

Pre-natal Lead Risk Questionnaire

For Those Who Are Pregnant or Are Planning a Pregnancy

Please answer, “yes”, “no”, or “don’t know” to any of the following questions. Discuss the results with your doctor to see if you should have a blood test for lead.

1. Have you ever lived in a major city in another state, or have you ever lived in another country?
 Yes No Don't know If Yes, where? _____

2. Do you currently live in a house built before 1978? Older house can have lead paint in them.
 Yes No Don't know
 - If Yes, have there been any repairs or remodeling in this house. If the house has lead paints sanding, scraping and tearing down walls can create lead dust. Yes No Don't know
 - Have you ever lived in a house built before 1978? Yes No Don't know

3. Have you ever been told that you had lead in your blood - even as a child? Lead can stay in your bones for many years. Yes No Don't know
 - Has a household member ever been told that he or she has lead in his or her blood? This person may have accidentally exposed you to lead as well. Yes No Don't know

4. Do you or someone in your household have a job or hobby that uses lead or lead products? (See attachment)
 Yes No Don't know
 - Have you or someone in your household worked in the past at a job or hobby that used lead or lead products? (See attachment) Yes No Don't know

5. Do you have old plumbing in your house that may have lead pipes or lead solder?
 Yes No Don't know
 - Were you ever told that your water tested high for lead? Yes No Don't know

6. Do you use any traditional folk remedies or cosmetics? Some of these may contain lead. (See attachment)
 Yes No Don't know

7. Some times pregnant woman have the urge to eat things that are not food, or have been told that they can get minerals from non-food items (things like clay, dirt, pottery, plaster, or paint chips) Do you ever eat any of these things? Yes No Don't know

8. Do you use imported pottery (bean pots, salsa bowl) or dishes that may have lead-based glazes or use leaded crystal? The lead can get into the food. Yes No Don't know

9. Do you eat Mexican tamarind-chile candy or use Mexican salt/lemon/chile seasoning? Do you eat chapulines? Some of these foods can have lead in them. (See attachment) Yes No Don't know

10. Do you put your rings, necklaces, or chains with charms or other jewelry in your mouth? Some of these may contain lead. Yes No Don't know