

General Health Status Monthly Checklist Instructions

The General Health Status Monthly Checklist is a form that can be utilized to track medical information and concerns on a monthly basis. This is a “reminder” type of a document intended to be an intermediate means of noting anything that is going on in the individual’s health status which may affect their medical needs. This form may be utilized as a reporting form or as a method to gather monthly information which will then be compiled to complete the Healthcare Coordinator Quarterly Summary. It may also serve as a communication tool between a provider staff/family living provider and the service coordinator at the agency. While not a required form, some persons have found it helpful as a method to note concerns that do not rise to the level of requiring nurse involvement, but which are noteworthy to the person.

In the example below, the General Health Status Checklist is completed for an individual who has the following concerns during the month of January 2009:

1. Experienced 4 seizures during the month (on the 12th, he hit his head).
2. When he fell on the 12th, he cut his head a little, but it is healing well.
3. His weight has been stable, but he needs to lose some.
4. He has seemed a little more upset this month, but that could be because his mother missed the Christmas dinner that he had planned for her.
5. Health status is about the same as it was in December.

Example General Health Status Monthly Checklist

Individual's Name John Doe

Month/year January 2009

Have the changes occurred in the following:

- Appetite
- Bowel/bladder movements
- Sleep
- Seizures
- Activity
- Mood/Disposition
- Skin (cuts, rashes, sores, etc.)

Of the ones checked, explain: J.D. had four seizures this month. On the 12th, he fell and suffered a small cut during one of his seizures. Urgent care was visited, but no stitches required. Healing well at this time.

This month has the individual's weight:

- remained fairly stable,
- increased (by how many pounds) or
- decreased (by how many pounds)

Explain if the increase or decrease is in line with a prescribed goal and if not have either the agency nurse or case manager been notified about the change?
Continues to be about 10-15 pounds overweight, but is working on his diet.

Has there been a significant change in the individual's behavior this month?

Yes No

If yes, what has been done to determine the cause of the change?

Been a little more agitated this month. BSC contacted. BSC believes that this agitation is caused by his mother missing Christmas dinner. Will continue to monitor in hopes that the agitation will subside in the coming couple of weeks.

This month the individual's overall health has:

- Stayed the same,
- Improved,
- Declined.

If declined, explain and give cause if known: