

## Guadalupe County Health Planning Board

### Work Plan for FY11

### Guadalupe County CHI PLAN: Community Action Plan Grid

#### Health Priority One: Obesity

<u>Goals</u>	<u>Objectives</u>	<u>Community Partners/Resources</u>	<u>Health Status Outcomes/Indicators</u>
<p><b>Goal 1:</b> Improve eating habits and nutritional intake for school-aged children</p>	<p><b>Objective 1.1:</b> Assist NMSU Extension Nutrition Educator in providing education to students</p> <p><b>Objective 1.2:</b> Continue yearly BMI testing of all students in Guadalupe County by May 2011.</p>	<ul style="list-style-type: none"> <li>• Santa Rosa Consolidated Schools</li> <li>• Vaughn Consolidated Schools</li> <li>• NMSU Extension Office</li> </ul>	<ul style="list-style-type: none"> <li>• Tracking BMI testing over 4-year period</li> <li>• YRRS items related to risk factors for obesity and overweight</li> </ul>
<p><b>Goal 2:</b> Increase involvement in the Guadalupe County Walking Programs by expanding from seniors to all ages</p>	<p><b>Objective 2.1:</b> Work with the two school districts to utilize gyms and tracks for safe walking places June 2011.</p> <p><b>Objective 2.2:</b> Continue to work with the City of Santa Rosa for use of facilities August 2010.</p>	<ul style="list-style-type: none"> <li>• Santa Rosa Consolidated Schools</li> <li>• Vaughn Consolidated Schools</li> <li>• City Of Santa Rosa</li> <li>• New Mexicare</li> <li>• Guadalupe County</li> </ul>	<ul style="list-style-type: none"> <li>• Tracking of BMI testing over 4-year period</li> <li>• Health Council survey</li> <li>• YRRS items related to physical activity for youth</li> </ul>
<p><b>Goal 3:</b> Increase access to healthy food choices.</p>	<p><b>Objective 3.1:</b> Work with local grocery store in creating a plan to get fresher produce at a lower cost August 2010.</p> <p><b>Objective 3.2:</b> Educate community members on benefits of buying healthier foods June 2011.</p>	<ul style="list-style-type: none"> <li>• T&amp;D Food Mart</li> <li>• NMSU County Extension Office</li> <li>• Local Media</li> </ul>	<ul style="list-style-type: none"> <li>• Health Council survey (pre/post)</li> </ul>

## Guadalupe County CHI PLAN: Community Action Plan Grid

### Health Priority Two: Substance Abuse

<u>Goals</u>	<u>Objectives</u>	<u>Community Partners/Resources</u>	<u>Health Status Outcomes/Indicators</u>
<b>Goal 1:</b> Reduce underage drug use	<b>Objective 1.1:</b> Organize a coalition to apply for SAMSHA Drug Free Communities Funding in FY12	<ul style="list-style-type: none"> <li>• City of Santa Rosa</li> <li>• Guadalupe County</li> <li>• SRCS and VCS</li> <li>• Faith Based Community</li> <li>• Media</li> <li>• Business Owners</li> <li>• Medical/Mental Health Agencies</li> <li>• Law Enforcement</li> </ul>	<ul style="list-style-type: none"> <li>• Increased funding to support evidence-based prevention programs</li> <li>• Reduced drug use by youth</li> </ul>
<b>Goal 2:</b> Increase employment opportunities in Guadalupe County.	<b>Objective 2.1:</b> Organize a local job fair with participation by employer representatives December 2010.	<ul style="list-style-type: none"> <li>• Local Businesses</li> <li>• Local Media</li> </ul>	<ul style="list-style-type: none"> <li>• Reduce unemployment rates in the county</li> </ul>
<b>Goal 3:</b> Collaborate with the local schools to apply for funding to implement prevention education and awareness programs	<b>Objective 3.1:</b> Collaborate with the school districts by September 2010.	<ul style="list-style-type: none"> <li>• Santa Rosa Consolidated Schools</li> <li>• Vaughn Consolidated Schools</li> </ul>	<ul style="list-style-type: none"> <li>• Reduce onset of drug use by youth.</li> <li>• Improve scores on YRRS</li> </ul>

## Guadalupe County CHI PLAN: Community Action Plan Grid

### Health Priority Three: Youth Development

<u>Goals</u>	<u>Objectives</u>	<u>Community Partners/Resources</u>	<u>Health Status Outcomes/Indicators</u>
<p><b>Goal 1:</b> Strengthen youth involvement in the planning of programs in the community and schools.</p>	<p><b>Objective 1.1:</b> Create a youth coalition of high risk youth by September 2010.</p> <p><b>Objective 1.2:</b> Develop a list of emerging issues according to the youth in the community.</p>	<ul style="list-style-type: none"> <li>• Santa Rosa Consolidated Schools</li> <li>• Vaughn Consolidated Schools</li> <li>• Team Builders</li> <li>• School Based Health Center</li> </ul>	<ul style="list-style-type: none"> <li>• Reduced risky behavior among youth.</li> </ul>
<p><b>Goal 2:</b> Apply for funding to assist teen parents with daycare and parenting skills.</p>	<p><b>Objective 1.1:</b> Organize a teen parent coalition.</p> <p><b>Objective 1.2:</b> Apply for funds to implement programs.</p>	<ul style="list-style-type: none"> <li>• Teen Parents</li> <li>• Santa Rosa Consolidated Schools</li> <li>• Vaughn Consolidated Schools</li> <li>• School Based Health Center</li> </ul>	<ul style="list-style-type: none"> <li>• Reduced school dropout rates.</li> <li>• Reduced child abuse.</li> <li>• Increased chances of attending higher education.</li> </ul>

The Guadalupe County Health Council plans to continue with the plan as presented on a part-time basis. The coordinator will be applying for funding throughout the year to implement programs and will work with community resources to continue the council plan for FY11. The council will continue to meet on a bi-monthly basis with only the youth development committee meeting monthly. The council will increase or decrease meeting times based on necessity. The council committees will meet as needed throughout the year, all issues will be discussed during the main council meeting. By-laws will be updated to meet the council's current needs.