

Sierra Health Council Work Plan 2011

- The Sierra Health Council will focus on four goals in FY2011. They are all interconnected. Circumstances externally seem to be changing rapidly. This plan is a guide based on full council input and the core leadership team with assistance from Ron Hale with the Dept. of Health. Much of the work will depend on volunteers and a bare bones staff. The energy is strong to continue and goals/priorities locally driven.
 - **Re-organization of the council**; staffing, office hours, priorities, fiscal agency-
The goal is to evolve into locally sustained interdisciplinary health coalition.
See attached “Core functions”- white paper, as well as proposal to City/County for funding which outlines a projected budget.
 - **Community health, needs and service assessment** – primary project
 - **Community Health and Wellness Resource Center.**
This will involve development of Peer Specialists and Community Health workforce and have a strong Behavioral Health focus
 - **Maternal Child Health services and care coordination – including strong focus on teen health and wellness/ and teen pregnancy prevention**
 - **Health Literacy / Access to Care & Primary Prevention across the lifespan**

<u>Goals</u>	<u>Objectives</u>	<u>Activities</u>	<u>Resources</u>
Goal 1: Community Health, Needs & Service Assessment	Objective 1.1 Community Health & Needs Assessment Draft by December 2010 Objective 1.2 MyCommunityNM	<ul style="list-style-type: none"> • Identify the gaps in data • Focus on local data • Economic Development Data • Generate Support for project • 3 Health Forums • Key interviews • Focus groups – get to outlying areas • Review the most recent assessment and process • Outreach for partners • Sustain activity in MyCommunityNM 	Ben Archer Health Center Sierra Vista Hospital DWI Task Force NM DOH/ Epidemiology All Health Profile Contributors Local non-profits and community groups SWREC UNM Office of Community Affairs

<p>Goal 2: Community Health Infrastructure</p> <ul style="list-style-type: none"> • Council • Resource Center 	<p>Objective 2.1 Health Council infrastructure re-design based on current funding</p> <p>Objective 2.2 Community Resource-Wellness Center</p> <p>Objective 2.3 Behavioral Health-Peer Specialist work force</p>	<ul style="list-style-type: none"> • Feasability studies • Hire part time Health council and resource center staff & volunteers • Develop local fiscal agency and create a strategy to build local sustainablity • including new bylaws for Council • Monthly council & leadership team development • Peer Specialist continued training and certification 	<p>All Health Council members</p> <p>DWI- Substance Abuse Task Force</p> <p>Health Council Alliance</p> <p>Local health care providers and educators</p> <p>Recovery Based Solutions</p> <p>Local government</p> <p>United Way- Center for Non Profit excellence</p> <p>Wellness Coalition Resource Center/ Silver City</p> <p>LC7- Behavioral Health Collaborative</p>
<p>Goal 3: MCH/ Teen Health & Education</p>	<p>Objective 3.1: Outreach in Arrey- and translation services -</p> <p>Objective 3.2: Life Skills & Health Education in Schools</p> <p>Objective 3.3 Community MCH coalition with increased grassroots foundation</p>	<ul style="list-style-type: none"> • Continue Teen Outreach Program • Part time staff development • Seek funding for sustainability • Seek partners locally and statewide • Community baby showers x2 • Begin and promote Mom & baby groups to recruit local leadership • Newsletter input • Local media campaign 	<p>SWREC- fiscal agent for TOP</p> <p>School Nurses and Counslors</p> <p>Ben Archer School Age Clinic</p> <p>Housing Authority</p> <p>Boys and Girls Club</p> <p>DWI task force</p> <p>La Pinon</p> <p>Domestic Abuse</p>

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Goal 4: Health Literacy/ Access to Care	Objective 4.1 Increase awareness of Health Literacy according to the World Health Organization definition with agencies, providers and the community Objective 4.2 Establish habits of good nutrition for all community members Objective 4.3 Expand the knowledge of preventive care	Three Health Forums: interactive community gatherings Media campaign – press, radio, tv, website, newsletter Continue Stanford Self Mangament Classes For Living Well with Chronic Conditions Begin edible schoolyard program Develop e-newsletter adjunct to existing newsletter	All municipalities All Health Council members T or C Municipal Schools School nurses and teachers The Bountiful Alliance WIC Southern Area Health Education Center Ben Archer Health Center Sierra Vista Hospital Complimentary Health Care Providers UNM Library Science
