

DDW Therapy Update – June 2023



DDSD Clinical Services Bureau

<https://www.nmhealth.org/about/ddsd/pgsv/clinical>



Therapy Consultants 'Drop In' Office Hours

**2nd Wednesday
of every month
3:30 - 5:00pm**

- All disciplines welcome
- Join whenever you can
- Breakout rooms available for client specific issues

Zoom Meeting ID: 979 5695 8455
Passcode: office
<https://zoom.us/j/97956958455?pwd=SmZ1STZ3WTJCMGtWY3poV2pFU3lOZz09>

breakout rooms available for client specific issues

NOTICE: All therapy provider agencies are **REQUIRED** to distribute this publication in a timely manner to **ALL** practitioners contracted or employed by your agency. Thank you!



Current Allowances/Methods for Service Delivery

Therapy sessions and intervention activities: must be in person/face-to-face with client

Collaboration and supervision of therapy assistants: allowed by telephone and video

Evaluations (initial, annual, home modification / AT, CARMP evaluations and targeted assessments): client must be present/face to face for the actual evaluation process to be allowed and billable

IDT attendance: preferred in person; phone and/or video are allowed per guardian approval and if someone is able to provide a link

News for you - from your therapy consultants . . .

Short-Term Equipment Loan Update

The Clinical Services Bureau-Specialty Seating Clinic has received a couple of pieces of equipment recently that can be used for assessment/short-term loan for individuals receiving services through the Waiver programs.

- EasyStand has donated an Evolv Stander, medium size, for use with people who are 4' – 5'6" tall and weigh less than 200#. <https://www.standingframes.org/collections/all/products/easystand-evolv-medium>
- Rifton is donating a Large Pacer gait trainer with a utility base, chest prompt, multi-position saddle/pelvic prompt, handlebars and handholds. Product brochure: <https://riftoncdn.azureedge.net/-/media/files/rifton/product-brochures/pacer-gait-trainer-brochure.pdf?la=en>
- These photos depict what we have available. Please contact Mary Beth Schubauer or Scott Hubbard to arrange a demonstration or loan of these pieces of equipment.



Figure 1: EasyStand Evolv Medium



Figure 2: Pacer without supports.

Toilet Positioning



Toileting is often regarded as an interruption to daily activities and an added burden. Continuing initiatives around health and disability, however, recast toileting as a critical intervention and an opportunity to teach meaningful skills. Click for [Rifton blog post](#) Related Article: [Achieving Optimal Toilet Positioning for People with Disabilities](#)

Xanthan gum-based thickeners found to be superior to starch-based



- Better texture perception
- Better stability
- More cohesive bolus
- Better resistance to salivary amylase

E.K. Hadde, B. Mossel, J. Chen et al. (2021). The Safety and efficacy of xanthan gum-based thickeners and their effect in modifying bolus rheology in the therapeutic medical management of dysphagia. *Food Hydrocolloids for Health* 1 – 10038.

<https://doi.org/10.1016/j.fhfh.2021.100038>

Essential Features of the Collaborative – Consultative (C-C) Model

- | | |
|--|--|
| <ul style="list-style-type: none"> • Joint planning between therapist & the IDT, especially DSP • Systematic teaching of DSP to carry out WDSI | <ul style="list-style-type: none"> • Two-way feedback between therapist & DSP • Problem solving involving the individual, therapist, & DSP |
|--|--|

Self-check: How well does my practice align with the C-C Model?

	consistently	sometimes	rarely
◇ I communicate with the individual and all IDT members. I reach out to others and respond in a timely manner.			
◇ I regularly check in with DSP/FLP/CCS to ask how the person is progressing toward ISP Outcomes.			
◇ I ask all members of the IDT what support is needed from my specific discipline.			
◇ I ensure my therapy interventions align with, and support, the person's desired visions and outcomes.			
◇ I see each person in multiple settings.			
◇ I use clinical reasoning and professional knowledge to determine service delivery frequency and location in a thoughtful manner.			
◇ I am flexible when asked to complete trainings. I am comfortable establishing boundaries to support a work-life balance.			
◇ I build flex-time into my schedule for AT monitoring, observation of CARMP and WDSI implementation, trainings at home and in the community, etc.			
◇ I block out time in my schedule to complete 'non-face to face' activities such as collaboration/communication with the IDT including family members and staff, preparation/research for adapted or individualized materials, and writing annual re-evaluations and semi-annual reviews.			

Want to recognize a therapist or an agency for their implementation of the Collaborative - Consultative Model? Contact robin.leinwand@doh.nm.gov

SAVE THE DATE!!!

2023 Mobility and Positioning Conference

Organized by the Specialty Seating Clinic, NM DOH

**Friday and Saturday,
November 3 & 4, 2023**

NMDOH
NEW MEXICO DEPARTMENT OF HEALTH

- ❖ 2-day IN-PERSON conference featuring national & local presenters
- ❖ Focused on adaptive mobility & positioning of people with intellectual & developmental disabilities, neurologic & musculoskeletal diagnoses
- ❖ Sessions will address incorporating & integrating mobility, positioning, & functional assistive technology into a person's everyday life
- ❖ Primary audience is PT and OT providers – NM CEU's provided
- ❖ Exhibits by national mobility & seating manufacturer's representatives & local DME providers

For more information contact: SPECIALTY.SEATING@DOH.NM.GOV

Celebrating the Collaborative-Consultative Model

From your fellow DDW therapists:

“Therapy objectives are not achieved in isolation, but are achieved in the homes and communities of the individual and with the people (and staff) with whom they live. Without working with the IDT, true and lasting progress, health and safety, and quality of life is not possible!”

It's important to recognize that “DSP/FLP/CCS training is a big part of the Participatory Approach/Collaborative Consultative model (which) emphasizes supporting all who support the person – very different than a clinical model.”

“I’ve been incorporating videos and demonstrations as much as possible into my support plan training for staff and have received good feedback about it. I believe it helps staff more fully comprehend what the individual support plan entails.”



**Questions? contact a
therapy consultant or
CSB**



My name is Linda Calkins and I am the owner of Lazy River Therapy Services, LLC in Aztec, NM. We have 2 SLPs that serve individuals on the DD Waiver in San Juan and McKinley counties and a PT serving San Juan County. Like many counties in NM, these encompass a large geographic area.

- Services are provided in a variety of locations to maximize interventions where the individuals live.
- Meeting in their homes (no matter how far out of the city center they are!) allows for assessment of the physical environment and to make modifications/adaptations to create a more functional environment for increased independence.
- In addition to seeing the individuals in their home, therapists will meet them in a variety of settings such as their workplace, favorite restaurants, coffee shops, the grocery store, the trampoline park, outside parks, the community center, and the mall, to mention a few.
- Serving people out in the community allows for continuity of the treatment plan across the individual’s day and with all the service providers.
- Of course, telehealth allows for consistent consultation and collaboration with all the service providers and other therapy staff.
- It is rewarding for Lazy River Therapy to be working in a setting that allows for such a varied treatment plan, which will only maximize the success for all our individuals on the DD Waiver.



Pictured L to R: Desiree Durrett SLP, Jordan Stearns SLP, Linda Calkins SLP, and Tonya Jordan PT

I’m proud of Jordan Stearns, SLP, Desiree Durrett, SLP, and Tonya Jordan, PT for their professionalism and commitment to excellence.



For current DDW Therapy Documents, Standards, Assistive Technology Fund Forms, and all things therapy related bookmark the

DDSD/CLINICAL SERVICES BUREAU (CSB)
THERAPY SERVICES PAGE

<https://www.nmhealth.org/about/ddsd/pgsv/clinical/therapy/>



CSB Trainings

ALL TRAININGS ARE ONLINE UNTIL FURTHER NOTICE

Please see the [DDW Therapist Training Requirements by Job Classification](#) to learn more about the training requirements for all therapists

Live stream, online trainings (not recorded) remaining 2023 dates

Aspiration Risk Management 9:00am -4:30pm 7/14, 8/25, 9/22, 10/27
Participatory Approach 9:00am -4:30pm 8/3, 9/27, 11/15

Pre-register for on-line trainings at: <https://ddsdttrain.cdd.unm.edu/Calendar.aspx>
 Please use your own email when registering to ensure you get the meeting link and documents

Other trainings required for Therapists

Introduction to Waivers

Person-Centered Planning for Therapists DDS DDD Online Courses (available anytime) <http://www.cdd.unm.edu/other-disability-programs/disability-health-policy/ddsdcourses/index.html>
Subtle Signs of Illness and Injury formerly 'Indications of Illness and Injury' <http://www.cdd.unm.edu/other-disability-programs/disability-health-policy/ddsdcourses/index.html>
ANE REFRESHER Training 'ANE Awareness'

Effective Individual Specific Training Techniques - "EIST-Live Stream"

(not the Effective Trainer Techniques Part 1 course) not recorded – see training calendar for dates <https://ddsdttrain.cdd.unm.edu/Calendar.aspx>
ANE Training DOH – Live Stream Course

Clinical Services Bureau Contact Information

Vacant	Bureau Chief	Mary (Nettie) DeBerry Nurse Generalist
Interim Contact: Scott Doan	Scott.Doan@doh.nm.gov	Mary.DeBerry@doh.nm.gov
Rosa Lopez Madrid Administrative Assistant	Rosa.LopezMadrid@doh.nm.gov	Felicia Vidro AT/Therapy Coordinator
		Felicia.Vidro@doh.nm.gov

Clinical Consultants Contact us via e-mail, text, or phone call

Mary Beth Schubauer Physical Therapy	MaryBeth.Schubauer@doh.nm.gov	505-238-2247 (c)
Demarre Sanchez Speech-Language Pathology	Demarre.Sanchez@doh.nm.gov	505-417-5264 (c)
Robin Leinwand Occupational Therapy	Robin.Leinwand@doh.nm.gov	505-239-1768 (c)

Resources - Clinics

SAFE Clinic - Supports and Assessment for Feeding and Eating

Any adult with I/DD who is experiencing challenges related to oral eating and/or tube feeding can be referred for specialized assessment and recommendations regarding eating/feeding, nutrition, positioning, and associated medical needs to support health, safety, and independence. SAFE Clinic appointments are currently occurring via remote technology.

Contact: Demarre Sanchez
 SAFE Clinic Coordinator
 (505) 417-5264 (cell)
Demarre.Sanchez@doh.nm.gov

Specialty Seating Clinic

Referrals for wheelchair, positioning, and adaptive equipment evaluations are being processed. Appointments are being made for remote and in-person evaluations or wheelchair fittings, dependent on the need of the individual as assessed by SSC clinicians.

Contact: Jason Lavy
 Specialty Seating Clinic Manager
 (505) 222-4610
Specialty.Seating@doh.nm.gov