

## Obesity: By Body Mass Index\*, US and New Mexico Adults, 1990-2002

	Nationwide	New Mexico
Year:	Median % # States	% CI n
1990	<b>11.6</b> 45	<b>9.8</b> (8.0-11.6) 115
1991	<b>12.6</b> 48	<b>8.2</b> (6.4-10.0) 93
1992	<b>12.6</b> 49	<b>11.0</b> (9.0-13.0) 129
1993	<b>13.7</b> 50	<b>10.8</b> (9.0-12.6) 137
1994	<b>14.4</b> 50	<b>10.9</b> (8.9-12.9) 136
1995	<b>15.8</b> 50	<b>13.0</b> (10.7-15.4) 158
1996	<b>16.8</b> 52	<b>14.1</b> (11.8-16.4) 160
1997	<b>16.6</b> 52	<b>14.9</b> (13.1-16.7) 262
1998	<b>18.3</b> 52	<b>15.2</b> (13.8-16.6) 546
1999	<b>19.7</b> 52	<b>17.7</b> (16.3-19.0) 592
2000	<b>20.1</b> 52	<b>19.3</b> (17.7-20.8) 611
2001	<b>21.0</b> 54	<b>19.7</b> (18.1-21.2) 692
2002	<b>22.1</b> 54	<b>19.8</b> (18.4-21.1) 877

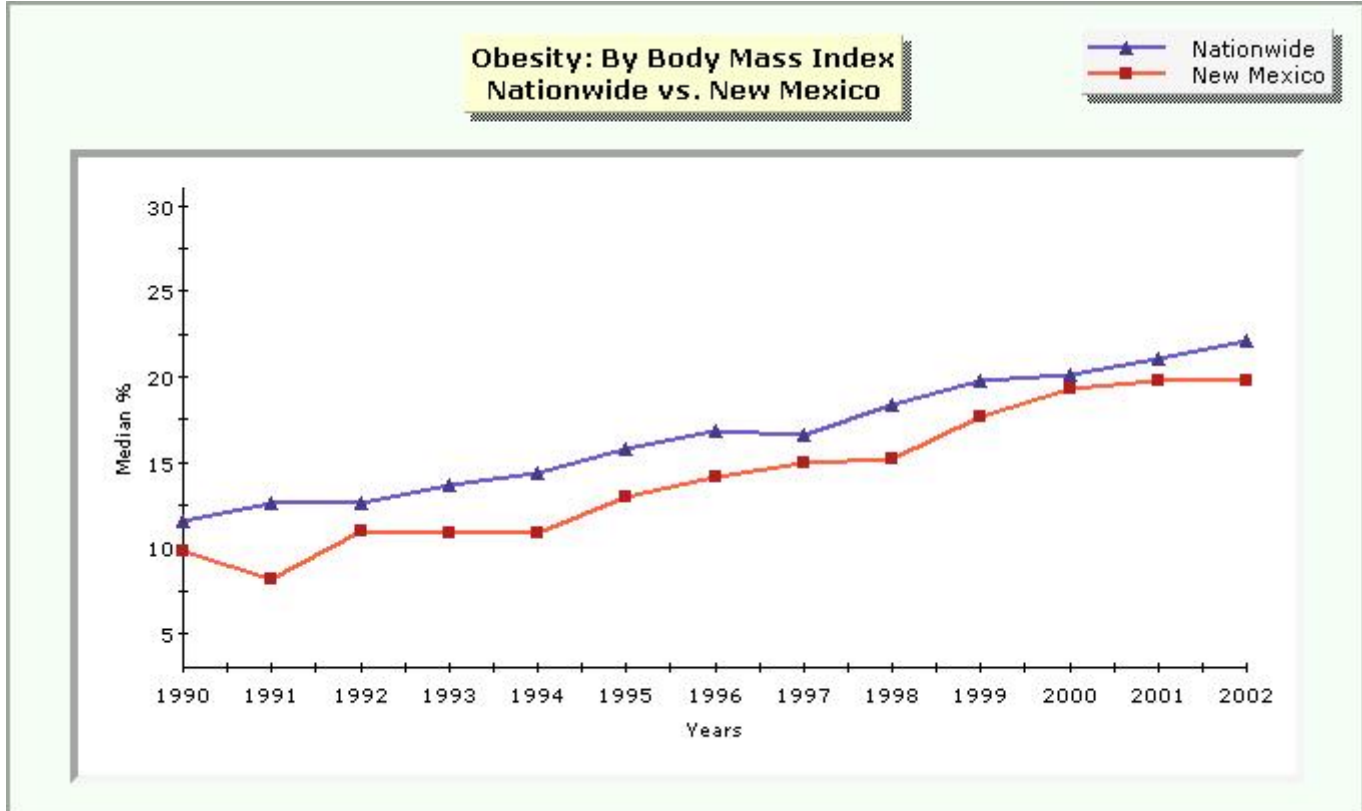
% = Weighted Percentage. CI = Confidence Interval. n = Cell Size (Numerator)

Use caution in interpreting cell sizes less than 50.

# of States includes District of Columbia, Guam, Puerto Rico, and the U.S. Virgin Islands in years >1995

\*All respondents 18 and older who report that their Body Mass Index (BMI) is 30.0 or more. BMI is defined as weight in kilograms divided by height in meters squared ( $w/h^2$ ).

Denominator includes all survey respondents except those with missing, don't know, and refused answers.



Source: Self-reported height and weight from the Behavioral Risk Factor Surveillance System (BRFSS) accessed in April 2004 at:  
[http://apps.nccd.cdc.gov/brfss/Trends/trendchart\\_c.asp?state\\_c=NM&state=US&qkey=10080&SUBMIT1=Go](http://apps.nccd.cdc.gov/brfss/Trends/trendchart_c.asp?state_c=NM&state=US&qkey=10080&SUBMIT1=Go)

Interpretation: During the period 1990 through 2002, the proportion of adults in both the US and New Mexico who were obese (BMI 30.0 and greater) doubled. For most, but not all, of the years during this time period, the national rates for adult obesity were statistically significantly higher than New Mexico rates. Of note, the numbers shown here do not include adults with a less severe weight problem who would be classified as overweight but not obese (BMI 25.0-29.9.)