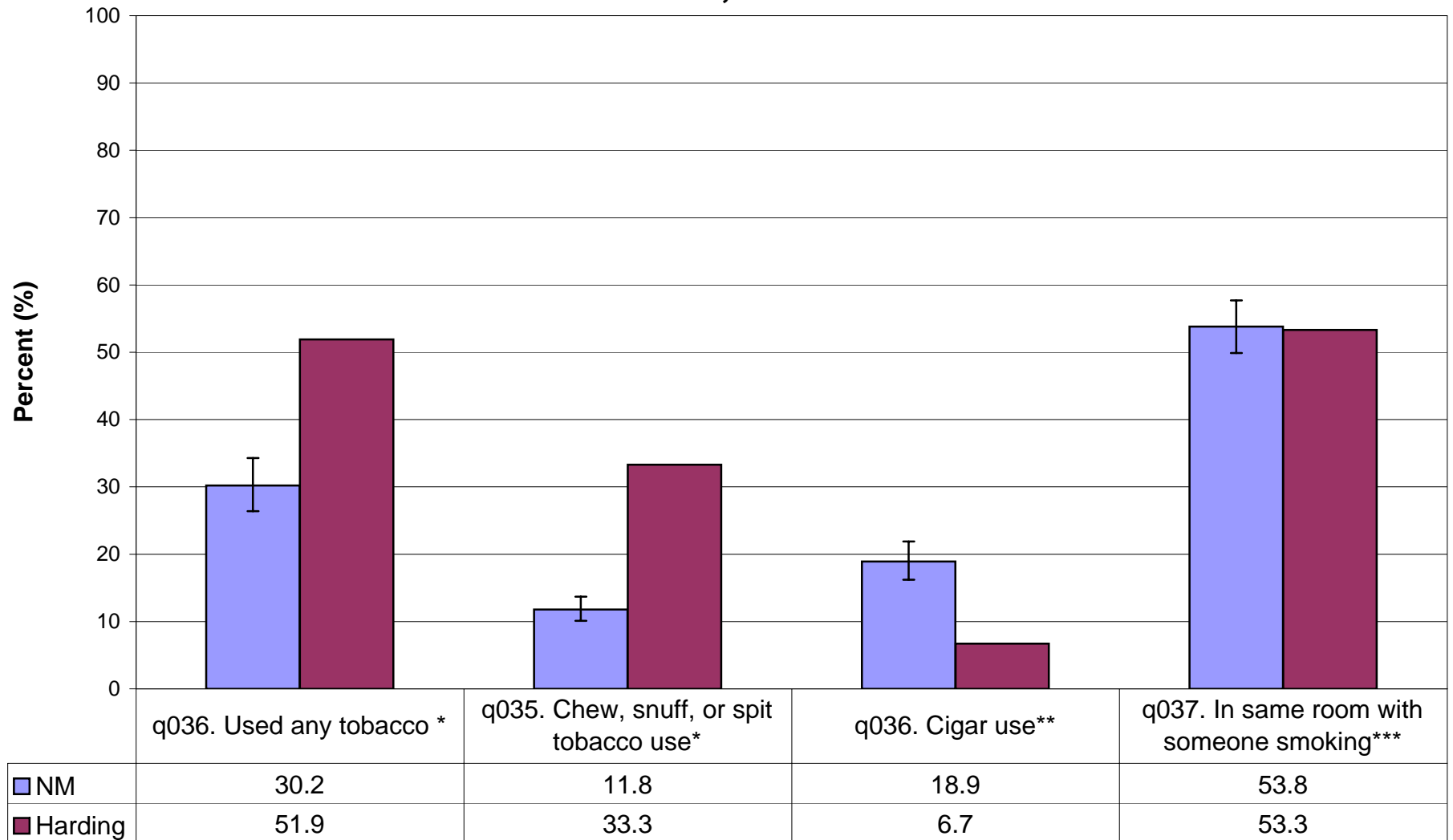
\*\*\* Smoked 10+ cigarettes per day on days when smoked cigarettes

† In the past 12 months



## Tobacco Use: Other Tobacco Use and Exposure

### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS

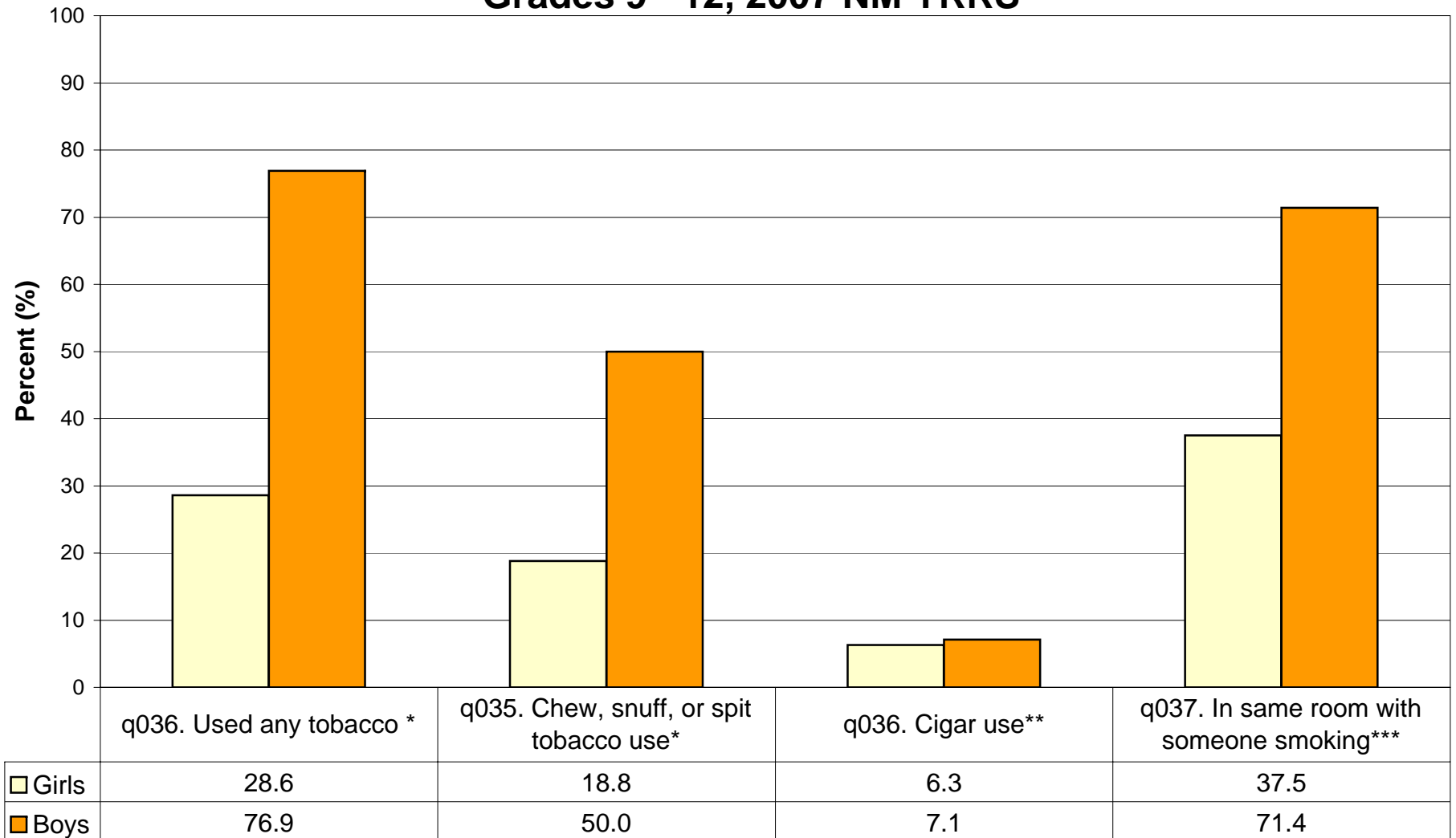


\* In the past 30 days

\*\* Smoked cigars, cigarillos, or littlecigars in the past 30 days

\*\*\* On at least one of the past 7 days

## Tobacco Use: Other Tobacco Use and Exposure by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



\* In the past 30 days

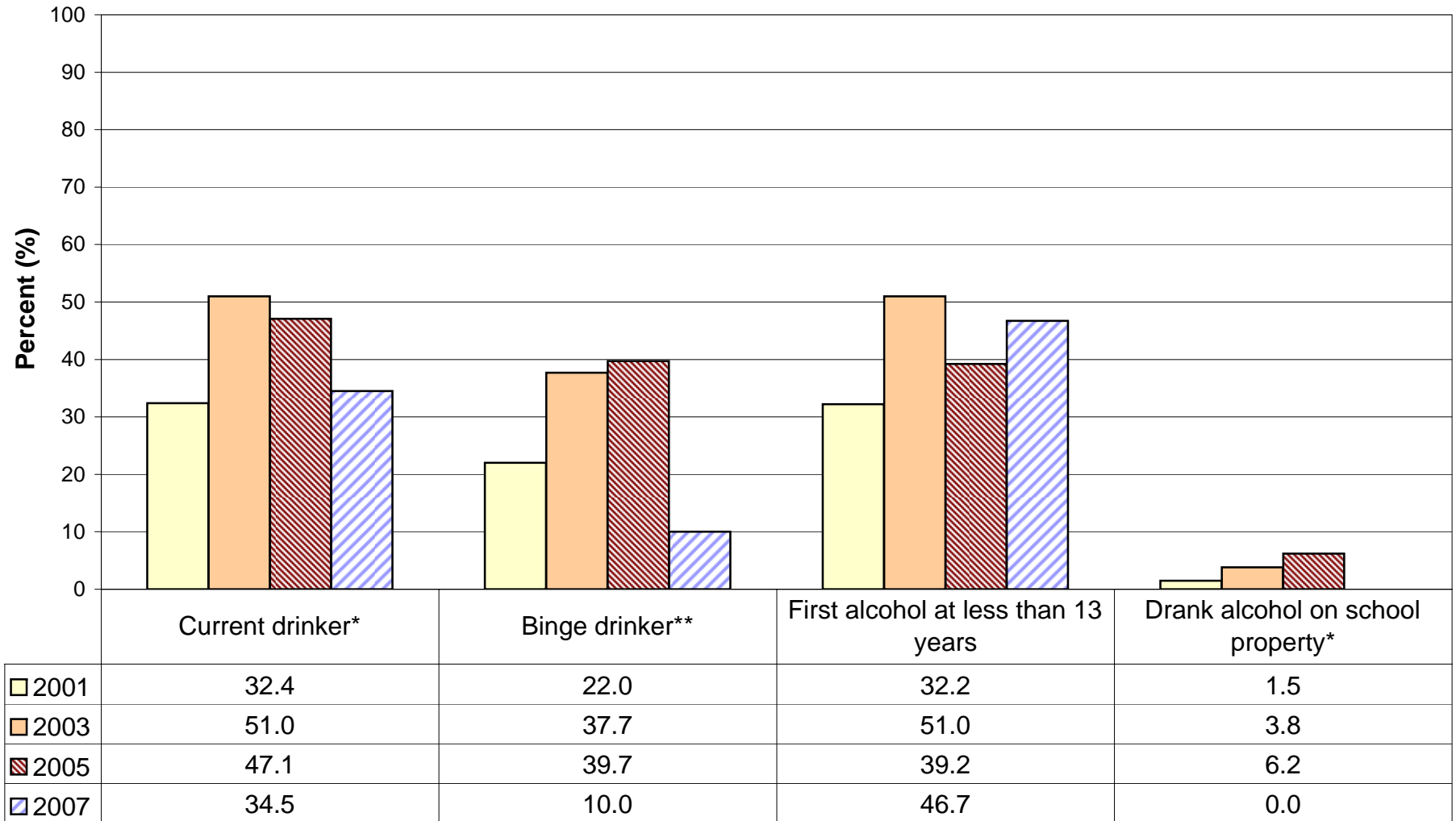
\*\* Smoked cigars, cigarillos, or littlecigars in the past 30 days

\*\*\* On at least one of the past 7 days

## Alcohol Use

### Harding County: 2001, 2003, 2005, 2007

#### Grades 9 - 12, NM YRRS

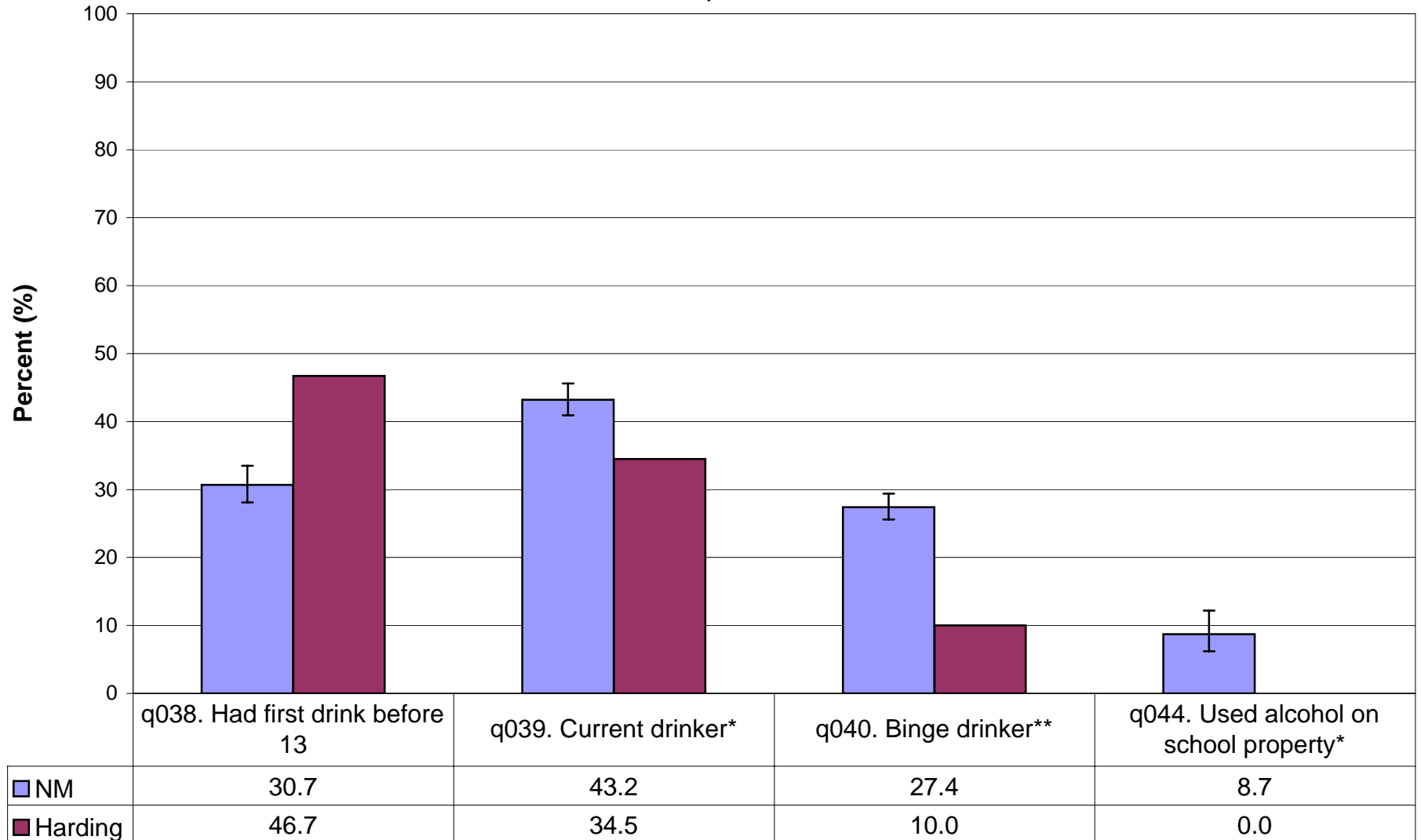


\* In the past 30 days

\*\* Five or more drinks in a row, or within a couple of hours, in the past 30 days

## Alcohol Use

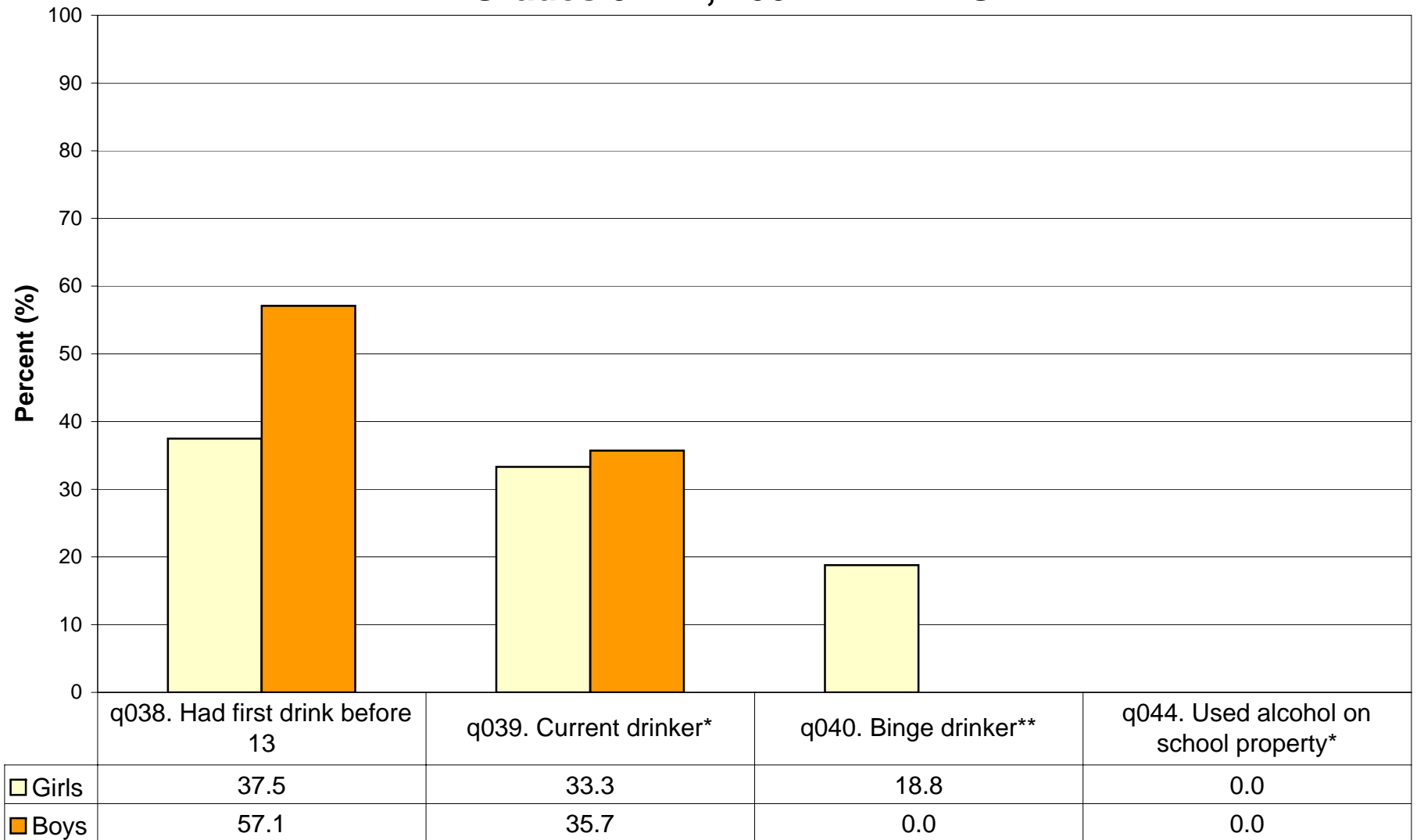
### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



\* In the past 30 days

\*\* Five or more drinks in a row, or within a couple of hours, in the past 30 days

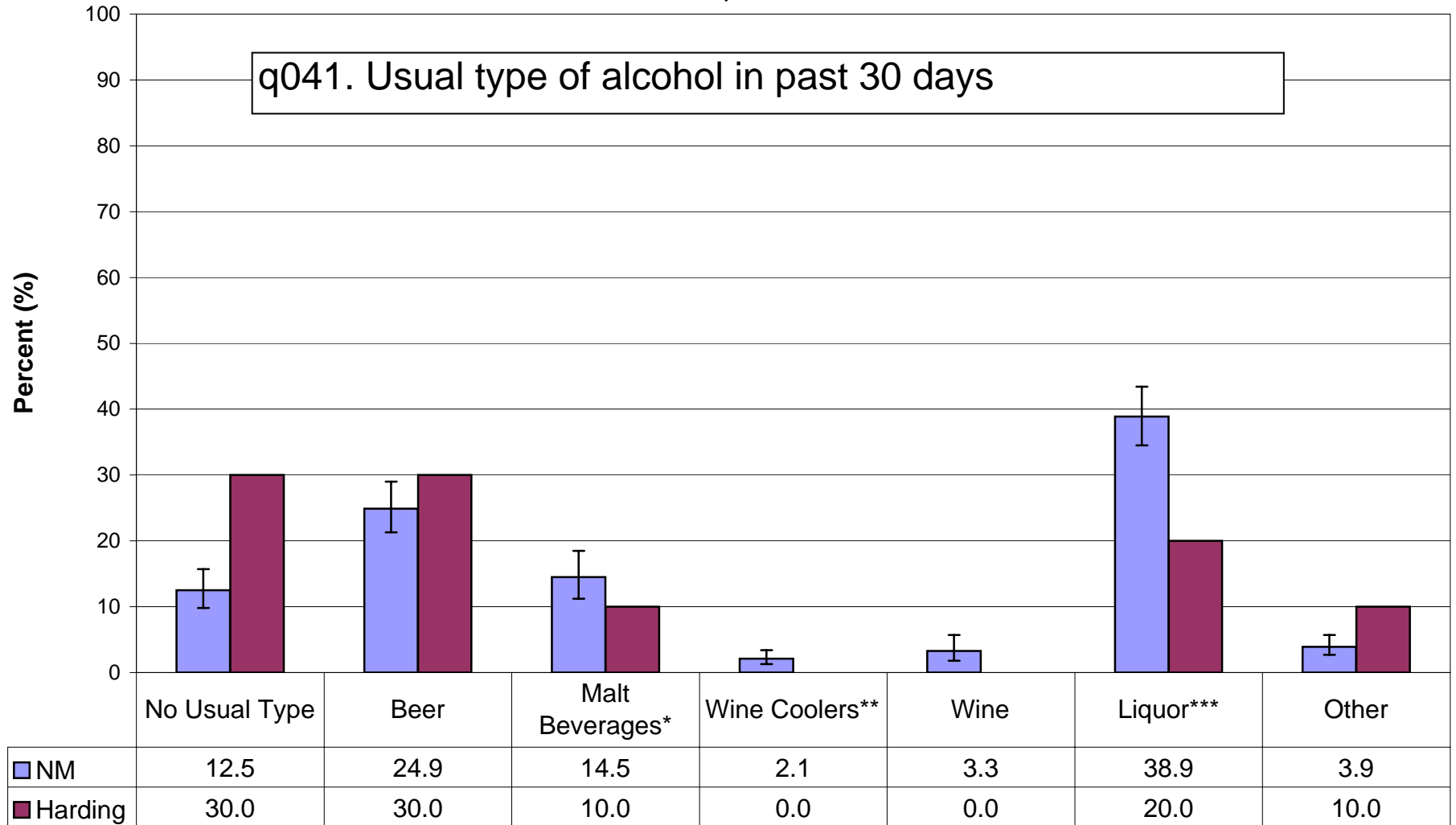
## Alcohol Use by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



\* In the past 30 days

\*\* Five or more drinks in a row ,or within a couple of hours, in the past 30 days

## Alcohol Use: Behaviors of Current Drinkers New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS

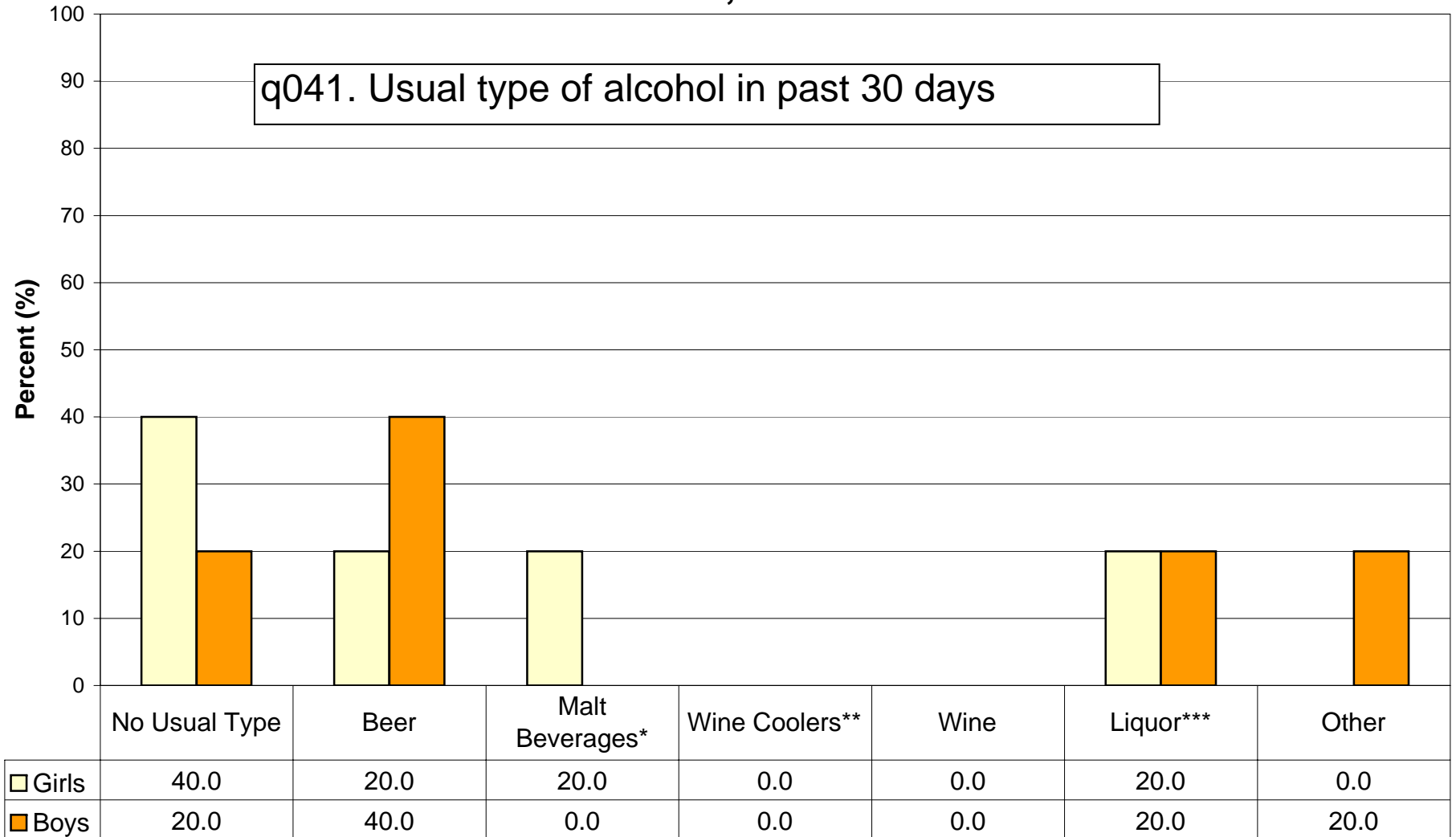


\* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade

\*\* Such as Bartles and James or Seagrams

\*\*\* Such as vodka, rum, scotch, bourbon, or whiskey

## Alcohol Use: Behaviors of Current Drinkers by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

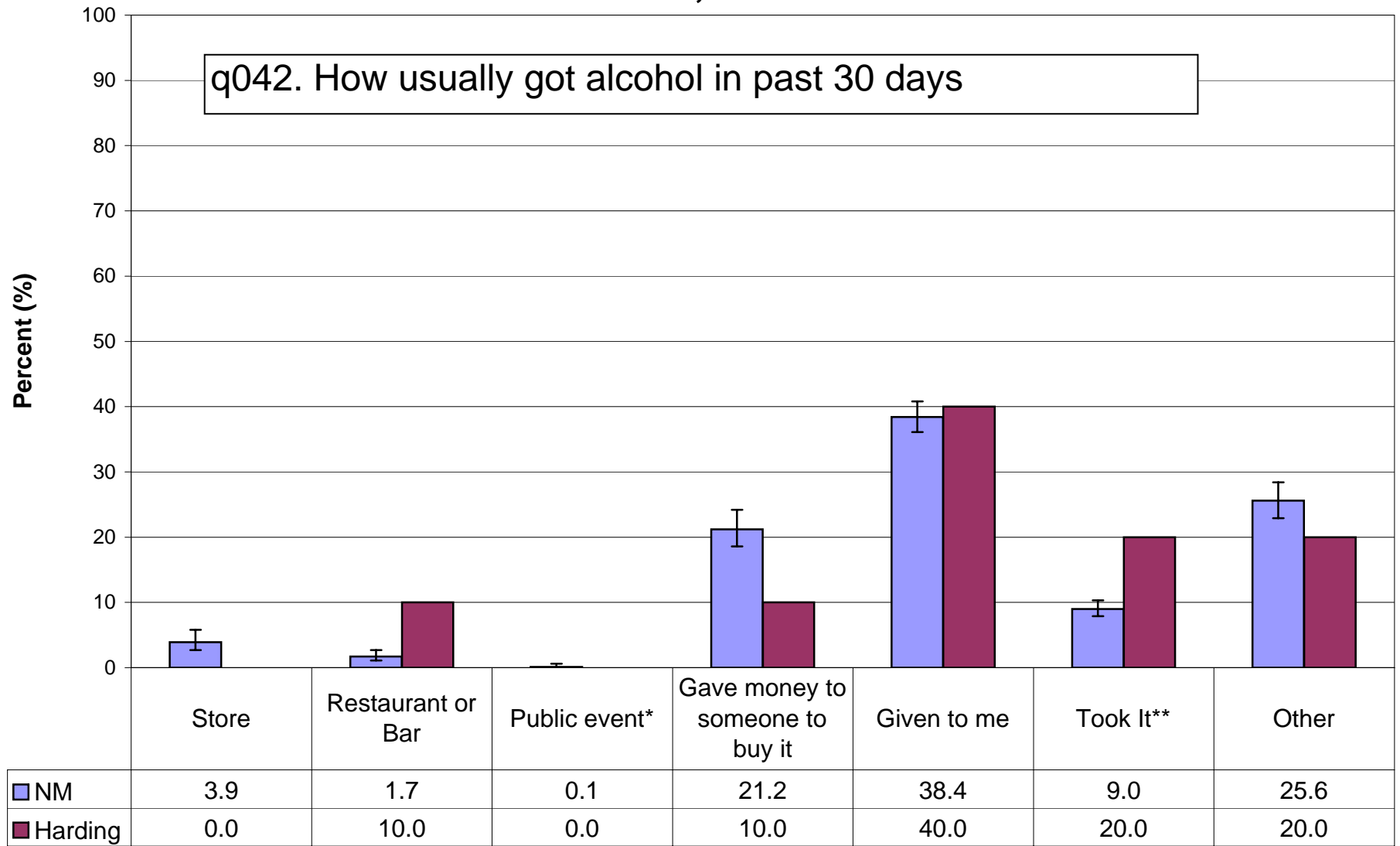


\* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade

\*\* Such as Bartles and James or Seagrams

\*\*\* Such as vodka, rum, scotch, bourbon, or whiskey

## Alcohol Use: Behaviors of Current Drinkers New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS

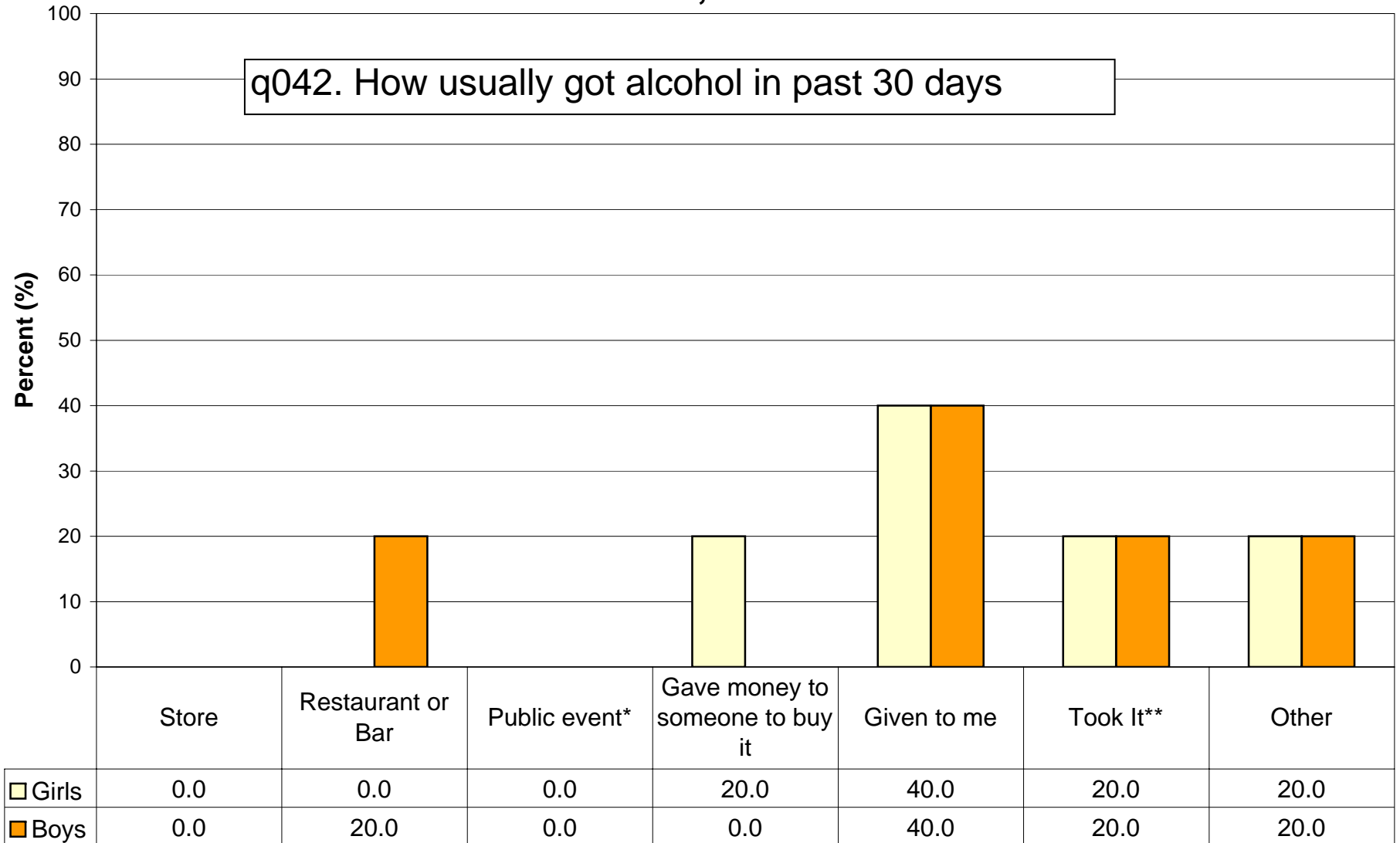


\* Such as a concert or sporting event

\*\* From a store or family member



## Alcohol Use: Behaviors of Current Drinkers by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



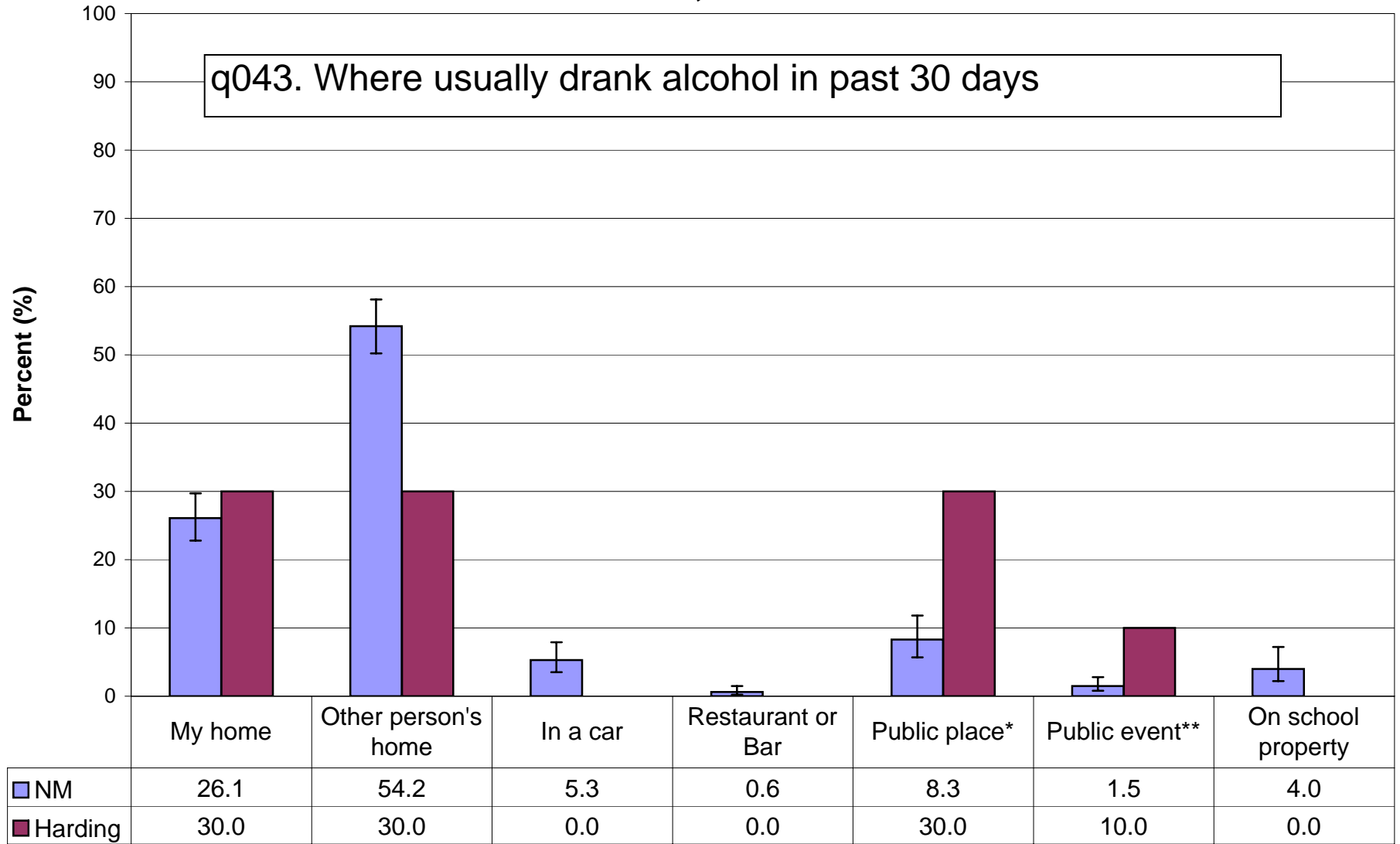
\* Such as a concert or sporting event

\*\* From a store or family member

## Alcohol Use: Behaviors of Current Drinkers

### New Mexico and Harding County

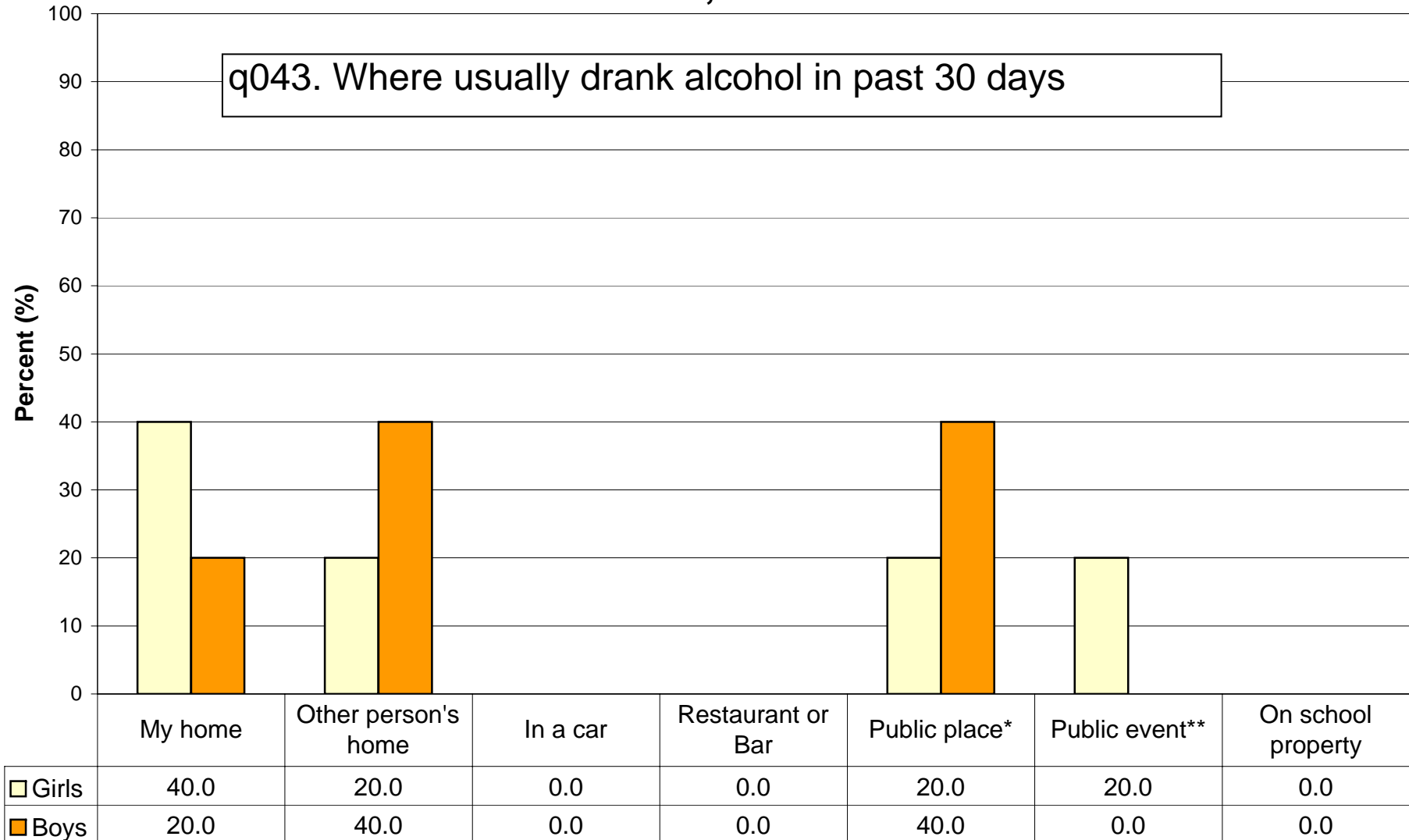
### Grades 9 - 12, 2007 NM YRRS



\* Such as a park, beach, or parking lot

\*\* Such as a concert or sporting event

## Alcohol Use: Behaviors of Current Drinkers by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

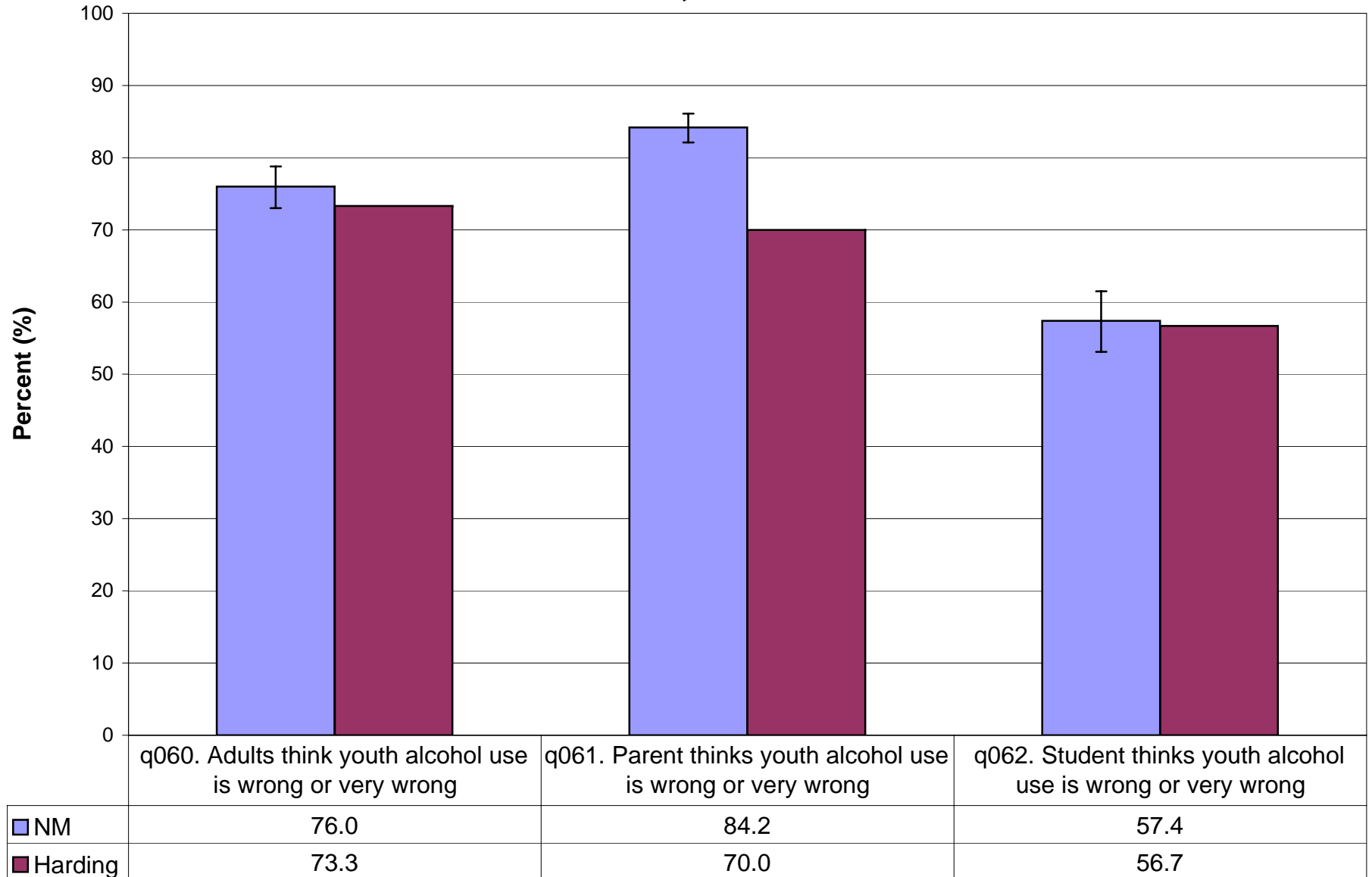


\* Such as a park, beach, or parking lot

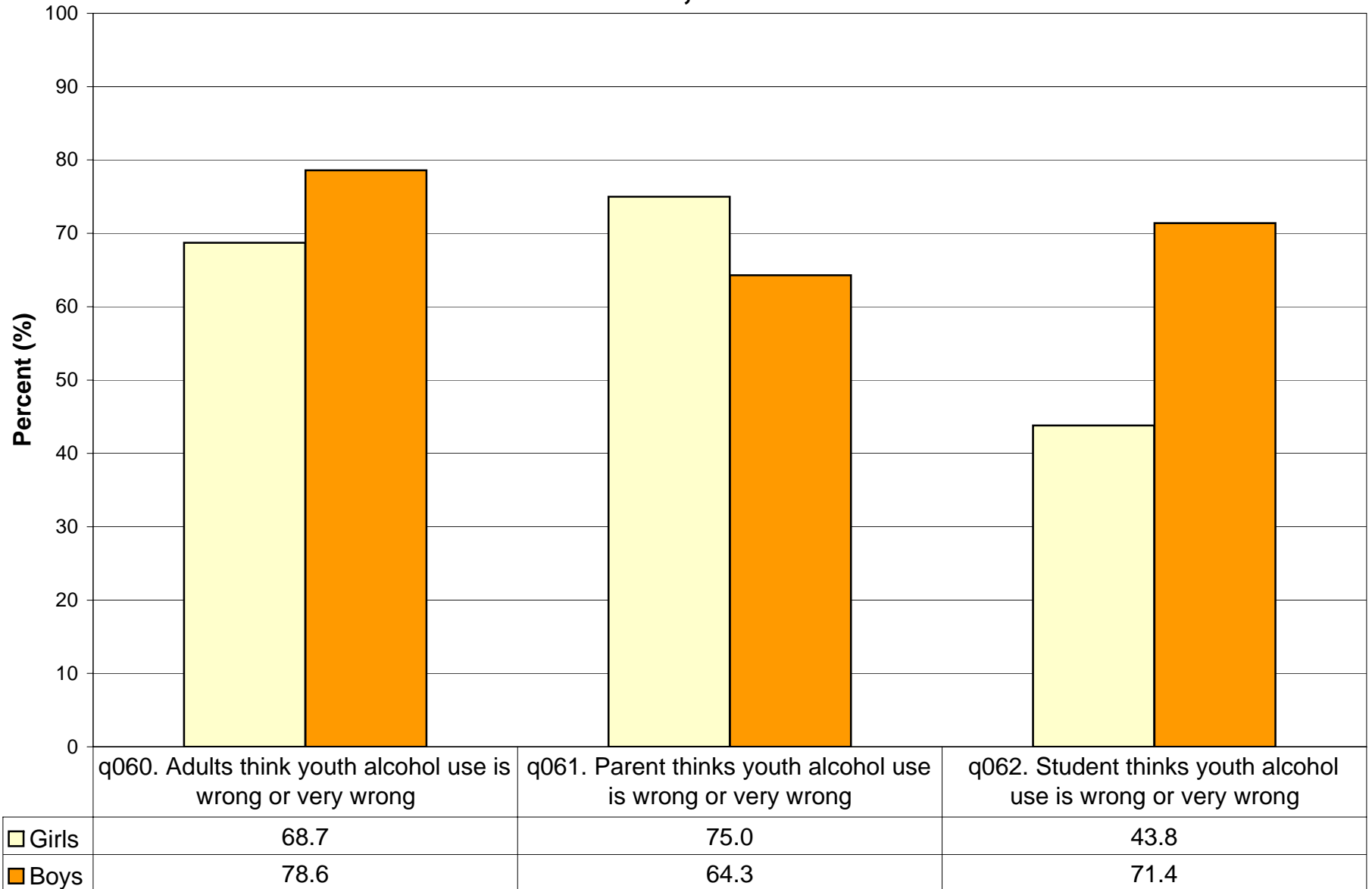
\*\* Such as a concert or sporting event

## Alcohol Use: Attitudes

### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS

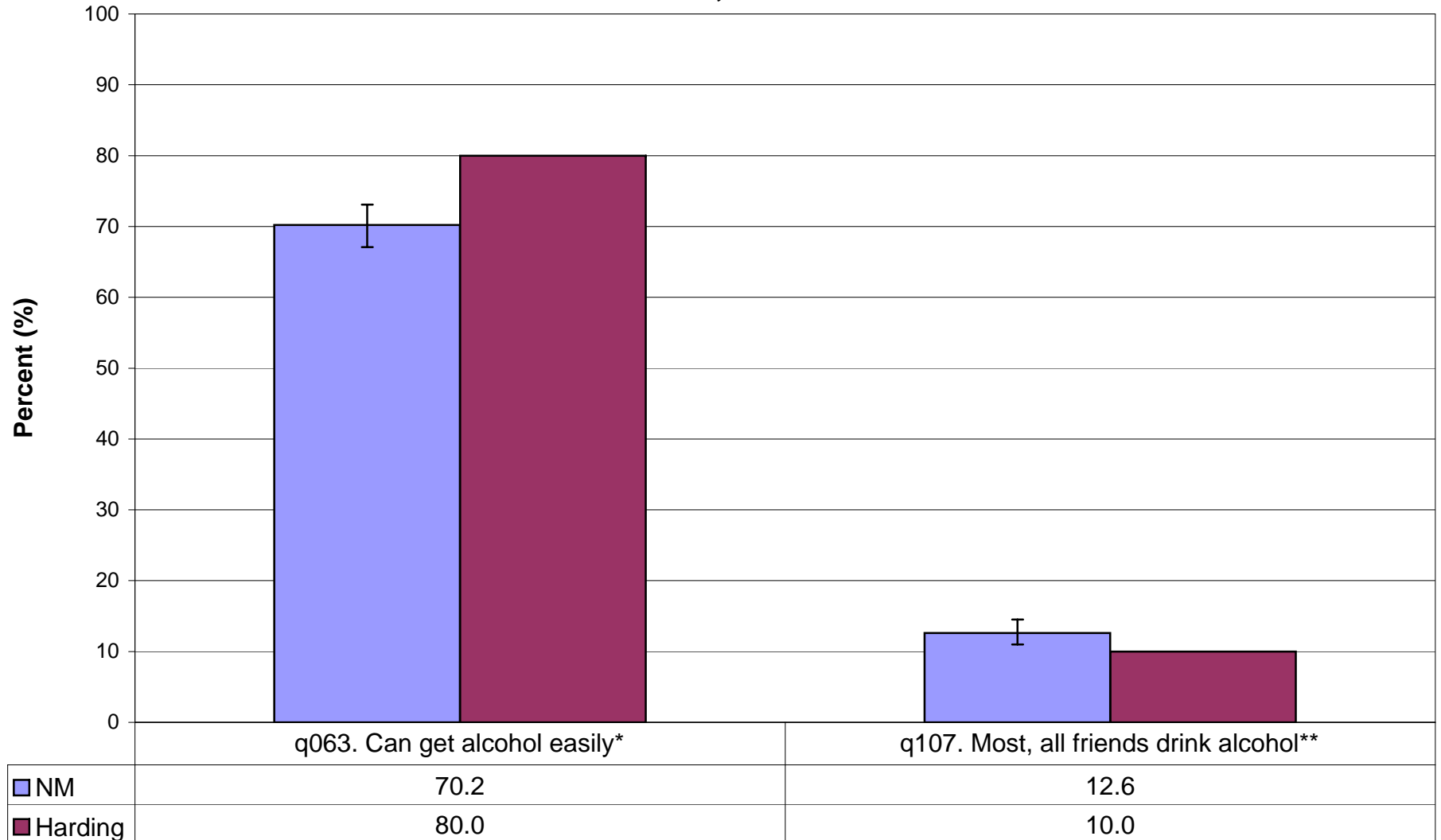


## Alcohol Use: Attitudes by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



## Alcohol Use: Ease of Access and Use by Friends

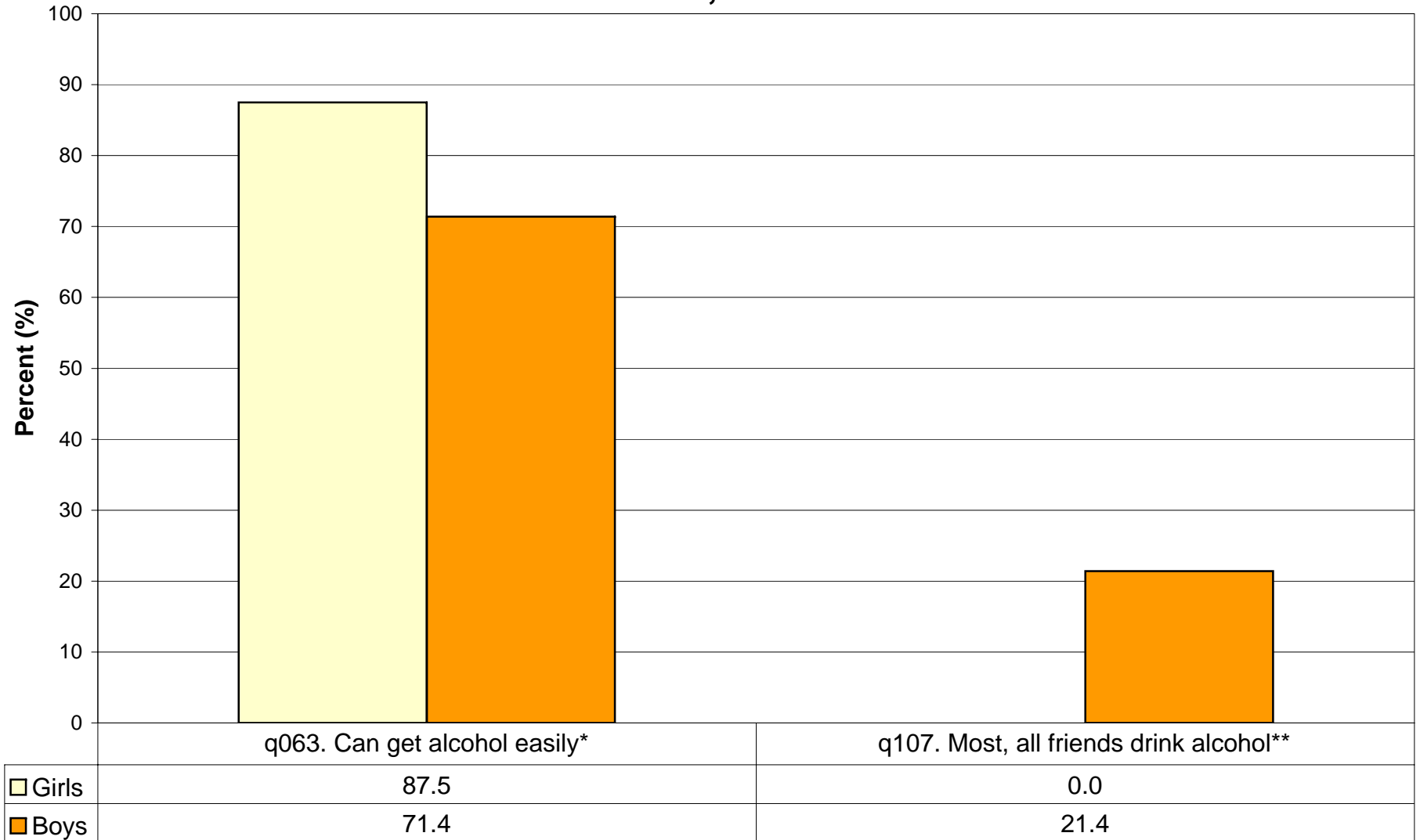
### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



\* "Sort of easy" or "Very easy" to get alcohol

\*\* Once a week or more

## Alcohol Use: Attitudes by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



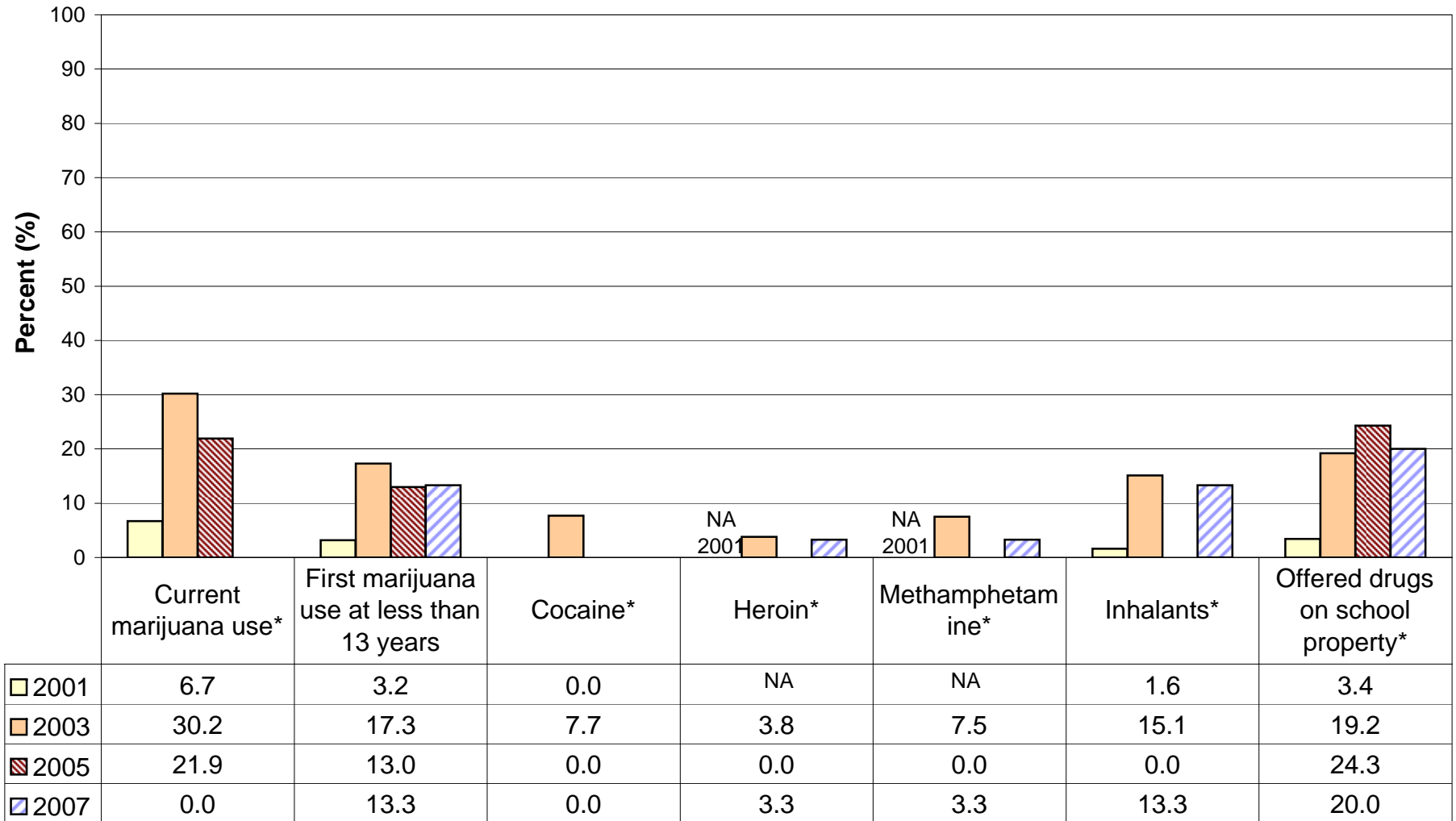
\* "Sort of easy" or "Very easy" to get alcohol

\*\* Once a week or more

## Drug Use

### Harding County: 2001, 2003, 2005, 2007

#### Grades 9 - 12, NM YRRS

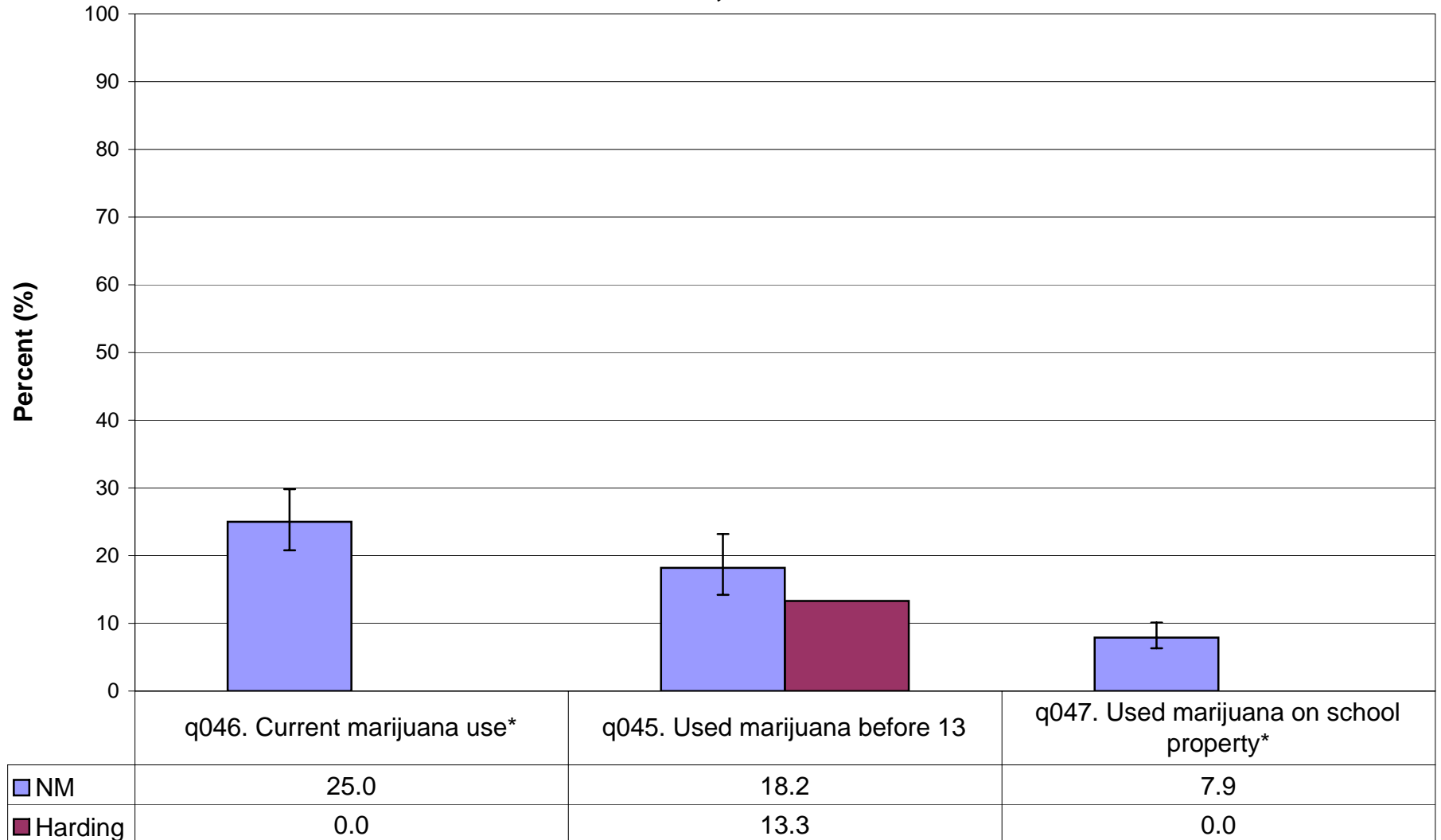


\* In the past 30 days



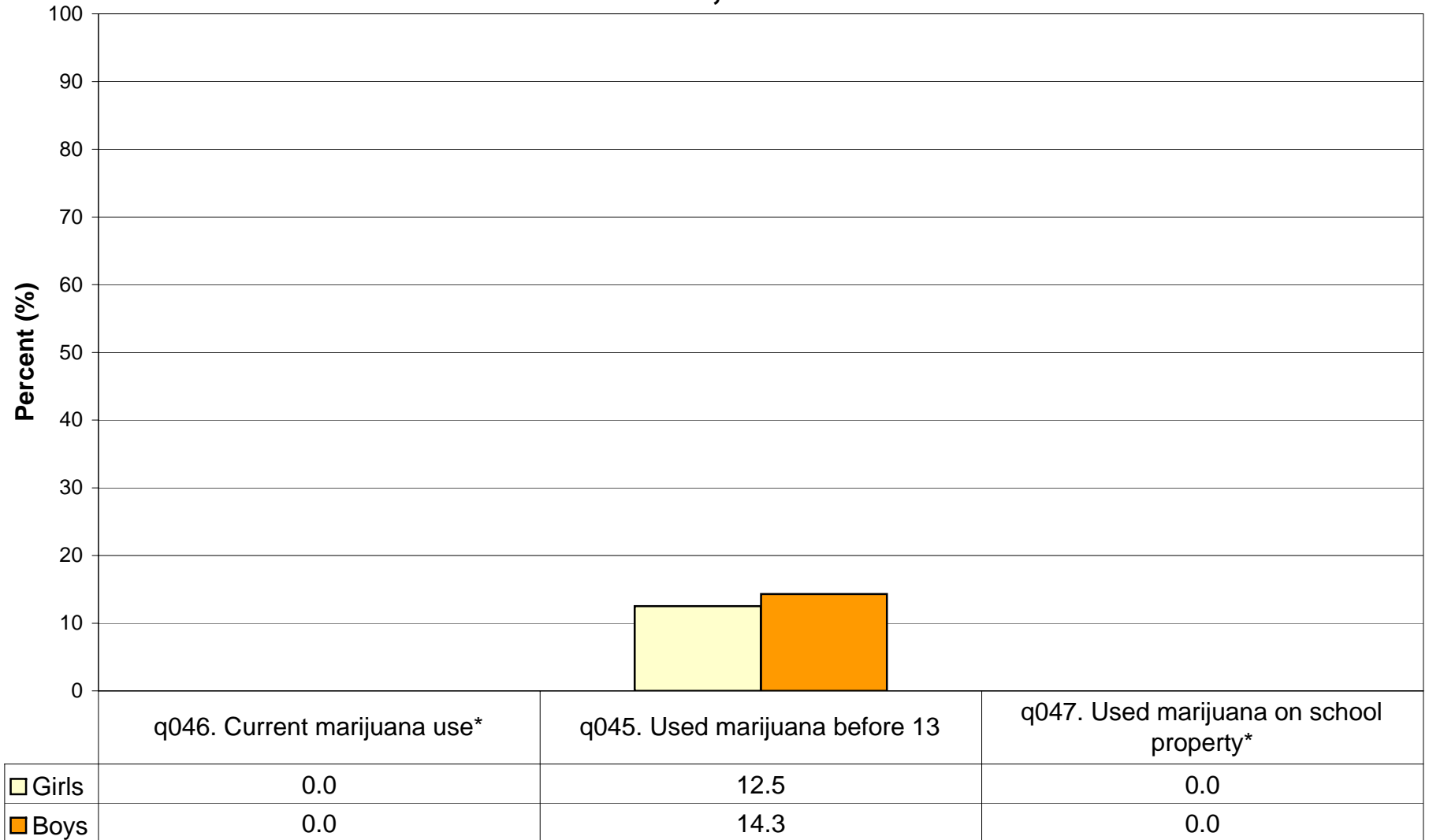
## Drug Use: Marijuana

### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



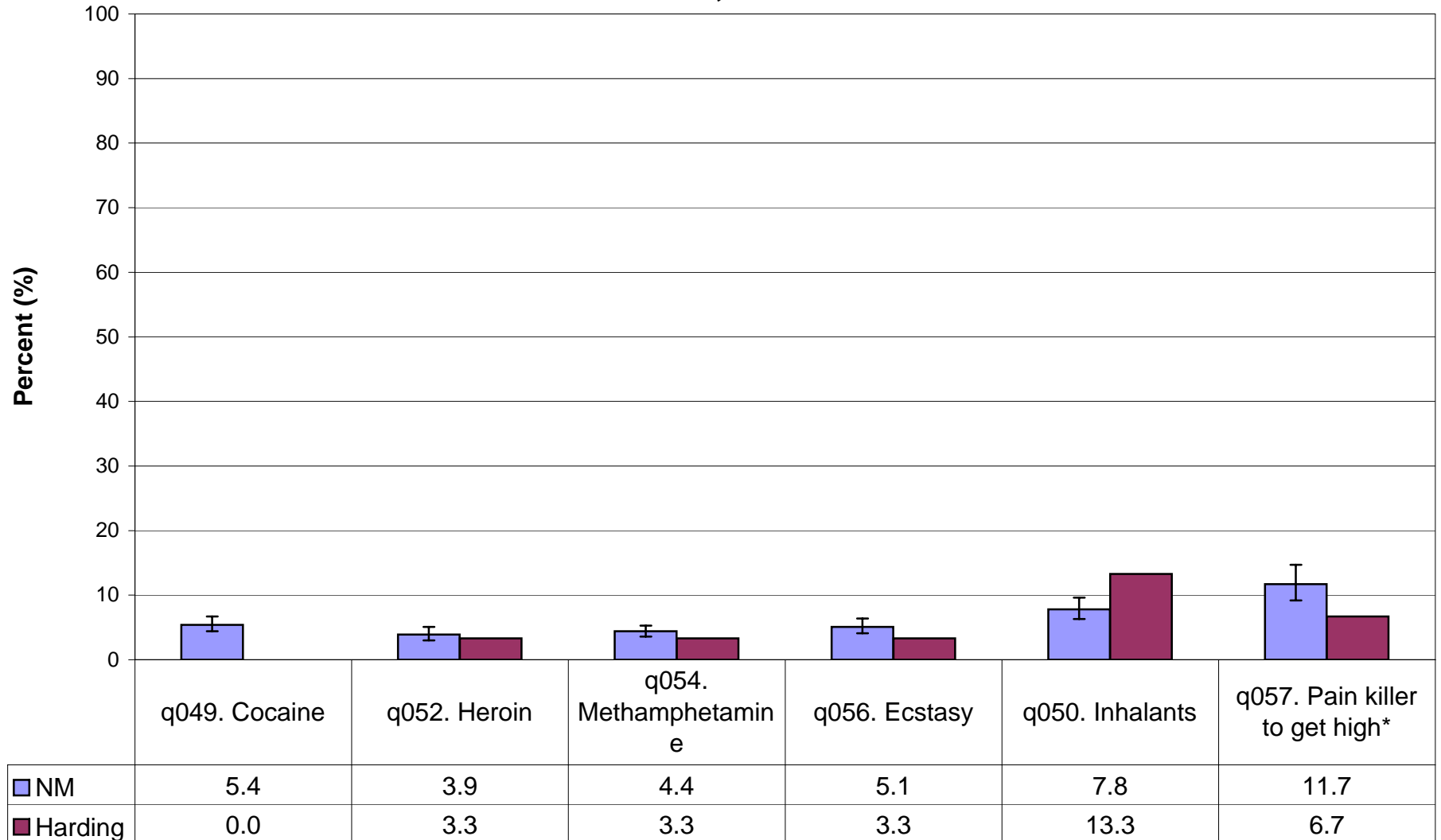
\* In past 30 days

## Drug Use: Marijuana by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



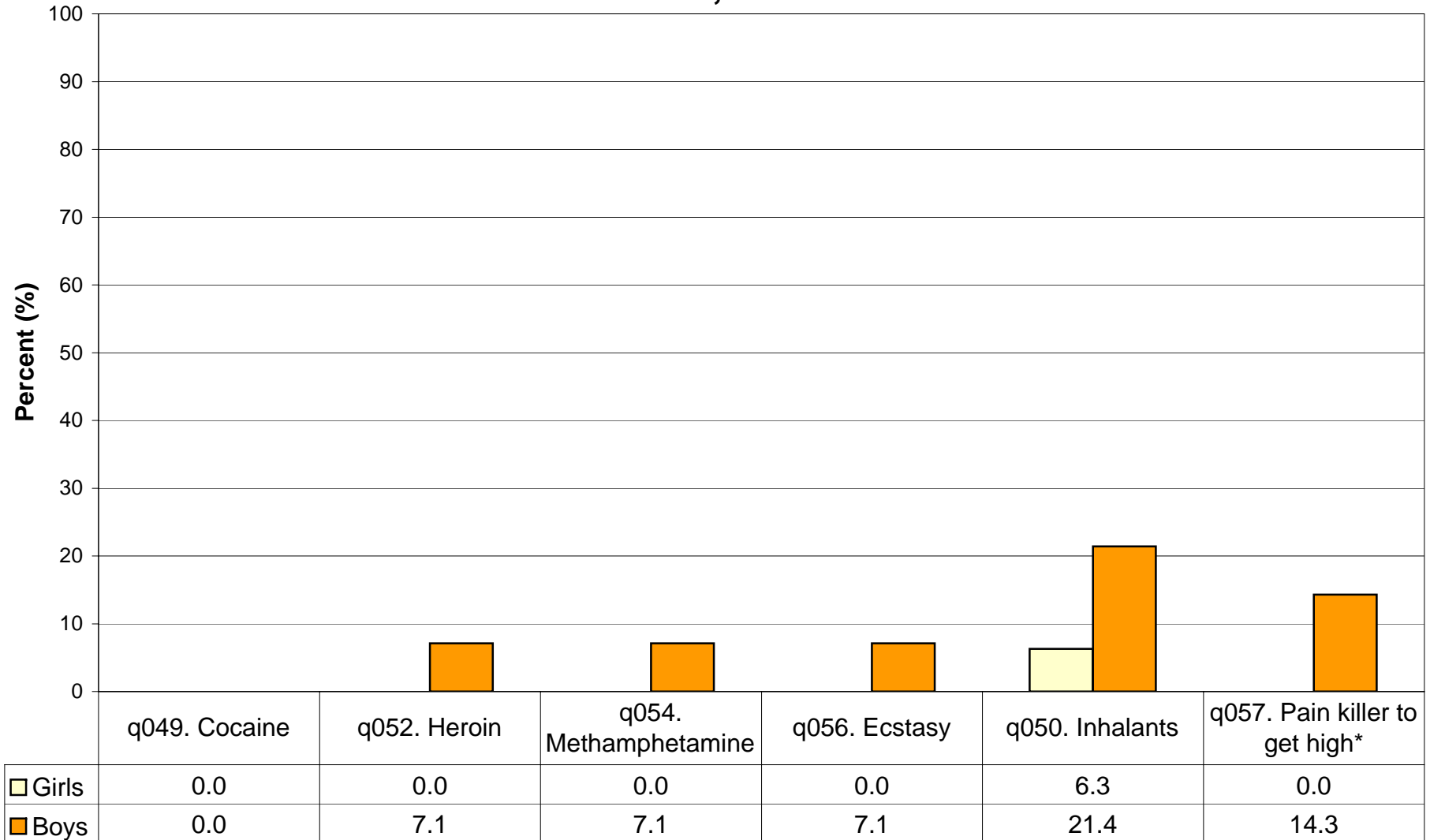
\* In past 30 days

## Past 30-day Drug Use New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



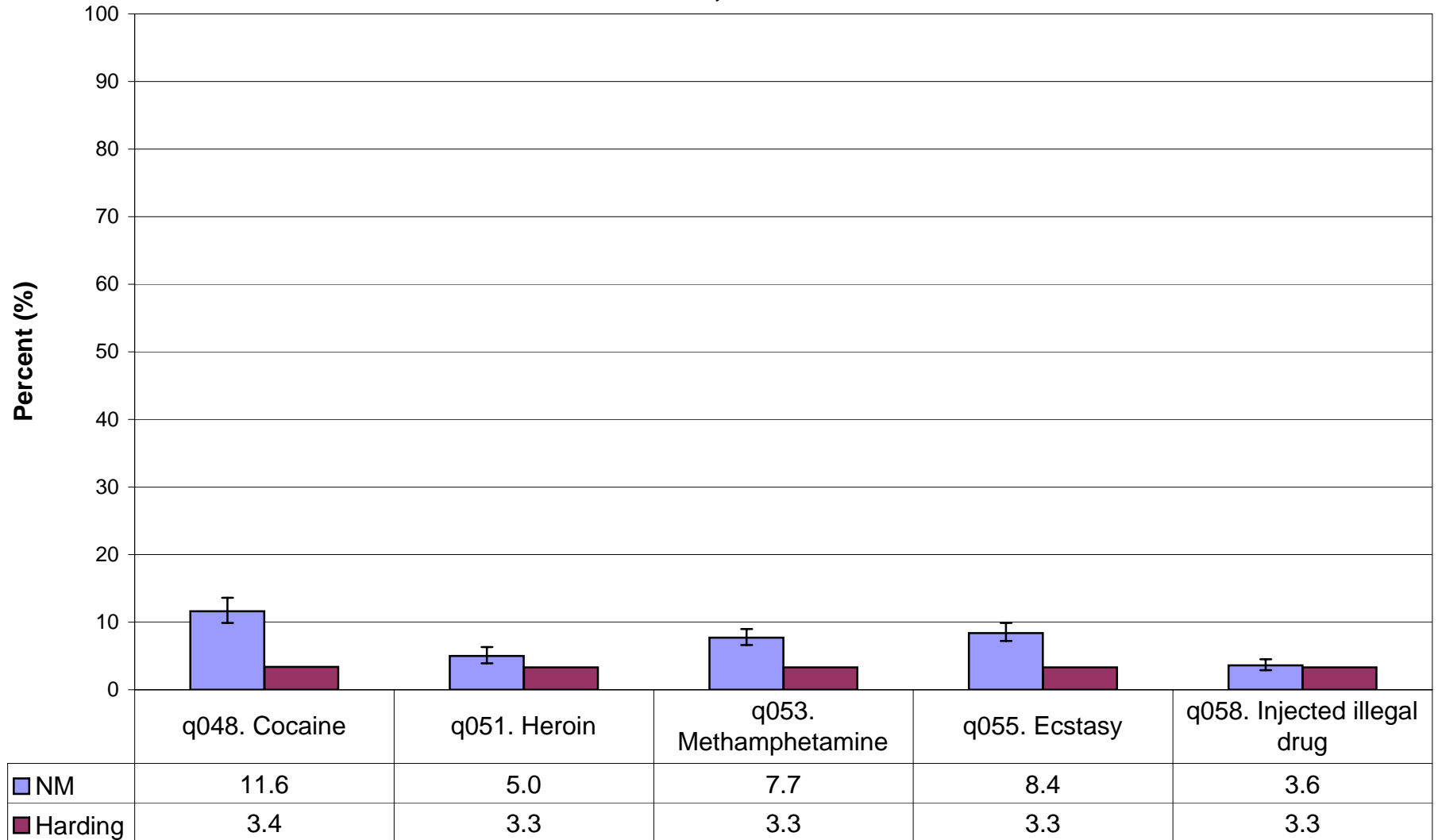
\* Like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)

## Past 30-day Drug Use by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

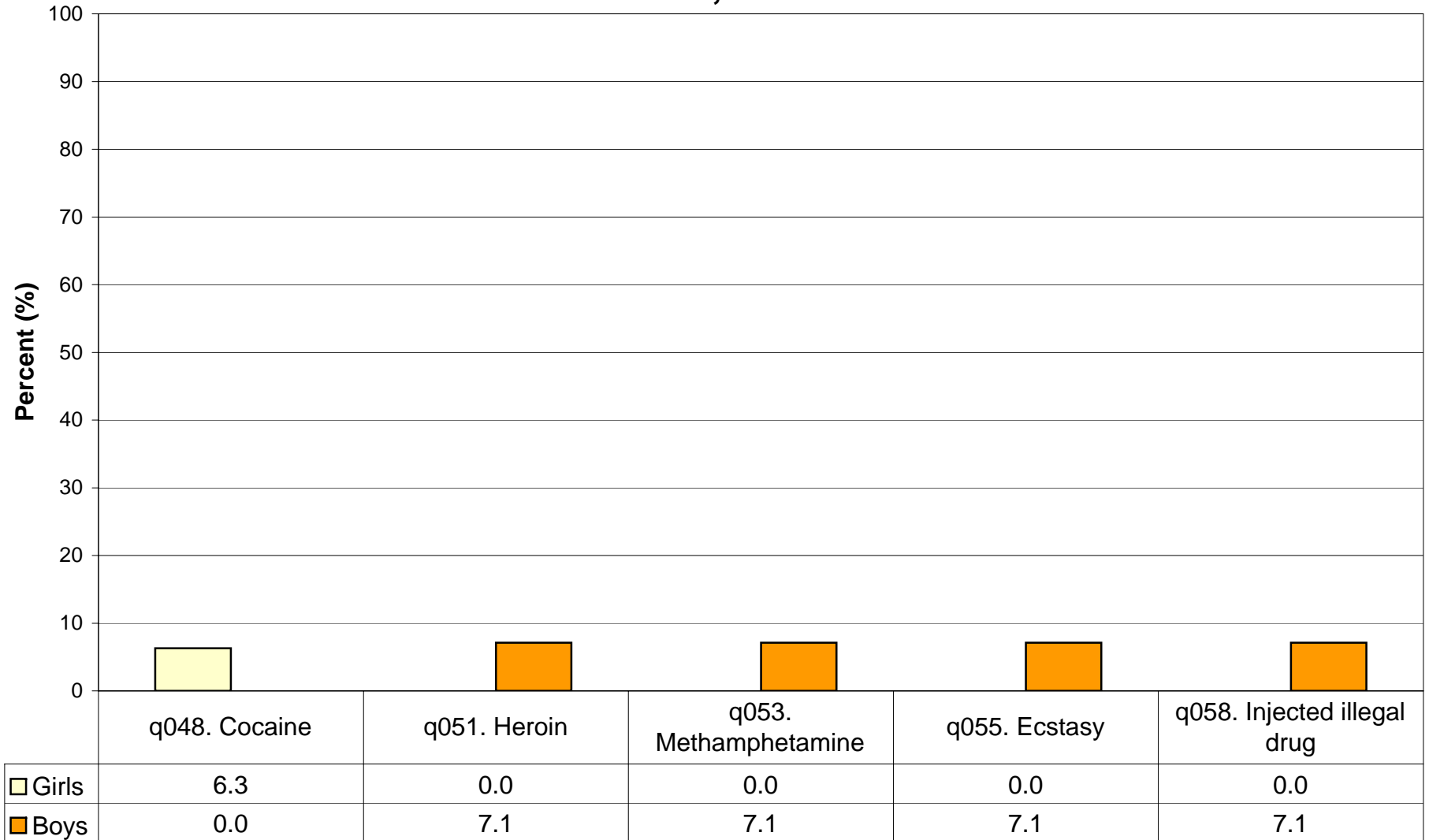


\* Like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)

## Lifetime Drug Use New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS

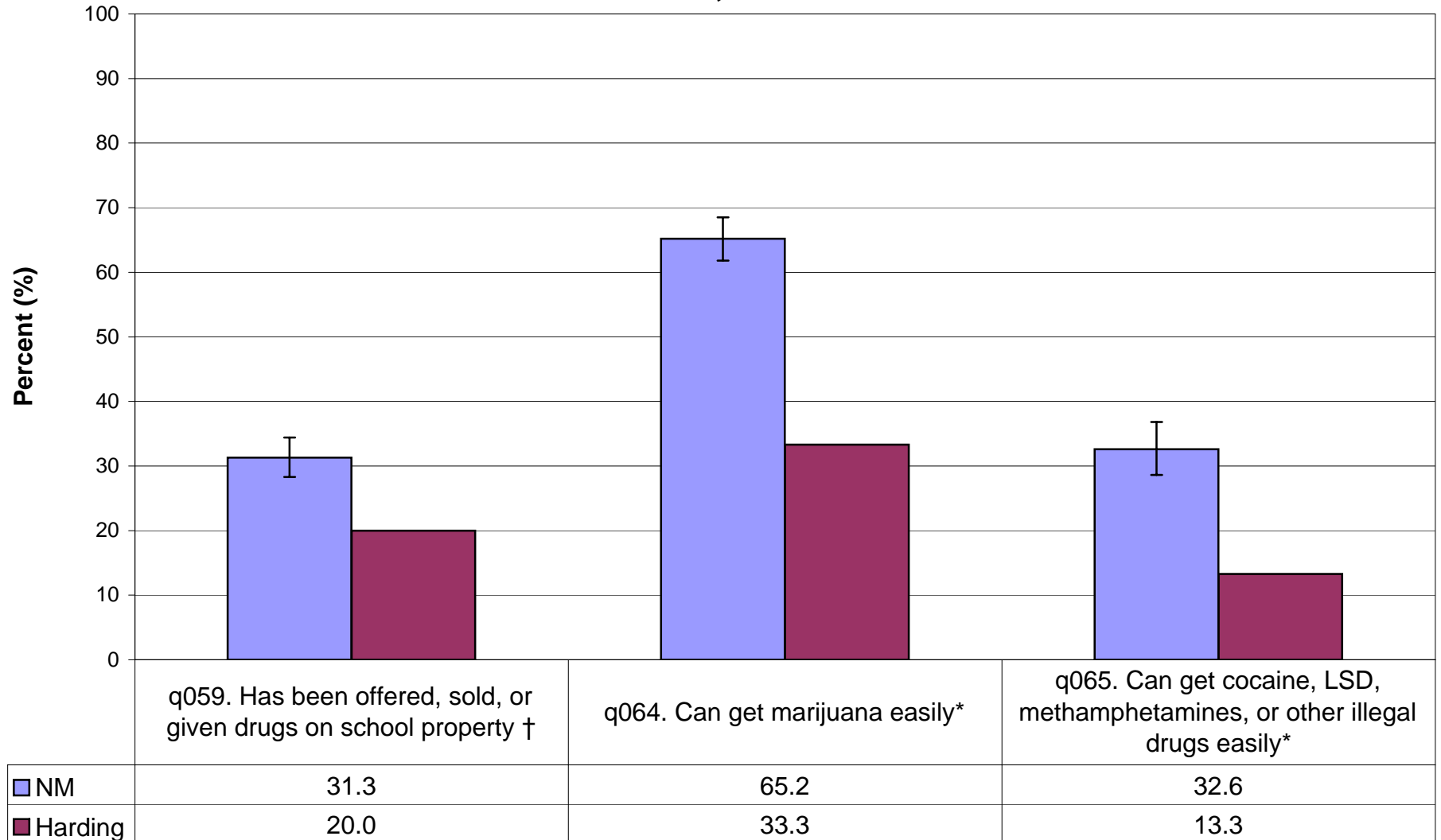


## Lifetime Drug Use by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



## Drug Use: Access

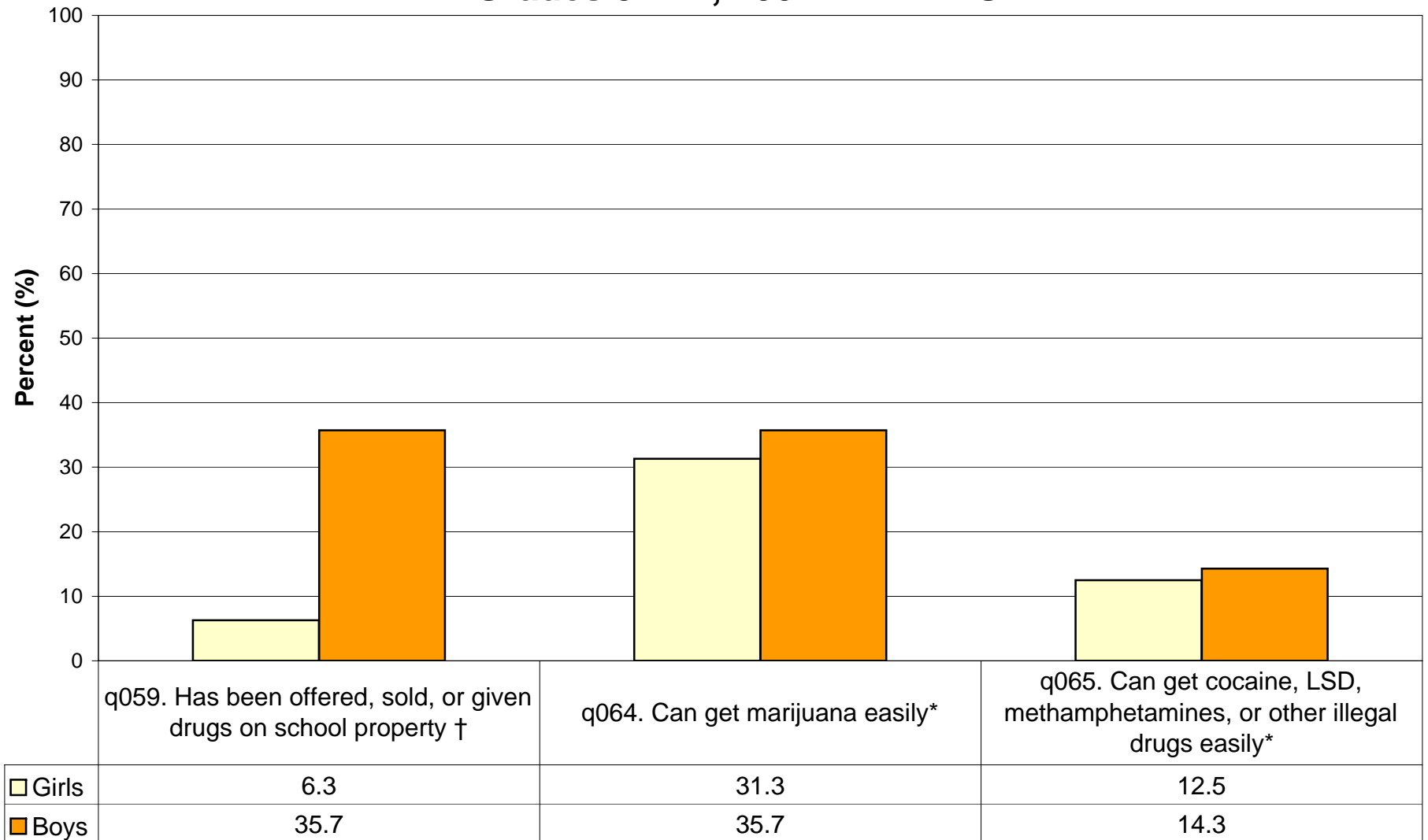
### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



† In the past 12 months

\* "Very easy" or "Sort of easy" to get

## Drug Use: Access by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

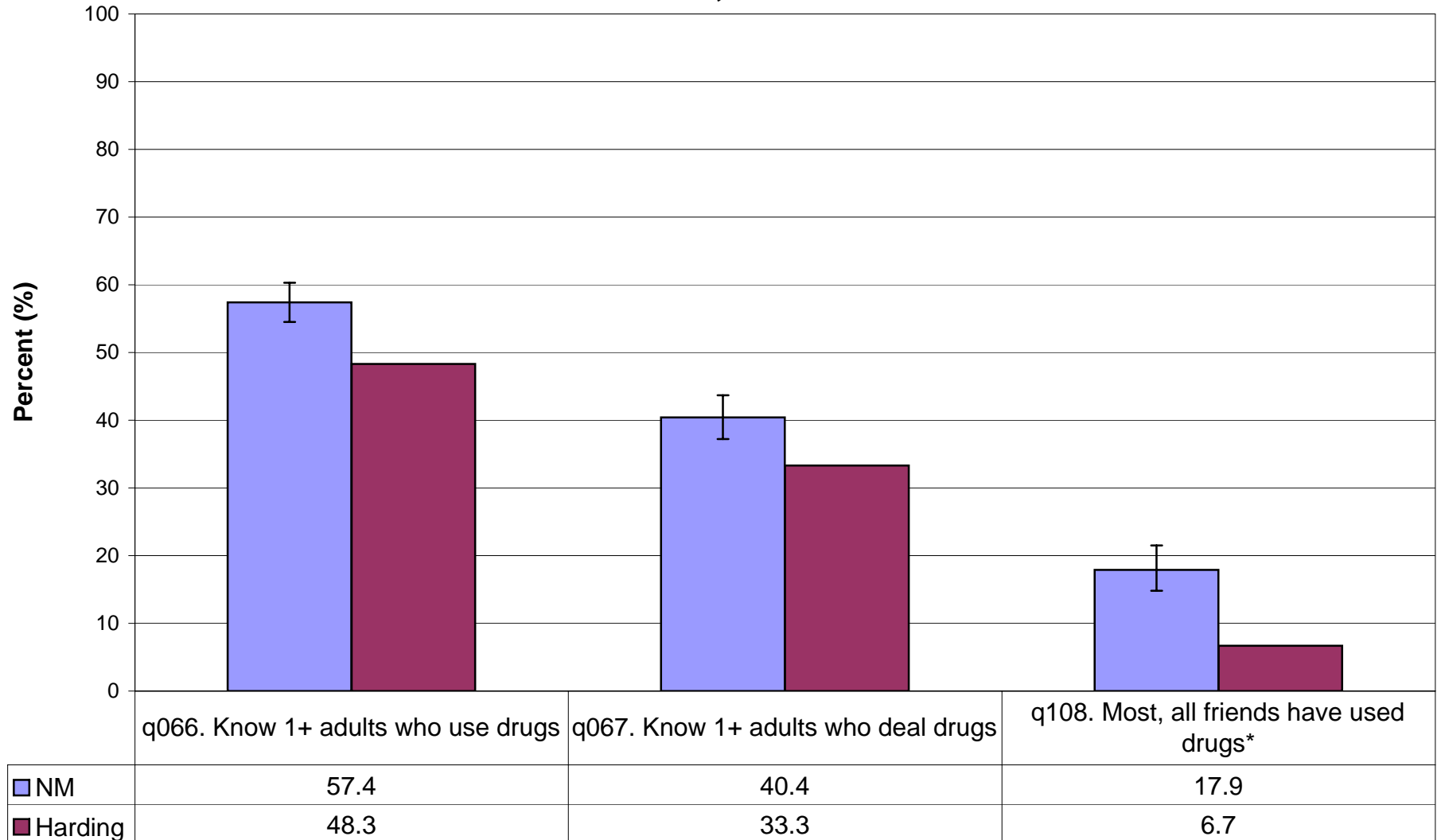


† In the past 12 months

\* "Very easy" or "Sort of easy" to get

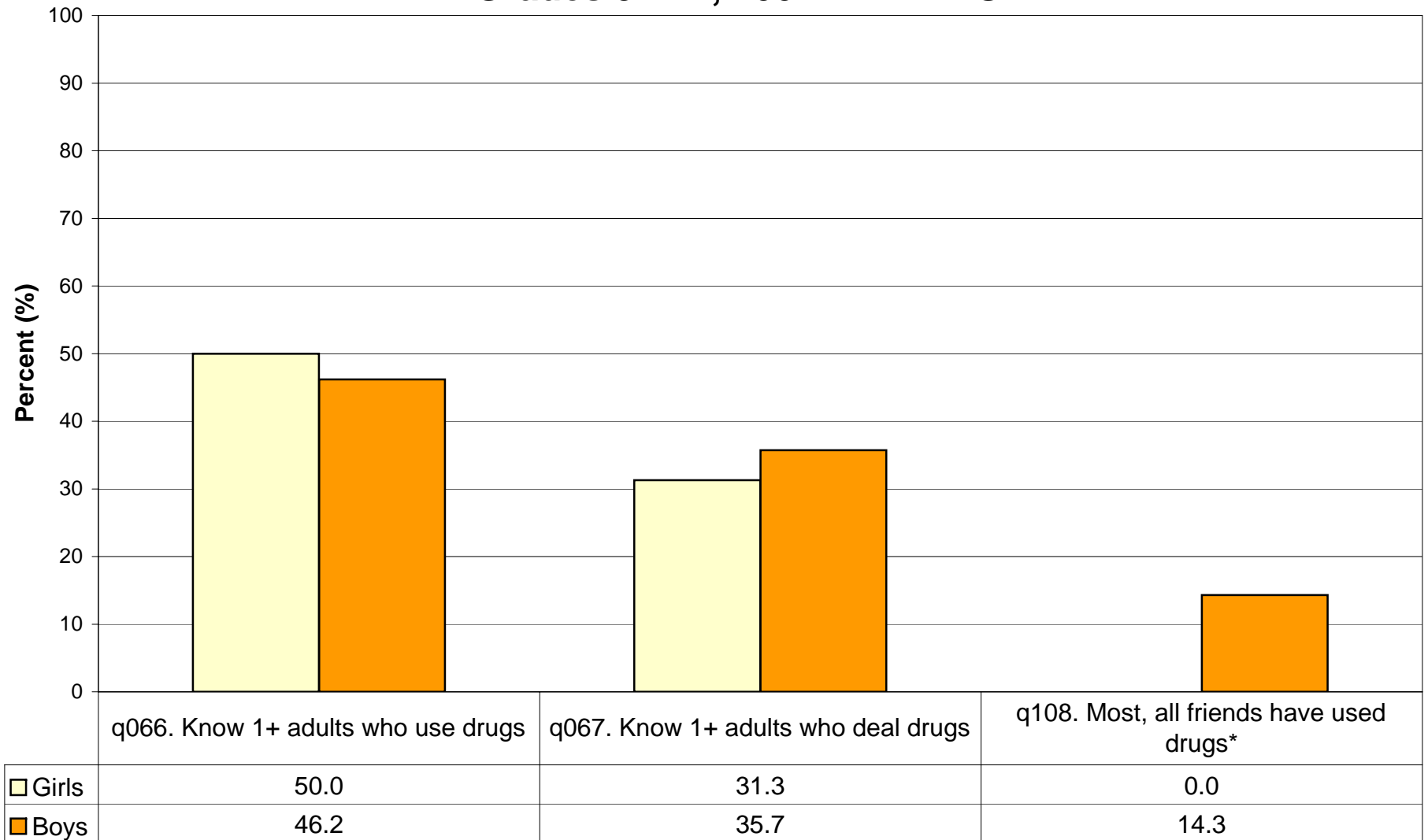


## Drug Use by Friends and Acquaintances New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



\* Such as marijuana or cocaine

## Drug Use by Friends and Acquaintances by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

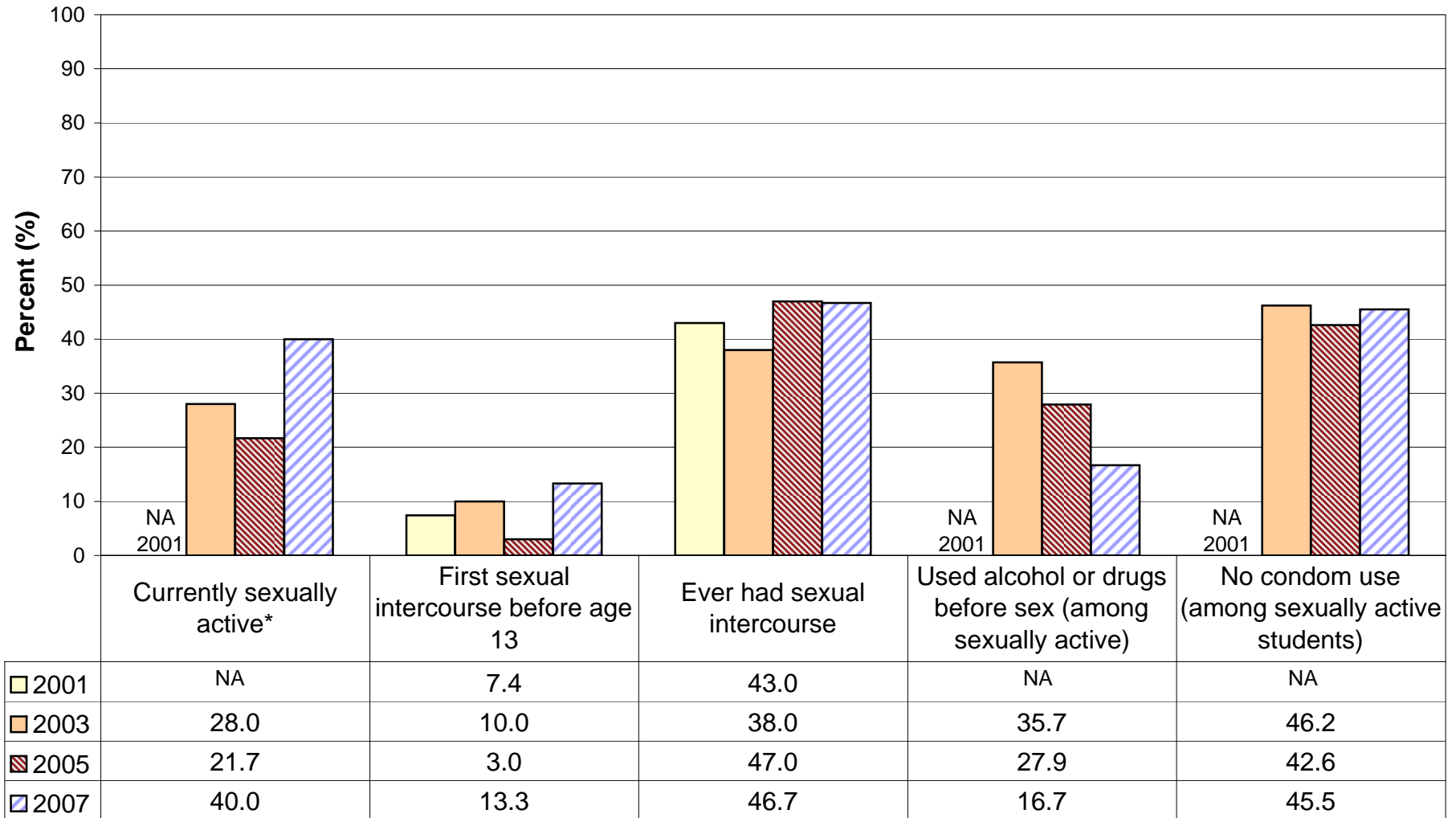


\* Such as marijuana or cocaine

## Sexual Activity

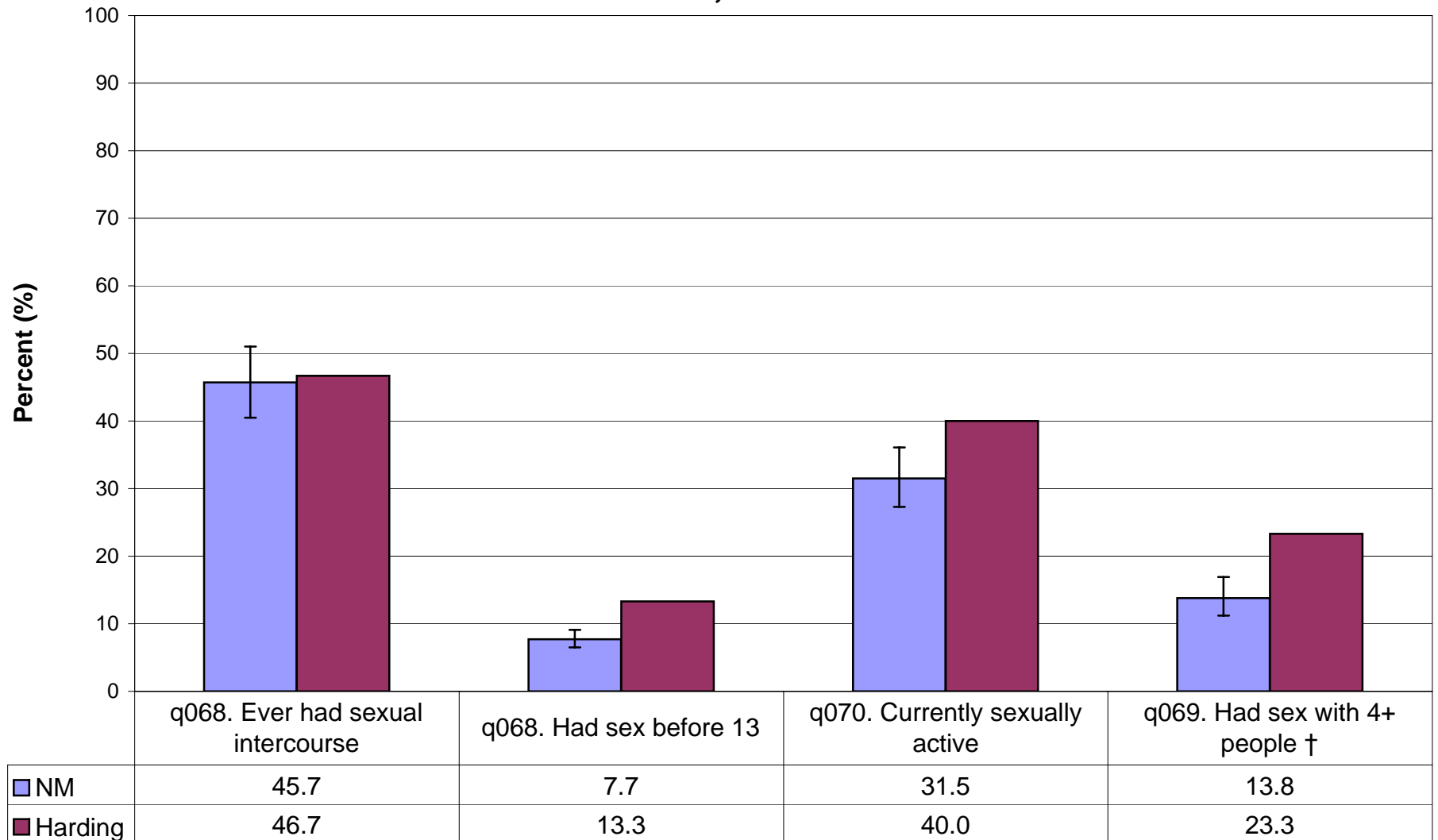
### Harding County: 2001, 2003, 2005, 2007

#### Grades 9 - 12, NM YRRS



\* Had sexual intercourse within the past 3 months

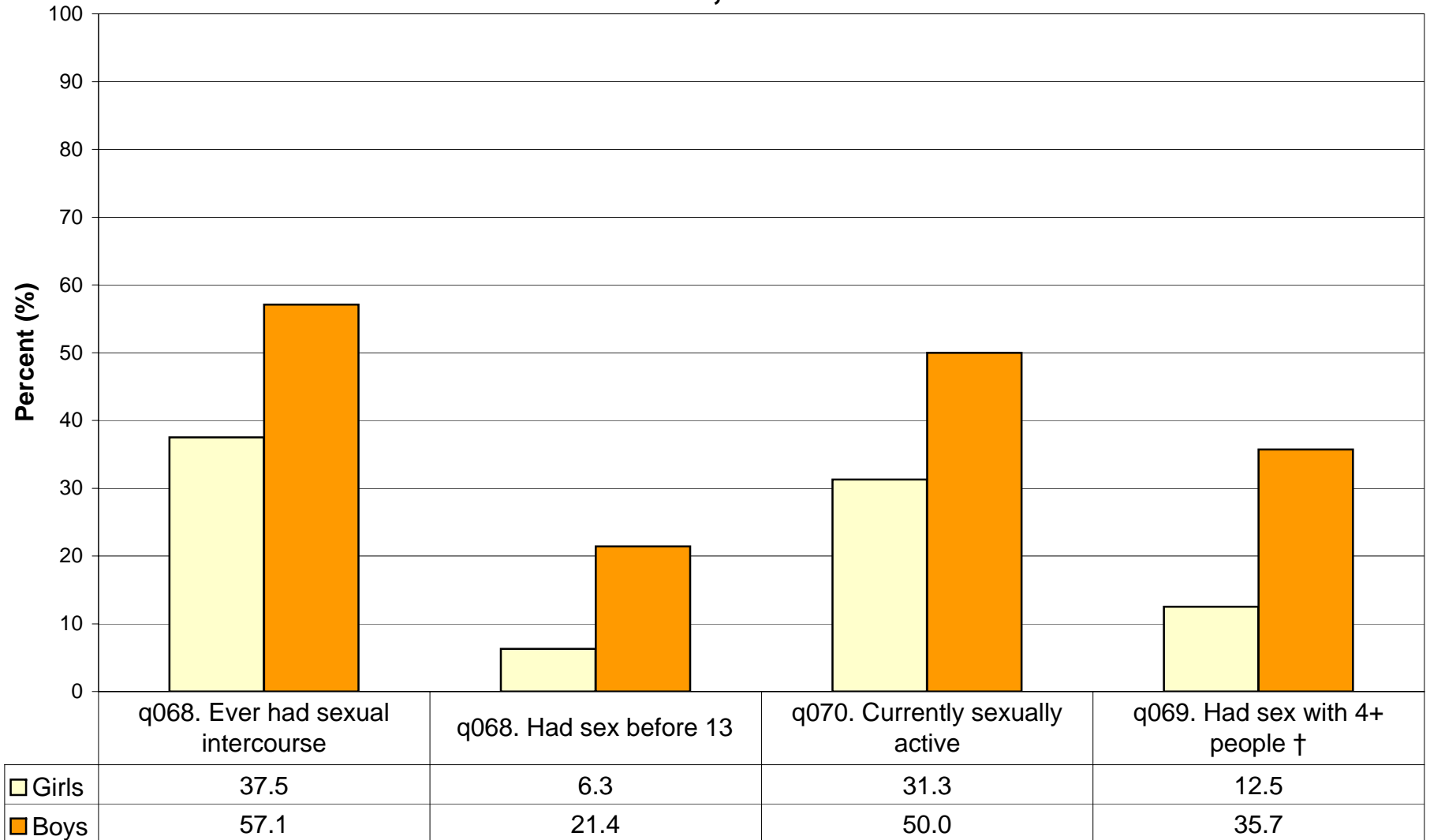
## Sexual Activity New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



\* Had sexual intercourse within the past 3 months

† In lifetime

## Sexual Activity by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

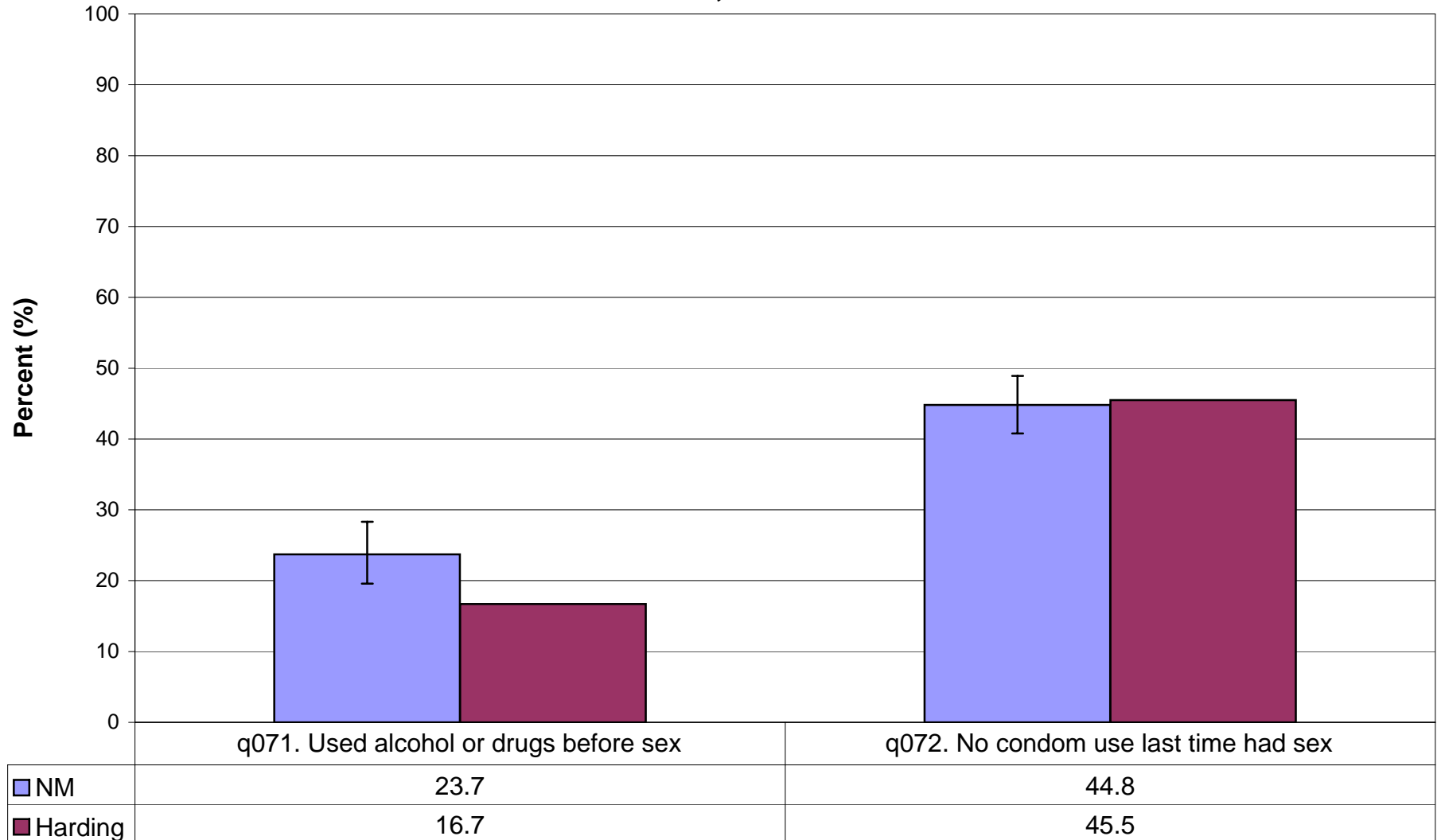


\* Had sexual intercourse within the past 3 months

† In lifetime

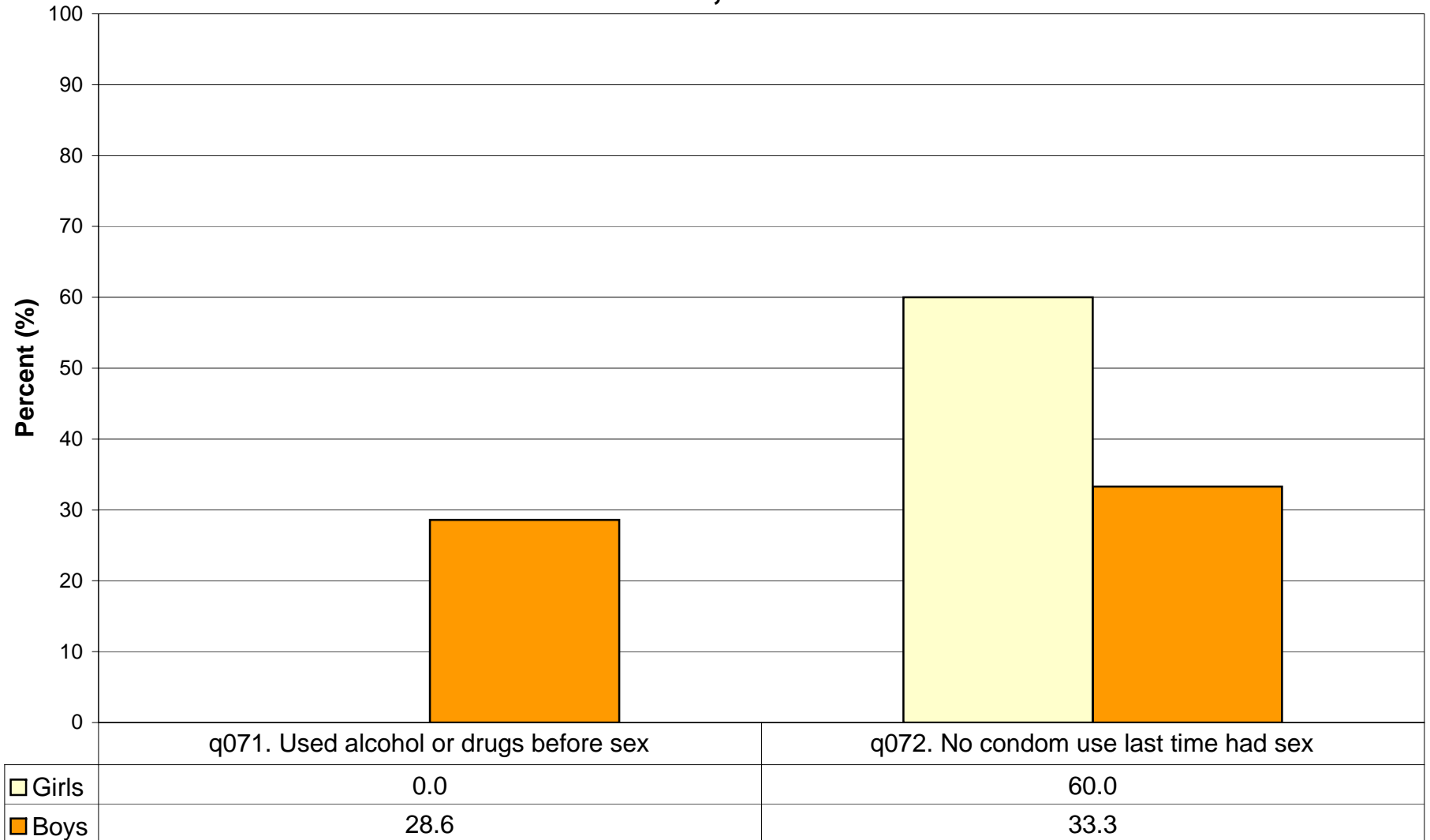
## Behaviors of Sexually Active Students\*

### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



\* Had sexual intercourse within the past 3 months

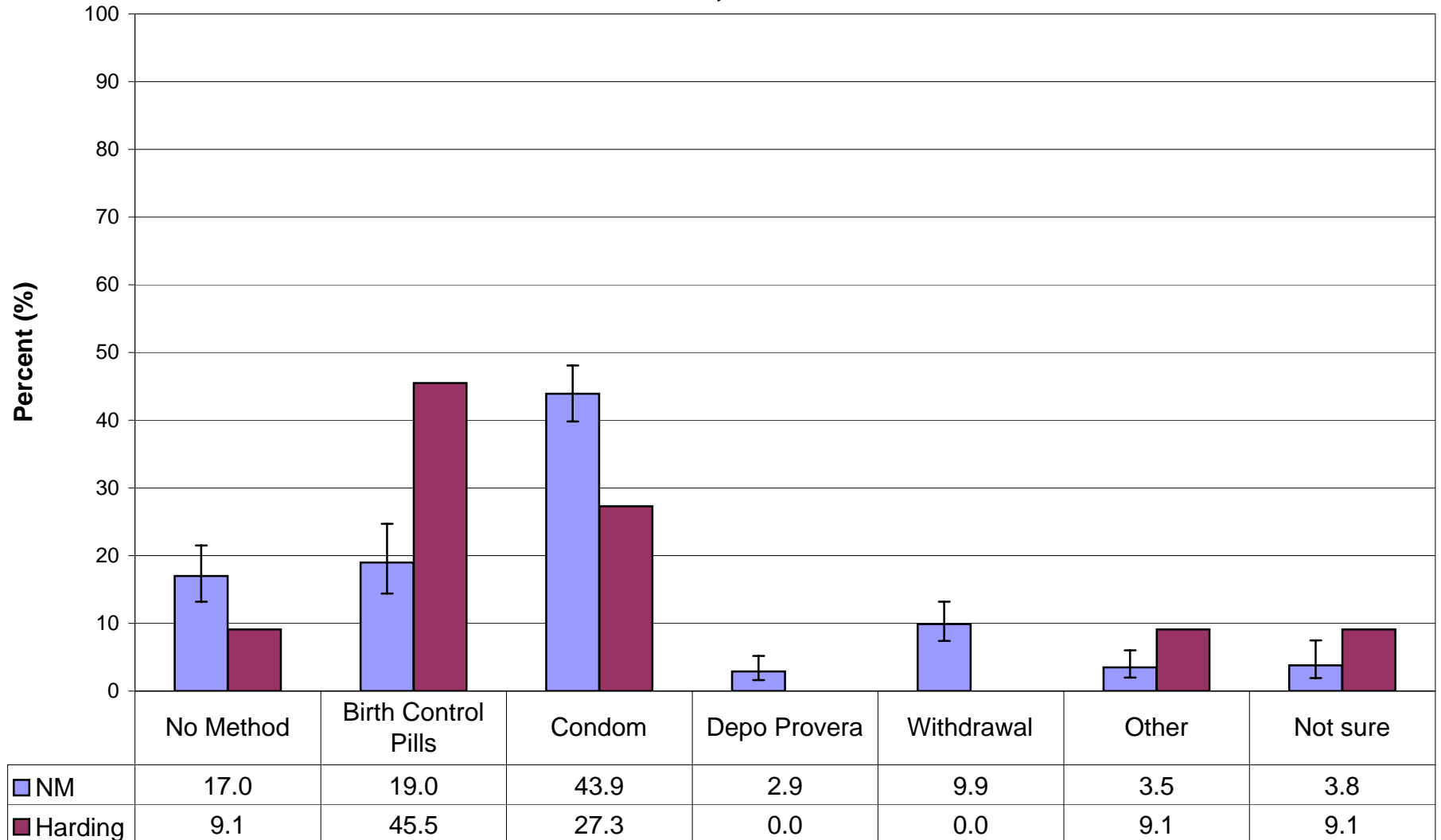
## Behaviors of Sexually Active Students\* by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



\* Had sexual intercourse within the past 3 months

## Birth Control Method Used by Sexually Active Students\*

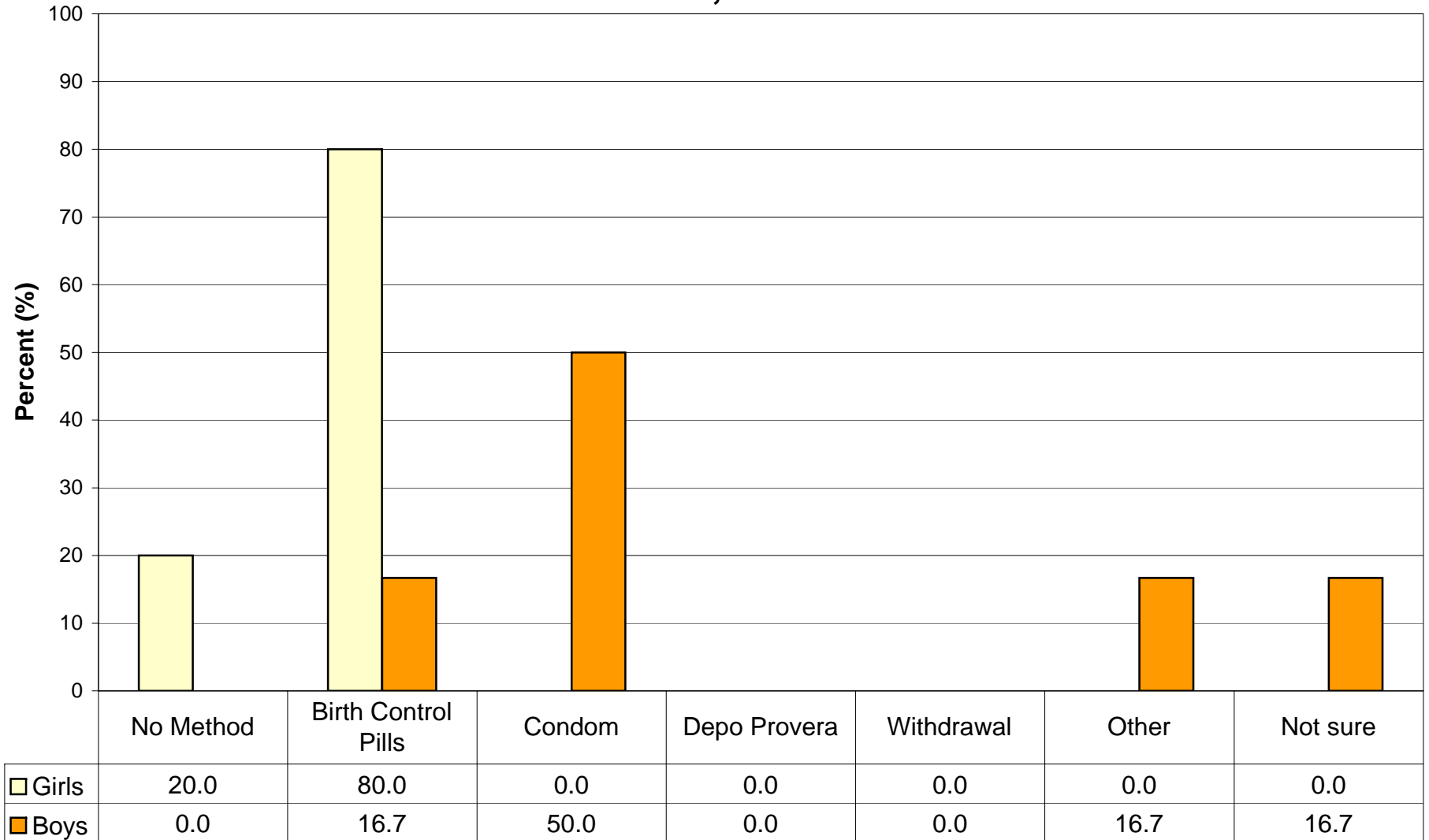
### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



\* Of students who had sexual intercourse within the past 3 months, what one birth control method was used

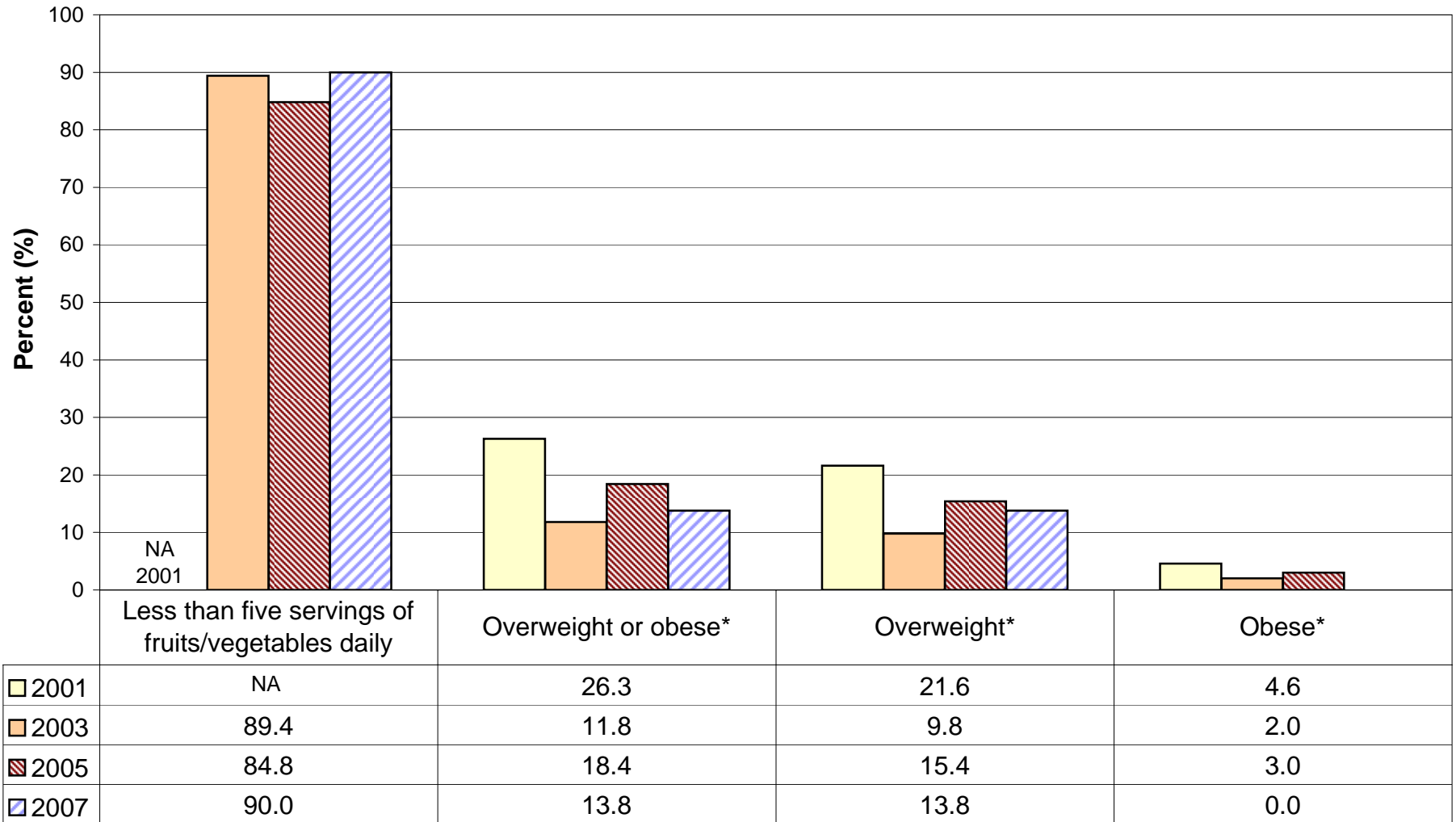


## Birth Control Method Used by Sexually Active Students\* by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



\* Of students who had sexual intercourse within the past 3 months, what one birth control method was used

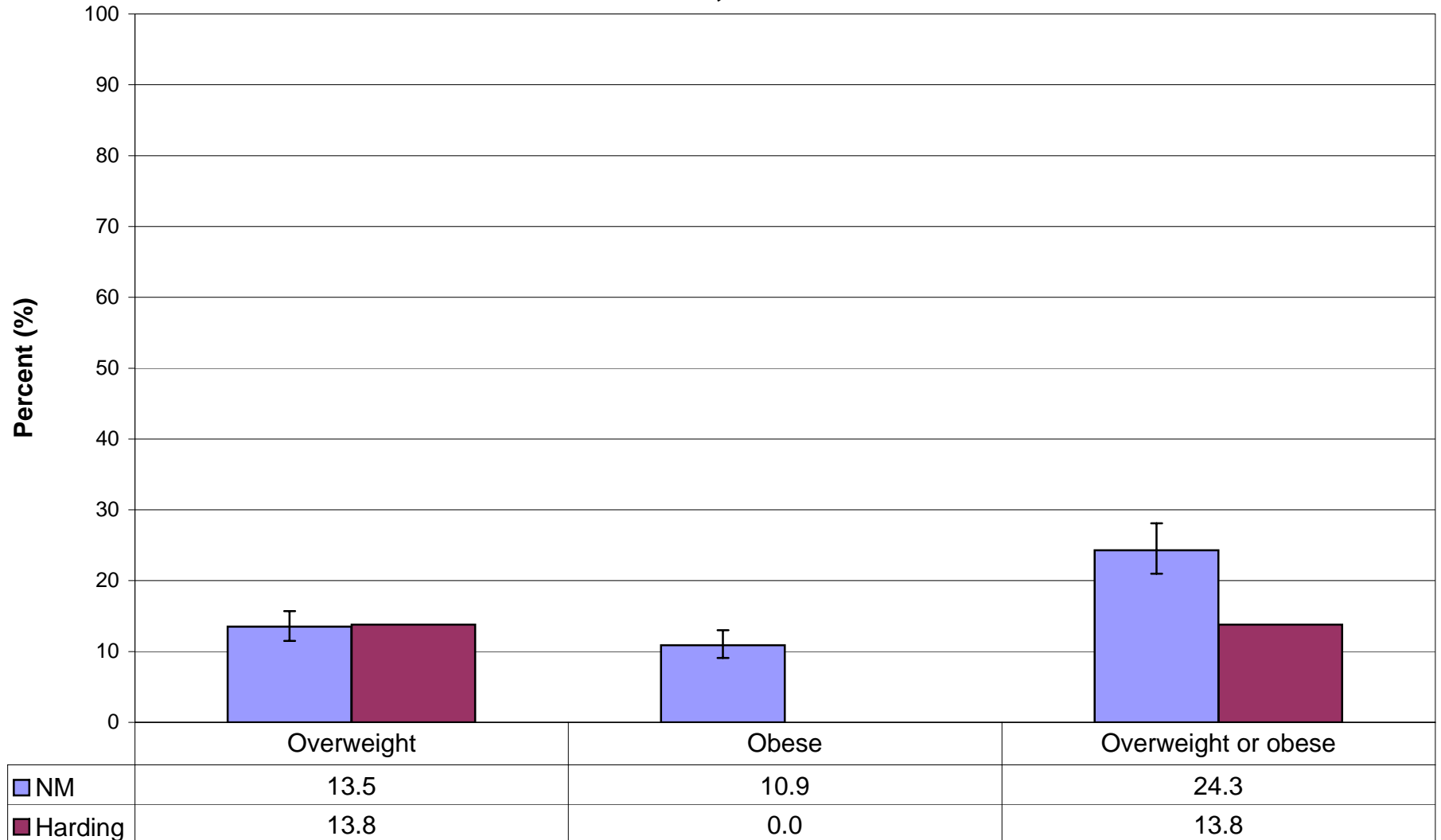
## Body Weight and Nutrition Harding County: 2001, 2003, 2005, 2007 Grades 9 - 12, NM YRRS



\* Based on calculated Body Mass Index (BMI) from self-reported weight and height and compared to standard historical data

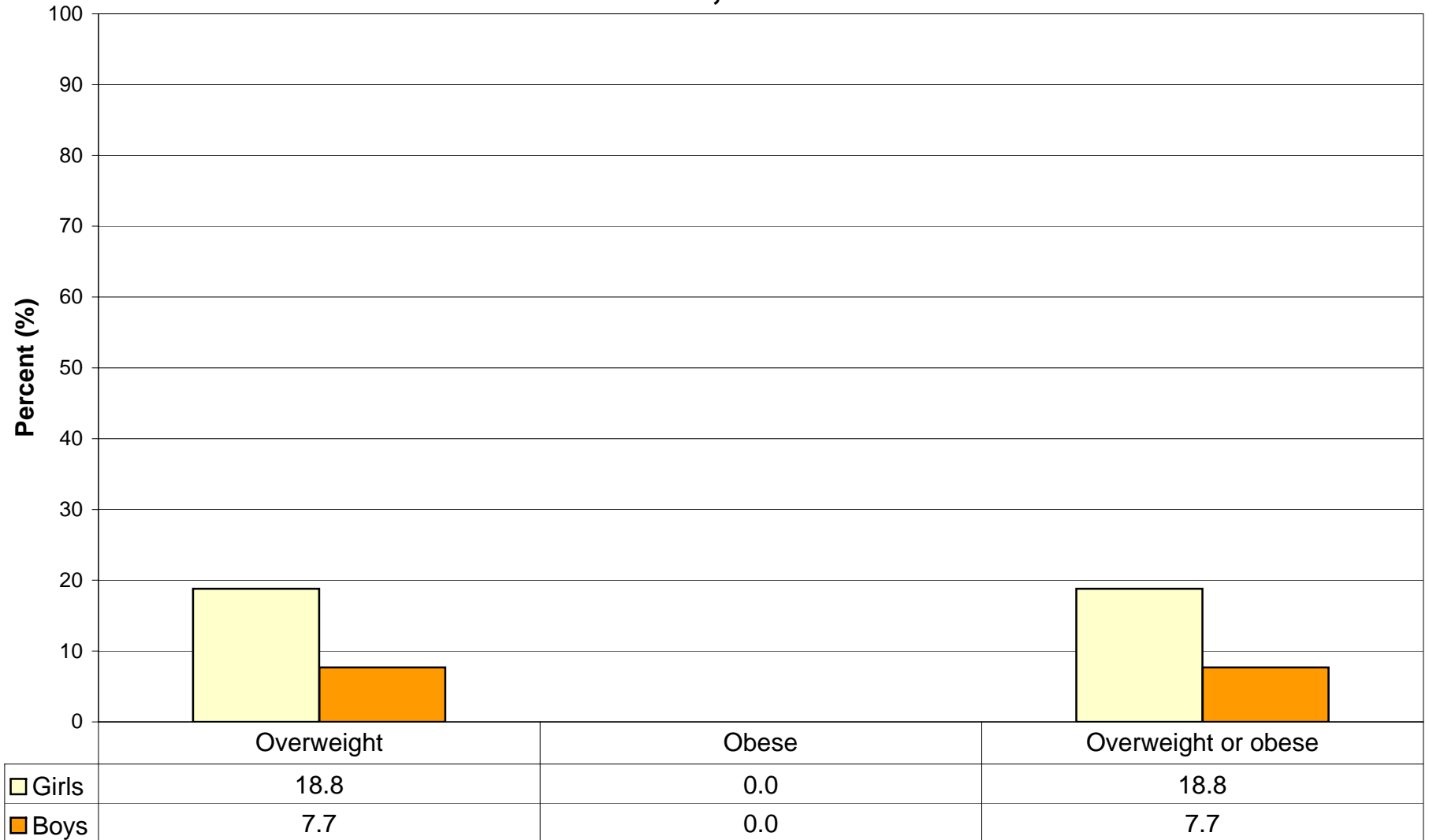
# Body Weight

## New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



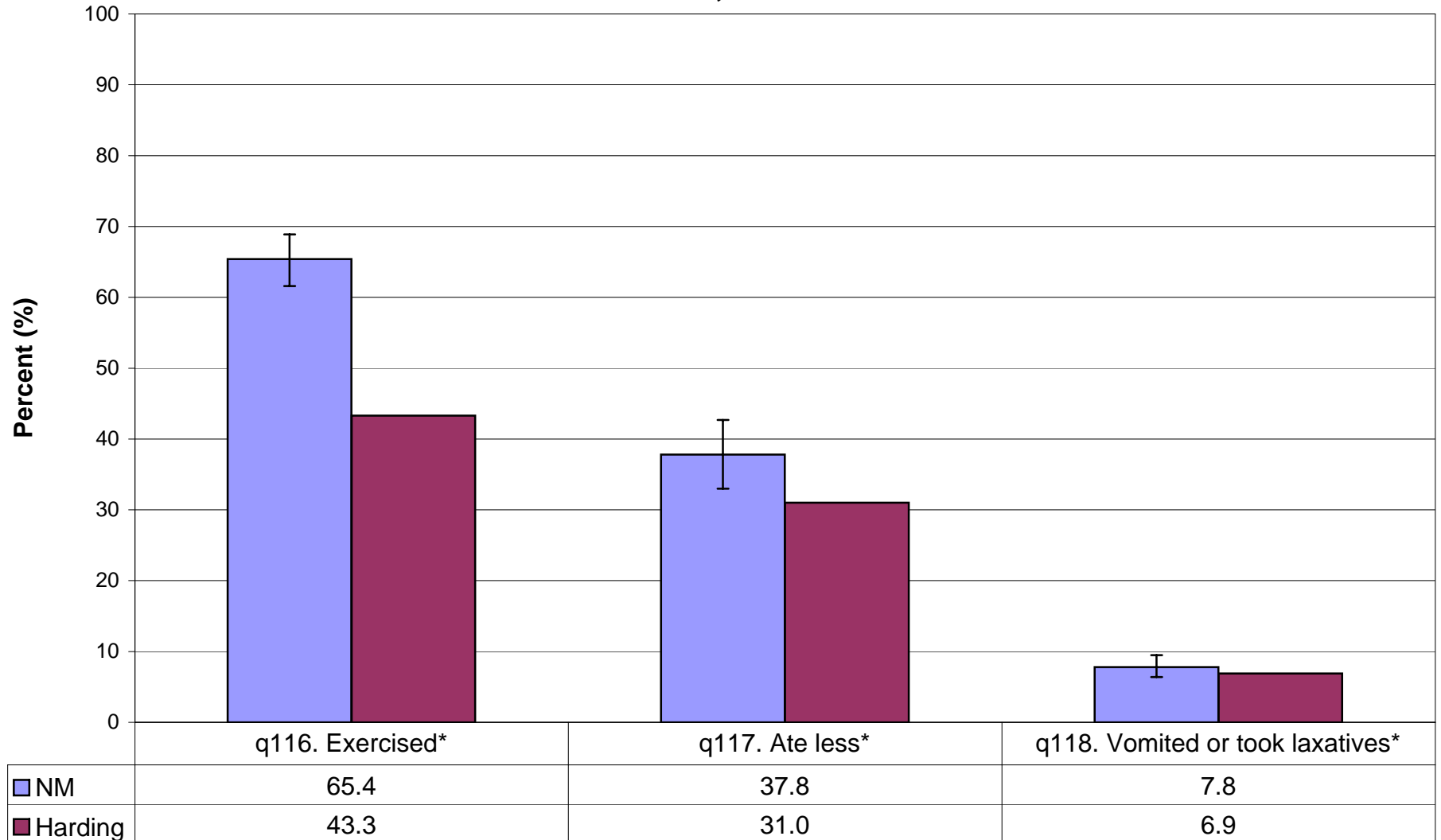
*Based on calculated Body Mass Index (BMI) from self-reported weight and height and compared to standard historical data*

## Body Weight by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



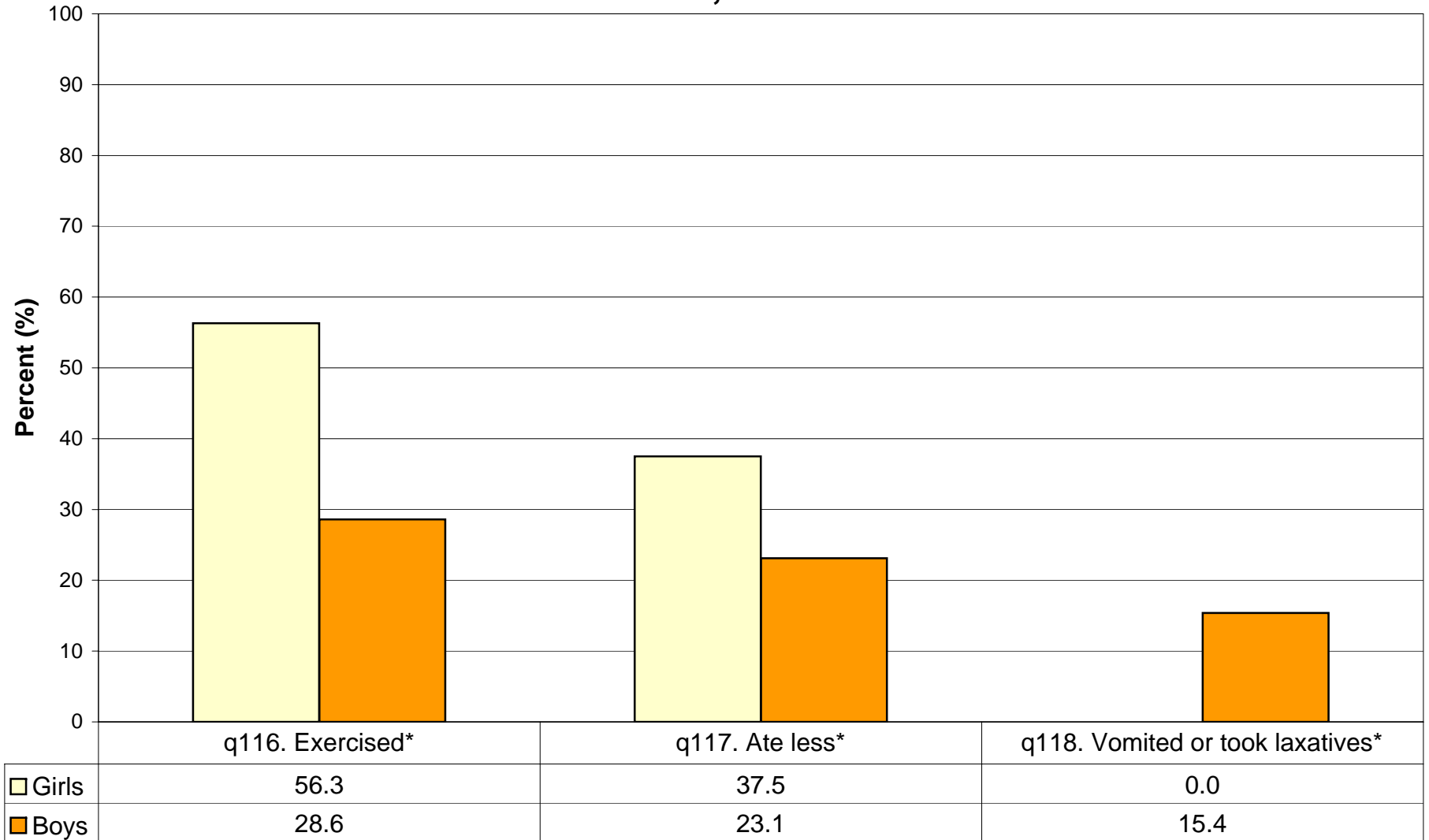
*Based on calculated Body Mass Index (BMI) from self-reported weight and height and compared to standard historical data*

## Body Weight: Attempted Weight Loss New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



\* To lose weight or keep from gaining weight in the past 30 days

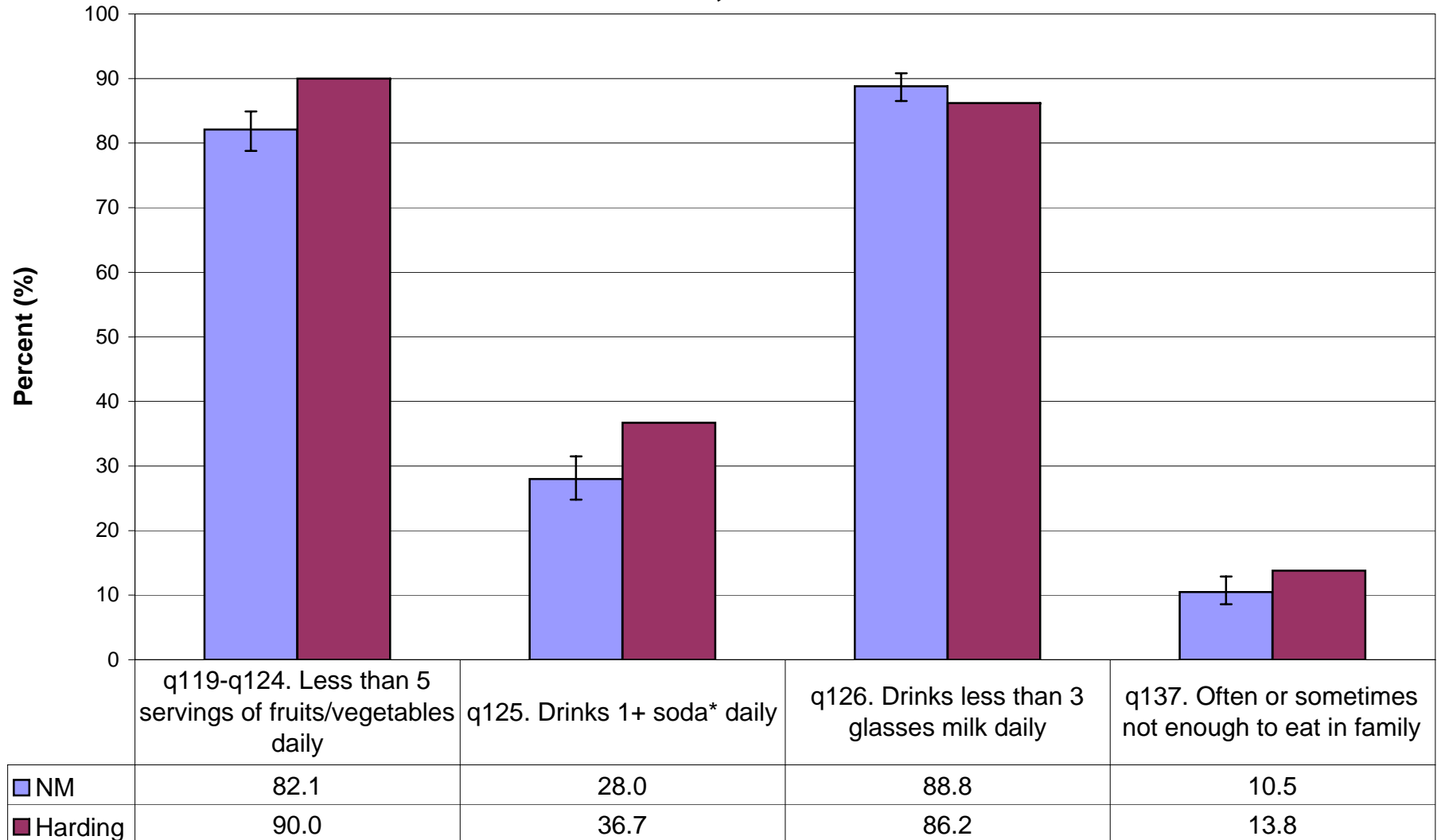
## Body Weight: Attempted Weight Loss by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



*Based on calculated Body Mass Index (BMI) from self-reported weight and height and compared to standard historical data*

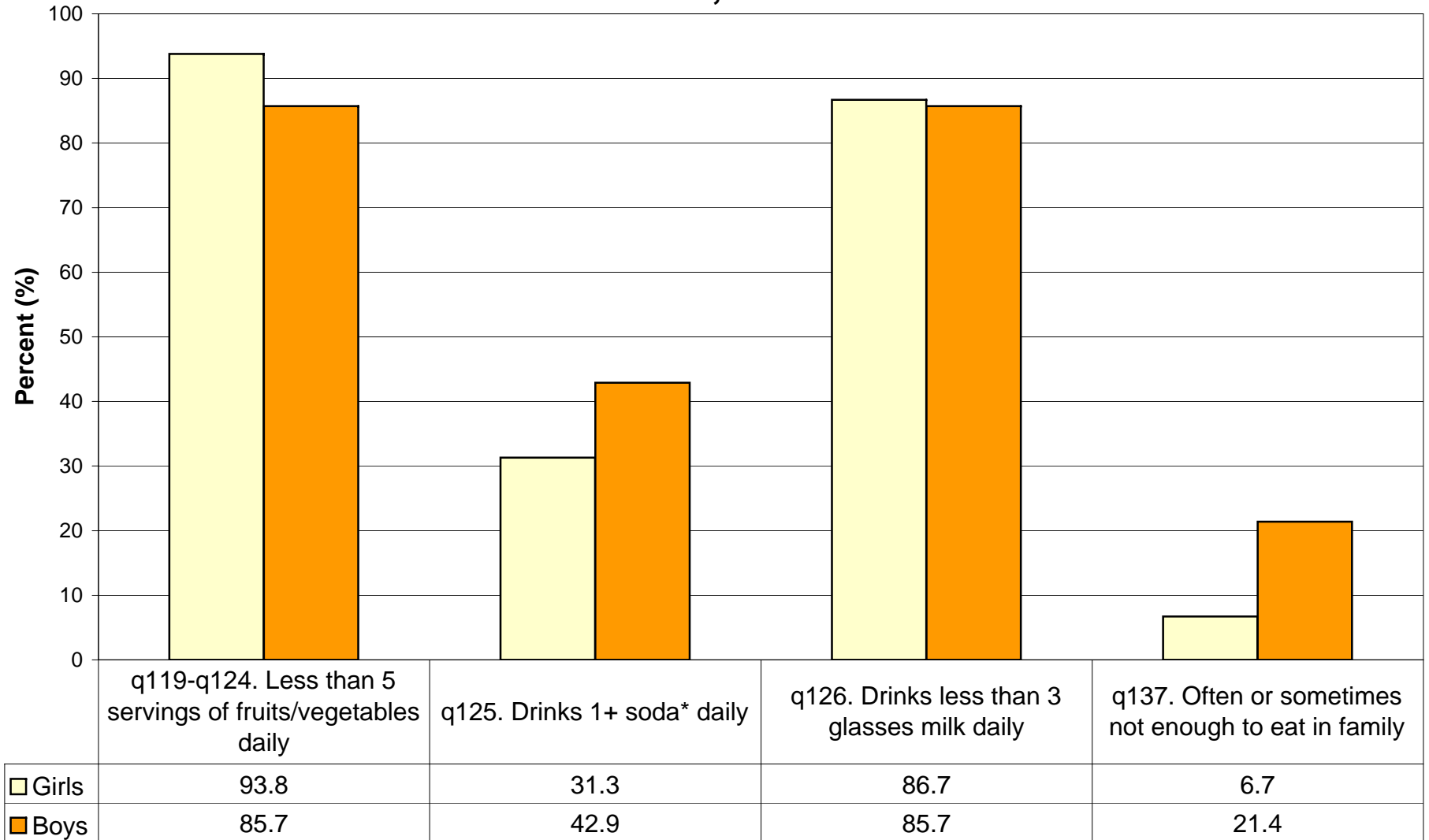
## Nutrition

### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



\* A can, bottle, or glass of soda or pop, such as a Coke, Pepsi, or Sprite, not including diet soda or diet pop

## Nutrition by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

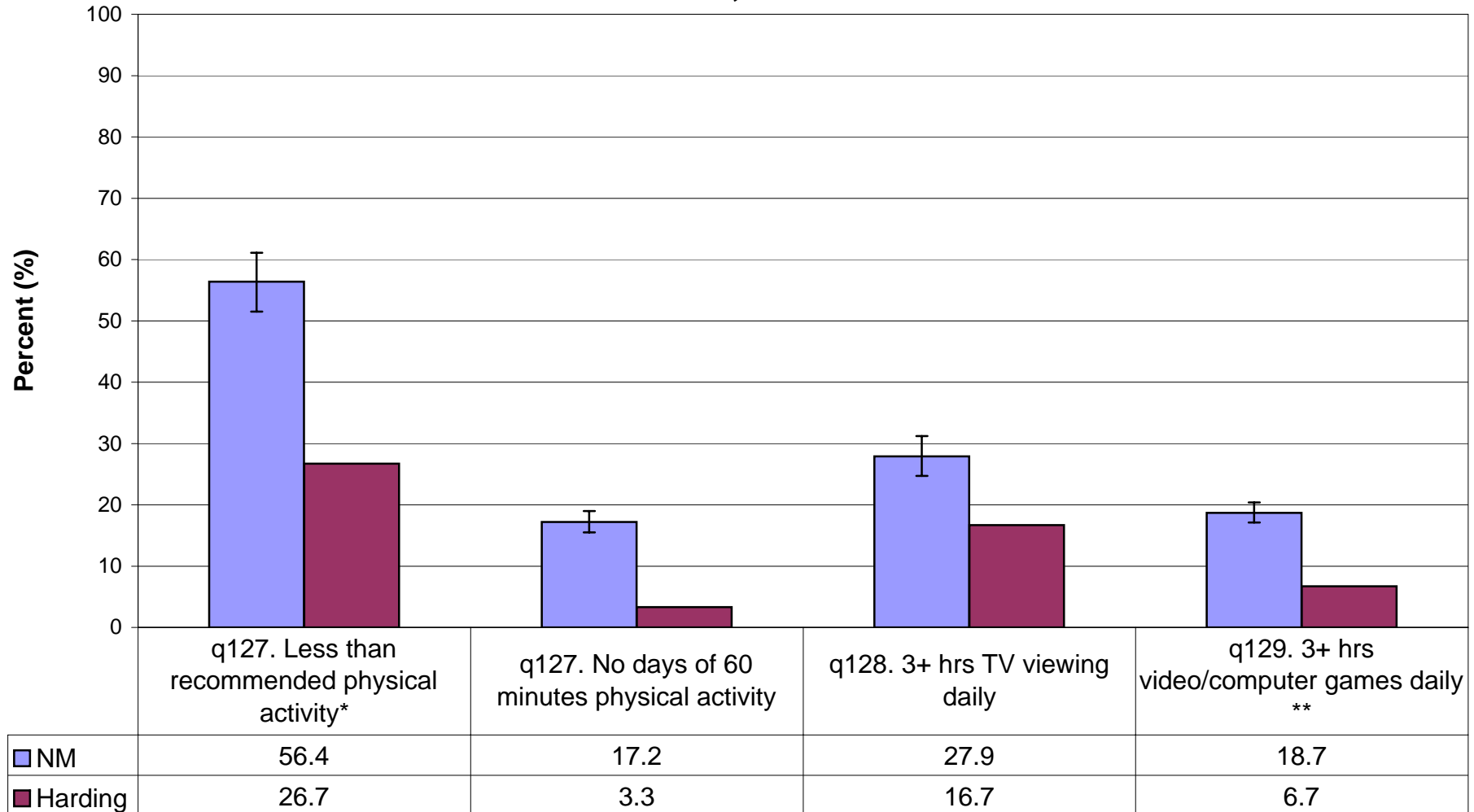


\* A can, bottle, or glass of soda or pop, such as a Coke, Pepsi, or Sprite, not including diet soda or diet pop



# Physical Activity

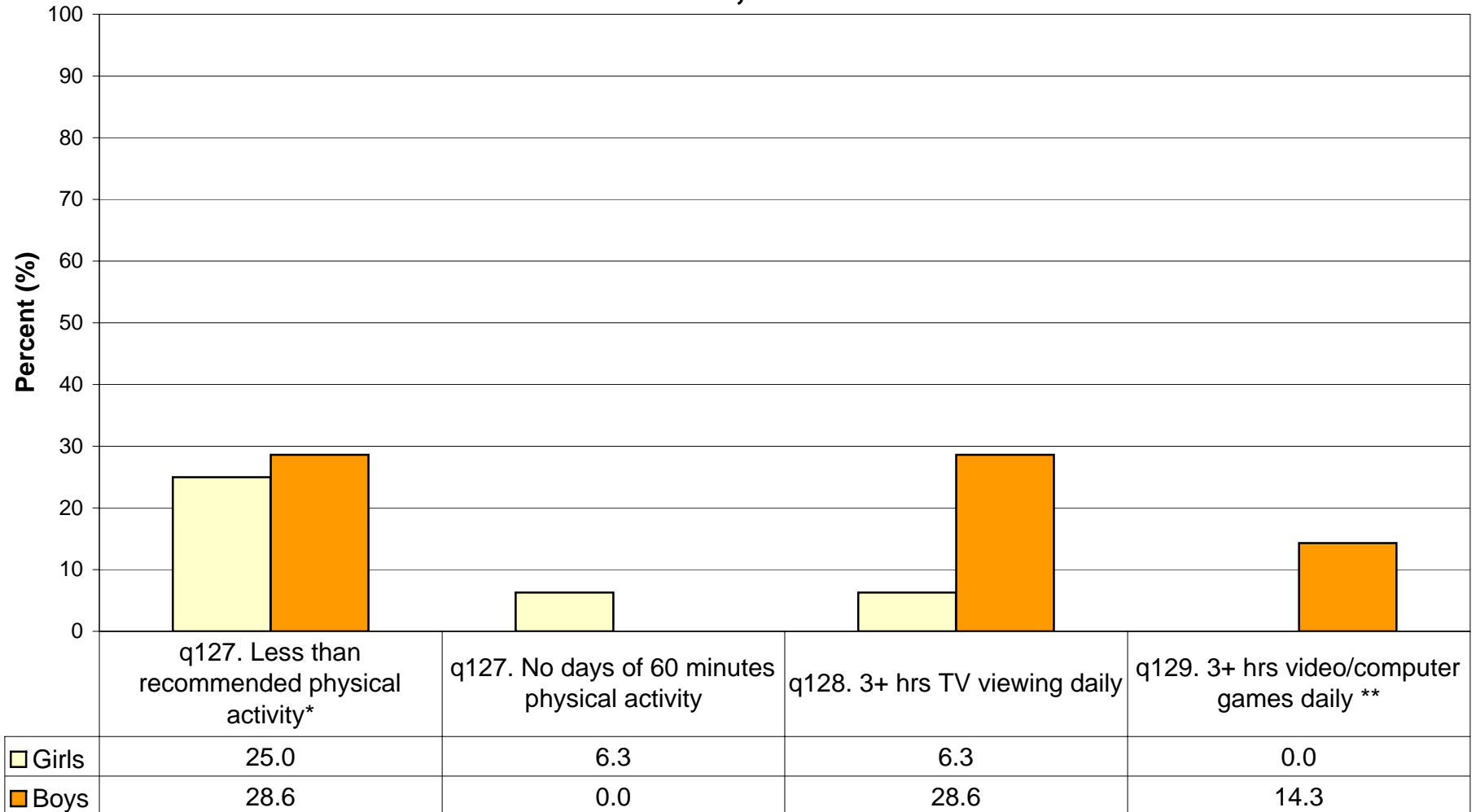
## New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



\* Recommended physical activity: At least 60 minutes of physical activity on 5+ of the past 7 days that increased the heart rate and made student or breathe hard

\*\* Video or computer games or other computer use for something that is not school work, such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet

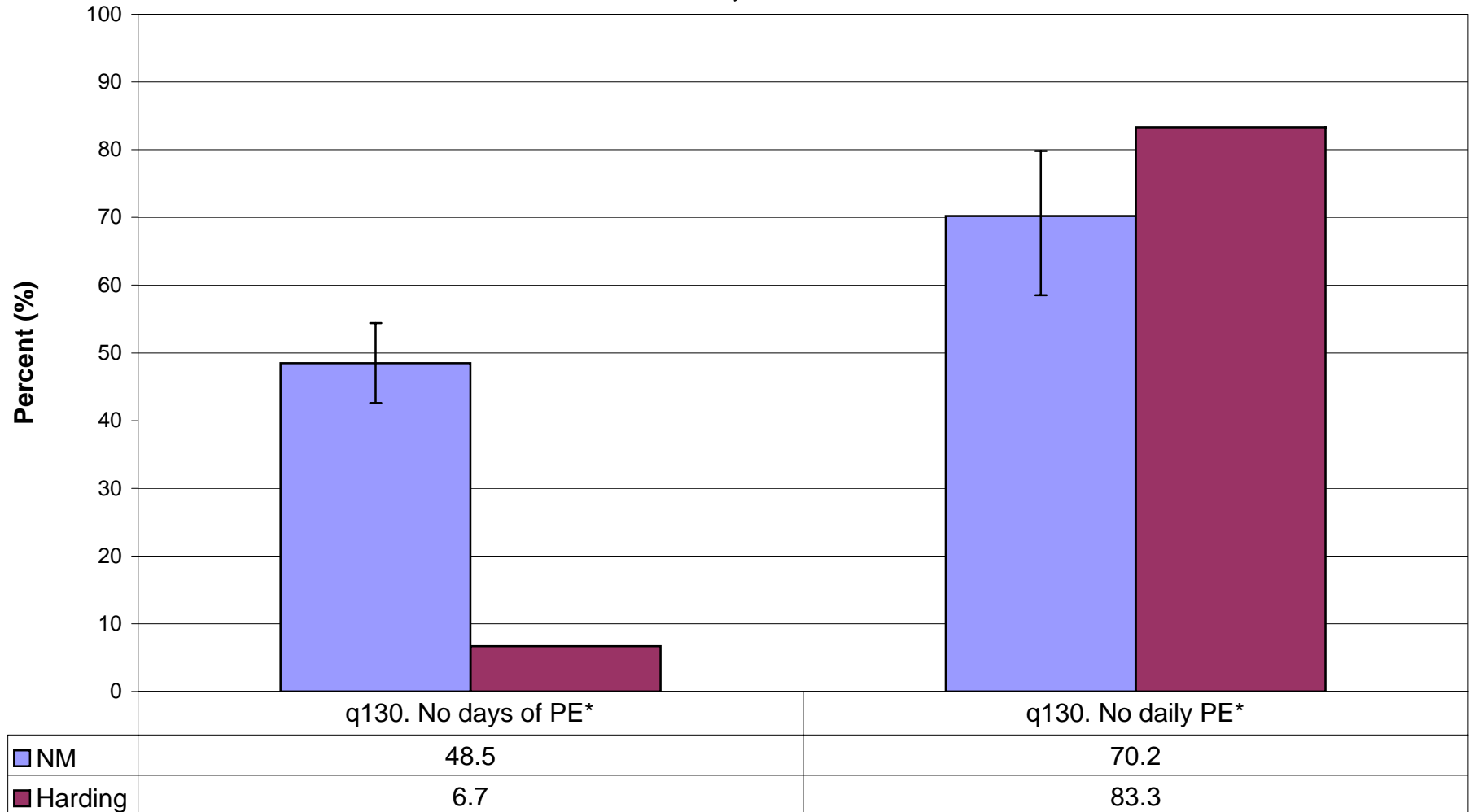
## Physical Activity by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



\* Recommended physical activity: At least 60 minutes of physical activity on 5+ of the past 7 days that increased the heart rate and made student or breathe hard

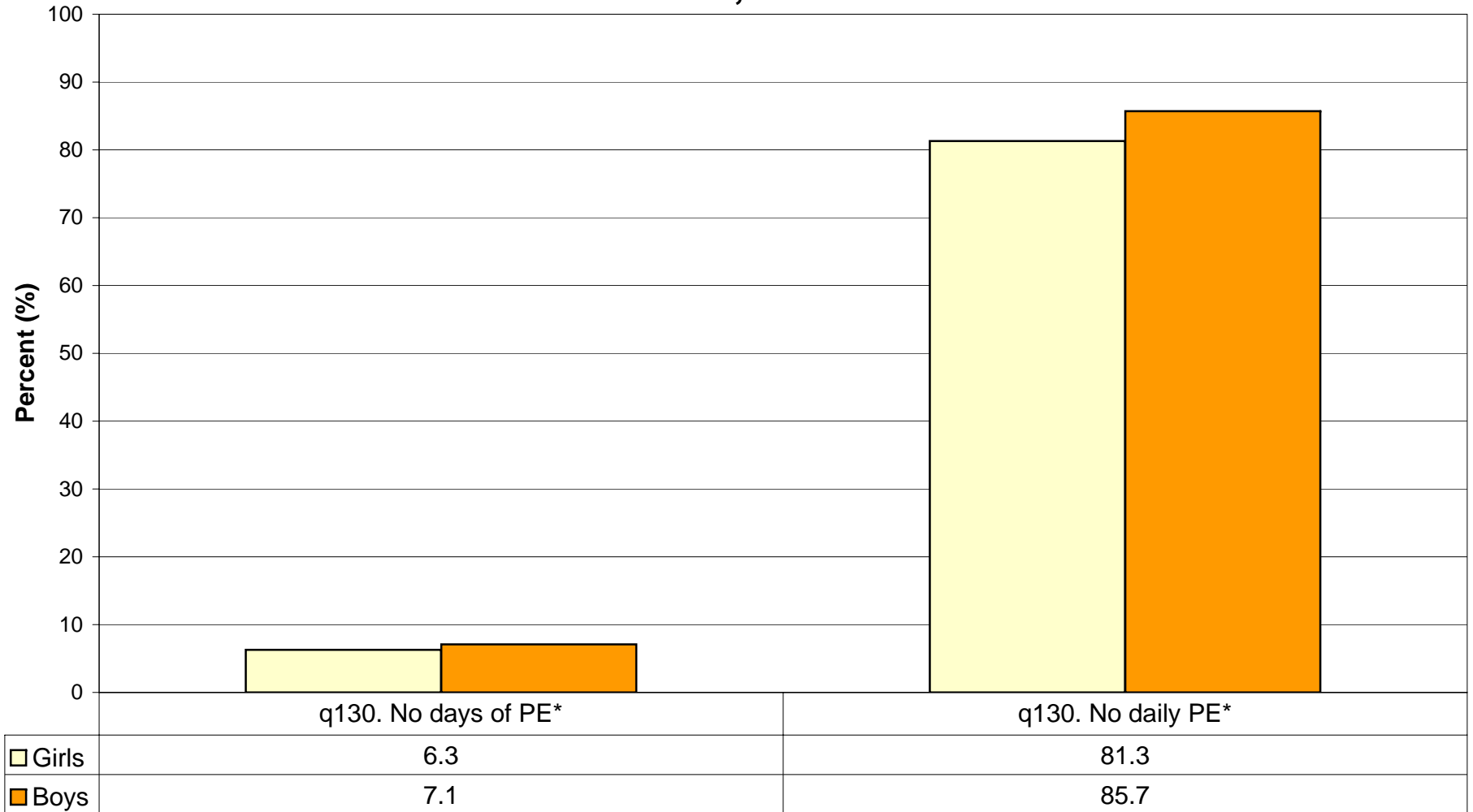
\*\* Video or computer games or other computer use for something that is not school work, such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet

## Physical Activity at School New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



\* In an average school week

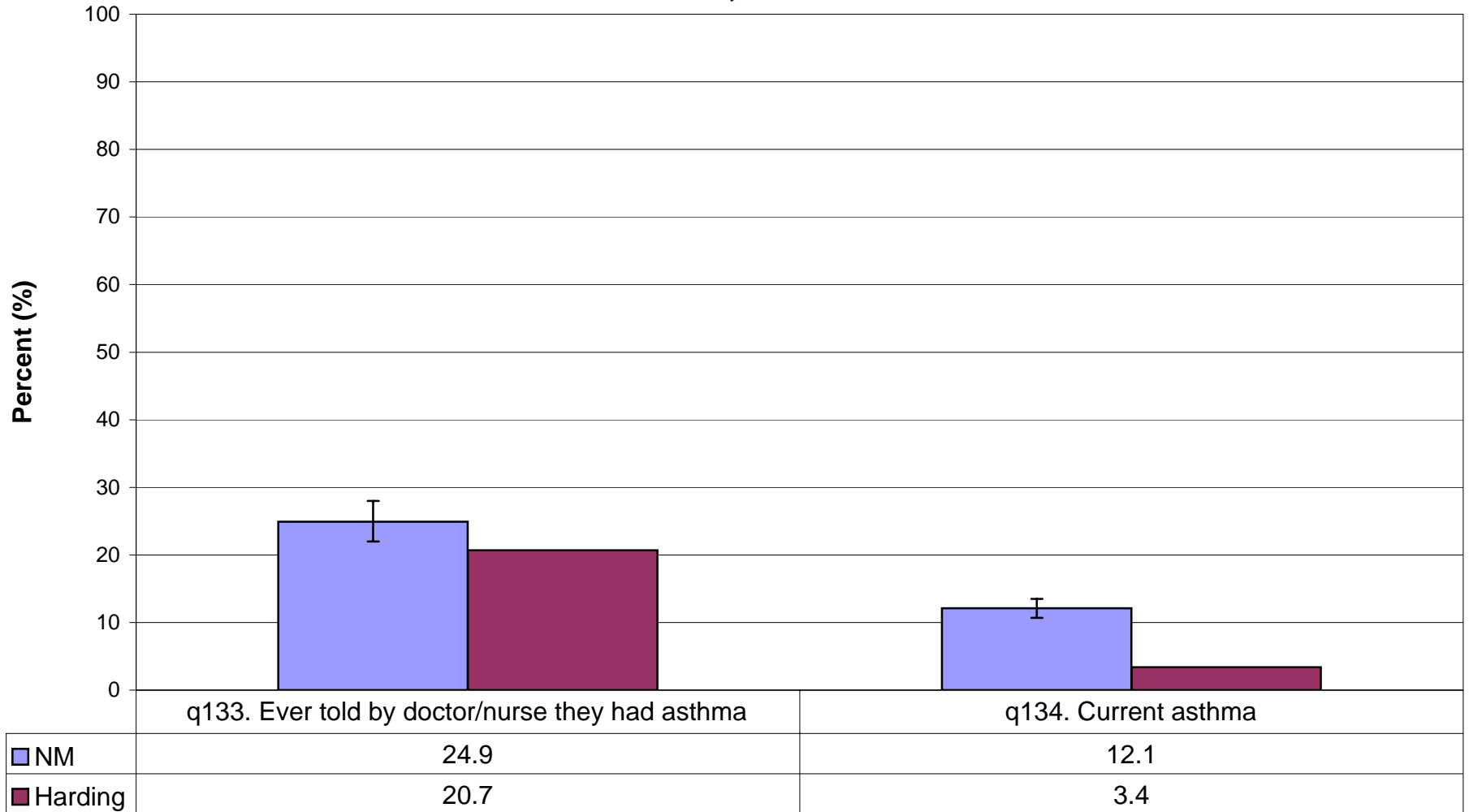
## Physical Activity at School by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



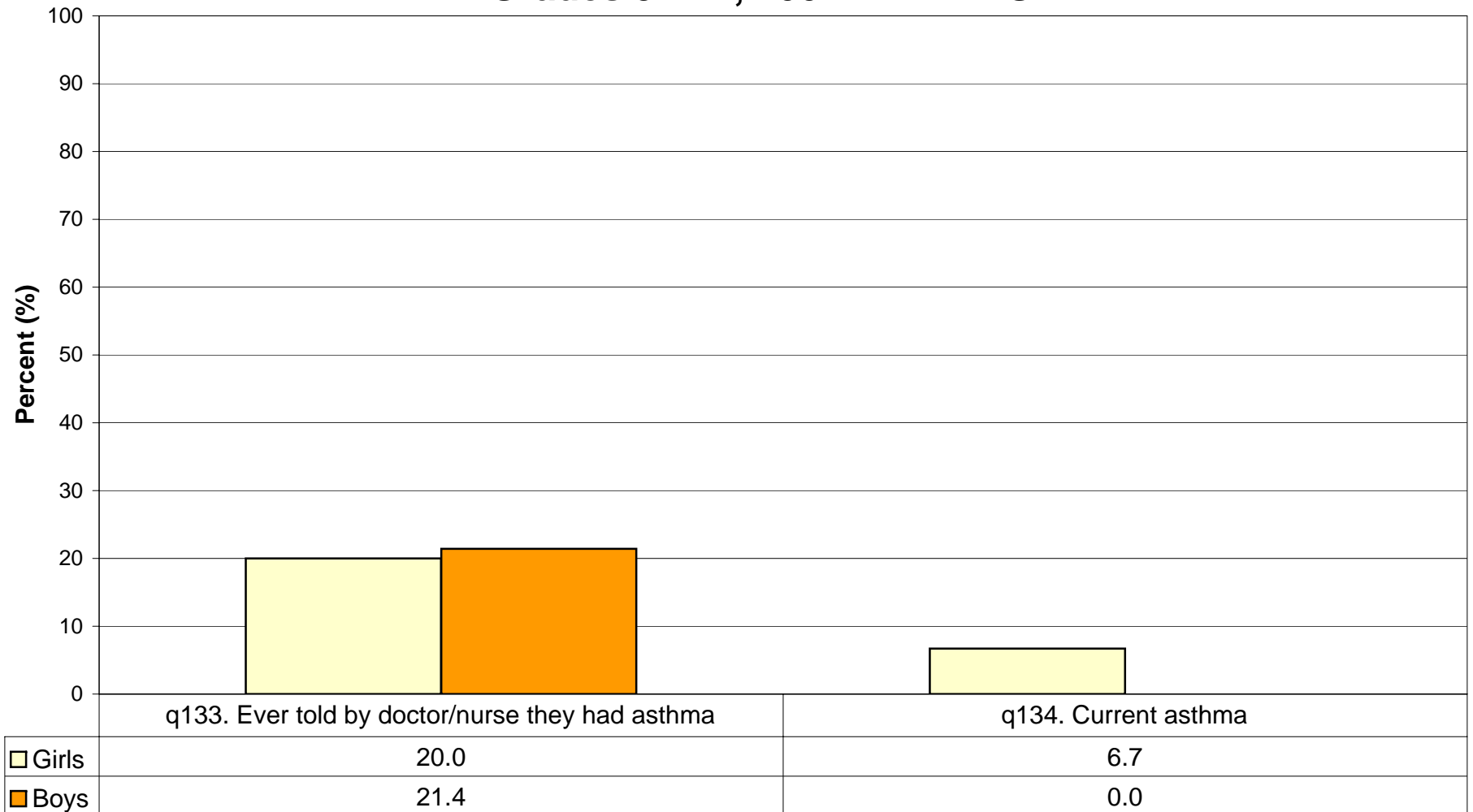
\* In an average school week

# Asthma

## New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS

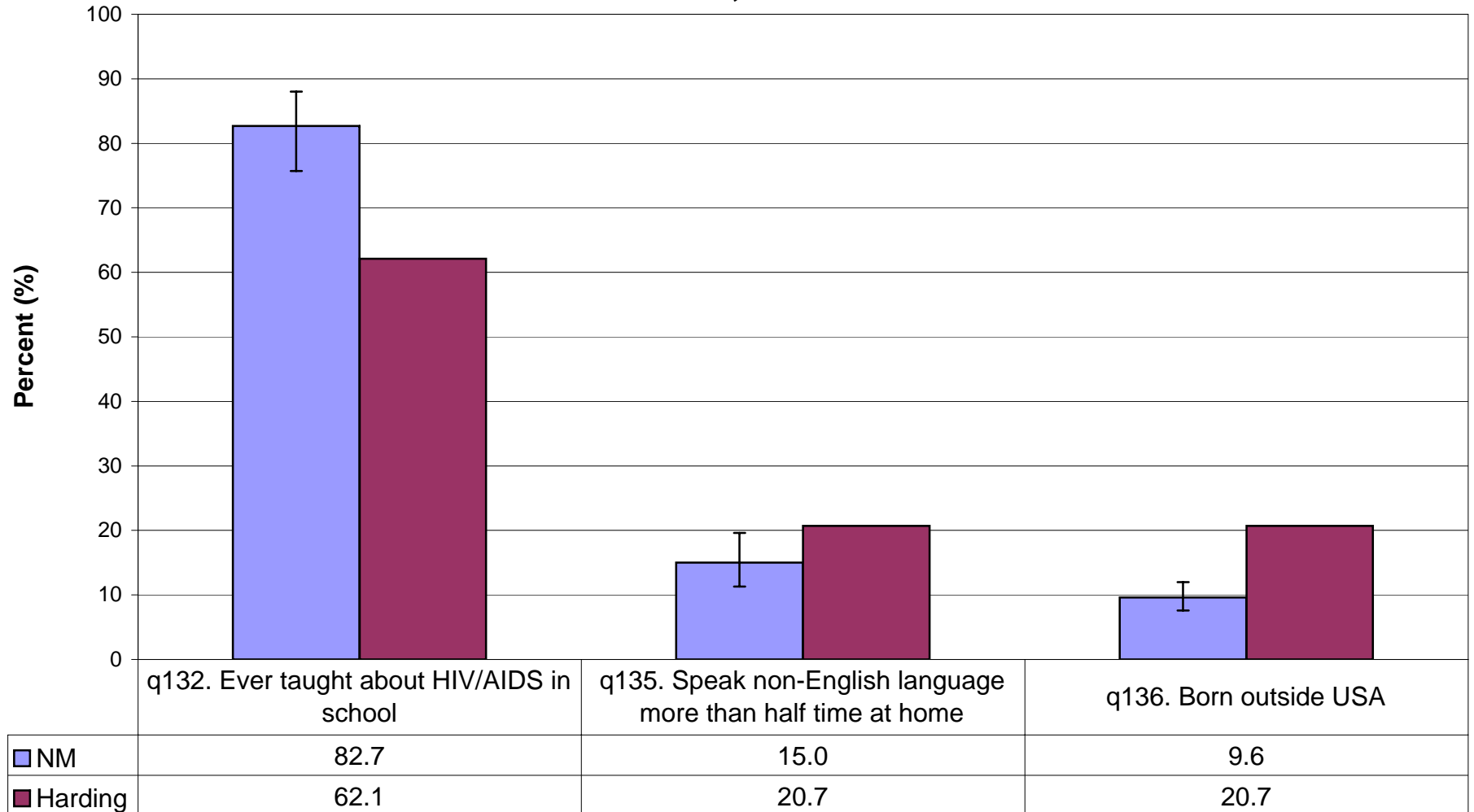


## Asthma by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

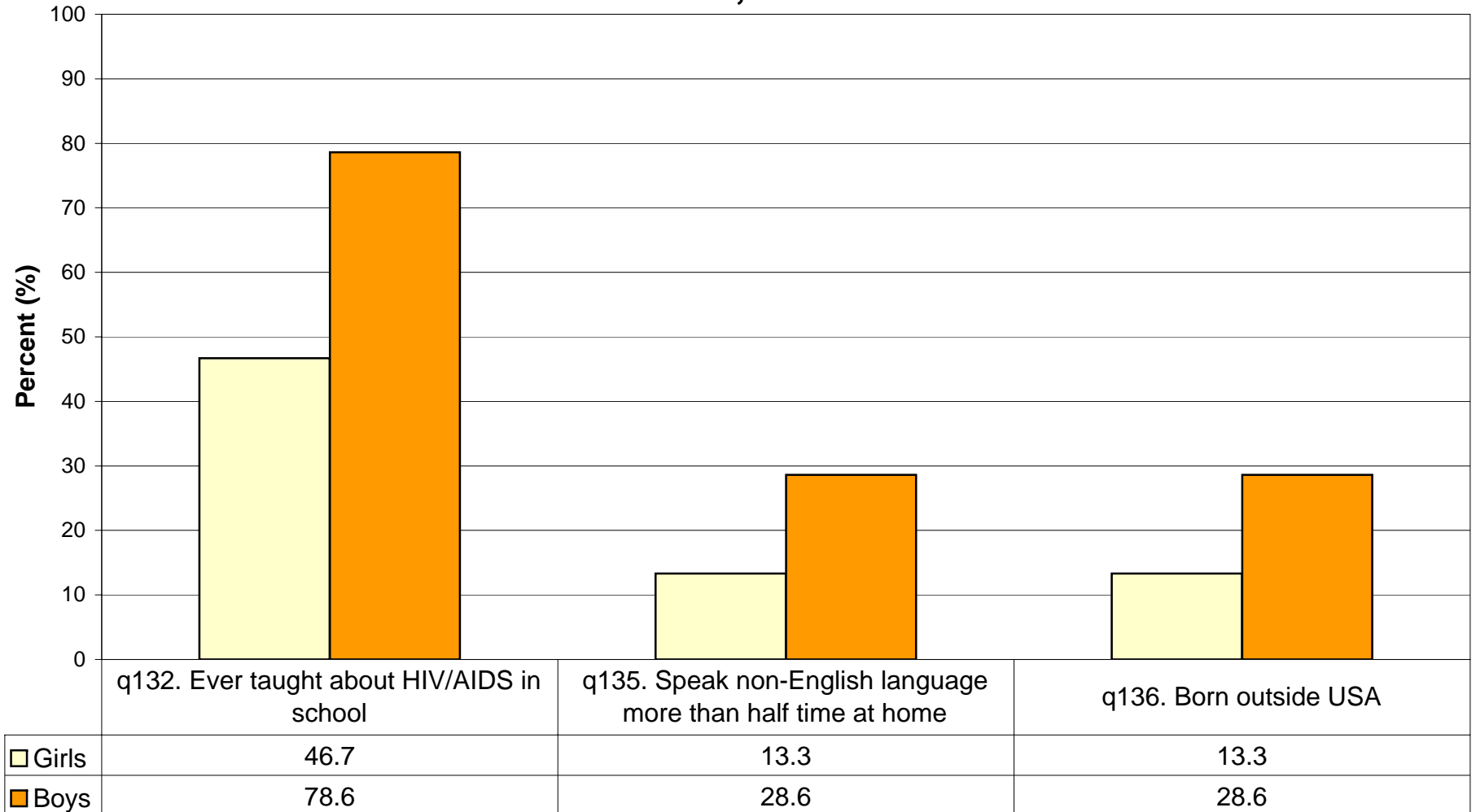


## Other Measures

### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



## Other Measures by Gender, Harding County Grades 9 - 12, 2007 NM YRRS





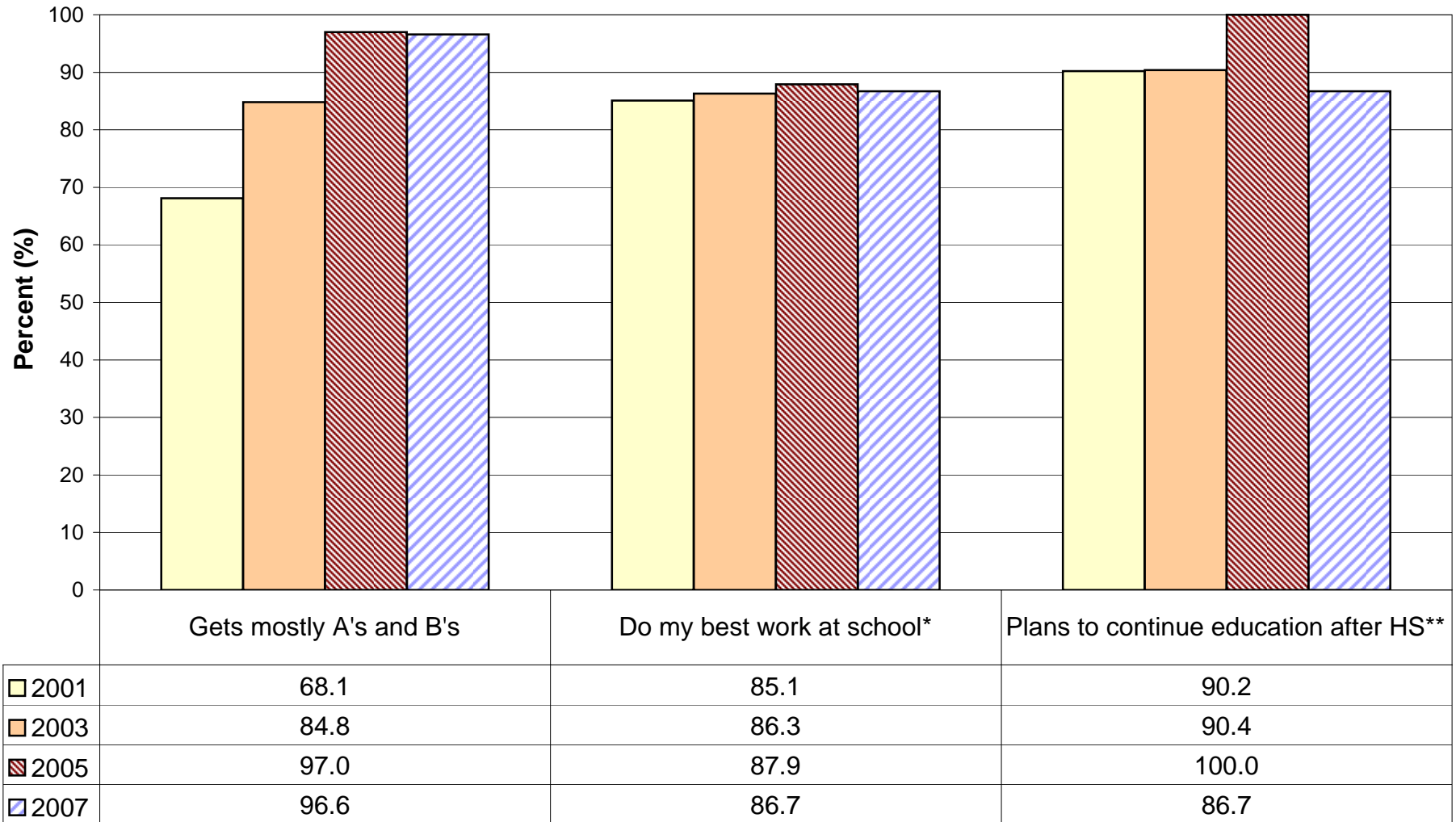
## Academic Measures and Behaviors



## Academic Measures

### Harding County: 2001, 2003, 2005, 2007

### Grades 9 - 12, NM YRRS

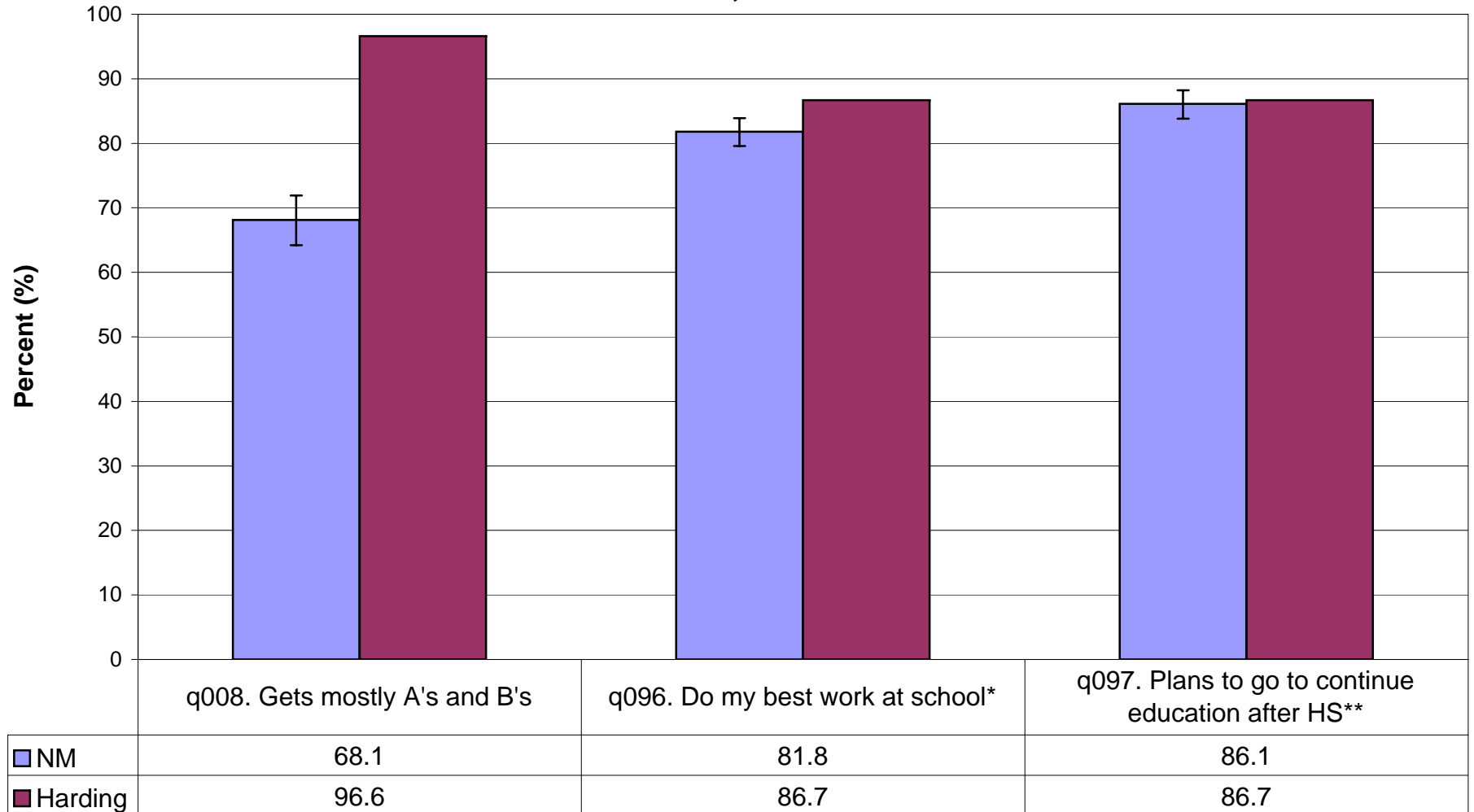


\* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

\*\* I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"

## Academic Measures

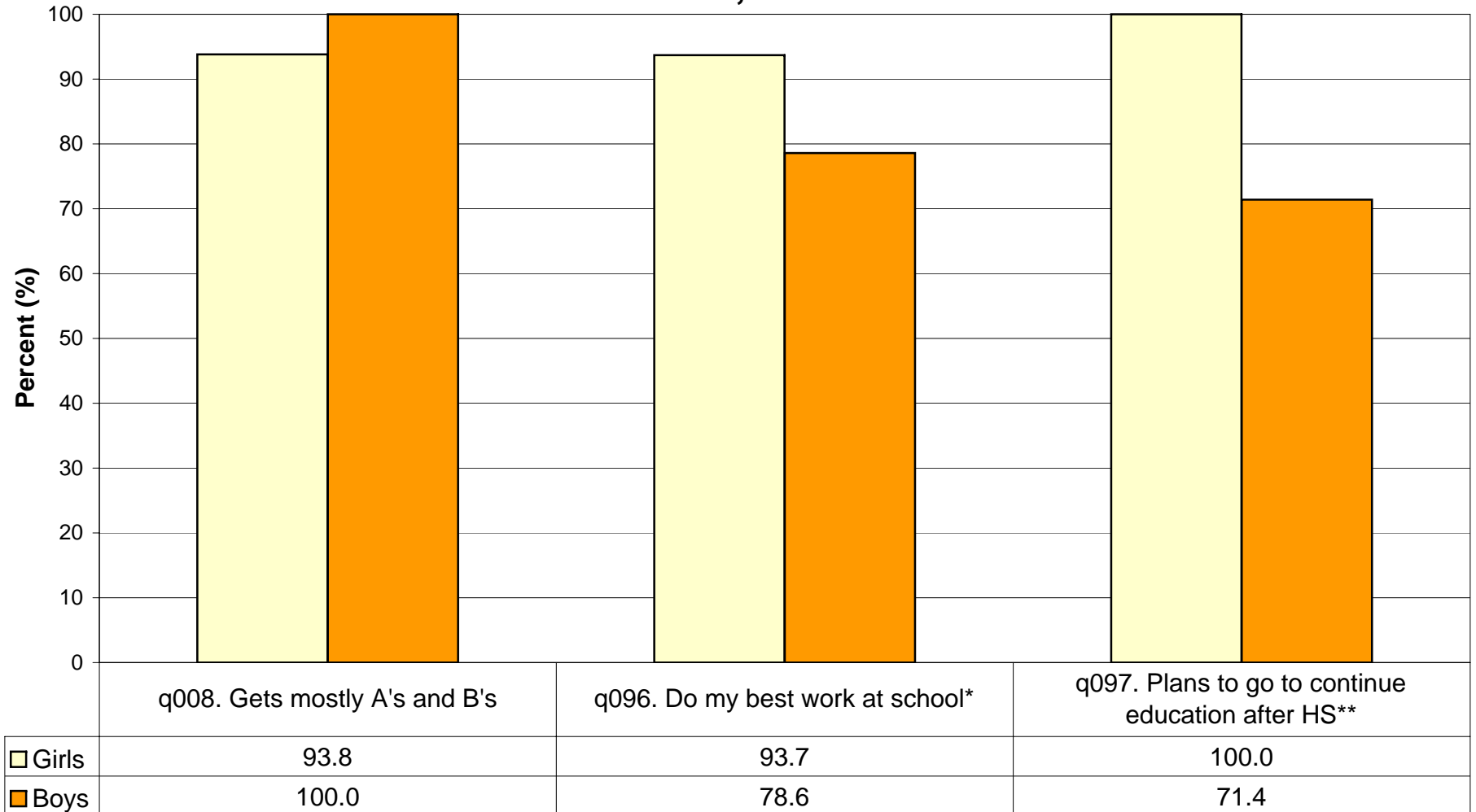
### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



\* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

\*\* I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"

## Academic Measures by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

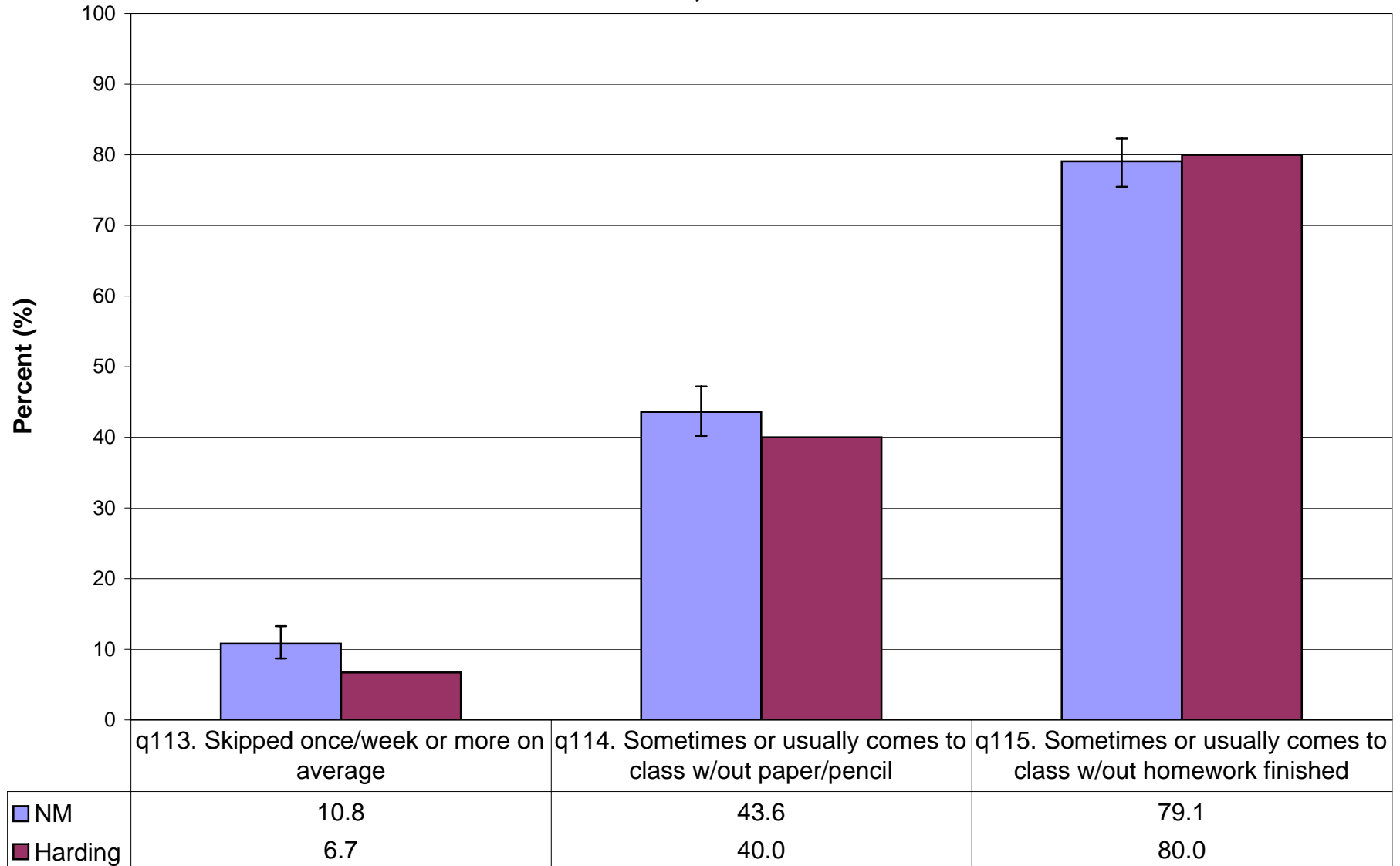


\* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

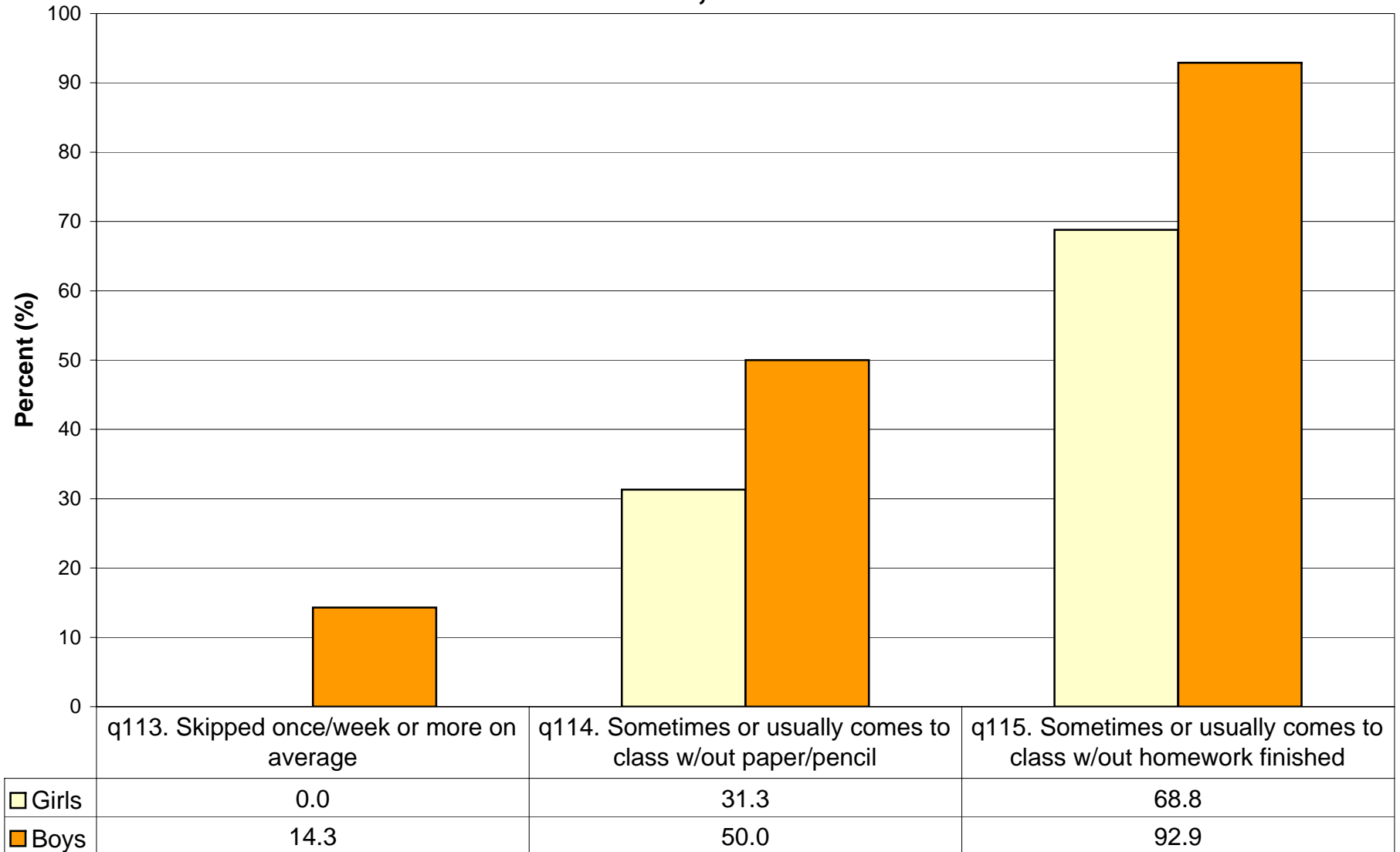
\*\* I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"

## Academic Measures

### New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



## Academic Measures by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

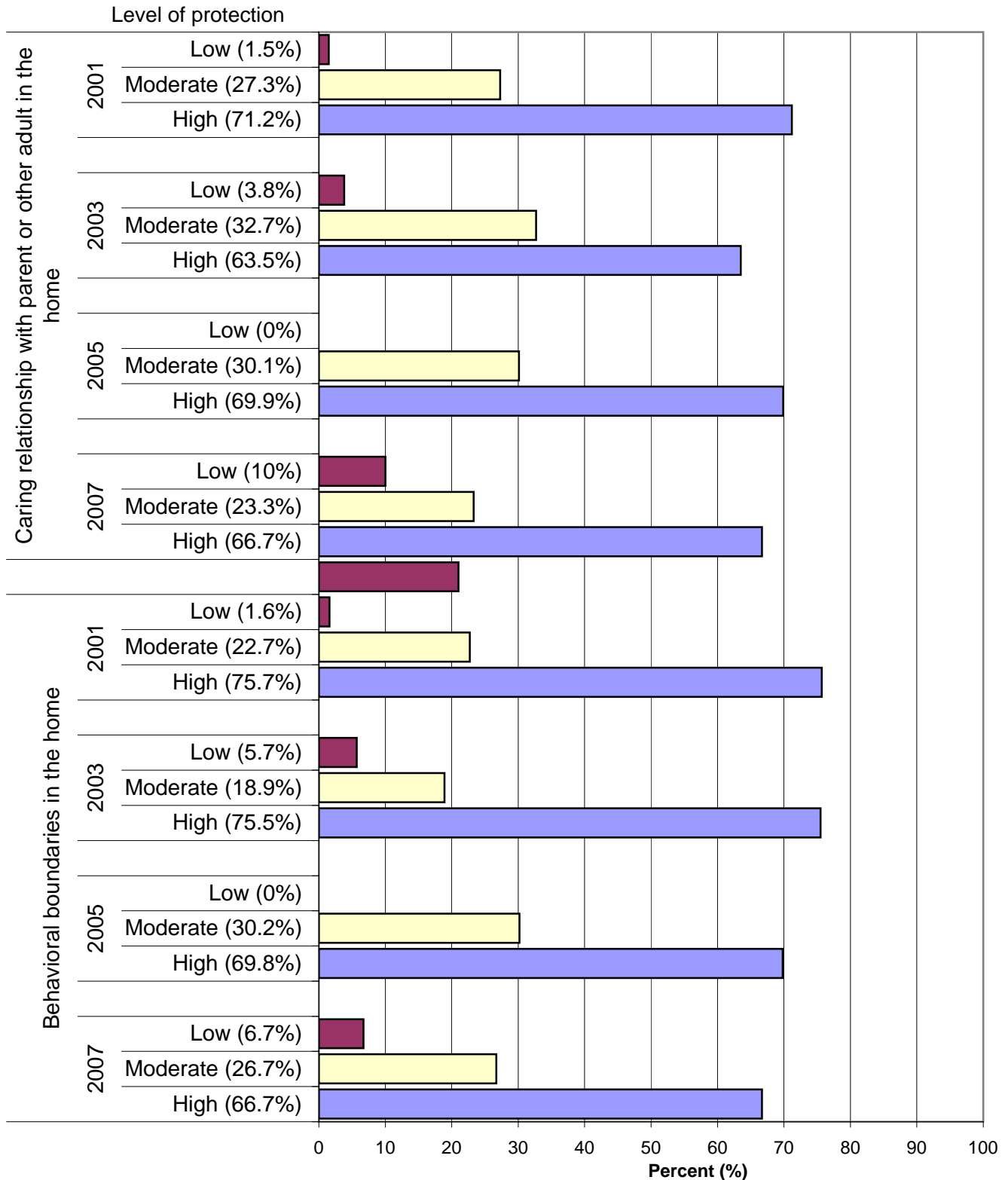






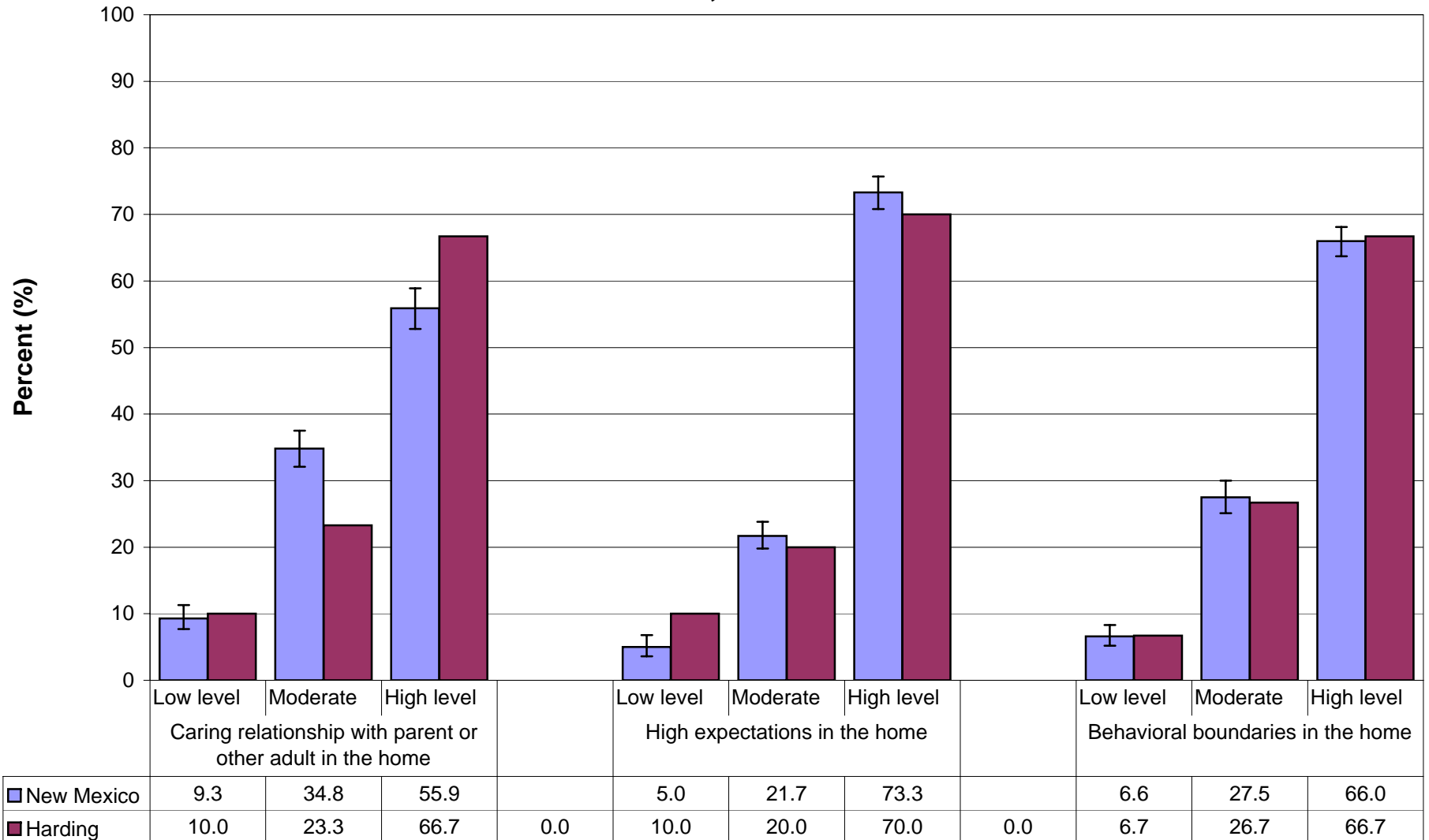
## Resiliency/Protective Factors and Related Traits

## Protective Factors in the Home Harding County: 2001, 2003, 2005, 2007 Grades 9 - 12, 2007 NM YRRS



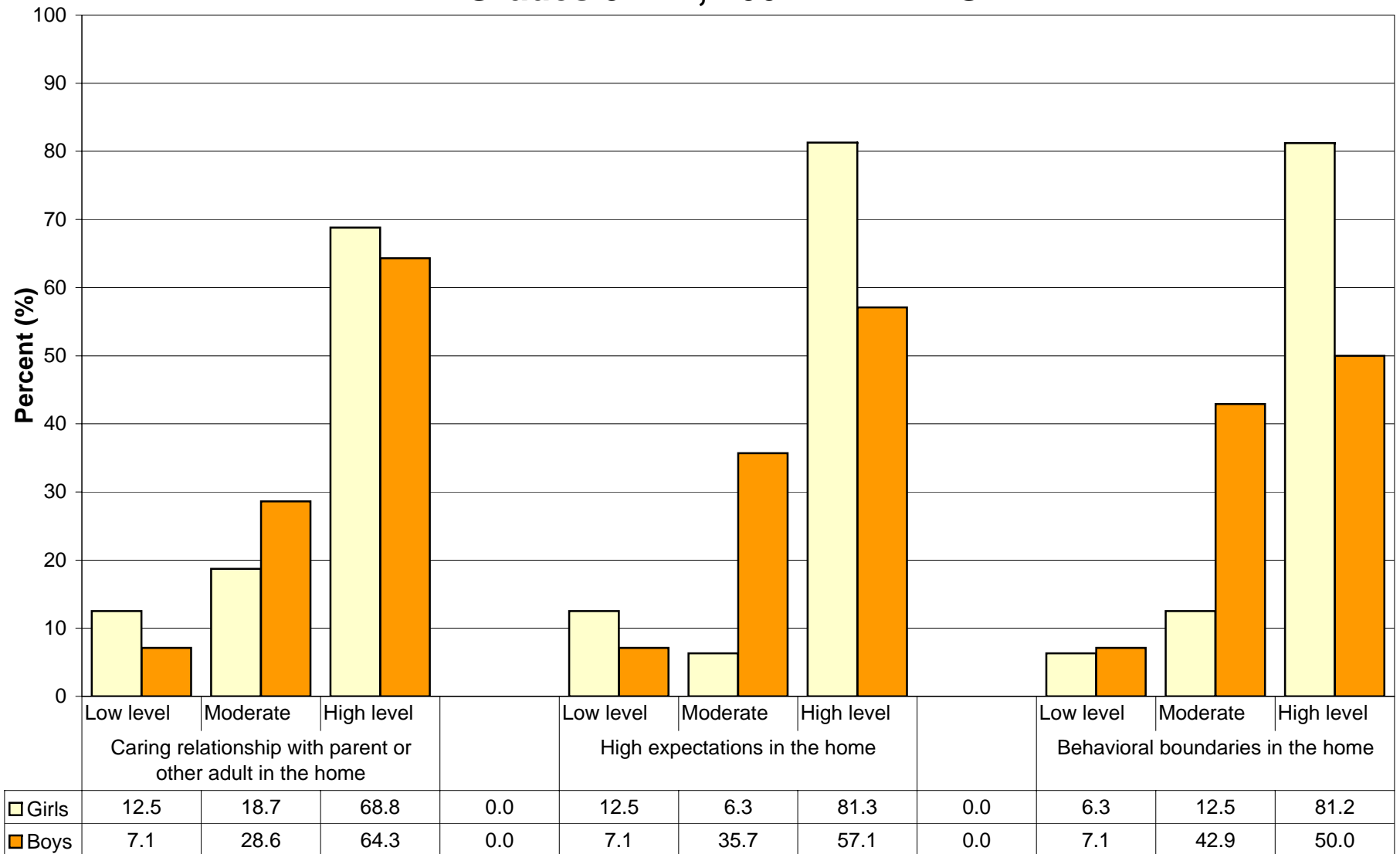
See Appendix C for discussion of resiliency/protective factors.

## Protective Factors in the Home New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



See Appendix B for discussion of resiliency/protective

## Protective Factors in the Home by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

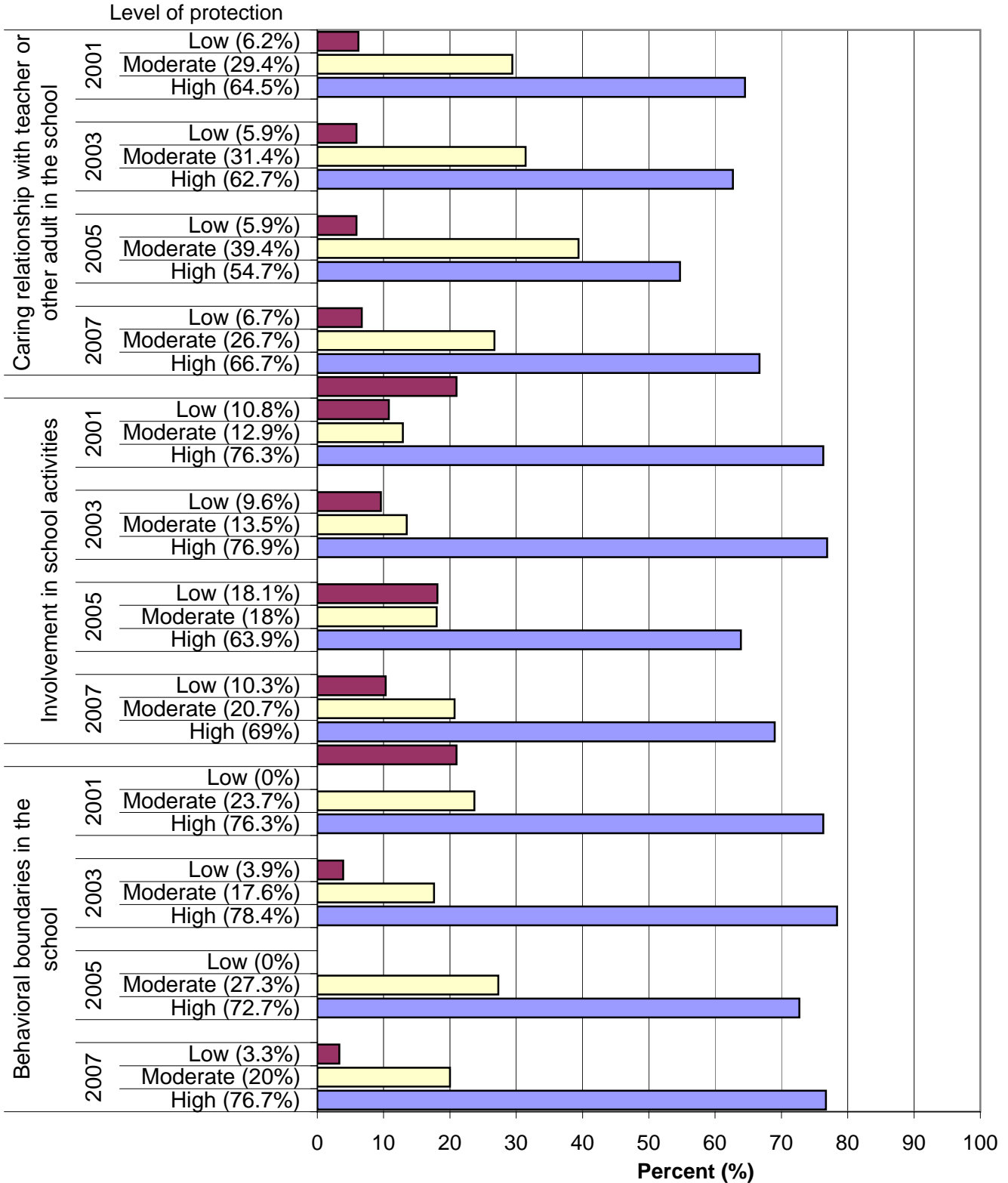


See Appendix C for discussion of resiliency/protective factors.

# Protective Factors in the School

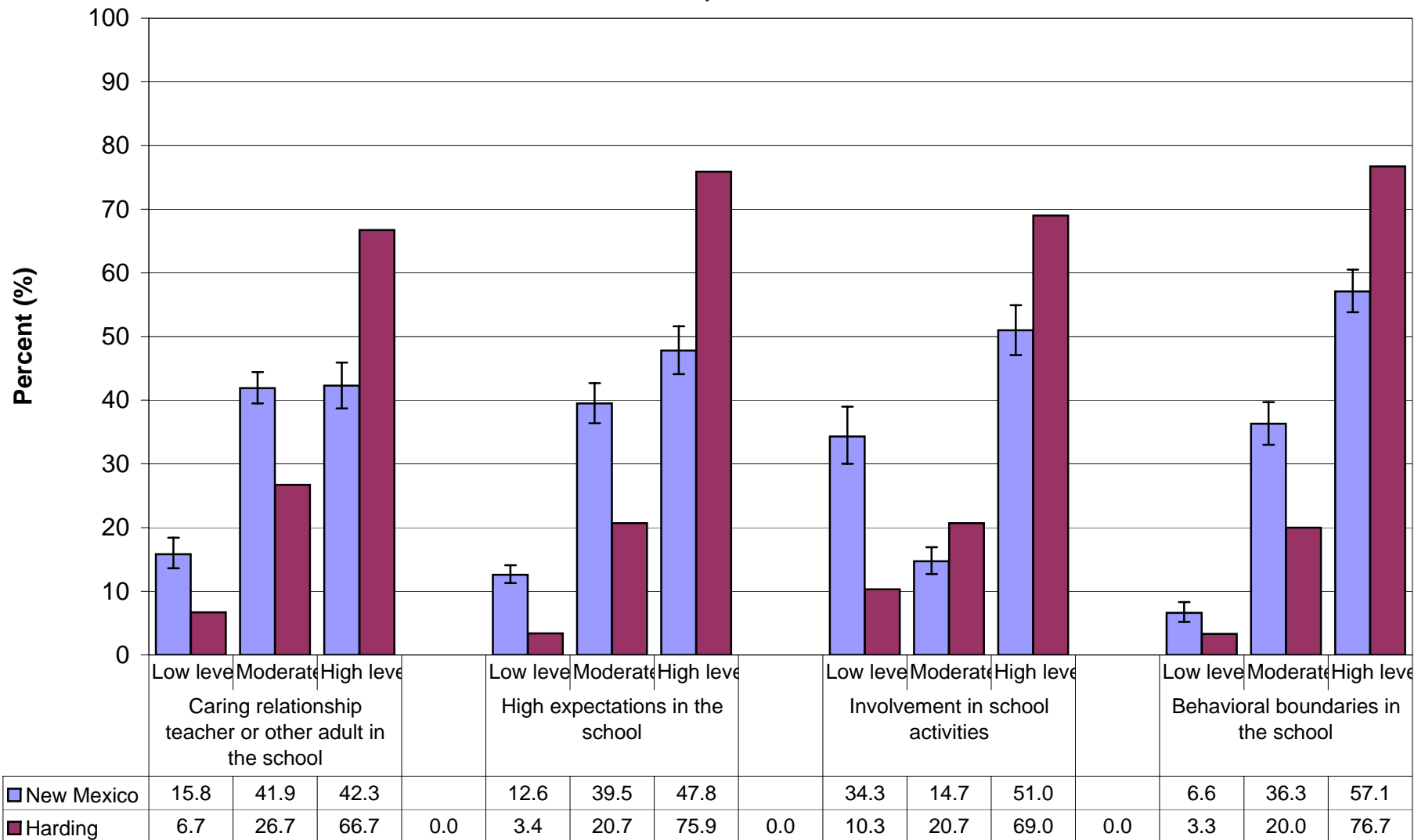
## Harding County: 2001, 2003, 2005, 2007

### Grades 9 - 12, 2007 NM YRRS



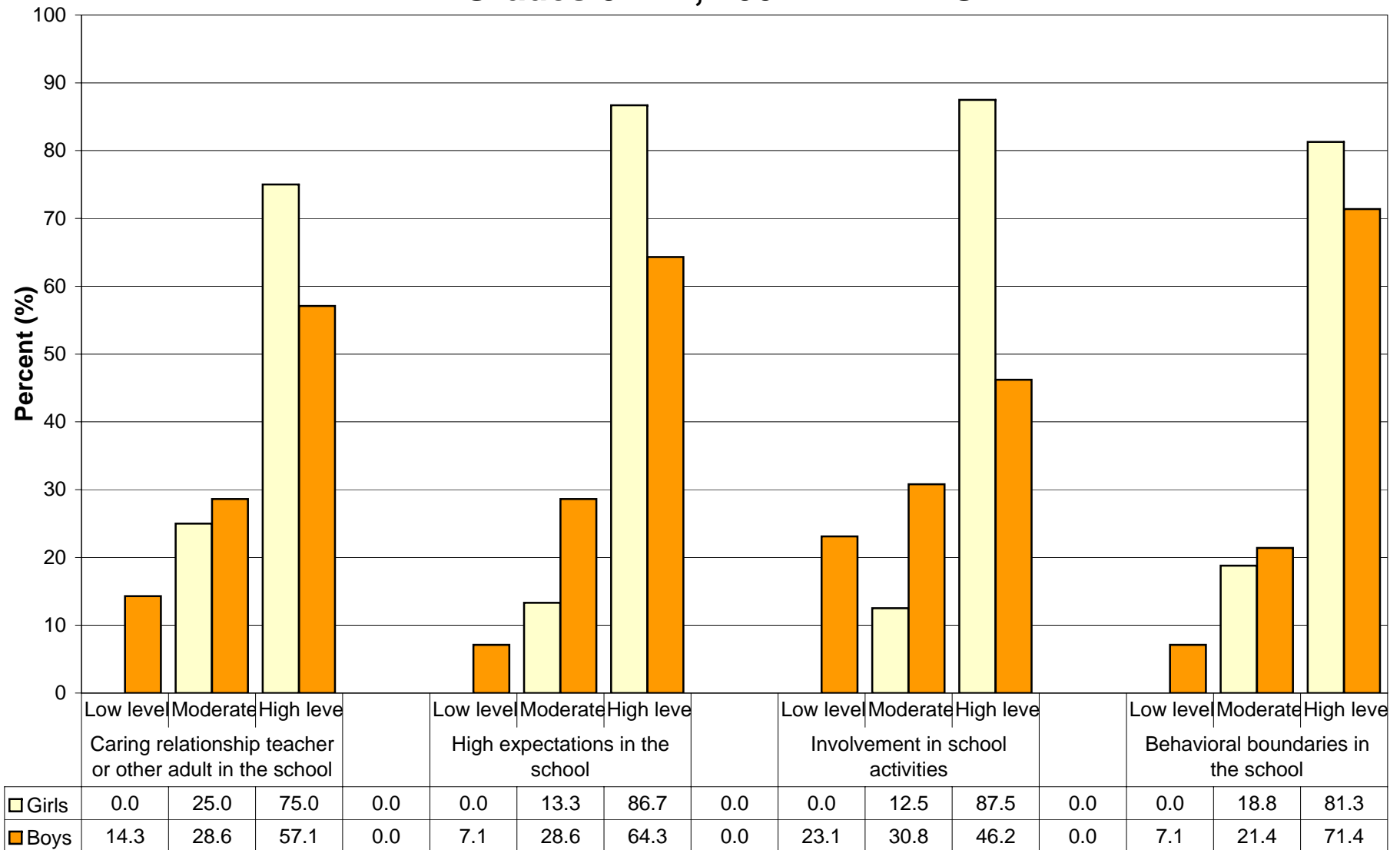
See Appendix C for discussion of resiliency/protective factors.

## Protective Factors in the School New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



See Appendix C for discussion of resiliency/protective

## Protective Factors in the School by Gender, Harding County Grades 9 - 12, 2007 NM YRRS

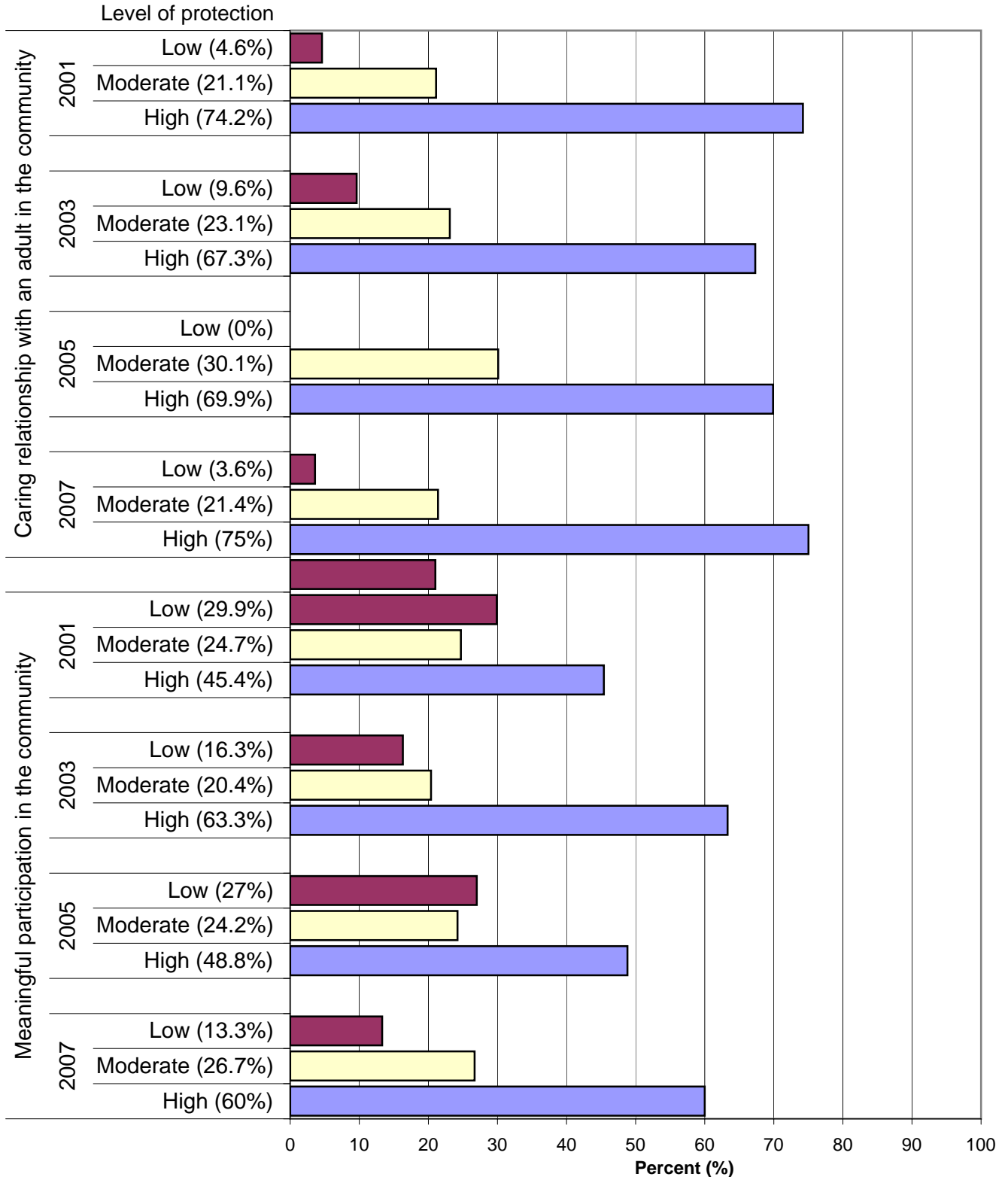


See Appendix C for discussion of resiliency/protective factors.

# Protective Factors in the Community

## Harding County: 2001, 2003, 2005, 2007

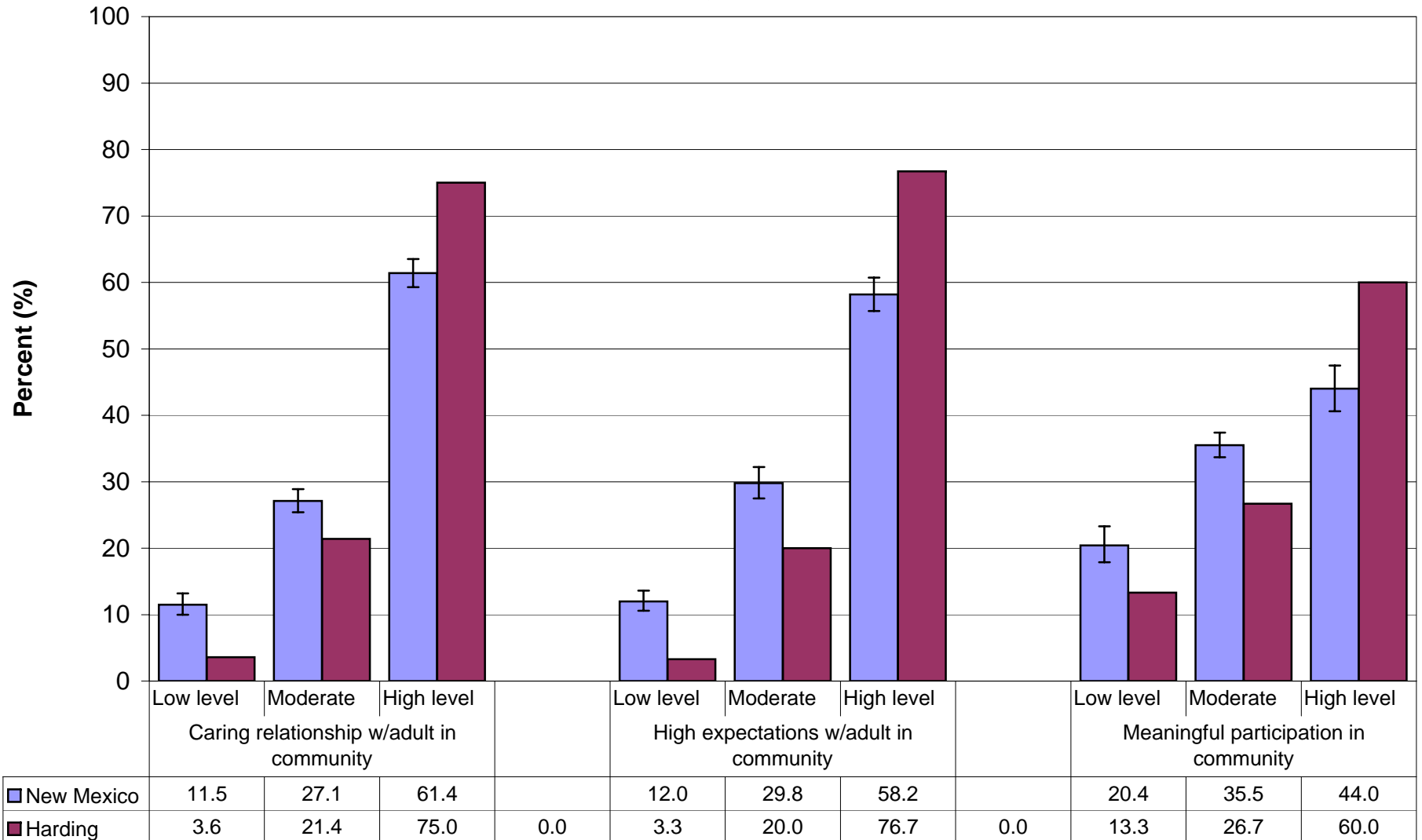
### Grades 9 - 12, 2007 NM YRRS



See Appendix C for discussion of resiliency/protective factors.

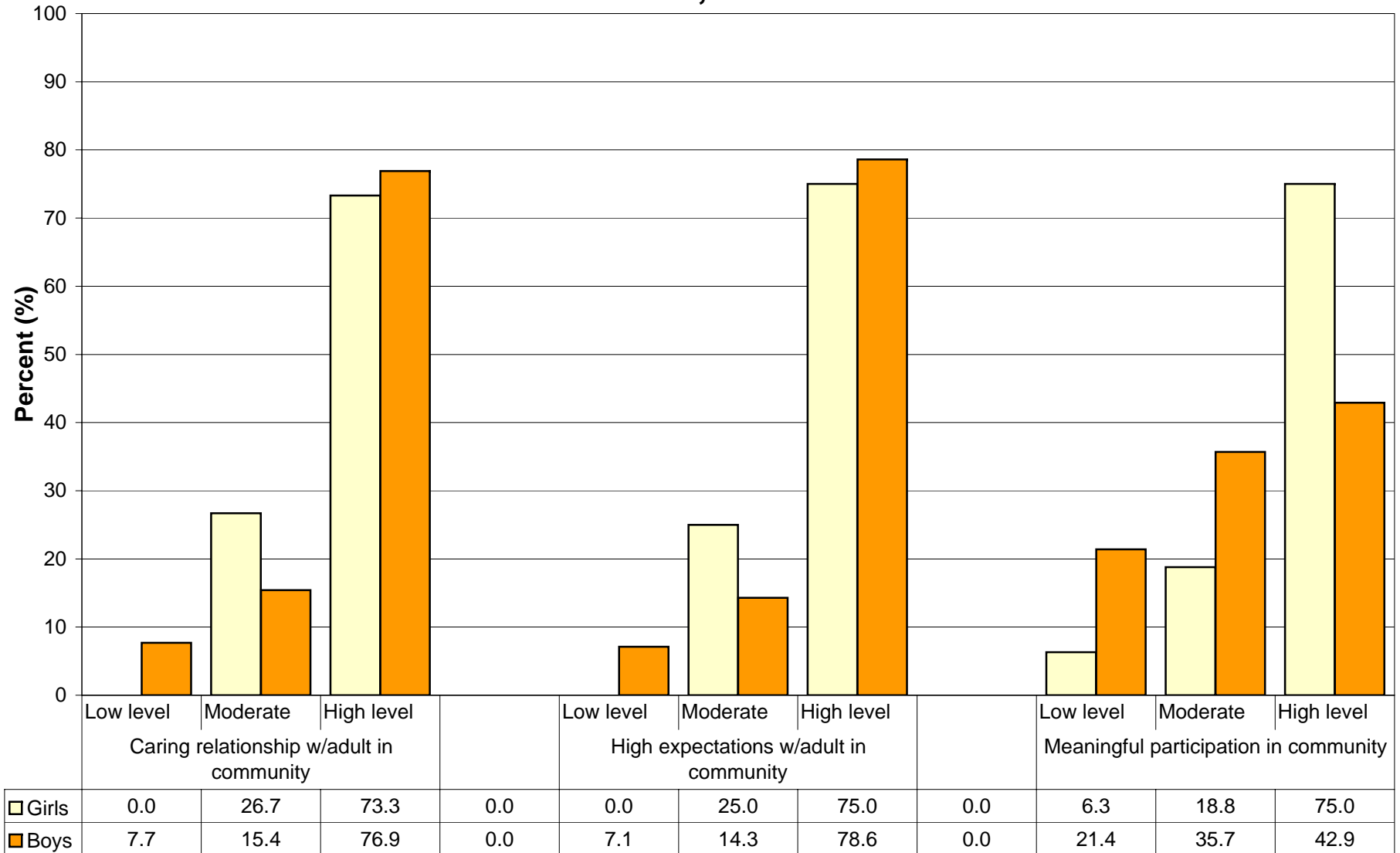


## Protective Factors in the Community New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



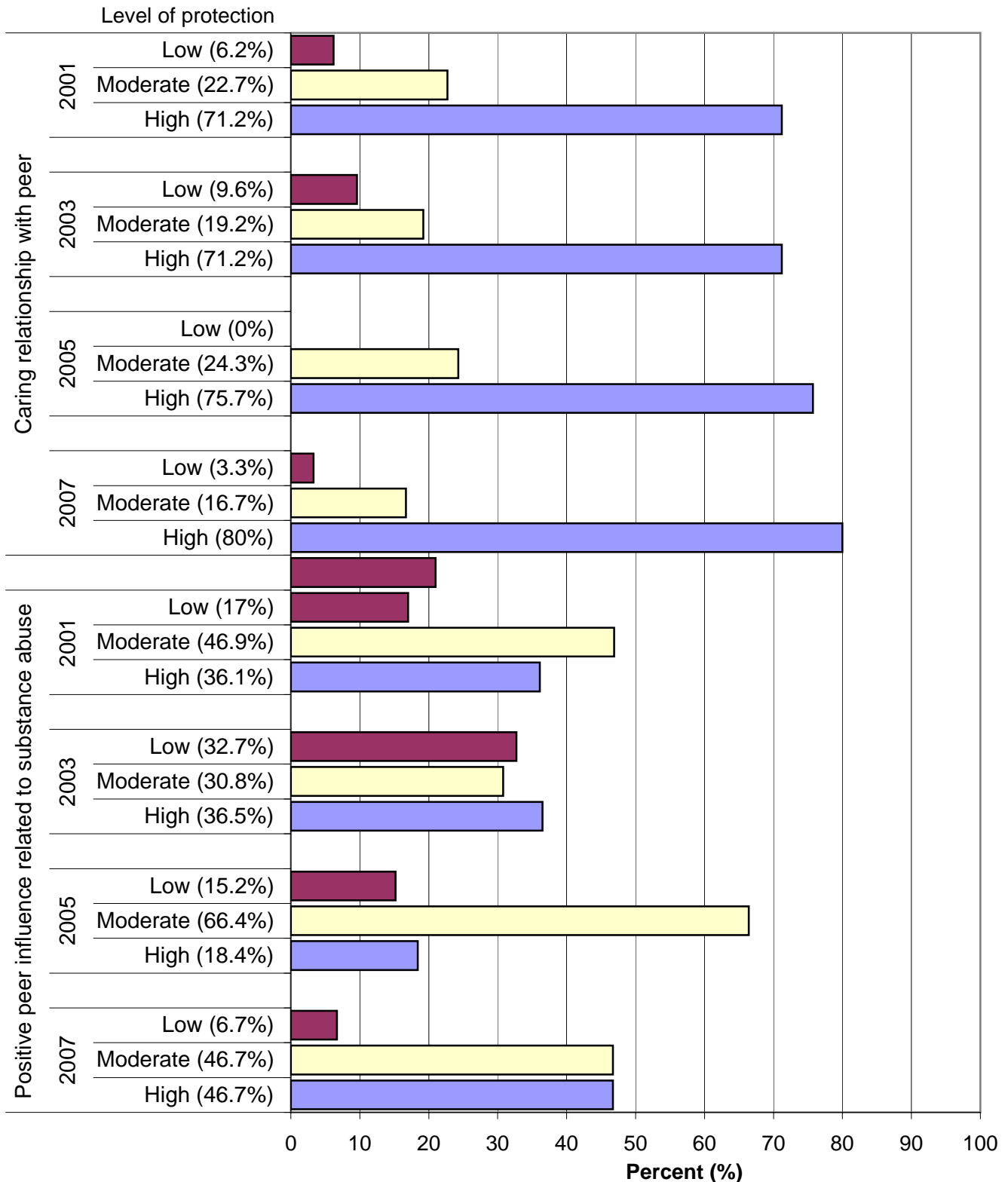
See Appendix C for discussion of resiliency/protective

## Protective Factors in the Community by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



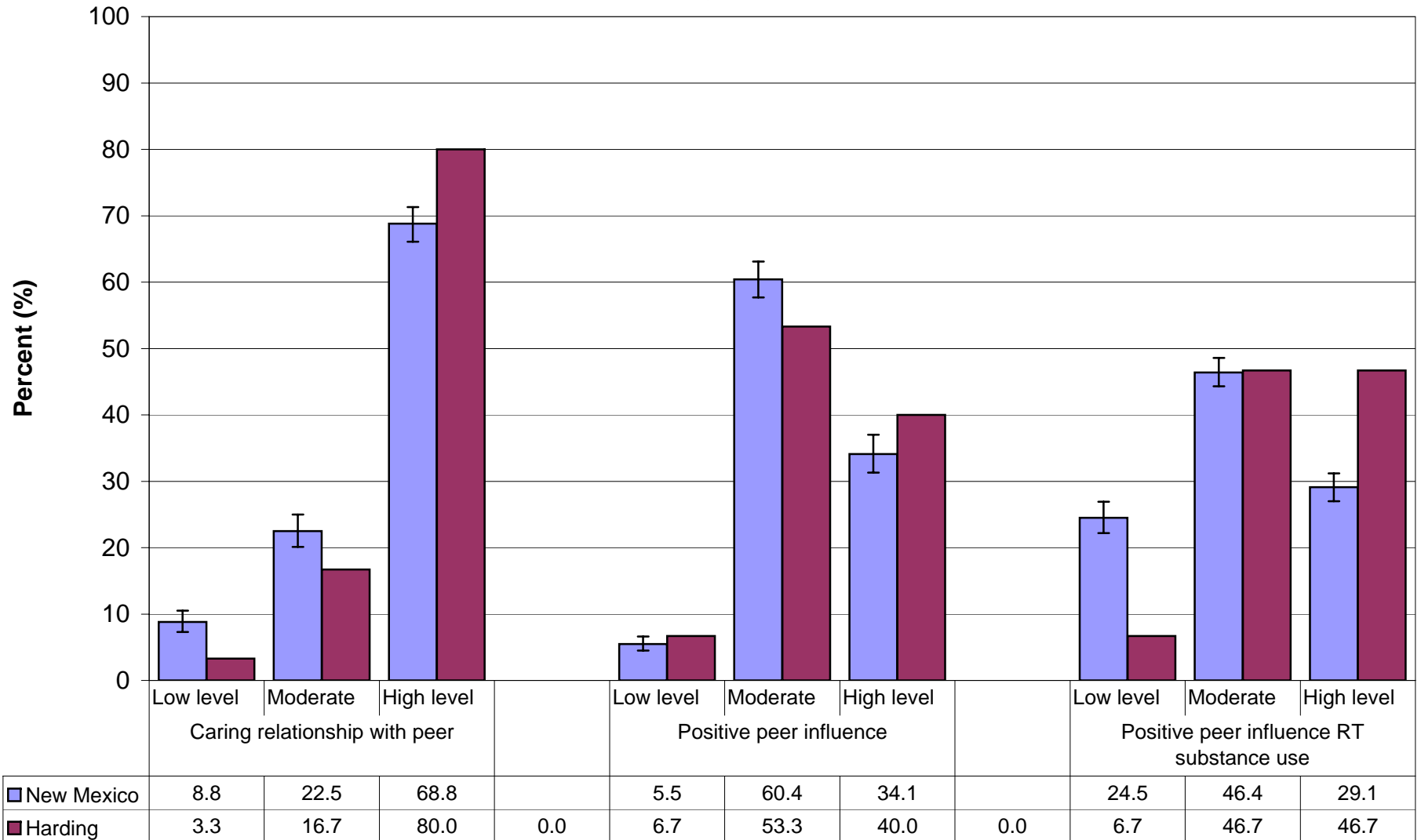
See Appendix C for discussion of resiliency/protective factors.

## Protective Factors with Peers Harding County: 2001, 2003, 2005, 2007 Grades 9 - 12, 2007 NM YRRS



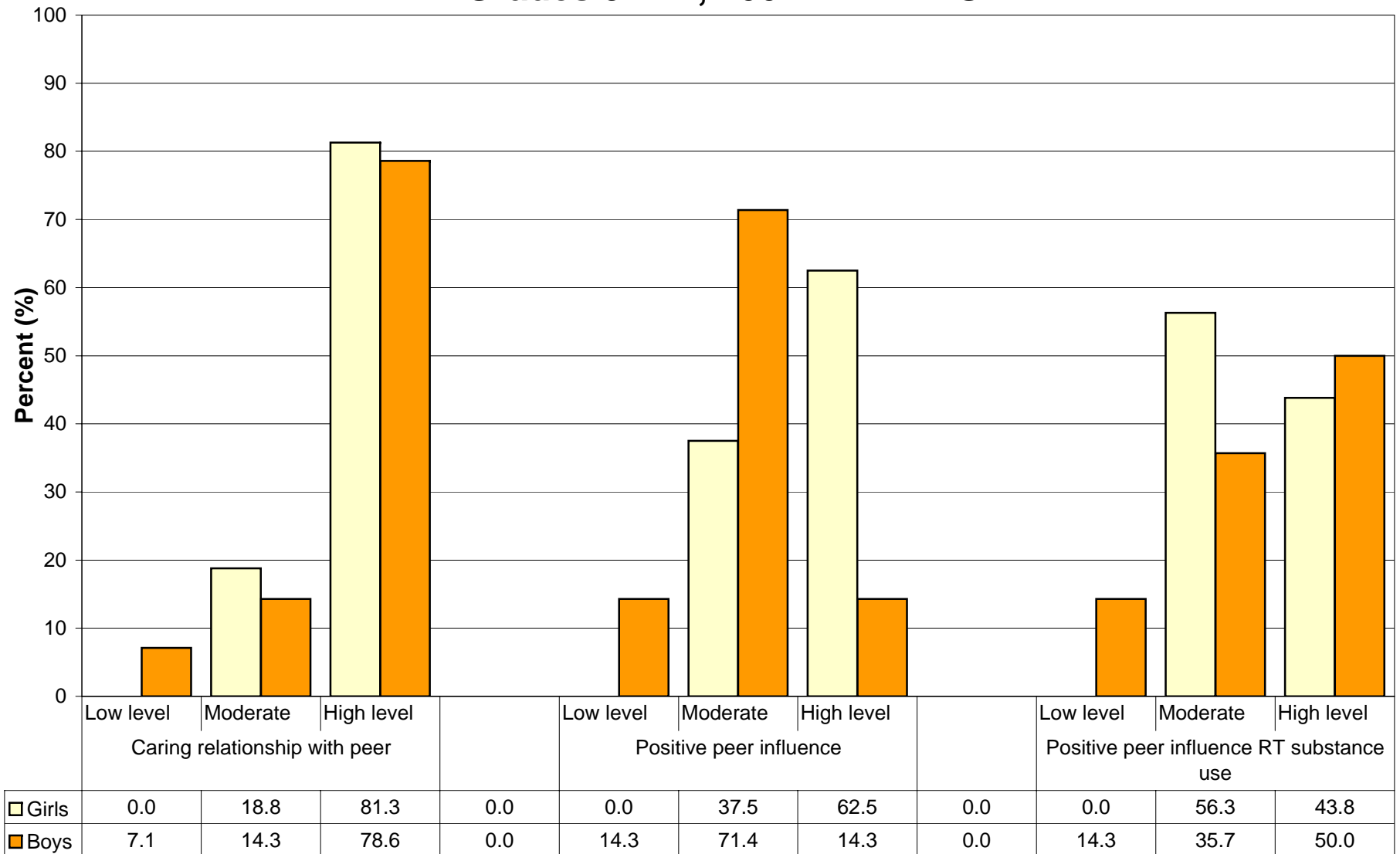
See Appendix C for discussion of resiliency/protective factors.

## Protective Factors with Peers New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



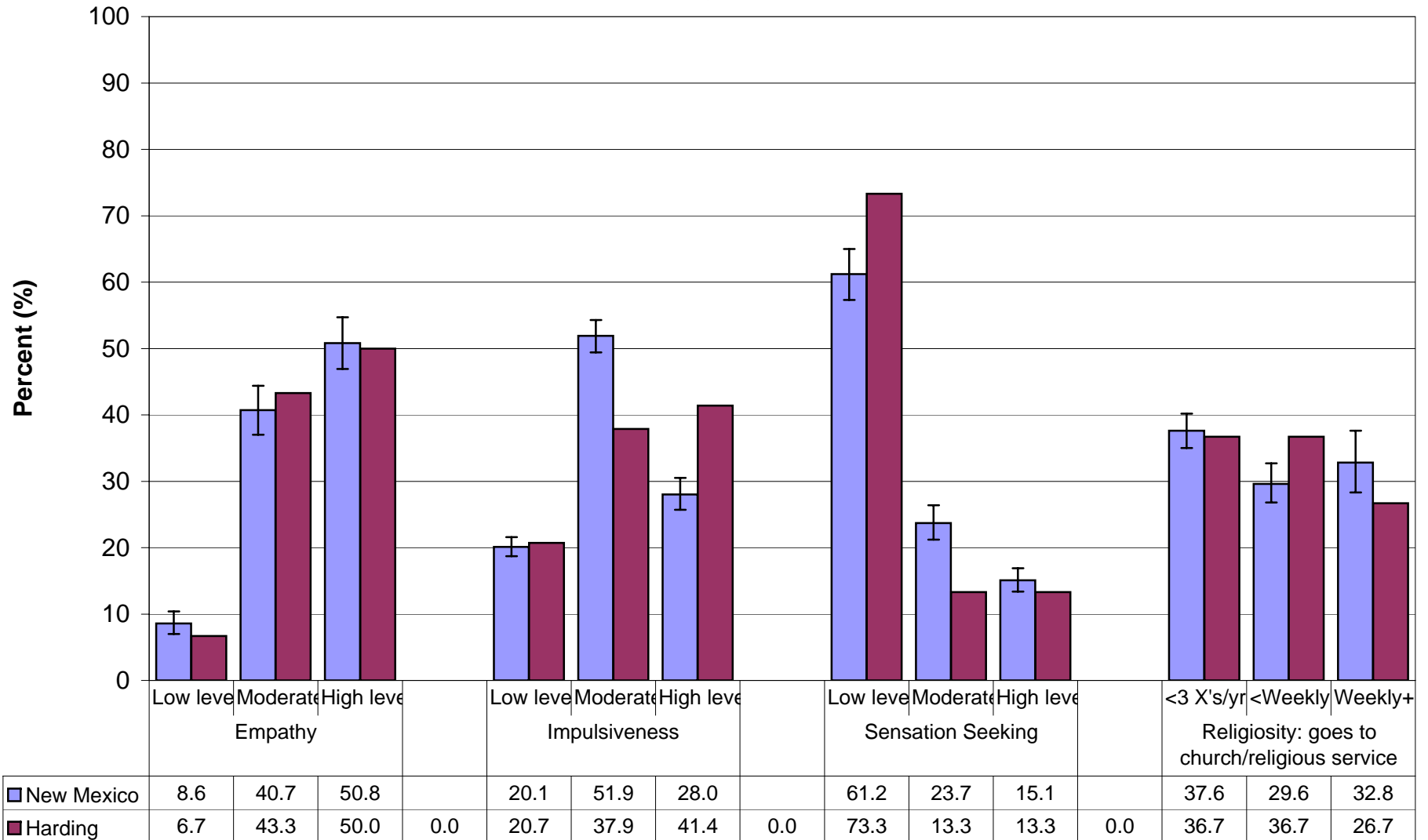
See Appendix C for discussion of resiliency/protective

## Protective Factors with Peers by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



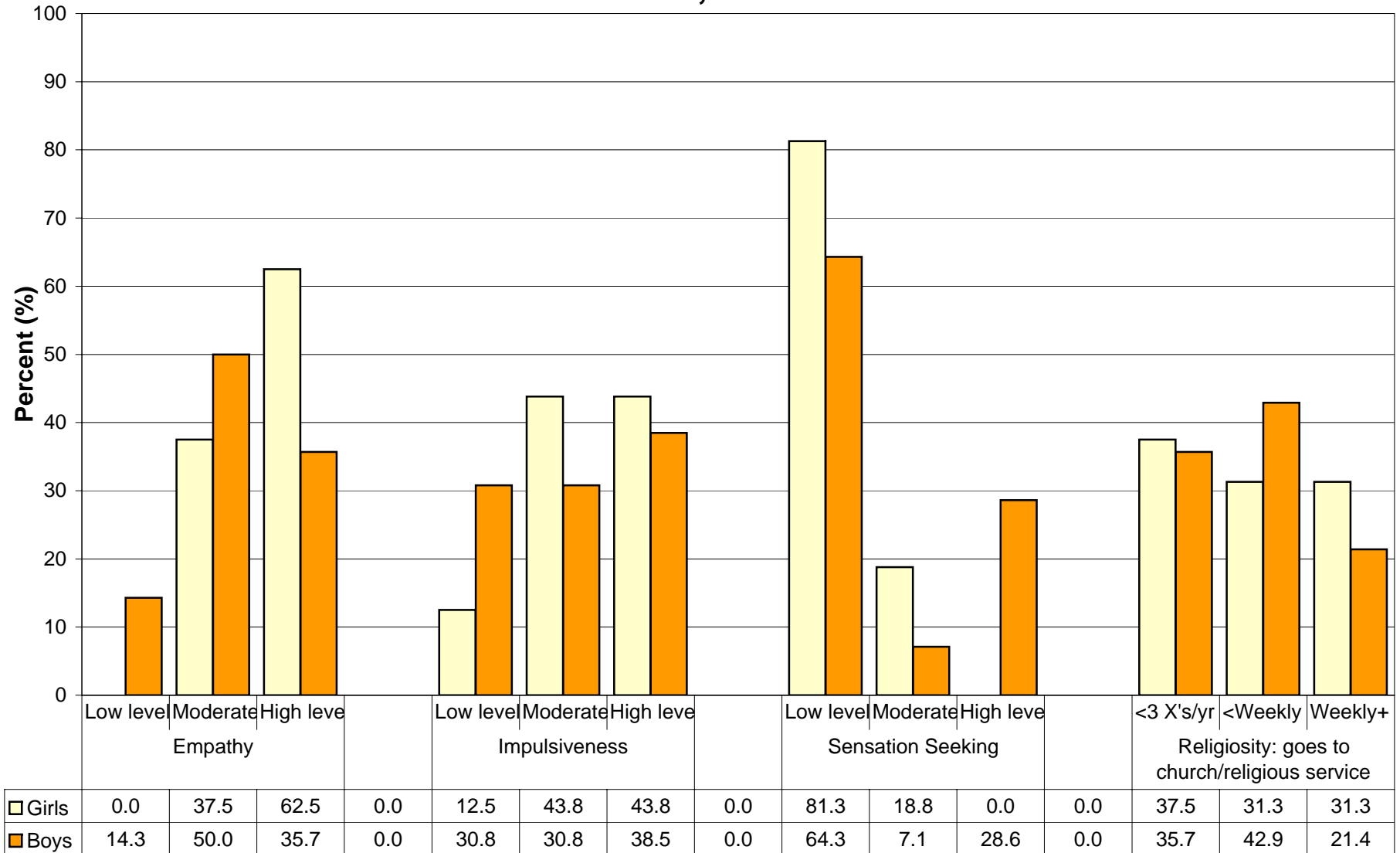
See Appendix C for discussion of resiliency/protective factors.

## Other Resiliency Factors and Traits New Mexico and Harding County Grades 9 - 12, 2007 NM YRRS



See Appendix C for discussion of resiliency/protective

## Other Resiliency Factors and Traits by Gender, Harding County Grades 9 - 12, 2007 NM YRRS



See Appendix C for discussion of resiliency/protective factors.





Appendix A  
 2007 Youth Risk and Resiliency Survey  
 High School Questionnaire  
 Harding County

	<b><u>Number</u></b>	<b><u>(%)</u></b>
1. How old are you?		
A. 12 years old or younger	0	(0.0)
B. 13 years old	0	(0.0)
C. 14 years old	2	(6.7)
D. 15 years old	10	(33.3)
E. 16 years old	6	(20.0)
F. 17 years old	9	(30.0)
G. 18 years old or older	3	(10.0)
2. What is your sex?		
A. Female	16	(53.3)
B. Male	14	(46.7)
3. In what grade are you?		
A. 9th grade	2	(6.7)
B. 10th grade	13	(43.3)
C. 11th grade	3	(10.0)
D. 12th grade	12	(40.0)
E. Ungraded or other grade	0	(0.0)
4. Are you Hispanic or Latino?		
5. What is your race? (Select one or more responses.)		
Hispanic	12	(40.0)
White	15	(50.0)
American Indian or Alaska Native	1	(3.3)
Black or African American	1	(3.3)
Asian / Native Hawaiian or Other Pacific Islander	1	(3.3)
6. How tall are you without your shoes on?		
Mean height in feet and inches	5' 7"	
Mean height in meters	1.70	
7. How much do you weigh without your shoes on?		
Mean weight in pounds	40.0	
Mean weight in kilograms	135	
8. During the past 12 months, how would you describe your grades in school?	<b><u>%</u></b>	<b><u>(95% CI)</u></b>
A. Mostly A's	40.0	
B. Mostly B's	53.3	
C. Mostly C's	3.3	
D. Mostly D's	0.0	
E. Mostly F's	0.0	
F. None of these grades	0.0	
G. Not sure	3.3	

The next 4 questions ask about personal safety. % **(95% CI)**

9. When you rode a bicycle during the past 12 months, how often did you wear a helmet?

A. I did not ride a bicycle during the past 12 months	30.0
B. Never wore a helmet	63.3
C. Rarely wore a helmet	3.3
D. Sometimes wore a helmet	3.3
E. Most of the time wore a helmet	0.0
F. Always wore a helmet	0.0

10. How often do you wear a seat belt when riding in a car driven by someone else?

A. Never	0.0
B. Rarely	3.3
C. Sometimes	16.7
D. Most of the time	43.3
E. Always	36.7

11. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A. 0 times	89.7
B. 1 time	3.4
C. 2 or 3 times	3.4
D. 4 or 5 times	0.0
E. 6 or more times	3.4

12. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

A. 0 times	93.3
B. 1 time	3.3
C. 2 or 3 times	0.0
D. 4 or 5 times	0.0
E. 6 or more times	3.3

The next 10 questions ask about violence-related behaviors.

13. Is there a gun in your home?

A. Yes	80.0
B. No	20.0
C. Not sure	0.0

14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

A. 0 days	60.7
B. 1 day	3.6
C. 2 or 3 days	7.1
D. 4 or 5 days	7.1
E. 6 or more days	21.4

	<u>%</u>	<u>(95% CI)</u>
15. During the past 30 days, on how many days did you carry a gun?		
A. 0 days	82.1	
B. 1 day	0.0	
C. 2 or 3 days	7.1	
D. 4 or 5 days	7.1	
E. 6 or more days	3.6	
16. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
A. 0 days	93.3	
B. 1 day	0.0	
C. 2 or 3 days	3.3	
D. 4 or 5 days	0.0	
E. 6 or more days	3.3	
17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?		
A. 0 days	100.0	
B. 1 day	0.0	
C. 2 or 3 days	0.0	
D. 4 or 5 days	0.0	
E. 6 or more days	0.0	
18. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?		
A. 0 times	100.0	
B. 1 time	0.0	
C. 2 or 3 times	0.0	
D. 4 or 5 times	0.0	
E. 6 or 7 times	0.0	
F. 8 or 9 times	0.0	
G. 10 or 11 times	0.0	
H. 12 or more times	0.0	
19. During the past 12 months, how many times were you in a physical fight?		
A. 0 times	73.3	
B. 1 time	13.3	
C. 2 or 3 times	10.0	
D. 4 or 5 times	0.0	
E. 6 or 7 times	0.0	
F. 8 or 9 times	3.3	
G. 10 or 11 times	0.0	
H. 12 or more times	0.0	

	<u>%</u>	<u>(95% CI)</u>
20. During the past 12 months, how many times were you in a physical fight on school property?		
A. 0 times	86.7	
B. 1 time	6.7	
C. 2 or 3 times	6.7	
D. 4 or 5 times	0.0	
E. 6 or 7 times	0.0	
F. 8 or 9 times	0.0	
G. 10 or 11 times	0.0	
H. 12 or more times	0.0	
21. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
A. Yes	3.3	
B. No	96.7	
22. Have you ever been physically forced to have sexual intercourse when you did not want to?		
A. Yes	6.7	
B. No	93.3	
The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide; that is, taking some action to end their own life.		
23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A. Yes	20.0	
B. No	80.0	
24. During the past 12 months, did you ever seriously consider attempting suicide?		
A. Yes	6.7	
B. No	93.3	
25. During the past 12 months, did you make a plan about how you would attempt suicide?		
A. Yes	3.3	
B. No	96.7	
26. During the past 12 months, how many times did you actually attempt suicide?		
A. 0 times	95.5	
B. 1 time	4.5	
C. 2 or 3 times	0.0	
D. 4 or 5 times	0.0	
E. 6 or more times	0.0	

27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?	<u>%</u>	<b><u>(95% CI)</u></b>
A. I did not attempt suicide during the past 12 months	95.0	
B. Yes	5.0	
C. No	0.0	

The next 10 questions ask about tobacco use.

28. Have you ever tried cigarette smoking, even one or two puffs?	
A. Yes	70.0
B. No	30.0

29. How old were you when you smoked a whole cigarette for the first time?	
A. I have never smoked a whole cigarette	50.0
B. 8 years old or younger	3.3
C. 9 or 10 years old	6.7
D. 11 or 12 years old	10.0
E. 13 or 14 years old	23.3
F. 15 or 16 years old	3.3
G. 17 years old or older	3.3

30. During the past 30 days, on how many days did you smoke cigarettes?	
A. 0 days	85.2
B. 1 or 2 days	0.0
C. 3 to 5 days	0.0
D. 6 to 9 days	0.0
E. 10 to 19 days	0.0
F. 20 to 29 days	0.0
G. All 30 days	14.8

31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?	
A. I did not smoke cigarettes during the past 30 days	85.2
B. Less than 1 cigarette per day	0.0
C. 1 cigarette per day	0.0
D. 2 to 5 cigarettes per day	0.0
E. 6 to 10 cigarettes per day	3.7
F. 11 to 20 cigarettes per day	11.1
G. More than 20 cigarettes per day	0.0

32. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)	
A. I did not smoke cigarettes during the past 30 days	85.2
B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	7.4
C. I bought them from a vending machine	0.0
D. I gave someone else money to buy them for me	7.4
E. I borrowed (or bummed) them from someone else	0.0
F. A person 18 years old or older gave them to me	0.0
G. I took them from a store or family member	0.0
H. I got them some other way	0.0

	<u>%</u>	<u>(95% CI)</u>
33. During the past 30 days, on how many days did you smoke cigarettes on school property?		
A. 0 days	100.0	
B. 1 or 2 days	0.0	
C. 3 to 5 days	0.0	
D. 6 to 9 days	0.0	
E. 10 to 19 days	0.0	
F. 20 to 29 days	0.0	
G. All 30 days	0.0	
34. During the past 12 months, did you ever try to quit smoking cigarettes?		
A. I did not smoke during the past 12 months	64.3	
B. Yes	7.1	
C. No	28.6	
35. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?		
A. 0 days	66.7	
B. 1 or 2 days	20.0	
C. 3 to 5 days	0.0	
D. 6 to 9 days	3.3	
E. 10 to 19 days	6.7	
F. 20 to 29 days	3.3	
G. All 30 days	0.0	
36. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A. 0 days	93.3	
B. 1 or 2 days	3.3	
C. 3 to 5 days	3.3	
D. 6 to 9 days	0.0	
E. 10 to 19 days	0.0	
F. 20 to 29 days	0.0	
G. All 30 days	0.0	
37. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?		
A. 0 days	46.7	
B. 1 or 2 days	3.3	
C. 3 or 4 days	10.0	
D. 5 or 6 days	0.0	
E. 7 days	40.0	

The next 7 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

**% (95% CI)**

38. How old were you when you had your first drink of alcohol other than a few sips?

A. I have never had a drink of alcohol other than a few sips	16.7
B. 8 years old or younger	23.3
C. 9 or 10 years old	3.3
D. 11 or 12 years old	20.0
E. 13 or 14 years old	16.7
F. 15 or 16 years old	16.7
G. 17 years old or older	3.3

39. During the past 30 days, on how many days did you have at least one drink of alcohol?

A. 0 days	65.5
B. 1 or 2 days	31.0
C. 3 to 5 days	3.4
D. 6 to 9 days	0.0
E. 10 to 19 days	0.0
F. 20 to 29 days	0.0
G. All 30 days	0.0

40. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

A. 0 days	90.0
B. 1 day	6.7
C. 2 days	0.0
D. 3 to 5 days	3.3
E. 6 to 9 days	0.0
F. 10 to 19 days	0.0
G. 20 or more days	0.0

41. During the past 30 days, what type of alcohol did you usually drink? (Select only one response.)

A. I did not drink alcohol during the past 30 days	66.7
B. I do not have a usual type	10.0
C. Beer	10.0
D. Malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade	3.3
E. Wine coolers, such as Bartles and James or Seagrams	0.0
F. Wine	0.0
G. Liquor, such as vodka, rum, scotch, bourbon, or whiskey	6.7
H. Some other type	3.3

	<u>%</u>	<u>(95% CI)</u>
42. During the past 30 days, how did you usually get the alcohol you drank?		
A. I did not drink alcohol during the past 30 days	65.5	
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	0.0	
C. I bought it at a restaurant, bar, or club	3.4	
D. I bought it at a public event such as a concert or sporting event	0.0	
E. I gave someone else money to buy it for me	3.4	
F. Someone gave it to me	13.8	
G. I took it from a store or family member	6.9	
H. I got it some other way	6.9	
43. During the past 30 days, where did you usually drink alcohol? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	66.7	
B. At my home	10.0	
C. At another person's home	10.0	
D. While riding in or driving a car	0.0	
E. At a restaurant, bar, or club	0.0	
F. At a public place such as a park, beach, or parking lot	10.0	
G. At a public event such as a concert or sporting event	3.3	
H. On school property	0.0	
44. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?		
A. 0 days	100.0	
B. 1 or 2 days	0.0	
C. 3 to 5 days	0.0	
D. 6 to 9 days	0.0	
E. 10 to 19 days	0.0	
F. 20 to 29 days	0.0	
G. All 30 days	0.0	
The next 3 questions ask about marijuana use. Marijuana also is called grass or pot.		
45. How old were you when you tried marijuana for the first time?		
A. I have never tried marijuana	66.7	
B. 8 years old or younger	0.0	
C. 9 or 10 years old	3.3	
D. 11 or 12 years old	10.0	
E. 13 or 14 years old	13.3	
F. 15 or 16 years old	6.7	
G. 17 years old or older	0.0	
46. During the past 30 days, how many times did you use marijuana?		
A. 0 times	100.0	
B. 1 or 2 times	0.0	
C. 3 to 9 times	0.0	
D. 10 to 19 times	0.0	
E. 20 to 39 times	0.0	
F. 40 or more times	0.0	



47. During the past 30 days, how many times did you use marijuana on school property?		<b>(95% CI)</b>
	<b>%</b>	
A. 0 times	100.0	
B. 1 or 2 times	0.0	
C. 3 to 9 times	0.0	
D. 10 to 19 times	0.0	
E. 20 to 39 times	0.0	
F. 40 or more times	0.0	

The next 12 questions ask about other drugs.

48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?	
A. 0 times	96.6
B. 1 or 2 times	3.4
C. 3 to 9 times	0.0
D. 10 to 19 times	0.0
E. 20 to 39 times	0.0
F. 40 or more times	0.0

49. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?	
A. 0 times	100.0
B. 1 or 2 times	0.0
C. 3 to 9 times	0.0
D. 10 to 19 times	0.0
E. 20 to 39 times	0.0
F. 40 or more times	0.0

50. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?	
A. 0 times	86.7
B. 1 or 2 times	3.3
C. 3 to 9 times	3.3
D. 10 to 19 times	3.3
E. 20 to 39 times	0.0
F. 40 or more times	3.3

51. During your life, how many times have you used heroin (also called smack, junk, or China White)?	
A. 0 times	96.7
B. 1 or 2 times	0.0
C. 3 to 9 times	0.0
D. 10 to 19 times	0.0
E. 20 to 39 times	0.0
F. 40 or more times	3.3

	<u>%</u>	<u>(95% CI)</u>
52. During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?		
A. 0 times	96.7	
B. 1 or 2 times	0.0	
C. 3 to 9 times	0.0	
D. 10 to 19 times	0.0	
E. 20 to 39 times	3.3	
F. 40 or more times	0.0	
53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?		
A. 0 times	96.7	
B. 1 or 2 times	0.0	
C. 3 to 9 times	0.0	
D. 10 to 19 times	0.0	
E. 20 to 39 times	0.0	
F. 40 or more times	3.3	
54. During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?		
A. 0 times	96.7	
B. 1 or 2 times	0.0	
C. 3 to 9 times	0.0	
D. 10 to 19 times	3.3	
E. 20 to 39 times	0.0	
F. 40 or more times	0.0	
55. During your life, how many times have you used ecstasy (also called MDMA)?		
A. 0 times	96.7	
B. 1 or 2 times	0.0	
C. 3 to 9 times	0.0	
D. 10 to 19 times	0.0	
E. 20 to 39 times	0.0	
F. 40 or more times	3.3	
56. During the past 30 days, how many times have you used ecstasy (also called MDMA)?		
A. 0 times	96.7	
B. 1 or 2 times	0.0	
C. 3 to 9 times	0.0	
D. 10 to 19 times	0.0	
E. 20 to 39 times	3.3	
F. 40 or more times	0.0	

57. During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?	<u>%</u>	<u>(95% CI)</u>
A. 0 times	93.3	
B. 1 or 2 times	3.3	
C. 3 to 9 times	0.0	
D. 10 to 19 times	3.3	
E. 20 to 39 times	0.0	
F. 40 or more times	0.0	

58. During your life, how many times have you used a needle to inject any illegal drug into your body?		
A. 0 times	96.7	
B. 1 time	0.0	
C. 2 or more times	3.3	

59. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?		
A. Yes	20.0	
B. No	80.0	

The next 3 questions ask about what people think about kids your age drinking alcohol.

60. How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	36.7	
B. Wrong	36.7	
C. A little bit wrong	23.3	
D. Not wrong at all	3.3	

61. How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	53.3	
B. Wrong	16.7	
C. A little bit wrong	23.3	
D. Not wrong at all	6.7	

62. How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	23.3	
B. Wrong	33.3	
C. A little bit wrong	30.0	
D. Not wrong at all	13.3	

If you wanted to, how easy would each of the following be to get?

63. Beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?		
A. Very hard	6.7	
B. Sort of hard	13.3	
C. Sort of easy	26.7	
D. Very easy	53.3	

	<u>%</u>	<u>(95% CI)</u>
64. Marijuana?		
A. Very hard	40.0	
B. Sort of hard	26.7	
C. Sort of easy	16.7	
D. Very easy	16.7	
65. Cocaine, LSD, methamphetamines, or other illegal drug?		
A. Very hard	66.7	
B. Sort of hard	20.0	
C. Sort of easy	3.3	
D. Very easy	10.0	
66. How many adults have you known personally who, in the past year, have used marijuana, cocaine, or other drugs?		
A. None	51.7	
B. 1 adult	3.4	
C. 2 adults	13.8	
D. 3 or 4 adults	17.2	
E. 5 or more adults	13.8	
67. How many adults have you known personally who, in the past year, have sold or dealt drugs?		
A. None	66.7	
B. 1 adult	10.0	
C. 2 adults	6.7	
D. 3 or 4 adults	3.3	
E. 5 or more adults	13.3	
The next 6 questions ask about sexual behavior.		
68. How old were you when you had sexual intercourse for the first time?		
A. I have never had sexual intercourse	53.3	
B. 11 years old or younger	13.3	
C. 12 years old	0.0	
D. 13 years old	3.3	
E. 14 years old	10.0	
F. 15 years old	16.7	
G. 16 years old	3.3	
H. 17 years old or older	0.0	
69. During your life, with how many people have you had sexual intercourse?		
A. I have never had sexual intercourse	53.3	
B. 1 person	10.0	
C. 2 people	10.0	
D. 3 people	3.3	
E. 4 people	6.7	
F. 5 people	3.3	
G. 6 or more people	13.3	

70. During the past 3 months, with how many people did you have sexual intercourse?	<b>%</b>	<b>(95% CI)</b>
A. I have never had sexual intercourse	53.3	
B. I have had sexual intercourse, but not during the past 3 months	6.7	
C. 1 person	26.7	
D. 2 people	6.7	
E. 3 people	0.0	
F. 4 people	0.0	
G. 5 people	0.0	
H. 6 or more people	6.7	

71. Did you drink alcohol or use drugs before you had sexual intercourse the last time?	
A. I have never had sexual intercourse	53.3
B. Yes	6.7
C. No	40.0

72. The last time you had sexual intercourse, did you or your partner use a condom?	
A. I have never had sexual intercourse	55.2
B. Yes	27.6
C. No	17.2

73. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)	
A. I have never had sexual intercourse	55.2
B. No method was used to prevent pregnancy	3.4
C. Birth control pills	17.2
D. Condoms	17.2
E. Depo-Provera (injectable birth control)	0.0
F. Withdrawal	0.0
G. Some other method	3.4
H. Not sure	3.4

The following questions ask about your family, your school, other adults, your friends, and yourself.

In my home, there is a parent or some other adult ...

74. who is interested in my school work.	
A. Not true at all	6.7
B. A little true	3.3
C. Pretty much true	20.0
D. Very much true	70.0

75. who talks with me about my problems.	
A. Not true at all	16.7
B. A little true	13.3
C. Pretty much true	26.7
D. Very much true	43.3

	<u>%</u>	<u>(95% CI)</u>
76. who listens to me when I have something to say.		
A. Not true at all	10.0	
B. A little true	3.3	
C. Pretty much true	26.7	
D. Very much true	60.0	
77. who expects me to follow the rules.		
A. Not true at all	3.3	
B. A little true	10.0	
C. Pretty much true	16.7	
D. Very much true	70.0	
78. who believes that I will be a success.		
A. Not true at all	10.0	
B. A little true	3.3	
C. Pretty much true	13.3	
D. Very much true	73.3	
At my school, there is a teacher or some other adult...		
79. who really cares about me.		
A. Not true at all	6.7	
B. A little true	6.7	
C. Pretty much true	36.7	
D. Very much true	50.0	
80. who notices when I'm not there.		
A. Not true at all	6.7	
B. A little true	6.7	
C. Pretty much true	23.3	
D. Very much true	63.3	
81. who listens to me when I have something to say.		
A. Not true at all	6.7	
B. A little true	13.3	
C. Pretty much true	16.7	
D. Very much true	63.3	
82. who tells me when I do a good job.		
A. Not true at all	3.3	
B. A little true	3.3	
C. Pretty much true	33.3	
D. Very much true	60.0	
83. who believes that I will be a success.		
A. Not true at all	3.4	
B. A little true	13.8	
C. Pretty much true	13.8	
D. Very much true	69.0	

	<u>%</u>	<u>(95% CI)</u>
Outside of my home and school, there is an adult...		
84. who really cares about me.		
A. Not true at all	3.6	
B. A little true	3.6	
C. Pretty much true	10.7	
D. Very much true	82.1	
85. who notices when I am upset about something.		
A. Not true at all	3.3	
B. A little true	16.7	
C. Pretty much true	26.7	
D. Very much true	53.3	
86. whom I trust.		
A. Not true at all	6.7	
B. A little true	10.0	
C. Pretty much true	13.3	
D. Very much true	70.0	
87. who tells me when I do a good job.		
A. Not true at all	3.3	
B. A little true	3.3	
C. Pretty much true	26.7	
D. Very much true	66.7	
88. who believes that I will be a success.		
A. Not true at all	3.3	
B. A little true	6.7	
C. Pretty much true	16.7	
D. Very much true	73.3	
I have a friend about my own age...		
89. who really cares about me.		
A. Not true at all	6.7	
B. A little true	6.7	
C. Pretty much true	10.0	
D. Very much true	76.7	
90. who talks with me about my problems.		
A. Not true at all	10.0	
B. A little true	3.3	
C. Pretty much true	16.7	
D. Very much true	70.0	
91. who helps me when I'm having a hard time.		
A. Not true at all	3.3	
B. A little true	10.0	
C. Pretty much true	10.0	
D. Very much true	76.7	

How true do you feel these statements are for you?	%	(95% CI)
92. When I am not at home, one of my parents/guardians knows where I am and who I am with.		
A. Not true at all	6.7	
B. A little true	16.7	
C. Pretty much true	13.3	
D. Very much true	63.3	
93. My family has clear rules about drug and alcohol use.		
A. Not true at all	6.7	
B. A little true	13.3	
C. Pretty much true	10.0	
D. Very much true	70.0	
94. My family has clear rules and standards for my behavior.		
A. Not true at all	3.3	
B. A little true	6.7	
C. Pretty much true	30.0	
D. Very much true	60.0	
95. In my school, there are clear rules about what students can and cannot do.		
A. Not true at all	3.3	
B. A little true	3.3	
C. Pretty much true	16.7	
D. Very much true	76.7	
96. At school, I try hard to do my best work.		
A. Not true at all	3.3	
B. A little true	10.0	
C. Pretty much true	16.7	
D. Very much true	70.0	
97. I plan to go to college or some other school after high school.		
A. Not true at all	6.7	
B. A little true	6.7	
C. Pretty much true	3.3	
D. Very much true	83.3	
98. At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).		
A. Not true at all	10.3	
B. A little true	3.4	
C. Pretty much true	17.2	
D. Very much true	69.0	
99. Outside of my home and school, I am a part of clubs, sports teams, church/temple, or other group activities.		
A. Not true at all	23.3	
B. A little true	10.0	
C. Pretty much true	3.3	
D. Very much true	63.3	



	<u>%</u>	<u>(95% CI)</u>
100. Outside of my home and school, I am involved in music, art, literature, sports, or a hobby.		
A. Not true at all	20.0	
B. A little true	3.3	
C. Pretty much true	20.0	
D. Very much true	56.7	
101. Outside of my home and school, I help other people.		
A. Not true at all	3.3	
B. A little true	20.0	
C. Pretty much true	26.7	
D. Very much true	50.0	
102. I try to understand what other people feel and think.		
A. Not true at all	6.7	
B. A little true	6.7	
C. Pretty much true	36.7	
D. Very much true	50.0	
103. I often do things without thinking about what will happen.		
A. Not true at all	20.7	
B. A little true	24.1	
C. Pretty much true	13.8	
D. Very much true	41.4	
104. It is hard for me to stick with one thing even when it is fun.		
A. Not true at all	40.0	
B. A little true	20.0	
C. Pretty much true	13.3	
D. Very much true	26.7	
105. My friends get into a lot of trouble.		
A. Not true at all	26.7	
B. A little true	33.3	
C. Pretty much true	10.0	
D. Very much true	30.0	
106. My friends do well in school.		
A. Not true at all	10.0	
B. A little true	6.7	
C. Pretty much true	26.7	
D. Very much true	56.7	
Among the people you consider to be your closest friends, how many would you say do the following?		
107. Drink alcohol once a week or more?		
A. None	50.0	
B. A few	33.3	
C. Some	6.7	
D. Most	6.7	
E. All	3.3	

	<u>%</u>	<u>(95% CI)</u>
108. Have used drugs such as marijuana or cocaine?		
A. None	66.7	
B. A few	23.3	
C. Some	3.3	
D. Most	6.7	
E. All	0.0	

The next 7 questions ask about how many times you have done the following things.

109. How many times have you done something dangerous because someone dared you to do it?

A. I have never done this	40.0
B. I have done it but not in the past year	40.0
C. Less than once a month	3.3
D. About once a month	3.3
E. 2 or 3 times a month	6.7
F. Once a week or more	6.7

110. How many times have you done crazy exciting things even if they are a little dangerous?

A. I have never done this	16.7
B. I have done it but not in the past year	30.0
C. Less than once a month	26.7
D. About once a month	10.0
E. 2 or 3 times a month	6.7
F. Once a week or more	10.0

111. How often do you attend religious or spiritual services?

A. Every day	3.3
B. 1 to 6 times a week	23.3
C. 1 to 3 times a month	13.3
D. 3 to 11 times a year	23.3
E. Only once or twice a year	6.7
F. Never	30.0

112. During the school year, how many hours a week do you work at a job?

A. I do not work	41.4
B. 1 to 4 hours per week	3.4
C. 5 to 9 hours per week	10.3
D. 10 to 20 hours per week	27.6
E. Over 20 hours per week	17.2

113. During the last four weeks, how many days of school have you missed because you skipped or ditched?

A. None	76.7
B. 1 day	13.3
C. 2 days	3.3
D. 3 days	0.0
E. 4 to 5 days	0.0
F. 6 to 10 days	0.0
G. 11 or more days	6.7

114. How often do you come to classes without bringing paper or something to write with?	<u>%</u>	<b>(95% CI)</b>
A. Never	60.0	
B. Sometimes	33.3	
C. Usually	6.7	

115. How often do you come to classes without your homework finished?		
A. Never	20.0	
B. Sometimes	66.7	
C. Usually	13.3	

The next 3 questions ask about body weight.

116. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
A. Yes	43.3	
B. No	56.7	

117. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
A. Yes	31.0	
B. No	69.0	

118. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?		
A. Yes	6.9	
B. No	93.1	

The next 8 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

119. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)		
A. I did not drink 100% fruit juice during the past 7 days	33.3	
B. 1 to 3 times during the past 7 days	23.3	
C. 4 to 6 times during the past 7 days	3.3	
D. 1 time per day	20.0	
E. 2 times per day	13.3	
F. 3 times per day	3.3	
G. 4 or more times per day	3.3	

120. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)		
A. I did not eat fruit during the past 7 days	13.3	
B. 1 to 3 times during the past 7 days	30.0	
C. 4 to 6 times during the past 7 days	43.3	
D. 1 time per day	3.3	
E. 2 times per day	6.7	
F. 3 times per day	0.0	
G. 4 or more times per day	3.3	

	<u>%</u>	<u>(95% CI)</u>
121. During the past 7 days, how many times did you eat green salad?		
A. I did not eat green salad during the past 7 days	30.0	
B. 1 to 3 times during the past 7 days	33.3	
C. 4 to 6 times during the past 7 days	20.0	
D. 1 time per day	16.7	
E. 2 times per day	0.0	
F. 3 times per day	0.0	
G. 4 or more times per day	0.0	
122. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)		
A. I did not eat potatoes during the past 7 days	26.7	
B. 1 to 3 times during the past 7 days	56.7	
C. 4 to 6 times during the past 7 days	6.7	
D. 1 time per day	6.7	
E. 2 times per day	0.0	
F. 3 times per day	0.0	
G. 4 or more times per day	3.3	
123. During the past 7 days, how many times did you eat carrots?		
A. I did not eat carrots during the past 7 days	63.3	
B. 1 to 3 times during the past 7 days	36.7	
C. 4 to 6 times during the past 7 days	0.0	
D. 1 time per day	0.0	
E. 2 times per day	0.0	
F. 3 times per day	0.0	
G. 4 or more times per day	0.0	
124. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)		
A. I did not eat other vegetables during the past 7 days	13.3	
B. 1 to 3 times during the past 7 days	56.7	
C. 4 to 6 times during the past 7 days	23.3	
D. 1 time per day	6.7	
E. 2 times per day	0.0	
F. 3 times per day	0.0	
G. 4 or more times per day	0.0	
125. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as a Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)		
A. I did not drink soda or pop during the past 7 days	23.3	
B. 1 to 3 times during the past 7 days	20.0	
C. 4 to 6 times during the past 7 days	20.0	
D. 1 time per day	13.3	
E. 2 times per day	13.3	
F. 3 times per day	3.3	
G. 4 or more times per day	6.7	

126. During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)	<u>%</u>	<b><u>(95% CI)</u></b>
A. I did not drink milk during the past 7 days	13.8	
B. 1 to 3 glasses during the past 7 days	27.6	
C. 4 to 6 glasses during the past 7 days	17.2	
D. 1 glass per day	17.2	
E. 2 glasses per day	10.3	
F. 3 glasses per day	6.9	
G. 4 or more glasses per day	6.9	

The next 4 questions ask about physical activity.

127. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)	
A. 0 days	3.3
B. 1 day	0.0
C. 2 days	6.7
D. 3 days	3.3
E. 4 days	13.3
F. 5 days	13.3
G. 6 days	10.0
H. 7 days	50.0

128. On an average school day, how many hours do you watch TV?	
A. I do not watch TV on an average school day	26.7
B. Less than 1 hour per day	13.3
C. 1 hour per day	13.3
D. 2 hours per day	30.0
E. 3 hours per day	6.7
F. 4 hours per day	3.3
G. 5 or more hours per day	6.7

129. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)	
A. I do not play video or computer games or use a computer for something that is not school work	43.3
B. Less than 1 hour per day	16.7
C. 1 hour per day	20.0
D. 2 hours per day	13.3
E. 3 hours per day	0.0
F. 4 hours per day	0.0
G. 5 or more hours per day	6.7

130. In an average week when you are in school, on how many days do you go to physical education (PE) classes?	<u>%</u>	<b><u>(95% CI)</u></b>
A. 0 days	6.7	
B. 1 day	6.7	
C. 2 days	0.0	
D. 3 days	0.0	
E. 4 days	70.0	
F. 5 days	16.7	

The next 4 questions ask about other health-related topics.

131. If your school has a school-based health center, how many times did you use it for services this year?	
A. My school does not have a school-based health center	0.0
B. 0 times	20.7
C. 1 time	20.7
D. 2 times	24.1
E. 3 or more times	34.5

132. Have you ever been taught about AIDS or HIV infection in school?	
A. Yes	62.1
B. No	27.6
C. Not sure	10.3

133. Has a doctor or nurse ever told you that you have asthma?	
A. Yes	20.7
B. No	72.4
C. Not sure	6.9

134. Do you still have asthma?	
A. I have never had asthma	58.6
B. Yes	17.2
C. No	13.8
D. Not sure	10.3

These last 3 questions ask for some information about you and your family.

135. How often do you speak a language other than English at home?	
A. Never	51.7
B. Less than half the time	17.2
C. About half the time	10.3
D. More than half the time but not all of the time	3.4
E. All of the time	17.2

136. Were you born in the USA?	
A. Yes	79.3
B. No	20.7

137. During the past 12 months, which of the following statements best describes the food eaten by you and your family?	
A. Enough food to eat	86.2
B. Sometimes not enough food to eat	3.4
C. Often not enough food to eat	10.3

This is the end of the survey.  
Thank you very much for your help.

## Appendix B: Definitions of Risk Behaviors

### Behaviors that Contribute to Unintentional Injury

Never or rarely wore a seatbelt

Answered 'Never' or 'Rarely' to the question, *How often do you wear a seat belt when riding in a car driven by someone else?*

Rarely or never wore a bicycle helmet

Of those who rode a bicycle within the past 12 months, responded 'Never wore a helmet' or 'Rarely wore a helmet' to the question, *When you rode a bicycle during the past 12 months, how often did you wear a helmet?*

Rode with drinking driver

Answered *one or more times* to the question, *During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?*

Drove after drinking

Answered *one or more times* to the question, *During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?*

### Behaviors Associated with Violence

Carried weapon

Answered *one or more days* to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?*

Carried a gun

Answered *one or more days* to the question, *During the past 30 days, on how many days did you carry a gun?*

Carried a weapon on school property

Answered *one or more days* to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?*

In a physical fight

Answered *one or more times* to the question, *During the past 12 months, how many times were you in a physical fight?*

In a physical fight on school property

Answered *one or more times* to the question, *During the past 12 months, how many times were you in a physical fight on school property?*

Skipped school because felt unsafe

Answered *one or more days* to the question, *During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?*

Threatened or injured with a weapon on school property

Answered *one or more times* to the question, *During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?*

Physically hurt by boy/girlfriend

Answered 'Yes' to the question, *During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?*

Ever physically forced to have sexual intercourse

Answered 'Yes' to the question, *Have you ever been physically forced to have sexual intercourse when you did not want to?*

### Mental Health, Suicidal Ideation, and Suicide Attempts

#### Persistent feelings of sadness or hopelessness

Answered 'Yes' to the question, *During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?*

#### Seriously considered suicide

Answered 'Yes' to the question, *During the past 12 months, did you ever seriously consider attempting suicide?*

#### Made a suicide plan

Answered 'Yes' to the question, *During the past 12 months, did you make a plan about how you would attempt suicide?*

#### Attempted suicide

Answered *one or more times* to the question, *During the past 12 months, how many times did you actually attempt suicide?*

#### Injured as result of suicide attempt

Answered 'Yes' to the question, *If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?*

### Cigarette Smoking

#### Ever tried cigarettes

Answered 'Yes' to the question, *Have you ever tried cigarette smoking, even one or two puffs?*

#### First smoked a cigarette before age 13

Answered *12 years old or younger* to the question, *How old were you when you smoked a whole cigarette for the first time?*

#### Current Smoker (Smoked at least one cigarette in past 30 days)

Answered *one or more days* to the question, *During the past 30 days, on how many days did you smoke cigarettes?*

#### Frequent Smoker (Smoked cigarettes on 20 of past 30 days)

Answered *20 or more days* to the question, *During the past 30 days, on how many days did you smoke cigarettes?*

#### Smoked on school property

Answered *one or more days* to the question, *During the past 30 days, on how many days did you smoke cigarettes on school property?*

#### Bought cigarettes in a store

Answered *'I bought them in a store such as a convenience store, supermarket, discount store, or gas station'* to the question, *During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)*

### Other Tobacco Use

#### Current cigar smoking

Answered *one or more days* to the question, *During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?*

#### Chew, snuff, or spit tobacco use

Answered *'one or more days'* to the question, *During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?*

#### Used any tobacco

Respondent reported any form of tobacco use in the previous 30 days (i.e., smoking cigarettes, cigars, cigarillos, or little cigars, or using smokeless tobacco).

#### In same room as smoker

Answered *one or more days* to the question, *During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?*



### Alcohol Use

#### Ever drank alcohol

Gave any response other than *'I have never had a drink of alcohol other than a few sips'* to the question, *How old were you when you had your first drink of alcohol other than a few sips?*

#### Current drinker (Had drink of alcohol in past 30 days)

Answered *one or more days* to the question, *During the past 30 days, on how many days did you have at least one drink of alcohol?*

#### Binge drinking

Answered *one or more days* to the question, *During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?*

#### Drank on school property

Answered *one or more days* to the question, *During the past 30 days, on how many days did you have at least one drink of alcohol on school property?*

#### First drink before age 13

Answered *12 years old or younger* to the question, *How old were you when you had your first drink of alcohol other than a few sips?*

### Marijuana and Other Drug Use

#### Current marijuana use (Used marijuana in past 30 days)

Answered *one or more days* to the question, *During the past 30 days, how many times did you use marijuana?*

#### Used marijuana on school property

Answered *one or more days* to the question, *During the past 30 days, how many times did you use marijuana on school property?*

#### First used marijuana before age 13

Answered *12 years old or younger* to the question, *How old were you when you tried marijuana for the first time?*

#### Past 30-day use

Answered *one or more times* to the questions, *During the past 30 days, how many times ...*

*...did you use any form of cocaine, including powder, crack, or freebase?*

*...have you used heroin (also called smack, junk, or China White)?*

*...have you used methamphetamines (also called speed, crystal, crank, or ice)?*

*...have you used ecstasy (also called MDMA)?*

*...have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?*

*...did you use a pain killer to get high, like Vicodin, Oxycontin (also called Oxy or OC), or Percocet (also called Percs)?*

#### Lifetime use

Answered *one or more times* to the question, *During your life...*

*...have you used any form of cocaine, including powder, crack, or freebase?*

*...have you used heroin (also called smack, junk, or China White)?*

*...have you used methamphetamines (also called speed, crystal, crank, or ice)?*

*...have you used ecstasy (also called MDMA)?*

*...have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?*

*...have you used a needle to inject any illegal drug into your body?*

### Access to drugs

#### Offered illegal drugs on school property

Answered *'Yes'* to the question, *During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?*

#### Can get marijuana easily, AND

#### Can get cocaine, LSD, methamphetamines, or other illegal drugs easily

Answered *'Very easy'* or *'Sort of easy'* to the questions, *If you wanted to, how easy would each of the following be to get?*

Marijuana?

Cocaine, LSD, methamphetamines, or other illegal drug?

### Sexual Activity

#### Ever had sexual intercourse

Gave any responses other than *'I have never had sexual intercourse'* to the question, *How old were you when you had sexual intercourse for the first time?*

#### Currently sexually active

Respondent reported having sexual intercourse within the previous 3 months. Answered *one or more people* to the question, *During the past 3 months, with how many people did you have sexual intercourse?*

#### First sexual intercourse before age 13

Answered *12 years old or younger* to the question, *How old were you when you had sexual intercourse for the first time?*

#### Used alcohol or drugs before last sexual intercourse (among sexually active students)

Answered *'Yes'* to the question, *Did you drink alcohol or use drugs before you had sexual intercourse the last time?*

- and -

Is currently sexually active (see above)

#### No condom use (among sexually active students)

Answered *'No'* to the question, *The last time you had sexual intercourse, did you or your partner use a condom?*

- and -

Is currently sexually active (see above)

### Body Weight and Weight Control

#### Overweight and Obese

Body Mass Index (BMI) was calculated from self-reported height and weight. The categories 'Overweight' and 'Obese' were based on age- and sex-specific BMI values. These values were determined from national, multi-year reference data.

Overweight: Greater than or equal to the 85th national BMI percentile for age and sex, and less than the 95th percentile.

Obese: Greater than or equal to the 95th national BMI percentile for age and sex.

#### Exercised for weight control in last 30 days

Answered *'Yes'* to the question, *During the past 30 days, did you exercise to lose weight or to keep from gaining weight?*

#### Ate less for weight control in last 30 days

Answered *'Yes'* to the question, *During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?*

#### Vomited or used laxatives for weight control in last 30 days

Answered *'Yes'* to the question, *During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?*

### Physical Activity and Nutrition

Less than 5 servings of fruits/vegetables daily

Reported consuming fewer than five daily servings of fruit juice, fruit, green salad, potatoes, carrots, or other vegetables over the previous five days.

Food insecurity (Sometimes or often not enough food to eat)

Answered '*Sometimes not enough food to eat*' or '*Often not enough food to eat*' to the question, *During the past 12 months, which of the following statements best describes the food eaten by you and your family?*

Less than recommended physical activity

Answered less than 5 days to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)*

No days of 60 minutes of physical activity

Answered 0 days to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)*

Three or more hours per day TV viewing

Answered 3 hours per day or more to the question, *On an average school day, how many hours do you watch TV?*

Three or more hours video computer games daily

Answered 3 hours per day or more to the question, *On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)*

No daily PE

Answered less than 5 days to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?*

No days of PE

Answered 0 days to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?*

### Other

Ever told by a doctor/nurse they had asthma

Answered 'Yes' to the question, *Has a doctor or nurse ever told you that you have asthma?*

Current asthma

Answered 'Yes' to the question, *Do you still have asthma?*

Ever taught about HIV/AIDS in school

Answered 'Yes' to the question, *Have you ever been taught about AIDS or HIV infection in school?*

Born outside USA

Answered 'No' to the question, *Were you born in the USA?*

Speak non-English language more than half time at home

Answered '*All of the time*' or '*More than half the time but not all of the time*' to the question, *How often do you speak a language other than English at home?*

## Appendix C: Definitions of Protective Behaviors

Each protective factor is briefly described below. The measure is constructed from the responses to the survey questions listed below its description.

### Caring and Supportive Relationships

Caring and supportive relationships refer to the interactions between youth and parents, peers, and

Parent or other adult in the family

How true do you feel these statements are for you?

In my home, there is a parent or some other adult...

Who is interested in my school work.

Who talks with me about my problems.

Who listens to me when I have something to say.

Teacher or other adult at school

How true do you feel these statements are for you?

At my school, there is a teacher or some other adult...

Who really cares about me.

Who notices when I'm not there.

Who listens to me when I have something to say.

Adult in the Community

How true do you feel these statements are for you?

Outside of my home and school, there is an adult...

Who really cares about me.

Who notices when I am upset about something.

Whom I trust.

Peers

How true do you feel these statements are for you?

I have a friend about my own age...

Who really cares about me.

Who talks with me about my problems.

Who helps me when I'm having a hard time.

### Boundaries

Boundaries refer to interactions with parents, school, and the community that convey standards for

Family

In my home, there is a parent or some other adult...

How true do you feel these statements are for you?

When I am not at home, one of my parents/guardians knows where I am and who I am with.

My family has clear rules about drug and alcohol use.

My family has clear rules and standards for my behavior.

School

How true do you feel these statements are for you?

In my school, there are clear rules about what students can and cannot do.

## High Expectations

### Home

In my home, there is a parent or some other adult ...  
who expects me to follow the rules.  
who believes that I will be a success.

### School

At my school, there is a teacher or some other adult...  
who tells me when I do a good job.  
who believes that I will be a success.

### Adult in the community

Outside of my home and school, there is an adult...  
who tells me when I do a good job.  
who believes that I will be a success.

## Other

### Positive Peer Influence

Youth standards for acceptable behavior are influenced by their peers and close friends.  
How true do you feel these statements are for you?  
My friends get into a lot of trouble.  
My friends do well in school.

### Positive Peer Influence Related to Substance Use

Among the people you consider to be your closest friends, how many would you say do the following?  
Drink alcohol once a week or more?  
Have used drugs such as marijuana or cocaine?

### Involvement in school activities

At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).

### Empathy

I try to understand what other people feel and think.

### Sensation Seeking

How many times have you done something dangerous because someone dared you to do it?  
How many times have you done crazy exciting things even if they are a little dangerous?

### Religiosity: goes to church/religious service

How often do you attend religious or spiritual services?

## Appendix D: Academic Performance and Related Behaviors

Academic performance and motivation measures included the following:

Gets mostly A's and B's (Good Grades)

Answered "Mostly A's" or "Mostly B's" to the question,  
During the past 12 months, how would you describe your grades in school?

Do my best work at school

Answered "Very much true" or "Pretty much true" to the statement,  
At school, I try hard to do my best work

Plans to continue education after high school

Answered "Very much true" or "Pretty much true" to the statement,  
I plan to go to college or some other school after high school.

Skipped school once a week or more on average

Answered 4 or more days to the question,  
During the last four weeks, how many days of school have you missed because you skipped or ditched?

Sometimes or usually comes to class w/out paper/pencil

Answered "Sometimes" or "Usually" to the question,  
How often do you come to classes without bringing paper or something to write with?

Sometimes or usually comes to class w/out homework finished

Answered "Sometimes" or "Usually" to the question,  
How often do you come to classes without your homework finished?







NM YRRS reports can be found at:  
<http://www.health.state.nm.us/epi/yrrs.html>

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