

Obesity/Overweight Prevalence in NM

- **57% of adults are overweight or obese¹**
- **24% of high school students are overweight or at risk for overweight²**
- **22% of low-income children between 2-5 years of age who participate in federally-funded nutrition programs are overweight or at risk for overweight³**

References

1. NM Behavioral Risk Factor Surveillance System (BRFSS), 2003.
2. NM Youth Risk & Resiliency Survey (YRRS), 2001.
3. CDC Pediatric Nutrition Surveillance System (PedsNSS), 2002.