

DDW Therapy Update

April 2021



DDSD Clinical Services Bureau

<https://www.nmhealth.org/about/ddsd/pgsv/clinical>

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NOTICE: All provider agencies that receive this publication are **REQUIRED** to distribute this update in a timely manner to ALL therapy practitioners and/or case managers contracted or employed by your agency.

Thank you for all you do!



Greetings from Clinical Services

It feels as if we have barely started Spring & are already rushing toward Summer. The buds on the trees are already turning into leaves & my flowers are growing despite my neglect. In keeping with the season, you will notice a new look to the “DDW Therapy Update”. Our goal is to provide you with resources & helpful information. Please let us know what you think of the format & the content.

DDSD continues to actively work on the DD Waiver renewal. The Division is wrapping up proposed edits to the DD Waiver Standards & will be posting them for your feedback in late Spring. We have tried to be responsive to your ideas about technology use, address confusing information, & fix “glitches”. All DDW Agencies will receive announcements to provide feedback from the Provider Enrollment Unit. CSB will also forward that information to you.

We continue to balance the great news about New Mexico’s strong COVID-19 vaccination rates with maintaining the awareness of the “status” of each county. As clinicians, we know that use of COVID-safe practices & continued vigilance is critical. The stress of this pandemic can & has taken a toll on all of us over the past year. I know it’s hard to do but please try to find time to take care of yourself. Find that pretty tree & take some deep breaths.

I am also very pleased to announce Mary Beth Schubauer has completed her coursework & successfully defended her dissertation *From Vision to Reality: Building Community-based Adaptive Sports and Fitness Facilities in the US*. A group of well-wishers were able to view her on-line defense. There were many familiar faces, big grins, & a few tears. Mary Beth will be graduating from the Sports Administration program at UNM in May. Please join me in congratulating Dr. Mary Beth Schubauer!

Please take care of yourselves & reach out at any time.

Betsy

Email me at: elizabeth.finley@state.nm.us

Therapy Consultants Virtual Office Hours

Therapist “All-Call”

Discipline specific meetings

Wednesday, April 28th

2:00-3:00

Update from DDSD representatives

DDSD Resource Directory

Q & A with therapy consultants

Thursday May 20th

Occupational Therapy: 9 – 10am

Physical Therapy: 10 – 11am

Speech Therapy: 11– 12 noon

Friday June 18th

Occupational Therapy: 11am - noon

Physical Therapy: 12 – 1pm

Speech Therapy: 1– 2pm

- brainstorm
- ask questions
- “share” a cup of coffee/tea
- discuss topics on your mind

Therapy Services during COVID-19

- Therapists can provide services remotely and in-person based on the wishes of the person or their guardians. Teams should have already met to address plans for providing therapy services.
- Therapists are not prohibited from visiting with clients outside the home. Remember, COVID-Safe Practices must be followed at all times.
- Therapists and BSCs should continue to follow the Therapy and BSC Clinical Session Requirements memo [revised and updated 4/1/21].
- When unique circumstances occur, teams may request exceptions for delivery of services through their Regional Office. This may include two therapists being present in the home together. Please specify why the exception is needed, treatment goals, & estimated number of visits needed.

Planning Meeting Requirements

- It is the expectation that DD Waiver Interdisciplinary teams (IDTs) meet to discuss and plan for COVID-related needs and changes to service delivery.
- The same expectation applies for Medically Fragile Waiver, Supports Waiver, and Mi Via Waiver participants and their identified supports.

Having Difficulties? *Barriers to providing telehealth for an individual?*

- Reach out to Case Manager, Residential Agency, and/or IDT members directly to problem-solve
- Contact the Case Manager and guardian to request a conference call/IDT meeting. Try offering possible meeting times vs. leaving it open-ended
- If unsuccessful, contact one of the Therapy Consultants
- Contact your Regional Office for assistance

Individual Specific Training (IST) Reminder

- All DSP are required to complete trainings as indicated on the Individual Specific Training page of the current ISP – regardless of service location.
- WDSI and CARMP training is needed for all types of CCS service provision - whether remote or in-person.
- It is very important that everyone working with the person have knowledge of medical conditions, learning styles, positioning needs, communication strategies, etc.
- Agencies should be contacting therapists to schedule required trainings.

Recent Memos and Guidance From DDSD

Congregate Facility and Day Services Update
March 2021 [3/15/21]

NM DOH COVID19 Policies Updated March 12, 2021 [3/15/21]

CARMP Draft Therap Training Announcement [3/15/21]

DDSD Indoor Visitation Requirements for Court Appointed Guardians and Conservators March 2021 [3/9/21]

DDSD Therapy and Behavior Support Consultant Requirements document updated April 1, 2021 [4/1/21]

Please contact your Therapy Consultant or DDSD Regional Office if you have questions or concerns

Physical Therapy coverage is needed in NW NM – Gallup and Farmington!!

If you or your agency are looking to expand your caseload, please contact Felicia Vidro, Felicia.vidro@state.nm.us, for more information!

Vaccine Status and PHI

- Vaccination status is Protected Health Information (PHI) and does not need to be disclosed per HIPAA guidelines. Proof of vaccination is not required to provide waiver services. Although some people may voluntarily disclose this information, it cannot be demanded that you do so.
- Receiving the vaccine is a personal choice and not mandated by the Department of Health or DDS. DDS highly encourages everyone to receive the vaccine but it is not a mandate.
- It is not appropriate for a guardian, Direct Service Provider or Vendor agency, EOR, Case Manager, Consultant, Community Support Coordinator, Therapist, BSC or other supports to ask anyone if they have or have not been vaccinated.



Therapists and BSCs can reassure guardians, participants, and EORs that they are using COVID-19 safe practices.

COVID-19 Resources

NM Department of Health COVID Safe Practices and Policies

<https://cv.nmhealth.org/covid-safe-practices/>

- Helpful guidance and clarification related to exposure, testing, isolation, employee/employer responsibilities, and more

NM DDS COVID-19 site <https://nmhealth.org/about/ddsd/diro/ddcv/>

- Consolidated information especially relevant to DDS providers including: all DDS COVID-19 Numbered Response Memos; Guidance
- Documents; Policies; and a variety of very helpful Resource Documents.
- Please check this site often for updates!

State of New Mexico COVID Vaccine Site <https://cvs.vaccine.nmhealth.org>

- Vaccine registration, provider locations, maps, and registration information
- Current statistics about the state's vaccination effort, including vaccines received in New Mexico, vaccines administered, vaccines administered in the last seven days
- *Note:* If you get a text/email from DOH to schedule and you have already received your first and/or second doses elsewhere, please log on and provide date(s) so your 'dose' will be released for another person
- **Homebound or other special circumstances?** The information is being picked up through the online registry. Fill out all of the information and then check 'other'. State any special needs in this box. Also include if the person is a caregiver for someone that is medically fragile or other qualification.

Please note:
During the COVID-19 pandemic, we continue to work in a very fluid situation and directives can and do change rapidly.

This DDW Therapy Update is current as of the time of release. Therapists and readers should follow the latest guidance available.

BackInUse.com is dedicated to helping New Mexican's with disabilities get the equipment they need either free or at very little cost.

- The statewide program specializes in acquiring, repairing and distributing Assistive Technology (AT) / Durable Medical Equipment (DME) statewide.
- Through their website, individuals can look at what equipment is available, request needed equipment, and post usable equipment for donation or sale.



<https://backinuse.com>

IDDSI Implementation

International Dysphagia Diet Standardization Initiative (IDDSI)

NEVER HEARD OF IDDSI?

- The IDDSI framework consists of standardized terminology and definitions to describe texture modified foods and thickened liquids used for individuals with dysphagia of all ages, in all care settings, and in all cultures.
- Many hospitals and acute care settings have already implemented IDDSI to support consistency in care.

Visit the website for detailed information and resources

<https://iddsi.org/>

- It is important for DDW therapists to be familiar with the IDDSI framework as this becomes implemented within DD Waiver.
- We will be gathering multiple perspectives, across several disciplines, on how best to complete this process.

Discussion sessions about the DDW transition to use of the IDDSI framework will be held in May and June.

Contact for questions:

Demarre.sanchez@state.nm.us



Specialty Seating Clinic News

Specialty Seating Clinic (SSC) Virtual Office Hours

2nd Tuesday of each month 3-5pm

May 11 June 8

Hosted by Scott Hubbard, MPT and Jason Lavy, SSC Manager

Please contact either of them if you have questions or specific topics you would like addressed during office hours

Having trouble getting PCP Documentation?

- It is recommended that therapists attend PCP appointments when requesting wheelchair evaluations
- SSC has 'cheat sheets' available with guidance for chart note documentation needed for DME requests for insurance approval. Ask for your copy today!

Specialty Seating Clinic
CARF Accredited

Custom Molded Seating Systems and other specialized equipment

Custom Molded Seating Systems (CMSS)
Custom Upholstery
Custom made, reinforced supports
Pressure Mapping
Padded Belts
Trunk Supports
Head Rests
Foot Boxes
Lap Tray Adaptations
Adaptive/Assistive Technology Referrals
Bed Rail Pads
Other custom supports for daily living
Consultations & Evaluations

We do whatever it takes to make YOU comfortable!

**7905 Marble NE
Albuquerque, NM 87110
Phone: 505-222-4610
Fax: 505-232-5724**

Located at the Dental Clinic Building
(East of Pennsylvania, North of Lomas)

NMDOH
NEW MEXICO DEPARTMENT OF HEALTH
505-222-4610

4-6-2021

Annual Therapy Re-Evaluation Report

Components to include per DDW Standards:

- Assessment tools/processes used, and the results obtained for any pertinent areas traditionally addressed by that therapy discipline
- The response to any therapy related changes in the person's living or day activities during the prior year
- The therapy related response to any recommendations generated by entities outside of the IDT
- The functional status of the person in all areas addressed in therapy during the prior year
 - * For individuals at moderate or high risk for aspiration and an ongoing CARMP, this includes an ARM re-evaluation *
- Status of and recommendations regarding continuation, modification, or discontinuation of current therapy goal(s) and objective(s) compared to baseline. This may include WDSIs, DSP training, and AT.
 - * For individuals at moderate or high risk for aspiration, this includes recommendations for continuation or modification to CARMP strategies *

Clinical Documentation Reminders

Re-evaluation
and Progress
Report
"all in one"



Therapy Documentation Form (TDF)

- Semi-annual Report: complete those sections only, no additional report is needed.
- Any revisions to the TDF for changes to requested units, CARMP status, goals/objectives, etc., *need to be made on the original document.*
- Be sure to sign and date the original document and anytime there are revisions.



OT Consultant

- Questions about providing OT services?
- Need help with documentation forms?
- JCM Clinical Exception Request?

Contact:

Robin Leinwand
OT Statewide Consultant
Robin.leinwand@state.nm.us
505-239-1768 (cell/text)

Therapy Services – Clinical Documentation Information and Forms

<https://www.nmhealth.org/about/ddsd/pgsv/clinical/therapy/>

JCM Clinical Exception - Budget Request Process

<https://www.nmhealth.org/publication/view/form/4794/>

JCM Clinical Exception Application Form

<https://www.nmhealth.org/publication/view/form/4054/>

Adapted Clothing Options

Kohls:

Sizes for Children and Adults

<https://m.kohls.com/catalog/adaptive.jsp?CN=Feature:Adaptive>

Billy Footwear:

www.Billyfootwear.com

Red Cross Services Home Fire Campaign

- disaster preparedness education for small business, residences, and youth
- free and provided online - virtually during COVID
- home fire safety education, escape plans, and free smoke alarms installed in residences based on individual needs
- *smoke (flashing) and bed alarms are also available to meet the specific needs of persons who are deaf and hard of hearing*

Contact:
Sandra Darling-Roberts
505-506-3567
sandra.darling-roberts@redcross.org

CARMP Reminders

- It is important for therapists and nursing to participate in the annual CARMP meeting/review
- Need to revise a section? Start a new draft 'In Prep' document. Don't edit the 'Submitted' version.

Risky Eating Behaviors? Rumination?

Per DDW Standards:

- BSC evaluation and support is required if the person ruminates and/or demonstrates risky eating behaviors
- Critical to consult and collaborate with the BSC and all IDT members

AT Fund Purchases

- Purchased item for less? Have extra funds from the check received?
- These funds cannot be used to pay taxes or to purchase 'something else'
- Please contact the Purchasing Agent through SCOMM about their process for returning funds

Considerations for AT Telehealth Device Purchases

- Adequate memory?
- Processing speed to support zoom meetings, telehealth appointments, etc.?
- Sturdy case?
- Screen protection?
- Device holder or mount needed?



The inexpensive 'good deal of the day' may not be the most cost effective.

Training Courses and Compliance

- Having trouble completing an online training via the UNM CDD site?
- Need to submit a certificate of completion for credit?

Contact: CDD-NMWaiverTrainingHub@salud.unm.edu

Questions about your transcript?

Contact: Felicia.Vidro@state.nm.us



UNM CDD's homepage
<http://cdd.unm.edu/other-disability-programs/disability-health-policy/ddsd-courses/index.html>

Did you know? Electronic Visit Verification (EVV)

- EVV is a telephone and computer-based system that electronically verifies that direct care worker visits occur and documents the time the service begins and ends
- This does not include therapies
- EVV is required by the 21st Century Cures Act
- <https://www.nmhealth.org/about/ddsd/pgsv/>
- Questions? Contact Marc Kolman
Marc.Kolman@state.nm.us

New Mexico Developmental Disabilities Waiver Resource Directory for Therapy Providers

UNM Occupational Therapy Graduate students Rich Lykins and Sean Miyaki are beta testing a list of statewide resources for therapists working with students and adults with intellectual & developmental disabilities across the lifespan in New Mexico.

- They are currently looking to add more resources, particularly those located in rural cities, to make the list as comprehensive as possible
- Please use the following link to access the **New Mexico Developmental Disabilities Waiver Resource Directory for Therapy Providers:** [Resource Directory Main Page](#)
- Any recommendations would be greatly appreciated! Send to Rich Lykins at RWLykins@salud.unm.edu

Can you help?



[Resource Directory Main Page](#)

Telehealth Spotlight

“Since COVID and the shift to remote services, I’ve probably had the best team collaboration ever since I’ve been working on DDW.

Even with our crazy schedules, Zoom has made it easier to touch base more frequently.

Everyone is on the same page, working on the same goals, within our own discipline.

This will definitely help each person achieve their goals.”

- Bella Otto, SLP

Telehealth Resources

AOTA:

<https://www.aota.org/Practice/Manage/telehealth.aspx>

APTA:

<https://www.apta.org/your-practice/practice-models-and-settings/telehealth-practice>

ASHA:

<https://www.asha.org/about/telepractice-resources-during-covid-19/>

National Consortium of Telehealth Resource Centers:

<https://www.telehealthresourcecenter.org/>

CSB Trainings

ALL TRAININGS
ARE
ONLINE UNTIL
FURTHER
NOTICE

Please see
the [Clinical
Services
Training:
Therapist
Training
Requirements](#)
to learn more
about the
training
requirements
for all therapists

Live stream, online trainings	(not recorded)	2021 dates
Aspiration Risk Management	9:00am - 4:30pm	5/7, 7/16, 8/27, 9/10, 10/29
Participatory Approach/Standards	9:00am - 4:30pm	4/30, 7/15, 9/9, 10/28
Pre-register for on-line trainings at: https://ddsctrain.cdd.unm.edu/Calendar.aspx Please use your own email when registering to ensure you get the meeting link and documents		

Other trainings required for Therapists

Person-Centered Planning for Therapists DDSD CDD Online Courses (available anytime)
<http://www.cdd.unm.edu/other-disability-programs/disability-health-policy/ddsdcourses/index.html>

Indications of Illness and Injury

ANE REFRESHER Training 'ANE Awareness'

Effective Individual Specific Training Techniques - "EIST-Live Stream"
(*not* the Effective Trainer Techniques Part 1 course)
Upcoming date: 5/13/21 (not recorded)
<https://ddsctrain.cdd.unm.edu/Calendar.aspx>

ANE Training DOH – Live Stream Course <https://ddsctrain.cdd.unm.edu/Calendar.aspx>

Note: All versions of the DOH - ANE courses will count during the COVID-19 PHE.

Clinical Services Bureau Contact Information

Elizabeth Finley	CSB Bureau Chief	Elizabeth.Finley@state.nm.us
Felicia Vidro	CSB AT/Therapy Coordinator	Felicia.Vidro@state.nm.us
CSB Clinical Consultants <i>Contact us via e-mail, text, or phone call</i>		
Mary Beth Schubauer	Physical Therapy	MaryBeth.Schubauer@state.nm.us 505-238-2247 (c)
Demarre Sanchez	Speech Therapy	Demarre.Sanchez@state.nm.us 505-417-5264 (c)
Robin Leinwand	Occupational Therapy	Robin.Leinwand@state.nm.us 505-239-1768 (c)

Resources - Clinics

SAFE Clinic - Supports and Assessment for Feeding and Eating

Any adult with I/DD who is experiencing challenges related to oral eating and/or tube feeding can be referred for specialized assessment and recommendations regarding eating/feeding, nutrition, positioning, and associated medical needs to support health, safety, and independence. SAFE Clinic appointments are currently occurring via remote technology.

Contact: Jacoba (Kotie) Viljoen
CSB ARM Coordinator, SAFE Clinic Coordinator
(505) 841-6188 (office) Fax# (505) 841-2987
Jacoba.Viljoen@state.nm.us

Specialty Seating Clinic

Referrals for wheelchair, positioning, and adaptive equipment are being processed and appointments made for remote and in-person evaluations or wheelchair fittings, dependent on the need of the individual as assessed by SSC clinicians.

Contact: Jason Lavy
Specialty Seating Clinic Manager
(505) 222-4610
specialty.seating@state.nm.us