

DDW Therapy Update

July 2022



DDSD Clinical Services Bureau

<https://www.nmhealth.org/about/ddsd/pgsv/clinical>

THERAPY AGENCY NEWS

see pg. 3

information and resources for Therapy Agency Owners and Administrators

Therapy Consultants 'Drop In' Office Hours

Fri. July 22nd 9 – 10:30
Special topic at 9:00

- 'Why did I get an RFI?'
- info and hints from Selina Leyba, CPB

Thurs. Aug. 18th 12-1:30

- All disciplines welcome
- Join whenever you can
- Questions about DSP trainings? Documentation Requirements? CARMP strategies?

Zoom Meeting ID: 979 5695 8455 Passcode: office
<https://zoom.us/j/97956958455?pwd=SmZ1STZ3WTJCMGtWY3poV2pFU3lOZZo9>
breakout rooms available for client specific issues



NOTICE: All provider agencies that receive this publication are **REQUIRED** to distribute this update in a timely manner to **ALL** therapy practitioners and/or case managers contracted or employed by your agency. Thank you for all you do!
This DDW Therapy Update is current as of the time of release. Therapists and readers are expected to follow the latest DDSD guidance available.

Greetings from Betsy at CSB

This is a summer of challenges and opportunities in our system. Growth of the DD Waiver continues. About 45% of new allocations select Mi Via services and the remainder opt for traditional DD Waiver. Although many are under age 21 with therapy covered by EPSDT and schools, the adult allocations may need services.

CSB is actively recruiting PTs, OTs, and SLPs to provide DD Waiver services. In addition, we have funding in FY 23 for contracts for additional Safety Net services. These contracts are separate from DDW Therapy contracts and are focused to provide support for rural and underserved areas. Please contact Felicia Vidro, or the Therapy Consultants for more information.

Just a reminder that decisions about the delivery of therapy services is always up to the person or their guardian. Therapy services may be provided in person, remotely or a combination of both.

Finally, these are stressful times for us all. COVID-19 cases are rising. Staffing issues continue to impact residential providers. We have included some tips in the box below. I am asking you to please be patient, professional and kind to yourselves and each other. Continue to be creative in collaborating with residential providers to meet the individual's needs. Reach out to CSB and the Regional Office Staff when you need help with resolving issues. In addition, I ask that you take care of yourselves. Take some time off to refresh your mind, heart, and body. We are all in this together. Betsy

Minute to Win It: DDW Version



Click here
<https://forms.gle/vM3yt4UFY4L6Egsu9>

* complete by July 31st
for a chance to win a gift card *

Working with the person/DSP/FLP is still at the core of what we do

A few hints for supporting effective *team dynamics*:

- Talk to others on the team. Ask what has worked for them for scheduling, training, etc.
- Consider co-training with another therapist or BSC to make it easier for DSP/FLP.
- Reach out to the CM for information or support.
- Call the Residential/Day Program SC (or both!) to communicate about WDSIs, TSS, Action Steps, etc.

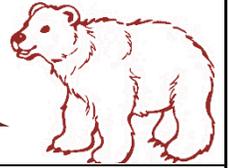
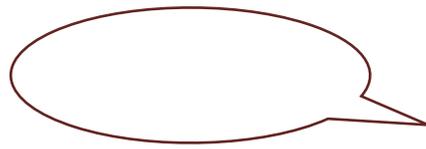
About *short staffing* needs:

- Due to the continuing Public Health Emergency, certain exceptions to staffing are allowed under Appendix K
- Check with the Living Provider, what is their status? Providers are required to have a plan for when they are short staffed.
- Review your WDSIs, look for possible changes to simplify care for staff and ensure the person's safety
- Consider scheduling group trainings

collaboration is key



This bears repeating....



- ⇒ the national Public Health Emergency (PHE) is still in effect
- ⇒ therapy service delivery may be fully in-person, fully remote, or a combination per individual and guardian preference
- ⇒ per the state of NM Public Health Order (PHO), indoor mask requirements remain in place for DSP and therapists for all Community Homes and Congregate Care facilities
- ⇒ please continue to report ANE concerns to DHI

..... please contact a therapy consultant or CSB if you have questions

What have the Therapy Consultants been working on?

- CARMP and IDDSI trainings
- Recruitment of Safety Net Providers
- Meetings with OR, IQR, and Regional Office teams to support therapy service delivery
- Collaboration with Special Needs Dental Clinic to address oral hygiene needs
- Therapist recruitment and retention
- Planning for 2022 SSC conference



Subtle Signs of Illness and Injury Course

formerly 'Indications of Illness and Injury'

- due within 90 days of hire for all therapy providers
- online course, available anytime
- anyone can take the updated version (4.25 free CEs available for OT/PT)
- need to sign in thru CDD training hub (check with agency admin if unsure)

OT/PT Supervisors: Be sure you know your Practice Act guidelines for supervision of assistants

- The OT Board has recently updated Rules for Practice of OT in NM; [16.15.3 NMAC Supervision section](https://www.srca.nm.gov/parts/title16/16.015.0003.html)
- Also see: [Guidelines for use of OTAs in DDW](https://www.nmhealth.org/publication/view/general/4015/)

CARMP Template & IDDSI Help Sessions

**see pg. 5
for upcoming dates**

COVID-19 Resources

Visit the NM CV site at <https://cv.nmhealth.org/> for information about testing, isolation/quarantine times, etc.

Draft ISPs and Budgets

reminder

Please, please review the draft ISPs and budget worksheets sent by CMs. As part of the IDT, each team member is responsible to review the ISP, TSS, and other documents for accuracy before the budget year starts.

- Person new to DDW?
- Change in condition?
- Aspiration Risk Concerns?

Contact the nurse

Reminder: if the ARST shows moderate or high risk, it's important that the team starts the CARMP development process right away!

**OTHER THERAPY AGENCY NEWS:
INFORMATION AND RESOURCES FOR
THERAPY AGENCY OWNERS AND
ADMINISTRATORS**

Each Therapy Agency is responsible for:

- Monitoring SIM status
- Ensuring all providers have access to Therap, know how to use SCOMM, and know how to do ongoing caseload updates – ‘how-to’ handout <https://www.nmhealth.org/publication/view/form/7459/>
- Sharing all DDS communication with all providers

Therapy Agencies are also required to maintain documentation for all providers:



- Current state licensure
- Completion of all required DDS trainings
- Current vaccination requirements (or exemption documentation including weekly testing, as applicable)

Self-Imposed Moratorium

- SIM expires after 6 months unless you renew
- Provider Agencies cannot deny services to any individual once a SFOC form has been signed, unless DDS has granted an exception to the Provider Agency.
- Form: <https://www.nmhealth.org/publication/view/form/3932/>
- Contact Tammy Barth at the Provider Enrollment Unit: tammy.barth@state.nm.us



The New Mexico DD Waiver needs more PT/PTAs, OT/COTAs, and SLPs

- Work with adults with intellectual and developmental disabilities (I/DD) in their homes and in the community. In-person/telehealth (hybrid) service provision is allowable.
- Therapists may join an existing DDW Provider Agency or start their own small business, contracting directly with the NM Developmental Disabilities Supports Division.
- Flexible hours. Full or part-time work is available.
- Enjoy autonomy and competitive pay.

Medicaid DD Waiver Reimbursement Rates:

- PT, OT, SLP - \$34.93/per 15 min unit = \$139.72/hour
- PTA, COTA - \$23.78/per 15 min unit = \$ 95.12/hour
- Incentive rates available in many counties

For more information please contact:

Felicia Vidro, Therapy Services Coordinator at (505) 841-5878 or felicia.vidro@state.nm.us
 Tammy Barth, Provider Enrollment at (505) 469-8480 or tammy.barth@state.nm.us
 Visit us online: <https://www.nmhealth.org/about/dds/pgsv/clinical/therapy/>



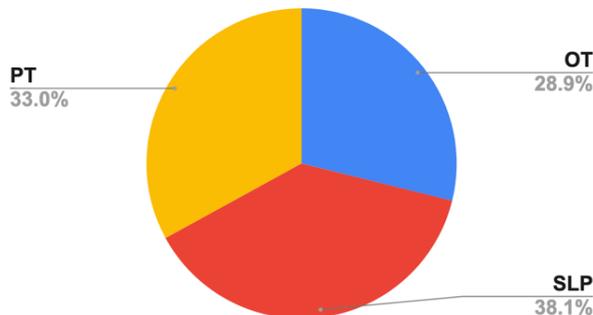
Therapists needed in all regions across the state!

7/13/2022

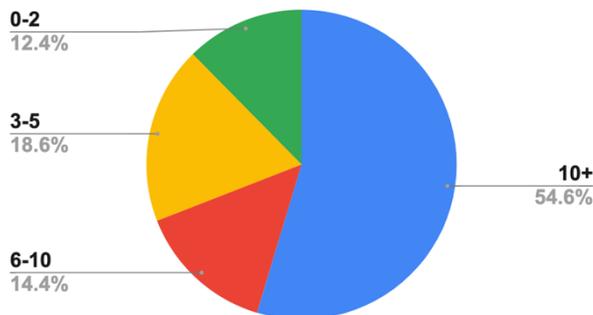
NMDOH-DDSD-CSB

**Therapist/Agency Survey
Preliminary Results
(n = 97)**

What is your therapy discipline?



How many years have you been a DDW therapist?



What attracted you to working in DDW?

- Flexibility/Autonomy (make my own schedule/be my own boss) **72%**
- Working in community/home settings **54%**
- Pay rate **36%**
- Recommended by friend/colleague **33%**
- Clinical experience as a student **19%**

What keeps you working in DDW?

- The people I serve **93%**
- Flexibility **81%**
- Autonomy **58%**
- Working in community/home settings **52%**
- Pay rate **43%**
- Colleagues/team members **39%**
- Support/mentorship from my agency **19%**

CSB Trainings

ALL TRAININGS ARE ONLINE UNTIL FURTHER NOTICE

Please see the [DDW Therapist Training Requirements by Job Classification](#) to learn more about the training requirements for all therapists

Live stream, online trainings	(not recorded)	remaining 2022 dates
Aspiration Risk Management	9:00am -4:30pm	8/26, 9/9, 10/22
Participatory Approach	9:00am -4:30pm	8/29, 10/24

Pre-register for on-line trainings at: <https://ddsdtrain.cdd.unm.edu/Calendar.aspx>
 Please use your own email when registering to ensure you get the meeting link and documents

Other trainings required for Therapists

Introduction to Waivers * new in 2021	
Person-Centered Planning for Therapists	DDSD CDD Online Courses (available anytime) http://www.cdd.unm.edu/other-disability-programs/disability-health-policy/ddsd-courses/index.html
Subtle Signs of Illness and Injury formerly 'Indications of Illness and Injury'	http://www.cdd.unm.edu/other-disability-programs/disability-health-policy/ddsd-courses/index.html
ANE REFRESHER Training 'ANE Awareness'	
Effective Individual Specific Training Techniques - "EIST-Live Stream" (<i>not</i> the Effective Trainer Techniques Part 1 course)	not recorded – see training calendar for dates https://ddsdtrain.cdd.unm.edu/Calendar.aspx
ANE Training DOH – Live Stream Course	

Note: All versions of the DOH - ANE courses will count during the COVID-19 PHE

Clinical Services Bureau Contact Information

Elizabeth Finley Bureau Chief Elizabeth.Finley@state.nm.us	Iris Clevenger MFW and Insurance support Iris.Clevenger@state.nm.us
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Felicia Vidro AT/Therapy Coordinator Felicia.Vidro@state.nm.us	Mary (Nettie) DeBerry Nurse Generalist Mary.DeBerry@state.nm.us

Clinical Consultants *Contact us via e-mail, text, or phone call*

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Robin Leinwand Occupational Therapy Robin.Leinwand@state.nm.us	505-239-1768 (c)

Resources - Clinics

SAFE Clinic - Supports and Assessment for Feeding and Eating

Any adult with I/DD who is experiencing challenges related to oral eating and/or tube feeding can be referred for specialized assessment and recommendations regarding eating/feeding, nutrition, positioning, and associated medical needs to support health, safety, and independence. SAFE Clinic appointments are currently occurring via remote technology.

Contact: Jacoba (Kotie) Viljoen
 CSB ARM Coordinator, SAFE Clinic Coordinator
 (505) 231-2093 (work cell) Fax# (505) 841-2987
Jacoba.Viljoen@state.nm.us

Specialty Seating Clinic

Referrals for wheelchair, positioning, and adaptive equipment evaluations are being processed. Appointments are being made for remote and in-person evaluations or wheelchair fittings, dependent on the need of the individual as assessed by SSC clinicians.

Contact: Jason Lavy
 Specialty Seating Clinic Manager
 (505) 222-4610
Specialty.Seating@state.nm.us

CARMP Template 'drop-in' Help Sessions - June, July, and August 2022

2022 CARMP Template Help Sessions - for ALL DD Waiver providers

Case Managers, Dietitians, Therapists, Nurses, BSC. All others are welcome.

Note: these are not scripted trainings – they are Q & A style, drop-in help sessions

Please bring your questions or come and listen

General CARMP Help Sessions * All disciplines welcome!

Thurs. June 30 th 12:00 – 1:00p	Weds. July 20 th 3:30 – 4:30p	Mon. Aug 15 th 11:00 – 12:00p
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Zoom link <https://zoom.us/j/92935443331?pwd=SIJwQUFsYXpDOGk3MWhVRTdpWGFMUT09>
Meeting ID: 929 3544 3331 Passcode: 22CARMP

IDDSI Specific Topics Help Sessions * All disciplines welcome!

Thurs. June 23 rd 4:00 – 5:00p	Weds. July 6 th 8:00 – 9:00a	Fri. July 22 nd 1:00 – 2:00p
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Mon. Aug. 1 st 2:30 - 3:30p	Tues. Aug 23 rd 10:30 – 11:30a
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Zoom link <https://zoom.us/j/92935443331?pwd=SIJwQUFsYXpDOGk3MWhVRTdpWGFMUT09>
Meeting ID: 929 3544 3331 Passcode: 22CARMP

Looking for an overview of the 2022 CARMP and changes on the new template?

Please see resources and recorded trainings here:

2022 CARMP Template, Instructional Guide

Aspiration Risk Management: scroll down to Essential Information - CARMP section

<https://www.nmhealth.org/about/ddsd/pgsv/clinical/cinit/arm/>

- New CARMP template; Case Study Examples

- Recording of complete CARMP Template Training (3/31/22) direct link to video

<https://www.nmhealth.org/resource/view/2134/>

Looking for an IDDSI overview or how-to guidance in using IDDSI in DDW?

See the **IDDSI Toolkit for NM DDW Providers**

https://docs.google.com/document/d/19Vp1EDmA7g61yVWeolvKZp8a1_ataZMF/edit?usp=sharing&oid=102570692449040963990&rtpof=true&sd=true

User Guide: CARMP Draft in Questionnaire in Therap

<https://www.therapservices.net/resources/newmexico/CARMP-Draft-in-Therap-Guide-Revision-2-4-20-2021.pdf>

Contact any of us with questions:

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Robin Leinwand, OT	Robin.Leinwand@state.nm.us	(505) 239-1768
Mary Beth Schubauer, PT	Marybeth.Schubauer@state.nm.us	(505) 238-2247

SAVE THE DATE!!!

2022 Mobility and Positioning Conference

Organized by the Specialty Seating Clinic, NM DOH

**Monday & Tuesday,
October 17 & 18, 2022**



- ❖ 2-day IN-PERSON conference featuring national & local presenters
- ❖ Focused on adaptive mobility & positioning of people with intellectual & developmental disabilities, neurologic & musculoskeletal diagnoses
- ❖ Sessions will address incorporating & integrating mobility, positioning, & functional assistive technology into a person's everyday life
- ❖ Primary audience is PT and OT providers – NM CEU's provided
- ❖ Exhibits by national mobility & seating manufacturer's representatives & local DME providers

For more information contact: SPECIALTY.SEATING@STATE.NM.US